

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Virgo 2015 Kanya

Letter No. 5 / Cycle 29 - 23rd August until 23rd September 2015

The World Teacher Trust - Global



Invocation

May the light in me be the light before me.

May I learn to see it in all.

May the sound I utter reveal the light in me.

May I listen to it while others speak.

May the silence in and around me present itself,
the silence which we break every moment.

May it fill the darkness of noise we do,
and convert it into the light of our background.

Let virtue be the strength of my intelligence.

Let realisation be my attainment.

Let my purpose shape into the purpose of our earth.

Let my plan be an epitome of the divine plan.

May we speak the silence without breaking it.

May we live in the awareness of the background.

May we transact light in terms of joy.

May we be worthy to find place in the eternal kingdom OM.

Master EK



Letter No.5/Cycle 29 – 23 August until 23 September 2015 ॐ

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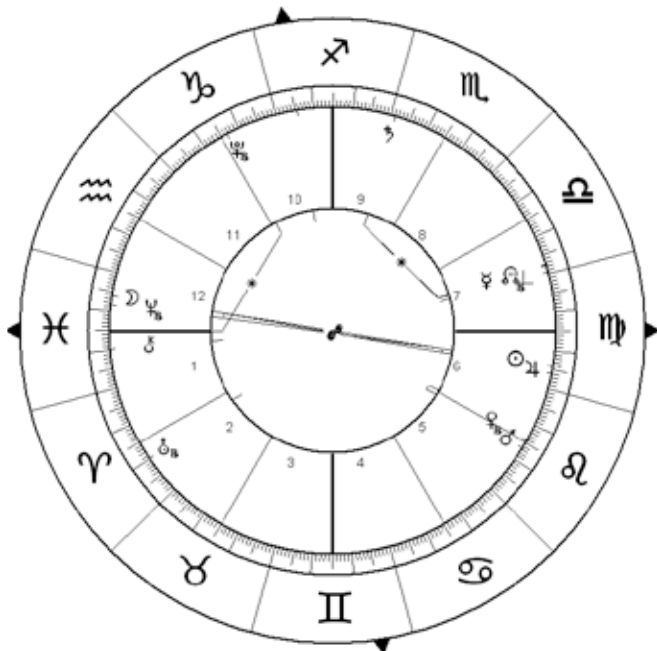
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Prayer of the year 2015/16

WASH KARMA IN SPACE.
ON THE DEEP BLUE SLATE PAINT EVER-ELEVATING COLOURS,
EVER AT THE FEET OF THE MASTER
IN THE VAISAKHA VALLEY.



Full Moon of Virgo, 29th of August, 2015, 20.35 pm



Message of the Month of Virgo

Sun's entry into Virgo indicates soul's entry into virgin mind. A virgin mind is a clean mind upon which no impression whatsoever has as yet happened. It is also called Amudra. When impressions happen, it is called Samudra. Mudra is impression. When mind is clean of any impression, the light of the World Mother reflects on it. The World Mother is represented by the opposite sign, Pisces.

Orienting to the World Mother, the Universal Light, the virgin nature of Virgo gains impressions. It gets impregnated by the Plan of the World Mother. The members of Hierarchy maintain such virgin mind to regularly receive the Plan from the World Mother. The World Mother is seen as the star, while the clean mental plane is seen as the sea. The Plan of the World Mother impresses upon the virgin minds of the Hierarchy, who reflects that Plan upon Earth. Until one gains a virgin mind, one cannot gain impressional listening, impressional seeing and impressional speaking. The ones who can do such work are called the Sons of Virgin.

All aspirants shall have to strive towards a clean mind. A clean mind does not carry impressions of the past, nor does it project into future hopes and ambitions. It remains in the present, relating to the blue sky. When mind is thus oriented, virgin impressions can happen.

In the Puranas Lord Ganesha, was said to be the cosmic Son of the Virgin, who is worshipped in the month of Virgo. The ascending arc of moon from its first phase to its 15th phase is dedicated to the worship of Ganesha with emphasis on the 4th moon phase and the 15th moon phase.

The second half of Virgo, the sun sign Libra and the first half of Scorpio represent the fall. To overcome this fall, one is recommended to maintain a pure mind. Pure mind enables a transit for the next 60 days without fall in consciousness. The month is called in Sanskrit as Bhadrapada. It means a secured path. May all the aspirants be secured in the first half of

Virgo to avert the fall in the ensuing 60 days. This should enable the glorious transit of the other signs of the year, namely second half of Scorpio, Sagittarius to zero degrees Aries.



Message of the Teacher



Eliminate the Carbon

The beings are in action through the triple quality of nature, namely dynamism (Rajas), poise (Sattva) and inertia (Tamas). Such an action is the act of fire. When fire is at action, carbons do emerge. They need to be eliminated regularly. Otherwise, they blur the comprehension.

- Inconsistency, irritation, anger are the carbons emerging from dynamism.
- Laziness, forgetfulness, dirtiness, crisis of recognition, aversion to action and indifference towards fellow beings are the carbons of inertia.
- Comfort in preference to action, avoiding action, looking for rest are the carbons of poise.

The only way to overcome these carbons and to set the beings into action, daily prayers orienting to the morning sunrise are recommended by seers. When one misses the daily prayer during the sunrise hours, he is bound to fall into either of the carbons and get deflected into illusions.



Gita-Upanishad
- Lord Sri Krishna -

Overcome the Inconsistent Mind

ARJUNA UVACA

AYATIḤ SRADDHAYOPETO YOGAC CALITA-MANASAḤ

APRAPYA YOGA-SAMSIDDHIM KAM GATIM KRSPA GACCHATI

“Arjuna raises a doubt: what happens if one is deeply interested in the path of yoga and yet remains with an inconsistent mind?” (6/37)

Arjuna is a true representative of humanity. He speaks for humanity. He represents humanity before the Lord. Humans are mind oriented beings. It is but the chief characteristic of mind that it is inconsistent. Inconsistent mind does not let an aspirant to set rhythm of practice of yoga.

Yoga practice demands rhythm. Aspirants wish to adapt to rhythm but the mind is not consistent. It jumps here and there. It is bogged down by past karma. Karma leads the aspirant into fields of obligations and disables rhythmic practice. It is a genuine difficulty that an aspirant faces from time to time. An aspirant is a social being. There would be innumerable social obligations. These obligations draw him away from rhythmic practice. What should he do?

The answer was already given by the Lord in the earlier strophe. He already advised that an aspirant shall have to carve out a life of minimum social obligation. As much as one spreads into society, so much he is stuck with the society. He should make sure that the social connection remains at its most minimum to ensure that he is not considered unsocial. This is a delicate balance to enable rhythmic practice. Rhythmic practice only enables the mind to gain consistency. Consistent mind in relation to yoga can only be gained through self-tailoring of one's own daily routine, eliminating all activity which is non-essential.

Message of Lord Maitreya



Fixing the Flexible

With a flickering lamp, not much can be seen, not much can be comprehended and progress on the path is hindered. Men know, however ignorant they are, the importance of non-flickering, stable and glowing flame of the lamp. Disciples need to develop such a lamp, with such a flame in their mind. Light should stream forth into the mind from that point of light, within the mind of God. God's mind is illumined mind. Creating one's mind to God's mind enables stabilizing the mind. It also enables to improve the glow of the mind. The wavering mind, the fickle mind, the inconsistent mind and the ever-changing mind can only be stabilized with the help of God's mind. God's mind exists in man as Buddhi, the light of the soul. Relating to the light of the soul or Buddhi, man's mind tends to be stable.

Without stable and glowing mind, one cannot achieve much and one cannot progress much. "Fixing the flexible" is the fundamental effort in discipleship. In the presence of the ones with the unflickering mind, the flickering minds gradually get fixed.

Astrologically speaking, Moon in mutable signs shall have to be trained to gain the quality of the fixed signs.

- Gemini Moon can be fixed by Aquarius.
- Virgo is fixed by Taurus.
- Sagittarius is fixed by Leo.
- Pisces is fixed by Scorpio.

Marking moon transits in fixed signs and utilizing those days for meditation is recommended by our community. Mutable signs to fixed signs, fixed signs to cardinal signs is the path of progress.



Message of Master Morya
- Maruvu Maharshi -

'Out of Turn' Thoughts

Observing the change within and around has to be a continuous effort for a true aspirant. As much as one is able to observe the inner and outer changes, one stands out of the ever-changing forces of nature. The one who knows the change is the one who adapts to it with ease. Adapting to the changes is possible only when one is alert to observe within. It is easy to hit or to shoot a non-moving target, but it is not easy to hit a moving target.

When an aspirant is in observation of the ever-changing world within and around, he gets from time to time electrical (intuition) thoughts, which he needs to relate to and even adapt to. When these hints are overlooked, one would miss an opportunity. When the tide is favorable, one requires to move on with it at once. If not, he misses the tide of life. Many aspirants neglect the thoughts coming from higher circles that help them. They do not even make note of such thoughts which may happen in their hours of meditation, contemplation, travel and relaxation. Aspirants are advised to make note and follow 'out of turn' thoughts of special nature. This is imperative.

Master Koot Hoomi
- Devâpi Maharshi -



Be Precise and Accurate

Precision is the keynote of the discipleship. Accuracy is needed. Dependability grows, when accuracy is entertained. Vague speeches are but indicative of absence of precision. When one is precise in thoughts his action tends to be precise. His speech tends to be precise.

Ambiguity and approximation disable aspirants to walk into spheres of light. An accomplished archer is the one who can precisely shoot the target. Only such ones are selected for a battle. So also in the battle of life, one should cultivate the habit of being precise and accurate. Without such precision, the aspiration to progress into life remains a fantasy.

Arjuna tended to be the disciple due to the precision that he holds. When the precise ones are in the acts of goodwill, they render great service. They waste not time, energy and resources. All is converged to serve life. Aspirations get fulfilled when actions are precise.

The story of Arjuna is the story of an aspirant, who fulfills to be a disciple that rendered world service. Service cannot be fulfilling, unless precision is at work. In recent times the Aurobindo's precision is admired in our circles.



Message of Master *EK*

True Mendicants

A true mendicant is the one, who relinquishes the fruits of action, but not the one who relinquishes action. While in dynamic action a true mendicant looks not for the fruits, but let them to the society at large.

Those who relinquish action, tend to be vampires of the society, living on other's action. Discipleship is in carrying out acts of goodwill, and offering the fruits of such actions to the society. Such ones truly stand in the state of the Yoga. Such yogis are mendicants and such mendicants are yogis.

Truly speaking, a true yogi is a mendicant and a true mendicant is a yogi.

Vidura

Wisdom Teachings



Lift up from self-pity
to be in peace.
Self-pity is distasteful,
worse than sickness,
makes life heavy,
turns man rigid,
causes aversion to friends,
and stimulates wrong actions.
It is unworthy to fall
into self-pity.



Shirdi Sai Sayings

The Teacher and the Truth

A Teacher is the representation of Truth. In one Teacher, the student can experience other Teachers and all Angels. All Teachers and Angels exist in Truth. The Teacher remains a vehicle for expression of the Truth and for experiencing the Teachers and the Angels.

Message of Sri Ramakrishna

Faith



He who has faith has all,
and he who lacks faith lacks all.



On Secret Doctrine

The Order of the Days

The usual order of the days of the week, I may say, does not conquer with the arrangement of the ancients. The confusion in the order of the days emerged during the days of early Christians. Adopting from the Jews their lunar months, the Christians tried to blend them with the solar planets. Thereby, they made a mess of it. The order of the days of the week as it stands now does not follow the order of the planets as it is in the firmament. The order of the heaven from Earth to Sun in terms of distance is as under. From the most proximate to the most distant, the order is given:

1. Earth
2. Moon
3. Mercury
4. Venus
5. Sun
6. Mars
7. Jupiter
8. Saturn

In the science of Hora of astrology, the order is followed as Saturn, Jupiter, Mars, Sun, Venus, Mercury and Moon. This order is indicative of the arrangements of planets in relation to our Earth.

In their reverse order, it stands as Moon, Mercury, Venus, Sun, Mars, Jupiter and Saturn.

Either of these two orders does not exist today in our counting of the weekdays. The reader might be perplexed of this. Substituted truths rule

the world of illusion and an occultist shall have to institute the originals in the place of substitutes.

The ancients arranged the planets in the following order: Moon, Mercury, Venus, Sun, Mars, Jupiter and Saturn, counting the Sun as a planet for exoteric purposes. This order is a reverse order of the Hora signs. The two oldest civilizations namely Indians and Egyptians divided their day into four parts, each of which was under the protection and rule of a planet.

For example, on a Sunday, the first quarter is ruled by Sun. The second quarter is ruled by Mars. The third quarter is ruled by Jupiter and the fourth quarter by Saturn. This corresponds to the ancients' arrangement. By this method, the ruling planet for the quarter of the day is noticed and attuned to. In the same example given before, the first quarter of Sunday, Sun prevails and is therefore, the best for aligning with the soul. The second quarter is ruled by Mars. When Mars rules, to still think it is Sunday causes the blindness. Second quarter of Sunday should be known as Martial while the third should be known as Jupiterian. For this reason, teaching on Sunday evening during the third quarter is most propitious. From this one gets the understanding that the first quarter and the third quarter on Sunday present far more beneficial energies than the second quarter. Thus, the fourfold vision of the day is far more appropriate. In course of time, each day came to be called by the name of the planet that rules the first quarter of the day.

It is also of importance to know that the day begins with dawn, not from midnight which is the occidental practice. In the orient, the day is always counted with the dawn. When the day is named after the planet that rules the first quarter, it results in over-simplification leading to ignorance.

Then again, to say that Sunday is the seventh day is another veil of ignorance. Monday is the first day of the week and Sunday is the seventh day of the week and making Sunday a day of rest - while it should be the day of beginning of weekly activity - is further ignorance. Veils of ignorance keep happening in multiples in this age of Kali. Thus, we are deep-down in ignorance although we intrigue not to use that ignorance. (One wonders how many astrologers know this).

Sunday is not Sunday for the entire 24 hours duration. Likewise, Monday

is not Monday and so on.
The tradition of a month is copied from the lunar calendar and is mixed up with the present division of solar year with twelve months. Upon this, we speak later.

PLANETARY RULESHIP AND DAYS OF THE WEEK

	1st. Quarter	2nd. Quarter	3rd. Quarter	4th. Quarter
DAY OF WEEK	6:00 AM	12:00 PM	6:00 PM	12:00 AM
Sunday	☉	♂	♌	♍
Monday	♊	♀	♀	☉
Tuesday	♂	♌	♍	♊
Wednesday	♀	♀	☉	♂
Thursday	♌	♍	♊	♀
Friday	♀	☉	♂	♌
Saturday	♍	♊	♀	♀

Lay Man's Prayer



We think of protecting ourselves and our interests.
But who is protecting us in our sleep hours,
other than You?
You are our Protector,
our Guardian, our Gardener,
our Guard and our God.
You protect us in our conscious
and unconscious states!
Our Prayers are but petty expressions
of our gratitude.
We Pray, in gratefulness.

Discipleship

Evaluate Your Associates

The seven keys to cast off the cloak of darkness are as under:

1. The key of charity, Dana.
2. The key of character, Sila.
3. The key of patience, Kshama.
4. The key of detachment, Vairagya.
5. The key of Enthusiasm, Veerya.
6. The key of contemplation, Dhyana.
7. The love of Light, Prema.

Without these keys, one cannot cast off the cloak of darkness.

A disciple

The Teacher

11. Nigamantam

The Essence of Upanishads



The Teacher is the essence of all knowledge. The knowledge is contained in the Vedas. The Upanishads show the way. The Upanishads give the essence of the Vedas and also the suggestive practices to be one with God (Existence). A Teacher is the essence of such Upanishads. Having experienced Brahman he simplifies the path to TRUTH (God). The disciple who follows the advice of the Teacher reaches the Truth faster than by any other means. The scriptures also give the path, but the student may not be able to study the scriptures in their truest essence. He understands the scriptures and interprets with the inadequate equipment he carries with him, namely the intellect. The difference is the presence. The goal of the student is verily present in the form of the Teacher, therefore the process and the path become shorter. For this reason every true Teacher says, "I AM the Way." When one follows the Teacher, one would overcome one's own sins and move faster. "The worst of the sinners would still follow me and reach me," says Lord Krishna to Arjuna.

Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart.



Kapila

Four Models of Creation 4

The Elemental Descent -Air

From Akasha, due to movement by time, the touch is born. From touch, the element air is born. From the air the skin is born. And from the skin, the sensation of touch is born i.e., the perception of softness, hardness, coldness, warmth etc.

Smell

The ability to move is born out of air. This enables diversification and unification of matter. As a consequence, unit matter as also its forms are born. The units of matter through movement in air gains the quality of smell. From this the ability to recognise things (even from a distance) through smell is gained.

The movement of units of matter in air causes in time the forms and the forms carry the brilliance.

Light / Sight

The sensation of touch, born out of air is transformed into forms by the air itself. The Light Rays of Model 4 shining through the matter (form) manifest as objective brilliance. The form is visualised when the brilliance contacts the eye.

Ashram Leaves Using the Teacher



"Father! How to make proper use of the Teacher?"
"Be useful to him, my son."



On Love

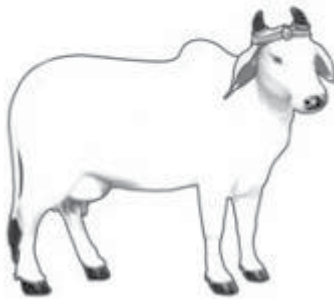
Cupid, the Lord of Love, promotes carnal love.
Vishnu, the Logos of Love,
promotes Cardinal Love – Divine Love.
Both cause revolution. One is involutory;
the other is evolutionary.





Fire

All creational work is the work of Fire. The Cosmic, the Solar and the Planetary Devas work with Fire. All formations at all levels is work of Fire. Fire is the essence of all existence. Fire is the basis of all life. Fire is the means of development. Fire is the builder, the preserver and the destroyer. Fire is purifier and is the consumer of all. Fire is God. God is Fire. From atom to cosmos Fire stands as the basis. When the Fires blend and blaze the apparent existence ceases. Seeming non-existence remains. The latter is called God beyond creation. The former is called God in creation.



Cow

If one donates land to provide shelter for Cows it brings much auspiciousness to the donor.

Violet Flame Invocations



Temple is wide open!
Yet hidden in mist.

Hidden mystery interests man
but the Temple is hidden in man.

Search in objectivity leads to subjectivity.
Subjective Temple tests man's mental mettle.

Tests of Temple when crossed
triumph trumpets!

Temple is wide open.



From the Teacher's Pen

Questions and Answers

Question: Master, theologies speak of children conceived without father. In Puranas there are many such stories. It is also said that Mary conceived Jesus even while she was a virgin. How do you explain this?

Answer: First of all, the description of scriptures, we should know, do not contain untruth. The stories may be mysterious to us. Every mystery is but science as yet unknown. When there is much luminous ether in air, which is normally beyond Akasha, then will be children born without fathers. Such a thing becomes possible when the luminous ether descends into Akasha, air, fire, water and matter. The secret of the five Sons of Light born to a virgin as narrated in Mahabharata was due to the presence of the related luminous intelligences. The future is meant to be so again in this Aquarian age.

Madam HPB speaks of it in the last pages of Secret Doctrine. She even gives a hint and cites that, in Virginia, there is an apple tree of a special kind. It does not blossom but bears fruit. There is a kind of berry without seeds. Madam says that it will gradually extend to animal and tend to humans. Woman will bear children without impregnation.

It is also prophesied that in the seventh round, even without woman humans will appear by self-reproduction and they change their skin every year. This phenomenon of changing the skin is already with cobras, who change their skin every seventh year. This is the future which was but our past.

Agni

An Introduction into the
Work of Cosmic Fire, 46



4. The Solar Fire

The Mind and the Descent of the Manasa Devas

2

'Adam taking to the coats of skin' – is nothing but this kind of descent of the manasa devas. See, there is the descent of man in the scriptures. The scriptures say that man is a descent from higher circles. And the science tells us that man is an ascent from matter. Put together, we have the total truth. By this, I do not mean that scriptures did not explain that which science explains. The scriptures clearly explained the ascent part of the man and the descent part of the man. That is why man is called a 'double being' by the scriptures. And he is also called a 'triple being', when there is some more descent of fire into him at a later state. The super-soul is also the Heavenly Man. There is the existence of the super-soul in the human being, and its light is what we call 'the light of Agni Shvattas'. When there is the interaction of the super-soul with the material body, there is the formation of the soul of the human being. It is like the mother and the father meeting, and there is the birth of the son. So, the ascent of matter is explained during the last four classes: its involution from subtle to gross and again its evolution up to the fourth sub-plane of the mental plane.

And then we have the manasa devas joining the material formations. That is what the scriptures speak as 'the descent of man' and 'taking hold over the coats of skin', because of the double dosage of fire in us. Even the best evolved animal is no comparison to a human being. Science tells us that the monkey is the ancestor to man. But when an examination of the brain of the monkey and the brain of a very primitive human being is made – if a comparative study is made between the two – it is always experienced that the brain of the human being is far evolved than that of the monkey. There is a gap which could not be explained. In nature, all evolution is very gradual, and the gap between the brain of the monkey and the brain of the most primitive human being could not be filled with any kind of theory.

So, in man there is the meeting of the invisible and the visible. There is the meeting of the spirit and the matter. There is a part which has descended, and there is a part which has ascended. The ascended part is called "the vehicle which is no different from an animal". But that which descended into man is the real man as described in the scriptures. The creation is complete in man. In other kingdoms or in other planes, the creation is not so complete as it is in man. If you go into higher planes of existence like devas, they don't have the physical plane of existence. That is why the devas need the physical vehicles to carry out the divine plan. So, all kingdoms above and beyond the human kingdom, they have no existence at grosser planes of matter. In grosser planes, devas do not exist. They exist through some forms. That is why angels need human beings to carry out the divine plan, to carry out the divine plan upon Earth. The higher beings need the cooperation of the human beings. All those whom we know as Masters of Wisdom are those who have learnt to cooperate totally with the plan of the devas. And the divine plan is nothing but the plan of the devas. And the beings which are below the kingdom of the human kingdom, they have no contact with the higher kingdoms like the devas. See, how beautiful the man is placed. He has the possibilities to experience that which is higher and that which is lower. And hence, man is the fulcrum of the creation in whom the creation culminates.

The devas or the higher planes of existence cannot descend below the man, and then the beings which are inferior in evolution to human

cannot ascend into the deva kingdom. So, just like the creation has the seven planes of existence, human being also has the seven planes of existence. In any other plane, you don't have the total existence of all planes. That is why the scripture says: 'God made man in His own image likeness'. Just like the God of the seven planes, the human being also can live in all seven planes of existence. As far as the beings of the other planes are concerned, they have to satisfy either with the planes of light or the planes of matter. That is why the potentialities or possibilities for experience are the optimum in a human being. That is the beauty of the human being. But that beauty can be experienced by a human being, if he learns to experience the twofold energies, as are present in him.

This text is not proofread by the author and might have some mistakes.



Master *EK*

Vishnu Purâna
CHAPTER XVII

The Greatness of Prahlada 1

Maitreya continued: "You have narrated the generations of the descendants of Manu. The cause of this world is the same cause of all and is called Vishnu, the Lord of pervasion. Now let us continue the story. Prahlada, the most virtuous of all the descendants of Dithi, was unaffected by fire and by all weapons of the earth. He did not cease to exist. He was tied hand and foot and thrown into the midst of the ocean. See what happened. The boy came out of the ocean unafflicted. Though he was hurled down hills he met nothing like death. It is all due to the grace of the Omnipresent One whose greatness you have already glorified. Unparalleled and incomparable is the valour of the boy's divine light. I want to listen to his story with great devotion and at great length.

Why was he treated so? Why was he exposed to the edges of weapons and why was he thrown into the very bowels of the ocean? Why was all that done to a boy who never knew any deviation from the Law? Why was he hurled down hill and dale? Why was he bitten by fearful cobras? Why was he thrown into the expanding flames of fire? Why was he left many a time in the abyss, exposed to the tusks of the elephants of the eight directions? Why did the great demons try to take away the very breath of his life? Why did the preceptors of the demons conduct sacrifices to invoke the devouring spirit, Kritya, against the boy? Why did Sambara, the ethereal magician, produce thousands of illusions against the boy? Why did the cooks from the kitchens of the demons supply deadly poison for the boy to drink? Of course, all these were assimilated

by the boy, who kept his existence in the Lord. All these episodes which form part of the life incidents of that glorious soul, Prahlada, are worth hearing. What else gives greater pleasure?

So I want to listen to the story of his life. It is really strange to see that the boy was not liked by the demons. Who is more able than he who kept his mind not different from Lord Vishnu, even at the time of great peril and fall? He was the one who can be really termed lawful. In fact he was always absorbed in the worship of Vishnu, the Lord of presence and pervasion. It is next to impossible to understand this spite of the demons against someone of their own clan who remained a devotee of Vishnu, the Lord of the Law. Even enemies do not hurt anyone like this anywhere. Then what to say of torturing their own boy, who is virtuous and exceptionally good. Really the incidents rouse my curiosity and I am eager to listen to the biography of this boy, who is the Lord of the clan of demons."



Parasara teaching Maitreya

The Science of Man

Dr K. Parvathi Kumar
First Young Group Life Teaching, Part 37
August 2001, Visakhapatnam/ India

The Techniques for a Brilliant Mind, 2: Colours

Mind needs to be put to fire. Respirations and sacred sounds are found to be two good techniques. Then the third technique is working with colours. There are colours which carry more light than an orange colour. If you go higher up, golden-yellow is considered to be an immediately superior colour to orange. That's why, in many systems, contemplation upon the golden disc of the solar globe is recommended. You find that colour during the morning hours and during the evening hours. It is for that reason, gold also gained importance. Gold also carries the energy of golden-yellow.

The next superior colour is aquamarine. It is not yet blue and is not green. It has a greenish tinge but with a blue colour, or a blue tinge and very light green colour. This colour is also contemplated.

Then the next superior colour is called the blue. Blue is the one from which all other colours manifest. Blue is the colour relating to the clean sky, and blue is nothing but white. White in its depth appears as blue. The unfathomable depth of the sky makes it blue, but it is white. Meditating upon brilliant white colour, or blue colour, or aquamarine colour, or golden-yellow colour or brilliant orange colour – they are all considered propitious to make the mind more fine or less dense.

These are the colours that you normally find in any of the activities where self-transformation is thought of, where improvement of life energy is thought of. In hospitals you mostly find aquamarine colour whose poor and inferior presentation is green. Then, the golden-yellow appears with the matter as yellow or sandal wood colour. There are variations of golden-yellow.

In worship or in ritual places, the superior colours are used. No one uses brown colour for the wall, unless he is mentally sick. If someone insists

to put dark brown colour for the wall, it means there is something basically sick with his mind.

To harmonize the energies of the persons, we can use colours as a means. Black colour is nothing but white; it is white before manifestation. Darkness is called absolute light. Only in the highest initiations, black colour is used. Its energy is too much to be assimilated. Grey colour is considered the colour of confusion. You see the fog, it doesn't enable you to see through; it causes a veil to your knowledge. The grey colour should not be misunderstood with the silver colour. Silver is the lunar white. There is the white colour through the energy of the moon coming as silver.

These are some aspects of the colours. Red is the colour which is essentially related to the will. Blue is the colour that relates to love and knowledge. Golden-yellow colour is essentially related to intelligent activity. Then, there are variations of red as brown, as rose, as orange. In all these aspects, will is predominant. Blue colour has its variations as violet or indigo which is deep blue. These colours are all variations of blue which relates to the energy of synthesis. All the variations relate to variations of synthesis only. Red has its variation, blue has its variation, golden-yellow has its variation.

When you see a tender or a fully riped leaf, its colour is golden-yellow. When it is growing, it has a light green colour. When it is fully grown, it takes to a black-green colour. Then, when it is fully ripe, it is golden-yellow. You can see on the trees, the tender leaves are light green. When the leaf is fully grown, it is green. What is the difference between light green and green? The yellowish part has withdrawn and given way for green. When the leaf has almost lived its life, then it becomes yellow. You can see those transformations of colours. The variation of colours is due to the different density of matter. One white colour details into red, blue and golden-yellow, and each of these three colours again gets into different colours.

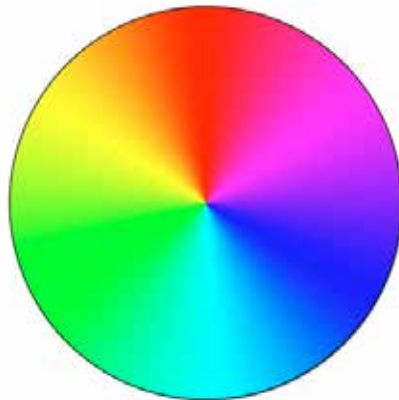
When the light interacts with the five elements – the five elements together are called the matter – there is difference in the manifestation of light. Just like when one white ray is sent into a prism, it manifests as seven colours, seven rays. So, all colours essentially manifest from white, and every colour has its specialty of energy.

Primary there are three colours: red, blue and golden-yellow. Red relates to the will, blue relates to love and golden-yellow relates to intelligence. This is the essential trinity. To improve the quality of life, these colours are given for contemplation according to the need.

- *Orange colour* is given to stabilize the emotions.
- *Violet colour* is given, if people have debility or weakness of the physical body.
- *Golden-yellow colour* is given for contemplation, if people are looking to improve their knowledge and to grasp more and more knowledge.
- *Blue colour* is given for harmony, peace and poise.

That's how working with colours from the esoteric stand point has come to be. Now there are also therapies through colours, through sounds, and through respirations.

This text is not proofread by the author and might have some mistakes.





Paracelsus

Health & Healing

The Need for Harmony

People are striving hard to attain health and harmony. They are striving very hard. They are frantically searching for harmony. People know, harmony defines human feelings. The necessity of harmony is much more felt now than before. They have heard of the subtler aspects of harmony through teachings. There are many teachers of harmony who are not yet by themselves harmonious. Yes! Harmony is a great concept. People think that harmony is to be gained from the external conditions. They change their food habits and living conditions, they change their dress-code, they change their prayers and they move from civilized and industrialized countries to places like India, Tibet or even to Himalayas. There is much of bustle and hustle to bring about harmony around them.

The fundamental law of harmony is however forgotten. The way to harmony is in the art of one's own thinking. One has to propose from within to be harmonious. Harmony is not a thing or an article or an object to buy with Euros and Dollars. It has to come from within by defining one's own feelings. It does not require literacy and education. It can sometimes be possessed by an illiterate person and yet elude the most learned one. This looks to be a clumsy aphorism but it is true.

There is a saying that to be happy is simple, but to be simple is difficult. Men are engaged with competition and covetousness. As long as attainments and achievements preoccupy the mind of men, they remain like the rodent around the mill. They are busy in their mind to achieve more and more and more and so on. They are deeply engaged in doing until they burn themselves. In a world of competition and covetousness they

have the byproducts of jealousy, hatred, anger, irritation, worry, dislike, miserliness and the like. These byproducts over-shadow and poison the mind, poison the thought. For the same reason, peace, harmony, poise become elusive.

Men should know that they are beings and they should attain a sense of be-ness. They should travel to the sense of be-ness from the sense of achievement. To be and to do is harmonious. Only to do dislodges from to be. Be-ness is the state of harmony. This can come through refining one's own thinking process. Men need to redefine themselves.

Dr. K. Parvathi Kumar

Extract from: **Paracelsus – Health and Healing**

With a subscription you support this important work (€ 84 / year).

Children's Section**On Service**

**PERSONAL LIFE FLOWS EFFORTLESSLY
WHEN ONE ORIENTS TO
AND ENGAGES IN SERVICE.**

Dear children,

Do you know that men are self-defeating? Each man defeats himself and attributes his defeat to the world. In an ever-changing world, one requires to be careful to stay afloat and to move forward. When introspection is abandoned, the defeat is inevitable. Daily introspection of one's actions, speeches and movements are but necessary.

Firefly moves in haste towards the lighted lamp and burns itself. So are many hasty men, who burn themselves in their efforts to reach their goal. Not knowing that death awaits, the fish runs towards the bait. Men also do not see the dangers to life as they rush towards their desires.

Thirsty men run after mirages for drinking water and are utterly disappointed. Likewise, men entertain lofty hopes, regardless their fitness, landing in depression.

Be not a self-defeating one in life. Acquire skills and abilities. Match them with virtues. Move forward to serve the surrounding life. Life gets fulfilled. Do not be with a selfish attitude. Selfishness is a self-binding process.

K. Parvathi Kumar

Stories For Young People

Motiveless

The king felt old age and he wished to crown his eldest son Rama for monarch. His ministers agreed with enthusiasm. The king called for Rama. He told him his decision and how to prepare for the ceremony next morning. Rama listened with care, bowed down before his father and left him to make his preparations.

The citizens of Ayodhya were longing for the coronation of their beloved prince and started a feverish activity to decorate their city.

Prince Rama was dressed in costly silks and jewels – ready for the ceremony - when he was called to the private rooms of his father. There Rama found his father weeping in clothes of day before. Rama was worried and he asked Keikeyi, the youngest queen of his father, what happened. Keikeyi told Rama of an old promise his father had given her to crown her son Bharatha for monarch. To make this decision sure Rama has to be banished for living in the forest for 14 years. Rama had to take clothes of tree barks and to leave Ayodhya on the spot. Rama bowed down before the king and the queen and left to make his preparations.

Lakshmana, the brother of Rama, heard this change of mind of his father. He was furious and argued: "This order is not given by the king himself, it is void." Rama pacified his brother: "Father cannot speak a word, because he feels unhappy with the changed situation. Therefore the queen told me his decision. No doubt the king gave a promise to the queen." Lakshmana answered: "Father always prefers the youngest queen to the elder ones. She is more attractive for him. The motive to give her the promise is out of his lust. You cannot follow a decision with an impure motive." Rama was firm: "Shall I argue with the motives of my father to ensure the kingdom and the luxury of the palace for myself? What about the motives of my own? I am not responsible for the motives of anyone else, but for the motives of my own. I will make the promise of my father come true. I accept the banishment."

The stories of this series are taken from the oldest poem of mankind, the venerable Ramayana. Master K.P. Kumar told many of them in his books and lectures. They are inspiring to those, who can extract the information contained for presence and future.



Rama and Sita

WINDOW TO WORLD SERVICE NEWS & ACTIVITIES (Inputs welcome)

UNITED STATES OF AMERICA

Name of the group : Activities of Individuals in the USA Working Within the National Group

Contact: Rosa Fernandez Sopena

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Email : rosafernandezsopena@gmail.com

Phone: 1- 607- 387-4379

Activities

- Translations of articles for
- Paracelsus Magazine (English to Spanish and Spanish to English)
- Vaisakh Newsletter Spain
- Translations of Master KPK's Discourses via Wiziq from (English to Spanish):
 - Class for Children and Youth Bhagavatam Sunday Class in Radhamadhavam, Visakhapatnam
 - Celebrations and Rituals in WTT Centers in India and WTT Western Group centers when Master is on tour.
- Participation in one USA network triangle of Sunday Meditations for The Global Diamond Temple for Social Justice.
- Participation in the Lucis Trust New York Group Meditations for the 12 Spiritual Festivals of the year.

Picture of the Month of Virgo :

Virgo - Mother Nature Protecting the Solar Child

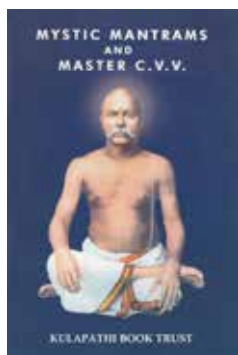


Isis is veiled. That is the symbol of Virgo. The symbol has a message. The message is, unveil the veils to see the Beauty, the Splendour and the Divinity of the Isis. Protection, nourishment, purity, creativity are the tools to work with. When these tools become effective in one's own life, in thought, speech and action, the unveiling process starts.

From beastliness to human and from human to Divinity is the growth, when these tools are practiced. Then Isis graces through her looks. Thus he gains the status of 'the Son of Virgin'.

Dr. K. Parvathi Kumar, Vaisakh News Letter Virgo 2007

Book review



Mystic Mantrams and Master CVV

Master CVV is known for his Mystic Mantrams, meditations and teachings. Through such mantrams (= composition of sounds), he stimulates the inquisitive faculty of the seeker of truth and recruits him into the inner side of things.

Dr. Ekkirala Krishnamacharya (Master E.K.) is an excellent exponent of the teachings of Master CVV and renders a lucid commentary on the mantrams which throws significant light for proper understanding and application of the process of enlightenment.

Ekkirala Krishnamacharya: Mystic Mantrams and Master CVV

Copies: *The World Teacher Trust, info@worldteachertrust.org*



Teachings of Master Koot Hoomi

The World Teacher Maitreya, the Masters of Wisdom Morya, Koot Hoomi, Djwhal Khul, Serapis and Jesus are some of the important Masters in the Hierarchy guiding the destiny of humanity. Having been liberated, they have been taking bodies according to the time and need of the place to help spiritual progress of man, to co-operate with the evolutionary process of creation

and to neutralize the karma of the race. The book "Teachings of Master Koot Hoomi" contains seed thoughts expressed by him. They are elaborated and described by Dr. K. Parvathi Kumar for easier comprehension of an average person.

K. Parvathi Kumar: Teachings of Master Koot Hoomi

Info: *The World Teacher Trust, info@worldteachertrust.org*

Download PDF: http://worldteachertrust.org/_media/pdf/en/teachings_of_master_koot_hoomi.pdf

Astrological Important Days in August/September 2015

23.08.	12:37	☉ → ൬ / Sun enters Virgo	
☉		☉ in ൬ – 1 st to 14 th descending moon phases: <i>Contempl. upon the Pitris</i>	
25.08.		Birthday of Master MN	
♂	09:35	11 th phase of ascending moon starts	☉ 01°48' ൬ / ☽ 01°48' ൬
		<i>Contemplation upon Gâyatrî, the World Mother with a rainbow hallow around the head (End 26.08. at 08:10)</i>	
28.08.	14:36	23 rd constellation <i>Dhanishta</i> starts	☽ 17°24' ≈
♀	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends 29.08. at 12:01)	
29.08.	00:05	Phase of full moon starts	☉ 05°17' ൬ / ☽ 23°17' ≈
ኀ		<i>Contemplation upon Gâyatrî, the World Mother</i>	
	20:35	☉ Full moon of Virgo	☉ 06°06' ൬ / ☽ 06°06' ൬
05.09.	00:25	● 8 th phase of descending moon starts	☉ 12°04' ൬ / ☽ 06°04' ൬
ኀ		Birthday of Lord <i>Krishna</i> (End 05.09. at 23:32)	
07.09.	23:40	11 th phase of descending moon starts	☉ 14°57' ൬ / ☽ 14°57' ൬
☽		<i>Contemplation upon the Pitris</i> (End 09.09. at 00:38)	
12.09.	06:12	Phase of new moon starts	☉ 19°06' ൬ / ☽ 07°06' ൬
ኀ		New moon point of Virgo: <i>Contemplation upon 'The Pledge'</i>	
13.09.	08:41	● New moon of Virgo (partial solar eclipse)	☉ 20°10' ൬ / ☽ 20°10' ൬
16.09.	16:31	4 th phase of ascending moon starts	☉ 23°25' ൬ / ☽ 29°25' ≈
♀		<i>Ganesha-Festival: Contemplation upon Ganesha, the cosmic Jupiter, from Head Centre to Base Centre</i>	
17.09.	18:50	5 th phase of ascending moon starts	☉ 24°29' ൬ / ☽ 12°29' ൬
᳚		<i>Contemplation upon the 7 Seers of the Great Bear, represented by the 7 Masters of the 7 Rays</i> (End 18.09. at 20:46)	
20.09.	22:53	● 8 th phase of ascending moon starts	☉ 27°35' ൬ / ☽ 21°35' ൬
☉		(End 21.09. at 22:53)	
23.09.	10:20	☉ → ≈ / Sun enters Libra	
♀		Autumn Equinox: <i>Contemplation upon the female Hierarchy</i>	
	20:34	11 th phase of ascending moon starts	☉ 00°25' ≈ / ☽ 00°25' ≈
		(End 24.09. at 18:20)	
25.09.	01:08	23 rd constellation <i>Dhanishta</i> starts	☽ 17°24' ≈
♀	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends 25.09. at 22:55)	
27.09.	08:36	Phase of full moon starts	☉ 03°51' ≈ / ☽ 21°51' ൬
☉		<i>Contemplation upon the Mother sitting on the lion</i>	
28.09.	04:50	☉ Full moon of Libra (total lunar eclipse)	☉ 04°40' ≈ / ☽ 04°40' ൬
04.10.	11:08	● 8 th phase of descending moon starts	☉ 10°50' ≈ / ☽ 04°50' ൬
☉		(End 05.10. at 11:15)	

All times in CEST (Central European Summer Time)/UTC+2 (Universal Time Coordinated plus 2 hours);

From: »Astrological Calendar 2015/2016«;

Publisher: The World Teacher Trust-Global, Büelstr. 17, CH-6052 Hergiswil.

Great Invocation



Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



HYMN TO AGNI
TAVÂHAMAGNA ŪTHIBHIR
MITRASYA CHA PRAŠASTIBHIHI
DWESHO YUTO SA DURITÂT
URYÂMA MARTYÂNÂM

OH LORD AGNI!
YOU ARE THE FRIEND OF ALL.
BY WORSHIPPING YOU
THE HUMANS SHALL RECEIVE PROTECTION.
MAY THEY GET LIFTED UP FROM THEIR MALICE
AND MALICIOUS THOUGHTS AND ACTIONS
INTO THE KINGDOM OF GLORY.
MAY THAT BE SO.

COMMENTARY

The fire is in all. No one exists without fire within and fire around. Fire protects life from within, but fire outside can destroy life. Anger, hatred, and enmity is the fire that humanity regularly emits through its nature, its thought, and its action. Fire therefore need to be worshipped to burn up the malice in humanity and lift them up into the splendours of life, which is also an aspect of fire. In fact, this is the need of the hour. When as many goodwill workers worship fire with this attitude, the present day crisis can be dissolved.