

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Virgo 2014 Kanya

Letter No. 5 / Cycle 28 - 23rd August until 23rd September 2014

The World Teacher Trust - Global



Invocation

May the light in me be the light before me.

May I learn to see it in all.

May the sound I utter reveal the light in me.

May I listen to it while others speak.

May the silence in and around me present itself,
the silence which we break every moment.

May it fill the darkness of noise we do,
and convert it into the light of our background.

Let virtue be the strength of my intelligence.

Let realisation be my attainment.

Let my purpose shape into the purpose of our earth.

Let my plan be an epitome of the divine plan.

May we speak the silence without breaking it.

May we live in the awareness of the background.

May we transact light in terms of joy.

May we be worthy to find place in the eternal kingdom OM.

Master EK



Letter No.5/Cycle 28 – 23 August until 23 September 2014 ॐ

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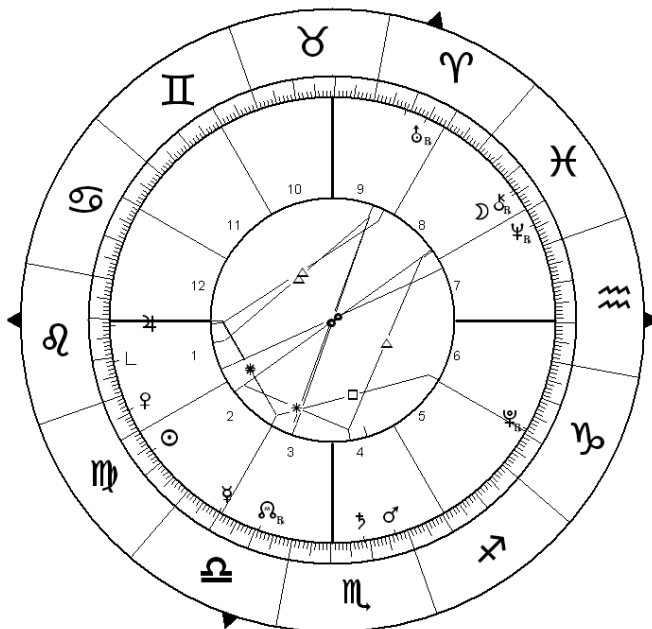
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Prayer of the year 2014 / 2015

**VIRAT SHINES THROUGH TEN DIGITS. VIRAT HAS TEN FINGERS.
MAN HAS TEN FINGERS. MAN IS FRAME OF VIRAT.**



Full Moon of Virgo, 9th of September, 03:38 am GMT+2



Message of the Month of Virgo

The sun sign Virgo relates to the pure matter, virgin matter, a matter that is devoid of impurity. When matter is pure, the spirit shines forth. In Gemini, the first mutable sign, spirit and matter stand side by side as a pair of opposites. They represent soul and body. In Virgo, the second mutable sign, they do not stand anymore side by side. Instead, the spirit stands enveloped by the matter. The soul stands enveloped by the body. In so far as matter is pure, the soul shines forth. The glory of the soul is expressed to the sheath of matter. But in so far as matter is not adequately pure, the soul gets imprisoned and suffers from the ill effects of matter.

Soul is but the glorious shine. The matter should enable the transmission of such shine. The quality of such shine is Will, Love and Light.

Virgo stands for the pure matter through which the soul shines forth. The lamp stands still with a shield around it, even in a windy weather. If the shield is as pure as the glass, the flame transmits itself, unimpeded by the shield. If the shield around the lamp is a metal, the lamp shine stands imprisoned. If the shield is so of glass, but is not cleaned, the shine is not to its full glow.

The shine of the soul and its manifestation in the surroundings depends upon the sheath around it. The purity of the sheath matters.

The message of Virgo is, 'Keep the sheath clean and even transparent. May the light glow.'

In the mundane world, there have to be specific and special efforts to gain clean matter around oneself. A clean mind is the key, which can be worked out with the help of mercurial discrimination. Mercury, the Lord of Virgo shall have to be invoked by the students to enforce cleanliness upon one's own veils of matter.

Idealism and devotion to an ideal are given as the tools for attaining virgin nature. May this be pondered over.



Message of the Teacher

Gaining Virgin Nature

Sons of men tend to be sons of God, when the nature tends to be pure. Pure nature indicates a transparent nature. Transparency in one's own actions is the key note of Virgo.

Men tend to hide that which is black in them and display that which is white in them. It is but social custom that men and women show their brighter side and hide their darker or weaker side. Socially this may be acceptable, but spiritually it is not. One cannot hide himself from himself.

The conscience in every person indicates from time to time the weaker and the darker sides of oneself. Unless conscience is active, one cannot be called human. Conscience reminds what has to be done. It many times reprimands one's thoughts, speeches, actions and movements.

Conscience is a gift of God to man. Man can introspect, retrospect, unsparingly analyse oneself and see the seeds and weeds in the field of his activity. Discipleship is nothing but nourishing the seeds and regularly eliminating the weeds. In the fields, weeds grow even while not implanted. So also in human field, they have to be regularly eliminated.

A disciple should constantly and consistently work like a cultivator, fertilizing the field with right thoughts, right rhythm and with right food and drink and so on. As much as one is engaged in right action, so much he also needs to engage in eliminating non-essentials, which are called the weeds. Weeds grow faster than the seeds. It is in their nature. Evil grows faster than good will.

Virgo gives the message of purity. Purity is not gained until the undesira-

bles in oneself are completely eliminated.

Anger, worry, irritation, strong likes and dislikes and irrhythmic functioning are all seen as weeds. To be a Son of Virgin, much work is required within and outside. Son of God is not born out of a miracle. A Son of God was but a son of man, who strived relentlessly, gained virgin nature and was reborn in virgin nature. The one who was born in flesh and blood is once again born in divine light of nature. Humanity wonders at a Son of God, not appreciating the hard work behind.

Virgo gives the message of hard work, "Much labour without remuneration is the keynote on the path to virginity".



Holiness and Purity of Virgin Nature



Gita-Upanishad

- Lord Sri Krishna -

Turning Inwards

**Sanaih sanair uparamed
buddhya dhrti-grhitaya
atma-sarhstharh manah krtya
na kiñcid api cintayet**

Slowly and gradually, one's mind perceives the light within. It develops the love to witness the light within. As it is witnessing the beauty of the inner light, the thoughts relating to the outer gradually drop off. Finally the mind's awareness settles in the source of the light, i.e. the self. (6/25)

It is a long drawn process. As one attempts to perceive the light within, by habit, the mind runs away into objectivity. The mind is habituated to perceive the objectivity. Turning the mind inward to perceive the light within is the new practice. This practice has to settle into a habit. Innumerable hurdles are faced in the practice, due to the strength of the past habits of perceiving the outer.

Much patience is needed to bring the mind inward, whenever it turns outward. Patience is the key. Perseverance is the other key. Consistent pursuance has to happen. The practice has to be consistent, continuous and with patience. When this is coupled with regulated outer activity, after some time the mind gets trained to perceive within. Once it perceives the beauty of light within, it draws within.

Unless there is enough love to perceive light within, the mind would not turn in. A youth looks out for a girlfriend outside. He stays not at home and spends late hours outside, spending time with the girlfriend. But if he finds the girlfriend within the house, he would not move out and spends day and night with the girlfriend within the house. Even eating, chatting

and entire routine tends to be secondary, when engagement with girlfriend becomes primary. The basis is love, a deep interest in the other. Similar deep love and intense longing is needed to perceive light within oneself. Love is magnetic. It causes abundant expansion. When there is love for light within, in due course the mind turns inward, associated with the light and becomes one with Him.

Lord Krishna gives the key. The scriptures therefore strongly suggest Love of God as the need for atonement with God.



Message of Lord Maitreya

The Beauty of Service

The key to divine life is to live for others' welfare. All those who are divine, amply demonstrate that they do not do for themselves. The Sun, the Moon, the planets, the plants, the sea and the animals, the elements of nature, all live only to serve others. True service enables hassle-free existence.

Importance of service to society is played down in modern-day education. Education as a means to service is replaced by education for economic growth. By this doctrine, the humanity is completely stripped to orient to self-survival, self-protection and amassment of resources. The humanity is caught in a web and can never come out of it.

Wisdom says, "Link not service to remuneration". As much as one strives for service, so much nature remunerates. As much as one waters the fields, so much are the fruits bestowed by the fields. The attention has to be towards the service but not towards the fruits of service. When actions are oriented towards the fruits, one is hooked to the world of cause and effect. If one neglects the very basis of survival, consequently humanity finds it difficult even to survive. The ancients had no problem of survival. They were endeavouring to experience divine splendour through service and their survival was entrusted to nature. Self-seeking, self-serving, self-fish humanity has no other way but adapt to service in life. The beauty of service is seldom realized.

Message of Master Morya

- *Maruvu Maharshi* -



Poise

There is no shade in the divine plane. The mortals cannot even imagine this. The general understanding is, "There is no light without shade". But that is true only in the mundane world, where matter obstructs the spirit. Likewise there is no sleep as well in the divine world. Sleep is replaced by rest in the higher worlds. A yogi rests, but does not sleep. Sleep leads to inertia. In a yogi, inertia and dynamism are absorbed into poise. His is a poise living. There is no visible sleep or dynamic activity. Through the poise, he delivers much more work than the apparently dynamic one. Through rest, it is an aspect of poise. His energy has even flow. This does not cause depletion of energy, due to the yogi's link with eternity. Space, sleep and shade are alien factors to the immortality. It is so to a yogi, who transcended death.



Message of Master *EK*

From Individual Consciousness to Soul Consciousness

A knower has no individual nature of his own. The divine nature itself functions as his nature.

A scholar of books, however much he gathers knowledge, his individual nature continues to work. It does not align and merge into the Divine nature.

Tend to be a knower by gradually transforming from being individualistic through steps of yoga. May the individuality and the personality merge with the One nature.

Essentially, yoga is ceasing to be an individual unit of consciousness, thereby gaining the universal consciousness.

The intermediate step is groupal consciousness. An individual should be able to feel the group, just as a person has his own feelings.

Group feelings, when experienced and when responded, one tends to gain group consciousness.

The group consciousness, when it continues to expand, leads to soul consciousness. Then the individual nature ceases to be.

Vidura
Wisdom Teachings



There are many
who speak pleasant though not truth.
There are few
who speak truth though not pleasant.
The latter are friends in spirit,
while the former are worldly.



Shirdi Sai Sayings

The Shades

The difficulties in life are like the black clouds in the sky, veiling the blue sky of eternal peace. Remember that the rainy clouds come to pass. The sky ever remains blue.

Message of
Sri Ramakrishna



Contemplate the Flame

The easiest means of concentrating the mind is to contemplate the flame of a candle. Its inmost blue zone is the causal body or Karana-sharira. By fixing the mind on it, concentration is soon obtained. The luminous zone that envelops the blue flame is the Sukshma-sharira or the subtle body, and the outermost represents the gross body, Stuhla-sharira.



On Secret Doctrine

Sheu and Kiuay

“The old times” are just like “the modern times”; nothing is changed as to the magical practices, except that they have become still more esoteric and arcane. And that the caution of the Adepts increases in proportion to the traveller’s curiosity.

For that the district of Gobi, which is in wilderness, is carefully guarded against any intrusion by the mortal men. Those who are permitted to traverse it are under particular care and pilotage of certain agents of the chief authority; and they are duty bound to convey no intelligence respecting places and persons to the outside world. The curious travellers are diverted and the inquisitive and insisting ones find no way into the wilderness of Gobi.

Gobi desert has been much mentioned in the ancient doctrines of the East, as the most powerful centre of the Earth. And it is well guarded.

Similarly the regions of Udyana and Kashmir are considered to be the regions of great adepts. The region in between Udyana and Kashmir was at one time called the nation of Padma Sambhava, where lamaism prevails. It is an equally ancient region like Gobi, a seat of learning of magic.

The Tibetans and the Tibetan Buddhism are inheritors of this Magic. Padma Sambhava means the one born out of lotus or the one from whom the lotuses unfold. The lotus represent centre of unfoldment.

If one gets into the vast Northern part of Asia under the rule of China, little can be found of esoteric rights and practices. But to the legend, the powers of Sheu and Kiuay were said to have been contacted time and

again at times of danger by the Emperor of China and his initiated clerics. Sheu and Kiuay were considered to belong to another state of being to that of ordinary man.

Such adepts are far and many in Asia belonging to different gradations of power, and enlightenment. They are believed to be men with bodies of light, living nevertheless in objective form on Earth dwelling in the vastnesses of mountains inaccessible to all humans but those whom they permit to visit, find them. The Chinese Emperor and his initiated clerics enjoyed their consideration at times of need.

To say magic is no more, is only utter ignorance. Magic and mystery institutions presided by adepts are always present on the planet. They reveal themselves according to the times' Plan. At other times they stay hidden. Magic exists today as completely as it was in the past.



Lay Man's Prayer

The life around is funny.
All pretend.
We learnt to be good dramatists.
How can we turn to be devotees and disciples
until we shun our dramas?

Discipleship

Song of Gayatri

Among mantras, rishis extol Gayatri as the most high. Gayatri means that which protects those that sing Gayatri. As much Gayatri is sung, so much it protects.

What is Gayatri? It is the pulsating principle that causes respiration. The pulsation is a centripetal and centrifugal functioning with its related sound So-Ham. Life pulsation is So-Ham.

One can listen to this song of 'So-Ham', as one relates to respiration. Inhalation naturally sounds 'So', exhalation likewise sounds 'Ham'. Thus the respiration regularly sings the mantra of Gayatri. Pulsation also sings, subtly, the same song of hidden sound. When they eliminate the consonants from the song So-Ham, 'OM' remains.

OM is the sound that descends as So-Ham. It is the humming sound within. It is Anahata sound. It is called Pranava.

Pranava as the basis, Prana functions and holds the mind, senses and body, through So-Ham. It is OM only as it descends as the soul. It is the indweller of the soul. Contemplating upon the indweller of this soul enables realization of the self. The indweller is required to be recollected, whose sound is OM.

Whosoever relates this song within and thereby relates to the indweller is said to be singing Gayatri. And whosoever visualizes the indweller in the surrounding beings through respiration of OM in them is as well singing Gayatri.

Gayatri is to relate the indweller within and outside. It is not just mechanical chanting of a mantra.

A disciple



Occult Meditations

Meditation 93

**MAN REACHES SHORE. SAILOR TRANSFORMED HUNTER.
THE LION, THE BULL, THE SERPENT, THE MAID,
THE LOTUS, SAFELY LANDED. FISH GOES TO SEA.
EAGLE FLIES INTO THE SKY. MAN COMES TO LAND TO RULE.
ROD OF JUSTICE ESTABLISHED.
THUNDER WONDER TRUMPET.
THE WHEEL REVERSES.**

Commentary:

All the symbols mentioned in this meditation – the sailor, the hunter, the lion, the bull, the serpent, the maid, the lotus, the fish, and the eagle – are explained in the previous meditations. This meditation therefore is left out without commentary. May the student find the knowledge relating to it by applying the knowledge that he would have gained from the earlier meditations and the related knowledge. We wish the student good luck on the path.

77 SYMBOLS:

The symbols considered in the meditations, which the student of meditation has to realise within him through discipleship. They are:

1. The book and the copy; 2. Night, day and twilight; 3. Friend and bedroom; 4. Gold; 5. Temple; 6. Image; 7. Brick; 8. Silver; 9. Crown and spear; 10. Tail; 11. Shepherd; 12. Serpent; 13. Nandi; 14. Kailash of Moon; 15. Bull; 16. Lion; 17. Fish; 18. Lotus; 19. Colours and sounds; 20. Numbers; 21. Sunrise, Moon, sunset; 22. Guard, guardian and gar-

dener; 23. Car festival; 24. Vertical bore of eternal centre; 25. Stings of the scorpion and the tongues of the; serpent; 26. Wings of the eagle; 27. Variegated serpent; 28. Lyre of Apollo; 29. Vena; 30. Serpent K; 31. Kundalini; 32. I AM; 33. Narayana; 34. Lake-beetle; 35. Cub; 36. Jacob; 37. Israel; 38. Cross; 39. Rod of messenger; 40. Z form; 41. Swastika; 42. Bull's eye; 43. Kumara; 44. Saturn; 45. Python and typhoon; 46. Bird, eagle and serpent; 47. South Pole, Equator, North Pole; 48. Solar pole, polar soul; 49. Time and space; 50. Globe and spiral; 51. Chakra and lotus; 52. Pi (π); 53. Virat; 54. Nara, Nari, Ardha Nari; 55. Polar bear; 56. Cerberus, Sarama, Dattatreya; 57. The pole; 58. Hunter and sailor, savant, saint; 59. Maiden; 60. Jewel of the serpent; 61. Garland; 62. Horse; 63. Rod of justice; 64. Magus; 65. Pot; 66. Cube; 284; 67. Verticals and horizontals; 68. Angles and angels; 69. Set square; 70. Tables; 71. Boat; 72. Fisherman; 73. Fishes and loaves; 74. St. Mark and Markandeya; 75. The ark; 76. Initiations; 77. OM.



Kapila

The Play 3

So, while in the periodicity of the creation, the time, the force and the Nature put up roles upon the background. Out of it, they remain in background as background. The grand cosmic Purusha (or Person) is thus hailed as the entrant into the field of creation having created such a field: rather, the field having emerged out of Him. It is the descent into that which we create; to live in it. To live in it for a period. He is called Purusha, as He dwells in Puras - the cities or the forms. The cities or the forms having been formed of Him and out of Him, He lives in it - of course, without change. The Nature and force thus form the globes in the background consciousness and the formed globes carry in them the background consciousness. The background consciousness is therefore in creation while the creation is in the background consciousness. The ocean is in the wave, while the wave itself is in the ocean. The wave is formed out of ocean, the ocean does not make the waves. Waves happen in the ocean. They are formed and they have a periodicity. They are repelled from the ocean to the shore and are once again attracted into the ocean. The ocean ever remains. The activity of the wave upon the ocean is the happening upon the ocean as per the Laws of Nature. The ocean remains. It remains as ocean. It remains as ocean in the wave too. According to one's habit he sees the wave or the ocean in the wave!

The Existence or the background consciousness has neither a beginning nor an end. It is eternal. The waves have a beginning and an ending. The play has a beginning and an ending. But not their background. The drama has a beginning and the ending but not the stage. The movies have a beginning and an ending but not the screen. The created globes have periodicity but not the space from which they are created and in which they live and move.



Ashram Leaves

Existence - Living

Existence is of the atom. Living is of the cellular state. Living is the level of experience - it is the point of experiencing itself.

The microbe begins to live long after the atom starts its existence. The atom travels from the existence state to the living state when it is hatched into unicellular organism.



On Love

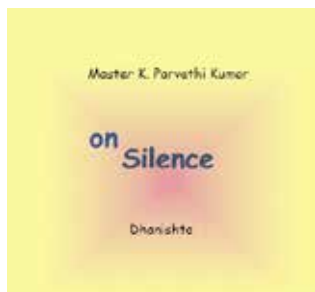
Ignorance is the eldest sister.
It is followed by her younger sister, Knowledge.
Knowledge is followed by the youngest sister,
Love.
On the way, the table turns!

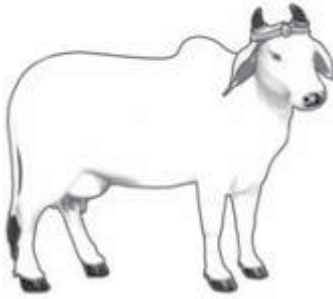




On Silence

Before one listens
to the single-syllabled sound OM,
he listens to it, enveloped by the
double sound SOHAM.
SOHAM is the envelope.
OM is the indwelling one – the soul.
Listening to OM is to experience the soul!





Cow

The Symbol and its Significance

If one protects Cow from fear, he transcends from the fear he suffers from.

Violet Flame Invocations



Get out of Self-seeking.
Get into Self-offering.
Seeking, knocking, asking dethrones.
Kings offer – beggars seek.
Be a king – be offering.
Turn your Prayers from seeking to offering.

Master M



From the Teacher's Pen

Questions and Answers

Question: Master! There is a common saying, "Don't play with fire." What is that really meaning?

Answer: The fire that is referred to here is not the obvious one. When the fire is obvious, people function with gloves and fire-proof restitutes. Obvious fire can be played with to some extent. In circus and other related amusement activity men play with fire. Obvious fire is played with, though with fear.

There is hidden fire which is dangerous. It is dangerous, because it is unnoticed.

We do not notice the metal in the stone. We also do not notice the fire in water. We do not also notice the sprouting force in the seed. Likewise there is active hidden fire in saints, sages and men of wisdom.

If one does not relate well with them, the nature does not tolerate and organizes a boomerang effect.

Sacred articles, sacred places and sacred persons are embodiments of sacred fire. One should relate to them with reverence.

Agni



An Introduction into the Work of Cosmic Fire, 34

Sagittarius and Gemini

I will also touch upon a point briefly in this connection which we shall consider in detail in the week-end class.

The sign Sagittarius at 0° of Sagittarius is understood to be a constellation from 0° to 13° 20', this constellation is called Mula. Mula in Sanskrit means 'corner'. A corner is called mula. This room has four mulas. This is one mula, another mula. Every corner is a mula. Mula means a point where nothing further can happen, it stops. And we all know the word 'Muladhara'. Muladhara means that is the point beyond which there is no further precipitation of matter. So, if the base centre is strong, you are very strong. If this is weak, your physical strength is lost. That is the point up to which the spirit transforms into matter. Thereafter, it ascends once again towards spirit.

So, the story of the creation coming from Aries to Scorpio, is the story of spirit turning into matter. And from 0° Sagittarius it branches off into two divisions. That branching off is there during the first 13° 20' of Sagittarius. One branch goes down the base centre into the thighs – that is what we understand that Sagittarius in the human being represents the thighs – but there is another branch which reverses and goes towards the spirit. The secret of the life story of Arjuna is concealed in this constellation, where a man can turn to be a disciple. So, there is the ascent of the energy in Sagittarius, while there is also a simultaneous descent. The return is understood as the apex of the Muladhara, where Sagittarius energies keep functioning. Those who have their Moon or Ascendant or Mercury

in that constellation, they have a fair change to turn towards the spirit, because we know that Sagittarius is a bowman, and the bow is nothing but the eyebrow centre to whom the bowstring is pulled down.

It is known as Muladhara, and then the bowman releases the arrow from that point. Imagine, the more you pull down the string, the power is more for the arrow to shoot up. That is why the story says: "Arjuna is the best bowman."

We all know that Sagittarius stands for the Seven Judges in the Heaven. The judge is one who can judge well. Being a judge, when he is shooting the arrow, it has to reach the goal and meet the bull's eye. You know, when you make arrows, there is a bull's eye which you hit. I suppose you all know that people who make archery, they make a lot of circles, and in the central point of the circle, they hit. If you hit anywhere in the periphery, it is not hitting the bull or bull's eye. If your arrow goes and shoots at the centre, then people make claps that you have hit the bull's eye.

And there is this bull's eye business as its esoteric aspect. That means the energy moves from the base centre through the throat centre and reaches the eyebrow centre, because the arrow moves out of the bow. As it moves out of the bow, it reaches the head centre and settles in the Gem of the Thousand Petaled Lotus. It is an important secret of spiritual astrology. Let us not call it a secret, but an important key.

So, that is how the 13° 20' of Sagittarius from 0° of Sagittarius provides a possibility for shooting up to the Head Lotus. And what is the opposite sign of Sagittarius? Gemini! Gemini is the opposite sign. Between Gemini and Sagittarius, there is an excellent coordination. And Gemini stands for the throat centre, stands for humanity, and hence, Gemini Full Moon is utilized by Christ to prepare the High Way between this constellation of Sagittarius, Muladhara and the throat centre. There is an excellent alignment that can be made during the Gemini Full Moon time. Equally excellent alignment can be attained during the Sagittarius Full Moon time. Then, if you take the first 13° of Gemini which correspond to the first 13° of Sagittarius, 29th May falls in it. That is how astrologically the May Call is established by the Master. It is the 7th or 8th degree of Gemini. So, the Master works through the brow centre and throat centre and calls the human being who is around the base centre. That is what is

called 'The Master May Call'. We will have a detailed understanding of the functioning of Sagittarius in relation to Gemini during Saturday and Sunday.

This text is not proofread by the author and might have some mistakes.





Master *EK*

Vishnu Purâna
CHAPTER XIII

The Prayer of the
Ten Prachetas 2

We bow down to your splendour of pervasion and expansion, the highest of all the abodes and the seed of the unchangeable, unborn, unveiled and pure existence beyond attributes. As pervasion you are not long in the lengthy objects; not short in the short objects; not gross in the grossness of matter; not even an atom in the atom. You are not dark in darkness; not red in redness; not oily in oil; not grown in growing; not adherence in the adhering and not the body in any part of the body. Your pervasion is beyond the sky in the sky, beyond touch in touch, beyond smell in smell, beyond taste in taste. In the eye you are not the eye, in the ear you are not the ear, in movement you are not the movement, in the word you are beyond the word, in the hand you are behind the hand and in the mind you are above the mind. Named as a being, you are beyond name; in a clan you are beyond clan. In happiness you are above happiness. In brilliance you are above brilliance and in every cause you are beyond the cause. In fear you are above fear, in illusion you are above illusion, in sleep you are above sleep, in the forms of old age you exist above age and in the deathless you are beyond deathlessness. You are the word beyond the vibration of sound. On the floating phenomena you are above floating and in involution you are beyond involution. You are before the beginning and after the ending of everything. Such is the highest abode of your pervasion. You are the higher principle; you are the ruling Lord, who assembles attributes in the form of the various beings but still you live beyond abode and shelter. Since our heart, tongue and

eye cannot comprehend beyond this 'beyond' we simply bow down to you, that is all."

Thus the Prachetasas prayed to the Lord Vishnu and lived in their state of pure absorption and penance for ten thousand years amidst the ocean. Then the Lord showered His grace upon them by appearing before them amidst the water. He appeared as the blue colour of the unfolding petals of the night lotus. As he appeared on the back of Garuda the Prachetasas fell upon His feet, their heads touching His feet full of devotion. Then the Lord said: "I am pleased and I came to favour you. Express your wish." They prayed for the multiplication of the creation, as suggested by their father. The Lord granted what they wanted and disappeared when the Prachetasas came out of the waters.



Lord Vishnu

The Science of Man

Dr K. Parvathi Kumar
First Young Group Life Teaching, Part 25
August 2001, Visakhapatnam/ India

Why I give this story to you is that I told this man who has throat cancer to prepare for eventual departure, because all of us have to depart one day or the other. At least in his case, he knows that he has five years time. You know the instruction of Master Kut Humi to his disciples is that every night you should get ready to depart. This readiness for departure is an important inclination that we have to develop. He says, "My disciples should be ready to depart any night, so that when the hour is struck, they don't die but they would depart."

I gave these instances in connection with the consequences of tendencies, that you can overcome the negative tendencies, by developing the positive tendencies. This is the key given by the seer Patanjali, the Master who gave the science of Yoga. He says, "Do not fight with darkness, try to light a lamp, darkness disappears. If you want the darkness to go, it will not go. But if you light a lamp, the darkness disappears".

If you take up to a positive habit and keep intensively working with positive habits, the negative habits do not receive your energy. They become weak and they slowly die or depart. It's like you sow seeds in the earth, you only water a portion of the seeds and do not water the other portion. That means you are not giving light energy to a portion of the seeds. The seeds do not receive energy and they get worried. This is the psychology of Yoga that a man need not worry about his negative tendencies, but should take to the positive tendencies and occupy with it in such a manner that he has no time for negative tendencies. Instead of going for disco on the weekends, you can go for music classes. You can learn music, chaste music, instead of disco. You can learn asanas instead of disco. You can gather together and study some sensible books instead of disco.

The initiative has to come from you, otherwise your negative tendencies would cause such consequences that you are bound in life. Except sensuous indulgence, there is not much in disco. Harmonious sounds

reconstruct your energy, and sounds which are not harmonious will cause destruction of the energy in the person. We should know the science behind every activity: Does it give positive energy or does it give negative energy? If you go for disco, next day morning you don't get up early. You are tired and your face looks so dull. Not only the hours of disco but even the subsequent hours are also spoiled. It has a sequence of events which will continue to put you down in your energy.

If you wish that your day starts with joy, you should close the previous day very meaningfully. To constructively close the day is important, so that you open the next day constructively. Saturday and Sunday, late night discos will make you very dull on Monday morning. The week-end is to regain energies but not to lose excessively the energy. We should know this even from the common sense angle, besides the science of vibration.

There is a saying: "Tell me who your friends are, I will tell you what you are. Tell me what books you read, then I will tell you the quality of your thought". What is the quality of the friends that we have around us? What is the quality of the books that we read daily?

This is the second subchamber of the third chamber. It's the most difficult chamber to neutralize or to overcome. We have to work on it consciously. Otherwise, we continue to be ignorant, and continue to have sorrows, pains of life, diseases. It looks as though life is unworthy of living.

Yesterday I received a letter from an elderly person who read my teachings. He said, "I appreciate your teachings very much, but after sixty-five years of living, I have a feeling that life has no real value." He was open enough to say: "Due to my interaction with your teachings, I wish a change of my views in future." Later I found that he is an overcritical person. He went on criticizing things, so that the energy came back to him. For a critical person, values do not open. If you are overcritical, you don't see a value in a value. We will continue about these tendencies because there is a lot that we need to reorient in this aspect of our system.

This text is not proofread by the author and might have some mistakes.

Paracelsus

Health & Healing

Positivism as the Best Medicine



There is too much hearsay about doom and dissolution of the worlds created by human thought. "As you think so will it be" is a well-known principle. When a step of evolution is being built by humanity, the dark forces intensify all their cunning because light is unbearable to them. Since they are doomed, they trick the humanity. The gullible in the humanity at large are affected. But the stable ones are not affected. The mantra is "trick the trick". When the dark forces trick humanity, the stable ones have to trick the trick by propagating the absence of any doom and dissolution. That it is a change for the better needs to be effectively propagated. A flower gives rise to a fruit or a vegetable. When the fruit or vegetable is emerging the flower recedes. It can be seen in two ways: the fruit is emerging or the flower is disappearing. When one is dominated by negative energy he sees the decadence of the flower, but the one with positive energy sees the emergence of the fruit.

Before every new dawn there is a pressure of forces. The pressure brings the pain but the pain gives due reward of light and love. Promotion of this thought at large is healing.

Positivism is seen as best medicine. It lets the hope alive and high. "All is well and will be better" is a good daily pill to inject into oneself. It enables minimizing the thought of negativity. This is the need of the hour. People blow up and magnify their little troubles. They see their little trouble as if it were global. The phantom has to be dissolved by right induction of positivism with reasoning. Positive counselling is by itself a

healing therapy, akin to mesmerism or hypnotism. These therapies when done with utmost good will have a deep healing impact on the psyche of the patient. The patient's psyche turns out to be a healer to heal his sickness. It is not that medicines only cure, there are many other ways to supplement the healing process.

Dr. K. Parvathi Kumar

Extract from: **Paracelsus – Health and Healing**

With a subscription you support this important work (€ 84 / year).

Children's Section

On Service

LET NOT ACTION PRECEDE THINKING
WHILE SERVING
– IT LEADS TO MISTAKES AND FAILURE.

Pray out of Love for God

Dear Children!

Worshipping to fulfil desires is ordinary. Worshipping out of love of God is extra ordinary.

The former remain unevolved and the later moves towards divinity.

The former continues to be mortal. The later tends to be immortal.

Learn from initial states of life to pray out of love for God.

Pray not for self and other personal needs.

K. Parvathi Kumar

Stories For Young People

Uprightness - The Maharini of Asgarta

When she was visiting the ancient city of Asgarta, Mme H.P. Blavatsky walked with some other visitors along the underground tunnels of the city. The soil under their feet was soft and black, and they understood it as a sort of sand.

In the temple of Surya-Nari (sun-nature) in Asgarta once lived a kumara (virgin of the sun) devoted to the Sun-God. A Trans-Himalayan king, the one of Himavat, wanted to marry her, but she refused preferring to offer herself on the altar of fire. Agastya, the great warrior king of Asgarta, according to an ancient custom, saved her from fire by claiming her as his wife. The king of Himavat felt insulted and swore vengeance.

Many years later, the king of Asgarta went with his army to Lanka and in his absence, the Maharani ruled the city and the kingdom. Profiting by the absence of the king and his army, the king of Himavat invaded Asgarta. The queen defended her city with the courage of despair; finally, however, the city was taken by storm. Having assembled all the "Virgins of Surya" from the temples, the wives and daughters of her subjects and her own children, the Maharani locked herself in the enormous underground temple of Surya-Nari; ordering sacred pyres to be built along the passages she burned herself and all the other women and all the treasures of the city, leaving to the conquerors but the empty walls.

The fine black sand consisted of the ashes of 69.000 women and kumaras.

The soil we walk about is made from the sacrifice of innumerable beings.

Story of the Puranas. H.P. Blavatsky: From the Caves and Jungles of Hindostan. P. 386f

WINDOW TO WORLD SERVICE
NEWS & ACTIVITIES
(Inputs welcome)

SPAIN

Name of the Group : SAN MARCOS Group

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Phone: ++34 +93 351 00 30 / 620295211

SAN MARCOS Group is a study group about DEATH according to Master Kumar teachings.

This group was founded in September 2010. Master was informed and then he gave the name of the group and his approval according to the methodology of our work. In some way, we felt his support and blessing in this project.

During these four years, the group crossed different stages, in the sense of going and coming of people and also different stages of experiencing the most appropriate way of working. Nowadays, temporally two people left the group. There are two people leading the group: Montse Mola and Pilar Carballo.

We meet periodically once in a month. Work is always done on Saturday, as Master indicated, being the best for the work (Saturn). We mainly work in texts coming from seminars that Master Kumar has given during these years and also from Annie Besant and Alice Bailey. The booklet DEATH and REINCARNATION, a compilation of different texts, is also an important tool of work.

Nevertheless, though the subject is about death, we understand that it requires some kind of preparation as a transcendental task for our whole life. Therefore this work includes also some aspects to work with respiration, consciousness, how to prepare to sleep, etc.

When someone is interested in this group, we ask him/her to read first

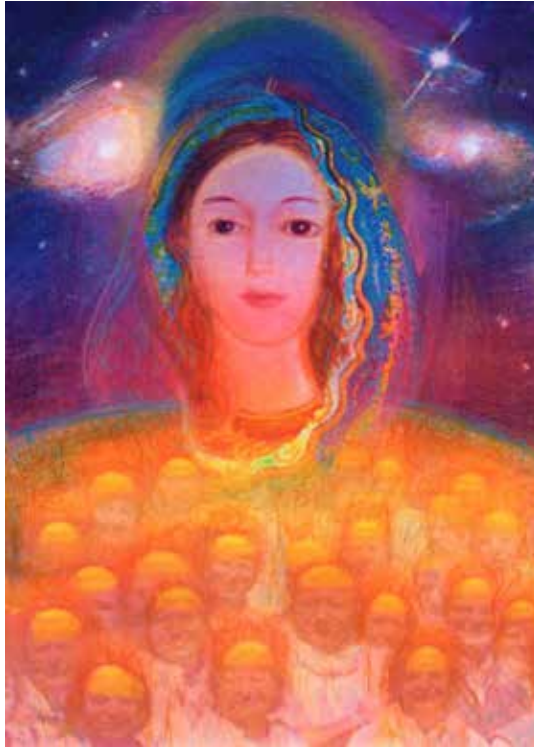
some texts in representation of what the group is working. According to this procedure, we made that the interested person values if these texts reverberate inside or not. It has to see expectations concerning the material the group on death is working with and also see if, in some way or other, he/she wants to take a commitment either in study or in assistance to the group.

It is not a mourning Group, in the sense that it was not found to work personal lost, nevertheless, the acknowledge of how to death, from Master stand point, give us a wider comprehension and this understanding give us a different strength.

It is, thus, an open Group for all those people who are interested in the subject. Work is performed on Saturdays evening in St. Feliu de Guixols, from 16h to 19h.

Picture of the Month of Virgo:

Virgo – The Mother and the Maturing of the Souls

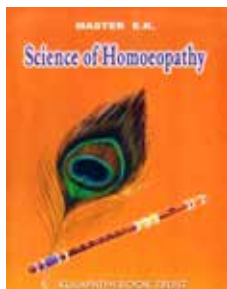


The Lord decides to enter into you when you have gained a pure mind which enables the reflection of the Light. When you devote yourself more to the subtle planes of existence, you come very close to the light of Buddhi. Be on the Buddhic plane, contemplate and live in Him, then you have reached and accomplished the energy of Virgo. This means, you are concentrated to receive the Light in Pisces. The two eyes of the Mother are the two fishes which transmit the rays of grace. Thus the Second Logos himself gets born in the virgin mind of the one who has a virgin nature. This we call “the birth in Light”.

From the teachings of Dr. K. Parvathi Kumar

Book review

Science of Homeopathy

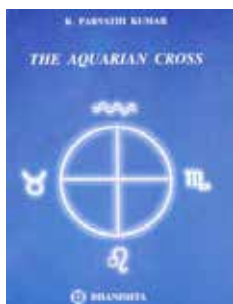


This booklet contains the teaching notes that Master EK has used during the years. He had a rich experience of practising and teaching Homeopathy. The definitions of health, symptoms, acute and chronic diseases and their treatment, as well as the study of the basic principles of Homeopathy are all given in a clear and impressive manner.

This book is not only interesting for homoeopaths, who find here far-reaching insights, but also for the layman who wants to understand the wisdom underlying homoeopathy.

Ekkirala Krishnamacharya: Science of Homeopathy

Copies: The World Teacher Trust, info@worldteachertrust.org



The Aquarian Cross

The Aquarian Cross is one of the cosmic symbols. The cosmic mind is represented by a fourfold cross. It speaks of the fourfold existence at all planes. Each time we look at it we must get the recollection of our own fourfold existence. Then the purpose is well served. The symbolism of the cross and the astrological significance of the Aquarian

Cross are well explained with deeper symbolism coupled with ancient wisdom.

The book is based on lectures, which K. Parvathi Kumar gave during a group living in Posadas, Argentina, in December 1993.

K. Parvathi Kumar: The Aquarian Cross

Copies: The World Teacher Trust, info@worldteachertrust.org

Astrological Important Days in August/September 2014

23.08.	06:46	☉ → 𐍆𐍅 / Sun enters Virgo	
𐍅		☉ in 𐍆𐍅 – 1 st to 14 th descending moon phases: <i>Contempl. upon the Pitris</i>	
24.08.	13:46	Phase of new moon starts	☉ 01°15' 𐍆𐍅 / 𐍅 19°15' 𐍆𐍅
☉		New moon point of Virgo: <i>Contemplation upon 'The Pledge'</i>	
25.08.		Birthday of Master MN	
𐍅	16:13	● New moon of Virgo	☉ 02°19' 𐍆𐍅 / 𐍅 02°19' 𐍆𐍅
28.08.	22:40	4 th phase of ascending moon starts	☉ 05°28' 𐍆𐍅 / 𐍅 11°28' 𐍅
𐍅		<i>Ganesha-Festival: Contemplation upon Ganesha, the cosmic Jupiter, from Head Centre to Base Centre</i>	
30.08.	00:13	5 th phase of ascending moon starts	☉ 06°30' 𐍆𐍅 / 𐍅 24°30' 𐍅
𐍅		<i>Contemplation upon the 7 Seers of the Great Bear, represented by the 7 Masters of the 7 Rays (End 31.08. at 01:16)</i>	
02.09.	01:33	● 8 th phase of ascending moon starts	☉ 09°27' 𐍆𐍅 / 𐍅 03°27' 𐍅
☉		(End 03.09. at 00:38)	
04.09.	20:44	11 th phase of ascending moon starts	☉ 12°10' 𐍆𐍅 / 𐍅 12°10' 𐍅
𐍅		<i>Contemplation upon Gâyatrî, the World Mother with a rainbow hallow around the head (End 05.09. at 17:53)</i>	
07.09.	05:48	23 rd constellation <i>Dhanishta</i> starts	𐍅 17°23' 𐍅
☉	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends 08.09. at 02:55)	
08.09.	07:18	Phase of full moon starts	☉ 15°30' 𐍆𐍅 / 𐍅 03°30' 𐍅
𐍅		<i>Contemplation upon Gâyatrî, the World Mother</i>	
09.09.	03:38	○ Full moon of Virgo	☉ 16°19' 𐍆𐍅 / 𐍅 16°19' 𐍅
15.09.	15:35	● 8 th phase of descending moon starts	☉ 22°38' 𐍆𐍅 / 𐍅 16°38' 𐍅
𐍅		(End 16.09. at 16:44)	
18.09.	20:38	11 th phase of descending moon starts	☉ 25°46' 𐍆𐍅 / 𐍅 25°46' 𐍅
𐍅		<i>Contemplation upon the Pitris (End 19.09. at 23:03)</i>	
23.09.	04:29	☉ → 𐍅 / Sun enters Libra	
☉		Autumn Equinox: <i>Contemplation upon the female Hierarchy</i>	
	06:15	Phase of new moon starts	☉ 00°04' 𐍅 / 𐍅 18°04' 𐍆𐍅
		New moon point of Libra: Festival of Lights, to dispel the darkness of the darkest new moon; <i>contemplation upon 'The Pledge'</i>	
24.09.	08:14	● New moon of Libra	☉ 01°08' 𐍅 / 𐍅 01°08' 𐍅
𐍅		☉ in 𐍅 – 1 st to 9 th ascending moon phases: <i>Worship the descent of the Lunar Ray through the symbolism of Durgâ, the Mother impermeable, and to culminate the worship on the 10th ascending moon phase (Durgâ-Festival).</i>	
01.10	10:19	● 8 th phase of ascending moon starts	☉ 08°05' 𐍅 / 𐍅 02°05' 𐍅

All dates are in CEST (Central European Summer Time)/UTC+2 (Universal Time Coordinated plus 2 hours)

From: »Astrological Calendar 2014/2015«;

Publisher: The World Teacher Trust-Global, Büelstr. 17, CH-6052 Hergiswil,

Great Invocation



Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



*PÛSHAN EKARSHYE
YAMASÛRYA PRĀJĀPATYA VYÛHA RASMÎN
SAMÛHA TEJAH.
YATTE RÛPAM KALYĀNATAMAM.
TATTE PASYĀMI YO
SAVASOW PURUSHAHA.
SOHAM ASMI.*

"OH! SOLAR GOD,
YOU ARE THE SON OF PRAJAPATHI.
YOU ARE LONE RANGER OF THE SKY.
YOU ARE ALL NOURISHING AND ALL REGULATING.
PLEASE WITHDRAW YOUR RAYS AND BRILLIANCE.
BY YOUR GRACE I WOULD THEN BE ABLE TO SEE
YOUR BEAUTIFUL GOLDEN DISC."

ISAVASYA UPANISHAD, 16TH MANTRAM