

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Virgo 2013 Kanya

Letter No. 5 / Cycle 27 - 23rd August until 22nd September 2013

The World Teacher Trust - Global



Invocation

May the light in me be the light before me.

May I learn to see it in all.

May the sound I utter reveal the light in me.

May I listen to it while others speak.

May the silence in and around me present itself,
the silence which we break every moment.

May it fill the darkness of noise we do,
and convert it into the light of our background.

Let virtue be the strength of my intelligence.

Let realisation be my attainment.

Let my purpose shape into the purpose of our earth.

Let my plan be an epitome of the divine plan.

May we speak the silence without breaking it.

May we live in the awareness of the background.

May we transact light in terms of joy.

May we be worthy to find place in the eternal kingdom OM.

Master EK



Letter No.5/Cycle 27 –2 March until 20th April 2013൬

Contents

Master E.K. • Invocation	2
Prayer for the Year	4
Message of the Month of Virgo ൬	5
Message of the Teacher	6
Lord Sri Krishna: Gîtâ Upanishad.	7
Lord Maitreya	9
Master Morya - Maruvu Maharshi	11
Master Kut Humi - Devapi Maharshi	12
Message of Master E.K.	13
Vidura Wisdom Teachings	14
Shirdi Sai Sayings.	15
Sri Ramakrishna.	16
HPB Speaks.	17
Lay Man's Prayer	18
Discipleship.	19
Occult Meditation – Kapila - Ashram Leaves	20
On Love / On Silence	24
Cow	25
Invocations of the Violet Flame	26
From the Teacher's Pen	27
Agni	28
Vishnu Purana Master EK.	30
The Science of Man.	32
Paracelsus - Health and Healing	34
Children's Section	36
Stories for Young People	37
Window to World Service	38
Picture of the Month of Leo.	39
Book Review	40
Astrological Important Days	41
Master DK • Great Invocation.	42

Dr. Sri K. Parvathi Kumar is President of the 'World Teacher Trust' and Founder of the 'Vaisakh News-Letter'. The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

Vaisakh News-Letter in German: wtt@kulapati.de, in Spanish (WTT Argentina):

wtt@wttargentina.org, (WTT Spain): wtt.spain@gmail.com

The English Vaisakh News-Letter: Please contact:

The World Teacher Trust - Global

The Vaisakh News-Letter, Büelstrasse 17, CH-6052 Hergiswil, Switzerland

E-mail: info@wtt-global.ch Website: www.worldteachertrust.org

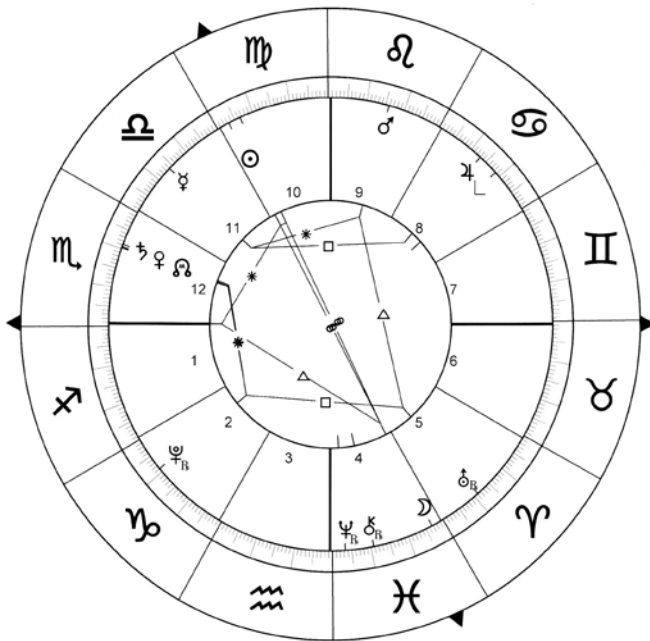
Prayer of the year 2013 / 14

GODS ARE BORN AT SUNRISE, MAN IS BORN AT NOON.

GODS SET IN THE WEST, MAN SETS AT MIDNIGHT.

GODS ARE BORN IN CAPRICORN, MAN IS BORN IN ARIES.

GODS SET IN CANCER, MAN SETS IN LIBRA.



Full Moon of Virgo, 19th of September 2013, 13.13 pm MEST



Message of the Month of Virgo

As Sun enters Virgo, naturally one's mind turns towards the purity of the Virgin. Virgin is no doubt pure. Worshipping the Virgin cannot be limited to devotional prayers and kneeling down. One should resolve to devote oneself to gain the needed purity in the mental, emotional and physical plane. Appreciating purity is not enough. One should appropriate to oneself the practice to be pure. Purity of speech is the first step towards this end. Not many can speak pure; not many can choose the right words. Very few can express in few words. The talkativeness of humanity has overgrown the sense of proportion. Unless the talkative tongue is restored to rest, one continues to pollute through speech.

As one pollutes through speech on one hand and worships Virgin on the other hand, one is only trying to indulge in less activity of polluting and seeking for purity.

Man is working contrary to his own goals through speech. May speech be reduced. May the darkness of noise be brought under the surveillance of silence. May not the silence be broken except for transmission of light. Virgo is connected in trine to Taurus, where the word is. To gain the word, the speech requires to be transformed from being a voiced of noise to being a voice of silence and later a voice that transmits light.

The Mother as Virgin speaks only to transmit light, to bless, to protect and to spread love. May the Sun's transit of Virgo inspire each one of us to review our speeches and bring quality into it.



Message of the Teacher

Recollection

The substance that the Creator uses for creation is THAT. THAT is indefinable, infinite, eternal, and un-qualitative. Creator utters forth THAT as all this.

Each one of us is essentially THAT and is called forth from THAT to be what we are. We are verily THAT, but enveloped in three qualities and five elements. Eight are the folds around us. The folds act as veils and disable us to retain the original identity. We take to the substituted truth and live different from THAT.

Recollection of THAT beyond the eight veils enables one to gain the original status. Our original status is THAT I AM.

Gita-Upanishad
- Lord Sri Krishna -



Stability of Mind

“Unite your awareness with that of Mine and sit stable contemplating upon Me. By this, you gain mental peace. You are rid of fear, you gain stability, your sense activity gets regulated.” (6/14)

The Lord speaks in the previous strophe to fix our awareness at the brow center. He now says in this strophe to stay united with him at the brow center, to sit stable there, through contemplation and to be in his aura regularly through contemplation. This practice, if sincerely done on a daily basis, one may slowly gain the cooperation of senses and mind. The senses do not lead one's awareness into objectivity. The awareness moves not hither and thither. As much as the sense activity is regulated, the mind gains the needed stability. Peace is the result of stability of mind. Fear gets eliminated due to prevalence of the light of awareness.

Regular contemplation at the brow center visualizing an effulgent light around the center is of great consequence. It enables orientation to the light of the being. As much as this orientation happens, the mind and the senses are regulated and stabilized. Fearlessness and peace prevail. The practice of daily meditation should take to the status of a daily habit, just as breakfast, etc.

As one contemplates upon the brow center, the object of contemplation is not distant from oneself. If the object is outside, there is a distance and the mind moves into objectivity and pervades thereafter. To avoid such pervasion to contemplate upon an inner center is recommended, so that

the awareness travels from circumference to center at the mental plane. As one approaches the center, slowly, peace approaches oneself. The approach has to be slow, gradual and subtle. As slowly as one approaches, so subtle also peace approaches. As one approaches the center, the center glows. As the center glows, the fear disappears.

It is new to the contemplator at the beginning, but as one contemplates regularly it becomes natural. One's nature gets near to oneself and in advanced stages culminates into oneself.

This is what is called homecoming. As one comes home, one finds one's own peace. Let your nature, which is the femininity in you, join in you to be male-female. By this, you gain the status of celibacy, occultly speaking. You would no more need a woman or a man in the objectivity, nor do you feel the lack of the related energy. The female meets the male in you. Your nature meets you. You become a comprehensive whole. When you are comprehensive, you are thus a fearless peaceful celibate.

Message of Lord Maitreya



Fragrance

Don't forget the significance of the fragrance and the products of fragrance. Fragrance is the means for the Divine to enter into and give presence. May your house be fragrant, may your body be fragrant. Allow sandal, musk, camphor and such other fragrant materials in and around you.

A clean mind is the true fragrant mind that enables experience in the presence. In ancient times, the devotees were lighting lamps and burning incense thrice daily.

Where fragrances are not allowed, there cannot be done much to invoke the divine. In modern times, fragrances are prohibited in certain places. In such cases, it is better for an aspirant to prohibit himself being there. Prohibit places and persons who prohibit fragrances. The prohibition is the impact of Kali on the minds of such persons who prohibit fragrances. The moderns allow tobacco smoke, but do not allow incense smoke. That common sense is uncommon. It is rude many a time.

In temples and sacred places, fragrance is abundantly used. In places of meditation, discourse and devotion, fragrances are but common. Fragrance enables invitation of divine energies.

In matters of healing, fragrances have a great role to play. Not to allow natural fragrances in the hospital is denying the nature's healing powers into the hospital premises. Instead, in modern hospitals harmful chemical sprays are used that contribute to sickness

In ancient times, there was a science to recommend a particular fragrance for a particular situation. This science is now unavailable to

humans. Sandal is considered as the king of the fragrant material and it may therefore be held at all times to resist negative energies. It may not be out of place that on the planet there was a place where traditionally abundant fragrance was used and the city itself was called fragrance. Hong Kong means place of fragrance. Today Hong Kong is otherwise. Yet there is a hillock dedicated to Buddha where even today fragrance is abundantly used.



Statue of Buddha in Hong Kong

Message of Master Morya

- *Maruvu Maharshi* -



The Children

Infants utter forth from time to time certain words and sentences, which give clue to their past living culture. The lives of the infants can also be traced through such utterances. Elders need to encourage the children to speak of such positive utterances. The children should not be snubbed in disregard. Many times children show their readiness and enthusiasm to speak things, which are far bigger than their age. Elders should feel responsible to listen and even to encourage. Never discourage or arrest such efforts of the children. The past of the child exists in the child in a seed form and from time to time, it sprouts. All desirable sprouts have to be encouraged regardless their age.

Children due to the tenderness of their bodies naturally get up before dawn, but the lazy parents feed them and put them back to sleep. This is highly deplorable. When the child gets up during dawn hours and tends to be active, responsible parents should allow the child to do so. If possible, they too can join it in the golden hours of the day. During two hours before dawn, diamond consciousness prevails. Conditioned by material, many humans cannot even wake up at that time, while a child does so with ease. Do not hinder the child of its progress according to the bohemian tendency that the elders carry.

There are some children, who come out into the world earlier than normal. These are the ones, who are extra active and highly perceptive. It should not be understood as hyperactivity. Let not the elders come in the way of the natural unfoldment of the children.



Master Koot Hoomi

- Devâpi Maharshi -

Nero

How long should one be entangled with silly and childish attractions of the world? When will one learn to be responsible? Responsibility indicates the measure of good will in action. It is not enough if one has good will; the good will has to be in action. As much as one walks into a measure of light, so much one should tend to be responsible.

Humans have great responsibility. They have responsibility towards animal, plant and mineral. They need to learn to appropriately utilize the resources of nature, but never to abuse. Abuse is irresponsibility.

Do you look for your shoes when the whole house is on fire? Do you look for decent dress to go out when the house is under deluge? Do you think of dressing your hair when the house got fire? When the human life is in danger, is it not silly to think of fulfilling personal desires and comforts? That is how humanity is. They speak of the emperor Nero, but the emperor Nero is a true sample of the present day humanity.

Message of Master *EK*



Content-Container

Even if the content is pure, when the container is not so very pure, the content can cause ill effects. Premature attempt to practice occultism results in difficulties. Mind, senses and body need to be purified on a regular basis before an occult practice is resorted to. If you drink clean water through an impure container, you are bound to vomit it, for the water cannot be contained due to the touch of impurity of the container. Acts of good will, carried out with motive lead one for sure, to many illusions and fears.



Vidura

Wisdom Teachings

Do not seek help
from the miser, the talkative,
the foe, the brute, the gambler,
the protector of the lowly,
the non-compassionate,
the vengeful, and the ungrateful.

Shirdi Sai Sayings
A Declaration



"Shirdi will be transformed into a spiritual centre due to the presence of Baba. Baba is the diamond among stories. His simplicity is the veil that hides him from the ignoble. His presence transforms the place and the persons. The posterity will realise this, though not the contemporary."

- a contemporary Yogi



Message of
Sri Ramakrishna

The Washerman

The washerman keeps a large store of unwashed clothes in his house, but these are not his. As soon as the clothes are washed, his room becomes empty. Men having no original thoughts of their own are like the washerman. Be not a washerman in your thoughts.

HPB Speaks



Plato

For over twenty-two centuries, everyone who read Plato has been aware, like most of the Greek philosophers, that he had been initiated. The speculations of Plato on creation, on the evolution of primordial man and on cosmogony must be taken allegorically. Unless the allegory and the symbol are known, the related wisdom is not revealed. Plato himself was displeased that the mysteries had become less secret during his time than it was formerly. He felt that the mysteries are profaned by putting them within the reach of multitudes. He would have preferred to guard the mysteries much more jealously than what he did. To one of his disciples he even stated: "You said, that in my former discourse I had not sufficiently explained to you the nature of the First. I purposely spoke enigmatically, so that, persons without some previous knowledge would not be able to understand its contents." While he mentioned many Gods, his monotheism is unquestionable. He called all those, who are higher by one grade than man as Gods and those higher than the Gods, he called them Deities, and above the Deities, the God.



Lay Man's Prayer

The Diabolic and the Divine are ever engaged in fight
– say the Scriptures.
But we see that even within us
the two are engaged in fight.
You are the Synthesising One.
Help us.

Discipleship

Unification

Turn to the work of unifying. If your effort is to unify a group, you stand the benefit of experiencing the presence of the Master. Unification is most cherished by the first, second, sixth and seventh ray Ashrams. Unification has to be at the individual, groupal, national and global level. Unification demands ability to accommodate others' view point. As much as one accommodates to unify, so much one stands in the presence of the Master. As much as one promotes criticism, whispering into others' ears and divides, one stands away from the Master's energy. Group building is a sacred activity. Any obstruction to such activity is seen as evil. The Hierarchy firmly hopes for group functioning and group harmony.

A disciple



Occult Meditations

Meditation 81

NUMBER ONE, THE ROD. ZERO TO ONE, THE SERPENT UNWINDS.

NUMBER NINE, THE THRONE; NUMBER TEN, THE CROWN.

KINGDOM GAINED. HUNTER BECOMES SAINT.

HUNTER BEARS POT. LIGHT OF LIFE CARRIED.

MIND AND WISDOM MARRIED.

SAINT BLESSES THE COUPLE WITH HOLY WATER FROM POT.

Commentary:

Number ten is the crown. Ten is the complete number. It is the One and the Creation. One is the Divine that rules the Creation. He is on the head of the hunter as his crown. The crown is of Magus.

Number nine is the throne. The throne on which the hunter sits, wearing the crown of Magus, is the throne of Aries. Aries is the sign of the ruler in which is the lotus of Ajna. It is in this lotus that a son of God sits and rules. Nine is the number of pure consciousness beyond the three qualities. The one who can ascend to Ajna and stay there is the Master of his system. The throne of Aries was bestowed on the hunter when the hunter passed over the higher bridge (explained in the previous meditations).

Number one is the rod. This is the rod of consciousness (the spinal cord) through which the king rules the kingdom. The rod receives the power from zero. Zero is fullness. From fullness, the energies flow into the rod in a spiralic path, which time creates (explained in the earlier meditation). The rod of King Magus has a globe on the top representing the zero. The rod is also circumscribed by the serpent in a spiralic path.



This rod described above is the rod in the hands of an initiate who holds all the powers of creation. Madam Blavatsky describes that presently on Earth, this rod is held by Lord Maitreya, the Master of the Masters and the Yogi of the Yogis.

The one who gains this rod, the crown and the throne regains the kingdom of God and yet remains a saint distributing the energies of love, light and life to the fellow beings by receiving them from higher circles. This is denoted by "Hunter bears pot."

The pot he bears is the pot of Aquarius, which has openings on either side. Through the opening of the other side, invisible energies enter and through the opening of this side such energies get transmitted as love, light and life. The hunter/saint carries the light of life, which unfolds into will, love and light.

In that state of awareness, the mind gets completely oriented to wisdom. This is described as "Mind and Wisdom married."

The saint conducts such marriages to those who follow him. He will ensure that the maid of mind orients to the man of wisdom within his disciples. Thus, the saint blesses those who follow him. He further blesses that the disciple is fulfilled with the waters of the pot (Aquarian pot). As long as the disciple is oriented to the Master, the waters keep flowing through the Master to the disciple. This would result in an eternal wedlock in the disciple between wisdom and mind.



Kapila

The Characteristics of the Triple 2

The formation of the cosmic, solar and planetary systems is the work of the force in its relation with Nature, and with its background as the Essence. It is to this fire the scriptures refer to as God. The fire leads the whole process of creation in its triple action with Essence and Nature. "He stands foremost and leads" and hence is called Agni. "Agne Niyati iti Agnihi" - says the Veda.

The Force mutates the Root Matter (Nature) emanating from the Essence and creates all "this". Without the force, the fire, the Sakti, the Nature remains inert. The force or the fire is therefore considered as God in all theologies. He is the God in creation. He enlightens Nature, impregnates and mutates it. Its another name is consciousness. The Essence in creation is consciousness and outside creation is the unknowable, unnamable and unthinkable universal eternal Essence. The names of the force so far described can be tabulated as below:

Force	Sakti
Fire	Agni
Consciousness	Chaitanya

Its characteristics are

- | | | |
|-------------------------|---------------|------------------------|
| 1. Will | - Love-wisdom | - Intelligent-activity |
| 2. Itcha Sakti | - Jnana Sakti | - Kriya Sakti |
| 3. Electric Fire | - Solar Fire | - Frictional Fire |
| 4. Vidyut Agni (Aditya) | - Savita Agni | - Surya Agni |

Ashram Leaves



The Numbers

The lesser numbers which differ from each other find their L.C.M. in the greater numbers. The less evolved persons, who disagree with each other, find their agreeability in the presence of a Master.

The greater the number, the more concordance it finds with the lesser numbers. The more evolved a person is, the more he finds agreeability with greater number of persons.

There are no good numbers and no bad numbers - to those who know. Likewise there are no good persons and no bad persons to those who know. The one who knows, realises the importance of every number / person. To him all are numbers / persons.

Persons are but units of consciousness in essence. So too are the numbers. Persons are but ideas of themselves. So too are the numbers.

The bodies of persons are but the shapes of numbers which differ according to time, place and stage of evolution. The voices of the persons are but the names of the numbers, of which no two are the same.



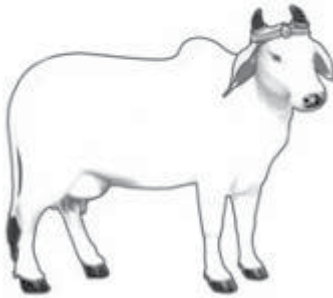
On Love

Love cannot rule!
Love feels ruling beastly.
Love lives and communes.



On Silence

The wise stay in Silence
and let others speak.



Cow

The Symbol and its Significance

Lord Krishna whose birth moon is in Rohini was known to be Gopala, the ruler of the Cow principle. Throughout his life there was not a single day where he did not serve the Cow.



Violet Flame Invocations

May the Light of the Soul, hidden by India,
be released by the French.

May the Spanish speaking nations
disperse the clouds.

May the Chinese indicate the way,
while the Italians carve the Path.

May the USA light the way,
while the British and the Aussies
serve the lighted way.

May the Russians link the lighted ways,
while the Germans preserve.

May the Swiss bring down the Global Peace
and the Japanese preserve it.

May the Network of Light manifest.

From the Teacher's pen



Questions and Answers

Question: Master, in spite of so many practices I do, I find no light. Am I in illusion?

Answer: The doctrine of the eye is for the crowds. The doctrine of the heart is for the elected. The first belong to the proud, the second belong to the humble.

People observe and decide through what they see, what they listen, what they touch, smell and taste. All, that one sees through the eye may not necessarily be true. To see through the heart, to listen through the heart, is yet another way. The path of discipleship is in activating the functioning from the heart. Mere functioning from the mind, makes one a proud intellectual. The will of good law moves swiftly. Only the heart can comprehend it. The will of illusion moves swiftly in the mind. May you shift your base of work from the mind to the heart. It is not your efforts dealing with the worthless husk. If you wish to give the bread of wisdom, eliminate at once the husk and deal with the grain. You cannot create food and share it with others if you are engulfed by the husk.

As long as you love yourself, you fall into illusion. As you start loving others, the illusion clears, but slowly.



Agni

An Introduction into the Work of Cosmic Fire, 22

Involution and Evolution of Matter 1

When we have reached the Scorpio, the conditioning of the matter is complete, because it is the formation like a comb. This is how the matter conditions the inner being. Up to the physical, when the fire reaches, the matter totally conditions the fire within. That is why it is said: after seven days of creation the God took rest, meaning the fire rests in the matter, and the matter dominates the fire. So, that is the work of involution which has to be followed by the work of evolution. That is where the working of the Kundalini to vitalize matter takes place. There is a process of vitalization that takes place thereafter. That is how we have the planetary beings being evolved from mineral to plant, from plant to animal and from animal to human bodies. All this evolution of forms on the planet is also attributed to the Third Logos. It is called 'the Activity of the Third Logos' which is described as 'Intelligent Activity'.

Now, having come up to this point, even human bodies also having been created, the next step is release of the fire within the matter, because the whole creation is a play of forces – basically the spirit and matter. It is matter gaining dominance over spirit for sometime, and spirit gaining dominance over matter sometime. So, it is the period of dominance of one over the other. And in between these two periods, there will be a period where matter and spirit meet in equal measure. Just like the day. If you take the spirit as the day and the matter as the night, for example, there is the dominance of the night and also the dominance of the day. And during the twilight hours they are equally existing. Even in a year, there

are the equinox days which work as the twilight hours, that is 21st March and 22nd September, where the day and night are equal. And there is the longest day and the longest night. The longest day is 21st June, which we are coming to in three days time. So, illumination is much possible till that date. And thereafter there is gradual decrease of day and increase of night. When we meet the longest night on 22nd December, we understand how the play of the day and night happens in a year. And if we understand, how the increase and decrease of the moon light happens in a month, and if we understand the increase and decrease of the night and day in a day of 24 hours, we can also fairly understand the Yugas. The Yuga Kali is the longest night. The Yuga Krita is the longest day.

So, this is how we make an understanding through the actions of matter and spirit. It is the play of the two which we call the Mother and the Father or the Mother Nature and the Father Spirit. In the scriptures it is called 'the play between Parashakti and Parabrahma'. And Shakti is twofold: It is the matter as well as the fire, the fire that animates matter. Together it is considered as Shakti. In Theosophy where trinity is considered, the matter and the fire aspect are seen separately, and the fire part is taken as the Son. I explained to you how fire animates matter, how fire vitalizes matter. So, fire springing from the source which we call 'The God Unspeakable' conducts all this creation, and once again it turns to the Father. This is the symbol which is taken by the Theosophical Society where they have the encircled serpent which encircles through time and space.

This text is not proofread by the author and might have some mistakes.



Master *EK*

Vishnu Purâna
CHAPTER VIII

The Lord Blesses Dhruva

Then the Lord said to the boy: "Since I am comprehended by you, your penance is fulfilled. My vision never leaves anyone unaccomplished. Ask for something great according to your own liking, since anyone who sees me can get anything he likes."

Then Dhruva said: "My Lord, you inhabit the heart of everyone. Don't you know what is seen in my mind? Yet I will tell you what is there in my heart and is really difficult for me to attain. There is nothing difficult for me since you have showered your grace upon me. My stepmother told me that I was not fit to sit on the royal throne of my father since I was not born to my stepmother. Since I have seen you, the Lord of all planes of existence, I request you to place me in my proper position."

Then the Lord said: "The position you have aspired for will be attained by you. Already in your previous birth I was satisfied by your behaviour. You were the son of brahmin who could fix his mind upon me. You knew how to serve your mother and father and how to discharge your duties properly. In course of time, you could secure a prince as your own friend. When you grew up into a youth you could see the splendour of the life of the son of a king and you aspired to become a prince. According to your desire and association now you are born as a prince. Really it is a rare thing to be born as a son to the great king Uttanapada. It is not possible for anyone to be born in the clan of Swayambhuva. Even in this birth you could worship me like this and hence you have attained the great liberation immediately.

The happiness of heaven and the three worlds for one who has offered his mind to me like you is nothing. Through my grace you will attain a place which is above heaven, the three worlds and the galaxies of planets and solar systems. Above the asterisms, the stars and everything, you are placed as the centre of the rotation of everything. Above the seven great seers who shine as eternal stars and above those who go round the space with shining bodies and above those who create the measures for all, you stand. Your mother Suniti will live near you for all times in the form of a star. Great is the splendour of purity for those human beings who gaze at you every morning and evening with veneration."

Parasara said: "Thus Dhruva could attain such a position by the grace of the Lord of all worlds and so stands he even today, unto eternity. He could attain such a position by rendering his service to his parents and by meditating upon the twelve syllabled mantram of Vasudeva (OM NAMO BHAGAVATE VASUDEVAYA).

Usanas, the preceptor of devas and demons, saw the splendour and perseverance of the boy and praised him: "What a wonderful example of penance, ability and accomplishment. Even the seven great seers have him before them. Even his mother has attained the great position of a star because she conceived this boy out of her womb. See how Dhruva climbs up the heavens. One who offers prayers to him will be liberated from all his sins and will thrive in the heavenly world. No one on earth or in heaven experiences a fall if he holds Dhruva in veneration. He who worships him lives long."

The Science of Man

Dr K. Parvathi Kumar
First Young Group Life Teaching, Part 15
August 2001, Visakhapatnam/ India

The Mouth – the Fire Place 1

In civilized communities, teeth are already a casualty at a very young age. If you see in the black race or in the brown race, the teeth are much stronger. In the white race, even during the teen-age people remove teeth. You know it is expected, according to the science of health, that you lose teeth, gradually, after sixty years. Not by sixteen years!

The 32 teeth are related to 32 centers of our body. When you lose the teeth, you have lost the efficacy of functioning of that center. If the gums are kept strong and healthy, the teeth are never lost, and it would help cleansing the mouth better. This is the physical aspect of keeping the mouth clean. The second aspect of keeping the mouth clean is giving healthy food.

The third aspect of keeping the mouth clean, which is also very, very, very important, is that you don't use the tongue for unpleasant talk. Do not use the tongue to criticize. Many people are very critical with their tongue. It would cause much destruction of energy inside. Sometimes when people utter sentences, it hurts so deeply. See, if you are physically hurt, it gets healed, but if you are hurt vocally, many times it does not get healed. That's why a Greek philosopher says: "Do not worry about the poison of the tongue of a cobra, be afraid of the tongue of the human." There is no way to heal it, and this hurt goes in cycles and comes back to you. When you hurt, you are hurt. This is the Law. This is the third aspect of the mouth, that you don't use the tongue for wrong speeches. What are wrong speeches? A speech that is unpleasant to others. Contain it, don't say it, try to speak pleasant.

Second aspect is: do not manipulate through speeches. Today, all business is manipulation. "I try to manipulate you so that you follow my line of direction." Speech is for communication, not for manipulation. If you

manipulate, you are also manipulated. So speak not unpleasantly; speak not manipulatively; speak not to judge. We know little to judge anything. We can share information without judging. You can carry your understanding, but that understanding can also change later. Each time, you encounter a person, you know more and more about him. With the little interaction of a person, don't try to jump at conclusion about him. We are very quick in judging others, it doesn't help. You may have to change your judgement later. That's how there are misunderstandings, which have to be retraced later.

Don't misrepresent! Try to be as accurate as possible. When you add more words or delete certain words, you communicate a different meaning. There is lot of misrepresentation with human beings, unconsciously. This is because we are so much habituated that misrepresentation has become part of our speech. In the book "Mithila", there is a chapter relating to speech and sound. Please study it, slowly!

This is the third aspect relating to keeping the mouth clean. Then there is the fourth aspect, where you can keep the mouth sacred. This is possible, if all the three other steps are accomplished, through utterance of sacred sound. A tongue that is given the habit of regularly uttering sacred sounds would be disinclined for other utterances. That's how the tongue gets consecrated. The first three steps are to ensure that it doesn't get de-secrated. And the fourth one is for consecration.

Remind you that human is the only one in creation who has this facility of speech. No other kingdom enjoys the facility of speech as the human. So speech has to be kept sacred, and a tongue that is put to sacred use for long years gains the power of truth. With such tongue, if you say, "You would get this kind of good luck next year", it will happen. The Saints have gained such powerful tongue through excellent discipline relating to the use of the tongue.

Please remember, your mouth is your fire place, please keep it clean and use it well. Then it would do wonders for you.

This text is not proofread by the author and might have some mistakes.



Paracelsus

Health & Healing

The Power of Resistance
of the Mind

Humanity somehow and somewhere lost in recent centuries the power of their thought. They are excessively depending on technology and forgot the ability to be creative, powerful and emphatic in their thoughts. The more facilities were offered by science, it unwittingly contributed to the timidity and pride of humanity. Dependency is developed on external systems and proportional weakness took place in the internal system of man. "Thou shall be that which Thou thinketh." is an old dictum. Man's mind has such powers. With such power he achieved even impossible tasks without the support of machine or technology. Man was brave and adventurous and was master in the weather. Today is not the same. Mind is a great agent of the soul and its wisdom. The soul is essentially endowed with will, love and light. Man can bring through mind this essential power of will. Through the power of thought, he resists sicknesses. He can resist cold and heat, he can resist wind, and he can resist rain. He could even resist hunger. The power of resistance of mind can equally be applied upon to resist sickness overtaking him. Man became more and more desire-oriented through development of functional facilities. As much as he turns these energies to desire, the power of mind is dissipated. Most of the thoughts that man carries are more desire-oriented than towards social obligation and social welfare.

The mind can be made powerful once again by relating the mind to the source of the mind, which is called the soul. The soul is like the personal

sun that transmits light and life, which can be consciously received by the mind and be transmitted through focused direction of thought upon the sicknesses that man suffers from. This focused direction to the ailing parts of the body would result in transmission of the solar energies to the related areas of sickness. This should bring forth good results. Mind is like a mirror. When you get an angle of the sun through the mirror upon an object and keep it focused, the solar energy through the mirror reflects upon the object. Consequently the object receives the impact of the solar light. Since the solar light also carries life, life energies are thus transmitted with the help of the mind.

The golden light of the solar disk regenerates health while the diamond light of the solar light can scorch the body. For purposes of auto-healing or healing others the golden light of the soul can be received by mind through meditation and reflect that light upon the areas of sickness. Such was the magical work of healing when man did not have so much technological support. This old methods may have to be reconsidered for toning up general health and also for the routine sicknesses. Eating medicines for every little discomfort may have to be done away.

Dr. K. Parvathi Kumar

Extract from: **Paracelsus – Health and Healing**

With a subscription you support this important work (€ 84 / year).

* Contact: Paracelsus-Center, Wasenmattstr. 1, CH-8840 Einsiedeln
Tel.: +41-554220779, Fax: +41-554220780, E-Mail: info@paracelsus-center.ch
Web: www.paracelsus-center.ch

Children's Section

On Service

EMOTIONAL SERVICE
SUFFERS INFANTILE MORTALITY.
INTELLIGENT SERVICE
IS SUPERIOR TO THE EMOTIONAL ONE.

Crazy Crow

Dear children,

Do you know how the ancients understood avarice? The ancients compared the avarice to the crow. The crow is black and represents ignorance. As much as one is ignorant, so much one hangs on avarice. The crow lands anywhere and everywhere for food. The avaricious man also seeks anywhere and everywhere. He has no decency to distinguish where to seek, where not to seek, how to seek, how not to seek, what to seek, what not to seek and when to seek and when not to seek. He is shameless in his seeking and seeks even through filthy means. He relinquishes self-esteem and decency in doing so.

The crow seeks in the mountain valleys and the river banks and in the jungles relentlessly without tiresomeness. It moves tirelessly everywhere seeking for his little stomach. The avaricious one seeks in mountain ranges for gold and platinum, moves on the rivers trying to conquer places and enters jungles for hidden treasures. He meets level with the relentlessly moving crow.

As long as one inculcates contentment, he keeps moving like a crazy crow.

K. Parvathi Kumar

Stories For Young People

Uprightness

The year 1952 the river Godavari floated. In Rajahmundri and all around the belongings of the inhabitants were destroyed. A homoeopathic healer lost all the construction material he had gathered over years to build a house for his family.

His friend Sri Sastry came to know and enquired the humble, upright and service oriented man. He said: "I wanted to have a shelter for me and my family, but the Divine willed otherwise. I therefore abandon the project." A few days passed by. In the morning hours, the homoeopath found around his tenanted house, trucks carrying loads of cement, bricks, wood and other essential construction material! The truck drivers waited to unload the material at a place where the homoeopath would instruct them. The so dressed man was wonder struck. He refused to accept the material, he had not ordered. The truck drivers insisted that the loads were for him. After a while the homoeopath enquired as to who directed them to him. They said: "Sri Hare Ram Sastry Garu."

The homoeopath went to his friend Sri Sastry and questioned as to why he did so. Sri Sastry smiled: "The Lord is compassionate. His will transcends the calamity and prevails. He wills that righteous men like you should be in comfort. Please accept the helping coming from the divine. I am only instrumental."

Sri Sastry diverted all the construction material he had gathered for a house of his own family to his friend.

K.P. Kumar: Sri Sastry Garu – Story of a Disciple. Dhanistha. 1998, p 74ff

WINDOW TO WORLD SERVICE NEWS & ACTIVITIES (Inputs welcome)

GERMANY

Name of the group: Gulab-Group

Contact: Hans Kleyböcker

Address: Nienkamp 74, D- 48147 Münster

Phone: ++49 +251-294279 **E-Mail:** info@teppich-kettel-service.de

Activities

Though it is very helpful (to use for medicinal affairs, for vegetables, textiles and fertilizing the soil) the stinging nettle is not very popular. Expelled from the wood and the surrounding fields it enters the Gulab-Garden, neglecting the fence. It searches for the fertilized places at the feed of the rose-bushes, sends her roots deep in the soil to those of the roses and hides under their leaves. If one tries to remove the stinging nettle, the rose defends itself with its thorns and tears up clothing and skin of the helper- as if it is attacked itself.

Rose and stinging nettle: in what kind of bunch together?

The Gulab (rose) Garden is a large rose garden at the edge of the forest in the "Baumbergen". The garden is dedicated to Master Gulab-Lal-Singh (M.M.) and to his great disciple Helena Petrovna Blavatsky. The group is taking care of the garden and celebrates rituals and prayer on a regular basis to heal this place.

Picture of the Month of Virgo The Sons and Daughters of the Virgin



The way of discipleship consists in purifying ourselves on all planes so that we can attune to the energies of the Mother and thus become Sons of the Virgin. The World Mother can give us the experience of the seventh plane of existence. This is called the maha-paranirvanic plane, the radiant Light of the universe. It is the origin, from which from time to time the Sons of God are born by the grace of the Mother which is also called the Virgin. Therefore a name of the Sons of God is "Sons of the Virgin". Each Son of God is a result of virginity. When we aspire to become accepted disciples, it is necessary to aim at this purity, so that the grace of the Mother pours down to lift up the people to her state of purity and be-ness.

K. Parvathi Kumar, Seminar on Virgo, 2001.

Book review



MESSAGES TO ASPIRANTS

The booklet contains extracts from letters of Master EK sent to persons in the West and in India. It is meant to inspire aspirants and disciples. The letters contain many instructions and advices of the Master, concerning spiritual practice, everyday living or spiritual questions – a jewel for the seekers.

“Spiritual qualifications do not depend upon social perfection and formality. It is the warmth of the heart that makes us respond to each other from such a distance.”

Ekkirala Krishnamacharya: Messages to Aspirants

Copies: The World Teacher Trust, info@worldteachertrust.org



NEW AGE HOSPITAL MANAGEMENT

The need for healing touch is eminent today in all medical care centres including the hospitals where there is an ambience of hi-tech medical practice. The book "New Age Hospital Management" presents a talk by Dr. K. Parvathi Kumar given in an Indian hospital and it was very well received by the doctors, head doctors and

health professionals. He expresses the view that hospitals have to turn into healing temples, industries to temples of work and educational institutions to temples of learning.

K. Parvathi Kumar: New Age Hospital Management

Copies: The World Teacher Trust, info@wtt-global.ch

Astrological Important Days in August/September 2013

23.08.	01:02	☉ → ॐ / Sun enters Virgo	
♀		☾ in ॐ – 1 st to 14 th descending moon phases: Contempl. upon the Pitris	
25.08.		Birthday of Master MN	
27.08.	22:36	☾ 8 th phase of descending moon starts	☉ 04°43' ॐ / ☽ 28°43'♊
♂		Contemplation upon the Pitris (End 29.08. at 00:40)	
28.08.		Birthday of Lord Krishna	
31.08.	05:34	☾ 11 th phase of descending moon starts	☉ 07°54' ॐ / ☽ 07°54'♊
♂		Contemplation upon the Pitris (End 01.09. at 07:56)	
04.09.	12:52	Phase of new moon starts	☉ 12°04' ॐ / ☽ 00°04' ॐ
♀		New moon point of Virgo: Contemplation upon 'The Pledge'	
05.09.	13:36	● New moon of Virgo	☉ 13°04' ॐ / ☽ 13°04' ॐ
08.09.	13:19	☾ 4 th phase of ascending moon starts	☉ 15°58' ॐ / ☽ 21°58'♊
☉		Ganesha-Festival: Contemplation upon Ganesha, the cosmic Jupiter, from Head Centre to Base Centre	
09.09.	12:30	☾ 5 th phase of ascending moon starts	☉ 16°55' ॐ / ☽ 04°55'♊
☽		Contemplation upon the 7 Seers of the Great Bear, represented by the 7 Masters of the 7 Rays (End 10.09. at 11:21)	
12.09.	08:08	☾ 8 th phase of ascending moon starts	☉ 19°39' ॐ / ☽ 13°39'♊
♂		(End 13.09. at 06:05)	
15.09.	01:16	☾ 11 th phase of ascending moon starts	☉ 22°18' ॐ / ☽ 22°18'♊
☉		Contemplation upon Gāyatrī, the World Mother with a rainbow halo around the head (End 15.09. at 22:39)	
16.09.	18:56	23 rd constellation Dhanishta starts	☽ 17°23'♊
☽	21:00	Dhanishta-Meditation (Dhanishta-constellation ends 17.09. at 17:09)	
18.09.	15:10	Phase of full moon starts	☉ 25°47' ॐ / ☽ 13°47'♊
♀		Contemplation upon Gāyatrī, the World Mother	
19.09.	13:13	☉ Full moon of Virgo	☉ 26°41' ॐ / ☽ 26°41'♊
22.09.	22:44	☉ → ♎ / Sun enters Libra	
☉		Autumn Equinox: Contemplation upon the female Hierarchy	
26.09.	16:42	☾ 8 th phase of descending moon starts	☉ 03°40' ♎ / ☽ 27°40'♊
♂		(End 27.09. at 19:10)	
29.09.	23:43	☾ 11 th phase of descending moon starts	☉ 06°54' ♎ / ☽ 06°54'♊
☉		Contemplation upon Śiva, the cosmic 1 st Logos (End 01.10. at 01:25)	
04.10.	03:07	Phase of new moon starts	☉ 10°59' ♎ / ☽ 28°59' ॐ
♀		New moon point of Libra: Festival of Lights, to dispel the darkness of the darkest new moon; contemplation upon 'The Pledge'	
05.10.	02:34	● New moon of Libra	☉ 11°56' ♎ / ☽ 11°56' ♎

All dates are in MEST (middle European summer time)

From: »Astrological Calendar 2013/2014«;

Publisher: The World Teacher Trust – Global, Büelstr. 17, CH-6052 Hergiswil.

Great Invocation



Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



*SAHANÂVAVATU
SAHANAUBHUNAKTU
SAHA VIRYAM KARVÂVAHAI
TEJASVI NÂVA DHÎTA MASTU MA VIDVISHÂVAHAI
OM SHANTI SHANTI SHANTIHI*

LET US BE PROTECTED TOGETHER.
LET US SHARE TOGETHER. LET US WORK TOGETHER.
THERE WILL BE NO HINDRANCE TO LIGHT.
LET NOT MALICE PREVAIL.
LET PEACE BE IN ALL THE THREE PLANS.