

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Taurus 2015 Rishabha

Letter No. 1 / Cycle 29 - 20th April until 21st May 2015

The World Teacher Trust - Global



Invocation

May the light in me be the light before me.

May I learn to see it in all.

May the sound I utter reveal the light in me.

May I listen to it while others speak.

May the silence in and around me present itself,
the silence which we break every moment.

May it fill the darkness of noise we do,
and convert it into the light of our background.

Let virtue be the strength of my intelligence.

Let realisation be my attainment.

Let my purpose shape into the purpose of our earth.

Let my plan be an epitome of the divine plan.

May we speak the silence without breaking it.

May we live in the awareness of the background.

May we transact light in terms of joy.

May we be worthy to find place in the eternal kingdom OM.

Master EK



Letter No.1/Cycle 29 – 20 April until 20 May 2015 ௐ

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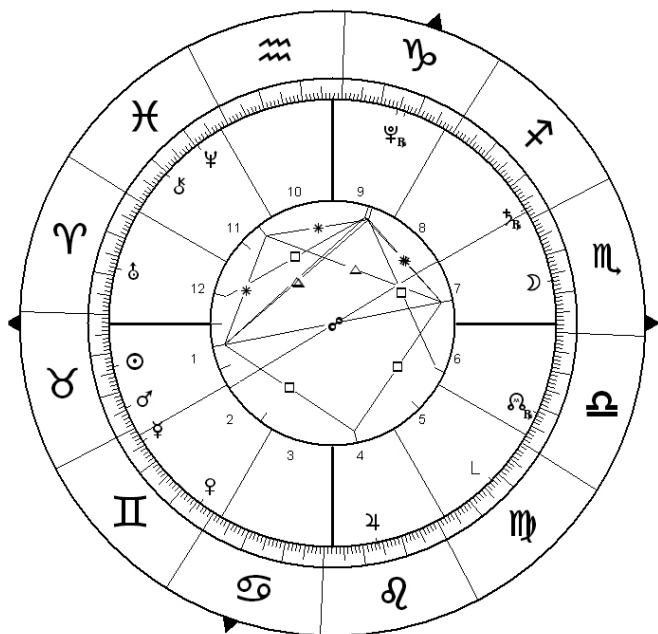
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Prayer of the year 2015/16

WASH KARMA IN SPACE.
ON THE DEEP BLUE SLATE PAINT EVER-ELEVATING COLOURS,
EVER AT THE FEET OF THE MASTER
IN THE VAISAKHA VALLEY.



Full Moon of Taurus, 14th of May of 2015, 05:42 am



Message of the Month of Taurus

The bull of Taurus is the light of an aspirant. The bull sign Taurus impregnates the earth to bring forth life on the planet. The bull's eye does this work. This is also called the third eye of Lord Shiva.

The aspirant in Taurus is also comparable to the bull. He has much energy. This energy requires to be regulated and applied to cultivate the personality in such a manner that he is useful to the surrounding life and its promotion.

Taurus gives the message to the aspirants to work like a bull. The fire of aspiration shall have to be gathered and focused for manifestation as a work of goodwill.

A bull requires to be threaded to the nose and to be yoked and set upon the field for cultivation. An unregulated bull causes devastation in the surroundings. So is an unregulated aspirant. In the case of the bull the farmer threads the nose and yokes it neck. In the case of an aspirant he has to do it himself, as the teacher does not. He gives the technology and the keys as how to thread one's own nose and yoke one's own neck. The aspirants shall have to pick up the technology and work out.

Remember that no aspirant transforms into a disciple unless he turns out enormous work like the bull does and such work benefitting a significant portion of humanity. Discipleship is not a fairy tale. It is a part of enormous industry. Transformation of matter does not happen without consistent application of time. Let the fire of aspiration that is generated in the month of Taurus be intelligently applied for upliftment of humanity. The fulfillment that the aspirant causes to the surroundings also concurrently fulfills the aspirant. No man ever turns into a Master without turning out mountainous work. May the aspirant emboss upon this task of action for goodwill!



Message of the Teacher

A Yogi

A yogi is one who is ever aware that the life is but a journey that ends up at any moment, that the death terminates all relating to the earthy life. He is also aware that he is a traveler that may be called back from one set of circumstances to another somewhere entirely new set of circumstances through the death-call. He sees every man relating to the universal existence and expresses his willingness to remain or to withdraw from the world as per the will of the One.

He relates One in life with all and at the same time he is not stuck with relationship. He is neither sunk into the pleasures of the world nor into grief. He understands the earthen flow of life and the play of time upon him and around the surroundings.

Gita-Upanishad

- Lord Sri Krishna -

Stabilising the Mind



ARJUNA UVACA –

YO'YA ◻ YOGAS TVAYA PROKTA' SAMYENA MADHUSADANA
ETASYAHAM NA PAÇYAMI CAÑCALATVAT STHITI ◻ STHIRAM
CAÑÇALAM HI MAMAH KRSNA PRAMATHI BALAVAD DRDHANI
TASYAHAM NIGRAHAM MANYE VAYOR IVA SUDUSKARAM

“Arjuna, the son of man representing humanity, enquires from Lord Krishna as to how an everchanging mind can be stabilized. ” (6/33, 34)

Arjuna compares mind to ever moving wind which cannot be held in the fist of the palm. It is a common question that arises in the mind of every aspirant. It is but the nature of mind that it is ever moving and it cannot at anytime remain stable by itself.

Having heard the various tips coming from the Lord right from the 2nd chapter to the 6th chapter, Arjuna comes back to the zero-point. The various instructions given by Krishna up till then were nothing but the only steps to be ascended one after the other to gain stability. Yet the question arises. This is natural and is very common.

Just by hearing the aphorisms of yoga, one would not become a yogi. Hearing should give impetus to practice. It is only the practice that causes the needed transformation. The given information has to be practised. When it is practised the needed stability is gained.

Every aspirant requires this practice on a continuous basis. Consistent and continuous practice supplies uniform heat to the existing energy pattern so that the pattern takes to a better and a higher pattern. Without

practice nothing happens. Even while practicing one has to be dispassionate, patient and tolerant.

The practicer should know that the consistency and continuity of practice would eventually lead him to the needed state of stability. It is with this confidence and resounding affirmation he requires to practice for long years. The question of Arjuna to Lord Krishna was only to drive him to this point for the benefit of the posterity.



Message of Lord Maitreya



Outer and Inner Pollution

Humanity is being eaten away by the poison that it has been creating from its mind and from its activity. The collective mind of humanity is deeply affected by jealousy. It has become common that one cannot be genuinely appreciative of others virtues. If someone is able on virtues he is attacked every time, pulled down and maligned by those who are around him. They cannot accept a taller figure amidst them. The group around a divine person constantly looks for likely mistakes in the growing-one to pull him down. This is the danger of pollution, humanity is suffering from.

Ever since industrialization, there is multiple growth of production. Today humanity produces much more than what they need, leading to unhealthy competition and the related jealousy. The competition has reached meaningless heights and trying to cut the other by every and any means.

Apart from abnormal production, it also brings its byproducts of industrial pollution. The over-production is one problem and neglect of the consequent pollution is yet another problem. The industrial pollution has reached up to significant heights, which affect the human health.

Jealousy within and pollution without have become effective agents for sickness. Variety of sicknesses have emerged, variety of viruses are sprouting on a yearly basis. The government is not aware of the depth relating to the damage happening to humanity.

People frequently quote the Roman Emperor Nero saying, "Every government of every nation is more or less a product of Nero, blissfully ignorant

of the dangers around their nations.” An average human is the victim of the bombarding market propaganda, pollution and jealousy from within. It is in this context, Maitreya community is required to work for human transcendence. There is a lot that requires to be cleaned by every aspirant within oneself and in the surroundings. At least the aspirants should think not of the self, the separative self but of common. We assist such ones in the process of cleansing the mountainous debris that humanity accumulating so far, which is our immediate work.

Message of Master Morya

- *Maruvu Maharshi* -

Stand Inspired



It is not enough if one is inspired. He should have the proper character and continued encouragement. Inspiration is the divine impulse. It has to be nurtured, nourished and directed if required. Our work is not in relation to inspiration. Our work is to those who receive the divine impulse and stand inspired.

Many are under the impression that the Brotherhood inspires. The truth is that inspired ones draw support from the Brotherhood and progress on the path. Inspiration aspect comes from the divine. For a horse that is thirsty, we show the way to the water resource. We do not make the horse to drink. It happens to the horse from within. The divine impulse falls from within.

We have pledged ourselves to cooperate with every inspired one, regardless the fact of the latter's recognition of Brotherhood. Those who know of the Brotherhood also may not receive our cooperation, unless there is enough inspiration in them. And those who do not know and yet work with inspiration receive our cooperation and fulfill the cause. In those cases, some of them may not even cognize the support coming from us within.

Know that our work is very impersonal. We have no bias towards those who worship. We support all inspired ones, for we have pledged to support divine wisdom.



Master Koot Hoomi

- Devâpi Maharshi -

Seeing The Truth

Miracle-mongers cannot see the truth. Truth is simple and is not miracle. All miracles are illusion. If your mind is still looking for a miracle, know that you are not yet fit to walk the path of truth.

If you tend to be simple in your attitude, you are fit to realize the truth. To see the truth simply around you and within you, you see that all sprouts from truth. The basis for all sprouting is truth. The basis for your awareness is truth. The basis for the pulsating prana in you is the truth. The basis behind universal awareness is truth.

As long as you are engaged with sprouting beings, you cannot visualize the very basis of sprouting. All that is, is a buildup of one truth. Even time is routed in the truth, while nature sprouts, grows, evolves and recedes as per the cycles of time.

If you are ready to see the truth, see the basis of your sight in you. The other name for the truth is Brahman!

Message of Master *EK*



The Thread and the Beads

Individual existence, its intelligence, its patterns of thought, its senses and the body are but the beads of a rosary, for which the universal existence is the thread.

If this thread recedes, the beads fall apart. Yoga is but aligning the beads to the thread and thereby experience the creation splendor.



Vidura

Wisdom Teachings

Man leads himself
towards the path of sorrow by,
1) commanding the superiors
2) serving the enemy
3) praising himself, and
4) opposing the one
stronger than him.

Shirdi Sai Sayings

Friendliness



The mind that gains friendship with Me is ever peaceful. No one can, say that he is friendly with Me, if he is disturbed through anger, irritation, anxiety, fear, jealousy, hatred and desire.



Message of
Sri Ramakrishna

Self-Surrender

What are we to do when we are placed in this world?

Give up everything to HIM, resign yourself to HIM, and your troubles and sorrows will be at an end. Then you will come to know that everything is done by HIS WILL alone.

On Secret Doctrine



The Holy Grail

Magic is as old as man; it was, it is and it will be. It is available for sincere seekers to whom realization of Truth is the priority. It is not generally available in the market places. It stays hidden. It is necessary that it is hidden. But it was known in the entire Asian countries and is well preserved in the mountain ranges and cave temples. The very keynote of Asia, especially India, is, "I hide the Light". A seeker has to unveil the veils of materialism, the veils of comfortable living, the veils of religion, of tradition, and of any dogma. The seeker also has to surrender his body of five elements, in favour of the aspiration for Truth. Only then he would have right approach to the right teachers to enter into the field of ancient wisdom, which is the other name for magic. Submitting oneself to the laws of nature, adopting uncompromisingly to the virtues of humbleness, alignment of thought, speech and action, not tending to be obligatory through seeking worldly favours, not thieving, maintaining purity within and outside, fairly overcoming the seasons of nature and also the hunger and the thirst, are but a few implements, that a student of magic would necessarily need. When a demonstration in relation to this is found in the daily life of an aspirant, the representatives from the institution of magic would themselves contact and introduce the so called mysterious side of man's life.

It is one's demonstration of values in life that draws him to the right teachers. Rather the right Teachers are drawn to such fiery aspirant. It is true everywhere on the globe, for the Hierarchical Teachers are relentlessly at work, spotting the right aspirants.

Magic is indissolubly blended with the religions of the place and of times. Religions do carry a bit of the flavour of Magic. But they do not hold the teachings relating to it. In fact they cannot, their work is to provide the basic ground of ethics and morals, to prepare humans to be fully human, liberating them of their beastly instincts. Remember, in the human there is the beast as well. Religions should help to save the human from the beast, and secure him for divine purposes.

But in the dark ages, religions also tend to be beastly. A beastly religion cannot boost itself to be the guardians of the Truth. A religion that does not practice humbleness is no religion at all. When religions are established through sword and through bloodshed, all such religions are stained by blood. They tend to be unfit to hold the Holy Grail, however much they boost of it.

A thinking man needs to find his own way into nature and nature's law, picking up the values as he finds in various belief systems, traditions and religions, and not submitting himself, to any one of them blindly. Such an approach is helpful.



King Arthur's knights, gathered at the Round Table to celebrate Pentecost, see a vision of the Holy Grail held by 2 angels. Anonymous, 1470

Lay Man's Prayer



Of late, I am inclined to be more with You
than with Your names and forms.
Your forms and names, though engaging,
You are my interest.
I Pray to be one with You.
I Pray.

Discipleship

Intuition

Looking to the light within and around is a simple practice of occultism, which is generally overlooked amidst many complex concepts of occultism. Occultism is but the lifting of the veil and seeing the truth.

The thong for the veil behind the form is the color. Behind the color is the light. Behind the light there is the sound. An occultist perceives lifting veil by veil, he establishes contact with the soundless sound, with the voice of silence. He establishes contact with the light in sound. He intuitionally receives the message of the soul through the voice of the silence. He conducts the message and transacts with the light that surrounds him. Occult students study the concepts of form, of color, of light, and of sound. But least do they apply themselves in perceiving them during the daily transactions of life. Due to this reason, the subject of occultism remains mystical.

But for the ones who consecrate themselves for application of these truths in life, better perceptions prevail. The other name for the better perception is intuition. When intuition prevails, much time is gained and one overcomes the unending logic and reasoning of the mind. Logic and reason are poor substitutes to intuition, subtle perception. Today occult groups are yet to take to practicing the occult tools in daily life. By this they are tending to be ineffective. They have the heaviness of the concepts of occultism. This is the extraload they have in comparison to the ordinary. May not the occult student end up in this suspended animation!

A disciple

The Teacher

7. Anantam

Endless



The Teacher is endless, therefore he has free-ends. He is the friend, with free-ends. When there is no end there is no beginning. Beginning is when certain things end. Existence is the only endless and therefore beginningless state. The Teacher is one with Existence. Jesus Christ said, "I and my Father in the heaven are One." A Teacher is one who has become one with the Absolute God. He is therefore a visible form of the invisible God, a visible presentation of the invisible presence. The presence of the Teacher is endless. It is constant, it neither grows nor reduces. It has no boundaries. It is omnipotent as space itself. The Teacher is the presence that is expressed as a Teacher. A Teacher is but an envelope to the Teacher. The Teacher expresses through a Teacher. It is One Teacher that expresses through many. For this reason he is called Jagad Guru, the World Teacher. From him everything begins, into him everything culminates. Respect a Teacher (the vehicle) and experience the Teacher. All that is spoken in these names is of the Teacher expressed through a Teacher.

Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart.



Kapila

Four Models of Creation 2 Model 2 - Sankarshana 1

From the successively changing states of consciousness, the Model 2 of involving consciousness emerges.

The succession of changes that is conducted through this model are endless and are ever inconclusive. Remember the thoughts that emerge in the beings, their endlessness and inconclusivity. This is a sample of this model. The endless thoughts leading to endless actions and the latter triggering the former and vice versa. The whole activity is ever unfolding, one becoming the cause for the other and the other once again becoming the cause for another. Inexplicably the intricate web of cause and effect is weaved by this consciousness, keeping at bay any intelligent ideation; cause and effect alternately involute and weave the web of creation. The work of mind is thus mysterious on account of the functioning of this dynamic force of ever changing consciousness. The multitude of its actions are referred to as the multitude of ring formation on the serpent's body. Its multiplicity is referred as the multiple hoods of the serpent. And its swiftness in movement and succession is compared to the movement of the serpent. The inability to trace the cause of its movement is referred to as the invisibility of its tail. The serpent is referred to as Sesha (The remainder eternal) in Puranas.

Thousands are the waves and the ways of the movement of this state of consciousness. It moves the mind, the senses and the body, the planets, the systems etc. The thoughts and actions keep unwinding endlessly. The



Ashram Leaves

Taming the Tiger

Know the Lord, the man and the animal. Know that they exist in you as your own self. You are Three in One and also One in Three.

The animal is the vehicle to move about. The man is to experience the Lord of the universe moving around on the vehicle.

To experience the Lord, the man should learn to use the vehicle, the animal. The animal is usually stronger than the man. It is ferocious, unwieldy and many times dangerous. A tiger. It kills others for food even when it is not hungry. It is unmanageable.

Man is made to live with it in the cage. If you are to live (and live peacefully) you shall have to tame it. Make friendship with it.

Friendship is a positive process of winning the heart. When the animal is tamed through the positive process, you have a powerful friend with you. You are highly effective with the cooperation of your friend. Being very strong and powerful, the friend helps you in all your endeavours.

The tamed animal helps you and the untamed one complicates you. Know that the animal in you is untamed when you find in yourself jealousy, desire, anger, miserliness, misunderstanding of others and pride.

In the presence of an untamed animal, your life is conditioned. You are bound. You are pushed into a hole - the hole of Scorpio where you are bound hand and foot. The spirit is buried in matter. Matter dominates the spirit in total. The coffin is nailed. Thus the serpent (the spirit) descends vertically and crawls horizontally. There is the disappearance of man through a gradual fall into the animal passions. The light disappears. The man reaches the eighth house, the house of death (loss of consciousness).

Worship of the Mother riding the tiger and worship of the Father riding the bull, are the mystic means to overcome the animal conditioning. The Masters of Wisdom gave out to humanity this key to overcome the passion of Libra and the animal magnetism of Scorpio.





On Love

Will, Love and Light are
interchangeable energies of God.

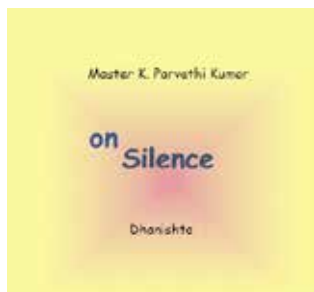
One leads to the other.
They are 3 in 1 and 1 in 3.

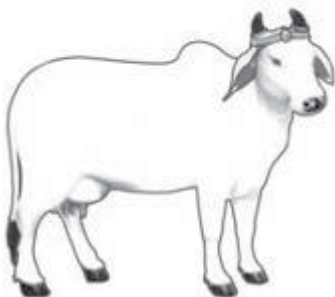




On Silence

Remaining in Silence the disciple receives the voice of the soul, the Master, and speaks the Silence to his associates and followers. Thus he speaks Silence without distortion. This is symbolically called 'speaking the Silence without breaking it'.





Cow

Service and worship to Cow
establishes one in the quality of poise (sattva) –
a quality that enables ascent into higher planes of existence.

Violet Flame Invocations



In seven regular steps
the descent and ascent happen.

Seven are the steps for Indigo to turn Violet.
We are from Indigo, we are Indigans.

Indigans are Indians
of the East, West, South and North –
but veiled by names and colours.

We are descendants of Indu*
Indu* – Indigo – Indigans – Indian – Indwellers!

*Indu means Moon



From the Teacher's Pen

Questions and Answers

Question: Master, you always say that nothing in the world can give happiness. And happiness has to generate from within. You even say, "Propose to be happy". In spite of this information, I am unable to gain happiness. Kindly help us.

Answer: Happiness is an attitude. One needs to cultivate to be happy. A person who winds time himself, thinking and working only for himself cannot be happy. Through his thought process he is regularly binding himself. When one is excessively self-conscious and conscious of his kith and kin and his belongings, develops a narrow circumscription around him. He lives in a constricted world within a wide-open world. The consciousness is imprisoned due to thoughts surrounding the self. This process of winding and winding tighter shall have to be reversed.

One should think on a daily basis if he could make another one smile; if he could make either a human or an animal or a plant or an insect happy. Depending upon the happiness he spreads around, the nature returns such happiness to the one instantly.

If one makes others unhappy by his relating to others, he continues to be unhappy, regardless feeling comfort and luxuries of life. By trying to work for other's happiness, one unwinds since he relates to the center outside him, while such center is within, when one is working for one's own happiness. A self-centered one can never be happy.

Agni



An Introduction into the
Work of Cosmic Fire, 42

4. The Solar Fire

The Unfoldment of the Egoic Lotus 1

So, there is much importance in realising their presence in us and around us. They have sacrificed themselves to be with us, so that we work out our unfoldment. And it is their visit that makes the human being a complete double being. It is said: 'Man is a double person with his lower self and his higher self.' And slowly the two fuse to form the beautiful soul. They not only give us self-consciousness, but they also give us the body to realise the soul. It is their presence which constructs the causal body. We have understood about many bodies so far, and this is the body which gets constructed during their presence, when there is interaction between them and the mental unit. Man belongs to the fourth kingdom meaning that there are already four kingdoms with man as one. So, there is the descent of the five into the four making nine petals. It is a bud of nine petals in which there is a still more tender bud of three petals. This is the egoic bud which will in due course unfold into an Egoic Lotus. So, there is a process by which these nine petals of the bud gradually unfold. Now let us understand how these nine petals gradually unfold. You must have all seen the beautiful twelve petalled-lotus which is propagated by the Arcane School. If we have a poster like that, it is useful to explain instead of my drawing a lotus of nine petals, because it is a beautiful representation. Understand that the nine petals are the three triangles. Three petals make one layer. You can visualize the lotus as it is distributed by

Arcane School. You would see three most exterior petals, and then, there is another triangle of three petals interior to the first one. The first triangle has three petals, over which the second triangle of three petals is imposed. Over that, there is another triangle of three petals. These are the nine petals of the three triangles. Over that, there is the fourth triangle of three petals. And in the centre of it, there is the bud. It is a small ball-like appearance. So, each triangular layer of petals carries energies relating to each kingdom.

Let us take one triangle for example. One petal is called the petal of love, and the 2nd petal is the petal of sacrifice and the third petal is the petal of knowledge. Like this, there are three triangles superimposed one over the other. Those are the nine petals of the Egoic Lotus, and each triangle has its own understanding of love, sacrifice and knowledge.

We have some concept of knowledge, some concept of love and some concept of sacrifice, and all is for Self. Knowledge is exploited for Self. These are the clever ones in the society who use their intelligence for their own benefit. And they are not mindful, even if others are losing by their cleverness. And there is the selfish love, and there is also the concept of sacrifice only to hold people. It is like putting up a goat's face with a crocodile grip inside. You see, the face of a goat shows so much of innocence, but inside the grip is of a crocodile.

We have a story of it in India. There is a tiger which has been given some human intellect. Normally a tiger has to hunt for its food, but it is given the human intellect. Then it has understood that it can get its preys, even without searching for it. All comes to us, we don't have to go to them. This is also an understanding that exists at the selfish level. So, the clever tiger has obtained a golden bangle. It holds the golden bangle in its hand and sits in a pool of water and waits till people pass. The golden bangle is too attractive for the people, and when people pass by, it does not move. And after a while, people are not afraid of the tiger. They stand for a while and look at the tiger and at the golden bangle. As the person looks at the golden bangle constantly, the tiger says: "Do you like it?" Naturally he likes it. Then the tiger says: "Come on, take it. This is for you that I am holding it." He says: "No, no, how can I come and take it from you." The tiger sees the doubt in the mind of the man and says: "I am here only to give the golden bangle to you. See, I am meditating here in

this pool of water. I am already a saint and a spiritual practitioner, and I have a rule to give a golden bangle to a person daily." So, the man gets convinced: 'Oh, it is a nice situation to get a golden bangle.' So, as the man approaches, it stretches its hand with the bangle, and when the man is within the hand's reach, it makes a hammering stroke with the other hand. – So, enough breakfast, lunch and dinner for the day without moving. And the golden bangle is intact for the next day. So, we can play the game tomorrow.

This text is not proofread by the author and might have some mistakes.





Master *EK*

Vishnu Purâna
CHAPTER XIII

Daksha 3

Having heard these words of Narada, they began to move away in all directions. Just like the rivers, which flow towards the ocean, they never returned to their original position, even today. Having seen these gods on the backs of green horses, Daksha, the son of the Prachetasas, once again produced a thousand sons by his wife Vairini.

These thousand children with good horses heard the words of Narada and said to themselves: "What this sage says is true. No doubt we have to follow the path of our brothers to know the methods of the earth. Then only we can multiply the beings." They too followed the same path and went in all directions. They did not return even today. The brothers went to seek for their brothers and perished. Daksha did not know what to do. He got wild and cursed Narada. He once again wished to multiply the creation. He then created sixty maids. Ten he gave in marriage to Dharma. Thirteen he gave to Kasyama, 27 he gave to Soma, four he gave to Arishtanemi, two daughters he gave to Bahuputra, to to Angiras, and two to Brusaswa, the learned.

The first ten, who became the wives of Dharma, are

- Arundhati,
- Vasu,
- Jaami,
- Langha,
- Bhanu,
- Marudwathi,

- Sankalpa,
 - Muhurta,
 - Sadhya and
 - Viswa.
-
- Viswa gave birth to the Viswadevas.
 - Sadhya gave birth to the Sadhyas.
 - Marudwathi gave birth to the Maruths.
 - Vasu gave birth to the Vasus.
 - Muhurta gave birth to the Muhurtas.
 - Langha gave birth to Ghosha.
 - Bhanu gave birth to the Bhanus.
 - Jaami gave birth to the serpent path.
 - Arundhati gave birth to all the province of this earth.
 - Sankalpa gave birth to Sankalpa, the proposal to do anything positive.

The sons of Vasu, or Vasus, are eight in number. They are:

- Apas (liquid);
- Dhruva (the Pole);
- Soma (the Lord of the Moon, who presides over music and the measures of time);
- Dharma (the Law which establishes the properties of things);
- Anila (the wind);
- Anala (fire);
- Prathyosha (the time before sunrise, or semi-subjective slumber of the beings);
- Prabhasa (dawn, or the objective consciousness of beings).

Apas, or liquid, gave birth to four sons:

- Sthabdhha (clotting),
- Srama (exhaustion or evacuation),
- Sranta (the evacuated state of beings),
- Dhuni (the spring of water).

The Science of Man

Dr K. Parvathi Kumar
First Young Group Life Teaching, Part 33
August 2001, Visakhapatnam/ India

Development of the Will 1

We have to gradually develop the will. Otherwise, you are gone with the wind. Sometimes the wind blows to the East, you sail to the East. At other times, it blows to the South, you go to the South. And at some other times it blows to the West, and you go to the West. That way, travel cannot happen. It is a vague movement in life. That's why, in the morning invocation, we speak of: "Let purpose guide the little wills of man."

This is the way to develop the will to progress. This should be further supported by clear thinking. That means, before you decide to do something, you should know what for you are doing it. Is there a selfish motive in it? Even if you find a selfish motive, if the execution of that work does not result in loss to others, you can still continue with that work. But if you think of a purpose which is beneficial to you and to the others, it is a proposition of a better order. Slowly in the advanced state, this would lead you to think only in terms of others' welfare, regardless personal discomfort, personal loss, because the joy of working for others is fulfilling.

There are three steps:

- Thinking for one's profit, which does not mean any detriment to others.
- Thinking of a work which is profitable to you and to others.
- Thinking only of others' profit.

This is how the thinking process evolves. These steps help us to gain access to the fourth chamber. Slowly, events happen in such a fashion that things come to you. The related books come to you. The related persons come to you. The related events happen to you. To the one who has an

unselfish aspiration, to him the nature gives more cooperation. To the one who has a selfish motive, but which doesn't have a negative impact on others, also the nature cooperates. It becomes so natural that the related persons, books and information come to you. You feel that it is what you are searching for and you found it. You will start working further with it. Depending upon the intensity with which you work, more and more cooperation comes from the nature.

Nature is like the mother. If a child is intending to progress and to be useful to other children, the mother will be too pleased to give assistance to her child. That is how you can see in the lives of great persons, help came to accomplish through any of the agencies. So, the help can come through persons, it can come through some information, it can come through as an inner revelation, or it may approach initially as a problem, and by solving it, one finds the solution. That's how one gets the solution to progress further.

When you make your will more and more intense on a daily basis, then it creates a point of tension in the atmosphere, and that attracts the related energies. That's why, when you contemplate upon any self-progress or progress of life in general, it is an ancient habit to utter OM. Keep the aspect of the will in your mind and make a very prolonged utterance of OM. OM, when utters, moves upwards. Now science also says that sound moves upward in forty-five degrees. There is a spirallike movement to make a call into the subtle. The distortion of OM is Amen. OM is uttered forth much more prolongly. Amen is not uttered in the same manner. When you say "Amen", the impact is not much. If you make "Aaaaaaaa", prolong it and then close it with "men", the impact of the sound is better.

AU is a double sound. A+U is O. A has the energy of the Father. U has the energy of the Son. You are invoking the Father and the Son with one sound. M (Ma) is the sound relating to nature. So, nature's cooperation is sought. The Son of God and the Father in the Heaven are all invoked. That's how the Father, the Son and the Holy Ghost, they are all invoked together. We have other terms for the Father, the Son and the Nature. We call the Father as the God Absolute, the Son as the God in Creation, and the Nature is Nature. This is the deeper and scientific significance of sounds.

That's why before every act of good-will, AUM is uttered. It has been a practice from Vedic times. Even in you, all the seven chambers are put in unison the moment AUM is uttered. Alignment becomes possible as between the higher chambers and the lower chambers, the moment AUM is uttered. AUM links up the divine man, the human and the animal man. That means the seventh, sixth and the fifth chambers are linked with the fourth and third, and the third is linked with the second and first. Your energy system in all its seven planes is put to an order, and the related alchemy happens. That's how there are many sound formulae which can be seen in the book, where I gave the science side of it but not the mystical side.

It is mystical when you don't know the details of its working, but once you know the science there is no more myth. Likewise there is the knowledge of the colours and the knowledge of the symbols. How do you know them? – If you regularly attend to the teachings of the knowledgeable ones or to their writings! Your life activity should daily include self-study. This is a must, if you wish to progress. Instead of wasting time with so many things which are not useful to us, we can easily find half an hour to study. If you don't have that kind of time, it means you are not serious. Self-study is a very important aspect of self-transformation. You get informed when you study, and you can practice whatever is given there and find the results relating to it.

This text is not proofread by the author and might have some mistakes.

Paracelsus

Health & Healing

Stupor and the Importance of Rest



For renewal of vital forces, periods of absolute rest are of great importance. In absolute rest, a person is in other worlds, and if it were possible to question him carefully he would reveal many interesting things. Folklore preserves stories about sleeping beauties and knights who remain in a state of suspended animation. Folk wisdom observes this as an especial condition that is followed by renewed energy and even heroism. It is a pity that many aspects of such rest periods and the condition of a person in the rest periods are seldom studied. Stupor is one such rest period. Stupor should not be confused with fainting. Fainting is an unconscious numbness. Stupor does not necessarily exclude consciousness. The cause for stupor is very subtle. Stupor cannot be caused through any external influence, while in stupor a person can be cured of the initial stages of any befalling disease. It is incorrect to regard stupor as an illness. It is an acceptable condition of body and mind. It is wrong to awaken a person in stupor. In stupor a person's psyche undergoes certain re-adjustments. Heckling at a person in stupor is ignorance. Questioning him and teasing him with clumsy enquiries would disturb him from his re-arrangement. One should understand that a person is refining himself through the stupor.

It is but necessary for medical science to make deeper study of the condition of the brain of the persons who faint and who fall into stupor. Observation of the brain vibrations of a person who is in a shock, who is in fainting and who is in stupor, may reveal different states of psychic energy. It may also give clues to the death.

Dr. K. Parvathi Kumar

Extract from: **Paracelsus – Health and Healing**

With a subscription you support this important work (€ 60 / year).



Children's Section**On Service**

**TRUE SERVICE ALIGNS
ATMA, BUDDHI, MANAS
– SOUL, HEART AND MIND.**

Dear children,

The society around you, the parents, the teachers in the school push you into a mill of transformation during your years of transition from being a child to that of an adult, just like introducing raw materials into an industrial process to bring out the desired product.

The world is so speedy and the demands on every child are so imperative. The child feels suffocated and tries to find its own independent expression. The child is not given enough training to think by itself. Even before it starts thinking it is rushed into a transformation process, without its consent. It is this injustice that is revolted against.

But at the same time, denying the process altogether is equally dangerous. Adapting to the process with free-will is the best solution. Making suitable amendments and adjustments to a laid down process to suit one's own temperament is another alternative.

In a speedy life, time is the essential factor, and hence much time cannot be lost in thinking and in retrospection. They have to be concurrent with the action. This is the demand of Aquarian age.

The above few lines carry much guidance to meet the future, to build a meaningful carrier.

K. Parvathi Kumar

Stories For Young People

Kumbhakarna is Woken Up

Thousands of years ago people had different shapes. There were giants called Rakshasas. They treated other beings, including the divine ones, not only with their force but also with their magic tricks. Their capital was situated at Lanka, an island in the ocean. In Lanka King Ravana reigned with his family. He had a brother named Kumbhakarna. His enormous strength was so fearful that the Divine ones cursed him to sleep most of the year. When Ravana noticed the army of Lord Rama was marching towards his capital, he ordered to wake up his brother.

Numerous servants went to the sleeping one. They first surrounded him with food and vessels of wine. They decorated his huge body with perfumes and paste. They called, they shouted his name. Nevertheless Kumbhakarna continued sleeping. They began to make music with trumpets and drums. He was not impressed. They jumped on his body. He did not move. They tickled him and prod him with sticks. When they doubled their forces, let him smell roasted meat, put drops of wine on his lips, he gradually awoke and still in trance he began to eat. The servants waited until he had appeased his hunger. Then they dared to tell him that his brother wanted his help.

When Kumbhakarna appeared on the battlefield, there was panic in the army of the Lord. Methodically the demon destroyed everybody who dared to come to his sight until he was stopped by the Lord.

Kumbhakarna is the incarnation of one of the three qualities reigning the creation: Tamas (inertia). This quality is hardly to activate, it swallows up other kinds of energies and destroys the existing ones. It is one of our qualities, too. We cannot overcome it but we can balance it with firmness, patience and the help of the Lord.

The stories of this volume are taken from the oldest poem of mankind, the venerable Ramayana. Master K.P. Kumar told many of them in his books and lectures. They are inspiring for those who can extract the included information for the presence and the future.

WINDOW TO WORLD SERVICE NEWS & ACTIVITIES (Inputs welcome)

SPAIN

Name of the group : “De la Paz” Yoga Center

Contact: Sabina de la Paz

Address: Plaza del Ayuntamiento nº 19 – 6º H, E-46002 Valencia

Email : sabinapaz50@msn.com

Phone: ++34 963 786 614/ Mobile: 00 34 606 192 394

Activities

WTT

- Group meeting for Full moon and New moon prayers.
- First Friday of each month, Reading of the book “Incidents of HPBs Life”.
- Several meetings about different subjects of interest for the group.
- Every Monday, prayer is performed and also Water Ritual according to Master K. Parvathi Kumar.
- Sale of different books from Masters K. Parvathi Kumar and Master E.K.
- Josep Paradell periodically comes to Valencia to give free seminars about spirituality and wisdom of the Master.
- All months, at Full moon, we join together for a group prayer with more than 300 people (LUIS VIVES INSTITUTE). At the end, Sabina de la Paz sings “Maitreya hymn”.

De La Paz Yoga Center

- Its main purpose is to teach Yoga classes, trying to follow a line which fits to spiritual principles of the Masters, with Hatha Yoga as a base.
- Study Work is taught about:
- Breath and breath kinetics.
- Stretching of muscular chains.
- Female Perineum

- Relaxation
- Every month, a class on astrology
- All Mondays, for 45 minutes, OM is being chanted (OM HEALING).
- All year long, different courses are being taught with different teachers.
- SAT SANG Group of AMMA meets once in a month.
- Swami Shubanrrita, from Amma, visits us every year and makes a group meeting.
- Harmonic chants concerts, afterwards Mantrams and Gayatri.

Picture of the Month of Taurus :

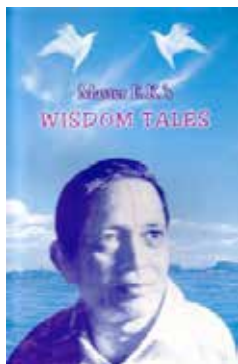
Taurus – The Bull and the Lingam



When we come to Taurus from Gemini by following the path of the equinoxes we come across a very brilliant star which is one of the Pleiades. This is Aldebaran or the eye of the bull. When we locate the Fishes also with it in a plane which is just above the Ajna centre, we find the link between the pineal and the pituitary bodies. This link is to be constructed by the disciple as the higher bridge. This is also called the birthplace of Indra (Indra Yoni) in the Vedas. The two fishes serve as the two graceful eyes of the elevated mother-nature (Minakshi). The higher bridge serves as the third eye. Only through this third eye and from the point between the 'two horns of the bull' the Lord in the temple can be seen. In the temples constructed for and consecrated to the double symbol (Lingam) of Siva, there is a rule that the Lord should be seen only through the horns of the bull located outside. Then, there comes a necessity for the lord to create a Kumara in the disciple.

Dr. E. Krishnamacharya: Spiritual Astrology

Book review



Wisdom Tales

The Seers of all times communicated intricate wisdom principles through lucid and simple stories. A good teacher is invariably a good story teller. Master E.K. was known for such story telling. He inspired many into the path of righteousness through his teachings and inevitably there was story telling in every talk that he gave. When he talked on Homoeopathy, the listeners could figure out a patient, from the description of the drug that

he used to give. That was his ability.

May these stories help the readers to find wisdom clues to enrich their comprehension.

Ekkirala Krishnamacharya: Wisdom Tales

Copies: *The World Teacher Trust, info@worldteachertrust.org*



Lectures on Secret Doctrine 3: Maruths

Our very existence is because of air. Madame Blavatsky speaks of the fiery breath in the very beginning of the "Secret Doctrine". Exhalation coming from the absolute causes all This, and the inhalation causes withdrawal of whole world into Brahman. With the help of air, everything is made to manifest and everything is enabled to deman-

ifest. Air is necessary for all movements, for vertical movement, horizontal movement, for rotational movement, for spiral movement and so on.

The book gives a good understanding of Vayu, the cosmic intelligence of air, which details into the seven winds called Maruths.

K. Parvathi Kumar: Lectures on Secret Doctrine 3: Maruths

Copies: *The World Teacher Trust, info@worldteachertrust.org*

Astrological Important Days in April/May 2015

20.04.	11:42	☉ → ് / Sun enters Taurus	
൧	15:32	3 rd phase of ascending moon starts	☉ 00°09' ് / ൧ 24°09' ്
		<i>Contemplation upon the sound emerging from the seat of the heart (Leo) to the mouth via the throat</i> (End 21.04. at 13:36)	
22.04.	12:19	5 th phase of ascending moon starts	☉ 01°59' ് / ൧ 19°59' ്
൧		<i>Birthday of Śankarāchārya, the great philosopher initiate of Advaita</i> (End 23.04. at 11:48)	
24.04.	12:05	7 th phase of ascending moon starts	☉ 03°55' ് / ൧ 15°55' ്
൧		<i>Descent of Idā force for manifestation and materialisation</i>	
25.04.	13:08	8 th phase of ascending moon starts	☉ 04°56' ് / ൧ 28°56' ്
൧		(End 26.04. at 14.51)	
28.04.	19:36	11 th phase of ascending moon starts	☉ 08°07' ് / ൧ 08°07' ്
൧		<i>Day of Nārāyana: For healing, synthesis, and for self-contemplation</i> (End 29.05. at 22:12)	
03.05.	04:29	Phase of full moon starts	☉ 12°22' ് / ൧ 00°22' ്
☉		<i>Birthday of Vedavyāsa, contemplation upon the Hierarchy with The World Teacher presiding over the groups of disciples</i>	
04.05.	05:42	☉ Full moon of Taurus (Vaiśākh-Festival)	☉ 13°23' ് / ൧ 13°23' ്
08.05.		White Lotus Day: <i>The day of departure of HPB from the physical</i>	
11.05.	01:33	8 th phase of descending moon starts	☉ 19°59' ് / ൧ 13°59' ്
൧		(End 11.05. at 23:34)	
	07:25	23 rd constellation <i>Dhanishta</i> starts	൧ 17°24' ്
	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends on 12.05. at 06:08)	
13.05.	18:55	11 th phase of descending moon starts	☉ 22°37' ് / ൧ 22°37' ്
൧		<i>Day of Nārāyana</i> (End 14.05. at 16:20)	
17.05.	08:30	Phase of new moon starts	☉ 26°03' ് / ൧ 14°03' ്
☉		New moon point of Taurus: <i>Contemplation upon 'The Pledge'</i>	
18.05.	06:13	● New moon of Taurus	☉ 26°56' ് / ൧ 26°56' ്
20.05.	02:56	3 rd phase of ascending moon starts	☉ 28°43' ് / ൧ 22°43' ്
൧		<i>Contemplation upon the sound emerging from the seat of the heart (Leo) to the mouth via the throat</i> (End 21.05. at 02:10)	
21.05.	10:44	☉ → ് / Sun enters Gemini	
25.05.	06:09	8 th phase of ascending moon starts	☉ 03°40' ് / ൧ 27°40' ്
൧		(End 26.05. at 08:32)	
28.05.	13:31	11 th phase of ascending moon starts	☉ 06°50' ് / ൧ 06°50' ്
൧		<i>Day of Nārāyana</i> (End 29.05. at 15:37)	
29.05.		May Call Day	

All times in CEST (Central European Summer Time)/UTC+2 (Universal Time Coordinated plus 2 hours);

From: »Astrological Calendar 2015/2016«;

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Great Invocation



Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



HYMN TO AGNI
TAVÂHAMAGNA ŪTHIBHIR
MITRASYA CHA PRAŚASTIBHIHI
DWESHO YUTO SA DURITÂT
URYÂMA MARTYÂNÂM

OH LORD AGNI!
YOU ARE THE FRIEND OF ALL.
BY WORSHIPPING YOU
THE HUMANS SHALL RECEIVE PROTECTION.
MAY THEY GET LIFTED UP FROM THEIR MALICE
AND MALICIOUS THOUGHTS AND ACTIONS
INTO THE KINGDOM OF GLORY.
MAY THAT BE SO.

COMMENTARY

The fire is in all. No one exists without fire within and fire around. Fire protects life from within, but fire outside can destroy life. Anger, hatred, and enmity is the fire that humanity regularly emits through its nature, its thought, and its action. Fire therefore need to be worshipped to burn up the malice in humanity and lift them up into the splendours of life, which is also an aspect of fire. In fact, this is the need of the hour. When as many goodwill workers worship fire with this attitude, the present day crisis can be dissolved.