

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Taurus 2012 Rishabha

Letter No. 1 / Cycle 26 –2012 19h April until 20th May 2012

The World Teacher Trust - Global



Invocation

May the light in me be the light before me.
May I learn to see it in all.
May the sound I utter reveal the light in me.
May I listen to it while others speak.

May the silence in and around me present itself,
the silence which we break every moment.
May it fill the darkness of noise we do,
and convert it into the light of our background.

Let virtue be the strength of my intelligence.
Let realisation be my attainment.
Let my purpose shape into the purpose of our earth.
Let my plan be an epitome of the divine plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the eternal kingdom OM.



Letter No.1/Cycle 26–19th April until 20th May 2012 ௐ

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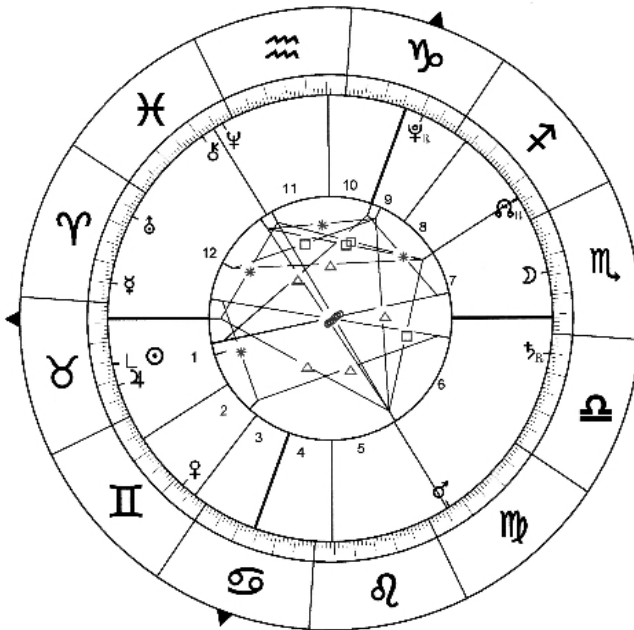
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Prayer of the year 2012 / 13

UP THE LADDER CREEPS THE SERPENT.
 SELF-OPPOSING COILS HARMONISED.
 ASCENDING THE VERTICAL BORE OF THE ETERNAL CENTRE.



Full Moon of Taurus, 6th May 2012, 5:35 am MEST



Message of the month of Taurus

The bull of Taurus has enormous strength. It can be strength of knowledge as Buddha and Adi Shankara demonstrated. It can be strength of personality which successful men in the world demonstrate. And it can also be bodily strength which wrestlers, boxers and such others demonstrate. Taurus stands for strength at every plane. The bull eye in Taurus called the eye of Lord Siva can burn up the whole universe at once. Sun in Taurus transmits rays of strength and it is up to the beings to utilize such strength according to their priority in life.

Be it a vice or a virtue Taurus gives added strength. A bull that is set on a course moves undeterred until it gets into a head on collision. Such ones when directed appropriately can turn out the best labours like that of Hercules and the like.

Hanuman the Monkey God is said to have been born on the 10th descending moon phase of Taurus. He demonstrated great and unparalleled strength in all planes of existence. He has demonstrated unfettered all-round abilities. May the rays of Taurean Sun be turned by aspirants to their best of advantage.

New and fresh opportunities for the solar year open up in the month of Taurus. The new and fresh seed resolutions for the evolution that are conceived in Aries can be sowed in the month of Taurus for their due manifestation in the solar year. It is for this reason Vedic astrology strongly suggests initiation of auspicious activities in the month of Taurus. The Indians drown in too many rituals and festivals in the month of Taurus including the ritual of Upanayana, Marriage and so on.

The disciples that work for the plan gather during the Full Moon of Taurus in Vaisakh Valley to impregnate themselves with the plan for the year and carry out such plan during the solar year.

Vaisakha by the way is the Vedic name for the month of Taurus. The aspirants need to know that the rays of Sun in the month of Taurus are so very beneficial that they can turn their bodies into fertile soil by conducting significant breathing daily in the morning during the sunrise hours, facing the dawn.

Taurus bestows the best of nourishments to the seven tissues through the sun rays. It enables realization of the eighth tissue called Ojas which can transform the body of seven tissues into a body capable of building the subtle body. The Taurean ray also bestows will and reinforces the Ajna centre. Taurus bestows in general strength in every dimension of life. May the aspirants open themselves to the light of Taurus through Sun and through Moon.

Message of the Teacher



Wise living

The wise accepts comfort to retain the body in good stead and to travel comfortably to fulfil the ordained work. He enjoys comfort of work and of body. He is like the one who drinks as much water as is needed from the river. He does not relate to the waters of the river beyond his requirement. He doesn't indulge into waters of life and sink therein.

He is wise enough to drink as much wisdom as is needed and does not drink beyond his need and requirement. He integrates the wisdom into his daily work and assimilates the beauty of life. He realises the love, affection, mutual cooperation, responsibility, service and protection. Wisdom enables him to realise the One in all that he relates. He does not develop entanglement through any of his actions, nor does he entertain opinions. Such is the life of the wise.



Gita-Upanishad

Lord Krishna

Respiration

RELINQUISHING THE OBJECTIVITY THE DISCIPLE TURNS TO RESPIRATION, RELATING TO IT HE MOVES INTO THE CHAMBER OF HEART NEUTRALIZING THE OPPOSING CURRENTS OF LIFE, PRANA AND APANA. IN THE INNER CHAMBER HE REMAINS WITH SAMANA PRANA AND CONTEMPLATES UPON THE BRIDGE OF THE NOSE (BROW CENTRE). HE THUS STANDS LIBERATED FROM OBJECTIVITY AND RESIDES IN ANTAKHARANA. 5/27

Commentary

The Sloka is self-explanatory. This is the practice that every aspiring disciple may pick up for daily practice to enter into Antahkarana – meaning the inner abode of implements. Man lives in Bahirkaranas - meaning the abode of external implements – namely mind, senses and the body. He lives in this external abode to relate to the mundane world. Thereby he fulfils his objective life. But the objective life of mundanity terminates with every incarnation.

Man has the facility to move into his inner abode where he finds the implements for subtle functioning in the super-mundane world. Just as he learns to utilize the other implements such as the body, senses and mind he can also learn to utilize the inner implements which are the higher mind, the buddhi that have access to the Divine Will, Love and Light. The inner abode is much more beautiful, it is subtle, illuminating and is much more meaningful for man to relate to. No doubt the outer

life is also beautiful and appropriately built and is no way comparable to the inner. By developing the ability to move into the inner abode and develop the ability to use the inner implements, man slowly also builds an inner body which is today called the golden body or the body of immortal nature. All discipleship is meant to build this Antahkarana Sareera or subtle body and to live therein.

Lord Krishna gives the technique in this sloka as to how to do it. The steps are as under:

1. Sit quiet daily in any posture that is suitable. Ensure your back is vertical. (In advanced stages one can sit even twice or thrice daily.)
2. Propose quietude and tranquillity to the mind. And transmit such ease of tranquillity to every limb of the body.
3. Gently breathe in consciously applying the mind upon inhalation. Travel with the inhalation consciously and observe the point where inhalation takes a u-turn into exhalation. And move consciously out with the exhalation.
4. Let the respiration (inhalation and exhalation) be slow, deep, soft and uniform. By the slowness of breathing the mind gains more poise and peace. Breathing has to be soft in the sense no sound is heard through the friction at the throat or the nose bridge. Let the breathing be deep and conscious. By this the travel of the mind in which man's consciousness is posited relates to the eternal breathing in himself.
5. By this 4th step stated above, the consciousness posited in mind slowly transcends into the eternal breathing and moves along. It can then feel the u-turn of inhalation as exhalation. Observing the u-turn enables the consciousness to experience the pulsation which is the source of respiration.
6. With regular practice of the above through respiration enables experiencing the pulsating principle in the heart centre. Consciousness feels much relief, comfort and ease to remain there for a while. As it remains

there, the respirations become subtle and for all outer purposes understood as regulation of respiration. This regulation of respiration is called Pranayama.

7. Respirations tend to be subtle, pulsation becomes prominent and consciousness resides therein. Slowly the insight happens contrary to the objective sight leading to vision and the aspirant sees at first glimpses of light and listens to glimpses of subtle sound. He thus engages within and in due course moves into a world within the world.

This practice enables contacting the super-mundane that builds an inner bridge, which is called Antahkarana. In advanced states he listens, sees and feels the touch and the taste of the subtle world.

Lord Krishna says such ones move within (Antara Charinou) just as man moves in objectivity.

Antahkarana Sareera enables movement in the subtle world which is called Antar Charana.

Message of
Lord Maitreya



The Yogi – The Causal World

The present events are but the consequence of the past actions. Nature prepares recipes from out of actions done and serves them in due course. There are no accidents in Nature. Accidents are apparent. In truth they are incidents. All happens as per the law of cause and effect. The Yogi knows it and does what he needs to do in a community at a given time.

A Yogi stays beyond the activity of cause and effect. His actions are of pure Will the other name of which is goodwill. They relate to situations and carry no personal motive in their act of relating to. The beings that gather around a Yogi may belong to the causal world. But the Yogi is not. He relates to them as much as is required. He has neither motive in action nor aspiration for the fruits of action.

He is an example for those who are around him to notice how to lift themselves up into the world beyond cause and effect.



Message of Master Morya

Maruvu Maharshi

Recollection

A group of travellers once came to me and enquired of the Truth and sought my touch. I narrated the following.

Three mice came to me once and prayed that they should be given the divine touch. I enquired the three thus:

First Mouse - You lived for food. You lived for self. You lived to feed your kith and kin. Even now that is your sole program. Do you need the touch to just live a little more to eat yourself and feed yours furthermore? You are just an insatiated householder. Why do you need divine touch?

I enquired the second one thus: You read a lot of books. You have been a bookworm eating away all available books. You are hungry for information and disinclined for related action. Did not the books give you the divine touch? What the scriptures did not give you cannot be given. You have been an idler all life doing little to the surrounding beings. The divine touch I give you does not mean really anything to you.

To the third one I stated thus: You spent your life thus far in monasteries, sacred places and ashrams and touched many things in those sacred places. Did you not feel the divine touch? When it is so, you don't feel any by my touch.

All three of you spend away your life either for food or for reading or for wandering in sacred places. By this your life is not fulfilled. Even if you are born as humans, these attitudes continue and you do not mend.

Listening to these three members in the group felt deeply touched and they felt a remote recollection.





Message of Master Koot Hoomi

Devâpi Maharshi

Paradox

Many profound teachings have happened on Earth. All those teachings taught unity of life, God as Existence – Awareness, Love as the basis to realisation, pursuit of knowledge as the means. The fundamentals have always been the same. The variety is in presentation as per time, place and the listeners.

The listeners listened according to their perception which varied from person to person. The one teaching thus was perceived as variety conceived and conceptualized bringing out many teachings from one teaching leading to falsehood. The original is distorted. And religions are founded on the basis of the substituted truths. Substitutes are plenty and are cheaper by the dozen.

The whole process resulted in promoting untruth in the name of Truth, leading to fights and destructions in the name of God and in the name of Truth. Each time the Truth is distorted a Son of God emerges and imparts Truth afresh which is denied by many but accepted by a few who are hungry for Truth. And among those who are touched by it, pursue against odds. A precious few succeed and others drop. This is what it is. An enormous effort yields a little result. Aspirants make little effort and look for enormous response. This paradox remains.

Message of Master *EK*



To die is to change

You were a baby when you were born. You became an infant later. You further became a youth and later an adult. You would be aged in due course and later be born as a baby again. All these are changes.

Those who do not know call the change from an aged person to an infant baby as death. It is also a change. All are changes. To change is not to die.



Vidura

Wisdom Teachings

The arms of the righteous
are longer than they appear.
They reach out
to affect the wicked.

Shirdi Sai Sayings

Duty



The teaching of the Teacher disappears into thin air and does not aid those who are possessed of pride, engaged in sensuous satisfaction and who are engrossed more in the result than in the duty.



Message of
Sri Ramakrishna

The Aspirant and his Guru

As in mid-ocean a bird, which has found its perch upon the top mast of a ship, getting tired of its position, flies away to discover a new place of rest for itself, and alas! Without finding any returns at last to its old roost upon the masthead, weary and exhausted; so when an ordinary aspirant, being disgusted with the monotony of the task and the discipline imposed upon him by his well-wishing and thoroughly experienced Guru, loses all hopes and, having no confidence in him, launches forth into the broad world ever in search of a new guide, he is sure at last to return to his original master after a fruitless search, which has, however, increased the reverence of the repentant aspirant for his own Guru.

Lay Man's Prayer



You give us life,
but we bring
our death!
That is our state of awareness!
Help us,
We pray!

Discipleship

A Disciple's Life

A disciple is one who relates to the world by the day and retreats from the world by the night. He moves in between the mundane and the super-mundane worlds and functions by the day and by the night. He develops the ability to withdraw from the senses and mind, enters into subjective mind and moves further deep inside into buddhi. He finds his group members in the buddhic plane of golden light and functions therein for multiple dimensions of the Plan. By the day he returns and relates to the groups in the mundane. He tries to translate the super-mundane objectives in the mundane plane. By this he builds lines of light from the super-mundane to the mundane plane to enable energy manifestation. He also plays his little role in fulfilling the grand plan of establishing the Kingdom of God upon Earth. He has groups to relate to in the mundane and super-mundane planes as well.

During his hours of leisure he contemplates staying in the buddhic plane relating to the soul that he is. He even relates further as soul to Super Soul. To him the Light is a book and he writes his own script in that book; that becomes a scripture. To him the models are his seniors/Teachers/The Masters and the Grand Masters.

Glorious is the life of a disciple who thus lives life eternally.

A disciple

Occult Meditations

Meditation 65



**WHEEL OF TIME ROTATES. SERPENT OF TIME UNWINDS.
 WHEEL IS CUT IN THE EAST. WHEEL CUT IS SERPENT.
 WHEEL CUT HAS HEAD AND TAIL. SERPENT HAS HEAD AND TAIL.
 TIME LIVED AS HEAD AND TAIL. TIME BEFORE LIFE IS WHEEL.
 THE WHEEL ROTATES. THE SERPENT CREEPS ON.**

Commentary:

In a previous meditation, it is said that time is rotation. The globe rotates. Symbolically, rotation is presented as a circle. As the globe rotates around itself, sunrise–sunset is experienced. From sunrise to sunrise one rotation of globe is counted. The sunrise happens in the east. The counting is therefore done from sunrise to sunrise as one day (one rotation). In a circle, every point is the beginning as well as its end. Starting from a point the circle moves and concludes at the same point. The circle of time is said to be a serpent whose head and tail emerge from the same point. Esoterically, it is said that ‘the serpent’s tail is black to itself’. It means that in the time cycle, the beginning contains the end and every end gives rise to a beginning. From head to tail and tail to head, the serpent moves on as a wheel. It is a circular movement.

Wheel is cut in the east to recognise the rotation. But each time, the cut in the east is in the higher ring of the circle because the globe rotates, creating an apparent upward (northern) movement of the Sun for six months (from the 22nd of December to the 21st of June) and an apparent downward movement of the Sun for another six months.

When the Sun’s apparent movement is from south to north, the serpent

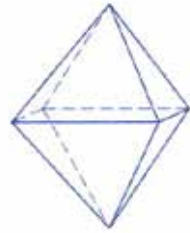
unwinds. When it moves from north to south, it winds. Thus, the serpent creeps on from above downwards and from below upwards in one year. As this wheel of time rotates upwards and downwards, seasons happen: such as summer, winter, rainy season, etc. It contributes for the generation of life. The promotion of life and its deterioration happen through the circular movement of time with its upward and downward movements causing unwinding and winding.

Life is not before time. Time is not before life. They emerge at the same time. When they emerge, the wheel is cut into a span, which is measured. Before time and life, it is existence in which consciousness remains in a static state. As there is the spur of consciousness, it unfolds into life pulsation and it carries a span of time. The unfoldment of the wheel is due to the spur. The spur is an impulse from within.

Ponder over the above and read the meditation again to find the understanding. To recapitulate, the rotation of time is like a wheel. It is called the serpent of time. The wheel of time unwinds and winds as per the northern and southern coursing of the Sun. Though the wheel has no head and tail, in order to count the rotation it is cut in the east, which means counting from sunrise to sunrise. The wheel cut created beginning and ending, mentioned as head and tail.

Rudra

Conclusion



In the scheme of Vedic Wisdom and its related Puranas, Rudra is the Lord of Will and the Lord of Fire who opens the way for creation at various levels. He is also the Lord that clears impediments to the creation. He is also seen as the Lord who helps the path of return. Thus, for entry into and exit from the world, Rudra remains the chief Helper, Guru, Teacher and Yogi. He is generally referred to as Siva. He is Agni at the supra cosmic plane; Rudra at the cosmic plane; Vayu (Cosmic Breath) at the solar plane, and Surya (Sun) at the planetary plane. He is the will principle that vibrates unimpeded. May the Lord Rudra help the seekers supplement their will with His fiery, yet, Goodwill.



Ashram Leaves

Woman – The Mother

The total God-minded nature of the Mother enables birth of initiates.

Women with God-minded nature exist in places where womanhood is respected in all ways by the man.

Man, woman and their inter-relation decides the fate of contemporary humanity.



On Love

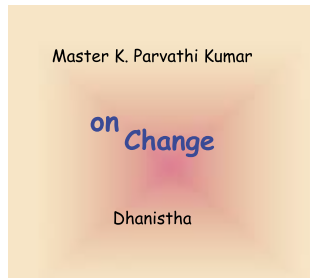
Heart is the Mother.
Head is the Father.
He (the Father) is in She (the Mother).





On Change

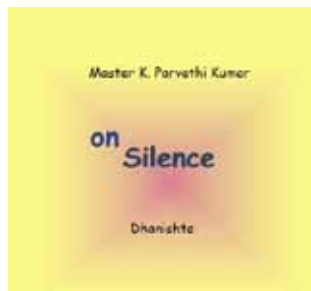
Collecting the best
wherever it is found
and inducting it
into the existing system
with temperance
is yet another tool for change.





On Silence

In Silence the structure of atoms within
you can be attended.
The basic substance is the same in all that is.
Change of structure brings the difference.
In Silence it is done. Iron becomes, then, gold.





Hymns on Agni

62. TVAM DUUTO AMARTYA
 AVAHA DAIVYAM JANAM
 SRUNVAN VIPRASYA SUSHTUTIM

O! Lord Agni! You are the messenger of Gods. You are the immortal one. Please invite the devas unto us along with you. Please listen to the utterances of the ritual and fulfil us.

Commentary:

Lord Agni is the basis of all creation. Fire exists in all. According to the degree of its manifestation the beings and the planes of existence shine forth. He is in all and all is in him. The Devas are the shiny ones due to abundant manifestation of Agni in them. We the humans aspire to get enlightened and to shine forth without limitations. The fire in all is the natural messenger for he lives in all and therefore can inform any. The ritualists recognize the functional quality of messenger in Agni. They also extol Agni as the immortal eternal one. They request that Agni may bring forth along with him the Devas of the cosmic, solar and planetary planes so that the group that does the ritual is blessed to plentitude. Agni does it when utterances are appropriately made. In a group where the fire ritual is done utterances are made by the ones who have the ability to appropriately utter. The uttering ones have to be much more focused and should utter forth with utmost intent and reverence. The sound of utterance is the key for Agni to fulfil the group along with the Devas. Such an understanding is given by this hymn.

Violet Flame Invocations



We seek to climb pyramids.
We wish to be at the pinnacle of the pyramid.

Seeking and wishing are the blinds.
Service and sacrifice are the keys.

Offering all is the ritual.

‘All-offering’ was the key
of Munis of the East
and Mayans of the West.

Inspire us to offer, offer ourselves!



From the Teacher's pen

A few statements of wisdom

Question: Besides wisdom of the divine give us a few hints of worldly wisdom for a change.

Answer: Dear Brother the question is interesting for answer, here are a few:

1. If you have a widowed sister at home or if you maintain two ladies transparently or otherwise you lose your peace for life.
2. Never borrow nor lend, it leads to constant misery. If you borrow the lender frequently comes into your thoughts and disturbs you. The lord of death visits you once the lender visits you constantly with or without his contact.
3. You can meet an enemy through peaceful or warring means. You can meet your sickness through appropriate remedial measures. You can meet death through knowledge. There is no way to meet and to resolve poverty.
4. Acceptance of poverty and enduring it enables conquering of the heat, the cold, the hunger and bodily strain. But acceptance is rare.
5. Among all the rituals the ritual of fasting is interesting to a miser. Among all the treatments to sicknesses, fasting is the best remedy. Among the practices for realisation constant recollections is the best.

Agni



An Introduction into the Work of Cosmic Fire, 6

Inner and Outer Purity

Once Master Morya was invited by His disciple to his house. The disciple was a king by himself, and he was requesting the Master to visit his house. Master Morya agreed to come to his house. The king received the Master in his drawing room, where you receive the guests. Everything was well arranged there. Then the Master said: "I am not so much interested in your reception room. I am more interested in those rooms where you read your scriptures. And I am more interested in your kitchen. I am more interested in your places where you keep your toilet and bathroom. I know that you keep the reception room always very pleasant, and I am more interested in your deeper being but not in your peripheral being." The king was a bit dependent to take the Master into those areas. The Master went through all the rooms, and then gave advice.

Understand that every part of your house is as important as your reception room. Understand that much light comes into every room provided you make such arrangement for light to make an entry. Don't think that you don't need light in the toilets and the bathrooms. This is a real happening which I am narrating to you, and the Master also visited the bedroom and told the king: "The bedroom is a big temple. This is the only place from which you take off every night. And I see much confusion in your bedroom. Do you know that during our sleep-hours, your physical remains here, and your astral takes off, and the physical needs to be protected when astral takes off. So, if you keep the bedroom with confused energies, and if you have not prepared well for the sleep, you are crea-

ting many dangers for you. It is like keeping yourself open to the enemy. During your absence in sleep-hours, the physical can be attacked. So, therefore learn to sleep with the pure body, learn to sleep with a well prepared clean bed, and learn to keep a light in your room at least so that it protects you during your astral travel."

The Master strongly recommended to the disciple that there should be some light in the room where you sleep. That light protects the physical of the one who is sleeping. And hence the custom of keeping candles or keeping the bed-lights has come into being. So the Master gave these hints and went away.

And then the disciple started working. And after some years he again invited the Master. The Master came and the disciple was anxious to show every corner of his house. Then the Master said: "This time I have not come to see the corners of your house. You have in your own being a kitchen, a toilet, a drawing-room and a bed-room, and I have come to tell you, just like you have kept every room in the house very pure, and just like you have enabled light to enter into every corner of your house, you also have similar rooms in you which need to be enlightened. So the kitchen is nothing but your solar-plexus and the stomach. I do not need to tell you what your toilet is, but I have come to tell you about your bedroom. So the activity in the bedroom shall carry more light, if you wish to be in touch with Me. Much more light is required in your esoteric bedroom."

The disciple understood. And in the third visit the Master is satisfied both with the outer house and inner house. And this happening of an event is narrated in the book 'Agni Yoga' in simple terms without mentioning the name of the Master and the name of the disciple, because the names are not important but the concept is very important. So, that is what the Agni Yoga is.

*This text is not proofread by the author and might have some mistakes
They are from a seminar transcription Wipperführt 1991*

Master *EK*

Vishnu Purâna
CHAPTER VIII



The Eight Forms of the Lord's Manifestation and their Eight Wives

Then the Lord gave seven different places in creation to the Maruths and decided the places of their wives and children. Thus the Lord made Himself exist in eight different forms, seven for the Maruths and one for Himself.

The eight forms of the Lord's manifestation are as follow:

1. Surya, the Sun God
2. Jalam, the Lord of Water
3. Mahi, the Lord of the earth or solids
4. Vayu, the Lord of Air
5. Vahni the Lord of Fire
6. Akasa, the Lord of the brilliance which fills space as Blue
7. Dikshitha Brahmana, the individual formed out of the Wisdom of Brahma and who dedicates himself to the work of the Lord.
8. Soma, the Lord of Music, pulsation, periodicity and repetition, who pervades within and around the unit globe of one creation as the Lord of the Gandharva Plane and whose rays of presence reflect into objectivity through the Sun of our solar system, via the satellite Moon, to our Earth.

The wives of these eight manifestations are as follows:

1. Suvarchala, the good brilliance
2. Usha, the dawn
3. Vikesi, the hairless, or the light without beams
4. Sivaa, the goddess who presides over desirability and auspiciousness
5. Swaha, the goddess who invokes gods into manifestation through the gateways of the flame of objectivity
6. Disaha, the goddess who presides over directional consciousness. It is she who creates angles and degrees between the centre and the circumference of one creation.
7. Diksha, who presides over the regularity and the precision of manifestation
8. Rohini, who presides over the red colour, out of which comes the first manifestation of the colours of the light from the greater light which we call darkness

Suthi and Prasuthi caused these eight wives of the eight manifestations of the Lord to deliver, and their children are respectively named as follows:

1. Sanischara, the Lord who presides over the planet Saturn
2. Sukra, Venus
3. Lohithanga, Mars
4. Manojava, Moon
5. Skanda, the planet now called Uranus
6. Sarga, the Lord of creation, the Sun God of our solar system
7. Santhana, the Lord of continuity, who presides over the periodicities and cycles of creation, who is not yet represented by any planetary body in our solar system
8. Buddha, the Lord who presides over the planet Mercury.

Thus the Lord Rudra took Sati, the goddess of existence and the daughter of Daksha, as His honourable wife. Because of the wrath of Daksha, however, Sati left her body and was reborn as Himavathi, the Daughter of the Lord of the Snowy Peaks. Lord Rudra accepted her again as His wife. The sage Bhrigu and his wife Khyathi gave birth to Dhata and Vidhata (creation and its arrangement). They also gave birth to the goddess Sri, who became the wife of Narayana".

Extracts From The Teachings Sri Suktam

The Nature and the Characteristics
Of the World Mother, Part LIII

Dr. Sri K. Parvathi Kumar

Wengen Group Living, Switzerland, May 2002

Fifteenth Hymn

Dâsyosvan Vindeyam Purushan Aham
Purusha – the persons

So, what is sought is: Gavo, the Word, Dasya, the assistance, the helpers, Asvan, the life force and Purushan, the favourability of the people, because it is one person as many persons. If persons in large number are not agreeing with you, it means that the Cosmic Person is not pleased with you. The intelligence is to ensure that the disagreeable ones also will slowly agree. That is wisdom. To work with those who do not disagree is not a big thing. To work with those who disagree with a cordial attitude is the thing. As you progress in life, if you keep making more and more enemies, it means the technology you have is wrong. If you make more and more friends, it is the right technology.

So, he is seeking from the Mother the favourability of the Cosmic Person through persons. That is what always Master E.K. used to say: "The group is the Master. Don't do anything which cuts across the interest of the group." Once a very important worker was working carelessly with the group. Master E.K. told him once, told him a second time, and then for the third time he said, "If it happens again the Master will throw you out, and for life you cannot be with this group. Be careful about the group. Never speak ill of the group. You have to work, as if the group is the Master. If you condemn the group, criticise the group regularly, you will be out."

Touch wood he was out! The whole group threw him away. Then the Master said, "I told you." It happens. It can happen to anyone. No one is

an exception, because the group is the Collective Person, and the Master is present as the group. That is how we have to recognise the group. If we have differences, we can always talk and sort out. We cannot promote it. The idea is that the great ones have always turned even the enemies as friends and in our cases all initial acquaintances turn out to be associations and the associations bring us together and we become familiar, and when we are familiar, before we become friends, the familiarity breeds contempt. That is the danger, and it should never be allowed to happen. The Mother helps to work it out.

So, the favourability of persons, the life forces (horses), the word, the wisdom (symbolically presented as the cow), the helpers and then the golden hue – all this is born out of the Mother. “Such a Mother who is ever knowing and is never irregular, and such a Mother who is symbolically presented around us may be bestowed on me, and for that reason I worship You, o You Cosmic Fire.”

Since the worship is starting with Cosmic Fire and concluding with Cosmic Fire, the 16th hymn gives a practice which can be carried out as an option. The prayer is enough, but an option is also given. That is the 16th hymn.

cont.

This text is not proofread by the author and might have some mistakes.

Paracelsus

Health & Healing

Phenomena relating
To the human psyche



Ghost houses, séance houses are places of importance for study relating to human psychology. Modern psychology needs to recognise certain phenomenon relating to the human psyche. Timid persons, persons deeply affected by fear and persons who are extremely affected by negative emotions such as hatred, jealousy and undesirable desires frequently get in touch with certain seniors who are in the advanced state of such negative energies. Normally, when a person dies he gets shifted into a subtle body. But those who are affected by such extreme emotions get stuck in between the subtle and the mundane. These are the ones whom we call ghosts, who are neither in this world nor in the other.

When one dies with extreme vengeance, hatred, jealousy and anger such ones though detached from the body through death develop a strong urge to hang on to the body. Since their body is no more functional they try to hang around the bodies of those who are suffering from similar emotions. The living ones who are engaged in such extreme negative emotions unconsciously provide a harbour for the ones who are looking for anchoring to the physical to fulfil their personal agenda of vengeance, hatred, jealousy, etc. The unfulfilled negative emotions in relation to the mundane world pull the departed beings towards the mundane. Such ones anxiously look for the avenues to anchor and work out destruction through the persons who have excessive negativity in them.

It is for this reason health and healing activity includes advising common people not to entertain extreme fear, extreme dislikes, and extreme anger and so on. This is part of healing which does much good for general maintenance of health.

People who suddenly die in accidents also move a while in the intermittent state. Depending upon the intensity of their pull towards mundanity they stay in this transit house of being ghosts. Such is also the situations with those who commit suicide. Suicide is but an act of extreme negative emotion. Such ones remain in the intermittent state for long time. Murder itself is an act of extreme emotion, self murder is even worse. Many stories are heard all over the globe about the ghosts who fulfil and even perpetuate their negative activity in places and persons who carry such negativity. Ghost houses, séance houses are the related places, persons with negative emotions are the related persons.

Ghosts are those who are stuck in their emotional body. They suffer from the absence of the physical body to fulfil their agenda of emotions. The persons with depression are those who frequently provide a great harbour for the ghosts to function through. The former instigate the actions and the latter execute as their instruments. While there are therapies to release the souls stuck in the ghost forms. There are equally good therapies to recover the patients who unwittingly become victims of ghosts. These psychological therapies cannot be lost sight of. Certain sounds, certain colours, certain symbols and certain ambience will keep away the weak ones from the impact of ghosts. These therapies need to be examined in relation to their vibration, their velocity and their magnetic impact. Semi subtle sicknesses require semi subtle therapies. When this is objectively examined some more dimensions would reopen for the art of healing.

Today, many weak humans on account of their inability to stand in stress and strain of modern life are also falling into depressive states thereby

providing opening for the negative energies to set in. The horrible acts of terror can also be attributed to some extent to this negative emotion of hatred. The causes need to be eliminated instead of eliminating the affected ones. This is a dimension which may be pondered over.

Dr. K. Parvathi Kumar

Extract from: Paracelsus – Health and Healing

With a subscription you support this important work (€ 77 / year).

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Children's Section

The Doctrine of Ethics*

**ABANDON AT ONCE
 THE RELATIVE THAT RESPONDS
 NOT IN NEED, THE HORSE THAT MOVES
 NOT IN WAR, AND THE DEITY THAT HELPS
 NOT WHEN PRAYED.**

Dear Children

Absentmindedness, forgetfulness are hindrances for growth in life. They develop in children silently, unnoticed. Once they settle, it becomes difficult to overcome. It becomes a permanent limitation to growth. Let not absentmindedness and forgetfulness grow in you. The key is attending to your daily routine according to a self-set timetable. Set a timetable to yourself in terms of food, study, games and sleep and follow it as precisely as possible. Let not the tendency to postpone studying set in. Let not the hours of play stretch into sleep or study hours. Do not let time slip away wastefully. Even while engaged in games, engage with brainy games which demand physical exertion. The brain functions better when the body exerts. As the body exerts blood circulates effectively from head to foot. Effective circulation of blood enables better functioning of the brain. Playing computer games, engaging in Play Station may be interesting but are not helpful in the long run for the development of the brain. Just a quick brain is not adequate. It has to be a thinking brain, too. There has to be adequate thinking for adequate action. Quick thinking and quick action many times leads to errors in action. More the errors are more loopholes develop in awareness. Flow of action and thought shall have to be evened out for agile functioning.

The above information may not be taken as a boring doctrine of moral. Ponder on it to benefit yourself.

Dr. K.Parvathi Kumar

* From the book THE DOCTRINE OF ETHICS by Dr. K. Parvathi Kumar, Dhanishta Edition

** See www.jugendforum-mithila.de

Stories For Young People

The Elephants of Mathura

In the holy town Mathura in 1880 there were many animals living, among them some hundred elephants. The elephants alone behave themselves with great dignity and honor. They never snatch anything and will modestly stand next to a stall with sweets, patiently waiting until they are treated.

It is also remarkable that while they show each other signs of mutual respect, they never become friends, but frequently choose as objects of their passionate and fiery attachment dogs, donkeys and other smaller animals.

One such elephant becoming attached to a donkey took it under his protective care. The elephant was free and belonged to a pagoda, while the donkey was hired out for work. Once an English soldier, who had hired it, mounted it and began to hit his sides with his heavy boots. The elephant stood at the gate of the stable where his friend lived and, observing the abuse of his favorite, took hold of the British warrior with his trunk and gave him such a shaking that the later, upon freeing himself, wanted, in his rage, to shoot the elephant on the spot. He was persuaded not to do it because the other elephants standing near would sooner or later certainly kill him, so astounding is "the esprit de corps" of the elephants. Interested by what he had heard, the soldier forgave the elephant and, as a piece of offering, gave him a pease of sugar cane. The elephant stood for a while, thought a bit and then, taking the luscious morsel, went straight to the donkey and, with his trunk, put it into the mouth of the abused creature, then turned around and went away, without looking at the soldier, like a man who had been offended.

WINDOW TO WORLD SERVICE NEWS & ACTIVITIES (Inputs welcome)

SWITZERLAND

Name of the group: Circle of Good Will

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Phone: ++41 +31-9512877 E-Mail: guter-wille@good-will.ch

Website: www.good-will.ch

Facebook: <http://www.facebook.com/circleofgoodwill>

<http://www.facebook.com/guterwille>

Activities

- Study Circle: Bi-weekly study circles on Fridays as well as at Dhanishta and Full Moon. There is an English study circle once a month on Sundays. We read Music of the Soul, by Master EK.
- Social Activities: Neighbourhood help and accompanying persons in a crises. Work with Radical Forgiveness. Support of social and spiritual activities. Professional activities of group members in the social field.
- Correspondence / Organisational Work: Communication and networking. Cooperation in the Executive Board of WTT-Global. Operating the mailing lists. Seminar notes and circulation in the groups. Editing the Annual report of WTT-Global / coordination with the international groups. Collaboration with the Paracelsus magazine. Revision of the Annual Accounts of WTT-Global. Regular publications of articles in the blog "Flowers on the Wayside – Along the Roads of Good Will", www.blog.good-will.ch, about different topics in relation to spirituality.

- Websites: Operating the website worldteachertrust.org and kulapati.de, in cooperation with WTT-Germany as well as the website good-will.ch. Operating a German and an English Facebook page as well as a page for WTT-Global. Setting up the Facebook pages for Dhanishta Editions and My Light.
- Books / Publications: Free distribution of English books / brochures of the WTT in the name of WTT-Global. During the year under review 121 books/booklets were distributed world-wide for free to interested persons, as well as CDs, pictures, Paracelsus magazines and Vaisakh Newsletters. On request electronic documents (texts, pictures, MP3) were distributed. Help with the production of the English Astrological Diary of WTT-Global.
- Vaisakh Newsletters: Coordination of the Vaisakh Newsletter for the different translations. Editing of the web version of the Vaisakh Newsletter in 4 languages. Editing the electronic version in English and French, in cooperation with WTT-Belgium (translation). Print distribution of the German Vaisakh Newsletter in Switzerland, together with the Lunar Messenger.
- Lunar Messenger: The monthly „Lunar Messenger“ is distributed via e-mail to 1280 addresses (March 11). Group members from Miami, USA, Mexico, New Caledonia, and Canada help with the English, Spanish and French translations. The newsletters and other information are also made available to a larger circle of interested persons via the website.
- Pictures: Illustration of spiritual principles through paintings, mainly about the zodiacal signs.

A highlight of the year was the visit of Master K. Parvathi Kumar and his son Guru Prasad (Shekar), together with Sabine and Anna on 19 September 2010, with a joint lunch and group picture in the garden. Thank you very much!

Taurus

The Woman in the Heart of Man



The disciple of the spiritual path has to lift the lower centre and merge it in the higher. For this reason, the sign Taurus signifies the woman in man while Gemini signifies the woman and the man. Woman as one-half of man is denoted by Gemini. Woman as the heart of man is denoted by Taurus. Taurus is the symbol of Lord Vishnu with Lakshmi in his heart. When the activity of the lower pole is sublimated into the purest expression of love at the higher pole, it signifies the woman in the heart of man.

Master EK: Spiritual Astrology

Book review



MESSAGES

Master E.K.'s life has been his message to those who observed with keen eye. His message was given to those who wished to follow him. The message contains the keys to socio-spiritual living in the contemporary world. The messages printed herein give the necessary clues to those who intend to experience the harvest of their life. May The Master bless and guide those who would attempt to live by the instructions given. May the Master

give His presence to the readers.

Ekkirala Krishnamacharya: Messages

Copies: The World Teacher Trust, info@worldteachertrust.org



GOOD FRIDAY

Good Friday is an annual event and has also come to be the Friday on which the Grand Master Jesus passed over into the realms of Light and came back again to establish the Path with the Light that he received through such ascension. On that Good Friday there is the ascension and the resurrection. The grand Master walked the Path of pain

on that Friday at 7 p.m. I.S.T. (3.30 p.m. in Jerusalem). He walked the Path till about two and half-hours. Later he was crucified on the cross in the twilight hours, an event, which is unparalleled in this era. There is no equal to it.

A 10 minutes talk on Good Friday in a Temple on 13 April 2001.

Dr. K. Parvathi Kumar: Good Friday

Copies: The World Teacher Trust, info@worldteachertrust.org

Astrological Important Days in April/May 2012

19.04.	18:12	☉ → ♉ / Sun enters Taurus	
20.04.	06:55	Phase of new moon starts	☉ 00°31'♉ / ♀ 18°31'♊
♀		New moon point of Taurus: Contemplation upon 'The Pledge'	
21.04.	09:18	● New moon of Taurus	☉ 01°35'♉ / ♀ 01°35' ♉
23.04.	14:31	3 rd phase of ascending moon starts	☉ 03°45'♉ / ♀ 27°45'♉
♂		Contemplation upon the sound emerging from the seat of the heart (Leo) to the mouth via the throat (End 24.04. at 17:06)	
25.04.	19:30	5 th phase of ascending moon starts	☉ 05°54'♉ / ♀ 23°54'♊
♀		Birthday of Śāṅkarācārya, the great philosopher initiate of Advaita (End 26.04. at 21:31)	
27.04.	23:01	7 th phase of ascending moon starts	☉ 08°00'♉ / ♀ 20°00'♊
♀		Descent of Idā force for manifestation and materialisation	
28.04.	23:50	● 8 th phase of ascending moon starts	☉ 09°00'♉ / ♀ 03°00'♊
♂		(End 29.04. at 23:53)	
01.05.	21:34	11 th phase of ascending moon starts	☉ 11°49'♉ / ♀ 11°49'♊
♂		Day of Nārāyaṇa: For healing, synthesis, and for self-contemplation (End 02.05. at 19:17)	
05.05.	09:23	Phase of full moon starts	☉ 15°12'♉ / ♀ 03°12' ♊
♂		Birthday of Vedavyāsa, contemplation upon the Hierarchy with The World Teacher presiding over the groups of disciples	
06.05.	05:35	○ Full moon of Taurus (Vaiśākh-Festival)	☉ 16°01'♉ / ♀ 16°01' ♊
08.05.		White Lotus Day: The day of departure of HPB from the physical	
12.05.	11:51	● 8 th phase of descending moon starts	☉ 22°04'♉ / ♀ 16°04' ♊
♂		(End 13.05. at 11:53)	
	14:12	23 rd constellation Dhanishta starts	♂ 17°22'♊
	21:00	Dhanishta-Meditation (Dhanishta-constellation ends on 13.05. at 15:00)	
15.05.	13:59	11 th phase of descending moon starts	☉ 25°03'♉ / ♀ 25°03' ♊
♀		Day of Nārāyaṇa (End 16.05. at 15:52)	
19.05.	23:12	Phase of new moon starts	☉ 29°17'♉ / ♀ 17°17'♉
♂		New moon point of Gemini: Contemplation upon 'The Pledge'	
20.05.	17:15	☉ → ♊ / Sun enters Gemini	
21.05.	01:47	● New moon of Gemini (ring solar eclipse)	☉ 00°21'♊ / ♀ 00°21' ♉
28.05.	10:41	● 8 th phase of ascending moon starts	☉ 07°26'♊ / ♀ 01°26'♊
♂		(End 29.05. at 09:41)	
29.05.		May Call Day	
31.05.	05:48	11 th phase of ascending moon starts	☉ 10°06'♊ / ♀ 10°06'♊
♂		Day of Nārāyaṇa (End 01.06. at 03:02)	

All dates are in MEST (middle European summer time)

From: »Astrological Calendar 2012/2013«

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Great Invocation



Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



*TAVĀHAMAGNA ŪTHIBHIR
MITRASYA CHA PRASASTIBHIHI
DWESHO YUTO SA DURITAT
URYĀMA MARTYĀNĀM*

OH LORD AGNI
YOU ARE THE FRIEND OF ALL.
BY WORSHIPING YOU
THE HUMANS SHALL RECEIVE PROTECTION.
MAY THEY GET LIFTED UP FROM THEIR MALICE
AND MALICIOUS THOUGHTS AND ACTIONS
INTO THE KINGDOM OF GLORY.
MAY THAT BE SO.

Commentary

The fire is in all. No one exists without fire within and fire around. Fire protects life from within, but fire outside can destroy life. Anger, hatred, and enmity is the fire that humanity regularly emits through its nature, its thought, and its action. Fire therefore need to be worshipped to burn up the malice in humanity and lift them up into the splendours of life, which is also an aspect of fire. In fact, this is the need of the hour. When as many goodwill workers worship fire with this attitude, the present day crisis can be dissolved.