

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Scorpio 2011 Vrishika

Letter No. 7 / Cycle 25 –23rd October until 22nd November 2011

The World Teacher Trust - Global



Invocation

May the light in me be the light before me.
May I learn to see it in all.
May the sound I utter reveal the light in me.
May I listen to it while others speak.

May the silence in and around me present itself,
the silence which we break every moment.
May it fill the darkness of noise we do,
and convert it into the light of our background.

Let virtue be the strength of my intelligence.
Let realisation be my attainment.
Let my purpose shape into the purpose of our earth.
Let my plan be an epitome of the divine plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the eternal kingdom OM.



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Prayer of the year 2011 / 12

**IN HIS NAME WE LIVE, IN HIS TEMPLE WE LIVE;
IN HIM VERILY WE LIVE UNTIL HE OPENS HIS EYE IN US.**

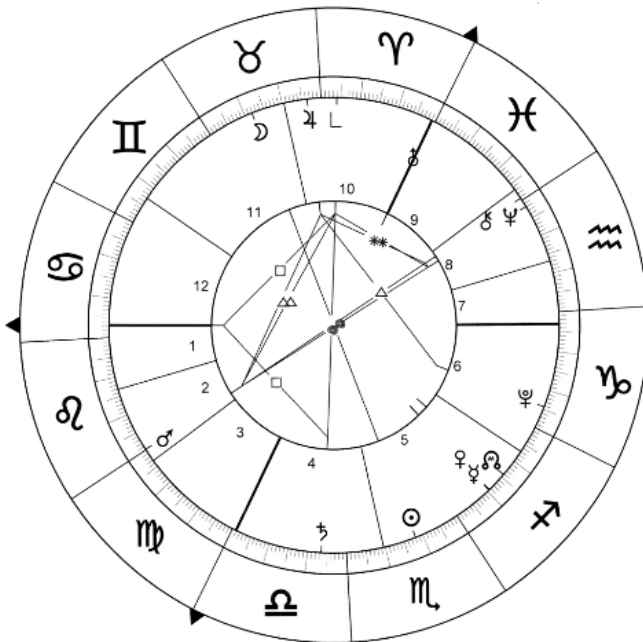
IN HIS NAME HE LIVES, IN HIS TEMPLE HE LIVES;

IN HIM VERILY HE LIVES, AS HE OPENS HIS EYE IN US.

IN THE MEANWHILE, LET US WAIT, LET US LOOK TO HIM AND NOT TO EACH OTHER.

LET US CALL HIM IN ALL TO FIND ALL IN HIM,

WHEN THE LIFE IS A CAR FESTIVAL AND NOT A WAR FESTIVAL.



Full Moon of Scorpio, 10th November 2011, 9.16 pm MEST



Message of the month of Scorpio

Scorpio demands incisive introspection into one's own way of life. An unbiased, deep and incisive introspection will always show areas that require further purification. Abilities in the disciple emerge from within when one is consecrated to purity. Abilities are not gained in other ways. To turn in, to disappear from activity into the chamber of silence and to introspect is very helpful even on a daily basis. The progressive aspirant would dedicate himself to such introspection much more deeply in Scorpio to cognise the inner distortions and eliminate them through surgical adjustments. Self-pity disables them to work upon oneself.

Who knows better than oneself of one's cheap diplomacies, aggrandisements, pretensions and deceits. One needs to be bold enough to ruthlessly eliminate them from within. Any neglect in doing so would enable the growth of poison which would eventually devour the aspirant.

The message of Scorpio is, "encounter thyself, win thyself and thy will wins eventually in the objectivity."

Regular cultivation of oneself to bring to surface the undesirables from within is an activity of Scorpio. A self-cultivating one tends to be progressive. Such aspirants are helped with ease by the teachers.

Cultivate until such time that the cultivator stands transformed and appears totally different from what he was before such cultivation. Touch the bottom of yourself and be merciless to eliminate the undesirables. The serpent transforms into a winged serpent through the process of scorpion incubation. Mars is the magician that helps to achieve it. Saturn is the assistant to the magician that assists him with related patience to work in utmost detail.

Scorpio offers an opportunity to die to the old patterns and to be reborn with new desirable patterns. Hold on to the search light. Enter within to eliminate the undesirables. To all such sincere aspirants Sanat Kumara lends the needed support.



Message of the Teacher

A Probe

To dream and to be awake from the dream are known to man. These two states are inevitable even to the Creator. How did dream happen? How was the dreamer born in the dream? If the answers to these two questions are realised, one would know how did the creation happen and how did the beings enter such creation.

The dreamer does not will to create the dream. The dream happens. The recollection also happens. The experience in the dream also happens during the duration of the dream. All the three are not in the control of the dreamer. Who created the dream? Who created the dreamer in the dream? How could the sleeping one experience the dream and how could he awaken from the dream? These are all beyond the control of the sleeping one. To say that it is the aspect of the psyche is an evasive answer. There must be an intelligence beyond the comprehension of the human intellect which requires to be probed into. That intelligence was probed into and cognised as ESHWARA (THE MASTER). Such Master exists in every being. With Him as the basis man experiences sleep, dream and awakened states. The Master is beyond the three as the fourth. The one who realises the fourth state realises himself as the dreamer, dream and the experience. As one realises himself he also realises the creation and the Master of it.

Gita-Upanishad

Lord Krishna



The Bliss Within

THE ONE THAT EXPERIENCES THE BLISS WITHIN GETS DISINCLINED TO THE SENSATIONS OF OBJECTIVITY. STAYING LINKED WITHIN HE EXPERIENCES AN UN-DECAYING BLISS. (5/20)

Commentary

The one that enters into oneself, into the chamber of heart eventually disassociates with the objectivity. For him the senses and the mind turn inward. For a man of objectivity mind and senses turn outward. Turning-in and tuning-in enables disassociation with the objectivity. To turn-in and to tune-in one need to observe within the light within the chamber of heart or the pulsation which rhythmically dances in the heart. As one grows further deep into the chamber he lands himself into an eternally peaceful, still state of awareness. Associating with it one experiences unending bliss. Thereby he gradually loses interest in sense activity which does not yield such bliss.



Message of Lord Maitreya

Yoga Explained

Every man in his natural and normal state is a yogi. In him the soul and the personality stand associated. The awareness and the life principle also stand associated. The mind and the five senses similarly stand associated. The five sensations, the five senses, the five elements and the five pulsations are also in concordance. More or less they cooperate with each other. Thus more or less man is in a state of yoga.

In a family the man and the lady may quarrel, may have disputes and arguments, but still they live together. So is the case in an institution. Togetherness is nevertheless maintained while being friendly sometimes and unfriendly sometimes. When there is friendliness and agreement yoga expresses.

The purpose of yoga practice is to gain more and more agreement and friendliness and thereby gain greater ground for yoga. When there is an agreement found between the body, the senses and the mind and buddhi there is already yoga. When thought, speech and action follow buddhi, it is a state of yoga. Increasing the candle power of buddhi is also part of yoga. Submitting the personality to buddhi is a further step in yoga. Surrendering the pride and the prejudice to buddhi is an advanced step in yoga. Surrendering oneself to 'the Divine in oneself' is the final step of yoga. Thus yoga practice should be seen as a means of working out agreement between the various aspects of human awareness. It should not be seen as a routine practice, some techniques of breathing or on contemplation and meditation. In the name of yoga people do varied things but they do not resolve the inner disagreement and outer conflict. A yogi is one in whom conflict does not exist within or around.

Message of Master Morya

Maruvu Maharshi



Time – Nature – Truth (TNT)

To know the truth, one needs to know the self and the nature that surrounds it. The whole creation is nothing but the play of spirit and matter, cosmic essence and cosmic nature, cosmic male and cosmic female principle. The male is stable, non-moving, eternal, expansive and is beyond mutability. The female is active, multiplying, mutating, ever-changing, expanding and contracting. The male as basis the female plays around in patterns, multiplying itself in varied gradations. It grows and recedes. Its activity has a pattern and a time plan. Thus the creation of nature finds its birth, its growth and its dissolution. All that the nature does is the female activity based on the stable male activity. The nature's activity from the beginning to its end is measured through time. Since the activity of nature is rhythmic and metrical it has become measurable. Birth of time concurs with birth of nature. Death of time concurs with the death of nature. Time and nature are the twins that emerge and merge together into the unspeakable. The knowers of time and even the Avatars emerge, carry out works of goodwill and retreat as per the knowledge of time. Time knows the nature's network, for time is the observer of every detail of nature's work of its growth and its recession. Those who learn to respect time and to know the science of time, know the nature and the spirit behind. Knowledge of time reveals knowledge of all; knowledge of "all That Is - That Is Becoming". Knower of time knows the being and becoming in the play.



Message of Master Koot Hoomi

Devâpi Maharshi

Good Seeds of Growth

A nation, a race, a family or a man falls when he thinks not well. Sound thought is the foundation for an individual, for a group, for a family, race and nation. If the foundation is weak all that is built on it, is bound to fall. Thoughts based on doubt, suspicion and fear invite the related fall through time. The fall of developed nations and races in the past was due to thoughts of suspicion, doubt and fear. Thoughts of goodwill are therefore the good seeds of growth.

Once a servant with a thought of goodwill decorated his Master's chariot in a very special way. The Master looked at the chariot and admired the servant of his devotion. He said, "I respect your intention in decorating the chariot in such a very special manner, but the chariot becomes heavy with the decoration and causes additional load to the horse. The consequence is that the travel would not be smooth." The servant rearranged the chariot to look normal, simple and clean. The Master and the servant travelled therein with ease. The Master was wise to see the consequence of heavy decoration. People who excessively decorate their life are only adding loads in leading their life which tends to be heavy. Such foresight in thought relating to present action enables free flowing life that does not end abruptly due to aggrandisement.

Message of Master *EK*



A Key to Divine Life

Creation is said to be the field of Law. It is meant for action, related experience and evolution and is therefore called the Field of Action. If one cultivates the field in tune with the science of Law and Action it will yield the crop, namely, evolution and fruition. If the science of Law and of Action is ignored there will be drought, resulting in pain and struggle. When actions are carried out in tune with the Law, the Grace showers and the field (the body) transforms. Such transformation leads to possibilities of Divine life and Divine experience.



Vidura

Wisdom Teachings

The man of wisdom
remains hidden
like the fire in the wood.

Shirdi Sai Sayings

Rounding Up



The medicine to cure disease is sometimes bitter. Even surgery is carried out if the disease warrants. The doctor treats the patient not as per the patient's desire but as per the patient's requirement. So too the spiritual Teacher deals with his disciples according to the need of the disciple. Some he encourages, some others he discourages, some are admonished, some others are ridiculed. Depending on the personality angle of the disciple, I approach him in the opposite direction to round up the angle.



Message of
Sri Ramakrishna

God the Only Guru

Indeed, there are three words which prick me to the core:

1. Guru – the spiritual guide,
2. Karta – the doer of action, and
3. Baba – the father.

Because God is the only Guru. And my Divine Mother is the sole Doer of actions, I am only an instrument in Her hands. I feel myself always as Her child.

Lay Man's Prayer



In prayers
stray thoughts enter.
They are intruders.
They intimidate.
They do not let us
to relate to You.
But we pray!
As we pray,
the revelation comes:
"See Me in all stray thoughts,
as all thoughts.
I remain, thoughts disappear into Me."
We therefore persist our prayers.
Help us to pray.

Discipleship

The key to right relationship

Acts of goodwill open doors to the thoughts of right living. Acts of goodwill are unseen teachers. Continuous selfless acts, however small they may be, would enable one to receive flow of thoughts of right relationship. They would ultimately lead the one to find a true teacher who leads the one on the path to Discipleship. Those who do not submit themselves to acts of goodwill can never understand the path of Truth enunciated by a teacher.

A disciple

Occult Meditations

Meditation 59



**MAN IS BOUND IN CHAKRA. CHAKRA BREATHES OUT LOTUS.
 LOTUS DELIVERS SERPENT. SERPENT IS KUNDALINI.
 LOTUS IS PADMA. CHAKRA IS THE WHEEL.
 THE WHEEL ROTATES.**

Commentary:

The student of meditation is expected to know the seven etheric centres in the cerebro-spinal column. These seven centres are the whirlpools of energy that conduct the seven planes of awareness. They are physical awareness (Muladhara), sensuous of emotional awareness (Swadhistana), mental awareness (Manipuraka), buddhic awareness (Anahata), etheric awareness (Visuddhi), awareness as 'I AM' (Ajna), awareness as 'THAT I AM' (Sahasrara).

In the ordinary man who is selfish and worldly, the higher centres from Anahata to Sahasrara are not active. The lower centres from solar plexus to Muladhara are active, since the ordinary man thinks of self-welfare, desires, worldly pleasures and works physically to accomplish them. The three lower centres move like wheels (Chakras). Man moves in that wheel of energy and looks for the same experiences again and again. The movement of the wheel is circular, but is not spiralic. Hence, he remains bound like a rodent round the mill. This is commented by the statement "man is bound in Chakras."

When man evolves and looks for self-development, he slowly and gradually entertains ideas of welfare to others. This opens the doors to higher

states of mental awareness. He gets drawn to men of wisdom and tries to follow the rudiments of wisdom. Wisdom is light. When thoughts of wisdom prevail, light prevails in the mind. The light is buddhic light. It illumines the mind's chamber. Man conducts in that light and follows the path of wisdom, which is called the discipleship. As man shifts his emphasis into wisdom, the Chakras (wheels) transform into lotuses. The lotuses stand for unfoldment through spiralic movement. Thus, unfoldment of Chakras into lotuses is through refinement of human thought.

The Chakra and the lotus are like the hidden potential for unfoldment (Chakra) and the manifestation of such potential (lotus). The spiral of time enables spring up of awareness, which is described as the serpent Kundalini.

The student is advised to visualise Chakras. He is further advised to visualise the forms of the buddhic plane like a white lotus, a white elephant, a white horse, a sunrise, sacred temples, Ashrams, sacred men (Masters), a white bird, a white eagle, a white swan swimming in clean blue waters, etc. Such visualisation of and contemplation upon the buddhic plane would bring in adequate inspiration to conduct small acts of service in the world. As the contemplation grows, the service also grows. They complement each other.

When the contemplation upon the forms of light and the execution of acts of service grow to the required dimension, the potential of unfoldment springs up from Chakras, through time. It is the time that causes the spring up. When the spring up happens, the Chakra unfolds gradually into a lotus. The awareness is like a spring of spiralic light. This spiralic light is called Kundalini, the coiled light. The light coiled in a Chakra unwinds into a spring of light. This process is called the awakening of Kundalini. The Kundalini thereafter presides over the lotus, which was a Chakra before. Chakra imprisons the awareness; lotus releases it.

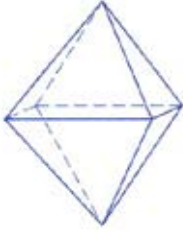
The student may visualise a Chakra (Anahata, Visuddhi or Ajna). He may then visualise gradual unfoldment of the Chakra into a lotus. He may further visualise himself in the form of light presiding over the lotus.

Ashram Leaves



The Objective and the Subjective

1. Cosmogony is the objective side of theogony. Matter is the objective side of the subjective self.
2. Mind is both subjective and objective and hence is the middle principle.
3. Change is objective. Death and birth are objective. Concepts of space and time are objective. In fact, all concepts are objective to the conceiver. The conceiver is subjective.
4. The conceiver has no second to him as he is ever subjective and ever singular and is the background of all conception.



Rudra

61. Damaruka of Rudra

This is a musical instrument that produces sound. The instrument comprises an inverted triangle, posited over a normal triangle. The upper triangle represents the planes of truth. The lower triangle represents the distorted truth. Again, the upper one represents the state of angels and the lower represents the state of fallen angels. The Lord holding the symbol in his hand turns things upside down and vice versa. This He does with the help of sound. Rudra is also the Lord of the sound OM.



On Love

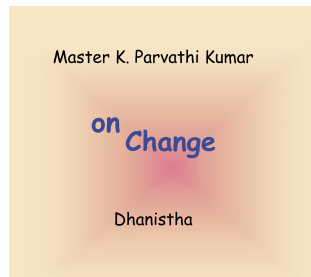
Love binds and synthesises.

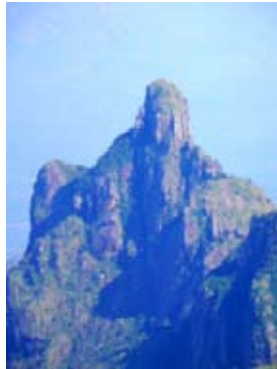




On Change

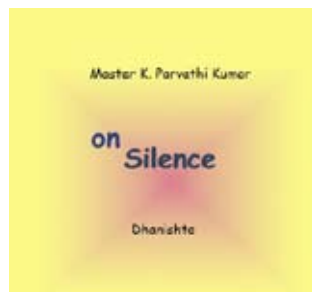
Implementation of change should follow its installation.
Such implementation is a teamwork,
but not a fancy of the top personnel.





On Silence

Silence is the bridge between
the 7 planes of existence.
Existence is Silence.





Hymns on Agni

56. A BHANUNA PARTHIVANI JAYAMSI
 MAHASTA UDASYA DHRUSHATA TATASTA
 SA BHADASWA APABHAYA SAHOBIHI
 SMUDHO MANUSHYAM VASUSHO NI JURVA

Oh Lord Agni! Your effulgence is powerful, highly inspiring. With your light enlighten as much as you can the four corners of the planet. You distance the calamities. With the help of your effulgence conquer the opposition and eliminate the enemies.

Commentary:

The four corners of the planet Earth means, the body with its four parts namely, the head, the upper torso, the lower torso and the limbs. Invocation of the light of Fire effectively and visualisation of its reach to the tips of fingers of the hands and to the toes of the feet and the whole body enables elimination of the dark corners, which carry the potential for deace, decay and death. Such visualisation also should be done with a view to vanquish thoughts and desires that would cause stagnation and fall of the soul. The contemplating one is also recommended to further visualise that the light effectively eliminates (kills) the diabolic that are anti to life and anti to the evolution of the soul. This is an effective prayer visualising the effulgent flame of fire.

Violet Flame Invocations



Violet Flame!
Violet Flame!
Heal us from the wounds with Violet Balm!
We are the prisoners lame!
Restore us to the Home of Ram.

Violet Flame!
Violet Flame!
We too are sons of God but in shame!
We approach You as a team!
Tame us to step into the Temple, warm!

Violet Flame!
Violet Flame!
We pray, we kneel down and
prostrate at Your Dome.



From the Teacher's pen

Questions and Answers

Question: Master, how do you see that in a society the cause of women is upheld to its rightful dignity?

Answer: This question came up again and again even in the past. Varahamihira, a great seer recommended the following:

1. Abstain from commenting upon the weaknesses of woman even if such weaknesses are found. Instead observe the virtues and speak of them, if necessary. This needs to be followed particularly by the women and generally by the men.
2. The episodes of the past show that the true enemy to a woman is woman itself. This emerges due to jealousy which requires to be ignored and unattended.
3. Before men speak of the character of a woman; they should know that no woman loses character without involvement of man. Generally speaking, women guard their character much more than men.
4. As per the scriptures piety of the knower rests in his feet, of the cow rests in its udder, of the sheep and the horses in their head but in women the piety is all over their body due to their motherhood, character and service to the family. They need to ensure that they are not indiscreetly touched by men. Men and women need to carry this knowledge.

5. Women are cleansed by Nature monthly through their periods while men need extra effort to be pure. This needs to be understood by men and women. Women's purity is restored after every period.

6. A house in which woman is insulted that house gradually decays in its splendour.

7. Men should know (women as well) that no man can come into existence without women. Men owe their existence to women. For this they are commanded to be respectful towards woman, be it mother, wife, sister, daughter and colleagues and friends.

8. It is the men who judge the women more than the women. The women bear insults in silence. Self-control in matters of sex is much more with women than with men. Man is weaker in this regard.

9. Men forget quickly their gestures of love, women do not. They retain it in gratefulness and recollect them from time to time.

10. Women are treated as articles and means of pleasure by men sometimes. Women do not do so.

11. It is known from times immemorial that women are far better than men in matters of patience and tolerance.

If men and women know these dimensions of womanhood, such knowledge would eventually result in upholding femininity.



Master Morya Part 38

A Discussion with the Thâkur on Man and his Post-Mortem States. The Sûtrâtman. Sleep and Death. Ânanda Svâmi and The Colonel's Delight.

A rather embarrassing silence followed. The Colonel, who had already suffered three rebukes in a row, was fingering his spectacles, putting them off, rubbing them, but not saying a single word, forgetting not only to express his joy at the news, but even to thank the newcomer for undertaking the responsibility of his "preliminary education."

"What will this preliminary education consist of?" I thought to myself. "Everybody will laugh at him!"

"I have a letter for you from Thâkur-râja and a small present," said the messenger, breaking the silence.

Thrusting his hand under the muslin garment, he pulled out of its folds a sealed envelope and a small box and put them in front of the Colonel. At the sight of them, our president at last came to and regained his normal state of mind.

"Ah! I am very, very thankful to you... my guru!..." answered the Colonel, smiling joyously. "You will permit me?" he asked, pointing to the letter. The guru bowed slightly and made a gesture of assent, which would have done honour to any marquis in a Paris salon, so dignified and graceful was it.

The letter was unsealed and first read silently: its contents were then communicated to us. It was short, but contained many interesting items of news for us all.

"I am sending you, dear Colonel," wrote the Thâkur, "the instructor on the sciences which interest you, as I promised. Subramanya-Muruga-Ânanda-Svâmi (you may call him for short Ânanda-Svâmi) is young, but he has already reached the last step but one towards the inner temple of the gupta-vidyâ. He is a member of the Brotherhood of the Grove, therefore well-acquainted with all the methods of the different systems, as they are practised by the various sects. Not being a Hindu you cannot follow, of course, any of the special methods of the sects, but you will have a choice among the teachings of the best schools and thus will be able to learn much..."

I sincerely regret that even in the case of your full success through the trials, you nevertheless will not be able to belong to our âsrama; (A secret temple into which only initiated individuals are admitted) you are married, the father of a family, and a worldly man – three insurmountable obstacles on the road to râja-yoga."

At this phrase, the Colonel slightly stumbled, and for a second his voice became unsteady. Like an echo, a hardly discernible but mournful sigh, more like a groan, could be heard in the far corner... Looking swiftly around I saw a tall figure on the bridge, disappearing into the darkness. Poor Nârâyana, I thought to myself, and asked the Colonel to continue his reading. No one paid any attention to this sigh evoked by sorrow; no one, except, it seemed to me, the newcomer. His heavy eyelids lifted and he cast a quick glance from under the thick fringe of his eyelashes towards the bridge. The enigmatic expression of those blue eyes, dark as night, impressed me so much, that thinking of its meaning, I did not hear the end of the Thâkur's letter and had to ask the Colonel to give it to me to read.

“However,” I read further, “if you should emerge victorious from the trials, this will not prevent me from looking upon you as my chela in some respects. But do not expect to become a rāja-yogin. This is entirely impossible.

„Tomorrow, at dawn, you will all go with Ânanda-Svâmi, who will show you a little known way, yet the shortest one, to my place. For certain reasons, you will go in the carriage of the Mahârâja to the nearest village only, whence it will be sent back. Do not worry about your baggage; it has been sent on from Bhurtpore. You will find another conveyance in the village, which will take you to Srî-Muttra, the birthplace of Krishna. From there you will have to go by boat, on horseback, and even on foot through the forest. For the upâsikâ, a palanquin will be prepared but even she will have to go on foot for about fifteen kos; (A kos is about 1 ¼ English miles) tell her she should not get discouraged: our roads will prove to be much easier than the Anglo-Indian or European means of communication; I will see to that. I advise you all to keep this visit to our Râjput jungles secret; it is none of the badâ-Saabs’ business.”

Then followed a few more lines of instructions and mention was made of the sâlagrâma he had sent the Colonel. P 572 – 577

The Colonel was unspeakably happy with such a rare gift. He examined the sâlagrâma from all sides, admired it, and fussed over it. Having learned from Ânanda-Svâmi that he should wear it on his person for greater efficacy of its occult qualities, the Colonel started pestering me to sew it up immediately in a small leather bag with ribbon, to be tied around his waist. He fetched a needle, thread and scissors. Only by cutting up a pair of new kid gloves was I able to insure peace for the remainder of the evening.

Far past midnight, on my way to rest for a couple of hours before departure, I saw two figures on the steps of the terrace. One of them was seated with his head in his hands; the other stood facing him, with hands crossed on the chest. I recognized Nârâyana and Ânanda-Svâmi... P 579

Final Comment

The stories rest unfinished. No continuation has ever been found. The last chapter of the story appeared in August, 1886. At that time, H.P.B. was progressively more and more occupied with writing The Secret Doctrine, and maybe found no time to continue writing her travel stories. The Master called her to another work!

Let us pronounce the prayer to Master Morya:

Thou Who didst call me to the path of labor, accept
my fitness and my desire.
Accept my labor, O Lord, because by day and by
night Thou beholdest me.
Manifest Thy hand, O Lord, because great is the
darkness.

I follow Thee!

A Y § 104





Master *EK*

Vishnu Purâna
CHAPTER VIII

Manu and his Offsprings 1

Then Brahma, the Creator, wanted to have a form for the protection and rulership of his progeny. He then divided the body which came out of himself into Manu, the self-born, and his lady, who is the cause of the hundreds of shapes. She made penance and kept herself pure of any impurity (she stands as the power which instigates us all to perform penance and purify ourselves). Then the Manu, who is the Lord God of all created beings, accepted her as his wife.

From the Manu she gave birth to two sons, Priyavrata and Uttanapada. She also gave birth to two daughters, Prasuti and Akuti. All four were beautiful, tolerant and virtuous (Priyavrata is the virtue of devotion and affection. Uttanapada is the vertical nature of consciousness which finds its place in the physical sheath, Prasuti is the capacity of physical beings to bear a child and give birth. Akuti is the power to like a thing or person).

Prasuti was given in marriage to Daksha, and Akuti was given to Ruchi (Daksha and Ruchi are among the progenitors who contribute to reproduce forms). Daksha gave birth to a female, Dakshina, and gave her to Yagna, the son of Ruchi (Yagna is the impersonal process of accomplishing some action and Dakshina is its natural outcome, which occurs unasked). This couple had twelve sons. They were named Yamas (Yamas are the pairs of hours which form each of the twelve divisions of the day. These divisions are called the twelve Zodiacal signs, which go round once to make up one day).

Extracts From The Teachings Sri Suktam

The Nature and the Characteristics
Of the World Mother, Part XLVIII

Dr. Sri K. Parvathi Kumar

Wengen Group Living, Switzerland, May 2002

Thirteenth Hymn

continuation

Pingalâm – the nerve that moves you upwards, Pingala Nadi. It is the Nadi or the channel of light that moves you up. It relates to the law of evolution. Ida relates to involution. The Mother is both Ida, Pingala and Sushumna. But why the hymn only speaks of Pingala? That is the immediate requirement of the truth seeker. Ida is done. That is why he is here with all the impurities. Now he wants to rise. The hymn is for those who wish to rise in their consciousness. Once he raises, then he can position in the centre. That is why in all worships Pingala receives attention. Manifestation is through Ida which is an involutionary process. Materialisation is through Ida. Spiritualisation is through Pingala. Then centralisation happens after we have mastered Ida and Pingala, and hence Pingala is spoken here.

In India they conceived Ganga as Ida and Yamuna as Pingala. It is for that reason in the scriptures they say that Krishna is found on the banks of Yamuna, but not Ganga. Actually Ganga is more famous. It is considered the holiest of rivers by the Indians, and they take regular dip into it. But Krishna is found always on the banks of Yamuna, meaning: the Pingala. Pingala gives you spiritual experience, divine proximity, presence of your Master, and the ultimate presence is the presence of the Mother as light. The colour of Pingala is honey colour. It is transparent golden yellow colour which enables you to gain real spiritual experiences. That means, even the golden hue which we have been speaking of, at its transparency level it is called the colour of Pingala. That means, vis-à-vis the etheric

body you have gained the most advanced states. Then you can dance with Krishna – the universal consciousness with you as the individual consciousness. It is a poetic presentation in that manner in the scriptures.

So, Pingala relates to the Nadi relating to the unfoldment of consciousness, the entry gate into spiritual experiences, and at its advanced states it enables you to have divine romance. Since it is honey coloured, honey also came to be as an important aspect in spiritual life. People should use honey daily in their life, and it should be as natural as possible, because now we are making everything artificial. The impact of honey on the body is very well elaborated in Ayurveda. The fat in you is easily burnt, if you take a lot of honey, because honey gives heat, and heat eats away the extra fat in the stomach. But you should be able to bear with the heat. That is why for all heavy weight situations Ayurveda suggests frequent drinking of honey with water. It will burn up the fat which is a kind of heavy manifestation.

Even otherwise to tone up the intestines and the digestive system, you need to keep a big spoon full of honey in the mouth and gradually taste with the tongue and the palate. Don't be in a hurry to gulp it. The tongue gets alerted, awakened and the tongue is the total representative of the intestines and the digestive system. How clean is your tongue tells an Ayurvedic doctor how clean is your stomach. Unclean tongues are indicative of unclean stomachs. Daily if you clean the tongue it is as good as cleaning the stomach.

Don't think I am trying to impose some Indian habits on you. Whether it is Indian or not, it is healthy, because the tongue is the ambassador of the stomach, and the tongue should always taste agreeable to the palate. People may not know, the tongue has a natural taste by itself. When it is coated with too many things and not cleaned, you lose the taste. A tongue that has lost taste can no more relish the real taste of food. A clean tongue will repel anything that is unclean in the food. There is a science of tongue besides the various sciences that we learn in spiritualism. The science of tongue is very important.

Only the nose and the tongue have a double function. The eyes do one function, the ears do one function, the skin does one function. But the nose and the tongue do two functions. Nose takes in and gives out. Nose

does not say, "I will only inhale. I will not exhale." Likewise, the tongue, it takes in food and gives out speech. To keep it clean both ways are important. And the tongue is toned up, when honey is taken daily as the first item. If you can clean the tongue and do it, it is still better. Now it has become a fashion in Hollywood. The Hollywood stars are using tongue cleaners. The Indians can go with tongue cleaners and make heavy profit there! Now for a major part of humanity the movie stars are the role models. So, thanks God that the tongue cleaners reached Hollywood, and all those who follow the movie stars will slowly improve their stomach by using tongue cleaners.

That is a bit about honey which also is called Pingala in Sanskrit. Honey does a lot of good. It cleanses the body and thereby enables the body to do practices that can cause unfoldment of consciousness.

So, Pingalâm, the Mother is honey coloured. She causes evolution, She presides over all upwards movements, all teachers, scriptures, wisdom, etc. They are all her implements to uplift the beings to the kings of beauty. That upliftment happens only through Pingala.



Paracelsus

Health & Healing

Psychic Energy 1

Many are well intentioned to heal. It is not enough if they know the science of healing and also the techniques. The science and techniques do not by themselves heal. They assist healers. Human is needed for the science and technology to function. An electrical bulb needs to be switched on by someone to give illumination. A soaked bean is nourishing food; but there needs to be a person to soak it. In the age of technology and science men forget the importance of the psychic energy. Unless one has the right energy to heal techniques by themselves do not help. It is common knowledge that some doctors are better healers than their colleagues. Some surgeons are more precise, clean and effective than others. The difference is in the psychic energy.

Entrust with a person an article, a thing, a plant, or an animal. Observe if under his care the article shines forth, the plant grows and blooms, and the animal is healthy and energetic. If the answer is in affirmation such person can be a good healer and he can be given the knowledge of healing. It shows that the psychic energy in the person is constructive and therefore constructs everything around. He develops entrusted works. He enables growth of life and harmony. The emanations of the person are helpful to the surroundings. In this manner, one can subtly observe if a person is a constructor or a destroyer. Even an energetic horse can be exhausted by the rider who carries the psychic energy that of a vampire.

Thus builders are distinguishable from the destroyers. Occult knowledge such as healing can be sensitively opened to the builders and not to the destroyers.

Human emanations upon their surroundings is a field to be studied. A person or a group of persons could emanate energies of harmony, peace, poise, and of goodwill. Likewise, persons may emanate tensions all around. Today humanity at large is emitting sick (unhealthy) energies and cannot hope for better living conditions and health unless the psyche is restored to its original, radiant and magnetic nature. There is immediate need for changing the direction of thoughts to prevent the effect of human psyche upon the humans, animals and plants.

Dr. K. Parvathi Kumar

Extract from: Paracelsus – Health and Healing

With a subscription you support this important work (€ 77 / year).

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Web: www.paracelsus-center.ch

Children's Section

The Doctrine of Ethics*

**EXPECT NOT:
UNDERSTANDING SON-IN-LAW,
POETRY FROM THE IGNORANT,
WHITE CROWS AND
GOOD SEEDS FROM BAD GRAINS.**

Dear Children

Do not neglect the morals that you are informed by parents and teachers. Such morals form the seeds for the future guardians of your life. Do not associate with indifferent, reckless, irresponsible ones among your age group. Do not entertain around you those who effortlessly speak lies. If you follow the above you will shut the door to potential sorrows of life.

Dr. K.Parvathi Kumar

* From the book THE DOCTRINE OF ETHICS by Dr. K. Parvathi Kumar, Dhanishta Edition

** See www.jugendforum-mithila.de

Stories For Young People

The Greatest Offering (2)

Radhamohan felt disappointed about the welcome given by the Swamiji. He thought he came to the wrong person in his life and expressed his feelings.

The Swamiji answered: "I receive you from the crazy world into my affectionate heart with open hands. This I do as I do it for anyone. Your belly will be looked after and it is no problem for me. You can test yourself and find out if you fit into any part of the work of my Ashram. It does not belong to me, just as I do not belong to myself. I belong to the One whom I represent and you too can try to be so. Nature is beautiful here but you can inherit that beauty only through your work. See how all my followers work here from morning to night without raising their heads. Do you think that they are tired? No, they all play with their work. It is because they work for others. This Ashram is not to enjoy, but to receive others. Others remain as others as long as they live here as in a guest house. Others are converted into themselves, the residents of this Ashram from the moment they begin to find their work. Try to choose your own work and locate yourself if you want to grow or enjoy your staying here like a guest. "

Radhamohan was bewildered. He asked: "Swamiji! You give me some work and direct me at every step, as to how to proceed, so that I may not do the wrong thing."

"This is what the ninety-nine among the hundred demand!" smiled the Swamiji. "Work is not something given but it is something taken up. If you feel that this Ashram is yours you will begin to know your work. Then only you will begin to grow. If I entrust you with some work you are in no way better than a paid servant, in which case it is easy to work without responsibility."

WINDOW TO WORLD SERVICE
NEWS & ACTIVITIES
(Inputs welcome)

SPAIN

Name of the group: WTT Vasantha - Barcelona

Contact: Pilar Quiroga

Address: Different places

Phone: ++34 +93 351 00 30

E-Mail: wtt-vasantha@hotmail.com, pilarqi@telefonica.net

Activities

- WTT common prayers: Full Moon, New Moon (with water ritual) and Dhanishtha prayer.
- A group of study of Secret Doctrine gathers regularly every Fridays. First Friday of the month, we study the seminars of Master Parvathi Kumar, with the help of the recordings, transcriptions and books. Now we are working on "The Cosmic Person" seminar, given by the Master last January in India.
- Every three months, some discourses take place about Secret Doctrine.
- Group of meditation every Friday.
- Group of Healing every Thursday
- Classes: Once in a month, some speeches and courses are given about "Healing", "Tarot", "Numerology", "Geometry" and "Art".

- Active collaboration from some people of the Group to “Good Will in Action”.
- Active collaboration from people of the Group in Dhanishtha (translation, correction, etc).
- Collaboration in WTT Spain activities (recording and distribution of CD, DVD,..)
- Collections of donations for several institutions and projects of volunteers and NGO.
- Master CVV, EK, KPK and HPB birthday's celebrations.
- “White Lotus Day”, “May Call Day” and “Good Will Day” celebrations.



Minutes of the Paracelsus-meeting from 29th to 31st July, 2011 at Bonn

After a hearty welcome by Sabine, the co-ordinator of the executive board of the monthly 'Paracelsus Health & Healing Magazine' (PHH), Christine took over the moderation of the meeting. She did it in a very systematic and professional way and also in a clearly structured form, as documented in a PDF-file with 54 pictures of this meeting.

At the beginning, every participant could bring forward his/her expectations of the meeting, and together they worked out a general overview "Who does what?" All points were written on a pin-board. Then the whole group was divided into three small groups; each group discussed and summarised on a pin-board "What is going on in a correct and good way?" and "What has to be retained unchanged?" Later the results were presented to the whole group.

Like that, all participants were informed about the organisation and timing of PHH and thus disposed of the same basic knowledge, so that in the next step they could write on small slips of paper "What do I wish more?" and "What do I wish new?" All paper slips were then given an order on the pin-board according to the areas of responsibility (translators, communication, sales/marketing and internet). In two groups with different tasks, more detailed aspects were discussed which were presented to the whole group afterwards and resulted into the following 11 agreements.

For the implementation of the respective agreement, one 'pilot' is responsible. The 'pilot' is the person who is to be contacted in all matters within that field and who can build up his/her 'crew', meaning, he/she can look for suitable helpers. In some points of agreement already the 'co-pilot' and further co-workers of the crew were nominated. The pilot works out the essentials for the area of responsibility, on the basis of which the board of directors can make the decisions. With the presentation of such a basic report, the work of the pilot is fulfilled, meaning, he/she automa-

tically does not carry further responsibility in that area. The respective positions will finally be occupied after concluding the 'organogram' (the organisation chart).

1. Agreement with respect to internal communication:

Pilot Hajo and co-pilot Elif are responsible that the technical requirements will be created for a smooth and fluent communication within the PHH-team. Franz works out the essentials for an internal regular circular letter with the aim that all co-workers are well informed about the actual status of things.

2. Organogram and CI (Corporate identity):

Pilot Erika and co-pilot Franz work out an organogram for PHH, meaning, a scheme which clearly shows every position with a corresponding job description. From this organogram, all workflows of the whole PHH activities can be derived and a clear assignment of co-workers with their tasks can be made. The second part of this agreement concerns the so-called identity, i. e. the philosophy or also the image that is presented in the outer. In essence, the main concern is that a uniform design or also a CD (corporate design) is specified to appear on all communication media, e. g. on the cover of PHH-magazine, letterheads, homepage, marketing media, etc.

3. PR-work:

It has to do with the presentation regarding the thematic Paracelsus work both inside to the WTT and outside to the whole world. Pilot Yavoline, assisted by Christina and Andreas, develops ideas for the distribution of the thematic contents and information, e. g. in the form of participations on appropriate events, exhibitions, and releasing of news into the press, etc.

4. Distribution / sale:

It is about developing ideas and suggestions, how new subscribers and advertisers can be gained. Pilot Doris assisted by co-pilot Yavaline gathers proposals and ideas for ways and means of acquisition, marketing means and their concrete application.

5. Clarifying the terms and fields of sales and distribution, PR and marketing:

During the meeting it has come up that there is some lack of clarity about the above named terms and fields. Andreas and Erika will clarify this within the frame of the agreement to point 2) and accordingly integrate it.

6. Internet:

Pilot Alisa takes care of a new setting up of the PHH-internet presence (website). She selects her own team that works out the necessary basics and will responsibly carry out the programming, the running care and upgrading, the legal aspects etc. in future.

7. Translators:

Pilot Andrea together with co-pilot Christina is in charge of finding new translators and to work out basic points how in future they can be better mentored. Furthermore, the workflow between translation and proof-reading shall have to be optimized.

We are also in need of more translators German-English and a person (if possible a native English speaker) for the final check of the English articles, because always again the translators are confronted with questions about the import and significance of terms. Persons of contact for people who are interested in co-operating are Sabine and Andrea.

8. Editorial team:

Pilot Sabine tries in getting more often multi-lingual articles or, at least, more English ones. Concurrently she will build up in consultation with Master KPK a new editorial team for PHH, (see call in the Vaisakh Newsletter Virgo for August/September 2011).

Every PHH-co-worker or every WTT-member has the possibility – and that is really wanted – to submit articles to the editorial team which might be of interest for natural health practitioners, therapists, physicians, but also for health-conscious people.

It is also of great importance to publish articles from Spain, North-, Central- and South- America. Every country has its own characteristics and special healing recipes. It would be great to synthesize this ancient knowledge in our Paracelsus Health & Healing Magazine!

9. Guide lines:

In the context of her works with agreement 2) Erika will try to develop clear guide-lines for the list of references and short vita of authors.

10. Minutes:

Günter is in charge to prepare the minutes and to publish them in the next possible Vaisakh Newsletters.

11. Remaining subjects:

Christine, Christina and Andreas make sure that the subjects and proposals which have not been assigned don't get dropped; they find further consideration in future talks or meetings.

Important: As time did not permit any more to terminate the above mentioned agreements, all pilots may please contact Sabine from the 15th

September 2011 in order to talk with her about the results so far and, if required, to fix a deadline for the conclusion for the respected task.

Everybody who can contribute ideas or proposals to one of the 11 agreements may please contact the respective person in charge (pilot).

The next (big) annual meeting of the PHH team is scheduled in the month of Virgo 2012. Smaller meetings of the team for certain projects will be fixed on a short-time-basis.

Günter Zwirner
(Keeper of the minutes)



Scorpio

The Dark Mother and the Consequences of Blindness



Secrecy is the keynote of the sign. Oil mines and hidden treasures are linked up with Scorpio. Wherever there is no possibility for the sunshine to enter and wherever there is constant darkness, there is the influence of Scorpio. Disappearance is the activity of this sign and the house. The disappearance of the light of the soul, through a gradual fall into matter-state is the process that occurs here. Suspension of consciousness, due to the predominance of the material plane on the higher planes is the activity. Death, loss of consciousness, fainting and coma are caused by the influence of this sign.

Master E.K.: Spiritual Astrology

Book review



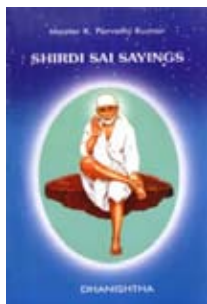
WISDOM TALES

The Seers of all times communicated intricate wisdom principles through lucid and simple stories. A good teacher is invariably a good story teller. Master E.K. was known for such story telling. He inspired many into the path of righteousness through his teachings and inevitably there was story telling in every talk that he gave. When he talked on Homoeopathy, the listeners could figure out a patient, from the description of the drug that he used to give. That was his ability.

May these stories help the readers to find wisdom clues to enrich their comprehension.

Ekkirala Krishnamacharya: Wisdom Tales

Copies: *The World Teacher Trust, info@worldteachertrust.org*



SHIRDI SAI SAYINGS

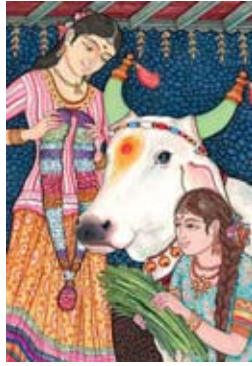
Sai Baba of Shirdi has been a great inspiration to the theists all over the globe. He is one initiate in whom people from all religions agreed. He demonstrated humanism and super humanism without the colour of any religion. This book contains important teachings of Shirdi Sai Baba for better understanding and practice. Extract:

"The Feasible Practice"

Eat that which you can digest. Practice that which is feasible. Do not look for spiritual practice that you cannot sustain. It causes you indigestion and the consequent disgust.

K. Parvathi Kumar: : Shirdi Sai Sayings

Copies: *The World Teacher Trust, info@worldteachertrust.org*



COW

The Veda prescribes a preparation with five Cow products whose consumption in the size of a gooseberry is most beneficial to man in harmonising his energies.

The five products are Cow milk, Cow yogurt, Cow ghee, Cow dung and Cow urine.

Ayurveda considers the Cow products in variety of ways to cure different disease.

Astrological Important Days in October / November 2011

23.10.	20:30	☉ → Ṣ / Sun enters Scorpio	
☉		☉ in Ṣ – every evening at the twilight hours: Light a lamp at the door-front and worship the serpent-power Kunda- linī, that encircles around the stem of the Base Centre	
		☉ in Ṣ – every Monday (24.10., 31.10., 07.11., 14.11., 21.11.): Contemplation upon Śiva, the cosmic 1 st Logos	
26.10.	01:46	Phase of new moon starts	☉ 02°13' Ṣ / 20°13' 𑖀
☿		New moon point of Scorpio: Contemplation upon 'The Pledge'	
	21:56	● New moon of Scorpio	☉ 03°03' Ṣ / 20°03' Ṣ
30.10.		End of summertime (MEST 03:00 h ⇒ MET 02:00 h)	
02.11.	05:26	● 8 th phase of ascending moon starts	☉ 09°24' Ṣ / 20°24' 𑖀
☿		(End 03.11. at 06:01)	
03.11.	07:48	23 rd constellation Dhanishta starts	𑖀 17°21' 𑖀
𑖀	21:00	Dhanishta- Meditation (Dhanishta-constellation ends on 04.11. at 09:39)	
05.11.	09:04	11 th phase of ascending moon starts	☉ 12°33' Ṣ / 20°33' 𑖀
𑖀		Contemplation upon OM NAMA ŚIVĀYA (End 06.11. at 11:16)	
07.11.		Goodwill Day: Birthday of Master KPK	
09.11.	18:49	Phase of full moon starts	☉ 16°59' Ṣ / 20°45' 𑖀
☿		Worship the cosmic 1 st Ray, Lord Śiva, and chant the five-syllabled Mantra OM NAMA ŚIVĀYA	
10.11.	21:16	○ Full moon of Scorpio	☉ 18°05' Ṣ / 20°05' 𑖀
18.11.	04:39	● 8 th phase of descending moon starts	☉ 25°26' Ṣ / 20°26' 𑖀
☿		(End 19.11. at 03:29)	
20.11.	23:21	11 th phase of descending moon starts	☉ 28°15' Ṣ / 20°15' 𑖀
☉		Contemplation upon OM NAMA ŚIVĀYA (End 21.11. at 20:32)	
22.11.	17:08	☉ → 𑖀 / Sun enters Sagittarius	
♂		☉ in 𑖀 – Every morning: Utilize the two hours before dawn for intense spiritual practice – particularly the first 13 degrees of Sun's transit	
		☉ in 𑖀 – Every Thursday (24.11., 01.12., 08.12., 15.12.): Healing prayers and healing work	
24.11.	10:31	Phase of new moon starts	☉ 01°45' 𑖀 / 20°45' Ṣ
𑖀		New moon point of Sagittarius: Contemplation upon 'The Pledge'	
25.11.	07:09	● New moon of Sagittarius	☉ 02°37' 𑖀 / 20°37' 𑖀
30.11.	15:48	23 rd constellation Dhanishta starts	𑖀 17°21' 𑖀
☿	21:00	Dhanishta- Meditation (Dhanishta-constellation ends on 01.12. at 17:05)	
01.12.	22:09	● 8 th phase of ascending moon starts	☉ 09°19' 𑖀 / 20°19' 𑖀

All times until 30.10. are in MEST (middle european summertime) later in MET (middle european time).

From: »Astrological Calendar 2011/2012«;

Publisher: The World Teacher Trust – Global, Wasenmattstr. 1, CH-8840 Einsiedeln.

Great Invocation



Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



*TAVĀHAMAGNA ŪTHIBHIR
MITRASYA CHA PRASASTIBHIHI
DWESHO YUTO SA DURITAT
URYĀMA MARTYĀNĀM*

OH LORD AGNI
YOU ARE THE FRIEND OF ALL.
BY WORSHIPING YOU
THE HUMANS SHALL RECEIVE PROTECTION.
MAY THEY GET LIFTED UP FROM THEIR MALICE
AND MALICIOUS THOUGHTS AND ACTIONS
INTO THE KINGDOM OF GLORY.
MAY THAT BE SO.

Commentary

The fire is in all. No one exists without fire within and fire around. Fire protects life from within, but fire outside can destroy life. Anger, hatred, and enmity is the fire that humanity regularly emits through its nature, its thought, and its action. Fire therefore need to be worshipped to burn up the malice in humanity and lift them up into the splendours of life, which is also an aspect of fire. In fact, this is the need of the hour. When as many goodwill workers worship fire with this attitude, the present day crisis can be dissolved.