

VAISAKH NEWS LETTER



HAMSA SIVA SOHAM



Scorpio 2003 Vrischika

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Dr. Sri K. Parvathi Kumar is President of the 'World Teacher Trust' and Founder of the 'Vaisakh News Letter'.

The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

Vaisakh News-Letter in German (print): wtw@kulapati.de, in Spanish (WTT Argentina): wtwargentina@sinectis.com.ar, (WTT Spain): wtw-es@eresmas.net

The World Teacher Trust Europe

Talackerstrasse 77
CH-8152 Glattbrugg, ZH
Switzerland
Tel. & Fax: ++41-1-8102627
E-mail: wtw-europe@wtw-europe.ch

INVOCATION

May the Light in Me be the light before me
May I learn to see it in all.
May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master E.K.

MESSAGE OF THE TEACHER

MEDITATION



Like the word Yoga the word Meditation is also more mis-used, misunderstood and practiced inappropriately. Meditation can be done by a person with clean and receptive mind. Clean mind demands inner and outer purity. Purity demands abstaining from receiving obligations. The latter demands absence of thieving instinct. It demands sex regulation physical, emotional and mental as well. This demands non-manipulative speech. Such speech demands harmlessness. Without practicing these fundamentals people glamour for Meditation. It remains a glamorous activity. Sincere student will do well, to practice the fundamental steps, before he thinks of Meditation.

PRAYER FOR THE YEAR

(To be repeated every month)

In HIS name we live
In HIS Temple we live.

In HIM verily we live
Until HE opens HIS eye in us.

In HIS name HE lives
In HIS Temple HE lives.

In HIM verily HE lives
As HE opens HIS eyes in us.

Let us look to HIM
When we look to each other.

Let us find HIM in all that IS.

MESSAGE OF MASTER E.K.

GNOSTICS



Gnostic is not the one who has seen the ultimate of God. He is the one who knows the world and its ways. He knows that the world is built upon the triangular forces of dynamism, inertia and poise; that the beings in the world are subordinate to these forces. Knowing so, he does acts of goodwill, which inspire the beings to initiate themselves into the acts of goodwill and thereby transcend the worldly conditioning.



MESSAGE OF THE MONTH OF SCORPIO

Scorpio is the eighth sun sign in the Zodiac and represents the limitations of the individual being. Though the individual Soul is essentially divine, due to the domination of the three qualities, he gets limited and conditioned. The divinity has no bounds. The individual also does not like boundaries and bondages, due to the essentiality of his divinity. This is the basic reason for the man's urge to liberate himself from limitation. The fight for liberation from limitation is the Scorpion in man.

Unless he knows how to fight, his fight ends in death. The eighth house also indicates death. Fighting for freedom and fighting for rights have no meaning, until man knows clearly, what freedom is. When man transcends the conditioning of senses, of thoughts, of doctrines of religion and superstition and of concepts he can never be free. Men are bound by meaningless beliefs, superstition, cults, non-universal, separative religious thoughts. They are also conditioned by their allegiance to capitalism, communism, socialism and many other isms. The ultimate conditioning is thought conditioning. Man should know that he exists beyond thought and thought is a means for him to work in the society. He should remain as the master of the thought but not its servant.

Freedom comes from self-rule. The man should learn the nature and characteristics relating to his body, senses, mind and try to bring them under friendly regulation. Subjugation of mind, senses and body is beastly. One should learn their characteristics and through friendly means gain their cooperation and stay beyond the conditioning of one's own thoughts. This is mastery. This is freedom. Fights, inner or outer are not the means to freedom. Friendliness is the way to freedom.

GÎTÂ-UPANISHAD

- LORD KRISHNA -



What the worldly beings envisage and envision, is not envisioned by a Yogi. The worldly see races, religions, genders, shapes, and robes. The worldly also see in others social status, others mistakes and many other silly and sundry things.

The Yogi sees not the above. He sees the Soul and its functioning in others, in varieties of ways. He sees the one Soul in many envelopes (bodies). He sees the one universal consciousness in himself and all that is.

Yogi is one who lives in synthesis. His mind, senses and body are synthesized. Yogi is one who is awakened. He is awakened because he perceives only the awareness in all. He perceives the one awareness in variety of sound vibrations, colour velocities and material formations. To him the world is the kingdom of God. To him it is the beautiful Garden of Eden.



LORD MAITREYA

Company of a friend is a great comfort on the path of life. Blessed is the one who has such a friend. Not all can gain such friendliness. Friendliness is a delicate relation. Friendliness has no bondage. Friendliness does not demand, nor does it expect. It keeps the joy of togetherness without one expecting from the other, although one helps the other and vice, versa.

Friend is one who dispels the dangers that could attack the one. He is the burning flame that keeps the beasts away from attacking. Friend is one who is awake, when one is sleeping. Friend is the ever-watchful awareness.

Friendliness shares in sorrow and in happiness. Friendliness consoles and rejuvenates joy. Friends move forward together playfully. They protect each other at all levels. They remain victorious due to their joint and joyful effort. The God in man and the man in God are the eternal friends. The teacher and the students too are eternal friends. The father and the son too, are eternal friends.

Learn the value of friendliness.



MASTER MORYA - MARUVU MAHARSHI -

BRIDGE TO THE DIVINE

When the Earth is being formed, the Devas were busy in preparing fertile lands, minerals, water, etc. Then the Mother Earth approached the Devas and said:

“Its not enough if we just prepare for the beings of the planet food and other things of pleasure. I am not happy if the beings remain as the indulgent ones all the time. The planet should also contain avenues that can uplift the human awareness. If such avenues are not created, the planetary beings have no scope to evolve.”

The Devas replied, “let the earthy beings remain earthy. Let them enjoy the treasures and pleasures of the Earth. Let them not look elsewhere and deny to themselves earthly treasures and pleasures. We do not like them to be daydreamers. Let them exploit the earthly pleasures.”

The Mother Earth said, “I am the mother of the planetary beings. The mother is happy only when her children grow. They should grow not only to enjoy but also to aspire much more than earthly treasures. You must understand the mother’s agony.”

The Devas replied, “tell us what you desire. We shall fulfill.”

The Mother Earth said, “create opportunities and avenues for the humans to evolve. The other beings evolve through time and through nature. The humans therefore are my concern. They should have access to sky. When they remain high above in the sky, they develop taste for the higher and subtler aspects of life. For that purpose you may arrange wings for the humans and also arrange high peaks on the earth. When they are high above they can perceive the limitlessness and the related joy.”

The Devas replied, “Yes, we shall prepare the mountain ranges and peaks. Let the humans ascend and enjoy the height. We shall not give them wings; it is too early for them. As they get inclined to evolve, in due course of time they would get the wings. In the meantime let them experience the heights through the mountain peaks.”

The Mother agreed.

cont. p. 11



MASTER KOOT HOOMI
- DEVAPI MAHARSHI -

Our measure to accept the aspirants as our disciples, we measure the aspirants. The measure we use is the speech. We see if the aspirant frequently speak lies. Aspirants, its our experience, speak lies even in silly and sundry occasions. Even unnecessarily they speak lies. Unconsciously also they speak lies. This is a dangerous habit. It destroys the possible alignment of the inner and the outer man. However virtuous and capable an aspirant is, the habit to lie destroys all that the aspirant builds. Truth seekers cannot be untruth speakers. The whole creation is based on truth. Unless truth speaking is practiced, the aspirant cannot reach the truth, the basis of creation. We wish to receive as many aspirants as possible into our ashram. But you build an iron wall between you and the ashram. A small mistake has a large consequence.

A small bolt missing in a huge aeroplane is disastrous. A small hole can sink a big ship. A petty habit of lying causes irreparable damage.

cont. p. 10:

As time passed by, the humans gradually were finding the shallowness of the earthly pleasures and started aspiring for better, subtler experiences. They started moving towards mountain ranges, practiced penances, and experienced the beauty and subtlety of the outer and inner heights. They experienced the Divine and thus built a bridge to the Divine from the mundane. Thereafter the seekers started looking for the bridge and walking on the bridge. The builders of the bridge remained to help the walkers.

THE TEACHINGS OF
MASTER D.K.

QUOTABLE QUOTE



1. Prefer service to the beings to the worship of God. It causes speedier expansion of consciousness.
2. Perceive the Soul of the beings through imagination and visualization.
3. Conceive that you deserve your existence through service to surrounding life.
4. Submit individual aspirations to social welfare
5. Learn the special wisdom of joy. Clean mind is the basis for it.
6. Love does not mean emotional liking for another person. It means goodwill in action.
7. The receptive mind that is attentive is fit for wisdom. But not an expressive mind. Wisdom teaching is through impression. Impression is possible when mind is receptive.



VIDURA WISDOM TEACHINGS

The employed
that serves the society in variety
also treads the path to light
by serving the society
through employment.

SHIRDI SAI SAYINGS

I NEED NO MISSIONARIES

Do not collect money and seek favours from others in My name. If you have to seek, seek from Me, but not in My name from others.

I do not relish collections and the consequent charities in My name. If you wish you offer yours and even yourself. But do not insist others to offer unto Me. It displeases Me as it displeases the others. I need no missionaries.



CHILDREN'S SECTION

THE DOCTRINE OF ETHICS

The Riches
The Gold,
The Power,
The Lust,
The Drugs/alcohol
are the Masters
of KALI.

CHILDREN'S SECTION

YOGA ÂSANAS

Sasānkāsana*

Procedure:

1. Sit in Vajrāsana. Lift the hands slowly upwards inhaling. Slowly bend forward exhaling, touching the floor with the nose and with the stretched hands, the palms touching the floor.
2. Rest in the posture. Again, lift up the hands and the trunk inhaling and bend forward again exhaling. Perform as ' many times as you feel comfortable, not exceeding 10 times.

Effect:

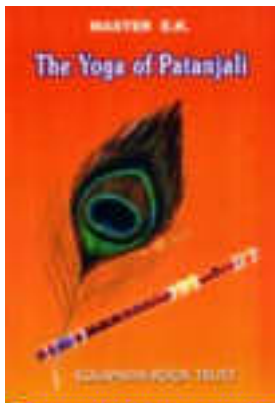
- In the bent posture when hands are joined behind while bending, it stimulates the adrenal glands.



** An Âsana from the book 'Mithila' of Dr. K. Parvathi Kumar for physical and psychological relaxation.*

BOOK REVIEW

THE YOGA OF PATANJALI



Yoga is the science par excellence of Man. It is the oldest of the real sciences that remain with mankind today. In this book Patanjali's aphorisms are given in the form of instructions. Master E.K. renders with clarity and simplicity the five inversions of the mind and how to encounter them. He also brings nearer the unexplainable concepts of subjective existence in clear objective words. It has become possible for him because he has thorough experience of the subjective existence.

With this study, the Master has made a valuable contribution to the growing awareness and spiritual fusion between East and West which was his chosen mission.

Ekkirala Krishnamacharya: The Yoga of Patanjali

Copies: The World Teacher Trust Europe: wtt-europe@wtt-europe.ch

THE THEOSOPHICAL MOVEMENT



The Theosophical Movement is an “ongoing” movement. It was inaugurated through the great initiate H. P. Blavatsky during the last quarter of the 19th century. It continued further through Master C.V.V., who gave an Aquarian impulse during the beginning of the 20th century. This book describes the qualities of a true theosophist, the movement of Theosophy through them, as also the principle teachings of Master CVV.

This book is a talk at Misiones, Argentina, by Dr. K. Parvathi Kumar, in 1992.

K. Parvathi Kumar: The Theosophical Movement

Copies: The World Teacher Trust Europe: wtt-europe@wtt-europe.ch

Booklist: http://www.good-will.ch/pdf/wtt_publications.pdf

NEWS - REVIEW

TOURS OF THE TEACHER

**15th -17th December 2002, Birthday of Paracelsus
Einsiedeln (Schwyz), Switzerland, “Paracelsus -Health & Healing”
Magazine**

The Master came all the way from India to open the proceedings of work for the Magazine “Paracelsus -Health & Healing” dedicated to Paracelsus and including all the therapies of healing known to be effective.

A group of 50 brothers and sisters of the WTT from Germany, Spain and Switzerland gathered to study the different proposals and to share the work of bringing about such a monthly publication in English in the field of Medicine, Naturopathy, Health & Healing.

**28th -30th December 2002
Bangalore, India, December Call 2002**

Around 300 hundred people participated in the 2nd celebration (in this new cycle of 12 years, starting from the year 2000) of December Call with the Master in Bangalore, India. The group living during three days was organized in the “Sadguru Tapovan” premises of the WTT Bangalore. This is a recently build community in the outskirts of the city of Bangalore, composed of 17 family houses, a house for the Master and a prayer hall. All houses are powered with solar energy. The community is located among a garden of mango trees. There are plans to build 7 new houses to amount to a total of 24 family houses in the community with capability to accommodate one more family from abroad in the upper floor for the next group livings and December Call.

Ten members of the European Brotherhood of the WTT Europe from Denmark (5), Switzerland (3), Belgium (1) and Germany (1) took part in this harmonious celebration. The Master spoke of all the statements made by Master CVV, and allotted time to answer questions on meditation and the spiritual path.

GREAT INVOCATION

Let us form the Circle of Good Will.

OMNIA VINCIT AMOS

From the South through Love
which is pure.

From the West through Wisdom
which is true.

From the East through Will
which is noble.

From the North through Silence
which is golden.

May the Light make beautiful
our lives.

O Hierophant of our Rite
Let his love shine.

OMNIA VINCIT AMOS

Let us form the Circle of the World Servers.

We bow down in homage
and adoration

To the Glorious and Mighty Hierarchy,
The Inner Government of The World,
and to its Exquisite Jewel,
The Star of the Sea -
The World Mother.

From the point of Light
within the Mind of God
let Light stream forth
into the minds of men.
Let light descend on Earth.

From the point of Love
within the Heart of God
let love stream forth
into the hearts of men.
May Christ return to Earth.

From the centre where the
Will of God is known
let purpose guide the little wills of men,
the purpose, which the Masters
know and serve.

From the centre which we call

The race of men

Let the Plan of Love and Light
work out

And may it seal the door
where evil dwells.

From the Avatar of Synthesis
Who is to come

let His energy pour down
in all kingdoms.

May He lift up the Earth to the
Kings of Beauty.

Let Light and Love and Power restore
the Plan on Earth.

The Sons of Men are one
and I am one with them.

I seek to love, not hate.
I seek to serve and not exact
due service.
I seek to heal, not hurt.

Let pain bring due reward
of light and love.
Let the soul control the outer form
and life and all events,
and bring to light the love
which underlies the happenings
of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master D.K.



If your acts of goodwill are encountered by
Obstructions from within or from outside
Get into regular practice of OM.
It would clear the inner and outer obstructions
And helps you to progress with the works of
Goodwill.

For the one who realises OM within the
Works of goodwill flow like a stream and
His life travel is as smooth as
The run on the highway.
Therefore utter and listen to the OM
Happening in you.

K. Parvathi Kumar