

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Sagittarius 2016 Dhanus

Letter No. 8 Cycle 30 - 21st November until 21st December 2016

The World Teacher Trust - Global



Invocation

May the light in me be the light before me.

May I learn to see it in all.

May the sound I utter reveal the light in me.

May I listen to it while others speak.

May the silence in and around me present itself,
the silence which we break every moment.

May it fill the darkness of noise we do,
and convert it into the light of our background.

Let virtue be the strength of my intelligence.

Let realisation be my attainment.

Let my purpose shape into the purpose of our earth.

Let my plan be an epitome of the divine plan.

May we speak the silence without breaking it.

May we live in the awareness of the background.

May we transact light in terms of joy.

May we be worthy to find place in the eternal kingdom OM.

Master EK



Letter No.08/Cycle 30 – 21 November until 21 December 2016 ↗

Contents

Master E.K. • Invocation	2
Prayer of the Year	4
Message of the Month of Sagittarius ↗	5
Message of the Teacher	6
Utterances of Lord Krishna	7
Lord Maitreya	8
Master Morya - Maruvu Maharshi	9
Master Koot Hoomi - Devapi Maharshi	10
Message of Master E.K.	11
Vidura Wisdom Teachings	12
Saraswathi	13
Sri Ramakrishna	14
On Secret Doctrine	15
Saturn	17
Discipleship	18
Teacher – Kapila - Ashram Leaves	19
Lord Dattatreya - Fire - The Cow	23
Group Prayers	28
Sanat Kumara	29
From the Teacher's Pen	31
Agni	32
Vishnu Purana Master EK.	34
The Science of Man	35
Paracelsus - Health and Healing	37
Children's Section	39
Stories for Young People	40
Window to World Service	41
Picture of the Month of Sagittarius	42
Book Review	43
Astrological Important Days	44
Master DK • Great Invocation	45

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Prayer of the year 2016/17

SERPENT 'K' LOOSENS ITS SKIN.
 THE PICTURES OF PAST KARMA
 ON THE WALLS OF ITS SKIN
 ARE PEELED OFF.
 KARMA NEUTRALIZED.



Full Moon of Sagittarius, 14th of December, 2016, 01.05 am



Message of the Month of Sagittarius

Sun's entry into Sagittarius affords opportunity to walk into the internal and eternal life without disturbing the external objective life. This is the specialty of Sagittarius. Sagittarius is the sign of fiery aspiration and the aspiration can find a double purpose. As one grows outwardly in life, one can also grow into inner and subtle life. Jupiter, the Lord of the sign, facilitates such double purpose to every aspiring soul.

Aspirants shall have to plan their daily life, earmarking time for external work and internal work. There must be adequate time for the internal work and the internal work shall have to be carried out with the same intensity as that of the external work. This does not generally happen. Therefore, doors do not open for the internal life. As soul evolves through incarnations, priority for internal life happens as time's plan. But, as one decides upon journeying upon internal, subtle life, one should honour one's own decision and follow it up.

The Science of Wisdom says that one-fourth of life is visible and mortal while three-fourths life is invisible and immortal. Until man develops the invisible dimension of life, he cannot consider himself as working up to his full potential. Today, man lives up to a quarter of his potential. But, for an aspirant, it is too constrictive and limited to live a quarter of life. A true aspirant feels like a bird caged in a room while the bird sees an unlimited sky around. The bird is naturally inclined to move into the open skies but not remain restricted and constricted to a room. Until this 'feel' genuinely happens in oneself, one cannot call himself an aspirant. When the 'feel' generates the needed heat, the nature opens doors through events for the bird to escape into the unlimited life.

Sun's entry into Sagittarius should recollect to all the true aspirants, the invisible and immortal side of life. It is a reminder to aspirants to enflame their aspiration and move forward beyond the limitations which are self-imposed.



Message of the Teacher

Futility of Doctrines

One is never fulfilled just by adapting to the laid down traditions of the race, the nation, the community and the caste.

One is never fulfilled just by adapting to the rules and regulations of life, always judging the right and wrong.

The human society from ages built variety of doctrines of do's and don'ts. Just living by that fulfils not oneself.

One is fulfilled only when one sees the background awareness of all the varied activity and comprehends such awareness as an expression of existence.

Seldom this is attempted.

Utterances of Lord Krishna



The soul is immortal and dies not. It is unborn. Hence, does not die.

Even if you believe that the soul dies, because that which dies is born again and that which is born, dies again. When birth follows death and death follows birth inevitably, why should one be worried of death and birth?

Do you weep when sun sets? Every sunset is followed by sunrise. Every sunrise is followed by sunset. The choice is yours to believe or not believe the sunrise or sunset. The knowers feel Sun IS. He neither rises nor he sets. (2-26)



Message of Lord Maitreya

Striving - The Key

To get introduced to the fact of the Hierarchy is one step.

To gain their touch is another step.

To experience their presence is yet another step.

The ones who live beyond conflict, are eligible to experience the presence.

The ones in conflict are like the flickering flames of the lamps. The flickering flame disables the vision. It is therefore essential to set life conflict-free.

Conflict-free life is the result of long years of dutiful action without an expectant mind. Conflict emerges when expectations are entertained in the mind. This is the fundamental law of action which the humans are yet to learn. They cannot learn it from schools, colleges, and universities. They can only learn by studying nature.

In nature, action is ever. It can be observed with the plants, with the trees, with the fields, with the flowing rivers and with the five elements. In nature, action happens to benefit the whole. Man should learn to adopt the clue of nature to stay away from conflict. Such ones experience the presence.

Message of Master Morya - Maruvu Maharshi -



Fire Work

Crystals, salagramas, diamonds, sapphires, rubies, emeralds, corals, pearls are naturally attractive and draw the attention of the eye. The eye is attracted wherever the light is. The above said articles shine forth with light and hence, the attraction. Every object that shines forth went through a fiery process. It is only through fire, everything gets purified and it is the purity that shines forth.

In order to gain the touch of purity, the humans associate with such articles in variety of ways. The humans worship those articles even. Worship of sacred symbols should result in emulation of the virtues of such symbols. Emulation should lead one to resolve oneself for all, to burn up one's own impurities in relation to the five states of matter and three states of personality nature. The work of fire should result in the needed purity. The degree of purity that an article presents is the degree of purification through fire that happened with it. Purity is the other name of Agni. Associate with Agni and gain successive states of purity. There is no other way to light.



Salagramas



Master Koot Hoomi
- Devâpi Maharshi -

Waiting Darkness

Wherever the Light is, in its periphery, there is darkness. The darkness always waits at the periphery even for the light. Darkness cannot be eliminated in its entirety. Even the Sun cannot eliminate the darkness beyond his area of operation. Darkness waits and tries to bounce back. The Sun's aura covers the solar system. But, beyond the solar system, there is again the darkness which is called "the ring-pass-not". It is called Pluto in the Puranas. Beyond the limits of Sun's light, there is darkness. This truth has to be recognized and accepted so that there is no tension of the impending darkness.

If you light a candle, the surroundings are enlightened. You can perform in the surroundings with the help of the light. You do not have to worry that at a distance, there is darkness. The candle light is enough to perform your work within your field.

Like the candle light, there is light of wisdom, which can be ignited in one-self. In that light of wisdom, one can perform one's due deeds. Wisdom is meant for due performance by every self. During times of work, perform with the light of wisdom. At other times of rest, be the light itself. Ponder not on the dark regions which are distant to you. As long as the light is in you and with you, darkness approaches you not.

Message of Master *EK*

Bewilderment



None knows who he was before birth.

None knows who he will be after death.

None tries to know who he is while living.

One satisfies naming the unknown and developing relations with the name.

The one who is before, who is now and who is after, is ever bewildering and is never known.



Vidura

Wisdom Teachings

The clouds
move as per the wind.
The anger and the pleasure
of the wicked
are as unpredictable
as such clouds.
The flesh and blood of them
are unworthy to be touched
even by the animals.

Saraswathi



The Emergence of The Word 3

When we express, our quality becomes visible. That is why, when a person speaks, a seer knows his quality according to the precision and the chastity of the words used. All that we express is what we are. For the sake of decency we do not express certain things, though they continue to be expressed in thought form. Social decency does not allow us to say everything that comes to our mind. Yet, the expression of thought continues to exist in the mind, and this is what a Master of Wisdom observes. He is concerned about the quality and the pattern of thoughts, which emerge from each one of us. Their manifestations cause bondage on the physical plane, insofar as quality and pattern of thoughts are not harmonious. We are more elusively caught on the mental plane by unharmonious thoughts. When we are caught in the mental plane, we are simultaneously caught on the emotional and physical plane as well.

Imprisonment on the mental plane can be overcome if we learn to utter in the way that God uttered forth this Creation in all its detail. This is our potential, usually unutilised by us, remaining as an idle capacity. The divine capacities thus, often remain unused, while other capabilities are expressed.



Message of Sri Ramakrishna

Seized With Madness For The Lord

Once Krishna Kishore asked me, “Why have you cast off the sacred thread?” When this change came over me (through God-vision and spiritual realisation), everything was blown away, as if by the great cyclone of Ashwin (Cyclone of 1864). The old landmarks were swept away. There was no outward consciousness; who was to take care of either the holy thread, or even of the piece of cloth that I used to wear?

Lost in intense God-consciousness, I could not know that I was nude the greater part of the day. When therefore Krishna Kishore took me to task for having parted with the sacred thread, I only observed, “You will see it all clearly if you are once seized with madness for the Lord!”

On Secret Doctrine

In Defence of Astrology



Human liberty of action is not absolute. All is bound and all weighs and the individual will is weighed by the planetary configurations and vibrations. The providence or Karma acts on us and directs men through those relations that the individual establishes between him and the visible world around him and the whole universe. That the planets have an influence on the atmosphere and consequently mediate action between them and the Earth is a known phenomenon.

People with a superior instinct even guided the humanity considering the influence of the planets that surround us. They even promoted astrolatry to develop good relation with the planetary principles. All the great astrologers admitted that man could react to the influence of the stars. The celestial bodies are the cause of all that happens in this sublunary world. They act indirectly on human actions; though not all the effects produced by them are unavoidable.

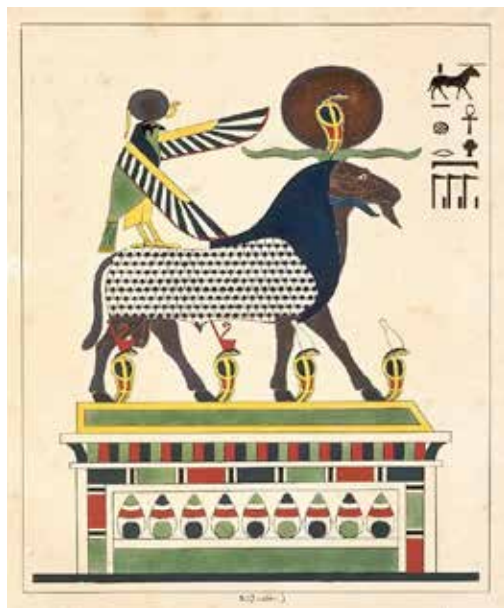
Pythagoras studied the science of divine theogony and the evocation of the world's Rectors. He also practiced the formulae of incantations which the Indians do even today. He consecrated each portion of the body to the respective zodiacal sign and a planetary Regent to each sign. He accordingly worked out magical results to bring about desirable changes in the energy system of his followers.

Man is but part of the universe and therefore, cannot be studied separately independent of the universe in which he is.

The Indians and the Egyptians even today consecrate their hair to sacred rivers and sacred deities of temples, since they know the laws of corre-

spondences. Consecration of one's hair to the celestial Nile, of the left temple to the living spirit in the Sun and the right temple to the spirit of Ammon kingdom was common in the Egypt.

"A piece of steel hung a few feet above the soil may be influenced by the position of the moon whose body is at a distance of 240,000 miles from our planet, who then could accuse of extravagance in the belief of ancient Astrologers regarding the influence of stars on Human Destiny?"



Amon-Ra

Saturn

How It Is/How It Is Becoming

The Law of Acceptance 2



For the I AM in us there is no such thing as young or old. When we remember the original, we are not transformed into the substitute. When we remain continuously in the I AM Consciousness, we are continuously young. That is why it is said, "An Initiate is always a youth of 16 years of age." He remains youthful in spirit though not in form. Even if he is in a very old form, like that of Shirdi Sai Baba, who was very youthful in his action, very cheerful, very quick, because his identity was not with the body. That which is becoming is only a transformation that takes place for action and interaction in life.

If we remember the original, then we can see how beautifully it is transforming. When we observe a fruit tree, we can see how beautifully it flowers in the beginning, and then how slowly the flowers give way to small fruits. As the fruit grows, the flower recedes. The flower becomes old, the fruit becomes young; then the fruit ripens and leaves the seed that again grows into a fruit tree and gives fruits again. It goes on. The fruit tree principle lives through all these transformations and continues to be. It is all a process of becoming on the background of the I AM principle. From where it has started? From the background. Likewise, if we are able to remember the background of the deeds, the background of everything at all times, then we are blessed to see the splendour of becoming.

Discipleship

Time of Crisis

Times of crisis are growing times and if you would have freedom from difficulty then you will never be freer, wiser and more useful than you are now. Individuals make their own crises and where a life is devoid of crisis it means the person is standing still. A crisis is an examination as to one's strength, purpose and motive. Face such times with detachment and comprehension and swerve not from your basic objective. Crises must be viewed in terms of opportunity and not in terms of catastrophe. Upheaval in one's life always precedes the passing onto a higher stage. The points of crisis present the major opportunities for achievement and moving forward. If you look back over your life, you will find that this is so. One surmounts a crisis by fresh illumination, new impetus and fixed purpose. When surmounted it evokes confidence and produces greatly expanded vision.

A crisis pertaining to one's life intention is of supreme importance and demands alert recognition. When meditating important changes ponder upon the responsibility and the lives involved, know with clarity your motives, consider why and wherefore and to what end. Move slowly; know the truth of the words "make haste slowly". It takes some time to see with clarity the trend of events. Correct timing is one of the hardest lessons to learn, particularly by those swayed by impulse and emotion. Too prompt a choice might prove only a make-shift decision and one based on expediency and impatience. Periods of decision are most difficult but curiously enough, when we hold the right attitude and decision is seldom ours. Life, circumstance, events or people take care of the situation and the problem disappears.

A disciple

The Teacher

24. Vyomavat bahir antara sthitam

Like the sky he is within and without



Space or the sky is within the house and outside the house. Likewise, a Teacher lives within the body, outside the body and even without the body. The sky does not need the house, but it can also be in the house. When a house is built in it, there is space within and outside the house. Even when the building collapses, the space is. Similarly, a realized being is within and outside the house at will. He can also be without the house. Formations in creation appear and disappear. But space remains. Likewise, a Guru is one who knows the way out of and the way into the house. He enters into and exists at will. He can also enter into others' houses and help them. He has more than one body. He has (besides the body of flesh and blood) a subtle body and causal body which are of golden hue and diamond hue respectively. He utilizes these three bodies in the world of cause and effect and can even be beyond all the three when he needs them not. A person through practice of Yoga realizes all this on the way to Godhead. Thereafter, he returns as a Teacher as per the will of the Divine. He is the representative of the Divine on Earth.

Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart.



Kapila

Nature Support 3

Family, vocation, properties, etc are all born out of One's activity. He is the centre for them. They are created out of him only. He is the creator and they are the created. "I am the creator and I hold the creation" - is an occult statement. But man, as he creates, starts leaning upon the created. The dependable starts depending upon his dependants. It is a gradual transformation of a king into to a beggar.

King is the central force of the kingdom. The latter depends upon the former. When the former depends upon the latter, he ceases to be the master and starts to be a slave. The one through whom family, vocation, property, etc are created, is the creator, the king. He is the support to them. He cannot feel that the products that came out of him support him. The subjects of the kingdom should feel the support of the king. The king cannot think of being supported by the subjects. Such one is the true king, a true master, a true creator. Imagine the rulers begging for support (votes). Beggars cannot be rulers! Man in pursuit of mastery, tricks himself to slavery. He becomes the watchdog of his own creation and loses the freedom of being the master. It is one's approach to one's things that makes him a master or a slave. Illusioned by his own feeling of happiness, he develops attachments to family, vocation and properties. To safeguard, them, he indulges in actions and strains instead of functioning for experience. Actions cause strain or happiness according to one's own attitude or motive. He schemes, he plans, and he conspires for profit and creates the counter for loss too! He burns himself as the day begins and ends up with a list of unaccomplished acts. He returns to the next dawn

to accomplish the unaccomplished. While doing so, he unwittingly adds some more acts for accomplishment. The list of unaccomplished or yet to be accomplished acts gradually grows binding him to a programme for life and even for a series of lives!

He feels the pain of unaccomplishment. Seeking happiness through actions, he lands himself in unhappiness. The feel and the fear of failure grips him only for further actions for success (success too grips for further success!) and coupled by the sense of urgency (the sense of lack of time) he tries to shortcut the means to reach the end, complicating further the web of actions and thoughts. Illusioned by emotional love for people who he defines as his, he perpetuates wrong actions. Indulging in senses, he develops inseparable, undetachable entanglements to objective life. Falsehood, deceit, hypocrisy become the tools for his actions.

Gaining power and money in society, he starts possessing people and exploiting them. In the meanwhile he becomes old in the body. His vitality too recedes but the desires remain unfulfilled. People ('his') desert him for he is no more useful to them. He stands lonely and helpless. Pitiable is his life, for he is abandoned as an unproductive asset. The pangs of death and imagination of the end speed up the body decay. Insults and self inflictions through thoughts of loneliness haunt. He lives the balance of his life eating that which is made available - like a street dog! Harsh indeed!

The body decays through diseases. Hunger and digestive faculties recede. Mucus in throat makes respiration difficult. Speech too becomes difficult. People gather around to witness departure. Incapable of speech, he looks at them helplessly. Fear overpowers consciousness. The loophole of consciousness prevails. Life escapes. He is declared dead. Detached of the physical body he feels helpless to eat and drink. Depending upon the misdeeds done in life, the detachment with the physical remains an unbearable suffering for 40 minutes to one hour.



Ashram Leaves

The River Flows

Sit in a vertical position, close the eyes, begin to utter Om in a low tone as a prolonged nasal sound with mouth closed. Tune up the mind with the voice and locate the source of the voice mentally.

Lord Dattareya

The Teacher



Since Sri Guru Datta (Dattatreya) is the synthesis of the Trinity who presides over the 7 planes of creation, he is considered the foremost one. The foremost one is called in Sanskrit, Guru. In any group, the groupal head of wisdom is therefore called Guru, meaning: "the foremost one in that group and for that group". Sri Guru Datta is the foremost one, the Guru in creation, if we take the creation as a group. It is him that every spiritual group in India invokes when the groups utter forth the following invocation:

Guru Brahma, Gurur Vishnuhu

Gurur Devo Maheshwaraha

Gurur Sakshat Parabrahma

Tasmai Sri Gurave namaha

The ancient tradition is to invoke Sri Guru Datta, the Synthesis of Trinity, through one's own groupal Guru. The meaning of the sloka is:

The Teacher who is Brahma (the Intelligent Activity),

The Teacher who is Vishnu (the Knowledge/Love Wisdom),

The Teacher who is Isvara/Siva (Will) and

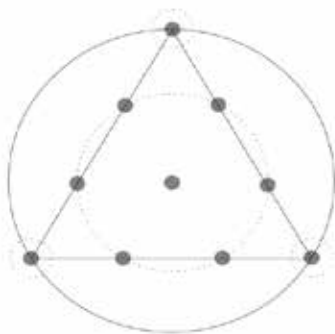
The Teacher who is Parabrahma,

"the synthesis of the Three and the One who is beyond the Three",

To that Teacher, I offer my salutation.

Thus, the One Teacher/Master of the universe is invoked through every teacher/Master. The Teacher is always One. The individual in whom the equilateral triangle is built, and who transcended the 3 qualities,

contacts the most sublime energy of the Guru and therefore becomes himself an outpost to the One Guru. Verily an individual teacher is a representation of the Teacher and The Master, hence all forms of teachers should be accepted and respected as the forms of "The One Teacher". The One Teacher radiates through all such accomplished beings.



Symbol of Dattatreya



Fire

Purification 2

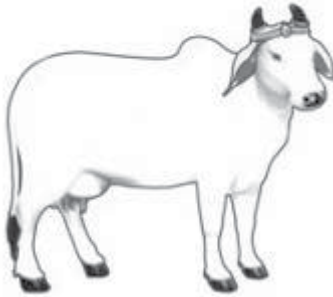
A true Teacher of Wisdom evaporates emotions through introducing the student into the practices of Praanayaama (and its related discipline). What the Teacher of Wisdom does is, he puts the student to emotional boiling. From out of the boiling, the vapours come, those vapours are collected by the Teacher and the Teacher condenses them as pure waters of love, compassion sympathy and understanding through imparting the first two steps of Yoga namely Yama, Niyama. The difference between dirty waters and pure waters is the dirt. The dirt is filtered, waters are distilled and pure waters of life are restored. Then the Teacher of Wisdom also burns up concretised thoughts through elaborate discourses on Wisdom. Concretised thoughts are the limitations of the student to progress on the Path.

In the occident, this habit of working with the Fire has come to be lightening a candle. We are supposed to look at the flame and visualize that flame in our forehead and further visualise that it is inflaming all the impurities of the body at the mental, emotional and physical planes. When that is done regularly we are assisted by Fire to overcome our limitations. With the help of Agni we can burn up our impurities, and also burn up our deeper traits. The worship of Agni enables us to burn up our impurities, burn up the deeper traits, which exist in our psyche, burn up the past karma, and also ensure our recruitment in the "Path of Light". It also

ensures that we do not fall into temptations and illusions. It helps us to make the senses more radiant, make the mind more brilliant and enables us to progress on the Path, without hindrance. When such work is done regularly with the flame of the Fire, many benefits are bestowed on us, to progress on the Path.



Fire Ritual



Cow

Fire rituals done with Cow ghee could invite rainy clouds.



Group Prayers

May every time be good time when actions are of Goodwill.

Sanat Kumara



The Ancient One 3

Invoking HIS Presence and the related visualization during the new moon days helps to restructure our desire body. Desire is but a form of Will. Will relates to the soul and desire relates to personality. Lord Sanat Kumara helps transforming personality desire into Divine Will, the Will that directs the purpose of each incarnation. This purpose chiefly brings evolution of the souls from limitation to liberation. Lord Sanat Kumara is thus the presiding angel over the desire nature on the planet. He regulates the desire of the disciples when invoked. Desire need not be (should not be) killed. It needs to be re-oriented. Desire is Divine. Inappropriate application causes fall. Appropriate application causes rise. This is one secret, which is generally not known. The religions speak of killing the desire, which is not desirable.

Sanat Kumara dissolves undesirable desire patterns, when invoked. Visualise that you are entering into Shambhala in the northern Himalayan regions and that you are at the portal of the Ashram, waiting for the grace of Sanat Kumara. This would rearrange our desire body to a better state on the path of Yoga.

Sanat Kumara is the Teacher of the Teachers and Ruler of the Rulers on the planet. But HE seldom speaks. HE gives HIS Presence and helps the Hierarchy. HE is the Lord that came to this planet via Venus and HE remains in the second ether of this planet.

HE gave the teachings relating to the path of discipleship in 24 Sutras, aphorisms or commandments. Lord Sanat Kumara gave these commandments to emperor Pruthu. Later Lord Maitreya gave these teachings to Mahachohan who is known as Vidura in Indian scriptures. It is to this Mahachohan, (Vidura, the Grand Master of Civilization), the World

Teacher Lord Maitreya re-narrates the doctrine of Yoga as is given by Lord Sanat Kumara himself. They are recorded in Bhagavatam in the 4th canto by Veda Vyasa. These commandments given out by the Lord of the planet constitute the complete path of discipleship.



Maitreya and Vidura

From the Teacher's Pen

Questions and Answers

Ray Types 7



Question: Master, please explain how the individualized souls express their ray types and how to rectify and regulate them.
(continuation from the previous issue)

Answer: Ray 7 personality

Seventh Ray in its negative dimension results in : Use of magical powers for selfish ends. The one who lives with selfish ends, sits upon the fence. He misunderstands the Plan. He makes wrong use of the speech to gain what he intends to gain for himself. In him, the power of sex takes to a selfish perversion.

One has to guard himself from the above said traits. He should turn basically from being selfish to being serviceable. One should resolve that he shall live to serve not to be served. He should consecrate himself that he shall breathe only to serve and look for fulfilling the ends of the others. When one resolves to beg for others, the nature fulfils him faster than when he begs for himself. Even prayers shall have to be to benefit others, to fulfil others' need and not to benefit oneself.



Agni

An Introduction into the
Work of Cosmic Fire, 58

4. The Solar Fire

The Laws of Solar Fire: Realising the Divine as Chemical Integrity

It is like my asking you all, going from room to room: "I am not able to find Mr. Kumar, do you see him anywhere?" Then you are also equally good in the game, because you also do not know as much as I don't. Then you will come and say: "Did you search him in the bathroom?" Then I say: "Yes, I searched him I did not find him." "Did you search him in the lunch-room?" I say: "I searched him in the lunch-room, he is not there." "Daily five hours, he does something in a hall, in the ground-floor. Did you search him there?" – "No, I did not see him." "Most probably, he must be in the kitchen, because he likes coffee." So, I go into the kitchen to search for Kumar. I don't find him there. How can I find Kumar in the room? Assume that there are no mirrors. For the purpose of the story, I am telling that there are no mirrors, and I keep searching for Kumar in the room objectively. Then I am getting more and more worried, because I am not able to find Kumar. And I start running on the roads of Wipperfürth searching for him. Someone may say: "May be he has gone back to India. So, immediately take the flight to search for him in India." And someone will say: "Yesterday, he gave a lecture here about Himalayas, May be, he went to Himalayas. So, search for him in Himalayas." – And the anxiety grows and grows and I start weeping in search of Kumar. Looking at the mess I am creating and the nonsense I am suffering from, a wise man appears in Himalayas, which happens as a normal incident, and you have the same question to him: "Sir, did you see Kumar anywhere in Himalayas?" He says: "Yes!" For the first time, there is relief. That is the relief we feel, if someone tells us, he has seen

God. That is why we are after so many god-men. Because they have seen God, we also want to see God. So, the man whom I met shows me to me: "You are Kumar! And you cannot see you, if you search for you outside. Search for you inside and find yourself! There is no point in searching for yourself outside." That is why we don't find the Lord of the 2nd ray, because we don't see Him as our own being. This is the trick, He plays on us. He makes us feel that we are different from Him and enjoys the game that is being played. But He does not put us into troubles, only to that extent which we can bear. He keeps playing with this kind of diplomacy. So, when He exists as the awareness of self-consciousness in us, the best way to experience Him is to feel about what is the self-consciousness. Just, let us retain to our rooms – not the rooms given by Mercury School – but our rooms inside. We have to retire into these rooms. And then find Him inside as I AM, because if we sit down quietly and look into our own being, there is existence felt by us. We can close our eyes and make an effort. From within He says like this: "I AM very much there in you." It is such a pleasant meeting with Him, if you can only think of your own self-consciousness. Slowly you will know that it is self-consciousness, but not your own. So, the self-consciousness that we experience is the existence of the solar fire in us. Is it not simple and direct to experience Him? And you can continuously do it. There is no indirect way of seeing Him. The scriptures say: "Nanya pantha." – meaning, no other path. Na means no. Anya means other, and pantha means path. Pantha and path is quite the same, in English and Sanskrit. If you remove 'n' and 'a', you have the English word 'path'.

So, the Lord says in the hymn of 'Purusha Sukta': "There is no other path, by which you can find Me. Don't waste your time to find Me in the objectivity without seeking Me in you." The man did not understand Then He said: "Okay, then see Me in salt as a saltish quality. See Me as the integral quality of saltishness in salt and sweet in sugar. And also see Me in your own being as self-consciousness. If you cannot do that, you can also see in two or three ways, but only to see Me. But they are not as direct as seeing the self-consciousness. You can see Me existing as magnetism in people."

This text is not proofread by the author and might have some mistakes.



Master *EK*

Vishnu Purâna
CHAPTER XIX

The Lord saves Pahlada 2

Then the Lord said: "Your consciousness, soaked in your devotion towards Me, stands undisturbed. Hence my grace is with you and you will stand in the ultimate salvation of things."

Parasara said: "Having said so, Lord Vishnu disappeared. Pahlada returned home and bowed down to his father's feet. The father took the boy near him and embraced with love, thinking that the boy was much afflicted by the tortures. He shed tears and said: "My boy! Are you safe?"

The boy followed his gurus and served them once again. Afterwards Lord Vishnu assumed the form of the Great Man-Lion and killed Hiranyakasipu. Then Pahlada became the king of the Daityas. He inherited the kingdom of his father with all the splendours of wealth, children, grandchildren and prosperity. Gradually he was liberated from the pairs of good and evil and withdrew from the power he had assumed. By virtue of his meditation, Pahlada attained the highest degree of salvation. This is the way in which Pahlada led his life as a devotee of the Lord. According to your interest and questioning, I have described his story, which is auspicious to the core. One who narrates this, or listens to this story with devotion, will never err. If one reads this story with devotion on the days of the full moon, new moon, half-moon or 11th moon phase, one will attain the state of one who has offered good cows to good people. The Lord protects them in the same way as he protected Pahlada.

The Science of Man

Dr K. Parvathi Kumar
First Young Group Life Teaching, Part 47
August 2001, Visakh

Creative Working 3

There is a classical example given about the satiation of senses. Many people say, if you satisfy the senses, you get satisfied. If you give a child chocolate, will it ever be satisfied? Will it not ask tomorrow again? It will ask two times, three times next day. There is no such thing as satisfying the senses. It is like putting off the fire with ghee or putting off the fire with kerosene oil or gasoline. Can you put off fire with gasoline? Gasoline is its food, so the fire will glow further. Desire satiation is not a solution. A restrained way of satiation is natural. With discrimination, you can use the senses for desire until you have gained the fourth chamber. Thereafter, instinctively you don't do this. It's not that thereafter you can happily go about and do all that you wanted to do. You can't do it because your nature has changed.

There is an astrologer to whom a person has gone to show his chart, because he is finding a lot of difficulties. He wanted to consult the astrologer to know how long these difficulties exist. The astrologer saw the chart. He found that he has a very long period of difficulties, something like ten years. But he can't say ten years because the fellow may die, meaning, he may get discouraged. So he said, "You have difficulties for five years." Then the fellow asked, "After five years I am well off?" He said, "By five years you will get accustomed to problems. You are well off because your mind accepts problems."

If you are exposed regularly to one problem or the other, you are very well a soften iron bar. The bar is made straight. The soul grows in strength only in difficulties. That's why there is a saying: "The pain brings due reward of Light and Love".

Of course this is just to give you the dimension because there is the movement of hippies, there is the movement of anarchism and all kinds of

things have walked through the Western nations. They have lost themselves in the process. A sage may look like a hippie but he is different, because the saint is not conditioned by his body. If you also have similar qualities, the ability to fast, the ability to abstain from sleep, the ability to be silent, then your body is not conditioning you and you can be as you like.

Many people want freedom but freedom cannot come until they overcome the conditioning of their mind and their body.

I just wanted to give you another dimension because in these last hundred years, we have witnessed many outbreaks of the individual souls. They want to break out from the present system. There is a way to break out, otherwise you will be broken. It is transcending but not escaping. If you escape, you will have to meet it one day or the other. This is one understanding.

I want to show you a school, a residential school where you find the New Age school of India. What we do in our school is also in relation to the New Age but there the children are taken care of by the teachers as it is a residential school. They have taken to a more complete daily routine. They wake up at five o'clock, they do their asanas, respiration, shower, then meditation and Gayatri, and then have normal education. In the afternoon, they do vegetable farming, and they also play. In the evening again they do meditation and Gayatri.

The emphasis is on raw food with some rice and chapaties, and they take very little quantity of salt. They follow the science of naturopathy. Children have come from many parts of India. They are something like 250 children there. They are going through an intense training which is ideal from the stand point of occult discipline. The school is five years old, and it has already gained a good name.

I just want to show it to you, because if you see the books of Master Djwhal Khul, he speaks of the New Age or the future schools where meditation, yoga and vegetarian food is imparted along with education, so that they have bodies with finer tissues, not dense bodies, but very delicate, yet strong bodies. It will be interesting for you to see.

This text is not proofread by the author and might have some mistakes.

Paracelsus

Health & Healing

Health and Behavioural Patterns



The health and wholeness of the body is according to the wholeness of breathing apparatus and its ability to oxygenate and render pure blood. The effectiveness of the breathing apparatus enables vitality for the body. The vital body permeates every part of the dense physical body. It is the background, the true substance of the physical body. The nature of force that animates the vital body and according to the quality of the activity of that force, there can be aliveness or sluggishness of most important parts regulated by the centers that lie behind the glandular system.

Time has come to correlate health with the behavioural patterns of the humans. If the patterns of behaviour are irregular, the force that animates the body tends to be irregular. Consequently, the vital body is put to frequent fluctuations in its vibration. Consistent and constant disturbance to the vital aspect of the body due to ignorant activity of man is the basic stimulator of ill health according to Wisdom Science. The breathing apparatus gets affected. The frequent breathing troubles, disturbed blood pressures and heartbeats are the cause of many sicknesses today.

Irregular habits of eating, restless working, inadequate sleeps when persist over years; one is bound to disturb one's health fabric. In addition to this, if one entertains malignant attitudes such as competition, jealousy, pride, prejudice, one would cause deeper dents into health. Fear, ambition, suspicion, doubt contribute further to hinder the free-flowing life force in oneself.

Life force is a flow in the human system. Any activity that frequently disturbs the free-flowing energy would impact health. It should be under-

stood that man cannot behave whichever way he likes and yet have good health. The activity of awareness and the activity of life should move in hand-in-hand in friendliness. For this reason, the seers of ancient times suggested harmonious living through equating food, work and rest. When an equilateral triangle in relation to the three is established, health can be restored. Ill-health can be mitigated. Ill-health in turn disturbs the activity; therefore, activity should not disturb the health. The two can either promote each other or destroy each other. One should think of qualitative food and qualitative work besides adequate sleep hours.

The physicians and the healers could do well to educate this dimension to all those who come up with sicknesses. Remedial measures to activity to restore health should be part of "Prescription". The general understanding "I eat medicines if I am sick" should be eliminated. Medicines should not be seen as the only means to cure. Physicians and healers should not be seen as magical workers. The sick too have their responsibility. They should be educated.

Dr. K. Parvathi Kumar

Extract from: **Paracelsus – Health and Healing**

Web-address : www.paracelsus-center.ch

Children's Section

On Service

HEALTH RESTORES NORMALLY AND NATURALLY
TO THE ONES WHO DEDICATE LIFE TO SERVICE.

Eternal Non-Fulfilment

Dear Children,

Once upon a time, a powerful king was in penance. An angel of wealth appeared to him and enquired of the purpose of the penance. The king sought wealth for his kingdom, a fulfilling wealth. The angel entrusted a stone and advised the king to set the stone in the temple. The king was bewildered at the beauty of the stone. He was carrying it with him, back to his city to restore it to the temple. The beauty of the stone was so bewildering that the king thought that he may cut a small insignificant chip of the stone and make a ring for himself, and to restore substantially the stone to the temple. The king did so with the help of a goldsmith and restored the stone to the temple.

During the first 12 years after such restoration, the wealth grew in the kingdom to the point of fulfilment. But thereafter, the subjects of the kingdom gained the trait to pilfer and gradually pilfered the wealth. Till date, the kingdom is unfulfilled while the trait to pilfer has grown to mountainous dimension.

Ponder on this story. Man today is perfecting himself more to pilfer than to fulfil.

K. Parvathi Kumar

Stories For Young People

Different Views

According to the order of her master, Madame Blavatsky and some members of the “Theosophical Society” travelled to India (ca 1880). The journey was accompanied and protected by the master himself, who took the name “Gulab-Lal-Singh” and as he ruled the province Rajasthan, he was titled “Thakur”. The arrival of the group in Rajasthan was a highlight of an arduous journey. The host himself welcomed his guests. Madame Blavatsky tells:

“Then came the Thakur-Sahib on horseback, escorted by a bodyguard of half a dozen broad-shouldered, bearded men, with long, waving hair, whom we had never seen before...

The dark silhouette of the man on horseback was thrown into sharp relief against the cloudless dark blue sky, and his enormous figure reminded me of the equestrian monument of Peter the Great. All of us were pleased...

Miss B. alone, with her usual tact, turning round and addressing ... perhaps the tails of the horses, exclaimed in a sad tone of voice: ‘Great Heavens! What somber and wild surroundings! People say the Rajputs are awful bandits... Wouldn’t it be dangerous for us to go alone into this country?..’”

H.P. Blavatsky: From the Caves and Jungles of Hindostan P. 441

Compiled by BK

WINDOW TO WORLD SERVICE NEWS & ACTIVITIES (Inputs welcome)

GERMANY

Name of the group : WTT-Group of Bielefeld-Gütersloh

Contact: Martina Schramm and Andreas Kaling

Address: Karlstrasse 13, D-33602 Bielefeld

Phone: ++ 49 - 521 171975

Email : matinaschramm@web.de

Activities:

We are about 10 persons.

- Regular meetings for full moon meditation with reading and eating together
- Meditation and meetings at solstices and equinoxes
- Sundays Diamond Triangle Meditation (now Peace Meditation)
- Support of External Stones - healing work
- Financial and material donations for refugees
- Financial support for various social projects and institutions
- Sponsorships, e.g. for schooling a Tibetan girl
- Participation and co-organization of various WTT group meetings like May Call Day, CVV-Sharing, Astro Sharing, Harmonization of the Subtle Body ...
- Healing work by disseminating knowledge of healing, counseling, prayers, music, life care
- Small group work to the writings of Paramahansa Yogananda

Picture of the Month of Sagittarius :

Sagittarius – Seven Seers and Seven Layers of Consciousness

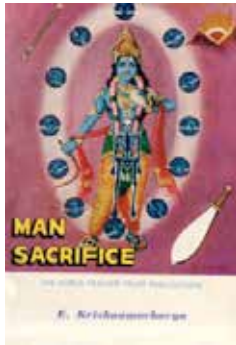


There are seven judges in the heavens as seven stars of the Great Bear. They come down to earth as principles, expressions, races and prototypes of men. The seventh and last of them in order is the law of protection, service and love. Sagittarius is called the sign of judgement. Eminent judges are born under this sign. To the spiritualist, the judge in him is awakened through a meditation of the symbolism of this sign. By the seven judges, who come down through Sagittarius as the seven layers of consciousness in man to lay the law, the balance of judgment in world affairs is conducted through the sign Libra. Man is saved by law after the judgment through Leo. The word of law is expressed through Gemini. The application of this key is left to the intuition of the student for the present.

Dr. E. Krishnamacharya: Spiritual Astrology

Book Review

Man Sacrifice

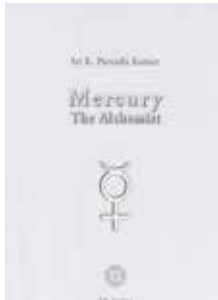


To the wise ones the yogic path forms the habit and saves them from the concept of death and makes them enjoy the span of life. They do not create a nature of their own and get entangled in it. This book presents the events relating to Krishna's life at the time of His dropping the physical sheath. Even the so-called event of death has also been made use of the Lord for the benefit of humanity in a perfect yogic style. Through this book the author intends to disperse away the illusion of death and bring nearer the experience of life.

Ekkirala Krishnamacharya : Man Sacrifice

Info: Kulapathi Book Trust kulapathibooktrust@gmail.com

Mercury – The Alchemist of the Age



Mercury is the golden middle principle that can compromise the high and the low, the left and the right, the male and the female, the positive and the negative, the spirit and the matter, and the Divine and the diabolic. Mercury is impersonal, and the one who is governed by Mercury is impersonal as well. He is the agent of divine alchemy, to synthesise seemingly divergent energies. Mercury is the friend with whom all agree.

He is the centre around which things tend to gather. Mercury is the light of the soul that soothes, heals, magnetises and thereby enlightens the surroundings very impersonally.

K. Parvathi Kumar: Mercury – The Alchemist of the Age

Info: The World Teacher Trust, info@worldteachertrust.org

PDF: http://worldteachertrust.org/_media/pdf/en/mercury.pdf

Astrological Important Days in November/December 2016

21.11.	22:22	☉ → ♊ / Sun enters Sagittarius	
☽		☉ in ♊ – Every morning: <i>Utilize the two hours before dawn for intense spiritual practice – particularly the first 13 degrees of Sun's transit</i>	
		☉ in ♊ – Every Thursday (24.11., 01.12., 08.12., 15.12.): <i>Healing prayers and healing work</i>	
24.11.	00:56	11 th phase of descending moon starts	☾ 02°08' ♊ / ☽ 02°08' ♋
♈		<i>Contemplation upon Lord Nârâyana</i> (End 25.11. at 03:11)	
28.11.	10:51	Phase of new moon starts	☉ 06°36' ♊ / ☽ 24°36' ♋
☽		New moon point of Sagittarius: <i>Contemplation upon ,The Pledge'</i>	
29.11.	13:18	● New moon of Sagittarius	☉ 07°43' ♊ / ☽ 07°43' ♊
05.12.		Departure of Śrî Aurobindo from the physical (1950)	
☽	06:02	23 rd constellation <i>Dhanishta</i> starts	☽ 17°26' ♌
	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends on 06.12. at 06:55)	
06.12.	22:21	● 8 th phase of ascending moon starts	☉ 15°12' ♊ / ☽ 09°12' ♋
♈		(End 07.12. at 21:34)	
09.12.	17:58	11 th phase of ascending moon starts	☉ 18°04' ♊ / ☽ 18°04' ♋
♀		<i>Contemplation upon Lord Nârâyana</i> (End 10.12. at 15:14)	
13.12.		Departure of Śrî Nicholas Roerich from the physical (1947)	
♈	04:46	Phase of full moon starts	☉ 21°34' ♊ / ☽ 09°34' ♋
		<i>Contemplation upon Lord Dattâtreyâ, the Lord of Yoga, and upon Master Kût Hûmî (Devâpi)</i>	
14.12.	01:05	○ Full moon of Sagittarius	☉ 22°26' ♊ / ☽ 22°26' ♋
20.12.	14:14	● 8 th phase of descending moon starts	☉ 29°05' ♊ / ☽ 23°05' ♋
♈		(End 21.12. at 15:47)	
21.12.	11:44	☉ → ♏ / Sun enters Capricorn	
♏		Winter Solstice: Birthday of Jesus Christ	
		☉ in ♏ – Every morning: <i>Contemplation upon the brilliant-white 5-pointed star during the twilight hours</i>	
23.12.	20:24	11 th phase of descending moon starts	☉ 02°24' ♏ / ☽ 02°24' ♋
♀		<i>For healing</i> (End 24.12. at 23:02)	
28.12.	06:06	Phase of new moon starts	☉ 06°54' ♏ / ☽ 24°54' ♊
♏		New moon point of Capricorn: <i>Contemplation upon ,The Pledge'</i>	
29.12.		December Call Day	
♈	07:53	● New moon of Capricorn	☉ 07°59' ♏ / ☽ 07°59' ♏
01.01.	11:31	23 rd constellation <i>Dhanishta</i> starts	☽ 17°26' ♌
☉	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends on 02.01. at 12:21)	

All times are in CET (Central European Time)/UTC+1 (Universal Time Coordinated plus 1 hours);

From: »Astrological Calendar 2016/2017«; www.worldteachertrust.org

Publisher: The World Teacher Trust-Global, Büelstr. 17, CH-6052 Hergiswil

Great Invocation



Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



OH LORD AGNI!
WE PRAY THAT WE MAY BE LEAD
THROUGH THE PATHS OF RIGHTEOUSNESS (OF LIGHT),
FOR YOU KNOW THE LIGHTED PATHS OF THE UNIVERSE.
LEAD US, GUIDE US AND ENSURE THAT
ALL OUR KARMA IS BURNT ON THE WAY
AND THAT WE TEND TO BE THE LIGHTED BEINGS
IN THE ETERNAL KINGDOM OF LIGHT
TO SERVE IN JOY!

ISA VASYA