

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Sagittarius 2015 Dhanus

Letter No. 8 / Cycle 29 - 23rd November until 22nd December 2015

The World Teacher Trust - Global



Invocation

May the light in me be the light before me.

May I learn to see it in all.

May the sound I utter reveal the light in me.

May I listen to it while others speak.

May the silence in and around me present itself,
the silence which we break every moment.

May it fill the darkness of noise we do,
and convert it into the light of our background.

Let virtue be the strength of my intelligence.

Let realisation be my attainment.

Let my purpose shape into the purpose of our earth.

Let my plan be an epitome of the divine plan.

May we speak the silence without breaking it.

May we live in the awareness of the background.

May we transact light in terms of joy.

May we be worthy to find place in the eternal kingdom OM.

Master EK



Letter No.8/Cycle 29 – 23 November until 22 December 2015 ↗

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Prayer of the year 2015/16

WASH KARMA IN SPACE.
ON THE DEEP BLUE SLATE PAINT EVER-ELEVATING COLOURS,
EVER AT THE FEET OF THE MASTER
IN THE VAISAKHA VALLEY.



Full Moon of Sagittarius, 25th of November, 2015, 23.44 pm



Message of the Month of Sagittarius

An archer on the white horse is the ideal symbol of Sagittarius. The horse moves on the clouds like a lightening, while the rider on the horse is invincible, brilliant, focused, sharp and magnetic.

Sun entering Sagittarius is a great festival. It opens doors into golden light which in turn opens doors light to diamond light. The golden light and the diamond light are reality only to those who have set themselves onto the path of ascent with iron will. Such ones are called the “arrows”.

An arrow moves fast and hits the target. It is swift. It is also sharp and is fine-tuned to pierce through. It pierces through the obstacles. An aspirant should be as sharp as an arrow. He needs to gain the needed focused attention and precision. He cannot waste time in side issues. He has a single pointed program to reach higher circles one after the other.

To do so, he needs a white horse and a strong bow. If he prepares the white horse, he would be given the strong bow. Strong bow is of no use to those who do not prepare the white horse.

White horse is a pure personality built over virtues. It has an open, transparent mind, alert senses that have quick perceptions and the body with much vitality. When an aspirant works out such personality, a teacher approaches him and gives the bow. The bow is the sacred sound or mantra. The aspirant seating on the white horse, picking up the gifted bow sets himself as an arrow and reaches farther lands. May this be recollected as aspirants enter into the sun sign Sagittarius. May they progress from mundanity to super mundane spheres of golden light and later of diamond light.



Message of the Teacher

Frustrated Idealism

Disciples that strive towards idealism get frustrated. Idealism shall have to be tempered with practicalism. If not, certain diseases appear in their physical mechanism. Idealism inherently holds in it a coloured understanding topped by emotion. Emotions add to sicknesses when ideals are found to be distant and unattainable.

It is for this reason rhythms have to be set in. Rhythm brings in needed order and gradually eliminates the disorder. It subtly evaporates the coloured emotions and settles pure devotion which is an advantage. While emotion is undesirable, devotion is a desirable tonic to vitalize the disciple. It affirms and assures the eventual divine manifestation within.

May this be noted by disciples to eliminate diseases of the nervous system and its inherent weaknesses.

Gita-Upanishad - Lord Sri Krishna -



Pursuit of Yoga

*PRAAPYA PUNYAKRUTAAM LOKAA NUSHITVA SAASVATIHI SAMAHA
SUCHINAAM SRIMATAAM GEYHEY YOGA BHRASHTO ABHIJAAYATHE*

“In case a student of Yoga, while pursuing yoga, digresses from the discipline due to irregular mind, depending upon the progress he made in this life, he would be reborn in a family of righteous wealth to pursue the Yoga. Before such birth, he would stay many years in planes of Light” (6/41)

Commentary

Lord Krishna’s assurance as said earlier is very comforting. All those who enter the path of yoga may not get fulfilled in that very life; it could even take twelve lives or more to gradually fulfil in the eight-fold path of Yoga. It is but normal that many encounter death even before they are fulfilled in yoga. But, having entered the path of Yoga and having pursued a life of goodwill and the related offering to the surrounding life, one would not lose the edge that one gained by such practice.

The good acts done which are selfless in nature have their reward in the divine and subtle world for certain years. Later, the student would be born in a house where there is purity as also righteous wealth.

The purity helps pursuing Yoga and the inherited wealth comes handy to pursue the path of yoga, for the student need not have to toil for livelihood. Considerable time is saved for him which he can devote to Yoga since he has enough wealth to sustain his life and the life of his family.

The Lord speaks that the rebirth would be in a house of “righteous wealth”. Righteous wealth only enables the needed comfort. If it is not so, the wealth may bring the related litigations, disputes and problems which would claim the time of the Yoga student. Once livelihood is as-

sured, the student quickly picks up the traits of the Yoga practice which are inherent in him.

The Lord also speaks of purity of ambience. This is also of equal importance for a Yoga student since he does not have to create a pure base to start with. Pure in the sense the habits at home where he is born are congenial for Yoga practice – such as pure vegetarian food, cleanly habits, noble thoughts and theistic practices. A pure base is like a good runway from where a flight can take off.

Thus, entry into and practice of Yoga even if not fulfilled in a life, prepares a good base for the future life where there is purity of ambience and righteous wealth. The student can straightaway recollect the traits of Yoga and progress. The time of recollection depends upon the student's attained state of purity. Some may pick up at the 10th year, some others may pick up at the 20th year or 25th or 30, 35 or 42, 49 and so on.

The transit time from death to birth is also one of comfort, for the student is rewarded with habitation in the subtle plane for a while, for his acts of goodwill.



Message of Lord Maitreya



The Law

The parameters relating to our work are based solely on the laws of nature. The only law that we follow is the nature's law. The teachers follow nature's law but no other. The laws of governance as nations impose and the subjects follow are out of our purview. They belong to national conveniences. Following the nature's law is different from following the laws of the land.

When the laws of the land are not followed, the governance punishes. When the laws of nature are not followed, the nature punishes. We are at sympathy with the subjects of all nations; for, there is too much governance besides nature's governance. The nature is the true governor while the governments are intended to be custodians of nature's law. When kings were at work initially, they knew the nature's law and governed. When the kings tended to power and neglected the law, the priests governed the law and advised the kings. When the priests also tended to power, the law fell into the hands of commons and in due course, degenerated. Man-made laws have come to be which are not in tune with nature's law. The governance when it tunes with the laws of nature, harmony can be hoped for. Peace and harmony exist not with artificial laws of governance.



Message of Master Morya - Maruvu Maharshi -

Duality

The world survives by duality. It has its own goodwill and evil in action. There is a hierarchy that promotes goodwill. There is also a hierarchy that promotes evil. As much as there are activities of benevolence, there are also activities of thieving and looting. One hierarchy promotes culture and civility of the beings while the other obstructs and promotes contrary culture. Efforts for evolution are countered by efforts to resist such evolution.

Ignorance always awaits to consume knowledge. Ignorance is aggressive while knowledge is neutral. The neutrality of knowledge is seen as a weakness by ignorance. Knowledge resists ignorance but does not fight ignorance. Ignorance is ever active to obstruct the activity of knowledge, to insult it, to misinterpret it and to slight it.

As disciples, one should stay neutral and resist ignorance and yet, not fight it. Fighting ignorance promotes more and more fights. Human history is full of fights and wars at global level. War is not a solution as we see it. War becomes inevitable when ignorance is assertive.

Master Koot Hoomi
- Devâpi Maharshi -



Miracle

Know that there is no miracle. There is no super-natural happening. All is but natural. Nature has eight folds, one being different from the other, one being subtler than the other. The eightfold nature is presided over by the root nature which is the ninth one. Events can happen in any of the nine states of the nature. The ninefold nature needs to be known to understand the science of magic. Science of nature is not taught in its completeness today. Only the physical or gross nature is studied but not the subtle.

The future study of natural sciences would include study of subtle nature such as colour and its velocity, sound and its vibration, number and its potency, symbol and its efficacy.



Message of Master *EK*

Action - Results

Accomplishments and failures keep happening in tune with the divine order. Beings are but instrumental. What they do and what culminates into fruition are not interconnected. There is an unseen dimension. Yet, beings need to do what is to be done regardless fruits of action. The fruition is as per Divine Plan. When one knows this, one does what is to be done and does not suffer the results of action.

Vidura

Wisdom Teachings



The tree standing alone,
however strong,
can be uprooted by the gale.
Likewise,
the man standing aloof, however strong,
can be defeated by enemies.



Shirdi Sai Sayings

Your Concept

I live in a mosque, but I AM not a Muslim. I lit holy fire, but I AM not a Vedic Hindu. I speak of Allah to the Hindu and of Ram to the Muslims. I wish to break your concepts about Me so that you realise Me beyond your own concept as "True Consciousness".

Message of Sri Ramakrishna

Realisation of God



He who can resign himself
to the will of the Almighty
with simple faith and guileless love,
realises God very quickly.



On Secret Doctrine

Beware of Illusion

Seek for him O Disciple who gives you birth in the Hall of Wisdom. He is the initiate who leads you through knowledge by imparting discipline, called Discipleship. The knowledge that is given to him is imparted to you for your spiritual birth or second birth or birth in light. Know you O Disciple that he is truly the Father for your second birth.

Know you O Disciple that he relates you to that which is 'Uncreate' which abides you. As you relate to the 'Uncreate' in you, you are also informed of its light in the Hall of Wisdom. He gives you the technique to relate to the 'Uncreate'. As you aspire for it, so would you divest yourself of your garments of Illusion.

Know you O Disciple that preceding the Hall of Wisdom is the Hall of Learning. This hall is dangerous in its perfidious beauty. It is but needed during your probation. Dazzled by the illusive radiance thy soul stands in the danger of being caught by its deceptive light.

In the Hall of Learning, know you O Disciple that from the jewel of the Great Ensnarer shines the light which bewitches the senses, blinds the mind and leaves you as an unwary, abandoned wreck.

Know you O Disciple that you tend to be a moth attracted to the dazzling flame of the night lamp. The moth is doomed to perish as it reaches the dazzling flame. The unwary soul that fails to grapple with the mocking demon of Illusion returns to Earth enslaved by 'Mara' (the intelligence of Illusion).

Lay Man's Prayer



Troubles in our lives are the real Teachers.
We complain of our troubles.
We least realise them as Teachers, Your Messengers.
Teach us to learn through Troubles.
We Pray.

Discipleship

Accommodation

Men think that it is convenient to have one teacher, one religion and one idea. But nature does otherwise. It yielded many religions, many prophets, many teachers and many ideas. It also offers many incarnations. In such manyness, there is fullness. In that fullness, many are allowed to exist. Nature accommodates all. Narrow-minded men cannot. Their mind's horizon is limited. Instead of trying to limit a great idea to fit into a pigeon hole, it is wise to come out of the little mind and accommodate all ideas in the heart. Heart is accommodative, mind is non-accommodative. Discipleship is a striving to be accommodative from being a non-accommodative, sophisticated, cultured, superfine, snobbish individual.

A disciple

The Teacher

14. Naba Bindu Kalatmakam

Embodiment of self-emergence,
sound and light



The Teacher is an emerged Existence. He is the one who got merged into the Absolute through deep contemplation, meditation and samadhi. In the state of samadhi he remains for long years in communion with Universal Existence. He emerges once again as per the Divine Will to help the beings. He remains a spiritual permanent atom emerging from the totality. This atom is called bindu.

Every soul is essentially a spiritual permanent atom but engrossed in creation at different planes with different sheaths. The soul descends into seven planes up to the physical and as human it engrosses itself in the mental, emotional and physical plane. The seekers try to gain the buddhic, the blissful, the atmic and para-atmic states. The Teacher functions with facility in all the seven planes while the student tends to accomplish the higher planes commencing from the mental plane. The Teacher guides according to the fitness of the student into various planes of awareness. The immediate superior plane to a student with a clear mind is the buddhic plane, it is the plane of light. The placement of this plane in the human is in the heart. With the help of the Teacher the student ascends into the buddhic plane of anahata. It is in this plane he experiences much golden light, sees beings of golden hue and form. In sleep hours through dreams and in meditations through visions a student of buddhic plane would see many angels, Teachers and other beings of noble countenance, stature and gait. He frequently finds experiences of entering into cave temples of various mountain ranges. He sees symbols of various lights. During this time he gets engaged with much light of wisdom. He practises much self-study, visions many divine beings and serves humbly in the mundane world. His engagement with the light and

the lighted beings is with the aid of the Teacher who gives him the touch of light which is called the activity of kala.

Later the Teacher gives the touch to cause ascent into the realms of sound where the student listens to a variety of musical sounds emerging from different musical instruments. He finds not only the lighted forms but also the musical sounds. He enters into a field of sound and light activity. It's highly engaging and many Truth seekers get fulfilled and satiated with the light and sound. Many get back with this experience of light and sound to aggrandise themselves in the mundane world. But a few follow the Teacher to enter into the blissful states of Atman, the Self, the I AM. Remember, as the student enters into the field of sound and listens different nadas within, he already ascends to the regions of the throat. And as he pursues Atman, he reaches the bridge of the eye-brow and stays at the centre of the eye-brow which is the peak of the personality. Staying stable at the peak, withstanding the winds of nature, he stably contemplates upon I AM, the spiritual permanent atom. The Teacher helps him, forming a triangle, to enable him build a bridge between the personality and the soul. Long years of sustained practice would enable one to link up to the soul.

Thus, the Teacher enables experiencing the light, the sound and the soul. Later he encourages the soul to join the Super Soul, bids him farewell and meets the student after the final accomplishment. The Teacher is himself a fourfold person like the Divine Purusha and accompanies the student like a friend up to the penultimate state and later blesses the student to join the Brahman. The Teacher himself having come out of Brahman imparts the path of light (kala), of sound (nada) and of the soul (bindu). Therefore, he is called bindu nada kala impartar.

Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart.

Kapila

Four Models of Creation 6

Water



The water born out of taste (which is born out of light) carries the following characteristics

- a. To bring forth changes in matter through interactions
- b. To wet the matter
- c. To soften the matter
- d. To satiate the life through drinking, bathing and washing
- e. To cause the link up between the bodies and their indwelling souls
- f. To even out life activity at macro and micro levels
- g. To integrate solid matter
- h. To neutralise the heat
- i. To form as springs to spring forth by use / extraction



Ashram Leaves

The Observer

Two winged birds form two halves of one. They remain circling the tree of all measures. One among the two eats the fruits of the tree and the other lives observing the one.



On Love

Knowledge leads to detachment.
Love leads to attachment to God in all that IS.
One leads to understanding;
the other leads to experience.





Fire

The Spur

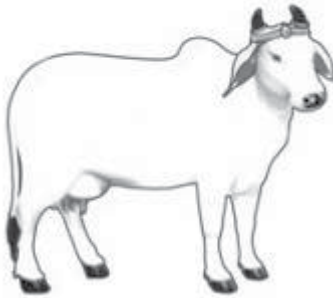
From seeming nothingness there is a spur. That spur unfolds a great light, which forms itself into a sphere. Then, the sphere receives a further spur; consequently the globe unfolds into a lotus. When the globe unfolds into a lotus, many intelligences find their expression. These intelligences are the cosmic intelligences. Thus, that which is called Cosmic Fire is the first bang that happens from space static to space dynamic.

The dynamism in us is also Fire. We do not recognise the spur that awakens us in the morning. What is it that awakens us in the morning? After it awakens, we know that we are awakened. We do not awaken from sleep; we are awakened from sleep. Sleep is a state of apparent non-existence; it is not non-existence, but it is apparent non-existence. What is it that causes the static state of sleep into the dynamic state of awakening? Unless something stimulates the static aspect into the dynamic aspect we would not come to the awakened state. The stimulation comes from within the static state of existence.

Seldom, we pay attention to that intelligence in us which causes the awakening. After awakening, yes, we have a lot of activity; but what is it that caused the awakening? That is the link between seeming non-existence to apparent existence, which Madam Blavatsky defines as "From seeming nothingness to apparent something", Master E.K. puts it as "From negative zero to positive zero". Zero negative is static, zero positive is dy-

namic. The seeming non-existence is capable of manifestation. We walk into the zero negative when we walk into the new moon hours, nil-ness. When we walk into the full moon hours it is walking into fullness or zero positive.





Cow

The one who ritualistically serves Cows would receive the same benefits as he would receive by conducting innumerable rituals and sacrifices.

Violet Flame Invocations



The Dog at the Temple watches the door.
The Master's Lion stares and steers the entrants.
The Polar Bear moves dancing round.

The Eagle at the roof watches around.
No thief and rogue dares to enter.

Three Maidens bless gently.
All-seeing Eye observes all.

Temple work goes on in silence!



From the Teacher's Pen

Questions and Answers

Identity

Question: Master, can mother's love be seen as divine love? If it is divine, why discord exists between mother and children specially in the West?

Answer: Mother is mother be it in the East or in the West, be it for the beast or human. Mother's love is more instinctual and is possessive. It is not the pure love of a Master of Wisdom. There is a psychic affinity between the mother and the child by which the mother feels the child. The blood magnetism holds the child. If you notice well, as much as the mother feels the child, so much the child does not feel the mother in later years. The offshoot does not feel so. This is common in humans as also in animals. The additional factor in humans is the mental association. The mother-child affinity has different experiences. It could be positive, it could be negative and it could be indifferent. The deciding factor is Karma. Love stands beyond and is impersonal.

Agni

An Introduction into the
Work of Cosmic Fire, 49



4. The Solar Fire

Giving and Sacrificing 2

There was a disciple who wanted to give, and as he was giving, he was feeling more inside. A Master has observed it, and one day, He called him to His ashram and told him: "I want you to be happy, and hence, please don't give." The disciple was surprised. He asked the Master: "Master, the books say that we should give." The Master said: "Yes, the books say that you should give to experience bliss, but not to experience misery. We want all beings to be happy at all times. Don't indulge in great acts and suffer! Be happy! And if something in you worries you, each time, when you give something, better not give." The disciple said: "But how to proceed without giving? There is something which makes me give!" Then the Master suggested: "Give that much which you can give and forget! – If you start feeling by giving a Deutsch Mark more, stop at that point! Slowly you will learn to give more and more. The fruits are not given by the tree overnight. There is what is called a time dimension for evolution. So, don't push yourself too much! And at the same time, don't sleep! Push yourself as much as you can to the extent you can bear it. And even if you want to push yourself beyond your capacity to bear, you can't do it."

Then the disciple asked the Master: "Please, give me some more understanding about giving!" Then the Master said: "In what I told you, there is every understanding. In so far as you have pleasure in giving, keep giving. And slowly you will learn to give more. Where something in you complains, when you are giving, stop at the point for the moment, because in creation no one demands that you should give. And there are

other situations where you would be compelled to part with your properties. In the name of sons and spouses, your money will be shared by people and you think you are sharing with them. In the name of a young woman who happens to be your wife at a future time, and in the name of your own children, you will learn to share with others. Nature will gradually teach you to share. So, share as much as you can, in so far as you don't lose pleasure. And whenever you think of sharing or sacrificing, it remains a natural act in so far as you carry an attitude of love towards the person with whom you are sharing. Where there is an attitude of love towards someone, then sharing is not a difficult process. See, how much a mother shares with her children and a wife with her husband and also how much a man shares with his wife and children. What is it that makes him or her share? – The attitude of love! The attitude of belonging! These are my people; I have a responsibility to them. So, it is the loving attitude that makes a person share." – And the Master said: "Verify in your own being, whether you carry enough measure of love, when you are doing an act of giving."

You will not work with arithmetic, when you are giving something to the one whom you love most. Suppose you have to do something for your own son. And it is very, very important for your son. Do you count: "Should I give this much or one third of it?" Or your own wife is sick, and she needs a major operation, and it costs a fortune. Do you hesitate? You may hesitate, if you don't have love. But it is not normal with a human being to hesitate in such situations, if he is a human being. People lose their whole fortune for the sake of the life of one member of the family. What is it that makes them do this? That is, what we call 'the attitude of love'.

So, the Masters of Wisdom orient the triangle in a fashion where love stands in the apex. If you carry enough love, your sharing is natural. There is no unnaturality of feeling about giving. To feel about giving is something unnatural. It arises when we don't carry enough love with us. So, love as the basis, sacrifice can be conducted easily. Knowledge as the basis, you can never sacrifice with love.

To open the fourth triangle of the egoic lotus, these higher dimensions have to be experienced. The dimension relating to distribution – Master Pythagoras explains distribution in two ways: one is called isosceles

triangle, the other is called equilateral triangle. He says: "Equi-distribution is an aspect of isosceles triangle." That means, that which we have to share it with all others equally. That is a major initiation. But there is a further step to it which makes man a Master. We all aspire to get into that kind of light, where we experience mastery. The difference between a sacrificer and a Master is: a sacrificer sacrifices all that He has, but a Master not only sacrifices all that he has, but also sacrifices Himself. It may be easy to give that which we have. It may be, because it is also not so easy. But a Master gives Himself, and hence, all that He has, is also given. All that He has, He allows all to share, and He also allows others to share Him.

We have an excellent example in Jesus how He had allowed Himself to be shared by people. He had sacrificed Himself. That is called 'Man Sacrifice', and He started living in our hearts immortally and eternally. That is how a Master not only gives that which He has, but also gives Himself.

So, in the process of mastering life as a human being, we shall make this flame glow more and more and more. So, the flame grows and the Manasa Devas function with greater effectiveness. And the mental unit is slowly prepared towards magnetization. That is how slowly matter is covered by the magnetic presence of the Manasa Devas. So, the purity of matter throughout the preparation is an essential condition. If matter is not kept pure in all the three worlds, there is no rising of the fire called Agni Suryans. Unless the Agni Suryans move upwards, they cannot experience the presence of the Agni Shvattas which descend up to the third sub-plane of the mental plane. So, that is why keeping the mental unit and the vehicle relating to it in good state is an essential condition. Unless it is kept in good condition, magnetization gets dispensed, and hence, the importance of working with the 7th ray activity of rhythm and system which was explained elaborately and also the importance of working with the 6th ray energy of aspiration towards a goal.

The fiery aspiration makes the Agni Suryans move upwards. I may recollect the story of the man who fell in love with the beautiful eyes of the prostitute. It is a single-pointedness or one-pointedness towards an aspiration which gathers enough fire to move upwards. And thereafter, it is also narrated that we have to work with pure motives to keep the mental

unit in good condition.

So, for long periods of time, we have to maintain these three aspects:

- Purity of motive in all actions
- purity of thought in all activities and
- the fiery aspiration which keeps the pure thought in continuous existence and continuous projection,
- and a rhythm and system in life that keeps all the three activities in good state.

So, keeping these things in view when you work out with the triangles relating to the nine petals of the egoic lotus, the flame which exists as a triangle over the Manasa Devas – that is the inner triangle – starts emitting light. So, slowly there is, what we call the formation of the body of light. So, that is how the body of light is built through the living of virtues. Unfortunately, there is no other way of building it. We cannot build it outside in the industry and insert it into your body. It has to be built from within, and it has to be built through our own good actions. When once that body is formed, you spread light. The devas function through you, not only the Manasa Devas, but even the higher intelligences function through a body of light. Hence, the importance to function in terms of the instructions given.

This text is not proofread by the author and might have some mistakes.

Master *EK*

Vishnu Purâna
CHAPTER XVII

The Greatness of Prahlada 3



See how some people practise physical culture exposing their bodies to various troublesome practices and how they think that this is happiness. To the eyes dimmed with illusion even physical blows appear as happy things. See how the male and female struggle in sex and interpret it as happiness! In fact the body is nothing but an aggregate of physical cells, combustion and pulsation. What to say of the beauty, grace, attraction, brilliance and skill of this body! If the living being tries to seek pleasure amidst the hell of flesh and blood, fat and stool, urine and muscle, what to say of intelligence. In heat they try to have cold, when the body wants water they call it thirst. When it wants fuel they call it hunger. Thus they work out the process backwards and they call it their search for happiness.

Oh! sons of the demons, to the extent that one depends upon one's clinging to the concept of happiness, to that extent one derives unhappiness as a reflection on one's mind. To the extent a creature develops associations of happiness to his mind, to that extent the incidents of unhappiness dig his own heart as many pegs. Whatever is there in his house or under his ownership is there in his mind. When the outward thing perishes, burns or is stolen away, its counterpart in his mind still remains in his ownership to trouble him.

See how much sorrow awaits a creature when it is born and how much more sorrow awaits it as it fast approaches death. See how troublesome it is for the traveller to pass through the hell of Yama (the god of death)

and how smothering to enter the womb. Can you imagine even a speck of happiness while in the mother's womb? Understand and be sure that all change, when it is felt, is nothing but sorrow. This is the content of what they call the ocean of bondage. And all this is made up of the one who pervades everything. Know Him as the Lord of pervasion, the truth of all truths. Take refuge in Him, this is the ultimate Truth.

Never begin to believe that the living creature in this body is permanent. Birth, youth, old age and death are to the body and not to the indweller, who is one with the Lord of pervasion. I may be a boy but I strive hard for your upliftment. When one is a boy one expects happiness in one's youth. When one is a youth one should aspire for something progressive for the soul. When one is a youth one hopes to acquire something for one's future happiness. When one is old, nothing is left but the glamour of enjoying anything. The ability to enjoy is lost, although we continue to wish to enjoy.

Thus the creatures are shifted by the power of vain hope from stage to stage, from age to age. They travel towards the things they desire and their thirst is never quenched. In childhood they are engaged in play. In youth they are engaged in the objects of the senses. In old age they are engaged in ignorance due to their incapacity. When old age comes they cannot stop it. It is therefore desirable to choose that which is really desirable even from childhood, when one is still full of energy.

One should not identify oneself with one's childhood, youth and old age. One should objectify and observe them as the stages in the life of one's body. If you think that what I teach is not false, then you will immediately think of the Lord of pervasion. He will relieve you from your bondage and this gives me much happiness. When all other thoughts and memories make life a burden this recollection of the Lord gives you grace. Think of Him day and night and all your limitations will be destroyed. Understand that He lives in all living beings. Make friends with all of them, be a friend of all creatures. For all those who are born this is the only way which lifts them above all afflictions."

The Science of Man

Dr K. Parvathi Kumar
First Young Group Life Teaching, Part 40
August 2001, Visakhapatnam/ India

Colours 1

Question: About the depression on the black and white colours

Answer: In the highest realms of consciousness, black is seen as the light that envelops all that is. That's why I said darkness is absolute light. But that cannot be understood until certain very deep initiations are undertaken. That's why, since we are not able to link up to that profound energy, we get depressed when we think of black. That's why black is not recommended for contemplation. Normally for functions like death, they use black. For convocations also, black gowns are used. Also those who advocate the law, they put on black gowns. There is a higher dimension to black, but it is not generally for contemplation. When you are completely out of your mind and there is no concept, then there are certain dimensions of black that are revealed. For the moment, black should be taken as an avoidable colour. Black is such a colour that can absorb even light, and it can also give back light. In the Testament, we read: "In the beginning, it was darkness", and God said, "Let there be Light". Light cannot shine forth unless there is the background of darkness. There is the light beyond darkness and it expresses itself through darkness. This aspect of black is for very advanced study but for all practical purposes, black is not recommended to be used.

Question: Is it possible to find red colour in the nature?

Answer: Oh yes, in flowers and also during the sunrise and sunset hours in the horizon, red can be found. There are certain trees which give completely red colours and the whole tree looks like a red tree. There is a lot of red. There is red earth, there are red mounts. Every colour is present.

Question: Can we find the colour to be contemplated upon if we see the astrological chart?

Answer: Yes, it can be found. That's why astrology is one of the chief keys. It opens doors to gain the understanding of the psyche of the person. Adjustments can be made by suggesting the related sounds, the related colours, the related symbols. It is said that what is eye to a man is what astrology is to wisdom. If you don't have eye, you can't really see and understand. You are made very incompetent. The Veda says: "If you do not know the esoteric astrology, you cannot really open doors into occultism, as it is the chief key."

I suggest that as you course in life, you pick up the preliminaries about astrology, later I can teach you the spiritual side of astrology, because the spiritual dimension is not given by the mundane astrology. Mostly, the mundane astrology thinks of the predictions. But astrology is not the science only for predictions. Many times predictions fail and therefore the critics say that astrology is not an exact science. But the critics have no knowledge of astrology.

Astrology is the science relating to the energies that are presented around us. The one energy of the Sun is presented in varieties of ways through the variety of planets that are around the Sun. These varieties are not constant; they continuously change. In a continuously changing environment, nothing can be definitely predicted. Predictions assume that certain conditions are constant, but when those conditions change, the prediction is not fulfilled.

This text is not proofread by the author and might have some mistakes.

Paracelsus

Health & Healing

Self-Vitalization



Many measures will be found for patients to self-energize and to self-vitalize. Transferring vitality from vital objects such as special trees and flowers and special persons will be conducted. Scientific application of primary energy will be revealed substantially to benefit humanity. The importance of putting one's own hand lovingly upon the shoulder of the patient will be known. Patting with love would also be done with scientific understanding. Such are prophecies of the future, which are but dreams of today.

The present medical treatments find themselves helpless and inadequate to cope up with the raising sickness. May physicians be open for such fictional future. The fiction of today is the science of tomorrow.

Dr. K. Parvathi Kumar

Extract from: **Paracelsus – Health and Healing**

With a subscription you support this important work (€ 84 / year).

Children's Section**On Service**

**SERVICE LEADS ONE TO THE DIVINE PLAN
- THE DIVINE KARMA,
AND TO REALIZE THE DIVINE PRESENCE
IN DISCHARGE OF ALL KARMA
— PERSONAL OR IMPERSONAL.**

Dear children,

The human stomach is an insatiable part. It apparently satiates but for a while and again tends to insatiability. The demands of the stomach makes one a beggar. It leads one to the extent of being even indecent and uncouth to satisfy itself. It's a pot with a hole and can never be filled. The hunger of the stomach in its rage disregards the virtues to fulfil itself. Just to fill the stomach, humans are enslaved into varieties of low acts. The wisdom says, "Man stands upright if he can regulate his hunger and thirst."

K. Parvathi Kumar

Stories For Young People

Successful Search

Lord Rama and Sugriva, the king of the monkeys, became friends. They promised to help each other. Rama helped Sugriva to regain his kingdom and the monkey king promised to find Sita, the lady of Rama, and to fight aside the Lord against the kidnapper, demon Ravana.

First Sugriva sent his army in search for Sita. The monkeys spread all over the world. They did not find a trace of the unfortunate woman. The most intelligent squad led by Prince Angada got the hint that Sita was hidden on Lanka, an island in the wide ocean. The monkeys stood at the seashore and did not know how to cross the wild and stormy sea. Monkeys can jump but none of them had the strength to jump miles and miles across the waters. Reaching Lanka, the hiding-place of Sita had to be found and at least the jumper had to cross the waters back to his companions. The monkeys lost their courage and in despair and disappointment they decided to give up their lives. Full of pity the wise Hanuman offered himself to the mission.

He jumped across the sea and while jumping he fought with some monsters of the sea. He found Sita, consoled her, fought with the army of Ravana and caused havoc in his capital. At last, he returned to bring his good news to his companions.

Our thoughts are monkeys. They jump around and search. They cannot reach the part of the divine in us, our soul. The ocean of our desires and errors is enormous. So we get help from teachers like Hanuman. They can reach our soul and console her with stories about the Lord, until he will come to save her.

The stories of this series are taken from the oldest poem of mankind, the venerable Ramayana. Master K.P. Kumar told many of them in his books and lectures. They are inspiring to those, who can extract the information contained for presence and future.

WINDOW TO WORLD SERVICE NEWS & ACTIVITIES (Inputs welcome)

ARGENTINA

Name of the group : Harmony – WTT Olavarría

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Activities

During the year 2014/2015, we have kept our goal of giving clothes and food to poor people, and we have also done some extra activities regarding service to the community. We detail below each of those undertaken activities:

Activities related to food aid, clothing and footwear.

This aid carries on permanently throughout the year. The main ones are:

- Cáritas Inmaculada Concepción: monthly delivery of powdered milk enough for the whole month, for children who regularly attend the dining room. (65/70 children)
- Cáritas Monte Viggiano. Monthly delivery of powdered milk, and weekly delivery of food for 70 needy families. Special donation of ingredients to make cakes to celebrate Children's Day.
- Rincón de Luz dining room. Weekly delivery of different kind of food.

Solidarity days:

Special activities free dictated by brothers of the group, in order to raise funds for the purchase of clothes and food for the needy of the city. Three Solidarity Days were held:

- May, 2014: First Aid workshop, taught by our group sister Karen Dewald, who is studying Medicine at University.

- July and November, 2014: Two Reiki workshops, taught by Brother Miguel Viñuales.

Special Christmas service activity:

As every year, for Christmas, food bags were delivered to 99 needy families in the head office of Cáritas Monte Viggiano.

Other service activities:

Collaboration in translating texts from English to Spanish (Vaisakh Newsletter, Dhanishtha Editions books, Seminars in general) and layout of texts.

As a group, we perform meditation gatherings on Mondays, Wednesdays and Saturdays. Water Ritual every Monday, Fire Ritual on first Sunday of each astrological month, healing group on Thursday, Gayatri singing every Sunday morning, and we also gather for Full Moon, New Moon, Equinoxes and Solstices meditations, and other spiritually important dates.

Mithila School Olavarria

Mithila School Olavarria is working since June 2010. Activities are conducted between the months of Aries and Sagittarius, with gatherings on the second Sunday of each astrological month, and this year four families with children of different ages attended them, all of them members of WTT Olavarria.

The 2014 annual thematic axis was "Applying the Wisdom Teachings in daily life", which was worked on throughout the year in different artistic, recreational and cultural activities developed in each encounter from a tale of wisdom drawn from the teachings of master Kumar. At each gathering Gayatri and Om Namah Shivaya mantrams are chanted, Masters are greeted and food is shared.

Every year, the schedule includes two service activities: one for Children's day, and another at the end of the year. For the first occasion, 150 pairs of socks for needy children were delivered at Caritas Immaculate, and for the second occasion, Christmas gifts were prepared for needy children of Belén neighborhood in our city.

Picture of the Month of Sagittarius :

Sagittarius - The Upward Journey

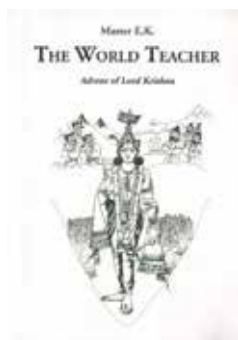


The arrow mounted on the bow is symbolic of an aspirant. The arrow by itself is an aimless soul. There are many who live without any aspiration. We are here concerned with aspirants, but not others. The aspirants have to set their goal and move towards that goal. Therefore, the bow is important.

The bow is required to be drawn by the string, when the arrow is mounted upon it. The drawing back of the string along with the arrow represents the withdrawal of the five senses, down deep into their buddhi. Having thus withdrawn deep into oneself, one has to sound forth the sound OM with the help of exhalation. It is exhalation that leads one to move upwards and move beyond the brow centre.

Dr. K. Parvathi Kumar: The Mysteries of Sagittarius

Book review

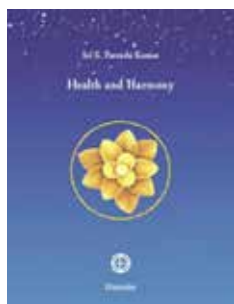


The World Teacher. Advent of Lord Krishna

An Avatar is the descent of the Omnipresent One, to be one with the beings. He descends to uphold the law and to establish the law in the beings. Among such Avatars the Avatar of Krishna is considered full and complete, not only by the Puranas and Itihasas but also by the acts of the Lord as Krishna. The wheel of light that emerged from him has been piercing through the envelope of darkness that dawned around him during his time

and the present times. The actual incidents in the story of such a “World Teacher” have taken to the form of this book.

Ekkirala Krishnamacharya: The World Teacher. Advent of Lord Krishna
Copies: The World Teacher Trust, info@worldteachertrust.org



Health and Harmony

Just like a magnet transmits its energies to the surrounding iron pieces with or without its touch, a healer also can transmit energies with or without his touch. Just as magnets are used for the release of blocked energies, magnetic healing energies can also be transmitted to clear congestions, blockages, and even tumors. Sickness is generally due to a blockage of life energies. When such blockages are cleared, health is the result.

The book “Health and Harmony” by Dr. K. P. Kumar presents practical and helpful aspects of healing.

K. Parvathi Kumar: Health and Harmony

Info: The World Teacher Trust, info@worldteachertrust.org

Download PDF: http://worldteachertrust.org/_media/pdf/en/health_harmony.pdf

Astrological Important Days in November/December 2015

22.11.	16:25	☉ → ♈ / Sun enters Sagittarius	
☉		☉ in ♈ – Every morning: <i>Utilize the two hours before dawn for intense spiritual practice – particularly the first 13 degrees of Sun's transit</i>	
		☉ in ♈ – Every Thursday (26.11., 03.12., 10.12., 17.12.): <i>Healing prayers and healing work</i>	
25.11.	02:39	Phase of full moon starts	☉ 02°27' ♈ / ☽ 20°27' ♀
☿		<i>Contemplation upon Lord Dattâtreyâ, the Lord of Yoga, and upon Master Kût Hûmî (Devâpi)</i>	
	23:44	☉ Full moon of Sagittarius	☉ 03°20' ♈ / ☽ 03°20' ♀
02.12.	19:34	● 8 th phase of descending moon starts (End 03.12. at 21:53)	☉ 10°15' ♈ / ☽ 04°15' ♀
☿			
05.12.		Departure of Śrî Aurobindo from the physical	
06.12.	03:18	11 th phase of descending moon starts	☉ 13°37' ♈ / ☽ 13°37' ♀
☉		<i>Contemplation upon Lord Nârâyana</i> (End 07.12. at 05:53)	
10.12.	10:54	Phase of new moon starts	☉ 18°00' ♈ / ☽ 06°00' ♈
♄		New moon point of Sagittarius: <i>Contemplation upon „The Pledge“</i>	
11.12.	11:29	● New moon of Sagittarius	☉ 19°03' ♈ / ☽ 19°03' ♈
13.12.		Departure of Śrî Nicholas Roerich from the physical	
15.12.	20:44	23 rd constellation <i>Dhanishta</i> starts	☽ 17°25' ♀
♂	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends on 16.12. at 20:02)	
18.12.	05:09	● 8 th phase of ascending moon starts (End 19.12. at 03:17)	☉ 25°54' ♈ / ☽ 19°54' ♀
♀			
20.12.	23:01	11 th phase of ascending moon starts	☉ 28°42' ♈ / ☽ 28°42' ♀
☉		<i>Contemplation upon Lord Nârâyana</i> (End 21.12. at 20:41)	
22.12.	05:48	☉ → ♏ / Sun enters Capricorn	
♂		Winter Solstice: Birthday of Jesus Christ	
		☉ in ♏ – Every morning: <i>Contemplation upon the brilliant-white 5-pointed star during the twilight hours</i>	
24.12.	13:57	Phase of full moon starts	☉ 02°23' ♏ / ☽ 20°23' ♀
♄		<i>Contemplation upon the 8-petalled Heart Lotus</i>	
25.12.	12:11	☉ Full moon of Capricorn	☉ 03°20' ♏ / ☽ 03°20' ♀
29.12.		December Call Day	
01.01.	17:09	● 8 th phase of descending moon starts (End 02.01. at 19:52)	☉ 10°40' ♏ / ☽ 04°40' ♀
♀			
05.01.	00:43	11 th phase of descending moon starts <i>For healing</i> (End 06.01. at 02:24)	☉ 14°03' ♏ / ☽ 14°03' ♀
♂			

All times are in CET (Central European Time)/UTC+1 (Universal Time Coordinated plus 1 hours);

From: »Astrological Calendar 2015/2016«;

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Great Invocation



Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



HYMN TO AGNI
TAVÂHAMAGNA ŪTHIBHIR
MITRASYA CHA PRAŠASTIBHIHI
DWESHO YUTO SA DURITÂT
URYÂMA MARTYÂNÂM

OH LORD AGNI!
YOU ARE THE FRIEND OF ALL.
BY WORSHIPPING YOU
THE HUMANS SHALL RECEIVE PROTECTION.
MAY THEY GET LIFTED UP FROM THEIR MALICE
AND MALICIOUS THOUGHTS AND ACTIONS
INTO THE KINGDOM OF GLORY.
MAY THAT BE SO.

COMMENTARY

The fire is in all. No one exists without fire within and fire around. Fire protects life from within, but fire outside can destroy life. Anger, hatred, and enmity is the fire that humanity regularly emits through its nature, its thought, and its action. Fire therefore need to be worshipped to burn up the malice in humanity and lift them up into the splendours of life, which is also an aspect of fire. In fact, this is the need of the hour. When as many goodwill workers worship fire with this attitude, the present day crisis can be dissolved.