

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Sagittarius 2014 Dhanus

Letter No. 8 / Cycle 28 - 22nd November until 22nd December

The World Teacher Trust - Global



Invocation

May the light in me be the light before me.

May I learn to see it in all.

May the sound I utter reveal the light in me.

May I listen to it while others speak.

May the silence in and around me present itself,
the silence which we break every moment.

May it fill the darkness of noise we do,
and convert it into the light of our background.

Let virtue be the strength of my intelligence.

Let realisation be my attainment.

Let my purpose shape into the purpose of our earth.

Let my plan be an epitome of the divine plan.

May we speak the silence without breaking it.

May we live in the awareness of the background.

May we transact light in terms of joy.

May we be worthy to find place in the eternal kingdom OM.

Master EK



Letter No. 8/Cycle 28 – 22 November until 22 December 2014 ↗

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Dr. Sri K. Parvathi Kumar is President of the 'World Teacher Trust' and Founder of the 'Vaisakh News-Letter'. The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member. Vaisakh News-Letter in German: wtt@kulapati.de, in Spanish (WTT Argentina): wtt@wttargentina.org, (WTT Spain): wtt.spain@gmail.com

The English Vaisakh News-Letter: Please contact:

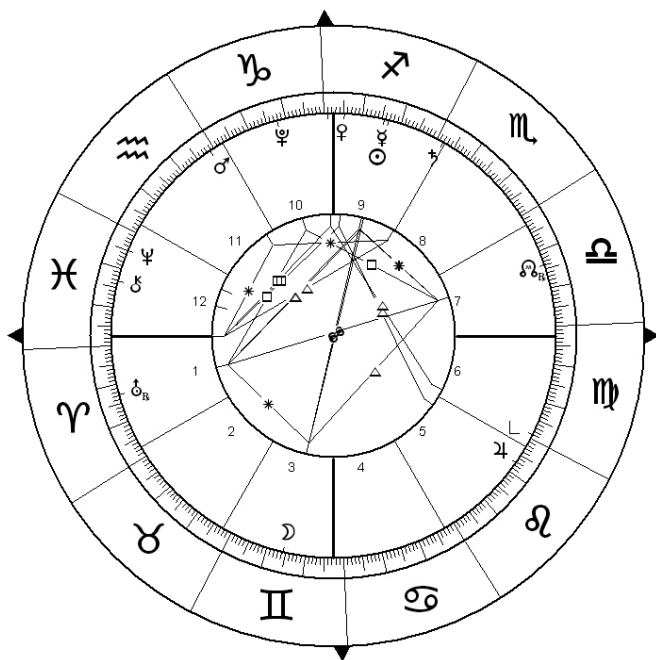
The World Teacher Trust - Global

The Vaisakh News-Letter, Büelstrasse 17, CH-6052 Hergiswil, Switzerland

E-mail: info@worldteachertrust.org Website: www.worldteachertrust.org

Prayer of the year 2014 / 2015

VIRAT SHINES THROUGH TEN DIGITS. VIRAT HAS TEN FINGERS.
MAN HAS TEN FINGERS. MAN IS FRAME OF VIRAT.



Full Moon of Scorpio, 6th of December, 02:26 pm GMT+1



Message of the Month of Sagittarius

Sagittarius is a directional sign. The arrow in Sagittarius is meant to be sharp in a particular direction. The archer guides the arrow towards a desired point. He aims at the specific goal.

Sun transiting Sagittarius has a specific goal to reach in Aries the highest point of illumination. An aspirant is but a son of the Sun. He too has to follow the father. He should set the goal at the head center, aim the arrow at it, and pool all energies to move in the direction of the head center. The energy located at Muladhara shall have to be directed and released towards the head center. In meditation, Jupiter, the lord of the sign, supplies the necessary direction and guidance.

When the sense of direction is rightly developed, all personality activity tends to align with the Divine Plan, the direction Guru sets the disciple towards God's thought. The God's thought is another name for Divine Plan. The aspirant shall not look hither and thither for direction and shall follow the direction set for him by Guru, the enlightened One. Since thought is power, such power when he releases in a given direction, the goal is easily gained. Aspirants must note that they cannot achieve, unless there is a directed working towards God's plan. The direction is set of the mind. The mind which is normally desire-oriented, desires to fulfill in the direction set by the Master. Arjuna, a Sagittarian, was set on right direction by Lord Krishna. Consequently Arjuna fulfilled the plan.

Intelligent use of all powers to bring about adequate accomplishment of the direction is emphasized in this context. The Sagittarian personality is also fully satisfied in the process of fulfilling God's thought. The selfish aspirant transforms into a selfless disciple during his progress towards the goal.

Sagittarius represents exoterically the thighs and esoterically the sacral center. The sacral center has the potential of creative forces for physical light. A Sagittarian disciple can therefore fulfill the God's plan on earth. The sacral center has its higher correspondence in the throat center. Through right use of the throat (the speech), a Sagittarian can rise through his work and through his speech.

When Sun is transiting Sagittarius, the Sagittarian energies are available to all aspirants who aspire to work for the divine through right use of the throat and sacral center. Upward movement can be inaugurated in the month commencing from 23rd November. May we gather all energies once again for a vertical upward movement! May Jupiter fulfill us all!



Message of the Teacher



Stay with the Omnipresent

When the soul recollects not the omnipresent in and around, it develops dependency on mind, senses and body. The mind, senses and the body lead the soul into the world and worldly pleasures. The pursuit of pleasures leads the soul into the realms of diabolism, when the principle of moderation is not applied.

The pleasures experienced are retained in the memory. Repeatedly the mind leads by memory towards the worldly pleasures. In due course the soul becomes subservient to mind. Mind is a mutating principle that causes continuous mutation and modification.

The soul gets stirred up innumerable meaningless activities of mind and looks for the principle of immutability. The search for immutable one leads the soul once again towards the omnipresent. This is the true story of the souls that embark upon the veil of creation.

Staying with the Omnipresent wherever one is and whatever one does is the key to discipleship. Without this key discipleship tends to be monotony. Fatigue and tiresomeness emerge when the perception of omnipresence disappears.



Gita-Upanishad

- Lord Sri Krishna -

Substituted Truth

**yunjann evam sadatmanam yogi vigata-kalmashah
sukhena brahma-samsparsam atyantam sukham asnute**

Incessant association with the soul and its light enables the Yogi to stay pure and shining, devoid of all impurities. He then experiences the touch of Brahman, the origin of the soul and divine bliss (6-28).

Commentary:

Contemplating upon the soul-light, the Yogi becomes one with and shines forth as the soul. When light prevails, darkness disappears. Verily the earlier darkness is absorbed into light and light prevails. In that state the soul experiences the touch of its origin and stays blissful. In such a state of bliss, no other exists. No other is sought.

Steps of meditation involve turning the mind inward, applying it upon the light in the heart or in the head. Contemplating upon such light and reaching the light, the lighted soul thereafter contemplates upon the origin of the Self. Then the individual self disappears into universal Self. In that state 'I AM' stands as Self and experiences with it.

Lord Krishna gradually thus leads the mundane man to Brahman indicating the regular steps of regression and return of the awareness from objectivity to subjectivity, from subjectivity to the light of soul (Buddhi), from Buddhi to Self and from Self to Universal Self. Once the Self joins the universal Self, it is the most blissful state. It is called the 8th step, Samadhi, the Yoga.

Message of Lord Maitreya



Justice, Fear and Governance

Justice and fear are incompatible. Where there is fear, justice is not. Where there is justice, fear is not. Fear disables free will, free speech and free expression. Let not fear be imposed. Those who work for justice do not cause fear around.

When fear is around, justice is denied of self-expression. It is also denied of hearing and is further denied of the sight.

The angel of justice is blind-folded. When fear prevails, it tends to be deaf, meaning it does not listen. In the age of Kali, fear causes dumbness also to justice. True justice enables freedom and liberty. But today justice is cornered by fear. It neither sees nor listens nor even expresses. This is due to the present day governance which injects more fear into society with the help of power. Looking for golden era remains an illusion for humanity, when governance imprisons justice. Responsible governance can emerge through self-governing persons. Such ones are few amidst the present-day governance.



Message of Master Morya

- *Maruvu Maharshi* -

The Law of Change

Observing the change is an aspect of discipleship. The observer is the unchangeable one. The Self is the observer. The rest is nature. The nature of the observer and the nature around the objectivity are in eternal change. Every change is due to nature. It is but natural that change happens in creation.

Accepting change as it happens within and around dissolves the conflict. It is only non-acceptance of change that promotes conflict.

Changes are desirable sometimes and undesirable sometimes. What is desirable and what is not desirable depends on the evolution of the individual.

To adapt to right understandings, one should learn to know and follow the laws of nature. It is with the help of these laws; right relation is established with the nature and the nature around.

Master Koot Hoomi

- Devâpi Maharshi -



Check-List of Discipleship

Self-check the following to know where you stand in discipleship:

1. Do you speak of service or do you render service?
2. Have you devotion to work or glamour for it?
3. How tasty is service to you?
4. Do you wish for worldly recognition?
5. Are you surrounded by co-workers or flattering followers?
6. Are your associates engaging in discipleship or using the association for personality fulfilment?
7. Is your service really and tangibly supporting the society?
8. Do you gossip of your dream experiences to gain importance?
9. Do you claim that you have known the occult keys to self?
10. Are you self-contradictory in your speeches and actions?



Message of Master *EK*

Work

Work becomes worship, when divine is witnessed in the work.

A worker becomes worshipper with such an attitude.

Work brings worry, when there is no dedication to work.

Work becomes monster, when the purpose of work is sacrifice for money.

Work is the means for elevation.

Work is also the means for the fall.

Vidura
Wisdom Teachings



Serving the wicked
distorts
one's own character.



Shirdi Sai Sayings

The Law

Nature denies facilities to those who deny to others. To gain the favours of nature, one needs to be humble and obedient to the laws of nature. The nature is My form and the beings of nature are My children. I AM present in the nature as its law. Be humble towards nature. Be obedient to the law of nature and be friendly to Me in all.

Message of
Sri Ramakrishna



Chanting of The Lord's Name

Sri Ramakrishna would often say, "Chant the name of Hari (God) morning and evening, clapping your hands all the while; all your sins and afflictions will then leave you.

If you clap your hands standing under a tree, the birds sitting on it will fly away; so if you chant the name of Hari clapping your hands at the same time, the birds of evil thoughts will fly away from the tree of your body."



On Secret Doctrine

China

From one end to the other of the Asian country, China is full of mystics, religious philosophers, Buddhist saints and magicians. Belief is focussed to the spiritual world. Invisible beings occasionally appear objectively to the mortals. This is of common knowledge and belief in that country. Central Asia till date continues to be so. In this part of the world, the Earth and its interior as well as the encompassing atmosphere are filled with spiritual beings, who exercise an influence on the whole of the organic and inorganic nature of the region. It is specially so with respect to deserts and other wild and uninhabited tracts or regions. In these regions, the nature displays and influences its gigantic and terrible dimension. It is specially so with respect to the grand sand desert of the Gobi. Around no other locality hang so many traditions as around Gobi desert. Not even Peru has such dimension.

The region of Gobi with its howling sound of shifting sand is traditionally seen as the seat of one of the richest empires that the world has ever seen. Beneath the surface is said to lie such wealth in gold, jewels, statuary, arms, utensils, and all that indicates civilization, luxury and fine arts as no existing capital of Christendom can show today. The Gobi sand moves regularly from East to West. When there is a terrific gale, some of the hidden treasures are uncovered occasionally.

No native ever dares to touch them, for the whole region is under the ban of a mighty spell. Death would be the penalty. The treasures are guarded by prehistoric people, awaiting the day, when the revolution of cyclic periods shall again cause their story to be known for the instruction of mankind.

Lay Man's Prayer



You are the Spirit;
we are the souls,
Your offsprings.
We have the body.
We long to meet You.
But our body lets us not.
Each time we try to rise,
the body pulls us down.
We are prisoners of our body.
We Pray.
We have to wait, Praying.

Discipleship

Devotion, Melody and Music

Worship requires devotion. Devotional utterance holds melody in it. The melody magnetizes the surroundings. Not all singers have the ability to magnetize.

The ones that have devotion to the science of music manifest melody. A good voice need not be melodious. Melody comes from the intent of devotion.

Devotion brings in the impact of soundless sound (OM) into the sound. The devotional singers transform not only the listeners but also the surroundings.

The flute music of Lord Krishna was transforming the fauna and flora around him. It included humans, animals, trees, birds, rivers, ponds, flowers and fruits. It is indeed the music of the soul.

Melody singing is no other than expression of the sacred sound OM. It is soundless and reverberating.

Science of synthesis emphasizes upon the deeper intent of sound through devotion. The devoted one is the disciple. He devotes to the One in all.

A disciple

The Teacher



1. Advayam

Not Two

Advayam means not two. Existence is One. From that One a Will emerges and details into many. Gold is but one, many are the ornaments that emerge from it. Food is but one, dishes are many. Existence is One, from it emerges Nature which details into Will, Knowledge and Activity. This is the trinity whose qualities are dynamism, poise and inertia. This process of One becoming many is conducted by Maya. The seven planes happen with the three qualities and the beings are given entry into them to evolve and experience.

Just as seven colours emerge from one white ray of the Sun, just as from one musical note seven notes emerge and just as from one sound many sounds emerge, millions and millions of things emerge from One Existence. The root for all is One; the base for all is One. It is reflected into many through the mirror of Maya. This base or root of all is called Tat in the Vedas, is also called the Absolute God. It is the foremost One and Eternal. It is Existence Pure and no other. A Master is one who touches this state of Pure Existence and returns to be pure consciousness to help the fellow beings who seek to evolve.

Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart.



Kapila

The Play 5

The fivefold Nature carries in it 24 self-formative principles.

They are:

- The five Elements
- The five Sensations
- The five Sense Organs
- The five Organs of Action
- The four Antahkaranas or the States of Existence. (The existence, the awareness of existence, the thoughtful existence and the existence in action and speech).

The 24 self-formative principles of the fivefold Nature form the dwelling place of the Purusha. It remains His mansion - His Memorandum-His area of permeation. The periodicity of the 24 formative principles of Nature is called time which is reckoned as the 25th. In this periodicity, the creation happens. Within this periodicity, the interlacing of force and Nature (Sakti and Prakriti) causes the formative principles and fabricates the planes of existence and the forms of existence. The 25th one called time is therefore said to be the Master of the creation, for the whole happening is within its periodicity. Time is therefore considered No.1 in creation and is second only to the background consciousness. The one who is bound by time is the individual soul (Jiva) and the one who transcends the time is the Spirit (Deva). The one who is bound by time gains a quality hitherto non-existent.



Ashram Leaves



Inability

There exists One who bears the Three Fathers and the Three Mothers standing stable. They cannot wear or tire him out. He is beyond the Earth and the Heaven.

The One utters forth the soundless sound (anahata) through the Three as creation. But the created beings put together cannot form the sacred sound (anahata).

The Lotus unfolds into petals;

The Petals when gathered together Cannot form the Lotus.



On Love

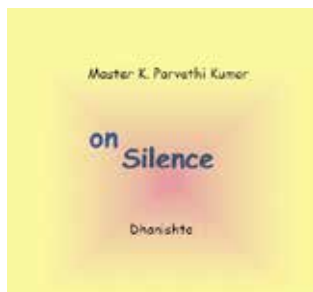
In the seeming disorder of Love,
there is higher order!

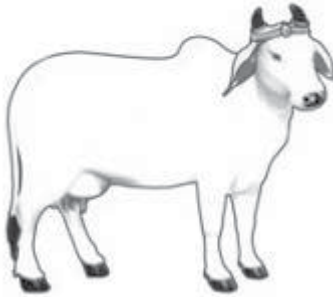




On Silence

The Master is Jupiter
and the disciple is Mercury.
Listening to the Master
the disciple speaks.
Listening is Jupiter. Speaking is Mercury!





Cow

The Symbol and its Significance

When you find a Cow hungry and thirsty, do not neglect to attend to it.

Violet Flame Invocations



Out from the East
the note goes forth,
“Open the doors to sons of men,
who seek the Temple of the Lord.”

Out from the South
the command passes through,
“Unveil the Temple to the seekers,
who are the offerers and servers.”

Out from the West
the instruction thunders,
“Serve, magnetise, radiate the world!”

“Be creative!
Raise the dead to life!
Turn the blind to light!”

The Temple work is on.



From the Teacher's Pen

Questions and Answers

Question: Master, when will desire depart?

Answer: Desire does not depart. It departs not even when you lose grip over your limbs. It departs not even when your hair turns grey and head becomes bald. It departs not even when the body shrinks, the sight and the hearing recedes, the smell and taste also recede.

Do not wait for the desire to disappear. Know that it is inversion of your will. Reverse the inversion and stand in good will. When you are engaged in good will, desire disappears into love in action. But for it, know the divine dimension of the desire. Let it not slip into mind, senses and body. Let it ascend as "will to do good". When will prevails, mind, senses and body also get vitalized. When desire prevails, mind, senses and body are devitalized.

Agni



An Introduction into the Work of Cosmic Fire, 36

4. The Solar Fire

The Work of the Kumaras

That is the great sacrifice of the Kumaras. Whether we listen to them or we don't listen to them, they live in us. Can we do that? If someone does not listen to us, can we stay with him and how long? Ever since we are living in the human body, they are living with us. Whether we regard them or we disregard them, they remain with us. See, the sacrifice. If we are disregarded, then we will immediately pick up our cars and move away. We need to be given importance. But that is not the case with Kumaras! The Kumaras carry greater understanding. They know why they have come down. They prettily well know that they will be ignored or even to the extent of being not recognised. But still, they prefer to be with us, because they carry greater understanding. Even if we do not understand them, they keep working with us. Even if we do not recognise them, they keep working with us.

The first work they do with the human being, with the mental unit, the astral permanent atom and physical permanent atom, it is their presence which makes us feel self-conscious. Even the worst idiot feels that he exists, isn't it? Take an idiot – even he thinks that he exists. It is not the case with an animal. That is the difference between human being and animal. So, the presence of Kumaras gives this state of self-consciousness.

So, each one of us knows that we are existing. That makes us a little better than the animal, and that is the dawn of the work of Kumaras on the plane of matter. And beginning from that point, they shall work with

us till we understand that we are the souls, and that we have bodies of matter, and that the matter exists in gradations, and that we can enter into and exit from the matter. Till we gain that kind of awareness, they keep working with us. It is like working with a bull, a very strong stud bull, we call it. A stud bull is tougher than the bull. Imagine our teaching to the stud bulls. Suppose, we bring a stud bull to our house and speak to it about the seven planes of existence. What kind of response we have from it? Absolutely nil! It is like speaking to the wall. And it keeps on only asking for grass. That is how it is for the Kumaras to work with our mental units. Now we understand how difficult it is for the Kumaras to function. But they do it with pleasure. They know how to tame the stud bull. Slowly, they work with him and make every stud bull into a human being.

That is how the human beings have evolved over thousands of years. We are fed up with one incarnation. But they function with every human unit – do you know for how many incarnations? Thousands and thousands of incarnations, they work with every human unit to make them understand what they are to us. Don't think we have to start here; we have already started some long time ago. We have covered some. They have also their own plan. They estimate how many incarnations we need to turn these stud bulls into human beings. That is the great sacrifice. Can you live with a person who just does not understand you for 21 days? He just does not listen to you, he does not regard you or respect you or even recognise you that you are there. But they are there for so many incarnations. So, they keep contact with each mental unit all through these incarnations. And slowly, and slowly, and slowly, they infuse us with light. That is why they prefer staying with us. They are not in so much hurry to teach. They only keep giving presence.

See, what is it, the light does for us? Light shows how the things are in the room. Light will not interfere with the things in the room. Just because we have a big light, it will not arrange our altar, or it will not arrange our books, our chairs or the writing table. If there is no light, we do not know what is not in order. When there is light, we know what is in order and what is not in order. So, the purpose of the Kumaras is to show that which is in order and that which is not in order. They don't rectify involving into our affairs. But they give us the inspiration so that we start

working to rectify. That is the beauty of their functioning. They do not function for us, but they give us the know-how to function.

There are periods when we are inclined to listen to them, and there are periods where we are disinclined to listen to them. When we are disinclined to listen to them, they wait. And through our own difficult situations in life, we again turn to them. This is what we call 'use of discriminative will'. So, man slowly learns to use discriminative will. And slowly man learns how to act, how to speak, how to think, how to use his body, how to use others' bodies, how to be useful to others' bodies, and to be useful to others, and how we see brothers in others. So, all these steps are gradually taught or learned by us in the presence of the light. It is our own learning in the presence of light. The light does not interfere and make us do things. It shows you with greater clarity what you need to do. That is why Krishna tells Arjuna: "I will not fight for you. If you want, I will be with you, when you conduct the war. It is for you to conduct the war, it is not for me. But I can give my presence to you, and you do what you like. If you are in doubt, you can consult me. If you think, you can do on your own, keep doing. Whatever you think best, you better do." Arjuna knows it is always better to consult him and do. So, consulting Him means consulting the light. So also Krishna lives in us as light. Call it Krishna, call it Christ, call it Master – it is His Light that is functioning as our wisdom. So, it is not our wisdom. It is His wisdom which we realise more and more. What is wisdom? It is the illumination of the light. And the light belongs to the soul. That is the 2nd Logos. That is what we call Christ consciousness, Krishna consciousness or Vishnu consciousness. That is why, if they can do everything for us, they would have done the whole thing in twenty years.

This text is not proofread by the author and might have some mistakes.



Master *EK*

Vishnu Purâna
CHAPTER XV

Kandu and Pramlochana 2

One day the sage Kandu was going out of the Ashram in a hurry. Pramalochoa asked him: "Where are you going?" He answered: "My sweet one! The day is complete and I am going to offer my prayers to Sandhya, so that there be no evasion of the required rites." She then laughed and said: "Wonderful! Your knowledge of all dharmas indicates that at last today the day is coming to an end. After many many hundreds of years you discovered that the day is coming to a close. You did not say so all these days in the past."

Then Kandu said: "Why? This morning you came here and appeared before me on the banks of this river. It is only this morning you have entered my Ashram after I finished my Sandhya rites. Now it is evening and I have to perform the rites of twilight again. Why do you laugh and make fun of me?"

Pramalochoa said: "It is true, no doubt I came in the morning, I do not say that you do not speak the truth. But the time that passed since the morning I came is more than many hundreds of years."

Soma said: "Then the Brahmin felt ashamed and bashful. He hid his face and questioned: "Please tell me how much time has passed since you came here and played with me."

Pramalochoa said: "Literally it is seven hundred years, six months and three days."

Kandu said: "Do not make fun of me. Tell me the truth. I still think that the time I spent with you is but one day."

Pramalochoa said: "How can one utter untruth in the presence of a lear-

ned, holy brahmin? How can I speak untruth today after following your footsteps and having lived with you for such a long time?"

Soma, the narrator, said: "Oh! Prajapathis! Sage Kandukame came to know the truth and said to himself, 'Fie to me and to my filthy behaviour proposed by myself. All my penance is lost. Wisdom, the only wealth of a Brahmin, is lost. After all, my discrimination is totally lost by the frail mansion of glamour built by a lady whom I did not know. Now at last I realise that the light of wisdom is only for those who conquer themselves and live above the six waves of disturbances. Fie to my mind which is under the powerful grip of desire. All the austerities, all the knowable facets of wisdom and all the causes of acquiring wisdom are taken away from me by attachment, the narrow passage to hell.'

Kandukame, the knower of all dharmas, accused himself and said to his damsel, who sat near him: "Oh! dirty sinful one! You have done all that you could to me, with your behaviour. You lived here and created confusion in me only to help the king of the gods. I do not turn you to ashes by my fiery wrath. I lived with you and friendship requires but seven steps to walk with. In fact, what is the harm you have done to me? Why should I express my wrath against you? After all, it is my own weakness that I could not conquer my senses. You wanted to help Indra by spending away all my penance. You are but a container of all glamour that is to be detested, go away from here."

As the sage uttered these words, she perspired with fear and shivered to the core. She was turned out of the Ashram and as she took off to the skies her sweat sprayed upon the foliage of the Ashram trees. She skipped in the air from leaf to leaf, showering the droplets of her sweat upon the beings of the Earth. Before she left she was pregnant, but all the trees attracted the contents of her womb, which the wind unified into a synthetic whole.

A beautiful girl named Marisha was then born. She was born on the tips of the trees. I took interest in her and fed her with cattle milk. Now the trees will present that girl to you and you will withdraw your wrath against the trees. Let the remaining trees live, along with the other beings. Now she comes out, the daughter of Kandukame and Pramalochara, and also my daughter since I brought her up. After the events described, her father, Kandukame, left his Ashram and reached the Mount of Lord

Purushottama, where he worshipped the Lord with one mind and meditated with his hands up. He is still standing there like that. (Life was first created in space as a centre of response around the various stimuli. It was first contained by the water of the Earth, then distributed among the plant life and the animal life.)

Then the Prachetasas said: "We want to know the one-pointed meditation of Kandu, by which he could comprehend the whole creation of the creator. What was the prayer he offered to the Lord?"

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The Science of Man

Dr K. Parvathi Kumar
First Young Group Life Teaching, Part 29
August 2001, Visakhapatnam/ India

The Psychology Part of the Third Chamber of Mind 1

Sound is an important tool, colours are important tools, and symbols too are important tools. There is a way to make psychic adjustments, and man is beyond his own psychology. The only thing is, many times, he is caught in the cobweb of his own psychology. Spiritual implements reinforce the science of psychology. Actually, from psychology, there is a bridge to spirituality.

Man essentially is a spiritual triad: He carries with him

- the divine will,
- the divine knowledge,
- the intelligent activity.

These are his essential qualities. But these three are lost, when he is bound by the cobweb of his own psychology. His psychic nature does not allow him to see him much more than what he is.

The will distorts into desires.

The knowledge and love, which is called Love and Wisdom, distorts into emotions. Intelligent activity distorts into confused activity.

This is when the three lower chambers are not in order. There is the higher triad which reflects into the body, and the body is also three-fold: physical, vital and mental. The higher triangle is held by the lower triangle. The lower triangle is the vehicle, it holds the higher triangle. If the lower triangle grips, the higher cannot do anything. The higher one should grip the lower one. That's why man is a double triangle. The symbol of Israel is a spiritual symbol where you have a higher triangle and a lower triangle. The two triangles should be friendly to each other. For that reasons, we need to ensure that the lower triangle behaves well.

The higher triangle is always in order. Just like a rider of the horse and a wild horse – the rider knows how to ride on the horse. But the horse is wild. Either it tries to throw off the rider, or it goes in his own direction, or it does not listen to the rider. What is it that the rider has to do? He has to train the horse. Likewise, we have to train the body so that the human being can conduct himself well throughout the life.

If we see higher purposes as human beings, and when we develop taste for it, the lower will fall into an order. It is always like that, when there is the higher energy, the lower energy falls into an order. The students may be talking in the class, but when the teacher comes, they take to their seats and remain quiet. Same is the process when the higher prevails, the lower falls into order. If you have two iron pieces which are not oriented to each other, they will immediately orient to a magnet, when there is a magnet present. By orientation, the magnetic impact is there on the iron pieces, and gradually the iron pieces become magnets.

Take the magnet as a higher energy system and the iron pieces as lower energy system. So, when you orient to higher things, the lower things just get neutralized. There is no process of suppression; there is no process of suffering. That is the beauty of the seers who conceived how to attract the psyche of a person towards the spirit of the person.

That is why there is the bridge between spirituality and psychology through spiritual psychology. Spiritual psychology is the bridge between the psyche of the three-fold body and the spirit of the man. The spiritual psychology therefore deals with numbers, sounds and sound formulae, colours and symbols. That's where these implements become important to find better solutions for psychological problems. So, when once a person is oriented more towards the spiritual realm, which is natural with the human, then he is more interested in that than in petty things. That is how there is a reorientation planned. That should be the way.

It's a good question because there is an incorrect imposition by the preachers. To inform you and to make you think is more important than to influence you. If you find taste, you will take it up. If it is imposed, there is repulsion. That's why the teachers of the ancient times, they never imposed. All the teachers were an integral part of the society, but were not from monasteries. A man who does not marry cannot give solutions to marital problems. If he does not do a job or business in the society for

money, he does not know how to advise you in matters of money and employments. If he has no children, he cannot tell you how you have to bring up your children. See, these priests all over the globe, they don't live their life in the society, but they want to advise you in problems of the society. They can't give what they don't have.

But the more ancient Teachers were not like that. Only from the advent of Buddhism and Christianity, this not-marrying business has come. Earlier it was not like that. Moses married, Elijah married, Abraham married. In India, every Master is a married man, he works in the society, and he has children. Unless you live the model of the society, how do you gain the experience relating to it? Consequently, you provide a wrong model. That is how people think that spirituality is for persons who don't marry, who don't work for money, and who are cut off from the society.

This text is not proofread by the author and might have some mistakes.



Paracelsus

Health & Healing

Overcoming the Commercialism

The present hatred in humanity has its roots in a remote past which requires to be cut off through proper education. Hatred brings out worst kind of sicknesses. This requires a patient redress to lay foundation for a healthy humanity. The spirit of life manifests into a good health where there is active and healthy functioning directed towards the well-being of humanity. This is a principle by itself. Where there is fiery striving for improving life around, there life gets vitalized and causes even regeneration. A devitalized person who regularly attends to health services and strives for good health of the patients finds himself improving his vitality also. In India in the 20th century this principle was experimented by a homeo-doctor who recruited in his dispensaries sick persons to serve the sick who came to the dispensary. In 3 to 5 years' time, the workers in the homeo-centre have found better health within themselves. "Helping others helps us". This is a law of nature. "What you sow, you will reap" is a very well-known truth. When man serves with love a fellow being he serves in the same measure. Voluntary health service is thus seen as a way to health. Persons affected by serious sicknesses when engaged in voluntary health service would also find to have lived more years than expected due to such service like in the dispensaries mentioned above. "Give to receive" is the principle that works.

The above event opens doors for a considered thinking to build health centers where the health service is done free of charge. Health service ultimately should be a charitable service and such charity shall have to

be supported by the society itself. It eliminates all commercialism and enables free flow of health energies which is otherwise constrained due to money considerations. As much as health practices are commercialized, so much health eludes humanity. There is too much commercialization, the consequence of which can be pointed up to growing sicknesses. Educating health in a society shall have to be charitable and shall never be based on money considerations. Only then the society can be healthy. This looks to be an impractical philosophy but there are communities who work on these principles and they find it feasible.

Dr. K. Parvathi Kumar

Extract from: **Paracelsus – Health and Healing**

With a subscription you support this important work (€ 84 / year).

Children's Section

On Service

**HOW LONG TO SERVE, IS THE QUESTION.
AS LONG AS THE NEED EXISTS, IS THE ANSWER.**

Dear Children!

Chastity can be built up in oneself through usage of chaste words in speech. Speech is the unique faculty of the human. It has ability to upgrade one's energy if rightly used. It degrades man when wrongly used. One's energy tends to be pure when one selects pure words of speech. One tends to be precise, if one learns to use the words precisely. Men are not precise in their speech; hence their energies are also not precise. Too many words are used to communicate a simple thought. Such a habit results in waste of energy through wasteful use of words.

Use words as carefully as we use valuable resources. Speak not useless words. Critical speeches pollute your energy.

Detrimental speeches judge you in turn. Malicious speeches pollute your energy.

Know that the quality of your speech decides your quality. Neglect not speech. Gain the art of speaking. It leads you to the art of living gradually.

K. Parvathi Kumar

Stories For Young People

Learning From Nature

A man from Himalayan valley who was respected for his wisdom once told his son, "Learn from mother earth, learn from the tree, the animal, the elements and the sky; learn from moon and sun, learn from the seasons, from thee cycles of time. Learn from the stars and constellations. Keep learning about you also, how your desires spring; from where are your thoughts springing? Enquire yourself what is it that you like most. Do not waste away time in eating and sleeping. If you don't do this I will put you to a modern school."

There are some places in Himalaya people are still learning without schools. They learn from the sky, from the earth, from the surrounding trees, animals and also from humans. Please remember the priority is the sky, the earth, the tree and the animal. Humans are also included for learning - note the word "also".

K.P. Kumar: Uranus. The Alchemist of The Age. Dhanishta 2009. P.133f.

WINDOW TO WORLD SERVICE NEWS & ACTIVITIES (Inputs welcome)

SPAIN

Name of the Group : WTT Group of Madrid

Contact: Conchi González, Ignacio Acero

Address: c/ Capitán Haya nº 18- 9º C, 28020 Madrid

Email : hermanosdelaguila@gmail.com

Phone: Conchi: ++34 617 901 651; Ignacio: ++34 +91 555 30 64; Irene: +34 91 851 5758

Activities

- We collaborate with Dhanishta Editions in book sales, among the members of “Hermanos del Águila” group (Brothers of the Eagle) and also with some specialized libraries.
- At the address above, we have books acquired from some members of the group for borrowing and reading by other members and sympathizing people who cannot get them – either for lack of money or for being out of print.
- We have also at disposition courses and seminars imparted by Master KPK.
- All the members of WTT Madrid participate in the different activities of the “Hermanos del Águila” group, created in 2007 through the inspiration of Master P. Kumar, firstly as “El Águila de Toledo”.
- Through “Hermanos del Águila” we continue with the project of spreading the knowledge about the energies of Toledo. Different activities are conducted, among others prayers in the group during new moon and full moon. During equinoxes and solstices. “La senda del Águila” has been established, a tour around Toledo city. In these activities, we have the participation of WTT members from different areas such as Asturias, Cataluña, Pais Vasco or Valencia.
- We continue the collaboration with Ignacio Pereda Solidarity School, which is taking place in Granada, with the integration of marginalized

people. During the last months of 2013, a project has been prepared to build a vegetable garden in a space that they have close to the house. The intention is to start with the collaboration of those who live there or which area rent will offer them some extra income.

- Like in the previous years, we have participated, through the "Brothers of the Eagle", with the Judeo-Christian community in Toledo (Synagogue of Santa Maria la Blanca) in various festivals like "Yom Kippur" in September or "Simchat Torah".

Activities have also been shared with the Hispano-Arab community of Toledo; first steps for the construction of a water well in Africa. Collaboration or participation with various initiatives or spiritual groups like "One Calendar", "Red Ibérica de Luz", "Ananta Foundation", "White Brotherhood" etc.



Picture of the Month of Sagittarius:

Sagittarius - Fiery Alignment

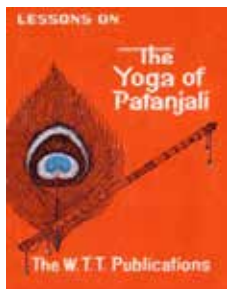


All forces in you should be directed to one purpose and that is your lifework. Everyone should aim at the consciousness of the Group. This is beyond individuals. Everyone should prepare his activity like an archer who aims at the object which is revolving in space up above their heads. To trace this target, they should look into themselves, i.e., their own thoughts and emotions filtered into spiritual aspirations and synthesized into the one aspiration of our planet, the will of our Lord..

Dr. Ekkirala Krishnamacharya: Full Moon Meditations

Book review

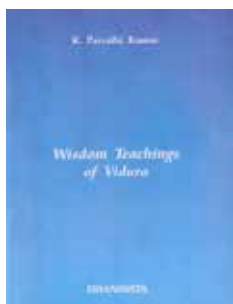
Lessons on the Yoga of Patanjali



The whole practice of Yoga is to sublimate one's own activity of the lower nature and get it absorbed into the Original Existence so that one can live with the same machine of the human constitution in terms of true existence. Master E.K. makes us experience a masterly synthesis of the essence of Patanjali unfolded by dynamic teachings that simplify complex ideas, and through a process of correspondence to everyday life makes them accessible to the modern mind.

The book contains a session of 9 lessons in Geneva, October 1981, giving an introduction to the Science of Yoga, propounded by Patanjali and the Bhagavad Gita.

Ekkirala Krishnamacharya: Lessons on the Yoga of Patanjali
Copies: The World Teacher Trust, info@worldteachertrust.org



Wisdom Teachings of Vidura

Vidura was the Chief Counsel in the Royal Court of the Blind King. He is an initiate that knew the Law and advised the king untiringly and patiently. He is considered as the Mahachohan (the chief of a Social Hierarchy of the transHimalayan adepts) in the Theosophical world. His teachings to the king are eternally valid. They are given in brief,

culling out from the Mahabharata. (The Mahabharata is the great epic composed by Veda Vyasa in 18 books. The Bhagavad Gita forms a part of it.)

K. Parvathi Kumar: Wisdom Teachings of Vidura
Copies: The World Teacher Trust, info@worldteachertrust.org

Astrological Important Days in November/December 2014

22.11.	10:38	☉ → ♏ / Sun enters Sagittarius	
‡		☉ in ♏ – Every morning: <i>Utilize the two hours before dawn for intense spiritual practice – particularly the first 13 degrees of Sun's transit</i>	
		☉ in ♏ – Every Thursday (27.11., 04.12., 11.12., 18.12.): <i>Healing prayers and healing work</i>	
	13:32	● New moon of Sagittarius	☉ 00°07' ♏ / ☽ 00°07' ♏
28.11.	01:44	23 rd constellation <i>Dhanishta</i> starts	☽ 17°24' ♏
♀	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends on 29.11. at 00:17)	
29.11.	00:08	● 8 th phase of ascending moon starts	☉ 06°38' ♏ / ☽ 00°38' ♏
‡		(End 29.11. at 22:06)	
01.12.	18:30	11 th phase of ascending moon starts	☉ 09°26' ♏ / ☽ 09°26' ♏
☽		<i>Contemplation upon Lord Nârâyana</i> (End 02.12. at 16:57)	
05.12.		Departure of Śrî Aurobindo from the physical	
♀	13:48	Phase of full moon starts	☉ 13°18' ♏ / ☽ 01°18' ♏
		<i>Contemplation upon Lord Dattâtreyâ, the Lord of Yoga, and upon Master Kût Hûmi (Devâpi)</i>	
06.12.	13:26	○ Full moon of Sagittarius	☉ 14°18' ♏ / ☽ 14°18' ♏
13.12.		Departure of Śrî Nicholas Roerich from the physical	
14.12.	00:33	● 8 th phase of descending moon starts	☉ 21°53' ♏ / ☽ 15°53' ♏
☉		(End 15.11. at 03:04)	
17.12.	06:39	11 th phase of descending moon starts	☉ 25°11' ♏ / ☽ 25°11' ♏
☽		<i>Contemplation upon Lord Nârâyana</i> (End 18.12. at 07:22)	
21.12.	04:46	Phase of new moon starts	☉ 29°11' ♏ / ☽ 17°11' ♏
☉		New moon point of Capricorn: <i>Contemplation upon ,The Pledge'</i>	
22.12.	00:03	☉ → ♏ / Sun enters Capricorn	
☽		Winter Solstice: Birthday of Jesus Christ ☉ in ♏ – Every morning: <i>Contemplation upon the brilliant-white 5-pointed star during the twilight hours</i>	
	02:36	● New moon of Capricorn	☉ 00°06' ♏ / ☽ 00°06' ♏
25.12.	08:20	23 rd constellation <i>Dhanishta</i> starts	☽ 17°24' ♏
‡	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends on 26.12. at 06:19)	
28.12.	08:23	● 8 th phase of ascending moon starts	☉ 06°28' ♏ / ☽ 00°28' ♏
☉		(End 29.12. at 06:45)	
29.12.		December Call Day	
31.12.	04:40	11 th phase of ascending moon starts	☉ 09°22' ♏ / ☽ 09°22' ♏
☽		<i>For healing</i> (End 01.01. at 04:11)	

All times are in CET (Central European Time)/UTC+1 (Universal Time Coordinated plus 1 hour);

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Great Invocation



Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



*PÛSHAN EKARSHYE
YAMASÛRYA PRĀJĀPATYA VYÛHA RASMÎN
SAMÛHA TEJĀHA.
YATTE RÛPAM KALYĀNATAMAM.
TATTE PASYĀMI YO
SAVASOW PURUSHAHA.
SOHAM ASMI.*

"OH! SOLAR GOD,
YOU ARE THE SON OF PRAJAPATHI.
YOU ARE LONE RANGER OF THE SKY.
YOU ARE ALL NOURISHING AND ALL REGULATING.
PLEASE WITHDRAW YOUR RAYS AND BRILLIANCE.
BY YOUR GRACE I WOULD THEN BE ABLE TO SEE
YOUR BEAUTIFUL GOLDEN DISC."

ISAVASYA UPANISHAD, 16TH MANTRAM