

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Sagittarius 2013 Dhanus

Letter No. 8 / Cycle 27 - 22nd November until 21st December 2013

The World Teacher Trust - Global



Invocation

May the light in me be the light before me.

May I learn to see it in all.

May the sound I utter reveal the light in me.

May I listen to it while others speak.

May the silence in and around me present itself,
the silence which we break every moment.

May it fill the darkness of noise we do,
and convert it into the light of our background.

Let virtue be the strength of my intelligence.

Let realisation be my attainment.

Let my purpose shape into the purpose of our earth.

Let my plan be an epitome of the divine plan.

May we speak the silence without breaking it.

May we live in the awareness of the background.

May we transact light in terms of joy.

May we be worthy to find place in the eternal kingdom OM.

Master EK



Letter No.8/Cycle 27 – 22 November until 21 December 2013↗

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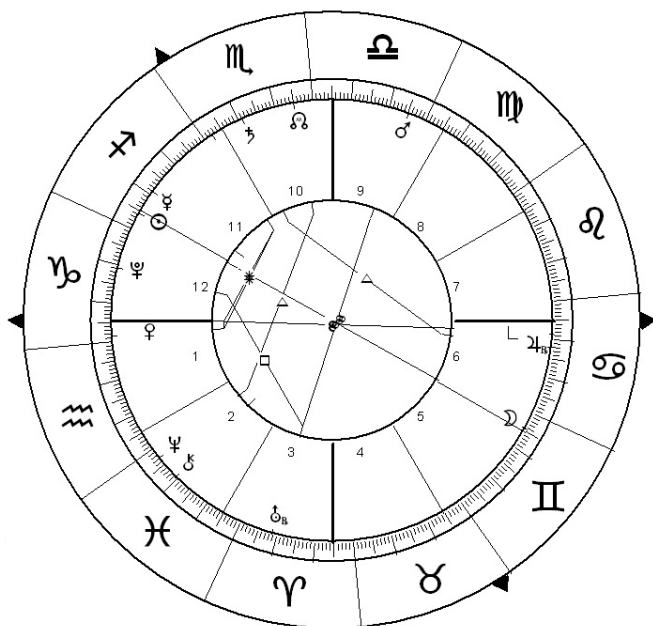
Prayer of the year 2013 / 14

GODS ARE BORN AT SUNRISE, MAN IS BORN AT NOON.

GODS SET IN THE WEST, MAN SETS AT MIDNIGHT.

GODS ARE BORN IN CAPRICORN, MAN IS BORN IN ARIES.

GODS SET IN CANCER, MAN SETS IN LIBRA.

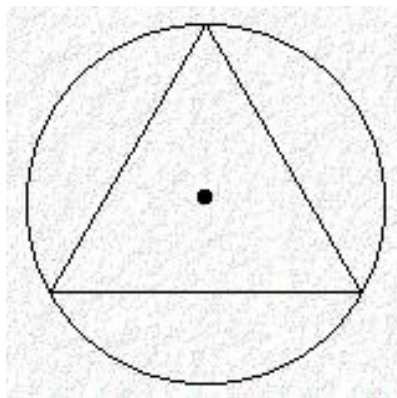


Full Moon of Sagittarius, 17th of December 2013, 10.28 am MEST



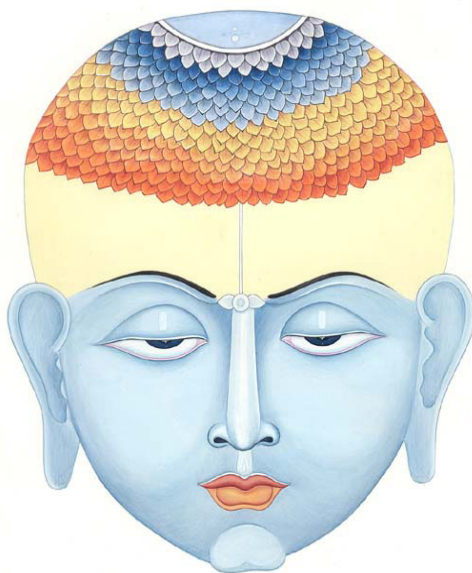
Message of the Month of Sagittarius

Sun's entry into the ninth house of the zodiac enables fulfillment of aspirations. Ninth house of the zodiac speaks of the inner strength of an aspirant. When the ninth house is presided by beneficial planets, good strength prevails for fulfilling aspirations. When it is filled by malefic planets, negative strength exists, that obstruct the way to fulfill. Jupiter in the ninth house is considered to be the best placement for that planetary regent. Sagittarius is the own house of Jupiter and it is said to give expansion of consciousness. Likewise, when the ninth house of a native is filled with benefic planets or when the ninth house is favorably looked at by Jupiter or other benefic planets, one's efforts to fulfill one's own aspirations do not get hindered. If the ninth house of a native is occupied by planets like Saturn and Mars his path is impeded and requires great efforts to fulfill the aspirations of life. The zodiacal ninth house, Sagittarius is full of aspirations and Jupiter in Sagittarius fulfills such aspirations. For this reason, Thursdays in the month of Sagittarius are astrologically considered to be special. Worship in relation to the symbol, the color and the sound of Jupiter on Thursdays, in the month of Sagittarius, is considered highly propitious. May the aspirants appropriately relate to Thursdays in general through the year and in particular in the month of Sagittarius.



Geometrical symbol of Ganesha
from the Book Jupiter by K. P. Kumar

The path of Sagittarius leads one straight away from Muladhara to Sahasrara. The path to the ultimate truth is hidden in the first 13 degrees of Sun's transit in Sagittarius. During this time it is said, that the doors to Sushumna, that lead one to the most high are kept open. Traditionally in India, the Northern door to the temples is open during this month. North is considered to be the crown of the human being and the first 13 days of Sagittarius, when properly utilized for contemplation, would enable one to reach one's own crown and become the king of his own life. The path to the crown is the royal path and the one who walks the path is the true Raja Yogi. May the aspirants find fulfillment according to their fitness during these sublime days of Sagittarius.



Sahasrara center



Message of the Teacher

Kali-Stand

The groups speak more often than not of Kali. Everyone says to the other "It is Kali..." It is about time, that one knows if Kali is within, self-check the following:

If you have anything relating to the following Kali is with you and even in you, whether you notice or not.

1. When one is directly or indirectly the cause of animal killing
2. The place of prostitution
3. The place of gambling, such as casinos, social clubs, disco centers, amusement parks
4. The place where wine flows like water
5. The instinct to save in gold.
6. Pride and prejudice
7. The sense of indulgence
8. Physical, emotional, and mental violence
9. Enmity towards any

Be aware of Kali whose energy surrounds the above. Ensure to insulate yourself if you can.

Gita-Upanishad
- Lord Sri Krishna -



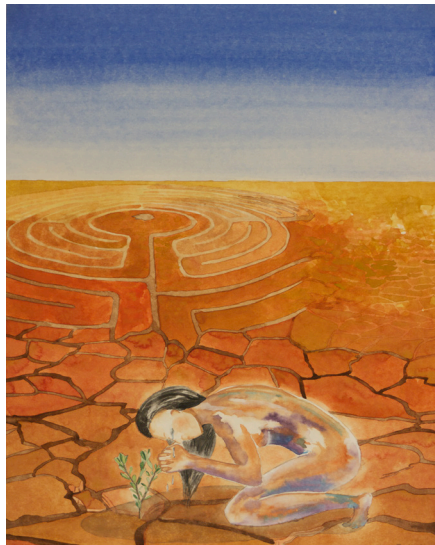
A Path of Consecration

“A student of meditation would do well to be selective, attentive and moderate, with respect to his intake of food and drink, of his movements, of his activity, of his sleep and rest, to enable a consistent and constant vibration in meditation.” (6/17)

When one takes upon the path of Yoga and meditation, one should know that he embarks upon a path of consecration. He has to carve out a life within the worldly life and insulate himself in the self-carved daily life rhythm. He is no more an unthreaded bull to move around as he likes, to speak anything and everything, to indulge into activity of senses, unregulated. He cannot afford to engage himself in any unethical activity in society. The path of Yoga in meditation is the path to light and a path to subtle world. No one can enter the subtle world, unless he discharges his responsibilities in relation to the gross world. One cannot be irresponsible in the world of objectivity and aspire to walk into the light of subjectivity. It is in this context Krishna gives the ancillary, supportive mechanism that enables effective meditation. The first of it is the food.

Qualitative food in as little quantity as would enable to sustain the daily activity, is the first step. Qualitative means easily digestible energetic light food. A student of Yoga cannot feel heavy after a meal and he should make sure that he takes in as much quantity of qualitative food as it would not make the stomach heavy. If the bull is over-fed, it does not turn to work. Over-eating and fasting are unacceptable in Yoga. The

second regulation speaks of one's movement in society. A student of Yoga cannot go anywhere and everywhere. He needs to preserve the profound energy that he holds within through his meditation and prayers. He cannot generally move without purpose in bazaars, malls, amusement places, gambling houses, casinos, fish markets, butcheries, meat and wine selling places. They would neutralize his energies. Until one becomes exceedingly stable in one's meditation, one has to adapt to these regulations. Until meditation is accomplished, one should know that one is in a quarantine period.



Drought and Hope by Becca Psyche Tarnas

The third recommendation is in relation to one's gestures. The movements of his hands, his legs, his speech and his laugh have to be gentle. He cannot indulge into extremities of gestures. One may have regulated one's own sitting habits, walking habits, laughter, use of the voice, etc. Gentle manners enable conservation of energy. For example: a wild laughter may result in puncturing the energy. Such laughter is followed by tearful weeping. Gentleness is the keyword for all expressions of the

Yoga student. Then, it comes as the fourth dimension, the quality of his activity in society. A Yoga student must ensure that his activity in society is contributive and constructive to social good. Unsocial, unethical activities are forbidden. Direct or indirect contribution to such activity has to be suspended with. The work he does could be simple and yet it should be noble. Finally, Krishna speaks of appropriate sleep. Each person has to find, if he or she is tending to sleep more than required. Over-sleeping and under-sleeping are avoidable. Sleeplessness is unacceptable, just as over-sleep. Sleeplessness indicates excessive dynamism, while excessive sleep indicates dominance of inertia. To sleep as much as it is required is the rule. Experienced Yogis recommend sleep for about six to six and a half hours a day, and do not recommend daytime sleep. When such regulations are adapted to, man's life flows like a serene stream avoiding ups and downs in his energy system.

Message of Lord Maitreya



Paradox of Paradise

When one loves oneself more than others, such one is egoistic. He cares not for others. He slights them. He tends to be indifferent towards others. His indifference leads him to be even repulsive of others' presence. In this way, an egoist builds around him a fence by which he tends to be lonely. Being lonely, he complains that others do not care for him. The self-pity of an egoist is the cherry on the top of the cake. He eliminates people around by his egoistic attitude and complaints, that he is lonely and the surrounding people do not care for him.

It is not easy to open the heart of any egoist. The egoist has only one solution. Through events and situations of life he meets his Waterloo, where he gets cornered and he is compelled to look into himself. If, and only if, repentance springs from within, the solutions would start emerging. Otherwise, he remains beastly. He moves around with his viewpoint, illusioning himself, that he holds the vision.

The stories of diabolics in the scriptures show how through egoism one turns to be diabolic. No one is born diabolic. There are no born diabolics. All diabolics and the Divine were originally born as human to one patriarch called Kashyapa. By their attitudes, some turn diabolics and others turn divine.

Humanity is the source from which diabolic and divine as well are made up. The rate at which the diabolics are born is far higher than the rate at which the divine are born in humanity.

The paradox is that humanity craves for kingdom of God, while it works in diabolic ways. Humanity is in a paradox. It dreams about a paradise!



Message of Master Morya

- *Maruvu Maharshi* -

Yagna

The work in creation ends not, therefore do not entertain the thought: When will this work end? The work ends not. A true worker ends up into eternity and realizes the endlessness of himself and the work. Work is the means for self-transformation. The worker and the work shall have to become one. Do not see the work extraneous to yourself. Integrate with it and flow with it. As long as you do not integrate with your work, the magic of transformation happens not. There is meditation in work, which the idle meditators do not see. Only Yogis see that work is meditation. As one engages in good will work, his whole system falls in alignment with the buddhic plane. Consequently, good will happens as man moves from mind to Buddhi. Reaching Buddhi from mind is the initial step of meditation, which happens with work. Do not avoid work for meditation. Association with work to the point to your absorption into work enables you to gain a meditating state.

When I say work, I mean selfless unconditional service. Work was originally conceived to be so. It is called Yagna.

Master Koot Hoomi

- Devâpi Maharshi -



Inspiration

Follow your inspiration; it is like the Pole Star for those in navigation. Never deviate from it. As you follow undriftingly your inspiration, a few follow you. For those who follow you, you are the inspiration. They follow you as long as you follow your inspiration. They join you only due to your inspirational work. If you dilute your inspiration, the followers around you also get diluted of their inspiration towards you. If you suspend your inspirational work, the followers are also suspended.

Don't you see teachers suddenly losing their students, pupils and followers? Do you know what happens in such situation? The one who has been following the inspiration suddenly starts feeling important on account of the followers sprouting around himself or herself. When an inspired person turns out to be egoistic and holds self-importance, suddenly the followers also feel themselves to be self-important. Around an egoist, only egoists gather. Around the workers, workers gather. Around an inspiration, only inspired ones gather. The life force for all good will works is inspiration.

When inspiration ceases things fall apart. The inspiration is magnetic; it holds together. The whole creation is held together by such inspiration of the Creator. The Creator is inspired by the One Whom He utters forth regularly.



Message of Master *EK*

Comfort

Comfort cannot be the basis for work. Work should continue with or without comfort. When mind is engaged with work, it minds not the comfort. Only when mind is not really engaged with work, it gets preoccupied with comfort.

The one who is focused at work is unmindful of comfort, yet nature gradually facilitates and gives comfort. When nature commences to comfort a worker, the work moves swift. When the worker orients to comfort, the nature withdraws. Work suffers where man's mind is oriented to comfort. Man's comfort never suffers, when he orients to work. When fully oriented to work, discomfort also turns out to be comfortable.

Vidura
Wisdom Teachings



The man that bathes
during the dawn and the dusk hours
gains strength, beauty, good speech,
good sense of touch, purity,
splendour, softness,
and even the friendliness
and confidence
of ladies of high honour.



Shirdi Sai Sayings

The Guest

The guest at home should be considered as your own God. He should be pleased by the food and the comfort you give. Never eat before the guest eats and never sleep before the guest sleeps. Love and affection should be the keynote of your treatment to the guest. Ill-treating the guests is followed by adversities. Pleasing the guests, causes plenitude.

Message of
Sri Ramakrishna



Inside Turns Outside

The man who has eaten radish has eructation with the smell of radish, and he who eats cucumber emits its smell in his belching. In the same way the mouth speaks out sometimes what the heart conceives within.



Secret Doctrine

Vortical Movement of the Heliocentric System

The doctrine of rotation of Earth about an axis is taught by Pythagoras five hundred years before Christ. It was also taught by Plato and his pupils. The immobility of the Sun and the orbital rotation of Earth were shown by Aristarchus, as early as 281 BC. The heliocentric theory was known even earlier by Hindu-Aryans. Aristotle also taught it. In the background of such facts, it is preponderous to believe, that it is Galileo who discovered it in the post Christian era.

The law of vortical movement in primordial matter is one of the oldest conceptions of Greek philosophy, whose historical sages were nearly all initiates of mystery. The Greeks had it from the Egyptians and the latter from the Chaldeans. Most of the Chaldeans have been pupils of the Brahmins of the Esoteric School. It was known during those times, that the gyratory movement of atoms and spheres existed from eternity. Pythagoras and his students taught the rotation of Earth.

Aryabhatta of India also taught so. Two thousand years later it was taken up by Galileo, Descartes and others and finally with slight modification by Thompson. Vortical movement of atoms was the knowledge of the ancients and especially amidst the initiates.

Lay Man's Prayer



The worldly are well off.
The saintly are very well off.
We, the 'in-between'
are "pulled and pushed" regularly
by the Self and Non-Self.
We are the Centaurs that need release.
We Pray.

Discipleship

The Formula of the Hexagonal Formulae

There are but six ancient formulae, they are symbolic and they require to be fulfilled by an aspirant to transform into an accepted disciple. They are needed to be worked out with patience and perseverance. They enable deeper expansion of consciousness, which is needed for transformation. When an aspirant becomes an accepted disciple, he arrives at a definite and factual recognition of the Hierarchy. He gains clear knowledge of the initiated souls. His suppositions, his theories, his wish-life, and his understanding of divinity, they would all be given up thereafter. The “give up” is natural, when the clarity arrives through the inflow of intuition. He consciously achieves every step of expansion. The expansions are not initiation; they culminate into an initiation. In him “occasional becomes the constant and the intended becomes the intentional”, says Master D.K. The six formulae are:

1. To be a part of a Master's group
2. To work, to meditate for alignment of the soul and personality, and to work during the day with such an alignment
3. To translate knowledge into wisdom through daily action
4. To hold the light consistently while at meditation and ensure its constancy
5. To manifest the will to do good
6. To resist the destructive process of death and live in liberation

These are the 6 formulae for the disciple to be an accepted disciple.

Occult Meditations

Meditation 84



**VERTICALS ROTATE HORIZONTALS. HORIZONTALS MEET VERTICALS.
DEGREES EXPAND ANGLES. ANGLES AWAKE ANGELS.
THE WHEEL ROTATES.**

Commentary:

Horizontals do not affect an adept. The horizontals are rotated by the verticals. An adept is a vertical man. Verticality speaks of inner alignment. In the adept, the inner alignment is complete. The Divine eternally flows through his six centres and manifests in the objective world. The flow is from above downwards and later into horizontals.

For a worldly man, the objective transactions have an impact on the inner man. The horizontals affect the verticals in him. The outer events cause agitation, anxiety, fear, suspicion and tension and disturb the inner energies. For him, the horizontals are stronger than the verticals. Subjectivity is not developed and objectivity, which is full of conflict, keeps affecting him. In the case of an adept, the horizontals are the facilities for the expression of the vertical energies. The horizontals work as per the will of the verticals. The verticals rotate the horizontals. The horizontals are oriented to the verticals. The angles expand in him to become right angles. Consequently, the innumerable centres of God awaken in him and the adept in him becomes a mini God, a Son of God, and the life moves on in tune with the Plan.

The student of meditation may visualise the vertical column with six lotuses and further visualise that the lotuses are unfolding and the related light is getting transmitted into all directions.

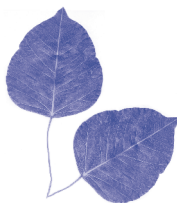


Kapila

The Folds of Nature 2 The Fivefold Nature

1. The Nature within the three qualities (inertia, dynamism and poise) is called Trigunatmika.
2. The Nature beyond the three qualities is called Trigunatita.
3. The Nature that is unchangeable is called Nitya. This is like the silver screen of the movie theatre.
4. The Nature that functions as "is and is not" has the ability to alternate into existence and seeming non-existence.
5. The Nature five or the ultimate, the base for the four distinguishments stated heretofore is called Root Nature - Mula Prakriti. It is called Aditi in the Vedas. She is the Mother of the world from whom the variety of qualities and principles of Nature emerge.

Ashram Leaves



Rosicrucian

"Rose - Arose - Love;
Colour - Cross - Karma;
Rose - Cross - Consciousness.
Rose and Cross - Rosy Cross;
- Rosicrucian".



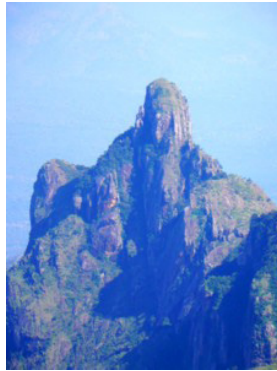
On Love

The petals of a flower are naturally together
due to the common source of unfoldment –

Love is the basis.

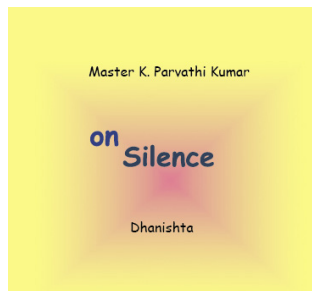
Petals tied together are incomparable
to the petals of a flower.

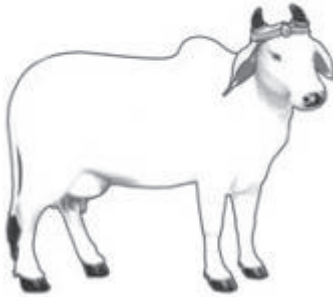




On Silence

Who can define the boundary of Silence?
The beauty of Silence?





Cow

The Symbol and its Significance

Worship of Cow and Bull is equivalent to worship of Parents, Pitris and Devas.

Violet Flame Invocations



Master Jupiter, CVV!
You are the Initiator.

Master CSG!
You are the Executive.

Master DK!
You are the Transmitter.

Master M, KH!
You are the Guardian Angels.

You five form the White Dragon
that pulls out the humanity
from the denizens to the Kings of Beauty.

We bow down
in homage and adoration to You!



From the Teacher's Pen

Questions and Answers

Question: Master, why is it not possible to experience the Self within the mind itself? Mind also carries the Self and is part of the Self.

Answer: it is said by a philosopher, that one cannot bath in solid ice. Ice is also water, but solidified. So is mind, that is solidified by definitions, concepts, ideologies, theologies, believes and superstitions. Mind is a frozen consciousness, frozen stronger than the ice. It is as frozen as the cement concrete; therefore, you cannot experience the bath in consciousness of the mind. Just like the solid ice requires to be melted, the mind also has to be melted. Acts of selfless unconditional service to the fellow beings, who are in dire need, enable the mind to be melted into a pool of consciousness. In that consciousness, you can bear an experience. Concretized mind, when diluted, tends to be a pool of water like a pure water lake in which the swan of your being can swim.

Agni



An Introduction into the Work of Cosmic Fire, 25

Rhythmical Living

So, we have to reach that third subplane of mental plane and overcome the conditioning of matter. What is important is rising of the Kundalini from the base centre. To raise Kundalini is not an effort to deal with Kundalini. It has a technology of its own. That technology is what is given as the spiritual practice. When we are at the base centre, we have to work to get liberated from the matter of the base centre. Base centre corresponds to 7th ray activity. To overcome the matter in the base centre, one has to work with the 7th ray. What is 7th ray activity? 7th ray activity means rhythm in life, order in life. We have to organize our life according to a rhythm. If we can establish a rhythm relating to our work, food and sleep, the matter relating to the physical plane yields itself to the fire within.

Here, matter yields itself to the fire within, when we conduct ourselves according to a rhythm. So, a man who does not maintain rhythm in life, he cannot think of getting released from the conditioning of the matter of the base centre. We have to see how the nature is functioning, how the plant is functioning, the animal is functioning. From plant to planet, everything functions according to a rhythm – except human being. So, the one who observes nature will know that there is a system and a rhythm in the nature. The degree of unpredictability is quite low in the case of nature. The functioning of nature is fairly predictable: the mo-

vement of the planets, the happening of the seasons, the growth of the fauna and flora of the earth and the movement of the planets around the sun, the movement of other planets around themselves and around sun and even the movement of the sun around a central sun. They have a rhythm, they have a periodicity, so that is what the nature follows and hence, the whole creation remains in equilibrium.

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Master *EK*

Vishnu Purâna
CHAPTER XIII



King Vena and the Birth of Prudhu 2

Then King Vena said: “Do you mean that someone else is a greater ruler than me? Who is more fit to be worshipped than myself? Who is that Hari of whom you speak as the Lord of all works? Do not speak before me about Brahma, Vishnu, Sambhu, Indra, Vayu, Yama the god of death, the sun-god, the fire-god, the god of water, Dhata, Pusha, Bhumi and the moon. There is no end to these gods when you begin speaking about them. All these gods, no doubts, have their powers to bless or curse. But, poor fellows as they are, they have to stand as the various parts of the body of a ruler. Try to understand this and try to do what I say, in obedience. Hence I say no offerings, no sacrifices and no charities to anyone else. Just as it is the duty of the wife to offer her services to the husband, so it is the duty of the ruled to offer their services to the ruler. Honour the Law. Honouring my word is honouring the law, in your case. You are the twice born and you must understand this”.

The sages replied: “All this world, my lord, is only the result of the evolution of the oblations of the grand ritual, the sacrifice of offering. Give us orders to accordingly and let there be no breach of the law in your orders.”

Parasara said: “Even though King Vena was induced again and again towards a lawful offering, he did not accept it. Then the sages got furious and talked among themselves: “Let us put an end to this thing. This fellow has the audacity to refuse to accept the existence of the eternal Lord who is without a beginning or an end. Blotted he is by the sin of misbe-

haviour.” They directed then the sharp edges of the kusa grass against him with the power of great mantras and killed him. When he was dead, they saw a spark glowing and developing into lawlessness all around. Since there was no ruler, the spark of lawlessness worked out in many minds as theft and robbery. Many people in the kingdom began to live as thieves and robbers, growing fond of each other’s possessions. The sages saw the spark ever moving among the many people. They saw that the king had died without leaving a son to take his place as ruler.

The Science of Man

Dr K. Parvathi Kumar
First Young Group Life Teaching, Part 18
August 2001, Visakhapatnam/ India

The Five Chief Responsibilities for a Man

You have responsibility towards the Teacher. Whatever you have received from the Teacher, you have a responsibility to live it, to experience it and to give it to another. When you have received knowledge from the Teacher, you should live it, experience it and transmit it to another. That is the only way to discharge your responsibility to the Teacher.

You have responsibility for the parents. They have given you a body, you, too, have to give bodies to others and thereby discharge your responsibility.

You receive so much from the plant kingdom. You discharge your responsibility to the plant kingdom by serving the plant kingdom even in a very small measure. At least keep growing a flower plant, or a vegetable plant, or a fruit tree. You can't just receive without considering of giving something back to it. If you forget to give that which you have received, you will be ungrateful, and the consequences will follow.

You receive so much from the animal kingdom. So, keep giving something the animals, some little service in recognition and thankfulness to what that kingdom is doing to us.

You are also responsible to the intelligences that are making your life inside and outside possible. Like the element earth, water, fire, air, ether, the life force – they are all helping us regularly. There are so many intelligences whose functioning with us enables us to function in turn. These intelligences need to be served.

These are the five debts that you have to discharge. Otherwise you become indebted. The one who receives but does not give is considered not to be loyal, not to be grateful and hence not to be refined. He is a grabber, but not a sharer. To receive in order to give is the law of the

nature. In nature, if you observe, this aspect of receiving in order to give can be seen very clearly and completely. Otherwise, we get stuck. We should ensure that whenever we receive anything from anyone, immediately the thought should arise in us: What shall I do to this person in return?

If you only receive without giving, you tend more towards the lower chambers. If you tend to give more than what you receive, you move upwards towards the higher chambers. That is the key. The Saints or the great Masters of wisdom reached the fifth chamber only by more giving than receiving.

Receiving is the feminine or negative principle. Giving is the positive aspect. North Pole is positive. South Pole is negative. North Pole distributes, South Pole gathers. The reception and gathering happens in such equal measure to keep the planet intact. Sun is receiving light from higher spheres and distributes that light to all the planets in the system. That is how the Sun is intact. This principle of receiving to give is one of the chief principles that we should learn. If you can give more than what you receive, you make ascent in terms of your energy system. If you keep receiving more than what you give, you keep descending in your energy system.

That is the reason for limited, moderate use of sex. It is to give healthy bodies to human beings. Even animals have seasons. But the man has no seasons when it comes to sex. There is much that man has to learn about sex, if he has to gain the kind of freedom that he looks for.

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Paracelsus

Health & Healing

Man's Thought, The Key of Life



Humanity is striving every possible way to restore basic minimum health. Many therapies, ancient and modern, scientific and unscientific are accepted, due to urgency of health. Medical science is also striving hard to provide solutions to emerging and raising sicknesses. There is mushroom growth of sicknesses bewildering the doctors, the science and the victims. It looks as though the ship is on a kind of fire. There is commotion among the knowers of health. The causes for the emerging sicknesses are not always traceable. The effects are too fast. Retracing the effects has overtaken the cost finding machinery. All are critical about the present state of health practice. It looks as though there are happenings that are beyond human reach.

But it is true that ever since 1930 there is much fire induced on the planet, which even threatens the planet. All sensitive organisms are affected by the additional way of fire induced into the planet. There are earthquakes, volcanic eruptions, storms, wildfires, fogs, changing climates, wars, revolts, treasons, terror. What more is needed to understand that we are passing through threatening times? The division and disintegration is faster than unison and synthesis.

There has never been such an hour of disintegration as it is now. It is as if paths have been laid for ways of fire. Few realized this and many are deaf and are obscured of division.

A saint of the orient said, "Man has fallen into a dark pit and closed

the outlet with a black cover.” Thought controls the vital impulse. One can display striving towards purification and development of thought. Humanity therefore needs to strive towards broad, all-encompassing thoughts, which can lay foundation for regeneration of life. Thoughts that contribute to refinement of consciousness hold the key to revitalize humanity. The saint thus prophesied that the key to life is vested in man’s thought. The thought has to be ‘fair to all’.

This is the only door opened for health and wellbeing. In togetherness the leaders of human groups need to lead to this end.

Dr. K. Parvathi Kumar

Extract from: **Paracelsus – Health and Healing**

With a subscription you support this important work (€ 84 / year).

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Children's Section**On Service****PERSONALITY IS THE ASPIRANT.****SOUL IS THE TEACHER.****PRAYER ENABLES THE LINK.****Wise and otherwise**

Dear children,

Do you know the simple teaching of Gautama the Buddha?

He says, "Discard the desire". Desire is destructive and duty is constructive. Duty is to do what is to be done. Duty is to discharge one's obligations in life. In discharging the duty one fulfills himself. Desires also get fulfilled. Desires' satiation is an integral part of dutiful function. They are like the chocolates on the way.

One cannot plan for desires. One can plan for fulfilling the persisting obligations. As one is focused in fulfilling one's obligations, nature fulfills the one. When man looks to fulfill himself and drifts from performance of one's own duty, the nature ceases to fulfill and the desire remains unfulfilled, not satiated.

Running after desires is compared to running after one's own shadow. One can never catch up to his shadow, but one can let this shadow follow him. Orienting to one's own obligations in life, if one proceeds swiftly, the desires follow and get fulfilled.

Be wise to orient to duty, otherwise you remain unwise.

K. Parvathi Kumar

Stories For Young People

The Law

The Pandava-Brothers and their queen Draupadi invited their grandson Parikshit, the king of Hastinapura. They wished to tell him their mission of life was over now and they would leave their bodies: "The duration of life in a physical body is like the duration of a drama on stage." Man is only an actor." He has to understand that he is not the author of the drama. The author is someone really creative." Draupadi told Parikshit the reason of the meeting: "When the drama is over the actor should not commit the mistake of using the stage any further. Now we await your permission to renounce and start on our last journey. This is the one wish we have. Please agree to our wish. Then we carefree can leave the stage of life and nothing is following our indweller."

Suddenly there was a strike of thunder. A mighty voice spoke, "It is not true that nothing follows after death. Law, the ultimate nature of things, follows everyone in life and after death like a vigilant dog. If the actor knows, law protects him even in his future lives. If he ignores, the actor becomes a rob of his illusions and has to suffer and to think of death as the ultimate occurrence,"

When the Pandavas and Draupadi started for their journey, there was a dog following them.

From: E. Krishnamacharya: Man Sacrifice. World Teacher Trust. 1982, P 211ff; K.P. Kumar: Sri Suktam. Lectures. Wengen. Switzerland. 1982

WINDOW TO WORLD SERVICE NEWS & ACTIVITIES (Inputs welcome)

GERMANY

Name of the group: WTT-Group Grassau

Contact: Brigitte Gagel and Rosa Maier

Address: Hochplattenstraße 32, D-83224 Grassau

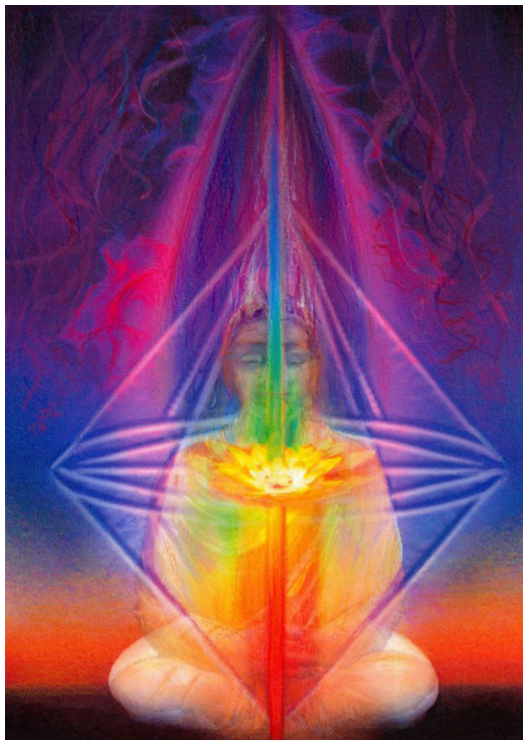
Phone: ++49 +8641 699845 **E-Mail:** @light-star.org

Activities

During the whole year we have given consultations to farmers as per their families, when problems arise, and also as per the animals in agriculture. We have done this free of charge as a service. (We got the contact to the farmers with the help of our newly developed device Agro Star).

At the end of the year we have supported dying people by doing prayers of forgiveness and thanksgiving. This way the souls could detach more easily from matter and leave their bodies. In all situations this help was very well accepted.

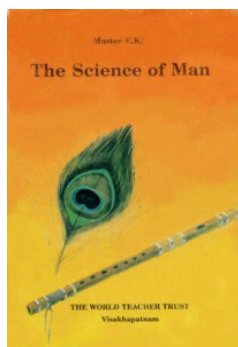
Picture of the Month of Saggitarius: Sagittarius – Pre-Dawn Meditation



Two hours before sunrise is called the true spiritual time in the day. Practising spiritualism at this time yields the best results. The disciple gets the co-operation of the Devas, who are preparing the subconscious levels of the sleeping souls to receive the solar Logos at the dawn. The Seven Lords of Flame are said to chant the prayers of the Sun God in a low tone at this time. In the day of gods, which is our solar year, the passage of the annual Sun through Sagittarius marks this spiritual time. Let the true disciple of the path of cosmic yoga use this whole month for his realisation. Master EK: Spiritual Astrology

Master EK: Spiritual Astrology.

Book review



THE SCIENCE OF MAN.

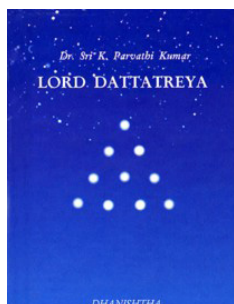
The need for practice of Spiritual Science by man is immanent, in the context of the upsurge of Material Science. Man should find the technique to be fit to experience that which is revealed by Nature through Science. The technique is contained in the World Scriptures. The Science of Man is an effort to furnish this technique, practice of which enables man to unfold from within. It is the application of technique upon oneself that

reveals the Self to oneself.

"The Science Of Man" is another stream of Wisdom flowing through the consciousness of Master E.K.

Ekkirala Krishnamacharya: The Science of Man

Copies: The World Teacher Trust, info@worldteachertrust.org



SRI DATTATREYA. The Symbol and the Significance.

Dattatreya is the Grand Teacher or "Guru principle" in the universe. The teachers in various planes are the manifestation of the one teaching principle who is referred to in the ancient Indian wisdom as Dattatreya. Dattatreya also exists in a form in all planes.

Dattatreya is the principle, which exists in all as the Teacher principle, as the friend, as the guide that leads one unto one's own source of Existence. Dattatreya is an Eternal Principle. Just like the World Teacher is the principle that guides the beings of this globe, Dattatreya is also a principle that incarnates as per the time and need in any plane of existence.

K. Parvathi Kumar: Sri Dattatreya

Copies: The World Teacher Trust, info@wtt-global.ch

Astrological Important Days in November/December 2013

22.11.	04:48	☉ → ♏ / Sun enters Sagittarius	
♀		☉ in ♏ – Every morning:	
		Utilize the two hours before dawn for intense spiritual practice – particularly the first 13 degrees of Sun's transit	
		☉ in ♏ – Every Thursday (28.11., 05.12., 12.12., 19.12.):	
		Healing prayers and healing work	
25.11.	07:31	● 8 th phase of descending moon starts	☉ 03°09'♏ / ♀ 27°09' ♏
♂		(End 26.11. at 09:16)	
28.11.	10:42	11 th phase of descending moon starts	☉ 06°19'♏ / ♀ 06°19' ♏
♂		Contemplation upon Lord Nārāyaṇa (End 29.12. at 10:14)	
02.12.	04:25	Phase of new moon starts	☉ 10°06'♏ / ♀ 28°06' ♏
♂		New moon point of Sagittarius: Contemplation upon 'The Pledge'	
03.12.	01:22	● New moon of Sagittarius	☉ 10°59'♏ / ♀ 10°59' ♏
05.12.		Departure of Śrī Aurobindo from the physical	
07.12.	12:23	23 rd constellation Dhanishta starts	♂ 17°23'♏
♂	21:00	Dhanishta-Meditation (Dhanishta-constellation ends on 08.12. at 10:47)	
09.12.	04:52	● 8 th phase of ascending moon starts	☉ 17°14'♏ / ♀ 11°14'♏
♂		(End 10.12. at 03:41)	
12.12.	03:13	11 th phase of ascending moon starts	☉ 20°13'♏ / ♀ 20°13'♏
♂		Contemplation upon Lord Nārāyaṇa (End 13.12. at 03:51)	
13.12.		Departure of Śrī Nicholas Roerich from the physical	
16.12.	08:21	Phase of full moon starts	☉ 24°30'♏ / ♀ 12°30'♏
♂		Contemplation upon Lord Dattātreyā, the Lord of Yoga, and upon Master Kût Hûmi (Devâpi)	
17.12.	10:28	○ Full moon of Sagittarius	☉ 25°36'♏ / ♀ 25°36' ♏
21.12.	18:11	☉ → ♏ / Sun enters Capricorn	
♂		Winter Solstice: Birthday of Jesus Christ	
		☉ in ♏ – Every morning: Contemplation upon the brilliant-white 5-pointed star during the twilight hours	
25.12.	02:16	● 8 th phase of descending moon starts	☉ 03°24'♏ / ♀ 27°24'♏
♀		(End 26.12. at 03:07)	
28.12.	02:25	11 th phase of descending moon starts	☉ 06°28'♏ / ♀ 06°28'♏
♂		For healing purposes (End 29.12. at 00:50)	
29.12.		December Call Day	
31.12.	16:01	Phase of new moon starts	☉ 10°06'♏ / ♀ 28°06' ♏
♂		New moon point of Capricorn: Contemplation upon 'The Pledge'	
01.01.	12:14	● New moon of Capricorn	☉ 10°57'♏ / ♀ 10°57' ♏

All times until 27.10. are in CET (Central European Time);

From: »Astrological Calendar 2013/2014«;

Publisher: The World Teacher Trust – Global, Büelstr. 17, CH-6052 Hergiswil.

Great Invocation



Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



*SAHANÂVAVATU
SAHANAU BHUNAKTU
SAHA VIRYAM KARVÂVAHAI
TEJASVI NÂVA DHÎTA MASTU MA VIDVISHÂVAHAI
OM SHANTI SHANTI SHANTIHI*

LET US BE PROTECTED TOGETHER.
LET US SHARE TOGETHER. LET US WORK TOGETHER.
THERE WILL BE NO HINDRANCE TO LIGHT.
LET NOT MALICE PREVAIL.
LET PEACE BE IN ALL THE THREE PLANS.