

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Pisces 2016 Meena

Letter No. 11 / Cycle 29 - 19th February until 20th March 2016

The World Teacher Trust - Global



Invocation

May the light in me be the light before me.

May I learn to see it in all.

May the sound I utter reveal the light in me.

May I listen to it while others speak.

May the silence in and around me present itself,
the silence which we break every moment.

May it fill the darkness of noise we do,
and convert it into the light of our background.

Let virtue be the strength of my intelligence.

Let realisation be my attainment.

Let my purpose shape into the purpose of our earth.

Let my plan be an epitome of the divine plan.

May we speak the silence without breaking it.

May we live in the awareness of the background.

May we transact light in terms of joy.

May we be worthy to find place in the eternal kingdom OM.

Master EK



Letter No.11/Cycle 29 – 19 February until 20 March 2016 ਀

Contents

Master E.K. • Invocation	2
Prayer of the Year	4
Message of the Month of Pisces ਀	5
Message of the Teacher	7
Lord Sri Krishna: Gîtâ Upanishad.	8
Lord Maitreya	9
Master Morya - Maruvu Maharshi	10
Master Kut Humi - Devapi Maharshi	11
Message of Master E.K.	12
Vidura Wisdom Teachings	13
Shirdi Sai Sayings.	14
Sri Ramakrishna.	15
On Secret Doctrine	16
Lay Man's Prayer	17
Discipleship.	18
Teacher – Kapila - Ashram Leaves	19
On Love / Fire	24
Cow	26
Invocations of the Violet Flame	27
From the Teacher's Pen	28
Agni	29
Vishnu Purana Master EK.	31
The Science of Man.	33
Paracelsus - Health and Healing	38
Children's Section	40
Stories for Young People	41
Window to World Service	42
Picture of the Month of Pisces	45
Book Review	46
Astrological Important Days	47
Master DK • Great Invocation	48

Dr. Sri K. Parvathi Kumar is President of the 'World Teacher Trust' and Founder of the 'Vaisakh Newsletter'. The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

Vaisakh Newsletter in German: wtt@kulapati.de, in Spanish (WTT Argentina):

wtt@wttargentina.org, (WTT Spain): wtt.spain@gmail.com

The English Vaisakh Newsletter: Please contact:

The World Teacher Trust - Global

The Vaisakh Newsletter, Büelstrasse 17, CH-6052 Hergiswil, Switzerland

E-mail: info@worldteachertrust.org Website: www.worldteachertrust.org

Prayer of the year 2015/16

WASH KARMA IN SPACE.
ON THE DEEP BLUE SLATE PAINT EVER-ELEVATING COLOURS,
EVER AT THE FEET OF THE MASTER
IN THE VAISAKHA VALLEY.



Full Moon of Pisces, 22nd of February, 2015, 07.20 pm



Message of the Month of Pisces

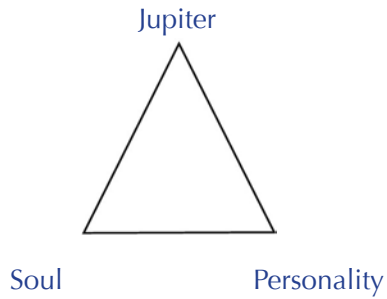
The three keynotes of Pisces shall have to be kept in mind as Sun transits Pisces. As the solar year concludes with the month, one may tread the path of bondage and captivity or the path of renunciation and detachment or the path of service and sacrifice.

Pisces being a dual sign, the possibility for descent into mundanity or ascent into so-called super mundane concurrently exist. The two paths are wide open as one concludes a solar year and makes entry into yet another cycle of life.

The trouble of mutable cross is that man is always pulled back again and again into his old habits and it is by resolve, he shall have to advance and resist the regression. Mutable cross dominantly works to set man into old habits and it is by will and by effort, one shall have to set himself upon the chosen path of life.

Pisces being the fourth mutable sign, if man stands away from material and its captivity, the personality can be worked out for its rearrangement and alignment with the soul. When the touch of the soul is gained with the help of a guru (Jupiter in Pisces), the personality would reorganize itself and pick up the path of renunciation. This provides the way for release of the soul from the captivity of personality. The two fishes of Pisces represent the soul and the personality. They move normally in an ordinary man in opposite directions. The symbol of Pisces ♃ also indicates this. But when the personality with the help of Jupiter rearranges to gain the touch of the soul, the sign of Pisces undergoes a change where one fish follows the tail of the other. It means the personality follows the soul and the soul fulfills the personality.

This is the work on hand for every disciple which he can do as a Triangular work given as under.



May the presence of Jupiter and teachings of Jupiter cause a happy marriage between the soul and the personality. The teacher or the Master of Wisdom who one follows stands for Jupiter. May Jupiter prevail!.



Jupiter in Pisces

Message of the Teacher



The Grey Matter

While every disciple is informed of the omnipresence of God, hardly anyone strives to experience the One in the daily life, as the disciple encounters persons and events. To be informed is different from experiencing the Information. Bridging the gap between what is informed and what is experienced is the true striving which disciples do not generally care to while they should. The feeling of being a disciple prevents him from doing it and experiencing it. The feeling of Self is the grey matter that disables one to experience. Forgetfulness sets in and practice gets suspended as one lives in the grey matter of one's own feelings.

When man is too much self-conscious, he falls into this grey matter. One cannot lift oneself from it unless he receives the help through time. Beware of grey matter of self-consciousness. Instead, be self-forgetful in all your actions of goodwill. Let the personalized 'I' not project everywhere and spoil the surroundings.



Gita-Upanishad - Lord Sri Krishna -

Pursuing the Path

*"POORVABHYASENA TENAIVA HRIYATE HYAVASOAPI SAHA
JINNASURAPI YOGASYA SABDABRAHMATIVARTATE"*

"By virtue of the previous habit, a student of Yoga (an aspirant) continues to pursue the path of Yoga even if he fails from time to time." (6/44)

Commentary

The one who embarks upon the Path of Yoga continues to evolve and continues to be born and reborn again and again either in a family of righteous wealth or in a family of Yogis. The practice of yoga he conducts from life to life settles in him as a trait. Whenever he is reborn, when favourable conditions prevail, he regains the touch of Yoga and pursues further. This pursuance continues for lives until one experiences himself as Brahman. As man dies, he carries with him the traits of his personality - good, bad or indifferent. As one practices Yoga, the Yoga traits remain along with other traits. As he pursues Yoga, the desirable traits grow enabling alignment of personality with the soul and the undesirable traits gradually fall off. Depending upon the intensity of the practice, the alignment is gained at a normal or less than normal speed. Yet, the progress continues to be. At the least, one may move at snail's speed and yet, reach the Truth eventually. In one's coursing towards Truth, it is but natural that one fails and reascends from time to time on account of positive and negative traits. Yet, the journey is on.

Message of Lord Maitreya

Of Me



My hands know no rest. They are eternally at work, blessing, healing and praying.

My mind does not look for rest. It is dedicated to find solutions for human upliftment.

My abilities are effortlessly in action to dispel darkness of ignorance and set candles of knowledge.

My will is engaged at all times to find intuitive and creative ways of building structures to help human beings.

My eyes ever transmit the serene blue to synthesis and set harmony.

My smile dispels fear, doubt and suspicion.

I have no fatigue or tiresomeness.

Around this striving, gather and manifest the Divine Will, Love and Light.

In my quiver, I have the arrows of courage, Will, Love, Knowledge, Action and Silence.



Message of Master Morya
- Maruvu Maharshi -

Uni-Verse

The Hierarchy is eternally linked to the Omnipotent and Omnipresent Energy called God. This alignment is primary for all our actions. It is by this alignment, we enable the Plan to dispassionately manifest according to time and place. We rejoice through our observation of this manifestation through us. The dexterity with which the Divine Mother manifests into its eight-fold Nature, the Plan for upliftment of beings is amazing and bewildering. The energy in manifestation is but THAT I AM which we call God.

You say 'I Am'. We say 'I Am'. All Self-conscious beings say 'I Am'. Even the Sun says 'I Am'. The 'I Am' in each unit of existence is but part of THAT I AM. As I AM all unitary existences, big or small are one and the same. The difference is in dimension. I AM as individual, I AM as Sun is but THAT I AM. The envelopes around I AM built by Nature give different abilities and dimensions. As I AM, We are One. By our Nature, we are different, a variety. Seeing the One in the variety enables us to accept the variety. If variety is seen as different, it is still fine. But it cannot lead to differences, disputes and conflicts. Ignorance of disputes and conflicts can only be resolved through the knowledge of unity and variety. This knowledge enables acceptance of Uni-Verse.

Master Koot Hoomi
- Devâpi Maharshi -



Tolerance

The most profound among all virtues is tolerance. The tolerant one is the most virtuous one. The intolerant one is most ignorant one. He tends even to be wicked. Tolerance enables forbearance, forgiveness and containment. Sudden events do not disturb the tolerant one while the intolerant gets disturbed and contributes to such disturbance, causing confusion in the surroundings.

The tolerant one is admired in the subtle world. He is respected. To him, the cooperation in the subtle world is available in as much as he evolves faster than the rest.

Tolerance is the quality of the heart. It enables unfoldment of the heart to be accommodative. Inability to accommodate persons with different views, different ideologies and different habits emerges from intolerance. Men become human through intolerance while humans become men with tolerance.

Humans are but men that tended to be mundane. Humanity shall have to transform itself as mankind. Mankind is that class among men who are kind and tolerant. The rest are conditioned by humus – mundanity.



Message of Master *EK*

Nature's Activity

The acts of Nature cannot be judged. They should have to be understood. The ethics, the rules, the civility, the religion, the morals and the traditions that humans build have no impact on Nature. The happenings in Nature are as per the Divine Plan and have little to do with human activity of good and bad which again are human definitions.

Vidura

Wisdom Teachings



Conspiracy
keeps man away from
the law, peace, poise,
as also from the comfort of mind.

Friendly advice
is bitter to them.



Shirdi Sai Sayings

I AM THAT I AM

You say "I am Sai". It is you who named Me so. But "I AM THAT I AM". I exist as all that is. Hence forget not Me in all that you see, listen, taste, touch, and smell. This is the sure way to be with Me for all times to come.

Sai is but a name related to Me, while I exist with thousands of names through thousands of forms. Verily My name is "I AM".

Message of Sri Ramakrishna



Image Worship 1

As a toy fruit or a toy elephant reminds one
of the real fruit and the living animal,
so do images worshipped remind one of God
who is formless and eternal.



On Secret Doctrine

Women and Alchemy

The ten zodiacal signs with Virgo-Scorpio being one sign and Libra not yet formed is the perfect zodiac before the expression of the physical world. The ten human orifices are relatable to the ten sun signs. The women are therefore perfectly fit to relate to magic for, they too have ten orifices. Woman being left with the full or perfect number ten (10), was considered in ancient times as higher or more spiritual than man. Woman is considered as the “Lady of the Lord”. It means she was real Lord over the Lady. In all magical schools, the husband pledges himself to be “obedient to his wife” for production of alchemical results such as Elixir of Life. The help of woman was needed at all times by a male alchemist. The help of woman was understood as the presence of woman within the aura of man’s habitat. It never indicated a physical union. A true alchemist of the old always took aged women to help him, carefully avoiding the young ones. Pythagoras who lived more than 90 years, always ensured association of a woman even in the later states of his life. The Hindus always believed marital status as a privileged status to attain the Androgynous state by either of them through practices of Yoga. The ancient Wisdom set the women on a higher pedestal than Man while the modern religions out of utter ignorance reduced them to sin-pots!

Lay Man's Prayer



Givers give and are given.
As much as they give,
so much they are given.
This is endless.
I give up.
I give up at Your feet,
Praying.

Discipleship

Obedience to the Rhythms

Subordinating the personality to the rhythms of discipleship enables the flow of the quality of the soul through the personality. By this, two purposes are achieved. Firstly, the disciple is fulfilled since Will, Love and Light flow from the soul to the personality and rearrange the life. The rearrangement is but gradual. The life tends to be aligning with the purposes of the soul and purposes of life. Secondly, when the soul energy flows through personality, it also fulfils the surroundings such as the family, the group and even the society. The disciple tends to be engaged in a true helpfulness.

As the flow becomes stronger through regular alignment, through regular use of the soul energy via the personality, wider range of contacts become possible and there would be outpouring of Light into larger circles leading one to divine service. Disciples whose range of service expands into larger circles eventually discharge their debt to their race. In the process, they stand eligible to gain the Master-hood.

A disciple

The Teacher

18. Nijamandalatar Bhasitam

Gives darshan in a lighted form
in the anahata region seated
on the twelve-petalled lotus



Darshan means appearance. The Teacher in his true form of light appears in the fourth lotus, namely anahata lotus. The anahata lotus is resplendent with golden light. The Teacher gives presence within the student's anahata lotus with brilliant diamond colour surrounded by the golden light of anahata. The Teacher whom the student sees in objectivity is but the mundane form. The divine and relatively unchanging form of light is the Teacher's abode. He lives in that body. In the Western scriptures it's called the glorious robe which can be golden or diamond according to the context. In the Eastern scriptures it is called divya deha meaning the body of light. It is this form that is to be meditated by the student within his own heart lotus.

One has to visualise a fully unfolded golden lotus in the cave of the heart. The golden light of the lotus emits and permeates into the entire cave. In the cave on the lotus the student is recommended to visualise his Teacher of resplendent diamond light seated in a padmasana or a veerasana posture. The student is also recommended to visualise himself in a miniature form sitting near the right foot of the Teacher. He is within the golden and diamond aura of the lotus and the Master. Sitting there he is recommended to invoke the Master and contemplate in the way the Master suggests. In the beginning this could be a process of imagination and visualization. Later, he realises the truth of it.

The student is required to visualize the Master from the feet upwards paying homage to the lotus feet. The Master within the heart reveals himself in true colours. The Master whom the student sees in objectivity and in-

teracts is different from the Master within, in terms of dimensions. Every Master is like a resplendent fiery form enveloped by the body of flesh and blood. He is like a burning charcoal covered by ashes.

Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart.

Kapila

Four Models of Creation 8

Virat



The whole process of this creation happens within this Auric Egg which is called Virat in Sanskrit. The One that is the indweller of all this is called Virat Purusha (the Cosmic Person). The most exterior layer of this Person is the solid matter. The layer preceding it is that of water. The one interior to it is that of fire (The brilliance). The one more interior to it is air, which is preceded by separative consciousness, which is further preceded by the cosmic mind. The dimension of the exterior layer to the immediately preceding interior layer, is 1/10th. Ten times Ten the layers precede each other. These layers cause the classification of the planes of consciousness. The whole eggish form floats in the boundless space, with all its detail (the cosmic, the solar, the planetary systems, with beings therein). It stands suspended in space, while conducting the planetary, the systemic and the soul evolutions, through revolutions caused by time.

In the Cosmic Person, the created principles such as the five elements, five sensations, five senses and their presiding intelligences remain segregated from each other. By themselves they are not capable of integration. They cannot bring forth the activity of soul. None of them is capable of expressing the soul. They remain within their spheres. Just like in a body abandoned by the soul, the various intelligences remain, unintegrated and incapable of collective action. Synthesis of certain chemicals is for example, carried by a fruit, or by a vegetable. One can make analysis of the properties of a fruit. But collection of such properties and gathering them together does not bring forth the fruit. It is the descent of soul along with the principles or properties that causes a creature. Without the soul,

the created principles remain static. The descent of the unknown Essence through all that is precipitating through it causes the integrated functioning. It is like a readymade system that needs the maker to switch on the system. As if awakened from the sleep, the formative principles function collectively, in the presence of the indwelling Consciousness.

The one who visualises this science of creation grows wise, associates with the cosmic person through contemplation and lives in him. The soul lives in the body unbound by Nature and its qualities and yet experiences through Nature's qualities. This is liberation. Lack of this knowledge causes conditioning of the soul by the Nature.

The body is the Nature's network through the Nature's qualities.



Yantra of the Cosmic Person,
Rajasthan, 18th century

Ashram Leaves

The Three Ways



Some realise Him as the triangular activity in creation and link up to 'poise' in the triangle.

Some others realise Him through serving humanity.

Yet others realise Him by engaging their mind, heart and soul in the parables of the Lord, his deeds of direction, protection and illumination. They adopt to the process of self magnetisation, diverting from the worldly emotions.

The sundry arrive at one of the three through trial and error.



On Love

Prefer Love of God to Knowledge.
Love of God unfolds Knowledge of God.

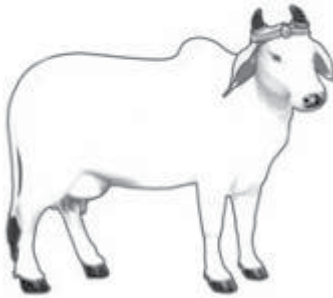




Fire

The Fiery-Breath

The Essence is consumed to form the creation with the help of Agni. The creations are once again consumed fully by the Essence with the help of Agni. That means, to breathe out the worlds Agni is required, and to breathe in the worlds Agni is required. If we have to breathe well, there should be enough Fire in us. If there is not adequate Fire in us we cannot breathe in and breathe out effectively. Madam Blavatsky refers in her epic Secret Doctrine to "the fiery breaths" which are responsible for manifestation and demanifestation. When Fire breathes out (exhalation), the worlds are formed. When Fire breathes in, the worlds get back into their original state. To give an example: the vapour, through condensation -that is, through reduction in Fire, becomes water. Water, through further reduction of Fire, becomes ice cube. Thus, ice cube, water and vapour, essentially are all one; but they differ in their states of existence. There is also difference in their qualities due to different degrees of Fire that exist in them. The quality of vapour is the vertical movement. The quality of water is to move horizontally or downwards. The quality of ice cube is static. Thus the same Essence, with a difference in its state, behaves differently. What is the cause for this difference? The degree of Agni as between vapour, water and ice cube. It is only Agni that causes the difference in the state; it should not be seen as difference in the Essence. There is no difference in the Essence; there is difference in the state. The Essence has no different states. It is Essence where ever it is. This must be meditated.



Cow

Worship of Cow is equivalent to annual pilgrimage.

Violet Flame Invocations



Victorious Violet Flame,
You soar high to the Lotus feet of Cosmic Lord.

You dive down from the Divine plane
to lift us up.

Seven are the planes to the feet of the Lord
and seven are Your Flames.

Flames, enflame us plane by plane.

Dive down for us, soar high,
lifting us.

We orient to You, Violet Flame.



From the Teacher's Pen

Questions and Answers

The Four Holy Ones

Question: Master, the Old Testament speaks of the guardian angels of the four corners of the Earth. Who are they and what is it they do?

Answer: The Four Holy Ones are connected with the karma of humanity. They are the Sun, the Moon, Mercury and Venus. In the Testament, they are respectively called Michael for Sun, Gabriel for Moon, Raphael for Mercury and Uriel for Venus.

Basic astrology tells you what these planetary principles mean in relation to our Earth and earthy beings. They guide the physical, the psychical, the spiritual and the cosmic forces relating to the humans whose existence is four-fold. Learn the spiritual significance of these four planetary principles through the teachings on Esoteric Astrology, Spiritual Astrology and the books relating to them from my teachings.

Agni

An Introduction into the
Work of Cosmic Fire, 52



The Aquarian Energy in the Head Centre

So, there is an internal journey that will be conducted through heart lotus. That is why it is said: 'Heart is the gateway for the interior and exterior understanding' – The meeting of the inner man and the outer man is in the heart centre. Hence the importance of working with the heart lotus. And it has such syllabus as covering the four triangles to meet the light, to develop the body which we call 'the body of light'. And the Master whom we call Master C.V.V., He started pushing light from that centre into the petals, because in the scheme of the divine plan, time has come where humanity needed to be evolved rather quickly. And hence, He started emitting the ray of Uranium from the heart lotus. So, when there is the invocation of the sound C.V.V., there is the piercing light of Uranium functioning from within the heart lotus which is a quality of the planet Uranus. And as this light shines forth into the lotus of the heart, there is the unfolding of the lotus quickly. That is why events happen very quickly in the personality life of the people.

And as many brothers and sisters expressed here in the beginning of the class, invariably everyone expressed that there is so much change ever since the last group meeting or the meeting before the last group meeting. And if we listen to the cassette which is recorded when they were speaking, many people said: "Many things changed in my life!" And the others said: "Everything changed in my life!" It is the stimulation of the Aquarian energy from within the heart lotus that makes it possible. That is what is called 'the Mission of the Master C.V.V.' which you all can receive and then work with it. I told you yesterday that a flower cannot be opened from outside. Until there is an effort from within, there cannot be much cooperation coming from external sources. I also told that

more often, if we try to open the petals of the flower from outside, the petals break. Even a high initiate like Madam Blavatsky has written that there is an eternal law where unfolding cannot be done from external support, unless there is an impulse from within to unfold. The outer is ready to help us, but the inner is not ready to receive the help. So, with much love, compassion and understanding, the Sons of Light have been waiting all through.

Then came a brilliant new law. Why not we work from within outside? And that law descended upon the planet, and that energy linked up the Cosmic Kundalini with the Earth Kundalini, and consequently the new energies started functioning from within outside with a new impulse. This is the extra dimension which the planet and the planetary beings are witnessing in this century. And hence, the speed of functioning and the progress achieved! In respect of all kingdoms, there is very speedy evolution. The speedy evolution is there with metal, with plant, with animal and with human beings. All this is attributed to the visit of the new energy. And what is witnessed by the man of the 20th century was not witnessed in the previous ten centuries. To scope up with the speed, man is also prepared from within.

And this energy is flowing from the sun sign Aquarius through Capricorn, and it is reaching up to the 12-petaled heart lotus. We shall have some more details relating to it tomorrow. The functioning of the 2nd fire or the solar fire is thus worked out by the flame in the heart lotus and the manasa devas. And their functioning is called 'the functioning of the soul'.

We shall also speak some more about the functioning of the 2nd fire, the solar fire, tomorrow.

This text is not proofread by the author and might have some mistakes.

Master EK

Vishnu Purâna
CHAPTER XVII

The Greatness of Prahlada 6



He again continued: "What harm is there if my elders are good in my view and the Eternal Lord is good as well? If you do not read ill of the Eternal Lord, I will explain something. The Law, its utility and fulfillment are known as the three objectives of a being. There is a fourth object (Liberation from the three) that is to be achieved by following the other three. The venerable Marichis, Daksha and others, practised the code according to the Law. Others derived benefit and got fulfillment by the Law. Those beings who could get the real essence of creation meditated upon it and got absorbed in it. Thereby they had their limitations destroyed and attained liberation. Wealth, splendour, greatness, wisdom, offspring and good deeds stand on one side. Liberation from one's own limitations stands on the other side. This is attained only by worship of Lord Hari. The twice-born assert that the object of Law-abiding, utility and fulfillment is only liberation. Whatever these great ones teach is the teaching of the Eternal One, there is no doubt. You are all respected by me since you are my Gurus. My power of discrimination is limited and you tell me if the teachings of the great ones about liberation are good or bad. Why so many words, there is only one Lord, who is the Lord of all creation. Doing and undoing belong to him. When assembled into a constitution He sits in the heart. He is the one who enjoys in us and the object of enjoyment as well. Excuse me for prattling like a child." The priests said: "When you are about to be burnt in the fires you are protected by us. Still you do not recognise and accept the fact. You are an idiot. If the devil of illusion does not leave you by our teachings, we will

create the devouring spirit to destroy you." Then Prahlada said: "Who is to be protected by whom and who is to be killed by whom? One kills oneself by doing things that are not good. One saves oneself by doing things that are good. Everyone is born of his own deeds and one follows one's path following one's own deeds. Hence one should do good things even if it costs great effort."

As he spoke the Brahmins grew furious. They created the devouring spirit which flames all round with clusters of flames. It was fearful as it took shape. The earth was damaged by its footsteps. With spite the spirit struck the boy in the chest with a lance. As the lance dashed his chest it was broken and fell down to the ground. With him whose awareness does not part with the Lord, the thunderbolt of Indra gets defeated. What to speak of a lance? The devouring spirit found itself invoked by sinners against one who had no sin. It turned against them, killed them and spent itself up.

As the boy saw the demons being burnt by the spirit he exclaimed: "Save them! Save them, O Lord Eternal! You are pervading all this. You exist in the shape of this creation. You exist also as the creator of this creation. Save these Brahmins from the terrible flames they invoked! Since the inner presence in all living beings is only Vishnu, the preceptor of all worlds, I pray to the Lord in all these Brahmins to see that they come to life again and live in safety. Since I meditate that all who like me and all who hate me are filled with the same Lord, I pray that these Brahmins, who behave as my enemies, be brought to life again. Those who came to kill me, those who gave me poison, those who have thrown me into fire and those who had me trampled under the feet of elephants, also those who made serpents bite me, are considered by me as among my friends. If this were to be true, let the priests of the giants be brought to life." As Prahlada uttered these words, all of them came out of affliction and stood happy and safe. Then they blessed him: "My boy! May you be longlived, valorous, strong and unimpeded. May you prosper with children, grand-children and wealth." Having blessed the boy, the priests approached Hiranyakasipu, the King of the Giants, and narrated to him what had taken place.

The Science of Man

Dr K. Parvathi Kumar
First Young Group Life Teaching, Part 41
August 2001, Visakhapatnam/ India

Question : What are the colours to start with in our study?

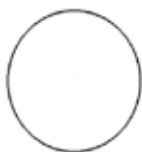
Answer : First orange, daily. It gives a clear mind. A clear mind can thereafter visualize the other colours. You can start with orange and then go up to golden-yellow. When these two colours become very familiar, that means, if you close your eyes and think of the colours, in a matter of a minute you should be able to visualize. Then you can take to the next superior colours. At best you can do it during the sunrise hours where the energy of the Sun helps you to visualize better, or in the evening hours. Facing the sunlight, it becomes easier to learn.

I am just introducing all this. I don't want to dump too many things at the same time, because if I dump too many things, there are two possibilities: one is, you may get confused, second is, you feel: all this is not for me. It's like putting before you a truck load of food to eat. We should make haste slowly. That's why I am mostly repeating than introducing many things at the same time.

But before we conclude our teaching here, I shall give you a few sounds to practice with the related colours and symbols. That would be a very minimum program, but not a big one.

Symbols

The Circle.



The basic and the foundational symbol for the whole creation is a circle. This circle is also called 'zero'. Zero has two meanings. It means nothingness. It also means everything. Seeming nothing is everything. When it is nothing, the creation is potentially there. When it gradually becomes visible, it is from this seeming nothingness that the creation emerges. All comes out of zero and gets back into zero. That's why zero is said to be seemingly nothing but is everything. So, zero is everything. It is the beginning and the ending. All numbers come out of it, all manifestations come out of it, all force comes out of it, the entire life comes out of it, consciousness comes out of it, matter comes out of it, time cycles come out of it, the law of creation comes out of it, the devas come out of it.

I am speaking of such a sublime thing, which is the basis of all. It is the basis of the universe, it is the basis of our being. That is called zero. There is a beautiful word in Sanskrit which speaks of zero as Purnam. Zero is called Purnam and Suniam. Purnam means fulness. Suniam means nilness. What is nil is also full. That is the understanding of wisdom. Nothing can come out of a vacuum. The vacuum is in the human brain but not in the space. The space is potential of creation. It keeps manifesting.

That's why a sphere or a circle is seen as the number which is the mother of all the numbers. If you wish to gain the very background of your being, you have to meditate upon a sphere. That's why the crystal balls are given. It's only an image but you have to contemplate in you the sphere.

The Circle with a Central Point



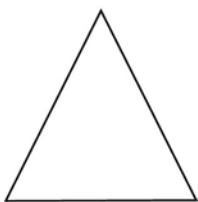
When there is a central point to the circle, the central point is seen as the emergence of consciousness. That is the symbol for number one. When you are at sleep, you don't have consciousness, but you have existence. You are not conscious that you are existing, when you are in sleep. If you know that you are sleeping, it means that you are not sleeping. At sleep, existence is there, but consciousness is not there. When you awake, you feel 'I am'. Before you are awake, where is this 'I am'? It is absorbed into its source. What is that source? It has no name, it has no form, it is not he, it is not she.

That is why the Scriptures say: "The background for the consciousness cannot be defined, it cannot be spoken, it cannot be given a shape, it cannot be given a name." So, it is called IT or THAT – no he, no she. To wake up as 'I am' is the state of number one. The symbol of number one is the circle with a central point. From the totality of existence, there is the individual existence when the 'I am' emerges. Until such time, there is no individual 'I am'.

When you cut the circle horizontally, it is the symbol of number two. You get a semi-circle which is depicted as number two. Number one is consciousness. Number two is its reflection. It bifurcates into its original and its reflective state. As you wake up, you become 'I am' and then you reflect. You reflect into the objectivity. You reflect into the mind. That is why the upper semi-circle is 'I am', and the lower semi-circle is its reflection.

The Triangle

Then you interact with the reflection by a thought. That is number three.



It is represented by a triangle. Thought is triangular: you are there, your reflection is there, and through thought you are trying to interact with your reflection. In sleep there are no thoughts, in sleep there is no 'I am'.

When you wake up, you are pure consciousness as 'I am'. Number one is given to the planet Sun.

Number two is given to Moon, because Moon is a reflective principle.

Number three is given to Jupiter, because Jupiter prevails over all thought and the related creation. It is the cosmic thought that is result of the cosmic creation. If you also have thoughts of wisdom, you will create a beautiful life of you. How beautiful is your triangle decides what beauty you have in life. Equilateral triangle is said to be the best of the triangles because all the three angles are equal.

What are the three angles of the triangle? One is action, another is rest and the third is the balance between action and rest. We should know when to act, where to act, how to act. If we work out a good equilibrium between action and rest, when two angles of the triangle are equal, then the third angle is naturally equal to the other two. The triangle has hundred-eighty degrees. When two of them are sixty degrees each, the third angle is also of sixty degrees.

When you know the knowledge to think, your problems are solved. Since we don't know how to think, all kinds of thoughts will take over us. They condition us. Instead of your projecting a thought, the outside thoughts condition you. Objectivity gives you so many avenues to bring thoughts from outside into you and you are conditioned by the objectivity. A consciousness that is conditioned by the objectivity loses its mastery over thought. Any distraction in the outer world puts you away from what you have to do. Then you are like any animal which is shown food and the animal runs to it. There is no self-control mechanism. You are the consciousness and the thoughts that emerge from your consciousness shall have to be exercised.

But it works otherwise for a human being who has lost control over thought. He forgets what he needs to do and gets engaged in things which are not useful to him. That is the reason why, in occult practices, focusing and concentration were emphasized. To get focused, the Teachers in the ancient times used to take their students into a shopping mall and make them sit right in the center of the mall. The Teacher was teaching and the students had to listen. Many people were moving around, music was being played, some buffalos and bullock carts were moving here and there, or some birds were making noise. Amidst all

that, if the student was focused only to the teaching, he would get the right kind of control over his mind.

You can't control the outer activity. You have to control yourself. People are looking for silence and they are more disturbed due to lack of it. People want to sleep with no noise around. It is a weakness, it is a disease. If you sleep, why should the rest of the world be silent? You are demanding too much. You should be able to sleep when the sleep comes. You should be able to learn regardless the conditions. Do you know where Arjuna was initiated by Krishna? Amidst the battle field! An absolute silent place on the peak of a mountain and with a stream flowing down and cool breeze coming – such places are not selected by Masters for initiation. It is the poor human mind which thinks that serenity is outside. It is inside. The silence is inside, the serenity is inside.

You can't control things outside for your petty work. That is how thought control has to be developed. If you are listening to me and a bird lands on the balcony, and if you all look to the bird, it means, that according to the standards of a student you are considered inferior, because to you the bird is more important than the teaching. Unless the focus is gained, wisdom cannot be gained. In anything you have to be focused. The triangle speaks of the triangle of wisdom. That is why it is called 'trinosophia'.

This text is not proofread by the author and might have some mistakes.



Paracelsus

Health & Healing

Intake of Dangerous Substances
and Responsibility to Ensure Purity

Intake of any dangerous substance has its noticeable influence on the health of the beings, but how many substances are noticed to be dangerous for intake? Man today is engulfed by ill health and medicinal science is working relentlessly to find pharmaceutical solutions to cure sicknesses. Innumerable are the sicknesses that are sprouting, each year bringing certain new form of virus and incurable sicknesses. The forgetfulness of humans is growing rapidly indicating the impact of sickness on the brains.

What man inhales is not completely perceived. He inhales today much of the industrial smoke visible or invisible. There is much pollution of the air around, and regular inhalation of such air has its dangerous influence and impact on the health of animated beings. There is a repetition of intake through inhalation of ancient dangerous substances, which take possession of the entire organism of beings and renders any cure impossible.

When such factors are echoed by puritans, the science pooh-poohs it. They laugh at it, they hackle at the puritans. Unfortunately, the advocates of modernism think too little of the impact of the gases emerging from various chemical substances.

Virus are developed in such rapidity, that a virus-fever turns in 24 hours very violent to attack the brain, the heart and the lungs. The situation is grave and is not measured appropriately of the lightly destruction of health on the planet.

Purification of the surroundings is the responsibility of every citizen,

group of citizens, nations and races. One cannot be oblivious to the unhealthy surroundings. Many think it is not worthwhile to be concerned about it. There is a superficial thinking that the world goes on in spite of the emerging impurities through chemical industry. They are blind. They do not see all the afflictions and misfortunes that humanity attracts through such irresponsible activity.

This editorial is not to threaten, but to remind our responsibility to ensure purity of atmosphere. Not for long people can put off the results of their own sowings.

The prolonged illnesses propagate illnesses, which again are not seen. They pass on illnesses to the surroundings; they proceed to infect the space. A general conscious cooperation is needed to put an end to prolongation of sicknesses and its propagation. Rendering the planet helpful rests in the hands of all humanity. First of all, it must be understood, that man makes health not only of himself but also of all his surroundings. Only in such realization there is humanness. Such a feeling cannot be imposed, ordered or commanded. It has to come independently out of the depth of the heart of the being.

It is inadmissible to be an egoist and only to think of oneself. We must collectively think and act, for the earthly condition is tending to be bitter. Today sciences already see that the Earth can no more absorb a buried corpse as quickly as it did before.

Let us not hide ourselves in the folds of our mantles, when it is necessary to accept all alertness. Let us not prove ourselves to be a self-destroying race.

Dr. K. Parvathi Kumar

Extract from: **Paracelsus – Health and Healing**

Web-address : www.paracelsus-center.ch

Children's Section

On Service

**TRUE SERVICE LEADS TO PROGRESS
– PROGRESS IN LIFE AND IN SERVICE.**

.

Human Enigma

Dear Children,

Do you notice that in Nature, all beings other than humans live in tune totally with Nature?

Be it animals, trees, birds, fish, etc., all live by Nature. Man in the name of civility or advancement distanced himself from Nature. His living slowly tended to be unnatural. He reached a state where he thinks of protecting himself from Nature instead of attuning to Nature. The Nature's benevolence is forgotten and on the contrary, Nature's fierceness is entertained. It is unfortunate that man distances from Nature, pollutes the Nature and tries to protect himself from Nature while he is but a small, inseparable, integral part of Nature. He can no more drink by the stream, nor can he eat from the tree. He has to culture everything before he consumes from Nature. By this, he tended to be weak in vitality and has become susceptible to sicknesses. He cannot face the heat of the Sun or the cold of the winter or the showers of rainy season. He cannot stand even the wind.

It is but wise that you carve out a life where you do not distance yourself from the five elements, from the Sun and moonlight, from the stars, from the fauna and flora of this Earth, from the mountains and valleys, from the waterfalls and glorious streams. May you learn to integrate with Nature instead of distancing from Nature.

K. Parvathi Kumar

Stories For Young People

From the End to the Beginning

The sage Valmiki finished “Ramayana” and searched for someone, who could make the poem of 24 000 verses known all over the world. He found two disciples, Kusa and Lava. Their voices sound like those of divine beings and they had the capability of remembering well. So Valmiki trained them to recite his poem.

The boys travelled from place to place, sang the “Ramayana” accompanying their song with the Veena, an old instrument. One day they came to the king’s palace in Ayodhya. Everybody assembled to listen to the story. Lord Rama himself encouraged the boys to start with the entertainment. The boys were handsome and a special glow was around them. People thought of their descent. Nobody recognized the sons of the Lord. But soon people were lost in the story. Even Lord Rama listened, as if someone else had experienced it.

The endless ocean does not remember the storms, the tsunamis and tides on his surface nor does he claims the waves coming out of him for his own. The Lord, the source of all, does not care for the events of the past. And we ourselves experience our stories from beginning to end. From end to beginning we forget them. If someone tells us stories, we do not recognize the persons in action – as if someone else had experienced them.

The stories of this series are taken from the oldest poem of mankind, the venerable Ramayana. Master K.P. Kumar told many of them in his books and lectures. They are inspiring to those, who can extract the information contained for presence and future.

WINDOW TO WORLD SERVICE NEWS & ACTIVITIES (Inputs welcome)

ARGENTINA

Name of the group : WTT - Misiones

Contact: Gustavo Cattivelli Caruso

Address: San Luis 1652, 3300 Posadas (Misiones), Argentina

Email : wtt.misiones.info@gmail.com

Phone: ++54 +9-376-15375137

Group and Individual Service Activities, Part 1

1. Assistance to “Medalla Milagrosa”, a dining hall for children, elder and needed people. They are supported mainly with their daily food*, but also in any needs that may arise as reparations, purchase of utensils, cleaning supplies, etc.

Daily menu consists of 200 – 500 servings, 60% of which was reached by the contribution of the group.

About this activity:

- Clothes are gathered to help needed people, especially in winter time.
- Sick people are assisted in emergencies in their need of companionship when going to hospital, and medicines are supplied.
- Cooperation in children’s parties.
- Community therapy is given, called Integrative Community Therapy. This is a group therapy where people is listened, supported and contained emotionally.
- Facebook: “comedor medalla milagrosa medalla”

2. Technical and economical support to “Jeroviá CONIN” (Cooperative for child nutrition) in Ituzaingó, Province of Corrientes. It is aimed to rescue pregnant mothers and children in danger to lose their psychological and motor faculties from ages of 0 to 5 years old, due to malnutrition. Through Jeroviá CONIN poor districts are explored to find children in

need. They are checked periodically about their size, weight and psychological response. Families are supported with essential items and clothing.

Workshops about nutrition, early stimulation, hygiene, support to scholarship, among others.

It is supplied medical and psychological care.

Initially, this Centre had a workshop classroom, thermic store room and toilettes, whose building was possible with the support of associates and of local enterprises on a piece of land donated by Ituzaingó City Hall and located in the poorest district of the town. Last November, with the help of a donative by Renault Foundation, we inaugurated 2 medical assistance offices, a computer room, a store room (for used clothes received as a donative), and a management office. (jeroviacontacto@gmail.com and www.conin.org.ar)

3. Foundation and technical and financial support to CADI (a caring and training Center for disabled children and their families) since its foundation, being the first one of this kind. On 24 April 2014 it was honoured as "Of interest to the Province" by the Honorable Senators Camera of the Province of Corrientes.

About CADI: It was founded on October 1989. The center has specialized teachers, a psycho-pedagogue, early stimulation therapists and computer, crafts, carpentry and music teachers. This center was initially aimed to children from families of Yacyretá dam workers, but now it embraces general population. They are assisted according to their disability and they receive elementary school education to allow them to get a job. As they are generally families of low resources and poor education, they receive help in their formalities to receive money from the government, according to the Law of Disability. They are taught handicrafts as carpentry, stitching, computer training, etc. They receive help to get a job according to their abilities. Parents are taught sewing, cooking and different jobs to improve their quality of life. The poorest of them receive clothing. They are supported with medicines and food. All the formalities to receive medical care and rehabilitation at distant places (Buenos Aires, Posadas, Corrientes (capital city of Corrientes province) as well as free transportation are given. Every month a neurologist is brought from

Corrientes to give free assistance to the poorest children.

4. Assistance and keeping of a Playing Room Service in the Pediatric Hospital “Dr. Fernando Barreyro” of Posadas, for hospitalized children and their companions. Donation of toys and hygiene items.

5. Workings with Systemic Community Integrational Therapy (TCIS) addressed at the beginning mainly to vulnerable population and to general population today, including Universidad Nacional de Misiones. TCIS is a method to approach the daily sufferings sensed by the physical-emotional body. The motto “When the mouth is silent, the organs get diseases and when the mouth talks, the organs are healed” synthesizes TCIS spirit. TCIS gathering is a social space created to share sufferings promoting the discovering of “self-managed” solutions. These solutions are not found in books but in the life experiences of each one of the involved persons. Memories arouse and also the wisdom of the people who were able to overcome or learn to live with problems like abandonment, violence, separation, discrimination, etc.

A way to relieve pain is the proposal of music, jokes, sayings, stories related to the theme treated in that gathering. A humorous approach and sharing of experiences stimulate the neo-cortex, so that the person is capable to ponder, to give a new meaning to suffering and return to normal.

In brief, this activity approaches unattended aspects of people, creates community resilience, rescues inner resources laying in every participant, generating valuable knowledge useful to others. These abilities come from overcome difficulties and cultural resources of the group.

On the other hand, we are working on education and training of TCIS therapists in working days with specialized professionals from Brazil, Uruguay, Bolivia and some other places in our country. We also added other approaches to the emotional dimension of people through experiential techniques to free their emotions.

Picture of the Month of Pisces :

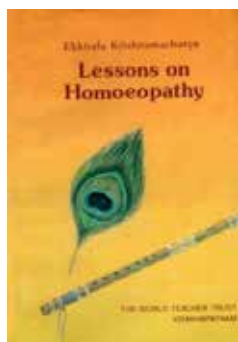
Pisces – Alpha in Omega, Omega in Alpha



Pisces represents the “alpha in omega” and also “the omega within alpha” of creation. To the average man, this sign ends with the vernal equinox but to the man of the reversed wheel it begins with the vernal equinox. One who can link up these facts gets The Light. In the physical body, this sign represents the pair of feet. There is a double nature to this sign also and for this reason this sign also is located along the Sushumna like the three previous signs. These two fishes of the sign are therefore located once again in the pineal gland and pituitary body. For all the average men, they serve no function. For a disciple, who is building his Antahkarana, they aid to produce the light which builds the Higher Bridge. This light is the fusion of two great yogic impulses, the beginning and the ending of creation, that are constantly expressed through man in the passage of time.

Dr. K. Parvathi Kumar: Spiritual Astrology

Book review



Lessons on Homoeopathy

Dr. Ekkirala Krishnamacharya had taken up homoeopathy as a media for healing the sick and propagated the same to thousands of his disciples in India and abroad who are now rendering valuable service in healing the sick. As a part of his teachings, he conducted a 3-day homoeo-seminar at Coxyde (Belgium) during his last visit to Europe in 1983. The lectures delivered there are brought out through this edition for the benefit of the posterity.

It is a masterpiece in Homoeo literature to all classes of people in general and practitioners in particular.

Ekkirala Krishnamacharya : Lessons on Homoeopathy

Copies: The World Teacher Trust, info@worldteachertrust.org

Download : http://worldteachertrust.org/_media/pdf/en/ek/vishnu_sahasranamam.pdf



Good Friday

Good Friday is an annual event and has also come to be the Friday on which the Grand Master Jesus passed over into the realms of Light and came back again to establish the Path with the Light that he received through such ascension. On that Good Friday there is the ascension and the resurrection. The grand Master walked the Path of pain on that Friday at 7 p.m. I.S.T. (3.30 p.m. in Jerusalem).

He walked the Path till about two and half-hours. Later he was crucified on the cross in the twilight hours, an event, which is unparalleled in this era. There is no equal to it.

A 10 minutes talk on Good Friday in a Temple on 13 April 2001.

K. Parvathi Kumar: Good Friday

Info: The World Teacher Trust, info@worldteachertrust.org

PDF : http://worldteachertrust.org/_media/pdf/en/good_friday.pdf

Astrological Important Days in February/March 2016

19.02.	06:33	☉ → ♓ / Sun enters Pisces	
21.02.	18:04	Phase of full moon starts	☉ 02°30'♈ / ☽ 20°30' ♎
☉		<i>Contemplation upon Mitra-Varuna, the not untrue beings</i>	
22.02.	19:20	☉ Full moon of Pisces	☉ 03°34'♈ / ☽ 03°34' ♍
01.03.	11:21	☿ 8 th phase of descending moon starts	☉ 11°16'♈ / ☽ 05°16' ♎
♂		(End 02.03. at 12:50)	
04.03.	13:32	11 th phase of descending moon starts	☉ 14°22'♈ / ☽ 14°22' ♎
♀		<i>Contemplation upon the healing energies</i> (End 05.03. at 12:41)	
06.03.	23:12	23 rd constellation <i>Dhanishta</i> starts	☽ 17°25' ♍
07.03.	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends on 07.03. at 21:22)	
08.03.	06:04	Phase of new moon starts	☉ 18°04' ♈ / ☽ 06°04' ♈
♂		New moon point of Pisces: <i>Contemplation upon 'The Pledge'</i>	
09.03.	02:54	● New moon of Pisces (solar eclipse)	☉ 18°56'♈ / ☽ 18°56' ♈
11.03.		1940: Master <i>MN</i> left his physical body	
15.03.	06:42	☿ 8 th phase of ascending moon starts	☉ 25°05' ♈ / ☽ 19°05' ♎
♂		(End 16.03. at 05:33)	
17.03.		1984: Master <i>EK</i> left his physical body	
18.03.	05:08	11 th phase of ascending moon starts	☉ 28°00'♈ / ☽ 28°00' ♎
♀		<i>Contemplation upon the healing energies</i> (End 19.03. at 05:50)	
20.03.	05:03	☉ → ♈ / Sun enters Aries	
☉		Spring Equinox: <i>Contemplation upon Shambala, Sanat Kumâra and the six Dhyâni Buddhâs</i>	
22.03.	10:43	Phase of full moon starts	☉ 02°12'♈ / ☽ 20°12' ♍
♂		<i>Contemplation upon Shambala, Sanat Kumâra, the six Dhyâni Buddhâs, Râma and Master Morya at the Head Centre</i>	
23.03.	13:01	☉ Full moon of Aries (lunar eclipse)	☉ 03°17'♈ / ☽ 03°17' ♎
27.03.		Summer time starts (02:00 h CET → 03:00 h CEST)	
31.03.	04:58	☿ 8 th phase of descending moon starts	☉ 10°50' ♈ / ☽ 04°50' ♎
♂		(End 01.04. at 05:24)	
03.04.	03:58	11 th phase of descending moon starts	☉ 13°45' ♈ / ☽ 13°45' ♎
☉		<i>Contemplation upon Master Morya</i> (End 04.04. at 02:07)	
	10:20	23 rd constellation <i>Dhanishta</i> starts	☽ 17°25' ♍
	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends on 04.04. at 09:01)	
06.04.	17:06	Phase of new moon starts	☉ 17°15' ♈ / ☽ 05°15' ♈
♀		New moon point of Aries: <i>Contemplation upon 'The Pledge'</i>	
07.04.	13:23	● New moon of Aries	☉ 18°04'♈ / ☽ 18°04' ♈
♂		☉ in ♈ and 1 st - 14 th phase of ascending moon: <i>yogic programme</i>	

All times until **27.03.** are in CET (Central European Time)/UTC+1 (Universal Time Coordinated plus 1 hour), later in CEST (Central European Summer Time)/UTC+2 (Universal Time Coordinated plus 2 hours);

From: »Astrological Calendar 2015/2016«;

Publisher: The World Teacher Trust-Global, Büelstr. 17, CH-6052 Hergiswil

Great Invocation



Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



HYMN TO AGNI
TAVÂHAMAGNA ŪTHIBHIR
MITRASYA CHA PRAŠASTIBHIHI
DWESHO YUTO SA DURITÂT
URYÂMA MARTYÂNÂM

OH LORD AGNI!
YOU ARE THE FRIEND OF ALL.
BY WORSHIPPING YOU
THE HUMANS SHALL RECEIVE PROTECTION.
MAY THEY GET LIFTED UP FROM THEIR MALICE
AND MALICIOUS THOUGHTS AND ACTIONS
INTO THE KINGDOM OF GLORY.
MAY THAT BE SO.

COMMENTARY

The fire is in all. No one exists without fire within and fire around. Fire protects life from within, but fire outside can destroy life. Anger, hatred, and enmity is the fire that humanity regularly emits through its nature, its thought, and its action. Fire therefore need to be worshipped to burn up the malice in humanity and lift them up into the splendours of life, which is also an aspect of fire. In fact, this is the need of the hour. When as many goodwill workers worship fire with this attitude, the present day crisis can be dissolved.