

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Pisces 2014 Meena

Letter No. 11 / Cycle 27 - 18th February until 20th March 2014

The World Teacher Trust - Global



Invocation

May the light in me be the light before me.

May I learn to see it in all.

May the sound I utter reveal the light in me.

May I listen to it while others speak.

May the silence in and around me present itself,
the silence which we break every moment.

May it fill the darkness of noise we do,
and convert it into the light of our background.

Let virtue be the strength of my intelligence.

Let realisation be my attainment.

Let my purpose shape into the purpose of our earth.

Let my plan be an epitome of the divine plan.

May we speak the silence without breaking it.

May we live in the awareness of the background.

May we transact light in terms of joy.

May we be worthy to find place in the eternal kingdom OM.

Master EK



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Contents

Master E.K. • Invocation	2
Prayer for the Year	4
Message of the Month of Pisces ਀	5
Message of the Teacher	7
Lord Sri Krishna: Gîtâ Upanishad.	8
Lord Maitreya	10
Master Morya - Maruvu Maharshi	11
Master Kut Humi - Devapi Maharshi	12
Message of Master E.K.	13
Vidura Wisdom Teachings	14
Shirdi Sai Sayings.	15
Sri Ramakrishna.	16
On Secret Doctrine	17
Lay Man's Prayer	19
Discipleship.	20
Occult Meditation – Kapila - Ashram Leaves	21
On Love / On Silence	25
Cow	27
Invocations of the Violet Flame	28
From the Teacher's Pen	29
Agni	31
Vishnu Purana Master EK.	34
The Science of Man.	36
Paracelsus - Health and Healing	39
Children's Section	41
Stories for Young People	42
Window to World Service	43
Picture of the Month of Pisces	44
Book Review	45
Astrological Important Days	46
Master DK • Great Invocation	47

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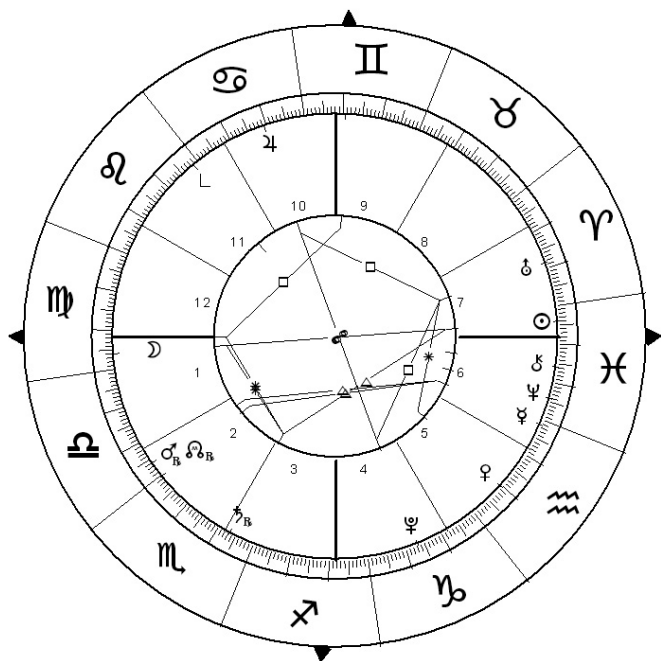
Prayer of the year 2013 / 14

GODS ARE BORN AT SUNRISE, MAN IS BORN AT NOON.

GODS SET IN THE WEST, MAN SETS AT MIDNIGHT.

GODS ARE BORN IN CAPRICORN, MAN IS BORN IN ARIES.

GODS SET IN CANCER, MAN SETS IN LIBRA.



Full Moon of Pisces, 16th of March of February 2014, 18.08 pm MET



Message of the Month of Pisces

The soul and the personality is the pair at work in the world. The super-soul and the soul is another pair at work. The spirit and matter is still another pair at work. One becoming two is but necessary for the play. When one becomes two, they can be equal; they can form into a hierarchy of superior and inferior. As long as they are seen as equal, one respects the other and receives respect. One loves the other and receives love. One cooperates with the other and receives in turn cooperation. Friendliness and brotherhood are realities when equality is realized.

When hierarchy is established, one leads and one follows. Even in that situation harmony prevails, if the leader is affectionate to the follower and the follower is respectful to the leader. When this reciprocity disappears, there is conflict.

The two fishes in Pisces are truly equal. One seems to be following the other, but the other also is following the one. The glyph of Pisces is such that the head of a fish is at the tail of the other and again the head of the second fish is at the tail of the first.

The glyph gives a great message. "If you follow, you are followed."

Spirit follows matter until the gross matter manifests. Thereafter the matter follows the spirit. Spirit and matter are seen as equal in the Veda. They are the two heads of one God. That is how the concept of male-female came to be. One follows the other and the other follows the one. If one intends to lead, he should learn first how to follow. If one intends to teach, he should first learn to be a student. If one intends to receive, he should learn how to give. These are the fundamental laws.

In the equanimity of spirit and matter there is the true yoga. In the equanimity of the student and the teacher, there is the true yoga. When the teacher treats students as friends, love prevails and yoga is followed.

Similarly are the soul and the personality. One's personality is but one's friend. One should never try to dominate the personality. If he does so, the personality also tends to dominate the soul. The instinct to dominate is ignorance. Theologies in Kali age walked into illusion and promoted suppression of matter by spirit, suppression of personality by soul which

is contrary to the Law. Terms such as suppression, oppression and domination arose due to ignorance. Teachers and preachers therefore tended to dominate.

The message Pisces is clear, "Follow to be followed. Love to be loved. Befriend to be befriended. Offer to receive".

In such an understanding there is harmony, there is love and there is synthesis. In Pisces the World-Mother represents such synthesis.



Nicholas Roerich:
The Mother of the World

Message of the Teacher



The Wealth Offered by Nature

The crop in the field and the fruits from the trees, the vegetables, the nourishing water and even the grass is the wealth offered by nature. They are not created by man. Man lives by them. Animals and birds also live by them. Man tends to be cruel and ignorant by owning them and exercising authority on them. He is ignorant to think that he is the owner.

Man owns, possesses, stores and denies the nature to others. It is the selfish nature of man. To counter the selfishness of man, kings came to be, to ensure fair distribution. But gradually kings also tended to be like the mortal men. They are replaced by democratic governments, who are also just a group of ignorant mortals. They cling to all that is within their reach. Consequently in the age of Kali , due to possessive attitude, men created felicity for natural wealth.

Men of good will should think of reversing this process through demonstration.



Gita-Upanishad

- Lord Sri Krishna -

The Principle of Love and Grace

“The regulated mind through regular contemplation and observation of ‘Me’ within and outside would only see in ‘Me’ and perceive ‘Me’. He thus stands fulfilled and happy.”

This dimension of Gita unwinds the principle of the Love and Grace. One should love to perceive the Light in oneself. It has to be a single point from there. Unless there is love for self-realization, to see the ‘One’ in all, to see the ‘One’ inside and outside is not possible. Just inquisitiveness about the ‘Self’ or God is not enough. It should lead one towards love. Just as a young one initially inquisitive, gradually falls into love with the other, a Yoga student who is initially an aspirant, an enquirer should fall in love with the object of his pursuit. Only when love is generated, one stands fully focused and fully attentive. A lover cannot forget the loved one, whether he is bathing, clothing, eating, moving, and working and so on. He tends to be sleepless on account of his love. Only when such love gets generated through fiery aspiration, one finds the ‘One’ within oneself and eventually finds ‘Him’ everywhere in the surroundings.

How does this love generate?

It generates by fiery aspiration which coincides with the descending Grace. Once love generates, for realizing the self, all hurdles tend to be no-hurdles. The love leads him to surmount every difficulty. True love is not a past-time. It is not a part-time job. Lovers in the world know it. The

Lord speaks of such love towards Him which would enable the student to experience 'Him' as oneself and surrounding one, and thereby feel genuinely fulfilled.

In that fulfilment there is no seeking for any other and seeking ends.





Message of Lord Maitreya

Maitreya Community

Where there is heart, there compassion and co-suffering exist. One feels in one's heart the pain, the sorrow and the difficulty of the fellow beings. Any calamity on the planet such as fire accidents, tsunamis, earthquakes naturally strike the heart of a true disciple, since discipleship tends the heart to be tender. Such tender hearted ones belong to the community of Maitreya. Maitreya community tends to heal every mishap on the planet. The members of the community are very dear to Lord Maitreya.

Maitreya community predominantly prays for the well-being of people and for restoration of order in disturbed conditions. These are the true servers. They are the mobile, magnetic healers spread all over the planet. The term 'world-server' truly applies to them.

If you wish to join the community, think of the community and the work that they do. Demonstrate even by little, your love for fellow beings through service. From centuries, the members of the community are engaged in this noble work.

Message of Master Morya

- *Maruvu Maharshi* -

Doing



Do not neglect your thinking ability. The power of thought is one of the major powers of man. The one who neglects one's thinking ability is neglecting a promising future. Direct your thoughts towards a purpose. If you do not, the thoughts defuse and dissipate your energy. Turn out the facility of thought into the power of thought. You are given the ability to will, to know and to do. It is a facility. Depending upon your usage of the facility, you find your state of living. Devote your time to will a purpose, to know how to accomplish that purpose and then to direct yourself towards the purpose knowledge. The difference between human beings is the difference in using the facility. There are many who do not will. They only desire. Desire remains a dream unless it is transformed into the will to know and to do. Many men are engaged in desire but are not engaged in the knowledge and action relating to the fulfilment of the desire. Again, there are men, who know and act to fulfil a desire. But most of these men are propelled by selfishness. When a desire is selfish it binds one. When a desire is for a general good it binds not. Desire for general good is will, goodwill. Desire for self is not the 'Will'. To will for self is inferior to the will for general good.

Not to will is ignorance. It leads to inertia. It leads to self-destruction. Instead of destroying oneself, it is better to desire for oneself and move in light. It is still better to desire for all and move upward in light. A doctrine that promotes non-doing is the doctrine of inertia. A non-doer is not allowed by nature to progress. Non-doers perish. Doing causes movement of energy. There is movement in atom, in plant, in animal, in the planet and in the solar system. One must learn to move and moving point. When one moves for the general good of others, he moves in a spiralic path and reaches the peak of life. A man that moves for self, is in a cyclical path, he remains roaming round the end.



Master Koot Hoomi

- Devâpi Maharshi -

Truthful Smile

A smile is ugly when untruth prevails. Where there is untruth smile is not natural. When it is not natural it is ugly. Untruth is the first step towards fall. To hide the untruth to smile makes it ugly. Where truth prevails the smile is not only natural but also profound. A smile of an initiate enlightens the surroundings, alleviates the sufferings and elevates beings. Such a smile gives a tender touch to the hearts of the surrounding beings. It is like the touch of a beam of moonlight that is cool. A truthful smile gives an everlasting impression. To the truthful one, the smiles of others reveal the light or the darkness of others. There is a science of knowledge relating to smile, which every follower on our path is aware of. Our community consists of men who speak truth and speak it pleasantly. They have a natural smile and related light.

Message of Master *EK*



The Fruits of Action

Ideas occur due to the triple qualities of Will, Knowledge and Activity. When ideas are translated into action, the fruits are inevitable. As one eats the fruits of his actions, he is impelled for yet another idea and action. Thus, human life falls into the vicious activity of thought and action. He thinks thus, thinking fruits of action. But if the action is meant for others and the fruits of action are offered to others and only if after such offering one eats for himself, he sinks not into the whirlpool of thought and action.



Vidura

Wisdom Teachings

A good arbitrator is one
who is capable but not proud,
timely in action, compassionate,
decent in behaviour,
healthy in disposition,
incorruptible, skilful,
and tactful in speech.

Shirdi Sai Sayings

The Initiate



The presence of an Initiate leads you to the path of liberation. The discovery of knowledge by the non-initiates, the study of the scriptures, the practice of rituals, the variety of worships even together are far less inspiring than the presence of the Initiate. Verily such presence burns away impurities and establishes self-control to enable pursuit on the path.



Message of
Sri Ramakrishna

Servant of God

The ego that asserts „I am the servant of God“ is characteristic of the true devotee. It is the ego of Vidaya (Knowledge), and is called the ‚ripe‘ ego.

On Secret Doctrine



Ammonius Saccas 1

Neo-Platonism starts with Ammonius Saccas. It is a system of philosophical and theological doctrines composed of the elements of Platonism, Aristotelianism and oriental mysticism.

Almost nothing is known about this philosopher, Ammonius Saccas. He was born in Alexandria, Egypt, in about 175 A.D.

His parents were poor and he received little formal education. Ammonius, as a young man, handled his living as a porter (corn-carrier) on the docks of Alexandria. The name Saccas is derived from this porter-work he carried out. He was a sack-bearer, and hence called Saccas in Greece.

Ammonius Saccas was a self-taught philosopher. Even so, he is the actual founder of Neo-Platonism. Ammonius was a charismatic teacher. He wrote no books and with the aid of his pupils kept his teachings secret like his predecessors, such as Pythagoras. He was a mysterious sphere. It is no wonder that he was mysterious, for he associated himself with the oriental mysteries, and also had access to the institution of mysteries. Two of his students were brilliant philosophers, namely Origen and Plotinus. The former was Christian and the latter was not. The writings of these two students contained references to the dialogs and viewpoints of Plato. He is generally believed to be in a large measure a Platonist. But it is not Platonism that he promoted. His philosophy reconciles the philosophy of Plato and Aristotle, and he moulds it with oriental mysticism. He taught the nature of the soul and its relation to the body. His teachings on this subject were considered to be of authoritative nature

and it is here he related mostly the oriental approach. Ammonius Saccas is the first philosopher who employed the word “theosophy”, meaning, Wisdom of God. By theosophy he meant the essential teachings of the major religions of his time. His teachings became known as an eclectic theosophical system.

Ammonius, like Pythagoras, insisted upon moral discipline based on a mode of life that is in accordance with natural law. He strongly advocated purifying the mind by philosophical contemplation.

- to be continued.



Ammonius Saccas

Lay Man's Prayer



We cannot stand up to the Illusions of Nature.
We are Nature's creatures.
We need to be lifted up.
We need either Your Grace or Nature's Grace.
We pray.

Discipleship

A Stable Mind

Contemplation upon the divine light and worshipping it within with the help of the divine virtues, such as love, compassion, equanimity, poise, peace, protection, righteousness and so on enable cleansing of Antahkarana and establishment of the divine light. Regular contemplation and inner worship enable stabilizing the mind. Such stable mind would not easily succumb to the attractions of the surrounding world. It holds with it the weapons of discrimination and functions discretely according to the purpose. It cannot be kidnapped by the lures of the world. By this one stands free while surrounded. Such a stable mind is fit to receive the revelations relating to the divinity.

A disciple

Occult Meditations

Meditation 87



**GATES OPEN WIDE. BOAT LAUNCHED OCEAN.
STAR GUIDES BOAT. STAR REFLECTS FISH IN OCEAN.
FISHERMAN SAILS. FISHING OF MAN.**

Commentary:

The life of an adept moves like a boat in the river. The boat moves as per the currents of the river. The adept moves as per the currents of the time. The river joins the ocean; likewise, the adept's life joins the greater life. When the river joins the ocean, it opens wide forming deltas. Also, the life of an adept grows far wider before joining the great life. He becomes a planetary worker influencing many lives in all parts of the globe. His life becomes unlimited. His travel also becomes eternal and unlimited. The distant stars form the guide. The Great Bear, the Pleiades and Sirius (mentioned in the earlier meditations) keep guiding him. The stars are reflected on Earth as the Hierarchy. The Hierarchy of the Masters of Wisdom keeps guiding. The hunter turned king. The king turned saint. The saint joins the Hierarchy. Hereafter, he has only one work. It is fishing the souls. He sails in life and keeps fishing the souls to restore them to the path. The saint becomes a fisherman. He is a fisher of men.

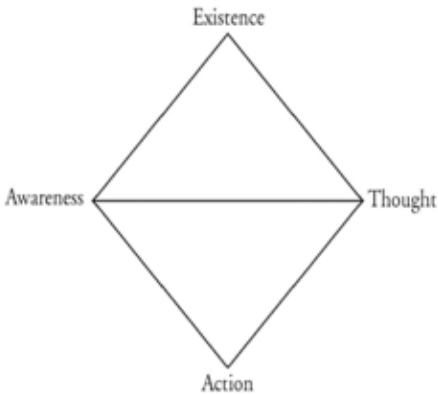


Kapila

The Essence 1

On this very basis of our existence, we awake, we emerge like the dawn every morning from out of sleep. Now, here, ponder upon the process of our awakening into awareness from sleep. Are we awakening? Or are we awakened? Awakening is a happening upon the background of our existence. If there is no existence, there is no awakening. Awakening springs up from the background of existence, by itself. It is the act of awareness but not that of the background existence. Existence remains while we are in slumber and while we are awakened. The existence is the backbone of activity of awareness or consciousness which is called the force, the fire, the Sakti etc. Backbone lends support but does not involve. There is no involution of the existence into any becoming. It eternally 'Is' and 'remains'. The becoming is the activity of awareness in relation to matter (Nature). As we are awakened, we simultaneously have an idea, an impulse, that develops into a proposal for action. This idea is comparable to the Root Matter or Nature, for idea is the seed and thought is its detail and the thought is matter.

The matter of our seed thought is impressed by our awareness and is also impregnated by its force to act. Consequently, we translate our ideas into action with the support of our awareness or force.





Ashram Leaves

The Triple

The triple expresses from the one. One is Rajas. The other is Tamas and the third is Satva. One causes movement. The other rest, and the third, poise. One causes grip, the grip to power, the grip of people, property, thought etc. The other causes accumulation, secrecy, mistakes etc. All that is gathered from the two, possess the possessor. It enables one to subdue others but the possessor is subdued by the two. The subdued has no peace of mind, leading to his fall.



On Love

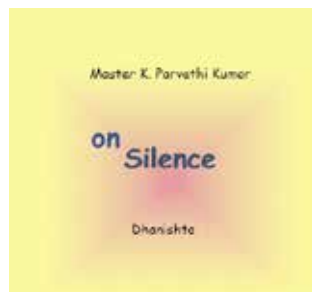
When awakening is complete, it is Love.
Love is the highest point of illumination.

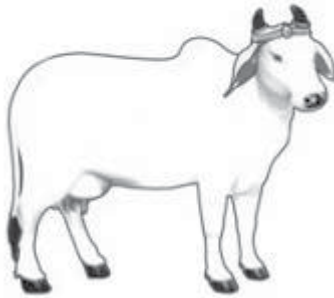




On Silence

Silence is not merely vocal Silence,
but emotional and mental Silence also.





Cow

The Symbol and its Significance

Devotional songs sung on Cow, donation of Cows, early morning dars-han of Cows bring much luck to human beings.



Violet Flame Invocations

The Temple work is on!
Outer Silence, inner Sound!
Outer obscurity, inner Light!
Yet sound of life heard, though feebly!

Sons of men enter the Temple one by one!
As the Temple door opens and shuts
a son of man enters, per eligibility.

The sons of men move in regular steps
from corner to corner,
until North is reached!
Only the central Light is seen,
the Seven remain unseen!

From the Teacher's Pen



Questions and Answers

Question: Master, I hear that anger is a weapon and everyone requires it. But wisdom says that anger is avoidable. Please clarify. Also please clarify as how to overcome anger.

Answer: Anger is avoidable for some and desirable for some others. You said, 'anger is a weapon'. All weapons are avoidable in the hands of some and are desirable in the hands of some others. A police holding a revolver is desirable, but not a commoner. In the hands of the police, revolver is a means to set the law and order. In the hands of a commoner, it could complicate it.

Another example: A lady in the kitchen holds a sharp knife to cut vegetables. But a child entering into the kitchen is prevented access to the knife.

Any number of examples can be given in is manner. When the helper is incompetent and inexperienced, a facility turns out to be a discomfort. In the hands of the competent and the experienced, they continue to be a facility.

Anger is like a tiger. A ring-master in a circle instructs the tiger and the tiger moves around according to the master's will. It jumps. It makes somersaults, behaves even like a cat.

Many times in the circle, the master commands the tiger to open its mouth wide. Then the master puts his head into the mouth of the tiger. It stays for a while in that posture, and only when the ring-master takes out

his head, the tiger closes the mouth.

Anger is like a tiger in the hands of Masters, meaning, in accomplished humans, anger is a facility to redress others and restore order. Jesus used anger in Jerusalem. Even Buddha used anger. Mystics frequently used anger. Avatars also used anger. They used anger as a facility to set things right.

Please note, to use anger is different from being angry. When one is angry, anger uses him. But it is not the case with the adepts. They use the anger. To use anger, is a means of the adepts. But in the case of a commoner, anger uses him and disturbs him and even disturbs his relation with the surroundings.

How to overcome anger has been a major occupation of many. Anger cannot be overcome by mere strong wish. No one would like to be angry, but it emerges. Astrologers give reasons for anger and attribute anger to Mars. They don't give a solution. Anger emerges due to impatience, intolerance and inability to accept a given situation. It is a tangible deficiency in one's personality. The seers found a way to overcome anger. They found that selfless service, when regularly carried out, over long years at all the three planes, would enable one to overcome anger. Wisdom by itself does not help. Will by itself does not help. Only service helps. Service is the way to liberation. It liberates many deficiencies of a person, of which anger is one. The science of liberation is service.

Agni



An Introduction into the Work of Cosmic Fire, 28

The Alignment of the Senses

So it is the alignment of the senses that happens when you have a single goal or ideal or aspiration in life. If we don't have enough aspiration, we do not move forward. It is true with the material world, it is also true with the spiritual world. A man who cannot project himself through a single-pointed program, when he does not have one-pointedness, he cannot pierce through the material world. And it is much more difficult for him to pierce through the spiritual world. That is why people, who don't have the ability to direct the will through aligning the senses, they don't find success in the outer world. He cannot find success in the outer world, unless you orient and converge all your energies towards a goal. When you are not able to find success with material, forget that you can do it in the spiritual world. A man, who has not been able to handle material, can only dream about handling the forces of the spiritual world. It is thinking of a sweet dream which is not yet even experienced in dreams. Unless one gains the ability to bring all the senses together, he cannot be of any use to himself or to others. A man is called sensible only when he brings the senses together. So, sensibility is very important. And that sensibility can be used towards a goal.

Once there was a disciple. He was told that he should find sensibility relating to the senses. He observed what is it that he likes best. What he likes best is the eyes of the human beings or the animals. Whenever he

sees the eyes of any being, he feels so happy. So, he went on seeing the eyes of the people. Ultimately, he found a lady whose eyes have been most beautiful to him. And the man comes from a very orthodox spiritual family, and there is an anticlimax for the others when he found the beauty in the eyes of a young lady. And the story has some more anticlimax in that the lady is a prostitute. See, what a difficult situation. It is difficult for others, not for him, because his program is very clear to him. He loves the eyes, so he wanted to be with her. He proposed to her that he shall be with her, and the main activity was as far as possible to look into her eyes. The whole village was really upset. The parents were totally upset, because they were very regular spiritual practitioners. So, they were feeling ashamed to meet the members of the society, and the members of the society were feeling ashamed of that boy who was so fond of the eyes of the prostitute. But for the young man, nothing else existed – except the eyes of the lady. Even when the lady moved out, he used to carry an umbrella and walk behind her, because he never wanted that the sharp sunrays of India fall on her eyes. So, daily when the lady moved in the streets, the man walked with an umbrella behind her. It was a sight for the people, and they used to make so many comments upon him. But he did not exist to the comments, because he was totally identified with the eyes of the lady. Nothing else existed to him. He was unfathomable of all that was happening around.

One day when he was moving like this in the street, a grand Master came to the village with his disciples, and he was also walking in the street. So, the young man with the lady approached from the other side. People were coming out of their houses to make fun of the two. There was much noise, much commotion, much disturbance in the street. Then the Master asked the villagers: "What is the matter?" Then the villagers explained the whole situation. The Master was very happy to see the young man, and spoke to him. He said: "I am very happy that you are attracted to the beauty of the eyes. If I show you more beautiful eyes, would you like to see them?" Then the boy said: "Yes!", because his identity is with the beauty of the eyes not with the lady. Then the Master took him to a temple in the South which is nearer to the village where the boy was living. He took him into the Sanctum Sanctorum and asked him to see the eyes of the Lord Krishna. In that particular temple, the eyes of the Lord are particularly beautiful. The Master said: "You see into those eyes!" And

the Master made His own trick, and the young man found the eyes of Krishna so very beautiful, and he saw really the eyes of Krishna, not the stone-made eyes. And he straight away settled with the World Teacher and directly received the inspiration of the World Teacher Krishna. So, he avoided all group-living, all the kinds of Full Moon meditations, New Moon meditations, study of the scriptures and the seven rays, straight away settled in the Krishna consciousness which we call the Christ consciousness. And thereafter, he wrote such inspired poetry on Krishna and the way to discipleship. Through this poetry he has become immortal in India. Do we have such depth of ideal in our doing? That is what is called fiery aspiration – in Sanskrit 'tapas'.

This text is not proofread by the author and might have some mistakes.



Master *EK*

Vishnu Purâna
CHAPTER XIII

Emperor Prudhu is
being Taught Virtues

Then emperor Prudhu bowed to the Brahmins with clasped hands and said: "Since I am born today I do not know what to do. I do not know what are our virtues and what is to be done for the public good and fame. What is it that is praised and what is it that is to be followed? What is it that is fit for us to uphold? Tell me all this."

The sages answered: "Our emperor is of great valour. Whatever work he does becomes our work. Whatever is praised by you as virtue becomes virtue to us."

Parasara said: "Having heard this, the king was overjoyed. He said:

"One becomes famous and gets good name by following the virtues. By whatever virtues you praise me I begin to learn those virtues as my qualities and I always approach you by doing those things to you. Whenever there is something to be avoided by me, you tell me. That I will avoid for your good."

Thus the emperor took this decision. Suta and Magatha began to praise the emperor with all the virtues that indicated his future work as an emperor. This they did with all wisdom. They said in good voice: "Truthful in words and charitable in disposition is this emperor. This Lord of the people is devoted to truth, respect of public opinion, affection, forbearance, conquering and subduing evil. He knows the law that sustains. He is faithful, sympathetic and agreeable in speech. He honours the honourable, respects the respectable, performs the sacrifices, is favourable towards the upholders of the path of Brahma and affectionate towards the well-behaved. In dealing with others, he applies his policies with a sense

of equality towards enemies and friends."

Emperor Prudhu gave good ear to the praise of Suta and Magatha. He made up his mind in his heart to follow the same path and to do deeds accordingly. He then ruled this earth and performed various sacrifices full of offerings and payments.

The Science of Man

Dr K. Parvathi Kumar
First Young Group Life Teaching, Part 19
August 2001, Visakhapatnam/ India

The Importance of Role Models 1

That is why I strongly suggest to you to read the biographies of great men of the planet. If they could achieve something great, why can't we? You should have a vision and then start working to realize the vision. Read the biographies of the great scientists, read the biographies of the great humanitarian persons like Mahatma Gandhi or Abraham Lincoln. You may also have, in your own country, such great heroes who worked for values, not for power and money. In my childhood, I studied the life story of Sri Rama, an Avatar, Sri Krishna, Jesus Christ, Plato, Pythagoras, Socrates, Abraham Lincoln, Mahatma Gandhi, the autobiography of a Yogi, the life of John F. Kennedy, the life of Franklin Delano Roosevelt – life stories of such great persons. They are people who stood by values and reached great heights, and influenced people in a positive way. Their life inspires us.

To me, my father was the first source of inspiration. I wish you also study the small book about Sri Sastry Garu. It is there in every language. It is a life that is fully inspired and he worked against currents, and he established values. He could give values to people who interacted with him. See, if you have a demonstration, you do better. "If my father can do, why can't I do?" will be the thought you get. Actually, the parents are the first teachers. If a child sees the parents smoking, the child registers the idea that it will also smoke cigarettes, when it grows. If the parents drink alcohol, the child registers that it will also drink alcohol, when it grows, and if the mother and father always fight at home, the child picks up that energy and keeps it and will in turn fight with his or her spouse later.

Today the problem is there are not many role models for the children. To my good luck, I had a role model in my father, and then I found a model in Master EK. That was enough for me. When I met Master EK, I asked

him to give me some discipline. He said, "Your father has given excellent discipline to you all, he did well for you all. Now you just work with me, you will know everything by yourself." Neither my father, nor Master EK gave me any spoonful of teachings. I observed them, and I tried to imitate them in the childhood, and thereafter, I realized that we follow the values but we don't have to imitate people. If I am able to do something useful on the planet, I owe my gratitude to my father and to my Master that is Master EK.

If you have role models you should try to pick up their way of doing things. If you don't find one, keep reading the biographies of great men. I have done both. Even today, if I get into my hand the biography of a man who could help a thousand people, I have to read it and see the dimension he reached. You get inspired by persons who demonstrated values, if you read their life. You feel like picking up some of those values which they have demonstrated. I have to give you a bit of my biography, because otherwise all that I speak is not valid.

I started praying right from my tenth year on my own. I conceived my own ritual and as early as four o' clock in the morning, I used to conduct that ritual. Normally, in my family, my father was the first to get up, and I was getting up earlier than he. He was surprised: At the age of ten, this boy gets up so early and does prayers. I was worshiping by my own inner impulse the Lord of Cosmic Will. He was so pleased to see me doing it. When he was pleased by this act, I was encouraged to do it more regularly, more intensely. My father was also doing Asanas. It has helped me, so I also thought I must do it. Today I am able to withstand any load of work because of the inner strength. I do so many jobs in a day, and they are all different. They are not unidirectional. They are multidirectional. I do my prayers regularly, I write articles for the Indians and also for the Europeans, and I give medicines to people in India and outside India.

I have well organized my professional work and run it with much efficiency. I give adequate time to my wife, son, daughter and even grandson. I respond to any call from the society to give a lecture either on profession or on wisdom, and I keep touring in India as much as I tour outside. Then I prepare the books arising out of the talks. And all this is done without feeling the tension. Did you ever see me tensed up about anything? Except for purposes of discipline, did you ever see me angry? I use anger

as a weapon but I'm not taken over by anger.

You get all this very easily, if you start at this age. When I was studying, I wanted to please my father. I had only one program, as a youth, that my father should feel me as a worthy son to him. I always looked for his appreciation of my talents. So, I studied so well that I could secure first ranks and gold medals. I have even set an accomplishment in the post-graduation, till date, no one could surpass it. I set a record in 1966, now we are in 2001. Till date, no one could surpass my accomplishment in the postgraduate which is master degree in commerce. I was also a champion in tennis, table tennis, caroms. I was also one of the members of the team for cricket. If you come home, I can show you all that I have accomplished. I never speak about me, but with you I can do it, because I see you as my children.

If a fellow like me can do it, you can also do it. When someone looked at Jesus Christ and asked him, "Are you the Son of God?" he said, "Yes, but you too, you are also a Son of God. The only thing is that you have hidden all the potentials and did not pick them up and utilize them." Every son of man is a Son of God. That is how I learned wisdom, astrology, homoeopathy, healing, science of sound, science of colours, science of Pranayama. There is no end to your learning if only you have set the right direction in your initial years. That's what a Teacher expects from the students. Your parents should be proud of you; your Teacher should be proud of you. The Teacher should say: "Yes, this is my true disciple".

It is not for the student to claim: "I am a disciple of Master EK." The recognition should come from the higher circle. And mind you, I have also got enough wealth in the whole work that I have done professionally. By Indian standards, I am not a poor man. I am slightly lower than the rich, higher than the average. See, when you work for a noble cause, many things fall in your way. They cooperate. They strengthen you. They make your progress easy in life. That's where role models help.

This text is not proofread by the author and might have some mistakes.

Paracelsus

Health & Healing

Constructive Development
of Mind



With fiery explosions, tsunamis, tornados, cyclonic weather and outrageous summers, one cannot say that we are in a peaceful ambience. This is further worsened by man-made disturbances which indicate hostilities as between communities, relating wars and a cheap diplomacy. The ambience is now sickening, still man can be stable. The stability can develop at the mental plane. Mental stability comes through understanding of life and also through understanding of time cycles. The life and the light that man carries can be brought to the mind through a constructive education program. In fact education is defined as “the process of constructive development of mind”. This is of primary importance to every human being, that he is well educated in terms of life, in terms of nature and in terms of time cycles. When knowledge relating to life, nature and time cycles and the very purpose of his life is imparted to man in the early stages, he tends to be stable, he would carve out a life which is constructive and stable. When values of life are not imparted and when nature is not understood, one cannot fit into the largest system and tends to be self-centered. The self-centeredness motivates man to get into competition, covetousness and aggression. Such an insane activity leads to a contagious madness. Leaders only speak of peaceful coexistence but unfortunately all that happens around them is the contrary. All agree that the conditions of life are unhealthy but no one is willing to collectively work for improving conditions of health. Every advice about improving

conditions for health, meets with hostility. Vested interests fear their un-settlement wherever there is a seen advice that leads to improving health conditions.

Dr. K. Parvathi Kumar

Extract from: **Paracelsus – Health and Healing**

With a subscription you support this important work (€ 84 / year).

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Children's Section**On Service**

**FEAR NOT TO SERVE –
BE IT EMOTIONAL OR INTELLIGENT.**

Setting targets

Dear children,

Setting targets of progress and reaching them should be the main occupation for the children. Gaining knowledge can be a major target. Knowledge is unending. One who engages oneself in informing of knowledge grows into better states of being. As a young one is in pursuit of knowledge, the taste for knowledge retracts him and other tastes fall off. They take to back seat. Taste for chocolates, for coca-colas, for computer games, television programmes, among the gossiping around the corner would get the back seat. Knowledge enables one to find a sensible rhythm for the way. It brings mind to order. Knowledge in itself has the ability to regularize and bring to order the pattern of the daily activity. One tends to be orderly and tend to be delighted.

Today, the whole global library is available through Internet. Young ones can devote much time for gaining knowledge relating to various fields of right activity. If not, they have the danger of falling prey to sensuous indulgences which would destroy them. Life requires to be built into a temple and the activity of every human being can elevate itself to be a temple service. Building one's own character is possible through regular association to knowledge. Let knowledge be not neglected.

K. Parvathi Kumar

From the editorial of Dr. K. Kumar on the website: www.jugendforum-mithila.de

Stories For Young People

The Inexhaustible Fullness

The great Mahabharata War was over, all the heroes dead, their armies were destroyed, the cities lay in ashes and all the money and wealth had been swallowed by the war. Yudhishtira, the king of Light won the war. But he was desperate to be the emperor of a cemetery. How to manage to build up the world to its lost beauty? Krishna tried to comfort him: "Nobody and nothing is lost, neither the souls who leave their bodies nor their ancient wealth." Then he took Arjuna, the brother of Yudhishtira, with him to the Himalayas and showed him a place to dig for gold needed for the reestablishment of the globe. "All the wealth you can see is only a tiny part of the invisible wealth. If a claim is used and exhausted, there will be another claim growing from the subtle."

The Mother is a master of alchemy. She reigns over the elements who are building the earth, the things above and the things below. Her possibilities are beyond our concepts of the physical world. There is no exhausting or ending. Nothing is going to an end. Our dear earth, when she will vanish, there will be a new earth for the beings. Those who know this secret of the Mother are never afraid of the time to come.

From: K.P. Kumar: Sri Suktam. Wengen. Switzerland. 2002

WINDOW TO WORLD SERVICE
NEWS & ACTIVITIES
(Inputs welcome)

NEW CALEDONIA

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Activities

Beside the monthly Lunar Messenger translation that gives me each time great pleasure, I sometime have a sudden inner impulsion to do more, as to translate a complete seminar or book. So this year it was The teachings of Sanat Kumara, that I finished during Aquarius Full Moon. So that I was working on it during the Capricorn month and the cosmic wave impact. I'm always amazed to see that when you work with Time, Times works with you. I also gave an introduction to a single but strongly interested fellow about Master CVV during April Dhanishta time. We both enjoyed the practice in the chosen forest place. While preparing my notes, came the idea to write a French synthetic book on Master CVV... Who knows? Namaskarams Master

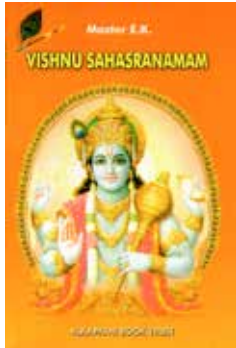
Picture of the Month of Pisces: Ascension, the Light of the Higher Bridge



Pisces is the first and the last sign of the zodiac. It represents the "alpha in omega" and also "the omega within alpha" of creation. In the physical body, this sign represents the feet. The two fish of the sign are located once again in the pineal gland and pituitary body. For the average men, these glands serve no function. For a disciple, who is building his Antahkarana, they aid to produce the light which builds the Higher Bridge. This light is the fusion of two great yogic impulses, the beginning and the ending of creation that are constantly expressed through man in the passage of time. Past and future run in opposite directions and meet in man. In the yogi, there is only one light, the eternal present. The light that comes out as a result of the fusion is called the one fish, the Fish-God. Pisces marks the ascent of man into God after passing through the final pause (flood) of creation. The colour of the sign is that of the pure sky in bright daylight.

Extracts from Dr. E. Krishnamacharya: Spiritual Astrology

Book review



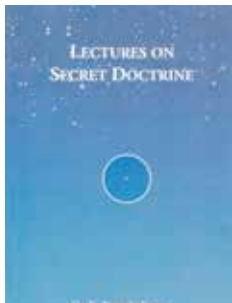
Vishnu Sahasranama

Vishnu Sahasranama means "The Thousand Names of the Lord" and represents the quintessence of ancient Indian thought. The text of this Scripture is the 13th book in the great epic poem of Vedic literature, The Mahabharata, composed by the sage Veda-Vyasa, a contemporary of Lord Krishna, more than 5000 years ago. The word meaning for each of the stanzas is described, followed by a lucid explanation which utilizes the

etymological, astrological and spiritual keys to bring out the significance of each of the 1000 names of the Lord.

Ekkirala Krishnamacharya: Vishnu Sahasranama

Copies: The World Teacher Trust, info@worldteachertrust.org



Lectures on Secret Doctrine.

Secret doctrine means a doctrine that is experienced, that is revealed in secrecy. The secrecy is within the heart of one's own being. What is secret is also sacred. Normally sacred things are kept secret. All that is secret need not be sacred, but all that is sacred is secret! The book "Lectures on Secret Doctrine" emphasizes: "If we go within,

we understand The Secret Doctrine, otherwise not."

K. Parvathi Kumar: Lectures on Secret Doctrine

Copies: The World Teacher Trust, info@wtt-global.ch

Astrological Important Days in February / March 2014

18.02.	18:59	☉ → ♓ / Sun enters Pisces	
22.02.	06:47	☾ 8 th phase of descending moon starts	☉ 03°31' ♓ / ☽ 27°31' ♍
‡		(End 23.02. at 05:34)	
25.02.	01:20	11 th phase of descending moon starts	☉ 06°19' ♓ / ☽ 06°19' ♏
♂		<i>Contemplation upon the healing energies</i> (End 25.02. at 22:28)	
27.02.	19:43	23 rd constellation <i>Dhanishta</i> starts	☽ 17°23' ♏
♂	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends on 28.02. at 17:01)	
28.02.	12:20	Phase of new moon starts	☉ 09°47' ♓ / ☽ 27°47' ♏
♀		New moon point of Pisces: <i>Contemplation upon 'The Pledge'</i>	
01.03.	08:59	● New moon of Pisces	☉ 10°39' ♓ / ☽ 10°39' ♏
08.03.	01:36	☾ 8 th phase of ascending moon starts	☉ 17°22' ♓ / ☽ 11°22' ♏
‡		(End 09.03. at 03:25)	
11.03.		1940: Master MN left his physical body	
♂	08:11	11 th phase of ascending moon starts	☉ 20°38' ♓ / ☽ 20°38' ♏
		<i>Contemplation upon the healing energies</i> (End 12.03. at 10:41)	
15.03.	16:50	Phase of full moon starts	☉ 24°59' ♓ / ☽ 12°59' ♏
‡		<i>Contemplation upon Mitra-Varuna, the not untrue beings</i>	
16.03.	18:08	☉ Full moon of Pisces	☉ 26°02' ♓ / ☽ 26°02' ♏
17.03.		1984: Master EK left his physical body	
20.03.	17:57	☉ → ♈ / Sun enters Aries	
♂		Spring Equinox: <i>Contemplation upon Shambala, Sanat Kumâra and the six Dhyâni Buddhâs</i>	
		☉ in ♈ and 1 st - 14 th phase of ascending moon:	
		<i>Contemplation upon Master Morya and 15 days yogic programme to lay down a good seed for the coming year</i>	
23.03.	15:42	☾ 8 th phase of descending moon starts	☉ 02°53' ♈ / ☽ 26°53' ♏
☉		(End 24.03. at 13:45)	
26.03.	08:54	11 th phase of descending moon starts	☉ 05°35' ♈ / ☽ 05°35' ♏
♀		<i>Contemplation upon Master Morya</i> (End 27.03. at 06:10)	
27.03.	04:24	23 rd constellation <i>Dhanishta</i> starts	☽ 17°23' ♏
☉	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends on 28.03. at 02:21)	
29.03.	22:01	Phase of new moon starts	☉ 09°05' ♈ / ☽ 27°05' ♏
‡		New moon point of Aries: <i>Contemplation upon 'The Pledge'</i>	
30.03.		Summer time starts (02:00 h CET → 03:00 h CEST)	
☉	20:44	● New moon of Aries	☉ 09°59' ♈ / ☽ 09°59' ♏
06.04.	21:23	☾ 8 th phase of ascending moon starts	☉ 16°55' ♈ / ☽ 10°55' ♏
☉		<i>Contemplation upon Master Morya</i> (End 07.04. at 23:41)	

All dates are in CET (Central European Time), starting on 30.03. in CEST (Central European Summer Time)

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Great Invocation



Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



*SAHANÂVAVATU
SAHANAU BHUNAKTU
SAHA VIRYAM KARVÂVAHAI
TEJASVI NÂVA DHÎTA MASTU MA VIDVISHÂVAHAI
OM SHANTI SHANTI SHANTIHI*

LET US BE PROTECTED TOGETHER.
LET US SHARE TOGETHER. LET US WORK TOGETHER.
THERE WILL BE NO HINDRANCE TO LIGHT.
LET NOT MALICE PREVAIL.
LET PEACE BE IN ALL THE THREE PLANS.