

VAISAKH NEWS LETTER



HAMSA SIVA SOHAM



Aries 2008 Mesha

Letter No. 12 / Cycle 21 –20th March until 20th April 2008
The World Teacher Trust - Global



Man cannot afford to be mechanical.

He is essentially creative.

To awaken the creative centre in him,
he is well advised to utter OM.

Utter OM and remain creative.

K. Parvathi Kumar



Invocation

May the Light in me be the light before me.
May I learn to see it in all.
May the sound I utter reveal the light in me.
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment.
May it fill the darkness of noise we do,
And convert it into the Light of our background.

Let virtue be the strength of my intelligence.
Let realisation be my attainment.
Let my purpose shape into the purpose of our earth.
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master E.K.

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The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

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Prayer for the Year

The ascent of man is through the eagle.

The descent of man is through the serpent.

The serpent is the coiled coil of time.

The tongues of the serpent are the wings of the eagle.



Message of the Year 2008-09

I wish the brotherhood hearty fraternal greetings and best wishes on the eve of the New Year 2008-09. May the New Year bring renewed enthusiasm, effective service, intent study and deep meditational experience. Four years ahead of us including the current year is a period of intensive and sudden changes. May the Lord dancing over the serpent of time be the symbol for dexterous coursing until 2012. May the time yield to the work of Goodwill and help the Goodwill workers.

Times of crises are good times to sow seeds of Goodwill and hence the Goodwill workers may stay aligned with the Divine and express love in action to set a new trend of events.

The year 2007-08 is called *Sarvadhari*, meaning “all bearing”. We need to hold on to the principles of Goodwill and bear the events of ill-will. Forbearance, tolerance and patience towards acts of ill-will and effective execution of acts of Goodwill is the keynote for the Goodwill workers. The Hierarchy demonstrated such qualities at times of crisis in the past.

Goodwill is the robe that we need to put-on through daily meditation and study of the teachings of the Hierarchy. This would help us to bear the conflicts of the time.

Ensure that conflict and criticality is not expressed through personalities. Let not judgements be made. If there is an attack of criticism bear it with silence. Silence as you know is generally helpful. Promotion of conflict, criticism and judgement is but promotion of the energies of Kali. Dislike, discard, critical judgements divest you of the robe of Goodwill that you wear. May you recollect yourself of this on a daily basis.

Stay firm in the yoga path of synthesis, keep reading the teachings of any Master and express into life with poise and order. May you remain peaceful at all times.

Peace be with you; peace be with all.

Full Moon Formula

Aries 2008 – Pisces 2009

Step 1 OM (7x)
5 minutes silence

Step 2 Gurur Brahmâ
Gurur Vishnuhu
Gurur Devo Mahesvaraha
Gurur Sâkshât Parambrahma
Tasmai Srî Gurave Namaha

Namaskârams Master
Namaskârams Master EK
Namaskârams Master MN
Namaskârams Master CVV
Namaskârams Master CVV
Namaskârams Master CVV to your lotus feet

15 minutes silence

Step 3 Prayer for the Year

The ascent of man is through the eagle.
The descent of man is through the serpent.
The serpent is the coiled coil of time.
The tongues of the serpent are the wings of the eagle.

10 minutes silence

Step 4 OM NAMO BHAGAVATHE VASUDEVAYA (12x)

5 minutes silence

Step 5 Loka Samastha Sukhino Bhavantu (3x)

OM Sânti Sânti Sântihi

Commentary

This meditation is a further continuation of the previous meditation. Man has vertical movement into higher planes, through the spinal column into the cerebral system, when he experiences the truth and its related light, love, power and life. Man has horizontal movement into objectivity around him. When he moves horizontally, he is serpent; when he moves vertically he is eagle. Ascent is through eagle. Descent is through serpent.

Serpent can be winged serpent. Nagas are winged serpents. Naga is the Sanskrit word for the white cobra, which is a Divine serpent. Naga can change bodies. Normally, it changes body every seven years. Naga can even fly. Naga's presence enables arousing of the *Kundalini* energy in man. In fact, Naga is the embodiment of the *Kundalini* energy resplendent with light, love and power. It is also the embodiment of time. If one sees a white Naga, his life gets transformed. It is the vision of the *Kundalini* in the objectivity.

Winged serpents are rare. Crawling serpents are common. A winged serpent is like a Divine eagle, a swan, a saint and a Master. Common serpents are like the common man who lives for worldly fulfillment and therefore moves horizontally.

The key of the meditation is in the last sentence when it says, "The tongues of the serpent are the wings of the eagle."

The tongues of the serpent mean the tongues of the common (of the aspirant). Man has many tongues though one tongue is apparently visible. He speaks one thing in front and another thing behind. He speaks differently in different situations creating confusion and conflict. The double tongue of man is referred to as the double tongue of the serpent. When the tongue gets the right discipline and starts speaking the truth and nothing but the truth, the chemistry in the body changes. When the tongue speaks or recites the Scriptures, the chemistry changes further. When the tongue utters forth hymns and *mantrams*, it would result in the upward movement of energies. Through the proper utterance of sound, the serpent tongues get transformed to enable the upward movement of man's energies. This upward movement is caused by the tongue, which now works as wings. Thus, from tongues to wings, the student of sound can transform himself.



Message of the Month of Aries

The month of Aries is the month of conception of yearly plan in the higher circles. The plan descends in a seed form and an aspirant is required to be aligned, to perceive the higher conception, which can be conceived and delivered in the subsequent month. Aries marks the new beginning in the circular movement of time. The aspirants are required to plan out for the year, the creative activity of Goodwill. Unless the plan of work is drawn and is attempted-to in action, growth in awareness cannot happen. “Be creative and be active”, says Aries. Aspirants have many good intentions and only a handful of the aspirants translate their intentions into actions. May you strengthen your will with the support of Arian energy and move forward with positive attitude. May you carry the power of Mars, the discrimination of Mercury and the speed of Uranus as well to ensure a good start for the year. May you draw optimum benefit from the energies of Aries to stand good for the year. Begin well. That which is well begun is already half-done say the elders. Wish you a good beginning.

Message of the Teacher



The Path of 18 Steps

The Holy Scripture Bhagavad Gita contains the science of self, the science of Yoga and leads one to settle in Truth. At the twilight hours of *Dwapara* and *Kali* the entire knowledge of Vedas, the Puranas and the Upanishads was synthesised, systematised and was given out to the humanity. It has 18 regular steps to reach the Truth. The aspirants when treads this path of 18 steps, he transforms himself from being a son of man to be a son of God. It helps one to restructure himself. It would enable experiencing the subtle divine splendour and reaching to the threshold of pure existence. It is the torchlight that helps an individual walking in the dark. It is the sacred lore held in high esteem on the ashramic altars of the hierarchical members.

The Gita contains 700 verses. It commences with the word Dharma. Dharma may be translated as Goodwill and the book directs the reader to translate Goodwill into action. Such is the first step, which leads the aspirant into further steps up to 18. 18 is the number of fulfilment. May such fulfilment visit the aspirants who study and follow the scripture.



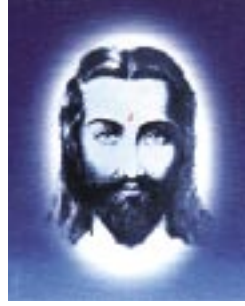
Gîtâ-Upanishad

- Lord Krishna -

Sacrament

Living for the welfare of others is Yajna – sacrifice, sacrament. There are some who live serving the Hierarchy and the God. There are others who serve the beings of the creation. Either way you are worshiping Me only. The fruit of such sacrifice is experiencing Me in all that is.

Lord Maitreya



Scientific Research and Research of Self

Research and investigation for innovation and revelation is but an aspect of discipleship. The scientist immersed in scientific research and the aspirant immersed in research of self are equally engaged in *Tapas*. Both of them bring down information and practices from subtle to gross. They also give techniques to move from gross to subtle. As things move from subtle to gross and from gross to subtle there is a plane where they meet each other. They encounter each other with their countering forces. It is this double movement, which causes appearance of certain new things and disappearance of certain old things.

The scientist mostly brings through his innovations the subtle to the gross. The scientist of the self does the contrary.

We the Hierarchy cooperate with both the currents. We extend our help to the scientist and to the spiritual scientist for the free and even flow of the respective currents. Chiefly these two categories of the persons constitute the social reformers in the world.



Master Morya - Maruvu Maharshi -

The Only Way

Once an aspirant approached me and sought a favour.

“Master we live in the mundane world; you live in the super mundane. We wish to reach the super mundane but are bound by the mundane. Why don’t you grace us, so that we transcend the mundane and live in super mundane? Can’t that be done by high souls like you?”

I smiled and answered, “You have a wish to reach super mundane. May the wish be transformed into will and be further transformed as fiery will, translate such will into action; you will reach the super mundane. The mundane mind cannot experience the super mundane unless it submits itself to a process. The process is transformation and the agent for transformation is fire – Will.”

The aspirant stared at me with a questioning look. I gently took him to a water tub and asked him to look into the tub. He looked into the waters. When I enquired of what he saw, he said he found his face reflected in the water. I told him to touch the surface of the waters gently with his index finger. He then touched. As he touched the waters got disturbed and the face disappeared. I asked the aspirant the cause for the disappearance of his reflected face. He said that it was the property of the disturbed waters. I answered him that similar is the property of the super mundane which is also subtle.

When water, which is subtle, is touched by the finger, which is gross, the subtle is disturbed. Likewise the gross or mundane mind when given entrance into the subtle, it disturbs the subtle and yet cannot gain vision or experience of the subtle.

The aspirant fully satisfied walked out of my ashram; took to the austere practices of yoga. He thereby transformed his body and mind gaining the eligibility to experience the super mundane. This is the only way.

Master Koot Hoomi - Devapi Maharshi -



Time Cycles

We always encourage you by speaking of the New Age, the Golden Age, the New Era, the Immortal humanity, the Kingdom of God upon Earth, etc, etc. Of late, you feel that we speak in hyperbole.

Don't you see the doctors in winter time in Europe who tell the patients "few days ahead the warm rays of sun emerge, the winter cold will disappear. You would have better vitality and better health through better sunlight. The present depression does not stay." You believe these words because the doctors speak of short time cycles. We too do the same but the time cycles we speak are slightly longer. But be sure that the days of light are ahead. Be not in doubt that leads you to perish.



Message of Master E.K.

Reading Time

The winking of an eye is taken as a measure to count time. Time holds the current events and unfolds the future events. All that is past is in its folds. All that is future is also in its folds. Only the present unfolds for the moment. To do acts of goodwill during the current times is the key to the art of living. Such ones read through the messages of time that are written in between the eye winking.

Vidura



Wisdom Teachings

When there is agreeability
in conscience,
in confidence,
and in awareness,
friendship survives.



Shirdi Sai Sayings

The Cycle

The tree flowers and the flowers in due course bear the fruit. But many flowers drop off even before bearing the fruit.

Blessed are the flowers that bear the fruit, for they contain the seed of the tree.

The tree is the Teacher, the flowers are the aspirants, and the fruits are the disciples. The disciple carries the seed of the Master Consciousness that manifests once again as the tree. Thus the cycle is complete.

Sri Ramakrishna



Non-attachment of the perfect Man

Iron, after it is converted into gold by the touch of the 'philosopher's stone', may be kept under the earth or thrown into a rubbish heap.

It will always remain gold and will not return to its former condition.

Similar is the state of the man, whose soul has touched, even once, the feet of the Almighty Lord.

Whether he dwells in the bustle of the world, or in the solitude of the forest, nothing ever contaminates him.

.



Lay Man's Prayer

Conditional Mercy we find in the Books, in the Teachings.

We cannot adapt to them.

In our fancy we tried to follow them.

We found that we are weak.

We cannot.

We therefore pray

For Your Mercy, Your Grace, Your Presence.

cont. from p.19

No one is wholly adequate to the demands of spiritual living; no one wholly adapts every aspect of their life to its requirements. Hence we should ask ourselves and answer truthfully, what qualities control us; whether we have made definite spiritual progress over the years, and if so, upon what grounds this belief is based; what is our greatest hindrance to effective spiritual living; do we bring spirituality into our business life or other occupation. If we are not satisfied with the relationship we have established with God, man and ourself what do we propose to do to rectify the situation?

A disciple

Discipleship Spiritual Work

The word 'spiritual' does not refer exclusively to religious matters. Spiritual teaching and spiritual living cannot be divorced from the affairs of the world, including business and politics. Politics are of great spiritual importance, for governments condition people and help produce the current civilization. The closest unity exists between religion, government and civilization and every event in one affects the other. Hence there is no sound reason for the spiritual people excluding politics for their thinking and activity. The reason for corrupt politics is that the spiritually minded have left the power in the hands of selfish and undesirable leaders. They have not assumed, as their spiritual duty and responsibility, the leadership of the people. This true spiritual work is scorned by those who regard themselves as superior to such affairs.

Under the great law of synthesis man must move forward on the physical plane as well as the spiritual. All that tends to lift and advance the status of humanity on any plane is religious work. The spiritual people must not become passive, inert by-standers as regard human evil. They must work for a better world, for the expression of the Four Freedoms everywhere, for co-operative goodwill, for the practical application of spiritual principles to everyday life. They must see that these principles control, and not greedy desire and unlawful ambition. They have to oppose that which is not good, that which is undesirable, that which breeds ugliness and hate. The masses must not cry their problems aloud to them without avail. They must assume the function of relieving suffering humanity and thereby aid in bringing about a new era of right human relations.

The life of the spiritual is difficult but what else can they expect? Besides being competent in their citizenship and occupation they have to work hard in three fields; their mission, intellectual unfoldment and self-perfection. Their task is to be at all times what they are at their highest times an example to others. All limitations and hindrances have to go, all petty faults and failures in habits of thought, action and speech, all racial, religious and other separative barriers. Those who truly seek to understand and profit by religious teaching and to mould them in God's likeness must love all men more deeply and must see to it that their light shines forth in a dark place. Love and service are the two wings on which one rises.

cont on p.18



Occult Meditations

Meditation 16

*Moon is silver. I AM the lake.
Lake is moonlight, I AM healed.
I AM silver. In me the moonbeam awakes.
I AM moonlight. In me the Sun is sealed.*

Commentary:

A Moon and moonlight are like silver and silver shine. "Moon is mind," says the *Veda*. Mind is man. Mind has many thoughts just as the lake has many ripples.

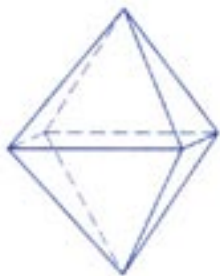
When the moonlight reflects upon the lake, the lake is full of moonlight. Likewise, if an aspirant contemplates upon the moonlight, his mind's lake also gains the moonlight. When the mind is filled with such moonlight, the ripples of thoughts calm down. Calming down of thoughts through gaining the silver light is a healing process. Mind gets healed. Man gets healed. A still lake with moonlight looks like a sheet of silver. When a stilled mind is filled with moonlight, it looks like a silver mind. The silver sheet or the silver mind shines forth reflecting the silver rays. The Moon transmits moonlight; silver receives it. Silver transmits back the moonlight like a second Moon. Similarly, the silver mind transmits rays of moonlight. It verily awakens the moonbeams and becomes moonlight.

Moonlight is but the reflection of sunlight through Moon and hence it seals the Sun in its light. Likewise, the silver mind that admits beams of moonlight also seals the Sun (soul).

This meditation is transformation of an agitated mind into a mind that reflects the soul. The steps are:

1. Agitated rippled lake.
2. Contemplation upon the moonlight.
3. Elimination of the ripples of agitations.
4. Fully healed mind that shines forth with moonlight.
5. Stilled mind with silver light.
6. Emission of moonlight beams from the mind.
7. Experiencing the Sun (the soul) as the basis of such emission of silver light.

cont. on p. 21



Rudra

18. Sarvayai

Sarvaya means the releaser of arrows. Rudra releases his arrows on those who conduct acts of wickedness. The wicked ones are constantly troubled by their actions and would even invite death. People suffer from sharp and painful consequences from their actions. These consequences are considered as the arrows of the Lord to punish and thereby rectify their attitudes. The arrows of Rudra are unfailing. They harm those who harm others. They are harmless to the harmless ones. Rudra's arrows function as per the attitudes of the beings.

cont f. p. 20

This is a complete meditation by itself when regularly practised. It would lead one to the seventh subplane of the buddhic plane. It would also result in a vibrant causal body, which is the body of diamond light.

Ashram Leaves



The Aquarian Pot

The numerical potency located
between nine and one fills the gap.
The gap is unfathomable.
It explains the journey of space to atom and atom to space.
The gap is poornam, but not sunyam.
Its symbol is ,kumbha', the partly opened globe.

On Love

Love is like the Python, the Pythia
that causes typhoon.



On Change

Change is the expression
of the unchangeable -
the immutable is the basis.
for the mutable.



On Silence

Silence may not be imposed
on the emotional beings!
It may cause liver troubles,
gastric difficulties and even cancer!





Hymns on Agni

13. AGNE SUKHATHAME RADHE DEVAGUM EELITHA AVAHA ASIHOTHA MANURHITAH

Oh Lord Agni! We worship you. Please be kind to bring the supreme Devas in comfortable chariots.

We invoke them with the related mantras and make them inclined to come unto us. You too may invite them on our behalf and bring them over here to bless us. When the student of fire does a fire ritual he primarily invokes the Lord Agni and gains his favourable disposition by devotionally uttering-forth 18 hymns. When the Lord Agni is pleased then he is further pleased and is requested to bring forth the *Devas* of Cosmic, Solar and Planetary systems. Each of the *Devas* is invoked with the relevant sound and is requested to accept the medium of Agni to reach unto the student of Fire. With the help of the Lord Agni it is easier for the related Deva to move swiftly and comfortably. Fire is an effective messenger of Gods and is also the essence of Gods. Thus the Lord Agni's cooperation is sought even for invoking and experiencing the *Devas* of various planes of existence. All ancient rituals are inextricably connected with Fire.

Violet Flame Invocations



O Victorious Violet Flame!
We pledge to live, move and have our being
within your freedom!

Be merciful to cleanse us, the humanity
from all ignorance by your Power,
Nine-fold and Free us!

Set Free! Set Free! Set Free!
O Victorious Violet Flame,
Glory to you! Glory to you! Glory to you!

Children's Section

The Doctrine of Ethics

**The accomplished husband
is the source of admiration.
The unaccomplished one is
admonished as
a mobile tomb !**

Dear Children

Do you know that human beings are categorised into 7 by their qualities? The 7 qualities are:

1. Will.
2. Love.
3. Intelligent activity.
4. Harmony and conflict.
5. Concrete concepts of mind.
6. Devotion and;
7. Rhythm.

Some have strong Will. They are the leaders. The second category have pure Love. They are the synthesisers and the teachers. The third have intelligent activity. These are the diplomats and businessmen. The fourth have harmony and conflict. When they are polarised they are in conflict. When they neutralise their polarities they get to harmony. The fifth have very fixed concepts of mind. They try to fix life into rigid patterns. The sixth are the devotional ones who have pure emotion. These can dedicate to the tasks and even sacrifice themselves as a matter of total dedication to a task. They can be at times highly emotional. The seventh category is orderly and rhythmic. They expand and conquer life by their order and rhythm.

Where do you place yourself among the seven? Answer yourself.

K.Parvathi Kumar

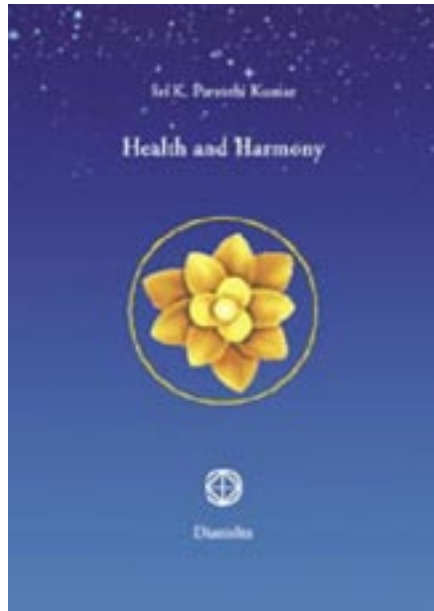
(from the editorial of Dr. K. Kumar on the website: www.jugendforum-mithila.com).

New Book

Health and Harmony

Ethics are the need of the present times. In truth, Just like a magnet transmits its energies to the surrounding iron pieces with or without its touch, a healer also can transmit energies with or without his touch. Just as magnets are used for the release of blocked energies, magnetic healing energies can also be transmitted to clear congestions, blockages, and even tumors. Sickness is generally due to a blockage of life energies. When such blockages are cleared, health is the result.

The book "Health and Harmony" by Dr. K. P. Kumar presents practical and helpful aspects of healing.



K. Parvathi Kumar: Health and Harmony

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News - Review

Tours of the Teacher

“Service – The Path to Wisdom”

The 47th WTT-Global Intercontinental Tour 2007

Part 3: Miami, 16th - 23th September

Miami, Florida, USA

The brothers and sisters in America were filled with joy and expectancy to be able to welcome the Master and Krishna Kumari Garu. The tour to America scheduled for February 2007 had to be cancelled due to the unexpected and serious heart surgery of December 22nd, 2006. At that time nobody knew how the state of health of the Master would develop, and which would be the plans of Hierarchy and the Masters. Therefore the joy was twice as much to be able to welcome the beloved Master and his wife at Miami airport on September, 16th, 2007. Many group members from all over America came for this great and hearty reception.

Sister Rosy and her group organised the seminar in an excellent and loving way at the Manresa Centre. The seminar centre is located at a beautiful silent place, surrounded by many trees and plants. It is dedicated to Ignatius of Loyola (* 31st May, 1491; † 31st July, 1556 in Rome), the most important co-founder and organiser of the Order of Jesuits, also known as *Society of Jesus* (Lat.: *Societas Jesu, SJ*). After Ignatius had been badly wounded in war by a cannon ball, he started pondering over his way of life. In the monastery of Montserrat, Spain, he did his life confession during his convalescence, which, according to tradition, lasted for three days. He left his weapons at the altar of the monastery church and left the monastery in 1522 as a mendicant and pilgrim. Ignatius went to Manresa, where he had his great inner realisations and transformations. At this silent place, which was constructed in honour of Ignatius, we were allowed to pass the next days in solemnity.

A special surprise was that, like at the May Call seminar in Kandersteg, Switzerland, many Indian brothers and sisters living in America, had applied for the group living in Miami. Some Indian families later joined, inspired by those already present, in order to see the Master and to change some words with him. The number of eleven Indians increased from day to day up to twenty. For all participants there was Western food and for the Indians additionally some rice and yoghurt. But when the delicious smell of Indian food for the Master, daily prepared by Kumari Garu spread into the room, it quickly became clear that food had to be bought at the Indian shop. So, from next day on, the meals were prepared for all Indian brothers and sisters under the guidance of Kumari and Bali (name?) Garu. It was a blessing that we were allowed to use the huge kitchen of the centre, which is normally not allowed in the West. Thus all group members from East and West got the benefit of a delicious traditional food. You can say that during this meeting even in the kitchen there was the „*Spiritual Fusion of East and West*“. The Master saw to it that besides the excellent spiritual food also the physical body got his food, caramel pudding and ice cream included, and all, even the Pitris and Devas, were enjoying, for *God can be experienced in all – even in food*.

September 17th

On the 17th of September there was the holy inauguration of the Shiva Lingam with the big Water Ritual in the WTT-Centre in Miami.



Everybody could pour some water with the shell over the lingam. The water ritual (Abhishekam) seeks to manifest the electric power from the invisible planes unto the visible planes through the 11 Rudras, the Lords of Vibration. This sublime ritual inaugurated the seminar.



After the beneficial Abhishekam, a sumptuous buffet, just in the style of Master CVV, was waiting for us with delicious Indian specialities and cakes prepared by the members of the Miami group under the guidance of sister Rosy Diaz.



September 18th – 20th

From September 18th – 20th, there were three public evening lectures. The topic was “*Science of Man*”. A group of 70 brothers

and sisters gathered during these three evenings to listen to the profound teachings of Master KPK. With his teachings he uplifted the listeners to higher levels and led them to the divine. In the following you can read some excerpts of the seminar.

Excerpts of the Seminar: “Science of Man”

This is the 8th time that I am in Miami. Miami comes from the original sound “Ma Yama”, meaning the Mother (Ma) of Illusion (Maya). In ancient most times, during Atlantean times, this was the land of Mayans. Maya is the word that also means illusion. In one way, the whole creation itself is an illusion; there is Divine Illusion and man-made illusion. Since man is made in the image and likeness of God, just like God creates Illusion, man has also created illusion. What we are trying to do through Theosophy, Yoga or Meditation is to clear-up the illusion that we created, and understand the Illusion that the Divine has created...

The Divine is not interested in those who just want to come to Him without experiencing the splendour. Divine is only for those who have fulfilled themselves with the splendour of the nature, those are the ones who get into the ultimate contemplation. Until then, they are in the field of Wisdom; beyond them is the Truth. Truth exists in us as I AM. And the experience of Wisdom gives us the fulfilment. With that Wisdom and Knowledge, you can get into the thought plane. Having come into the thought plane, you would express through speech or action. That’s how the One manifests into three regular steps. In three steps, He can get back to THAT. In all of us, there are four states: the state of pure existence, the state of pure awareness, the state of thought, and the state of speech or action. It is That One descending into three steps to be this; and we need to ascend these three steps to be THAT. That’s why the Veda says, “It is all four-fold”. The four-armed cross is the message of that. Remember: I am four-fold. I am existent. I become aware. I descend into thoughts. I further descent into speech and action. This is the fundamental practice of Occultism.

The text of the seminar is already transcribed in a very beautiful

way by brother Nagesh and can be ordered by the WTT-USA, Rosy Diaz.

During the day, Rosy guided the Indian group in a small bus, with Nagesh as a driver through Miami and showed them the beautiful green avenues, the harbour, some places of interest and shopping centres. One day we visited the shop where the rare shells which have an opening to the right, are available. The shell symbolises sound and the aspect of Jupiter as expansion, as well as the aspect of Saturn as contraction and consolidation. A white shell with an opening to the right is very rare. Such a shell is a particular and holy instrument for the water ritual and for the worship of Lord Shiva. With the help of the Master we have chosen the most beautiful and precious shells and brought them home with caution.

September 21st – 23rd

September 21st, the main seminar in Miami starts with the topic “The Temple and its Work”. With his speech about the true meaning of the temple and the duty of man, the Master showered deep knowledge and light over all brothers and sisters. With rapt attention, all listened to his inspiring and magnetic words.

Excerpts from the seminar: “The Temple and its Work”

Knowledge is the means for purification. Knowledge gives fulfilment. It is said in scriptures that there is no higher than knowledge to purify. As much as humanity gains knowledge so much he finds peace with them. That peace enables to pursue with knowledge into subtle aspects of creation and that would lead man into bliss. The man living on the planet was always engaged with the sky, the star, the planets and was always wondering of the sunrise and sunset. Something in man always wanted him to explore that which is above. This is because there is essentially something in him that relates with the above.

The ultimate truth is that every human body is a temple. The image of god is within the human. Every human is an image of god. To know this is the path of knowledge, to work for experiencing God

and how He exists. The path is given by the knowers from time to time. The path is one. The knower gives it in different ways. They are not different paths.

Buddha, Krishna and Jesus, they came to restore the temple in the human being. It is that temple that we speak of today. This temple is an esoteric temple. It is in us. There is a process of learning to build the temple in us. That is what is called discipleship.

The temple work is only for those who can suspend the outer. How can you experience the inner side unless you have closed the inner door? The first initiation is seen as ability to suspend the mind getting into objectivity. Initially that is recommended to do in the meditation. When the mind can be closed towards objectivity by will only then the inner temple will be opened. When the outer temple is open the inner will not yet open. It is necessary to turn the objective, to turn inward and to look inward. Looking inward brings inside.

As much as the work is complete, so much the temple becomes eternal. One can receive the divine plan only as soul and not as personality. The soul only can have contact with the super soul. From Atma to Buddhi, from Buddhi to Manas. That is how the work has to flow.

The Master never suggests something to the divine. He is all hearing and all seeing to listen and hear the divine. Masters have the ability to listen from the higher circles. They quietly wait for the plan.

It is important that we reach our heart centre, so that any Master can reach us. An aspirant who is available at the heart centre is available for a Master. According to the time and the place, any great being could work through him. That is a disciple. The mind should merge to the heart and the heart should further merge to the Ajna. One can be in the Ajna or in the heart to receive the divine plan. If you learn to think in the heart you include all. Temple work is a good blend of power and love.

The conception of the divine plan is in the heart. As much as the work is done, so much the temple becomes magnetic. All the temple work is service.

The work is in all dimensions through the temple. Such a temple is a mobile tem-ple. It gives plan where food is needed. It gives plan where education is needed. It gives plan relating to health. All help for reorientation and upliftment comes from the temple. And this temple is available on all continents. In every continent there is a Master of Wisdom working. To get in contact, people have to gather into groups and conduct with all. The work is in relation to discipleship. This is available through groups and through books. Will leads one to occult groups. Around every group is an invisible, occult group. In a group life like this there is an invisible group. Slowly as the group becomes vibrant, they get aware of the occult group. Through the occult group, the contact comes to the Master. On every continent there are occult groups working under the direction of a Master. When you go to a place and get into touch with the occult group, you can also contact the temple from where the Master is working. It is a work more in the inside than in the outside. As much as you magnetize the energies in you, so much it reveals to you. Such temples are a reality on every continent. The occult groups are also a reality. The groups in the exoteric world would do well to work with the related discipline to get in touch with the occult group. That's how there is a hierarchy. In every region/nation there is a Master under whom there are occult groups. All these Masters have occult temples. The occult groups meet in the occult temples. The occult groups visit when there is a group living to give necessary inspiration.

And all the Masters relating to every continent, they are a group again. They also meet every week. That would be a meeting of the Masters at the global level. What you know about Vaisakh Valley, is one such event. Such a union happens four times in a year during the months of the fixed cross. Likewise there is a festival in Leo and Scorpio and in Aquarius. This global group has a global temple. They are connected to a grand group on Sirius. There is a great grand lodge on Sirius of which there is representation on this planet. And the members of the planetary group are scattered all over the planet. On every continent, there are occult groups who observe group activities of every place. If the groups are func-

tioning according to the fundamental regulations they become more and more a reality to the groups. So the temple work is from Sirius to this planet and from the head quarter of the planet to the continental temple. Depending upon the need there are more temples on the planet and then the occult groups and the esoteric groups. The Plan of Master Dwjal Khul is suggesting group formations to ensure that there is a group in the objectivity that works for the group in the subjectivity. And the subjective groups work with the Master. And the Masters all together work with the World Teacher. And the World Teacher along with the Masters are linked to the Great Grand Temple of Sirius. There is a great link into the system beyond our solar system.

One should be conscious of its greatness and its scope and humbly work with oneself and try to work in a group in harmony. To fight is easy in a group that is very mundane. To cooperate is the first requirement of group life. How to compete is what a worldly man knows, how to cooperate is what an aspirant should know.

September 23rd, Autumn Equinox

September 23rd, we celebrated the Autumn Equinox in the early morning hours under a Banyan tree and with the Holy Family in the background. After the beneficial fire ritual, there was the marriage of Enrico and Anna Maria Mariani of Miami. It is a special blessing when a marriage is celebrated on such a day, for the marriage is the most important of all the sacraments. The marriage ritual consecrates, purifies and transforms the couple and all who participate. The Master and Kumari Garu, followed by the whole group, blessed the couple. May the couple continue the goodwill work for the society.

After these elaborate celebrations there was a silent lecture in meditation. Some were consciously allowed to participate in the lesson on the inner planes and to experience what is occult training.



WTT-USA

At the request of some group members, on this day the foundation for the WTT-USA had been laid. The WTT-Miami shall expand and integrate the entire United States of America. With the support and under the guidance of Master K. Parvathi Kumar, the foundations for the WTT-USA had been worked out. The executive committee shall consist of 11 persons, and the Master fortunately consented to take over the function of the President. cont.

Window to World Service News & Activities

(Inputs welcome)

The World Teacher Trust - United States of America

The organization of “The World Teacher Trust - United States of America” was in-corporated as per the guidance of our beloved Master KPK on November 17, 2007 under the energies of Dhanishta and the 8th Ascending Moon Phase.

The initial purpose of the organization is:

- to advance education and learning in general and in particular in the fields of comparative religion, philosophy, science and art;
- to relieve human suffering and promote mental and moral improvement in the human race;
- to promote the advancement of spiritualism on a non-sectarian basis; and
- to promote social service activities for the general welfare.

Following are the board members:

Kambhampati Parvathi Kumar, President

Rosy Diaz-Duque, Secretary-Treasurer and acting president in the absence of M. KPK

Board members: Alejandro Oliva, Fernando Pita, Miguel Urena, Nagesh Anupindi,

Charles “Chuck” Smith, Rita Saenz, Ana Maria Lizarzaburu, Maria Grillo, Carmen Perez.

The activities of WTT-USA commence in Aquarius.

Group Reports:

Name of the group: The World Teacher Trust Spain / WTT España

Contact: Aurora Mahedero E-Mail: wtt.spain@gmail.com

Name of the activity: Solidarity Help for Senegal

Contact / Responsible for the Project: Maite Amigó and Joan M^a Dausà

Phone: ++34 + 93 666 90 37 E-Mail: maiteamigo@telefonica.net

A group of members of the WTT in the locality of Sant Feliu de Llobregat, inspired by the necessity that a group of missionaries of Senegal has an ambulance vehicle, we began an economic campaign to collecting funds for this project.

This campaign consists not only in gathering the money, because we are also offering playful activities that provided funds for the project.

All started by a group of about 50 volunteers. We made a solidarity market during three days, in which about 1,000 people participated and 9,500 € were collected.

Later a popular festival was made whose motto was: "We enjoy being solidary", with the attendance of 300 people and where 8.000 € were collected.

Through different donations inspired by the project 12.000 € were collected. But it has been possible to culminate the accomplishment of this project in three months, with the total sum of 29.500 €.

At the moment we work to prepare another popular festival to collect funds for the dining rooms of the poor children of Argentina.

Extracts from the Teachings

Sri Suktam

**The nature and the characteristics of the World Mother,
Part VI**

Dr. Sri K. Parvathi Kumar

Wengen Group Living, Switzerland, May 2002

Anapagaminîm is a very interesting aspect of the Mother. It means: She is like quicksilver. She is there, She is not there. People who work with money know it. They are always in tension, always in anxiety. For years they work very hard to gain it, and they can lose the whole thing over night. Riches – the way they come, the way they go, no one knows, and how and why they come to some people also is not known. There are seemingly stupid people who have a lot of money, and there are very intelligent people knowing all the science of economics, but they don't get a Rupie. Is it not funny? That is why from the human standpoint the splendour or the riches of the creation seem to be very fickle. There were emperors who became beggars, and there were beggars who became emperors.

Money and power – how they flow in and how they flow out nobody knows. There is a saying in Telugu: "The riches or the splendour in life come in a very mysterious way, as mysterious as the accumulation of water in a coconut fruit." The coconut is the only fruit that carries so much water in it. It is nourishing water. Other fruits you have to squeeze to get the juice. How the water gets into the coconut is an ingenious work of nature.

So, the Seers compare the arrival of the riches and the splendour of life with the arrival of water into the coconut. But the way the riches disappear are compared with an elephant eating a stone fruit. There is a stone fruit grown in tropics which the elephant eats. The human beings also can eat it. It is available as a vegetable to prepare chutney and curry. It is also available as a fruit. They have to break the shell to take the eatable part of the fruit. But the elephant has no method of breaking the stone fruit. It takes it as such. Then the next day it is let out as it is. It is another

mystery of nature. The fruit comes out as it is, but with a difference. The inner fruit is eaten away, the outer shell comes out. The elephant has the neck of squeezing away the juice. It is a kind of pulp, very sweet and sour and very tasty. Through a special technology the elephant creates enough pressure to suck away the pulp from within, and the shell of the fruit is let out. You have to be in India to know all that.

That is how riches come and go. Likewise, there can be sudden changes caused by nature. No one can predict it. No one can see it. Except the Seers who can gaze up to a point, others cannot gaze the ways of nature. When we predict geological changes, they don't happen. When we are away with that thought, they may happen. The Seers keep asking the Mother from time to time, "Mother, how will it be?" When will it be, we know when it happens. Each person can gaze up to a point, but no one can gaze it completely. Thus the Mother is unpredictable. The activity of consciousness which prepares this creation, its movements are unpredictable. They are all beyond our comprehension. Things can go upside down. It can happen. Nothing is impossible.

A Seer asked the Mother, "If everything is so very uncertain, how can we remain stable and yogic in our consciousness?"

The Mother said, "Just accept one sentence, then you will be stable. Anything can happen to anyone, at any time and at any place."

If you reconcile yourself with that sentence, then you are in total certainty, because you accept the total uncertainty. You have no more uncertainty, because you have established yourself in the truth of uncertainty of the creation, and hence you remain erect, even if the worlds turn upside down.

The Seer asked Her, "Are there any beings who are never upset regardless what happens? Do we have some examples? Do we have some role models?"

The Mother said, "Yes, there are. Those are the dwellers of the White Island, because they accepted the truth of this occult statement."

If we give an appointment and somebody comes 10 minutes earlier, we are upset. If somebody comes 10 minutes later, we are upset. On little pretext we are upset, because we are civilized. Our civilisation has grown concurrently with our irritation, and we are so fragile to nature. For anything and everything we are upset. So, we are generally upside

down. But there are Seers who can never be upset. Why? Because they see it as the play of the Mother. That is why we have in India the word 'Chantahai' – it is okay, everything, anything moves. Good times move away, bad times move away, it is all Mother's work. I don't have to break my head, I sail along seeing the dexterous play of the Mother, and this is because I cannot predict what She does.

The more and more you try to be stable vis-à-vis the outer, proportionately you grow unstable inside. The way to be stable inside, the way the Mother holds on to you firmly, we are requesting Lord Agni to bestow on us the light of the Mother, knowing fully well that She is unpredictable. But there is a way to see that She is with you forever. That is the secret which this term Anapagaminîm gives. The most unpredictable one will remain very stable and reliable with you. What is the way?

The Seers wanted to know from the Mother: "What is the way, by which we are assured of your presence?"

The Mother said, "The only single way is to be virtuous. There is no other way. I am with those who are virtuous, and I am with those who are righteous. I am with those who follow Dharma, and I am away from those who have vices. I am away from those who try to be manipulative. I am away from those who believe more in intelligence than in virtue. If you want that I remain with you, remain virtuous in your life. Then I am not only with you, my glow shall be with you, my splendour shall be with you. As long as you are virtuous, the glow, the splendour and the joy are yours. When you cease to be virtuous, you may not know, but I have already left you, and you will no more have the inner joy. You may have many things around you, but you don't have joy. What for are the best things of the world, when there is no joy with you? You may have the best house in the best of the surroundings and with best of comforts at home. It means nothing to you, when you have no joy. When you are joyful, all those things around you become the source for you to enjoy. That joy is denied to you the moment you abandon the virtue, the moment you prefer a vice to a virtue."

So, *Anapagaminîm*, the unpredictable aspect of nature is an important aspect for us to hold in our mind and to keep acquiring virtues life after life. Anything you acquire you lose, but not the virtue. cont.

This text is not proofread by the author and might have some mistakes.



Paracelsus Health and Healing

Prenatal Health Preparations

Man thinks of health only when he is in disease. He needs to think of health much before. "Health is wealth" is a known dictum. He should start early in life to give importance to health; as early as seven years of age. The body can be kept hale and healthy if right rhythm, right food and right aspiration are cultivated from childhood.

The wise suggest of instituting health right from the point of impregnation! They advise right attitudes, right food and right activity for the couple who conceives. Right conditions for conception are also recommended. The couple needs to be harmonious, and mentally at peace and poise before thinking of conception. They are also required to be healthy physically and emotionally. The time and the place of conception were also given importance.

Likewise there is a discipline throughout pregnancy for the couple to maintain harmony at mind, peace in the emotional plane and health in the body. The mother is advised to follow high standards of food intake, regular reading of inspiring lives, wisdom books, participation in holy congregations and meditation programme. During the first seven months and the next two months, a lot can be done to give the right base of health. This base for good health cannot be created later. In fact, wisdom says, a long preparation by the couple before they conceive makes this base even stronger. Basic health if thus made strong as the person grows, and one can meet the challenges of the times. *"Basically, a healthy person remains healthy even with slight transgression of health rules. Basically, an unhealthy per-*

son, even if he or she follows the best health regulations, cannot be healthy.” This statement needs to be pondered over.

Conditions at the time of conception, pregnancy and delivery are of paramount importance to provide healthy genes. Any tinkering work to attain health at the later part of life is generally low yielding in results.

One should also note that the soul finds itself in new surroundings at birth and is immersed in a body (mother), which is at first totally strange to the soul. This loneliness disappears only gradually and can be a source of fear and anxiety. It is therefore all the more necessary to offer congenial and harmonious conditions, lest the soul would be dreaded. The soul also feels imprisoned unless is well taken care of with knowledge by the couple who conceives.

The young men and women, if well educated on these aspects, they can give birth to a healthy race. Instituting health in the prenatal stages is already a great work of healing.

Dr. K. Parvathi Kumar

Extract from: Paracelsus – Health and Healing

With a subscription you support this important work (€ 70 / year)

Dates of the next Travels 2008

Dates

May 26th – June 1st

June 2nd – 8th

August 23rd – 28th

Program

May Call Day Seminar, Foz do Iguazu, Brazil

Seminar at Buenos Aires, Argentina

25 years WTT-Global – Seminar: Service and the Law of Liberation

During these dates you won't be able to contact Dr. K.P. Kumar.

You find the updates on: www.worldteachertrust.org/vaisakh15_e.htm

Astrological Important Days in March/April 2008

20.03.	06:48	☉ in ♈ / Sun enters Aries	
	♌	Spring Equinox: <i>Contemplation upon Shambala, Sanat Kumâra and the six Dhyâni Buddhâs</i>	
	18:55	Phase of full moon starts	☉ 00°30'♈ / ♎ 18°30' ♏ <i>Contemplation upon Shambala, Sanat Kumâra, the six Dhyâni Buddhâs, Râma and Master Morya at the Head Centre</i>
21.03.	19:40	☉ Full moon of Aries (Shambala)	☉ 01°31'♈ / ♎ 01°31' ♏
29.03.	09:47	☾ 8 th phase of descending moon starts	☉ 09°02'♈ / ♎ 03°02' ♏ (End 12:39 on 30.03.)
30.03.		Summer time starts (02:00 h MET to 03:00 h MEST)	
01.04.	14:28	11 th phase of descending moon starts	☉ 12°09'♈ / ♎ 12°09' ♏ <i>Contemplation upon Master Morya</i> (End 14:12 on 02.04.)
	♊	23 rd constellation <i>Dhanishtha</i> starts	♎ 17°18' ♏
02.04.	21:00	Dhanishtha-Meditation (End of <i>Dhanishtha</i> -constellation at 00:03 on 03.04.)	
05.04.	08:52	Phase of new moon starts	☉ 15°52' ♈ / ♎ 03°52' ♏
	♌	New moon point of Aries: <i>Contemplation upon 'The Pledge'</i>	
06.04.	05:55	● New moon of Aries	☉ 16°44' ♈ / ♎ 16°44' ♏
	☉	☉ in ♈ and 1 st - 14 th phase of ascending moon: <i>Contemplation upon Master Morya and 15 days yogic programme for the senses to lay down a good seed for the coming year</i>	
12.04.	09:17	☾ 8 th phase of ascending moon starts	☉ 22°46' ♈ / ♎ 16°46' ♏ <i>Contemplation upon Master Morya</i>
	♌	9 th phase of ascending moon starts	☉ 23°41' ♈ / ♎ 29°41' ♏
13.04.	07:55	<i>Birthday of Lord Śrî Râma</i> (End 07:09 on 14.04.)	
15.04.	06:56	11 th phase of ascending moon starts	☉ 25°36' ♈ / ♎ 25°36' ♏ <i>Contemplation upon Master Morya</i> (End 07:14 on 16.04.)
	♊	Phase of full moon starts	☉ 29°40'♈ / ♎ 17°40' ♏
19.04.	10:38	<i>Birthday of Vedavyâsa, contemplation upon the Hierarchy with The World Teacher presiding over the groups of disciples</i>	
	♌	☉ → ♉ / Sun enters Taurus	
20.04.		<i>Birthday of Lord Hanumân</i>	
	☉ 12:25	☉ Full moon of Taurus (Vaisâkh-Festival)	☉ 00°43'♉ / ♎ 00°43' ♏
28.04.	03:38	☾ 8 th phase of descending moon starts	☉ 08°09'♉ / ♎ 02°09' ♏ (End 04:35 on 29.04.)
	♎	23 rd constellation <i>Dhanishtha</i> starts	♎ 17°18' ♏
29.04.	08:38	Dhanishtha-Meditation (End of <i>Dhanishtha</i> -constellation at 09:21 on 30.04.)	
	♊	11 th phase of descending moon starts	☉ 11°05'♉ / ♎ 11°05' ♏
01.05.	04:08		

All dates are in MET (middle European time), starting on 30.03. in MEST (middle European summer time)

From: »Astrological Calendar 2008/09« of The World Teacher Trust

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Great Invocation



Let us form the Circle of Good Will.

OMNIA VINCIT AMOS.

From the South through Love
which is pure.

From the West through Wisdom
which is true.

From the East through Will
which is noble.

From the North through Silence
which is golden.

May the Light make beautiful
our lives.

O Hierophant of our Rite

Let his love shine.

OMNIA VINCIT AMOS.

Let us form the Circle of the World
Servers.

We bow down in homage
and adoration

To the Glorious and Mighty Hierarchy,
The Inner Government of The World,
and to its Exquisite Jewel,
The Star of the Sea -
The World Mother.

From the point of Light
within the Mind of God
let Light stream forth
into the minds of men.
Let light descend on Earth.

From the point of Love
within the Heart of God
let love stream forth
into the hearts of men.
May the Lord return to Earth

From the centre where the
Will of God is known
let purpose guide the little wills of men,
the purpose, which the Masters
know and serve.

From the centre which we call
The race of men
Let the Plan of Love and Light
work out
And may it seal the door
where evil dwells.

From the Avatar of Synthesis
Who is around
let His energy pour down
in all kingdoms.
May He lift up the Earth to the
Kingdoms of Beauty.

The Sons of Men are one
and I am one with them.
I seek to love, not hate.
I seek to serve and not exact
due service.
I seek to heal, not hurt.

Let pain bring due reward
of light and love.
Let the soul control the outer form
and life and all events,
and bring to light the love
which underlies the happenings
of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master D.K.