

# Vaisakh News Letter



HAMSA ŠIVA SOHAM



Libra 2016 Thula

Letter No. 6 Cycle 30 - 22nd September until 22nd October 2016

The World Teacher Trust - Global



## Invocation

May the light in me be the light before me.

May I learn to see it in all.

May the sound I utter reveal the light in me.

May I listen to it while others speak.

May the silence in and around me present itself,  
the silence which we break every moment.

May it fill the darkness of noise we do,  
and convert it into the light of our background.

Let virtue be the strength of my intelligence.

Let realisation be my attainment.

Let my purpose shape into the purpose of our earth.

Let my plan be an epitome of the divine plan.

May we speak the silence without breaking it.

May we live in the awareness of the background.

May we transact light in terms of joy.

May we be worthy to find place in the eternal kingdom OM.

Master EK



Letter No.06/Cycle 30 – 22 September until 22 October 2016

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Dr. Sri K. Parvathi Kumar is President of the 'World Teacher Trust' and Founder of the 'Vaisakh Newsletter'. The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

#### Contact: The World Teacher Trust - Global

The Vaisakh Newsletter in English and French: [info@worldteachertrust.org](mailto:info@worldteachertrust.org); German: [wtw@kulapati.de](mailto:wtw@kulapati.de), Spanish: WTT Argentina: [wtw@wttagentina.org](mailto:wtw@wttagentina.org), WTT Spain: [wtw.spain@gmail.com](mailto:wtw.spain@gmail.com); Brazilian Portuguese: [brasil@worldteachertrust.org](mailto:brasil@worldteachertrust.org)

## Prayer of the year 2016/17

SERPENT 'K' LOOSENS ITS SKIN.  
 THE PICTURES OF PAST KARMA  
 ON THE WALLS OF ITS SKIN  
 ARE PEELED OFF.  
 KARMA NEUTRALIZED.



Full Moon of Libra, 16th of October, 2016, 06.23 am



## Message of the Month of Libra

As Sun enters Libra, disciples are advised of right choice. Libra governs and controls the path of choices. It also governs application of purificative measures to stand eligible for discipleship which is governed by the next sign Scorpio. Saturn is exalted in Libra, enabling accomplishment of balance. Libra stands at the threshold. Where opportunities approach, Saturn enables right choice. Choice has to be based upon the principle of responsibility and not upon such factors as convenience, comfort, profit, success, etc. Librans are true probationers who need to adapt to the life of responsibility more than the life of comfort. The probationers are at the threshold where right choices have to be made, vis-à-vis temporary values vs. permanent values, rights vs. responsibilities, speech vs. silence, inner vs. outer activities and so on. They need to shift their attention from form to substance. The passion for beauty in form should be replaced by the passion for the beauty of wisdom.

Librans have to gain secure and settled position, contrary to fickleness and variability. They need to inculcate the sense of justice and right judgment contrary to bias and prejudice. The tendency for comfort shall have to be replaced by the enthusiasm for wisdom. They need to walk away from a life of vanity and showy form of life which is untrue by embracing simple, correct expression.

Balance is gained in Libra and such balance enables elevating oneself from being a probationer to be a disciple. Simple, truthful life, aspiration for wisdom, straight-forward conduct, judicial attitude, stable and meaningful activity, willingness to undertake responsibility and clear judgment are the prerequisites for discipleship. Aspirants need to ponder over them. Let not vanity of Venus and intrigue of Mercury deceive the aspirant. Let the profound perception of Saturn prevail!



## Message of the Teacher

### The Key to Action

Knowledge devoid of action is useless. Devotion devoid of knowledge is but emotion. Self-realization is not a selfish effort. It involves self-enlightenment and enlightenment of the surroundings.

A light is not for itself. It enlightens the surroundings.

Fruits of action are tastier when they are offered to the society at large.

Action itself is joy. Action for gaining joy is myth.

## Utterances of Lord Krishna



The forms are mortal and are neutral. The indweller of the forms is eternal and is undefinable. The indwellers being eternal, cannot be killed. The forms being mortal, cannot be saved for eternity. (2-19)

The Beings, the indwellers are unborn and hence, do not die. Non-existence is incompatible with the beings. It exists through time, accepting and renouncing forms. (2-20)

One cannot destroy the indwelling being nor can be destroyed. Only the forms are destroyed. They suffer disease, decay and death. Destroying forms should not be confused with death of the beings. (2-21)



## Message of Lord Maitreya

### Striving - The Key

Striving is healthy. Striving is more than doing. When heart and mind are at union while at work, striving happens. Such striving results in good health. May you strive in healthy and cleanly conditions.

Let there be enough light and air where you work. Let the climate be temperate. Let it not be too cold or too hot.

Forget not cooperation during striving. Let the heart unfold through cooperative striving. Aversion to striving is unhealthy. It brings ill-health.

The aging is arrested to the striving ones. Bubbling joy is but a product of striving just as subtle music is the product of the flowing stream. Striving is the other name for Yoga. It enables alignment of heart, mind senses and the body.

Members of Maitreya community are all strivers. They strive day and night. They are not a retired community though residing in mountain ranges and valleys.

## Message of Master Morya - Maruvu Maharshi -



### Tender Matter

The sunrays shine through the tender leaf. The colour of the leaf is vibrant and radiant. Sunrays passing through a grownup, thick, hard leaf reveal not the colour as before. The matter in the thick leaf is denser than that of the one in the tender leaf. When matter is tender and subtle, light passes through. When matter is dense, it obstructs the passage of light.

Super mundane world is a world of tender/subtle matter contrary to the dense and gross matter that one experiences on earth. When the thoughts are earthy, dense matter is gained. When the thoughts relating to the divine are predominantly entertained, super mundane becomes a reality. Thought is matter. When it is engaged with matter, the mind disables itself the finer perceptions. When mind engages in superfine thoughts of divinity and generally engages the senses to superfine forms, sounds, colours and fragrances, it regains its lost abilities.

Relating to sunrays to the dawn and dusk, to the sky and the sea, to the mountains and rivers, to the flames of fire and candles, to the sounds of mantras, to beautification with lights and flowers, enable relating to the super mundane.

Super mundane is not for the dreamers.



*Master Koot Hoomi*  
*- Devâpi Maharshi -*

## The Way To Light

We cognize and recognize those who regularly and rhythmically pray to benefit the less fortunate ones on the planet. Amidst humans, there are many groups that starve for want of food, that are exposed to the extremities of nature without adequate clothing and shelter, that suffer and die for want of health and cure. Humans are really those who think of them, feel for them, pray for them and tangibly help them. One cannot call himself a human when his fellow men are suffering for want of basic needs. Serving such ones and praying for such ones is the true eligibility to be a human. We serve those who serve the cause of the less fortunate ones. We serve not those who look for selfish enlightenment through prayers and meditations. There is no way to light except through the heart.

## Message of Master *EK*

### The Unborn



While at the seashore, don't you witness the birth, the rise, the growth, the forward movement, the fall, the death and the retreat of the tide and the tide dies and retreats? Do you feel sorrowful?

You see one more tide rising and following the same pattern. Tides keep coming and going through the six modifications stated above. The sea remains.

Likewise, we remain. There is a birth, there is a rise, a growth, a movement, a fall, a disappearance and death to that which is born out of us. We are akin to the sea. Our life is akin to the tide.

If you know this, you are never sorrowful.



*Vidura*

## Wisdom Teachings

Sorrow does not enable  
accomplishment of the desired.  
It bums the body.  
Further,  
it pleases the enemies.  
Hence,  
entertainment of sorrow  
is foolish.

## Saraswathi



### The Emergence of The Word

Every principle in Creation is seen as a deity, in the esoteric world. The Goddess of the Word is called Saraswathi, literally meaning the flow. It is the flow of energy as Consciousness, also called the Word. The Word was recognized by the ancient Seers as the Background of all that is created. It emanates from Pure Existence. Every scripture gives paramount importance to the Word, because it emerges periodically and manifests in manifold forms, to return again and again to its Source, i.e., Pure Existence.

If we name the Source of the Word as God, the Word is always with Him as Himself. The Bible says: "In the beginning there was the Word. The Word was with God, and the Word was God." God Absolute expresses through an idea that emerges from Him. This emergence is the birth of the Word leading to subsequent manifestations. We exist and we too have ideas emerging from us. This emergence is called the emergence of the Word. Every idea is an emergence in a particular direction. We exist, and the ideas emerge. The same applies to the macro-system.

The Eternal Presence is called Eternity and from IT emergence flows forth. Every emergence has its duration, just like every idea has its duration. Therefore, Time is coborn with the Word. Time does not exist where there is no idea, no emergence. In Pure Existence, without awareness, Time does not exist. Time is not manifest when the Word is not manifest, but Time and Word exist eternally within the Eternity. They are manifest and unmanifest.



## Message of Sri Ramakrishna

### A Ripened Fruit

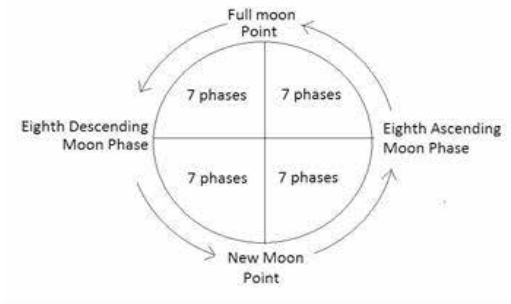
A fruit that has ripened and fallen from the tree tastes very sweet. But that which has been plucked and ripened artificially is not so sweet, and soon shrivels up. In like manner, from him who has attained perfection, the rules of caste fall away of themselves, but so long as this exalted knowledge is not reached, he ought to observe their distinctions. To throw them off out of self-will is merely an act of egotism.

# On Secret Doctrine

## The Moon



Reckoning of a week originated with the people who reckoned Time by the lunar months. The Indians reckoned a lunar month in its four parts just like a day is also reckoned in four parts. A lunar month is divided into four parts consisting of seven lunar phases and the four interludes. The four interludes are new moon, eighth ascending phase of moon, full moon and the eighth descending phase of moon. In between these interludes, there are seven phases of moon. These seven phases are not necessarily seven days. A lunar phase is not necessarily of the same duration as a day. Generally, a lunar month concludes in the range of 28-30 days. A month in lunar calendar is not 30 days due to different durations of moon phases. Yet, between the interludes, there are seven phases picturised as under:



Thus, as between the interludes, seven phases were reckoned as a week with the interlude being a phase for contemplation.

After every seven phases, there is an interval for contemplation. The full moon and the new moon and the eighth moon phase (ascending or descending) were considered for engaging more subjectively than objectively. Every eighth phase after seven phases tended to be a day for inner contemplation. The eighth phase successively tended to be a holiday for public activity. It need not necessarily be a Sunday but it was necessarily either a full moon or a new moon or an ascending or descending eighth moon phase. This tradition was picked up by the Romans during the times of the Caesars who earlier had a week consisting of 8 days. The Greeks known as Athenians had a week of 10 days.

The week that we have today from Sunday to Saturday, is a mix up of the ruling planets in terms of the lunar weeks. There are some traditions where the week is considered from Monday to Sunday. As occult student, one should be able to distinguish the lunar phases and their impact and the planetary rulers of the four quarters of a day. Mix up of the lunar weeks with the rulers of the quadrants of solar day caused the confusion and the related ignorance.

Saturn

How It Is/How It Is Becoming

The Original



The first limitation is, we forget the original and become only the substituted TRuth. That is the ring of Saturn, esoterically speaking.

We see the substitute, and we do not see the original. We thus become a substitute of ourselves, the original. To reverse it, we have to institute the original in the place of the substitute. To know Tiziana as a Swiss-Italian is to understand the substitute part of her. That is not the original. Her original state is that she is a soul. That she is born in the southern part of Switzerland is only a secondary part. When we remember the original part, we are in greater attunement. When we remember only the substitute we lose sight of the original.

What are we to do? We have to trick the trick, that is – substitute everyone with I AM. Anything that we see, we must institute the original in the place of the substitute; then we see well. When we are able to see in this way, we will also be able to see that we do not feel old, or young, or sick!

## Discipleship

### Spiritual Will

Spiritual will, the first of the three primary aspects of the soul, is active intelligent purpose, motivated by love and lovingly applied. Spiritual will, a reflection of the will of God, is the most powerful and triumphant force in the world, and a signal evidence of divinity in man. The whole story of a man's life is reflected in his will, purpose and planning. The propulsive driving motives which sets man's being functioning and carries him through the years are the will to live, to love, to serve, to sacrifice, to know, to be, to act, to create, to pursue, to progress, the will to good, the will to power, the will to establish correct relationship. The bringing of potentialities and purposes into manifestation is always done by the use of the directing, energizing will, working through and controlling the mind. It synthesizes, conditions, stabilizes, fulfils and overcomes; it produces orientation, focus, emphasize, the outer life, and above all else, meaning.

The ideal embodied by spiritual will is that of implacable determination, dedication and striving, of ability to endure, to hold out, to stand steady, to wait patiently and to preserve intention in all circumstances and difficulties, of taking the intended action (always of a creative nature and based on loving understanding) and the right time. Will, dynamically applied, emerges as power, a power by means of which things are done, plans worked out, love and intelligence expressed, discipline applied, character and habits established. Man in terms of selfish worldly purposes usually understands the will, but it is really to be interpreted in terms of spiritual purposes and of overcoming the lure of materialistic and fleshy desires. In the advanced man, the will manifests as the will to libera-

tion from the lower nature, the will to live as a soul and to respond to the recognized will of God.

The will is developed and shaped by desire and thought. When the will power is directed by selflessness and wisdom, it is a power for good; without these qualities it is a force for evil and exceedingly dangerous. The average man's will is seldom as yet the will to good, but something which leads to self-assertion, separation, selfishness, injury, hate, disease and death. The will should not be used to make a shattering impact on the personalities of others. Employ it on yourself and circumstance – to arrest evil, to force issues, to determine results, to overcome obstacles, and to carry on through the dark experiences of life.

*A disciple*



## The Teacher **14. ADI KARANAM**

### Original Cause

The cause originates from the pure state of Existence. The original state is Pure Existence. It is from there the cause emerges. In creation the cause emerges from the Origin for the welfare of the beings who remain unfulfilled. To enable them to fulfil, from the Origin emerges the cause for creation. In due course creation happens. The fulfilled ones also emerge from the Origin to help the unfulfilled. Their cause is like the cause of the Origin. The Divine does all for no personal reason, it is all impersonal. Likewise, the Teacher is also impersonal. He has no cause in him. He responds to the needs of the students who live in the causal world. He teaches because the students seek. He advises because the students ask. He leads those who wish to be led. He informs those who seek information. He does all at the instance of the seeking souls; by himself he prefers to BE and not to get into causal actions on his own volition. In this he resembles the Divine. His availability among people steers the seeking people around him to seek fulfilment in a variety of ways. At all times he remains original. He responds to others' needs, by himself he initiates not. Such is the state of the Teacher.

*Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart.*

## Kapila

### Nature Support 3



All the states of externalisation and experience are realised as I Am only. I Am and 'I have' disappear into one unitary state of being. This is the state of death of personality and the birth of Person in all levels. Action happens thereafter. Motives to action cease.

Since 'I have' disappears into I Am, the outlook for valuable things and the related longing also dissolve. The urge for greatness also dissolves. The miraculous happenings also do not interest him. The eight miracles are left on the wayside and the path of I Am is contemplated through and through. The firm footing on the path of I Am even surpasses the illusion of death and establishes in the eternity of existence. Even before one leaves the body, he experiences immortality. He remains as I Am even after leaving the body. Death thus ceases to him. Whenever he is reminded of death, he laughs at it. Death does not mark his end. He marks the end of death. He becomes Markandeya!



## Ashram Leaves

### The River Flows

Speaking of a river, one makes two seemingly opposite statements.

One is: The river is continuously flowing.

The other is: Here is the river.

We therefore understand that there are two facets or entities to the river. One is, that it flows continuously - dynamic. The other is the existence at a place - static. One is the analytical counterpart of the river. Each and every minutest part of the river water is ever changing in position of space and time. The other part is the integral synthetic part which is taken as the existence of the river. The former is the everchanging river, while the latter is the unchangeable river.

The former is the form which is relative and which has ever a beginning and ending. This flowing aspect is the river's nature. The latter is the spirit or the unmanifest eternal logos who is the owner of the nature. The latter is the brahman or the inner deity of the former.

The statement "Here is the river" relates to the river deity or the soul of the river, while the statement "The river is continuously flowing" refers to the physical form existing in space-time which is the gateway between the higher and the lower.

The space-time is a sacred bird, hamsa, with the absolute and the relative as its wings to traverse from itself to its own globe or egg.

Likewise the inner deity inhabits every physical word. Names denote the inner deity. They never qualify the manifest physical bodies. If we say

'Bro. Paul', to which exact part of the body does it refer? Every infinitesimal part of Paul's body changes in time and space, just as the flowing water of the river. Also whenever we say Paul's hand or Paul's mind, Paul's life", etc., we certainly do not mean the manifest physical precipitate but we do mean the personality. Hence when we use names to call, we call the inner being, the deity and it is this deity that responds when you call.

"Learn to see the deity responding behind the form each time you call."  
Call the nameless by any name and he responds "Here I Am."





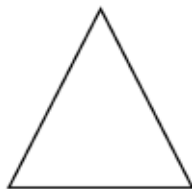
Lord Dattareya

## Equilateral Triangle

The equilateral triangle was the basis of wisdom in all ancient wisdom schools. Attaining the poise relating to the 3 qualities is the basic work for all advanced courses in wisdom. Devotional application of the fundamental tenets in daily life was therefore given by every exoteric teacher. All esoteric teachings are based upon the effortless adoption to the exoteric teachings communicated by all the exoteric doctrines of all communities, at all times.

The fundamental tenets of every religion, therefore constitute the preliminary basis. The focussed and one pointed attention towards self-attainment is the next step, where the 3 qualities are required to be worked out. If they are not worked out, the basis is not formed to gain the esoteric knowledge.

The equilateral triangle is therefore seen as the door into the esoteric wisdom. The point in the triangle is the aperture that leads one to the other side of himself. This is the wisdom of the triangle called Thrayee Vidya, The Holy Trinosophia is the Greek ' name to it. In ancient times there was enough exchange of social, cultural and spiritual activities between India and the Middle East. That great Initiate called Pythagoras is said to have learned the key of triangles from Thrayee Vidya and founded his schools in the Middle East in the name of "Holy Trinosophia". The Thrayee Vidya is the basic key to all wisdom and can unfold the secrets of every plane of wisdom as per the intent and intensity with which it is learned and applied.



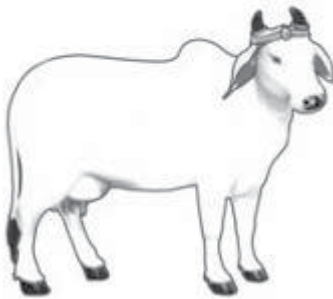


## Fire

### From Invisible to Visible

The Kundalini Fire is Frictional Fire, when it is below the diaphragm. When it is above the diaphragm, it is already Solar Fire, and when it reaches the brain, it is Electric Fire. The Electric Fire causes enlightenment of the brain cells. The process is from friction to solar and from solar to electric. Now there is the Raja Yoga Path, which is like the electric bulb. The electric bulb does not go through the process of friction, flaming etc. Electricity works from above downwards; from invisible to visible it happens. Electricity is not visible, but it can illuminate. Electricity is not visible but we can experience it as electrical light, electrical fan, etc. It is a process from invisible to visible.

Thus, there is a process of moving from visible to invisible and there is also a process moving from invisible to visible, both relate to Fire. In anyway Fire seems to be the means to accomplish the Soul, which includes in it the Electric Fire as well as the Frictional Fire. Remember, Soul is a product of Spirit and Matter and is the resplendent Light. Neither the Electric Fire nor the Frictional Fire are visible. Solar Fire is the only visible Fire. Its chief characteristic is illumination. In us also, the Spirit and Matter exist. The process of linking them up results in our illumination as Soul. This process is the Path of Yoga. Thus the Agni is also the means to know the details of all the 7 planes of Existence, through the link up of the three Fires



Cow

Cow ghee is equivalent to Amruta, the drink of immortality.

## Sanat Kumara



### The Ancient One

Sanaka, Sanandana, Sanat Kumara and Sanat Sujata are the mind-born sons of the Creator, the Chaturmukha Brahma. These are the grand beings, whom we know as the Kumaras. Through the Hierarchy of Teachers they function on this planet, and impart the Yoga Vidya for the evolution of the beings on this planet.

The Lord of this planet is Sanat Kumara. HE stays in that mystic village, which exists in the etheric plane near Gobi Desert, which is mentioned in the Puranas as Shambala. The Desert Gobi is in Mongolia. The village Shambala is an Ashram, not visible to the mortal eye, it is said to be subterranean. Shambala is visible to those who have gained the vision, the etheric vision. Sanat Kumara exists on the planet as its ruler, as its Lord. Lord Maitreya, the Teacher functions under HIS guidance, and the whole work is to ensure that the beings move forward in evolution.

The planetary Logos of our Earth scheme took incarnation in the form of Sanat Kumara. The Ancient One came down to this planet and remained with us ever since. HE is a direct reflection of that Great Entity who lives and breathes and functions through all the evolutions on this planet, holding all within HIS aura or magnetic sphere of influence. In HIM we live and move and have our being, and none of us can pass beyond the radius of HIS aura.



## Violet Flame Invocations

Feed us the fires, seven times.  
Lead us to Synthesis.

We learn, You form a triangle  
with Master Jupiter and Master M  
to lead us unto Synthesis.

We hear that You form a triangle  
with Master KH and Master of mental clarity.

We are told, You build a triangle  
with Master DK and Master Jesus.

Compassionate that You are  
You build triple triangle and  
transport us beyond the three worlds  
to settle us in Synthesis.

Feed us Fire Master, feed us,  
we are hungry for Fire.

Satiate us!  
Satiate us!  
Master, satiate us!

## From the Teacher's Pen

### Questions and Answers

#### Ray Types 5



*Question:* Master, please explain how the individualized souls express their ray types and how to rectify and regulate them.  
(continuation from the previous issue)

*Answer:* Ray 5 personality relates to the mind and its ignorance; over critical attitude is its problem; mental suffocation is its sickness; excessive analysis is its habit; acquisition of material is its activity; disinclination to divinity is its nature; orientation to form more than the substance is its tendency.

The positive dimensions of Ray 5 which require to be worked out are: Striving for knowledge; understanding the importance and potentiality of the Soul; cognizing the benefit of relating to Divinity; abstaining from criticism; aspiring for group activity; distribution of material acquisitions; attempting to synthesize; an in-depth study of theology which speaks more of substance than of form.



Agni

An Introduction into the  
Work of Cosmic Fire, 58

## 4. The Solar Fire

### **The Laws of Solar Fire: Realising the Divine ... ... as Chemical Integrity**

That is why Lord Krishna says: "Whenever there is an imbalance of matter and spirit, I keep coming down, not to totally destroy matter, but only to settle an equilibrium and again disappear." The presence of the 2nd Logos helps harmonizing everything. And hence, His importance in all planes of existence! Verily, the existence of any plane is possible because of His presence, for instance, the existence of the mineral kingdom. So, the law of chemical unity makes the mineral to stay and grow harmoniously. It is called 'chemical integrity'. It is the integrity of the chemical. It carries an integrity, which we also try to learn in our life. Is not integrity a great virtue? What is it that is said to be integral? If we can continuously trust without change in vibration, than we call a person, he is a man of integrity. And he functions as integrity in all chemicals. And there is no variance in his integrity, meaning there is no change of vibration, when he functions in the chemical.

Any number of sentences like this I utter, it cannot be understood well, but a good example explains everything well: What is it, that makes salt saltish? What is it that makes sugar sweetish? All these thousands and thousands or even millions and millions of years – salt remains to be saltish. That is the integrity of the Lord in the mineral. Can we be the same for one week – all the time? On Monday, we have one kind of vibration, on Tuesday another kind of vibration, on Thursday another kind of vibration, when the group living is over, a different kind of vibration, we keep changing. And even during the day, there is an-hour-to-hour change. The colours change so much, and the face is the TV-screen that keeps reflec-

ting all. That means, we don't have so much integrity as the chemical has it. From millions of years, it has been showing the same quality. That is what a yogi does. He always remains integral meaning he is not disintegrated. An average human being is a disintegrated being, meaning, he lives in bits and pieces. He is like a broken glass of water. It is not so useful. Not a single piece can give us water. But together it is so useful to saturate thirst.

So, that is the definition of integrity. If we say 'a man is integral', that means, we know the patterns of his functioning. And at all times and in all situations, he has the same pattern. Please remember a pattern that spreads harmony. We may also carry a pattern which is very constant, but also a pattern that confuses, a pattern that disturbs. That is not the pattern, he keeps. So, he functions in the chemical as integrity of the chemical. That is why we take for granted the salt and then mix it even before tasting it. And also the chilly. He has no objection to be the heat in chilly, meaning I am coming to plant kingdom. From mineral to plant, from salt to chilly – so he functions in the plant kingdom with the same integrity. That is why we know, what is a aubergine by its taste. It carries the same sensation at all times, isn't it?, unless we have spoiled it with our chemicals. So, the sensation in the plant is the existence of the solar fire.

*This text is not proofread by the author and might have some mistakes.*



Master *EK*

*Vishnu Purâna*  
CHAPTER XIX

## The Lord saves Pahlada 1

Parasara said: "Pahlada meditated God as not different from the universe and himself. Hence he became one with the Lord and understood himself as the Lord. At that stage he remembered only himself to the exclusion of any other thing. He knew that "I am indestructible, the eternal Oversoul of the whole creation." The Lord of pervasion lived in him as wisdom. As he got this type of communion, union and oneness with the Lord, all snake ties were broken. All fish and whales in the ocean began to swim and roll. There was a big commotion in the ocean as a whole. It moved the whole earth with all mountains, forests and trees. The commotion lifted all mountains from upon him. They were removed. He floated above the surface of the ocean and caught the sight of observers. He again prayed the Lord, in this state of oneness with the Lord, with all his thought, word and deed.

Pahlada said: "I bow down to the significance of the accomplishment of all subtle and gross, perishable and imperishable, manifest and unmanifest significances; I bow down to his totality that surpasses and pervades the parts. You are the Lord of all and you are the sight without objectivity. You were covered and concealed by your qualities and attributes. Yet you are the prop, content and import of all attributes. Yet you have no qualities and attributes. It is a wonder that you always live as qualities and attributes. You are formed while you have no form. Hence you are the largest and minutest of all the parts. You are distinct as your forms on the background of your indistinct existence. Fearful and at the same time graceful is your form. You are our wisdom and our ignorance. You

are the form of existence and the being in non-existence. You conceive our existence and non-existence. You are the eternal and the fleeting moment that fills the eternal. You are the constitution of the five states of existence. Yet the five states do not exist to you and you are pure. You are the one with the many parts in you. I bow down to the Supreme Purusha who shines as the subtle, the gross, and the manifested beings of creation. I bow down to the one who is not at all this creation and from whom this creation comes. I bow down to him in whom all this exists and in whom all this merges."



## The Science of Man

Dr K. Parvathi Kumar  
First Young Group Life Teaching, Part 47  
August 2001, Visakh

### Creative Working

You can't ask Einstein if he has taken bath early in the morning. He is in such creativity that the lower falls in order with the higher, that the lower will not condition him. That is why, that in the lives of all genius, you don't find the physical, emotional purity regulations. It is not that they voluntarily break them. They are working for a higher purpose, the lower does not affect them. Likewise, when there are certain nobler duties, with which you are engaged, the lower will not condition you.

Jesus was drinking wine in a tavern. The religious leaders came and asked him, "How can you drink wine in such places and with such persons around you? It is all very impure, don't you have respect for purity?" Jesus said, "I am in such a state of awareness that impurities cannot touch me. Even if I take impure food, it does not affect me."

There was another Seer who drank mercury. Normally, if you drink mercury, you have to die. But he did not. He was so powerful on account of his awareness that the chemistry in them can dissolve even mercury. All the laws that we frame from the ordinary, many times we don't find them with the highly accomplished ones.

But that cannot be an example to us unless we have entered into the area of creativity. Creativity, when you reach that state, you are out of the normal regulations which liberate you from conditioning. Freedom is always for those who follow the law.

This is what Moses told the people who were indulging in eating, dancing, drinking and mating. He said, "This is not freedom! You came out of the slavery of Egypt, and you have fallen into another slavery." This is the slavery of senses. The enemy inside is more dangerous than the enemy outside. He therefore said, "Those who follow the law have the freedom, and those who don't follow the law will perish by the same law."

They worked out their own nemesis.

For creative people, it does not matter if they don't eat for two to three days. They are so preoccupied with something relating to creativity. They don't sleep, and they don't eat. It shows that they are no more conditioned by the body. Some people demonstrate such mastery that their body does not condition them. In so far as you feel the difference, the discomfort when you don't eat, when you don't sleep, you are in a state where the body conditions you. As long as the body conditions you, so long you have to follow the regulations. When you are no more conditioned by the body, then you do not have to follow these regulations.

There was one initiate who lived up to 1950 by name Ramana Maharshi. People also call him Bhagavan Ramana Maharshi. The devotees always wanted that their Teacher is God. They added 'Bhagavan' which means God in Sanskrit. He had a cancer on his shoulder, a gangrenous growth. Normally, it is very painful. To him, it was not. The cancer grew to the size of a mango, and to the people who looked at him, it was very painful but not to Ramana. They used to ask, "Please, why don't you do something against it?" He said, "Let it remain. Why are you worried, I am not worried. One day or other I have to depart, this is the agent that gives me the relief ultimately. It is the message of God to me that I don't have to stay in this body for a long time." Slowly the cancer started giving out pus. The doctor said that it needs daily cleaning. Actually, cleaning would be very painful, but he just gave his shoulder to the doctor and kept speaking to people as if it is done to some other person but not to him. It was a clear demonstration that his body cannot dictate anything to him. Ultimately, the doctors said, "Master, we have to remove it, otherwise you will die." He said, "Okay, do it." They wanted to give anesthesia. He said, "No need. I want to see how you do it." He got the whole thing operated even without local anesthesia. Can you imagine? He told the doctors, "Now you have removed this gangrene, because, as you said, it had to be removed. But the message to me is that I have to get away from this body. Your medico feel that you have cured my gangrene. But be sure I won't be in this body any further. Within one year I depart from this body." He departed like that.

*This text is not proofread by the author and might have some mistakes.*



Paracelsus

Health & Healing

Keeping The Patient Joyful

A Master of Wisdom frequently suggests to the physicians: "Be unusual." He also frequently says: "Act out of routine." Physicians are generally busy due to increasing sicknesses and increasing number of patients. They have a heavy routine. Therefore, they need to be routine-minded ones. In a routine fashion, they look at the patient, they listen, they diagnose and they prescribe medicines. The patients too are routine-minded. They come to the clinic, meet the physician, express their sickness, collect the prescription, go to the pharmacy, collect the medicine and consume it. In this routine way of life, there is neither cheer nor humor or even a drop of joy.

How would it be if a physician is joyful amidst his heavy routine? A joyful physician stimulates joy in the sick when he speaks to them through an unusual joyful way. The unusualness of joy creates a strengthening condition in the physician and the patient as well. The glands of a patient raised to joy, unconsciously secrete and develop a substance that strengthens the nerves. The vitality multiplies itself when a depressive patient is pulled back into a smile.

"Laughter is the best medicine", says a Chinese healer. In Zen Buddhism, laughter is has even high placement. Sessions are dedicated for smiling and laughing. If a physician can make his patient smile, he already supplies a subtle tonic by which the patient cures himself. The medicines too work exceedingly well. The quick alchemy that happens in the patient cannot be so easily gazed unless one is a subtle worker and a refined healer.

Let not the physicians be mechanical workers. They have much higher possibilities than being mechanical. A smile at the patient, a caring touch on the shoulder, an encouraging word, does not take much time, nor does it cost any. May the physician be proficient in humor to elevate himself from just being a physician to that of a healer.

A Yogi heals even without medicines by virtue of his adaptability to unusualness. By his unusual expressions and actions, he raises the psyche of the sick substantially, by which the patient cures himself even without medicine. Intelligent psychical work requires being associated with the regular medicinal practice. The ancients believed more in the former than in the later. In these modern times, where excessive emphasis is on medicine, a marginal shift towards no medicinal practices would be highly helpful.

Relay of comics and comedy through the television network at the patients' lounge other in the 'impatient' rooms, would help better than the deadly silence that prevails in the name of serenity. Silence is not always recommended which is especially in such places of healing. The sick are generally depressed. Their psyche is abnormal. Their psyche can be instantly pumped up through hilarious comedy relayed, such as that of Charly Chaplin, Laurel and Hardy, Mickey Mouse, and the like. Keeping the patient joyful enables fertile ground for healing to happen through treatments. More than music, many times, laughter is recommended in the East.

Dr. K. Parvathi Kumar

Extract from: **Paracelsus – Health and Healing**

**Web-address :** [www.paracelsus-center.ch](http://www.paracelsus-center.ch)

## Children's Section

### On Service

LIFE NEEDS ALL POSSIBLE HELPERS  
AND THEREFORE PRESERVES THE TRUE SERVERS.

### Aspiration vs. Ambition

Dear Children,

Distinguish between aspiration and ambition. Aspiration is noble; ambition is selfish. Ambition is to fulfil oneself; aspiration is to fulfil the social needs. Ambition is prone for fall and ignominy; aspiration insulates from self-fall and Ignominy. Ambition endures unethical and unsocial acts for its fulfilment; aspiration cares more for the means than for the end.

The aspiring one is peaceful and carries natural smile on his countenance. The ambitious one is agitating and is artificial in his smile and his gestures.

It is worthy to pursue an Aspiration. May not ambition creep in and manipulate you.

K. Parvathi Kumar

### Stories For Young People

## Without Any Fault

The French king Louis XV (1710-1774) was well known for his extravagance. His expenses made his subjects suffer and the state approaching bankrupt. Madame de Pompadour, his official lover, gave him the hint to consult Comte Saint Germain, who seemed to possess some unusual powers.

Louis tested the capability of Comte St. Germain, presenting him a diamond full of faults. He asked for the possibility in general to remove the faults and to increase its value. The Comte examined the stone. He offered to make it pure within three weeks.

To the appointed date Saint Germain handed the diamond to the king: equal in weight and appearance to the faulty one, but completely cleaned of his faults. The king ordered a jeweler, who examined the diamond. He wanted to buy the stone and offered a large sum, the double of the sum he once offered for the faulty diamond.

The troubles of Louis were gone. He claimed the power of Saint Germain for himself. He gave him the palace "Chambord" for his disposal – containing 400 rooms- to make surveys. The king himself assisted St. Germain in producing new pigments.

The king did not understand: the faultless diamond was St. Germain himself, who visited him for the only purpose to save people in France and in Europe from the future events known as French Revolution.

*Compiled by BK*

WINDOW TO WORLD SERVICE  
NEWS & ACTIVITIES  
(Inputs welcome)

**GERMANY**

**Name of the group :** WTT - Dem Frieden Dienen e.V., Gopura

**Contact:** Christina and Ernst Ambach

**Address:** Leverner Str. 27, D-32361 Pr. Oldendorf

**Phone:** ++49 +5742-3894

**Email :** dem.frieden.dienen@googlemail.com

**Website :** [www.jugendforum-mithila.de/](http://www.jugendforum-mithila.de/)

**Activities:**

“Service flows progressively nourishing life, all around.” - Dr. Ekkirala Krishnamacharya

We would like to begin our annual report with the visit of Master K. Parvathi Kumar and Srmt. Kumari Garu in the Gopura Center from 24th until 25th of June 2015. Their visit fills us with joy and gratitude. Both are a living testimony for selfless world service.

Master K.P. Kumar has answered two questions of importance for us. First He answered the question on food and the prayer before meal. “As you eat, don’t eat for yourself. He who eats for himself is a pilferer. That is a Vedic statement. “He who eats for himself is a pilferer.” Pilferers cannot assimilate much. If you offer the food to the Fire God and the four categories of intelligences, when they are all satisfied you are automatically satisfied. When the Devas in you are pleased you are pleased.”

The second question was regarding our concern about the exploitation of cows and their suffering. His answer was: “Firstly, I very much admire your concern for the animals. Very few think of it. The only thing we can do is intense group prayers, “Let the cow be protected.” – “Let auspicious things come to the cow and let inauspicious things get away from the cow.” – “In a society where a saint and a cow are well protected that society flourishes. Where cow is manipulated, and a saint is manipula-

ted, that society suffers a lot.”

### **Nature and Environment**

We have taken all these suggestions very seriously. And we experience that our commitment is more and more noticed by society. A very dear person to us, an organic (Demeter) farmer from the Jura Mountains in Switzerland took care of making this knowledge public. As a result politicians and farmers have changed their thinking fundamentally. We have built up a very powerful cooperation with him.

We took up another project namely the installing of insect hotels. Last summer the weather was rainy and cool. We observed the birds; especially the swallows could not find insects to feed their offspring. As well the bees which are urgently needed for pollination of our plants fell sick due to monocultural farming and overfertilisation. One group member read experiential reports about this issue and built an insect hotel according to his own notion. Now the insect hotel has become very popular and it seems that the first ladybirds besides wild bees have already booked their stay. This gem is placed under a fir tree and a birch tree entwined by small fragrant roses and jasmine.

As every year, about a hundred tulsiplants were grown for group members as well as for the SAI Institute at the University of Heidelberg. Our home-grown vegetables, homemade jams and juices made from herbs and flowers, were given to sick people or to people in need, who could not effort to buy something fresh.

### **Education**

The Mithila-Schools in Visakhapatnam, India and the healthcare-stations at different locations in and around Visakhapatnam are continuously supported by the World Teacher Trust in Visakhapatnam on a yearly basis. The donations are utilized statutory.

Discussing our activities in working-groups we develop ways for approaching work with a sound ability of discrimination. Thus we clearly understood that if we strive for social equilibrium, we are able to solve national as well as international challenges.

This way the government and as well people begin to understand, that peace is only possible, if the youth will be supported by ethics, know-

ledge and also by a specific practical professional training. A country is as strong, wealthy and healthy as its children are educated. A second important consideration is to respect and support women and protect those, who have offered their life for the benefit of mankind through hard work. Therefore the key statement of our educational project is, "Fulfill your duties in all areas of life, then you will truly experience freedom." Thus as a group we are experimenting with a private education-project. Refugee children and parents, who were emigrating from other EU countries, are taught together with German children.

The teachers noticed themselves as advisers because the needed space for understanding was offered to those who are learning. For this they have prepared a text about daily life, nature or technical issues. Those who are already able to speak German would explain the content. Depending on the theme everything is demonstrated by experience. For instance being in the garden and naming the trees, bushes, flowers, ornamental plants and crop plants. Furthermore the purpose of each plant is explained and if they are also growing in other countries.

Likewise we teach about issues around cooking or kitchen equipment by preparing different dishes together. This is truly an experience of synthesis, awareness, patience and an awakening of new enthusiasm for life. Some time ago somebody told me that a teacher from Berlin asked a boy in the suburban railway, if there are many refugee children in his class. His answer was, "No, in our class there are only children". This is a wise answer of a child.

## Health

We regularly conduct internal discussion groups about health issues in our association.

On the occasion of the passing away of one group member, we had the opportunity to give away all her books and scriptures about healthy and vegetarian food, alternative medicine and spirituality. They were given to libraries in wellness clinics, to institutions for curative education, to healing centers for doctors and therapeutic practices of all kind. Thus books from Master E.K., Master K.P. Kumar and more than a hundred Paracelsus Magazines were made available to a large sphere of influence.

Visits were offered to centers for elder people and to old people's homes.

For their different kind of festivities we donated flowers and material for decoration.

We would like to conclude our report in gratitude to Master K.P. Kumar for His guidance and support for realization in practical life. We would also like to thank all those, who have supported us. And we will finish with a direction and guidance of Master K.P. Kumar.

“Action is Nature’s work through you to fulfill others. As long as your work helps the surroundings, it has a place in Nature’s plan. Therefore, be in action for others’ welfare. Therefore, be in action to fulfill the surroundings. Eventually, you would also be fulfilled.” - Dr. K. Parvathi Kumar

## Picture of the Month of Libra :

### Libra – Passing through the Sun Centre



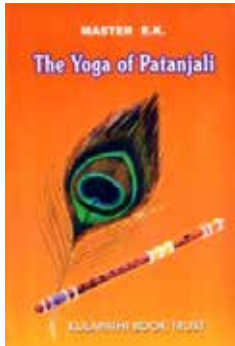
To all the living beings of various planets, the Sun is the gateway to communicate with the intelligences of the cosmic plane. A yogi has to pass through the sun-centre to unfold into the higher levels. Our earth has got a sun-centre on it and this is Shamballa. A yogi has to contact Shamballa through the aid of the Hierar-chy. This contact comes from the head-centre of man. For this reason, the head-centre is called the point of the highest illumination of his sun.

Every living being has got a sun-centre in him, which is his own consciousness as “I am”. This is the centre of his circle (horizon or point of view). This centre has its counterpart in the sun-centre of our solar system. The individual and the universal sun-centres are supplementary in nature.

*Dr. E. Krishnamacharya: Spiritual Astrology*

## Book Review

### The Yoga of Patanjali



Yoga is the science par excellence of Man. It is the oldest of the real sciences that remain with mankind today. Patanjali's aphorisms are given in the form of instructions. Each aphorism is given first in Sanskrit, with word-meaning, followed by a commentary and explanation in English. With this study, Master E.K. has made a valuable contribution to the growing awareness and spiritual fusion between East and West which was his chosen mission.

Master E.K. has an Aquarian approach to explain the practical steps relating to Yoga practice for the benefit of the true seekers of truth.

*Ekkirala Krishnamacharya : The Yoga of Patanjali*

Info: Kulapathi Book Trust [kulapathibooktrust@gmail.com](mailto:kulapathibooktrust@gmail.com)

### The Teachings of Master Koot Hoomi, Vol. 2



A good teacher deploys people into work and those who are consistent in the work are given teachings. Giving teachings to those who do not apply the wisdom in their daily work causes constipation and congestion in the minds of the students. For this reason, in Yoga, rhythmic action stands prior to imparting of knowledge. The inclination to receive the teachings and thereby the presence of the Teacher, has to be cultivated by

the student. A cultured student receives well from the Teacher.

The book "The Teachings of Master Koot Hoomi" Vol. 2 contains instructions of Master Koot Hoomi, which have been propounded by Dr. K. Parvathi Kumar in the Vaisakh News Letters.

*K. Parvathi Kumar: The Teachings of Master Koot Hoomi, Vol. 2*

PDF: [http://worldteachertrust.org/\\_media/pdf/en/teachings\\_of\\_master\\_koot\\_hoomi\\_2.pdf](http://worldteachertrust.org/_media/pdf/en/teachings_of_master_koot_hoomi_2.pdf)

## Astrological Important Days in September/October 2016

|        |       |                                                                                                                                                                                                                                                                      |                         |
|--------|-------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|
| 22.09. | 16:21 | ☉ → ♎ / <b>Sun enters Libra</b>                                                                                                                                                                                                                                      |                         |
| ♏      |       | <b>Autumn Equinox:</b> <i>Contemplation upon the female Hierarchy</i>                                                                                                                                                                                                |                         |
| 23.09. | 00:49 | ☾ 8 <sup>th</sup> phase of descending moon starts                                                                                                                                                                                                                    | ☉ 00°21' ♎ / ♏ 24°21' ♏ |
| ♀      |       | (End 23.09. at 23:11)                                                                                                                                                                                                                                                |                         |
| 25.09. | 21:33 | 11 <sup>th</sup> phase of descending moon starts                                                                                                                                                                                                                     | ☉ 03°09' ♎ / ♏ 03°09' ♏ |
| ☉      |       | <i>Contemplation upon Śiva, the cosmic 1<sup>st</sup> Logos</i> (End 26.09. at 21:33)                                                                                                                                                                                |                         |
| 30.09. | 00:26 | Phase of new moon starts                                                                                                                                                                                                                                             | ☉ 07°12' ♎ / ♏ 25°12' ♏ |
| ♀      |       | <b>New moon point of Libra:</b> Festival of Lights, to dispel the darkness of the darkest new moon; <i>contemplation upon 'The Pledge'</i>                                                                                                                           |                         |
| 01.10. | 02:11 | ● New moon of Libra                                                                                                                                                                                                                                                  | ☉ 08°15' ♎ / ♏ 08°15' ♎ |
| ♏      |       | ☉ in ♎ – 1 <sup>st</sup> to 9 <sup>th</sup> ascending moon phases:<br><i>Worship the descent of the Lunar Ray through the symbolism of Durgā, the Mother impermeable, and to culminate the worship on the 10<sup>th</sup> ascending moon phase (Durgā-Festival).</i> |                         |
| 08.10. | 17:54 | ☾ 8 <sup>th</sup> phase of ascending moon starts                                                                                                                                                                                                                     | ☉ 15°48' ♎ / ♏ 09°48' ♏ |
| ♏      |       | (End 09.10. at 19:01)                                                                                                                                                                                                                                                |                         |
| 09.10. |       | Birthday of Nicholas Roerich (born 1874)                                                                                                                                                                                                                             |                         |
| 11.10. | 16:30 | 23 <sup>rd</sup> constellation <i>Dhanishta</i> starts                                                                                                                                                                                                               | ♏ 17°25' ♏              |
| ♏      | 18:58 | 11 <sup>th</sup> phase of ascending moon starts                                                                                                                                                                                                                      | ☉ 18°48' ♎ / ♏ 18°48' ♏ |
|        |       | <i>Departure of Shirdi Sai Baba from the physical</i> (End 12.10. at 17:44)                                                                                                                                                                                          |                         |
|        | 21:00 | <b>Dhanishta-Meditation</b> ( <i>Dhanishta</i> -constellation ends 12.10. at 16:02)                                                                                                                                                                                  |                         |
| 15.10. | 09:56 | Phase of full moon starts                                                                                                                                                                                                                                            | ☉ 22°24' ♎ / ♏ 10°24' ♏ |
| ♏      |       | <i>Contemplation upon the Mother sitting on the lion</i>                                                                                                                                                                                                             |                         |
| 16.10. | 06:23 | ☉ <b>Full moon of Libra</b>                                                                                                                                                                                                                                          | ☉ 23°14' ♎ / ♏ 23°14' ♏ |
| 22.10. | 09:40 | ☾ 8 <sup>th</sup> phase of descending moon starts                                                                                                                                                                                                                    | ☉ 29°20' ♎ / ♏ 23°20' ♏ |
| ♏      |       | (End 23.10. at 08:58)                                                                                                                                                                                                                                                |                         |
| 23.10. | 01:45 | ☉ → ♏ / <b>Sun enters Scorpio</b>                                                                                                                                                                                                                                    |                         |
| ☉      |       | ☉ in ♏ – every evening at the twilight hours:<br><i>Light a lamp at the door-front and worship the serpent-power Kunda-linī, that encircles around the stem of the Base Centre.</i>                                                                                  |                         |
|        |       | ☉ in ♏ – every Monday (24.10., 31.10., 07.11., 14.11., 21.11.):<br><i>Contemplation upon Śiva, the cosmic 1<sup>st</sup> Logos</i>                                                                                                                                   |                         |
| 25.10. | 09:43 | 11 <sup>th</sup> phase of descending moon starts                                                                                                                                                                                                                     | ☉ 02°19' ♏ / ♏ 02°19' ♏ |
| ♏      |       | <i>Contemplation upon OM NAMA ŚIVĀYA</i> (End 26.10. at 11:00)                                                                                                                                                                                                       |                         |
| 29.10. | 17:10 | Phase of new moon starts                                                                                                                                                                                                                                             | ☉ 06°38' ♏ / ♏ 24°38' ♏ |
| ♏      |       | <b>New moon point of Scorpio:</b> <i>Contemplation upon 'The Pledge'</i>                                                                                                                                                                                             |                         |
| 30.10. |       | End of summertime (CEST 03:00 h → CET 02:00 h)                                                                                                                                                                                                                       |                         |

All times in CEST (Central European Summer Time)/UTC+2 (Universal Time Coordinated plus 2 hours);

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## Great Invocation



Let us form  
the circle of good will.  
OMNIA VINCIT AMOS.  
From the South  
through love,  
which is pure,  
from the West  
through wisdom,  
which is true,  
from the East  
through will,  
which is noble,  
from the North  
through silence,  
which is golden.  
May the light make  
beautiful our lives.  
Oh! Hierophant of our rite,  
let his love shine.  
OMNIA VINCIT AMOS.  
Let us form the Circle of the  
World Servers.

We bow down  
in homage and adoration to  
the glorious  
and mighty hierarchy,  
the inner government  
of the world,  
and to its exquisite jewel,  
the star of the sea  
– the World Mother.

From the point of light  
within the mind of God,  
let light stream forth  
into the minds of men.  
Let light descend on earth.

From the point of love  
within the heart of God,  
let love stream forth  
into the hearts of men.  
May the Lord return  
to earth.

From the centre  
where the will of God  
is known,  
let purpose guide  
the little wills of men,  
the purpose  
which the Masters  
know and serve.

From the centre  
which we call  
the race of men,  
let the plan of love and  
light work out,  
and may it seal the door  
where evil dwells.

From the Avatâr  
of Synthesis  
who is around,  
let his energy pour down  
in all kingdoms.  
May he lift up the earth  
to the kings of beauty.

The sons of men are one,  
and I am one with them.  
I seek to love, not hate.  
I seek to serve,  
and not exact due service.  
I seek to heal, not hurt.

Let pain bring  
due reward of light  
and love.  
Let the soul control  
the outer form and life  
and all events,  
and bring to light  
the love that underlies  
the happenings of the time.

Let vision come and insight.  
Let the future stand revealed.  
Let inner union demonstrate  
and outer cleavages be gone.

Let love prevail.  
Let all men love.

Master DK



OH LORD AGNI!  
WE PRAY THAT WE MAY BE LEAD  
THROUGH THE PATHS OF RIGHTEOUSNESS (OF LIGHT),  
FOR YOU KNOW THE LIGHTED PATHS OF THE UNIVERSE.  
LEAD US, GUIDE US AND ENSURE THAT  
ALL OUR KARMA IS BURNT ON THE WAY  
AND THAT WE TEND TO BE THE LIGHTED BEINGS  
IN THE ETERNAL KINGDOM OF LIGHT  
TO SERVE IN JOY!

ISA VASYA