

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Libra 2014 Thula

Letter No. 6 / Cycle 28 - 23rd September until 23rd October 2014

The World Teacher Trust - Global



Invocation

May the light in me be the light before me.

May I learn to see it in all.

May the sound I utter reveal the light in me.

May I listen to it while others speak.

May the silence in and around me present itself,
the silence which we break every moment.

May it fill the darkness of noise we do,
and convert it into the light of our background.

Let virtue be the strength of my intelligence.

Let realisation be my attainment.

Let my purpose shape into the purpose of our earth.

Let my plan be an epitome of the divine plan.

May we speak the silence without breaking it.

May we live in the awareness of the background.

May we transact light in terms of joy.

May we be worthy to find place in the eternal kingdom OM.

Master EK



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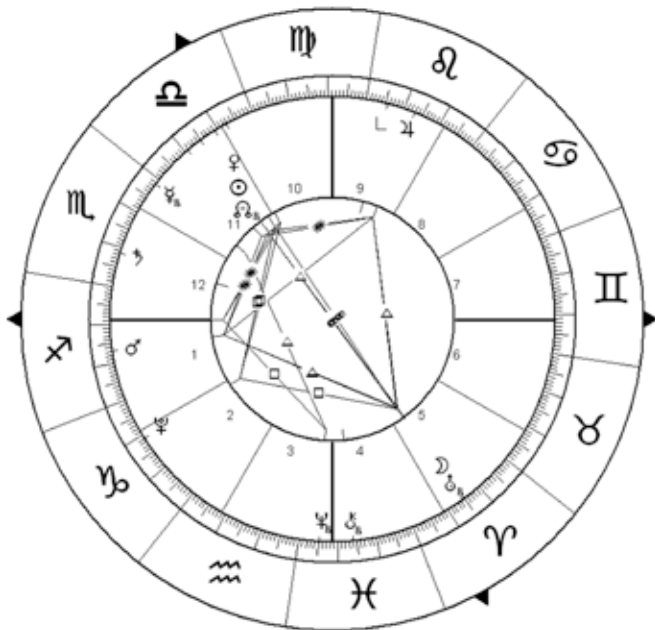
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Prayer of the year 2014 / 2015

**VIRAT SHINES THROUGH TEN DIGITS. VIRAT HAS TEN FINGERS.
MAN HAS TEN FINGERS. MAN IS FRAME OF VIRAT.**



Full Moon of Libra, 8th of October, 12:50 am GMT+2



Message of the Month of Libra

The seventh month of the Zodiac, Libra straight away gives the message of balanced living. Balance in thought, in speech and in action shall have to be attained by a student. Justice prevails only in balance. Justice upholds the law. The perfect balance between matter and spirit is found in consciousness. Consciousness is equidistant to spirit and matter. When one is pure in consciousness, he sees the play of spirit and matter. He handles dispassionately the activity of matter. As much as he handles matter dispassionately so much he prevails over mind. Mind in matter tends to be passionate. Mind over matter tends to be dispassionate.

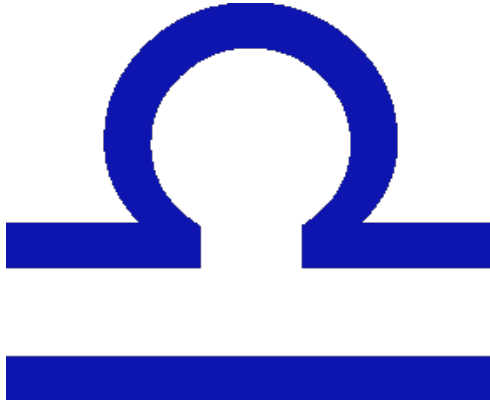
Astrologically speaking, Moon in association with Venus enables experiencing the beauty of matter. For this reason Libra Venus is considered much more auspicious than Libra Moon. Libra Moon requires to be trained through the law of Saturn to enable its transcendence as Venus. Saturn is the transformer to law in Libra. While Jupiter lays down the law, Saturn necessitates it. Meticulous functioning with the principle of Saturn enables man to transform from mundane consciousness to pure consciousness.

The glyph of Libra gives the above message. The lower horizontal line is indicative of matter, the higher horizontal line with a hump in the middle indicates the Venusian consciousness. When one gains this consciousness, one is not any more anomalous of the beauty in form. He transcends into the beauty of colour and of light. This itself has to be worked out by a student of wisdom. From gross forms to subtle forms of light is worked out. Man's hunt for material terminates. He tends to dwell in the kingdom of beauty without form. This is what is called lift up of the earth to the Kingdoms of Beauty.

In the new age, this work is ably carried out by Uranus that builds a grand trine with Venus and Saturn. For this reason the new age astrology speaks of Saturn, Venus and Uranus as the hierarchy of planetary lords in the month of Libra.

As one shifts the emphasis to the colours in form and their play in one's consciousness, matter gets dropped and the colours will be contours

along with their related light and enable lighted consciousness. When man's consciousness is unburdened of matter, he experiences life beyond material form. The beauty and the mystery of Libra are unfathomable. May the orientation of the students be more towards the colour that exists beyond the form, the colour that constitute the form! The rays of Uranus showering from the opposite sign Aries may facilitate the work.



Message of the Teacher



Abode

Man is associated with the world through the mind, senses and the body. Without this vehicle man cannot relate to the world. Relating to the world through the means of the vehicle, man develops roots into the vehicle and becomes inseparable with the vehicle. Vehicle is needed only to relate to the world. When one does not need to relate to the world, one should be able to dismount the vehicle. To carry the vehicle with oneself even when not using, is a paradox. By carrying a bicycle on the head, a horse on the head and so on man is required to be taught the science relating to his constitution. He is the effulgent soul representing Atma-Buddhi. Buddhi is the effulgent, while Atma is the soul. The effulgent soul resides in a vehicle, which is 'mind, senses and body'. The residence of the soul is called 'manas'. The soul with its light stays in the house of mind. It enables the soul to relate to matter. When the soul intends to relate to itself, it should come out of the residence of the mind. Meditations are futile, until one recollects to himself that he is soul surrounded by effulgence of Buddhi. Constant recollection of oneself as pulsating light is a technique of meditation.

Every student of meditation should recollect, "I AM the light. I have a mind." One should not degrade himself to be his mind. If one gets into mind, one remains just a mind, just a head. This is degradation of man. The wise one enters into mind to relate to the world and exits of the mind when there is no need to relate to the world. May not the mind be the eternal abode. May Buddhi, the light of soul be the abode.



Gita-Upanishad

- Lord Sri Krishna -

Substituted Truth

**yato yato niscalati manas cañcalam asthiram
tatas tato niyamyaitad atmany eva vasarh nayet**

The unstable mind leads the student away into objectivity and attends to its familiars. Visualize the familiar as substitutes of the self. (6/25)

Commentary:

A student of meditation tends to turn inward and visualize the light within (the light of the soul). But by virtue of habit, mind moves out and attends upon familiar persons, places, things, events and situations. The student need not be disappointed by such digression, diversion and drifts of the mind. Whatever the mind shows, may the student see that object as an aspect of the light of the soul. Every object is but a substituted truth. It is truth only veiled in quality, colour and form, and when one recollects the truth of the object, the object disappears. The truth of its light remains.

Meditation thus becomes an engaging game of relating to the truth, even while such truth is presented in veils. All is soul enveloped by quality, colour and form. Mind is habituated to see the form, the colour and quality. The student should fix up the new habit of seeing the truth behind the triple, which is called the habit of seeing-through. This can be practiced not only during hours of meditations, when mind drifts into objectivity, but also during the duration of activity as one moves around in the world. Seeing the soul veiled by quality, colour and form is the new habit that a student of meditation is recommended to inculcate. If once this habit is fairly gained, the student breaks the riddle of the mind.

Message of Lord Maitreya



Use and Abuse

One rarely finds a guide to show the way in life. It is still more difficult to find a guide who shows the way to the truth.

- Miss not a guide.
- Misuse not the path-finder.
- Abuse him not on account of his availability. It creates consequences.
- The path-finder or the guide hints the way to walk the path of truth. Neglect them not. Pursue the path, with the help of instructions given.
- Do not try to settle with the path-finder. Walk the path that he indicates.
- Consult him from time to time. Let it not be frequent consultation. Let it also not be infrequent. Once a quarter is adequate to relate to one's own teacher to ensure the journey to light. That is how the ancestors indicated a quarterly meet.

May you relate to the teacher intensely during equinoxes and solstices. At other times, invoke their presence through prayers and proceed. May this rhythm be established.



Message of Master Morya

- *Maruvu Maharshi* -

Egolessness

Acts of goodwill are never obstructed or impeded by the turmoil of the world. Even when the world is in turmoil, the simple acts of goodwill continue to be. Know this truth.

Acts of goodwill are supported, enforced and strengthened invisibly by the invisible helpers, teachers, Masters, intelligences, and the nature.

Purify your mind, senses and body through habits of cleanliness and prayer and conduct the acts in love of service.

Be not egoistic. It pollutes the service activity. Eliminate egoism in daily prayers. If you let egoism grow, it impedes your service and degrades your quality.

Speak not of you. Neither praise nor criticism relating to you be entertained or expressed. Learn the art of living where you speak of the plan, of the work and of noble purposes. Link it not to your acts of goodwill.

When you care not of you, we care for you.

Master Koot Hoomi

- Devâpi Maharshi -



Notice and Rectify

In common life certain common things remain unnoticed. To notice and rectify is an act of discipleship. It is common that people do not listen. They listen other than what is said. It is common that people do not see. Inability to listen and to see indicate lack of direct perception. It is equally common that people do not notice dirt. Even if they notice they do not clean. It is also common that many do not notice the disorder of things; even if they notice they do not rectify. Setting chairs and tables in order develops order within. Cleaning the dirty articles develops inner cleanliness. To bring back to function the non-functional articles also adds to one's discipline, such as setting batteries to appliances, keying the wall clock, cleaning the door latches, resetting the broken things and so on. These common aspects of life indicate the degree of awareness that one carries. As awareness grows within oneself, one tends to be aware and active and attends to every disorder. When the disorder around is set, disorder within is also set. The order within enables expansion of consciousness. This is a practical way to gain eligibility for expansion of consciousness through wisdom. Wisdom is not for the disorderly and gullible.



Message of Master *EK*

Rectification

People speak of self-control. Self-control is a failing game, loosing game. One's nature is much more powerful than one's proposal. The key is to rectify one's own behaviour in nature. Without such rectification, good proposals remain unfulfilled. Selfless deeds hold the key for rectification of one's nature. If one does acts of goodwill without expectation, the energy generated therefrom causes desirable rectification in one's nature. As one heals the sick, one's sickness is moderated and as one teaches others learning happens. As one dedicates one's life to serve the surrounding life, one's nature tends to cooperate with oneself. The need for controlling disappears as nature cooperates.

Do not strive like a donkey to control your nature. Instead, plunge into service.

Vidura
Wisdom Teachings



One conquers death,
if he
is generous and soft in disposition,
eats only sacrificial food,
does not hurt,
follows the Law,
obeys the wisdom teachings,
is truthful in action,
is of unquestionable conscience,
and comprehends the "One" in all.



Shirdi Sai Sayings

Transformation

"My presence" helps transforming the sick to become healthy, the un-righteous to be righteous, from disease to ease, from blindness to sight and light, from conflict to harmony, from greatness to goodness and from non-self to Self.

Message of
Sri Ramakrishna



Meditation Upon Him

In the first stage of one's spiritual life one should try to concentrate one's mind by going into solitude to meditate upon Him; when by constant practice, the mind has been brought under control, one can meditate anywhere one chooses. A young plant requires to be protected with care by a fence, or else goats and cows will eat it up; but when the same plant grows into a large tree, the cows and goats tied to it will not injure it.



On Secret Doctrine

ABC Of Magic

The art of making a pencil write without contact was known and practiced in China and other Asian countries before the Christian era. It is the ABC of magic in those countries. In Asia, magic was not meant for the public in the olden times and it is so in modern times. Magic is related to inner unfoldment, so that the men of magic serve the public and teach them the law of life. Magic was not meant for public display. Those in the close contact with a member of magic come to know that the magic was with him.

It is a very popular episode in the life of Gautama Buddha. The king of his times, Prasenajit, called on Gautama to perform miracles. Gautama denied performing miracles. He informed the king that magic is for self-transformation and was meant for committed pupils. It is not meant to be displayed to any other, even if such other is a king. Gautama therefore gently denied the king and offered to him his pupils who conduct magic upon themselves, can teach law of life to the public. By this he proposed a peaceful kingdom to the king with peace-loving people.

Those who visit Tartary and Tibet come to know and conclude that the natives must have had at their command the whole encyclopaedia of magic, which is much aggrandized in the church system, such as pencil writing without human aid.

Pencil drawing without human aid, which is so much aggrandised in the Church system is but a kindergarten lesson in the area of Tibet and Tartary. Exhibiting such magic in Tibet is like holding with pride a candle

during the midday.

The impact of Atlanteans is much more in the races that inhabited Europe including Greece, while the Asians did not have that impact. Among the Atlanteans a chosen few, who departed from the Atlantean race of magical manifestation, have come early to Asia, much before the Atlantis got sunk, started in the Himalayas a fresh school of magic, where the fundamental discipline is magical practices for self-transformation and teaching the law of life for social good. No Asian teacher ever carried the urge to aggrandize himself, performing miracles. Instead he taught, served and healed. By this, he transmitted the magical energy in him to those who follow him.

The attitude to perform miracles is only to show one-upmanship in the society. Any religion, which is occupied with self-propagation falls a prey (victim) to such self-aggrandizement. The attitude of the Christian church is seen by the Lamas of Tibetan and Tartary as childish. Only children try to show up while a mature adult would contain and conduct.



Nagarjuna
Nicholas Roerich



Lay Man's Prayer

Our intelligence is a facility
and hurdle as well.
We know not the timely application.
We prefer to rely on You,
not on our intelligence.
We Pray.

Discipleship

Recollection of 'That I Am'

In daily life, man encounters the world of five elements. Man also encounters beings of three qualities, namely poise, dynamism and inertia. In him also the three qualities and five elements exists. The nature in him relates to the surrounding nature and beings. The qualities and elements are at play. Man should know that he is beyond these aspects of nature as the 9th one. He should relate to the 10th one, namely the omniscient, omnipotent and omnipresent God. Staying in relation with Him, through recollection of 'That I AM', he should learn to experience the activity of the nature within him and around him. This is a practice by itself. In this practice man stands with God and observes the activity of 8-fold nature within oneself and in the surroundings. This is how Sons of God work on earth.

Man, by habit, shifts into nature and thereby loses the ability to observe. He should recollect 'That I AM' and stand in that reflection firmly. By this practice, he finds the way to release himself from nature and stand free while surrounded by nature. The practice enables stabilization of the self and the superself and functioning through the 3-fold qualities and 5-fold elements. This practice enables to respond to life situations in an equipoised state. Such ones are not affected during times of adversity. Adversities do approach such ones, but the related sorrow is not so very deeply felt as it is the case with others. Like others, he would not escape from adversities. He would rather meet them and clear the related personal karma.

Recollection of 'That I AM' enables experiencing 'That' in nature within and outside.

A disciple



The Teacher

The emphasis in India is much on Teacher-Student cordial and friendly relation. The Teacher is essentially a Son of God. He lives, He moves and has His being merged in God. He is verily seen as representative of God on earth, to enable the seeking souls to enter into the Kingdom of God. In Him the Trinity of Will, Love and Activity function appropriately.

The Teacher can see through the karma of the student and accordingly lays down a programme for the student. As the student follows the given programme, the Teacher burns up the past karma, while the student is engaged with the present karma. The Teacher also concurrently gives the knowledge and the path to Atman or Self.

The Teacher imparts Wisdom to lift up the student from ignorance to knowledge. And through His looks, His word and His love, He continues to uplift the oriented student.

The Teacher leads and the student follows, until the student enters into the bliss of existence and transforms himself into yet another Son of God. He shows the way to the student to stay beyond the dualities of Nature. The student gradually realises that he is like the space, all permeating and yet carrying unitary consciousness. He experiences himself to be the blue of the boundless space and realises himself to be THAT and remains eternally as THAT I AM.

For this reason the Teacher is considered as the most benevolent friend for he fulfils the soul for eternity.

For a Truth seeker, appearance of a Teacher is Nature's arrangement.

When it happens, the seeker is destined to reach the Truth. Teachers are Nature's helpers, to help the seekers. Blessed are those who realise this natural arrangement. Generally the pride in man does not let him to follow the Teacher. Frequently his intellect and his logic are the impediments for him to follow and his pride blinds him to see the Teacher.



The Teacher
Nicholas Roerich



Kapila

The Play 4

All that is, is forever, either potentially or projectedly. The source of all that is projected carries in it the projections latently (or potentially). They project periodically. "The seed of the Banyan tree carries the detail of the Banyan tree" - say the ancient Seers.

The background consciousness is beyond the Nature, the force, the time and their qualities. He is beyond attributes. For all these are descendants from Him. He is transcendent of them. The qualities of smell are transported by the air but the air as such has no smell. So is the background consciousness. When it is in creation, it appears to be carrying the qualities of the creation but in truth not.

The Eternal Being, having thus descended into the qualities of the creation, plays apparently different roles. When as being - the product of the Being - loses recollection of its identity, it inverses and remains in the creation. The loss of recollection too is the part of the play.

Having thus lost the recollection, the Being locks up himself in the triple lock and believes himself to be the doer. He turns himself as the Human doing while he is Human Being!



Ashram Leaves

The Riddle

The Creator awakens and creates.

'I' exist before awakening, whom the awakened calls 'He' or 'That'.

'I' exist as awakening and also as the awakened. Hence the riddle in perceiving 'Me'.



On Love

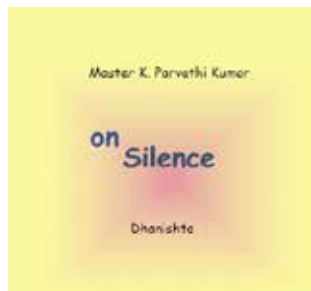
The follower turns leader and
the leader turns follower!
Knowledge remains to be the middle sister!

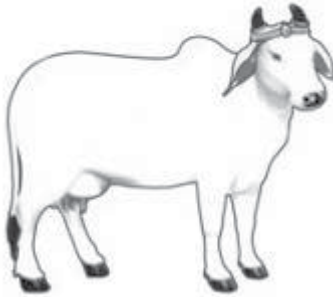




On Silence

Soul can be listened too!
The voice of the soul is Nada.
Listening to it is listening to
the Master in oneself.





Cow

The Symbol and its Significance

When difficulties surround man and when he finds himself in unsurmountable difficulties worship and service to Cow helps clearing the way.

Violet Flame Invocations



Pyramidical altars,
High altar of Moraiah,
King's chambers,
Temple tops,
Mountain peaks,
Master's ashrams –

are places for Self-offering!

Other offerings are mockery!



From the Teacher's Pen

Questions and Answers

Question: Master! Why is a dew drop on a lotus leaf considered a spiritual symbol?

Answer: The dew drop is fresh. It is fresh and pure. It is also effulgent during the dawn hours.

- It gives a message: 'Be fresh and be pure. Be effulgent'.
- The dew drop is not stuck to the lotus leaf. It is no doubt on the lotus leaf and yet does not sink into it. Man is in matter through mind. He can stay afloat on mind and matter. He need not sink into the thought of mind and attractions of matter. He can stand free. That is the second message of the dew drop.
- The third message is impermanence of life and matter. The dew drop rolls away from the leaf with a wink of a breeze. It is unattached to the lotus leaf and is ever ready to leave. It floats. Yet its flight on lotus leaf is momentary. So should man learn. His life in the world of matter is not permanent. He is in a journey. Earthly existence is but one station. One cannot get stuck in a station on a long journey.

Such is the message of the dew drop.

Agni



An Introduction into the Work of Cosmic Fire, 35

4. The Solar Fire

The Agnishvattas or Kumaras

Let us get into the sublime concept of Agni Shvattas. They are the sacred Manasa Devas meaning the Ones who complete the human mind. They are the Ones who descend from the 2nd Logos or the 2nd aspect of the fire. We have covered during the last three days briefly about the 3rd aspect of fire, how it animates and vitalizes the matter and forms the four kingdoms. It forms the mineral, plant, animal kingdoms and also forms a part of the mental unit of the human being. The other part is built by the 2nd aspect of the fire, which we know as the solar fire. The fiery devas who complete the formation of mind in the human being from the higher circles are known as the Agni Shvattas. Agni Shvattas means the ones who have put down their fire, meaning they have put down their fire to procreate. They remain the Eternal Youth of the system, they do not involve into the matter. That is what is explained as the Agni Shvattas having put down their fire to procreate. That means they shall be in the proximity of matter, but they do not involve with the matter.

The Agni Suryans of whom I have explained to you earlier and then the elements of Prana and other fire elements comprising of the active heat and latent heat, they are all involved in the matter. Involving in matter, they animate and vitalize the matter, but the Agni Shvattas are those who do not involve with the matter. Remaining in the proximity of the matter, they keep vitalizing the matter. And hence, it is said, they do not procreate, that means, they do not involve. Their process is a process of photography, that means, they impress upon Agni Suryans or the 3rd aspect of

fire. They are very near to the mental unit, and at the same time remain unattached to the lower mental unit of the human beings. Just like the light that illumines through filaments. The light is not in the filament, but through filament it manifests. This is the higher aspect.

That is why hereafter, the motion of fire is different. The fire by friction is a rotary motion, and the fire belonging to the solar fire or the 2nd aspect of fire is spirallic in its action. That means, it can descend, it can ascent. So, it ascends up to the mental unit of the human being which is prepared by the 3rd aspect of fire, namely the fire by friction. The fire by friction prepares the four aspects or the four kingdoms of matter, namely the mineral, plant, animal and half human. To make the human complete, it needs the presence of Agni Shvattas that carry out the functioning. They give their presence just like light gives presence in a room. Light by itself does not involve with all that we do in the room. Whatever we do in the room, light is not affected by it. So is the case with Agni Shvattas. The other beautiful name of Agni Shvattas is Kumaras. The Kumaras are known as the Agni Shvattas. They are the Eternal Youth, because they do not involve in the matter. They always remain as light. There is no aging for them. That is why they always remain as Youth. They give their presence, so that in the light of their presence, the matter can organize itself.

This text is not proofread by the author and might have some mistakes.



Master *EK*

Vishnu Purâna
CHAPTER XIII

The Fury of the
Prachetas

As the Prachetasas conducted their penance the beings of this earth disintegrated since there was no protection. All trees covered the whole earth and there was no possibility for a little breeze to move. During these ten thousand years, people had no space to live or to move. When the Prachetasas saw the situation they grew furious. They began to blow out through their mouths air and fire continuously. The fire burnt the trees to ashes and the air blew up the remnants in all directions.

When King Soma witnessed the destruction of all trees, except a few, and saw the fury of the Prajapathis, he approached them and said: "Oh! You! The rulers of this Earth! Listen to me! Leave off your anger. I will work out a compromise of the plant kingdom with you. The Earth was at first roaming in the form of a cow. I therefore proposed to multiply cattle upon this Earth. To that end it was also proposed that the Earth be impregnated by the seed of plant life, though I maintained her virgin nature. Then I ordained that the Earth be a killer of trees to give birth to cattle and to multiply them. (Soma, the Lord of the Power of Assimilation and Taste, gave birth to plant life as a means for the sustenance and subsistence of animal life. This he did through the rays of the Moon. Thus Soma is often misunderstood as being the Moon.)

O Prajapathis, let the Earth be impregnated by all of us, to multiply our generation as the various species of living beings. Let her be impregnated by your brilliance as half of her womb and let the brilliance of mine serve as the other half. From this womb will emerge a new Prajapathi

called Daksha, the learned one. He will inherit my light as well as yours. Brilliant as the immanent fire of the various limbs, he will multiply the units of living beings. (The Prajapathis are the numerical potencies governing the nine numbers of creation and working as the foundations of the various measures of time and space. Soma is the Lord of Synthesis, who forms the centre and initiates the process of assimilation, thus giving birth to a new constitution. The whole unit becomes a new God, Daksha, who gives birth to the various vehicles of each constitution. He inaugurates his own process of work, called Dakshayagna.)

The Science of Man

Dr K. Parvathi Kumar
First Young Group Life Teaching, Part 27
August 2001, Visakhapatnam/ India

Question: The question is about the suppression of desires. In psychology we learn that if you block suppression, it will come back in the form of a symptom.

Answer: You're right. That's why the wisdom does not suggest suppression of desires. Suppression is dangerous. When there is suppression, it can result in disease. There are many diseases on account of suppression. There are also many diseases on account of excessive satiation of desires. In both ways, you have problems. What is important is that you orient to noble and higher desires. When you are engaged with a noble desire, lower desires slowly disappear. When more important thoughts are engaging your mind, less important thoughts will drop off. That is the technique.

Suppose a boy or a girl would like to go somewhere for the week-end, for enjoyment. But in the house, someone is seriously sick. So, you should rather prefer to serve the person at home than go for enjoyment. Or someone very close to you is in the hospital. Then you would not like to go out for enjoyment, when one of your family members is in the hospital. This is natural with us because it is more important that we look after a sick person than to go and enjoy elsewhere.

What is happening there? You are substituting one desire with another desire which is more important. You can take this clue and look for gaining taste for higher desires than inferior desires. That is how we have to shift the orientation to things which give us more energy and not to things that will destroy our energy. It is a golden mean between suppression and satiation.

There is a good book written by Master Djwhal Khul upon the problem of sex, the sexual upsurge now in the West. A vengeful satiation of sex in the West is due to excessive suppression of sex by Christianity. When

there is excessive suppression, it comes out again as a revolution or as a revolt. There are diseases of suppression. But at the same time, excessive satiation also brings diseases. We have to find a golden mean.

That is why marriages took place at a very early age in India, so that the man and the woman were bound together and even in the early stages, the sex was satisfied. Likewise, in every aspect, they have seen the problem of the desire. They have always allowed a healthy way of satisfying the normal human desires.

Master Djwhal Khul said that Christianity has done more damage in the name of morality. They have looked down upon women. Women were shown as sin, which is not a proper understanding. Anything to do with women is considered as sin. Consequently, there are more problems arising out of it. From nature's angle, women or men are equal. They should find that kind of equality between them. They should satisfy each other and respect each other. So, it takes time to reach a balance, because now, from one extreme to another extreme, things are moving.

It is very right that suppression of desire leads to diseases and leads to violent reactions. What is important is that we inculcate desire for nobler things at the young age. If you prepare a child well to eat fruits and totally natural food right from the childhood, after sixteen years, it will not be able to think of chocolates, Coca-Cola, ice creams. There was an experiment done in America with children, just to see how it works with natural food. From the childhood, they were not exposed to wrong food, but only to natural food. Naturally, there was a strong resistance to all unhealthy things, to smoke, to drink, etc. After twenty-five years, they ceased to grow in terms of age, meaning, even when they reached thirty-five years, they looked like twenty, twenty-five years. They found that their brain grasp is far better than that of the contemporary children. So, much care should be exercised by the parents, by the teachers and by the government. The children should be seen as the tender ones, who need to withstand the future.

Likewise, there were also many experiments done in India, and they found the results far better. The children are internally very strong, and they have a clear and right thinking. They cannot be tempted with wrong ideas. Education today requires this dimension, if you want the human race to really progress. It is not a monastic life. Monastic life is not sugge-

sted. It should be part of the system, and the children are not exposed to anything and everything at the formative age. From 7th year to 21st year, it is considered that the human being is in the formative age. It can extend up to 28 years. If you develop strong tendencies during this period, this is what will hold you for good or for bad for the rest of the life. That's why in the Scriptures they say: "Moderation in every aspect of life, it is neither denial nor excessive attachment; it should be the golden mean." In fact, in India, during my childhood, there was an experiment done with 14 children. A Vedic scholar said: "The modern education, which is given for the first 10 to 12 years, can be given in just one year. It's not necessary that the child is given 10 to 12 years of education. If you can make the child's brain brilliant, it will grasp all the subjects in a shorter period." So, he took the 14 children for the experiment, in which the parents agreed. From the 5th to 12th year, he taught the Vedic sounds for chanting. During the 13th and 14th year, just in two years, he taught all the subjects up to the 12 standards. Then they were sent for exams. All those 14 children, they were the top rankers in that year. Later they have gone into the fields of engineering and doctors, and they were also top rankers there. Then they were so good that they were the first badge of Indian students that could find good employment in the United States. They are all in very high and responsible position, doing so much good for the society.

This text is not proofread by the author and might have some mistakes.

Paracelsus

Health & Healing

Attending to Fear



Fear generates ill-health. Fear is unworthy. It is impossible to reach health when fear is entertained constantly and consistently. Fear condenses the psyche and arrests the healing process. It is but necessary for a physician to ensure that the patient is not affected by fear. He should know that the healing becomes unsteady and uncertain when the patient is fearful. The whole treatment is based on slippery ground when the patient is filled with fear. Cure becomes unsteady. For this reason the physicians must study and comprehend the importance of ensuring fearlessness in the patient. Devotion antidotes fear. If the patient is a devotee, he should be led further into his devotion. If the patient is not a devotee, the physician should lead him to the centre of self-confidence.

The fear is multi-coloured. The physician should know the cause of fear through friendly enquiry and eliminate the cause from the psyche. Unless the psyche is restored to normalcy, treatment should not be attended. In these days of busy schedule of practice the physicians should either find time or develop a special team of counsellors who would redress the situation. This is imperative and needs to be attended to, to ensure cure.

When the nervous system is shy due to fear in the psyche, it develops a protective net and resists the impact of medicines. It is not uncommon that physicians find patients on whom there is not adequate impact of medicines. The patients need to be educated of the effect of fear upon them. That fear makes healing effects contra-productive should be known

to the patient as well. A patient may not even be generally timid but the sickness that he carries may make him timid. This timidity and fear lead to a frightening situation. The frightened one is already infected at a deeper level and he deprives himself of any cure. Therefore the fear factor has to be attended to by the physician and the patient as well. "Cure the fear and then cure the illness" is a dictum. Use of musk, sandal, camphor and such other herbs are also helpful in this context.

Dr. K. Parvathi Kumar

Extract from: **Paracelsus – Health and Healing**

With a subscription you support this important work (€ 84 / year).

Children's Section

On Service

LET THOUGHT AND ACTION BE
THE TWO WINGS OF THE BIRD OF SERVICE.

Simplicity

Dear Children!

A burnt charcoal is veiled by the ash. If you touch it, it burns you. A man of righteousness and also a man of wisdom stay veiled. If you mishandle them, misfortune falls on you. Just as it is wise not to play with fire, do not be indifferent towards men of wisdom and men of righteousness.

Men of righteousness and wisdom are not showy. Just like the burning charcoal is veiled, simplicity veils the men of wisdom. They remain calm and appear to be common. But the truth is they are the uncommon among the common. They are the swans among mud. Do not get misled by their simplicity. Simplicity is the state of truth.

Be respectful to men of wisdom and of profound experience. Veneration towards them facilitates the related matter to them.

K. Parvathi Kumar

Stories For Young People

Smiling - The Key

A lot of people were visiting Master MN in his house: aspirants, disciples and clients. Master MN was a successful and prosperous lawyer, so people guessed all his visitors were clients. A colleague once asked Master MN for his technique to gather so many clients.

Master MN smiled and his colleague understood: Smiling is the key.

K.P. Kumar: Master MN. The Fiery Flamme. Dhanishta 2013.

WINDOW TO WORLD SERVICE NEWS & ACTIVITIES (Inputs welcome)

SPAIN

Name of the Group : Merry Human Life Society

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Merry Human Life is an association of brothers and sisters aimed to contribute to the openness of consciousness. It was created 14 years ago and its original name (MerryLife) was given by Master Kumar. Three years ago, MerryLife turned on in a non for profit Association evolving its name to Merry Human Life Society, following the advice of Master Kumar who is one of its Honorary members (we still use the short name MerryLife for practical reasons). The baseline membership fee is quite symbolic and retired people, as well as those people with economic difficulties could be members at no cost. Currently we have 80 stable members, plus people who attend and participate in activities and courses regularly and non-regularly.

Activities

Activities carried out during 2013:

A. Activities aimed to support third-party Good Will actions ("Solidarity Euro Program")

Merrylife is in touch with a range of institutions and organizations devoted to help homeless, poor people, or people in risk of exclusion in Barcelona. We channel their needs and requirements through our members and friends.

- 234 Kg of food plus 625 Euros in cash for food; and 7 big boxes of handkerchief, 37 shampoos, 31 bath gel, 6 sponge pack, 6 baby gel, 12 packs of tooth brushes, 8 tooth cream, 3 soaps; 4 big carts of food; and 300 Euros for buying needed materials all these given to the Buena Voluntad en Acción (Good Will in Action), Barcelona.
- 254 Kg of food for the Food Bank of Barcelona (once a year the Food Bank collect food for those people and family in poverty or going through difficult times)
- 300 Euros to a public catholic refectory in Barcelona (called Parroquia de Nuestra Señora del Pilar y San Eulogio y Papa)
- 600 Euros for the social refectory of the Hermanas de la Caridad Madre Teresa de Calcuta
- 300 Euros for food and payment of household to a non-for profit association that work helping homeless and people with not economic possibilities
- 220 Euros for the Philippines disaster given to NVC Foundation
- Discount cards for acquiring food to ASIS, Parroquia de Santa Maria Reina, Parroquia de Sant Eugeni I Papa, Confiança Solidaria (catholic institutions working for poor), and to Buena Voluntad en Acción
- 2 computers for rural schools in Ecuador (Yachanahuasi, Tungurahua province Ecuador)

B. Activities free of charge:

Merrylife develop and carry out a range of activities, for anybody who feels it (i.e. members and non-members).

- Synthesis Meditation: every Tuesday from 7 to 8 am
- Yoga of Light: every Tuesday from 9 to 10 am
- Meditation: every Tuesday from 10:30 to 11:30
- Group of Meditation, study and healing service: monthly all 3rd Saturdays (meditation and study of teachings from Master St Germain and Master Tibetan during the morning, healing service in the afternoon)
- Healing Group: all the Thursday from 19:30 to 20:45
- Group of study of Master Tibetan teachings: all the Thursday from 20:45 to 21:30
- Group of support to disease: monthly 1st and 3rd Wednesday
- Space of sorrow work: monthly 2nd and 4th Wednesday

- The Thursdays of Merrylife: conferences each Thursday from 18:00-19:00 (conferences the 2nd and 4th Thursday dealing with Master Tibetan teachings; 3rd Thursdays Cycle of Masters and High human people; 1st Thursday different topics)
- Conscious Trekking: once a month one day
- Meditation in the full moon, Aries, Wesak etc

C. Courses:

Merrylife carried out a series of courses. Some of the teachers offer their teaching for free (while others receive a payment). Rates of courses are as low as we can to allow accessibility to everybody who wants to perform the course (for some people who wants to attend but they cannot pay, they are accepted free of charge)

- Consciousness in Life: this is the landmark course. It has been running for 14 editions and a lot of people have attended it during all these years. It started with the name "Consciousness in Therapeutics" but a couple of years ago the name was changed to better reflect the evolution of its content (the content have evolved according to perceived changing needs of our society).
- Additionally 30 courses have been hold lecturing different thematic areas all addressed to improve and maintain the health (physically, emotionally, mentally, spiritually) and to contribute to improve the sense of wellbeing of people.

D. Editorial "El siguiente paso" ("The next step")

In 2003 Merrylife created the Editorial aimed to publish books that could help people. Up to now, 7th books plus 1 CD has been published; one of them during 2013.

Picture of the Month of Virgo:
Libra – The Upper and the Lower Bird and the Magnetism
of Life



It is said that there are two birds on the vertical trunk of the tree of life. They are identical and coexisting. One of them enjoys by eating the fruit of the tree. The other enjoys by seeing the first bird rejoicing in eating. It is pleasant to notice that persons born under the influence of Libra are charitable and rejoice in the sight of others enjoying. The bird above exists in immortality, while the bird below eats immortality and enjoys the taste as the fragment of its experience. Magnetic iron is the metal of this sign because it forms the lower pole of the magnet. Iron can be magnetized by the mere touch or even by the presence of a powerful magnet and this causes polarity. The effect of the touch and presence of the guru through the soul-level, which helps the disciple to build his Antahkarana is but a manifestation of magnetism.

Extracts from Dr. E. Krishnamacharya: Spiritual Astrology

Book review

Our Heritage

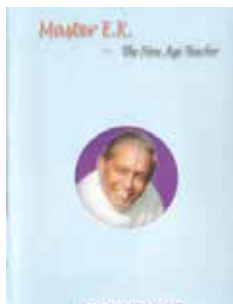


This book draws upon Master E.K.'s rich experience. In the form of questions and answers sessions the reader is taken into a very readable and enjoyable tour of the following subjects for investigation: Vedas - Religion - God - Yoga - Man and Dharma - Law of Karma - Astrology - The Guru - Spiritualism - Miscellaneous.

The reader will find this book easy to enter into, due to the spontaneity of the Master's replies, and his power of synthesis and precise explanations will be readily digestible by a wide audience. A book full of practical answers and wisdom for the seeker of truth.

Ekkirala Krishnamacharya: Our Heritage

Copies: *The World Teacher Trust, info@worldteachertrust.org*



Master EK The New Age Teacher

This presentation about Master E.K. is only to give a bird's eye view of a man who lived amidst the commons, served, healed, taught, and inspired. It cannot be taken as an exhaustive account of the man who lives in the heart of many today, for no man's life can be seen in its entirety and much less can be presented. The Life and teachings of

Master E.K. aroused and awakened many into the path of Truth in the East and West. The book contains a glimpse into the life and the works of the MASTER.

K. Parvathi Kumar: The Aquarian Cross

Copies: *The World Teacher Trust, info@worldteachertrust.org*

Astrological Important Days in September/October 2014

23.09.	04:29	☉ → ♎ / Sun enters Libra	
♂		Autumn Equinox: <i>Contemplation upon the female Hierarchy</i>	
	06:15	Phase of new moon starts	☉ 00°04' ♎ / ♎ 18°04' ♎
		New moon point of Libra: Festival of Lights, to dispel the darkness of the darkest new moon; <i>contemplation upon 'The Pledge'</i>	
24.09.	08:14	● New moon of Libra	☉ 01°08' ♎ / ♎ 01°08' ♎
♀		☉ in ♎ – 1 st to 9 th ascending moon phases: <i>Worship the descent of the Lunar Ray through the symbolism of Durgâ, the Mother impermeable, and to culminate the worship on the 10th ascending moon phase (Durgâ-Festival).</i>	
01.10.	10:19	● 8 th phase of ascending moon starts (End 02.10. at 08:38)	☉ 08°05' ♎ / ♎ 02°05' ♎
♀			
04.10.	03:54	11 th phase of ascending moon starts <i>Departure of Shirdi Sai Baba from the physical</i> (End 05.10. at 05:54)	☉ 10°47' ♎ / ♎ 10°47' ♎
♂			
	14:48	23 rd constellation <i>Dhanishta</i> starts	♎ 17°23' ♎
	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends 05.10. at 12:34)	
07.10.	15:43	Phase of full moon starts <i>Contemplation upon the Mother sitting on the lion</i>	☉ 14°13' ♎ / ♎ 02°13' ♎
♂			
08.10.	12:50	○ Full moon of Libra (Lunar eclipse)	☉ 15°05' ♎ / ♎ 15°05' ♎
09.10.		Birthday of Nicholas Roerich (born 1874)	
15.10.	08:15	● 8 th phase of descending moon starts (End 16.10. at 10:15)	☉ 21°49' ♎ / ♎ 15°49' ♎
♀			
18.10.	15:10	11 th phase of descending moon starts <i>Contemplation upon Śiva, the cosmic 1st Logos</i> (End 19.10. at 17:38)	☉ 25°05' ♎ / ♎ 25°05' ♎
♂			
22.10.	23:05	Phase of new moon starts	☉ 29°23' ♎ / ♎ 17°23' ♎
♀		New moon point of Scorpio: <i>Contemplation upon 'The Pledge'</i>	
23.10.	13:57	☉ → ♏ / Sun enters Scorpio	
♂		☉ in ♏ – every evening at the twilight hours: <i>Light a lamp at the door-front and worship the serpent-power Kundalini, that encircles around the stem of the Base Centre.</i>	
		☉ in ♏ – every Monday (27.10., 03.11., 10.11., 17.11.): <i>Contemplation upon Śiva, the cosmic 1st Logos</i>	
	23:56	● New moon of Scorpio (Solar eclipse)	☉ 00°25' ♏ / ♏ 00°25' ♏
26.10.		End of summertime (MEST 03:00 h → MET 02:00 h)	
30.10.	16:49	● 8 th phase of ascending moon starts (End 31.10. at 14:44)	☉ 07°09' ♏ / ♏ 01°09' ♏
♂			
31.10.	20:23	23 rd constellation <i>Dhanishta</i> starts	♏ 17°23' ♏

All times until **26.10.** are in CEST (Central European Summer Time)/UTC+2 (Universal Time Coordinated plus 2 hours) later in CET (Central European Time)/UTC+1 (Universal Time Coordinated plus 1 hours);

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Great Invocation



Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



*PÛSHAN EKARSHYE
YAMASÛRYA PRĀJĀPATYA VYÛHA RASMÎN
SAMÛHA TEJAH.
YATTE RÛPAM KALYĀNATAMAM.
TATTE PASYĀMI YO
SAVASOW PURUSHAHA.
SOHAM ASMI.*

"OH! SOLAR GOD,
YOU ARE THE SON OF PRAJAPATHI.
YOU ARE LONE RANGER OF THE SKY.
YOU ARE ALL NOURISHING AND ALL REGULATING.
PLEASE WITHDRAW YOUR RAYS AND BRILLIANCE.
BY YOUR GRACE I WOULD THEN BE ABLE TO SEE
YOUR BEAUTIFUL GOLDEN DISC."

ISAVASYA UPANISHAD, 16TH MANTRAM