

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Libra 2012 Thula

Letter No. 6/ Cycle 26 –2012 22nd September until 23rd October 2012

The World Teacher Trust - Global



Invocation

May the light in me be the light before me.
May I learn to see it in all.
May the sound I utter reveal the light in me.
May I listen to it while others speak.

May the silence in and around me present itself,
the silence which we break every moment.
May it fill the darkness of noise we do,
and convert it into the light of our background.

Let virtue be the strength of my intelligence.
Let realisation be my attainment.
Let my purpose shape into the purpose of our earth.
Let my plan be an epitome of the divine plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the eternal kingdom OM.



Letter No. 6/ Cycle 26 - 22nd September until 23rd October 2012

Contents

Master <i>EK</i> • Invocation	2
Prayer for the year	4
Message of the month of Libra	5
Message of the Teacher	7
Lord Sri Krishna: Gîtâ Upanishad	8
Message of Lord Maitreya	10
Message of Master Morya - Maruvu Maharshi	11
Message of Master Koot Hoomi - Devâpi - Maharshi	12
Message of Master E.K.	13
Vidura - Wisdom Teachings	14
Shirdi Sai Sayings	15
Sri Ramakrishna	16
Lay Man's Prayer	17
Discipleship - Occult Meditations – Kapila - Ashram Leaves	18
On Love / On Change / On Silence	24
Hymns on Agni	27
Invocations of the Violet Flame	28
From the Teacher's Pen	29
Agni	31
Vishnu Purana Master EK	33
The Science of Man	34
Paracelsus – Health and Healing	36
Children's Section	38
Stories for Young People	39
Window to World Service	42
Virgo	44
Book review	45
Astrological Important Days	46
Master <i>DK</i> • Great Invocation	47

Dr. Sri K. Parvathi Kumar is President of the 'World Teacher Trust' and Founder of the 'Vaisakh News-Letter'. The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

Vaisakh News-Letter in German: wtt@kulapati.de, in Spanish (WTT Argentina):

wtt@wttargentina.org, (WTT Spain): wtt.spain@gmail.com

The English Vaisakh News-Letter: Please contact: **The World Teacher Trust - Global**

The Vaisakh News-Letter, Büelstrasse 17, CH-6052 Hergiswil, Switzerland

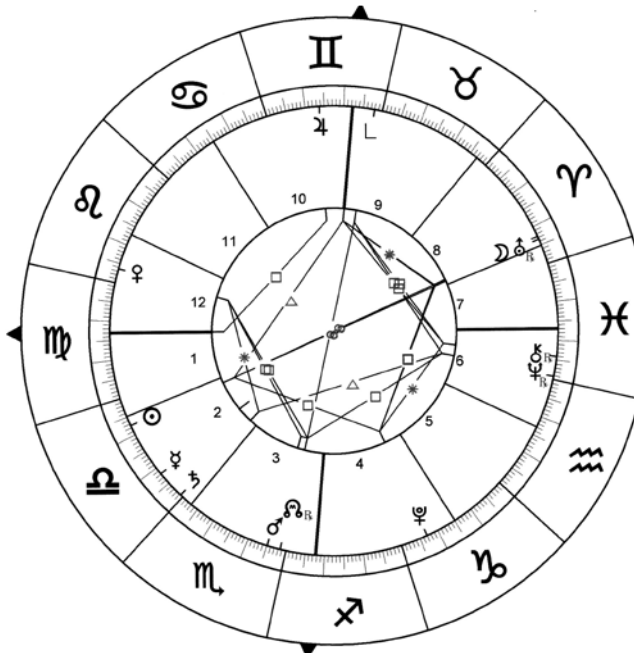
E-mail: info@wtt-global.ch Website: www.worldteachertrust.org

Prayer of the year 2012 / 13

UP THE LADDER CREEPS THE SERPENT.

SELF-OPPOSING COILS HARMONISED.

ASCENDING THE VERTICAL BORE OF THE ETERNAL CENTRE.



Full Moon of Libra, 30 September 2012, 5:18 am MEST



Message of the month of Libra

Libra is the essence of life. Imagine the centre with 360 degrees around up to the circumference. All forces of creation culminate in the centre. All that which is low and high culminates into it. All that which is left and right culminates into it. East, West, North, South, above and below culminate into Libra. Libra is the ultimate beauty in creation. Such beauty is experienced when life is fulfilled in every way.

Lord Krishna defines yoga as equipoise, such an equipoise exists in Libra. Libra is the Mother in whom the Father and Son meet. Without Libra, Father cannot reach the Son and Son cannot reach the Father. The beauty of Libra is represented by the Mother, Sharada. Sharada represents the bloom and the beauty of creation. Father, the Absolute God, is a state of be-ness; in that state there is no experience. To experience awareness is needed, such an awareness springs from the Father as the Mother and enables the happening of various planes of existence. Two planes of existence have their culmination in their centre. To ascend with facility and felicity and to descend as well there are centres. These centres form the line of sushumna in man; that enable man to ascend and descend. They are called lotuses. Lotuses tend to be centres when ignorance prevails. The centres are wheels of Mother energy, which are but whirlpools; they cause rotational, conditional movement. When true knowledge is gained the wheels (chakras) of energy once again regain their original status of lotuses. Transformation of a chakra (wheels of energy) into padmas (unfolded lotuses) is the essence of every spiritual practice. As one ascends he experiences permeation but not displacement from one to the other.

The Mother is such permeating awareness in creation. She is therefore said to be sitting in a lotus and holding the lotuses in her hand. Her eyes are related to lotuses. Her face, palms of her hands and the shape of her

feet are frequently worshipped as lotuses. She is also said to be a lake of lotuses. Lotus is the most sacred symbol. The sun-sign Libra is but the true lotus which enables culmination into the centre and emanation in all directions up to the circumference. Libra presides over the centripetal and centrifugal functioning in all planes. It is the basis for pulsation. Space pulsates and every formation in space also pulsates. Such pulsation should be related to by man to find the centre in him and the inter-relation of all that is.

Moon in Libra enables to experience the beauty of all that is in form. Venus enables experiencing beauty beyond form. Mercury enables to experience the beauty of wisdom. Jupiter in Libra enables experiencing the beauty of expansion of consciousness. Saturn enables to realise the law in creation. Mars enables right application of force and the related joy of action. The beauty of Libra can never be explained in its completeness. It can only be experienced.

Message of the Teacher



Essential Divinity

Remember that you are essentially divine and so all others that are around you. Look in and look out for the divinity. When this practice is complete you are the liberated one. When you slip away from it, you get bound by the Nature, which is eightfold. Stay beyond as the ninth one. The eightfold Nature is but an aggregate of the threefold quality and the fivefold elements.

The eightfold Nature as also the beings that are enveloped by the Nature, emerge from the tenth one who is the source of the souls and the Nature.



Gita-Upanishad

Lord Krishna

From doing to happening

FOR A YOGA PRACTITIONER RIGHT ACTION IN ALL THE THREE WORLDS IS THE MEANS TO ACCOMPLISH THE STATE OF YOGA. FOR AN ACCOMPLISHED YOGI POISE IS THE MEANS TO LIVE LIFE OF YOGA. 3/6

Commentary

Until man learns right action, man cannot liberate from the conditioning of life. Right action demands goodwill in action. Goodwill in action strictly means acting for others' welfare. As much as man strives for the welfare of the fellow beings the energies in him unfold and expand.

As much as man thinks of acting for himself, the energies constrict and condition. When man works for himself for his own good, for his own welfare, the centre for energy locates in himself. He uses all resources for himself. Thus there is a total influx of energies from all angles that corner man. When he looks out to help others the centre travels from him into surroundings.

By this he gets released from self-centredness and the expansion of consciousness starts. As much as his consciousness expands so much he finds comfort. That comfort enables him to work in the same direction to stabilise the life of service.

As much as he finds stability and comfort so much the comprehension improves. It's like moving from a prison to a house and later to be into a spacious house culminating to palaces. Man works the contrary by building bigger houses and palaces and gets bound by it. But a yogi builds a palace of buddhi (wisdom) and he finds great freedom of movement. His comfort is not disturbed by the bigness and the smallness of houses.

Aspirants unconsciously work out the contrary by building excessive material life. They study books with an attitude to gain superiority over others or with an attitude to serve better. They meditate seeking divinity into themselves, not knowing that meditation is offering oneself to the omnipresence. Seeking wisdom, seeking God is no different from seeking material wealth. Seeking is a process of receiving by which he gets more and more constricted. Offering is the process of relieving oneself. The one who demonstrates offering does such offering at all levels. A yogi is one who is ever ready to offer than to seek.

Therefore he is naturally in a state of poise, peace, comfort and stability and enjoys every facet of life wherever he is and whatever comes up to his lot for work. He offers himself completely to service and therefore suffers not constrictions and conditioning. Such ones find the cooperation of Nature at every step and live life with ease.

“Ease is the basis of living for a yogi – Right action is the basis for a yoga student,” says Lord Krishna. In the case of the student action is the means to accomplish the state of yoga. In the case of a yogi action is an effortless happening. From doing to happening is the key offered by the Lord in this stanza.



Message of Lord Maitreya

A peaceful Way

Worry not much of the fall of the human race. It is but a collective recipe of individuals like you. Work out self-upliftment through a life of goodwill. It contributes to the upliftment of the surroundings and the surrounding beings.

Do not look for social reforms without reforming yourself. Unless you are transformed you cannot be instrumental for social transformation. Only a transformed one is fit enough to contribute to social transformations. Social upliftment cannot happen by a group of fallen individuals. Impure energy cannot work for purifying the surroundings. Self-purification, self-transformation and self-upliftment generate the needed inspiration in the surroundings. Those who look for such upliftment would join forces. Do not rub your inspirations on others. Do not try to influence your way of thinking and living through the means of power, however beneficial it may be to you. Rule yourself and let others rule themselves. If they seek you may share your experience, this is a peaceful way of transformation.

Message of Master Morya

Maruvu Maharshi



The River and its Teaching

A flowing river that joins the sea is a good teacher to observe and to follow. It has a humble beginning with a set purpose. It never deviates from the purpose. As it flows it surmounts many impediments. It moves through the rough mountain range finding its own way of movement. It encounters not and challenges not any mount. It surmounts rocks, but keeps moving. As it keeps moving through the rough mountain range, other small streams join adding forces. It includes different streams and moves forward. The enjoining streams cannot disturb the coursing of the river. Some streams after coursing for a while, may take to other paths. The river minds not. It keeps its openness for entry and exit of other streams. As it moves into the plains, it helps many supporting their life. They include plant, animal and human kingdoms. As it passes through human habitats, it not only supports but also accepts impure water channelled into it by the humans. The river remains unaffected and moves forward. Its waters grow in width and depth according to the surroundings. It minds not a fall and yet moves on. It fulfils itself by joining the ocean. May your life be set in such purpose as a river. See these dimensions in the Teacher. The teachings of a river and that of a Teacher are but a means for you to set a goal and reach it.



Message of Master Koot Hoomi

Devâpi Maharshi

The Balance

Observe the two pans of a traditional balance. The two pans are but the two opposites. Balancing the opposing forces is the message of the balance. Mind is like the two pans. It has in it the duality and the related opposing energies. A lopsided balance is indicative of imbalance. When you pay too much attention vis-à-vis one aspect of life, the other aspect of life tends to get neglected. Then the imbalance takes place.

Too much thinking leads to too little action. Life thus gets imbalanced. Too much physical comfort when sought, mental comfort tends to be weak. Too much emotion also leads to imbalance. Excessive material orientation causes imbalance. Excessive spiritual orientation also causes imbalance.

Life is multifaceted. Paying attention to all facets of life leads to balance. A facet that is neglected contributes to imbalance.

Yoga is defined as equipoise. The equipoised one stays balanced vis-à-vis the family, the vocation, the social and the spiritual activity. That is how avatars like Rama and Krishna showed the way. A multi-faceted life is a multi-dished dinner, it gives fulfilment. When every petal of a flower grows and unfolds fully the flower stands beautiful. Such flowers only are acceptable. May you flower in life. May that be your comprehension of yoga/discipleship.

Message of Master *EK*



The Immortal Indweller

Remember that you are the immortal indweller of your body. You cannot be buried by the body of material. The water cannot drench you. The fire cannot burn. The air cannot sweep you away. You are akasha the formless effulgent one. Around it formations happen and dissolve. You are the immortal son of God from whom you emerge as a wave and merge into.



Vidura

Wisdom Teachings

The five strengths of the human are:

- 1) strength of self-awareness,
- 2) strength of wisdom and wealth,
- 3) strength of the family lineage,
- 4) strength of good advisers, and
- 5) strength of hands.

Each of the five strengths is stronger than the other in their ascending order. (From n. 5 to n. 1)

Shirdi Sai Sayings

Accomplishment



Whoever stretches his hand in devotion, I shall reach him where ever he is, I remain with him where ever he is. My abode is your cave of heart. I AM with you, in you. To those who can see, I can be found in the hearts of the beings. Such Seers are the accomplished ones.



Message of
Sri Ramakrishna

When a Saviour appears

When a mighty log of wood floats down a stream, it carries on it hundreds of birds and does not sink. A reed floating down may sink with the weight of even a single crow. So when a Saviour appears, innumerable men find salvation by taking refuge in Him. The Siddha (an ordinary perfect man) can only save himself with much toil and trouble.

Lay Man's Prayer



Lead us from the sense of receiving
to the sense of offering.
Teach us that sacred Art of offering.

Discipleship

Meditation 1

You have here a technique whereby you create a line of related energy between the solar plexus centre and the heart centre. This is in reality a reflection or a symbolic activity (within the physical man, or rather, his etheric centres) of the building of the antahkarana. Bear in mind here, as always, that the etheric body is a physical mechanism.

It was this meditation which started the rhythm which made possible the presentation of the new invocation to the world; I refer not solely to its use by you but to its use by many disciples in many ashrams. The exhaustion of emotion and its transference - as a force - into the heart, there to be transmuted into the energy of love, was symbolically undertaken during the time that humanity was developing certain new recognitions. Humanity, through the exhaustion of emotional energy (incidental to the war agony) is today far more heart-conscious than at any other time in its history. Had you realized that and the opportunity with which you were presented?

The world of men has been subjected to such strain and suffering that hundreds of thousands in nearly every land - either factually or imaginatively - could "feel" no more; the solar plexus centre could take or absorb no more. Nothing was left to the sufferer but the realization that all men everywhere were in a similar plight and that this community of shared agony brought all men together, irrespective of nation, religion or class. Therefore, for the first time in their history, humanity began to recognize a definite phase of universality; mankind as a whole began to "share in the heart's reaction." This happened so generally and so acutely that the heart - as a motivating radiance - became a point of human focus. One of the first fruits of suffering, as universally shared, has appeared on Earth, and in its appearing all future suffering will be greatly lessened.

I seek to give this first meditation an added importance in your eyes. Much that I have given you has significance far beyond your crediting; these significances will appear if you follow instructions and do these meditations carefully, regularly and sincerely. It would profit you much in the years to come if you followed this meditation formula each day for two months, doing so with intensity. You should also endeavour to realize not only your individual reaction, but to recognize also the symbolic import of what you are doing. Those of you also who know with certainty that you are being specifically prepared for the second initiation would do well to follow this meditation for one week in each month of the year.

A disciple



Occult Meditations

Meditation 70

**THE ASCENT OF MAN IS THROUGH THE EAGLE.
THE DESCENT OF MAN IS THROUGH THE SERPENT.
THE SERPENT IS THE COILED COIL OF TIME.
THE TONGUES OF THE SERPENT ARE THE WINGS OF THE EAGLE.**

Commentary:

This meditation is a further continuation of the previous meditation. Man has vertical movement into higher planes, through the spinal column into the cerebral system, when he experiences the truth and its related light, love, power and life. Man has horizontal movement into objectivity around him. When he moves horizontally, he is serpent; when he moves vertically he is eagle. Ascent is through eagle. Descent is through serpent.

Serpent can be winged serpent. Nagas are winged serpents. Naga is the Sanskrit word for the white cobra, which is a Divine serpent. Naga can change bodies. Normally, it changes body every seven years. Naga can even fly. Naga's presence enables arousing of the Kundalini energy in man. In fact, Naga is the embodiment of the Kundalini energy resplendent with light, love and power. It is also the embodiment of time. If one sees a white Naga, his life gets transformed. It is the vision of the Kundalini in the objectivity.

Winged serpents are rare. Crawling serpents are common. A winged serpent is like a Divine eagle, a swan, a saint and a Master. Common serpents are like the common man who lives for worldly fulfilment and therefore moves horizontally.

The key of the meditation is in the last sentence when it says, "The tongues of the serpent are the wings of the eagle."

The tongues of the serpent mean the tongues of the common (of the aspirant). Man has many tongues though one tongue is apparently visible. He speaks one thing in front and another thing behind. He speaks differently in different situations creating confusion and conflict. The double tongue of man is referred to as the double tongue of the serpent. When the tongue gets the right discipline and starts speaking the truth and nothing but the truth, the chemistry in the body changes. When the tongue speaks or recites the Scriptures, the chemistry changes further. When the tongue utters forth hymns and mantrams, it would result in the upward movement of energies. Through the proper utterance of sound, the serpent tongues get transformed to enable the upward movement of man's energies. This upward movement is caused by the tongue, which now works as wings. Thus, from tongues to wings, the student of sound can transform himself.



Kapila

Two-Way Study 1

The history of man is studied in two ways. One method is to study the history of the animal like man of the stone age and his gradual evolution into civility. This is the method of modern scientists, the anthropologists. The other method is to study the intelligences in nature, that are responsible for the creation of man, the intelligences that have come down (as embodiments of knowledge) in the form of human beings to lead, to guide and to pave way for posterity. This is the method of the ancient seers. That the Nature's intelligences are responsible to constitute the human being is undeniable. The intelligent work of nature itself, directly hints at the functioning of the intelligences according to a system, a pattern and according to an order. It clearly proves that there is what we call mind and intelligence in nature. After all what is mind? It is the organiser. The organisation of Nature relating to the solar systems, the planets, their movement according to an order and their emanation of energies show that the Nature's mind is at work through the intelligences. This mind is referred to as 'Manu' by the ancient seers.

Ashram Leaves



The Book and the Author

"How do you experience God within the creation?"

"Just as you experience the presence of author while you read the book.
The author is not in the book. He is not conditioned by the book. The
book does not exist without the author."



On Love

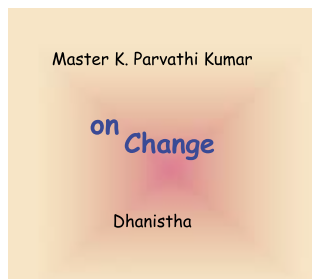
Devotion promotes Love.
Love promotes Devotion.
They are two in one.
Together they form Bhakti.

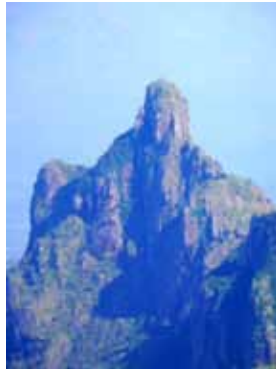




On Change

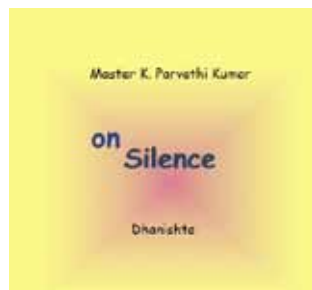
Resistance to change
in a team
requires to be attended to
with patience and perseverance.





On Silence

Yogis prefer the word 'Silence'
to concentration.



Hymns on Agni



67. MAHADEVAN YAJASI YAKSHYA
ANISHAK TAVA KRATVOATAT AMSANA!
ARVACHAHA SEENKRUNUHU AGNE
VASE RASVA VAJOTA VAMVA!!

O! Lord Agni! You enable even cosmic intelligences to conduct their rituals of fire to you. All devas are obliged. Please invite them on our behalf to the prayers of fire that we do. Please utilise for our sake your will and love to bring them unto us. Fulfil our lives and accept in return our offerings to you.

Explanation:

The Lord of Fire, Agni, is the basis for the cosmic, solar and the planetary Devas. It is his Will, Love and Light that shines through them. He is their inherent power that protects the whole creation. No Deva can ever be un-obliging to the Lord of Fire. With full knowledge of such omniscient and omnipotent stature of Agni the worshippers request him through their worship to ensure favourability of Devas of every range. As all the Devas tend to be beneficent, man grows abundantly in every way.

The Lord of Fire, Agni, is completely pleased to oblige the fire worshipper provided the fire worshipper demonstrates goodwill in every walk of life. He helps those who help others. He helps those who offer all that is bestowed. Whatever is bestowed, man in turn has to bestow it into the surroundings to uplift the surroundings. Such worshippers are true fire worshippers. They continue to receive help, for they continue to help.



Violet Flame Invocations

Hunger and thirst are
the basic needs of the body.

In fulfilment of them we moved too far.
The purpose is lost beyond retreat.

Purple and Pink sunk into mundanity.
Humans turn humus.

Recover!
Resuscitate!
Resurrect!
Oh Regent of valour,
oh Ray of Violet.

From the Teacher's pen



Questions and Answers

Question: : Master, In South India there are palm-leaf books called books of Nadi. The holders of these books claim that, with the help of the book of Nadi, he can read from the book our past lives as also the future. There is much craze about it. Is it true that these books reveal our past and future?

Answer: The books of Nadi in South attract people with idle curiosity and help the livelihood of the people who hold them. These books are not very reliable. In the world there are as many duplicates as the original. The originals are not available in the exoteric world; they do exist in the esoteric ashrams of the Rishis.

Even with respect to the original, the Puranas discourage their use. It is said in the Puranas that the past lives can be known through the books of Nadi and the future is not. Such a curse is given by the Divine Mother, discouraging any and every kind of curiosity. The seers of Rishis never relied on them, for they have themselves the ability to see through and accordingly guide disciples.

In every century, many beings descend on the same latitudes and longitudes (in the same places). Similar names exist too many; just like in the West you have many persons named as Joseph, Jesus and Maria. In every tradition noble names are repeatedly used like Rama, Krishna, Lakshmi,

Parvathi, Appa Rao and Subba Rao. Apart from the above there can be many similar lives though not the same. Men of mundanity have similar if not same programs such as eating, studying, marrying, begetting children, earning money, getting sicknesses and of course the inevitable event of death. When a reader of the Nadi book reads out some life relating to the same latitude and longitude, he is considering a few thousands of people at once. When you confirm some of those similarities, he reads out a life which seems to be like yours. Therefore you believe in it. You pay him and make record of all his sayings, prepare your biography and even follow it for the future. Such an activity is but humorous and not real.

Men with idle curiosity visit many palmists, astrologers, soothsayers, fortune tellers and Tarot card interpreters, so are these Nadi readers

Agni



An Introduction into the Work of Cosmic Fire, 11

The Fall and the Ascent

Madam Blavatsky describes the inert aspect of the matter, and then, the Madam very clearly says: "Nature unaided falls." We know how it falls. When the heat in us disappears, what happens to the body? We don't know what happens, if it happens with us. But we know, when it happens to others. When the heat withdraws from the body – I will come to the aspects of the heat relating to fire by friction later! – our bodies fall. So, matter by itself cannot stand, it needs the support of the power of fire. The power aspect which is working in the matter is called the Mother of Power.

There is a Mother of Power, and there is a Mother of Love, and there is a Mother of Bliss. So, just like we have the three Logos, we have their Deities or consorts. So, it is this power which is working through matter, which keeps the matter animated. It does two things: the fire by friction – it is also called the Intelligent Activity – animates and vitalizes the matter. These are the two-fold functionings, it carries out. If the material is moving, be it in the mineral kingdom, plant kingdom, animal kingdom or human kingdom, it is because the force of animation coming from the intelligent activity or the third Logos. That means, if someone is not willing to move, he is not carrying the fire enough. Lazy bodies are those in whom the fire by friction is not working well, because the body carries this fire. And this fire should be kept intact at all times, if the body is to animate and get vitalized. Some bodies move very slowly, and some bo-

dies move very, very quick, quicker than required. This is because of the interaction between the fire and the matter. So, the matter is interacted by the fire with spirit as the basis, and then that which we call 'the field for the creation is prepared'.

In human being the field is also prepared as the etheric body. The purpose of all spiritual activity is to remain at that state, not to get grosser and grosser in the material existence. So, the idea is to retain the original purity and illumination of the primordial substance. These are called the Akashic bodies. We have some imagination of it, when we picturize the Devas. We have also some imagination of it, when we can understand the presence of a Master. Because we are accustomed to dense physical, we cannot see the subtle physical. And all this subtle to dense physical is very much there in the human body. There is such intricate and elaborate science about the constitution of human body. The statement that 'God made man in his own image likeness' is not such a simple statement. All that is there in the universe is there in the human being. All the gradations of matter as it exists in the universe, exists in the human being. We have not really realised what kind of a body we carry with us. Without making a proper understanding of the body, we crave for something called soul. It is like the search of a blind man in a room. The article which he is searching is very much in the room, but because he is blind, he cannot find it. The dense physical disables persons to see that which is. This is because the matter involves from subtle to gross with the interaction of fire. This is what is called 'The Fall' in the scriptures. Fall does not mean something really inferior. It is one of the three important activities of the creation. Unless you fall, where is the scope to rise? So, fall and rise and the continuity of existence through fall and through rise, these are the three aspects, we have to make our understanding of. So, that is why the happening of the creation from subtle to gross is what is described in the scriptures as Fall.

Master *EK*

Vishnu Purâna
CHAPTER IX



The Birth of the Goddess of Wealth

Parasara said: Thus the Goddess granted boons to Indra, the king of Devas. The goddess will be surely pleased by such a prayer. The Goddess of Wealth was first born to the sage Bhrugu, by his wife, Khyati. A second time she was born like this, churned out of the ocean by the Demons and gods. In the same way, Lord Vishnu assumes many Avatars and Lakshmi resides with Him, never to be separated. Once again, when the Lord assumes the form of the Sun God, She was born from the Lotus. When the Lord came down as Parasu Rama, She assumed the form of this Earth. When the Lord came as Rama, She came as Sita. When He came down as Krishna, She came as Rukmini. When He assumes Deva forms, She comes down in Deva bodies. When He comes down to the human plane, She assumes the human role. According to the body of the Lord, She comes down in the form required. One who reads or listens to this story of the birth of Lakshmi will not be abandoned by Her for three generations to come. He will experience no strife, no quarrel nor disturbance. This is the story of how Lakshmi was reborn from the churning of the ocean.

The Science of Man

Dr K. Parvathi Kumar
First Young Group Life Teaching, Part 4
August 2001, Visakhapatnam/ India

Man and His Potentials 2

Some of you may have studied mathematics. You know how assumptions are made and then the riddles are solved. You see algebra, geometry, in all those theorems the unknown is basically resumed as 'x'. Then slowly, what is 'x' is solved.

The two approaches are there right from the beginning of human wisdom. Some started from the subtle and started learning how from the subtle the gross has come. Some others started knowing what is the basis of this gross, what is its preceding state? What is the preceding state of this planet? What is the preceding state to the preceding state of the planet?

Search has always been from the two sides. It depends upon the quality of the soul. Some like to start from the unknown and reach the known, and then have total comprehension. There are the others who start from that which is familiar and start knowing the unfamiliar. All of them have come to similar conclusions in the ancient time. All this is due to the fourth aspect of man that is the creative thinking and the related knowledge.

Then there is the fifth aspect of man, which is blissful experience. One of the basic searches of man is to be happy, to be at peace, to be in quietude, to experience in a blissful manner and to experience the splendour of that which is surrounding you. Knowledge leads to bliss. This bliss is, generally, expressed by us without any particular cause. It is causeless bliss. The happiness which you experience through the senses is an inferior aspect of this bliss.

People need some avenue to be happy. Some need music to be happy. Some others need a good scenery to be happy. Some others are happy if they have tasty food. Still others are happy if they are in companionship of the other sex. Happiness is sought through the five senses. Still others

are happy when they have good money. Yet others, they are happy if they have some power. But all this requires avenue to be happy. The man who loves power, he is unhappy when there is no power with him. A rich man is unhappy when the riches are gone. So, the presence or absence of things, when they decide your happiness, it is an inferior way of being happy. The innate quality of every being is to be at happiness. In so far as the human being is not dependent upon the inferior things and does not long for them and yet is happy, that means he is happy with them or even without them. It is unconditional happiness.

When it is a very hot summer, we are not happy. If the winter is very cold, also we are unhappy. And if there is always some thunders and showers, then we are not happy. But in nature, things keep always changing. Change is the key note of nature. It keeps on changing. Even in our life, not a single day is like the other. You are in an ever changing energy, ever moving energy and you cannot decide how it should be. You should be happy regardless all movements, changes or chemistry that is happening around you.

This is called our privilege of being unaffected by the mutability of the nature. Nothing perturbs or disturbs you. If there is headache, you recognize it, that's all. You work to overcome it but you are not perturbed by it. Anything is recognized but it does not affect you. These are called the Saints or the Masters. These are the ones who have constant vibration. They are not unpredictable like the moods of the normal beings. We do not know how our mood will be in the afternoon. Like the Moon, there is the waxing and waning of our vibration. It is never a stable vibration.

The fifth state relating to us is to be the immutable one amidst mutability. To reach that state, people started running away from society or escaping into forest. It's not the solution. If you run away from a problem, you can never solve it. You have to be in it, face it and solve it. To be free while surrounded, to be immutable while there is mutability, to be at poise in times of crises – this is a state which man has. These are the stable ones. These stable ones are called the Yogis or the Masters. That means they are a step ahead of the knowledge and the relative creativity.

This text is not proofread by the author and might have some mistakes.



Paracelsus Health & Healing

One to One Attention

Man is a well-planned unique volume of finer forces ever at work. These forces exist imperceptibly. A thorough knowledge of the intricacies of these forces reveals the psychology of a man. Just like the future colours, fragrances, shapes and numbers remain as a plan in a bud these forces remain as a blue print in a kid. They gradually unfold through time as the kid grows into a man. The blue print carries the details relating to this unfoldment. It is for this reason it is very important to carefully handle an infant and a kid. Rough handling can cause damage. Inadequate care and love can cause damage. Excessive care and love also can cause damage. A careful exposure to Nature is a knowledge by itself. Insight is needed to correct these forces, wherever necessary, for a healthier growth into the future. If left unattended it has consequences. If mis-handled it also has consequences. Appropriate balancing measures have to be adapted to from the 3rd year to the 11th or 18th year.

To do such a work much attention is needed. The parents, the teachers and the doctors need greater knowledge than available now. To enable a bud to unfold healthily and naturally to its full blossom, an artistic work of a true gardener is required. In this age of industrialisation humans are also handled like products. They have the same educational training in the schools; they have the same medication in the health centres and they are put to same aspirations by the parents. They are not allowed to blossom in their own natural way. The consequence is; unhealthy growth. A tea plant and a teakwood plant cannot be put to same treat-

ment by a gardener. Such an understanding is lacking now. In the case of pet animals like dogs and horses much better attention is given according to their breed. But humans are not. This may look to be an exaggeration but there is truth in it.

Every human unit as said earlier is a unique volume of finer forces and therefore requires equally unique handling. It requires one to one attention. It is common knowledge for parents that every child differs from the other that is born out of them. It is also a common knowledge of a teacher that every student is different from the other. Therefore, they need to be attended to differently. Extending the same line of thought, it can be said that it cannot be the same medical treatment to every person even if the ailment is the same. Such medical treatment cannot answer many health problems that are thrown out today by humanity.

Dr. K. Parvathi Kumar

Extract from: Paracelsus – Health and Healing

With a subscription you support this important work (€ 77 / year).

Children's Section**On Service**

SERVICE IS THE OTHER NAME FOR LOVE.

SERVICE LEADS TO LOVE.

LOVE ENABLES EFFORTLESS FLOW OF SERVICE.

Dear Children

Where there is filth there flies gather. Where there is stagnant impure water, there exist mosquitoes in tropics. Where there is dust in a house there exists neglect of daily duty. Filth, dust and such other impurities are the source of illusion and glamour. It is therefore necessary for you to ensure physical, emotional and mental purity. Do not let any impurity enter into your system. Attend at once to it. Do not let it grow. Do not retain it in you. If it is retained, it continues to create more and more illusion, more and more glamour and more and more ignorance. The result of such impurity is laziness, indifference to good habits, indolence in senses and disrespect to values of life and to the elders in life. It is like a high tide that draws away people to drown.

K. Parvathi Kumar

Stories For Young People

Princess Sukanya and the Seer

Once a king along with kith and kin went into the forest. He had a young beautiful daughter named Sukanya. The princess saw a formation of mud with two holes, from which beams of light were emerging. She became curious, took a twig and pierced the holes with it. The holes started bleeding. Frightened, she returned to her father and told him, what had happened.

Together they went to the mud formation and removed the earth. An old Seer was sitting there in deep contemplation with open eyes, which were bleeding. The king was scared. He apologized earnestly and sought a remedial action. The seer with a body like a replica of rickety old age asked the offering of the princess for marriage. The king was aghast! He had planned to find a prince from an excellent dynasty for his daughter and not a poor old man. The king in his dilemma broke down. But Sukanya wanted to help her father and the kingdom. Therefore she asked his permission to marry the Seer. The king had no alternative. He arranged the marriage of the couple and returned to the capital city.

The princess lived in the forest with the old man. Daily they went to the river and took bath, came back to do meditation, fire-ritual. The lady cleaned the hut, cooked food and washed the vessels. She did not complain. The old man used to ask the lady daily: "Why did you marry me? I am an old man." She answered: "I married the Light in you. Your age is of no matter to me." So they lived many years. One day the Seer walked into the river and returned as a most handsome young man. He smiled and said: "I love you because you love the Light in me. Are you pleased now?" The lady was surprised. The Seer could rebuild his body at will.

To him the body was nothing. She answered: "I am always pleased with you. My father would be very happy to see you like this. He does not know about your powers. If you agree, we could visit him."

They went to the city. The king was very happy, understanding, that the old man and the young man were the same person, the husband of his daughter.

The story reveals to us that those who serve the Light, do not care for the body and those who know do not be aware of the form.

When to Pray

There is a story of about a sea captain who in his retirement skippered a boat taking day-trippers to Shetland Islands.

On one trip, the boat was full of young people. They laughed at the old captain when they saw him say a prayer before sailing out, because the day was fine and the sea was calm. However they weren't long at sea when a storm suddenly blew up and the boat began to pitch violently. The terrified passengers came to the captain and asked him to join them in prayer.

But he replied, "I say my prayers when it's calm. When it's rough I attend to my ship."

Here is a lesson for us... If we cannot seek God in quiet moments of our lives; we are not likely to find him when trouble strikes. We are more likely to panic. But if we have learnt to seek him and trust him in quiet moments, then most certainly we will find him when the going gets rough.

WINDOW TO WORLD SERVICE NEWS & ACTIVITIES (Inputs welcome)

ARGENTINA

Name of the Group: Harmony – WTT Olavarría

Contact: Alicia Deluca E-mail: delucaalicia@yahoo.com.ar

Address: Riobamba 2520 - 7400- Olavarría, Argentina

Tel: ++54 +2284 441426

Activities

All the service activities that are offered by our group are run through ONG Annapoorna. Our goal is to firstly offer help through food to the neediest people and since a couple of years we also do our activities in the places the dining halls for children are.

During 2011, the group of WTT-Olavarría focalized its service activities into providing food, clothing, shoes, and school supplies in the following places of the City of Olavarría:

- a) School Nr. 58, (Sgto. Cabral and Moya Streets);
- b) Help to Caritas Monte Viggiano;
- c) Dining Hall Rincon de Luz.

We detailed below the help offered to each place:

- SCHOOL NR. 58: In March we delivered shoes for the kids. We also delivered some food items.
- CARITAS MONTE VIGGIANO: Monthly distribution of 25 kilos of powdered milk for the children that attend the dining hall. Weekly distribution of food for the families in need that attend the place. For the end of the year celebrations, special bags of food items were delivered to 80 families in need.

- COMEDOR RINCON DE LUZ Assistance to this dining hall consists of weekly delivery of food and great quantity of clothing and shoes for the children and families that attend the hall.

In addition to this help provided to those in needs, the group collaborates with WTT Argentina in organizing group lives and distribution of the books and seminars of Masters Ekirala Krishnamacharya y K. Parvathi Kumar. Talks are also organized aimed at spreading the teachings of Wisdom of the Masters and that of a natural and simple way of life, which is in tune with the laws of Nature.

Since June 2010, the School Mithila Olavarría is functioning, as a result of the expressed interest of the families that are in the group. For the moment 11 kids of different ages assist, all children of the members of WTT Olavarría. It's functioning is based on the teachings of Master Kumar and the book Mithila and also the Masters of Wisdom. Its main goal is for the kids to grow strong in the human values and that they can experience the teachings of wisdom coming from the family environment and taking them then to the daily life. They take part in a monthly practical meeting on a Sunday where kids learn to grown in contact with nature, they also have a vegetables garden, and moppets, games and singing workshops, looking to make the teaching reach them with love and joy.

In June 2011, in occasion of the visit of Master Kumar to Argentina, in Mariápolis, the children met with Master and Kumari Garu where they interpreted a version of the Gayatri Mantra accompanied by guitar, violins and percussion instruments. Since them the group gets together to chant the Gayatri Mantra every Sunday in the morning, participating of this activity, not only the children, but also their parents and members in general.

Libra

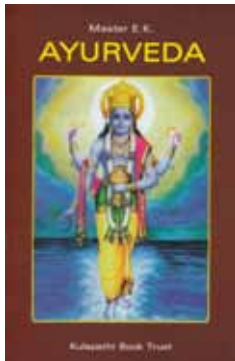
The Birth of the New Earth



Many are the secrets of Libra. The whole bubble bulging like a globe is an aspect of Libra. Emergence of a point and becoming a space globe is an aspect of Libra. An emergence of an impulse becoming a planetary globe is an aspect of Libra. The growth from the centre to the circumference is an aspect of Libra. The point bulges on all sides, from centre to circumference and from circumference to centre. The key is held by Libra.

by K. Parvathi Kumar: Hercules

Book review



AYURVEDA

Ayurveda is the science of Life. The vital body, senses and the mind form the field of study of health and disease in Ayurveda. It is the habit-forming nature of man that is to be used positively as a preventive method for all diseases. Master E.K. has written a fine introduction to this vast subject and his intention is to reach a wide public audience, so that the language remains relatively non-technical.

Ekkirala Krishnamacharya: Ayurveda

Copies: The World Teacher Trust, info@worldteachertrust.org



JUST ADJUST – YOGA OF SYNTHESIS

Ever since humanity appeared on the planet, we continue to fight because we have not learnt to adjust and coexist. Among the humans, there are some who learnt how to coexist with seeming differences. They found the key. That key is called adjustment. If you make a little adjustment in you to coexist with another being, it is not so very difficult.

ficult.

The booklet "Just Adjust" by K. Parvathi Kumar shows, The one that learns to accept and adjust finds the clue to joy.

.

Dr. K. Parvathi Kumar:Just adjust – Yoga of Synthesis

Copies: The World Teacher Trust, info@worldteachertrust.org

Astrological Important Days in September/October 2012

22.09.	10:39	☉ 8 th phase of ascending moon starts ħ (End 23.09. at 08:47)	☉ 29°45' ♎ / ♌ 23°45' ♎
	16:49	☉ → ♎ / Sun enters Libra Autumn Equinox: Contemplation upon the female Hierarchy	
25.09.	05:57	11 th phase of ascending moon starts ♂ Departure of Shirdi Sai Baba from the physical (End 26.09. at 05:01)	☉ 02°30' ♎ / ♌ 02°30' ♎
26.09.	08:29	23 rd constellation Dhanishta starts ♀	♌ 17°22' ♎
29.09.	04:34	Phase of full moon starts ħ Contemplation upon the Mother sitting on the lion	☉ 06°22' ♎ / ♌ 24°22' ♎
30.09.	05:18	☉ Full moon of Libra	☉ 07°22' ♎ / ♌ 07°22' ♌
07.10.	20:35	☉ 8 th phase of descending moon starts (End 08.10. at 22:21)	☉ 14°54' ♎ / ♌ 08°54' ♎
10.10.	23:40	11 th phase of descending moon starts ♀ Contemplation upon Śiva, the cosmic 1 st Logos (End 11.10. at 23:05)	☉ 17°59' ♎ / ♌ 17°59' ♌
14.10.	17:03	☉ Phase of new moon starts New moon point of Libra: Festival of Lights, to dispel the darkness of the darkest new moon; contemplation upon 'The Pledge'	☉ 21°40' ♎ / ♌ 09°40' ♎
15.10.	14:02	♌ New moon of Libra ♌ ☉ in ♎ – 1 st to 9 th ascending moon phases: Worship the descent of the Lunar Ray through the symbolism of Durgâ, the Mother impermeable, and to culminate the worship on the 10 th ascending moon phase (Durgâ-Festival).	☉ 22°32' ♎ / ♌ 22°32' ♎
21.10.	18:16	☉ 8 th phase of ascending moon starts (End 22.10. at 16:56)	☉ 28°40' ♎ / ♌ 22°40' ♌
23.10.	02:13	♂ ☉ → ♏ / Sun enters Scorpio ☉ in ♏ – every evening at the twilight hours: Light a lamp at the door-front and worship the serpent-power Kunda- linî, that encircles around the stem of the Base Centre. ☉ in ♏ – every Monday (29.10., 05.11., 12.11., 19.11.): Contemplation upon Śiva, the cosmic 1 st Logos	
	13:56	23 rd constellation Dhanishta starts	♌ 17°22' ♎
	21:00	Dhanishta-Meditation (Dhanishta-constellation ends 24.10. at 14:17)	
24.10.	15:53	11 th phase of ascending moon starts ♀ Contemplation upon OM NAMA ŚIVĀYA (End 25.10. at 16:09)	☉ 01°34' ♏ / ♌ 01°34' ♎
28.10.		☉ End of summertime (MEST 03:00 h → MET 02:00 h)	
	18:47	Phase of full moon starts	☉ 05°43' ♏ / ♌ 23°43' ♌

All times until 28.10. are in MEST (middle european summertime) later in MET (middle european time).

From: »Astrologischer Kalender 2012/2013«;

Publisher: The World Teacher Trust – Global, Büelstr. 17, CH-6052 Hergiswil.

Great Invocation



Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



*TAVĀHAMAGNA ŪTHIBHIR
MITRASYA CHA PRASASTIBHIHI
DWESHO YUTO SA DURITAT
URYĀMA MARTYĀNĀM*

OH LORD AGNI
YOU ARE THE FRIEND OF ALL.
BY WORSHIPING YOU
THE HUMANS SHALL RECEIVE PROTECTION.
MAY THEY GET LIFTED UP FROM THEIR MALICE
AND MALICIOUS THOUGHTS AND ACTIONS
INTO THE KINGDOM OF GLORY.
MAY THAT BE SO.

Commentary

The fire is in all. No one exists without fire within and fire around. Fire protects life from within, but fire outside can destroy life. Anger, hatred, and enmity is the fire that humanity regularly emits through its nature, its thought, and its action. Fire therefore need to be worshipped to burn up the malice in humanity and lift them up into the splendours of life, which is also an aspect of fire. In fact, this is the need of the hour. When as many goodwill workers worship fire with this attitude, the present day crisis can be dissolved.