

# Vaisakh News Letter



HAMSA ŠIVA SOHAM



Libra 2011 Thula

Letter No. 6 / Cycle 25 –23rd September until 23rd October 2011

The World Teacher Trust - Global



## Invocation

May the light in me be the light before me.  
May I learn to see it in all.  
May the sound I utter reveal the light in me.  
May I listen to it while others speak.

May the silence in and around me present itself,  
the silence which we break every moment.  
May it fill the darkness of noise we do,  
and convert it into the light of our background.

Let virtue be the strength of my intelligence.  
Let realisation be my attainment.  
Let my purpose shape into the purpose of our earth.  
Let my plan be an epitome of the divine plan.

May we speak the silence without breaking it.  
May we live in the awareness of the background.  
May we transact light in terms of joy.  
May we be worthy to find place in the eternal kingdom OM.



Letter No.6/Cycle 25 –23rd September until 23rd October 2011

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## Prayer of the year 2011 / 12

**IN HIS NAME WE LIVE, IN HIS TEMPLE WE LIVE;  
IN HIM VERILY WE LIVE UNTIL HE OPENS HIS EYE IN US.**

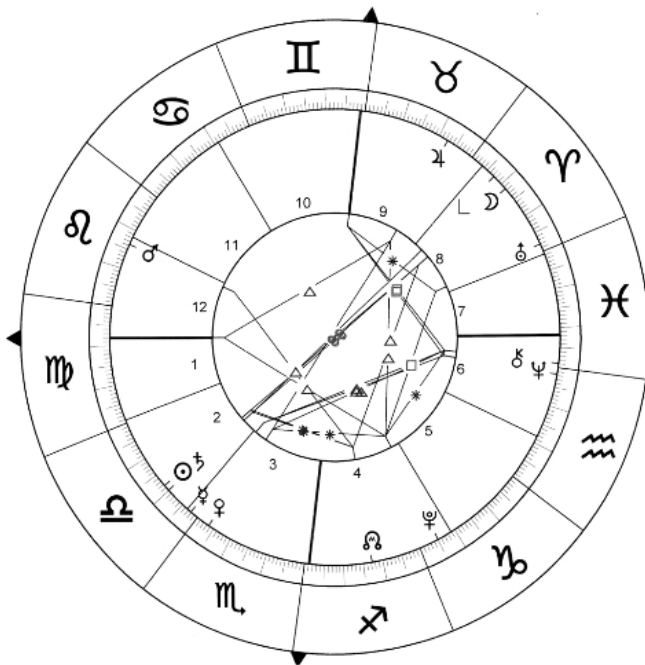
**IN HIS NAME HE LIVES, IN HIS TEMPLE HE LIVES;**

**IN HIM VERILY HE LIVES, AS HE OPENS HIS EYE IN US.**

**IN THE MEANWHILE, LET US WAIT, LET US LOOK TO HIM AND NOT TO EACH OTHER.**

**LET US CALL HIM IN ALL TO FIND ALL IN HIM,**

**WHEN THE LIFE IS A CAR FESTIVAL AND NOT A WAR FESTIVAL.**



Full Moon of Libra, 12th October 2011, 04.06 am MEST



## Message of the month of Libra

Libra trumpets the one word “equanimity”. Equanimity enables experiencing the beauty of duality. The whole creation expressed itself as duality with equanimity as the fulcrum. Libra is therefore considered as the navel or the centre from where there are counter-expressions around the circumference. The circumference provides 360 forces which are but 180 dual forces. When truth presents itself in one dimension one should gain the insight of the opposite dimension. When sight and insight are synthesised there is vision. All wisdom is but synthesising the contraries. Wisdom of Light provides the wisdom of darkness. For this reason ignorance and knowledge, truth and untruth, life and death, visible and invisible are to be equally comprehended and synthesised in oneself. Unless synthesis of the contraries is realised one cannot gain vision; one cannot gain the true wisdom.

Libra divides the whole zodiac into two equal pairs of male and female or positive and negative energies. Libra-Aries is but an axis of equinox around which there is the play of increasing light for six months and decreasing light for six months. The whole year is but a rhythmic play of light and darkness upon the background of Absolute Light. It is for this reason the scriptures say that darkness is Absolute Light. But that Light is beyond what we know as light and darkness. That Light is called the Light of Knowledge.

The left and right energies in oneself find their meeting point in their centre in every plane of existence. Such meeting points exist vertically in us. They are broadly seen as seven in number. The base centre is the meeting point of the dual physical energies. The sacral is seen as the meeting point of the dual emotional energies. Likewise, the solar plexus for dual mental energies; Anahatha for dual Buddhist energies and so on up to the seventh point, which is in Sahasrara. Connecting these seven points is the central vertical energy column which is Aries-Libra column. It is through this axis there is the emergence of the divergent energies. Equinox of Libra therefore affords an opportunity for realignment into the axis of equinox so that equanimity is gained.

Let not the autumn and the spring equinox times be neglected. For the student of yoga/discipleship they are of immense importance.



## Message of the Teacher

### Formation of Buddhi

Milk associated with yeast transforms into yogurt. Milk is liquid and is susceptible to fluctuations in travel. Yogurt is solidified liquid and is not as susceptible as milk. Milk is mind; yogurt is Buddhi. The yogurt is the result of association of milk with yeast. Likewise, Buddhi is the result of association of mind with rhythmic respiration. Until yogurt is formed milk needs association with yeast. Until mind is stabilised and transformed into Buddhi it should continue its association with rhythmic respiration. This step is called Pranayama. Until mind transforms into Buddhi do not neglect associating it with respiration twice or thrice daily for a duration of 24 minutes. Just as association of milk with yeast is a sure prophecy of appearance of yogurt, Buddhi forms through association of mind with respiration. Such simple daily practice is overlooked even for lives by aspirants. Such is the complacency.

## *Gita-Upanishad*

### *Lord Krishna*



## Stability of Existence

**THE STABLE ONE IS DEVOID OF ILLUSION. ILLUSION EXISTS IN ALL PLANES. ILLUSION EXISTS-NOT IN PURE EXISTENCE CALLED BRAHMAN. THEREFORE STABILISING ONESELF IN BRAHMAN ENABLES ENVISIONING THE ILLUSION AT PLAY. (5/20)**

Commentary

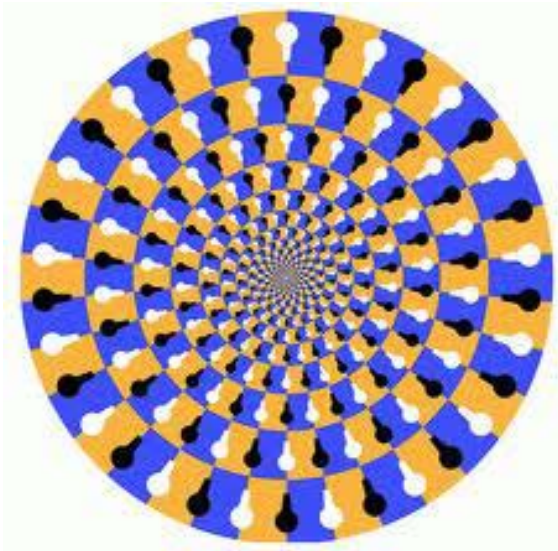
Pure existence is called Brahman. The awareness that springs from Brahman is also called the Light of the world. This awareness is ever moving upon the background of existence. The movement of awareness brings along with it the needed illusion. The movement is always in waves. The wave is a beauty due to its dancing movement of ups and downs. The up and down movement of the waves of awareness are joyful to witness but at the same time it not so joyful if one is in it. To witness a roller-coaster is joyful. To be in it for a while could also be joyful, but for a while. But if one is in it he is necessarily upset after a while. The planes of awareness are but the different states of its movement; but for such planes existence is the background. When one is linked to the background of awareness it matters-not in which plane one is. When one is not thus linked even if one is at higher planes of awareness, he is yet subject to movements and the related illusions. Illusion is but common to all planes of awareness. Existence is also common to the planes of awareness. "Stay linked to existence and live in any plane of awareness" is the teaching of Krishna. Since existence offers stability it matters-not in what plane of awareness one exists. Existence provides the synthesis, stability and disa-

bles illusion. The one that is linked to the awareness of existence stays in equanimity in every plane of awareness. Hence the daily invocation:

“May we live in awareness of the background;

May we transact light in terms of joy;

May we be worthy to find place in the Eternal Kingdom OM”.



## Message of Lord Maitreya



## Yoga Enunciated

In every true practice of yoga heat is generated in the body, hence yoga is called Agni yoga. When heat generates from within the student is reorganised from within. As he gets reorganised from within he also organises life outside. Yoga indeed is a process of sculpturing from within. The consequence is gradual ripening from within. As the process initiates from within, with the touch of a yogi (a Master of Wisdom), inclination to follow the regulations of yoga gains strength. Thereby yoga practice does not seem as difficult as it appears to be. Until the taste for yoga regulations is developed, one cannot progress in the path of yoga.

A student of yoga is generally self-regulated and therefore does not require regulators, mentors from the objective world anymore except the teacher whom he is inclined to follow. Self-inclination to yoga is the key and self-imposition is the impediment. Neither the teacher nor the student imposes any regulations. The activity is as voluntary as it should be. The student feels the taste and inclines himself to the process out of free will. Free will is the basis for smooth transformations. Impositions lay a rough path of hurdles.



## Message of Master Morya

*Maruvu Maharshi*

### Mind the middle Principle

The mind is constituted as seven layers. These are called the seven sub-planes of the mental plane. On the other side of the mind there is the Light of the Soul called Buddhi. On this side of the mind there are the five senses that enable sense activity. When mind is oriented to Buddhi, discrimination, wisdom will, the duty on hand and right action become visible. When the mind orients to senses, listening, seeing, tasting, touching and smelling wandering into objectivity happen. Man is in mind. He has the ability to contact either side of the mind. This he has to inculcate and cultivate in the initial years so that his mind can receive the impulses from the Light of the Soul and conduct in the world appropriately. By this he fulfils his life.

During the first seven years the parents at home help and cause orientation towards the one side of the mind. Thereafter, through schooling one is given opportunity to inculcate orientation to Buddhi. In 14 years of time one should be able to contact with facility the two sides of the mind. Then the man grows naturally as a yogi, enabling transmission of energies from subtle states of life to the gross states of life. For yet another 14 years he shall cultivate the inter-transmissions and thereby stand as golden middle principle between the planes of Light and the planes of mundane.

Such a simple understanding of yoga is excessively and unnecessarily complicated with too many teachings and too many teachers. The present day student is more bewildered with the plethora of information on yoga than gaining clarity for implementation of the process. Let the student of yoga simplify his understanding and bring to practice the simple tenets of yoga. Every day is but a God given opportunity.





## Message of Master Koot Hoomi

*Devâpi Maharshi*

### Compassion, a Dimension

“Compassion develops insight”. Ponder upon this statement. Compassion is but simple and yet a Divine quality. Consecration of life to one such principle transforms life to nobility. When compassion is picked up, one lets others also share and live joyfully. As much as one intends to lead life comfortably so much every other being intends. When concern for others’ comfort is ignored the energy in oneself hardens itself. The hard ones are those who care not for others, others’ comfort and others’ well-being. When the others are at discomfort one cannot be at comfort. If it is so then such a one is a diabolic. When in the surroundings there is much discomfort, one has to question himself if he is the cause for such discomfort. If so he needs to amend himself of being distant to the others. If it is not so then one can stay where he is and make efforts to extend a helping hand. The others may or may not respond to the extended helping hand. The choice is theirs according to their Karma.

The lives of great initiates reveal the quality of compassion in its height and its extraordinariness. To save the one in distress, even while the distressed one holds hatred towards the helping one, is the height of compassion shown by the initiates. While such compassion is not demanded from aspirants, a little concern for fellow beings and a little spirit of cooperation are expected. When these are absent, not much can happen for improvement of the general conditions of living. Compassion is seen as the fundamental quality of heart. When it does not exist man is no man.

## Message of Master *EK*



### Rama, the Avatar

The vision of the mind narrows down when one thinks of, “me, mine and my people”.

There is a point of Light in mind and that Light point gradually extincts itself when one adapts to the above process. But that point of Light widens to be a beam of Light when one recognises that there is as well that point of Light in others’ minds, too. The former method leads to blindness, the latter method leads to the Light of Wisdom. The blind king in Mahabharata followed the former path while Yudhishtira followed the latter path. The former is the process of exclusion. The latter is the process of inclusion.



*Vidura*

## Wisdom Teachings

The King  
whose strategy is unknown  
to the ones within  
and outside the palace,  
remains successful.

## *Shirdi Sai Sayings*

### Hidden Value



The true Teacher does not sell himself. He does not speak of himself. He neither claims any powers nor any knowledge. He does not offer to bestow self-realisation or liberation. He looks normal, conducts simple and exhibits nothing. Normal and natural temperament surrounds him. He does not excite people around not does he put them to falls hopes about the divine kingdom.

Do you not hide your valuable articles such as gold, diamonds and money? So too, The teacher hides the divinity to be transmitted to those who are silent.



## Message of *Sri Ramakrishna*

### The Rishis

People do not see that science deals only with conditional knowledge. It brings no message from the Land of the Unconditioned. Such message has been brought by holy men who have seen and realised God, like the Rishis of old. It is they alone that are competent to say, "God is this nature:"

## Lay Man's Prayer



'All is Divine' says Raja Yogi.  
'Not this, not this, not this' says Philosopher.  
One is the path of inclusion;  
other is the path of elimination.  
We prefer to pray in the path of Raja Yoga.

## Discipleship

### Master of Wisdom, a Magnet

Do not engage yourself in trying to rectify the patterns in others' nature. The patterns are built by everyone through repeated actions. The undesirable patterns if any cannot be so easily rectified. Did you ever see a dog's tail, which is generally curved? Even if you bind it with straight planks of wood for a long time, eventually when you remove the planks the tail tends to be curved. No person can be changed by others as very easily as he thinks. One cannot be mentors for others, generally speaking.

Irregular patterns cannot be so easily regularised except in the presence of a person who has strong regular patterns. The presence of regular patterns around would have an impact on the irregular patterns, provided the latter is surrounded by the former on a continuous basis. The continuous presence of a magnet enables rearrangement of energies in an iron piece which are otherwise deranged. A magnet can be a mentor of an iron piece. Without the presence of the magnet, however much the iron piece tries to rearrange itself, it cannot do so.

A Master of Wisdom is a magnet. Being in his presence, working with him, associating with him and serving him does the magic. A Master never tries to transform the ones that surround him. It is the presence of the magnetism around him that does the magic. The path of self-realisation at one stage necessitates the presence of a Master. When the aspirant really reaches that state the Master presents himself. Such is the natural law. Sincere students attract the true Masters; others attract others according to their quality.

*A disciple*

## Occult Meditations

### Meditation 58



**SERPENT UNWINDS INTO SPIRAL.  
GLOBE OF SPACE UNFOLDS INTO LOTUS.  
SERPENT OF TIME UNWINDS INTO SPIRAL.  
SERPENT IS IN LOTUS. LOTUS IS IN GLOBE.  
GLOBE IS IN MIND.**

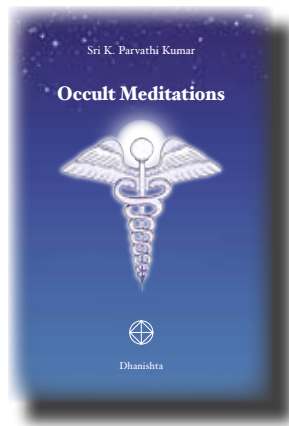
#### Commentary:

When creation is planned, the globe of space unfolds into a lotus through the means of time. The serpent of time moves in spirals, springing from the Plan. As per the movement the formations happen. The formations are filled with time and space. The formation itself is called the unfolding lotus, since unfoldment is the characteristic of lotus. The unfoldment is of awareness (of light), which is fresh and brilliant. Hence, it is called lotus. The unfoldment is in layers within the layers, which is also like the lotus. The unfoldment or refoldment is conducted by time. Time rotates matter. But the rotations are not circular, but spiralic. By the spiralic rotations matter moves from subtle to gross and again from gross to subtle. Such spiralic rotation is due to the inherent time principle, which forms the lotus of creation. Hence, the serpent of time is in lotus. Lotus is in the space globe.

The space globe, its unfoldments through time, time's spiralic movement are all in the mind of space. The space mind is the space intelligence. The seers experienced that space is intelligence and is life. "Space pulsates," says the wisdom book. It is this intelligence that manifests in gradations

up to ant, plant, man, Devas, etc. It is space life that also moves into all forms. The space globe is organised by the space mind.

The student is suggested to think of space, time and the lotus of the universe in his mind, which is representative of space mind.



## Ashram Leaves



## My Mystery

I Exist.

I am the awakening.

As the Creator, I am the awakened.

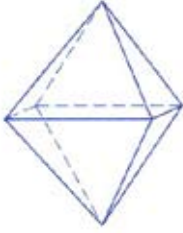
I am the awareness of creation.

I exist in the innumerable layers of creation as the layers and their awareness.

The layers exist to themselves and to the perceivers.

The intricacies of the multitude of layers of creation do not exist to "Me".

Just as the forms of plant, animal, human, etc., do not exist to the metal with which They are made up.



## Rudra

### 60. Trident of Rudra

This is the triple energy, which he holds as his weapon. This triplicity is will, love and light; consciousness, force and matter; and Ida Pingala, and Sushumna. The followers of the Path of Rudra worship the trident in their cerebro-spinal column. For the purpose of inner contemplation, the part of the trident which is considered as Ida may be contemplated in a golden-yellow colour; Pingala in a honey-yellow colour and Sushumna in a sky-blue colour.



## On Love

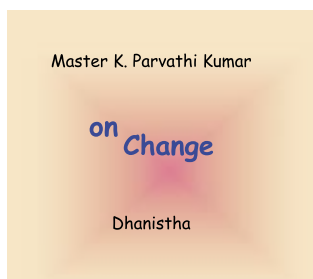
Love enables transcendence.  
Transcendental love is Love.





## On Change

It is easy to plan a strategy of change.  
But it is difficult to implement.

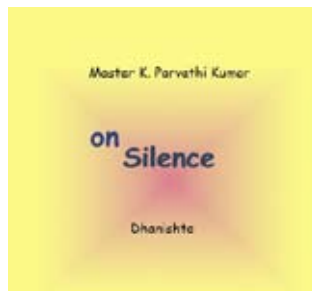




## On Silence

Silence bridges the personality  
and the soul.

Silence further bridges the soul  
and the super soul.





## Hymns on Agni

55. NUNO AGNEE VRUKEBIHI SWASTI  
 VESHIRAYAHA PATIBIHI PARPYAM AHA  
 TASURIBHYO GRUNATHE RAASI SUMNAM  
 MADEMA SATAHIMAHA SUVIIRAAHA

***Oh Lord Agni! You please lead us fast in the path where we do not encounter jackals. Ensure that we proceed through the true splendours of life. Ensure that we are not tempted by simple thoughts, speeches and actions. Ensure that we are blessed by the bliss which the Sons of Fire experience. Ensure that we leave behind 1hundreds of fragrant acts of goodwill.***

Commentary:

The hymn is self-explanatory. On the path to Light one may encounter the jackals. One need not fear of the jackals that one encounters from outside. But one should be alert enough to recognise the jackals that spring from within one's own nature. These are generally unnoticed. The traits for fall in life emerge more from within than from without. Man carries in the seed form the traits relating to the past lives which tend to sprout in favourable conditions. Since aspirants may not be as alert as the Lord Agni, who is ever alert, regular worship of fire burns away the sprouting undesirable thoughts and insulates the aspirant from the danger of falling

into manipulative thoughts and simple actions. Therefore, the worship of fire is found significant. The rest of the blessings that are sought in the hymn are self-explanatory.





## Violet Flame Invocations

Violet Flame!  
Violet Flame!  
Lead us into Your Flame!  
Leave us not in blame.  
Suffer us not to the Dame\*.

Violet Flame!  
Violet Flame!  
Teach us the skills of the game!  
Save us from Maya's jam!  
Bless us until the needed calm!

\*Dame - the lady of illusion

From the Teacher's pen



## Questions and Answers

**Question:** Master, how do we find our teacher? What are the insignia? Are you our teacher?

**Answer:** Your teacher is in you. This is the truth. You will find your teacher depending upon the degree of sincerity with which you aspire to follow the Light, to follow the Truth. As far as possible apply whatever little knowledge you already hold in your daily life. Be truthful to yourself. Be sincere in what you do. Be intent-full. Be playful in your pleasure time. Do not submit yourself to too many rules and regulations. Your sincere aspiration leads to a guide, a teacher in the outer world.

If he is a true teacher he leads you to the teacher in you who awaits you in your heart. He shows you the way to find your teacher in your heart. He may let you initially depend upon him but he would not let you be his dependent for all times to come. A true teacher leads the true aspirant to the one teacher who is in the heart of one's own being. He gives the technique and also gives certain tips to establish contact with the teacher in you. The purpose of a true teacher is to lead you to the teacher in you who leads you further to the Truth in you. You will realise in due course that verily the Truth, the Teacher and you are but one and the same. Be sincere in your approach and wait with patience.



## Master Morya Part 37

### A Discussion with the Thâkur on Man and his Post-Mortem States. The Sûtrâtman. Sleep and Death. Ânanda Svâmi and the Colonel's Delight.

We had barely finished dinner in the summerhouse, when it was announced that a certain young man in yogi attire, sent by "Thâkur-Sâhib," asked permission to see us. At the mention of the Thâkur's name, the Colonel, who had already inquired several times about his guru (teacher), but received no satisfactory answer from Nârâyana, hastily jumped up from the table.

Before us stood Thâkur's messenger, who, barefoot, had slipped across the bridge noiselessly in the dark.

He appeared before us suddenly, as if grown from the marble floor of the kiosk. He stood at the entrance, immovable, with eyes lowered and arms crossed on his breast, the flickering candlelight swaying in the breeze playing over him. Long fantastic shadows slid over his face and white attire, giving his small, slender figure, almost transparent in its leanness, something strange and unearthly in its contour.

"Sarvabhishta, Mundaka!" (may all your wishes be fulfilled) – his soft, calm voice, gentle as a maiden's, was heard to say in the Tamil vernacular.

Each of us answered his greeting according to his knowledge and ability.  
P 571

"You came to us from Thâkur-Sâhib?"

"Yes, it is he who sent me to you."

"Are you his chela?... Oh, yes, forgive me, by the way, for taking you for one of the Brotherhood of the Grove. I supposed..."

And without saying what he supposed, the Colonel burst into a gay, though constrained, laughter.

"You do not have to apologize because you surmised correctly. I actually do belong to that Brotherhood."

I felt very sorry for the Colonel, so completely was he embarrassed at this new defeat. Without taking his eyes off the face of the youth, the poor president stared at him from behind his glasses with a most perplexed look, as if he were seeing a phantom standing before him. I, too, gazed at him with the greatest curiosity, and behind me, the Hindus – Mûljî and the Bâbû – did likewise. Nârâyana alone remained sitting, sadly hanging his head and gazing, it seemed, only into himself, without noticing anything or anyone.

"You... You are one of those amazing adepts... You are a sâdhu?... I just knew it... I had a presentiment of it!"

"O my prophetic soul!" quietly remarked the Bâbû, quoting Hamlet.

"So far, I am only a candidate, a humble sishya, (A disciple of a higher degree, a student of the "secret sciences," who has surmounted all the trials except the last which would make of him a sâdhu.) Colonel-Sâhib, who is at your service and to whom Thâkur-Sâhib entrusted your preliminary training, if you permit."

The stranger spoke quietly, seriously, and with great dignity. There was not the slightest smile on his youthful, almost childlike face, which had not the least trace of beard except for a barely noticeable down on the upper lip. To judge from appearances, he seemed no more than sixteen years of age. Only by examining more attentively his remarkable face, undoubtedly of the Dravidian type, could one notice signs of manhood on it. He sat at the table with the bright light of the lamp falling upon him, making it possible for me to scrutinize his features more closely. He was shorter and, in general, of even a slighter build than our small Bâbû. His hands, small as those of a ten-year-old girl, lay on the table, and the color of their satin skin reminded me of beautiful bronze hands on a paperweight. He had an oval face, striking in its leanness and tenderness, with a small straight nose, a small mouth with thin lips, and unnaturally large eyes and heavy eyebrows, as black as if he had daubed them with tar. All this was framed by a leonine mane of curly ringlets that fell loosely over his ears, forehead and shoulders. His dress, like

our Bâbû's on a hot day, consisted of several yards of thin white muslin, under which could be seen the angular contours of his emaciated frame. Two deep furrows between the brows, similar folds at the corners of the mouth and eyes, eloquently contradicted the first impression of youth. We learned later that he was well over thirty years of age.

He sat motionless, as if reverently waiting to be questioned, and calmly gazed with an inscrutable look at the Colonel. If it had not been for the slight movement of his necklace made of rudrâksha seeds, (Rudrâksha is the seed, or rather the kernel, of the fruit of a tree growing in the Himâlayas and the Nîlgiris, mostly in Nepal.) one might have taken him for a stone statue, so deathly still was his face.

Master EK

*Vishnu Purâna*  
CHAPTER VII



## The Wrath of Brahma

The Kumaras (Sanaka, Sanandana, etc... ) previously created remained passive towards the created beings, because they did not want to get attached to the beings of the various planes. They are all the beings realised in wisdom. They are free from attachment and relativity. Because these Great ones stood passive towards the creation of the planes, Brahma, the Creator, got highly furious. His wrath was sufficient to burn away the planes of existence. There was the emanation of an array of planes by which the Lokas (planes of existence) were made brilliant. Out of the knotted brow of the Angry Creator, Rudra, who had the brilliance of the midday sun, was born. The emanation of his body was terrible and beyond measure. Brahma, the Creator, uttered: "Divide yourself!" and disappeared in anger. Then Rudra divided His body in two halves. This was the Lord with the female as His Half.

Then Rudra divided His body into two halves, one female and one Himself, the male (this marks the birth of the Deva Consciousness on the higher planes, which is responsible for the differentiation of sex on the lower planes, mental, emotional and physical.) Then He further divided His male potency into ten and one parts (this marks the differentiation of the five pairs of organs and the consciousness that forms the centre.) Then the Lord divided the feminine half into many pairs: the passive and the active, the peaceful and the aggressive, the dark and the brilliant.

## Extracts From The Teachings Sri Suktam

The Nature and the Characteristics  
Of the World Mother, Part XLVII

Dr. Sri K. Parvathi Kumar

Wengen Group Living, Switzerland, May 2002

### *Thirteenth Hymn*

#### *continuation*

Pushtim – all-round development

If someone is round, we say, he is full. That is why among all the symbols the sphere is seen as the most perfect symbol. It has no angles. The cube is also a perfect symbol, and it has right angles, but still they are angles. In the case of sphere there are no angles, All angles are rounded up. If one becomes a grand Master and is bestowed the 33rd degree of masonry, he is said to be rounded up of all angles. There is no angle in him. He is just a globe. It does not hurt like an angle. It does not suffer inversion. You can put it upside down, you can put it sideways, you can put it in thousand ways, still it appears the same.

That is Pushti. That is fullness. That is the zero which can be positive and negative alternatingly. Not the way we understand negative. Negative means: it can be potential, it can be manifest. When it is potential, it is seen as negative by the observer. When it is manifest, it is seen as fullness. Only fullness can have the ability to be nilness. Others cannot be nil. If you can be nil, you can be full also. If you are 1, there is 9 to counter it and make you zero. If you are 2, there is 8 to counter it. If you are 3, there is 7 to counter it. If you are 4, there is 6 to counter it. If you are 5, there is 5. It is complementary, not countering. That is why in many theologies the Son of God is given Number 5. The Kumaras are 5 in 3 planes which makes 15. 5 is Son of God in one system. If you grow more than 5 and become number 6, number 4 can counter you. If you become 7, number 3 can counter you. If you become 8, number 2 can counter

you., and if you become the biggest number 9, just 1 is enough. Very often big personalities are neutralised by very simple people.

Only 10 is the perfect figure. All other figures, unless they learn to be complementary, they have problems. Only 5 does not have problems. That is why the Kumaras have no problems in any plane of existence. They can freely work in any plane of existence, because they can find their level with the people they are dealing with. If you maintain a fixed level, you are happy with those who meet you at that level. A person who is of higher level or lower level cannot become comfortable to you. There are people who feel they are of higher level, and they are not comfortable with people whom they think are of lower level. But the people of lower level can be a challenge to the people of higher level, and vice versa.

So, where do we meet level? At number 5! And what is the 5th sign? Leo! What is its quality? Love! Cordiality! That is the only level in creation. Other levels are upside down, and they have to set up again to get upset! Only God is perfect whose number is 10 and the Son of God whose number is 5. Others have problems of levels. For the intellectuals the emotionals are a problem. But even in the emotional, the divinity has no objection to reside in, but the intellectual has a problem. That is why intellectuals are always encountered by emotionals, and emotionals have problems with intellectuals, because the emotionals feel that they are disarmed before the intellectuals. Each one has to learn from the other and find a higher agreement. Superiors have conflicts with inferiors. Inferiors have conflicts with superiors.

The Devas and the Asuras have always been fighting, but with a Son of God neither the Asura fights nor the Deva fights. They follow the golden middle path and meet levels. It requires some Mercury to meet levels. People who don't use their Mercury cannot meet levels. Mercury can find the level. When we speak of Mercury level, it measures up. If the heat is too high, it raises to meet. If it is cold, it can come down and meet.

So, in simplicity meet the intellect with intellect! Meet the loveable as the loveable! Meet a manipulator as manipulator! Meet a business man as a business man! According to you I meet level. That is fullness. It is not possible for people who are fixed. People are fixed in many ways. Their fixation with their dogmatic concepts can never make them flexible and

as much as man is not flexible, so much he suffers. This you have to learn from the lives of the initiates. They meet levels, and this quality is with the Mother. That is why She is called Pushtim.— fullness.

How did the planets emerge? In round shapes! That is also your original form, when you are formed in the womb of the mother. Everything starts as a bubble. Space also starts as a bubble. It does not emerge as a cube, and it cannot emerge as a triangle, because we like triangles. If someone is too fond of pyramids, still this pyramid cannot come by itself. Be it pyramid, be it equi-lateral triangle, be it square, be it cube, all polygons merge in the sphere. That sphere is indicative of a totally rounded up situation. That is why it is called cosmic egg, this egg, that egg. That is Pushtim.



Paracelsus

Health & Healing

The Quality of Thoughts



Quality of thoughts decides the quality of one's well-being. They are of great importance. Saying so is not a mere moralistic dictum. There is science behind it. Rhythmic and healthy thoughts enable healthy flow of life. Gushing of thoughts and emotions disturb the life stream. Frequent disturbance to the life stream can manifest sickness. Velocity of thought is as important as the quality of thought. When the velocity is high mind tends to be hyperactive resulting in over-burning of life energy. This is one reason attributable to the disease Cancer among many. Hyperactive people are apt to burn their system. They tend to be hyper-tense, which builds pressure within and results in strokes as well. Many are sicknesses of hyperactivity. They tend to be restless, anxious; irritation is at their doorstep.

When the flow of thoughts are of low velocity, inertia sets in and causes formation of much mass in the tissues which would lead to forgetfulness, lack of continuity of thought, mistakes in speech and writing. The mass in the body prevents attuning between brain and body and brain and speech. The lack of good coordination between the body limbs is generally seen. Carbons accumulate affecting the liver, the stomach, the pancreas and the spleen. The accumulation would even affect the flow of blood in the arteries. Carbonation is the slow process that gradually takes control over the health of the body. Carbon is anti-life.

Thus inert persons bring in anti-life and hyperactive persons oxidise.

The velocity of thoughts decides the dynamics of the person. He could

be over active or inert generally or he could be alternatively overactive and inactive leading to the related sickness.

Apart from the above the quality of thoughts brings in health or ill health. Excessive passions, bouts of anger, extreme love / hate attitudes as also pride and prejudice affect the quality of conscience which in turn affects the quality of life energy.

The wisdom says that the forerunners of thought weave the aura of a person. The men are therefore strongly recommended to review their thought quality and thought velocity. There is much gloom and depression prevailing over many, which can be dispersed by changing the direction of thoughts. Rig Veda gives a good but small invocation, which cannot be lost sight of in the context of human thought activity.

“Let good thoughts come to me from all directions.”

Dr. K. Parvathi Kumar

Extract from: Paracelsus – Health and Healing

With a subscription you support this important work (€ 77 / year).

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### Children's Section

## The Doctrine of Ethics\*

**FOOD IS GOD FOR THE HUNGRY.  
DONOR IS GOD FOR THE NEEDY.  
FORBEARANCE IS GOD IN MAN.  
LOVE IS GOD IN THE MASTER.**

Dear Children

Mind is a gift of God to man. It has the ability to think, to plan, to execute, to discriminate, to choose and to comprehend. It also has the ability to retain in it the memory of experiences and of information gathered. Generally, man loses the abilities of mind as he progresses and he runs after desires without discrimination. When man is overpowered by desire, he tends to be manipulative to fulfil his desire by hook or crook. Such mind loses the natural gifts that it inherited. Such minds cannot be rectified even through prayers. The only sure way is to introspect, discriminate and straighten the desire to be a desirable desire. One encounters oneself and has to straighten the distortions and eliminate manipulations through application of one's conscience. If conscience is lost all is lost. Beware of this at the very initial step of life's journey.

Dr. K.Parvathi Kumar

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\* From the book THE DOCTRINE OF ETHICS by Dr. K. Parvathi Kumar, Dhanishta Edition

\*\* See [www.jugendforum-mithila.de](http://www.jugendforum-mithila.de)

**Stories For Young People**

## The Greatest Offering (1)

Radhamohan was the only son of his parents. He left his native mansion, fitted with all modern amenities and comforts. Now he stood before the Swamiji in a beautiful Ashram in the jungle of Himalayan Valley. He said "My parents do not understand my requirements. My developing mind and expanding consciousness craved for a change. I come to you to find my path. In your Ashram I find everything lively and everyone active. I do hope you will permit me to settle here for good."

Before him the Swamiji stood like a smiling tower through whose eyes the lights of the inner halls of consciousness glittered. "Work, Work! It's one's work that makes one lively. Forty years ago, my Child, this was all a thick jungle which was a thoroughfare amidst the city off snakes, scorpions and bushes, talking in the various languages of wild insects. With bare feet and empty hands I was ordered to settle here to build or rather to create this Ashram Village. Now you find this place habitable with all the amenities including postal and telegraphic communications. You say you have everything in your native village. Everything is arranged like a silver spoon in your mouth, or a foot-stool before your feet. It is the one thing that converts a worker into a thinker and spoils him to withdraw into himself to live in the ill-ventilated house of his own likes and dislikes. Then the helpless being likes to call himself a philosopher or an artist."

Radhamohan felt disappointed about the over-critical and uncharitable attitude of the Swamiji. He thought he came to the wrong person in his life. However, he said: "I thought your Holiness would receive me into your divine bosom with stretched hands..."

## WINDOW TO WORLD SERVICE NEWS & ACTIVITIES (Inputs welcome)

### SPAIN

**Name of the group:** Good Will In Action – Buena Voluntad En Acción

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**E-Mail:** [bva@pangea.org/wtt.spain@gmail.com](mailto:bva@pangea.org/wtt.spain@gmail.com)

**Website:** [www.buenavoluntad.org](http://www.buenavoluntad.org)

### Activities

“Buena Voluntad en Acción” is a social NGO working on behalf of the Fourth World. Attempts to eradicate poverty, marginalization and social exclusion by promoting the spirit of solidarity and volunteerism. BVA is a humanitarian organization working for the disadvantaged, to overcome poverty and misery, through comprehensive care assistance programs. Our goal is to create good relationships to build a society more humane, just and solidary.

We are legally established in May 1997. We chose Pueblo Seco due to the growing need of the neighborhood and lack of social support associations working in the area. We are an NGO, independent, not religious, nonprofit and volunteer-based. We work for the neighborhood of Pueblo Seco for social integration and employment of people who live in situations unfavorable.

Following the line of recent years, our work has focused on people who, for various reasons, suffer from situation of social exclusion and are victims of poverty in a broad sense.

The population base on which we focused our efforts mainly corresponds to families and single people of immigrant origin, who for various reasons, have more difficulties to blend in and have a dignified life in our society.

Thus, we could achieve the general objective of the organization by improving social conditions, labor and cultural rights of people, ensuring their full development and independence in the society.

This general objective has been carried out with the realization of specific goals:

We get closer to 10,000 uses, with already 9,573 in total.

- The coverage of basic needs (food and clothing) represents 38.1% of the total activity of the entity.
- We have continued to provide information and admission interviews to the neighborhood with a weight of 17.7% respect to the total.
- The educational Training and Employment Integration has remained to one of our major points, with 37.9% of the total activity of the entity.

The work of Buena Voluntad en Acción has been made possible by the voluntary participation of so many people who have given their time and skills to serve this cause.



## Libra

### The Mother with the Tiger in the Jungle of the City



In the Vedic tradition they worship the Mother Durga, the dweller of the threshold. That threshold has to be consciously passed. You recognise the threshold as Durga, the mother. Unless you are in a program of discharging your karma you will not enter. Her tiger does not let you in if you don't do your objective work properly. That is why Durga teaches the related discipline to subjectivity. From plane to plane there is the threshold. You can only pass unless you have fulfilled the related activity and gained the related enlightenment. If you walk into greater light without preparation you get back.

K. Parvathi Kumar, Seminar on "The Significance of the Cardinal Cross", 2010

### Book review



#### BOOK OF RITUALS

There is a practical key to the theoretical side of wisdom. Without this key the whole core of wisdom is not realized without the practical approach. There is a way of doing certain things in a certain manner which enables man to cross his own nature. This presupposes a science of doing things and that science is the "Science of Rituals". A ritual works as a sacrament to change and broaden the nature of man.

This book is a concise treatise on the Rituals of the Wisdom Religion. The work deals with the sacramental value of initiations and the changes brought to the student thereby.

*Ekkirala Krishnamacharya: Book of Rituals*

*Copies: The World Teacher Trust, [info@worldteachertrust.org](mailto:info@worldteachertrust.org)*



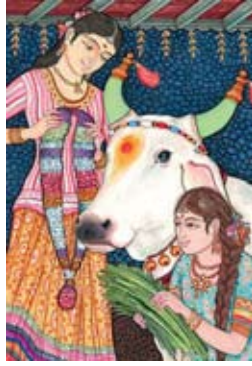
#### SRI SASTRI GARU. STORY OF A DISCIPLE

Discipleship is a process of transformation of man from his state of ignorance to the state of Light. On the Path he meets himself. A true disciple lives hiding the Light within and working silently for its further glow. The Light he sheds is in silence and simplicity. One such example of disciple is K.V. Sastry, whose story is inspiring to those who walk

the Path of Light in simplicity. It demands simplicity to realise the Truth. The reader finds such simplicity in the life and the events of the life of Sri Sastry.

*K. Parvathi Kumar: Sri Sastri Garu – Story of a Disciple*

*Copies: The World Teacher Trust, [info@worldteachertrust.org](mailto:info@worldteachertrust.org)*



## COW

The presence of Cow helps all theistic practices until their fulfillment.

Service to Cow helps the three preceding and three succeeding generations.

Cow supports land's fertility and land supports Cow's nourishment and growth.

Cow urine is the best agent to maintain the pH levels of cultivable land.

## Astrological Important Days in September/October 2011

|        |       |                                                                                                                                                                                                                                                                                                                                               |                         |
|--------|-------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|
| 23.09. | 03:22 | 11 <sup>th</sup> phase of descending moon starts<br>☾<br>Contemplation upon the Pitris (End 24.09. at 01:45)                                                                                                                                                                                                                                  | ☉ 29°41' ♏ / ☽ 29°41' ☾ |
|        | 11:04 | ☉ → ♎ / Sun enters Libra<br><b>Autumn Equinox:</b> Contemplation upon the female Hierarchy                                                                                                                                                                                                                                                    |                         |
| 26.09. | 16:54 | Phase of new moon starts<br>☽<br><b>New moon point of Libra:</b> Festival of Lights, to dispel the darkness of the darkest new moon; contemplation upon 'The Pledge'                                                                                                                                                                          | ☉ 03°11' ♎ / ☽ 21°11' ♏ |
| 27.09. | 13:08 | ● New moon of Libra<br>♂<br>☉ in ♎ – 1 <sup>st</sup> to 9 <sup>th</sup> ascending moon phases:<br>Worship the descent of the Lunar Ray through the symbolism of Durgâ, the Mother impermeable, and to culminate the worship on the 10 <sup>th</sup> ascending moon phase (Durgâ-Festival).                                                    | ☉ 04°00' ♎ / ☽ 04°00' ♎ |
| 03.10. | 17:33 | ● 8 <sup>th</sup> phase of ascending moon starts<br>☽<br>(End 04.10. at 17:08)                                                                                                                                                                                                                                                                | ☉ 10°05' ♎ / ☽ 04°05' ♏ |
| 06.10. | 18:14 | 11 <sup>th</sup> phase of ascending moon starts<br>♏<br>Departure of Shirdi Sai Baba from the physical (End 07.10. at 19:34)                                                                                                                                                                                                                  | ☉ 13°04' ♎ / ☽ 13°04' ♏ |
| 07.10. | 02:31 | 23 <sup>rd</sup> constellation Dhanishta starts<br>☾<br>17°21' ♏                                                                                                                                                                                                                                                                              |                         |
|        | 21:00 | Dhanishta- <b>Meditation</b> (Dhanishta-constellation ends 08.10. at 04:34)                                                                                                                                                                                                                                                                   |                         |
| 11.10. | 01:39 | Phase of full moon starts<br>♂<br>Contemplation upon the Mother sitting on the lion                                                                                                                                                                                                                                                           | ☉ 17°19' ♎ / ☽ 05°19' ♏ |
| 12.10. | 04:06 | ☉ <b>Full moon of Libra</b>                                                                                                                                                                                                                                                                                                                   | ☉ 18°24' ♎ / ☽ 18°24' ♏ |
| 19.10. | 17:29 | ● 8 <sup>th</sup> phase of descending moon starts<br>☾<br>(End 20.10. at 17:19)                                                                                                                                                                                                                                                               | ☉ 25°54' ♎ / ☽ 19°54' ☾ |
| 22.10. | 14:34 | 11 <sup>th</sup> phase of descending moon starts<br>♏<br>Contemplation upon Śiva, the cosmic 1 <sup>st</sup> Logos (End 23.10. at 12:06)                                                                                                                                                                                                      | ☉ 28°46' ♎ / ☽ 28°46' ♏ |
| 23.10. | 20:30 | ☉ → ♏ / Sun enters Scorpio<br>☉<br>☉ in ♏ – every evening at the twilight hours:<br>Light a lamp at the door-front and worship the serpent-power Kundalinî, that encircles around the stem of the Base Centre<br>☉ in ♏ – every Monday (24.10., 31.10., 07.11., 14.11., 21.11.):<br>Contemplation upon Śiva, the cosmic 1 <sup>st</sup> Logos |                         |
| 26.10. | 01:46 | Phase of new moon starts<br>☾<br><b>New moon point of Scorpio:</b> Contemplation upon 'The Pledge'                                                                                                                                                                                                                                            | ☉ 02°13' ♏ / ☽ 20°13' ♎ |
|        | 21:56 | ● New moon of Scorpio                                                                                                                                                                                                                                                                                                                         | ☉ 03°03' ♏ / ☽ 03°03' ♏ |
| 30.10. |       | End of summertime (MEST 03:00 h ⇒ MET 02:00 h)                                                                                                                                                                                                                                                                                                |                         |
| 02.11. | 05:26 | ● 8 <sup>th</sup> phase of ascending moon starts<br>☾<br>(End 03.11. at 06:01)                                                                                                                                                                                                                                                                | ☉ 09°24' ♏ / ☽ 03°24' ♏ |

All times until 30.10. are in MEST (middle european summertime) later in MET (middle european time).

From: »Astrological Calendar 2011/2012«;

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## Great Invocation



Let us form  
the circle of good will.  
OMNIA VINCIT AMOS.  
From the South  
through love,  
which is pure,  
from the West  
through wisdom,  
which is true,  
from the East  
through will,  
which is noble,  
from the North  
through silence,  
which is golden.  
May the light make  
beautiful our lives.  
Oh! Hierophant of our rite,  
let his love shine.  
OMNIA VINCIT AMOS.  
Let us form the Circle of the  
World Servers.

We bow down  
in homage and adoration to  
the glorious  
and mighty hierarchy,  
the inner government  
of the world,  
and to its exquisite jewel,  
the star of the sea  
– the World Mother.

From the point of light  
within the mind of God,  
let light stream forth  
into the minds of men.  
Let light descend on earth.

From the point of love  
within the heart of God,  
let love stream forth  
into the hearts of men.  
May the Lord return  
to earth.

From the centre  
where the will of God  
is known,  
let purpose guide  
the little wills of men,  
the purpose  
which the Masters  
know and serve.

From the centre  
which we call  
the race of men,  
let the plan of love and  
light work out,  
and may it seal the door  
where evil dwells.

From the Avatâr  
of Synthesis  
who is around,  
let his energy pour down  
in all kingdoms.  
May he lift up the earth  
to the kings of beauty.

The sons of men are one,  
and I am one with them.  
I seek to love, not hate.  
I seek to serve,  
and not exact due service.  
I seek to heal, not hurt.

Let pain bring  
due reward of light  
and love.  
Let the soul control  
the outer form and life  
and all events,  
and bring to light  
the love that underlies  
the happenings of the time.

Let vision come and insight.  
Let the future stand revealed.  
Let inner union demonstrate  
and outer cleavages be gone.

Let love prevail.  
Let all men love.

Master DK



*TAVĀHAMAGNA ŪTHIBHIR  
MITRASYA CHA PRASASTIBHIHI  
DWESHO YUTO SA DURITAT  
URYĀMA MARTYĀNĀM*

OH LORD AGNI  
YOU ARE THE FRIEND OF ALL.  
BY WORSHIPING YOU  
THE HUMANS SHALL RECEIVE PROTECTION.  
MAY THEY GET LIFTED UP FROM THEIR MALICE  
AND MALICIOUS THOUGHTS AND ACTIONS  
INTO THE KINGDOM OF GLORY.  
MAY THAT BE SO.

### Commentary

The fire is in all. No one exists without fire within and fire around. Fire protects life from within, but fire outside can destroy life. Anger, hatred, and enmity is the fire that humanity regularly emits through its nature, its thought, and its action. Fire therefore need to be worshipped to burn up the malice in humanity and lift them up into the splendours of life, which is also an aspect of fire. In fact, this is the need of the hour. When as many goodwill workers worship fire with this attitude, the present day crisis can be dissolved.