

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Leo 2012 Simha

Letter No. 4 / Cycle 26 –2012 22nd July until 22nd August 2012

The World Teacher Trust - Global



Invocation

May the light in me be the light before me.
May I learn to see it in all.
May the sound I utter reveal the light in me.
May I listen to it while others speak.

May the silence in and around me present itself,
the silence which we break every moment.
May it fill the darkness of noise we do,
and convert it into the light of our background.

Let virtue be the strength of my intelligence.
Let realisation be my attainment.
Let my purpose shape into the purpose of our earth.
Let my plan be an epitome of the divine plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the eternal kingdom OM.



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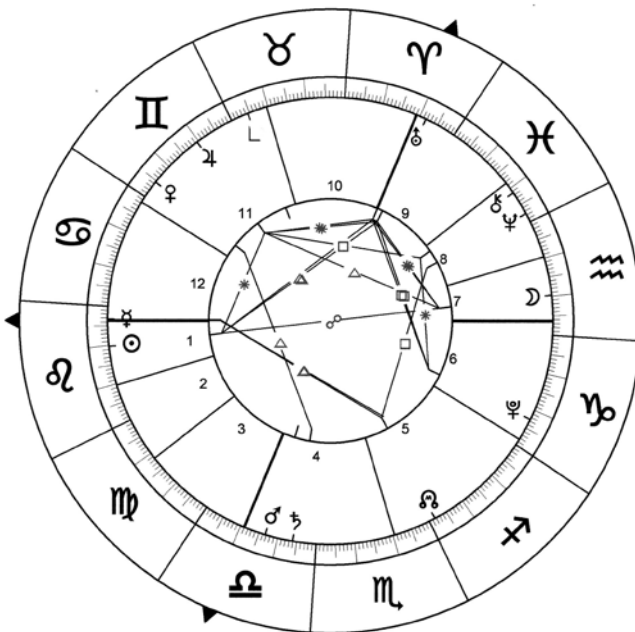
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Prayer of the year 2012 / 13

UP THE LADDER CREEPS THE SERPENT.

SELF-OPPOSING COILS HARMONISED.

ASCENDING THE VERTICAL BORE OF THE ETERNAL CENTRE.



Full Moon of Leo, 2nd August 2012, 05:27 am MEST



Message of the month of Leo

Sun enters Leo to remind humanity of the need to be leonine, to be noble, to be straight forward, to be transparent, to be non-manipulative, to gain purity of mind. The human crisis and conflict continues to be as long as the leonine qualities remain un-accomplished.

Leo is the symbol of many nations. The majestic Leo is ever displayed in the cities but is seldom appreciated and followed. The majestic symbols at crossroads at bridges and at many other important public places remain unnoticed and unattended. They remain dusted and polluted, which is a symbolic presentation of the condition of humanity.

The immediate next step for humanity is to transcend from solar plexus which is posited below the diaphragm to the heart which is posited above the diaphragm. This single step remained unattained for thousands of centuries. The human history shows the related attainment at individual level but not at groupal and organisational level. Every century witnesses a dozen humans making the step. Amidst billions of humans a dozen is insignificant, but that is how it is so far.

Humans know what they need to do, but the inclination to do is insufficient by and large. There is no dearth of knowledge. There are innumerable teachings, teachers and scriptures that continue to inform. Such information is not taken into daily life to cause the necessary transformation. Humanity ever dreams of a new age and a golden age. They expect miracles to happen from the sky, messiahs to descend. But even when such events happen they either reject or use them for their selfish purposes.

Seeking has been the wrong key that humans apply, be it mundane or super mundane. Least people realise that seeking makes one self-centred and egoistic. Seekers of liberation least understand that liberation does not happen as they keep seeking. The wrong key of seeking needs to be replaced by the key of offering. Offering oneself to the surroundings enables transcendence and the consequent liberation. Seeking makes one conditioned, imprisoned to the point of suffocation. The plant offers

and unfolds into a beautiful flower. Nature shows daily many examples of offering. Blind men do not see the message, they continue to seek and suffer. Men intend to be happy, but least they know offering gives such happiness.

In recent times Madame H.P.B., Master C.V.V., Sri Aurobindo, Master M.N. and Master E.K. demonstrated leonine lives. They are born in the month of Leo and demonstrated the leonine way of living. Over centuries there are a host of others who offered themselves and attained liberation. There is an ancient-most saying in Sanskrit which speaks of this key:

“Tyagena Ekena Amruta Maanasamu”

It means, offering is the only way to gain immortality.

It concurrently means seeking leads to death. “Offer and be a King. Seek not to be a beggar.”

The message of Leo is the message for all times to come and is applicable at all planes of existence. Even devas fall if they seek. Even Sun globe falls. Sun shines in the sky so very brilliantly since he offers so very completely. He is the giver. For this reason Leo is said to be the house of Sun.

Message of the Teacher



The Indweller

When men witness the forms, the qualities and the personalities, they stay ignorant. When they see the indweller of them, they shift from ignorance to knowledge. Ignoring the indweller leads one to the duality of life. There is no one dearer than the indweller to oneself. As much as one learns to see the indweller, the indwelling God approaches the seer. The indwelling one is ever joyful and relating to the indwelling one enables inauguration of joy in one's life.

In life friends are formed and many of them cease to be friends in due course of time. Friendliness based on worldly values and personality likes and dislikes suffer from mortality. But the principle of friendliness is eternal and real to those who relate to the indwelling one among all. Duality disappears and the truth of joyful living prevails.



Gita-Upanishad

Lord Krishna

Fulfil the Obligations of Life

THE ONE WHO FULFILS THE OBLIGATIONS OF LIFE ON A DAILY BASIS AND THE ONE WHO IS EN-GAGED IN MEANINGFUL ACTIONS IN RELATION TO SURROUNDING LIFE AND DOES NOT LINKUP FRUITS TO SUCH ACTIONS IS THE ONE WHO IS TRULY DETACHED. HE IS THE YOGI. BUT NOT THE ONE WHO ABANDONS ANY OF THE THREE STATED ABOVE. 1/6

Commentary

The Lord gives the core discipline to stay detached and to be a Yogi. Life is full of fire. The fire requires to be directed appropriately on a daily basis. It cannot be allowed to be burnt away for frivolous, trivial, nonessential, peripheral activities.

As men are born they incur obligations. The obligations are twofold. Primarily:

1. One is obligated to the body that enables him to live, to relate to, to experience and to evolve. The body needs require to be fulfilled. They can neither be neglected nor can be given excessive attention.
2. One is obligated to the parents who facilitate birth, cause nourishment, ensure appropriate growth. One needs to reciprocate to the needs of the parents.
3. One is obligated to the Teachers for he receives knowledge in varieties of ways, which enables him to fulfil the purposes of life.
4. One is obligated to the nature consisting of the human, animal, plant

and mineral kingdoms from whom he receives varied support. He needs to discharge the obligations by appropriately serving the four kingdoms.

5. One is also obligated to the five elements of nature and is therefore required to discharge obligations to the five elements by right attitude towards them.

Unless the five obligations stated above are discharged one remains bound and indebted. Such indebtedness causes conditioning of consciousness.

To ensure personal evolvment one has to undertake constructive programs which benefit the society at large. This is a secondary obligation without which evolution does not happen for the incarnated being. Doing so, should be understood as a bounded duty. Fruits if any arising therefrom may be accepted, but one cannot orient to the fruits and do the work. Orientation has to be to the work. If one orients to the fruits he remains bound again to the world. Seeking, grabbing, extracting fruits of actions is worldly. Manipulating works for fruits is sinful. Care should be taken to orient to work and enjoy the work as such.

When the above discipline is followed one stands out of attachment to the surrounding world. The detached ones are those who thus overcome obligatory karma. Such ones tend to be Yogis.

Thus Yogis distinguish themselves from religious worshipers, ritualistic priests and aggrandising theists.



Message of Lord Maitreya

The Slipping Step

Yoga practice is significantly hindered if one is indulged beyond the need vis-à-vis the domestic, professional and social activity. Time should be regarded as the most important factor by a disciple. He cannot burn away time in avoidable social, domestic and professional activity. Care should be taken in developing associations around oneself. A socializing one drifts away from yoga for sure. Such ones waste time, energy and money. Their fire of conscience dampens through excessive triple activity. The domestic, social and vocational activities would be suicidal to the soul when they are beyond proportion. In such situations one would not be able to establish the golden triangle of meditation, study and service. It is essential for disciples to simplify their life.

Message of Master Morya

Maruvu Maharshi



Temple Building

Don't tread the path of self-promotion for self-aggrandisement. Rid yourself of the glamour of being special. Be normal and simple. Let simplicity prevail over every facet of life. Simplicity itself is a speciality in a world of glamour. Do not step out of the field of simplicity in any way. To be special be simple. If not, you enter into a self-defeating loop.

Meet levels with the colleagues in every walk of life. Do not stand out in glamour of cognition. Entertain welfare of the beings in your mind and strive towards it.

We need qualitative, strong, big bricks for temple building, but not special stones that do not resonate well with the other stones used in building the temple.



Message of Master Koot Hoomi

Devâpi Maharshi

Enlightening

It is but natural that the eyelids shut the eyes when there is dust around. In dusty ambience not much can be seen. Similarly, a mind filled with worldly thoughts cannot witness light that surrounds oneself. Beyond the world is the light. Within the world also is the light but it is veiled by dust. One should learn to alleviate oneself from the dusty unclear worldly thoughts.

Entertain thoughts of clean life daily, as distinct from thoughts of the world. As much one entertains in mind beings of light and thoughts of light so much one walks into the vision of clear light.

Let vision prevail and enlighten the world.

Message of Master *EK*



The Play and its Background

An article may break but the material used for the article remains.

An earthen pot may break. But the clay with which it is made cannot be broken.

The forms built may disappear but the source from which they are formed does not.

All that you build including your body may decay, die and disappear, but you do not.

Whatever disappears reappears, since the soul of all is eternal.

Appearance and disappearance is the play upon the background of the Eternal.



Vidura

Wisdom Teachings

Let not pride,
fear,
want of money,
opinion of associates,
deter you
from respecting the man of wisdom.

Shirdi Sai Sayings

Nine Qualities for Discipleship



The accepted disciple holds the following qualities:

1. Fiery aspiration.
2. Realisation of the impermanence of outer attractions.
3. Inclination for internalising the senses.
4. Constant exercise to be pure in thought, that keeps the mind clean.
5. To be compassionate in speech and in action.
6. To desire the good in preference to the great.
7. To apply mind frequently upon respiration and pulsation to retain the mind stable and comfortable.
8. To constantly upgrade the quality of the mind through study of scriptures/association with men of goodwill and through carrying out acts of goodwill.
9. Willingness to be guided by the seniors who are treading the Path of Truth (the Teachers)



Message of
Sri Ramakrishna

God Incarnate

God is indeed infinite. But He is omnipotent. He may so ordain that His divinity as love may be manifest in flesh, and be among us as God Incarnate. Love streams to us from God Incarnate. Divine Incarnation is a fact. Of course, one cannot make this perfectly clear by means of words. It is a fact to be seen and realised by spiritual eyes. One must see God to be convinced of this.

Lay Man's Prayer



Yes 'offering' – what a sacred thought!
Can there be a better feel,
better thought
and better act
than offering.
Lord! Teach us offering.
Let this be a life of offering.

Discipleship

The Clouds

The clouds have no particular preferences to rain in one place and not rain in other places. They have neither likes nor dislikes. They move as per the plan and shower as per the plan. It can be in useful or useless places. Wherever the clouds rain there the earth is benefited.

They move as per an unseen plan. They either move together or move alone. They gather to disappear. Such is the life of a disciple.

A disciple is one who is neutral and responds to a call. He moves all by himself. Others gather and disperse, but he gathers to move fulfilling the surrounding life. Such disciples stand out amidst humans. They stand high like the clouds that move high in the sky.

A disciple

Occult Meditations

Meditation 68



SERPENT ASCENDS AS EAGLE. EAGLE DESCENDS AS SERPENT.

NARI ASCENDS AS NARA. NARA DESCENDS AS NARI.

NARA AND NARI ASCEND AND DESCEND. IT IS NARAYANA.

Commentary:

The life moves from above downwards. The downward movement is described in the world scriptures as serpent. When the life moves downwards, it is involution. When it moves upwards, it is evolution. Upward movement is symbolised as eagle. When the ascent happens, it is serpent ascending as eagle. When the descent happens, it is eagle descending as serpent.

Likewise, Nari stands for femininity in creation. Femininity is negativity in the sense that it is receptive. The lower is the receptive of the higher. As much as 214 there is receptivity, the life tends towards South Pole. South Pole is the negative pole called Nari or the receptive principle. Nara is the distributive principle. It is the positive principle; it is masculine. Life moves from Nara to Nari (from North Pole to South Pole). It again moves from Nari to Nara in the ascending order.

The ascending and descending order put together is called Narayana. The whole creation consists of downward moving currents and upward moving currents. The totality is Narayana. From Him, the involution and evolution keep happening. He presides over the two currents. In the student of meditations also, upward movement happens when he is with meditation, study of Scriptures and service. Downward movement happens when he is in the worldly activity.

All those who evolve through discipleship are like eagles and Naras. All others who are involving into the world are serpents or Naris. The two categories together is the Cosmic Person. Such should be the understanding.

The stories of serpents and eagles found in the Scriptures should be seen from this light. Serpents can be winged serpents or eagles; Naris can be Naras when they ascend. Likewise, eagles can become serpents and Naras can become Naris when they descend. All is Narayana.

Kapila

Kardama and Devahuti



Having worked out the physical form for the planet and the planetary beings, Kardama married Devahuti, the daughter of Swayambhuva Manu. (Manu is the solar mind and of etheric formation and his daughter too was of the same form. In association with Kardama she gained the physical plane existence).

Before Kardama's advent, as already said, the globe was half. The etheric globe formed upto equator and was moving as a dish around the North Pole.

Seven Centres and their corresponding planes

#	Centre (Sanskrit Name)	Centre	Plane
1	Sahasrara	Head	Satya
2	Ajna	Brow	Tapah
3	Visuddhi	Throat	Janah
4	Anahata	Heart	Mahah
5	Manipuraka	Solar Plexus	Suvah
6	Swadhistana	Sacral	Bhuvah
7	Muladhara	Base	Bhuh



Ashram Leaves

EXISTENCE

Occult sciences have no existence independent of "Existence".

They are the unfoldment of existence.

Practice of occult science devoid of experience of existence is ignorance concretised.



On Love

Venus stands for Love of Beauty in the form
and out of the form.

Mercury stands for Love of Wisdom.

Jupiter stands for Love-Wisdom.

Mars stands for Love of Power.

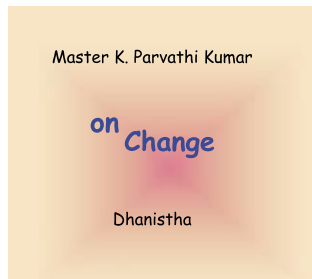
Saturn stands for Love of Labour.





On Change

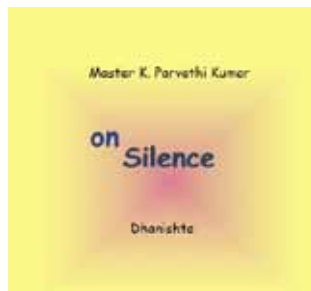
Models for change are made
available by Nature.
It is the free will of one
to getinspired
or to stay as he is.





On Silence

Listening needs Silence –
Silence leads to listening far.
Complete listening is listening to Silence –
the voice of Silence.





Hymns on Agni

65. Brahma prajaa vadaa Bhara
 Jaatavedo Vichershane
 Agneyad deedayad divi

O! Lord Agni! You are born out of the Veda and the Vedas are born out of you. You are the all-seeing one. Bless us with wealth and progeny. Enable us to shine even amidst the splendorous devas.

Explanation:

Only Yogis shine forth even amidst devas. Yogis stand neutral between the divine and the diabolic and shine forth amidst all. A Yogi fuses the frictional, solar and the cosmic fire in himself. He thereby lives standing free amidst the opposite forces of the creation. He is admired by the devas and the diabolics as well. In him all agree whether they are divine or diabolic. His love and friendliness are neutral and therefore admired by all. This is a hymn that seeks the help of Agni for transfusion of all the fires of existence. A fire worshipper sets such a goal of neutrality.

Violet Flame Invocations



Pyramids are pinnacles of human spirit.
Inspiration at its peak
led to 'Tajim' – the highest offering.

Man offered the flower of soul
at the peak of Pyramid.
Man turning into Master
was the ritual You taught to the brave.

Master! You are the Spirit,
You are the Inspiration
behind such bravery.

You are the Regent!



From the Teacher's pen

A few statements of wisdom

Question: : If two persons are born with the same Sun sign and planetary configuration, would they behave in the same manner in similar situations?

Answer: Behaviour is linked to the evolution of the soul. Evolution is different from soul to soul. When horoscopes are drawn, the planetary configurations though remaining the same their behaviour need not necessarily remain the same. In the same time, in the same locality a man, a horse and a donkey may have taken birth. They would have the same planetary configurations but their behavioural patterns are totally different. Measuring evolution of a soul is not so very easy through one's mechanical understanding of astrology. To gauge the soul's evolution one needs the gift of intuition. In truth all true astrologers work with intuition and not so much with the planetary configurations. A good astrologer holds a chart in the hand and gazes at it. It is a medium to intuition. All interpretations are intuitional and are not just mental. Astrology is an occult science. Occult science demands intuition. Intuition is not only a gift of God, but also the result of one's dedication to service. Where occult sciences are practiced to help the fellow beings, intuition works better.

Once a group of hooligans dressed a young man as a young lady and approached a seer. They addressed the man as if a lady is pregnant. They wanted to test the seer of his knowledge. They enquired from the seer if

the lady delivers a male or a female baby as per her horoscope. The seer sees through and is enraged by the insult. He said at once that the person would give birth to a vertical pounding cylinder like a metal piece which eventually would be the cause of their death. Lo! The young man felt the pregnancy and eventually delivered a heavy metal alloy with which they killed each other.

In this case there was no pregnant lady; it was a man in the attire of a pregnant lady. But the seer's words came true.

Once a stranger came to Master E.K., presented a horoscope and enquired as to the longevity of the native of the chart. Master E.K. said that the man in the chart was no more and advised the enquirer not to heckle at occult sciences. All interpretations on the basis of astrological charts are basically inflated interpretations. The science of astrology is a means for such intuition.

Even when twins are born with a difference of a couple of minutes their lives many times do not carry similarities. Similar horoscopes do not show similar progress in life. The art of astrology is an advanced step relating to the science of astrology.



Agni

An Introduction into the Work of Cosmic Fire, 9

3. Fire by Friction - The Law of Economy

The fire by friction is well achieved in this system already. This is because the creational process has already reached the physical and is evolving into higher or subtler planes of matter. And the Master has substituted the name relating to the Third Aspect of Fire, the original name is Kundalini. In the first systemic existence, the spirit interacted with matter, and there is the gradual unfolding of the worlds into the dense physical. Just like we have a division for the awareness as Atma-Buddhi-Manas or the seven planes of existence – all the seven planes exist to matter also. So, the dense physical matter is created through the interaction of the spirit with the matter through force, the period of involution has brought all the creation which we see. So that is the activity of the Third Ray or Intelligent Activity. The Law relating to it is called the Law of Economy.

It is an intelligent adjustment of the force. We make a lot of adjustments in our economics. See, how we deal with our money. Within the given resources we try to make adjustments. So, with the given support of fire which is the force, the matter adjusts itself and evolves itself. That is why we instinctively know the law of economy, because we have passed through that systemic existence. That is why we know that we have to make adjustments to the available force or energies or resources. Because we believe we are limited, because we believe we don't have unlimited resources. It comes on account of an aspect of the creation, we feel limited and keep trying to work out within the limited resources. So we work out a cyclic existence to this process.

Our resources are understood as limited, and hence, all our actions are kept limited. So, all our actions do not cross a particular radius and we keep on moving circularly. That is how we are cycled. Every month something is earned and is spent, and is earned and is spent, and is earned and is spent. And since we feel that our resources are limited, our actions are also accordingly regulated. This is in accordance with the Law of Economy. We work with this law instinctively, because we have already gained that step. But this is the energy that keeps us only moving around and around. And with the help of this energy we have reached the state of a human being. It has certain other laws which have helped us to grow into a human being. And the process by which we worked out these laws and reached human being, is explained by the Serpent of Kundalini in us remaining in the base centre. The meaning of Kundalini also explains what it is, because it is a name conceived by the Divine. Kundala means coiled. – You see the snake how it circles. The circling aspect is called the Kundalini aspect, coil is Kundala. And the process is called Mandala. If you say Kundala and Mandala, 2/3rd portion is common and only the 1st portion is different. That is the beauty of the language spoken by those who uttered Rig Veda. Today we understand Kundalini as some energy remaining in our base centre. But the original understanding is the energy functioning in the cyclic fashion, where the spirit works with the matter and develops the mineral kingdom, and the plant and animal kingdoms, and also developed the human body which is half of the man. And this is the symbolic presentation of 3 1/2 coiled Kundalini in the base centre.

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Master *EK*

Vishnu Purâna
CHAPTER IX

The Churning of the Ocean

Parasara said to Maitreya: "Then the Devas and the Asuras began to churn the ocean. All the Devas gathered in one group and stood at the tail end of the black cobra, Vasuki. The demons stood at the head end, and their skins were scorched by the flames produced from the breaths of the serpent. The demons though valorous to a high degree, were rendered lustreless by the scorching. All the clouds around the head side of the serpent were driven off and condensed again at the tail end. The clouds poured down rain, and the Devas were revitalised and replenished by the showers of the colours.

Lord Hari assumed the form of the Great Tortoise and stood below the bottom of Mount Mandara, in the middle of the milky ocean. On the bowl of his back the mount revolved with ease. Again, the Lord assumed another form with four arms. He held the wheel and the club in two arms and joined the Devas to pull the tail of the serpent by the other two arms. With the same form, He joined the demons as a third person. As a fourth person He stood at the top of the mount to work as the axis of rotation. Yet the Devas and the Demons could not see him. The king of the serpents was pleased to see Him in all these forms, and was thus relieved of his tension and suffering. The Lord shed His presence in the form of an invisible light also, which vitalised the Devas.

As the Devas and Demons continued the churning of the milky ocean, there was at first the birth of the Light of Ablation, then the birth of the Divine Cow worshipped by the Devas. After this, the Devas and Demons

lost their consciousness and felt deeply intoxicated. Their eyes bulged and the Siddhas in the heavens wondered "What could be the reason?" At this juncture, there emanated from the ocean the Goddess Varuni, the daughter of Varuna, the presiding deity of the intoxicating liquid. Her eyes rolled in semi-conscious slumber. Again the churning was resumed and IOh! a Divine fragrance emanated from a big whirlpool, and then came out the Divine Tree, Parijata, which filled with joy all the ladies of the Devas. Then there was the birth of the various groups of Divine Damsels beaming with beauty, virtue and bountiful attitude. It was wonderful. The Lord of the Lunar Kingdom emanated next, and Lord Maheswara caught hold of him. Then there was the birth of poison, the killing substance, absorbed by the serpents into their fangs. Then there was the emanation of Lord Danvantari in clean milk white attire. He held in his hands a Kamandalu (a container with a tubed passage) full of Ambrosia, the Elixir of Life.

Then the Devas and the Demons settled with a calm mind, the sages as well. With myriads of flashes of light, glittering, the Divine Lotus was born and blossomed, and from its midst the Goddess Lakshmi appeared. She emerged with two lotuses in Her hands. The great sages were highly pleased and uttered forth words of praise in the form of the hymns of Sri Suktha. Before theses sages walked arrays of Gandharvas headed by Viswvasu, the musical wealth of the universe. The Divine Damsels, led by Gritachi, danced before Her. All the sacred rivers, headed by Ganga, ran towards the milky ocean and began to bathe the Goddess of Wealth. The elephants lifted pots full of pure water from the eight directions and bathed Her. She had Her neck and chest fully decorated and beautified by a Divine garland of fresh lotuses. She was wearing appropriate jewelry, created by Viswakarma on all parts of Her limbs. She finished Her sacred bath, allowed Herself to be decorated in every way and walked forth between the two rows of Devas, who were attentively gazing, until she reached the heart region of Lord Vishnu. From Her abode in the heart of the Lord She cast Her looks upon the rows of the Devas. By those looks they were fulfilled and accomplished. They were so inspired, and fixed their gaze upon Her so intently that they forgot even the presence of Lord Vishnu Himself. Due to such a behaviour, some Devas like Viprachitti, were deserted by the Goddess of Splendour (those who are

inspired by wealth to the point of forgetting the Lord will experience a fall and loss of wealth).

In the meantime the Demons were seriously engaged in the work of snatching the Kamandalu from the hands of Danvantari. They were powerful enough to snatch it away. Then Lord Vishnu allured them by appointing His Maya and assuming Himself the form of a woman (those who are attracted to woman will lose their life, youth and health). The Lord took His opportunity and took away the ambrosia, distributing it only among the Devas. Indra and the other Devas drank it forthwith. All the Demons drew their swords and other sharp weapons and tried to attack the Devas. The army of the Demons was led by their ruler, Bali. Since the Devas had drunk of the liquid from the Kamandalu, they were able to fight out the Demons and to send them down to disappear in the nether region. The war was over and the Devas rejoiced in their victory. They fell prostrate at the lotus feet of the Lord, who stood with the wheel, the conch and the club. Then they reached the heaven of the three planes and resumed their powers. The Sun God resumed His golden ray and began to follow the path of His dawn. All the planets, guided by the seven Lights (the Rishis), followed the path of their revolutions. The cosmic Fire shone forth with His golden tongues flashing down in the seven planes. All the beings have a mind to follow the law and to obey. All the three planes of existence were filled with the glory of the Goddess of Splendour. Indra once again realised the wealth of His kingdom. He stood upon the throne of the gods and ruled to the full satisfaction of the Lady of Wealth.



The Science of Man

Dr K. Parvathi Kumar
First Young Group Life Teaching, Part 2
August 2001, Visakhapatnam/ India

All-Round Development

What we learn here is not faith. What is important is the knowledge in a scientific manner with reason as the bottom line, and each one can think about it. If inspired, practise it so that one gets a better equipment to be able to live life more splendidly.

The purpose of wisdom is to fulfil life in every aspect. It is not a mono-projection into something which is different from daily life. It demands an all-round development, to live as a harmonious being in the society, to be at peace in oneself, to be in contentment and the consequent satisfaction and to seek perfection in every aspect of life. Continue to be a student till we breathe the last, improving our abilities and utilizing such abilities for the benefit of the surrounding life.

For that reason, we have to understand ourselves more. It is necessary that man understands himself more than understanding the surrounding. Education in the ancient time was imparting knowledge vis-à-vis the man and also the surrounding. Today, education is mostly to impart knowledge relating to the surrounding. Not much is taught about how man is constituted. Basically, therefore, man does not know how to be at poise, how to be moderate in every aspect of life, and how to retain a quiet attitude even in crisis. This is because he is unable to handle the inner energies. You may try to control the outer energies but until and unless one understands and stimulates the inner energies, one will not be at poise.

Man is more than what he appears to be, and also the nature is more than what it appears to be. What is visible is only a part of the total. What is invisible is three times more than what is visible. The invisible intelligences, at interactions, bring the visibility. What we see is the result of what is happening in the subtle plane. There is a chemistry happening

within us and outside and we should be able to know the inner chemistry and the outer chemistry so that we are able to perceive much more than what is apparently seen.

To see that which is beyond the visible and to comprehend that which is beyond the apparent is what is called occultism. Occultism is seeing beyond and listening beyond the apparent. The implements to see beyond and to listen beyond are within us and we should be able to gain those implements so that we see ourselves much more than what we think ours. The science of man and the science of the cosmos shall have to be concurrently studied. If the study is only relating to one and not the other, we would have a very lop-sided development.

This text is not proofread by the author and might have some mistakes.

Paracelsus

Health & Healing

Holistic Health and Integral Yoga



The peers of medicine are relentlessly looking for medicines to meet the diseases. Incessant research is on to meet the challenges of emerging diseases. However, the diseases overtake and more and more new varieties of virus are emerging and more and more vaccines are being invented. The activity of medicine and disease is mounting to dangerous heights and humanity is sinking neck-deep into the quagmire of sickness. It is already noticed as an alarming situation.

A different direction to restore health, a different way of living, a new way of looking at life seem necessary, since we are at the wits' end. This is where Yoga philosophy emerges as a key to health and also as a key to man's enlightenment. Man cannot be let alone and entirely to himself with his unhealthy mental, emotional, and physical habits. He has a great responsibility towards himself and that includes responsibility towards his own health. He cannot be let to fulfil indiscreetly every desire and land himself in an unhealthy pattern of life. He cannot afford to be tense in mind with his indulgence into competition and the resultant jealousy, anxiety, fear, anger and such other emotions. Man has to set his house right. Thereby he prevents substantially his susceptibility to fall into sickness. While state has a moral responsibility for social health, the basic responsibility rests with man himself. He cannot drink and eat not knowing the consequences of such eating and drinking. He cannot have indiscreet and highly irregular rhythm in relation to his food habits, desires of senses, and highly self-destructive thought patterns.

The old civilisations knew that the worst enemies to man are intolerance, impatience, jealousy, hatred, anxiety, fear, covetedness etc. Such energies have such destructive tendencies, which cannot be treated by medicine. It is these energies, which destroy the pathology of human constitution. It is here psychology has great relevance. Psychology has to address the mental and emotional disorders of a person even before that person turns out to be a patient of psychiatry. You cannot let a psychological disturbance to set in and treat such unfortunate ones with anti-depression pills and sleeping tablets. Such treatments of psychiatry do greater harm than good to the patient, which is of common knowledge. It is also not out of context to say that many psychiatric doctors also turn out to be psychiatric patients in course of time.

The answer to this is the philosophy of Yoga, which antidotes the irregularities relating to man's physical, emotional, and mental patterns. A healthy, harmonious, and equanimous mind sets off many sicknesses. Such mind has great resistance to sickness. Unless man thinks of a overhaul of his system, he cannot be cured only with medicines. The patterns that he has built in all the three planes have the disease producing potency in it and until the production centres are dismantled diseases continue to get produced. The commerce of medicine for sicknesses therefore fails.

Yoga philosophy speaks of right perception and wrong perception and also gives seeds to develop right perception, which enable right relation. The laws of right relationship help man to live comfortably within his own body and have equally comfortable relation to the surroundings. Emphasis must necessarily be laid towards these seeds of right perception without which cure remains a mirage. The fundamentals of Yoga philosophy give forth a few of the following seeds to have right perception. They are harmlessness, non-thieving, alignment of thought, speech and action (no chief diplomacy), regulated and healthy sex activity, service in preference to self-profit, utilisation of intelligence to the benefit of others, inner purity to avoid the negative emotions out of purity, regular study of teachings of wise men for 10 to 15 minutes. These practices help a long way to eliminate the potential of sickness from the psyche of the human being.

Philosophy of Yoga enables to see the sicknesses in their potential level even before those potentials manifest. From the standpoint of this philo-

sophy anger is already seen as sickness, likewise fear is seen as sickness, aggressivity is seen as sickness, covetedness is seen as sickness. All those negative emotions spoken of earlier are seen as sickness. They need to be spotted by healers and treated through education and if necessary right training.

sophy anger is already seen as sickness, likewise fear is seen as sickness, aggressivity is seen as sickness, covetedness is seen as sickness. All those negative emotions spoken of earlier are seen as sickness. They need to be spotted by healers and treated through education and if necessary right training.

Dr. K. Parvathi Kumar

Extract from: Paracelsus – Health and Healing

With a subscription you support this important work (€ 77 / year).

Children's Section

On Service

**THOSE WHO KNOW,
SETTLE FOR LIFE 'IN SERVICE'.**

Dear Children

1. The humble ones shine through their humility. They shine further by the virtues that they see in others and speak of. They shine much more by their acts of goodwill which fulfil their lives.
2. Silence is the best answer for criticism.
3. Listening of good advice is ornamental to the ear. Charity is ornamental to the hand. Striving for others' welfare is the fragrance of life.
4. Selfish are like the salty ocean, association with them tends one to be selfish. Sweet waters rained by clouds turn saltish when they fall into ocean.

K. Parvathi Kumar

Stories For Young People**Sri Sastry Garu**

Sri Sastry Garu was a young man with a little family. He trusted and believed in God.

Once a night he woke up at certain sounds emanating from the neighboring house. Burglars were breaking open the door with sharp weapons and were even breaking the adjacent walls to the main door. The children and the elders were crying aloud, seeking help. Sri Sastry swiftly moved out of the bed, put on his shirt and went out. No one in the colony seemed concerned. Everyone in the colony locked their doors firmly, and were witnessing from behind their windows. Four hefty ruffians were breaking open the neighboring house. The cry for help was desperate.

Sri Sastry plunged into the scene like a lion, roaring at the burglars. He swiftly used his hands to slap them on their face. They threw away their weapons on the spot and ran away. Sri Sastry calmed down the affected people of the house. They acclaimed him to be the savior of their lives and property. The whole colony left their houses and admired his courage by facing alone four strong burglars and their weapons.

Sri Sastry calmed them down and answered: "It is an act of God. I was only instrumental. I am never alone. I am always with the Divine. His strength is my strength."

WINDOW TO WORLD SERVICE NEWS & ACTIVITIES (Inputs welcome)

VENEZUELA

Name of the group: Mithila-WTT

Contact: Irene Luna

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Tel: ++ 58 +0212-3418009 **Mobile:** 0426-9013357

E-Mail: iren.luna@gmail.com

Website: <http://www.mithila-wtt.org.ve> / <http://www.wtt-americana.org/>

Activities

We are a group of people, men and women of goodwill. We have gathered around the teachings of Master Sri. K. Parvathi Kumar since 1997. We apply these lessons in everyday life. Mithila-WTT gives spiritual teaching to children and adults whose objective is to find that children and adults strengthen the contact with their spirit, in the search for the transformation of being. Because when the human being undergoes this transformation, it makes him to experiment the soul, the peace, the love and the blessing of existence.

Following the instructions to the service that the Master suggested to the groups: we organise public meetings all full moons and new moons, to transmit and report on the teachings of Master KPK making them known to the people the knowledge of Master CVV and his daily prayer. We have initiated a Circle of Healers: Persons of good will joined to work with the teachings of the Master about spiritual healing. The meditations are once a week on Thursdays at 9 pm. Groups or individuals who want to join us, we ask that they express us their wish to participate via this email: mithila.wtt@gmail.com.

In the Mithila school project we have opened two Mithila schools for children. One is in Guatire, about 50 km from Caracas, and the other is in Barinas, 7 hours from Caracas. In Mithila School-WTT Venezuela we give fundamental values for the child who begins to become aware of his role in life, as well as to cultivate his relationship with the divine from his heart. "The heart is the seed that keeps the invisible power of the Will of God." We taught the asanas to the sun, and teachings from the book "Mithila" of Master KPK and also taught the importance of service through service activities.

Leo

The Three Planes of the Sun



Like every sun sign Leo has three planes. The Sun itself, the ruler of Leo, is a threefold sun: The sun globe we know, in the centre of the solar system, is the mind of the Sun, while the central sun is the soul of the Sun and the cosmic Sun is the spirit aspect of the solar principle. The solar centre in us is the heart centre. The centre of the central sun, also called Savitri, is the higher ajna centre in us. The cosmic centre is in Sahasrara.

From the teachings of Sri K. Parvathi Kumar

Book review



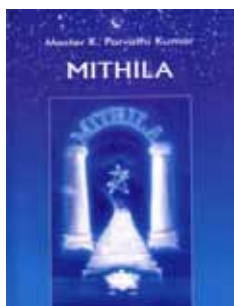
OVERSEAS MESSAGES

Dr. Ekkirala Krishnamacharya (Master E.K.) toured the European countries seven times during the period 1972 to 1983. He gave lectures at various places at the request of the groups. Twenty-five such lectures are published together into this volume styled as "Overseas Messages". Master E.K.'s teachings continue to inspire even years after his departure from the physical.

This volume contains a variety of teachings displaying the numerous facets of wisdom. It is presented for the benefit of the seekers of wisdom.

Ekkirala Krishnamacharya: Overseas Messages

Copies: The World Teacher Trust, info@worldteachertrust.org



MITHILA – A NEW AGE SCHOOL SYLLABUS

The 21st century man has lost his direction, he is unfit to direct the incoming souls, viz. the children. The book "Mithila" offers support for people who wish to save the children from the bad influences of our society.

"Mithila" is the name of the ancient-most school of Wisdom. This book contains wisdom systematized, to find alignment that enables self-realization. It is meant for all children who seek the Kingdom of God upon Earth. It offers a comprehensive New Age School syllabus intended for teachers and parents to train the young ones. The content of the book can be taught to children as a subject in their school or it can manifest as a Sunday School.

Dr. K. Parvathi Kumar: Mithila

Copies: The World Teacher Trust, info@worldteachertrust.org

Astrological Important Days in July/August 2012

22.07.	12:01	☉ → ♌ / Sun enters Leo	
☉		☉ in ♌ – every Tuesday (24.07., 31.07., 07.08., 14.08., 21.08.): Contemplation upon the influx of hierarchical money via the Mother of Splendour Lakshmi	
		☉ in ♌ – every Friday (27.07., 03.08., 10.08., 17.08.): Contemplation upon the World Mother in the Heart Center	
25.07.	23:56	☾ 8 th phase of ascending moon starts	☉ 03°20' ♌ / ☽ 27°20' ♎
♀		(End 26.07. at 21:53)	
28.07.	17:16	11 th phase of ascending moon starts	☉ 05°56' ♌ / ☽ 05°56' ♎
♈		Contempl. upon Lord Maitreya in the Heart Center (End 29.07. at 14:46)	
01.08.	07:28	Phase of full moon starts	☉ 09°23' ♌ / ☽ 27°23' ♎
♀		The New Vaiśākḥ Festival: Contemplation upon the Hierarchy via Lord Krishna, Lord Sanat Kumâra and Lord Maitreya	
02.08.	05:27	☉ Full moon of Leo	☉ 10°15' ♌ / ☽ 10°15' ♎
♈	17:45	23 rd constellation Dhanishta starts	☽ 17°22' ♎
	21:00	Dhanishta-Meditation (Dhanishta-constellation ends on 03.08. at 17:12)	
04.08.		Birthday of Master CVV	
09.08.	07:41	☾ 8 th phase of descending moon starts	☉ 17°03' ♌ / ☽ 11°03' ♎
♈		(End 10.08. at 10:11) Birthday of Lord Krishna and Master MN; 9 th midnight is the birth time of Lord Krishna, 10 th is celebration	
11.08.		Birthday of Madame Blavatsky and Master EK	
12.08.	15:01	11 th phase of descending moon starts	☉ 20°13' ♌ / ☽ 20°13' ♎
☉		Contempl. upon Lord Maitreya in the Heart Center (End 13.08. at 16:51)	
15.08.		Birthday of Śrī Aurobindo	
16.08.	18:35	Phase of new moon starts	☉ 24°12' ♌ / ☽ 12°12' ♌
♈		New moon point of Leo: Contemplation upon the World Mother in the Heart Center and Contemplation upon 'The Pledge'	
17.08.	17:54	● New moon of Leo	☉ 25°08' ♌ / ☽ 25°08' ♌
22.08.	19:07	☉ → ♍ / Sun enters Virgo	
24.08.	04:57	☾ 8 th phase of ascending moon starts	☉ 01°22' ♍ / ☽ 25°22' ♍
♀		(End 25.08. at 02:51)	
26.08.	22:50	11 th phase of ascending moon starts	☉ 04°00' ♍ / ☽ 04°00' ♎
☉		Contemplation upon Gâyatrī, the World Mother with a rainbow halo around the head (End 27.08. at 20:59)	
30.08.	02:02	23 rd constellation Dhanishta starts	☽ 17°22' ♎
♈	16:41	Phase of full moon starts	☉ 07°37' ♍ / ☽ 25°37' ♎
	21:00	Dhanishta-Meditation (Dhanishta-constellation ends on 31.08. at 01:46)	

All dates are in MEST (middle European summer time)

From: »Astrological Calendar 2012/2013«

Publisher: The World Teacher Trust – Global, Büelstr. 17, CH-6052 Hergiswil.

Great Invocation



Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



*TAVĀHAMAGNA ŪTHIBHIR
MITRASYA CHA PRASASTIBHIHI
DWESHO YUTO SA DURITAT
URYĀMA MARTYĀNĀM*

OH LORD AGNI
YOU ARE THE FRIEND OF ALL.
BY WORSHIPING YOU
THE HUMANS SHALL RECEIVE PROTECTION.
MAY THEY GET LIFTED UP FROM THEIR MALICE
AND MALICIOUS THOUGHTS AND ACTIONS
INTO THE KINGDOM OF GLORY.
MAY THAT BE SO.

Commentary

The fire is in all. No one exists without fire within and fire around. Fire protects life from within, but fire outside can destroy life. Anger, hatred, and enmity is the fire that humanity regularly emits through its nature, its thought, and its action. Fire therefore need to be worshipped to burn up the malice in humanity and lift them up into the splendours of life, which is also an aspect of fire. In fact, this is the need of the hour. When as many goodwill workers worship fire with this attitude, the present day crisis can be dissolved.