

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Leo 2011 Simha

Letter No. 4 / Cycle 25 – 23rd July until 23rd August 2011

The World Teacher Trust - Global



Invocation

May the light in me be the light before me.
May I learn to see it in all.
May the sound I utter reveal the light in me.
May I listen to it while others speak.

May the silence in and around me present itself,
the silence which we break every moment.
May it fill the darkness of noise we do,
and convert it into the light of our background.

Let virtue be the strength of my intelligence.
Let realisation be my attainment.
Let my purpose shape into the purpose of our earth.
Let my plan be an epitome of the divine plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the eternal kingdom OM.



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Prayer of the year 2011 / 12

**IN HIS NAME WE LIVE, IN HIS TEMPLE WE LIVE;
IN HIM VERILY WE LIVE UNTIL HE OPENS HIS EYE IN US.**

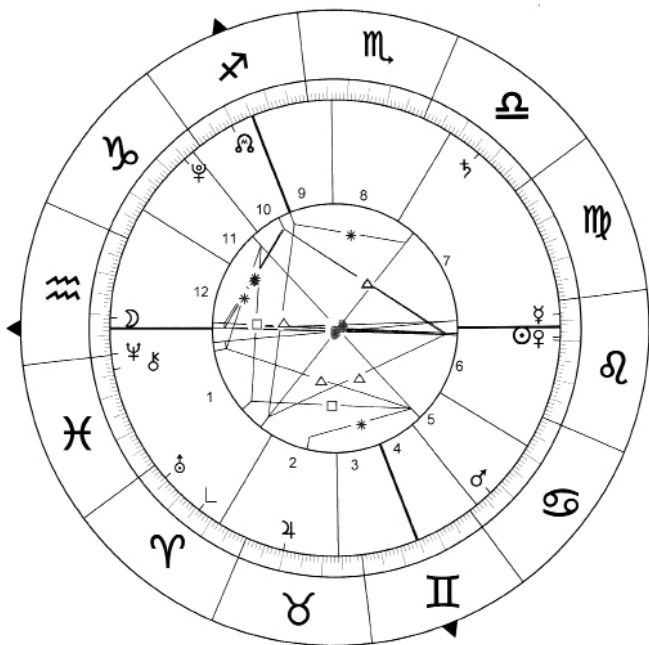
IN HIS NAME HE LIVES, IN HIS TEMPLE HE LIVES;

IN HIM VERILY HE LIVES, AS HE OPENS HIS EYE IN US.

IN THE MEANWHILE, LET US WAIT, LET US LOOK TO HIM AND NOT TO EACH OTHER.

LET US CALL HIM IN ALL TO FIND ALL IN HIM,

WHEN THE LIFE IS A CAR FESTIVAL AND NOT A WAR FESTIVAL.



Full Moon of Leo, 13th August 2011, 20.57pm MEST



Message of the month of Leo

Leo stands for the new age hierarchy. In the recent cycles of time it is inaugurated by Madam HPB, Master CVV, Shri Aurobindo, Master MN and Master EK. It demands that the humans walk into the heart centre, that they transcend mind and walk into the planes of Buddhi, that they transcend the mundane, the death and walk into Super Mundane.

May the disciple draw his mind towards the heart. Let him function through the heart which is the abode of Love – Wisdom.



The Lotus of Bahapur



Message of the Teacher

Witnessing

Men work with mind to harmonise within and around with the sole objective of living in peace. But they least realise that mind is not the right tool to work with. Mind naturally attempts to analyse and is generally incapable of synthesising unless it associates with good will. In life, problems big or small emerge from one quarter or the other, just as waves big or small emerge from the ocean. The persons, the places, the times incessantly bring forth unexpected events. Trying to attend to them through reason and analysis, many times men get exhausted. Trying to see why it is so is a search in wilderness. When one associates with Buddhi the approach of 'why' is displaced by the approach of 'how'. Men of Buddhi see things from the standpoint of how it is and observe how it is becoming. The whole activity is then understood to be an activity on the silver screen. Pure consciousness is the silver screen upon which varied activity comes to pass. Men of Buddhi learn the art of witnessing while participating, while men of mind are immersed and therefore lost in participation. Witnessing while participating, is thus seen by initiates as the art of living. Yoga is nothing but witnessing, says Patanjali.

Gita-Upanishad

Lord Krishna



Equanimity

TO WITNESS THE ONE IN WISDOM, IN THE WISE, IN THE INITIATE, IN THE COW, IN THE ELE-PHANT, IN THE DOG, IN THE CANNIBAL IS THE WISDOM OF SYNTHESIS. (5/18).

Commentary

Men of wisdom are generally engaged in wisdom practices and wisdom books and develop an exclusive club of the wise. They tend to disassociate with world at large. They hold a sense of discard towards worldly activity and dissent the worldly. They look down upon the worldly and there by unconsciously arrogating to themselves a sense of piety, purity and dignity. By this they do not stand in synthesis. They do not stand in unity with the One. The life of Jesus the Christ is a good model of synthesis. He had no reservation to be one with all.

Synthesis is often spoken of but is rarely practiced. Synthesis is possible only when one can witness the omnipresent God in every being, in every place, at every time and in any name and form. All religions dissolve into the truth of synthesis. No religion stands high or low. No belief stands high or low. The high and low, the left and right, the seeming good and evil are all seen as projections from one synthesis.

To see one omnipresent God in such a range as indicated in the strophe i.e. the wisdom, the wise, the initiate, the cow, the elephant, the dog and the cannibal is the true practice of discipleship. While the mind's

analysis of them is cognised, their unity can also be cognised through the heart. Only then equanimity is attained. Equanimity stays stable only in such synthesis.

Lord Krishna demonstrated such equanimity. He could move with cowheard boys, the cows, the calves, the simple villagers, with the emperors, and the commoners, with seers and with the gullible, with males and with females, with the devas and the diabolics with equal ease. He is the true and complete demonstration of the Doctrine of Synthesis. He taught this not only to Arjuna but also to World Teacher, Lord Maitreya. The essence of Bhagavad Gita is posited in a capsule form in this strophe. He says “true knowledge enables envisioning the One in all.”

Message of
Lord Maitreya



Raja Yogi

Yogis intent to be Raja Yogis. A yogi is a transcended one. A Raja Yogi is a king of such transcended yogis.

A Raja Yogi demonstrates the true synthesis of knowledge, action and devotion.

In him the three qualities of the soul stand forth at their optimum.

In his every simple action spiritual quality is reflected.

He neither discards the past nor the future.

In him the old and the new merge to bring forth the light of Presence.

He knows not rejection. His path is of inclusivity, and is not of exclusivity.

He is the true leonine one.

He is true representation of Leo the sun sign.

Message of Master Morya

Maruvu Maharshi



Four Ignorant Statements

"I have forgotten."

"I do not know."

"I have decided."

"I am not happy."

These are the 4 most ignorant statements that men make.

To forget is disgraceful. It is a blot on your awareness. It shows that you lack in rhythm which is needed. Awareness is at its fullness when you adapt to a good rhythm. Forgetfulness is absence of such rhythm. Whole creation is in existence due its infallible rhythm. Remember when you are forgetful a part of you is already dead.

Never say I do not know. Instead say I am yet to know. I do not know is a state of resignation. It means you are not willing to know. Willingness to know keeps you alive. Unwillingness to know causes stagnation. Be inquisitive to know what it is not know. It is an excellent engagement. It keeps at bay the impediments of ill health and even aging. Pursuit of knowledge keeps you alive even during moments of death.

Do not say, "I have decided." Instead say, "it is decided." Ignorant think that they have decided. Beings move in the flow of life. Life flows like a river. One moves as per the flow of life. One cannot decide the flow of river. One can only joint the flow, experience and enjoy. Learn to follow life and its flow. Fight not to work against the flow. "Things come to pass", say the scriptures. Decisions are made by the flow of life and the

ignorant thinks that he decided. Decisions that are in tune with the flow find their culmination. Decisions made out of tune sink in the flow of life.

“I am not happy”, is another statement of ignorance. You are essentially happiness. Propose happiness to yourself. Then things around you give you the related joy. If you propose unhappiness to yourself, the best of things also cannot give you happiness. Know that you are the cause of your happiness or unhappiness. Therefore propose happiness to you, Instead of looking for it all around. People who find the cause of their unhappiness in others are self condemned ones. Let it not happen with you.



Message of Master Koot Hoomi

Devâpi Maharshi

Service

Service can be done by all. Even if you are impure and ignorant you can still engage in service. But you should know that your service is basically for your upliftment. It may not cause upliftment to the surroundings. Ignorant and impure service helps the server to reduce one's own ignorance and impurities. Persistent service causes the necessary cleansing and brings the needed stability. Unless you are an initiate your service suffers mortality. It does not tend to be immortal. Through service mortals can transform themselves to be immortals. The immortals do not look back upon the good work done. The ones who look back and the ones who aggrandise themselves with the work done remain mortals forever. Urge for recognition of service done leads one into the quagmire. The one who falls into the quagmire can never help himself.

Serving others is but the fundamental law of Nature. Serve and be normal. Let not service lead you to be an abnormal being.

Message of Master *EK*



The one Law and the many Laws

From the one Law many laws and sub laws happen, as from unity universe happens. In versatility and many-ness the basic undercurrent of one-ness remains stable and integrated. It stands in its integrity and synthesis while there is the apparent disintegration and analysis. When the unity of all that IS, is over looked the complexity of laws and of many-ness confuse even the best of the brains. The intellectuals are lost in the multiplicity of the subsidiary laws. The initiates stand firm in the essential unity of the diversity. The creation and its laws, the beings and their behaviours cannot be gauged by non-initiates since they see-not the essential unity functioning in its diversity. For this reason, only the initiates are the true interpreters for all times of current events and events to come.



Vidura

Wisdom Teachings

The personal adviser
needs to be
not only wise
but also friendly.

A friend who is not wise,
and a wise one who is not friendly
cannot be given the status
of personal adviser.

Shirdi Sai Sayings

The Plan



It is "the Plan" that man forgets God - the source of his being. It is also in "the Plan" that man recollects God in due course of his journey through time. Sickness incurable, difficulties insurmountable pleasures of objectivity turning pale and painful and the fiery aspiration to know, the "How" of things are the stations in line that turn life towards the path of recollection.



Message of
Sri Ramakrishna

The Unison Journey with the Guru

In a play of dice the pieces must pass through all squares of the checkers before they reach the central square of rest and non-return. But so long as a pawn does not reach that square, it is liable to return again and again to its starting point and commence its weary journey many times over. If, however, two pawns happen to start their journey in unison and move jointly from square to square, they cannot be forced back by any winner. Similarly, in the world those who start in their career of devotional practices, first uniting themselves with their Guru and Ishta (chosen deity) need fear no reverses and difficulties, and their progress will be smooth, unimpeded, and without any retrogression.

Lay Man's Prayer



We beg not the worldly needs.
We beg for Your Presence.
Your Presence settles in contentment.
Your Presence fulfils.
Your Presence is a Self-forgetful state of Bliss.
We Pray for Presence.

Discipleship

Right Relationship

Discipleship is implicit compliance to the laws of right relationship. The right relationship cannot be interpreted according to one's own convenience. The laws relating to it are laid down in the scriptures which need to be followed without convenient modifications. Right relationship establishes when a person strives to live life appropriately in discharging responsibilities towards parents, spouse, children, co-born, friends, relatives, elders and youngsters in the society. Besides, one has to set right attitude towards animals, plants and the surrounding 5 elements. Discipleship is not just doing some practices of meditation, study of books and dabbling into fields of service. It has a larger connotation.

A disciple

Occult Meditations

Meditation 56



**SPACE IS GLOBE. UNIVERSE IS LOTUS.
GLOBE UNFOLDS INTO LOTUS. SPACE UNFOLDS INTO UNIVERSE.
GLOBE IS POTENTIAL LOTUS.**

Commentary:

As time springs from the space globe, the space follows time and unfolds just like a lotus bud unfolds. Through time, the space unfolds from within. Everything unfolds from within in creation. That which is within is space. As the globe of space unfolds, it looks like a huge lotus with seven layered petals. Unfoldment is from subtle to gross. Even ideas unfold from within into thoughts and further unfold into actions. Thus, all unfoldments are unfoldments of space. The space globe continues to unfold as long as the time moves downwards (subtle to gross). When the time takes to the return path, the space also returns with time, to become the globe again. The globe of space is a potential lotus. The lotus is space revealed through time.

Meditation upon existence within oneself leads to unfoldment of space. "How am I existing?" is the thought for contemplation. "What is my existence, what exactly is existence, what do we mean by saying 'this is dog', 'this is tree', 'this is man', what exactly is, what is be-ness and what is being?" Questions such as these, when contemplated regularly and deeply, unfolds the space and one knows himself as a lotus of space.

This is a profound contemplation recommended for no moon days. All unfoldments of space may disappear, but the space as existence remains.



Ashram Leaves

The Numbers

The lesser numbers which differ from each other find their L.C.M. in the greater numbers. The less evolved persons, who disagree with each other, find their agreeability in the presence of a Master.

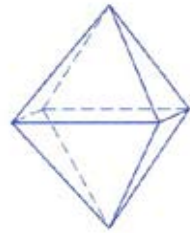
The greater the number, the more concordance it finds with the lesser numbers. The more evolved a person is, the more he finds agreeability with greater number of persons.

There are no good numbers and no bad numbers - to those who know. Likewise there are no good persons and no bad persons to those who know. The one who knows, realises the importance of every number / person. To him all are numbers / persons.

Persons are but units of consciousness in essence. So too are the numbers. Persons are but ideas of themselves. So too are the numbers.

The bodies of persons are but the shapes of numbers which differ according to time, place and stage of evolution. The voices of the persons are but the names of the numbers, of which no two are the same.

Rudra



58. Lingam

Lingam is a symbol. It is the basic symbol of Creation. It is the basis for all other formations. All forms are Lingams and Shiva Lingam is the basic symbol. It is the symbol of an egg with the potential of number 10. Number 10 is a perfect number and the egg is the perfect shape for manifestation. From the sphere to the egg, from the egg to the Cosmic Person and from the Cosmic Person to the fourfold creation, Cosmogogenesis is conceived. The worship of the Shiva Lingam is considered as the worship of the Cosmic Egg. The Cosmic Egg contains all conceivable creational intelligences. For this reason the Vedic tradition worships the Lingam. All other forms of God are subsequent to this tradition. In later times, the base for the Lingam is seen as the female aspect, while the Lingam is seen as the male aspect. The original understanding was different. The Lingam represents all in one, including the female form. The Lingam is the potential of all that is and manifest whatever the worshipper seeks from it. Every conceivable cosmic, solar and planetary deity can be invoked from this all-inclusive symbol. Every other symbol is understood to be incomplete compared to the Lingam, since it is the Cosmic Egg. Such is the importance in the Vedic tradition for the Lingam. It is called Shiva Lingam because it is a symbol of auspiciousness. It is the most auspicious symbol of the Vedas.

The Lingams range from mud lingams, sand lingams, stone lingams, sacred stone lingams, precious stone lingams, precious metal lingams and

crystal lingams. A Lingam is a Lingam in whichever material it is. It is the shape which is more important than the material. The depth of devotion enables the transmission of the blessing from the Lingam.

In India, the Seers conceived 12 most auspicious Lingams where the Lord Rudra can be experienced in an effulgent egg form of light. They are called Jyothirlingams. In China and South America there are huge stone formations in a perfect form of Lingams, which are amazingly beautiful and vibrant. The peaks of mountains are also seen as forms of Shiva Lingams. Pyramids are also seen as forms of Shiva Lingams. A double pyramid is a complete Shiva Lingam with sharp angles. When the angles are rounded up, it is considered to be more beneficial. Hence the original form of Shiva Lingam is the most auspicious.



On Love

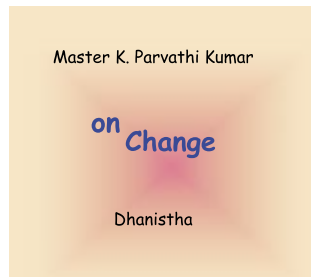
Trust is the other name of Love.
When you love, you trust.
Love and mistrust do not go together.
Jesus loves. He trusted Judas.





On Change

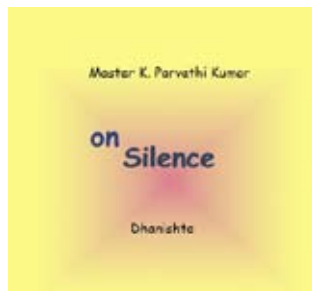
Remember that it is not easy
to drop set of patterns,
set behaviours overnight.
Humans are bound by habits,
customs, traditions
and even by superstitions.





On Silence

True Teachers
listen to the Wisdom of God
through Silence
and teach.





Hymns on Agni

54. TVAM THYA CHIDATYUTHA AGNEE
PASURNAYA VASE DHAMA
HAYAD THE AJARA
VANAVRUSCHANTI SIKVASAHA

Oh Lord Agni! When the animal is allowed to eat grass, it eats completely. Likewise, you eat away the sticks of fuel and reduce them to ashes. You can even eat away the thick forests. Such is the strength of your flame.

Commentary:

The Lord of Fire burns away and reduces everything to ashes. The ashes are the remnants left over by fire. They are substances made sacred by fire. Whatever that cannot be burnt by fire is the most sacred. For this reason among elements air and Akasha (space) are considered sacred, while water and matter are considered non sacred. Men that live in thought belong to fire. Utilising the fire in them they can burn the impurities of emotional and material conditioning. Utilising the fire they can rise into the air to be true Aquarians. Aquarian moves in air and permeates in Akasha. Fire rituals are done with this objective in mind. While fire may grant many objects of splendour, the best use of fire is to utilise it for self-transformation.

Violet Flame Invocations



I am in You
You are in me.

Staying in You,
Breathing in You,
Moving and living in You.

We remain forgetful,
but are not ungrateful.

Relink us, lead us and guide us.
Remind us, oh Master Reminder!



From the Teacher's pen

Questions and Answers

Question: What kind of mind and activity one should develop which facilitates easy tuning of mind for Meditation?

Answer: The following simple regulations help easy tuning of mind for meditation:

A mind that manipulates during the day is questioned by one's own conscience leading to conflicts between conscience and the manipulative nature. It is therefore suggested to ensure that one does not indulge into activity of manipulation which is detrimental to the welfare of the surrounding life. For this reason attitude of harmlessness, non thieving attitude, an attitude that does not seek others' obligations are suggested. In addition it is also suggested not to excessively indulge into sense activity. Moderate sense activity, harmlessness, absence of thieving instinct, disinclination to seek obligations would result in a sound mind which is non-manipulative. Such mind can be turned inward by applying upon the activity of inhalation and exhalation. Mind gains needed peace, poise and serenity when it associates itself with the activity of respiration. Slowly this association leads one to find association with pulsation that happens in the heart centre. The pulsating centre is the resting place for the mind. When the pulsating centre is reached by the mind, meditation happens by itself thereafter. This is what is called bringing mind into the golden chamber of the heart. This will not be possible unless the regulations given above are followed.

Master Morya Part 35



A Discussion with the Thâkur on Man and his Post-Mortem States. The Sûtrâtman. Sleep and Death. Ânanda Svâmi and the Colonel's Delight.

Noticing that Nârâyana was dreadfully perturbed, and also that both the Colonel and I stared at him in expectation of a more explicit answer, the Thâkur continued, obviously unwillingly.

"You speak of 'spirit from Spirit' – of Âtman, and confuse the spirit with the soul of the mortal, the Manas. Undoubtedly Spirit is deathless for it is without beginning and, therefore, without end. But the discussion is now not about spirit, but about the selfconscious human soul. You confuse it with the former, while the Bâbû denies both the one and the other, the spirit as well as the soul. Both of you misunderstand each other."

"I understand him, but..."

"Don't you understand me? I shall try to express myself more clearly. The whole gist of your question is to learn whether complete loss of self-consciousness and self-perception after death is possible, even in the case of a deep-rooted materialist? Is that so?"

"Yes, because he completely denies everything that constitutes unquestionable truth for us... that in which we all sacredly believe."

"Very well. To this, believing just as sacredly as you do in our teaching which regards the post-mortem period, or the interval between two lives as temporary state, I reply positively by saying: Whether this intermission between two acts of the illusion of life lasts one year or a million, that post-mortem state may, without any breach of the law, prove to be completely like the state in which the human being finds himself in a dead faint. The Bâbû, therefore, is right in his own case."

"But why?... How is that, since the laws of immortality, as you tell us, admit of no exceptions?"... asked the Colonel.

"Certainly they do not – for all that really exists. He who has studied Mundakôpanishad and the Vedântasâra should not even ask that..."

"But Mundakôpanishad actually teaches," timidly commented Nârâyana, "that between Buddhi (the "divine soul" of man) and Manas, (Manas, as the seat of the terrestrial mind, gives rise to a perception of the universe that is based on the evidence of that mind, and does not arouse spiritual vision.) as between Îsvara and Prajñâ, (Îsvara is the collective consciousness of the manifested deity, Brahmâ, and Prajñâ is its individual wisdom.) there is, in fact, no more difference than between a forest and its trees, or between a lake and its waters."

"Perfectly true, because one or even a hundred trees withered because of lack of life-giving sap, or uprooted, cannot prevent the forest from still being a forest."

"Yes... But Buddhi in this simile represents the forest, and Manas-Taijasa (Taijasa means "the radiant," as a result of its union with Buddhi; Manas-Taijasa means radiant mind, the human reason illuminated by the light of the spirit, while Buddhi-Manas is "revelation of the divine plus human intellect and self-consciousness.") the trees. If the former is immortal, how can Manas-Taijasa, being the same as Buddhi, entirely lose its consciousness until its new incarnation?... That is what perplexes me..."

"Needlessly so. If you would endeavor not to confuse an abstract representation of the whole with its casual modifications. Remember that if it can be said of Buddhi that "it is unconditionally immortal," the same cannot be said of the Manas, or of Taijasa. Neither of these (neither Manas nor Taijasa) can exist apart from the divine soul (Buddhi) because the first is a qualificative attribute of the terrestrial personality, and the second is identical with the first, but with the light of Buddhi reflected on it. Buddhi, in its turn, would remain only an impersonal spirit without this element, which it borrows from the human soul, which conditions and makes of it something seemingly separate from the Universal Soul for the entire duration of the cycle of human incarnations. Had you said, therefore, that Buddhi-Manas can neither die nor lose consciousness either in eternity or during its transitory periods, you would have been

right, according to our teaching. But to apply this axiom to its attributes is the same as if you insisted that, since Colonel O.'s soul is immortal, therefore the bloom of his cheeks must also be immortal. It follows that in your comprehension you have obviously confused the essence with its manifestation. You have forgotten that, in association with Manas or the 'human' soul alone, the radiance of Taijasa itself becomes a mere question of time, for both immortality and consciousness after death become, for the terrestrial personality of man, simply conditioned attributes depending on the conditions and beliefs created by the personality itself during the life of its body. Karman (the law of retribution) acts incessantly, and we reap in our after-life only the fruit of that which we have ourselves sown in this."

"But if my Ego can, after the dissolution of my body, find itself in a state of complete unconsciousness, what punishment for the sins of my life can there be in this for me?" asked the Colonel, thoughtfully stroking his beard.

„Our philosophy teaches that punishment overtakes the Ego only in a future incarnation and that after death it receives only the reward for the unmerited sufferings endured in terrestrial life. As you see, the whole punishment consists of the absence of any reward and the utter loss of the consciousness of one's bliss and rest. Karman is the child of the terrestrial Ego, the fruit of the actions of its personality, visible to all, and even of the thoughts and motives of the spiritual 'I.' But it is also the tender mother who heals the wounds inflicted by her in the previous existence, before she begins to torture the Ego anew by inflicting upon him new ones. If it may be said that there is no grief or misfortune in the life of a mortal which is not the fruit and direct result of some transgression in his former existence, on the other hand, not having preserved the least recollection of it in his present life, and feeling that he does not merit such punishment and, consequently, suffers unjustly, this alone is sufficient to entitle the human soul to the fullest consolation, rest and peace in its post-mortem existence. To our spiritual selves, death always comes as a deliverer and friend; like the placid sleep of an infant, or a sleep of blissful fancies and dreams."

"But as far as I can remember, the periodic incarnations of the sùtrâtman (In the Vedânta, Buddhi, when united with the spiritual qualities, perception and understanding of those personalities in which it has been embodied, is called sùtrâtman, which literally means "threadsoul," because the entire long series of human lives is strung on this thread like pearls on a string. In union with sùtrâtman and hanging from it like a pearl on a thread, so to speak, Manas must become Taijasa (radiant), in order to attain eternity and to become aware of itself therein. Frequently, however, as a result of sin and association with the purely earthly mind, this very radiance disappears.) are likened in the Upanishad to the terrestrial life alternating between sleep and waking. Is that so?" I asked, wishing to resume Nârâyana's first question.

"Yes, that comparison is a very correct one."

"I do not doubt it. But my understanding of it is hazy. After sleep, another day commences for man, but man, both in soul and in body, is till the same as he was the day before, whereas at every new incarnation, a complete change takes place not only of the external envelope, sex, and personality but apparently of all his spiritual qualities as well... How can this comparison be true in the light of the fact that people, upon rising from sleep, remember well not only what they did yesterday but also what they did many days, months, and even years before; whereas in their present life they do not preserve the slightest recollection of any of their past lives? A person who has awakened can, I grant you, forget what he saw in his dreams, but he knows just the same that he has slept and that he existed during sleep. About our past life, however, we do not know event that much. How is that?"

"There may be those, perhaps, who do know," somewhat enigmatically replied the Thâkur, without answering the direct question.

"I suspect so... but it is not we sinners. Therefore, how are we who have not attained samma-sambuddha (the knowledge of one's past incarnations. It is said that only yogins and adepts of the secret science attain this complete insight into their entire past, by means of great ascetic achievement.) to understand the simile?"

"By studying it and more correctly understanding the characteristics and the three kinds of sleep."

“Well, that is rather difficult. Even our greatest physiologists have become entangled in this question and, failing themselves to explain sleep, have only added to our confusion,” laughingly said the Colonel.

“Because, instead of their own task, they undertook the duty of the psychologists, of which there are none in Europe, at least not among the scientists. The Western psychiatrists are those same physiologists, only under another name, and they function on the basis of principles still more materialistic. Just read Maudsley, and you will see that they treat illnesses of the psyche without believing in the existence of the soul.”

To be continued.



Master *EK*

Vishnu Purâna
CHAPTER VII

The Sons of Mind

- Among the nine Prajapatis Bhṛigu represents number One, the Light of Objectivity.
- Pulasthya represents number Two, the Image.
- Pulaha represents number Three, the Observer, the Observed and the Observation.
- Athṛi represents number Four, who is the objective unit and fuses the above said three into one.
- Krathu represents number five into which the mind is grouped as senses and the matter is differentiated into the five states. He is the cause of the acts of the individuals, which are termed rituals or work.
- Angirasa represents the essence of all the counterparts. This is called the Word or Utterance which makes the individual existence possible.
- Marichi represents the birth of movement in space, which causes variation, refraction and form.
- Daksha represents the unit of the individual vehicles which enables the individual to beget his vehicles.
- Vasistha represents the owner consciousness of these vehicles. This is called the ego by the later philosophers.)

Extracts From The Teachings Sri Suktam

The Nature and the Characteristics
Of the World Mother, Part XXXXI

Dr. Sri K. Parvathi Kumar

Wengen Group Living, Switzerland, May 2002

Thirteenth Hymn

ÂRDRÂM PUSHKARINÎM PUSHTIM
PINGALÂM PADMA MALINÎM
CHANDRÂM HIRAN MAYÎM LAKSHMÎM
JÂTAVEDO MAMÂVAHA

Most of the terms are explained in the previous hymns itself. Hence it should not become difficult to pass through the two hymns.

Ârdrâm – This was very elaborately described in the beginning. I make a brief recapitulation.

Ârdrâm relates to the coral on the physical plane. The corals which people wear as chains around their neck are expected to bring splendour and luck. The colour of the coral has the related warmth of the heart. It is recommended that this coral chain is held inside touching the skin, but not outside for show. It gives the necessary warmth of heart and stimulates cordiality. The warmth of any person, not the body heat, is what comforts the people around. A person with warmth of heart is liked by all. People would like to meet him again and again. They don't get satisfied any number of times they meet him. This is the warmth in the higher degrees that enables one to stand fit for initiation. Not only the head! Head and heart have to be balanced. Many times the warmth of the heart should extend and then the head should follow. That should be the approach of every truth seeker that the heart is larger and gives comfort to the surroundings, and the head follows the heart. That is the Path of Hierarchy.

If we wish to follow the Path of Hierarchy, we have to develop necessarily cordial qualities. Cordiality, if ignored and if the head foreruns the

heart, there will be cardiac arrest. Please ensure, if you wish to invoke the name of any great one, that the first step of the day starts with cordiality, and the last step of the day concludes with cordiality, and each one has to see for himself how much cordial he is, but not to expect how much cordial others are. This is the most important term relating to the qualities of the Mother.

The blood also relates to the term Âdrâm. Then the cordial quality and the cementing force that keeps our body together. The life force is also called Âdrâ, and the deep belonging that we feel towards the divinity is also called Âdra. It is the warmth of the divinity that gives the real solace to the soul. That warmth is distributed by the soul who receives. That is why the universal cementing element is called Âdra. The body is kept together by the life force. The planets are kept together by that force. The solar systems and clusters of solar systems seen as stars in the firmament – all are seen to have been knit together by the invisible force called love which is presided over by the Mother. That is also called Âdra. All that was said before.

Only one thing I did not tell at that time. There is also a constellation called Âdra among the 27 constellations. It is in the 3rd decanate of Taurus where you find a constellation Âdra with slightly reddish colour. It is that constellation through which this quality is supplied into the zodiac.

So much about Âdra.

cont.

This text is not proofread by the author and might have some mistakes.

Paracelsus

Health & Healing

Psychic Energy



Cultivation of psychic energy is the need of the hour. Education has to give prime importance to this. Bombarding the mind with worldly information could lead to disaster, unless care is taken to ensure that the mind is receptive to the subtleties of the nature. The natural sounds, colours, symbols, and numbers that manifest from the subtle to gross, need to be thoughtfully observed. The growth of various forms from subtle to gross and from tenderness to crystallisation also needs to be observed.

Thoughtful observation needs to become a quiet occupation. Observation of natural patterns brings in the required quietude to psychic nature. It also enables the human being to be a witness, but not a player all the time. To cultivate the psyche to be a witness draws the human nearer to Be-ness, thereby enabling him to be a being. Thoughtless busy participation in the nature draws one to be a doer all the time that discharges perennially energies into a mechanical living. Human is essentially a being that engages in doing. From this natural state the emphasis is shifted to hyperactivity. The consequence is excessive doing, little thoughtfulness and absence of Be-ness. The psychic energy is thus set upside down. This needs to be reset by the thoughtful minds.

Hyperactivity has become a common factor in every field of human activity. Religion, philosophy, psychology and such other fields are also affected by hyperactivity. Quietude lost ground to hyperactivity, everywhere. The very way of life is tending to be hyperactive, right from childhood. The result is overburdening the psyche and nervous choking. The

child's mind suffers from this hyperactivity and affects throat, teeth, and eyes.

It is unfortunate that the way of life has no place for contemplation, meditation, observation, and non-involvement. The peaceful side of the being can be developed by these principles namely contemplation, observation, meditation, and non-involvement. These would lead to cultivation of healthy psychic energy.

Dr. K. Parvathi Kumar

Extract from: Paracelsus – Health and Healing

With a subscription you support this important work (€ 77 / year).

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Children's Section**The Doctrine of Ethics***

**THE TONGUE THAT DOES NOT :
UTTER WORDS OF GOOD WILL,
INVOKES LIGHT AND
EXPRESSES BROTHERLINESS
IS NO BETTER THAN LEATHER.**

Dear Children

Values are for self cultivation. As many values as you cultivate, so much they enable you to unfold into the beauty of life. Do not market your values. Do not convert your values into money. Commercialisation of values is total ignorance. Marketing values is like kicking the ball into the sky. The ball may be kicked high, but it is bound to fall. Initiates like Krishna, Buddha, Christ, Pythagoras did not sell themselves. The Nature does not sell any. Nature offers all freely and unconditionally. Man does the contrary. Therefore he is not free and he is conditioned. Observe the lives of initiates from this dimension. You will get the Master Key to life.

Dr. K.Parvathi Kumar

* From the book THE DOCTRINE OF ETHICS by Dr. K. Parvathi Kumar, Dhanishta Edition

** See www.jugendforum-mithila.de

Stories For Young People

The Leonine Initiate 1

Man was more manly in the ancient times. He was offering the fruits of his actions to others. Then, when his purpose was over, he used to walk off.

There was a King Initiate by name Yudhistira. He had four brothers and a beautiful wife, and together they ruled the planet. Yudhistira was a leonine person, a self-governing person, and he demonstrated how one should govern himself. He offered the technique of governing the kingdom, instituted his grandson on the throne and told his brothers: "Let us walk out". The brothers and the lady were also illuminated ones, so they said: "If you are leaving, we are following."

They started to walk towards the north, towards mount Kailash, which means walking towards the Light. They were followed by a dog. As they were walking, lady Draupadi fell off first. She asked: "Why am I casting off my body earlier than you? Why am I not permitted to walk with you up to the goal?" The king replied: "You are an embodiment of Light, but there is a little thought in you that you are the most beautiful woman on the planet, which is true, but you are thinking about it off and on. This feeling about yourself has caused your fall. Nevertheless the Devas of light will take care of you."

The five brothers proceed further. Then the youngest brother, Sahadeva, fell off and asked: "What have I done to fall like this?" Sahadeva could see through the cycles of time, and knew the Plan to come. Yudhistira also knew, but he was only concerned to his work, nothing more. The younger brother was feeling that he was an excellent astrologer and astronomer. Consequently he also had to fall on the way.

After him the fourth brother, Nakula, fell and asked why. He was very skillful. It was said, that he could walk through the drops of rain without they could touch his body. The King Initiate told him: "Your problem is your thought about your skill. I have had a good cooperation from the four of you and the lady, but your problem is thinking about your skill." (to be continued)

WINDOW TO WORLD SERVICE NEWS & ACTIVITIES (Inputs welcome)

SPAIN

Name of the group: The World Teacher Trust Spain / WTT España

Contact: Aurora Mahedero

Address: Rambla de Sabadell 65, 1º 2ª, E-08202 Sabadell

Phone: ++34 +93 665385028

E-Mail: wtt.spain@gmail.com

Activities

The activities are carried out in the headquarters:

- Full Moon Meditations.
- New Moon Meditations with Water Ritual.
- Dhanishtha Meditations, with study of the Mystic Mantrams
- Every Thursday meditation of cure group coordinated by Cecilia Supervía
- Every Friday mantrams song and reading and study of the book the Alma's" Music and the Man's" Sacrifice.

There are the following free courses:

- "Reflexology, theory and practice" by Carmen Pérez
- "Science and Health" by Valentín García
- "Introduction to the Doctrine Secret" by Josep Paradell
- "Astrology" by Joana García
- "Initiation to Homeopathy" by Dr. Josep Pares

Other Activities:

- First Sunday of the month "Festival of the Signs" coordinated. With the following program: 11.00h Pranayama; 11.30h Water Ritual; 12.00h 21 Om; 13.00h Workshop; 14.00h Fraternal Lunch in the headquarters for the organizing team; 16.00h Course on Astrology about the sign of the month; 18.00h Meditation

There are about 50 people attending every Sunday

- Recording and dispatch of the CDs of the seminars of the Master by Silvia Quiroga
- Recording and dispatch of the videos of seminars of the Master by Silvia Quiroga
- Preparation of CDs and videos of the seminars by Baltasar Rodríguez

Paracelsus Magazine

- Translation of the articles of the magazine from English to Spanish
- 25 translators participate, coordinated by Jordi Cosp
- Correction of all the articles and of the magazine once translated, search of new articles and contribution of articles in Spanish with translation to English, five doctors participate, coordinated by Dr. Josep Pares

Vaisakh Newsletter

- Translation from English to Spanish (7 translators participate). Layout of the newsletter. Contribution of texts about the activities of the groups, coordinated by Joan M^a Dausá
- Dispatch by mail of the newsletter to 130 members of WTT Spain by Lurdes Chillerón

Groups of Spiritual Healing

Coordinated by Carmen Pérez. Following the instructions given by the Master these groups have been working for over 16 years.

- They meet every Thursday, they do the 6 pm meditation and later the spiritual healing.
- To promote this sacred work they have been carrying out trimestrial meetings with these groups to support and to share the work. An e-mail is to people that make these meditations with the sick persons to be included in the prayers.

WTT Spain Social Aid Fund

Activity coordinated by Josep Paradell. Monetary fund created for aiding the needed members of WTT of Spain. It is augmented by the anonymous

donations received from the members.

During the period from 1st January to 31th December 2010, the economic balance sheet is as follows:

Year before balance (31/12/09)	2335.90	€
Donations received	724.24	€
Bank expenses	40.00	€
Present balance (31/12/10)	3020.14	€

Organization of the encounters with the Master in Spain

- Organization of the meeting of Nuria with the Master in Toledo, where 400 people attended.
- Organization of the meeting with the group members at Montserrat for Scorpio Full Moon.
- Coordination, so that the different groups organize the Fixed Cross and the group can meet.



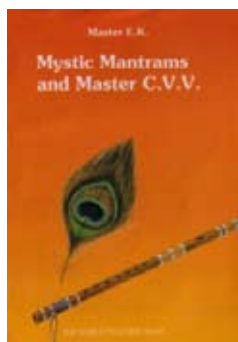
The Mother with the Lion



The Mother in the form of Parvathi exists even today in Himalayas. She is the Guiding Star for the Hierarchy. She is the Star of the Sea, the World Mother who moves along with a lion. In Himalayas from time to time the grand Masters have their presence through the roar of the lion which accompanies her.

Sri K. Parvathi Kumar: Sri Suktam

Book review



MYSTIC MANTRAMS AND MASTER CVV

Master CVV is known for his Mystic Mantrams, meditations and teachings. Through such mantrams (= composition of sounds), he stimulates the inquisitive faculty of the seeker of truth and recruits him into the inner side of things.

Dr. Ekkirala Krishnamacharya (Master E.K.) is an excellent exponent of the teachings of Master CVV and renders a lucid commentary on the mantrams which throws significant light for proper understanding and application of the process of enlightenment.

Ekkirala Krishnamacharya:: Mystic Mantrams

Copies: The World Teacher Trust, info@worldteachertrust.org



ON HEALING

The Science of Healing has much larger scope than what is usually understood. It extends upto rectification of thoughts and neutralisation of emotions which are not natural. The sacred science of Healing works upto transformation of the mental and emotional attitudes of those who are affected. It thus has larger area of operation than

mere attendance to physical diseases. Subtler and subtlest matter such as thoughts need to be cured by subtle and sublime methods such as color, sound and meditation.

K. Parvathi Kumar: On Healing

Copies: The World Teacher Trust, info@worldteachertrust.org

Astrological Important Days in July / August 2011

23.07.	06:12	☉ → ♌ / Sun enters Leo	
♌		☉ in ♌ – every Tuesday (26.07., 02.08., 09.08., 16.08, 23.08.): Contemplation upon the influx of hierarchical money via the Mother of Splendour Lakshmi	
		☉ in ♌ – every Friday (29.07., 05.08., 12.08., 19.08.): Contemplation upon the World Mother in the Heart Center	
25.07.	23:37	11 th phase of descending moon starts	☾ 02°36' ♌ / ☾ 02°36' ♌
♌		Contempl. upon Lord Maitreya in the Heart Center (End 27.07. at 00:27)	
29.07.	22:34	Phase of new moon starts	☾ 06°23' ♌ / ☾ 24°23' ♌
♀		New moon point of Leo: Contemplation upon the World Mother in the Heart Center and Contemplation upon 'The Pledge'	
30.07.	20:40	● New moon of Leo	☾ 07°16' ♌ / ☾ 07°16' ♌
04.08.		Birthday of Master CVV	
06.08.	02:10	● 8 th phase of ascending moon starts	☾ 13°14' ♌ / ☾ 07°14' ♌
♌		(End 07.08. at 00:12)	
08.08.	21:22	11 th phase of ascending moon starts	☾ 15°55' ♌ / ☾ 15°55' ♌
♌		Contempl. upon Lord Maitreya in the Heart Center (End 09.08. at 20:31)	
11.08.		Birthday of Madame Blavatsky and Master EK	
12.08.	20:15	Phase of full moon starts	☾ 19°42' ♌ / ☾ 07°42' ♌
♀		The New Vaisâkh Festival: Contemplation upon the Hierarchy via Lord Krishna, Lord Sanat Kumâra and Lord Maitreya	
13.08.	14:34	23 rd constellation Dhanishta starts	☾ 17°21' ♌
♌	20:57	○ Full moon of Leo	☾ 20°41' ♌ / ☾ 20°41' ♌
	21:00	Dhanishta- Meditation (Dhanishta-constellation ends 14.08. at 16:13)	
15.08.		Birthday of Śrī Aurobindo	
21.08.	10:55	● 8 th phase of descending moon starts	☾ 27°59' ♌ / ☾ 21°59' ♌
☾		(End 22.08. at 12:45) Birthday of Lord Krishna and Master MN; 21 st midnight is the birth time of Lord Krishna, 22 nd is celebration	
23.08.	13:21	☉ → ♍ / Sun enters Virgo	
♍		☉ in ♍ – 1 st to 14 th descending moon phases: Contempl. upon the Pitris	
24.08.	14:22	11 th phase of descending moon starts	☾ 01°00' ♍ / ☾ 01°00' ♍
♍		Contemplation upon the Pitris (End 25.08. at 13:58)	
28.08.	08:09	Phase of new moon starts	☾ 04°37' ♍ / ☾ 22°37' ♍
☾		New moon point of Virgo: Contemplation upon 'The Pledge'	
29.08.	05:04	● New moon of Virgo	☾ 05°27' ♍ / ☾ 05°27' ♍
31.08.	18:46	4 th phase of ascending moon starts	☾ 07°57' ♍ / ☾ 13°57' ♍
♍		Ganesha-Festival: Contemplation upon Ganesha ... (End 01.09. at 15:32)	

All dates are in MEST (middle European summer time)

From: »Astrological Calendar 2011/2012«;

Publisher: The World Teacher Trust – Global, Wasenmattstr. 1, CH-8840 Einsiedeln.

Great Invocation



Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



*TAVĀHAMAGNA ŪTHIBHIR
MITRASYA CHA PRASASTIBHIHI
DWESHO YUTO SA DURITAT
URYĀMA MARTYĀNĀM*

OH LORD AGNI
YOU ARE THE FRIEND OF ALL.
BY WORSHIPING YOU
THE HUMANS SHALL RECEIVE PROTECTION.
MAY THEY GET LIFTED UP FROM THEIR MALICE
AND MALICIOUS THOUGHTS AND ACTIONS
INTO THE KINGDOM OF GLORY.
MAY THAT BE SO.

Commentary

The fire is in all. No one exists without fire within and fire around. Fire protects life from within, but fire outside can destroy life. Anger, hatred, and enmity is the fire that humanity regularly emits through its nature, its thought, and its action. Fire therefore need to be worshipped to burn up the malice in humanity and lift them up into the splendours of life, which is also an aspect of fire. In fact, this is the need of the hour. When as many goodwill workers worship fire with this attitude, the present day crisis can be dissolved.