

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Gemini 2009 Mithuna

Letter No. 2 / Cycle 23 – 20th May until 21st June 2009

The World Teacher Trust - Global



Invocation

May the light in me be the light before me.

May I learn to see it in all.

May the sound I utter reveal the light in me.

May I listen to it while others speak.

May the silence in and around me present itself,
the silence which we break every moment.

May it fill the darkness of noise we do,
and convert it into the light of our background.

Let virtue be the strength of my intelligence.

Let realisation be my attainment.

Let my purpose shape into the purpose of our earth.

Let my plan be an epitome of the divine plan.

May we speak the silence without breaking it.

May we live in the awareness of the background.

May we transact light in terms of joy.

May we be worthy to find place in the eternal kingdom OM.



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Prayer of the year*

PUSHAN EKARSHYE YAMASURYA
 PRAJAPATYA VYUCHARASMIN SAMUHA
 TEJO ETTE RUPAM KALYANATAMAM.
 TATTE PASYAMIYOW SAVASOW PURUSHAHA.
 SOHAMASMI.

“Oh Solar God!
 You are the son of Prajapathi.
 You are lone ranger of the sky.
 You are all nourishing and all regulating.
 Please withdraw your rays and brilliance.
 By your grace I would then be able
 to see your beautiful golden disc.”



Gemini Full Moon, June 7, 2009, 20.12 pm MEST

*From the book Occult Meditations by Dr. K. Parvathi Kumar, Dhanishta Edition

II

Message of the month of Gemini

The month of Gemini carries the impact of the twins. The Cosmic Male and Female principles are the twins from whom the Creation manifests. It is for this reason spiritual astrology says that Gemini is the beginning of and the basis for the Creation. The one Absolute God who is beyond comprehension when manifests, the male and female principles emerge at the same time. That is the reason why they are called twins. Such was the original under-standing by the Vedic Hindus who depict Artha Nari, half male and half female God. Such was also the understanding of the Greeks, who uphold the symbol of Adonai and also that of the Hebrews who speak of the male-female God. The female descending from the rib of the male does not fit-in from this standpoint.

The Cosmic and the Cosmic Nature, the male-female are equals. Together they constitute God in Creation. Male domination when prevails over hu-manity God is referred to as HE. God is HE and SHE as well. The one does not exist without the other. The state of Gemini is the most sublime state of Yoga. In that state matter and spirit are in absolute agreement; male and female energies are in total balance.

Only for mind's understanding it divides the male from female. But in truth they are indivisible ones. In man there is woman and woman there is man. In matter there is spirit in a subtle form and in spirit there is matter in a subtle form.

True Yoga upholds this truth and accordingly imparts knowledge to balance the matter and spirit in every unit of existence. In that state it is all Light. It is the Kingdom of God that is frequently referred to, where the male and female exist together in friendliness.

Occultism is thus needed equally for males and females. Prohibition of en-try to females into occult activities is but ignorance. The Seven Seers ever attend to the functions in Creation along with their female energies that stand a great example to the humanity of seven rays.

May the transit Sun in Gemini help balancing Matter and Sprit in us.



Message of the Teacher

The Identity

Ego, the localised consciousness, is the master of the individual life and is the chief executive from whom commands are received by mind, and senses. Ego itself is conditioned by its own nature, which is an aggregate of past thoughts, desires and actions. Such ego is in constant search for peace, poise, joy and happiness. But they remain mirage due to the intervening ignorant patterns of behaviour. It is for this reason the ego must necessarily recollect its identity relinquishing the false identity. The real identity of every ego is THAT I AM – A Son of God.

When the ego recollects its original identity it gains the strength of the Divine Nature, which regulates the individualised nature and enables peaceful and joyful existence in all planes of consciousness. False identity is the basic problem. Regaining original identity is the key.

Gîtâ-Upanishade

Lord Krishna

Right action



*“THE ONE THUS KNOWS THE KEY TO ACTION
AND ACTS ACCORDINGLY GETS LIBERATED FROM THE BONDAGE OF LIFE”*

.....says Lord Krishna.

People think of knowledge apart from action and Gita speaks of knowledge for action. As long as one does not realise that knowledge is for action and that there is no other knowledge and engages in such knowledgeable action he walks the path to liberation. The general tendency of the human is to gain enormous fund of knowledge to profit more for themselves. Knowledge for self-profit is diabolic. Knowledge for service is Divine. Transactions that translate knowledge into action are the transactions of Light. Unfortunately the human mind thinks “I progressed thus far with my effort. I shall progress further with the Divine help.” Thinking so he engages in meditations, contemplations, rituals, acts of service and worship. Such orientation leads the human into the loop line. This loop line leads to endless winding cycles.

The only simple way to unwind oneself from the circular movement and move in the spiralic way is to utilise the available knowledge in action solely for the benefit of others. The true dawn to the human is only by turning towards such knowledge of action. Many aspirants and yoga students aspire to grow in consciousness but they have least consideration for this selfless contribution for the surrounding life. One grows only through his contribution to the surrounding life. Knowledge enables effective contribution. Thus concludes the Lord in relation to the purpose of knowledge and action.



Message of Lord Maitreya

Liberation, the shadow

Our path renounces the desire for liberation. Such desire is selfish and many times highly emotional. Liberation is the result of the acts of service and sacrifice but not a product that can be gained otherwise. The main principle that we emphasise is:

*Engage in acts of goodwill, of service, if necessary of sacrifice.
Dedicate to human welfare and conduct life in tune with the hierarchy;
we too are engaged in human welfare and upliftment.*

Such dedication is the real act of offering oneself to a divine cause. Doing so many humans are magically transformed to be members of hierarchy.

The members of Hierarchy consecrated themselves to service. They do serve in all planes of existence and thus assist the Grand Plan. In doing so many times they offered themselves totally and reached the state of liberation.

The key to liberation is service. Be ready to will, to dare, to know and to serve. If you do so you already enjoy the invisible support of the Hierarchy and walk path of Liberation.

If you tend to measure the distance you have covered on the Path you are halted. Instead, keep serving until you forget that you are serving for Liberation.

As long as the thought of Liberation lingers in your mind and as you serve for Liberation, Liberation remains alluring.

When the thought of Liberation dies and when you are at service, Liberation approaches you. It follows you like your shadow. Do not suffer the inversion of following the shadow.

Is it not a paradox that you run after a thing that runs after you?





Message of Master Koot Hoomi

Devâpi Maharshi

The four states

Creation exists in gross and subtle as well. You cannot understand the gross in its totality unless the subtle is also understood. The subtle exists again in three planes: subtle, subtler and subtlest. The creation is thus four-fold. The four-armed cross is but an indication of that. From the subtlest to gross the creation comes down in three steps and again in three regular steps it gets back to its subtlest states. The descent of energies and the ascent of energies constantly happen enabling continuity of existence of all planes.

Man is also four-fold. Man's actions are visible and are at the fourth state. But, for such action there is the driving thought in him, which is not visible. The thought itself has its basis in Consciousness and Consciousness is an emergence from Existence. Thus Existence, Consciousness, Thought and Action are the four states of man.

Creation as well as man are visible in the fourth state and remain invisible in the earlier three states, which form the basis for the fourth.

The invisible three are symbolised by a triangle and the visible fourth state is symbolised by a square. The triangle over the square is thus the symbol of man, which also is the symbol of a temple.

Continuous awareness of the existence of the subtle, concurrently with the awareness of the gross enables vision to happen. Otherwise, one would carry just the sight.

Message of Master Morya

Maruvu Maharshi



Courage

Are you courageous enough? The path is not for the timid ones.
Can you dare to live my teachings? Why do you read my teachings, if you do not have the courage to follow them?

Pick up a teaching that is simple enough for you to follow and live by the teaching. When it becomes part of your life and nature, pickup a second one of your choice. Move like a turtle but not like a rabbit. Slowly but surely you would move forward in Light.

Daily reading a part of the teachings is to recharge you inspiration. Stay charged from the morning till night. Through the teachings breathe fresh thoughts of enthusiasm and joy. See how the bird takes off from the nest at every dawn with great enthusiasm. Do you have such enthused spirit or do you remain burdened with heavy thoughts like a hippo?

Take to the morning flight of spirit; conduct acts of goodwill and come back to the nest. Your real nest is within you. Get back into that and rest in our presence.

Let this be a simple daily practice. Do it with will and courage.
The rest follows.



Message of Master *EK*

Intelligence and virtues

Intelligence by itself is not helpful to man. Intelligence is but a tool that requires to be utilised appropriately. Misapplication of the tool leads to disaster.

Intelligence can be modulated and regulated only by virtue. As men grow with intelligence they also need to cultivate virtuous habits. The virtuous nature does not allow the intelligence to step away from righteousness. It is for this reason all religions basically emphasise more on virtue than on intelligence. Intelligence is gained through worldly knowledge and through exoteric schools. These schools also have a duty to give equal importance to moralistic teaching that impart virtues.



Message of *Sri Ramakrishna*

How to kill the ego

How can the idea of egohood be destroyed? – It requires constant practice to do it. In threshing out rice from paddy, one must look to it from time to time to see that the rice is properly husked; if not, one must of course go on threshing.

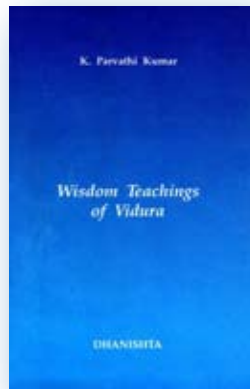
In making delicate weighments one has to shake the balance from time to time to see whether the oscillating needle will every time come back to the middle point; if it does not do so, the weighment is incorrect. Similarly, one must test oneself from time to time to see whether he has conquered his duality.



Vidura

Wisdom Teachings

Help the friends and relatives
around you
without expectation.
It rewards you well
in the long run in unexpected ways.
Do not count upon their merits
when you help.

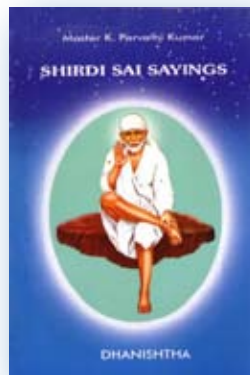


Shirdi Sai Sayings

The prison



Verily the Soul is beyond the qualities of nature. The triple qualities of nature (inertia, dynamism and poise) draw their force from the Soul and conduct the play of life. The Soul, drawn by the qualities enters into the play of qualities. When bound by the qualities, the play degrades into fight. When the Soul mounts upon the qualities and moves in life, the play remains joyful. The skill is 'to preside' and to avoid the prison





Lay Man's Prayer

We are monkeys of Your garden.
We are given the garbs of men.
You are too compassionate to glorify us.
We cannot stand up to Your expectation.
We pray in thankfulness for the glorification.

Discipleship

Option to serve

No one is futile or useless, unless one chooses so to be. Excuses and alibis for non-service, for postponement, or for partial service are easily found. They are based on home requirements, health, age, fear or limitation of one kind or another, and lack of time. Many have no time for service because their daily life is full of non-essentials.

They seldom serve. They feel they have no time and that they have no leisure. If they analyse their usage of time they will find that much time is lost in trivial matters. Such ones first need to develop the sense of time. They need to plan daily activity substantially with essentials. This would enable them to eliminate the nonessentials. Relaxation, refreshment and entertainment need not be ignored. They should be given right proportion. When work is seen as joy it relaxes and refreshes the worker. This is a key to work. Essential work relaxes further. Useless work and gossip causes tiresomeness. Work includes service to others. All work should be done as service. This is possible when one sees the benefits flowing out of the work for the society.

Just like time, ill-organised persons also waste away money. Money is but energy accumulated from the work done in the past. It needs to be reutilised and recycled in a constructive way to help the surrounding life besides helping oneself. Men need to organise their time, money and energy to ensure that it flows out into meaningful fields of activity. Such activity is the only rejuvenates, replenishes and fulfils life. Inactivity and selfish activity lead men rapidly to disease, decay and death. Be active and be useful.

A disciple



Occult Meditations

Meditation 30

**The path of I AM is in eternal darkness.
Darkness is the variegated serpent of the nether worlds.
The music of the nether worlds blinds the lyre
with music of the seven stringed lyre of Apollo.
I bore the darkness into the spectrum of variegated light.**

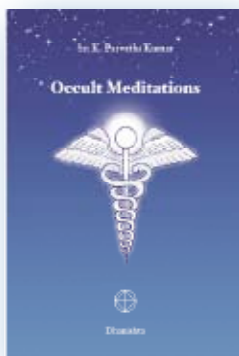
Commentary:

The worldly man is oriented to objectivity. His mind always reminds him of the worldly thoughts. His energy flows horizontally into objectivity. Objectivity is the globe around us. It is the result of the magic of the five elements, conducted by the Cosmic Mind. Man relates to this magical world with his five senses. Without the senses, man cannot relate to the magic of the objectivity. Through regular use of senses, man gets stuck in the world of five elements, which is a magical world, a world of illusion but not a world of reality. When man's mind is in pursuit of happiness in the world of objectivity, of illusion and of darkness, it is never ending and ever winding. This is called the path of eternal darkness.

The serpent leads man into these worlds through time, through senses and through attraction of the five elements. In pursuit of happiness, he moves further and further away from his own centre and lands himself in the nether worlds of darkness where he does not find the path of return. He forgets his original identity. He forgets his original abode. He lives in a world of reflection and feels the reflection as the real.

When man learns to withdraw from the senses and from the objective mind, he gets back to his own centre, wherefrom he can move vertically. Moving vertically in him, he can bore the darkness and get into the spectrum of light, which is in him. This spectrum of light is real, while the reflected light is the serpent of illusion. The inner spectrum of light leads man through the seven colours into blue. He thereby realises the lyre of Apollo, which hitherto has been blinded by the nether world.

The student is suggested to collect himself from the objectivity, from the senses and from the mind; place himself in the core of the heart and visualise a vertical ascent through Sushumna, experiencing colour after colour, from orange to yellow, to golden yellow, to honey yellow (transparent golden hue), to aquamarine, to sky blue and to deep blue.





Ashram leaves

The Solar System

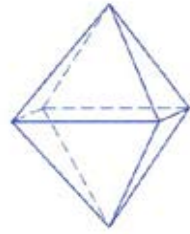
The womb of time periodically stimulates the globes of space. The solar ray principle enters according to the Law of Spirit into the globe to form the Sun-ball and this forms the beginning of a new solar system.

Thus the ovaries of the galaxy are stimulated to existence at equal intervals, each of which bears its own Sun at its centre as nucleus and expands into an universe.

This expansion is progressive until the Earth has formed the crest. Henceforth the development is mental and marks the period of decadence.



Rudra



32. Trikagni Kala

Trikagni Kala means the three fires (cosmic, solar, and planetary) manifesting through time. The three fires are electrical, solar and frictional. The electrical fire, which is invisible, permeates the ethers. This invisible fire is made visible light by Rudra. This visible light is called the solar fire. The visible light with the force of Rudra transmits itself in all the 360 degrees and impregnates matter. The fire in the matter is called planetary fire or frictional fire. Thus, the one Agni is made to manifest in the cosmic, solar and planetary planes as electrical, solar and frictional fire through time.

The three fires are but one fire that manifest in creation as three. These three fires exist in man in the centres of the head, in the centres of the chest and in the centres of the stomach. When these three fires align, man becomes a Master. The frictional fire conducts the body, the solar fire conducts the force in the body and the electrical fire conducts the consciousness and life.



On Love

Love is blind – blind to those who observe
from outside the ring of Love.
Love unfolds insight.

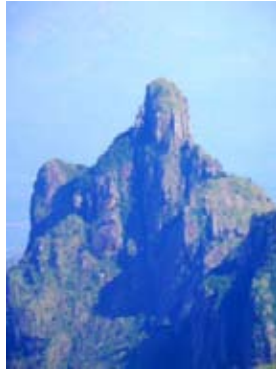




On Change

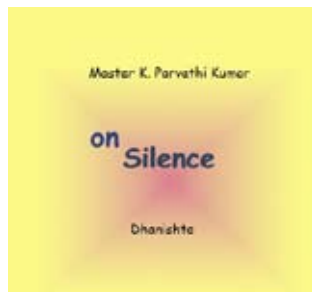
Change is imperative in Life





On Silence

It requires courage to face Silence
since it puts you face to face –
yourself to yourself!





Hymns on Agni

**27. TAVATYEE AGNEE HARITO GRHUTASNA
ROHITASA RITVANCHAHA SVANCHAHA
ARUSHASO VRUSHANA RUGUMUSHKA
AA DEVATATI MAHVAN TADASMAHA**

Oh Lord Agni! We invite your horses to our sacrifice:

- that emit sweat from their nostrils;
- that are copper coloured;
- that are non-manipulative;
- that are beautiful in form and movement;
- that youthful and illuminating;
- that are challenging, and;
- that are deeply desired to be envisioned.

Sacrifice is the translated word for the Yajna. Yajna means, working with the soul objective for other's welfare. In other words, Yajna is a life of goodwill in action. To assist such life, a goodwill worker is recommended to daily invite the horses of the Lord Agni very early in the morning. These horses are non other than the morning Sunrays. These Rays contain life, light, love and will. The Veda symbolically presents the Sunrays as horses. The word in Sanskrit for horse is, Asva. Asva is defined as permeating Eternal Presence.

The Eternal Presence replenishes the beings daily during the dawn hours. Receiving them with orientation energises the goodwill worker in a four-fold manner. The rays that touch the morning dew is appreciable which is poetically stated as the sweat of the nose. The sweat is also due to the emitting of fiery breathes by these rays which gives the warmth.

It is common knowledge that the mornings Sunrays are of golden colour with orange tinge. The horses are therefore described as having copper colour.

The Sunrays are non manipulative and straight. It is the receiving object that may deflect or distort Sunrays according to its state of impurity and so far as one is transparent and non manipulative the Eternal Presence can be experienced.

The form of these rays as also their movement within oneself is joyful, if one can experience the reception and absorption of these rays. They cause illumination to beings on a daily basis besides vitalising them.

These morning rays when assimilated, establishes youthfulness in the beings. They do not get aged as others do.

These rays can meet any challenge of darkness or ignorance and are therefore deeply desirable for envisioning on a daily basis.

Violet Flame Invocations



Inflame us, oh Violet Flame.
In-flame us.

We are un-flamed by material,
by egoistic personalities,
by our ignorance.
Inflame us, please!

We are debilitated by our desires.
We are weak to invoke You.
Our invocations cannot reach You.
But You can reach us.

Reach us! Bless us! Strengthen us!
In-flame, Ignite, Initiate.

We are Your infants, the ignorant ones!



From the Teacher's pen

The Christ Principle

Christus is the universal consciousness. Every individual soul who stays connected with the Universal Soul is a Christ. The Christ principle functions through the connected ones. Therefore such ones are recognised, respected and followed. Similar names exist like Christ in the East. They are called:

- 1) Yogi meaning the one who is united with the Divine.
- 2) Maharshi meaning the one associated with the all seeing One.
- 3) Sai meaning Father in the frame of the son.
- 4) Baba meaning Father in the frame of the son.
- 5) Swami meaning the one associated with the Master consciousness.
- 6) Master meaning the one associated with the Master consciousness.
- 7) Christus is Indian Vishnu and Greek Amedeou, meaning Universal consciousness.

The teachings of Jesus the Christ were little understood by the followers. It is generally so. Zealous distort the teachings due to their ignorance. The true teaching prevails in the inner circles.

Master Morya

Part 11



Incredible postures of the fakirs. The pamphlet

In those days, however, we were inclined to resent explanations of this kind and interpreted them as mockery. But at Jubbulpore we witnessed a phenomenon which was even more curious. Strolling on the river bank, the Thâkur suggested we got into the courtyard of a pagoda. This is a sacred place and neither Europeans nor Moslems are allowed inside. But Gulâb-Lal-Singh said something to the chief Brâhmana, and we entered. The yard was full of devotees and ascetics, among whom we specially noticed three ancient and perfectly naked fakirs.

Dark, wrinkled, as thin as skeletons, their heads covered with a mass of white hair, they sat or rather stood in what appeared to us to be the most impossible postures.

One of them literally resting only on the palm of his right hand, was poised perpendicularly with his head downwards and his legs upwards; his body was as motionless as if, instead of a live man, he were the dry branch of a tree. His head did not touch the ground, but was bent somewhat upwards in the most abnormal manner, and his eyes stared right into the sun.

I cannot guarantee the truthfulness of some talkative inhabitants of the town who had joined our party, and who assured us that this ascetic spends every day of his life from noon to sunset in this posture. But I do know that we watched him exactly one hour and twenty minutes, and during the whole of this time the fakir did not move a muscle!...

The other stood on one leg on what is known as a “sacred stone of Siva,” about five inches in diameter; the other leg was curled up under his stomach, and the whole of his body was bent backwards into an arc; his eyes also were staring at the midday sun. The palms of his hands were pressed together as if in prayer... He appeared to be glued to his stone. It was impossible to imagine by what means a man could achieve this condition of equilibrium.

The third sat with his legs under him; but just exactly how he could sit was quite incomprehensible. His seat was a stone linga, not higher than an ordinary street post and not wider than the circumference of the stone of Siva, in other words five or possibly seven inches in diameter. His arms were crossed behind his neck, and his nails had grown deep into the flesh of his shoulders.

“This one never changes his positions,” they told us, “he has been sitting in this position for the last seven years or so...”

“And how does he eat?” we asked in amazement.

His food, or rather drink, as it was milk, was brought to him once every 48 hours from the pagoda, and poured down his gullet with the aid of a bamboo tube. His disciples (every ascetic has his willing servants, candidates to holiness) take him off at midnight, wash him in the tank, and place him back upon his pedestal like an inanimate object, as he can no longer unbend his limbs.

“And how about the others?” we asked, pointing to two of them. “They look as if they would fall down. The least nudge would upset them, would it not?”

“Try!” suggested the Thâkur. “As long as a man is in the state of samâdhi (religious trance), it is easier to break him to pieces like an idol made of clay than to move him from his place ...”

To touch an ascetic in a state of trance is a sacrilege in the eyes of the Hindus, but evidently the Thâkur was well aware of the exceptions to the general rule. He had another brief exchange of words with the sullen Brâhmana who was accompanying us, and, after the consultation was over, told us that none of us would be allowed to touch the fakir, but that he personally had obtained permission, and so was going to show us something still more amazing.

Saying this, he approached the fakir seated on his stone, and holding him

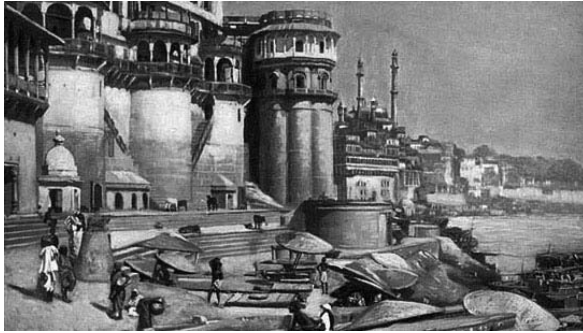
carefully by his bony hips, lifted him and put him on the ground on one side. Not a joint moved in the body of the ascetic, as though instead of a living man it were a bronze or stone statue. Then he took up the little stone and showed it to us, asking us, however, not to touch it for fear of offending the crowd. The stone was round, flat, with rather an uneven surface. When laid on the ground, it could be set moving at the slightest touch...

“You see how unsteady is this pedestal chosen by the fakir. Under the weight of the ascetic, however, it is as immovable as if it were planted in the ground.”

Lifting the fakir again, the Thâkur placed him back where he belonged. In spite of the law of gravity which, to all appearances, should have acted upon his body and head bent backward in a long arc, the ascetic and the stone seemed to have become solidly joined to the ground, without the least change in position. How they are able to achieve this, they alone know. I merely state a fact and do not attempt to explain it.

At the gate of the pagoda we put on our shoes, which we had been told to take off before going in. We left this holy-of-holies of the centuries-old mysteries with our minds more puzzled than when we had entered it. In the “Fakir’s Avenue” we found Nârâyana, Mûlî and the Bâbû, who had not been allowed to enter. All three of them had long before released themselves from the iron claws of caste, and openly ate and drank with us, and for this offence were “ostracized” and despised even more than the Europeans. Their presence in the pagoda would have polluted its holiness forever, whereas the pollution brought on by us would be only temporary; it would evaporate in the stench of cowdung burnt after we had left – the usual Brâhmanical “incense of purification” – like a drop of dirty water in the rays of the sun.

There had appeared a very interesting and scholarly pamphlet, the contents of which were an affront to modern science. It was written in English and published in a small edition by a regimental physician and surgeon named N.C. Paul, G.B.M.C., in Benares. ... Of a few copies saved, one is to be found in the library of the Mahârâja of Benares and another was given to me by the Thâkur.



Benares - Varanasi

The train left for Allâhâbâd at eight o'clock in the evening, and we spent the night to six in the morning en route. Although we had a first class coach with room for ten, I felt sure that for various reasons I would not go to sleep that night. Accordingly, having secured candles for a portable lantern, I made ready to break the railway law during the night and to read Dr. Paul's pamphlet, (A Treatise on the Yoga Philosophy) as it interested me.

About an hour and a half before departure, we all went to dinner at one common table in the Refreshment rooms, i.e., the restaurant of the railway station. Our appearance caused an evident sensation. Our party which included four Hindus occupied the end of a table at which were seated some fifty first class passengers who all stared at us with undisguised astonishment and contempt. Europeans on equal footing with Hindus!... Hindus dining with Europeans!... The subdued whispers grew into loud exclamations, and one important-looking lady, unable to stand it, got up and walked away.

Were it not for the impressive presence of some unquestionably familiar types, such as W. and Miss B., both English and the Colonel who was being mistaken by everyone for an English officer, a scandal would have been unavoidable. Two Englishmen came up to the Thâkur and after shaking hands with him – another rare occurrence – took him aside as if to talk business, but actually to satisfy their curiosity; they happened to be acquainted with him. Not the slightest attention was paid to the other Hindus. Here we learned for the first time that we were under police surveillance.

The Thâkur, pointing out to us a captain of very rosy complexion, with a long blonde moustache and wearing a white summer uniform, quietly whispered to me: „Beware of him!“ He was an agent of the secret police from the political department and had followed us from Bombay. On learning this pleasant piece of news, the Colonel burst into a loud laugh, which doubly disturbed the natives from Albion who were engaged in eating.

We learned afterwards that all the servants in the hotel were in duty bound to spy. The custom in India is to have your servants accompany you even to a dinner; so a Hindu stood behind each of us, while behind the Thâkur were his four shieldbearers and two servants.

The enemy was thus completely cut off by this army of naked legged defenders, and the hotel spies had very little chance of overhearing our conversation. Besides, we had nothing to hide. But I confess that this state of affairs had a very bad effect on me. At last the uncomfortable dinner was over. Making myself at ease in the railway coach, I began reading the pamphlet...

Among other interesting things, Dr. Paul explains very fully and learnedly the mystery of the periodical suspension of breathing on the part of yogins, and some other seemingly quite impossible phenomena which he witnessed himself many times... p. 310 – 318



Master *EK*

Vishnu Purâna
CHAPTER II

Parasara's Prayer

Then Parasara utters significant words in praise of Vishnu. The prayer is to raise himself and the listener upto the level of the object of prayer. This is so because the person praising is the consciousness which praises. The consciousness in essence is the omnipresence which includes Vishnu in all His aspects. By raising himself to Himself, He will be able to speak out through His impersonal expression when the text runs above the human error.

Parasara's prayer: "I bow down to the Immutable, the Pure one! To the eternal, the Universal Soul, the concept or ever One, to the Omnipresence and Omniscience of Vishnu, I bow down. To the Luminous egg that is expressed by the mystic word, Hari, the giver of peace, I bow down (the Luminous egg which is also called the golden, sun-shine-coloured egg is the first unit of creation which emerges from the Omnipresence of Vishnu. It is the emergence of a presence from The Presence). To the dweller of the Universe (as essence) and the One who crossed the creation, existence and merging, I bow down. To the one of many shapes, to the soul of the subtle and the gross, who is both manifest and unmanifest and who is the cause of emancipation, I pray. This highest soul of omnipresence is the very root of the universe. The creation, existence and merging of the universe are from, within and into Him. He is the basis of this creation and He is to the atom what an atom is to the Universe. He is to the Universe what the Universe is to the atom. He is in all beings and

has no fall into self-forgetting. He is the first person (I AM) of all persons. Wisdom is His shaping and He is the purest and Supreme in essence. He is the existing content in the universe for which He is also the container, though the universe causes to us the illusion of the different things. In the creation he is the Creator. In the existing things He is the existence. In the act of merging He is the destroyer of all shapes. He is never born, in Him all are born. He has no wastage or loss and hence He is the eternal "IS".

I bow down to the Lord and tell you everything as it was told before by Brahma, the child of the Lotus. Brahma transmitted all this wisdom when he was questioned by Daksha and other great sages (Daksha is one of the Prajapatis or the Devas who preside over cycles. He is the first awakened Deva from the slumber of subjectivity which is called Prakriti or Aditi). The sages who received the wisdom from Brahma along with Daksha narrated it afterwards to King Purukutsa on the shores of the river Narmada. He narrated to Saraswata and he transmitted it to me."



Extracts From The Teachings Sri Suktam

The Nature And The Characteristics Of The World Mother, Part XVIII

Dr. Sri K. Parvathi Kumar
Wengen Group Living, Switzerland, May 2002

Occult students are those who gradually accustom themselves to the subtle and not limit themselves to the gross. The dense physical continuously changes. The subtle also continues to change, but all changes are within the consciousness. The change of state is there, but there is no such thing as exhaustion. So, whenever you see a letter in an alphabet, you should know this unspendability of anything in creation. The letter can be used, and re-used, and re-used, and eternally it is available.

Those who know the secret, they are never in anxiety about tomorrow. When the Mahabharata War was conducted, there was such huge destruction on the planet, and the Son of Light, Yudhisthira, was to preside almost over a grave yard. All cities were destroyed, all money was spent. How to rebuild the cities? Where was the money? Where was the gold? Where were the precious stones which were studded into the beautiful huge buildings? How could he create again the splendour that was lost in the war?

Krishna said, "Nothing can be said to be lost, not even the souls when departed from the body." He took Arjuna to the Himalayas and showed a place and said, "You dig here. You will get as much as you need to rebuild the entire globe. The visible wealth of the Earth is a pittance before the invisible wealth of the Earth, and as you keep using it, it gets replenished." If you dig out gold mines and use gold, that mine may get exhausted. But somewhere else again there will be formation of gold mines. So, all minerals continue to get formed through the elements. That is the real alchemy, continuous formations, appearance and disappearance. That is what the Mother presides over.

Fifth Hymn

*CHANDRÂM PRABHASÂM YASASÂ JVALANTÎM
SRÎYAM LOKE DEVAJUSHTÂM UDÂRÂM
TÂM PADMINÎM ÎM SARANAMAHAM PRAPADYE
ALAKSHMÎR ME NASYATAM TVÂM VRUNE*

This is quite an elaborate hymn. The prayer part of the stanza is at the end of the hymn. It is the request part: Alakshmîr Me Nasyatam Tvâm Vrone. Alakshmîr – non-splendour
Lakshmîr – splendour

The worshipper is seeking: “You may please destroy the non-splendour relating to me, because I am invoking You. Since I am invoking You to embrace me and be in and around me, please ensure that I carry no more impurities, no more undesirables, ignorance, and habits that make me suffer from.” What is destruction? As I said before, nothing can be destroyed. How can I now say that something will be destroyed? It should be transformed! In the night in this room it was dark. During the day where is the darkness in this room? What happened to darkness? Did it go somewhere to hide itself? It is that very darkness that has transformed itself into light. As long as there is light, so long no darkness can come. As soon as light disappears, darkness takes place. This is the daily experience of this room.

When you are invoking the light of the universe, what is the impact? You get enlightened, and hence there is no darkness. You will not any more carry instincts of darkness, habits of darkness which are very well described in relation to the quality of inertia in “Bagavad Gita”, such as laziness, forgetfulness, irregular daily routine, not repulsive to impure things. That means, even if the body smells, you are not inclined to take bath. If the body smells, if the mouth smells, if the clothing smells, it is okay. Even if you take bath, you don’t take it with pleasure. You don’t clean things with pleasure. Everything around you is impure, ugly and has a bad smell, whereas you are fond of strongly smelling food. If you are really pure, you don’t accept food that smells.

The more and more purity gets into you, the more and more you become crystal clear. You tend to have very light things around you: food habits, eating habits, bathing habits, dressing habits, hair dressing habits – they all ensure emission of light from top to bottom. Every part is shining, radiating and gives good smell. What is it that gives bad smell? All bodies that carry a lot of impurities. A Yogi's body smells good. They don't even use soaps, they don't use cosmetics or perfumes. Even in the 20th century you have the example of Yogananda. After he left the body, the so-called dead body was spreading sandalwood fragrance for a few days. But the so-called living bodies smell horrible. What is the difference? The difference is in the light that one holds.

A relative of mine who was considered to be a great Yogi, when he passed away, I went 24 hours after to see him. The body was retained, because many who came from long distances wanted to see him. When we went in, the house was smelling sandalwood. The room, where he was kept, was smelling sandalwood. That is Lakshmi, that is Srîyam, that is splendour.

cont.

This text is not proofread by the author and might have some mistakes

Paracelsus Health & Healing

Habitation and Health



It was known to Hippocrates, to Paracelsus, and such other healers who were more than just physicians that certain lands are healthy and certain lands foster disease and ill health. Dark and crowded tenements, underground houses, flats, moist places where the moist creeps in even through concrete floors, marshy lands are notorious breeding places for disease and ill health.

Not all the underground waters are healthy. All that comes from nature cannot be considered as healthy. Certain waters carry more calcium, certain other waters carry more sulfur. Likewise calcium and other chemicals, iron and other metals exist excessively in waters. In underdeveloped countries people are affected mostly by uncured waters while in developed countries the situation is different.

But in developed countries too the drinking waters have lost much of their health due to an excessive period of storage and sometimes excessive treatments with minerals.

The life that flowing waters carry is different from the life in stored waters. The stagnated waters lose life in them substantially. Water stored in plastic containers is not as healthy as water stored in the earthen pots. The latter enables flow of air through the earthen matter while the former does not enable such flow of life giving air.

While science helps to come out of certain primitive ways of living to bring in health, many of the new measures of handling water bring in new kinds of ill health.

The importance of water is known by all physicians. They should therefore discourage drinking treated water with minerals, stored in plastic containers. Glass containers are considered the best.

In any case the age of the water in the bottle cannot be beyond 7 days from the point of collection for drinking purposes. As much as the quality of water is seen, so much the quality of the water carriers must be seen. A recent study in India revealed that water stored in the brass containers are healthier for drinking purposes, which was a traditional practice now replaced by plastic containers in the urban areas.

The quality of land decides the quality of water and the quality of life. Thus national, regional, and rural diseases differ from each other in their causes. Globalizations of medicinal standard thus not help much in all situations.

Likewise the psychological conditions of a race or a nation have their own tendency to disease. Certain psychologies have lowered resistance to disease while certain other psychologies have better resistance to disease. Some races carry better resistance even to contaminated food and water than certain other races. The immunity system differs from race to race and nation to nation.

The globalization of medicinal standards therefore has to be suitably modified to individual needs of places and groups.

Dr. K. Parvathi Kumar

Extract from: Paracelsus – Health and Healing

With a subscription you support this important work (€ 77 / year).

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Web: www.paracelsus-center.ch

Children's Section

The Doctrine of Ethics*

THE LEGLESS FROG, THE SICKLY SERPENT, THE IMMORAL MATRIMONY
AND THE OLD IN POVERTY SUFFER UNENDING MISERY.

Scriptures and the Science

Dear Children

We see the sun, the moon and other planets in the sky with much facility. Thanks to the science. The ancients saw them without the help of machines. We see them with the help of the machines. The ancients also saw that our solar system is but one in a group of twelve solar systems. They perceive that our solar system is but a junior solar system. In a group of twelve solar systems, seven are perceived as seniors and five are perceived as juniors. The science is now able to visualise that there is another solar system and that our solar system is not the only one.

The science is regularly finding new planets within our solar system. In recent centuries, they found Uranus, Neptune and Pluto. Very recently they also found a new planet, which is not yet appropriately named. But the ancients perceived that there are 72 planets in our solar system. In due course science will eventually find them.

The scriptural statements emerging from the most sacred scriptures may look fanciful and frictional. But if we are open minded and are willing to explore, the ancient most scriptures guide us into the universe significantly if not unfailingly. Most of these scriptures are hidden in the cave temples of the mountain ranges on earth.

In recent times Madam H.P. Blavatsky and Nicholas Roerich entered into these cave temples with much courage and revealed some of these secrets of nature.

Dr. K.Parvathi Kumar

* From the book THE DOCTRINE OF ETHICS by Dr. K. Parvathi Kumar, Dhanishta Edition

** See www.jugendforum-mithila.de

WINDOW TO WORLD SERVICE

NEWS & ACTIVITIES (Inputs welcome)

URUGUAY

Name of the group: WTT-/Transcultura Uruguay

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ACTIVITIES

- Study of the works of the humanity's great masters
- Meditation
- Investigation and reflection transcultural, transdisciplinary and trans-personal
- Prescribe-psychological attendance to poor populations
- Provision of phyto-medicaments to patients without covering
- Distribution of printed free literature of Dr. Ekkirala Krishnamacharya and of Dr. K. Parvathi Kumar

Dates of the Next Travels

Dates	Program
May 23rd to 31st	Switzerland: May Call Day
June 1st to 7th	United Kingdom
June 7th to 22nd	Germany
June 22nd to 25th	Switzerland
June 26th onwards	India

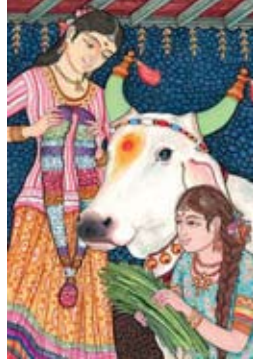
During these dates you won't be able to contact Dr. K.P. Kumar.
You find the updates on: www.worldteachertrust.org/vaisakh15_e.htm

Live Broadcasts and Recordings of Lectures of Master Kumar

Members of the World Teacher Trust have provided a facility for live transmission of Master Kumar's lectures via the WIZIQ-website. There is a guideline answering all related questions. You can download it from: http://www.masters-call.net/docs/WTT-Live_Broadcast_FAQ.pdf
Lectures given in Telugu are simultaneously translated into English and Spanish.

All the lectures of the Master are recorded and published on the platform "Masters Call". You can download a guideline how to access and use the recordings:
http://www.masters-call.net/docs/Masters_Call_FAQ.pdf

In case of questions, please contact wt-live@masters-call.net

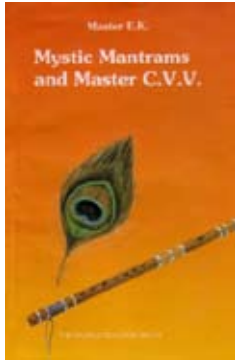


COW

The Cow, the Mother of splendour, the Drink of immortality and the Tree of fulfilment have all emerged at the same time in the creational process and are considered to be most splendid embodiments of divinity. These four are called in Sanskrit ***Kamadhenu*** (Cow), *Kalpavruksha* (Tree of fulfilment), *Amruta* (the Goddess of splendour).

The secretions for formation of the seven planes of existence emerge from *Kamadhenu* and the related formation of creation is therefore considered by the Vedic seers as the form of Cow.

Book review



MYSTIC MANTRAMS AND MASTER CVV

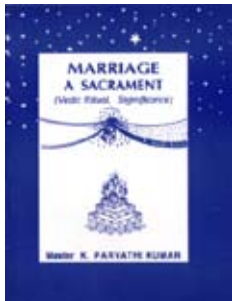
Master CVV is known for his Mystic Mantrams, meditations and teachings. Through such mantrams (= composition of sounds), he stimulates the inquisitive faculty of the seeker of truth and recruits him into the inner side of things.

Dr. Ekkirala Krishnamacharya (Master E.K.) is an excellent exponent of the teachings of Master CVV and renders a lucid commentary on the mantrams which

throws significant light for proper understanding and application of the process of enlightenment.

Ekkirala Krishnamacharya: Mystic Mantrams and Master CVV

Copies: The World Teacher Trust, info@worldteachertrust.org



MARRIAGE – A SACRAMENT

Marriage is an important sacrament to the human being. It sanctifies the one who marries. It purifies and transforms. Copulating is different from marriage. Animals, birds, insects copulate. Man marries. There is a difference between the two. If man understands marriage as a licence to copulate, he is no better than a beast. There is always a higher purpose

in every sacrament and marriage stands out as the most important of such sacraments. The Vedic rituals are generally elaborate and lengthy while much essence is contained therein. Dr. Kumar conceived the whole ritual in a nutshell and presented it in an universal manner. It is adopted by any couple proposing marriage in a sincere way.

Dr. K. Parvathi Kumar: Marriage – A Sacrament

Copies: The World Teacher Trust, info@worldteachertrust.org

Astrological Important Days in May / June 2009

20.05.	23:51	☉ in ♊ / Sun enters Gemini	
23.05.	17:13	Phase of new moon starts	☉ 02°37' ♊ / ☽ 20°37' ♊
♌		New moon point of Gemini: Contemplation upon 'The Pledge'	
24.05.	14:11	● New moon of Gemini	☉ 03°28' ♊ / ☽ 03°28' ♊
29.05.		May Call Day	
30.05.	18:08	● 8 th phase of ascending moon starts	☉ 09°23' ♊ / ☽ 03°23' ♊
♌		(End 16:44 on 31.05.)	
02.06.	15:27	11 th phase of ascending moon starts	☉ 12°09' ♊ / ☽ 12°09' ♊
♈		Day of Nârâyana (End 15:31 on 03.06.)	
04.06.	16:03	13 th phase of ascending moon starts	☉ 14°05' ♊ / ☽ 08°05' ♊
♌		Day of Narasimha (End 17:02 on 05.06.)	
06.06.	18:25	Phase of full moon starts	☉ 16°06' ♊ / ☽ 04°06' ♌
♌		Birthday of Lord Maitreya and Master DK	
07.06.	20:12	○ Full moon of Gemini	☉ 17°07' ♊ / ☽ 17°07' ♌
12.06.	22:03	23 rd constellation Dhanishta starts	☽ 17°19' ♌
13.06.	21:00	Dhanishta- Meditation (Dhanishta-constellation ends at 00:50 on 14.06.)	
15.06.	11:46	● 8 th phase of descending moon starts	☉ 24°26' ♊ / ☽ 18°26' ♌
☽		(End 12:31 on 16.06.)	
18.06.	11:35	11 th phase of descending moon starts	☉ 27°17' ♊ / ☽ 27°17' ♌
♌		Day of Nârâyana, to dedicate oneself to Master DK in thought and in word, to study intensely his teachings and to link up to the disciples of the world in thought. (End 09:54 on 19.06.)	
21.06.	07:45	☉ in ♋ / Sun enters Cancer; Summer Solstice	
22.06.	01:12	Phase of new moon starts	☉ 00°42' ♋ / ☽ 18°42' ♊
☽		New moon point of Cancer: Contemplation upon 'The Pledge'	
	21:35	● New moon of Cancer	☉ 01°30' ♋ / ☽ 01°30' ♋
23.06.	17:52	Car Festival (starts with the 2 nd phase of ascending moon and ends at full moon of Cancer) from 23.06. to 07.07.2009	
♈			
29.06.	01:54	● 8 th phase of ascending moon starts	☉ 07°24' ♋ / ☽ 01°24' ♋
☽		(End 01:13 on 30.06.)	
02.07.	01:48	11 th phase of ascending moon starts	☉ 10°15' ♋ / ☽ 10°15' ♊
♌		Contemplation upon the personal Teacher, the Guru (End 02:57 on 03.07.)	
06.07.	08:52	Phase of full moon starts	☉ 14°21' ♋ / ☽ 02°21' ♌
☽		Dedicate to the World Teacher and Vedavyâsa	
07.07.	11:21	○ Full moon of Cancer (Lunar eclipse)	☉ 15°24' ♋ / ☽ 15°24' ♌
10.07.	04:12	23 rd constellation Dhanishta starts	☽ 17°19' ♌
♀	21:00	Dhanishta- Meditation (Dhanishta-constellation ends at 07:02 on 11.07.)	
14.07.	23:57	● 8 th phase of descending moon starts	☉ 22°35' ♋ / ☽ 16°35' ♌

Great Invocation



Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



All names together utter the name of God.

A prophecy thinks from darkness to light.

Prophecy is fulfilled.

Abraham, Moses, Isiah, Jacob put together form Jesus!

Master CVV