

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Aries 2010 Mesha

Letter No. 12 / Cycle 23 –21st March until 21st April 2010

The World Teacher Trust - Global



Invocation

May the light in me be the light before me.
May I learn to see it in all.
May the sound I utter reveal the light in me.
May I listen to it while others speak.

May the silence in and around me present itself,
the silence which we break every moment.
May it fill the darkness of noise we do,
and convert it into the light of our background.

Let virtue be the strength of my intelligence.
Let realisation be my attainment.
Let my purpose shape into the purpose of our earth.
Let my plan be an epitome of the divine plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the eternal kingdom OM.



Letter No. 12 / Cycle 23 –21st March until 21st April 2010 – T

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Prayer of the year

TWO FISHES, FIVES LOAVES GAINED. ST. MARK SPEAKS:

"FEED THE HOSTS OF WISDOM.

NO MORE HUNGER, SUFFERING, DEATH."

THE BOAT SAILS. THE WIND BLOWS.

THE WAVES DANCE. THE FISH JUMP.

Commentary

Two fishes and five loaves gained. Two fishes represent Pisces and its opposite sign Virgo. Virgo is but the reflection of Pisces. The five loaves are the five pairs of Sun signs. The five pairs are the five couples. They are:

1. Aries, Libra; 2. Taurus, Scorpio; 3. Gemini, Sagittarius; 4. Cancer, Capricorn; 5. Leo, Aquarius.

All these twelve Sun signs together form the Zodiac in which there are six pairs of male-female. The adept gains the cooperation of the Zodiac, which is symbolically stated as gain-ing two fishes and five loaves.

The twelve-petalled lotus of Anahata becomes the abode of the adept. Staying in that lotus of the heart, the adept keeps teaching and healing, transmits love and wisdom and recruits the inclined beings into the path of discipleship, which is called the fishing of the souls. Thus teaching, healing and fishing the souls become the main activity. The adept overcomes thirst and hunger, engaging himself in the triple activities stated above.

To such one the St. Mark speaks from the core of the heart lotus, transmitting his energies. He speaks the key of the Katha. Katha is the sound key of the twelve syllables engraved on the twelve petals of the lotus. St. Mark holds this key for this cycle. Markandeya is the Lord of the Key. The key emphasizes upon the death and its secrets. The path of death transforms into the path of immortality when this key is revealed.

The adept feeds unlimited wisdom so that there is no more hunger. He heals so that there is no more suffering. He gives the key to death so that there is no fear of death. The adept is helped by St. Mark so that his life

(the boat) continues to sail. The sail becomes effortless since the wind turns favourable for accomplishing the triple activity of teaching, healing and fishing.

The life currents of the fellow beings around him dance in joy. The souls with renewed enthusiasm jump around to be fished in. The souls fish in by their will and volition. This is the beauty of the fishing of an adept. He thus catches the fish by the bite and the hook. Poor are the teachers who hook the fellow beings.

A rich teacher (rich in Spirit) makes the presence available and they fish in themselves. The fisherman carries the basket of souls (fishes) with love to their destination.



Message of the year 2010/11

According to the Vedic calendar the year 2010/11 is called 'the distortion' (Vikruti). The name itself is indicative of the characteristics of the time for this year cycle. Distortion of truth would reach its bottom. Humanity gets misled by the power-lobby. Crises and conflicts grow instigating enmity, ill-will. Men get confused and act in confusion and haste to cause a long-run damage. Goodwill work will suffer due to misunderstandings, which are a product of distortion.

This triple energy occupies high places to augment the brewing crisis. The enmity is persisting through 2009 and 2010, and may get further precipitated in this year in an unpredictable manner. The time cycle of 7 years commencing from 2007 and concluding by 2014 is already known as a period of crisis and this crisis may get precipitated from this year onwards. The time gives the clue that the problems the humanity is facing besides problems emerging from nature could be highly unpredictable. This would mean precipitation of crisis.

Times of crisis offer an opportunity either for ascent or for descent, depending upon the choice of humanity. The choice in turn depends upon the fitness of humanity. The choice is made by world leaders for humanity, but it is the humanity that chooses the world leaders. Thus the fitness of humanity decides ascent or descent. Since humanity generally is progressive it is expected that right choices would be made. But that choice cannot be without due pain. Wisdom also says that pain brings due reward of light and love. Let that be so.

In this context the true servers and goodwill workers have a role to play. They need to support at the conscious level through their earnest prayers and goodwill activity. Their prayers must reach a loft. For this deep intent is necessary. The deep intent comes from one's belonging for humanity. A true goodwill worker is required to pray for humanity and not only for his personality. Humanity should stand in priority to personality. Only then one can be recognised as a goodwill worker. Such prayers are the need of the hour. And it is so for the next 5 years and 5 years thereafter.

The goodwill workers also need to demonstrate love in action. After all, goodwill is but love in action. This needs to be demonstrated specially in the present context to contribute strength to the forces that are working for positive *neutralisation of the crisis*. *There are thousands of goodwill associations today on the planet emerging from the teachings of men of wisdom who also demonstrated love in action.* These associations have to affirm and assert love in action. When love is generated through action it counters the poisonous energies that are at work. Therefore the need for ardent prayers and goodwill in action.

During the year while Jupiter and Saturn transit in favourable houses, Uranus continues to play fiercely in the watery sign of Pisces. Pisces stands for the past. All that is undesirable relating to the past shall have to be put to fire for transformation, meaning less traditions. Unscientific beliefs, baseless superstitions are under attack by Uranus. The change is at work through transit of Uranus in Pisces. Pluto in Capricorn continues to bring the necessary changes at the fundamental levels of material understanding. Illusions prevail at all levels with Neptune moving in the Aquarian sky. The humans who are generally short-sighted could therefore get confused with their short-term plans. Then they should be helped by far sight and insight. Such is the work for the groups that trust in the World Teacher.

Full Moon Meditation Formula Aries 2010 – Pisces 2011

- Step 1 OM (7x)
Gurur Brahma, Gurur Vishnuhu,
Gurur Devo Maheshwaraha,
Gurur Sakshat Parambrahmha
Tasmai Sri Gurave Namaha
- Step 2 Namaskarams Master
Namaskarams Master KPK
Namaskarams Master EK
Namaskarams Master MN
Namaskarams Master CVV
Namaskarams Master CVV
Namaskarams Master CVV to your lotus-feet.
(15 minutes silence)
- Step 3 OM Namō Narayanaya (24 times)
(10 minutes silence)
- Step 4 Occult Meditation N° 88
Two fishes, fives loaves gained.
St. Mark speaks:
"Feed the hosts of wisdom.
No more hunger, suffering, death."
The boat sails. The wind blows.
The waves dance. The fish jump.
- 10 minutes silence
- Step 5 Loka Samastha Sukhino Bhavantu (3x)
- OM Shanti Shanti Shantihi



Message of the month of Aries

The eyebrows and the nose are to be meditated as the glyph of Aries. This enables stimulation of hidden levels of consciousness from the 12 petalled heart centre up to the lower head centre. Meditation upon this glyph enables spring-up of heart qualities into head, which in turn enables loving understanding. It is this glyph when imagined from the base centre appears like the rod of Moses, with which he did miracles in Egypt. This is but Brahmadanda, the rod of power with unfolded right and left vagus nerves at the brow centre. It generates fire and enables faster transformations. This is also called the rod of initiation, which every initiate carries in himself. He may also hold a staff in hand, which is more symbolic than real. Meditate upon this glyph and rise to synthesise the head and heart. Imagine this glyph as a rod from the base via the heart up to the eyebrows. Imagine it as brilliant as you may.



Aries Full Moon, March 30 2010, 4.25 am MEST

14 days of yogic program in Aries, to sow the seed for the year to come.

The period starts with the day when the moon enters into Aries, i.e. 16 March 2010.



Message of the Teacher

The Antidote

Knowledge leads to comprehension of the omnipresent God, but that knowledge is an obstacle to see God in form. It is not beyond the possibility of God to take to a form as per the needs of time. The worshipers of the omnipotent God on account of their knowledge disable themselves to see when such omnipotent God takes to an incarnation - an Avatar. There are many gnostics that missed an Avatar when such Avatar was a contemporary to them. The knowledgeable ones would do well to know this limitation of knowledge and develop the needed devotion also to experience the bliss of God in a form. For this reason even the knowledgeable ones missed Avatars and messiahs when they were around. The negatives of knowledge can be antidoted by the touch of devotion.

Gitâ-Upanishad

Lord Krishna Yoga in Action



*"TEAR OFF, TEAR OFF YOUR IGNORANCE, OH
ARJUNA, WITH THE HELP OF KNOWLEDGE OF
YOGA." (4,42)*

The knowledge of Yoga is fully hidden in action. Right action brings knowledge and the related light. Wrong action builds ignorance from within. That darkens the comprehension. Knowledge comes only through right action, but not through enormous reading of books. Those who read books and do not adapt to right action land in the grey area of doubt.

Man is hungry of knowledge, but he least realises that knowledge is not in the written books, but in his own book of life, which is original. Each life is original. Each book of life is original. Man's actions result in the scripture relating to him. It has chapters such as childhood, youth, adolescence, old age, social activity, family activity, activity for self, activity for others and so on. Those are the chapters. Everyday's action is a page written therein. Right action makes a good book of life, wrong action brings a perishable book.

The question then arises is, what is right action? Right action is clearly defined by the Lord as working for the benefit of others, which may also have the related fruits. Fruits apart, acting for others' benefit is important. As long as one engages in it and is not affected by either the fruits or the emerging glory his comprehension develops an electromagnetic field, which attracts thoughts from the realms of light. He is further guided by these thoughts and gets eventually enlightened. Such ones when they read scriptures, they smile in their heart, for they have already experienced a few of things said in the scriptures.

Lord Krishna gives the true key to wisdom. He says: "Yoga in action is the way." He disregards speculation as a means for self-revelation. Serve the immediate surroundings with an intent to benefit the surroundings. It opens doors for knowledge and for light. The doubts are cleared from within and the emerging inner light dispels inner darkness. He therefore suggests to Arjuna not to fall into the grey area of doubt, but to pick up right action.



Message of
Lord Maitreya

Getting the Doctrine of Responsibility

A man's life is decided by the degree of responsibility that he holds. As much one stays in responsibility so much one stands integrated. Otherwise he disintegrates. He fragments himself. He becomes a bundle of conflicts.

Responsibility is the word that we, the Hierarchy, cherish most. The word 'right' is unheard in the hierarchical circles. Right reminds one what is due to him from society. Responsibility reminds one what is due by him to the society. Responsibility is the way of life that we know. The path of rights is the path of Kali. When rights are predominant fights continue. The glorious civilisations of the past were all built through responsibility and were all destroyed when the later generations oriented to rights more than responsibilities.

Man is expected to be responsible to the fellow human, to the animal, to the plant and to the minerals and metals. We still await for humanity to play the role of an elder brother towards the inferior kingdoms. Instead he exploits. The result is, he suffers.

Schools have to be initiated specially to teach the doctrine of responsibility so that the man emerges from the beastly man. We work for it.

Message of Master Morya

Maruvu Maharshi



The Loophole

Devotees and disciples also encounter problems in life. When there is problem, seek support from within, seek support from the one whom you follow, seek vertically from higher circles. It means, the prayers need to be of deep intent when there is a worldly problem. You would get strengthened from within. You would also build right ambience to receive help from the surroundings.

Normally when the problems encounter the devotees or disciples get destabilised. Therefore the immediate duty is to restabilise themselves, but not get swept away by the currents of time. Doing what is to be done silently and praying ardently is the only way to pass through. If these two implements are forgotten, one would fall into self-pity and succumb himself to the problem. Such ones may even turn out to be strong non-believers. Let not the devotees and disciples get into the loophole, which is but an aspect of Maya.



Message of Master *Koot Hoomi*

Devâpi Maharshi

Mending and Amending

Man naturally knows to preserve valuable personal articles. He takes extra care of them. He takes care of all that he thinks it is his. In fact, there is no other specie more intelligent than man in this regard.

Man lives on Earth. Within the Earth there are invaluable treasures of minerals, metals, gases, oils, besides the surfacial fertility, which helps the plants, animals, and humans. Man does not take real care of them. This is unfortunate. He cares not for the fertility of the land and pollutes it. He least realises that the pollution he causes comes back in the form of germs that spread incurable diseases. He has no concern for the fauna and flora of the Earth that support him. The degree of pollution that is reached ever since industrialisation and specially with chemical industries, is fast making the planet a poisonous place to live.

Man should know that he lives by the planet and hence should learn to preserve it as he would preserve his personal affection and properties. This cannot continue.

If it continues he would get affected by the planet, for the planet is a far, far bigger being than the puny human being. Humanity fears calamities, but the humanity should know, the natural calamities are mostly their own making. Fear not the future calamity, but amend the way of living on planet. The is the needed amendment.

Message of Master *EK*



The Doctrines

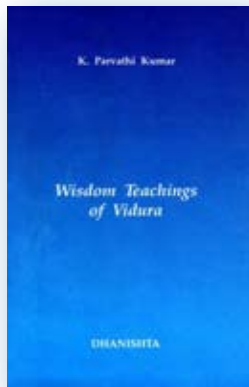
There can be a scripture relating to what happened. In creation one can only record whatever is happening or happened. On the basis of such record one cannot doctrinise what would happen. What would happen is one's imagination. The Divine is not bound by human imagination. The Divine has different possibilities. Doctrines that speak of future therefore generally go wrong, for the creation has the virtue of 'being', of 'purva', meaning 'not as before'. No man is born as before. Even the Avatars have not been as before. This is due to the fact that there is a change through time. Avatars also descend as per the changing times. Otherwise they would not be valid.



Vidura

Wisdom Teachings

Some are admired
of their generosity.
Some others are admired
of their flowery speech.
Yet others are admired
of their power/wisdom.
But the admirable-natured
are ever admired.
Be admirable.

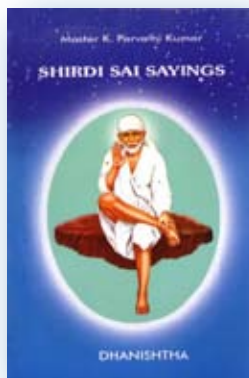


Shirdi Sai Sayings

Indebtedness



Do not profit by other's labour. Compensate others adequately and even generously for the work secured. Intellectual manipulation for self-profit will manipulate you in due course. Exploitation is the worst evil of mankind. Be kind, equanimous and friendly. My follower shall not be indebted to anyone in creation through his acts. He shall be free from obligatory Karma





Message of
Sri Ramakrishna

Divine Powers and Qualities

The Avatars are born with Divine powers and Divine qualities. They can go into and stay in any state of realization from the highest to the lowest. In a king's palace a stranger can go only to the outer quarters, but the king's own child, the prince of the house, is free to go to every corner.

Lay Man's Prayer



As our Prayers touch sincerity,
Your Fire generates within
and starts to purify.
The process, we realise, is painful.
Please make haste but slowly.
We really cannot stand Your purification.
The pain of Fire be friendly,
bearable and encouraging.
We Pray!



Occult Meditations

Meditation 40

**LEO, JUNGLE WITH THE CUB.
JACOB. THE SIGN IS ROYAL. ISRAEL.**

Commentary:

The sign of Leo represents the lion. Cub is the state of infancy of lion. The cub is the future lion. The cub is in the jungle. The man is in the world. Man when becomes a fiery aspirant is like the cub. The aspirant is in the world. He wants to be above the world and tries to get away from the madness of the world. He gathers himself in his heart centre represented by Leo. As much frequently he gathers himself in the heart centre, so much he meets the lion in the heart. The lion in the heart is Simha. Simha continuously roars the sound SOHAM. The aspirant staying in the world but staying in the heart, links up to the sound SOHAM. It is the song of breath that sings eternally in the heart. The deeper the aspirant associates with the roar of the lion (the song of breath), the farther he walks away from the world, yet living in the world. Remember Meditation 3 where the instruction is "live in the outer world but be an inner consciousness." The cub, the aspirant associating with the sound SOHAM, gets into the inner consciousness, where he meets Jacob.

Jacob is a prophet who lived in Israel. Jacob esoterically stands for the sounds JA CA BA.

JA is the sound of Sahasrara.

CA is the sound of Anahata.

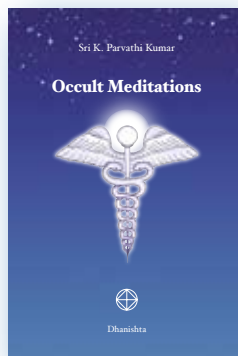
BA (interchangeable with VA) is sacred. Jacob stands for the column of inner consciousness that permeates from Sahasrara to Swadhistana in the Sushumna Nadi.

The aspirant associated with the inner consciousness through the song of SOHAM, enters into the path of Sushumna, of Jacob. He ascends the path associating with the song of pulsation SOHAM and the song of subtle pulsation OM. He ascends from Anahata to Visuddhi. On the path, he gains knowledge. He further ascends from Visuddhi to Ajna, where he becomes free, he becomes a master of his life; he is thus royal and yet a Yogi, a Raja Yogi. The sign Leo leads the aspirant through the path of Jacob to become royal. He lives as a king in the kingdom of God and pursues the Divine path.

The Divine path is the real path. Is-real is Israel. Is-royal also is Israel. The real, royal path is Leo. It is opened through Leo and the path is Jacob. Following the path of Jacob, the cub becomes the lion king.

Jacob is said to bring the Divine to mundane and carrying the mundane to Divine. The path of Sushumna is the path by which the Divine descends and also the mundane ascends.

This Divine path is called Devayana and is named as Devayani in the Puranas





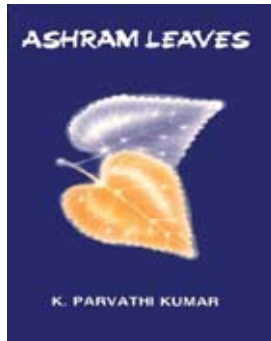
Ashran Leaves

Woman - the Mother

The total God-minded nature of the Mother enables birth of initiates.

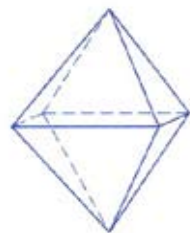
Women with God-minded nature exist in places where womanhood is respected in all ways by the man.

Man, woman and their inter-relation decides the fate of contemporary humanity.

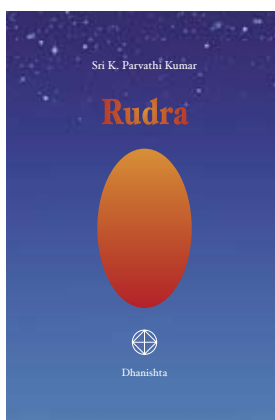


Rudra

41. Aruna



Aruna means the red colour representing the will. The red colour of the sky during the morning hours when meditated upon bestows will. Red is will and the colour of copper is its manifestation at the mental plane. The Lord emerges as the red colour and details into copper colour. It means that the will of man is the Will of the Lord that expresses through the mind via the senses and body limbs. It also expresses as life via the respiratory and circulatory organs of body.





On Love

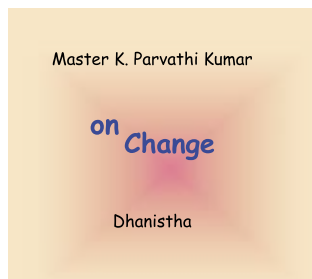
Love bends what Power cannot.
Power is pale and non-vital.
Love is blushing and vitalising.





On Change

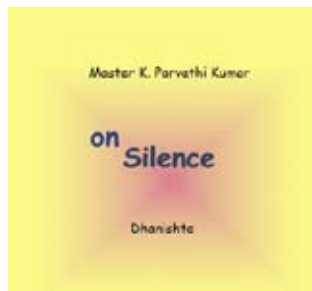
Aquarius is the sign of change in this age,
and Uranus is the king that leads
the army
of change.





On Silence

Silence is Be-ness.
Sound is awareness.
The former is immutable,
the latter is mutable.



Hymns on Agni



**37. VISWANINO DURGAHA JATAVEDAH
SINDHUM NAVVAVA DURITNA ATIVARSHI
AGNE ATIVAN MANASA GRINANO
ASMAKAM BODHYAVITA TANUNAM!**

Oh Lord Agni! You are Jatavedah. You are the navigator. You navigate our lives through all the conflicts and crises and enable us to transcend the mundanity. This would enable us to experience the bliss of existence.

Commentary:

Lord Agni is called Jatavedah. This is for the simple reason, the Vedas are born out of Agni. Agni is the primary emergence from out of which all emerged, including the Veda. The sevenfold creation with its seven sub-planes in every plane are created with the help of Agni. Agni therefore knows the way from sub-plane to sub-plane and from plane to plane. He knows all the intricate paths of light. He also knows where the diabolics can terrorise the beings. He knows the loopholes of ignorance. He further knows the pits of indulgence where humans can fall. He knows the paths of light and of ignorance. If one accepts him as his navigator and seeks his favour through prayer, Lord Agni would take hold and navigate the aspirant safely through the path of light and leads him into the realms of light where one can experience the bliss of existence. Hence the prayer to Lord Agni.



Violet Flame Invocations

Beloved Saint! Beloved Saint, Saint Germain!

Blaze Thy Fire,
blaze Thy Flame –
the Flame of Freedom.

We invoke You and Thy Flame
to cut loose and set free!
Set free, let us free,
the captive ones!

May Thy Freedom Flame bring forth
the needed purity!
Command us to freedom.
Command us to march.
March through the Portals of Violet,
Golden and Blue Flame.

Restore us to Sun, as we are sons of God!

From the Teacher's pen



Questions and Answers

QUESTION: 1. Jupiter as the birth ruler (Sagittarius AC) in Leo, unaspected in house 8, what is the deeper meaning?

ANSWER: Jupiter in Leo with ascendant in Sagittarius gives a great opportunity to cause self-transformation and the related expansion of consciousness. The house division is secondary and the zodiacal placement is primary.

QUESTION: 2. What is the meaning of Lilith 6 degrees Virgo in house 8 in conjunction with the northern node 7 degrees in Virgo?

ANSWER: Lilith in the 8th house speaks of many limitations coming from past lives, which have to be overcome through self-will. The conjunction of north node concretises the limitations. Therefore greater effort is needed to overcome the limitations.

QUESTION: 3. Give us more information about Lilith in the houses, for example in 8, 12, 1 and the impact of Lilith's transits?

ANSWER: In whichever house Lilith is, the related negative Karma keeps approaching. One has to neutralise it through a dispassionate attitude.



Holy Grail

The Holy Grail represents the holy feminine principle. It also represents the World Mother. Respectful attitude towards nature and towards women would enable experiencing the energy of the Holy Grail, which is called love. Unless one realises the beauty and the Divinity of the feminine nature, he would not be fit enough to experience the final bliss and the truth. Jesus Christ is one of the outstanding examples of upholding the beauty and Divinity of feminine principle in nature.



Master Morya Part 21



Arrival at Delhi

At last we are at Delhi, the great city of the Moguls.
P 396

Five days had rolled by like a single day, and we were to leave that evening for Âgra, the ancient capital of Akbar. P 409

We began to have nightmares in the form of towers, palaces and temples; fleet-footed minarets chased us, and the black marble sarcophagi danced a dance of death around us... The Thâkur, however, accompanied by Nârâyana-Krishnarão, went up, leaving us under the guardianship of the latter's brother-in-law, Bâbû Nârâyana-Dâs-Sen, who began immediately to frighten Miss B. by telling her stories of ghosts and spirits which frequent the column of Kutb-Mînâr.

It is probable that even our Marâthâ Hercules saw something very frightening in the mysterious column, because when they both came down half an hour later, the Thâkur seemed more serious and stern than ever before; while the swarthy cheeks of Nârâyana were of the color of earth, and his lips trembled nervously.

"Look," whispered the irrepressible Bengalî to Miss B. "I am dead sure Thâkur-Saab called forth one of his ancestors for Nârâyana... Look at his frightened face!"

Something deeply painful and even ominous shone in the black eyes of the Brâhmana... But he at once lowered his eyes and, making a visible effort to control himself, kept silent...

I wanted to interfere and stop the untimely teasing on the part of the Bâbû, but the Thâkur gave me a warning. Without changing the conversation he deftly turned the trend of our ideas from this delicate subject into an entirely different direction...

"You are right, Bâbû," said he thoughtfully, without paying the least attention to the obvious irony of the Bengalî "in the whole of India there isn't a place better suited for calling forth the memory of the great deeds of former days achieved by my Râjput ancestors, than is this tower. Here, " he continued pointing toward Delhi, "the generals and princes of Râjasthân, at the end of the seventeenth century, were finally dethroned and deprived of their rightful kingdom, the inheritance of their fathers... It was here that the fanatical and cruel Moguls, taking possession of the throne by sheer cunning, deliberately turned the last bloody page of the history of India as a great and independent land!... Yes!" he exclaimed suddenly, with eyes glowing like burning coals and seemingly overcome by a heretofore repressed and therefore even more intense impulse of anger. "Yes! ... It was only the depravity and effeminacy of this accursed race, which opened wide the doors to the European conquerors!... It was the Moguls alone that ruined our India! If this generation of harems had not settled in our fatherland, we would not have had a single Englishman here now!..."

Mr. W. knitted his brows and, turning towards the wall, seemed busily occupied in examining the Kufi inscriptions. Miss B., however, her fur rubbed the wrong way, and with patriotic zeal deserving of a better cause, rushed to do battle.

"Oh!" ironically exclaimed the old spinster, making use of all the tones of her discordant national tongue, "Oh, oh, do you really mean to say that we would not have been able to master even you, the Râjputs?... We, the English, were never vanquished by anyone; and we never yielded a territory we had once occupied!..."

I really began to fear for this silly woman. I never yet had occasion to see in human eyes such an ominous and sombre light, as burned now in the dilated pupils of the proud Thâkur. But he was silent and only looked at

her. Thus must have stared the Sphinx at his future victim before the solution of his enigma...

Fortunately the Colonel rose to the occasion and saved us all with a fortuitous diversion.

"You English were never vanquished, were you?" he asked, laughing good-naturedly. "Except by us Americans you ought to add... Remember the dressing down we gave you between 1775 and 1783, when we chased you from our shores for good... And then again in 1812, when to each American who lost his life there were eight Englishmen killed!... You shouldn't, my dear Miss B., forget historical facts even for the sake of patriotism."

The Colonel was not mistaken in his magnanimous plan.

These few words were quite sufficient to call forth a whole storm of indignation directed against him and accompanied, as usual, by a deluge of hysterical tears. The Englishwoman was daily becoming more unbearable to us...

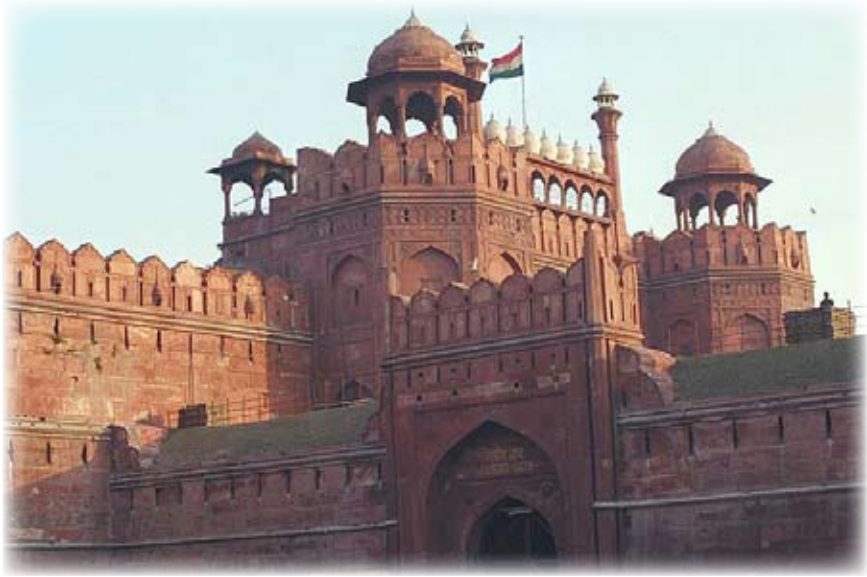
In his capacity as president of the Theosophical Society, the Colonel had several times intended to tell her in earnest that she should return to Bombay where, in the familiar and sympathetic sphere of tradesmen grown rich and haughty English ex-shoemakers, she would feel calmer und happier. But I always protested. No matter how unbearable her company was to us, still, being English, both Miss B. and Mr. W. were doubtless of some use to us, due to the silly suspicions and persecutions on the part of the police. This spying, awkward and stupid as it was, attempting but unable to keep itself secret, annoyed us more and more each day. The presence of two English people, both such fervent patriots, not only could be useful in the future but exposed the Anglo-Indian administration in its silliest light...

True to his usual custom, the Thâkur came to see us off at the railway station, took leave of us, and promised to meet us, possibly at Âgra, but at all events at Bhurtpore. And so we parted.

During the trip Nârâyana was quite unlike himself and seemed to experience the weight of some awful pressure or sorrow.

The Bâbû, on the contrary, was as excited as the devil before the liturgy. (A Russian proverb.) Mûljî was silent as usual; Mr. W. was pouting on behalf of Miss B. who was gnashing her teeth most of the way; the Colonel snored in a corner of the carriage; as for me, I was deep in thought, deep enough to be literally “not here”... What had happened between the Thâkur and Nârâyana?... What was their secret?... Who knows!...

P 410 – 412



The Red Fort, Delhi

Master *EK*

Vishnu Purâna
CHAPTER III



The Lifting of the Earth Globe

Having been praised like this, the supreme Lord lifted up the earth globe from under the waters and made it stable on the surface. Floating on the surface, the earth-globe is found graceful as the grand ship sailing on the waters. Due to its own expansion the earth keeps poise and does not sink into nothingness. In order to make the earth fixed in equilibrium, the Lord carved out the various mountains. By virtue of his matchless power the Lord created the arrangement of all the mountains as they were previously before they were burnt up at the end of the previous creation.

Then he made divisions upon the earth and carved out the seven planes of the earth as the seven islands. In due and ancient form he proposed the existence of the four main planes starting with Bhuloka - the physical plane – (Mahaha, Suvaha, Bhuvaha and Bhu are the four planes which represent the origin, expansion, consciousness as essence and the volume that occupies respectively).

Then the Lord assumed the form of Brahma, the creator. Then He is covered by the unit particles created. He assumed his four faces of utterance and created the whole creation four-fold. In all this he stood only as the incidental cause of his own creation. He made Pradhana (primordial nature) as the transmitting cause and made it create the creative powers. He stands only as the background cause and carries no purpose or no desire out of the act of his own creation. His own power flamed forth and let everything into the existence of itself independent of others.

Extracts From The Teachings Sri Suktam

The Nature And The Characteristics
Of The World Mother, Part XXVIII

Dr. Sri K. Parvathi Kumar

Wengen Group Living, Switzerland, May 2002

Eighth Hymn

KSHUT PIPASÂMALÂM JYESHTHÂM
ALAKSHMÎR NÂSAYÂMY AHAM
ABHÛTIM ASAMRUDDHIM CHA
SARVÂM NIRNUDA ME GRUHAT

We shall have a brief description of the 8th hymn which does not demand a very strenuous comprehension. For a change it is simple and does not put us to cosmos and to cosmic energies. It exclusively relates to what we are to do and what happens.

Kshut – the hunger

Pipasâ – the thirst

The more there is impurity, ignorance in us the more we seek food. The hunger for food is considered itself to be an impurity. No doubt the system needs to be fed, to be fed as much as it needs, and as much it is desirable and agreeable. There is a discipline of eating which is given in the children book “Mithila”. Please see how far we are able to adopt that rhythm of food. If we are not, we are nourishing impurities in the body.

Mala – impurity

When we spoke upon Venus, I told you the Mantra of the Mother as Amala. Amala means not impure. Here are two Malas: One Mala arises out of the eating attitude. The other Mala arises out of the drinking attitude. These are the things which go inside as substances. Through seeing, listening, smelling, you don't take such gross substances into you. But through eating and drinking you take something materially substantial

into you. Their purity depends upon the degree of purity you hold. It is a secret. When a teacher sees how the student eats, he makes his understanding of the degree of impurity he has. What is his attitude to food? What is his rhythm relating to food? What is the quality of food that he eats? They indicate the quality of purity he holds. How to eat, when to eat, where to eat, how much to eat, what to eat – the purer he is, the system rejects anything impure.

Here the prayer is about eating and drinking habits, hunger and thirst, not only for food and drink, but for possessing. The hungry nations occupy other nations. They are thirsty to rob the other nations. All colonisation is nothing but the psychological hunger and thirst. Now in retrospect people feel it was not right. That means, we are better than before. Still there is a lot to do. Individually we have this aggression to intelligently steal from others and try to acquire, hoard, and save, and deny others to hoard and save. These are all qualities of impurities and the consequent unhappiness of humanity.

Man sees better things with others and tries to grab it either by force or by intelligence. That is impurity. As long as the impurity is there with us, it is demonstrated in your eating and drinking habits. So, how you eat, what you eat, and what you drink is indicative of what kind of energy you are holding inside. It is not so very important about what is being eaten or drunk. The inner psyche can be gauged by the outer expressions of actions. So, impurities such as those which cause aggression, thieving, irregular sex – anything that causes danger to the body, which is not agreeable to the body, if you take it, it means there is something impure in you. It is the impurity in you that demands these things. If you are pure, there is no intense demand for such things, and there is no demand for things which you don't need.

Today there is excessive demand. In earlier times a pair of shoes was enough. Today each man has so many pairs. A clock tower for the village was enough. The church bell of the village was enough to know time. Now we have a watch for every wrist, and we are not satisfied with it. If we find a better watch, we have to buy it. Any change of model you have to have it. You fill the house with so many things. One pair of glasses is not enough. One in the bureau, one in the house, one at the bed-side,

and the moment, when you need it, none of them would be available. The saying was: One pen for life. As long as there is a Sun, why do you need another Sun? One pen for one life, and one wife for one life! Anything more than that is impurity. One plate to eat is enough. How many plates we use? A plate for soup, a plate for vegetable, a plate for rice – why so many plates? It is nothing but the inner hunger for things. One sweater is okay, but why so many sweaters? The wardrobes are over-filled. When you open the door, you have to ensure that things don't fall on you.

The human psyche is becoming more and more hungry and thirsty for things. That is dangerous. You will never feel that you have enough. I know some of our group members, they come to India and say that they don't have money. But they go to Chandana Bros., Kanaka Mahalakshmi and buy left and right all kinds of clothing and go to some silver shops and buy silver and buy diamonds, and during consultation, when I ask them, how their economics are, they say, "Very bad." Yes, it is bad, because they continue to spend wastefully. The wasteful spending is indicative of the inner thirst and hunger and anxiety, anxiety of tomorrow, anxiety, if we will have enough, when we retire.

Many times I encounter in the West, "What will you have tomorrow afternoon to eat?" Tomorrow afternoon is too far for me. I can't decide so early. If I can decide for the immediate next meal, that itself is a big thing. To let me know what I eat for the entire group life is fixing myself to a cross. So, the anxiety of tomorrow, the day after tomorrow, this is a by-product called anxiety arising out of hunger and thirst. These are the impurities that bind us, not really the material. I always tell our group members, "Please don't bring me gifts." You know, the socks you gave me for my 50th birthday, till date I have not been able to use them, I gave away many of them, but still, when I open my wardrobe I find 90 or 95 pairs of socks.

Last time when I stepped into the house of our brother Rudolf Mrosek, he saw new shoes with me, and he said, "Ah, new shoes." I said, "Yes." He said that he would change the shoes once in seven years. That statement was a slap on my face. If you wish to be simple, you hold on to *one pair* of shoes till it is done. Then take to new shoes. That is right. You put on

new clothing, when the old clothing is done or given away. To stock for life is a dangerous attitude.

So, the psychology behind hunger and thirst is what I wish to let you know. You find a lot of surplus money with you, if you don't irresponsibly keep on shopping and buying things. Go by the need, but not by the thirst for things. The craze of humanity for gold has caused so much destruction during 16th, 17th, 18th, 19th centuries. People travel far distances by the sea from Europe to the East, to the West, if they have a faintest idea that there is gold over there. You have to get a boat and then try to reach there first, kill people there and look for the gold, excavate the gold and try to see that you have amassed as much as possible. What have you amassed? Impurities! It demanded two big wars. We don't see the cause and effect. The whole thing was put to fire during the first half of the 20th century to purify the Europeans for what they have done earlier. No one escapes. Don't think the aggressor escapes. The Akasha has enough records, and in due time everyone receives his share of pain having given that pain earlier to others. That is why pain is a process of purification. Let pain bring due reward of light and love! But why pain at all? If you don't cause aggression, if you cease this kind of thirst and hunger for things, you don't have to go through any pain. These are the impurities.

cont.

This text is not proofread by the author and might have some mistakes.



Paracelsus Health & Healing

3 + 5 = 8 and 9

Esoterically man is understood as soul. He has a triple capacity emanating from him as will, knowledge, and action. This is called the triad. To manifest the will with the help of knowledge as action he also has a five-fold body, which is constituted of 5 elements, 5 pulsations, 5 sensations, 5 senses, and 5 limbs of the body.

He is one and he has 3 and 5 with him. Health or ill health depends upon how the 8 are put to use by man. Many times they use the man instead of man using them. The 8 constitute the form of man and man is the 9th one. When the man, the soul, controls the form, there is health. If not, there is ill health. This is the esoteric understanding of health.

Man is the builder of his form. He supplies forces to the form. He needs to know how to use this form, just like a driver of an automobile needs to know how to drive the automobile. If he does not know, he causes accidents. So is the case with man who does not know his form. He should know his form and its potential. He should also know the nature of his form and the forces that are working in the form. He should use them appropriately. He needs to learn how to apply his will and his knowledge, how to act, when to act, how not to act, when not to act. Wholeness in thought, right relation, goodwill in activity are therefore recommended by the knowers of all times.

The soul is the major energy centre that controls the body and when the soul controls the body man remains the master. This mastery can be gained over the form through experience but not through suppression of the natural appetites of body and mind. Religions that indoctrinate sup-

pression also contributed to ill health, while licenses caused rampage of ill health.

Through experience the soul gradually gains the ability to control the forces of the form nature. The ability to overcome ill health is basically dependent upon the individual experience and the related knowledge gained by each soul.

Mankind as a whole is making a great adventure on the planet. It is also seen as advancement. Each one is at different level of experience and hence all men have different exposures to ill health depending upon their evolution. The healers and doctors would therefore do well to have an insight of the patient's maturity as soul and his attitudes and aptitudes towards the form nature. The culture, tradition, and the way of life of a patient would throw greater insight relating to the maturity of the patient. This is where a family doctor who knows the family for generations is preferable to a totally strange and unknown physician. In this world of commercial medicinal activity there is thus reappearance of the need for personalized healing and medical treatment.

Dr. K. Parvathi Kumar

Extract from: Paracelsus – Health and Healing

With a subscription you support this important work (€ 77 / year).

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Dates of the Next Travels

Dates

Program

20th, 21st and 22nd March	Group meditation at Kumbakonam
24th March	Celebration of Sri Rama's birthday

51st International Tour of Master KPK 2010

25th May	Departure from India
26th May	Arrival in Spain
27th May	Morning start May Call seminar
1st June	Conclusion after breakfast
1st + 2nd June	Barcelona
2nd June	Barcelona Doctor's Conference
3rd June	Valencia
3rd + 4th June	Onda
4th - 6th June	Toledo
10th -11th June	Einsiedeln, Switzerland
11th - 14th June	Heiligenberg, Germany
12th - 13th June	Seminar
14th - 18th June	Einsiedeln, morning Bhagavatham
18th - 21st June	Summer Solstice Seminar in Königswinter, Germany
21st - 25th June	Germany
25th - 27th June	Brussels, Belgium
End of June	Return to India

During these dates you won't be able contact Dr. K.P. Kumar.
You find the updates on: www.worldteachertrust.org/vaisakh15_e.htm

Children's Section**The Doctrine of Ethics***

Purposeless laughter,
expressionless dance,
juiceless mango and
a marriage without orchestra
are lifeless things.

Grow

Dear Children

You may have heard of Mesmerism. Do you know how this name has come about? Mesmerism is supposed to be invented by one Mr. Mesmer. He is said to be the father of Mesmerism. But the truth is, he is not. Mesmer himself was disciple of Paracelsus, who has risen from mundanity to Divinity to gain access to a part of Divinity through intense study of physiology, psychology, and spiritual psychology of man. Among the ancestors there were many who were duty-bound to study the mysteries of these three, namely physiology, psychology, and spiritual psychology. They were studying the mysteries practicing the science of yoga upon themselves. The ones who offer themselves to the process of yoga comprehended the mysteries of the subjects stated about. From such comprehension they had access to a magnetic field within them and in the surrounding. With this they are able to do certain acts which could not be comprehended by mundane ones. The creation is but a field of electromagnetic waves, and man can get in touch with this field through a personal discipline, which is but a part of yoga practice. Yoga is not practiced only to use the magnetic field. It is a by-product on the way. It is but a part of Raja Yoga discipline, which can be gained through occult study and practice. Numbers, colours, sounds, and symbols are part of such study.

Dr. K.Parvathi Kumar

* From the book THE DOCTRINE OF ETHICS by Dr. K. Parvathi Kumar, Dhanishta Edition

** See www.jugendforum-mithila.de

WINDOW TO WORLD SERVICE NEWS & ACTIVITIES (Inputs welcome)

Group Reports: Germany

Name of the group: Gulab-Garden

Contact: Hans Kleyböcker

Address: Nienkamp 74, D- 48147 Münster

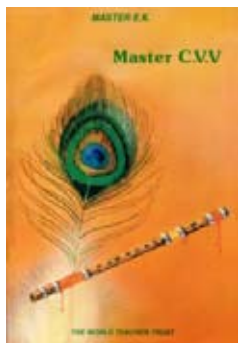
Tel: ++49 +251-294279 **E-Mail:** Teppich-Kettel-Service@web.de

ACTIVITIES

To link with the ashram of the Master, we plant a rose-garden in the forest-hills near Münster. The quiet place is consecrated to Master Thakur Gulab-Lal-Singh. Thanks to his grace, we are encouraged to convince the fiery roses to stay at this shady place. You are invited to visit us there.



Book review



MASTER CVV

The word Master means one who has a complete mastery over the threefold personality. This fascinating book describes the work of Master CVV and the work of senior disciples, Master M.N. and Master V.P.S., plus the founder of the World Teacher Trust, Master E.K.

A section of the book is also devoted to the science of Yoga where Master CVV is described as "the founder of the Raja Yoga path in a form which is most suitable and practical in the modern age." This is a book that gives a valuable perspective into the work of the Masters who serve the divine Plan for the evolution of humanity and our planet Earth.

Ekkirala Krishnamacharya: Master CVV

Copies: The World Teacher Trust, info@worldteachertrust.org



THE AQUARIAN MASTER

This book speaks of a Master who anchored the New Age energy on the planet and in the solar system as well. At the beginning of the 20th century, this solar system (and our planet too) went through certain grand initiations, via Sirius. As a result there is a sea-change in life in and around the planet Earth. Master CVV is the grand initiate

that steered the Aquarian energy into the planetary life and thus inaugurated the Aquarian Age.

This book carries a detailed account of the work of Aquarius and enunciates the Yoga of Synthesis as propounded by Master CVV.

Dr. K. Parvathi Kumar: The Aquarian Master

Copies: The World Teacher Trust, info@worldteachertrust.org

Astrological Important Days in March / April 2010

20.03.	18:32	☉ → ♈ / Sun enters Aries ♈	Spring Equinox: Contemplation upon Shambala, Sanat Kumâra and the six Dhyâni Buddhâs ☉ in ♈ and 1 st - 14 th phase of ascending moon: Contemplation upon Master Morya and 15 days yogic programme to lay down a good seed for the coming year
23.03.	00:39	☾ 8 th phase of ascending moon starts ♊	☉ 02°14' ♈ / ♎ 26°14' ♎ Contemplation upon Master Morya
	23:14		9 th phase of ascending moon starts ☉ 03°10' ♈ / ♎ 09°10' ♎ Birthday of Lord Śrî Râma (End 24.03. at 21:19)
25.03.	18:57	11 th phase of ascending moon starts ♋	☉ 04°59' ♈ / ♎ 04°59' ♎ Contemplation upon Master Morya (End 26.03. at 16:11)
28.03.			Summer time starts (02:00 h MET → 03:00 h MEST)
29.03.	07:34	Phase of full moon starts ♌	☉ 08°26' ♈ / ♎ 26°26' ♎ Contemplation upon Shambala, Sanat Kumâra, the six Dhyâni Buddhâs, Râma and Master Morya at the Head Centre
30.03.	04:25	☉ Full moon of Aries (Shambala)	☉ 09°17' ♈ / ♎ 09°17' ♎
05.04.	22:37	☾ 8 th phase of descending moon starts ♌	☉ 15°57' ♈ / ♎ 09°57' ♎ (End 07.04. at 00:44)
09.04.	02:05	23 rd constellation Dhanishta starts ♍	☉ 17°20' ♎
	05:53	11 th phase of descending moon starts	☉ 19°12' ♈ / ♎ 19°12' ♎ Contemplation upon Master Morya (End 10.04. at 08:24)
	21:00		Dhanishta-Meditation (Dhanishta-constellation ends 10.04. at 05:08)
13.04.	13:41	Phase of new moon starts ♊	☉ 23°27' ♈ / ♎ 11°27' ♈ New moon point of Aries: Contemplation upon 'The Pledge'
14.04.	14:29	☉ New moon of Aries	☉ 24°27' ♈ / ♎ 24°27' ♈
20.04.		Birthday of Lord Hanumân ♊	
	06:30	☉ in ♉ / Sun enters Taurus	
	10:57	7 th phase of ascending moon starts	☉ 00°11' ♉ / ♌ 12°11' ♌ Descent of Idâ force for manifestation and materialisation
21.04.	09:16	☾ 8 th phase of ascending moon starts ♋	☉ 01°05' ♉ / ♌ 25°05' ♌ (End 22.04. at 07:19)
24.04.	02:39	11 th phase of ascending moon starts ♈	☉ 03°45' ♉ / ♌ 03°45' ♌ Day of Nârâyana: For healing, synthesis, and for self-contemplation (End 25.04. at 00:04)
27.04.	16:24	Phase of full moon starts ♊	☉ 07°13' ♉ / ♌ 25°13' ♌ Birthday of Vedavyâsa, contemplation upon the Hierarchy with The World Teacher presiding over the groups of disciples

All dates are in MET (middle European time), starting on 28.03. in MEST (middle European summer time)

From: »Astrological Calendar 2010/2011«;

Publisher: The World Teacher Trust - Global, Wasenmattstr. 1, CH-8840 Einsiedeln.

Great Invocation



Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



*TAVĀHAMAGNA ŪTHIBHIR
MITRASYA CHA PRASASTIBHIHI
DWESHO YUTO SA DURITAT
URYĀMA MARTYĀNĀM*

OH LORD AGNI
YOU ARE THE FRIEND OF ALL.
BY WORSHIPPING YOU
THE HUMANS SHALL RECEIVE PROTECTION.
MAY THEY GET LIFTED UP FROM THEIR MALICE
AND MALICIOUS THOUGHTS AND ACTIONS
INTO THE KINGDOM OF GLORY.
MAY THAT BE SO.

Commentary

The fire is in all. No one exists without fire within and fire around. Fire protects life from within, but fire outside can destroy life. Anger, hatred, and enmity is the fire that humanity regularly emits through its nature, its thought, and its action. Fire therefore need to be worshipped to burn up the malice in humanity and lift them up into the splendours of life, which is also an aspect of fire. In fact, this is the need of the hour. When as many goodwill workers worship fire with this attitude, the present day crisis can be dissolved.