

VAISAKH NEWS LETTER



HAMSA SIVA SOHAM



Aries 2004 Mesha

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The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

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INVOCATION

May the Light in Me be the light before me
May I learn to see it in all.
May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master E.K.

MESSAGE OF THE TEACHER



Take the fight of Mars into you
and find the light of Mercury.
That is the work of the aspirant.
Cease the fight outside.
Humanity as yet did not learn to overcome fight.
Every fight ignites a cycle for a future fight.
The vanquished looks for revenge.
Fights do not end up in everlasting peace.
Cease the instinct to fight and live in Light.

PRAYER FOR THE YEAR

Wash karma in Space.
On the deep blue slate paint
ever-elevating colours,
ever at the Feet of the Master
in the Vaisakh Valley.

MESSAGE FOR THE YEAR

In the 60 year cycle of time, the year 2004/5 is called Târana. It means “to transcend”. This is a year of transcendence for individuals, groups, communities, nations and the globe as such. The year offers an opportunity to overcome the hurdles on the way to the Light. The placement of Uranus in Pisces also helps transcendence from the conditioning of the past.

The past is conditioned by authoritarianism, control, and possessive attitude. By all means human beings tried to polarize on to them the power to control and direct others. This is essentially Piscean and needs to be transcended. Uranus in Aquarius works on this aspect of life at all levels. The message of Uranus is friendliness. The way to truth is to walk in groups and in friendliness. Those who learn the quality of friendliness are the ones who carry the right tool to transcend.

MESSAGE OF MASTER E.K.

ARIES



The term Aries and *arya* are interrelated. The student of astrological symbolism knows well that the Aryan races had their initiations through the symbol of Aries (*Brahma Danda*). Aryan civilisation had its zenith when the equinoxes were passing through the constellation of Aries. The name Aaron (the elder brother of Moses) in the Bible is more a title than a proper name. Aaron's rod is the rod of initiation. Aaron was the high priest of the Levites. He performed the rituals of the Leviticus with the aid of this rod. Moses also performed the great miracles in the name of God, in Egypt, with the aid of his rod. The fiery God on Mount Sinai gave this rod to Moses. When the rod is thrown to the ground it transforms into a serpent. If it is raised vertically, it again becomes the rod. This mastery explains the relationship between the Serpent Fire (*Kundalini*) and the Rod of Law (*Brahma Danda*). Serpent is the symbol of the creeping time, and it is also wisdom concealed in man. When there is the fall, it is the serpent and when there is the elevation of man into higher principles, it is the rod at the top of which there is the eagle. The glyph of Aries has two diverging lines at the upper end; they are the tongues of the serpent in the lower man and the wings of the eagle in the higher man. The mystery of the eagle vanquishing the serpent is allegorised in the story of Garuda (the Lord of the biggest cycle) in the Puranas.



MESSAGE OF THE MONTH OF ARIES

There is Aries, who marks the new beginning. The Nature is progressing, the life is progressing, the time moves forward. The Cosmic Mars, Kumara, leads the Devas of Light. The new year is new only to those who leave the old. If we bring in old things into the new house, the new house also looks old. If you do not put on fresh cloths after a good shower, you stink as before.

The new year is a means to invite new and progressive thoughts, new and progressive habits, improved way of working. Every new year is really new to the one who resolves to fare better in all walks of life. To think better; to work better; to speak better; to eat better. May better things come to you. May you be open enough for better walks of life. May the Will of the Hierarchy prevail upon you all. May Aries lead you to the Fiery Path.

GÎTÂ-UPANISHAD

- LORD KRISHNA -



The one who lives in alignment with the Divine is ever stable. The one who does not, is worldly. The aspiration for the Divine initiates the process of becoming divine. Other aspirations cause desire. If the desire is fulfilled man feels great and he gains pride. If the desire is not fulfilled he grows angry and learns to hate. The anger, the pride and the hate affect the discriminative will. Loss of discriminative will leads to illusion. Illusion causes ignorance. These are the steps of “the fall”. Every desire, big or small, should always be therefore put to the discriminative will and be acted upon.



LORD MAITREYA
SATYA NAASTI PARO DHARMAHA

SATYA NAASTI PARO DHARMAHA, says the Veda, meaning, there is no *Dharma* beyond The Truth. Truth is the ultimate. The *Dharmas* (the Laws of the Universe, the Laws of Right Relationship, the Laws of At-one-ment) follow The Truth and lead one to The Truth.

Truth includes all dimensions. There cannot be but One Truth. Many truths make one big lie. People generally live in fragments of truth and believe that what they know is the truth and the only truth. Even religions have done so.

Truth spreads peace; it cannot promote wars and conflicts. Truth does not fight. The fighting religions do not carry much truth. Fighting for religious truth is modern; it was not there 2000 years ago. Fighting religions cannot be seen as the torchbearers to humanity. They are far away from Truth.

Let Truth be the religion, let not religion be made truth. Religion as Truth is black magic; Truth as religion is white magic. We, the Hierarchy, work for Truth; we do not work for the promotion of religions that carry the history of bloodstain.



MASTER MORYA
- MARUVU MAHARSHI -
SERVICE

If you wish to find the path to harmony from a life of conflict of personality, inculcate service as the way of life. Serve, serve and serve. Find the taste of service and dedicate your life to such service. It leads you gradually to harmony. This is the tested truth experienced by disciples from times immemorial. All of us burnt our personalities in the joy of service. It is a way of self-forgetfulness (personality forgetfulness).

Ensure that your service is pure, transparent, not tainted by any emotional impurity. Ensure that there is no manipulation of the served. Do not use the ones who dedicate to you, inspired by your life, except for service. Personal use of those that gather around you through your acts of service, is a hideous act of manipulation.

As the true server walks along the path of service he gains alignment with the Inner Man. The problem for the true server is the social recognition, which draws him into superficial, social activity. He needs to subtly avoid excessive socialization. None can overcome the personality as long as the desire to own and possess exists. Service is the antidote to personality aggrandizement.



MASTER KOOT HOOMI
- DEVAPI MAHARSHI -
A CULTURED STUDENT

Water knows the levels. It fills the low areas by its flow. The Teacher knows the levels. He flows into the student and levels up the student unto himself. The river fills the low areas without depleting itself; it is connected to the waters of space. The Teacher too is not depleted in his energies as he flows into the student. He is also connected to the energies of the sky.

The inclination to receive the teachings and thereby the presence of the Teacher, has to be cultivated by the student. A cultured student receives well from the Teacher. The uncultured one causes blockages. When the blockages are recognized by the student, let the teachings be taken more focusedly and let the Teacher's presence be sought more sincerely! Blockages also happen in the student due to the texture of the body, which he brings forth for him. The past karma causes the texture; the right discipline would support to refine the texture. Food plays an important role in this matter. Culture yourself. The Teacher will conduct the flow. He is waiting for you.



THE TEACHINGS OF
MASTER D.K.

ENVIRONMENTAL IMPACT

Many disciples gain a modest self-control; they remain somewhat simple; they also have minimum glamour for the body, and yet, many times, they get affected by the surrounding activity. They get into the conflict that they remain simple for nothing and that they could as well join the fellow beings and enjoy the normal life. They find that they are less happy in spite of some knowledge compared to those who do not have that knowledge. This comparison with people indulging in the worldly life draws many aspirants back to the worldly activity for they find no purpose in trying to hold on to some knowledge which is not yet capable of being implemented in life.

The little effort they made is thus wasted due to the strong forces of environment/living conditions surrounding them. This is a process of withdrawal arising from frustration.

Such people are recommended to increase the power of their prayer and to introspect deeper. They are also recommended to find time to be in solitude. To arrest the withdrawal symptoms, they are strongly recommended to hook to a regular service activity. Without meaningful service activity, knowledge is not assimilated and is not transformed into practical wisdom. Hence the need to hook to service on the physical plane whenever there is frustration and the consequent withdrawal symptoms due to the environmental impact.



VIDURA WISDOM TEACHINGS

Consult the Law,
the conscience, and the Teacher
before you embark
upon significant actions.

SHIRDI SAI SAYINGS

AN INJUNCTION

When the being is departing, do not get emotional and disturb the departure. Learn to co-operate with the departing soul, Study the relevant part of the scriptures to enable smooth pass over. Or sing the music that inspires the soul to gain the truth of departure (but not the frightening concept of death) and of eternity of life. Co-operation for departure is as much a duty as co-operation in life.



CHILDREN'S SECTION

THE DOCTRINE OF ETHICS

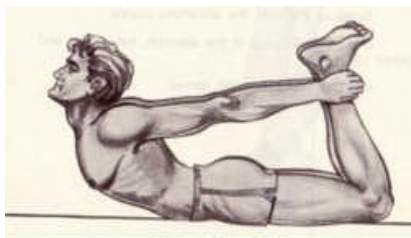
Work not to confirm untruth.
Ridicule not your
well wisher.
Serve not the angry.
Move not in unholy places.

Dhanurāsana (The Bow posture)

1



2



Note: The 2nd posture is a simpler version of Dhanurasana, where the legs up to knees remain on the ground. It has the same effect of the first but of lower efficacy. It is recommended that this asana is practised first and the first asana next.

CHILDREN'S SECTION

YOGA ÂSANAS

Dhanurāsana* (The Bow Posture)

Procedure:

1. Lie on the stomach and inhale fully.
2. Bend the legs at the knees and hold the ankles with the hands.
3. Draw the legs as near as possible raising the head, the shoulders and the chest.
4. Inhale and hold the breath in the bow posture. Release the breath as you release the posture.
5. Apply your mind upon the Throat Centre.

CAUTION: Do not practise this asana if you have peptic ulcers or hernia or back-pain.

Effect:

- Removes the excess fat of the abdomen.
- Promotes the functioning of stomach, abdomen, liver and intestines.

** An Âsana from the book 'Mithila' of Dr. K. Parvathi Kumar for physical and psychological relaxation.*

BOOK REVIEW

THE BOOK OF RITUALS



The scope of the present work is to explain the nature and the symbolism of the ritualistic key to the Wisdom. The work deals with the sacramental value of initiations and the changes brought to the student thereby. One of the main attempts of the author is to prove that the content of the initiation rituals belonging to many religions and orders remains the same throughout and that the common content is expressed through many forms, symbols and allegories throughout the centuries. The dawn of the science of rituals is traced to the dawn of man on this earth and this is because the dawn of man itself is the result of an organized ritual of the unseen forces of nature ever at work.

Ekkirala Krishnamacharya: The Book of Rituals

Copies: The World Teacher Trust Europe: wtw-europe@wtw-europe.ch

ASHRAM LEAVES



The leaves of wisdom are gathered from the ashram of Love-Wisdom. The wisdom contained in the leaves is a direct flow from the ashram via the Master. Each leaf is complete and comprehensive in itself. It is different from and relevant to another leaf. Though they were compiled from the composer's seven year cyclic newsletters to the spiritual groups abroad, they are, purposely, not printed in a bookish order. It is entirely upto the studious seeker to arrive at the continuity - which is very much there. Each leaf is at once obvious and subtle. Each passage is a soul-teaser. Each message is a challenge to the mind.

K. Parvathi Kumar: Ashram Leaves

Copies: The World Teacher Trust Europe: wtw-europe@wtw-europe.ch

Booklist: http://www.good-will.ch/pdf/wtt_publications.pdf

NEWS - REVIEW TOURS OF THE TEACHER

4th -25th February 2003

2nd Caribbean Tour to Miami (Florida) - Santo Domingo (Rep. Dominicana) - La Habana (Cuba) - Pozo De Rosas (Venezuela)

14th -16th February 2003, Pozo De Rosas (Caracas), Venezuela

Full Moon of Aquarius

Subject: "Synthesis"

It was at the request of Sister Carmen Santiago that the Teacher went to Venezuela to give his Presence and bring the Teaching to the more than 100 brothers and sisters gathered during three days in Pozo de Rosas, one hour drive from Caracas Airport, to share in Synthesis. The members who took part in this event had come from Venezuela, Puerto Rico, Miami, Mexico and Argentina to celebrate the Full Moon of Aquarius and intensely meditate in this critical time for humanity.

17th -20th February 2003

Miami (Florida)

In the Jesuit convent & seminar place "Manresa" a group of 50 members received the Teacher with much love. A white dove also visited and wanted insistently to come into the meditation room.

Subjects: "Questions & Answers"

- I AM, Ardhanari
- Respiration, Healing
- The Hierarchy of Masters
- Faith & Science and Christianity

Subject: "Life of Jesus". This was a public conference to which some 100 people attended. The Unknown life of Master Jesus was told by the Teacher.

26th February 2003

Birth House of Paracelsus

Einsiedeln, Switzerland

After a beautiful fire ritual the Teacher had a meeting with the Agni School members. There was a question & answer session, followed by practical instructions in relation to study and service.

GREAT INVOCATION

Let us form the Circle of Good Will.

OMNIA VINCIT AMOS

From the South through Love
which is pure.

From the West through Wisdom
which is true.

From the East through Will
which is noble.

From the North through Silence
which is golden.

May the Light make beautiful
our lives.

O Hierophant of our Rite
Let his love shine.

OMNIA VINCIT AMOS

Let us form the Circle of the World Servers.

We bow down in homage
and adoration

To the Glorious and Mighty Hierarchy,
The Inner Government of The World,
and to its Exquisite Jewel,
The Star of the Sea -
The World Mother.

From the point of Light
within the Mind of God
let Light stream forth
into the minds of men.

Let light descend on Earth.

From the point of Love
within the Heart of God
let love stream forth
into the hearts of men.

May Christ return to Earth.

From the centre where the
Will of God is known
let purpose guide the little wills of men,
the purpose, which the Masters
know and serve.

From the centre which we call

The race of men

Let the Plan of Love and Light
work out

And may it seal the door
where evil dwells.

From the Avatar of Synthesis

Who is to come

let His energy pour down
in all kingdoms.

May He lift up the Earth to the
Kings of Beauty.

The Sons of Men are one
and I am one with them.

I seek to love, not hate.
I seek to serve and not exact
due service.

I seek to heal, not hurt.

Let pain bring due reward
of light and love.

Let the soul control the outer form
and life and all events,
and bring to light the love
which underlies the happenings
of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master D.K.



OM is the song of the Divine.

The song of OM is the basis of Creation.

It is the Music of Creation.

The Creation muses in OM and ceases,
as OM terminates.

Listen to the ceaseless song of OM
and muse into the Pure Existence.

K. Parvathi Kumar