

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Aquarius 2016 Kumbha

Letter No. 10 / Cycle 29 - 20th January until 19th February 2016

The World Teacher Trust - Global



Invocation

May the light in me be the light before me.

May I learn to see it in all.

May the sound I utter reveal the light in me.

May I listen to it while others speak.

May the silence in and around me present itself,
the silence which we break every moment.

May it fill the darkness of noise we do,
and convert it into the light of our background.

Let virtue be the strength of my intelligence.

Let realisation be my attainment.

Let my purpose shape into the purpose of our earth.

Let my plan be an epitome of the divine plan.

May we speak the silence without breaking it.

May we live in the awareness of the background.

May we transact light in terms of joy.

May we be worthy to find place in the eternal kingdom OM.

Master EK



Letter No.10/Cycle 29 – 20 January until 19 February 2016 ≈

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Dr. Sri K. Parvathi Kumar is President of the 'World Teacher Trust' and Founder of the 'Vaisakh Newsletter'. The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

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Prayer of the year 2015/16

WASH KARMA IN SPACE.
ON THE DEEP BLUE SLATE PAINT EVER-ELEVATING COLOURS,
EVER AT THE FEET OF THE MASTER
IN THE VAISAKHA VALLEY.



Full Moon of Aquarius, 24th of January, 2015, 02.45 am



Message of the Month of Aquarius

The inter-penetrative, all pervasive Aquarius is responsible for all changes now being effected in our planetary life. All in terms of Nature are put to change. Though intangible for a gross mind, decades are vanishing fast with spectacular innovative changes and happenings.

In discipleship, an aspirant is given three principles to live up to Aquarius:

1. Serving the humanity should replace serving the personality or the lower self.
2. Activity for self should be replaced by activity for the group.
3. Self-consciousness should be replaced by group consciousness.

The humanity is still very Piscean. When an aspirant is attempting to be Aquarian, the aspirant can test himself vis-à-vis the three principles to see his fitness to be an aspirant. Unless the three principles are adapted to, the soul of the aspirant gets more and more imprisoned into his/her own personality. After all, discipleship is a fine process of transcending one's own personality.

Jupiter and Uranus are the planets that are at work replacing Saturn in Aquarius. Jupiter tends to fuse. It promotes synthesis. It disables arrest of consciousness. It causes expansion. Uranus gives the needed spontaneity for breaking the personality limitations and to move forward into the expanse of consciousness.

Relating to the Hierarchy which stands for synthesis helps realizing the Aquarian energies. Aspirants who are self-conscious may choose to be group servers to transcend the fate of individuality and of personality into group consciousness.

Aquarius in this cycle of time affords opportunity for third initiation and man tends to be free from the clutches of personality.

During the transit of Sun through Aquarius, may the aspirants gain the New Age energies.

Ponder upon this with an open mind', says Master Djwhal Khul.
Remember the slogan of Aquarius: 'Water of Life am I. I pour forth for thirsty men.'

Offering yourself to serving the society is the keynote of Aquarius.

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Message of the Teacher



Simple Way

True Discipleship is to observe the One in all that IS. The Omnipresent One IS present at all times in all places, in all forms and names. Ability to see the One in all, enables transformations. Agreeability and disagreeability, likes and dislikes, choices and differences and the like disappear as the One is seen in all. True discipleship is simple. Since mind cannot accept simplicity, it needs thousands of concepts of discipleship. After all, in true discipleship, mind tends to be transparent enabling functioning of Love, Light and Will.

See the One, listen to the One and serve the One in all, is the sole instruction of discipleship.



Gita-Upanishad - Lord Sri Krishna -

Choose The Path of Yoga

*"TATRA TAM BUDDHISAMYOGAM LABHATEY PAURVADEYHIKAM
YATATEY CHA TATO BHUYAH SAMSIDDAU KURUNANDANA"*

"In the new incarnation, the past traits of Yoga are recollected for further practice of Yoga to fulfill Oneself" (6/43)

Commentary

Once a human being takes to the path of Yoga, it is like embarking upon the return path to the Truth. As much as Yoga is practiced, so much Yoga traits and virtues keep settling in life. Life after life, Yoga continues to improve and man tends to transform his personality and eventually transcends it. The Yoga practice leads to Yogic way of living. The progress is ensured though in slow degrees initially. But the aspirant will eventually succeed to be a Yogi - meaning a soul infused personality. His personality stands in alignment with the soul; thereby his purposes on earth are fulfilled for migration into higher spheres. For this reason, Lord Krishna suggests to every human to choose the path of Yoga and become a Yogi. To tread the path of Yoga is considered better than treading paths of philosophy and religious beliefs. As one progresses on the path of Yoga, universal knowledge is realized. Detachment from transitory things is attained. Alignment with God and alignment with the soul is established. Man becomes Master of life. He tends to be an example for others. He shows the way for the fellow beings. Every aspect of life is fulfilled. All round developments happen.

Message of Lord Maitreya



Trust

Fear and suspicion prevail over humanity. The so-called spiritual organizations are no exception. The antidote to this is trust. Trust is the right foundation to build a sound structure of life. Those who trust are cared by Nature. Only those who trust can deliver work and can entrust work to others. Lack of trust disables the function of entrusting. They can neither entrust nor impart or can build teams. Where trust prevails, there teams are formed. What teams can deliver to the others cannot be delivered by individuals. The trusting one builds different teams for accomplishing different tasks. The trust that he holds forms the cord of cordiality and holds things together.

It is trust in Rama that enabled monkeys to build a bridge over the ocean. At the same time, it is Rama's trust in the monkeys that enabled him to entrust this humane task of building bridge over the ocean by monkeys. Where trust prevails, there Nature's cooperation presents itself. It is unfortunate that persons do not believe their spouses, their children at home. They do not believe their colleagues at work; they do not believe their surroundings. Their lack of belief and trust constricts them and makes them fearful.

Let trust be the cornerstone of life



Message of Master Morya
- Maruvu Maharshi -

Be-Ness

EXISTENCE is the other name of I AM. Be-ness, existence, truth, God are synonyms. Every person says I AM. I AM is but the Truth. Since be-ness continues to be, it is called being. Being as the basis, as the truth, Nature builds triple activity. The be-ness permeates into activity and continues to be. The Nature does play around the be-ness. Be-ness is the stage in a theatre, the drama on the stage belongs to Nature. It comes to pass, the stage ever remains. All come to pass upon existence, associating with that which comes, acts and passes away is like associating with the play of Nature. Associating with the background of that which comes to pass is seen as associating with the being, with the be-ness, with the truth, with I AM. When one learns to be, he sees the beauty of the play. When one becomes part of the play, he cannot experience the beauty. Be, witness, observe are the key words in Yoga. In each one of us, there is the play. By relating to the be-ness that we are, we can see the beauty of the play within and around. It requires understanding and practice.

Master Koot Hoomi
- Devâpi Maharshi -



Nature

A disciple is neither shocked nor excited or frightened at sudden events. An earthquake, a tsunami, a fire accident and the like are witnessed. They do not affect a Yogi. Events that happen in Nature are observed with keen eye. What is to be done is done with alertness. He participates not in discussions about unusual happenings in Nature. Instead, he does what is to be done.

Such a stable one would slowly gain understanding of the subtle work of the five elements around and their chemistry. He adapts himself to it, remains stable and conducts the work. He is the unaffected one. Untimely rains, floods, earthquakes and tsunamis, phenomenal fire accidents are all seen as natural. There is nothing unnatural in Nature. Knowing this, the disciple tends to be natural and supplies such naturality to the surrounding beings.



Message of Master *EK*

Nature's Activity

The acts of Nature cannot be judged. They should have to be understood. The ethics, the rules, the civility, the religion, the morals and the traditions that humans build have no impact on Nature. The happenings in Nature are as per the Divine Plan and have little to do with human activity of good and bad which again are human definitions.

Vidura

Wisdom Teachings



Wealth is associated
with cattle.
Knowledge is associated
with the Initiate.
Inconsistency is associated
with woman.
Fear is associated
with equals.



Shirdi Sai Sayings

The Knower

The one who knows Me and My name is the knower. He sees Me as the basis of sounds, colours and forms. Associating with Me, he observes the events in life unaffected. He even observes the play relating to his birth and his departure. Rooted in Me, he remains contented and interacts with Me through all walks of life.

Message of Sri Ramakrishna

God Accepts The Humblest Gift



The landlord may be very rich,
but when a poor tenant brings a humble present
to him with a loving heart,
he accepts it with the greatest pleasure.
So the Almighty God,
though so great and powerful,
accepts the humblest offerings of a sincere heart
with the greatest pleasure and kindness.



On Secret Doctrine

Beware of Illusion

H.P.B. speaks of seven centers in the case of man besides three other which one may relate to realize the related energies.

1. Right Eye - Buddhi or the Light of the Soul
2. Left Eye - Manas or Mind
3. Right Ear - Lower Mind
4. Left Ear - Desire Mind (Kamarupa)
5. Right Nostril - Life Principle
6. Left Nostril - Life Vehicle
7. The Mouth - The Creative Logos

Besides the above seven, H.P.B. speaks of three points at the chin forming a triangle with the tip of the chin as one point, the point below the right lip and the point below the left lip. These three points constituting a triangle is the lower ternary which has its higher correspondence as the three points in the forehead constituting Ida, Pingala and Sushumna (Creative, Preserving and Reproductive Principles). The students should do well to contemplate upon these points in the phase to awaken the related intelligences and to harmonize them.

Lay Man's Prayer



'See the Ocean in the wave, See not the wave',
says Wisdom.
'See Me in the beings and see not the beings',
says the Scripture.
It is easily said but not done.
Illusion prevails over reality.
We Pray.
You lift the veil.

Discipleship

The Loop

Disciples are too self-conscious. Therefore, they tend to become narrow-minded. When self-consciousness is not there, the super conscious which is called unconscious starts pouring in. When one cooks with too much self-consciousness, he spoils the food. Likewise if one sings, it could be a chaos; likewise painting, teaching and other activity. The false ego grows prominent and arrests free flow of other energies. To let go is the mantra and to feel non-importance of oneself is the key.

A disciple exalts himself and therefore, falls. 'Do not exalt yourself', is the instruction of Buddha. Disciples who get slight enlightenment fall into egoism, become too much self-conscious, tend to be narrow minded. The practice of discipleship is to annihilate a separate self which is but an illusion. Identifying with the separate self shall have to be replaced by the One Self which flows through all, the one consciousness that functions through many.

Singers, painters, dancers, writers and teachers gain their exaltation in self-forgetfulness but not in self-consciousness. Every disciple shall have to solve this puzzle of his/her own self.

A disciple

The Teacher

14. Mantraraja Virajitam

Prevails with the royal key-sound



The Teacher need not necessarily live by a body of flesh and blood after accomplishment. He can live as a formula of sound, called Mantra. Whenever that formula of sound is uttered, he gives presence through sound. This is a facility that a Teacher has. The sound AUM relates to Brahman, the Absolute God. The sound EEM relates to consciousness. Likewise, every Teacher can transform himself into a sound and may manifest subtly when the specific sound is uttered forth. Likewise, great beings have their sounds to give presence and to lift up those who invoke. Rama, Krishna, Hari, Rudra are such names which are omnipresent. For example, C.V.V. is such a sound relating to the Aquarian energy of Synthesis.

From ancient most times accepted disciples are given the sacred sound formulae to enable the invocation of their Teachers at times of necessity. The sound given by a Teacher to a student establishes a link between the Teacher and the student. By invoking that sound the link is established and the presence is gained. In the presence transformation happens. The sanctity of the given sound is generally not realised by a casual student. The student should know that the given sound, when uttered forth, grants the presence of the Teacher. It is this sound that liberates him. No other sound in the universe would be of help to him like the sound given by the Teacher. If he deviates from this sound to another sound due to any glamour what so ever, he would lose fitness to follow the path. Neglect of the Mantra given by the Teacher is neglecting the Teacher himself. Through the given Mantra the Teacher lives with the student through the

sound. The student should know that the given sound itself is the Teacher. It is the key Mantra to him, the Master Key, the Royal Key of sound. This Royal Key builds a royal bridge and enables pass over from one state to another with facility. The student would do well to consecrate himself to the Mantra, like the bull consecrated to Siva.

Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart.

Kapila

Four Models of Creation 8

The Seven Planes



Akasha (ether) is separative consciousness (the Auric Egg formation). Beyond the separated consciousness, there is the cosmic mind (Mahat). From the cosmic mind to the solid state of matter there are thus seven planes of matter (Nature) that mutates. Consequently the consciousness expresses itself through the seven and externalises itself. The seven planes through mutation as between them, are capable of giving birth to consciousness that experiences them (the seven planes of creation). The One beyond time, the Eternal One whose characteristic is Existence remains in creation through time, incomprehensible by the created ones. He is the cause of all that is created out of Him (1. The Nature, 2. The force, 3. The time, 4. The fivefold Nature, 5. The 24 formative principles, 6. The four models and 7. The three worlds as the seven planes).

He is beyond the triangular forces and the seven planes of creation. He regulates from within all that is born out of Him. He cannot be perceived by the eyes or by the other senses. His entry into all these formative principles results in mutual reaction of these principles. (As if they are cooked within). One adjusts and remains within the other to prepare all that is!



Ashram Leaves The Globe

A visible (material) globe comes out of the invisible as one fourth of the former in essence and as one zero to form the numerical potency of ten.



On Love

It is safe if Knowledge culminates
in Love of God.





Fire

The All-Consuming Sacrifice

From seeming nothingness there is a spur. That spur unfolds a great light, which forms itself into a sphere. Then, the sphere receives a further spur; consequently the globe unfolds into a lotus. When the globe unfolds into a lotus, many intelligences find their expression. These intelligences are the cosmic intelligences. Thus, that which is called Cosmic Fire is the first bang that happens from space static to space dynamic.

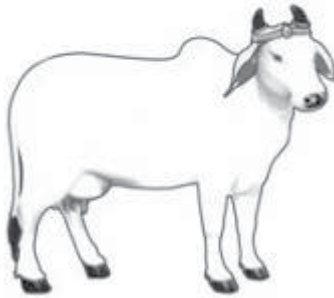
The dynamism in us is also Fire. We do not recognise the spur that awakens us in the morning. What is it that awakens us in the morning? After it awakens, we know that we are awakened. We do not awaken from sleep; we are awakened from sleep. Sleep is a state of apparent non-existence; it is not non-existence, but it is apparent non-existence. What is it that causes the static state of sleep into the dynamic state of awakening? Unless something stimulates the static aspect into the dynamic aspect we would not come to the awakened state. The stimulation comes from within the static state of existence.

Seldom, we pay attention to that intelligence in us which causes the awakening. After awakening, yes, we have a lot of activity; but what is it that caused the awakening? That is the link between seeming non-existence to apparent existence, which Madam Blavatsky defines as "From seeming nothingness to apparent something", Master E.K. puts it as "From negative zero to positive zero". Zero negative is static, zero positive is dy-

namic. The seeming non-existence is capable of manifestation. We walk into the zero negative when we walk into the new moon hours, nilness. When we walk into the full moon hours it is walking into fullness or zero positive.



Agni



Cow

There is no wealth on Earth equivalent to the Cows and there is no service equivalent to serving the Cow.

Violet Flame Invocations



Great Grand Master!
Pick up the tools and sculpture (living) stones.

Carve us deep, construct shape.
Fill in Love, Wisdom, Will.

Build us well, blend us full,
willing to bend, we remain to the end.

Be our centre, taking to East.
Bend us all to the Will of God.

Pick up tools, Master shape us well!



From the Teacher's Pen

Questions and Answers

Dissatisfaction

Question: Master, what is the cause for general dissatisfaction in life?

Answer: Dissatisfaction emerges by turning away from what is given to oneself by life. Dissatisfaction grows by striving to reach out for what is given to others. Thus, the dissatisfaction grows in multiples in multiple dimensions. One should be thankful for what is given in life. It brings quietude. It does not disturb the mind. Men always look for what is not there. They do not relate to what is already there. They do not love the surroundings arranged for them by nature. When one cannot relate with love with those given, Nature is not ready to give more or give other things.

Know that what is given is a gift. Do not shrink away from it. Do not back away. The gifts are all Nature-given. When you relate to them, Nature bestows satisfaction. When you turn away from what is with you, you miss an opportunity. Mostly, men neglect what is around and know their importance only in their absence. Absence of parents or spouse or children, of a job, of health enables realization of their importance.

There is a saying in English. 'A bird in hand is better than two in the bush.' Trying to fetch the two birds in the bush, one loses the bird in hand. Thus, men are twice foolish. They let go what is given and they run after what is not theirs.

The path of Dharma is very clear on this. "To stand is contentment."

"Turn not away from what is given.
Reach out not for what is given to others
Lest you disturb yourself
And land in Dissatisfaction."

Agni

An Introduction into the
Work of Cosmic Fire, 51



4. The Solar Fire

The Construction of the Antahkarana and the Jewel in the Lotus 2

And then comes the next step. Where from the light is emitting? From the centre of the egoic lotus, and that is what the Master calls 'the jewel of the lotus'. It is called 'the gem of the lotus' which shines forth. We have to know, that the gem is not a physical gem over there. It is a gem-like formation of the waves of light. That means, the light waves in a gem-like form, and hence, it can pierce through any matter. And then the formation through light waves of the gem has its own source again. Who has kept it there? Who has prepared this light inside? Did you ever imagine that it is given by some other functioning? If we say, that in the egoic lotus, in the centre of the lotus, there is a brilliant gem, we take it for granted. But who has prepared it and how it has come to stay in the centre of the lotus? It is not like the light in this lotus-like lamp. It is objectively kept here. The light in the heart lotus is different. It stamps from a root. It is a glow which is within the stalk of this form.

Suppose, we keep a very powerful tube-light inside this tube, and the tube is not projecting beyond this stalk. It goes only up to this point, but it is brilliantly glowing inside. Then, if you see in the centre of the lotus, you find that there is some brilliant light in the hole. It is not some kind of settlement of light on the periphery of the hole, it is very useful that we have this instrument here to explain. Like that, from a source, there is the focussing of light through the centre of the egoic lotus. That is what is appearing as the triangular flame through the three petals. So, that is what is described in the scriptures as 'the electrical blue light'. (Now follow some Sanskrit words.) It says: "In the centre of the flame, there is a

rice-grain-like formation of electric blue light. And on the top of the rice grain, there is such minutest spotlight which is so brilliant that, if we see, our eyes will grow blind. And it is that, which is called 'the three-fold fire', which manifests as fire by friction, solar fire and as the electric fire.

Of course, what I have recited, by itself is a seminar. But it is sufficient to say that even the light in the lotus has its source somewhere. And then, we understand: 'Oh, this is not the source, but this is the channel for the source.' So, we found the 10th channel besides the 9 channels we have. We all know the 9 channels, just like the animal, the human body also has the 9 channels. But this is the 10th channel which connects you to the inner man which we may call 'the essence of man'. Then the man has met the Heavenly Man, when he goes through the channel. That is what is called 'opening of the 10th orifice'.

Then the man is integrated into all the seven planes. So, through that channel, he enters somewhere which we shall learn in our class tomorrow, because we have travelled much today. We have developed a kind of understanding between our mental unit and the manasa devas and also the flame which is in the interior triangle of the lotus. We have created a nucleus for Antahkarana and have even created the Antahkarana body. And we have also understood, the light in the 12-petaled egoic lotus is shining from some other source which is interior.

There is another 8-fold or 8-petaled lotus in the heart centre. To that lotus, the 12-petaled lotus is an exterior lotus. For human beings, this itself is totally esoteric. But there is something interior to this lotus which is called 'the 8-petaled lotus'. Only for purposes of understanding, we shall also speak about it, because someone would like to travel from this point in the triangle. Information helps to work with it. It is the point of knowledge in the triangle.

This text is not proofread by the author and might have some mistakes.

Master *EK*

Vishnu Purâna
CHAPTER XVII

The Greatness of Prahlada 5



The Danavas observed Prahlada's behaviour in the school. They reported the matter to the Lord of the Demons, since they were all afraid of him. Then the father immediately sent word to the cooks and told them: "Look at this boy, my son, who began to inculcate evil-mindedness in the other students. Since he stands as the preceptor of the crooked part, kill him without any delay. In everything he eats mix the deadliest poison. This sinner is to be killed without his own knowledge. Do not hesitate even for a while."

They followed his orders and gave poison to the great soul, Prahlada. Whatever he ate, he offered to the endless, eternal one beforehand. It was his habit whenever he ate. The poison which he ate caused no change in him. Prahlada was as stable and normal in his mind as ever. He could digest the deadliest poison. The cooks noticed that he assimilated the poison. They came to the Lord of the demons, bowed down and said: "O King, we have given him the most frightful poison. He assimilates it along with his food."

Then the King said: "Hasten, hasten. Oh Demons! Invoke the devouring spirit through your chanting, to kill him immediately." Then the priests approached Prahlada and tried to influence him with good and kind words. They said: "You are born of the clan of Brahma, the Creator, who is known by all the three worlds. You are the son of Hiranyakasipu, the foremost ruler of the Daityas. Where is the need for you to think of other gods, and Vishnu, the so-called endless one, as your source of protec-

tion? Your father is the father of all our clan and you too will be so in course of time. Leave off chanting your scripture which is filled with the brain of your enemy. Your father is to be praised by all of us and he is the great preceptor of all our preceptors."

Then Prahlada said: "What you say is true. Mine is a great clan which is much praiseworthy. All the descendants of Marichi consider that our clan is great. It is also true that my father has done deeds that excelled all in this creation. All this I can understand. I know that it is true. I assure that this is not false. My father is the great preceptor of all our preceptors. There is not even the slightest illusion in what you say. I also abide by the law that one's own father is one's preceptor and is to be worshipped. I never transgress the law. I am definite about this. What is your conclusion?" Saying so he kept silent and kept his respect for the elders.



Prahlada in the Fire

The Science of Man

Dr K. Parvathi Kumar
First Young Group Life Teaching, Part 40
August 2001, Visakhapatnam/ India

Colours/Predictions 2

I have another example of a student in my bureau. I trained a batch of thirty students every three years. There was one lady student who was very good with studies. She did her graduation and she joined me for a three years' course. When she gave the exam first time, she failed. She gave the exam for the second time, she failed. Every six months there is an exam. Third time, she decided not to appear for the exam. Normally, if a student is to go for exam, they come three months before to me and take my permission to go for exam. Others have taken permission, but this young lady, she did not come. I waited for about a week. Later I called her and asked her why she is not appearing for the exam. She said that she and her mother consulted an astrologer, and the astrologer said for the next two years she would not pass the exam, because she is going through a bad period of time.

I told her, "Don't believe astrology the way it is told to you. If there is an unfavourable time, it means, you have to exercise greater will. When it is a favourable time, the indication is that you don't have to exercise that great will. Sometimes jobs are done with little effort. Other times, it takes more effort. Just because it demands more efforts, you cannot just withdraw from the situation. In any aspect of life, there are certain times where you need to put more efforts. Even in the game of football, tennis, rowing the boat or riding the horse, you face a difficult situation. Do you withdraw or do you use more efforts? In your case, what astrology tells you is to give more efforts than what you have been giving before. Analyse the areas where you need to give more efforts."

I have had a very detailed interaction with her to know the areas where she needed deeper effort. We found that she is very weak in mathematics. Then I suggested that she has specific instructions in mathematics. I have also arranged a friend from the university who is a professor in ma-

thematics so that she gets the right foundation in mathematics. I said, "I am with you, you please go through the exam covering the areas where you are weak, exercising good will." To give psychological support to her, I gave her a symbol of the elephant-headed Lord: "Keep it with you on the table and you will get my energy."

She started working and in the next proximate examination, she passed. It was a miracle to her and to the mother. They thought that I have done something miraculous to make her pass the exam. There is no miracle. I have positively oriented her and reoriented from negative psyche to positive psyche and continuously encouraged her. Consequently she passed. Even before she was going for the exam, she had a fear to fail again. Two days before the exam she came to me and said, "Sir, I will again fail in this exam." I gave her a homeo medicine and said, "This medicine will help you to recollect everything that you have studied, so that you will perform well in the exam." Ultimately, all these efforts resulted in success. She was so happy and today she is occupying a very high position in California.

So, astrology gives you the possibilities, so that you get equipped to meet the situation. If you are going for mountaineering to an icy peak, you are told what is the temperature there, what is the condition of oxygen, what kind of equipment you should have, what kind of food you should carry with you, the need to carry water, and possible oxygen masks. To conduct the journey well, if you don't follow those regulations and go with the normal summer wear for mountaineering and with bathroom slippers, even before you reach the mountain you will be dead.

Actually, the true meaning of astrology is: the science of light. What is 'astral'? Astral is light. 'Logia' is the science. Astrologia is the science of light. On any given aspect, it throws more light so that you can see better and you can therefore rearrange your action. Some throw away astrology saying it is all a science of superstitions. Over-critical people, they don't see anything, because they don't want to know anything, but they try to judge and decide. Unless people have the scientific approach, they don't really present astrology as it should be presented. We should therefore find the occult part where the significance of each science is better understood.

Astrology is an excellent tool for many things, for psychical adjustments.

Suppose there are certain energies which are weak in you but strong in others, you should associate with a person who is strong in that energy. Then there is the flow of energy from such person to you in relation to that energy. So, astrology gives areas where you are strong, where you are weak, and you can make adjustments. When you are looking for solutions, astrology gives good insight.

All planets have the related colour. Please see at the end of the book 'Mithila' where I gave a table of seven called 'The Magic Wand of Seven' mentioning the seven planets, seven rays, seven sounds, seven colours, seven symbols, seven metals, seven precious stones, seven food materials, etc. They are all interlinked.

For a student of occultism, it is primary to work with colour, because colour precedes all the material formations. Depending upon the clarity of the being, one sees colours. To many people, green looks like blue, especially in the night, and blue looks like green. As you improve the quality of your being, the brilliance of colours is more and more realised. You will also see that the colours move in great velocity, and their velocity is blocked by the matter. That's how we have a manifestation of colours. If the matter is transparent, you find the colour brilliant. In dense material, the colour appears dull. So, it is the quality of the material that obstructs the flow of colours. Light has its velocity, and depending upon the quality of matter, different colours manifest. To bring in the energy of certain colours, certain practices have to be done in life. For example, the books 'Jupiter' and 'Saturn' give the related practices. In fact, in relation to all planets and the related colours and sounds, there is a way to study and realize them. That's how it can be worked out.

This text is not proofread by the author and might have some mistakes.



Paracelsus

Health & Healing

The Crisis of Human Health

The real human crisis today is not about economics, politics, and the related aggressions. It is the crisis of human health. The health is entrusted to the noble professions of the physicians and the pharmacists. The physician is required to diagnose the sickness and the pharmacist is required to prepare the needed medicine for curing the diagnosed sicknesses. It is also an obligation to ensure, that the medicines he prepares contribute to restore health and not cause other sicknesses in the body. He is law-bound (nature's law), that he shall not poison the sick through medicines. The physician is also bound by nature's law, that he shall ensure appropriate medicine to cure sickness and not cause damage to the health system of the sick.

In this age of speed, where commercial and political factors hold a sway on every activity, the noble profession of healing is encroached upon. Things are tended to be extremely commercial. The physician's reliance shifted from knowledge to technology; diagnosis is no more based on the patient's behavioural patterns, family background and living conditions. Least examination is made of the psychical conditions. Compassion, which is one of the most important principles in healing, is given a go by. The time-honoured principle of cooperation and family care is replaced by commercialistic and technological diagnosis.

A probe is needed into the heart and soul relationship between the physicians and the patients. Sympathetic listening is missing, diagnostic skills are assigned to technical apparatus. The doctor speaks cryptic lan-

guage and has not much time to give healing touch through speech and gestures. The trust of the patient in the system is at its lowest ebb. The human body is treated like a machine under repair.

“Mechanical treatment of machines under repair”, could be the right expression for the present day medicinal practice for restoring health. Physicians with conscience are landing into conflict. The conflict in him is due to the inability to apply the knowledge that was acquired over decades and the aggression of the modern corporate system of dealing with the patient. The technology and the pharmacy, which are driven by commercial considerations, compel the doctor to expose the patient frequently to technological tests and every dosage of medicine. Consequently, even in developed nations, men are driven out to find alternate systems of cure, which are proximate to nature and nature’s common sense. There is an urgent need to rectify the medical system by governments of conscience. When government eases itself out of such fundamental responsibilities relating to the nation’s health, the health-care system is thrown, eventually, to the vultures of economic ends. The fall of governmental hospitals and the rights of private hospitals have become the order of the day. The Great Britain under the Royal Care is also breaking down in this regard to give way for privatization.

King’s job cannot be done by a businessman. Governments cannot assign their responsibilities to multinational corporations. Governments are not run by profit-motive. Businesses are run by profit-motive. The former have adequate power to rule upon such important objects as health, protection, social amenities and these are privatized. Men are left out at large, a kingless kingdom lands in chaos. Governance cannot be thrown away into the hands of profit making business groups. Until this situation changes, the evil of the present day continues to grow.

Dr. K. Parvathi Kumar

Extract from: **Paracelsus – Health and Healing**

Web-address : www.paracelsus-center.ch

Children's Section

On Service

**TRUE SERVICE LEADS TO
EXPANSION OF CONSCIOUSNESS.
IF SUCH EXPANSION HAPPENS NOT,
THE PERSONALITY NEEDS TO BE
RE-ORGANISED FOR SERVICE.**

A Key to Study

Dear Children,

At your age, you are asked to study, to study well, and to perform well. The parents and the teachers regularly bore you of this. You get worried of your study. The more you worry about study, the less the study happens. The worry for study leads to fear of study. The fear to study distances you from studying. You walk into a vicious circle; you find that the whole game of study is unworthy.

People around you may regularly enquire you and of your study. You may just smile it away and do your studies as you normally do. If you get worried, you are the loser.

Once, a man went to a saloon for hair dressing. The barber asked, "How did you lose your hair so fast?" The man answered, "Worry." "What did you worry about?" asked the barber. "About losing my hair", answered the man.

Worrying to study would tend you to be loser. Befriend your studies, be joyful with it and be playful with it. Playful study is not only enjoyable but also fulfilling.

K. Parvathi Kumar

Stories For Young People

A City in The Forest

Accepting the banishment Lord Rama lived in the forest. His father, the old king died with grief. Everybody in Ayodhya felt lost and was longing for Rama: His family, the servants of the king's palace, the ministers and the citizens. Bharata, the younger brother of Rama, inspired the sad people to go to the forest and to ask Rama to come back. In a hurry they all assembled and went to the forest, accompanied by the army. The animals never saw so many people and fled in panic. The travelers stopped, when they found Lord Rama in the ashram of the sage Bharadvaja and settled down. Exhausted by the long march they needed board and lodging and entertainment. The sage bade them hospitality. He created with his yogic power a whole city, more beautiful and comfortable than the one they left. Bharata spoke for them all and tried to convince his brother to come back and accept the crown and the kingdom. Rama refused. They discussed days, weeks. In the meanwhile all the people lived happily in the city of magic. At least Bharata decided to rein the kingdom in the name of Rama, who would be monarch years later, when his banishment was over. Bharata and the crowd left the ashram. Bharadvaja resolved the city and again there was silence in the ashram. Our cities are filled with buildings. We are fixed upon the idea our plans would become true, when there are fitting buildings. If we will fail with our plans, it takes great efforts, to remove the remaining buildings. Our energies are swallowed by building and our efforts are wasted. The citizens of Ayodhya trusted in chance and got all the needing. Trusting and praying is more important than building.

The stories of this series are taken from the oldest poem of mankind, the venerable Ramayana. Master K.P. Kumar told many of them in his books and lectures. They are inspiring to those, who can extract the information contained for presence and future.

WINDOW TO WORLD SERVICE NEWS & ACTIVITIES (Inputs welcome)

ARGENTINA

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Activities

Escuela Claridad, inspired by the great Beings, transmits the teachings of the Ascended Masters towards New Consciousness. Our work focuses on Transformational Education for the Growth, Development and Ascension of Mankind, continually seeking a spirituality applied to daily life, celebrating life. This year we celebrate 20 years of the Light of God that never fails. We carry out a variety of activities throughout the year, in a steady and consistent manner, such as:

- Annual Gatherings.
- Classroom and distance courses designed to bring Wisdom closer.
- Trips to various countries with the purposes of energetic work and spreading of the teachings: Mexico, Guatemala, France.
- Development of the essential art that we call Arteosophy, producing music CDs
- Esoteric Astrology.
- Full Moon, New Moon, Equinox, Solstice and Stellar Seed Meditations.
- We have created an internet radio station, in order to reach potential students and carry out online meditation.
- Healing using different techniques such as Reiki energy and Bach flower therapy.

- Aquarius bulletin (service via internet) and online Manuals.
- YouTube channel: <http://www.youtube.com/user/claridadelohim>
- Facebook for daily dissemination of information. <https://www.facebook.com/EscuelaClaridad>
- Monthly articles contributed to WTT-America: the light of love - the path of the heart (<http://wtt-america.org/>)
- Daily meditation modules in the form of daily thoughts to reflect upon.
- Ongoing work with the Violet Flame for American Alignment and planetary service.

Picture of the Month of Aquarius :

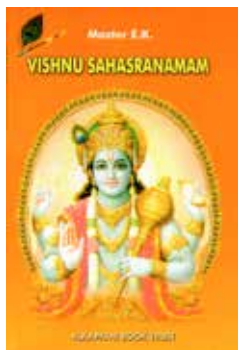
Aquarius - The Aquarian Passage



For want of terms the Absolute is called the God beyond Creation who functions through as God in Creation. In the Indian mythology the all-permeating God in Creation is called Vishnu. The God beyond Creation is called Siva. The God beyond Creation enters into the Creation and the passage for such entry is called the "Eye of Siva". Normally for a student on the occult path 'the third eye' is opened during the process of building the Antahkarana, but the third eye of Siva in man is located in the centre of the head above the Ajna Centre and forms "the Higher Bridge". The eye of Siva in us is far superior to the third eye in us. The eye of Siva is the Aquarian Passage, where the seeming nothingness transforms into apparent something. The passage stands for the gap between one Creation and the other and during the gap only Aquarius remains. The whole Creation is sucked through into God beyond and is to be drawn once again.

Dr. K. Parvathi Kumar: Hercules

Book review



Vishnu Sahasranama

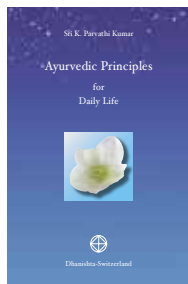
Vishnu Sahasranama means “The Thousand Names of the Lord” and represents the quint-essence of ancient Indian thought. The text of this Scripture is the 13th book in the great epic poem of Vedic literature, The Mahabharata, composed by the sage Veda-Vyasa, a contemporary of Lord Krishna, more than 5000 years ago. The word meaning for each of the stanzas is described, followed by a lucid explanation which utilizes the

etymological, astrological and spiritual keys to bring out the significance of each of the 1000 names of the Lord.

Ekkirala Krishnamacharya : Vishnu Sahasranama

Copies: The World Teacher Trust, info@worldteachertrust.org

Download : http://worldteachertrust.org/_media/pdf/en/ek/vishnu_sahasranamam.pdf



Ayurvedic Principles for Daily Life

This booklet contains short, practical regulations and recommendations for everyday living. Some of the topics are: Morning regulations; the science of bathing, water temperature, hair, exercise guidelines; massage – massage principles, oil massage, head and foot massage, cleansing massage; sleep-guidelines, sunrise and sunset hours; diet – an understanding of diet, ayurvedic principles

for eating.

This text is the first of a series of publications of Dhanishta Switzerland. These publications are meant to present the teachings of Dr. K. Parvathi Kumar in a form suited to the English speaking Western world.

K. Parvathi Kumar: Ayurvedic Principles for Daily Life

Info: The World Teacher Trust, info@worldteachertrust.org

PDF : http://worldteachertrust.org/_media/pdf/en/ayurvedic.pdf

Astrological Important Days in January / February 2016

20.01.	16:27	☉ → ♒ / Sun enters Aquarius	
☿		☉ in ♒ – Every Sunday (24.01. , 31.01. , 07.02. , 14.02.):	
		<i>Invocation of Aquarian Energy via Master CVV</i>	
23.01.	03:01	Phase of full moon starts	☉ 02°29'≈ / ☾ 20°29' ☾
♃		<i>Downpour of Aquarian Energy via the third eye unto all the centres of the body</i>	
24.01.	02:45	☉ Full moon of Aquarius	☉ 03°29'≈ / ☾ 03°29' ♎
31.01.	15:14	● 8 th phase of descending moon starts	☉ 11°08'≈ / ☾ 05°08' ♏
☉		<i>Contemplation upon Master CVV (End 01.02. at 17:35)</i>	
03.02.	20:36	11 th phase of descending moon starts	☉ 14°24'≈ / ☾ 14°24' ♏
☿		<i>Contemplation upon the Third Eye (End 04.02. at 21:00)</i>	
07.02.	17:50	Phase of new moon starts	☉ 18°20' ≈ / ☾ 06°20' ≈
☉		New moon point of Aquarius: <i>Contemplation upon Mahādeva, the Lord Absolute, into whom all the worlds recede – Śiva Rātri;</i>	
		<i>Contemplation upon 'The Pledge'</i>	
08.02.	12:33	23 rd constellation <i>Dhanishta</i> starts	☾ 17°25' ≈
☾	15:39	● New moon of Aquarius	☉ 19°16' ≈ / ☾ 19°16' ≈
	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends on 09.02. at 10:45)	
14.02.	21:41	● 8 th phase of ascending moon starts	☉ 25°35' ≈ / ☾ 19°35' ♂
☉		(End 15.02. at 19:57)	
17.02.	17:36	11 th phase of ascending moon starts	☉ 28°27' ≈ / ☾ 28°27' ♏
☿		<i>Contemplation upon the Third Eye (End 18.02. at 17:03)</i>	
19.02.	06:33	☉ → ♓ / Sun enters Pisces	
21.02.	18:04	Phase of full moon starts	☉ 02°30'♏ / ☾ 20°30' ♎
☉		<i>Contemplation upon Mitra-Varuna, the not untrue beings</i>	
22.02.	19:20	☉ Full moon of Pisces	☉ 03°34'♏ / ☾ 03°34' ♏
01.03.	11:21	● 8 th phase of descending moon starts	☉ 11°16'♏ / ☾ 05°16' ♏
♂		(End 02.03. at 12:50)	
04.03.	13:32	11 th phase of descending moon starts	☉ 14°22'♏ / ☾ 14°22' ♏
♀		<i>Contemplation upon the healing energies (End 05.03. at 12:41)</i>	
06.03.	23:12	23 rd constellation <i>Dhanishta</i> starts	☾ 17°25' ≈
07.03.	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends on 07.03. at 21:22)	
08.03.	06:04	Phase of new moon starts	☉ 18°04' ♏ / ☾ 06°04' ♏
♂		New moon point of Pisces: <i>Contemplation upon 'The Pledge'</i>	
09.03.	02:54	● New moon of Pisces (solar eclipse)	☉ 18°56'♏ / ☾ 18°56' ♏
11.03.		1940: Master MN left his physical body	
15.03.	06:42	● 8 th phase of ascending moon starts	☉ 25°05' ♏ / ☾ 19°05' ♏

All times are in CET (Central European Time)/UTC+1 (Universal Time Coordinated plus 1 hours);

From: »Astrological Calendar 2015/2016«;

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Great Invocation



Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



HYMN TO AGNI
TAVÂHAMAGNA ŪTHIBHIR
MITRASYA CHA PRAŚASTIBHIHI
DWESHO YUTO SA DURITÂT
URYÂMA MARTYÂNÂM

OH LORD AGNI!
YOU ARE THE FRIEND OF ALL.
BY WORSHIPPING YOU
THE HUMANS SHALL RECEIVE PROTECTION.
MAY THEY GET LIFTED UP FROM THEIR MALICE
AND MALICIOUS THOUGHTS AND ACTIONS
INTO THE KINGDOM OF GLORY.
MAY THAT BE SO.

COMMENTARY

The fire is in all. No one exists without fire within and fire around. Fire protects life from within, but fire outside can destroy life. Anger, hatred, and enmity is the fire that humanity regularly emits through its nature, its thought, and its action. Fire therefore need to be worshipped to burn up the malice in humanity and lift them up into the splendours of life, which is also an aspect of fire. In fact, this is the need of the hour. When as many goodwill workers worship fire with this attitude, the present day crisis can be dissolved.