

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Aquarius 2010 Kumbha

Letter No. 10 / Cycle 23 –20th January until 18th February 2010

The World Teacher Trust - Global



Invocation

May the light in me be the light before me.
May I learn to see it in all.
May the sound I utter reveal the light in me.
May I listen to it while others speak.

May the silence in and around me present itself,
the silence which we break every moment.
May it fill the darkness of noise we do,
and convert it into the light of our background.

Let virtue be the strength of my intelligence.
Let realisation be my attainment.
Let my purpose shape into the purpose of our earth.
Let my plan be an epitome of the divine plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the eternal kingdom OM.



Letter No. 10 / Cycle 23 –20th January until 18th February 2010 – ≈

Contents

Master <i>EK</i> • Invocation	2
Prayer for the year	4
Message of the month of Aquarius ≈	5
Message of the Teacher	6
Lord Sri Krishna: Gītā Upanishad.	7
Message of Lord Maitreya	8
Message of Master Morya - Maruvu Maharshi	9
Message of Master Koot Hoomi - Devâpi - Maharshi	10
Message of Master E.K.	11
Vidura - Wisdom Teachings.	12
Shirdi Sai Sayings.	13
Sri Ramakrishna.	14
Lay Man's Prayer	15
Discipleship.	16
Occult Meditations – Rudra - Ashram Leaves.	17
On Love / On Change / On Silence	21
Hymns on Agni	24
Invocations of the Violet Flame	25
From the Teacher's Pen	26
Master Morya	27
Vishnu Purana Master EK.	32
Extracts from the Teachings	35
Paracelsus – Health and Healing	39
Children's Section	41
Window to World Service	42
Cow	44
Book review	45
Astrological Important Days	46
Master <i>DK</i> • Great Invocation	47

Dr. Sri K. Parvathi Kumar is President of the 'World Teacher Trust' and Founder of the 'Vaisakh News-Letter'. The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

Vaisakh News-Letter in German: wtt@kulapati.de, in Spanish (WTT Argentina):

wtt@wttargentina.org, (WTT Spain): wtt.spain@gmail.com

The English Vaisakh News-Letter: Please contact: **The World Teacher Trust - Global**

The Vaisakh News-Letter, Wasenmattstrasse 1, CH-8840 Einsiedeln, Switzerland

E-mail: info@wtt-global.ch Website: www.worldteachertrust.org

Prayer of the year

PUSHAN EKARSHYE YAMASURYA
 PRAJAPATYA VYUHARASMIN SAMUHA
 TEJO ETTE RUPAM KALYANATAMAM.
 TATTE PASYAMIYOW SAVASOW PURUSHAHA.
 SOHAMASMI.

"Oh Solar God!
 You are the son of Prajapathi.
 You are lone ranger of the sky.
 You are all nourishing and all regulating.
 Please withdraw your rays and brilliance.
 By your grace I would then be able
 to see your beautiful golden disc."



Aquarius Full Moon, January 30, 2010, 7.17 am MEST



Message of the month of Aquarius

Aquarius stimulates change in the first decad. It stimulates Buddhi in the second decad. In the third decad it bestows fulfilment. The first decad is ruled by Saturn. The second decad is ruled by Mercury and the third decad is ruled by the Venus. Uranus remains the background in all the three decads to stimulate and hasten the process of transmutation.

Presently, the humanity is passing through the first decad, the decad of change. There is change everywhere in every aspect of human life. Change is inevitable and is irresistible. The conflict of today is due to the resistance to change. Changing for the better is flexibility. Changing for the changing sake is fickleness. Every change cannot be embraced. A change that brings in betterment has to be accepted. Not all can see what is for betterment and what is not? Change in essential values does not bring about betterment. Change in temporary and peripheral values is acceptable. Changing for the sake of change would be a feather in wind with not direction.

There is a battle initiated between the past and the future in the present. The past resists. The future pushes. The result is the high tension between the pull and push. A backward pull and a forward push can also be seen as an opportunity for expansion. That includes the values of the past and the future. Aquarius holds the key to reconcile the past with the future and live in the present with expanded consciousness.

May the aspirants see in themselves, what is past and what they hold for the future and reconcile the two. In that exercise there is expansion. Abandoning the past results in building castles in the air. Abandoning the future results in self-imprisonment. Reconciling the two is the work on hand.



Message of the Teacher

Divine romance

Romance is not what today humans understand. Romance is essentially another name to yoga. Inseparable-togetherness in all the seven planes is considered to be romance. The Cosmic Person and the Cosmic Nature are in such romance. The Spirit and Matter are never separated. They are together in all planes of existence. They are essentially one beyond the seven planes. One becomes two and the two play with each other resulting in all the manifestations. In the manifestations it is verily the two who essentially exist. In yoga also it is the togetherness of man with the divine. This is developed out of taste for the Divine. A true disciple remains eternally associated with the Divine. An advanced Disciple knows that verily the Divine is and that he is but an apparent projection of that Divine. "I and the Father in the Heaven are but one", is an age old statement uttered forth again and again by every son of God.

Romance or Yoga is a state of inseparability and such inseparability gives birth to boundless joy and ecstasy. This boundless joy is called the Bliss, which belongs to those who have gained that state of inseparability.

Joy is but a myth to those who look for separation. The age of Kali tends to separate. The students of Yoga should never let this thought into them.

Gitâ-Upanishad

Lord Krishna



THE IGNORANT ONE CANNOT BE JOYFUL EITHER HERE OR HERE-AFTER, FOR, HE IS BOUND BY DOUBT AND CARELESSNESS. (4/40)

When there is doubt one would not offer himself totally to the work at hand. He cannot offer himself totally to another person in love. He cannot be totally friendly with a friend. In every aspect in life one shrinks when doubt persists. When there is such half hearted functioning how can there be joy. Half cooked food is tasteless. So are the half hearted efforts. Doubt does not allow a person to unfold himself totally. Doubt is the true killer. Doubt destroys the doubting one. Doubt builds unconsciously carelessness as an attitude. Carelessness at work and carelessness in relations create obstacles. The mind loses its ability to focus. For such ones works are unfinished in every aspect of life. They do not result in fruition. Thus there is no fulfilment.

Doubt and carelessness cause regression. Regression leads to thoughts of despair and negativity. Negativity leads one to despise virtues. Despire transforms one to be diabolic. Beings that are essentially Divine thus turn to be diabolic through doubt. Let not doubt be entertained at any time.



Message of Lord Maitreya

Mother Tara

Do you know? The statue of liberty is our inspiration to Americans. It is but a representation of Divine Mother, Tara. Look at the statue from this dimension. She holds high the flame of freedom. It is our motto that all humans shall have to be free. We work for it. We have been working for it. Men have to be free from the slavery that they suffer from. Men are slaves today; slaves of their concepts, of their religious beliefs, of their extremist tendencies. They are slaves of their intellectual strategies and concretised thoughts. They are slaves to money and power. There is slavery at the emotional and mental plane while slavery on physical plane is in the process of getting eradicated. We cannot still rule out slavery on physical plane too.

Slavery is the weapon of Kali. It inflicted men in all the three planes. Kali has even distorted the noble terms of freedom and liberty. Politics use these doors to open doors for slavery. But the Mother Tara is intended to lift up the humanity from all this slavery. America is prepared as a platform. It is originally prepared by us as a platform for free thought and free pursuit of knowledge. Imagination, pursuit, experimentation, experience, freedom at thought plane and liberty to soul are the original seeds imparted by us in the fertile brains of advanced men who founded America. Those who follow these seeds deserve to walk up to the statue of Liberty, Mother Tara.

Message of Master Morya

Maruvu Maharshi



Eligibility

If you wish to experience the presence of a Master, feel his touch and even converse with him. The following constitute the eligibility:

1. Abandon your concepts of knowledge and of Light.
2. Hold a virgin mind.
3. Be willing to dare.
4. Learn to align thought, speech and action.
5. Develop taste for the Divine.
6. Be alert.
7. Be ready to labour.
8. Be on the lookout for knowledge in daily events.



Message of Master Koot Hoomi

Devâpi Maharshi

Tapas

The fire of knowledge burns every limitation and leads one to liberation. This fire in an aspirant is called Tapas (fiery aspiration). When this fire is not on, one stays narrow minded. He suffers from limitations. He cannot transcend the boundary set by the family, the vocation and the society. They remain as frogs in the well to which everything is definitive. Such ones are the multitudes who are on the eternal wheel of birth and death. Taste for knowledge is the only cure to transcend. Knowledge is the other name of God.

Message of Master *EK*



Beyond the duality

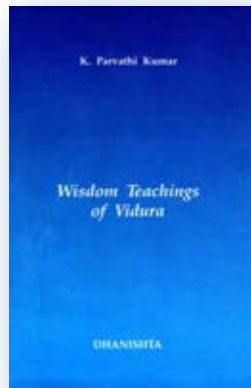
The one that observes the world sees joy and sorrow in the world. But for the one that observes the Divine beyond the duality of joy and sorrow, the divinity is true while joy and sorrow are the ripples of rhythm upon the currents of water.

The earth experiences night and day. It chills by the night and warms up by the day. These dualities do not exist to the Sun. The earthy beings suffer from dualities. Beings anchored in the soul do not.



Vidura
Wisdom Teachings

The wise do not respect
the growth tinged with manipulation.
Such growth is bound to fall.
They respect rather the suffering
that paves way to healthy growth.



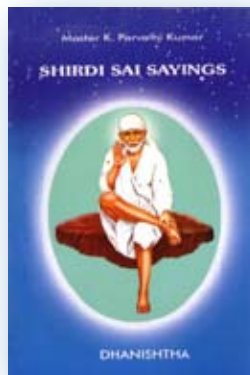
Shirdi Sai Sayings

Licking



I say unto you "do not lick the impurities of others". You generally carry the instinct to be critical about others. You discuss the negatives of others in their absence. You even engage hours together to speak of other's behaviour. You rejoice in it. You rejoice, engrossing in the trivial, and unworthy speeches.

Only the pigs rejoice at licking the impurities.





Message of
Sri Ramakrishna

Knowing God

Who can know God?

It is not given to us, nor is it required of us to know Him fully. It is enough if we can see Him - feel that He is the only Reality. A person, suppose, comes to the holy river Ganga and touches the water. He would say, "I have been blessed with the vision and touch of the holy river." Surely he need not have to touch the whole river from Gomukhi to Gangasagar - from its source to the mouth!

Lay Man's Prayer



We suffer a ring-pass-not. It is our own creation.
We suffer from self-created limitation although we are Your sons.
The chick in the egg cannot break the shell by itself.
It needs the co-operation from without.
We need Your strength, within and without.
Lift us up from within and without. We Pray.
The trees are the givers. We are the receivers.
They give much –
[the flower, the fruit, the cool shade,
the breeze, the firewood and so on].
They keep giving and keep growing too!
They grow towards the sky.
They ascend to meet the Sun, the Sky.
We stay receiving.
We learnt to receive.
We remain Pigmies.

Discipleship

Hindrance to Service - Gossip

Much time, money and energy are generally wasted by a server who is not alert. A server has to be as alert as a soldier. He should regularly introspect and analyse if time is lost in unproductive social, domestic and economic activity. He needs to frequently re-verify if gossip is encroaching into acts of service. Gossip destroys energy. Gossip also wastes away the time. Gossip is a vice that leads a server away from the work. A little gossiping to stay relaxed is allowed. But it may not be given the main stay. Remember that gossip is profitless. This is a hindrance which burns away time. There is much gossiping around the dining table three times a day, which is avoidable. Gossip causes drifting away the thoughts and makes a server a wanderer in the thought plane. He loses focus on work. Antidote for gossip is service. After the labours of the day are fulfilled one may pleasantly indulge into it, but not excessively. Gossip may bring in discussion, argument and could even end up in conflict. Beware of gossip.

At the same time fanatical adherence to commandments of service would make one serious and rigid. Such adherence dispels the possible magical manifestation around the server. Focussed attention need not bring in the related excessive seriousness. A little gossip relaxes and enables the manifestation of the magnetic vibrations. The fanatical workers get into the illusions of ideals. That way also the server drifts. Gossip enables relaxed progress if it is in appropriate dosage. Beware of excessive gossip. Also beware of fanatical attention.

A disciple

Occult Meditations

Meditation 38



ALL-ROUND DEVELOPMENT, ALL ROUND DEVELOPMENT.

ARDENT DEVELOPMENT. ART DEVELOPMENT.

ADVENT OF MASTER.

Commentary:

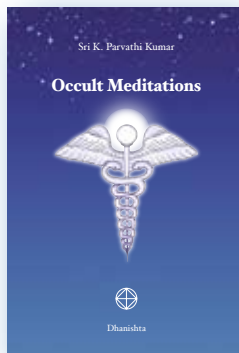
The development of man has to be all round development. Only then fulfilment is possible. Life has many dimensions such as personal, domestic, economic and social. Man has to grow in all dimensions and fulfil the related experiences. If not, the progress is stunted. Man needs to experience the world and feel its limitedness generally. Philosophising without experiencing produces many impractical philosophers who eventually fall to the attractions of money, power and woman.

Denial has never been the path of Yoga. Denial is the doctrine of the religions. Yoga propounds moderate experience of every aspect of life and transcends thereafter from mundane to super-mundane experiences and from super-mundane to the experience of the Self, the Atman, the basis of Heaven and Earth. Yoga does not hesitate to suggest moderate comfort. Self-denial and self-torture are seen as ignorance.

The path of Raja Yoga respects the will of the man. One should progress on the path with freewill, analysing at all times what he precisely desires inside. One can walk the path slowly and gradually and need not feel hurried. He needs to unfold every petal of every etheric centre, from Muladhara to Ajna. If one overlooks the experience of a related petal, he will be held back. Man needs to live all physical, emotional, mental and buddhic experiences before he thinks of selfrealisation. Most of the aspirants are too quick to decide that they can do away with the world, which is not true.

Master CVV propounds Yoga of Synthesis like Lord Krishna. He would like the students of Yoga to develop in an all round fashion. The development has to be an ardent development, meaning, one should develop experiencing every aspect of life ardently. He further suggests that one should master every experience and show the artistic way of experiencing.

A Master appears well, dresses well, speaks well, acts well, eats well, cooks well, teaches well, serves well, inspires well and so on. Anything he does is artistic and masterly. Such should be the approach to Yoga. All-round development, all round development, ardent development, art development are all the developments to the disciple on the path of progress before his advent as Master.



Ashram leaves

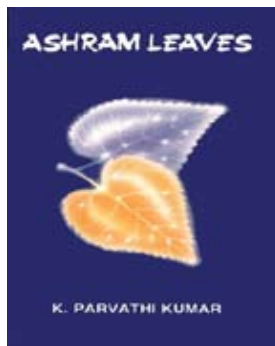
The Veda

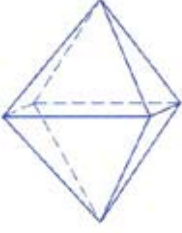


The aggregate of the principles contained in the eightfold nature is the Veda. It is uttered forth as the cause of Prana within us. It is the basis of our pulsation and respiration and is called Om.

Om is understood as a sound, as it is uttered forth. It exists as sound in space. It exists as "I Am" within us.

Meditate upon Om within, without.





Rudra

40. Tamraksha

Tamraksha means the copper-eyed one. Rudra's two eyes are copper in colour, in the sense that the quality of fire exists in them. Even for humans when they are fiery, their eyes become red. Rudra's copper colour appears on the eastern and western horizons during the dawn and dusk hours. He is therefore worshiped during the dawn and the dusk. The copper colour of the sky in the morning and the evening hours are also seen as the two eyes of Rudra, while the unperceivable brilliant sunlight of noon is seen as the third eye. For this reason, the Lord is called 'the copper-eyed one', Tamra (copper) Aksha (eye).





On Love

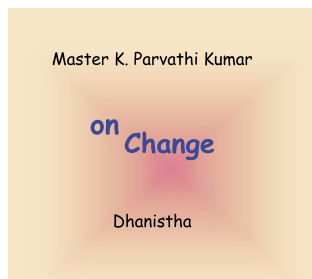
Love is friendly.
Friendliness and Love are synonyms.





On Change

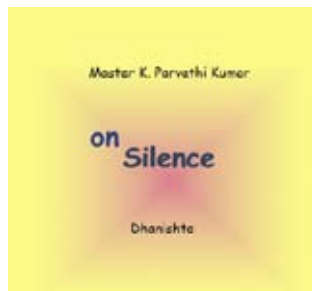
Mercury is the metal.
Mercury is the planet.
Fire is the element.
the Third Ray is the ray –
relating to change.





On Silence

Silence has no barriers – sound has...





Hymns on Agni

**35. NATVAT OTTHA PURVO AGNE YAJEYAN
NAKAVYAIHI PARO ASTHI SVADHAVAHA
VISASCHA YASYA ATIDHIR BHAVASI
YAGNEENA VASAVAD DEVA MARTAAN.**

Oh Lord Agni! You are the friend unparalleled. You are the sacrificer unparalleled. There is no one more ancient than you. There shall be no one more virtuous and worshipful than you. When you are favourable to the worshiper, he is ever victorious.

Commentary:

Worship of Agni with utmost devotion enables one to be victorious in every way. Such a devotee progresses gloriously in life, for he has the best of the friends with him.

Violet Flame

Invocations



Oh venerable Master of Synthesis – CVV.
Lead us unto Synthesis.

The Golden Middle, the Synthesis,
into which the pairs disappear.

We are the despaired ones
that cannot dissolve the pairs.

We are polarised
either to the right or the left.

We are polarised
either to the North or the South.

We miss the Middle!

We are dismissed,
for we frequently miss the Middle.

The Middle, the Synthesis, the Third Eye,
is the way out, says Yoga.

Bestow Your Yoga of Synthesis,
Oh Master.

Master CVV Namaskaram.
Master CSG Namaskaram.
Master DK Namaskaram.
Master Namaskaram.



From the Teacher's pen

Occult Perceptions 2: Emanations

Emanations of Light and of smell are of importance to know the gradation of the soul that resides in a body and that departs the body as well. The body smell (odour) indicates generally the quality and the status of the evolving soul. For a Yogi (a disciple or an initiate) the body emanates not unpleasant odours. Many times it emanates odours of sandal, musk, oscimum sanctum, camphor, myrrh and the like.

Colour and Quality:

Black or White is only just skin deep. It is important that within them they entertain golden thoughts and thoughts of brilliant white. We can never decide races by their skin colour, but can comprehend them better by the quality of their behaviour. In every race, there are black, golden and white people, from the standpoint of quality. Racial supremacy based on skin colour is ignorance. Racial supremacy based on quality is knowledge.

Master Morya Part 19



The road to Jâjmau.
Vast underground tunnels.
The Thâkur manipulates secret doorways.
Immense cave and what took place there ages past.
The Thâkur's strange way.

About four miles from Cawnpore, on the rocky right bank of the Ganges, in the midst of a dark and virgin forest, some wonderful old ruins stand. They are the remains of a number of ancient cities, built on top of each other. Of the topmost one there now remain only some colossal blocks of former walls, embrasures and temples, and the ruins of once magnificent palaces, one or two rooms of which, or rather the walls thereof, have been preserved here and there. Over these walls, the poor natives built roofs of foliage and settled in them, gradually transforming the ancient town of Jâjmau into a village. The ruins cover many square miles, but the natives gather only in some parts of them, leaving the rest to the undisputed possession of the monkeys... P 378

The road to Jâjmau is awful. We rode on elephants and it is thanks only to the steady step of these clever animals that we frequently avoided hurtling down deep ravines, or being caught by our hair on the branches, like modern Absaloms... P 379

We camped in and wandered about the forest for three days. The Thâkur was familiar with all its nooks and paths and kept his word. He showed us the way into places where no Englishman had ever been; one such place was a dark underground tunnel some 140 feet beneath the earth.

We went there before dawn, when everyone else was still sleeping. Except for us, the Thâkur had only Nârâyana to escort him and his faithful servant, the old and gray-haired Râjput, who accompanied us all the way from Bombay. Mr. Y. and Miss B. stayed at Jâjmau with the Bâbû and Mûljî and did not even know when we left or where we went. This underground journey was to me, as well as to the Colonel, the most interesting event of our whole trip, probably because of its mysteriousness....

We had to cut through the thicket for more than an hour, frightening monkeys that were waking, and threw at us all sorts of indescribable objects. Like a flock of forest demon-gnomes, they snapped their teeth at us and peeped with their sharp glittering eyes from behind every bush. Finally we entered a narrow gorge entirely overgrown with shrubbery, but had no time to notice whether it was a natural or an artificial one. The Thâkur led the way, then came I, followed by Nârâyana, while the Colonel and the Râjput servant brought up the rear. Going in single file, we were silent, as the road became very difficult, and it was no time for talking. Finally we began to descend steep, winding steps, at the bottom of which we entered a little glade. On our right, against a lonely rock, stood a small hut, which we entered. It was not light in the forest, as the day had only begun to dawn; but here in this hut, sheltered by thick banyans and backed by the rock which served as a sort of wall for it, complete darkness reigned. The Râjput struck fire and lighted a covered lantern which he gave to the Thâkur. Then, taking the lantern in one hand and my hand in the other, he passed with me, as it seemed to me in this Egyptian darkness, right through the wall. Either because of the novelty of the situation, or as a consequence of constant nervous strain, I must confess that on entering that underground region – unknown to the rest of the world – I felt very much alarmed; however, a feeling of curiosity and shame prevailed and I silently followed him. The lantern feebly lighted our way, throwing but a solitary sharp beam in front of our feet; all around us impenetrable darkness reigned. I was irresistibly drawn by the hand of a powerful figure of a giant, all dressed in white, and whose face appeared to me now darker than night itself... He walked swiftly and with no hesitation. Everyone kept silent, and even our footsteps seemed to produce no sound on the even and soft ground of the passage, as though we were walking on a thick carpet. Notwithstanding the

solemnity of our procession or the Radcliff surroundings, the Colonel, even now, could not keep from joking. "It's a wonderful dark cabinet for calling forth spirits... What a pity we have no medium with us," we heard him suddenly say. In spite of the jocular tone, the mere sound of his voice in this silence made me, and him, shudder. His voice sounded hollow and strained, and at the same time seemed drawn out and coming as if from somewhere above; it rushed far, far ahead, awakening along its path the sleeping echo...

All at once the Thâkur stopped, strongly grasping my hand.

"What is it? Are you actually and seriously afraid?" he asked suddenly, contemptuously stressing the last word, "Your hand trembles as though you had fever!"

I felt the blood rush to my face at this deserved rebuke; but I acted as any other person would have in my place: "reared up inwardly" and tried to excuse myself.

"I am not afraid... there would be no reason to be..." I muttered, feeling in the darkness the eyes of Gulâb-Singh fixed on me. "I simply feel tired..."

"Women," calmly whispered the Thâkur to himself, with some condescension and bitterness, and slowed his steps.

Having no sufficiently weighty proof to the contrary, and unable to object to this new offence, which was as much personal as directed against my whole sex, I swallowed it meekly and was silent. We walked in this manner about a quarter of an hour or even more, on even and soft ground, somewhat sloping, and through a passage that seemed to me to be rather high-vaulted; my old friend continually held me by the hand, the Colonel was already beginning to puff loudly, and I was inwardly grumbling at my lack of strength and the rebuke I had received. The Thâkur stopped, lifted the lantern high, and opened its shutters. We saw in front of us a smooth wall of rock. Not a single fissure was to be seen.

"Look here," said Gulâb-Lal-Singh to the Colonel, "and see this proof of the mechanical wonders our ancestors performed who, according to European opinion, were unacquainted with science. I'll bet you anything that the best mechanics of the West would not succeed in finding the secret of this door! I want to prove to you now that this is no rock, but a door..."

Our inquisitive president, who once had received a medal for the best thesis in mechanics at the Rensselaer Polytechnic Institute of Troy (New York), began carefully to examine the wall. His efforts were a complete failure. Neither his knocking nor his fumbling led to any conclusive result. Meanwhile, taking advantage of the light of the opened lantern, I examined our surroundings. It was a sort of semi-circular room with rocky walls and a ceiling at an enormous height; the floor looked as if it were strewn with black powder.

"If you can believe my word," finally remarked the Thâkur, who was patiently watching the Colonel's investigations, "I can tell you that this passage was excavated and built many thousands of years ago. As you may see," he added, while leaning his shoulder against the corner of the rock, "the Sons of the Sun were well-acquainted with the principle of the lever and the rules of the center of gravity long before Archimedes. Otherwise how could they have invented this?..."

Pressing with his shoulder and turning some unnoticed joint-pin, he produced noiselessly and slowly an opening of some two feet in width and of his own height, not unlike the modern American doors which slide up to their locks inside a wall. But in this case, the door had no handle nor was an opening visible inside the wall...

We all stepped through, and the Thâkur, applying pressure again and moving something imperceptibly, closed the wall. Notwithstanding the insistent questioning and curiosity of the Colonel, he declined to tell us the secret. "It ought to be sufficient that I prove to you that these secret underground passages have existed for many thousands of years in India," he said, "and untold thousands of people have found a refuge here at different times, with the help of those who knew of their existence. No many of those individuals are left today," he added with what seemed to me a tone of sorrow in his voice. "They did not succeed in saving against her will one of the bravest and noblest women of India, the last of the great heroines of our „mother“! (Speaking about their country, the Hindus always call India their "mother".) In a few minutes we will sit down for a rest, and then I will tell you an episode of the last mutiny. In Europe it is almost, if not entirely, unknown..."

We now walked along a broad and high-vaulted corridor. The latter probably had some sort of connection with the outer world, as the air,

though somewhat damp, was fresh in spite of the fact that we were 140 feet underground. Our path continued downhill; and not until the end of the third corridor, beginning with the cave, which I will now describe, did it begin to go uphill again. It was evident that parts of these passages existed at the time when Asgarta, among other cities, was a flourishing town on the surface of the earth. On both sides of the corridor we saw many openings in the shape of oblong squares, which led into other side passages; but the Thâkur did not take us there, remarking that they led to dwellings which apparently sometimes were occupied. That this underground tunnel had been visited only recently was evidenced by the fact that I found an old crumpled envelope with some hieroglyphic signs on it. But of quite a modern pattern and even with glue on the flap. The whole passage, with its corridors, as far as we could judge, was some five or six miles long. Having walked for some three miles counting from the secret door, in other words about halfway between the two passages, we came to an enormous natural cave, with a little lake in its center and benches hewn out of rock all around it. In the water, right in the middle of the little lake, stood a granite column with a pyramidal top and thick and rusty chain twisted round it. While in the passage, we had noticed at times that the darkness grew less intense and a sort of dim light came from the top; in the cave, however, which was probably the lowest point of the underground tunnels, it was as dark as in the pyramid of Gizeh. But here the Thâkur had prepared a surprise for us. He gave the old Râjput some order in a dialect unknown to us, and the latter, as if endowed with the eyes of a cat, went into the darkness, fumbled for something in a corner, and proceeded to light several torches, one after the other, placing them into iron rings fastened in the wall. Very soon the whole cave was blazing with light. Then, tired and quite hungry, we sat down on the rim of the lake and took up our basket of provisions.



Master *EK*

Vishnu Purâna
CHAPTER II

The Great Boar and the Prayer of the Goddess Earth

Then the Lord in the form of the Great Boar stood as his own support and entered the waters to lift the earth up. Then the Goddess Earth saw the Lord coming to the nether regions. She bowed down in veneration and appraised the Lord in great devotion.

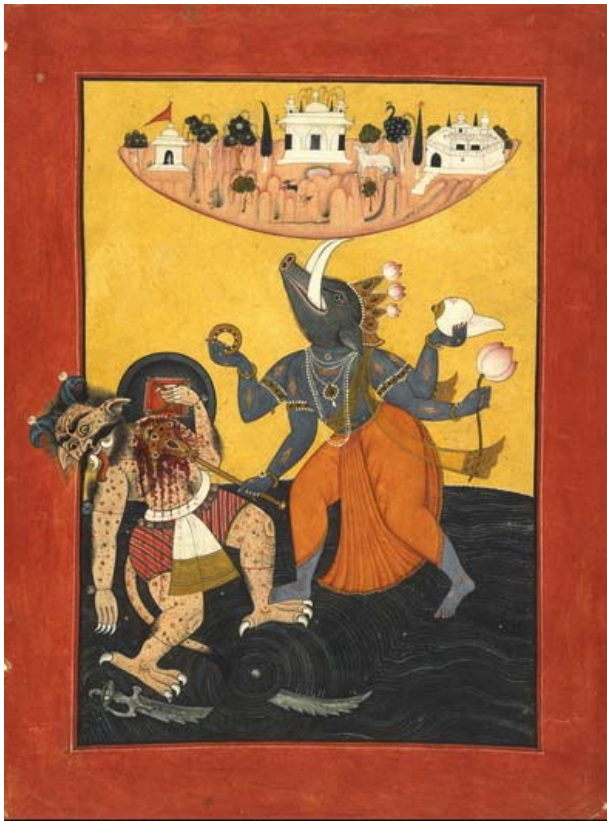
"I bow down to you, the Lord with lotus eyes and armed with the conch, the wheel and the club. You have lifted me up from non-existence to existence. Many times you have lifted me up like this. Even all the created beings are similarly renovated along with the space they live in many times, like myself. You are the spirit of all spirits and you are the masculine principle beyond all principles. I praise you as the manifestation of time, which is the form of the primordial nature. You are the maker, protector and destroyer of all the forms. As the beginning, middle and ending of the creation you assume the role of Brahma, *Vishnu and Rudra. At the end of every creation you devour everything and make a single ocean of the whole existence. You lie floating on its surface upon the couch of the great serpent Sesha. Thus you are meditated by those who can visualise. The truth which is something beyond yourself is never known by any created entity. Even the Devas can worship only the manifest form of yours which comes down as your incarnation. It is by worshipping you in meditation that Brahma and others attain the state of liberation from their conditioned existence into your existence unbound. Who can attain

*Another name of Siva

liberation without worshipping you as the Lord Vasudeva (in the form of the living beings)? Whatever can be grasped by the mind and whatever can be grasped by the senses and the Buddhi are but yourself as your own form. I am filled by your own presence and entirely depend upon you for my very existence. I am created by you and maintain in poise by you. That is why the learned ones call me Madhavi (one who belongs to Madhava, the Lord). Success to you, the splendour of the gross and the unspendable splendour. Success to thy endless splendour beyond differentiation and within the range of differentiation. You are the spirit of that which is within and beyond the universe. You are the unstained formula of the grand sacrifice of the creation. You are the sacrifice and the utterance of the whole creation into existence. You are the OM and the fire that emanates from it. You are the Vedas and their counterparts. You are the grand cosmic personality of the great sacrifice of creation. The sun, the stars and the planets and the asterisms are all your form with all the living beings contained in them. You are the one with forms as well as the formless. You are the seer and the seen. You are that which is spoken of by me and beyond. I bow down to you again and again."

Parasara said: "Having been prayed by the Goddess of earth, the Lord roared out with his form of the sacred boar and there was the sweet sound of the various tunes of the Samas of the Sama Veda (the wisdom that governs the beat of the breath of all the beings). With the globe of the earth rotating upon the short tip of his tusk, the Lord emerged out of the waters of non-existence with his beautiful eyes being opened as the unfolding petals of the morning lotus. From the abysmal nothing of the nether darkness the Lord made his shape emerge with his mouth of the wild boar resembling the blue night lotus. As he emerged with all his body as the dark space above the surface of the waters of non-existence he appeared as the great blue mountain upon the ring of the horizon rotating. As he emerged he created the first movement from under the waters of non-existence which cause the four Kumaras to take their first bath at the dawn of creation. The sound produced by the hooves of the four legs when meditated will wash off the sins of all the beings of the three worlds. The exhalations of the Lord produced gentle breezes that made the beings of Janoloka* awake into existence.

The Goddess of Earth, thus lifted up by the massive form of the Great Boar which was wet with the waters of non-existence, with its droplets being sprinkled by the rough hair on the head and neck of the Lord, is again and again praised by the seers of the old who know the core of the Lord.



Varaha, the Great Boar,
killing a demon to protect te earth.

*Janaha + loka = Janoloka; that plane of existence where the Lord, the persons living in it and the plane itself are One. It corresponds to the Para-Nirvanic plane and to the consciousness of the Ajna centre.

Extracts From The Teachings Sri Suktam

The Nature And The Characteristics Of The World Mother, Part XXV

Dr. Sri K. Parvathi Kumar
Wengen Group Living, Switzerland, May 2002

Seventh Hymn

UPAITU MÂM DEVA SAKHAHA
KÎRTIS CHA MANINÂ SAHA
PRADÛR BHÛTOSMI RASHTRESMIN
KÎRTIM RUDDHIM DADÂTUMEH

It is a prayer to the Lord of desire. Normally prayers to the Lord of desire are not considered desirable. The Lord of desire is called Cupid or in Sanskrit he is called Mara. He is the Son of the Mother, and he has a place in creation. It is he who tricks us all. A prayer towards him makes him friendly to us. As he would not like to trick a friend, we are also worshipping him through a hymn in the whole process of our reaching the Mother. Unless we have the cooperation of the Lord of desire, he will show us many other things of greater importance and of greater temptations, and we get distracted. That is why we are seeking to gain friendliness with that energy which is also divine – the energy of desire is a Deva.

The Lord of desire has a great role to play in the creation. The creation is kept, is held and is maintained because of him. If he is not there, the souls would have no personality. There would be no game. They have to gain personalities, they have to develop concrete minds, they have to develop varieties of desires. They should go into objectivity through the senses. The Lord of desire is also working for the Plan. Don't think he is a devil. His work is not contrary to the Plan. He is the one who helps you to go into objectivity. If he allows you, you can also walk into subjectivity.

So, this hymn is dedicated to him, because he is the most favoured son of the Mother. Her work is creation. Emerging from the Absolute, She details herself and creates worlds and transmutes beings into these worlds and makes them engage in all these planes of existence. The beings are kept busy for Manvantaras. Can you keep people busy for Manvantaras? Even if you entrust someone a work for a whole day, he will try to escape from it. But this Lord Mara keeps all beings busy all the time. That is his skill and dexterity.

Since we are trying to seek the Mother, the light, the consciousness, we need to seek the blessings of the Lord of desire, so that he does not trouble us. People who do real Tapas – luckily we don't – are troubled by Mara. Mara sends beautiful ladies, 90% of serious-minded students they sink with that weapon. That is the last weapon he uses. He has many other weapons. Another weapon is riches and splendour. Still another weapon is fame, name, power – all that was offered to Jesus by Mara. It is just to see, if the man is fit for the Plan Divine. So, the tests of Mara are intensified as much as you progress with your Tapas. It is therefore wise to seek his blessings also.

Nevertheless a prayer to him is helpful. This Mara, the Cupid, is called the 'friend of Devas', because the work of the Devas is to create. Creation means developing layers of illusion, one after the other. As many layers are there of illusion, so much creation happens. If you stand in a lift and have on either side a mirror, you see that you are multiplied in the direction you look to. Is it not an illusion one becoming many? That is the whole creation. If we know that it is all illusion, where is the play? So, he helps the Devas to create the illusions, so that the creation is intact and does not recede back into the source.

You may have studied how difficult it was for the Devas to individualise the universal consciousness. It was such a great work to ensure that the souls distant themselves from the source. You send them out, they come back quickly. Then how could creation happen? Hence they had to take the help of Mara. He manifested so well that today, if the beings are called back, they don't want to go back. They don't want to go back, even if the time is up. They want to hang on to illusion. That is the great work of Mara who is the Lord of illusion. You can't reach the Mother, much less the Father, unless you gain his favour.

So, the hymn says:

Upaitu Mâm – “O Lord of desire sit with me. Don’t pull me here and there. Be favourable to me. You are friendly even to the Devas. Be also friendly to me.”

Deva Sakha – the friend of the Devas. So, Cupid who is the friend of the Devas is sought to be propitious, to be favourable, so that the man gets enough fame. What is the fame? The fame the scriptures speak of is of the order of the fame of Rama which never dies. The fame of Krishna, the fame of Buddha, the fame of Christ – they are eternal. No one can ever reduce their fame. As time passes by, the fame keeps on magnifying.

The other fame, the mundane or worldly fame, which we see disappears along with you, and many times disappears even before you. If you are the Prime Minister of the country, every day you are in the front page of the newspaper. Many times your photograph is printed. All that is not real. The moment you cease to be Prime Minister nothing about you is reported. What kind of fame is it? When you have money, people are around you. When you don’t have money, people run away from you. It is not fame. Fame is that which remains forever and ever and ever. How do you get such fame? See, all the initiates they are remembered more after their life than during their life. No one ever bothered about them, when they are in the body of flesh and blood. They also did not bother for that kind of fame. But they got such a fame which cannot be erased. What is the secret? The manifestation of the Divine Will! Only that gives you the related undying fame.

So, the prayer to Mara is: “Don’t push me into all those petty things. I know, if you wish, you can push me, and I don’t have the strength to stand against your will. If you are friendly, I won’t be pushed into those things. I will be able to gradually tune up to the Divine Will and conduct acts of goodwill which eventually result into eternal fame.” That is the kind of fame. He says, “Bestow me that kind of fame or reputation, the undying reputation. Let me not be just in the memory of people for a short while.”

There are beings who cannot be forgotten until the end of the Kalpa, that means, one universe. There are also initiates who survive Kalpas and again are remembered. Such should be the fame, and the key to such fame is service, sacrifice, acts of goodwill. “Push me into those areas.

Don't push me into other areas." That is the prayer. And he says: "Along with fame, please give me some gems, some diamonds, some precious stones." As usual like cows and horses, the gems are also symbolic. Gem is self-effulgent light. Diamond is light by itself. It is not lighted. It is a piece of light. Naturally and inherently it carries light. There are gems in sacred places. If you hold that gem, it spreads light to the entire surrounding. The best of such gems is in Shambhala. The next best is in Sravasthi under the care of Lord Maitreya. These gems have such a global impact, and the great Masters stand as guardians to them. Nicholas Roerich had the good luck to see the gem which is in the cave of Lord Maitreya. In all festive days Lord Maitreya comes to the ritual holding the gem with great veneration in his two hands and keeps it around his chest. So, the gems that the student is seeking are the gems of thought and the gems of speech. The teachings of the great ones and the acts of the great ones they don't die. Even after thousands of years we recollect what they have said and what they have done. So, the student prays, "Please ensure that I am also ensured with those gems, and with the help of those gems let me do acts of goodwill in my state."



Nicholas Roerich: Chintamani

cont.

This text is not proofread by the author and might have some mistakes.

Paracelsus Health & Healing

A Prophecy



“As a few decades elapse there would be a happy union between the medical profession and healers with true spiritual perception. The medical science will find simple ways of treatment, which are nearer to the laws of nature,” says a seer.

In the medical profession there are, here and there, true thinkers who look for more satisfying solutions to restore health than what exists today. From out of them, it is possible that trendsetters could be born like Paracelsus, Hahnemann, Kent etc. These thinkers are growing in number due to the dissatisfaction they experience in the wild jungle of antibiotics, cortisones, sleeping pills, pain killers, radiations, chemotherapies etc.

They cannot as yet embrace the so-called spiritual healers whose weaknesses and limitations are too many. These thinkers would grow out of the genuine need they feel for true treatment of the patients. When the feeling grows deeper and touches their heart, they would intuitively perceive certain dimensions called ‘spiritual’, which would incline them to look fresh at the esoteric teachings on health and healing. Since their search is with a scientific approach, they find the truth of spiritual laws, one by one. Their understanding of these laws would be more balanced and less emotional. What little they perceive would be far more true to them than what a faith based healer says. But as the physician progresses he finds the hidden science in the faith claims of spiritual healers.

This apart, more and more men and women of spiritual orientation will enter the medical profession and gradually perfect themselves in

the techniques of orthodox medicine and in the exoteric knowledge of anatomy and pathology. They would further equip themselves with the remedies as are available. They would add their understanding and knowledge coming from esoteric learning and combine with the growing numbers of true thinkers that are in pursuit of holistic healing.

In the meanwhile the healers can take to the learning of physical anatomy and pathology and the physicians can learn the occult anatomy as well as the pranic pulsations and glandular functions as given in the esoteric literature.

Open-minded thinkers are growing in both the fields, which would enable dispassionate consideration of each other's claims. Repudiating the claims of each other is infancy. Considering the truth of the claims with a gentle attitude is maturity.

The sincerity of majority of those who belong to different schools of thought is unquestioned, but at the same time there are also charlatans to be found in a very small way. These are generally self-seeking ignorant exploiters. They are in general commercially oriented. This minority section generally controls and limits the majority. This is the case in all walks of life. A selfish, non progressive minority limits and controls the majority. Nevertheless sincere investigators and lovers of humanity in both the groups are the future hope of the medical science. The need of humanity would bring about the desired orientation in all the different schools of thought relating to the medicine. The physicians would commute to bring the gift of new era healing.

Dr. K. Parvathi Kumar

Extract from: Paracelsus – Health and Healing

With a subscription you support this important work (€ 77 / year).

* Contact: Paracelsus-Center, Wasenmattstr. 1, CH-8840 Einsiedeln
Tel.: +41-554220779, Fax: +41-554220780, E-Mail: info@paracelsus-center.ch
Web: www.paracelsus-center.ch

Children's Section

The Doctrine of Ethics*

THE POETRY OF THE UNIMAGINATIVE,
THE PASSIONS OF THE INHIBITIVE,
THE FAILING ARCHERY OF THE HUNTER
ARE WASTEFUL VANITIES.

Grow

Dear Children

For the ones on the earth, the planet, the stars and the sky are fascinating. But do you know that for the beings in the sky Earth is fascinating. They miss the Earth as much as we miss the sky. What is the way to experience the Earth and the heaven? Expansion is the way. Being on Earth men can expand to experience the heaven and beyond. One has to train one's mind to be hungry for knowledge. To know what is already known by theosophists, philosophers and scientists is the first step towards it. To strive for knowledge is the second step. When you develop the taste for knowledge you would start growing and that growth enables expanding one's comprehension. Do not limit yourself to food, drink, dress, play and sleep. Striving for knowledge is noble. If not life ends ignobly.

Dr. K. Parvathi Kumar

Dates of the Next Travels

Dates

10th Jan – 25th Jan 10

Program

Guru Puja Simhachalam, Group Living with the Western Brotherhood, Tour to Kumbhakonam

During these dates you won't be able to contact Dr. K.P. Kumar.

You find the updates on: www.worldteachertrust.org/vaisakh15_e.htm

* From the book THE DOCTRINE OF ETHICS by Dr. K. Parvathi Kumar, Dhanishta Edition

** See www.jugendforum-mithila.de

WINDOW TO WORLD SERVICE NEWS & ACTIVITIES (Inputs welcome)

Group Reports: Germany

Name of the group: WTT Group of Berlin

Contact: Karin Richie

Address: Söhtstrasse 28, D-12203 Berlin

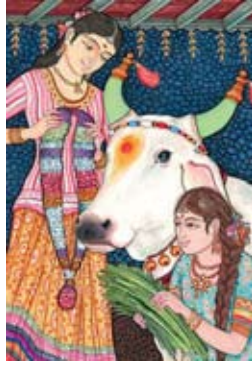
Phone/Fax: ++49 +30-8227631 **E-Mail:** karinrichie@googlemail.com

ACTIVITIES

- On a regular basis we give donations for charitable purposes of for example schools in India. In addition we support the Paracelsus Healing Centre in Einsiedeln as well as the monthly published Paracelsus Magazine by a monthly donation. In addition we take out a subscription of the Paracelsus-Magazine as a donation for one brother in Argentina every year.
- On an irregular basis one group member takes clothes for children and young adults to the Arche, an institution for children in need.
- In addition we spend money on a regular basis for food for children and give it to an institution, which was founded only a short time ago. It is called "Familienschutzwerk Berlin". On the 7th November (Good-Will-Day) we arranged a special group activity in this institution by preparing and sharing a menu (an activity of several group members) consisting of three dishes. Besides we handed over a bigger money donation on this day. For this purpose we also got money and donations in kind from group members of the big WTT-Group we want to thank for once again here.
- At irregular intervals we visit energetically important locations in Berlin like the Room of Silence at the Brandenburg Gate or the Gedächtniskirche for example.

- One group member consults and supports people in every day life and healthy nutrition and helps by the Bach-Therapy with Bach blossoms and Light-Therapy on a donations' basis. The received donations are passed on for charitable purposes.
- Two group members translate articles for the Paracelsus Magazine regularly.
- One group member helps in making the layout of the Paracelsus Magazine.
- One group member helps digitising the cassettes of the seminars.
- One group member helps in organizational issues in the organization "Weißer Ring" (victim assistance).
- At irregular intervals one group member neutralises the handy poles that emit very damaging electrosmog.
- One group member is doing nonpaid astrological consultations.
- One group member is a "reading mum" at a primary school in Berlin.
- One group member helps maintaining the website of the WTT.
- We produce EMa (Effective Microorganisms) and distribute them. At irregular intervals we pour them into the rivers and lakes of Berlin for regeneration.

Still we are trying to integrate the teachings of Master Kumar into our daily life

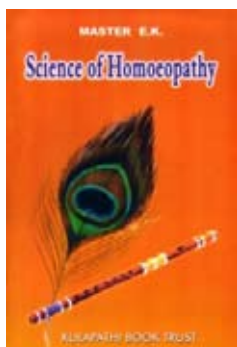


COW

Devotional songs sung on Cow, donation of Cows, early morning *darshan* of Cows bring much luck to human beings.

Where a Cow stays agitated, hungry, thirsty or frightened there humans meet with excessive conflicts leading to unhappiness.

Where the Cows live peacefully enjoying food and drink where its breath remains rhythmic due to the poise, there the negative energies are warded off.

Book review**SCIENCE OF HEALING**

This small booklet contains the teaching notes that Master EK has used during the years. He had a rich experience of practising and teaching Homoeopathy. The definitions of health, symptoms, acute and chronic diseases and their treatment, as well as the study of the basic principles of Homoeopathy are all given in a clear and impressive manner.

This book is not only interesting for homoeopaths, who find here far-reaching insights, but also for the layman who wants to understand the wisdom underlying homoeopathy.

Ekkirala Krishnamacharya: Science of Homeopathy

Copies: The World Teacher Trust, info@worldteachertrust.org

**OCCULT MEDITATIONS**

These are occult meditations. Working with them enables psychological adjustments, which would lead to occult experiences. They would ultimately lead to experiencing the Divine. These are the meditations given to Master E.K. by those whom he followed (Hie-rarchy) to those who follow him. The meditations are global in their concept. Every day in the morning the student is advised to study

a meditation relating to that day and contemplate upon its thought.

The commentary for these meditations by Master K.P.K. has come forth due to the sincere demand of groups all over the globe.

Dr. K. Parvathi Kumar: Occult Meditations

Copies: The World Teacher Trust, info@worldteachertrust.org

Astrological Important Days in January / February 2010

20.01.	05:27	☉ → ♒ / Sun enters Aquarius		
♀		☉ in ♒ – Every Sunday (24.01. , 31.01. , 07.02. , 14.02.): Invocation of Aquarian Energy via Master CVV		
22.01.	23:38	☾ 8 th phase of ascending moon starts	☉ 02°48' ♒ / ☽ 26°48' ♏	
♀		(End 23:57 on 23.01.)		
25.01.	22:17	☾ 11 th phase of descending moon starts	☉ 05°48' ♒ / ☽ 05°48' ♏	
☽		Contemplation upon the Third Eye (End 20:19 on 26.01.)		
29.01.	11:02	Phase of full moon starts	☉ 09°23' ♒ / ☽ 27°23' ☾	
♀		Downpour of Aquarian Energy via the third eye unto all the centres of the body		
30.01.	07:17	☉ Full moon of Aquarius	☉ 10°15' ♒ / ☽ 10°15' ♏	
05.02.	12:53	☾ 8 th phase of descending moon starts	☉ 16°34' ♒ / ☽ 10°34' ♏	
♀		Contemplation upon Master CVV (End 12:56 on 06.02.)		
08.02.	15:17	☾ 11 th phase of descending moon starts	☉ 19°42' ♒ / ☽ 19°42' ♏	
☽		Contemplation upon the Third Eye (End 17:21 on 09.02.)		
13.02.	01:11	Phase of new moon starts	☉ 24°10' ♒ / ☽ 12°10' ♒	
♂		New moon point of Aquarius: Contemplation upon Mahâdeva, the Lord Absolute, into whom all the worlds recede – Śiva Râtri; Contemplation upon 'The Pledge'		
	11:40	23 rd constellation Dhanishta starts		☽ 17°20' ♒
	21:00	Dhanishta- Meditation (End of Dhanishta-constellation at 14:43 on 14.02.)		
14.02.	03:51	☾ New moon of Aquarius	☉ 25°18' ♒ / ☽ 25°18' ♒	
18.02.	19:35	☉ → ♓ / Sun enters Pisces		
21.02.	13:57	☾ 8 th phase of ascending moon starts	☉ 02°47' ♓ / ☽ 26°47' ☾	
☉		(End 13:18 on 22.02.)		
24.02.	10:02	☾ 11 th phase of ascending moon starts	☉ 05°39' ♓ / ☽ 05°39' ☾	
♀		Contemplation upon the healing energies (End 07:29 on 25.02.)		
27.02.	21:21	Phase of full moon starts	☉ 09°08' ♓ / ☽ 27°08' ♏	
♂		Contemplation upon Mitra-Varuna, the not untrue beings		
28.02.	17:38	☉ Full moon of Pisces	☉ 09°59' ♓ / ☽ 09°59' ♏	
07.03.	04:12	☾ 8 th phase of descending moon starts	☉ 16°26' ♓ / ☽ 10°26' ♏	
☉		(End 05:23 on 08.03.)		
10.03.	09:41	☾ 11 th phase of descending moon starts	☉ 19°40' ♓ / ☽ 19°40' ♏	
♀		Contemplation upon the healing energies (End 12:22 on 11.03.)		
12.03.	18:00	23 rd constellation Dhanishta starts		☽ 17°20' ♒
♀	21:00	Dhanishta- Meditation (End of Dhanishta-constellation at 21:02 on 13.03.)		
14.03.	20:01	Phase of new moon starts	☉ 24°05' ♓ / ☽ 12°05' ♓	
☉		New moon point of Pisces: Contemplation upon 'The Pledge'		

All times are in MEST (middle european summertime).

From: »Astrological Calendar 2009/2010«;

Publisher: The World Teacher Trust - Global, Wasenmattstr. 1, CH-8840 Einsiedeln.

Great Invocation



Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



All names together utter the name of God.

A prophecy thinks from darkness to light.

Prophecy is fulfilled.

Abraham, Moses, Isiah, Jacob put together form Jesus!

Master CVV