Vaisakh News Letter

HAMSA SIVA SOHAM

Ⅱ

Gemini 2021 Mithuna

Letter No. 2 / Cycle 35 – 20th May until 21st June 2021
The World Teacher Trust - Global
May the Light in me be the light before me
   May I learn to see it in all.
May the sound I utter reveal the light in me
   May I listen to it while others speak.

May the silence in and around me present itself,
    The silence which we break every moment,
   May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
    Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
    Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
   May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master EK
Contents

Master E.K. • Invocation ................................................................. 2
Prayer of the Year 2021-2022 ............................................................ 4
Message of the Month ................................................................. 6
Message of the Teacher .............................................................. 7
Utterances of Lord Krishna .......................................................... 8
Lord Maitreya ........................................................................ 8
Master Morya • Maruvu Maharshi .................................................. 9
Master Koot Hoomi • Devapi Maharshi ......................................... 10
Message of Master E.K ................................................................ 11
Message of Master C.V.V ............................................................ 12
Vidura Wisdom Teachings .......................................................... 13
Saraswathi ............................................................... 14
Ashram • Regulations for Entry .................................................. 15
On Secret Doctrine ................................................................. 16
Saturn ........................................................................ 17
Discipleship ...................................................................... 19
The Teacher/Sound/OM Namo Narayanaya ................................. 20
Mystic Mantrams/Invisible Master/Rudra .................................... 21
Sanat Kumara .................................................................... 27
From the Teacher’s Pen .......................................................... 28
The Wisdom of Nakshatras ....................................................... 29
Uranus ......................................................................... 32
Vishnu Sahasranama Master EK ................................................ 34
Paracelsus • Health and Healing ............................................... 37
Dimensions of Ancient Wisdom ............................................... 40
Stories for Young People .......................................................... 42
Window to World Service ....................................................... 44
Image of the Month ............................................................... 46
Book Review .................................................................... 47
Astrological Important Days .................................................... 49
Master D.K • Great Invocation .................................................. 50

Dr Sri K. Parvathi Kumar is President of the ‘World Teacher Trust’ and Founder of the ‘Vaisakh Newsletter’. The Teachings given in the name of the Masters are seed thoughts expressed by them. They are elaborated and described by Dr Sri K. Parvathi Kumar for easier comprehension of an average group member.

Contact: The World Teacher Trust • Global

The Vaisakh Newsletter in English and French: info@worldteachertrust.org; German: wtt@kulapati.de, Spanish: WTT Argentina: wtt@wttargentina.org, WTT Spain: info@wttes.org; Brazilian Portuguese: brasil@worldteachertrust.org
Prayer of the Year 2021-2022

Tables turn. Time tables framed. Planetary adjustments.

Levels set in squares. Set-squares erected.

Right angles established. Wrong angles adjusted.

Accounts squared up.

Occult Meditation 86

Full Moon of Gemini, 26 May 2021, 01:14 pm CEST (UTC + 2)
Message of the Month of Gemini

The unfoldment of man itself is a ritual governed by Gemini. Gemini is the sun sign where one becomes two and develops a relation with the second. The second as well develops its unfoldment by the support of the first. Their relation is beautiful. It is fraternal to start with and male-female at a much later stage. They are equals that share responsibilities between them. They are friends, twins and brothers. No one should dominate the other and vice-versa. Throughout the solar year of ten months from Gemini to Pisces they are supposed to work out as ideal complementaries to attain their perfection.

Man’s success in any world depends upon his ability to relate. It is a relation between the center and the circumference, which is worked out through wisdom. As you relate, you are related to is the dictum of Gemini. As you neglect, you too are neglected. As you choose, you too are chosen. As you reject, you too are rejected. As you love, you are loved. The science of relation in creation is a profound science by itself.

Androcles even as a boy related well towards a lion when the latter was in crisis. The lion too at a later date related well to Androcles. The wisdom that lies behind is one of friendliness.

Gemini is the door that one has to pass through to experience successive states of harmony. Unless you know how to relate, the door does not open.

Aspirants need to build a right relation with all that surrounds him to successively open doors into the Temples of Harmony. Gemini is the Sun sign of masonry too.

Androcles with the lion
Message of the Teacher

The Divine and Divine Personality

The king celestial in mythology is but the personality of the Divine. Even divine personality should be distinguished from divinity. The divine personality has the facility of Jupiter being the guide. Invincible sword is his main weapon. The divine angels are his army. Even the invincible white elephant is his vehicle in war. Yet, many times the divine personality encountered dark forces and lost. Only in association with the divine soul he regained his original status. Disciples build personalities, even grand personalities, yet, their personalities are not equal to the divinity itself. Divine association is but essential even to the grandest divine personality.
Utterances of Lord Krishna

A knower does not,  
He neither commences nor desires any.  
In him nothing sprouts.  
The fire in him is ever at flame.  
(4-19)

A knower is ever contented.  
He is ever self-supporting.  
He is ever in action.  
But never seeks any.  
In him ‘I’ rejoice and he rejoices in ‘Me’.  
(4-20)
The fear and suspicion are the poisonous seeds that destroy all around. They develop doubt and mistrust, and let not the native either to study or to do an act of goodwill or even to align with men of knowledge. Men of knowledge can easily be identified for they are ever welfare oriented, aligned with the Divine in them and remain eternal students. In their activity there is little to doubt or fear. Their daily life is one of transparency. To trust a man of knowledge is like tagging on one’s boat in a river with a ship that moves in consistent speed. Association! Association with men of goodwill is but a gift of God. It enables us to gain goodwill and the related virtues which fuel the life for forward movement. Trust the association of men that pledge for goodwill. Such associations existed in the past. Such associations are the only key for progress in the present. The Hindus did it, the Greeks also did live in groups, so are the Hebrews and the Egyptian magicians. Realize the importance of groups of goodwill.
Master Morya  
*Maruvu Maharshi*

**Limits of Ability**

One should know for certain one’s ability and its limit. No one can assume ability. Assumptions are dangerous on the path. One’s own conviction of one’s ability or inability is of great consequence.

One cannot jump into a work which one cannot do. Assess self-ability before you resume a responsibility. A tamed animal’s ability is distinct from a wild animal. A domesticated cat cannot meet a wild cat. The Saccas¹ bear rice bags on their back but not an Athenian.

A mosquito cannot enter a whirlwind and survive. Let there be no overestimate of oneself. All monkeys cannot be Hanuman. All disciples cannot be Masters and all aspirants cannot be disciples. One is foolish if one assumes himself to be more capable than what he is. According to the load of the building the strength of the pillar should be. Weak pillars are bound to cause a great accident by a sudden collapse.

Not all can be HPBs. Many assume to be so, but they are like fireflies before a fiery lamp.

A fair estimate of one’s ability is by itself a special wisdom.

---

¹ Ammonius Saccas (175 - 242 AD) was a porter and philosopher from Alexandria, Egypt.
Recollect Sambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.
Among the three sounds of the sacred word ‘A’ is the most sacred ‘U’ and ‘M’ are sequentially important.
Shamballa stands for A. A is Will of God. U is the Knowledge. M is Activity. It is the Will of God which holds the creation, the solar systems, the planetary systems as also the lives of every being up to the ant. The Will of God is invincible and is greater than the Life and Love. It is this Will that is downgraded as desire in the lower planes of existence. Where the Will is pure, all others burn and merge into the Will. Will enables transcendence. Shamballa is the center of transcendence for the beings of this planet. The Time and Nature cooperate with Shamballa. Only the White Brotherhood of the planet resides in Shamballa and explores the endless Will of God.
Message of Master E.K.

Key to Scriptural Study

When we read scriptures with veneration, our mind is replaced by the scriptural mind. The scriptural mind reveals what is in the scripture and we live in that state of mind experiencing the truth of scripture. As our mind tends to be a scriptural mind, it is experiencing the truth itself. The key to scriptural study is to become one with it and live in that mind.

Mikalojus Konstantinas Čiurlionis (1875-1911)
Gemini
105. In due course the prayer may even happen up to 90 minutes. Be not agitated of it.

106. All diseases however deep in you are expelled through prayer. Keep your attention upon the activity in prayer not upon your sickness. Your sickness is my responsibility as well.

107. Attend to sickness as others do. Do not be irresponsible towards it. But know that I am your doctor. Your cure is in my hands. Be attentive of prayers while in sickness. Sickness does not interfere with your prayer. Continue the prayer even on the bed when the hour strikes.
Vidura

Teachings of Wisdom

Acts of evil dim the light of discrimination.

PRACTICAL WISDOM

The purposefully raise a family is as good as raising a group. Family is natural group and can sustain values for generations.
The demon of encirclement works as the principle of encirclement in Creation. It doesn’t get encircled, but it encircles others. The principle works as a habit-forming principle. It is THAT functioning in tune with the Plan to cause encirclements. Unless there is circumscription, the manifestation of Creation cannot happen.

Normally we are caught in our own idea of work. Repeated functioning causes certain crystallization. We lose flexibility. We become rigid. Any changed situation is painful because it is not in tune with our crystallised pattern. We try to advocate only the pattern we know and insist on it. We resist other patterns and reject them. This is arising out of our habit-forming nature. We form a habit and we cannot come out of it.

We form a habit of meditating before an altar. We need incense, flowers and candles. Suppose at six o’clock we are at a place where none of these is available. Does it prevent us from meditation? The moment one thinks of meditation, all the ancillaries of meditation come to the mind, but not meditation. It is a discipline to light a candle, an incense stick, have a picture of a Master, but we cannot be a slave to it. It is needed and also not needed. We should follow a habit with respect, without having to die if we are to go through without it.

This is the major problem of the modern man, we crystallize our patterns, insist on them, reject and even ridicule other patterns. In effect we are slaves of patterns developed by us. These patterns condition us, while they also enable us to anchor well, but we should not anchor knee deep or neck deep so that we cannot come out of it.
Our habit with the heating system in winter, cooling system in summer, make us weak inherently. Our habit of sitting in chairs disable us to squat. Eating with spoon and forks disable us to eat with hands.
Likewise, our habit binds us to a name and a form of God and also a mode of worship. We deny other names, other modes, other disciplines. Is this not the limitation that is sweeping humanity, causing bloodshed, discord, hate, and sustained enmity?
It is good to develop a rhythm and the related habit. But it is also equally recommended that we retain the ability to adopt to changing situations. Retain this freedom. Keep some space. Do not suffocate.

PRACTICAL WISDOM

A Teacher does not decide for you.
He can help you to reach decisions.
Indecision is also a decision.
Decisions happen even when you don’t decide.
Speech can be used for purposes of goodwill or for the purposes of evil. The former is divine and the latter is diabolic.

Only on learning the proper use of speech, one is introduced into the ‘sound’ related to the magical work or the occult work for transformation.

The primary aspect of work is related to the ‘appropriate speech’. The advanced aspect relates to ‘utterance of word’.

When one embarks upon uttering the sounds, one is instructed to listen to what is being uttered. As he utters, he should also listen. Uttering without self-listening does not initiate the magic. As one utters and listens consciously to the utterances in the throat, the related impact transforms the throat. The sacred sounds have such ability to purify and transform the Throat Centre. One cannot purify oneself only by endeavouring to entertain pure thoughts. Pure thoughts do not occur as long as purity in speech is not gained. Once purity in speech is gained and sacred sounds are uttered, such utterances open doors for inflow of pure thoughts. When an impure mind proposes pure thoughts the proposal suffers infant mortality. The proposal will not stay alive as it is basically a proposal coming from an impure mind. Impure minds bring impure thoughts only. Unless the mind is purified, not much can be gained in terms of transformation. Therefore, as one applies the key of sound upon oneself and consciously listens to the utterances in the throat, throat gets purified and transformed.
On Secret Doctrine

Way to Paramapadha

The way to Paramapadha or the immaterial world, from this world, is called DEVAYANA. DEVAYANA means the journey of the gods. It refers to the path by which those who achieve liberation from the cycle of births and deaths through the austerities and renunciation go to the world of the sunlit path of the immortals.

When a person has attained salvation and the body dies, the soul goes with Sukshma Sarira (the subtle body), the mind and the vital energies which keep the physical body alive. Together with the causal body, it is the transmigrating soul. Upon death, the soul separates from the heart of the body and goes to the Brahmarandra in the crown of the head. In this, it traverses Sushumna, a nerve connecting the heart with the Brahmaranda. The soul breaks through the Brahmarandra and goes to the region of the Sun (Suryamandala) through the solar rays. Then it goes, through a dark spot in the Sun, to Paramapadha, the immaterial world. On its way, the soul is directed by supreme wisdom acquired by Yoga. The soul thus proceeds to Paramapadha by the aid of Athivahikas, the “Bearers in transit” known by the names of Archi-Ahas, Adityas, Prajapathis etc. The Archis are certain pure souls.

According to Hinduism, after the departure from here, there are three paths:
1. DEVAYANA: this is the path of immortals, lit by the Sun. By following TRUTH alone one can travel by this path. This is the path of liberated souls.
2. PITRUYANA: this is the path of the ancestors, lit by the Moon. The other name for Pitruyana is Chandrayana, and whoever takes this path has to come back on earth.
3. Adhoyana: this is the path of sinners, who are covered in darkness.
Saturn

Karma

The Journey 1

Individual karma is one aspect, and there is also the divine karma, the divine plan. The movement of the planets and the movement of the zodiac are according to a divine plan, that is also called karma. People wrongly use the word karma. Karma is divine. The divine karma is more powerful than the individual karma. The globe itself is evolving. When the ship itself is travelling towards the East, then, even if we are not mindful of the travel, we are still taken to the East. The ship is coursing towards the East (towards the light). There are many people in the ship, some of them know the plan of the voyage, others do not know it, but both are taken to the same destination! That is the divine karma. The one who knows, feels the thrill of it during the travel. The one who does not know, is also taken care of, but does not experience the thrill.
Discipleship

The Qualities of Sound Mind
(From the Laws of Right Relationship)

Glamour and Illusion 5

Glamour produces a condition of deception, error and misplaced fervour that can only be overcome by an illumined mind. Those under the influence of glamour must use the mind’s discriminating and analyzing faculty to rationalize themselves out of it. They must face facts, must subject a situation to calm, cold scrutiny. Glamour can be gotten rid of by recognizing it, by stern discipline and common sense, by giving no time to it, by devotion to service, by fresh interests of a mental and spiritual kind, by acquiring vision, by a soul-directed life. It is never immediately dissipated, but persistent effort will weaken it and slowly cause it to vanish.

We turn to the world of illusion, the dominating and controlling factor yet in the lives of the best of men. Illusion is characteristic of minds of those who are more intellectual than emotional. An illusion can be described as an idea or ideal, and which excludes all perspective and reality. This illusion ties, limits and imprisons, and we find emerging a fanatic, a vague idealist, a visionary or a sadistic enforcer. These illusions originate in the efforts of many men and groups to impose their ideas of truth, religious or other, upon mankind. That which they bring to its interpretation is inadequate and their limitations produce misapprehension, misinterpretation and misapplication.

A disciple
The Teacher

79. Nijanayakam

Self-mastery

A Teacher is one who remains an eternal Self, whose other names are the Master, the Sad Guru, Ishwara and so on. Ishwara is in the BE-ness of all that is. A Teacher takes position in that state of BE-ness and therefore does not step down to other modifications. He may permeate through them thereby descending for a specific activity and ascending once the activity is done. To descend and to work and to retreat once the work is done is the true mastery. Neither a name nor a form nor a concept binds one who is a Master. He lives as a Master at all times although he may play different roles at times. He would not delink with this original state of BE-ness even while he descends into the folds of nature. He is unaffected by the illusions emerging from the natural modifications around him. He stays connected at all time and such is his mastery.

*Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart.*

**PRACTICAL WISDOM**

The Teaching should be read daily, because each day provides new opportunities for its application.

From the Teachings on Agni Yoga.
3. Filter the speech to eliminate avoidable speeches 2

We have to see how much we need to filter out of our own speeches. We are also instructed not to speak of wisdom. Too much speaking about wisdom is harmful. Wisdom is for practice, not for continuous speaking. If we keep on speaking about the Masters, the Rays, and the Hierarchies, we are only missing our duties for the present.

A man who is overindulgent in speech, forgets what he has to do. It gradually goes to break his will to do. A man who is accustomed to speak more than required, gets slowly ineffective in doing. Never teach anyone to speak, teach everyone to act. Teaching to act is by acting and not by speaking about actions. If I keep on teaching you about how to act without myself acting, those who follow me also believe in speaking about actions.

There is a beautiful story in the Scriptures about it. One person taught his dog how to speak. The dog speaks because of the teachings given by his master. Gradually the dog got the habit of speaking, and it spoke quite well. It was a miracle that a dog spoke! The master of the dog wanted to present the dog before the king, to show the skills of the dog in speech. When the dog was presented before the king, along with his master, the master told the dog: "First salute the king", the dog repeated: "First salute the king". The master said: "No, no, don't speak, first salute the king". The dog said: "No, no, don't speak, first salute the king". The master said: "No, no, don't speak, speak, first salute the king". The dog was not trained for the action of salutation. The king felt offended, for, even the dog is not respecting him. The master of the dog was in trouble.
OM Namo Narayanaya

Meaning 5

At macro level, there are formations and dissolutions. At micro level also, there are formations and dissolutions. These formations and dissolutions enable apparent form for a period of time. The very sound Narayana means this. ‘Nara’ stands for energies of space, which are also called waters of space. ‘Ayana’ means the currents of formation and dissolution. These Ayanas are in an involutionary and evolutionary movement. Energies move downwards and upwards. To express more precisely, they move from invisible to visible and from visible to invisible, which is an eternal process. When they move from invisible to visible, there is formation and from visible to invisible, there is de-formation. While formation happens on one side, de-formation happens on other side, keeping the form intact. This whole activity eternally happens. A creation comes out, forms itself and gradually dissolves into itself. The Vedic seers visualized innumerable creations happening concurrently in space and each creation has fundamentally these four states of awakening, detailing into form, formation and de-formation. All these happen upon the background of Existence. The energies are in an eternal process of manifestation and de-manifestation. When they are in the manifesting arc, the sound is ‘Ra’. When they are in the de-manifesting arc, the sound is ‘Na’. The movement of currents (Ayana) are related to the sounds ‘Na’ and ‘Ra’ alternatingly. Therefore, the sound Narayana also means alternatingly manifesting and de-manifesting energies.
Mystic Mantrams

Equator Equal

The magnetic lines of force that are planetarily at work with this earth are caused by the musical vibrations of Neptune, that are transmitted to earth via moon. This moon principle produces the magnetic lines of the earth in a perfect design or pattern. The diurnal path of the sun along the equatorial belt causes an inductional coil, which affects the magnetic field of the earth. One of the results of this rotation is the manifestation of the electro-magnetic phenomenon which is the vital plane of our earth. This is technically the ‘Plenty of Prana’ in the language of Master C. V. V.

This galvanizes the constitutions of the various beings on the earth into life. Each ray of projection into individual life has the planetary intelligence and solar intelligence which supplement each other. This supplementation sets up the chain actions of the evolution of the matter of this earth into the bodies, senses, minds and souls of the various Monads (Jeevas). Each Jeeva has its own earth principle in the physical body, moon or mind principle in the astral and mental bodies, and the sun principle in the Buddhic body. The various apparent angles between the Sun and the Moon relative to the earth will condition the tides of the earth as well as the moods of the individuals.

These moods produce distorted magnetic fields around each constitution of man. When the mind is suspended and experience on the higher Buddhic Plane is at work, the distorted individual magnetic patterns recede into his normal healthy patterns which are archetypal. Gradually they fit into the earth’s magnetic field in a most artistic manner and work one with it. Just as the inequality of the duration of day and night at the solstices is gradually squared up as the earth traces the path of annual ring until the equinoxial day is reached, so also the inequalities of individual magnetic field recede until an exact correspondence and fitness is found with the field of this earth. Just as on the equinoxial day the Sun exactly traces the path of the equator, the inner
consciousness of the disciple traces the experience of the higher Buddhic level until the consciousness merges with experience. Just as the duration of day and night on the equinoxial day is exactly equal at the equator, so also the individual duration (time consciousness) merges with the experience (which has no duration). This stage of poise is called Ananda (the plane of Bliss) by the ancient seers. It is termed EQUATOR EQUAL by Master C.V.V.

For a person who has reached this level, his constitution bears a full correspondence with that of the earth. The brow centre is located in the North Pole, the base centre is located in the South Pole. The head centre is located in the Pole Star. The null point between the magnetic lines of navel centre and heart centre is located on the equator. This null point is also a null point between the emotions and love of a man. Emotions with their lines of force of like and dislike belong to the Solar Plexus. Love belongs to the heart centre. This is of two types.

(A) Love for a form, colour, sound etc., which is the love applied to an object. This is controlled by the disciple on his path of the ascending KUNDALINI crossing his heart centre.

(B) Pure love is beyond any object. It exists in the form of love as experience. This love is experienced by the disciple in his path of compassionate descent from the upper Chakras. This descent means sacrifice in the path of the Yoga of Master. The emotions of the solar plexus are gradually neutralised by the love of the heart, when EQUATOR EQUAL is achieved as an experience of absolute poise or Yoga state. “Yoga is (a multi-dimensional) equi-poise” says Lord Krishna in Bhagavad Gita.
The seeker who intends to enquire into the source of his being and to see or listen the unseen Master needs to walk into these subtle planes. The three subtle planes are explained as Madhya, Pasyathi and Para. When they are explained as six (6), they are described as Vital Plane (Pranamaya Kosa), Mental Plane (Manomaya Kosa), Plane of Wisdom which is called Vignanamaya Kosa, Plane of Ananda (the undisturbed internal happiness called Anandamaya Kosa) Anupadaka - the Plane of localised existence, Adi-the Plane of Universal or collective existence.

As much as the objective of external world is visualised through the external implements namely: Mine, Senses and Body, so much the subtle or invisible planes can also be experienced through internal implements, called antahkaranas. One's being and also the source of such being can be experienced through the internal implements, which exist with each human being potentially.

One need to cultivate through specific discipline to enable development of the internal implements is called ANTAHKARANAS. Antahkaranas are: (i) the subjective mind, (ii) Buddhi (iii) the awareness (or Chaitanya as individual being) and (iv) the awareness called the Universal being (Eswara or Antaryami).
Rudra  
The Lord of Cosmic Will and Vibration  

A Few Dimensions of Rudra 30  
Triambaka

Triambaka means the three-eyed one: the left eye, the right eye and the third eye bestow sight, wisdom and vision (the Lord’s three eyes represent the Moon, the Sun and Fire. The left eye represents the Moon, the right eye represents the Sun; and the third eye represents the cosmic fire). The eye of the cosmic fire relates to the cosmic plane. The right eye of the solar fire relates to the solar plane. The left eye of the lunar light relates to the planetary plane. In all the three planes, he remains an onlooker transmitting the basic energy for the sustenance of that plane. The three eyes are relatable to matter, force and consciousness, while the Lord himself is the be-ness beyond the triangular forces.
Sanat Kumara

Being and Becoming 1

The soul is the being. It builds the equipment of personality, mind and body for doing. Without the being, there is no doing. Without doing, there can be being. The being is primary, doing is secondary. In times of ignorance secondary things become primary. Primary things are purely forgotten. Today when we speak of soul, the personalities vehemently argue that there is no such thing as soul. Such affirmations are natural when there is strong identity with the personality. A king feels he is the king. He forgets that he was not the king by birth. He became a king. On the way he became a prince before. After some time he becomes the former king, meaning he is replaced by another king, who could be his son. He was infant, he was prince, he is now king, and in due course he will be a former king. All these are becomings, different becomings at different times. When he is dead and gone, who knows what he will be? He will be just a being, until he once again becomes something else.
Question: Dear Master, as an aspirant how far should I rely on horoscope and its interpretation?

Answer: Dear sister, if you are truly an aspirant your personality frequently evolves and therefore does not offer a stable platform for interpretations. Secondly, I inform you that you may look to horoscope as a means of guidance for the immediate present but not for longer cycles. This is because the personality significantly changes for the aspirants and the events cannot be accurately gazed. Thirdly, astrology is based upon potential thought forms built over the 12 sun signs by the adepts of the past. An astrologer should have adequate understanding of the 12 thought forms besides the seven planetary energies. Fourthly, the astrologer has to be intuitive. It means he too assigns his life to a discipline. Fifthly, the precision of equinoxes and the consequent shift of whole of the planet should also be considered. Make sure of these when you think of interpretation of the horoscope.
The Wisdom of Nakshatras

Star 26: Uttara Bhadra

Uttara Bhadra known as the “constellation of Foundation”, is but the latter part of the Bhadrapada constellation and therefore has all the positive traits of Purva Bhadra, but in a refined form. Purva Bhadra can be sometimes hasty and overstepping, while Uttara Bhadra does not. This is because this constellation is ruled by Saturn, while the earlier constellation is ruled by Jupiter. As all know, Saturn is but slow and yet steady, he leaves nothing to chance. His plans are foolproof. He has restraint and thinks before action and cannot be tempted. He does not play for the world and worldly attraction. The constellation carries supreme knowledge.

They are tall in stature and lean in appearance and are most dependable for those who are around. Like Purva Bhadra natives, they too tread the path of righteousness. The natives of Uttara Bhadra are happy by disposition and are good orators. They love children and grandchildren. They remain truthful and chaste. The very name Uttara Bhadra means “posterior shelter”, meaning people can safely take shelter under them. The planetary ruler is Saturn, the number is 8, and the body parts are the ankles and the temples at the forehead. The ruling deity is Lord Hanuman, the tree is neem, and the stone relating to this constellation is the blue sapphire. The element is ether, the animal is the cow, and the bird is kotan.

The natives of Uttara Bhadra do not discriminate the high or low or the social standing while befriending. They have a good heart and have no harsh words to speak. At times they are short-tempered but they get over it very soon. They exert themselves to keep others happy. The native
works hard to overcome obstacles. They have high sexual energy which can be turned into Kundalini energy.

The natives of Uttara Bhadra hold their father in high esteem although they gain hardly anything from him. They enjoy married life. They have a beautiful spouse and loving children. The family bonds well with them. The Uttara Bhadra natives generally have strong health. They have much vital energy and have a disciplined life style. They are generally well behaved and command respect from the surroundings.

The cosmic deity of this constellation is a dragon of the depths, Ahirbudhnya, which has the power to bring down energies from the higher circles to the lower circles. The natives of this constellation are very good at manifesting energy. For example, there are seers of Uttara Bhadra who bring forth rain in the areas of drought by their presence. From heaven to earth, from subtle to gross, from divine to mundane, they have the ability to manifest. Uttara Bhadra rules over the lower recesses of Earth wherein crystalline formations are located.

The natives of Uttara Bhadra have the faculty to feel the hidden treasures stored under the surface of the Earth. Very often, the symbol of Uttara Bhadra is shown as a serpent that encircles a treasure. The native of Uttara Bhadra has the facility of a Saturn's ring which knows itself from head to tail. There are many legends that speak of serpents guarding sacred places and sacred treasures.

The Uttara Bhadra natives have electromagnetic energy transmitting from them and are therefore attractive. Vortices of spiral-up and spiral-down energy are the functions of the twin constellations of Bhadrapada. Uttara Bhadra, Anuradha, and Pushya are all guided by Saturn. Though they are varied in energy, the first one is Jupiter and Saturn combination, the second one is Mars and Saturn (Mangala and Shani) combination, and the third one is Moon and Saturn (Chandra and Shani) combination.

The natives of Uttara Bhadra, like Anuradha, are interested in the roots and foundations of every dimension in creation. They prefer to be in the valley or
in the mid-sea, from where they can spring up like a spring. This quality of the natives make them good warriors in life and also agents for social uplift. The two Bhadra constellations constitute a twin-headed man representing the male-female principle, the principle of fire and air, day and night, ying and yang, and so on.
Uranus
The Alchemist of the Age

Small is no Small, Big is no Big

In the story of Ramayana, Lord Rama, the incarnation of the Second Logos, unhesitatingly accepts the support coming from monkeys to meet the challenge of a giant Atlantian Ravana. Blessed are those who remove the high walls around them and join the stream of life abandoning all thoughts of separativity. Uranus works for it relentlessly. It destroys personality consciousness which creates big and small. It elevates all to be souls and therefore to be brothers. It aims at human brotherhood. The distinctions of cast, creed, race and religion will be obliterated. All humans are seen as citizens of the globe.
Master EK

Vishnu Sahasranama

The Importance of the Mantra

The Bhagavad Gita has been uttered by the Lord Himself to Arjuna in the battle field. The Sahasranama of Vishnu has been given out by one of the foremost devotees of the Lord in the Presence of the Lord Himself, who was listening as Lord Krishna. Hence His acceptance is vouchsafed. This speaks of the authoritative nature of the text. Another fact is that Vedavyasa, who has composed this text into a poem was also present there at the time of Bhishma initiating the notable ones. This can be taken among all the accepted scriptures of the universal tradition. Not by faith, but by understanding, discrimination, comprehension and realisation this text had been received by the notable ones.

Many are the commentaries in Sanskrit that explain the significance of the scripture, in various angles by the propounders of the various schools of thought. Sankaracharya himself has given his worthy commentary. Ramanuja has ordered Parasara Bhatt, one of his chosen disciples to write an elaborate commentary. With due regards to the Himalayan scholars in Sanskrit, I point out that it is the depth of each name that has been displayed by all while the synthesis of the scripture is left out untouched. My attempt is mainly to bring out the synthesis and the run-on import of the text enough to render all the scriptures between their lines.

As far as it is necessary I brought together the various aspects of the past commentaries but the main stress is given upon the synthetic aspect or the soul of the text. I do not claim that this is the final word since nothing is final about THE WORD.
Occult healing deals only with the occult body of the patient but not directly with the physical body. The other name for the occult body is etheric body. Principally healing is adjustment of the vital energies flowing through the etheric body. Hence the etheric body is the subject for healer and the physical body is the eventual beneficiary.

The etheric body contains five centres from throat to base which regulate the 5 elements of the body. The sicknesses are only to the 5-fold body, but not to the indwelling person. The 5-fold body has the 5 elements, the 5 sensations, the 5 sense organs, the 5 organs of action. It is run by the 5 pulsations of life. They are as under:

- Inhalation enables inflow of oxygen, exhalation enables expulsion of carbon, upthrust enables pressure from within to without. Compression enables pressure from without to within, the equilibrating pulsation controls the 4 pulsations from the centre.

The 5-fold body is kept up by the 5 pulsations and the 5 elements manifest regularly through the 5 etheric centres.

The occult science describes that the throat centre regulates ether, the heart centre regulates air, the solar plexus regulates fire, the sacral centre regulates water and the base centre regulates matter. Imbalances relating to the 5 elements of the body are attributed to the malfunctioning of the 5 glandular plexus whose functioning again is based on the 5 etheric centres.

The etheric centres respond to colour and sound. Each of them has its own sounds and colours. There is a specific way of working with these sounds and colours to keep the etheric centres vibrant. When the etheric centres are vibrant the glandular plexus function effectively. Consequently the 5-fold body functions well.

Occult healing is for transmission of subtle energies into the subtle body which
in turn transmits energies to the glands and to the circulatory and respiratory system. The exoteric medical system and the esoteric healing system meet at the etheric of the 2 sides of the glandular plexus. When the 2 sides are understood, the health system gets fulfilled to better comprehension. It enables better cures. It answers many riddles of the present medical problems.

<table>
<thead>
<tr>
<th>ELEMENTS</th>
<th>SENSATIONS</th>
<th>SENSE ORGANS</th>
<th>ORGANS OF ACTION</th>
<th>PULSATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ether</td>
<td>Hearing</td>
<td>Ears</td>
<td>Speech</td>
<td>Inhalation (Prana)</td>
</tr>
<tr>
<td>Air</td>
<td>Touch</td>
<td>Skin</td>
<td>Hands</td>
<td>Exhalation (Apana)</td>
</tr>
<tr>
<td>Fire</td>
<td>Sight</td>
<td>Eyes</td>
<td>Legs</td>
<td>Upthrust of air (Udana)</td>
</tr>
<tr>
<td>Water</td>
<td>Taste</td>
<td>Tongue</td>
<td>Urinary Track</td>
<td>Compression of Air (Vyana)</td>
</tr>
<tr>
<td>Matter</td>
<td>Smell</td>
<td>Nose</td>
<td>Defecation Track</td>
<td>Equilibrating Pulsation (Samana).</td>
</tr>
</tbody>
</table>

Dr K. Parvathi Kumar  Extract from: Paracelsus - Health and Healing. Website: www.paracelsus-magazin.ch/en
Dimensions of Ancient Wisdom

Dr K. Parvathi Kumar
Group Life Teaching, Part 27
June 2018, Billerbeck, Germany

We have been deliberating upon the importance of Pranayama, a process of internalisation and absorption into one’s own being to be able to experience the very kingly state of our being.

Astrologically speaking, this is called the state where Libra is regulated and Gemini is also regulated. This is what I have briefly explained yesterday and today morning, by which the student of Yoga or Pranayama would have fairly availed the four Pranas as they function in the body, which is presided over by Vyana, the all-permeating life principle.

There are five life pulsations, which are explained in detail with respect to their three qualities, that is inertia, dynamism and poise. These five principles in their three dimensions constitute the Pranas, and these Pranas constitute our personal aspect of the body.

There are 15 sub-Pranas also to these Pranas. All these 30 Pranas are explained in a series of articles given out for Paracelsus magazine under the caption “Occult Healing”. It is a complete subject by itself. Time does not permit to explain all that.

There are five Pranas, and each Prana has three qualities. There are five sub-Pranas, and they also have their three qualities. In all, there are 30 Prana principles in the body, major and minor. They are the ones who are responsible for appropriate functioning of the human body. Unless the body cooperates, not much can be achieved. So these 30 Pranas are responsible for keeping the body in good state. Unless the body is in good state, no practice is ever possible.

The body has to be in good state to practise anything or to conduct oneself in life. Therefore, it is necessary to know the functional aspect of the body, which is governed by the cardinal cross.

The experience that the soul has gained of what is desirable and of what is not desirable functions as the fixed cross.

According to time, according to place, according to other objective conditions, there would be an attitude to adjust oneself or an attitude to mutate oneself
which is governed by the mutable cross.

*This text is not proofread by the author and might have some mistakes.*
Stories for Young People

On Service

Learn to listen to the inner voice
before you jump into Service.
Cultivate to listen within.
Practise solitude and silence
daily for a few minutes.

2. An Unexpected Find

Bob Singleton was 22 years old when Rayborn promoted him to manager of his mine in Colorado. Bob is now in charge of the entire functioning of the mine: blasting the drifts, exposing the veins with picks and shovels, smelting the rock, pressing the gold, and shipping the ingots.

Bobs first duty after Rayborn arrived, was to show Rayborn, accompanied by his son Rex and the geologist King, the operation in the mine. Two gold veins have been milked for the past 12 years. They seem to be inexhaustible. Rex, a young man, the same age of Bob, eagerly listened to Bob’s explanations. King moved around the tunnels in a relaxed manner, examining the rock and placing markers. Later, Rayborn instructed Bob to dig, day and night, another tunnel where the markings of King had been made. Bob wonders if they expect to find gold this way? The rock did not indicate a gold discovery. However, Bob follows the instructions given to him. The segmentation of the rock was loose and the workers made quick progress.

Bob's life begins to assume a new direction. Often, he is invited to join in the meals of the Rayborn family. There he experiences trust and love from both the family and the geologist, King. Bob particularly is impressed by Nada, Rayborn’s 16-year-old daughter, a girl who has the looks and behaviour of an Oriental princess. Nada’s mother came from an Arab family.

At the mines, to Bob’s great surprise, a new Gold deposit is found. The gold is not locked in ore but can be immediately pressed into bullions. Bob has never heard of such a gold discovery. Even when King explains to him the natural cause of this “miracle,” Bob is amazed that this gold could be found. The strongest measuring instruments would not have been capable of its discovery. How could King have known about it?
To celebrate the new find, Rex and Nada give a concert for all the workers. They sing Arabic songs and dress in Arabic costumes. Their voices deeply touch Bob and the audience. Later, after the singing ends, with deep gratitude, the workers all silently clasp and hold the singers' hands.


![Saint Germain](image)
Window to World Service
News & Activities

Germany

**Name of the group:** Wisdom Sharing Group  
**Contact:** Birke Klevenhausen, Franz Müller  
**Phone:** Birke: +49 17621975115 / Franz: +49 1784090099  
**E-Mail:** birkemaria@gmail.com / franzm@gmx.de

**Activities**

In the course of the year 2019, our previous group (Community of Good Will) with Birke, Franz and Victoria has grown to include the additional members Astrid, Elli and Ute. From December 2019 we have changed our name to "Wisdom-Sharing".

Like the years before, in 2019 we have again selected seed thoughts from the teachings of Master D. K., as we find them in the book "Discipleship in the New Age Volume I", and published them nationally and internationally via the WTT mailing lists.

Via Skype we regularly meet every Thursday at 6pm for a healing meditation. Since April 2019 we meet every 2nd week via skype to study Esoteric Astrology and the Seven Rays. We read from the books of AAB, Master EK and Sri Kumar.

One group member gives weekly yoga classes to a group.

One group member regularly supports socially needy people of different nationalities throughout the year in addition to her full-time job as a legal guardian.

One group member was at the children and youth telephone several times a month throughout the year. He also works voluntarily at the "Tafel" and in a day-care centre for children.
Picture to the Month of Gemini
Gemini - Working out the Reversed Wheel

In the horoscope of a spiritualist, Saturn influences Gemini. In the horoscope of an average man, he rules over Scorpio along with Mars. Spirit comes down into matter through a converging spiral path in Scorpio. This denotes the nature of death. Retracing the same path (by reversing the direction of the wheel) he finds the same serpentine path but ever-expanding, as the path of new life. When the journey of the imprisoned soul of man is completed from Scorpio to Gemini in the reversed direction, Saturn works through Gemini in constructing the Antahkarana of the disciple. Then the soul is liberated from the bondage of matter and brought to Taurus along the same spiral path. But this time the path is white and radiant and is called the winged serpent. Its further transformation ends in the eagle.
Dr E. Krishnamacharya: Spiritual Astrology
Book Review

Triangles. An Esoteric Approach

If you want to do anything, you have the triangle composed by: the doer, the deed and the done. Thus, everyone has his own triangle in the process of doing anything in this world. No one can avoid this triangular process in any branch of activity. It is called the triangle of inevitability in the Ancient Scriptures. It is also called the threefold nature of mind, because this triangle exists nowhere except in the mind.

In the booklet Dr E. Krishnamacharya (Master EK) presents the most important aspects of the ancient and modern teachings about the triangles and about the threefold nature of the Universe.

Info: The World Teacher Trust, info@worldteachertrust.org

Sri Sastry Garu - Story of a Disciple

Discipleship is a process of transformation of man from his state of ignorance to the state of Light. On the Path he meets himself. A true disciple lives hiding the Light within and working silently for its further glow. The Light he sheds is in silence and simplicity. One such example of disciple is K.V. Sastry, whose story is inspiring to those who walk the Path of Light in simplicity. It demands simplicity to realise the Truth. The reader finds such simplicity in the life and the events of the life of Sri Sastry.

K. Parvathi Kumar: Sri Sastry Garu - Story of a Disciple
Info: The World Teacher Trust, info@worldteachertrust.org
Astrological Important Days in May / June 2021

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>20.05.21:37</td>
<td>☽ → ☽ / Sun enters Gemini</td>
<td></td>
</tr>
<tr>
<td>22.05.05:46</td>
<td>11th phase of ascending moon starts</td>
<td></td>
</tr>
<tr>
<td>24.05.00:09</td>
<td>13th phase of ascending moon starts</td>
<td></td>
</tr>
<tr>
<td>25.05.17:00</td>
<td>Phase of full moon starts</td>
<td></td>
</tr>
<tr>
<td>26.05.13:14</td>
<td>☽ Full moon of Gemini (lunar eclipse)</td>
<td></td>
</tr>
<tr>
<td>29.05.</td>
<td>May Call Day</td>
<td></td>
</tr>
<tr>
<td>31.05.12:32</td>
<td>23rd constellation Dhanishta starts</td>
<td></td>
</tr>
<tr>
<td>01.06.21:16</td>
<td>☽ 8th phase of descending moon starts</td>
<td></td>
</tr>
<tr>
<td>05.06.00:38</td>
<td>11th phase of descending moon starts</td>
<td></td>
</tr>
<tr>
<td>09.06.10:28</td>
<td>New moon point of Cancer: Contemplation upon ‘The Pledge’</td>
<td></td>
</tr>
<tr>
<td>10.06.12:52</td>
<td>☽ New moon of Cancer (solar eclipse)</td>
<td></td>
</tr>
<tr>
<td>17.06.18:30</td>
<td>☽ 8th phase of ascending moon starts</td>
<td></td>
</tr>
<tr>
<td>20.06.12:51</td>
<td>11th phase of ascending moon starts</td>
<td></td>
</tr>
<tr>
<td>21.06.05:32</td>
<td>☽ → ☽ / Sun enters Cancer</td>
<td></td>
</tr>
<tr>
<td>24.06.00:03</td>
<td>Phase of full moon starts</td>
<td></td>
</tr>
<tr>
<td>27.06.21:52</td>
<td>23rd constellation Dhanishta starts</td>
<td></td>
</tr>
<tr>
<td>28.06.21:00</td>
<td>Dhanishta-Meditation (Dhanishta-constellation ends 28.06. at 21:18)</td>
<td></td>
</tr>
<tr>
<td>01.07.10:32</td>
<td>8th phase of descending moon starts</td>
<td></td>
</tr>
</tbody>
</table>

Day of Nârâyana: For healing, synthesis, and for self-contemplation
(End 23.05. at 03:13)

Day of Narasimha (End 24.05. at 20:41)

Birthday of Lord Maitreya and Master DK

All times are in CEST (Central European Summer Time)/UTC+2 (Universal Time Coordinated plus 2 hours);
From: Astrological Calendar 2021/2022; www.worldteachertrust.org;
Publisher: The World Teacher Trust – Global, Kohlhüttenstr. 10, CH-6440 Brunnen.
The Great Invocation

Let us form the circle of good will. Omnia Vincit Amor.

From the South through love, which is pure, from the West through wisdom, which is true, from the East through will, which is noble, from the North through silence, which is golden. May the light make beautiful our lives. Oh! Hierophant of our rite, let his love shine. Omnia Vincit Amos.

We bow down in homage and adoration to the glorious and mighty hierarchy, the inner government of the world, and to its exquisite jewel, the star of the sea - the World Mother.

From the point of light within the mind of God, let light stream forth into the minds of men. Let light descend on earth.

From the point of love within the heart of God, let love stream forth into the hearts of men. May the Lord return to earth.

From the centre where the will of God is known, let purpose guide the little wills of men, the purpose which the Masters know and serve.

From the centre which we call the race of men, let the plan of love and light work out, and may it seal the door where evil dwells.

From the Avatar of Synthesis who is around, let his energy pour down in all kingdoms. May he lift up the earth to the kings of beauty.

The sons of men are one, and I am one with them. I seek to love, not hate. I seek to serve, and not exact due service. I seek to heal, not hurt.

Let pain bring due reward of light and love. Let the soul control the outer form and life and all events, and bring to light the love that underlies the happenings of the time.

Let vision come and insight. Let the future stand revealed. Let inner union demonstrate and outer cleavages be gone.

Let love prevail. Let all men love.

Master DK
May we stand in Light and  
Perform our obligations and duties  
To the surrounding Life to be Enlightened.

May we float in Love and  
Share such Love and compassion  
With the fellow beings to be fulfilled.

May we tune up to the Will and  
Thereby alert our Wills to gaze  
The Plan and cause the work of Goodwill.

May the Light, Love and Will  
Synthesise our lives into One Life.