

TEACHINGS OF MASTER MORYA

Volume - 2

Dr. K.Parvathi Kumar

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Dhanishta

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1st Edition 2016 - Original Edition
Master CVV May Call Celebrations - 2016;
Sadguru Tapovana, Bangalore

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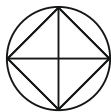
For online orders
www.dhanishta.org
info@dhanishta.org

Price in
India Rs. 100
Europe € 3
USA \$ 2
Switzerland SFr. 5

ISBN 978-81-89467-65-4



Printed in India at: Akshaya Mudrana, Bangalore



Dhanishta

Dhanishta means Wealthy Wind.

Wealth is not measured in terms of money or business; it is measured in terms of richness of life.

Wisdom is disseminated by the Teachers of all times. *Dhanishta* works for such fulfilment through its publication of wisdom teachings flowing through the pen and the voice of Dr. K. Parvathi Kumar. Such teachings are published in English, German, French, Spanish, Hebrew, Telugu, Hindi and Kannada.

Dhanishta is a non-profit publishing house.

About the Composer

Dr. K. Parvathi Kumar has been teaching various concepts of wisdom and initiating many groups into the Path of Yoga of Synthesis in India, Europe, Latin America and North America. His teachings are many and varied. They are oriented for practice and are not mere information.

Dr. K. Parvathi Kumar has been honoured by the Andhra University with the title Doctor of Letters Honoris Causa, D. Lit. for all his achievements as a teacher around the world. He works actively in the economic, social and cultural fields with spirituality as the basis. He says that the spiritual practices are of value only if such practices contribute to the economic, cultural, and social welfare of humanity.

Dr. K. Parvathi Kumar is a responsible householder, a professional consultant, a teacher of wisdom, healer of a certain order, and is a composer of books. He denies to himself the title of being an author, since according to him –

“Wisdom belongs to none and all belong to Wisdom.”

The Publisher

To will and to dare

Disciples need to will and to dare. They mean

- the ability to be alone
- to be stable,
- to be unwavering,
- not to mourn at the sorrowful events of life,
- not to succumb to amassing material wealth.

If one is engaged in material amassing he sinks into the world . If one broods over events of sorrow he loses the present. If one is wavering he deviates from what he needs to do. If one is not stable the currents of the world sweeps him away. If one learns not to be alone, one can never be at peace and at poise. To be alone helps at-one-ment.

To will and to dare helps to progress in the mundane and super mundane world. Timidity arrests one from any and every progress here and hereafter.

The Birds

The birds fly out into the sky even before the dawn. Singing they fly with much enthusiasm to distant places. Only those who have the spirit of enthusiasm sing early in the morning, sing joyfully. Morning tunes are but joyful expressions of one's own enthusiasm relating to life. Singing thus the birds fly in the light sky. They cover long distances and eventually fetch food for their kin as they return home at the even tide.

Do you know why the birds fly so far, it's not for food as the humans think, for the humans think only of food. They fly to be in the lighted sky. To fetch food they don't have to fly so long and so far. The vultures fly not much. Their mind is predominantly food-oriented; they look for flesh, but the birds that fly high and far off to distant lands do so for the joy of flying. It is but eventual that they gather a little food for their kin.

Among the symbols of spirit, the birds stand out, for they live high in sky, live not for food and move

singing. The morning songs of the birds are the wake-up calls to the beings.

Listen to the message of the bird that sings in the morning. The bird tells you to be joyful, enthusiastic and adventurous. They also demonstrate to live high in one's own awareness.



A stimulant



People that fear cold and heat, program to hide themselves; such timid ones can never accomplish anything. Timidity has no place on the path. Overcome timidity through prayers. Timidity is death. Faith is life. Have faith in yourself or in God or in the Teacher. Faith is the fire that one can generate through prayers. May your prayers be fiery. Let them not be monastic and be of dead routine. The fire that you generate through prayer should be able to burn the fire that is generated by the personality. Faith ignites, fear disappears, fire aflames. Move on such fiery wings. Do not crawl like crabs hovered by timidity. Think of the great eagle that moves in the seventh sky even on the hottest summer day.

You say you are a devotee, a disciple, an occult student, a yoga practitioner; have you enough faith in you and in the path and the goal? If it is so, nothing can stop you to be the Truth. Move forward fearlessly drinking potions of knowledge. Be fiery on the path.

Imitation

Imitation is a key for transformation and transcendence. Only through imitation a child learns. Likewise, by imitating the values followed by the Great Ones, one tends to transform himself. In the presence of the beetle the insects imitate the former and transform themselves as beetles. An infant that enters a school of education imitates the teacher. A student of wisdom learns by imitating the values demonstrated by the teacher. Imitation is a subtle process of self-magnetisation.



Imitating persons should be distinguished from imitating the values demonstrated by the persons. The former does not gain the related comprehension while the latter does. The elders in the society need to know that the youngsters follow them in their habits. They pick up and work out with their nascent minds that which the elders do. A cub learns to hunt a prey as its parents do. Little swan learns to float on waters as its parents do. Thus generally the elders are



imitated. Men of wisdom, of valour and of labour are thus born through this process of natural imitation.

The World Teacher himself imitated 24 noble qualities from 24 different beings on the planet whom he calls as his teachers. Among those teachers there were wise men, labourers, prostitutes, elephants, snakes and so on. For a true student there are many around him from whom he can learn. A tree, an animal, a cow, a human, the five elements and the planets convey so many values for a true student. Likewise, parents, grandparents and children too convey values.



Studentship is dedication of oneself to the values presented by Nature around him. One can imitate those values.



A Message



Some build temples on the ground. Some feel that temples are not necessary. They say that universe itself is a temple. There is no need to build temples within the universe. These are generally the proud ones who live in pride of superior knowledge while the others who build temples are regarded as men of inferior knowledge. There are still others who destroy temples since they are not in tune with their philosophy. They have a philosophy to destroy others' philosophy. The three do not see in any way the Divine or do they feel the presence in so far as each one heckles at the other and try to disrupt and destroy others philosophy.

Likewise, there are people who believe that the world should get into a state of disarmament. And there are others who believe that armament is necessary. They are engaged in the topic of armament, disarmament and make huge demonstrations. There are still others who hold massive weaponry and say that others should not have. They cry loud saying that it is



not safe if others also have powerful weaponry. All these beliefs, doctrines and philosophies are all typhoons in the tea cup.

The sky is clean, open and vast. It is silent. It is ever illumining as well. The stars in the sky twinkle. The stars and the sky have a message for humanity. “You humans you are not just mundane. Do not limit yourself into mundane and thoughts of mundane. You too can be like us, clean and shining as sky and twinkling as stars.” Lift up to the Super-mundane part in you and handle the mundane. Do not get stuck in the quick-sands of matter.



Fundamental question

A self forgetful one forgets the purpose of life. When life is lived without purpose, man entangles with the objectivity and binds himself. Self awareness is the key. There is every need to recollect on a daily basis “Who am I? And what am I to do?” These two questions set men on the track. If not men enter into a wheel moving circularly doing the same things for lives together. Such ones cannot be happy. Searching for happiness they die and take birth again.



The key to happiness and fulfilment is to be aware of one's original identity and also to be aware of the law of the Nature. The basic law of the Nature is service. When men follow the Path of Service, the riddles in life get resolved. The consciousness expands. It breaks the self imposed boundaries. We insist that every aspirant should think of the two basic questions on a daily basis namely, “Who am I? And what am I to do?”

Let this be the first item of the daily agenda!

Neutralize the undesirable energy in you



Irritation, anger and worry are highly poisonous. Let it not touch you by any means. The consequence is hatred, which is poison by itself. They directly attack the nervous system. They take hold of the nervous system and permeate the whole body. The consequence is a high degree pollution of the blood. The whole process results in deep disease, which leads to decay of the body.

If you are frequently attacked by irritation and anger then make haste to withdraw either into you or to a quiet place and try to pacify yourself either by contemplating upon a blue sky or a quiet lake or by full moon light or mountain peaks and so on. Stabilize yourself within and strengthen that stability further to interact with the world. The world is moved by heavy and strong currents. Unless you anchor within, you would be swept away by the winds and currents of the world. Another way to neutralize the undesirable energy in you, is to propose happiness (Ananda). Live



in places where you feel happy, with persons with whom you feel happy or with events that give you happiness. These are all external supports which should enable you to awaken the centre of cheerfulness within you. Cheerful people and cheerful movies are very helpful.

Once cheer emerges, it antidotes the heaviness of anger, irritation, worries and the heaviness of life. Mogul emperor, Akbar, frequently summoned the court jester whenever he felt himself tense. Blessed are those who have a cheerful companion.



The Question

Once a disciple approached me and asked: “How long should I serve? Should I serve till I die?” I smiled and told him: “Until the question dies. If you die before the question dies, continue in the next life till the question dies”. The disciple got stunned for a while and the next moment he smiled and left in gratefulness for the answer.

When the question dies, service continues. Service is the other name for sacrament, engaging with the sacrament keeps you sacred.

Doing is living, done is death!

Eligibility

If you wish to experience the presence of a Master, feel his touch and even converse with him. The following constitute the eligibility:

1. Abandon your concepts of knowledge and of Light.
2. Hold a virgin mind.
3. Be willing to dare.
4. Learn to align thought, speech and action.
5. Develop taste for the Divine.
6. Be alert.
7. Be ready to labor.
8. Be on the lookout for knowledge in daily events.

My Ring

To my accepted disciple I pass on a ring. The one that wears this ring carries my abilities and my discipline. The ring enables manifestation of constructive activity. It gives one pointed focus in relation to work of goodwill. It prevents from indulgence into speeches and to the activity of senses. The ring bearer has a responsibility. If he gains pride from the work and its fulfilment, the ring disappears. If the ring disappears for any reason then that disciple is dropped for that life. He will have go-through the insurmountable Karma and the related repentance. When the repentance is complete he once again treads the path.

The Loophole



Devotees and disciples also encounter problems in life. When there is problem, seek support from within, seek support from the one whom you follow, seek vertically from higher circles. It means, the prayers need to be of deep intent when there is a worldly problem. You would get strengthened from within. You would also build right ambience to receive help from the surroundings. Normally when the problems encounter the devotees or disciples get de-stabilised. Therefore the immediate duty is to re-stabilise themselves, but not get swept away by the currents of time.

Doing what is to be done silently and praying ardently is the only way to pass through. If these two implements are forgotten, one would fall into self-pity and succumb himself to the problem. Such ones may even turn out to be strong non-believers. Let not the devotees and disciples get into the loophole, which is but an aspect of Maya.



Samadhi

From the seed the tree grows. It unfolds into branches, sub-branches, stems, leaves, fruits, and flowers. One knows the basis for the tree as the seed. One knows also the potential of the seed. But one cannot see or comprehend the inherent growing principle in the seed. More than the seed, it is the growing principle in the seed that enables all enfoldment. The basis for the entire tree is the unseen growing principle which unfolds the pattern existing in the seed. 'Seeing the unseen is seers' engagement.'

Seeing the visible and deducing the force behind and its patterns is what a scientist does. Just seeing the seed, is what an ordinary person does. The seer sees the unseen principle that stimulates the patterns of force, which would enable unfoldment of the five elements in a particular manner. He sees three in one. Likewise the human heart unfolds the unseen principle. One may know the physical heart, one may also know the pulsating principle, but only a seer





knows the basis of such pulsation and the consequent growth of the human. He sees the basis as the basis for the pulsating life principle and permeating principle of awareness. To see the unseen one necessarily needs to turn to be an occultist. Turn inward and look for the background of consciousness and of life. As you enter the field of that background, you enter the field of stillness, where you are nought. That is Samadhi.



The Decisive Factor

The world moves as per the direction given. Many dream the new age, the golden age. They believe in it and they see this in all the developments that happen in the world. There are others who see the fall in morality, the fall of law and justice, the poor quality of governance, the ever emerging conflicts and the fiery wars happening incessantly at one place or the other on the globe. These categories of people are deeply disappointed with the human behavior. It is fair to say that both categories express their dimensions of reality. But it is humanity, which has to decide which way to go, either for development or for fall. It is the humanity that is at work.



Humanity is the creator of its future. Just like every human creates his future on the basis of his present thoughts and actions. If humanity can bring down their dreams of golden age into thought plane, there would be much clearance of debris in the thought plane around the planet. If they can further bring



down the new age golden thoughts into their actions, they would enable manifestation of golden age.

Generation of good thoughts is primary, but translation of those thoughts into action to manifest on the ground is necessary. It is in this regard, most of the goodwill workers fail. They generate good thoughts which are not strong enough and they find excuses for not translating their thoughts into action. Standing on the high places and speaking of ideal things is not helpful, though today many leaders do so.



Let the new age begin with you. Evaluate your own work and your own ability to manifest a thought of goodwill into action. Let every individual strive at his level. It is much better than looking for some leader or some messiah doing it for us. This would be truly Aquarian!





The Mother and the Cord

When one observes nature one finds that one becomes many. From one seed a tree grows into many branches, many fruits, many seeds, and many trees, and it goes on. Continuity and perpetuity is another aspect of nature. That is why there is manifold manifestation. When a tree develops branches already there is a branch of a kind of separativity. But it still depends on the trunk of the tree. When the branch bears fruits, then also the fruit is dependent of the tree for its growth. It naturally de-links from the tree, and the seed in the fruit grows into another tree. The second tree is seemingly separate from the first, but the first is the mother. Nature expresses a natural separation through division. In all such divisions that are natural the splendor is seen. Diversity is thus splendorous when the unity is inherent therein.

In human family also there is diversity and division. But if the diversity and division are based on cordiality, the diversity is splendorous. If not, it is



unnatural and therefore perishes in nature. In a family of humans when the children grow they slowly tend to separate. Such separativity can be with continued cordiality or with discord. When the thread of cordiality is cut, there is conflict, dispute, dislike and so on. We wish that the groups know this and when separativity happens they should allow it to happen in cordiality. This will enable one to realize the mother consciousness. The other name for it is 'the consciousness of the heart'. Let the growth be hearty, whether in union or in division. Then it remains natural. Remember, what is unnatural will not receive nature's support. Let the cord of the mother be respected and held in high esteem.



The Centre

People speak often of the centre. They crave to reach the centre. They would like to be in the centre. The other name for centre is 'the fire place'. It is the centre. The one at the centre is continuously fired. It is but the nature of the centre that it is fiery. If you are willing to sacrifice yourself you can withstand by being in the centre. Fire place is one name for the centre.

Another name for the centre is 'the teacher'. The teacher is a mobile fire place. He carries the fire in him. He is accustomed to the fire. He transmits the fire in different ways. It is not always beautiful to be around a teacher. Many times it can burn. The fire can be playful, but you cannot play with the fire.

Learn to receive the impulses of fire coming from the teacher and assimilate them. They work as initiations. They transform you faster. There are many fire centres on the planet. Some are called ashrams. Some are called temples. Some are called the peaks.



Wherever transformation is tangible, there is a centre.



It is for the visitor to receive the fire and get initiated.

The fire does not initiate all those who are around it. It only touches those who ardently look for it. The work of fire is to be available. It is for you to kindle yourself with it. A lighted candle is available. Other candles can touch the flame of the candle and light themselves.

Availability is the keynote of all fire places. It is for the ones who need. They can get lit, ignited, and initiated.



Service, The Way of Life

Do not define service. Do not define places for service. Do not also define time for service. Let every act of yours be service. Let service be done at every place wherever you are. Let service be an attitude even in the simplest of the acts you do.

Let all life be service. When you eat, there is service in it. You are nourishing the devas of the body. When you take bath there is service, when you do work in the society there is service.

In all acts there is something meant for others. Orient to that and do it. This is what we call, “service as the way of life”.

The Truth and its Measures

Proximate to the Truth, there is the Law. Proximate to the Law, there is Love. Proximate to Love, there is Peace. Proximate to Peace there is the Splendor. The Splendor is dependent upon the Peace. Peace in turn is dependent upon Love nature. Love dependent is dependent of one, the Law. Law is dependent upon the Truth.

Truth is self-dependent and is not dependent upon anything. The four qualities of Truth do not exist when Truth is not with a person. As much there is Truth in one, so much these four shine forth. The four provide measures of the presence of Truth. Where there is splendor and peace, there is a measure of Truth. Where there is Love as basis for that Peace, the measure doubles. Where the Love is in complete association with the Law, the measure triples. When the presence of Truth is complete, there is no more measure. Know the presence of Truth by these four measures, where all are present.

Enter the path to regain the Truth, which you are. Each one is but a representation of Truth. To know that it is so, he is in a process of transformation. It is also called 'the path'. Follow the path of Law, Love, and Peace, picking up anyone of the three and reach the Truth.





Contentment

A Master emits energies of contentment, fulfilment, and of joy. It is a desire-less state. Their desire-lessness is due to the contentment. Contentment is not reached through negation of desires. It is reached by the fulfilment in him. He is fulfilled with Presence. Therefore he desires nothing. Pray for fulfilment. Pray for Presence. May the Presence descend and fulfil you. By this way of fulfilment desires disappear. It is impractical to practice desire-lessness. It is practical to ardently invoke Presence and its fulfilment. When you are fulfilled you see the Divinity all around, in all the beings, in all forms, in all places and at all times. To you the whole creation looks extremely beautiful with its variety. The big and small, the precious and the non-precious are seen as veils of the ONE. You would also smile at the beauty of ignorance as much as you rejoice the splinter of knowledge. Such is the equanimity that you gain when you are filled with Presence. Seek Presence. Be fulfilled and be contented.

Prophecy versus eternity



There are prophecies of new age. There are prophecies of doom's day. The one that engages his mind in these prophecies is an idler. He is not willing to work. He lives in fantasies relating to golden age or doom's day.

I tell you a story relating to a disciple of mine who lived in the previous cycle. He was a gardener. Throughout his life he worked growing gardens and was known to be a great gardener. During his time there was a prophecy that the world would come to an end within ten years. He heard of this prophecy in his tenth year. He had a long life ahead of him. He did not like the idea of dissolution of the world in ten years. He therefore decided to work in his own way, unmindful of dissolution of the world. Ten years passed by. A cycle of gardening was done. Dissolution of the world did not happen. Another ten years passed by. Another garden was developed. Likewise he developed eight gardens in eight cycles of ten years. In the meanwhile he grew ninety years old. He started to work for yet



another garden. The passer-by asked him, "If you grow garden now, you may not be able to see its fruits. You may in the meanwhile depart." The gardener said, "It was also so when I embarked upon my first garden. People say that everything dissolves, why do you grow garden now? I did not mind it. I grew the garden and grew seven more gardens. Now you come and say that I would depart. Even if I depart, when I come back, I would like to do gardening. I found the greatest joy in gardening. I don't want to discontinue the habit of gardening just because I may depart. If I depart others would benefit from it. In fact I grow gardens not for me, but for others." That disciple of mine has been a great gardener of souls. Even today he carries the same spirit. Imitate him if you can.

Do not engage your time in discussing prophecies. Goodwill is immortal and eternal.



The key to the teaching



An aspirant is all ears. He listens to the teachings with great intent. He gets inspired by the teaching. The fire of aspiration grows in him. When the teacher teaches he is never tired of listening to the teacher. It is natural for the aspirant. Even after the teachings are heard, in a true aspirant's heart the teachings reverberate. He needs to make a very deep assimilation of the teachings by repeatedly listening to the voice of the Master within the cave of his heart. He would do well to visualise the smiling countenance of the Master and seek his help to get the key relating to the teachings.

The key to the teachings of the Master is the smiling countenance of the Master. Through his smile the teachings unfold in the heart and then the golden path along with the golden stairs become visible. May the aspirant utilize the key to unfold the teachings with a stable aspiration.

The Message of the Sun

When we oversee the human activity and the related effort, it is enormous. Right from the tribal in the jungles of Africa to the civilized citizen in Manhattan of America everyone is busy as the sun rises and works hard even after the sun sets. The human effort is beyond all measure. Motivated by action the human beings are engaged in daily activity and effort. Desire drives the humanity so very intensely that humans move by flights, by trains, by the road, and by every means. Action is predominant in human life.



The power of action is generating enormous production of thought and material products. The human activity is not only beyond measure, but is also varied. What is common in their action is desire and that desire is selfish. The 'All Seeing Eye' of God who is no other than the Solar God is daily observing the selfish actions filling the ambience. The Sun is the lone ranger in the sky. He is the seer, he is the nourisher, he is the giver of life and light. Every day as he sets he is



thoroughly disappointed with the humanity at large. Yet he is encouraged to rise once again due to the little acts of goodwill some little beings do on the planet!

The Sun gives the message of service. He awakens the beings on the planet. He supplies life to them. He supplies intelligence to them. He nourishes them. He enlightens them. He enables rain fall and the consequent generation of food on the planet. Verily he lives for the other planets and planetary beings in the solar system. His life and his activity is not for himself. Therefore he is the most shining one in the firmament. The aspirants and the disciples need no other example than the Sun to follow the path of light.

The humanity can step into the path of light by orienting their actions towards service. This little modification to their orientation brings the kingdom of God upon Earth.



Divine Stitching

A valorous king conquered all earthly kingdoms with the help of a Divine sword given to him by the Master. He established an empire, which was diverse by customs and culture. They were of different languages and of different attitudes. The king was proclaimed as a great emperor. Having done so he intended returning the Divine sword to the teacher in a box decked with diamonds. He returned the sword to the master in gratefulness. The Master received the diamond box. He opened. Alongside the sword he kept a needle and sent back the box. The king was puzzled. He enquired the Master. The Master said, "Meditate". It took a year for the emperor while he meditated. One full moon night when the emperor was in meditation, the Master appeared in white robe and said "Stitch the people together; stitch with love. Let unity prevail in diversity. Be a tailor hereafter and not a ruler." Winning through love is far superior to winning through power, money and strategy.

Soul and Synthesis

One cannot teach synthesis unless he himself is synthesized. There is too much talk of synthesis but the ability to synthesize is with the one in whom all viewpoints culminate. In Akasa the other four elements culminate. Fire and Water, Air and Matter find their agreement only in the fifth element Akasa. Likewise, Rajas and Tamas find their agreement in Satva. Lower numbers agree in the higher. In the soul the qualities get synthesized, the elements get synthesized. Until one realizes the soul he cannot be a synthesizing agent and much less a teacher. The whole creation is synthesized in the universal soul. All agree in that universal soul called Vishnu or Christos. Likewise, in every unit there is the synthesizing principle which is called the soul of that unit. Soul realization is the essential prerequisite for synthesis to express. It is like the ocean in which all rivers merge. In the state of synthesis there is no non-agreement. Realize this.

Discipleship is such realization.

Agni

The fire transforms everything into itself and only fire remains. In Agni there are no shades. A lamp has a shade and Light has darkness; but Agni has no shades. Agni presides over all planes of existence; it does not suffer duality. It is the state of perfection.

Agni causes the musical waves in space that form the basis for creation. Originally each one of us is a spark of Agni. Recollection of this truth on a daily basis would ignite the Agni in you and burn up the impurities of mind, senses and body. The place of Agni in you is the forehead. At the throat it transforms as sound; at the heart it pulsates. The vibrations of the pulsations keep your system vibrant.

Think of Agni as yourself, as your pulsation, as your speech and verily as your being.

Learn to See the Subtle

There is no non-existence. There is only visibility and obscurity. The mundane say that what is visible 'is' what is not visible 'is not'. They do not know the visible things getting into invisibility and the invisible things getting into visibility. All this happens according to the Law of Alternation. In the night stars appear. During the day, they do not. But it does not mean that the stars do not exist during the day. Man has to learn to see the subtle. It is the way out for him from his self-conditioned life. The sun's transit into Aries is a celebration in the subtle. Shambala rejoices it. Hierarchy orients to it. To us Shambala is a reality. To us the entry of the yearly God (the Solar God) is a reality. The New Year brings forth new glyphs for human evolution, which is bitter and sweet. This reality so subtle is what we wish that every aspirant may be open to. It unfolds kingdoms of beauty and gives the presence of the kings of beauty. May the year to come enable such openings to happen.

Teacher - Student

If the student is emotional and the teacher is judgemental the interactivity is of ignorance. If the student is a thinker and is also introspective and the teacher imparts wisdom such activity is progressive. When the teacher speaks and the student listens without diversion, the teaching gets assimilated. Such student receives the impulse to translate the teaching into action.

The student who wants to know from the teacher how to act, such student is a heavy weight to the teacher. Having received the wisdom it is for the student to think and to act. If the student seeks from the teacher the detail of action he would not grow in his ability to think. When he ceases to be a thinker he cannot be creative. When the teacher imparts wisdom and the student listens not completely but acts upon he causes conflict to himself. A student that talks in the presence of the teacher cannot be a good listener. A good student awaits to listen. He does not demand

teaching. Many are the intricacies in the teacher-student relationship.





Hard Reality

Remember:

To follow the teacher is the decision of the student. A true teacher has no glamour to lead the followers. He may help the students but it is for the student to walk along. A teacher is not poor to seek following. At the same time he does not resist the followers.

Remember:

To cooperate with the teacher is as well, the student's decision. If the student does not cooperate the teacher is not affected. He continues to do his work with or without the cooperation of the student. The students are of the view that it is mutual with the teacher in relation to help, cooperation and work. It is for the students' progress the students decide to follow the teacher. It for their good that they follow. It is for their enlightenment they follow. It is for their realization they offer self-surrender. Doing so they cannot murmur, they cannot claim, they cannot



complain. This is a fact though bitter.

The teacher at all times rules himself and sets an example. It is for the student to observe and enter the path of self-rule, self-transformation and self-realization. It is so for all times. Let there be no confusion and the related emotion.

Fit to be Fraternal

Examine for yourself if you are fit to be fraternal in your group and if you can be part of a Brotherhood.

1. Do you criticize a fellow member behind his back?
2. Are you consultative in relation to group activity?
3. Do you let others comprehend your actions?
4. Do you find fault with others or do you talk it out to eliminate mistakes and mis-comprehensions?
5. Do you doubt your fellow member?
6. Have you willingness to cooperate?
7. Do you defend your fellow member and support him in the society at large?

In answering these questions yourself, you will find your fitness. If you fall short, strive to amend yourself.

Insight into the Teacher

A true teacher does not instruct; does not command and order. He gently informs. He does not make effort to influence and convince his students. He gently responds through events.

The student needs to gain enough silence in him to be gentle and subtle. Only then he can make a true understanding of the teaching.

The teacher lives a normal life. To him teaching is not his vocation. He teaches when genuinely asked. He heals those who tend to be in his proximity and aura. He stays not in the thoughts. He stays in the deeper chamber of himself. He has no worldly duties and yet performs them. His performance sets guidelines to others. He generally stays beyond will, knowledge and activity. He gets into this triangle when needed. He stays as be-ness, which is beyond the sense of achievement. But at all levels and to all beings that surround him, he remains as example in matters big and small. He is ever alert, independent

and pleasant. Students have their own expectations of the teacher. A true teacher does not respond to their expectations but responds to their needs and well-being.

He plays not for the audience!



Four Ignorant Statements

“I have forgotten.”

“I do not know.”

“I have decided.”

“I am not happy.”

These are the four most ignorant statements that men make. To forget is disgraceful. It is a blot on your awareness. It shows that you lack in rhythm which is needed. Awareness is at its fullness when you adapt to a good rhythm. Forgetfulness is absence of such rhythm. Whole creation is in existence due its infallible rhythm. Remember when you are forgetful, a part of you is already dead.

Never say I do not know. Instead say I am yet to know. I do not know is a state of resignation. It means you are not willing to know. Willingness to know keeps you alive. Unwillingness to know causes stagnation. Be inquisitive to know what it is not know. It is an excellent engagement. It keeps at bay the impediments of ill health and even aging. Pursuit of knowledge keeps



you alive even during moments of death.

Do not say, "I have decided." Instead say, "it is decided." Ignorant think that they have decided. Beings move in the flow of life. Life flows like a river. One moves as per the flow of life. One cannot decide the flow of river. One can only joint the flow, experience and enjoy. Learn to follow life and its flow. Fight not to work against the flow. "Things come to pass", say the scriptures. Decisions are made by the flow of life and the ignorant thinks that he decided. Decisions that are in tune with the flow find their culmination. Decisions made out of tune sink in the flow of life.

"I am not happy", is another statement of ignorance. You are essentially happiness. Propose happiness to yourself. Then things around you give you the related joy. If you propose unhappiness to yourself, the best of things also cannot give you happiness. Know that you are the cause of your happiness or unhappiness. Therefore propose happiness to you, Instead of looking for it all around. People who find the cause of their unhappiness in others are self condemned ones. Let it not happen with you.



The Timidos

Right from childhood people are given stories of extraordinary lives. There are no stories of the ordinary lives. The stories are meant to highlight the extraordinariness of human life but not of ordinary mundane and routine bound lives. There cannot be a story of a person who just eats or wanders and earns for livelihood and sleeps. Eating, mating and sleeping is a daily routine, which does not really inspire any. Millions do so on a daily basis. The stories of uncommon nature are interest to common men. Men that showed bravery, courage, adventure are of interest. Stories of men that fulfil noble purposes inspire. Aspiration is the hidden fire that can be ignited by uncommon stories filled with noble acts. When fire is ignited the flame is on. When the flame is on, transformations happen. When transformations happen man transcends. Men who are house bound, family bound, vocation bound are the timid ones, who build around them feeble webs of self security and die



with timidity. They have lame excuses not to step out of their own cocoons and do acts of bravery. They kill the will, which is god given, and dampen the hidden fire.

To will, to dare, to expand, to serve and to be silent are but the qualities we look to. The kingdom of God is not for the timidos who cannot break their own feeble enchainments.



The Path of Silence

Silence by itself is not a path.

The practice of silence is for a purpose.

The practice of silence should lead one to mental silence.

In mental silence search for the Source of the Sound.

What you know as sound is not sound, it is the disturbance to the sound. Search for the Sound in silence, try to listen to it. In this effort, instead of listening to the sound, you experience encounters with Light. Respect the experiences of life, but move forward in search of the Sound.

The forms of Light (the latent beings) bewilder you, excite you, and may even engage you, thus distract you from the pursuit of the Sound. The activity of Light has its base in Sound. Dip deeper into you to reach the plane of Sound, which is beyond the plane of Light. Light relates to the Buddhic Plane, Sound relates to the Atmic Plane. Staying in Light, contemplate on Sound.



The whole Creation is a Sound and Light
show. Experience the Sound as yourself.
Explore the Path of Silence!



Mind the middle Principle

The mind is constituted as seven layers. These are called the seven sub-planes of the mental plane. On the other side of the mind there is the Light of the Soul called Buddhi. On this side of the mind there are the five senses that enable sense activity. When mind is oriented to Buddhi, discrimination, wisdom will, the duty on hand and right action become visible. When the mind orients to senses, listening, seeing, tasting, touching and smelling wandering into objectivity happen. Man is in mind. He has the ability to contact either side of the mind. This he has to inculcate and cultivate in the initial years so that his mind can receive the impulses from the Light of the Soul and conduct in the world appropriately. By this he fulfils his life.



During the first seven years the parents at home help and cause orientation towards the one side of the mind. Thereafter, through schooling one is given opportunity to inculcate orientation to Buddhi. In 14 years of time one should be able to contact with facility



the two sides of the mind. Then the man grows naturally as a yogi, enabling transmission of energies from subtle states of life to the gross states of life. For yet another 14 years he shall cultivate the inter-transmissions and thereby stand as golden middle principle between the planes of Light and the planes of mundane.

Such a simple understanding of yoga is excessively and unnecessarily complicated with too many teachings and too many teachers. The present day student is more bewildered with the plethora of information on yoga than gaining clarity for implementation of the process.

Let the student of yoga simplify his understanding and bring to practice the simple tenets of yoga. Every day is but a God given opportunity.





Time - Nature - Truth (TNT)



To know the truth, one needs to know the self and the nature that surrounds it. The whole creation is nothing but the play of spirit and matter, cosmic essence and cosmic nature, cosmic male and cosmic female principle. The male is stable, non-moving, eternal, expansive and is beyond mutability. The female is active, multiplying, mutating, ever-changing, expanding and contracting. The male as basis the female plays around in patterns, multiplying itself in varied gradations. It grows and recedes. Its activity has a pattern and a time plan. Thus the creation of nature finds its birth, its growth and its dissolution. All that the nature does is the female activity based on the stable male activity.

The nature's activity from the beginning to its end is measured through time. Since the activity of nature is rhythmic and metrical it has become measurable. Birth of time concurs with birth of nature.

Death of time concurs with the death of nature. Time



and nature are the twins that emerge and merge together into the unspeakable. The knowers of time and even the Avatars emerge, carry out works of goodwill and retreat as per the knowledge of time. Time knows the nature's network, for time is the observer of every detail of nature's work of its growth and its recession. Those who learn to respect time and to know the science of time, know the nature and the spirit behind. Knowledge of time reveals knowledge of all; knowledge of "all That Is - That Is Becoming". Kowner of time knows the being and becoming in the play.



My Co-Operation

If you think that you are my follower fear ceases to exist to you. If you encounter fear, think of me. Your faith in me enables automatic transmission of courage. In your eternal travel, listen to the stories that I narrated. They relate to many yugas. Much of them are available in the oriental scriptures. A few are in the occidental scriptures. Do not be prejudicial of oriental scriptures. They exist from ages. They lead you to Akashic Scriptures. You do not have to totally rely on yourself to fulfil your work. You may also rely on me. I shall turn out multiple works, if you let me co-operate with you. When my work is your work, your work is mine too. We eventually will do one work together. My disciples turned out enormous work in the past since they let me co-operate. Your belief of my co-operation is good enough to initiate co-operative work. "Let us work together, let us share together and let us be protected together", this Vedic invocation is a reality to those who believe in it. Belief requires courage.

The Holy Grail

Do you know the significance of the sacred Chalice? It is a cup of immortal drink. It has four parts in it. It shines forth like shining silver. The shine is like that of lightening. Its outer surface shines forth like copper. The liquid in the vessel namely, the nectar is like the pomegranate juice. It circulates itself in the four chambers of the cup. It is distributed with love to those who love all. It is not for those who are selective and choosy in their attitude of distribution. The members of our Hierarchy distribute their knowledge, love and ability to all. Therefore the Chalice is available to them. The cup is termed as 'Sang real', the Holy Grail. The Nectar which is like pomegranate juice is symbolically termed as the royal blood, 'sang real'. It is not human blood of any initiate.

A Dimension of Work

In my ashram there are no retired members. Retirement is unknown to them. They are ever striving and working with balance. To them rest is at work. Relaxation is in work. They need no other entertainment than work. They entertain work and entertain themselves. I do not believe in the concept of contentment at work. The contented ones do not tend to strive. My pupils are contented only when they are striving. When a work is fulfilled people get happy and contented. But when a new work of goodwill starts my pupils' energy races with enthusiasm. They do not feel it to be an additional load or extra load, they also do not look for extra remuneration for extra labour. They crave for work for they know that work keeps them happy and work keeps them enthusiastic, work enables them to be joyful. To them when the work is getting nearly finished, they slow down in their enthusiasm, because they are concluding the work. Even in a running race when the athlete is on the run he is full of

energy, when the run concludes he gasps for breath. It looks like a paradox, but it is true, while running he does not gasp, while he slows down and stops running he gasps for breath. Why is it so? The nature's message is, "At work you do not gasp. It is after work you gasp." If there is always work you don't give time for gasping or gossiping. "Doing is life. Done is death." says the Lord in Bhagavad Gita.



The poor Courage

People say, “I mustered courage.” Where do you muster the courage? You muster it in thought. “Did you really and completely muster it?” Ask yourself this question. Whenever you feel that you have mustered adequate courage, I look at you; I see at minimum seven holes in it. If your thought of courage is a pot of courage, it suffers seven holes at minimum, which we witness. You are not courageous enough. Do you know the seven holes? They are:

1. Fear
2. Doubt
3. Confusion
4. Jealousy
5. Hatred
6. Anger
7. Illusion

The courage that you collect and the task that you will upon are dissipated through these seven holes.

How can you ever be fulfilling? However much you

pull the string of the bow to release the arrow, if on the way of the arrow there are boulders, how would it reach the target? The boulders are within you.

Body is the first boulder. Let it not tend to be heavy. If it tends to be heavy, it settles the other seven boulders and you are undone for this life.





Divine Entrance

All esoteric practices have but one main purpose. It is unfoldment of consciousness. Let every effort of yours be oriented to such purpose. Every daily event offers an opportunity for unfoldment of consciousness depending upon your attitude. The consciousness within you is a divine garden, hidden garden so to say. All the acts of goodwill that you silently carry out bear fruits in that garden. The fruits of the divine garden are as sweet as ambrosia.



Inner fulfilment comes through fruits of goodwill in action and such fulfilment opens doors from pure mental into buddhic plane. The buddhic plane experiences are far superior and are even incomparable to the best of mental plane activity. Your worldly measures have no place on the buddhic plane. The rich of the world may not be rich in that world. Likewise, the worldly poor may not be poor and on the contrary would be very rich on the buddhic plane.

The measure is the goodwill exercise in action.



Virtues have a greater place in the divine plane, while intelligent misuse for worldly glory would be a disqualification for even entry into such world. Intelligence does not open doors into the buddhic plane unless it is equally associated with virtue. To be virtuous is to be glorious. To be glorious in the world does not necessarily require virtue. Worldly glory is no measure and affords no eligibility for entry into the divine garden.

Let Virtue Be The Strength Of Your Intelligence.



The Change

The sweeping changes in the contemporary time should be understood as the work of fire. In conflicts, disputes and wars you frequently encounter fire. See the fire in action besides seeing the events. Then you will understand the fast changes carried out by fire. Every work of fire brings purity. This is the understanding of the subtle world.

Your understanding of the events is mundane. There is a super-mundane understanding which needs to be gained. This helps you to comprehend events from the global stand point. Otherwise your comprehension remains a local stand point, a localized view point.

Recollection

A group of travellers once came to me and enquired of the Truth and sought my touch. I narrated the following.

Three mice came to me once and prayed that they should be given the divine touch. I enquired the three thus:

First Mouse - You lived for food. You lived for self. You lived to feed your kith and kin. Even now that is your sole program. Do you need the touch to just live a little more to eat yourself and feed yours furthermore? You are just an insatiated householder. Why do you need divine touch?

I enquired the second one thus: You read a lot of books. You have been a bookworm eating away all available books. You are hungry for information and disinclined for related action. Did not the books give you the divine touch? What the scriptures did not give you cannot be given. You have been an idler all life doing little to the surrounding beings. The divine



touch I give you does not mean really anything to you.

To the third one I stated thus: You spent your life thus far in monasteries, sacred places and ashrams and touched many things in those sacred places. Did you not feel the divine touch? When it is so, you don't feel any by my touch.

All three of you spend away your life either for food or for reading or for wandering in sacred places. By this your life is not fulfilled. Even if you are born as humans, these attitudes continue and you do not mend. Listening to these three members in the group felt deeply touched and they felt a remote recollection.



Warning

Once three adventurous ones reached my ashram daring and risking their lives. They prostrated before me and sought to be initiated. I spoke to each one of them as under.

To the first one: One of you on your way to my ashram found a man suffering from illness. He sought your help to be saved. You ignored him and passed by. Eventually he died.

To the second one: On your way to my ashram you met an old blind lady who lost the dog that helps her to move. She requested you to help her in finding the dog so that she can move with facility with its help. You ignored her.

To the third one, I said: On your way, you found a messenger moving on a horse with an important message to the king of the nation. The messenger was about to die due to an accident. He prayed you to convey the message to the king which is very important to save the nation. He even told you



that the message was important to save the kingdom. You ignored him and headed you way towards my ashram.

Persons who do not respond to the dire needs of other's life are unfit for initiation. You failed in the very fundamental of harmlessness. You do not deserve to be initiated. You may leave at once. The three of them repented on their ignorance, lived nearby the ashram eating fallen leaves and fruits for that life. Eventually they died to be reborn to receive the initiation for their evolution. Ensure harmlessness is never overlooked in your priority for activity if you wish to associate with us.



The Value of Labor

Once three pigeons came up to my ashram and sought to reside there; I refused. I informed thus: One of you ate away the grains that others preserved for their survival. The second of you ate away the seeds which are of medicinal value. The third of you stayed in the temples around the images of God. Thinking that you were divine, people fed you and you bulged.



All the three of you do not know the value of labor. Those who do not demonstrate dignity of labor cannot be in my ashram. You better be born in the civilized society of humans. Saying so, I retired into my abode.

Temple Building

Don't tread the path of self-promotion for self-aggrandisement. Rid yourself of the glamour of being special. Be normal and simple. Let simplicity prevail over every facet of life. Simplicity itself is a speciality in a world of glamour. Do not step out of the field of simplicity in any way. To be special, be simple. If not, you enter into a self-defeating loop. Meet levels with the colleagues in every walk of life. Do not stand out in glamour of cognition. Entertain welfare of the beings in your mind and strive towards it. We need qualitative, strong, big bricks for temple building, but not special stones that do not resonate well with the other stones used in building the temple.



Approach of the Master

Did you arrange a specific place in your house for the Master? To do so is not a blind faith. Arrange a place for the Master in your house and keep it as clean and pure as possible. It is your fundamental responsibility. Depending on the purity of the place that you dedicate to the Master in your house, the Master responds to you in slow degrees. As you enter the place remember that you are entering into the aura of the Master. If you look for his presence ardently in that place with consistent vibration every day, he would offer his darshan to you. The intensity of your lookout for the Master on a daily basis in a specific place in your house during a specific time is the window through which he enters into and appears before you. The intensity of your lookout for him should be warm enough. It should not be a routine act. Be alert as you enter the room, for, any moment he may become visible to you. Be alert and be on the lookout; he may initially approach you like a soothing wind of cool, greeting the



warmth of your orientation to him. He may also respond to your lookout through the chirp of a bird or a song of a nightingale. There can be a flicker in the electrical light or even a flicker in the still flame of the candle. His entry is very subtle. It is subtler than the touch of a tender petal of a flower.

Understand that the Master is intending to approach you and be more regular and intentful in your practice. In those moments close your eyes and wait to look for him in gratefulness. These are a few hints to a sincere aspirant.



The River and its Teaching



A flowing river that joins the sea is a good teacher to observe and to follow. It has a humble beginning with a set purpose. It never deviates from the purpose. As it flows it surmounts many impediments. It moves through the rough mountain range finding its own way of movement. It encounters not and challenges not any mount. It surmounts rocks, but keeps moving. As it keeps moving through the rough mountain range, other small streams join adding forces. It includes different streams and moves forward. The enjoining streams cannot disturb the coursing of the river. Some streams after coursing for a while, may take to other paths. The river minds not. It keeps its openness for entry and exit of other streams. As it moves into the plains, it helps many supporting their life. They include plant, animal and human kingdoms. As it passes through human habitats, it not only supports but also accepts impure water channelled into it by the humans. The river remains unaffected and moves

forward. Its waters grow in width and depth according to the surroundings. It minds not a fall and yet moves on. It fulfils itself by joining the ocean. May your life be set in such purpose as a river. See these dimensions in the Teacher. The teachings of a river and that of a Teacher are but a means for you to set a goal and reach it.





The Key of Utterance

- As long as one recites hymns, worship prayers and chants mantras and other sacred songs, one tends to lose the taste and do them mechanically. A mechanical utterance causes monastic monotony. They serve no purpose. To yield the best out of mantras, hymns and worship prayers, one has to adopt to the following discipline:
- Consciously listen to the uttered sound as you utter forth.
- Listen to the impact of the sound either in the throat or in the heart.
- Listening to the impact of the sound, within the being is primary, the meaning is secondary. This is the guardian rule with respect to practices of sound.
- As you utter forth the sound and listen within you would experience rhythmic vibrations of sound and the related manifestation of light. Be inquisitive of it.
- Let your utterance be not too low and not too high. Let it be melodious and moderated.



As you utter forth regularly for one hour adopting to the above regulations, the tissues of the body get transmuted, the body tends to be lighter, the mind gains subtle perceptions. Uttering the sounds daily twice in the twilight hours is considered most appropriate and yields rapid results. Therefore, dedicate the twilight hours to the work of sound. Waste them not away in life.



Brotherhood

Brotherhood is a much battered word. It is more used than practiced. After the Pythagorean groups we are yet to see groups of brotherhood. Brotherhood does not exist even between the natural brothers and it is only an ideal for the groups, which is far from attainment. Groups are gathered only to fight inter-se. There are ever changing alliances within the groups as per likes and dislikes.

As long as likes and dislikes persist in the group, brotherhood cannot happen. The members of the group need to sacrifice their personal likes and dislike on the altar of common good.

Brotherhood is the most sublime aspect of hierarchy. It is just a concept in humanity and an ideal for groups of aspirants. Everyone needs to strive towards brotherhood, which demands sacrifice of personal view-points. It is the highest state of a cultured human being. It is in that state the real meaning of friendliness, love and unity is realized.

Those who are willing to forget their self in service can
tread the path of brotherhood.

Strive for brotherhood. The hierarchy stands as
a great strength behind you.





Precision and Simplicity

Learn to be precise in every facet of life. Precision is the pet word of Hierarchy. Be precise in thoughts, speech and action. If you are too detailed, you get spread for nothing. When you get wide-spread, you get shallow. The beauty is in depth but not so much in the width. If you spread too wide, it gets difficult to regather yourself. One is skilful to be precise. Only the unskilled one spreads too wide, too shallow, to get lost. Let the impact of your action be wide. Let the actions help others to get alerted and to get oriented. Let the material around be precise, let the men around be also precise. Let things remain simple in and around you at all times. If not, you get ranged for you do not know the magical impact of material. "Less luggage, more comfort" is the keyword to a traveller. Remember you too are an eternal traveller.



The Accepted Ones

Whatever is offered in pure devotion is acceptable to the divine. Purity in devotion enables an acceptable offering. When devotion becomes a habit, such a devotion extends itself into speech, action, and even into thought. Devotion is not certain emotional actions around one's own concept and symbol of God. One has to be devoted in thought, speech and action and in relation to every thought, every speech and every action. Such a triple devotion enables an alignment within.

When there is an inner alignment, it enables to align with the outer Plan and conducts acts according to a Grand Plan. Devotion should not be confused with emotion. Emotions represent muddy waters. Devotion represents purified waters in which the mud is eliminated. When one is not devotional, one binds himself by his deeds. When one is devotional, he unbinds himself to align with the Grand Plan. The classical emotions are well narrated in scriptures. They





are pride, prejudice, jealousy, hatred, anger, irritation, attachment, fear and possessiveness. These emotions cannot be overcome unless one devotes himself on a regular basis to an act of goodwill. We help beings who tend to be devotional, and we help the devotional ones to join the Plan. The truly devoted are called disciples.





Purity, the Way

To judge things which are unknown is crystallized ignorance. If something is unknown, it is but fair to accept that it is unknown. It is bold to express what is unknown. It is horrible to opine upon things that are unknown. And it is criminal to judge the unknown things. Don't try to guess and say things which you do not know. If you guess, say that it is your guess. If you are sure only then you speak. Do not be ashamed of expressing your lack of knowledge, for no one knows all that is. Even the Creator is no exception. The Creator himself cannot say that he knows all. The unknown is unknown at all times and is known only when willed. Only as much as is willed to be known will be known by the Creator. So is the case with you. Be bold to accept what is not known. Be bold to express what is known for sure. If you express things which you do not know, you are not only deceiving others but also deceiving yourself, for the self in you is no different from the self in others. When you express that you do



not know, saying so do not feel contented when you know that you do not know a thing. You are truthful enough but you do well to make effort to know what is unknown. To make effort to know is always auspicious. To reconcile oneself that one doesn't know is mediocrity.



Once a disciple asked a Master “I wish to see God. Will you please show Him to me?” The Master smiled and said, “I am exactly on that job, the moment I see him, I will also show him to you. In the meanwhile, let us travel together in our search of God”. The Master was truthful to the disciple and together they proceeded. Such is the way of the pure.



A Glimpse of Striving



Do you know the most dangerous thought that may come to you? “I strived so much, I labored, I worked relentlessly, it looks to be a thankless job”. This is the most dangerous thought that can destroy you and your journey. Men on long journey cannot count every mile stone. When you are to cover thousands of miles, if you count yards, you would tend to get tired (1760 yards is a mile, one yard is equal to 3 feet). Men who count by the feet and yards cannot cover long distances. If you are to mount Mont Everest, you cannot count every step that you make. As much as you count your own efforts, so much you get tired and you feel that the whole effort is meaningless. Your heart breaks when you look to yourself every minute. The aspirants are like children who measure the muscle after every effort of a small weight lift. The self-measuring aspirants are chicken hearted. They make much noise and do little.

Every morning if you look to the sky, you find the birds flying fast into the sky. Do the aspirants ever



think of the distance these birds cover every day? The birds don't count the number of times they move their wings. They fly over river streams, rivers, hills, mountains daily joyfully. They fetch what is needed for the little ones joyfully and return home only to fly again the next day. Are the aspirants so joyful every morning as they get up early from their bed? Do they get up as early as the birds? Do the birds ever see mile stones on their way? In the sky there are no stones to mark the distance. They just fly.

Do you know how much Bodhisattva covers every day by his walk? You idolize him, you call him Bodhisattva Maitreya but if you know the way he strives daily, you will faint. Don't think he just stays pretty in his Himalayan Ashram to bless the humanity twice in the morning and in the evening hours. In between these two times, he does herculean tasks to save us all. Bodhisattva Maitreya should be your ideal, not only for worship but also for striving. To us, He is still an amazing worker.



The Laboratory

Discipleship is like an experiment in a laboratory. In a laboratory of chemistry, there is transformation of inputs to get the desired outputs. In discipleship, the man with the mind is the input. The output is the man with Buddhi. The final output is the man as soul. Man has to apply himself to the experiment. He should plunge into the process for the needed transformations. At best, he can remain as observer while in practice. When the process is on, one can see the changes happening in oneself. The mind gains stability from inconsistency. The stable mind gains light of Buddhi. Orienting to the light of Buddhi, one gets drawn to Buddhi and thus gets an illumined mind, which is called Buddhic mind. Having become Buddhi, the light, one tries to trace the source of such light. The source of the light is I AM, the soul. He thus realizes himself as the soul and his Buddhi as his light.

Such transformations are possible only to those disciples who submit themselves to the discipline of

discipleship. Many are enthusiastic to get into the discipline, but few are the ones who enter. Ensure that you are one among those that have entered the laboratory.



Forgetfulness

When one does not cognize completely, one tends to be forgetful. Complete cognition and recognition enable one to overcome forgetfulness. The point of light within the mind of man should be adequately focused to cognize completely the object of cognition. Complete cognition enables easy recollection. Casual cognition does not enable recollection. Things, places and persons that one likes are ever cognized. Things that are not so much liked are not so much cognized. The human mind does not like its duties and obligations. Therefore, it tends to be forgetful with regard to the duties and obligations. They require to be reminded. One feels the compulsion in relation to obligations and duties. One feels one has to do it. If one replaces the sense of having to do with the sense of liking to do, a sea change happens in the psyche and forgetfulness disappears. Liking to work and loving to work is what we teach through our demonstration in life. The students are recommended to like and to love

that which they have to do. When such liking is not, work tends to be heavy and forgetfulness sets in while at work, leading to further difficulties at work.



Orderly Growth

In discipleship the unfoldment is gradual, orderly and all-round. Haphazard development is hazardous. Our training in discipleship involves setting an order in the physical, emotional, mental and buddhic planes. We impart all the related knowledge in the buddhic plane, which percolates into mind. The disciple receives instructions to gain an orderly mind. An orderly mind functions in an organized manner, vis-à-vis the five senses and speech and also sets up a rhythm for a daily life. By such rhythm, the physical plane activity also falls into an order, if we impart to the students to set the mind in order, so that the mind sets order in relation to the emotional and physical plane.

Disorderly mind destroys all good work done at any plane. It is here we impart the importance of the geometrical figures such as a sphere, a pyramid and a cube. Many students hold these symbols in their houses, but do not relate to them to gain the necessary order energetically in them. Students are psoric

enough to gather too many profound symbols, but they are not inclined to orient to anyone of them. Let the student remember, that disorder in any plane is not acceptable for us.



Nature of Teaching

Can you segregate the colors of the rainbow? One color emerges from the other only to merge into yet another. You cannot demarcate where a color ends and another color begins. Likewise, you cannot demarcate the day and night. Similarly, our teachings cannot be demarcated and differentiated. They are all interwoven. If you try to eliminate what is inconvenient to you the other teachings also get eliminated. All teachings are but one. They are seemingly many. "One in all; all in one."

Is it not foolish to cut away a bead from the rosary? If you do so the other beads too fall. If you remove a part of the rail, is the rail track safe? Be not foolish to do so. Do not segregate any teaching. Learn to aggregate them and move forward.

Scriptures and teachings are such aggregated ones. Strive for brotherhood. The hierarchy stands as a great strength behind you.

Black and White



The rainbow does not contain black, nor does it contain white. In between black and white, the seven colours exist. As one enters into esotericism and experiences the subtle, he finds varieties of colours encountering from violet to red. The colours are attractive and are engaging. The subtle world is thus much more attractive than the gross world, for it is full of colour and sound. After the subtle world, there are still subtler and subtlest ones. The phenomena of colours conclude into black, which is called darkness. The colours die to give birth to the light through the darkness. That light is diamantine white. The darkness is but a veil that causes death to the subtle plane and gives birth to the plane beyond darkness. It is therefore necessary to understand, that entering into the subtle world is not to be seen as entering into the world of truth. The subtle world carries as much illusion as the gross. It is distinctly superior to the gross due to the absence of density of matter and yet it is also of matter

which binds. The subtle plane also needs to find its culmination into that darkness which gives birth to the light. May not the disciples rejoice as they enter the subtle. They need to resolve to proceed beyond the subtle. To be at the gross is to rejoice at its least. The joy of being is much more expansive in the subtle and most expansive in the causal.



Rest and Relaxation



An aspirant must be a self-responsible one. He cannot afford to be irresponsible in relation to any activity of life. It is his fundamental responsibility to take good care of his health. Responsibility enables self-reliance. Be self-reliant in matters of health. Do not abdicate your responsibility of health into the hands of the doctors. It is your fundamental responsibility to ensure good health to your body. Do not think that it is the doctor's responsibility to maintain your body. (He has his own body to maintain). A doctor is a helper, but you have to help yourself. If you have a healthy body it contributes to a healthy mind and vice versa. When you have a healthy body and mind you are able to carry out your obligations and works of good will effectively. Until you regularly carry acts of good will and establish a rhythm and regularity, health does not come from higher circles. Many idling aspirants look into the sky for health not doing what is needed to be done by them. We are as helpless as they are to help themselves.



While attention to bodily health is important, it cannot be over-emphasized.

One cannot devote one's attention all the time to one's own body. This is another kind of responsibility. In relation to the work, one cannot see what is comfortable to the body. When a work is to be done, bodily considerations cannot come in the way. For example, one needs not to stop the obligatory good will work, just because there is a little headache, a bit of cold, fever and bodily pains. When sickness is heavy and demands rest, understand that nature wants you to rest. Human beings do not know how to rest. In hours of rest they brood over the past. Rest comes through the means of relaxation.



Relaxation comes through attending to the most cherished aspects of life. Some may get relaxed at the seaside; others may get relaxed by gossip. Yet others may relax by relating to the children. Each has to find his own way to relax. Do not go by advertisements of marketing of the world for relaxation. What cherishes you most, relaxes you most. When you are relaxed, the energies are rearranged. The modern world does not really know how to relax. It promotes programs of exhaustion in the name of relaxation. Relax, revitalize, and enter the work with renewed vigor.





The Children

Infants utter forth from time to time certain words and sentences, which give clue to their past living culture. The lives of the infants can also be traced through such utterances. Elders need to encourage the children to speak of such positive utterances. The children should not be snubbed in disregard. Many times children show their readiness and enthusiasm to speak things, which are far bigger than their age. Elders should feel responsible to listen and even to encourage. Never discourage or arrest such efforts of the children. The past of the child exists in the child in a seed form and from time to time, it sprouts.

All desirable sprouts have to be encouraged regardless their age. Children due to the tenderness of their bodies naturally get up before dawn, but the lazy parents feed them and put them back to sleep. This is highly deplorable. When the child gets up during dawn hours and tends to be active, responsible parents should allow the child to do so. If possible, they too can





join it in the golden hours of the day. During two hours before dawn, diamond consciousness prevails. Conditioned by material, many humans cannot even wake up at that time, while a child does so with ease. Do not hinder the child of its progress according to the bohemian tendency that the elders carry. There are some children, who come out into the world earlier than normal. These are the ones, who are extra active and highly perceptive. It should not be understood as hyperactivity. Let not the elders come in the way of the natural unfoldment of the children.



A Loop



Once, a student picked up the discipline of being silent. He decided to be silent and ever not to use the speech. He was engaging in long hours of silent contemplations. One fine morning, he heard from within: "Good speech is even better than silence. It releases you from the tension of being silent. Listen to good speeches and converse through good speech. It enables you to develop association with men of good will."

Instead of making noise through speech, silence is better for sure, but speech is a divine gift to men to make appropriate use and benefit from it. To speak well, to transmit light through speech, to build friendship and to win the hearts of beings, speech helps. Denying speech is denying a gift. A gift should be well used. For fear of abuse, if you do not use it, you will be unworthy of the gift. It is not enough if you stop listening to manipulative, critical and judgmental speeches. It is desired that one listens to nourishing,



uplifting, inspiring speeches. The faculties of listening, seeing, speaking, etc. have their divine dimensions. Depending upon the ability to use one may complicate oneself or elevate oneself.

Discipleship is to avoid complications and avail the possibility of upliftment. Likewise, not doing bad deeds by itself is not sufficient. Good deeds, as well, have to be done. Do not walk into the loop of what not to do, how not to do, where not to do. Get into the lighted path of what to do, where to do, when to do and how to do. Let not your mind lead you into the loop of practice.



Never Say "Quits"

When learning is not, experiencing remains static. When experience tends to be static, evolution stops. Life gets wasted. To ensure that life is not wasted away, one needs inspiration. If one has no inspiration, at least one should have enthusiasm. When a life has no enthusiasm, no aspiration and no inspiration, it tends to be inert. In such a situation, one lives only to fulfill the body needs such as eating, mating, wandering and sleeping. If one observes a tree, one finds that it is ever growing and growing vertically. If one sees an animal, one can find that it has certain aspirations to fulfill its needs.

Man has the possibility to grow vertically in consciousness and move around to fulfill noble aspirations. He is a flame of fire and can manifest himself as a rainbow. In him the 7 rays exist, the 7 colors of light exist, the 7 notes of music exist, the 7 seed-sounds exist. He is a treasure by himself. All that he needs it to cultivate himself and continuously evolve

himself through continuous learning, working and experiencing. Let not the path of evolution be exited. Once exit happens, it takes long time to re-instep to the appropriate entry.



Yagna

The work in creation ends not, therefore do not entertain the thought: When will this work end? The work ends not. A true worker ends up into eternity and realizes the endlessness of himself and the work.

Work is the means for self-transformation. The worker and the work shall have to become one. Do not see the work extraneous to yourself. Integrate with it and flow with it. As long as you do not integrate with your work, the magic of transformation happens not. There is meditation in work, which the idle meditators do not see. Only Yogis see that work is meditation.



As one engages in good will work, his whole system falls in alignment with the buddhic plane. Consequently, good will happens as man moves from mind to Buddhi. Reaching Buddhi from mind is the initial step of meditation, which happens with work. Do not avoid work for meditation. Association with work to the point to your absorption into work enables you to gain a meditating state. When I say work, I

mean selfless unconditional service. Work was originally conceived to be so. It is called Yagna.





Resistance

The human thought is at its Aquarian speed. Humanity is moving at great speed in the developing and the developed world. The undeveloped part of the human world is conditioned by the Piscean thought. The thought-world of the humans is propelled by the incessant thoughts that emerge from humans through the quality of dynamism. Into these thoughts, seeds are introduced from higher circles as per the Plan to cast a leap forward. When the plane of light is active, the plane of darkness also tends to be active. As much as seed thoughts of the divine plan are introduced, so much the seed thoughts also emerge from the diabolic. Consequently there is the activity of light and darkness taking place in a greater tempo. As much as the humanity is progressing, so much attempt is made to arrest such progress and even cause regress. The human thoughtfield requires to be guarded of the negative seed thoughts. It also requires to garden the positive seed thoughts. The positive thoughts occur from the



supramental plane, while the negative find entry through the human weaknesses which are mostly emotional. The New Group of World Servers are those who orient to the Divine Plan through prayers and meditation, the seed thoughts of evolution and translate them into action. They should take particular care not to let their emotional and physical bodies be weak. Any weakness at the emotional plane provides gates for the negative energies to enter in and destroy the positive work. We have set out to the world at large a great statement of consequence which runs as under:



The Guru

If you carry spirit, the Guru can pilot your ship of life. Without spirit as fuel of your ship, your life cannot be piloted by any Divine power. Spirit is the key. It is the solution to your life, you are blessed if you are spirited, if not nothing moves forward in life. Hold on to the fuel of spirit. The pilot takes care of you.

HE leads you by the depth of your spirit not by the vastness of your intellect. Mind you, spirit is the quality of your heart, while intelligence is the quality of mind. When you have spirit of life the Guru can dispel the attack of sleep. The Guru can uplift the drooping spirit. Do not entertain any uncertainty in thought when you sense through your spirit that you are guided. Be thankful in silence and do not utter forth any word relating to your guide.

"May we shut the door where evil dwells".

The evil is nothing but the negative energy which creeps in as pride, prejudice, hatred, jealousy, ambition, fear and personal advancement. When group members entertain any of these energies in themselves, they tend to be unfit to translate the thoughts of goodwill. The negative energies debilitate the lines of force within oneself and cause debilitation of the vital body. A debilitated vital body would make the physical body a harbour of sicknesses. The emotional sicknesses would rend a worker unfit to carry out the goodwill work which he plans to do. Let not the emotional plane disturb the inflow of energies on the Buddhic plane and destabilize the mind.

Sun-Worshipper

If you are revealed of your surroundings you get frightened and terrified. You are living in an ambience of danger. Many times ignorance is bliss. You are living in danger, yet you do not know that due to ignorance. You know to some extent that you are living in a polluted ambience. You know that dust, the water and the air around you are polluted. But you do not know the chemistry that they bring forth together. Besides the triple pollution, there is horrible thought pollution. Regularly, humanity contributes to the pollution and that apart there is explosion of variety, emerging from fire of fighting, of human bombs and the like. Moreover there are experiments relating to friction and atomic explosion in the deserts and the oceans. There is an increase in tension due to heat at the poles causing melting of the ice. The planets in the solar system are also tense due to the increasing pressure of time. The Sun of our solar system is ever engaged in causing the usual adjustments to bring



about harmony in his work around the clock to harmonize the energy in the solar system. Blessed are those who worship the Sun and find harmony within one's own heart. Those are the ones who are capable of dissipating the surrounding pollution on the planet. Such workers and worshipers are the need of the hour.



Doing



Do not neglect your thinking ability. The power of thought is one of the major powers of man. The one who neglects one's thinking ability is neglecting a promising future. Direct your thoughts towards a purpose. If you do not, the thoughts defuse and dissipate your energy. Turn out the facility of thought into the power of thought. You are given the ability to will, to know and to do. It is a facility.

Depending upon your usage of the facility, you find your state of living. Devote your time to will a purpose, to know how to accomplish that purpose and then to direct yourself towards the purpose knowledge. The difference between human beings is the difference in using the facility. There are many who do not will. They only desire. Desire remains a dream unless it is transformed into the will to know and to do. Many men are engaged in desire but are not engaged in the knowledge and action relating to the fulfilment of the desire. Again, there are men, who know and act to fulfil



a desire. But most of these men are propelled by selfishness. When a desire is selfish it binds one. When a desire is for a general good it binds not. Desire for general good is will, goodwill. Desire for self is not the 'Will'. To will for self is inferior to the will for general good. Not to will is ignorance. It leads to inertia. It leads to self-destruction.

Instead of destroying oneself, it is better to desire for oneself and move in light. It is still better to desire for all and move upward in light. A doctrine that promotes non-doing is the doctrine of inertia. A non-doer is not allowed by nature to progress. Non-doers perish. Doing causes movement of energy. There is movement in atom, in plant, in animal, in the planet and in the solar system. One must learn to move. When one moves for the general good of others, he moves in a spiralic path and reaches the peak of life. A man that moves for self, is in a cyclical path, he remains roaming round the end.



Offerers, Not Pilferers

Teaching is not only a noble profession, but also a difficult profession. A teacher is one who sows seeds of goodwill in the tender hearts of children. He eliminates weeds from the tender hearts. He supplies energy to nourish the seeds, to grow into plants and trees. He would ensure that his students are offerers to the society but not pilferers.

Today teachers do not have the art of teaching. They are workers, not teachers. They work for remuneration. They give information in the name of education. They sow not anything in the students, for they do not have the art of sowing. They cannot see that the tender hearts are the virgin fields to grow beautiful gardens of Life. They turn the tender hearts into barren fields of commercialism. These workers live for their stomach and show themselves as an example for others. The students also learn and work for their stomachs. The modern world consists of many 'educated' humans, who live only for their



stomachs and the stomachs of their kith and kin.'

Those who work and eat for themselves are all pilferers according to wisdom. "He who eats for himself is a pilferer". Until the quality of a teacher goes through a metamorphosis for the better, we cannot expect a better human society. What is today happening in the schools and colleges is not education.



Forgetful Humanity

The humans on this planet are as ancient as the planet itself. Innumerable generations have come and gone. But it is only the same humanity dwelling on the earth, associating and disassociating with human bodies. Innumerable times they are incarnated. Innumerable times they are taught. Many are the teachers, whom they have listened to. Every time they listen, they listen afresh, for they do not recollect that it was already taught. They are blissfully forgetful. Due to this forgetfulness their progress is tardy. Therefore they are repeatedly going through the cycles of birth and death and are unable to transcend. The teachers who teach them have a tough task. The teachers ever try to impart the teachings with newer and simpler techniques. Teachers have substantially improvised their teaching and training techniques. They are ever engaged in this task of simplification. In spite of these efforts, the task of human transcendence remains unattainable. It is indeed a Herculean task to lift up this humanity.



Teacher's Aura

There is much an ebb and flow in the life of an aspirant. One encounters much tension and pressure and even opposition from the surroundings as one stands in aspiration. An inspiration or an aspiration is a tender sprout within the tree of life. It could turn out to be a flower or a fruit. It requires protection from the rough weather that surrounds it. All tender and valuable things are under nature's protection. Divine treasures and gems are under protections of serpents. Divine, fragrant flowers or trees are also under the protection of the angels.

Aspiration for the divine is under the protection of the teacher. Just like a gardener takes care to protect a bud, which is a future flower to be, the teacher protects the budding aspiration. The teacher sets a shielding aura around for the bud of aspiration to grow and unfold. It is unwise to get out of the teacher's aura by indulgent activities, which are prohibited for the aspirants. Injunctions coming from the teacher





shall have to be implicitly followed and not transgressed to ensure the aura of the teacher. Doubting the teacher, discussing his injunctions, quoting the teacher, speaking of the teacher unrequired may cause cleavages to the shielding aura. May that not happen with an aspirant.



Co-operation

A true believer believes in the benevolence of nature. The nature nourishes and protects those who nourish and protect the nature and its beings. As much as one nourishes other beings and protects them and their interests, the nature continues to protect and nourish. Self-protection, self-profiting, selfish cornering of natural resources is nothing but ignorance from the standpoint of the divine law. As one helps others, the nature serves the one. This is an infallible law.

Service is the law that liberates the individual from the bondage of life. The one who dedicates life to service is the wise one whom the nature and the intelligences of nature support and even glorify. Man should know that nature bestowed on him the life and the light, that nature bestowed on him the mind and the senses. It bestowed on him intelligent functioning. Nature did so out of benevolence and not out of man's desire. The cooperation that the nature gives incessantly should be noticed. Man should also learn to



cooperate. Until the man learns to cooperate, he cannot really serve.

Cooperation and service are the fundamental principles of coexistence. Looking for divine light is a fallacy, when one does not know how to cooperate and serve. Individual life tends to be truly a group'al and social life, only when one cooperates with the others and serves the others. No individual can ever progress by being individualistic, by being separative and by trying to stand out special amidst the others. Atonement is but 'at - one - ment', meaning to be one with the other. The key to divine light is mathematically stated as $1 + 1 = 1$, but not 2.





The Cool of The Commandment

The commandment of Master is like the shade of the tree. The tree-shade turns the hot wind to be cool. Do not leave the shade and lose the cool. The social appreciation and recognition may draw you away from the cool and the shade. Then you are affected by heat i.e., the malice of the world. You may even get the sunstroke i.e., the fatal blows of the world. The indiscriminate and inconsistent ones are exposed to such danger. Stay cool and conduct the action as intended. Let the commandment be followed implicitly.



Electricity

Electricity illuminates. Electricity has multiple purposes. Electricity is also used for healing. Man has learnt using electricity for variety of purposes. Man's invention of electricity is big progressive step. But man needs to realize that he himself is electrical. His electrical power manifests through Buddhi and transmits through mind.

Every transaction he does is more or less electrical. Intuitional thoughts are high electrical thoughts that enable manifestation of substantial work. General thoughts enable a general functioning with dim light. Between in a bed lamp and a flashlight the difference is the degree of illumination. A bed lamp provides minimum visibility in a room, but a flash light provides illumination to a large area. The prayers and the occult practices are only meant for improving the candlepower of one's Buddhi. As much as one improves upon it, so much he can serve the surroundings.



The mantra Gayatri, given by great seer Vishwamitra, when sung regularly enables subtle enlargement of electrical power. Gayatri enables contemplation upon the light, that illumines the triple Suns - Cosmic, Solar and Planetary. May the seekers of truth work for such enlightenment.



Poise

There is no shade in the divine plane. The mortals cannot even imagine this. The general understanding is, "There is no light without shade". But that is true only in the mundane world, where matter obstructs the spirit. Likewise there is no sleep as well in the divine world. Sleep is replaced by rest in the higher worlds. A yogi rests, but does not sleep. Sleep leads to inertia. In a yogi, inertia and dynamism are absorbed into poise. His is a poise living. There is no visible sleep or dynamic activity. Through the poise, he delivers much more work than the apparently dynamic one. Through rest, it is an aspect of poise. His energy has even flow. This does not cause depletion of energy, due to the yogi's link with eternity. Space, sleep and shade are alien factors to the immortality. It is so to a yogi, who transcended death.

Egoless'ness

Acts of goodwill are never obstructed or impeded by the turmoil of the world. Even when the world is in turmoil, the simple acts of goodwill continue to be. Know this truth. Acts of goodwill are supported, enforced and strengthened invisibly by the invisible helpers, teachers, Masters, intelligences, and the nature.

Purify your mind, senses and body through habits of cleanliness and prayer and conduct the acts in love of service. Be not egoistic. It pollutes the service activity. Eliminate egoism in daily prayers. If you let egoism grow, it impedes your service and degrades your quality. Speak not of you. Neither praise nor criticism relating to you be entertained or expressed. Learn the art of living where you speak of the plan, of the work and of noble purposes. Link it not to your acts of goodwill. When you care not of you, we care for you.

A Fiery Work

“Man, know thyself!” is an age old dictum. This dictum is not for the weak and the meek. It is not for the debilitated one. It is also not for the indocile and timid one. Not all can know. It requires courage. It requires adventure. It requires strong will. It requires patience. It is not the steadfastness. It also requires ability to withstand innumerable changes, most of which are unexpected.

One should be prepared for enormous labor, discomfort and even pain. The work is a fiery work. The fire causes the needed transformation for the base metal to turn into precious metal. The seeker is ignited and enflamed. The flame is fanned to glow. In that glow, the seven tissues transform to give birth to the eighth one, Ojas, which is the divine brilliance. In that brilliance the seeker sits in as the eighth child. The will of the eighth child enables the inner fire.

The Law of Change



Observing the change is an aspect of discipleship. The observer is the unchangeable one. The Self is the observer. The rest is nature. The nature of the observer and the nature around the objectivity are in eternal change. Every change is due to nature. It is but natural that change happens in creation. Accepting change as it happens within and around dissolves the conflict. It is only non-acceptance of change that promotes conflict. Changes are desirable sometimes and undesirable sometimes. What is desirable and what is not desirable depends on the evolution of the individual. To adapt to right understandings, one should learn to know and follow the laws of nature. It is with the help of these laws; right relation is established with the nature and the nature around.

Selfless Service



In the new age, self-salvation and liberation is through selfless service to the surrounding life. Service is the law of liberation. Those who worship, who pray and who meditate for their own growth in to light are seen as selfish. Every prayer is to be aimed for groupal good, groupal welfare, groupal enlightenment and groupal liberation. Then, this latter category of prayers is seen as service.

Once upon a time there lived a saint in Himalayas. He was sitting on the surface of a clean lake in Himalayas and was meditating, staying afloat on the waters. The word slowly spread and people started visiting him from all corners of the earth. They were awestruck at the feat. They were prostrating at the bank of the lake. They were offering camphor light, and they were worshipping the miracle of the floating saint and even disturbed many from their daily work. They were attracted to the miracle and ignored their own duty.

They were discussing of him and his power of



meditation. One day, a Master of Wisdom walked up to him on the surface of water, touched him gently on his shoulder and said, "Get up. Go and do the lot of work allotted to you. You have failed in discharging the ordained work and you have distracted many from their ordained work. Your meditation is causing disturbance to harmony. You are preparing unconsciously idlers and gossipers. Instead, water a plant, tame and take care of animals and work for humans." May the aspirants crave not for light! The light visits those who serve the surroundings with heart, body and mind aligned.



The Humming Music of the Soul

When the soul is joyful, humming music in no tone emerges from within. It is the music of the soul. When there is such an emergence, it means the soul is joyful. The joy is causeless. Even your mind cannot find the cause for such humming. The music of the soul trickles where mind permeates into buddhi. When awareness resides in mind the humming music of the soul exists. When the humming exists the mind and thoughts cease. Entering into the thoughts is like entering into a bureau. At bureau the mind is at work. It lays down the plan of work and executes the thoughts as per the plan, with the cooperation of senses and body. One cannot stay all the time in the bureau. He has to come out of the bureau of mind. Live like a bird in the nature flying and singing. When work is, be a bull worker. When work is not, be a humming bird. If you over-stay at work, you tend to be a workaholic. It is no better than being an alcoholic. The mounting ills of health are mostly due to mounting work to man. When

mountains of work are managed, the music of the soul helps one to make the work feather-light. We therefore strongly recommend music and musing to hold life lively.



Divine Powers

People are funny; they aspire for divine powers. They do not realize that they carry already many powers. They least know the power of the body, the power of respiration and the power of thought, which is in their reach. How can further powers be entrusted to fellows who do not use what is already bestowed? Learn the power of thought and practise. Learn the power of sound and speech and practise. Learn the power of fiery aspirations and progress. Learn the unlimited powers of the human body. That really does not demand so much as you think.

Unless the given powers are well used, further powers are not bestowed by Nature. Let us work with what is given. Let us not dream and stop working with what is given. This is wisdom.

Prayers for General Good

When the world is in deep crisis, foolish are those who pray for self-profit. There are so many ashrams on the planet into which many retire for self-seeking, peace and harmony. Instead they could do better to pray for humanity and its upliftment. In thinking of other's welfare, the key is hidden for true-self-unfolding. The prayers must be directed for general good, not for self-good and self-benefit. Such prayers enable receiving true direction for life. When there is no cognizance of direction, there is no effort in that direction. Hence no progress is possible.

In the mountain ranges, valleys, forests, caves and on the river banks, there are many unknown groups, who do intense prayers for general good. It is their prayers that reach lofty heights to protect humanity. May that be the purpose of your prayer!

Intelligent Adjustments



The earth is put to fire. The fire stepped up its work on earth. The planet is heated up more than the earlier times. The beings on the planet are also heated up. When the work of fire is stepped up in a human body, it leads to fever, nervous tensions, joint pains, and even brain damage. Those who are affected by the fire need to take precautions.

Firstly they need to learn to relax for 5 minutes at every three hours. They should learn to arrange their abodes peaceful and serene. They should also think of relaxing to meet the rhythms of restoration. Luke warm if not cool water showers are greatly helpful. Arranging the events of the day will help avoiding tension. Attending to ordained work and not initiating any work is a skill to be inculcated. River banks or sea shores or mountain valleys may be availed. Adapted to the above will bring in much better health than what the medicines can give. Such adjustments may be made intelligently.



Stand Inspired

It is not enough if one is inspired. He should have the proper character and continued encouragement. Inspiration is the divine impulse. It has to be nurtured, nourished and directed if required.

Our work is not in relation to inspiration. Our work is to those who receive the divine impulse and stand inspired. Many are under the impression that the Brotherhood inspires. The truth is that inspired ones draw support from the Brotherhood and progress on the path. Inspiration aspect comes from the divine. For a horse that is thirsty, we show the way to the water resource. We do not make the horse to drink. It happens to the horse from within. The divine impulse falls from within. We have pledged ourselves to cooperate with every inspired one, regardless the fact of the latter's recognition of Brotherhood. Those who know of the Brotherhood also may not receive our cooperation, unless there is enough inspiration in them. And those who do not know and yet work with



inspiration receive our cooperation and fulfill the cause. In those cases, some of them may not even cognize the support coming from us within. Know that our work is very impersonal. We have no bias towards those who worship. We support all inspired ones, for we have pledged to support divine wisdom.



Education - Information

The ancients entrusted knowledge as per the degree of evolution. Today massive information is made available. Many are abusing the information instead of getting educated. Remember that information and education are different. In the hands of the educated, information works wonders. In other hands it does not; on the contrary, they become destructive.

One should therefore think well before sharing thoughts of value.

Perceptual Games

The Presence is experienced generally when one is alone. The sound of silence which is called NA-GA, is better heard in aloneness. It is heard within and also without. It is therefore beneficial for a student to be in a place of silence. In silence, listening is improved. It enables listening soundless sound. In silence, the touch works better. The touch of Presence is much better experienced in the hours of loneliness. The subtle touch of Presence and the subtle Presence of sound enable birth and growth of Antahkarana. In all old traditions, there is a children game. A child is blind-folded and is asked to go around, to feel the presence of others, to recognize them by their voice and also to recognize them by touch. Recognition by sound and recognition by touch are better perceptions than recognition by sight. Developing subtle perceptions should be brought down into group games. Otherwise students remain with a gross understanding of sight.

“Seeing is believing” is a poor state of comprehension.

Music of Nature

Worship of fire shall have to be deeper than ordinary. The flames of fire purify the surroundings. Very few can observe the celestial dance of the fiery flames. Such dance is also accompanied by the related music. Blessed are those who can listen to the music of the flames and observe the dance. People are only oriented to the burning sounds but not to the music and the dance of the flames.

In ancient times groups were singing and dancing around the flames as a ritual. Their dance was in tune with the movement of flames and their music was in tune with the dancing movements. Playing instruments in tune with the dancing flames was the art of the ancients. Similar music and dance can also be experienced when it rains or when one is near the waterfall. The passing of the breeze in the valleys and forests has also its related music. The nature around in fact is filled with music. The music is different at different times of the day and in different moon phases

and seasons. Man lost the ability to listen to this music.



He creates his own music, which is out of tune with the nature and suffers it. The soul lives and thrives by music. But the modern man is just thriving by the drudgery of work.



Thirst for Gold

Man's avarice is endless. He is over-ambitious. His glamour for gold led him to atrocious acts. Till today, the thirst for gold is unsatiated. Man keeps on digging for gold. The gold within the earth represents the vitality of the earth. The planet's vitality is usurped by men who are enslaved by the thought of gold. Man did not limit it with the fellow men for the yearning gold. The digging for gold is akin to the striking the branch of the tree upon which he resides. As much as gold is extracted, so much the accidents by fire keep happening.

The enflaming of forests in California is but the consequence of inhuman exploitation of that golden land. Man needs to realize the subtle consequences of his atrocities. The science of tomorrow will eventually attribute the wildfire to the imbalance of the area. To wear gold upon the body helps to vitalize the wearer, but to extract it only to transform it into biscuits and bricks and store it in the



strong rooms of lockers is an act of utter ignorance.

The gold stored is neither used by humanity nor is it available for earth's vitality. Man cannot bear the outrage of fire as is prophesied. To prevent such an outrage there has to be a review.

Let reason prevail!



'Out of Turn' Thoughts

Observing the change within and around has to be a continuous effort for a true aspirant. As much as one is able to observe the inner and outer changes, one stands out of the ever-changing forces of nature. The one who knows the change is the one who adapts to it with ease. Adapting to the changes is possible only when one is alert to observe within. It is easy to hit or to shoot a non-moving target, but it is not easy to hit a moving target.

When an aspirant is in observation of the ever-changing world within and around, he gets from time to time electrical (intuition) thoughts, which he needs to relate to and even adapt to. When these hints are overlooked, one would miss an opportunity. When the tide is favorable, one requires to move on with it at once. If not, he misses the tide of life.

Many aspirants neglect the thoughts coming from higher circles that help them. They do not even make note of such thoughts which may happen in their

hours of meditation, contemplation, travel and relaxation. Aspirants are advised to make note and follow 'out of turn' thoughts of special nature. This is imperative.



A Subtle Advice

To lead a fellow being subtly to the Path of Light is a duty cast on you. It is an act of friendliness. For this you need to comprehend our teachings.

Practise the comprehended teaching in life, speak only that which you practice among our teachings. Never speak the teachings which you do not practice. There are many preachers to do so. They failed because they speak that which they do not practice.

Engage yourself in practice of comprehended teachings, and in friendliness transmit such teachings to the fellow being. This helps you and helps others to walk the Path.

The Clue to Goodwill Work

Acts of purity are unaffected by the conflict and the crisis in the society. However much the society is in turmoil, acts of purity continue to progress. Goodwill in action is unstoppable. Behind every act of goodwill and of purity, there is a band of invisible helpers. The seers and the angels of the nature help subtly every person who dedicates himself to noble acts.

As a goodwill worker, one has to eliminate in him the weeds of jealousy, pride, competition, suspicion, hatred and the like. There must be a daily effort to cleanse oneself in all the three planes before one enters into the field of goodwill action.

As one engages with actions of goodwill, he/she gains recognition from the surroundings. As more and more one is recognized, one tends to be vulnerable to be an egoist. Egoism brings ignorance along with it, causing hindrance to the flow of goodwill work. When goodwill work ceases to flow well, one has to look for obstacles within.



When the obstacles within are cleared, the
work flows again.



The Receptors



We transmit rays of brilliance to the students who regularly pray. The students receive the brilliance in three different ways.

- The first category translates the brilliance into their practices of discipleship. By this, they enable effective transformation in their vehicle (body). The brilliant thoughts received in prayers are arranged methodically for a plan of action. They execute them with minimum speech.
- The second category of students find that the brilliance received in them is not retained. This is due to the density of the tissues of body. Their body tissues repel the impulse and the influx of light. They are therefore not yet ready for transformation through action. They need to ensure that their body tissues are made tender through right food, right exercise and right action. To them, their nature is uncooperative. It is like living with an uncooperative spouse.
- There is a third category of students. They receive the



brilliance through prayers but squander them through gossiping and irresponsible wastage of time and energy. Such ones stand as failures on the path since their nature does not yet permit them to move on, move forward towards light. They are the most unfortunate ones. Unfortunately, they are many. To them, the prayers could not deliver the needed gifts.

Regardless the quality of the students, we continue to transmit brilliance whenever and wherever a prayer is done. Our transmission remains. Its benefit is according to the receptors.



Duality

The world survives by duality. It has its own goodwill and evil in action. There is a hierarchy that promotes goodwill. There is also a hierarchy that promotes evil. As much as there are activities of benevolence, there are also activities of thieving and looting.

One hierarchy promotes culture and civility of the beings while the other obstructs and promotes contrary culture. Efforts for evolution are countered by efforts to resist such evolution. Ignorance always awaits to consume knowledge. Ignorance is aggressive while knowledge is neutral. The neutrality of knowledge is seen as a weakness by ignorance. Knowledge resists ignorance but does not fight ignorance. Ignorance is ever active to obstruct the activity of knowledge, to insult it, to misinterpret it and to slight it.

As disciples, one should stay neutral and resist ignorance and yet, not fight it. Fighting ignorance promotes more and more fights. Human history is full of fights and wars at global level. War is not a solution

as we see it. War becomes inevitable when ignorance is assertive.



The Ring of Saturn

Be not afraid towards expansion of consciousness. Every expansion requires breaking apart an existing limitation. The chick in the egg cannot expand itself into the world if it is afraid of the action. It necessarily needs to break to find its freedom. So also an aspirant needs to break the meaningless customs, traditions, superstitious beliefs and other shackles of the society. Every attempt to break arouses opposition but, unless undesirables are broken, expansion cannot be achieved, new consciousness cannot prevail. We insist on limitless striving towards expansion of consciousness to reach the unusual state of awareness from where all is visible.

Be-ness

Existence is the other name of I AM. Be-ness, existence, truth, God are synonyms. Every person says I AM. I AM is but the Truth. Since be-ness continues to be, it is called being. Being as the basis, as the truth, Nature builds triple activity. The be-ness permeates into activity and continues to be. The Nature does play around the be-ness. Be-ness is the stage in a theatre, the drama on the stage belongs to Nature. It comes to pass, the stage ever remains.

All come to pass upon existence, associating with that which comes, acts and passes away is like associating with the play of Nature. Associating with the background of that which comes to pass is seen as associating with the being, with the be-ness, with the truth, with I AM.

When one learns to be, he sees the beauty of the play. When one becomes part of the play, he cannot experience the beauty. Be, witness, observe are the key words in Yoga. In each one of us, there is the play. By

relating to the be-ness that we are, we can see the beauty of the play within and around. It requires understanding and practice.



Uni-Verse

The Hierarchy is eternally linked to the Omnipotent and Omnipresent Energy called God. This alignment is primary for all our actions. It is by this alignment, we enable the Plan to dispassionately manifest according to time and place. We rejoice through our observation of this manifestation through us. The dexterity with which the Divine Mother manifests into its eight-fold Nature, the Plan for upliftment of beings is amazing and bewildering. The energy in manifestation is but THAT I AM which we call God. You say 'I AM'. We say 'I AM'. All Self-conscious beings say 'I AM'. Even the Sun says 'I AM'. The 'I AM' in each unit of existence is but part of THAT I AM. As I AM all unitary existences, big or small are one and the same. The difference is in dimension. I AM as individual, I AM as Sun is but THAT I AM. The envelopes around I AM built by Nature give different abilities and dimensions. As I AM, We are One. By our Nature, we are different, a variety. Seeing the One in the variety enables us to accept the variety. If

variety is seen as different, it is still fine. But it cannot lead to differences, disputes and conflicts. Ignorance of disputes and conflicts can only be resolved through the knowledge of unity and variety. This knowledge enables acceptance of Uni-Verse.



The Light Beyond Darkness

The most profound miracles that we encounter daily are the dawn and the dusk. During the dawn, darkness transforms into light. During the dusk, light transforms into darkness. The gates of heaven are open in those moments where the twilight prevails. Heaven means the world of shadowless light.

Little is known of their importance even to the self-styled disciples. Many aspire to enter into the subtle world of Light. Their aspiration should lead them to the world of light through right techniques and their related attunements. Effort be made to observe how the darkness turns to light and how light turns to darkness. A keen observation is helpful. Be a witness to this transformation of darkness into light and light into darkness. Witness this drama within yourself. Witness the increasing light and decreasing darkness and vice-versa.

As you keep observing the play of light and play of darkness in you, a truth reveals to you – that you

are not darkness and that you are not the light as well. You stand beyond as an observer of the play of light and the play of darkness. When this truth is realized, you stand in the field of Light which has no shadow and which is beyond darkness.



The Art of Thinking

Thinking is an art. Not many know this art. Thoughts normally keep happening. Thoughts' normal state is beyond the 5 elements. Letting the thoughts down into the elements is a dip of the thought power. To work in the nature you may dip in. But learn to get the thought back to its normal state again. Do not leave it with the 5 elements. Then it gets dirty and polluted. Let the thought come back having done its work. Practicing this enables you to retain the thought even beyond the light of the ether. Ether is the 5th state, thought is the 6th state and you as man is the 7th state. Let the 6th one remain where it belongs. If you let it down it lets you down.

Advice - Inflammability

To advise is but common. Advice has no value when it is given without being sought. If the person is not of value, his advice is also not valuable. Advice is generally sought from valuable persons. When sought, advice need not be necessarily given. It should be seen if the seeker is genuinely interested to know or if he is casual. The advisor shall have to be as genuine as the seeker. When the above said conditions are fulfilled, the advice would be one of great value. It gives but to appropriate inspiration. It causes unfoldment of mind. It satiates the urge in heart. It promotes the related action. Know that a true advice is a highly inflammable energy.

Dwarfs

Be attentive of Dwarfs. They may be short in appearance but not in understanding. On the contrary, they are the quick ones. Their grasp is quick, their speech is quick and their action is also quick. Trees that give abundant fruits are generally short. The trees that grow tall are not the ones that yield either fruits or flowers or even shade. So is the case with animals. Animals that yield milk, that cultivate fields and that assist humanity are also short in Nature. They even give good company when domesticated. Animals that are huge in stature are not so very useful to the society at large. The usefulness of the dwarfs is well depicted in many legendary stories of the past and of the scriptures. They carry a qualitative brain and have an edge over the others. Among the Masters of Wisdom, Master Jupiter is the shortest one and yet the tallest one in stature. Be not carried away by the tall-statured frames. Among the Avatars, Lord Krishna is said to be shorter in form than others.

Centre to Circumference

Center transmits energies with equal vigour and power in all 360 directions (degrees) towards the circumference. The circumference that is all around is equally invigorated. Such is the presence of a Master of Wisdom. Wherever he is, all around him is invigorated. It is ignorance to think that some are closer than the others to a Master of Wisdom. A Master of Wisdom is akin to a point of Light that transmits its rays all round with no preferences attached. There are no differences involved. Differences exist with the receiving agents.

The aspirants around the Master experience the Master differently due to the difference in their personality. The Master exists in the heart of every being from where, the rays of love, light and power are transmitted all around the being. Relating to the heart and experiencing efficacy of all centers around is an all-round experience. The sun is experienced in the entire solar system. So also the soul that relates to the Master

in the heart experiences the three centers above the heart and the three centers below the heart concurrently and stands in synthesis. May you stand with the Master at the heart and experience your whole being. Such an experience is a complete experience of oneself.



Familiar but Unfamiliar

A crown, a turban, a hat or any other headgear is symbolic of existence of something beyond oneself. In every tradition, we find usage of headgear. It is recognition of a super intelligence presiding over oneself to which one may relate to by cognizing its existence.

Every man is but a unitary existence emerging from one Unity. Recognition of the unity of existence, enables the unitary entity to get reinforced. The disciples speak of I AM and THAT I AM. THAT I AM should be reality but not a mere piece of information. Headgear reminds That as presiding over I AM. A disciple in eternal union with That fulfills the plan of life for, he receives the needed Will, Knowledge and Activity from That. Wisdom speaks frequently of That I Am. Seldom disciples actualize this. Hence, the repetition through teaching.

The Danger of Segregation

Learning Sciences and utilizing them enables expansion of consciousness. But having learnt the science, one tries to see only through the eye of the science. He becomes subservient to that science. He cannot see the whole truth when he tends to be subservient to the Service. An astrologer tries to see the world through the sun signs, planets, their combinations and the related chemistry. A numerologist sees through the numbers. A homeopath sees the patients through miasms. An ayurvedic doctor sees through the three doshas or gunas. An economist sees through Economics. Such ones are conditioned by the Sciences that they learnt. It is not mastery of science. It is slavery to science.

A Master is one to whom the science is but a tool. To better comprehend a situation and to resolve it, seeing the Omnipresent One in the variety of sciences and gaining the comprehension of the fitness of each one of them is Synthesis. It is wiser to have the

wholesome picture of a tree than to have knowledge of a part of it. Seeing a branch of tree cannot give complete knowledge of the tree as such. The seeing through a science of life shall have to be overcome.



Tender matter

The sun rays shine through the tender leaf. The color of the leaf is vibrant and radiant. Sunray passing through a grown-up, thick, hard leaf reveal not the color as before. The matter in the thick leaf is denser than that of the one in the tender leaf. When matter is tender and subtle, light passes through. When matter is dense, it obstructs the passage of light.

Super mundane world is a world of tender/subtle matter contrary to the dense and gross matter that one experiences on earth. When the thoughts are earthy, dense matter is gained. When the thoughts relating to the divine are predominantly entertained, super mundane becomes a reality. Thought is matter. When it is engaged with matter, the mind disables itself the finer perceptions. When mind engages in superfine thoughts of divinity and generally engages the senses to superfine forms, sounds, colors and fragrances, it regains its lost abilities. Relating to sunrays to the dawn and dusk, to the sky and the sea, to

the mountains and rivers, to the flames of fire and candles, to the sounds of mantras, to beautification with lights and flowers, enable relating to the super mundane.

Super mundane is not for the dreamers!



From Wish to Will

Many are crazy these days of the Super Mundane. They want to enter and experience the super mundane but do not follow the specific path for such entry. Just a wish doesn't help. It should be backed up by the related process, the related effort.

From gross to subtle world, the path is in you. With the help of the respiration, one can reach within to enter into the subtle. One can follow inhalation up to that point where it takes U-turn as exhalation. At that point of U-turn, there is the hidden entry into the subtle side of one's being. If one persists to stay there, one listens to pulsation. Then again, one should persist to stay there listening to the sound of pulsation. One's persistence and perseverance enables one to enter through the point of pulsation into the subtle stage of one's being. As one enters into the subtle side of one's being, one experiences the subtle world whose other name is Super Mundane.

The Only Clue

The teachings are many. Many are inspired by them, but few among the inspired are able. There are many who are able but are not inspired. There are some who are inspired and able but are not pure enough. There are also many who are pure but are not inspired. There are enough good people who are ineffective. It is rare that all ingredients are found in one. Such ones interest us. Others may have interest in us but we have no time for them until they pick up the needed qualities.

Do not be crazy of us. Learn to improve upon your ability, purity, and readiness to serve. This is the only way. This is the only clue.

Fire Work

Crystals, salagramas, diamonds, sapphires, rubies, emeralds, corals, pearls are naturally attractive and draw the attention of the eye. The eye is attracted wherever the light is. The above said articles shine forth with light and hence, the attraction. Every object that shines forth went through a fiery process. It is only through fire, everything gets purified and it is the purity that shines forth.

In order to gain the touch of purity, the humans associate with such articles in variety of ways. The humans worship those articles even. Worship of sacred symbols should result in emulation of the virtues of such symbols. Emulation should lead one to resolve oneself for all, to burn up one's own impurities in relation to the five states of matter and three states of personality nature. The work of fire should result in the needed purity. The degree of purity that an article presents is the degree of purification through fire that happened with it.

Purity is the other name of Agni. Associate with Agni and gain successive states of purity. There is no other way to light.



The Entry

A precious few are eligible to enter Agni Yoga. The enthusiasts are too many. Not all can be ignited. A wet matchstick is ineligible for ignition. The wetness disables the work of fire. The emotions in the humans indicate the wetness in them that prevents the yoga of fire. Verily, yoga is a firework. Fire transmutes, transforms and enables transcendence. When there is much emotion, the firework is impeded. When the emotional persons persist with Agni Yoga, they would suffer the burns.

They cannot suffer the path. A clean life, an open mind and a pure heart are the basic requirements without which it is foolish to think of yoga. H.P.B. announced these three as the fundamentals of the Golden Stairs. Enthusiasm for discipleship should be associated with fiery aspiration and such aspiration should result in progressive cleansing of the mind, the senses and the body.

Stupidity - Aspiration

An aspirant was instructed by a Master of Wisdom, to practice silence for thirty days. The aspirant moved to a serene seashore. He prepared a simple, natural abode to live in at the seashore. He consecrated himself to silence. To ensure that he does not talk, he even knotted his tongue!

One fine morning, a couple arrived with their five year old child to relax at the seashore. They applied oil to their bodies from head to foot. They did so even to the child. They spread their blankets on the sea sands and relaxed in a sleeping posture, exposing their bodies for tanning by the golden morning rays of the sun. The couple slipped into sleep while the child did not. The child got up, walked up to the seashore, and started playing with the tides. The aspirant was in a dilemma, "Should he cry out aloud to warn the couple or should he continue to be silent?", because his Master instructed him to be silent for thirty days. He did not move nor did he call out. The child was carried away by

the tide. “Commonsense! Commonsense!
Commonsense!”

Three times, the voice of the Master was heard
at the silent seashore.



Firework

Burn up without hesitation selfish thoughts. Self-generated thoughts about oneself are absolutely useless. They cause illusion. One falls into its glamour. Caught by illusion and glamour, one drifts away from the path of light. One gets into confusion, exposes himself to variety of pitfalls. The voyage of life tends to be an aimless wandering. One can never get back to the path until one burns all feelings relating to oneself.

Self always generates thoughts. They could be of wild imagination, they could be of noble purpose, they could be of selfish purpose. Associating with thoughts of noble purpose and striving to manifest them fulfills one. Burn down all other thoughts.

Let the firework be on. Thoughts that survive the fire may be picked up for action.

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Dr. K. Parvathi Kumar***

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Let the new age begin with you. Evaluate your own work and your own ability to manifest a thought of goodwill into action. Let every individual strive at his level. It is much better than looking for some leader or some messiah doing it for us. This would be truly Aquarian!



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