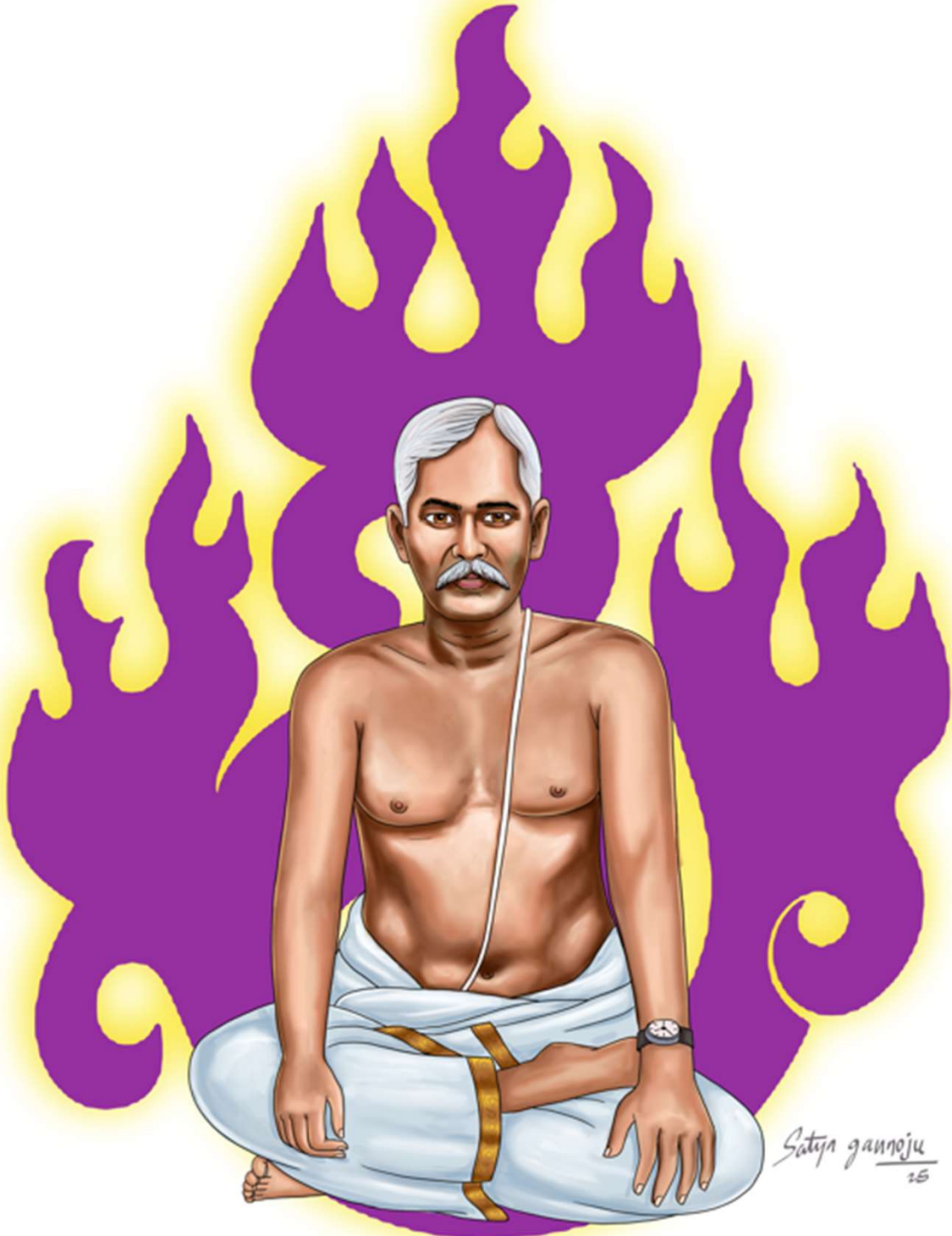


Master M.N.

A POLE STAR IN THE PATH OF MASTER C.V.V. YOGA



Foreword

Foundations for good character and spirituality are laid in childhood through stories. In India, the Amar Chitra Katha series, Chandamama and other such picture books have long been depicting stories from Ramayana, Mahabharata, Puranas, and other epics very effectively for children.

The inspiration and impressions gleaned from such picture books during childhood remain with us, either consciously or unconsciously, throughout our lives.

Here is a humble attempt to bring out similar picture e-books to introduce children to Master C.V.V., Master M.N. and Master E.K. Instead of narrating just the events of life, the focus is on highlighting how the Masters demonstrated a life of synthesis and highlighting some of their teachings.

This biography has been creatively adapted to make it easier for children to understand. We believe these picture e-books will be of immense benefit to the children.

We extend our gratitude to all the volunteers for their contributions to scriptwriting, translation, proofreading this book, and providing financial support.

This book is primarily based on the writings and discourses of Dr. K. Parvathi Kumar.

Other books referred are:

1. Master C.V.V. by Master E.K.
2. Mahapurusha Master M.N by Sri Damaraju Hanumantha Rao.

Illustrations

Artist Satya Gannoju.

Price

Invaluable

Publisher

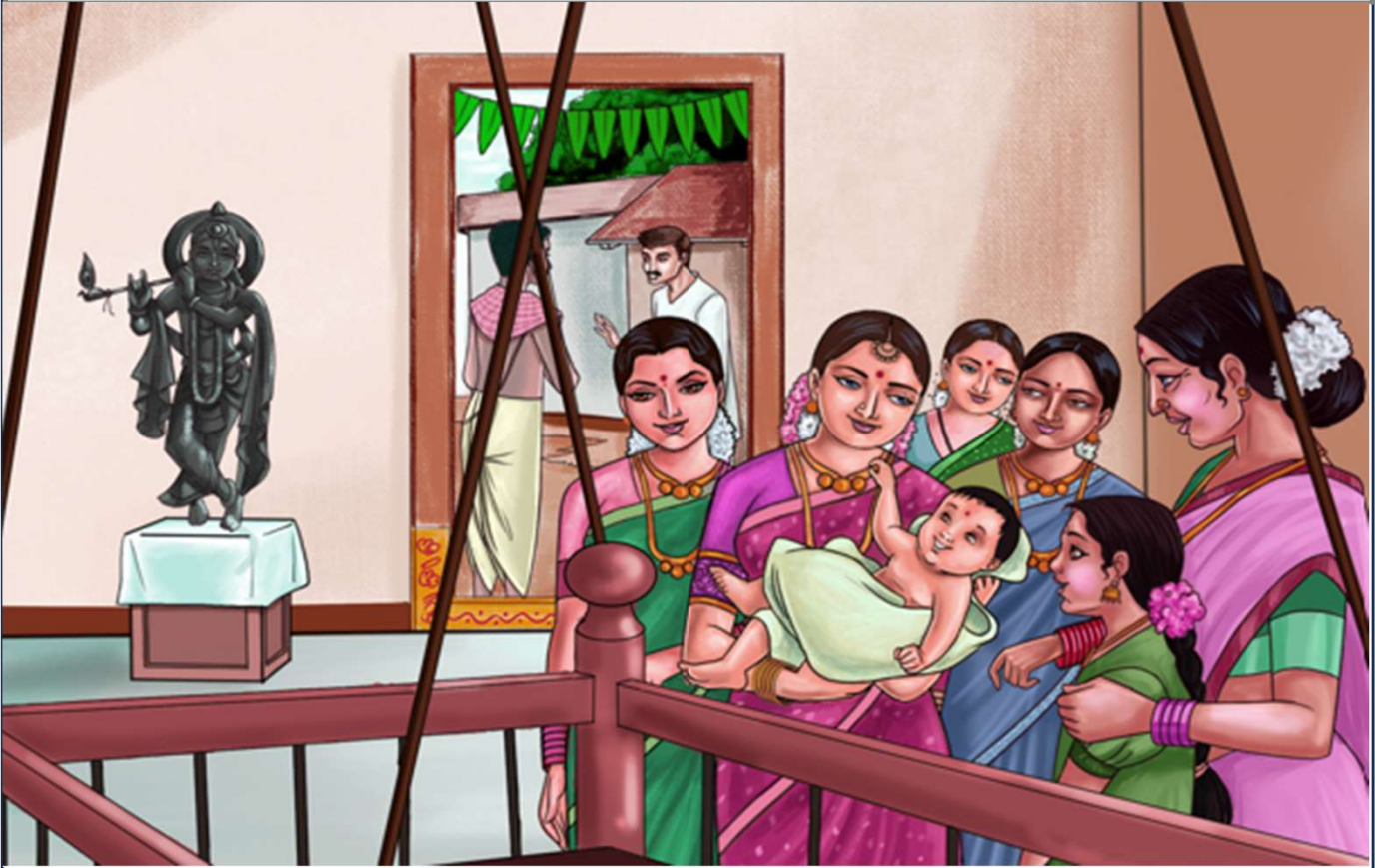
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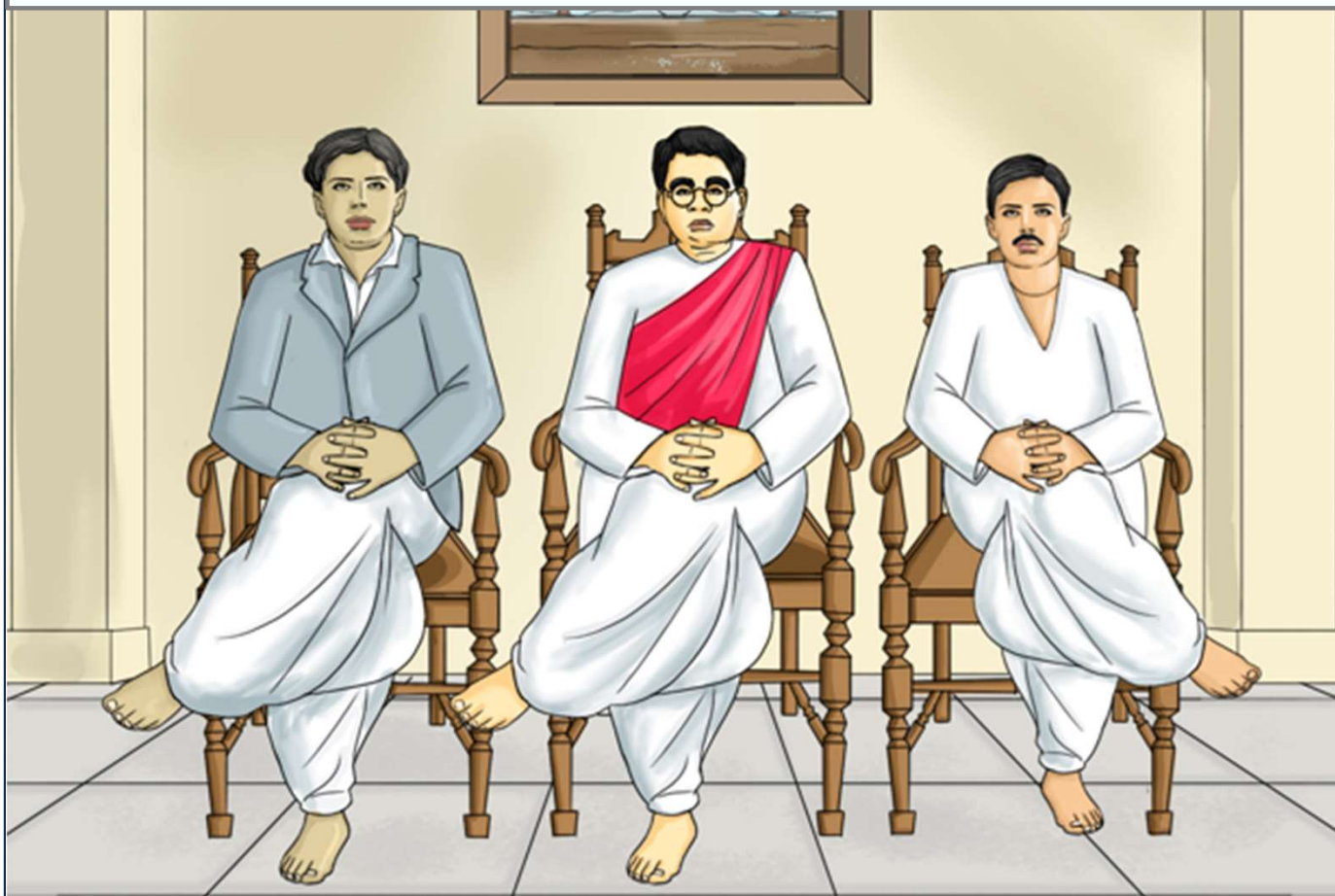
Once upon a time in the peaceful village of Mynampadu, there lived Seshaiah and Smt. Rangamma in the town Naidupeta of Nellore district to whom a child was born on 25th August 1883, at 9:30 am on a Saturday. The boy was named Jwala Narasimham.



He grew up in a coastal village called Kothapatnam and attended a school run by his father. As a young boy, Narasimham was bright and curious, always eager to learn. He loved reading, writing, and exploring the world around him.



By middle school, young Narasimham moved to Ongole and later went on to study in Rajahmundry, where he lived with his uncles Sri Ramulu, Prakasam and Janaki Ramayya.



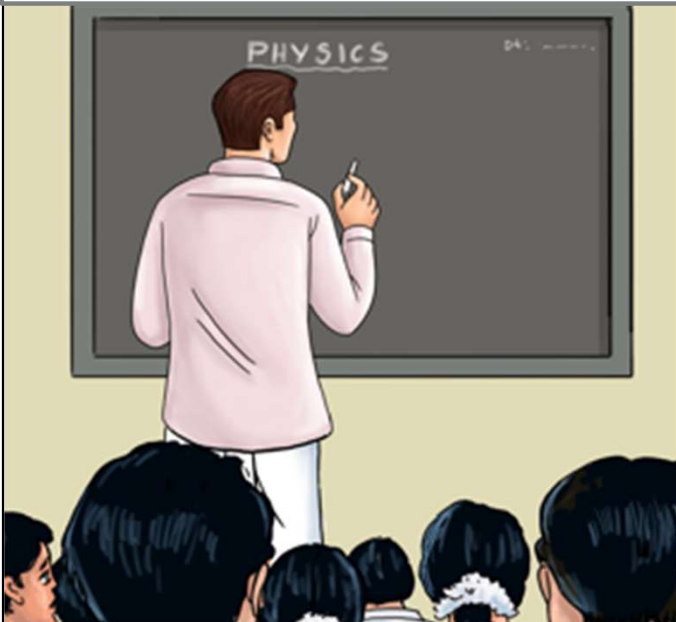
His uncle Tanguturi Prakasam was brave and wise. He was known as the “Lion of Andhra,” a fearless leader who fought against the British rulers. He taught the boy to live life with courage, cheerfulness, and justice.



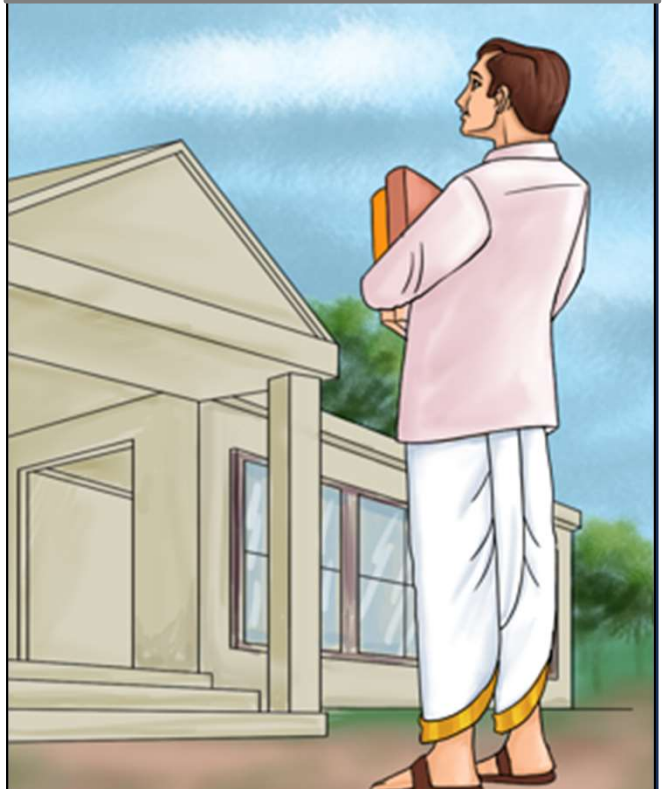
Narasimham was a genius! He excelled in school and won many scholarships. He loved learning and was always curious to discover more.



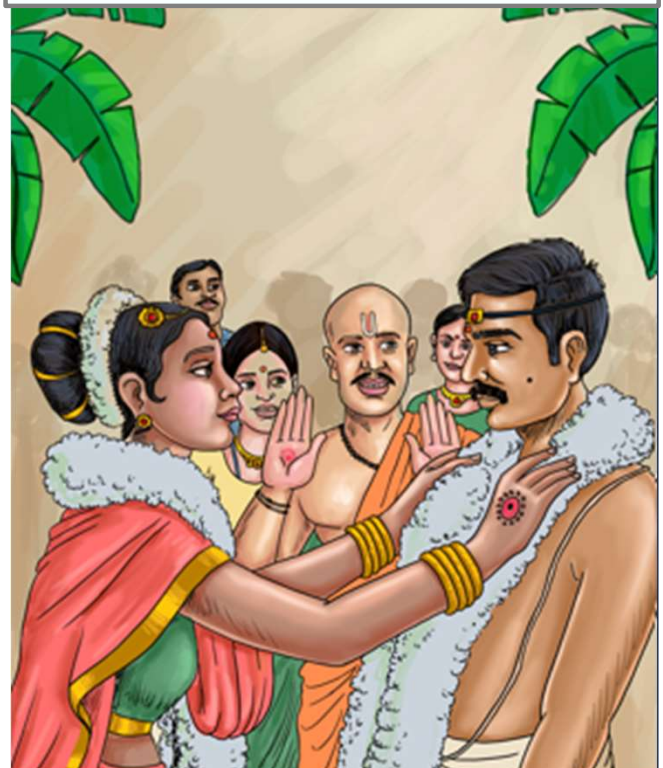
In 1905, Narasimham graduated with a degree in Physics, standing first in his class. By 1907, he became a teacher in Vijayawada, where he shared his love of learning with his students.



Narasimham attended Madras Christian College, where he became famous for his intelligence and playful pranks. Along with fun, he was also serious about his studies.



In the same year, Narasimham entered wedded life with Ranganayakamma..



Narasimham had 4 sons and 3 daughters. In 1910, Narasimham decided to study law as he wanted to help people. He earned his law degree and began practicing law in a town called Ongole. He became known as a kind and honest lawyer. Narasimham had a unique way of charging fees. He wasn't worried about money..

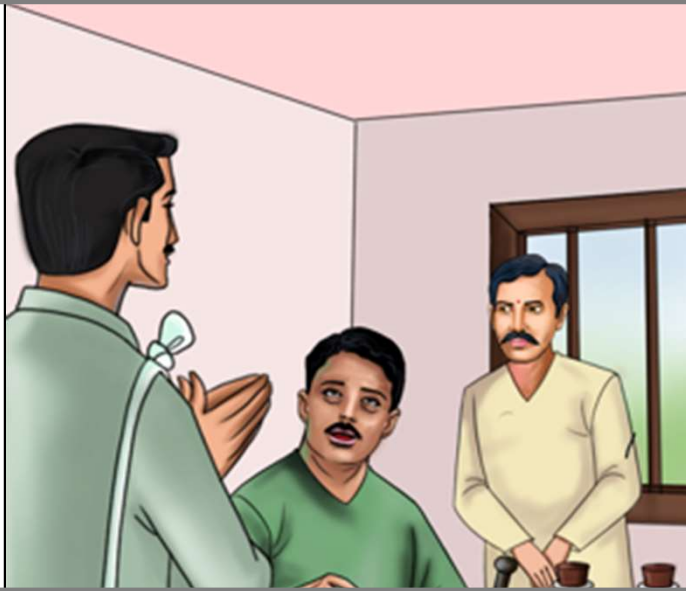


Narasimham had a personal calamity - he lost both parents, parent-in-law and a younger brother in a short span of about 3 years of time. This left a sense of void in him, leading him to depression.

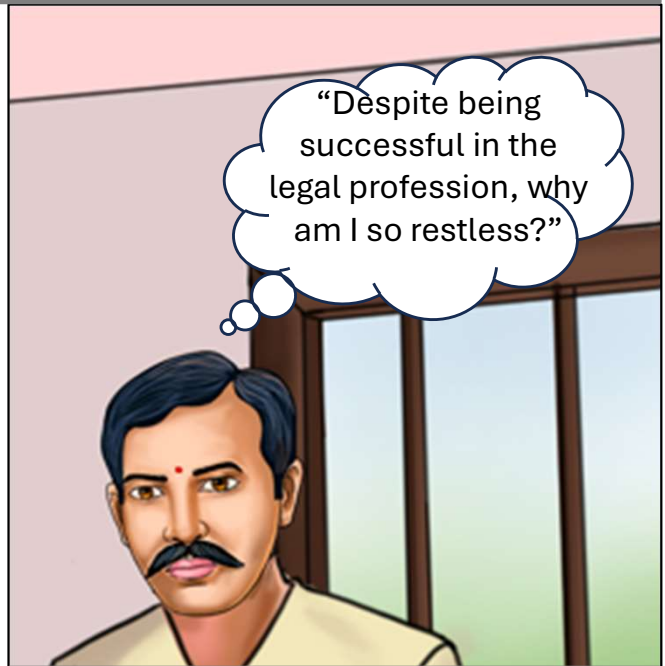
Narasimham had big questions about life: "What is the purpose of life? Why do people die?" These thoughts stayed with him, especially after losing his family.



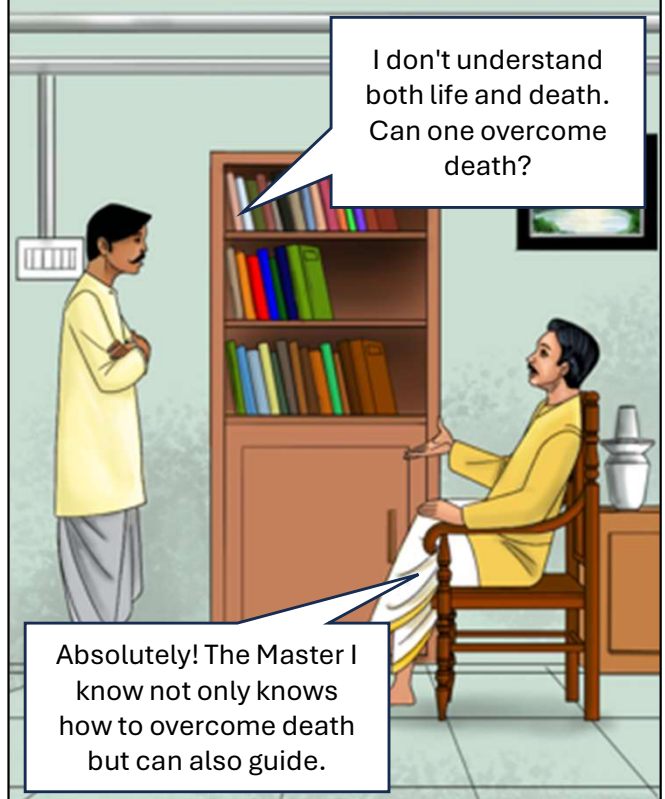
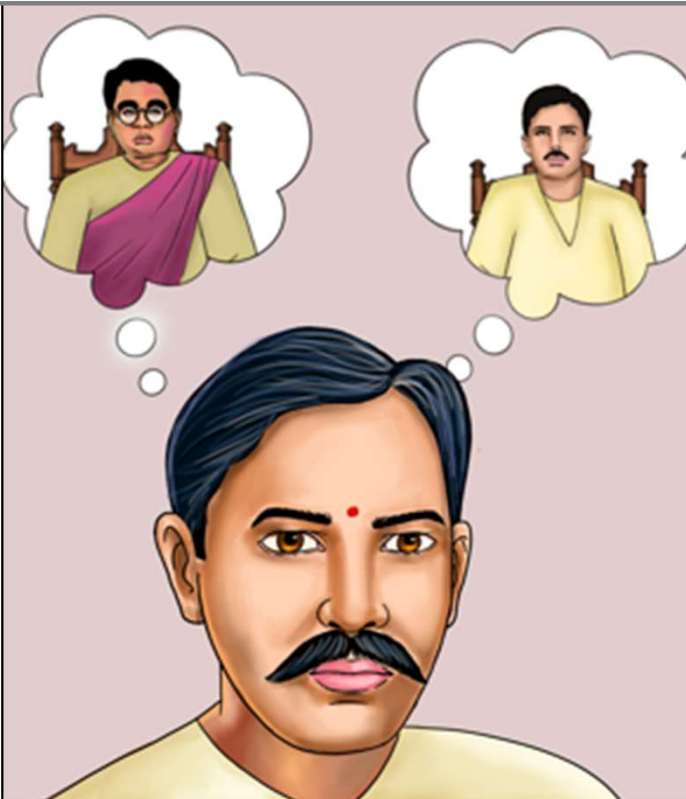
In 1919, uncle Prakasam invited Narasimham to the sacred temple town of Srirangam, but a telegram arrived warning about a smallpox outbreak. So, he stayed with his other uncle, Dr. Janakiram, in Madras. Dr. Janakiram was a kind and gentle homeopathic doctor. He was different from uncle Prakasam, as he was quiet and spent his days healing others.



He was always seeking to find harmony between his mind, body, and soul. While His uncle, Tanguturi Prakasam, continued to inspire him with his fearless leadership, Dr. Janakiram inspired him with his calm wisdom.



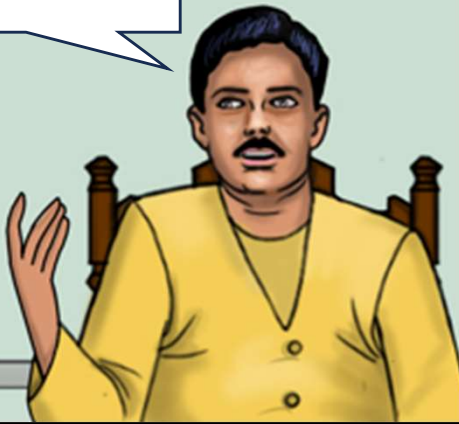
Dr. Janakiram, with his soothing presence and deep wisdom, listened to Narasimham's anguish. Instead of superficial comfort, he guided him.



The introduction to Master C.V.V. was a pivotal moment for Narasimham. Dr. Janakiram introduced Master C.V.V.'s yoga to Narasimham that immortality can be achieved through yoga and realizing one's nature as Brahman, the eternal consciousness.



We usually think that the body is just one, but in reality, there are three: the gross, the subtle, and the causal bodies.



Butter comes from milk, and ghee comes from butter, right? Where were they? They were present in the form of milk. Consider the milk as the gross body, the butter as the subtle body, and the ghee as the causal body.



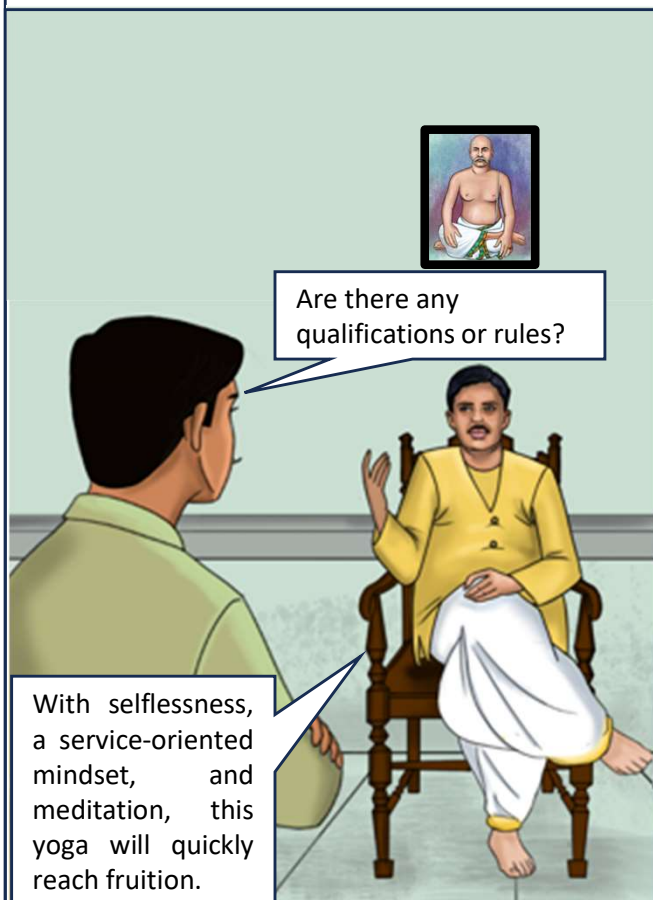
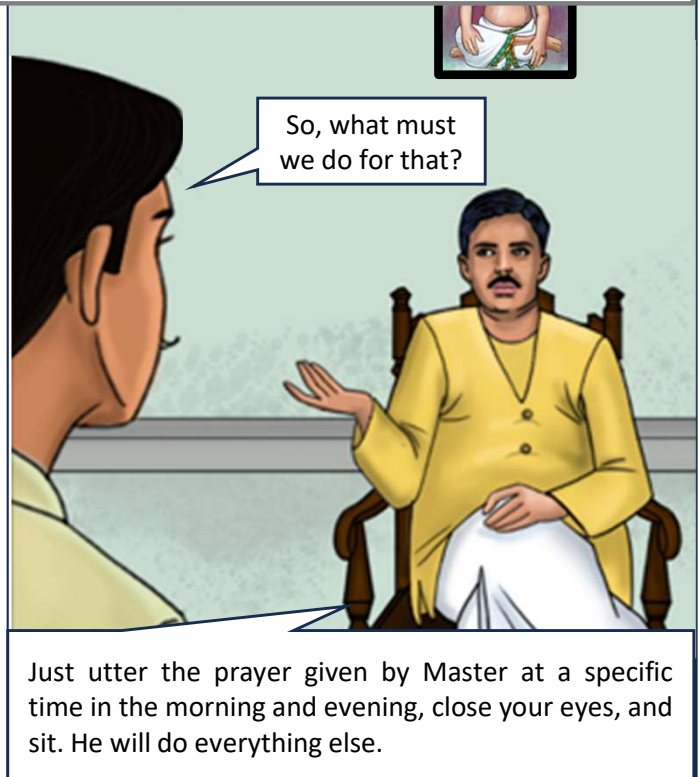
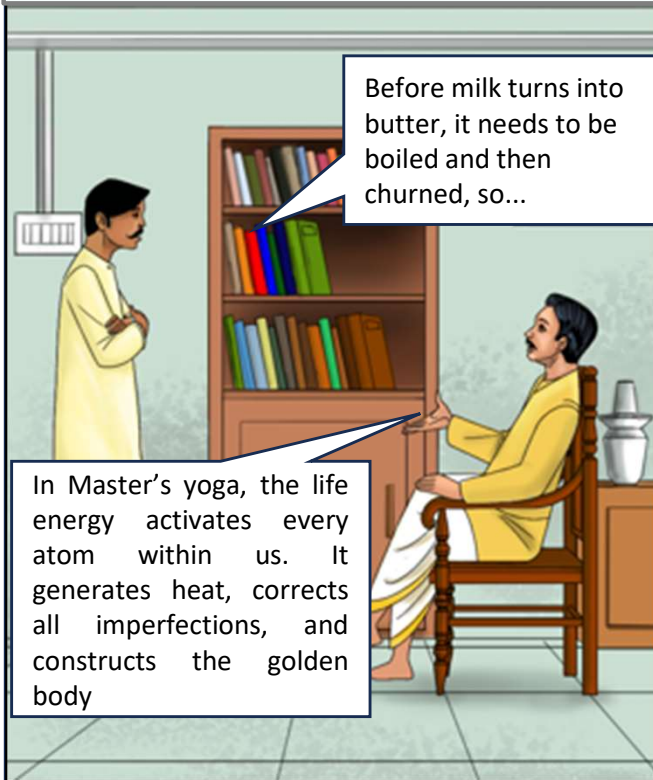
Once the milk turns into butter, even though it remains in the milk, it doesn't mix back into it, instead it floats on top. Similarly, when we practice this yoga, the subtle body forms but exists within physical body, unattached. That is what transcending death is.



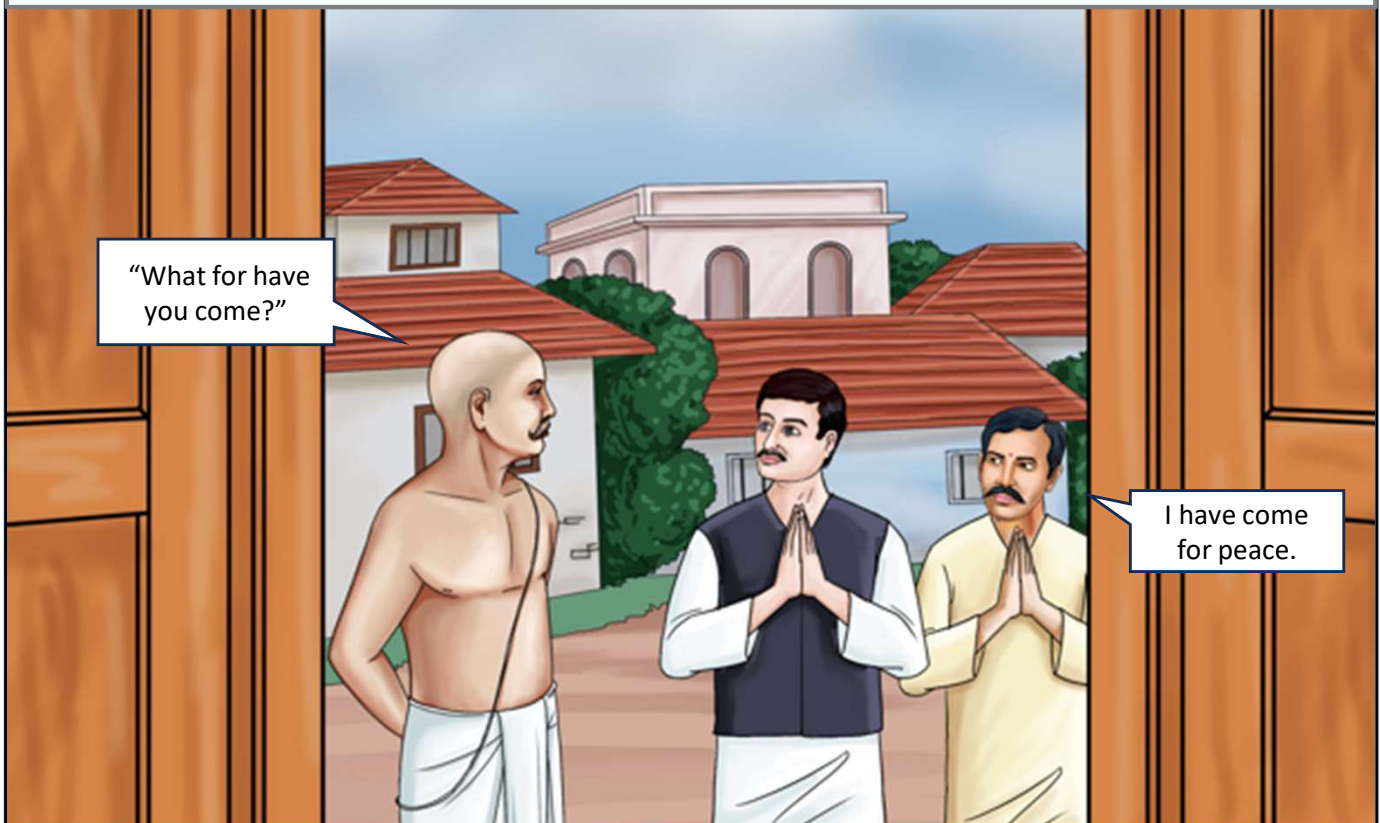
As you practice my yoga, you will receive a subtle body/golden body and a causal body/ diamond body. This is my promise.



Narasimham was fascinated by the idea of an immortal body that could embody the highest spiritual truths. Master C.V.V.'s approach was not about renunciation but integrating spiritual realization with everyday life.



Dr. Janakiram and Narasimham reached Kumbakonam. As they reached Master C.V.V.'s yoga school, they found the Master at the threshold of the Yoga School Friends Society, as if waiting for someone. As the Master already knew Dr. Janakiram, he welcomed him with a smile. He looked at Narasimham and smilingly asked.



Granted ! Walk in.



The Master went in and Narasimham stood astonished. All the agony and distress he was passing through all these years, looked vanished instantly and he felt so much of peace and joy in heart.

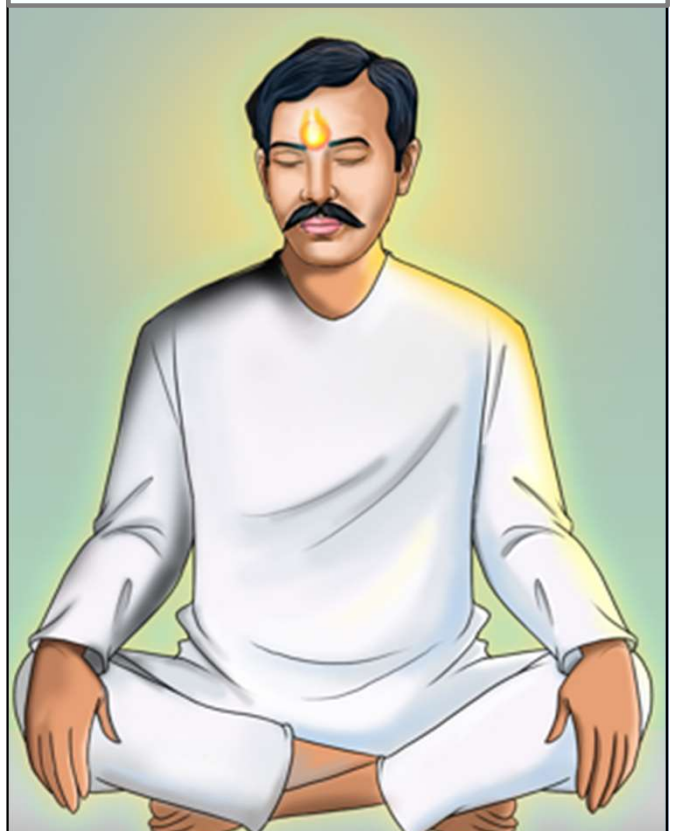


Narasimham's life changed forever with his initiation into Master C.V.V.'s yoga when he sat for the first prayer on December 29th, 1919, at 4:00 PM.

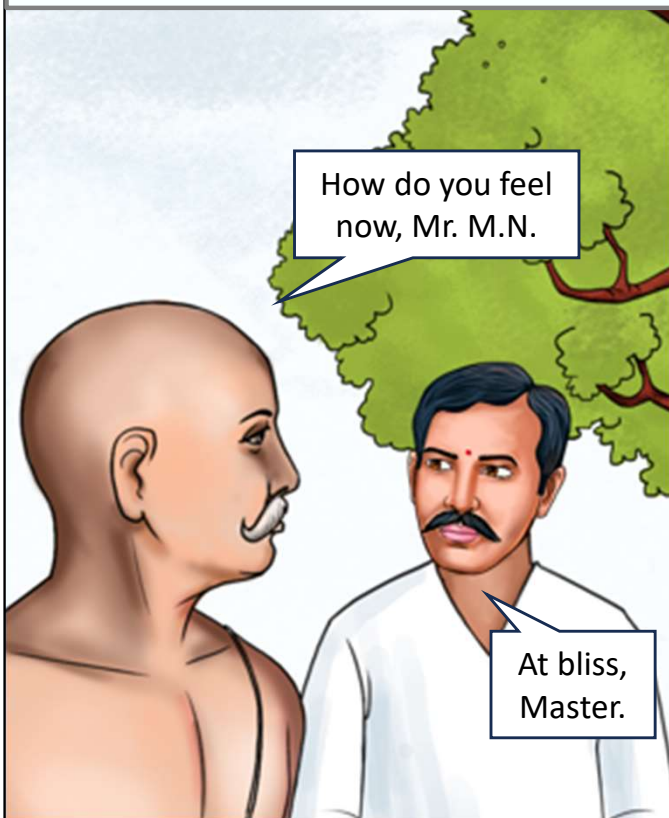


The initiation ceremony was deeply mystical. Narasimham experienced an electric current moving up his spine, bringing a profound sense of balance and alignment.

He entered a state of effortless meditation, feeling weightless and deeply connected. He experienced an intense warmth and a heightened state of awareness, losing track of time as he sat.



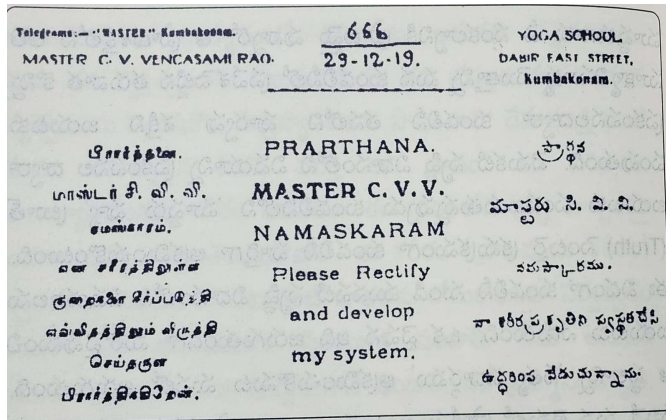
As he opened his eyes, he saw Master C.V.V. gazing at him with a pleasant smile.



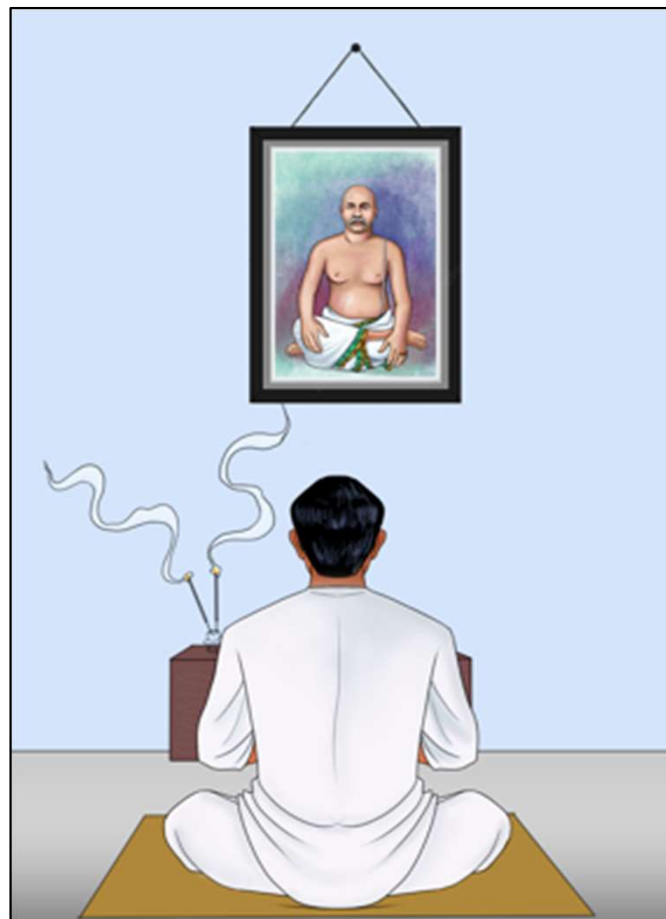
The return journey to Madras was marked by a profound stillness between M.N. and Dr. Janakiram. Having been transformed by his encounter with Master C.V.V., M.N. was now a devoted disciple.



Master C.V.V. often addressed everyone using short forms. He assigned Medium No. 666 to M.N. and handed him the prayer card.



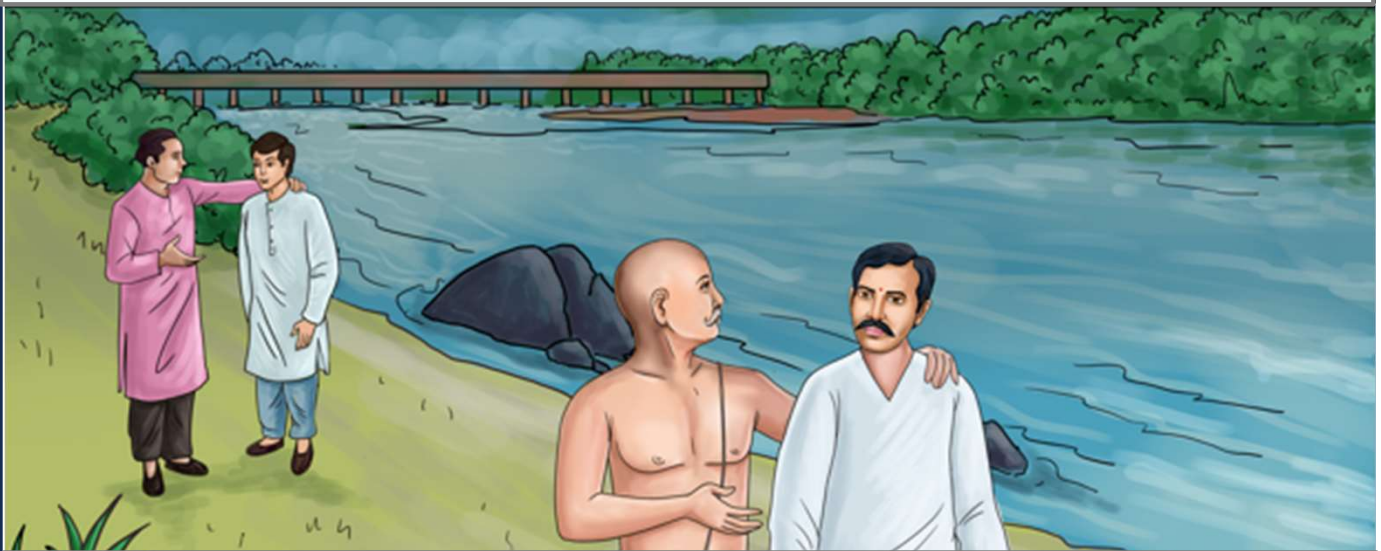
After returning from Kumbakonam, M.N. relocated to Bapatla with the transfer of the Sub-Court from Ongole. In his new home, he dedicated a prayer room to Master C.V.V.



With seven people, M.N. initiated group prayers in Bapatla. The prayers were fiery and intense, lasting for long durations and leaving a deep impact.



M.N. efficiently balanced his duties, ensuring there was no hindrance to his yoga practice or professional responsibilities. Whenever he felt the need, he would visit Kumbakonam to meet Master C.V.V. and learn the intricacies of Master Yoga.



M.N. regularly corresponded with Master C.V.V., seeking guidance and clarification.



M.N.'s magnetic personality quickly attracted a crowd. His intense prayer sessions became a regional phenomenon, drawing both seasoned initiates and new practitioners.



M.N. followed the Master's yoga with deep commitment. Considering the progress he made in just three years, Master C.V.V. envisioned M.N. becoming a Master by 1921.

My Dear M.N, you are going to initiate many people into this Bhrikta Rahita Taraka Raja Yoga. You are indeed the Little Master, here after.



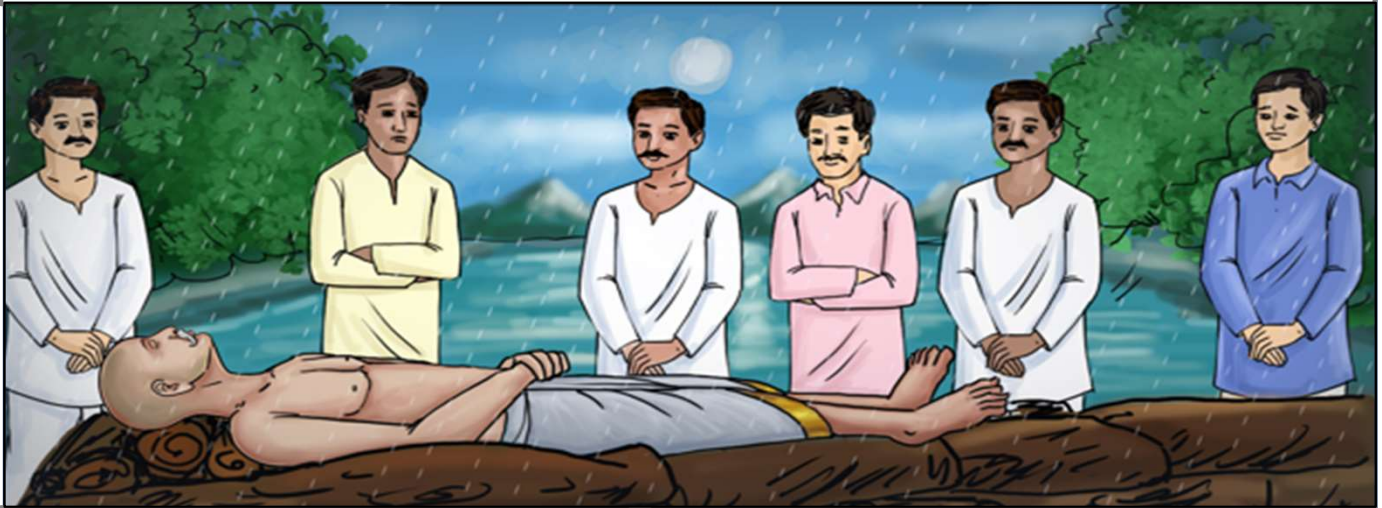
During those days, in addition to prayers, Master C.V.V. also conducted special courses. He permitted M.N. to lead courses for the mediums around him.

Letter No: 451/1922
11th March 1922

Master C.V.V.
64, East Dabir Street
Kumbakonam

My Dear M.N.,
Permission has come for "M Course" to be
practiced..... ..
..... ..

Master C.V.V. left his physical sheath on 12th May 1922, and many mediums attended his final rites.

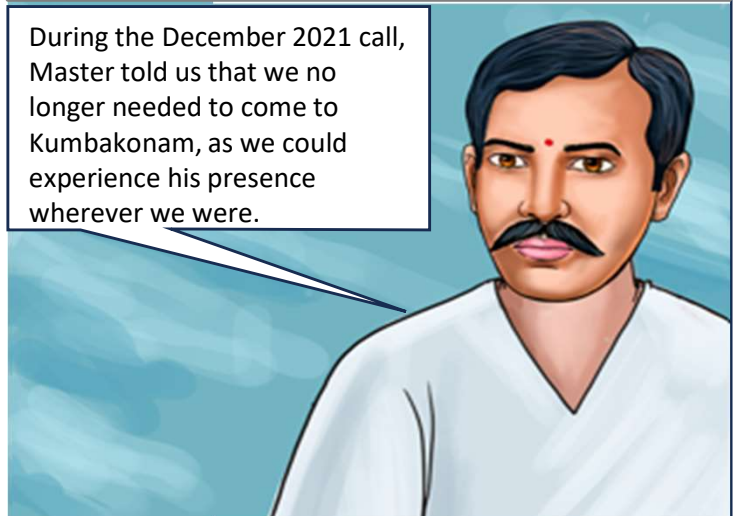


Master M.N. and the other followers were sorrowful at the sudden departure of the Master. Some were troubled, wondering who would guide them from that point onward.

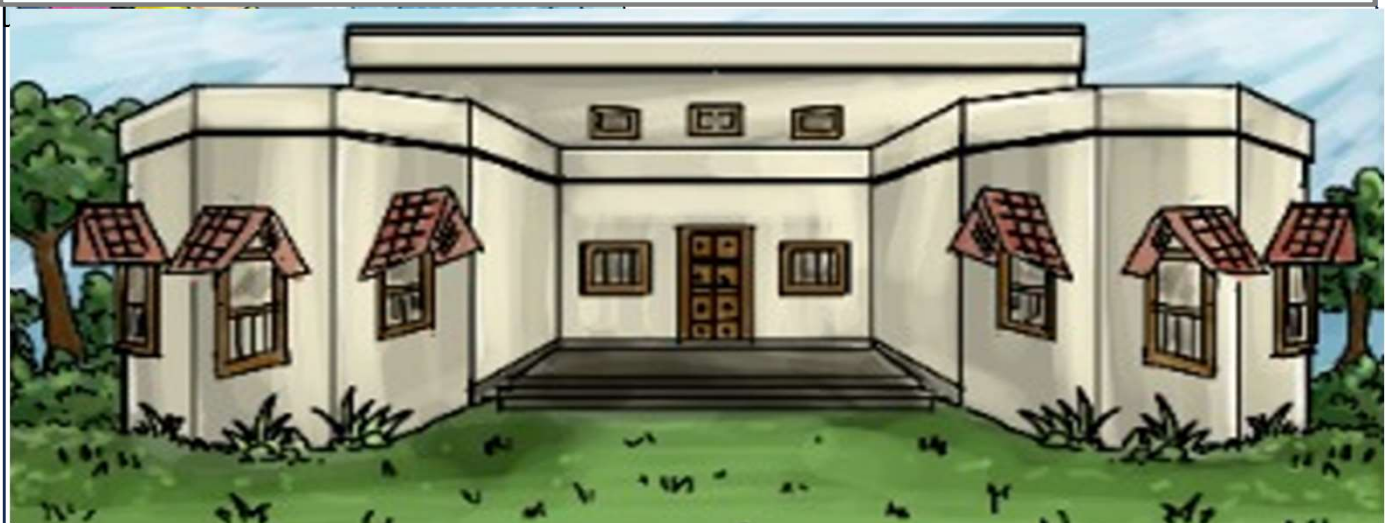
Through introspection, Master M.N. realized that it was his responsibility to continue the work and guide the mediums.

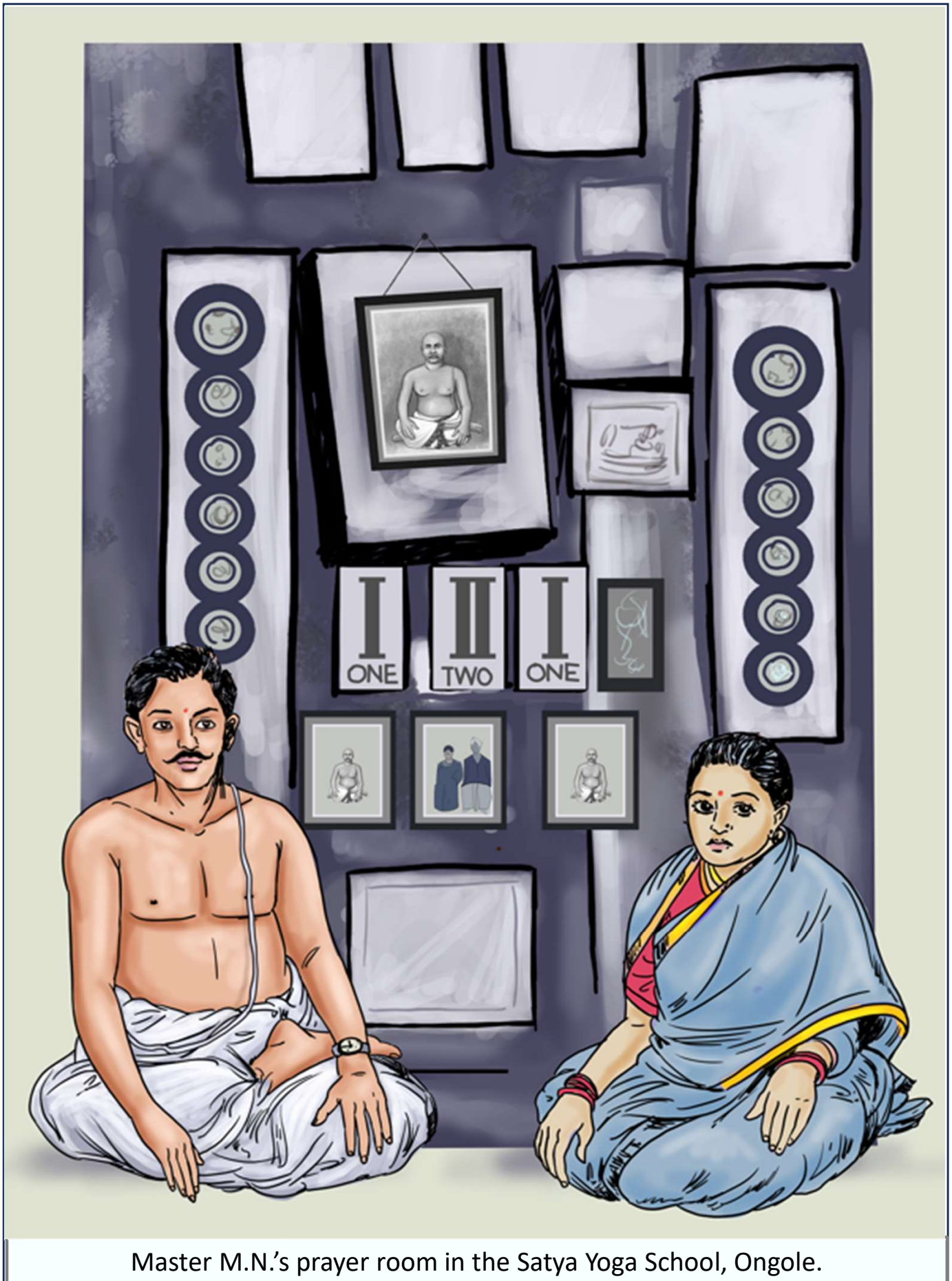


During the December 2021 call, Master told us that we no longer needed to come to Kumbakonam, as we could experience his presence wherever we were.



He built a house in Ongole and inaugurated “Satya Yoga School” on 21st March 1927.



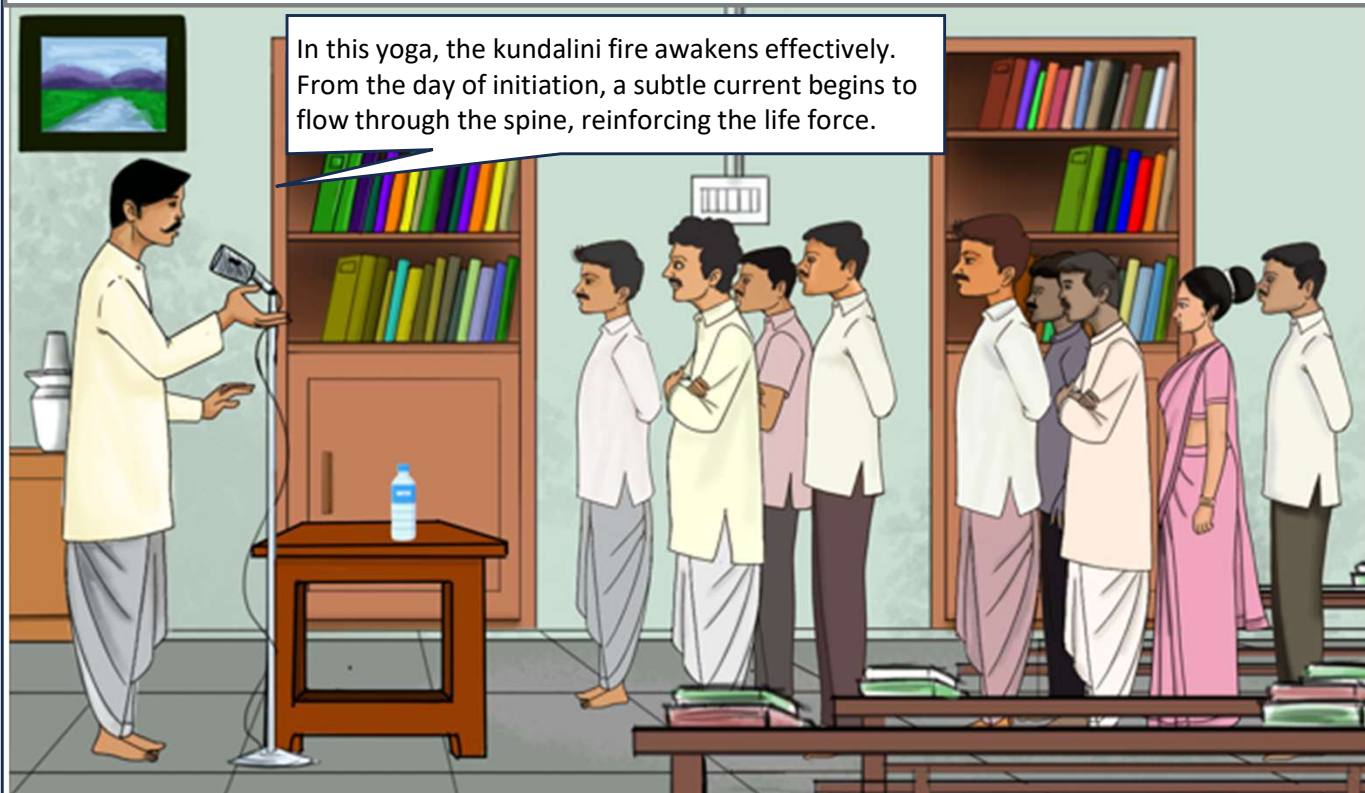


Master M.N.'s prayer room in the Satya Yoga School, Ongole.

Master M.N. played a crucial role in stabilizing the yoga congregations in Ongole, aligning them with sacred dates in May, August, and December. These gatherings became vibrant centers of energy, carefully arranged to ensure the free flow of spiritual energy.



Under Master M.N.'s guidance, Satya Yoga flourished. His influence spread across regions, impacting many through public conferences and private prayer gatherings, and guiding individuals toward spiritual awakening and healing.



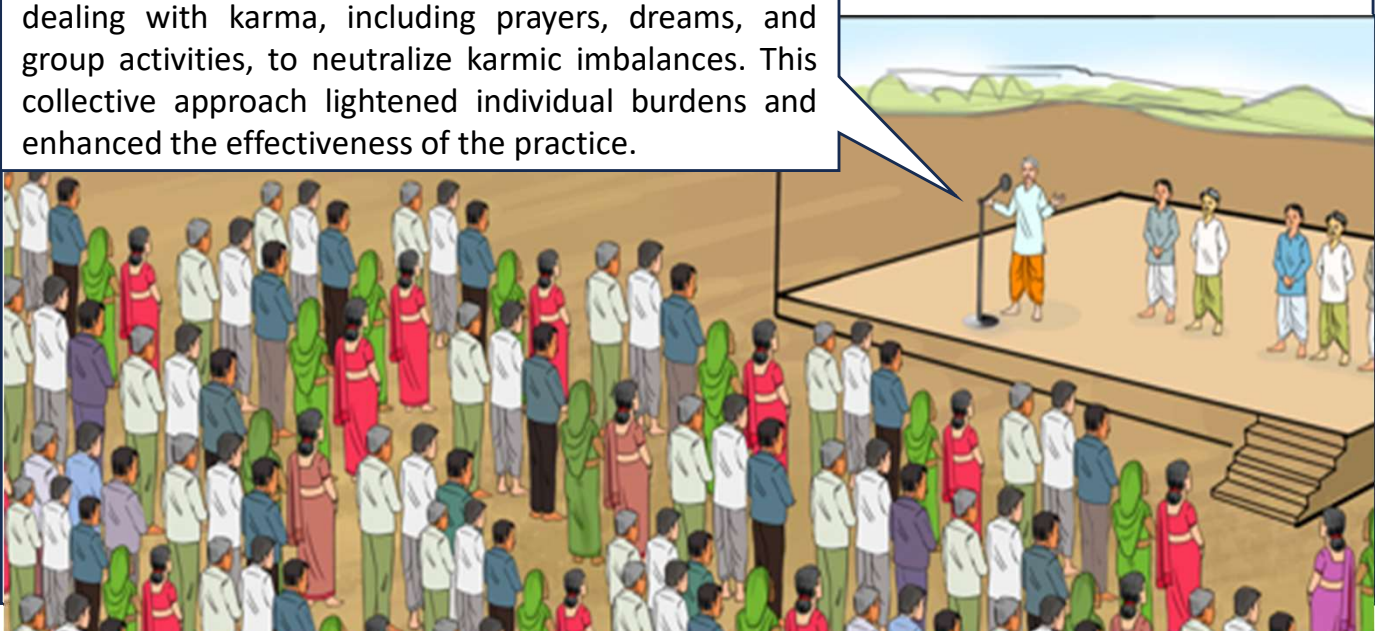
Master M.N. traveled across towns and villages, including Nellore, Ongole, Kurnool, etc., leaving a lasting impact and bringing C.V.V.'s dynamic spiritual path to life.



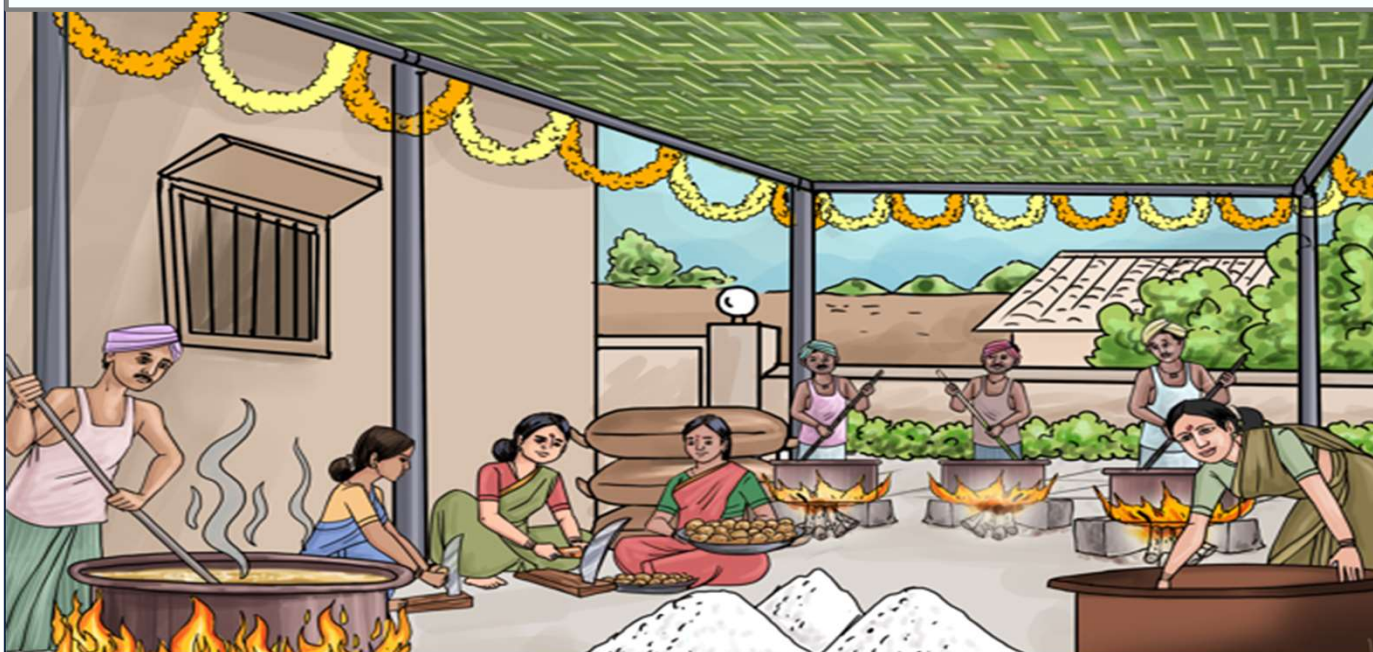
Master C.V.V.'s teachings, followed by Master M.N., aimed to expedite spiritual evolution. C.V.V.'s yoga promised to accelerate growth, collapsing what could take twelve lifetimes into just twelve years, making the transformation process remarkably swift.



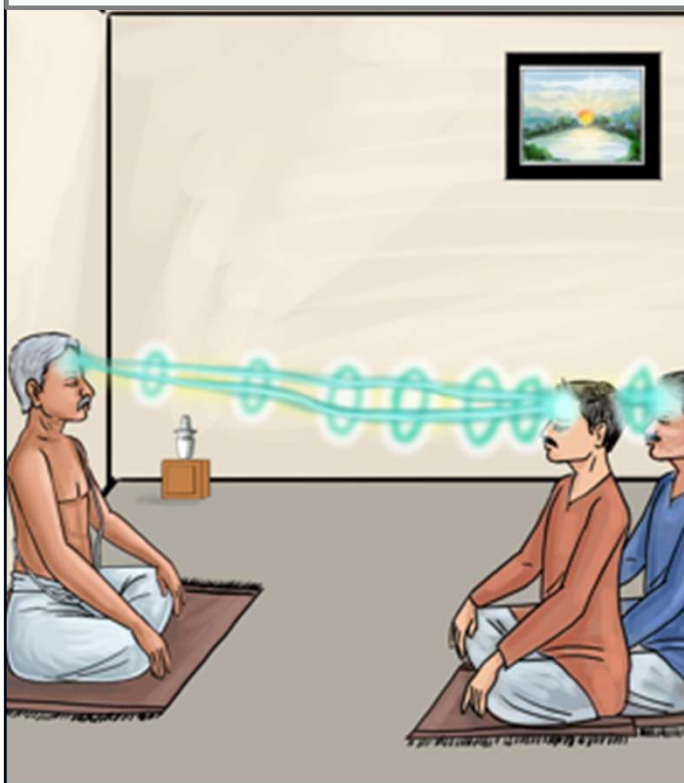
Master C.V.V. introduced innovative methods for dealing with karma, including prayers, dreams, and group activities, to neutralize karmic imbalances. This collective approach lightened individual burdens and enhanced the effectiveness of the practice.



Master M.N.'s residence served as a sanctuary for yoga practitioners. Despite lacking modern amenities, practitioners arrived in groups—sometimes without prior notice—and stayed for several days. The house maintained a festive, ashram-like atmosphere, with a constantly busy kitchen.



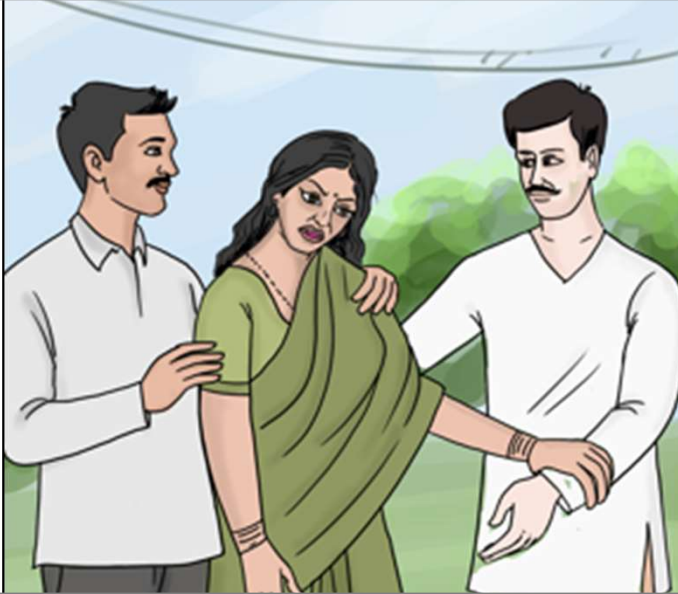
During group prayers, Master M.N.'s healing abilities were prominent. He could sense individuals' health disturbances and adjust his prayers, accordingly, offering more effective healing.



Master M.N. could discern and address health issues during group prayers without needing specific information. His healing touch extended beyond his immediate circle to the wider community.



A memorable incident involved a mentally disturbed woman in Vijayawada. Known for her erratic behavior, she had suffered from this condition since childhood, which significantly impacted her life.

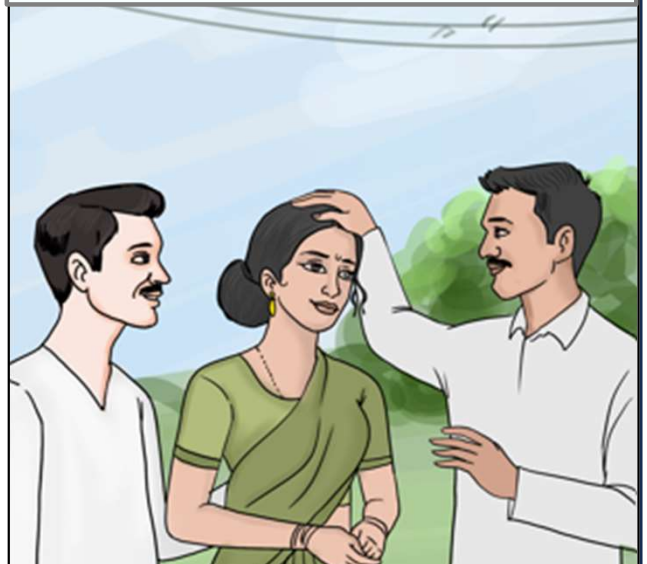


Master M.N. played a crucial role in establishing several yoga centers across these towns.

This yoga method is like traveling by airplane versus a bullock cart—it accelerates spiritual progress much faster than traditional methods.



A calm command of 'Steady' by Master M.N. during prayer brought her to complete stillness. Within a couple of days, her condition was entirely gone, astonishing her brother.



Central to Master M.N.'s teachings was humility. He emphasized that yoga was not about personal achievement but about collective practice.

Words like 'I', 'my', and 'mine' are to be replaced with 'we' and 'our', fostering a sense of unity and collective purpose.



When disciples struggled with healing others, Master M.N. offered guidance, emphasizing that the Master (Master C.V.V.) was the true healer, not the practitioner.

Master, no matter how much effort is put in, healing doesn't happen for a patient. But when you do it, it works.



Let go of the thought that you are the one doing the healing; instead, think that it is C.V.V. who is healing. You will notice the change.

Master M.N.'s profound experience during the spring equinox of 1934 marked a significant milestone in his spiritual journey. On March 21st of that year, during a congregation in Vijayawada at 9:00 am, he experienced an intense burning sensation.

Do you guys observe any burnt smell?



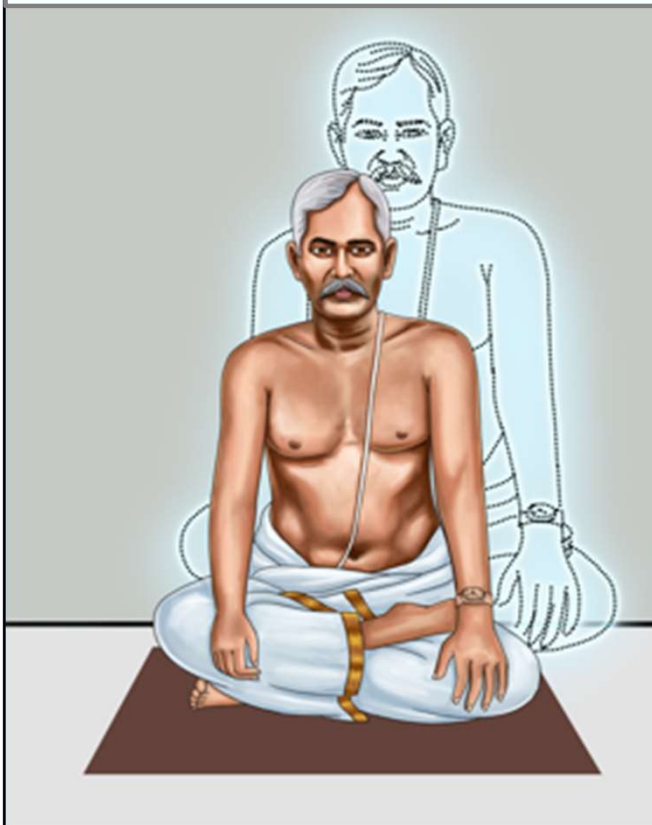
No, we don't



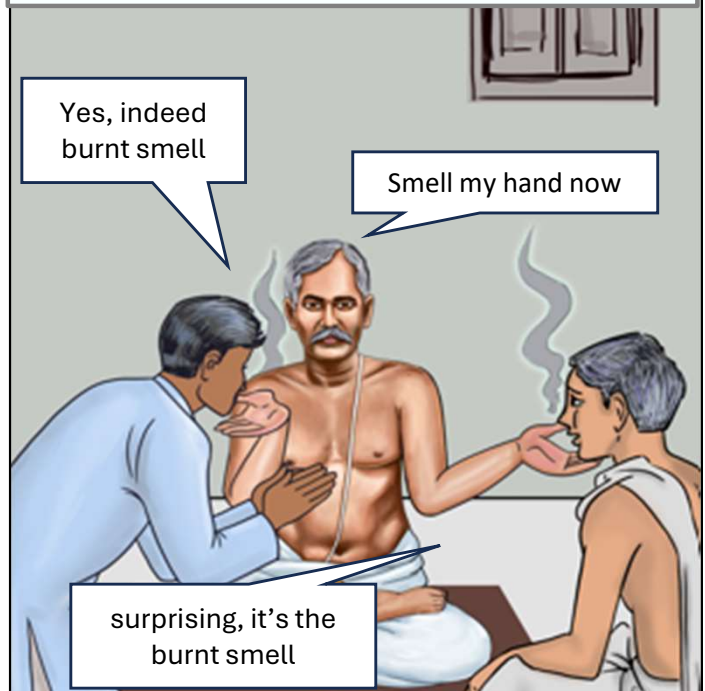
Strangely, the smell that filled the air did not come from the surroundings but from his very being. Master M.N. realized that he had undergone a mystical cremation of sorts.



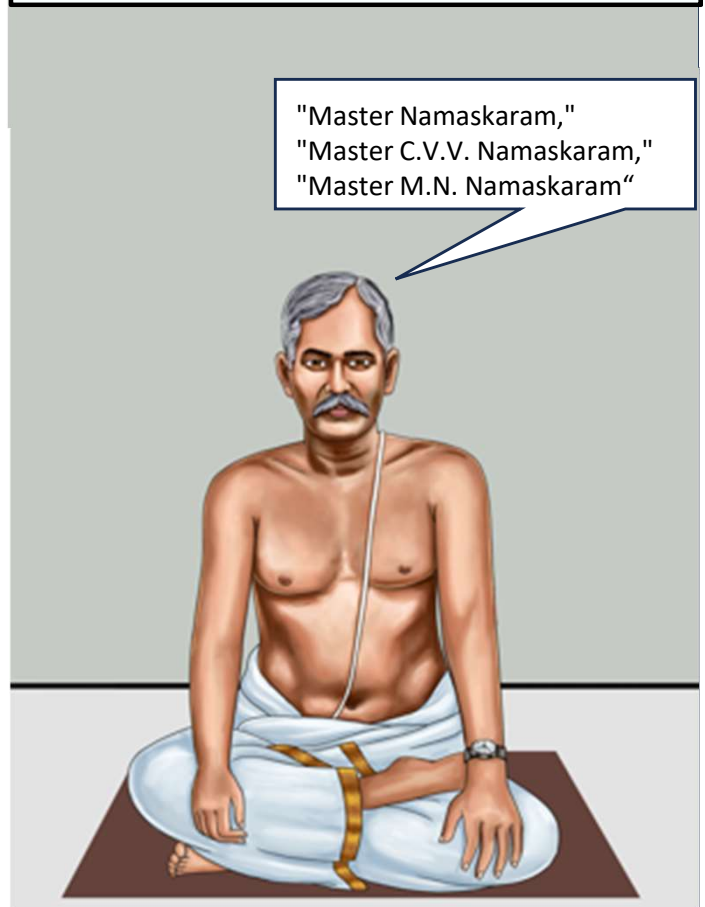
He told them "I gained Independence". I am now 'Akshara Purusha' (meaning the indestructible person).



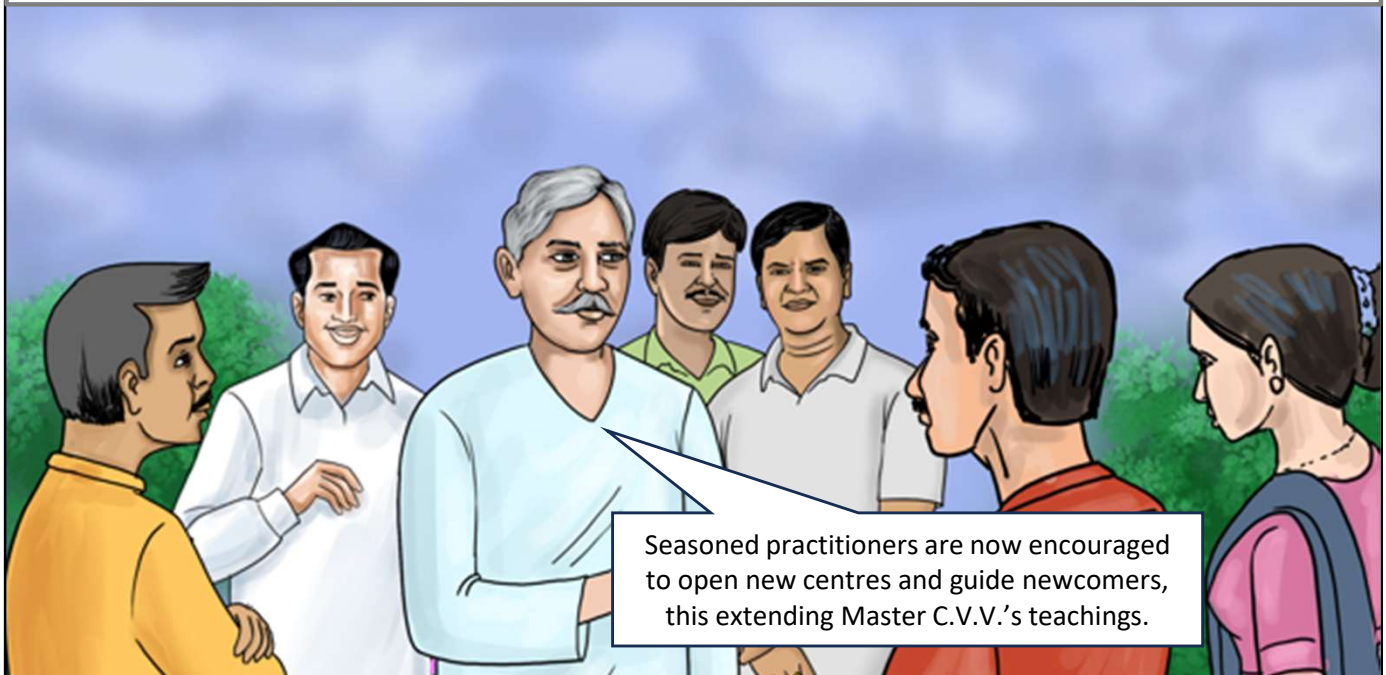
"He asked a couple of mediums to smell his hands, and they were surprised to notice a burnt smell emanating from them. They asked him what had happened.



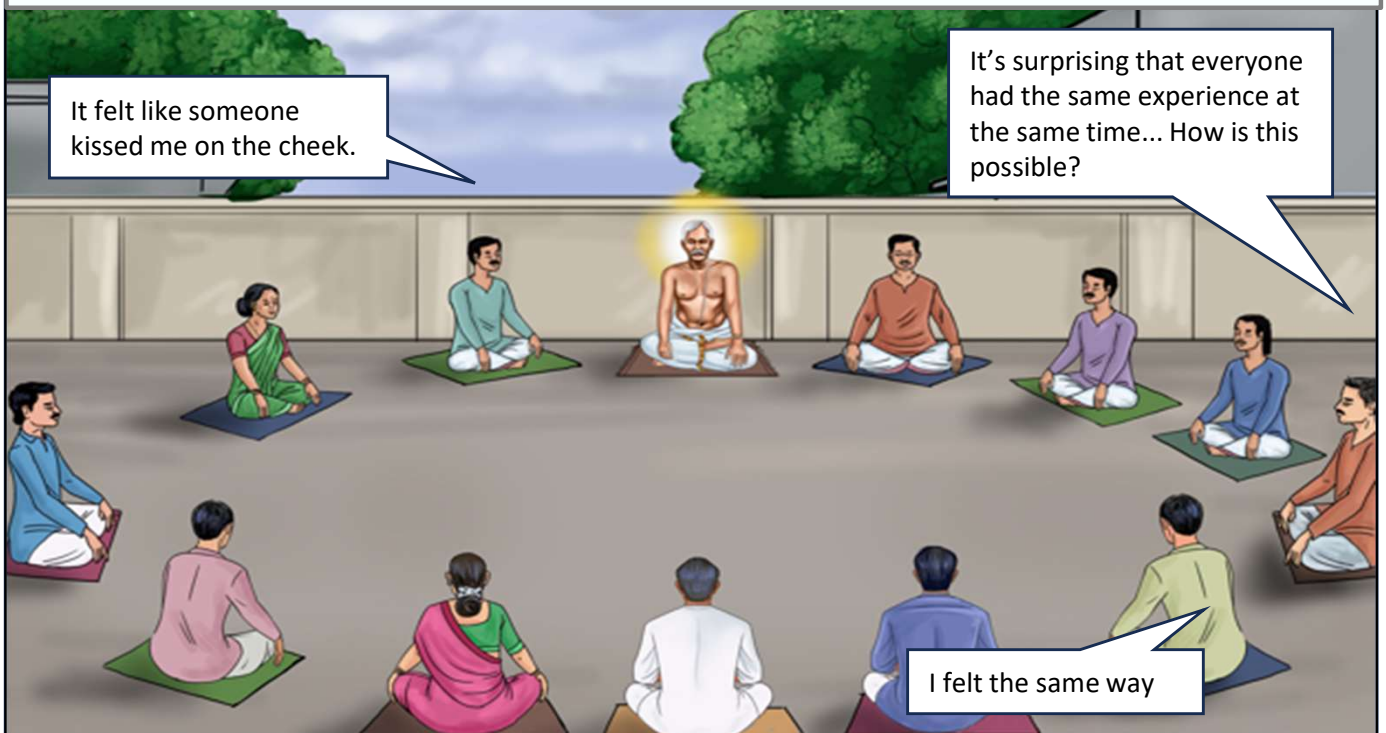
That day, he revised the invocation



After his spiritual realization in 1934, Master M.N. entered a new phase of teaching. He communicated that practitioners who had diligently followed the yoga path for twelve years or more could now receive inner guidance.



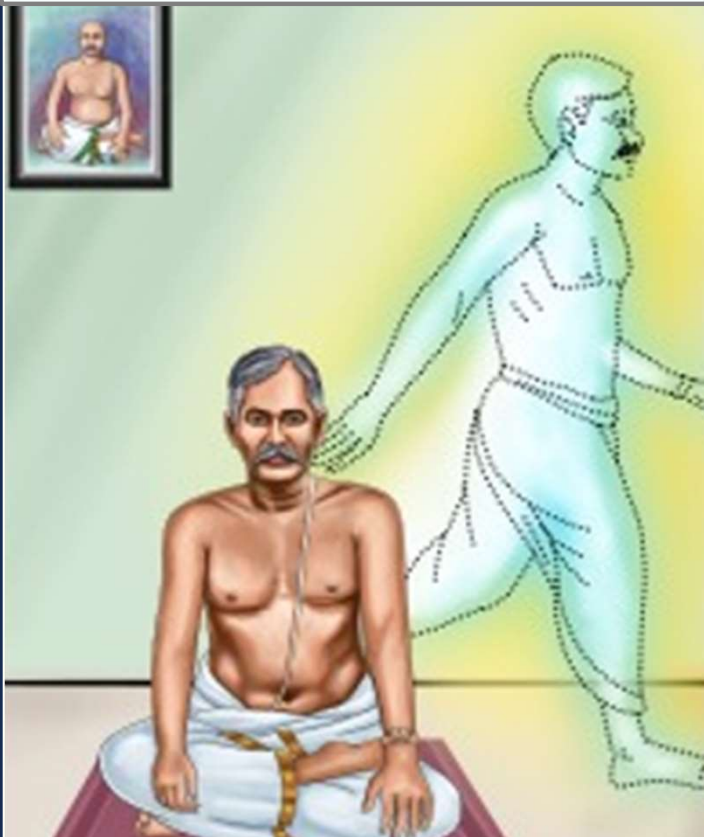
Master M.N. also organized a collective experience during a prayer session on a terrace in Guntur. Twenty-four minutes into the prayer, every member of the group experienced a 'shocking' sensation, followed by a unique feeling as if they had been kissed on the cheek. When asked afterward, he explained that, like a magnet sharing its force with nearby iron, he wanted to demonstrate that consciousness and experience can reach everyone at once, without physical limits.



Master M.N. played a pivotal role in the profound impact of Master C.V.V.'s yoga in coastal Andhra Pradesh. Many yoga centers have emerged in places such as Ongole, Gudur, Nellore, Kurnool, Adoni, Tenali, Bapatla, Guntur, Vijayawada, Pidugurala, Gurazala, Rajahmundry, and beyond.



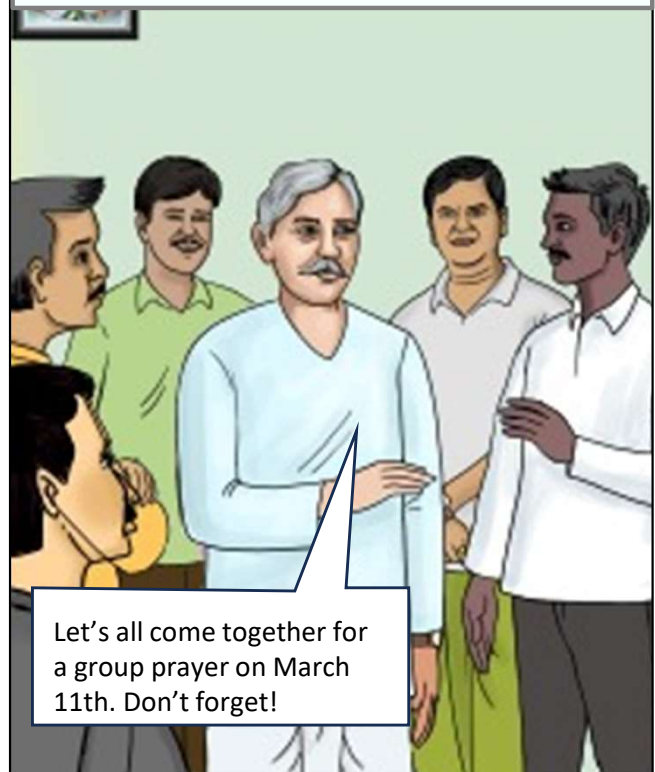
Irrespective of his health issues, Master M.N. continued his prayers and healings. Often, he would consciously leave his physical body between 2 AM and 4 AM, then return.



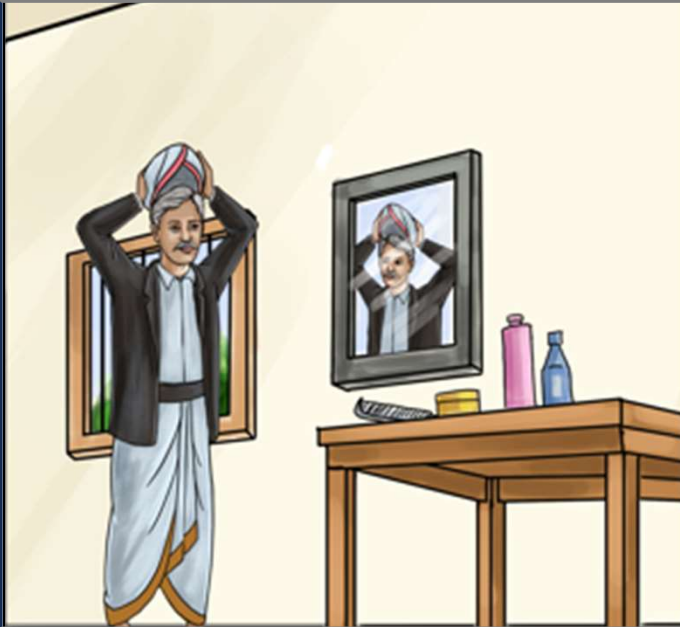
In 1936, Master M.N. faced significant health challenges, including surgery. On May 14, 1936, he had a near-death experience that transported him beyond the physical realm, where he experienced a bodiless state.



"He subtly informed his fellow members to be mindful of March 11, 1940. However, as often happens, it didn't stay in their memory.



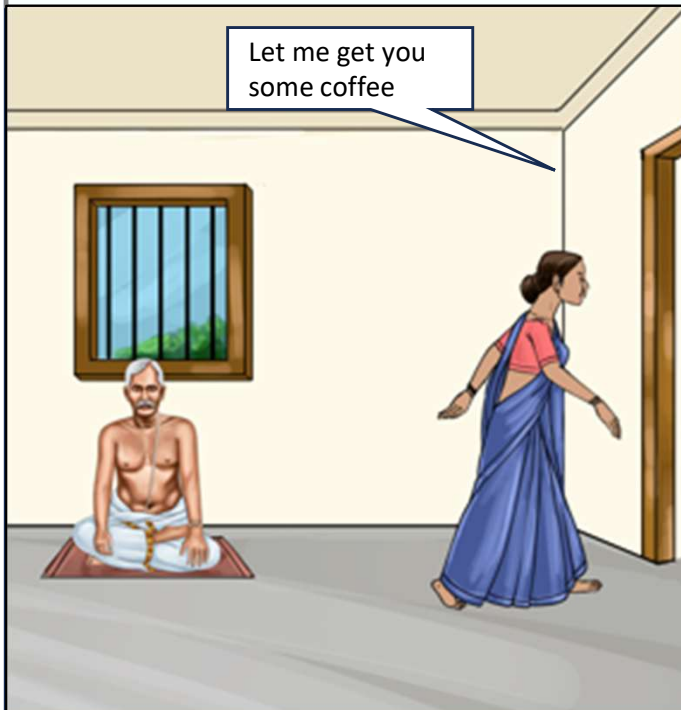
On the morning of March 11, 1940, Master M.N. woke earlier than usual, took a detailed oil bath, and dressed in new silk clothing and a silk turban. He performed his morning prayers with radiant joy, signaling the significance of the day.



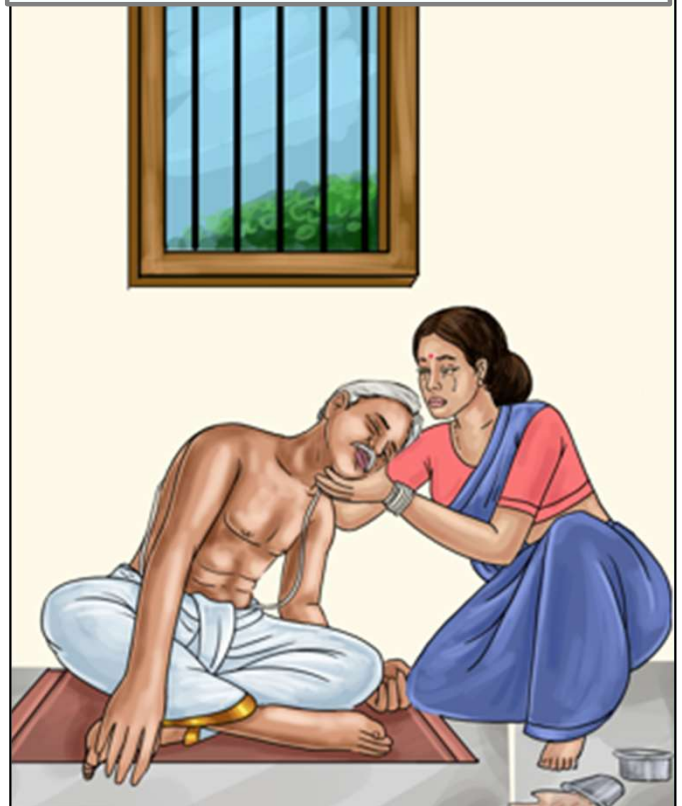
His wife, Sri Ranganayakamma, noticing his special preparations, inquired about the significance of the day. Master M.N. acknowledged its importance but did not elaborate and went to court.



At around 3:30 PM, Master M.N. left the office and returned home. At 4:00 PM, he sat on the floor and assumed a prayer posture, while Sri Ranganayakamma went to the kitchen to prepare warm coffee.



As Sri Ranganayakamma returned with the coffee, Master M.N., still in prayer, gently collapsed into her lap.



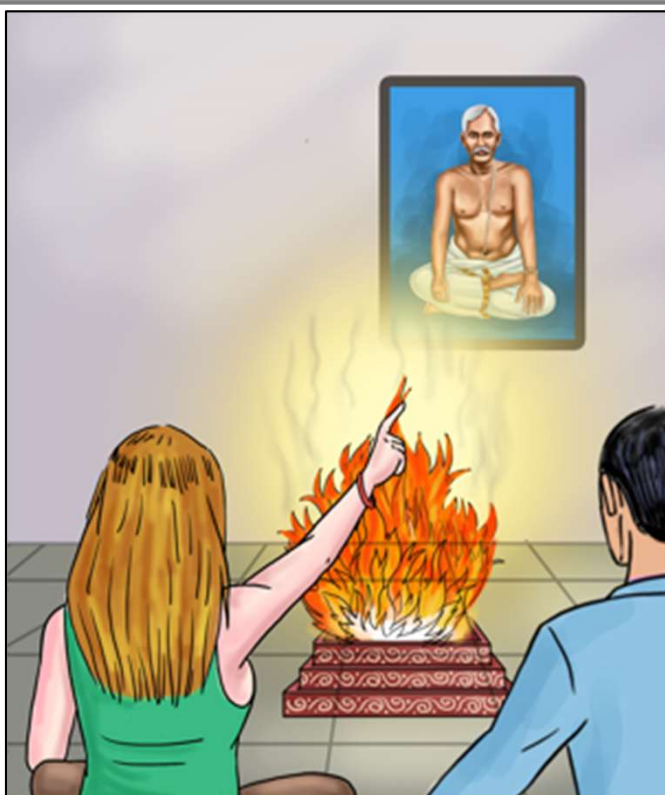
Some of the mediums arrived in the evening, only to realize they were late. They regretted forgetting the subtle hint and thereby missed witnessing a yogi leaving the body with full consciousness.



Even after Master M.N.'s physical departure, his presence continued to be felt during spiritual practices, such as fire rituals. Many participants reported feeling his energy.



A remarkable account of Master M.N.'s healing took place during a fire ritual near Iguazu Falls in Argentina in 1999. A woman who had recently lost her sight saw a vision of a being touching her forehead within the ritual flames. When she opened her eyes, she discovered that her sight had been restored. Later, after seeing his photograph, she recognized the being from her vision as Master M.N.



Reflect and Respond: Lessons from Stories

To ensure that stories offer more than just entertainment, we are introducing reflective and interactive elements to deepen learning. By adding discussion prompts, questions, and creative activities focused on the key values from the story, we encourage readers to connect with the story on a personal level. Encouraging family or group discussions helps transform the story into a shared experience, fostering deeper reflection and understanding.

Please answer the following questions.

1. In the example given, how are milk, butter, and ghee compared to the human body and its different layers?

..... (Page 6)

2. What qualities or practices are needed to construct the golden body in Master's yoga?

..... (Page 7)

3. How does Master C.V.V. guide the disciples?

..... (Page 11)

4. How did Master C.V.V.'s teachings help in accelerating spiritual evolution and dealing with karma?"

..... (Page 16)

5. What did Master M.N. teach about the practice of yoga?

..... (Page 18)

In your own words (in no more than 6 sentences), describe what you have learned from the life of Master M.N.

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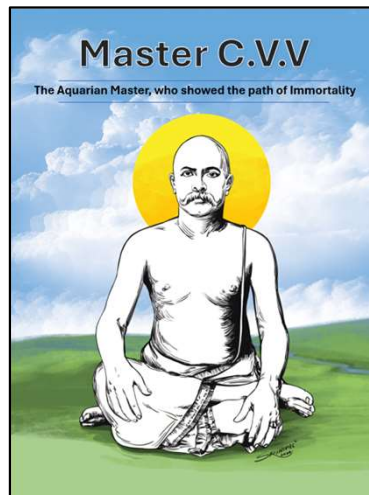
If there are any points in this book that you do not understand or need clarification on, feel free to send your questions or suggestions to the email address below. storybooks.feedback@gmail.com

MASTER M.N.

Mynampati Jwala Narasimham, fondly called Master M.N. stands as a polestar in Master C.V.V.'s Yoga, enabling the practices of Master groups based on the purity of thought, word, and deed. By profession, he was a lawyer and lived his life playfully and joyfully. He demonstrated many yogic marvels regulating life force, offered diverse courses to aspirants, and deeply inspired the hearts of fellow practitioners.

As a perfected yogi, in a playful manner he voluntarily left his body during prayer time.

Other books in this series



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