

Master E.K

Spiritual Constitution

(Overseas Messages-IV)



KULAPATHI BOOK TRUST
VISAKHAPATNAM

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(*Overseas Messages - IV*)

MASTER E. K.



**KULAPATHI BOOK TRUST
VISAKHAPATNAM**

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Phone :0891-2565291

e-mail : kulapathibooktrust@gmail.com

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Foreword

Messages of Master E.K. contain sparks of wisdom that enlighten seekers, to sustain themselves on the Path to Light.

Master's voice was magnetic, looks were electrical and his gestures, while at discourse, were engaging. The audience were lifted up into Buddhic Plane. A two hour discourse always flew by, in a romantic engagement in wisdom.

The Presence was permeating the hall and listeners were invariably drawn to the Presence and its inevitable touch - a touch that led the listeners into the Eternal Path of Truth.

BLESSED are the ones who listened to him. Blessed are the ones who study (but just not read away).

And BLESSED are the ones who continue to bring his messages to Seekers of Wisdom. May they move gently, into the Light as they continue these efforts.

May these Messages serve their intended purpose.

- K. PARVATI KUMAR

We are blessed

The Brotherhood of Machilipatnam Branch of W.T.T feel blessed by the Divine grace of Master E.K. in bringing out the fourth volume of “*Overseas Messages*” entitled “*Spiritual Constitution*” to be released in 56th Gurupuja Celebrations - 2017.

We are very much indebted to the W. T. T. European Brotherhood for providing us the recordings of Master E.K.’s Overseas Lectures. We are also thankful to Sri S. S. Mohan Babu and his son Chy. Vivek who typed all the Lectures. from the CD’s.

Finally we record with gratitude, the unstinting efforts made by Brothers Ch. S.N. Raju, K. Rama Prasad and T. Nagalingeswara Rao in proof reading and editing these lectures.

Master E. K. reveals so many ‘Laws’ governing the Creation like The Law of Pulsation, Alternation and Periodicities etc. He also brings to our mind occult secrets of Ancient Wisdom, Inner Constitution, Yoga and various esoteric methods of Meditation in this volume. The Wisdom contained in these discourses is so profound that when we go through it, it sends ripples of ecstasy, elation and horripilation right across our very being.

Alice A. Bailey says “*Do not be deceived of the simplicity of the words*”. This actually applies to Master himself. His words appear so simple, but they carry an ample underlying revelation. Any message can be taken as a sample of an example.

To come into contact with this Ancient and Ageless Wisdom is indubitably a boon and blessing showered upon us by the divine grace of the Master, the embodiment of Love unbound and affection personified.

We the brotherhood of Machilipatnam feel overwhelmed by Master’s benediction as we shared and shouldered the onus of printing this sacred book.

We sincerely hope, the readers will receive these revelations with ovation and get elevation through enlightenment.

Machilipatnam
1-1-2017

W.T.T. BROTHERHOOD
Machilipatnam Branch

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May their family be blessed by the Divine grace of Master E. K.

1-1-2017
Machilipatnam

Ch. S. N. Raju
Managing Trustee
Kulapathi Book Trust



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The publishing unit is constituted to propagate the Ancient Wisdom given out to Humanity from time to time. The proceeds from the sale of the book are utilised for reinvestment in similar books in pursuance of the objective of the propagating Truth.

The contents of this book are dedicated to the humanity at large. They belong to the One Light and the One Truth that pervades and is beyond the concepts of Caste, Creed, Religion and Nation.

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Spiritual Constitution

On behalf of the Holy Spirit of the land of India, after one year, once again I meet you and I find the oneness of humanity with you once again. Today I am expected to explain something about the '*Spiritual Constitution*' of the human being.

Of course, the heading is given as the spiritual constitution of man. The word human being includes woman also. Since spiritualism is essentially a science of inclusion, let us make the inclusion of the women also by making the little alteration, 'the human being'. But, if we go into the scriptures, the word man includes woman also because it is said that woman was taken from the rib of man. Some people used to think that the woman has no independent existence, because at first there was the man living. He was framed by God from the dust and God breathed life into the nostrils of man and man began to live. Then God has taken a rib out of man, and out of it made the woman. In our India, we have very sincere Christians who argue with me that God created man originally and only from man He created the woman. So, man is more important than woman. Ofcourse, they thought that they were more sincere Christians than I am but they

might have understood the scripture more correctly as the language of the scriptures is more profound than what we suppose.

The language of the scriptures has never been intellectual, but it is simple and direct, it is deep and profound. It is like the speech of little children because it belongs to the language of the earliest of mankind. The earliest of the human race was never so intellectual as we ourselves. But they were one with nature, unlike ourselves. We are much away from nature, because we are too much with ourselves and too much with the world which we have created for ourselves. This is because of the magnification of the mechanism of intelligence that we have created for ourselves, in the course of the human evolution through thousands of years. So, we have too much intellectualised ourselves. Hence we are suffering due to too much of our own intellectual presence, which is enough to create almost a total absence of nature and the intelligences that are working in nature. So, whatever we think is bound to be our own thoughts and they belong less and less to nature of our background. Whatever we speak will be more of our own story than of the story of the earth upon which we live. Consequently the human being is suffering from too much of the presence of the human being.

In the twentieth century, the human being is too much suffering from human problems, that is, the problems created by the human beings. There are no problems to any other beings on this earth, either to the animals or to the plants. Problems exclusively belong to the humankind because it is only the human species that is capable of

creating problems to themselves and to the other kingdoms. So, we are suffering from our own problems - the political, the social, the economic, the religious, the national and the racial. So, we are proud of creating problems to have the pride of solving them. That is the peculiarity of the human kingdom. If we can venture to take this as an advancement, we can take the opportunity of feeling the full pride of being a human being. But, if multiplying problems were to be considered as an advancement, we have to pity our own logic. But still, we do not stop thinking ourselves greater than the other species. That is one of the darkest features of the human species, to believe that the human species is the highest among the living beings on this earth.

So, the advanced humanity of the modern ages suffers from the inevitability of these limitations, self-made limitations, which we can say self-conditionings. We have no time to feel the presence of nature. So, our language is in harmony with our own intellect. We are not so much ready to get tuned with the language of the scriptures, scriptures that were received by the primitive races, received in direct language, transmitted as much as possible in a fewer number of words, so that the scriptures had no intellectual approach. Whenever we try to make an intellectual approach to any one of the scriptures, we make our own fantastic theories of those scriptures. Our literature about the scriptures will develop as non-sense, but the scriptures stand as they are unique. Our literature, scientific and artistic, comes and disappears with centuries. Whereas the scriptures run through time, having been translated from

language to language, transmitted from nation to nation, inherited from race to race. That is the difference between the scriptures and the other works. The intellectual achievements go into dust within a few centuries. But as you make an observation of the scriptures, you will find the same material living through thousands and thousands of years, through various languages, through various nations and races. So, we have to make a fresh attempt to understand the scriptures.

Man is made out of dust. This is a sentence found within the first few pages of the scripture. The scientist of biology or chemistry or physics may smile or laugh at it, but he has no cheek to say 'no' to the sentence, because when he makes an analysis of his own constitution, let him be a professor of Biology or Physics or Chemistry or Psychology or Para-psychology or Sensory perception or extra-sensory perception, what he finds in his body is nothing more than what he finds in dust. So, the sentence stands as true as Truth, whether one laughs or smiles, whether one mocks or whether one has the stature to appreciate. So, the sentence is more true than the present Biology or Chemistry or Physics. Unless you have this sentence as your background, you cannot properly understand Biology, Chemistry or Physics. Without the sentence of the scripture, you can be a best student of any modern university, but you cannot be a best student of the science.

So, what made man? You can imagine that the woman, as mother, made man. But there must be the father. So man, made woman as the father of his own daughter, and

woman made man as the mother of her own son. So, there is 50% truth in each statement. Put together the two statements, the words 'man' and 'woman' will be used in quite different sense. In this unique sense, the words are used in scripture. The word man is used to indicate the 'indweller' in you, whether you have a female body or a male body. The indweller is called man and the remaining is called woman. That is the active principle in you, the soul and spirit put together, can be called man. The rest of the principles, the physical matter, the mind and the senses, the forces and energies that are at work in you, the intelligence you have, the logic you have and the recollection you have, all these put together form the second half that is the passive principle woman in you which is taken out from yourself and made into a fabrication, just as the spider makes its own fabric around itself. So, the words male and female are used respectively to indicate the spider and its house.

Now you can read once again the lines from the 'Old Testament', how woman is taken out of the rib of man. Finally I want to remark, that the words woman and man used in the 'Old Testament' do not belong to the original Hebrew language. In the Hebrew language if you carefully make a study the words used are male and female, and not man and woman. Male and female are principles, that is the active and the passive principles in creation, whereas the biological differences of the male and the female bodies are quite different. The physical sex differentiation does not have much significance in the higher layers of consciousness in nature, because in the language of nature,

the male and the female difference of the physical bodies is only a matter of biological convenience, to make the multiplication of the species possible in other words to make the reproduction possible. Just as the post-office man carries his own bags for convenience, the male body carries its own bags and the female body carries its own bags, only for the biological convenience of reproduction. So, in the language of the scriptures, this has no much significance at all, because this difference is possible only in the lower planes of our existence, a part of the mind has this difference, and certain tissues of the body have difference. The bio-chemistry that conducts the reproductive functions has this difference. Beyond that, if you go to the etheric body, it is only a temporary prototype of male or female bodies. As long as this physical body exists, its original etheric body exists in the same form. When the appointed time comes to leave this body, that etheric body makes a disappearance, cutting off the connection between the physical matter and the indweller.

See, how the circus company establishes its tent in Munich, uses the land in Munich and then it takes its own paraphernalia to somewhere else, to Berlin or Paris. And then it uses the soil of Berlin or Paris for its existence. So, there is not much connection between the soil and the biological beings of the circus. The circus company may have many human beings, many elephants, many tigers and lions. They have no basic connection between the soil of any city and their own selves. They travel from city to city in total as a team and temporarily make a soil as the abode. Same is the relation between you and the physical

matter in your body. This body to indweller is like the city of Munich to the circus-man. So, when the appointed time is over, the indweller in the body, let it be a human being or a tiger or a lion or an elephant will be taken to another place. Not necessarily a very near place like Paris or Berlin, but it may be taken to India or America or Russia. It has nothing to do with the differences of nations and races. It has nothing to do with the set up of the governments. Let it be a democratic government or a republican government, it makes its own abode in some place.

The journey depends upon the plan, just as the journey of the circus team depends upon the plan of the manager of the circus. Similarly, the plan of our next birth belongs to our circus director, who is called the group leader of a group souls. Many group leaders will gather together and consult their group leader to get a redistribution of these souls into different races and nations, according to the plan. Just as the circus has its own commercial plan, the group of humanity has its own plan which is not commercial but which is purely artistic. It is the ultimate perfection of existence. Every nation has its own strong points and its own defects. Every race has its own virtues and vices and, so too every being, so too every family, so too every individual. So, a progressive distribution is to be made at every step just as a reshuffling of the playing cards is made at the end of every play, to make a new distribution of the cards. Similarly, the individuals are reshuffled and made a redistribution according to the existing strong points and weak points, so that nature makes

new combinations of the same souls with new experience and the future intended experience, so that each group is made a mosaic of new experience. Some designs put together are made into a design which is quite new. Some designs put together are made into a combination of many nations and races, so that the whole creation may be a living carpet, not the carpet which we have under our feet but a carpet in which all of us are little hairs. Since we are of many colours, we are arranged in different designs by nature so that the whole thing is a speaking carpet, a walking carpet, a moving carpet, a behaving carpet, a smiling carpet, and a greeting carpet.

Every time the smile is changed into a better one. Every time the greeting is made into a more positive one and every time the good wishes are made with more understanding. This is the goal of nature that makes the indwellers reshuffle. When we understand the purpose with which nature is making the reshuffling and this redistribution, then we understand how large-hearted the motives of nature are, and how positive the motives of nature are. Sometimes we are very much ashamed of our dirty narrow motives. If we examine ourselves how we feel when we see the people of other nations, people of other countries, people of other parties, people of other religions, people of other sects, we feel like foreigners. If we compare our motives with the motives of nature, and if we can have a glance at how nature is training us towards perfection, we are forced to be very much ashamed of our narrowness, however intellectual and advanced we may be.

So, real advancement exists with us, only when we begin to understand the motives of nature, and when we begin to appreciate the methods of reshuffling the inner souls and making new distributions, preparing new groups, making strangers as couples, making a foreigner as a child of stranger couples, making this strangers feel as brothers etc. Unless we are made to be born biologically brothers, our narrowness does not accept us to be brothers. So, unless our parents are biologically our parents, our conscience does not permit us to accept them as our own people. Try to understand towards what nature is driving us. To make us accept brotherhood of humanity, nature is making us born in relationship with strangers of different nations so that we all may have the training to love one another with the animal types of biological relationships. This gives us a platform to understand gradually the real brotherhood which is underlying. This is the purpose of nature. For this, our constitutions are made. If we can keep this in our mind we can better understand our constitution because every degree of understanding of our constitution depends upon our degree of understanding the plan of our life. If we know ourselves only from our birth and if we believe that we live only upto our physical death, then we have one type of understanding of the values of life. If we know something more, we have a little more understanding than the physical. If we know the intention of nature and the ultimate perfection which is the background intention of nature, then we begin to feel all the layers of our constitution. One by one, the subtle layers of our existence will be revealed to us. Gradually we begin to behave according

to the intricate mechanism with which we are equipped. Otherwise, if we do not know anything before and beyond birth and death, the intricate mechanism of this constitution goes a waste. The higher faculties of this constitution, the higher utilities of the machinery inside, the magnetic, electric and the electronic instruments we have within, the high speed computers with which we are equipped inside and the intricate skilful programming machines with which we are equipped, will go a waste. We just live to eat when we are hungry, to drink when we are thirsty, to sleep when we are tired, to awake when we are refreshed, to do something to keep our curiosity, to earn some money to make ourselves comfortable.

We earn some money to make ourselves live; we play sex whenever we feel it and finally we die. This is what we make use of the most sophisticated mechanism. What a foolish utility of a very advanced constitution! Suppose a very highly equipped sophisticated house is given to us who are not trained with the electronic equipment of the house; when we go into the kitchen of an electronic equipment, if we put a finger upon a spot, there will be much heat in the fire. If we take away the finger, the fire continues. If we put a finger on some other point, the fire goes down. But if the person is asked to live in the house without explaining the electronic machine, he will have his own stove with some oil and match box. He will have his own way of crude living. After 50 or 60 years, if the real owner of the house comes once again and explains to him, "You fool this is a kitchen, you place your finger like this, there is fire you can cook. You can place your

finger upon the second spot, the fire is out”. At first the fellow will not believe, just as many of us do not believe the existence of God or the existence of the creative intelligences in nature, or many people do not believe the subtler vehicles they have.

If you go to a modern university and make a gathering of the advanced students and science professors of the university, and tell them that they have etheric bodies and astral bodies, they will laugh at you, they will not believe. Similarly, the fellow will not believe the mechanism of the kitchen. By the time he learns how to use the kitchen and when he is ready to make the best use of the equipment, when he says to the master of the house, “I am now ready to use the equipment.” Then the master says, “Now it is time for you to vacate the house, because it is already 70 years or 80 years or 90 years after you have entered this house.” We may grow wise, but many times it is too late. We are forced to vacate. But it is better to get the knowledge of the vehicle soon, so that we may understand the purpose of evolution and we may play our own positive role in this creation and vindicate our birth, make our birth realistic. So, the real scientists of spiritual science have given the different approaches to understand the mechanism. In short I will give you the different formulae they have given about our constitutions.

The first grand formula they have given us is : The existence of the man and woman in everyone of you corresponds to that of the indweller and the vehicles. It is said that man is created out of the dust of the earth and air is blown into his nostrils as the breath. That means,

the real indweller in you is very very little. It is 'He' who is breathing in you. Suppose you make the picture of a human being with all the lungs and heart and other mechanism, even though there is plenty of air outside, the picture never begins to breathe. So what is it that is making you breathe, from the moment you are born on this earth? What is it that is making you take in oxygen and give out carbon-di-oxide? Though you do not know that chemistry exists, what is it that makes you take in air and give out air? It is called the 'I AM' in you, around whom all the layers of the constitution are prepared. The 'I am' in you, who is breathing and who is existing in the heart in the form of existence which causes the heart-beat, which makes the heart pump the blood, is the man who is prepared out of dust. And all the other things are, "The woman prepared out of his rib"

So, we have the division of the constitution, the indweller and his abode. This is called the two-fold division. In the language of the scriptures, it is called 'the two-syllabled word of utterance'. Because the indweller is called 'the word of utterance' and his two aspects are called 'the two syllables'. This is one division of the human constitution to be understood spiritually. It is further explained that the indweller is male by nature, the rest of the thing is female by nature, in the sense that the indweller is consciousness and the rest of the thing is energy. So energy wants someone to direct. The one who directs is the consciousness. Observe all the machines prepared by the human being, you know how the automatic machines work. Day by day the automatic equipment of the machines

is growing. Any piece of machinery does not need so much of human intervention as much as it needed previously. Even then, the machines do not work by themselves. It is the human being who has to start the machine, to install the machine, to inaugurate the action of the machine to feed the programming and information of the machine, to regulate the action of the machine, to rectify whenever there is a mistake and then to stop the action of the machine when it is time. Whether it is run correctly or wrongly, it is the programming of the human being that makes the action and not at all the efficiency of the machine. The total efficiency of any intricate machine depends upon the inventor of the machine. So, any machine requires an inventor and a driver.

So there are two aspects, the Creator and the Creation. In your constitution also there is the Creator and the Creation, that is the consciousness and the force. Since the consciousness is the independent existence and the force depends upon the consciousness to get steered, they are respectively called the male and the female. In the scriptures they are called, 'the Lord and His Lady'. In Sanskrit scriptures they are called 'Siva and Sakti'. Siva means 'the Lord', Sakti means 'His power'. This is the first differentiation or demarkation of spiritual constitution. This you can say 'the Lord and His Creation' or the existence of the One Lord and His nature. Then there is the division into three, it is called the three syllabled word, that is your three-fold existence. that is the matter, the force and the consciousness. You have the matter of your physical body, and the force that controls the physical body

in the form of your respiration and heart beat, in the form of the cerebro-spinal activity, in the form the activity of your mind, intelligence and nerves. This is the second aspect. The third is consciousness, who is the indweller. So you are expected to understand your constitution as a three-fold entity : Matter, Force and Consciousness.

The next step you are expected to understand is, that there is an ascending and descending journey of the three entities. See, how the ice block is fused into water and the water is converted into steam, three stages of the same existence. The state of ice, the state of water and the state of steam. And also the steam is condensed into water, and water is condensed again into ice. So there are an ascending arc and a descending arc. The ascending arc is, the journey from ice-block to water and from water to steam, that is, from the grosser state of existence to the subtler state of existence. The descending arc is from the state of steam into the state of water, and from the state of water into the state of ice. That is from the subtler states of existence to the grosser states of existence.

Similarly, in the three entities of your constitution, there is a journey of two arcs, a journey of two directions. One is the ascending arc and the other is the descending arc. What we call the highest Light of Consciousness, the Omnipresence of this whole creation, the One existence comes into or descends into a grosser state, the state of many forces and energies of nature. And these energies form energy centres and the ganglia (nerve centres) of the solar system, which we call the planetary bodies and then there is the creation of the physical atoms. That is, the

material creation as the third lowest plane. This is the descending arc. And then the atoms begin to feel their own existence.

Each atom takes its own upward journey in the course of the evolution, the first step being the mineral evolution. The next step is, the plant and the next step the animal and the next step the human beings. And then the upward journey of the human consciousness is to work as one of the many guides in nature, to work as a helper and a guide, to be one with the intelligences of creation, that is, to work as one with the Deva kingdom. So we have the upward path of evolution, to awaken into the higher and higher planes until once again the highest illumination of consciousness is experienced. This is the ascending arc of our creation. In your physical body also these two arcs are taking place. When we are given a birth on this earth, we are born with the physical body, we are awakened into the vital functions. That is the hunger, the thirst and the activity of the senses into the objective existence. Then there is the activity of the mind. Gradually we begin to awaken into the plane of energies. We live a life of trial and error in the energy existences. We make many defaultations with our ignorance. We experience the consequences in the form of disappointment, sorrow and disease, and we grow in experience. We begin to eliminate error, we begin to feel the impulsion to choose the right thing, and reject the wrong thing. Gradually we will ascend into the highest consciousness, when we are liberated from the self-conditioning. This is the three-fold journey of ascent and descent.

And then we have the four-fold existence. It is called 'the four-syllabled word'. It is described in the Indian scriptures. It is called 'the one word' sung in many meters. So the next meter is the four-syllabled word, having the four planes of consciousness, awakening consciousness or the consciousness of self-existence. The first three characterize the lower kingdoms. When we were taking the evolution in the mineral kingdom we were in the sleeping stage of consciousness. *When we came to the plant kingdom, we spent the time in dreaming consciousness. When we were awakened into the animal kingdom, there was the separation of the brain cells and arrangement of the cerebro-spinal system. So, for the first time we could awaken into our mind. So, that is the awakened state.*

We lived as animals, awakened to everything else except ourselves. And then we entered into the human kingdom to feel for the first time that we exist, that is self-consciousness, and to ascend into the higher and higher degrees of illumination of the light of self-consciousness until the highest incandescence is reached. This is dazzling (blind or over power with brightness) to the ordinary human eye and mind; it can never be understood by the highest intelligence of the human mind, because, light is a thing which is not yet understood by the intelligence of man. With due respects to the greatest scientists of the day, if you question them what is light, the answer is ignorance even today. We can handle light, but we do not know till today what light is. We do not know if it is matter or force. And we do not know at all, that it is consciousness. In the scriptures we understand that light is consciousness.

But it may take one or two centuries more for our modern scientific brains to understand that light is a form of consciousness and that electricity is life.

These two statements are awaiting the understanding of scientists. The scientist knows life and knows electricity as two different entities. But it is not yet time to know that it is the same thing that is existing inside and outside. What we call electricity outside, the same thing we call life inside. It may take one or two centuries more for us to understand this. So this is the ultimate stage which we can understand, to understand the light of our own existence. It is very subtle. It is like a flame. Understand what fire is. Unless it is the flame it can never include fire. Unless there was fire previously, there cannot be an outburst of flame. So fire is the omnipresence of our creation, flame is the individual who exists. It may be the human individual, the animal or plant or the atom or the solar system. But it is the individual who is the flame and it is the Omnipresent who is the fire. We are expected to experience the relationship between the fire and the flame. Then you will live as a flame, a flame not to burn anything but a flame to illumine the life of others, to illumine the path of others. So this is to understand the four-fold existence of yourself.

Then the five-fold existence of your constitution. Your constitution includes five states of existence. The solid, the liquid, the gas, the fire that gives out the heat from you and the consciousness in you and the contents of the space where your body is standing. You can readily accept the first four, but you may have sometimes a little objection

to accept the fifth one, because the fifth one is space. I will once again narrate the five. The first is solid. You have solid in your body. The second is liquid, you have water in your body. The third is fire, you have the heat in your body. The fourth is gas, you have your respiration and other gases in your body, accepted. And if I say the space in you, you may be in doubt. Is space a matter ourselves? Can space be considered as a part of ourselves? How can we count space as the fifth part of our existence? You have to. When you find an ice block rolling in a big stream of river, if there is a little animal whose body is made up of ice, sitting on the ice block and not accepting water as the basis of the ice block, we have to pity its ignorance. Similarly if we do not accept space as the base of the other four existences, we have to pity our own unscientific mind.

From space everything comes out, fabricating the various molecules of different substances, and each atom is an ashram of thousands of intelligences. Some intelligences are male and some intelligences female, who are called the positive and the negative entities of the atom, the protons and the electrons of the atom. And there are the third group of intelligences also in the atom. There are the hermaphrodites, they are the neutrons of the atom. Of course, these belong to the scientific concepts of the 21st century, but yet we have no objection to make a mention about them. Thus, you understand each atom an ashram of three groups of intelligences, who are as much living beings as we are, because it is only a degree of magnitude that makes the difference. What makes the

difference between the activity of an atom and a solar system? It is only the magnitude. What we call the solar system? It is only the magnitude. What we call solar system is only a magnifying glass of the activity of the atom. So, on one side you have the atom, on the other side you have the solar system, in the middle you are standing, the human being. Now, understand the meaning of your journey. How are the atoms coming into existence from space? How are the solar systems coming into existence from space? In the middle, how are you coming into existence, as the totality of the five components?

So, it is understood that space is an existence and not a vacuum. There are still some people who believe that space is vacuum. It is a pity. It is because there is vacuum existing in their mind. They find perfect vacuum in the laboratory and they find vacuum in every tube they produce. But after the advent of the nuclear science, after the discovery of the electro-magnetic fields in space, after the discovery of the actions of the isotopes through space, if anyone believes that there is vacuum in space, the vacuum in his mind can never be filled. It is the vacuum of perfect foolishness. So space is an existence. And the ancient scientists called it the Aqua-Regia of Existence, that is, the grand solvent of every substance in it. Everything dissolves in it as a crystal, just as a crystal of salt or a crystal of sugar dissolves in water. Every atom as a crystal dissolves in space, and every atom comes out of space like the crystal of sugar from liquid. So also does the whole solar system.

Similarly the egg of space, which contains the millions and millions of solar systems comes out from space, just as the crystal comes out of water. It is merely a process of crystallization. So understand space as your basic existence and the Indweller of space is the same as yourself. You are the Indweller of your constitution, who is at the same time the Indweller of the space, just as the space in this hall is the same as the space outside. When you understand that the hall is built in space and the space is never built in the hall. You can remember that space existed before this hall was built and the same space remains after this hall is removed. Similarly the space is in you as the Indweller. But there is the demarkation of understanding. For example, you can understand yourself as the Indweller of your constitution, as well as the Indweller of the total presence which is the same thing, the Indweller of same space. If space wanted to talk to itself, it has prepared its own machine. If space wanted to look at itself, it has prepared its own machine. If space wanted to listen to itself, it has prepared its own machine. If space wanted to divide itself into two, one part to eat and the other part to be eaten, it exists in two parts. It created its own different constitutions, its own involved machinery. And this is the machinery which you call 'your constitution' and 'my constitution'. No part of this constitution has the capacity to speak or see or hear. It is only the Indweller who can do all these things and from the Indweller the layers of constitution are formed. It is for the purpose of utility to the Indweller, that these are formed.

So, it is the one big Indweller, who is existing as many in all these constitutions, just as the one space is existing as the different spaces in different houses. That is the next understanding that we are made to understand. This is called the five-fold division of the human constitution. Then you have the five energy centres which maintain the five states of existence. For example, you have your 'Base Centre' which is called 'Muladhara', which is the basis of the solid matter in your constitution. As long as your Muladhara is functioning properly, the solid tissues of your constitution run healthily. When there is something wrong with the Muladhara, then there is everything wrong with the biochemistry of the solid tissues of the body.

Then there is the second centre, which is called the 'Navel Centre' or the 'Manipuraka Chakra'. It is responsible for the liquid content of your body. As long as this centre in your spinal column is properly working, you will feel your thirst whenever water is required. And the water will be properly distributed in the body to serve the function of maintaining you. The moment this centre is disturbed, the water economy of the constitution goes wrong. Something we may have too much of thirst as a disease. Sometimes we will not have thirst at all and the water we take in will be deposited in some part of the body in the form of dropsies and swellings.

And there is the third centre, the Centre of Fire in you, which is responsible for the temperature of your body and the constitution having its supply of calories of heat. The centre is what is called the 'Spleen Centre', it is called 'Swadhisthana' in yoga. It has its automatic regulators of

temperature. When it is too cold outside, it produces more heat in your body and you will find your body hotter in winter. When it is too warm, outside, it reduces the heat in your body by perspiring. The result is in summer you will find your body less hot. So, this centre is providing automatic regulators of temperature in your constitution to make you live.

Then there is the next centre called the 'Heart Centre' the 'Anahata Chakra', which is the regulator of the gas. That is the air regulator of your constitution. It is the centre of your respiration and the peristaltic activity of your constitution. For example, the heart beat, etc.

And then the next centre, the 'Throat Centre', which is called the 'Vishuddhi Chakra'. It is the centre which links you with the space in which you are living. This is a little bit difficult to understand. The passage between the space in which you are and yourself, the passage between yourself and space, the gateway between your consciousness and the space is existing in this Chakra. Space is a pool of sound principle. And when it is disturbed, there is what is called the sound vibration. That disturbance we are producing with the vocal chords. We are producing the voice which is the sound vibration and we are listening to it. So this is the next centre. The five centres are finished. So the centre for solid, the centre for liquid, the centre for fire and the centre for air and the centre for space. The five centres are well arranged in your constitution.

And there is the sixth centre which is called your 'Brow Centre'. It is called 'Ajna Chakra.' It is linked up with the mind inside and the mind outside. We know the mind

inside but what is the mind outside? It is called the space mind, which is working out the whole creation from space into existence. So the space mind outside is linked up with the mind in our brain with this centre called Ajna Chakra. This is called the sixth centre, with which you have to gain the mastery.

Then there is the seventh centre, the 'Head Centre'. It is called the 'Sahasrara' or 'the Thousand Petalled Lotus'. That means a centre of thousand consciousnesses, working as the thousand rays of light from within yourself. But this centre does not belong to you. It belongs to nature. You are permitted to exist there when you have removed all your blockages of the vehicles. As long as you exist there you do not belong to yourself but you are the Universal Consciousness, called the Lord Consciousness.

When you once again descend into the lower stage, you can exist as yourself in your own vehicle, to satisfy with your presence, your wife and children. And you can be existing simultaneously, when you are an expert in handling with mastery all the spiritual layers of your existence. You can exist in the thousand petalled lotus not as a person, while the whole constitution is working, the mind and the senses are working, the daily routine and the activity being attended. Your wife may believe that you are existing to her, your husband may believe that you are existing to him, your children may believe that you are existing to them but it is the All-Existence that is existing in your name. This is the purpose for which the spiritual constitution of the human being is made. This is the ultimate perfection of creation. This is the goal and this is the accomplishment of human birth.

This is a part of the understanding of the spiritual constitution of man. If we have to cover the whole subject, it takes seven full lectures. But now that we have made a sampling business of each and also the trend of the journey of the soul, the purpose of the journey, we can experience the ultimate perfection as accomplishment. This is in short the epitomic atlas of the spiritual human constitution. Thank you all!

Question : “What is our love towards others? Is it the love of God that exists in us?

Ans : Love is not something which is expected from outside. That is something which is expected from within ourselves. It makes a manifestation as a transmitting pole and never never as a receiving pole. As long as we expect love, as long as we are on the receiving pole, we can never feel the presence of love, because we are made up of love. Our consciousness is a crystal of love. Unless the crystal is fused into liquid once again, we cannot experience the love of God, because it is never objective, it is only subjective. So, the more we manifest what we call ‘our love’ towards others, the more we experience the love of God, because the word ‘our love’ when we use it, is a false term and an ignorant term because it is love of God that manifests through us. When we are travelling in the ocean, if we are supplied some water of the ocean in our room, if we say, “This is my water, is it true?” Similarly ***what we call love, is God’s love when we express it towards others. When we expect from others, it is only a word and not love. This is the mystery of the love of God”.***

Thank You.

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Spiritual Healing

Brothers and sisters who gather here, today's topic for lecture is '*Spiritual Healing*'. The word 'spiritual' means something relating to the spirit. The word 'spirit' means the essence of every thing. When a block of ice melts and becomes water, we can say water is the spirit of ice. Certainly in this world we see many forms of matter. The matter in our body and the matter in the things around us. All this matter is made up of atoms, and the atoms can be called the spirit of matter. All the atoms are made up of some great energy and the energy can be called the spirit of atoms. All this energy is made up of the space consciousness in which we live and this space consciousness can be called the spirit of energy. That is what we call God, because every thing is made out of that spirit including our Sun and the solar system. All the planets are made up of the solar energy, and the actions of the sun upon the planets created life on each planet. Life created many millions of living beings on every planet.

Just as we live on this earth, as the living beings of this earth, every planet has its own living beings on it. Similarly the sun also has millions of living beings in the sun globe and all these things have come out of the same spirit and we call it Spirit. When we try to understand

the spirit and remember the spirit in us and in everyone, then our thoughts and our actions and our speech belong to the spirit. Then what we do will be useful to anyone in this world and we will stop to do anything that is harmful to any one. Similarly what we think will be useful to any one in this world, because our mind does not permit us to think evil thoughts about others. Suppose I think somebody has harmed me, someone has misbehaved in my case and that somebody has talked bad about me. Such thoughts will be there in our mind, when we do not remember the spirit in us and the spirit in every one. But when we train ourselves to remember the spirit always, there is no place to such thoughts in us and all the thoughts belong to the healing. Healing does not only mean curing diseases, healing means to rectify any defects in us and in others. In the modern days in the occident, we find a great liking to healing. Many people are trying to learn healing and to heal others. A great desire to make others better, has suddenly increased during the past twenty years in the occident. This is because the world needs much of healing in the present day. Whatever is needed to the world, will be produced by nature in the form of our thoughts and good intentions. And whenever something new is necessary to make things better, that something new will be produced through our thoughts once again. At present the necessity to heal has become much more than it was before. Therefore a great desire to heal has come to the minds of many.

In this century, for about 80 years, medicinal healing has become more common than previously. Man has

conducted unnecessary experiments with medicine so that man began to use medicines more than needed to the human body. The result is two generations are spoiled in health and the resistance in these two generations is not as it was previously. Whenever we get a little cold and sneezing, we have every possibility of contacting a dangerous disease sometimes leading to death. Whenever there is a little injury to any part of our skin, there is every probability of getting some dangerous infection like tetanus which causes death. It was not the case in the previous generations. Very simple diseases like colds and little injuries never harmed anyone on this earth and never caused death in the previous centuries. It was because man did not conduct unnecessary experiments with medicines. Man did not swallow and inject so many medicinal substances into the human constitution, by way of curing diseases. And now, sometimes even medicines are used when there are no diseases at all. For example, when a child is born it will be given vaccines and immediately we make the child unhealthy with the vaccination. And, by utter ignorance, we have taken this as the law of every government. Many times ignorance rules centuries and now the same ignorance is ruling the modern century also, in the form of belief of vaccinations, antibiotics, cartisones and the endocrinal medicines and many unnecessary things. The surgery is unnecessarily identified with Allopathy and is being used even if it is not necessary. We see hospitals where there is a big rush for maternity, and to avoid delay, caesarian operations are being conducted for deliveries. We are in great ignorance about these matters, because those whom

we call medical people and specialists and doctors, are themselves in greater ignorance than ourselves. When they are wrongly directing us, there is no other go than to fall in ignorance for all the people. We see how, when there is a uterine haemorrhage to a lady, immediately the doctor removes the uterus. This is also sheer ignorance. Whenever a person is not able to sleep, the medical science is producing sleeping pills that are made up of dangerous poisons and narcotics. Not only that, the doctors are encouraging ladies to use pills to postpone and advance the date of menses. They do not know how dangerous it is, and how a disturbance of the endocrines and hormones in the constitution permanently damages the psychological mechanisms of the ladies and thereby establishes chronic diseases in the physical body which can never be cured by any system of medicine, including spiritual healing. This is all due to the great ignorance of the present mankind. And we are to take every care of it.

We are suffering from over-drugging. There are people who use multivitamins to maintain their health. They do not understand how dangerous it is to use vitamins in the form of a chemical medicinal substances. So, the great necessity to take care is felt by nature on this earth, and it has inculcated a big thought of spiritual healing in the human beings of this earth. Unless nature produces a thought wave, it cannot take the shape of the thought of a century or a nation. We know individual thoughts come to our mind and go away. Even though we try to convince others about our own thoughts, they will disappear as soon as we die, but the thought produced by nature in our mind

is always progressive and positive, because it is only to meet an urgent need that nature produces thoughts in us. The desire to heal the unhealthy has therefore become very strong during these two centuries in many people. Some sixty years ago, we do not find so many people interested in healing. Many people were not interested even in healing themselves. Now many people are interested in healing others, but they forget that they have to heal themselves. ***Any one who wants to be a healer should first heal himself or herself and make the physical body and the mental body perfect, and then only he or she can heal others.*** But if I happen to be a psychic patient suffering from great obsessions in my mind, due to my financial and domestic problems and then I take a diploma in psychology and begin practice as a psychologist, what happens when people come to me for psychological advice? I will be introducing my own obsessions to others and making them unhappy with my own diseases also, when they come to me for healing. Similarly when I have nervous weakness and hysteria, when I feel over-sensitive in the presence of strangers, when I feel great tension to meet others and spend time with them, when I suppress weeping which every time chokes my throat, then I have to go into a room once or twice a day and burst into weeping for five minutes and then come back into the company of others. When my nervous system is in such a dangerous condition, when my liver is not permitting me to appreciate others, when my liver is over secreting and making me feel jealous of everyone who is happy, in such a state of mind if I begin to heal others, what happens? I may proudly say that I give spiritual

healing and classes to others, but I will be giving them classes of infection of my own troubles, and the result is the seekers also feel restless after coming to me. When they are happy, they become restless, when they are unhappy, they become restless. When there is some great joy, they cannot contain it and they weep. When they appreciate others they weep and when any one thanks them, they weep. This is because their nerves are in such a condition that they will not be able to contain any expression of emotion. This is because their emotion is not purified, their love nature is polluted with emotion.

But, to be a healer, we should have love-nature which is distilled from the pollution of emotion. Then only love-nature will be impersonal. But when it is polluted with emotion, because of the disturbance of the liver, our love-nature is also polluted with emotion. Then we begin to love only our own people and hate other people, yet we call it love. I begin to love my own wife and children. All selfishness in the world is due to bad liver and unless we are cured of it, our love-nature will not be purified from the pollution of emotion. Then only we are fit to become spiritual healers. So, first of all, let us get ourselves purified and healed, and it is possible only when we have a number of people working for the same cause with us. When we begin to practise individually in our rooms, it is not at all possible to heal ourselves. There are people who sit in their rooms for hours together in Padmasan or Siddhasan closing their eyes and going into a strange type of meditation, trying to purify themselves. The result is they go into nervousness and they cannot tolerate any

misbehaviour from any one. All the elements of tolerance will go away from them. A spirit of pious aristocracy comes into their mind. When they come into the world, they see only defects in others because the tolerance in them is gone. When we go into such a condition, there is no possibility at all to become a healer.

There are people who are very much afraid of bad vibrations from others. They think that people who are sick have sick vibrations and they make us also sick by their presence. How can such a person be a healer? When he feels himself ready to receive the infection from the sick, how can he heal the sick? He has grown too negative. And every time a Malade (sick) comes to him he will suffer from great headache that day. We know people who try to heal others and suffer from great suffering and diseases in themselves afterwards. This is because they say that the diseases of the sick will be transferred to them and that they are taking the diseases of others, but this is utterly false. This is ignorance, and the science of healing never teaches us such nasty things. The science of healing teaches us that we are positive in our spirit, and the more we remember the spirit in one and everyone, the more we grow healthy day by day, we grow positive day by day, and we begin to radiate the positive health around us and our presence begins to radiate the magnetism of health into others and automatically without our own knowledge, spiritual healing takes place. So, it is not the healer who is receiving the pollution of the diseases, but he is causing a positive injection of health into the sick, then only he can become a healer. One should not be affected by the

environment. One should be able to affect the environment by one's presence. Such is the nature of a healer. Have you ever heard or read in any book that Jesus Christ had suffered after healing anyone? When he gave sight to the blind, did he suffer from blindness for sometime? When he healed the people possessed by evil spirit, did he get the evil spirit for some-time? Healer can understand and meditate upon the Christ, then he too becomes a healer. True healers are essentially spiritual and if you find a holy man or a saint sitting anywhere, when you go to him and talk to him for five minutes, his healing presence will be with you for months afterwards. Sometimes it will be with you for years and sometimes for life it will be with you.

You might have heard of a holy man called Ramana Maharshi in South India. Many people approached him with many questions about philosophy and religion, about the economic and social problems in the world, and with questions which cannot be solved by any one. They gathered all these questions before they approached him, and they went to him and lived with him. And what was the result? As soon as we go near him, he makes a smile and then he asks us to sit down, he brings something for us to eat. He prepares some breakfast and he gives us some fruit and milk, and for one or two days we will enjoy his presence. He asks us some questions and then he sits smiling silently for hours. We sit before him silently smiling for hours and days. We never sit there with great tension, because we forget ourselves. And after a few days, people return to their places and wonder why they did not put all these questions to him. The secret is, they believe that they

forgot all these questions in his presence and they thought it was some black magic with him, that he confused their minds and made their minds not to work in his presence. It is all ignorance. The fact is as long as we are with him, our mind has no questions, because it has every answer with it, because our mind is his mind, because our mind is touched with his mind. Just as, if you take some iron pieces into your hand and make them touch a magnet, all the iron pieces are magnets and not iron pieces at all, as long as they are in touch with the magnet. And even when they are in touch with the magnet, even if you place the magnet at a little distance from the iron pieces, they receive the induction or the presence of the magnet and they behave as magnets. In the same way, as long as people were with Ramana Maharshi, their minds were perfect. And a perfect mind has only answers and no questions, it has only solutions and has no problems. It is not by logic that we solve our questions, but it is because of our magnetism that we find solutions and answers. We cannot normally understand this secret, and due to our ignorance we believe that our questions are answered by logic. And we find solutions to our problems by logic. It is not at all true. The truth is, we have solutions with us as the light of our own presence, and since the brain cells are not perfectly healthy, we are not able to express our presence properly through our brain cells.

The expression is only in the form of questions and doubts and no solutions. Solutions are with us and they cannot enter into the brain cells in the form of mind, because the brain cells do not permit us to enter directly and express.

Perfect healers, like Ramana Maharshi and others, are those whose brain cells are purified and perfected, and whose spiritual mechanism is completely tuned, so that they are able to enter into the brain cells totally and transmit what they want to give us totally. When we are in their presence we do exist in the same state, and the result is we have only solutions and no doubts or questions. Once again when we come away home, we have our own brains filled with imperfect brain cells. It is like magnets containing an alloy of aluminum. The magnet in us tries to work perfectly, but the alloy of aluminum comes in the way and it does not permit the magnet to act perfectly. That is why people used to recollect their questions when they came from Ramana Maharshi. They wondered why they did not remember their questions. Now you will understand how a real spiritual healer will be. He never shuts himself in loneliness in a room or in a cave, in a forest, but he will be always with people. During your training also you should learn to be with people, not to be influenced by people, but to influence people in a good way. Unless you are mixing with people, you cannot influence people. And while practising healing, you are always successful when you practise in groups.

You will never be a success when you practise healing as a single person. An institute like this is very convenient and comfortable to practise healing. There should be a possibility of a community living. But it should be something different from the communities we know in the occident. But we should leave off evils and we should have community life. We should be powerful enough to

pick up what is good and leave what is not good. Now after a long time, after the industrial revolution, the occidental mind is just coming out of industrial mind and trying to live a community life. But previously it was necessary that everyone should have his own room to live. Even now there are many people in the occident who cannot live with out having his own room. Here the orientals have great advantages, because more than 50% of them are accustomed to live in great groups. When there is one big hall in our houses, all of us live in the same hall. So the economic conditions in India produce conditions that are conducive to become a spiritualist. Even from India also we should pick out what is good and leave off what is not good, and we have to teach them what is good from us and we have to leave off what is very bad in the occident. Then only we will be healers in real sense. A good spiritual and yogic community living is a necessity to become a healer. I have observed many spiritual communities in the occident for these ten years, and with what great speed new spiritual communes are developing. I am observing. Five years ago, when I came here, this institute was in its beginning stage. I found with what great speed it has gained its strength, and it has gained its perfect shape and now I understand, with what iron discipline, the yoga teacher is creating order and discipline among these people here. If you want to heal and want to become spiritual healers and if you cannot appreciate what discipline is, it is not possible for you to develop as healers. Anyone should undergo discipline and know what time is and what place is. You should be able to attend your practices strictly according to time.

Discipline yourself to sit in the same place where you sat yesterday, and in the same posture you begin to sit everyday. And when you sit for spiritual healing classes, it is absolutely necessary to sit in perfect rows, horizontally and vertically also. When we sit one behind the other in perfect order and one by the side of the other in perfect order, just as you see the armies and the soldiers in an army, then only healing becomes possible in its ideal sense. You can question me ‘why?’ It is because everyone of you is a magnet of some expression of life and mind. And every magnet has its own polarity, its own south pole and north pole and its own polarity of mind, that is, its own strong likes and strong dislikes. Every one of you will like some things and dislike some things. The strength of your likes and dislikes is always much more strong than those in the orient. In India or China or Tibet, people cannot like very strongly or cannot dislike very strongly. And if you like a person, you can like him very strongly. If you hate a person, you can hate him very strongly. That is, the individuality of the occident is very very strong and powerful. That means each one is a very strong powerful magnet by himself or herself, generally not accepting the magnetism of another. But when you know how to arrange the magnets, you know that two magnets work as only one magnet. If you arrange one magnet upon the other with like poles, then the two magnets are fighting with each other like two strong ladies in the same house. But if you can place the magnets with unlike poles upon each other, they will not only attract each other, close together but also begin to work only as half magnets to each other and the

two put together work as one magnet. That is what happens when you know how to sit in a healing school. In any type of spiritual practice, let it be yoga or healing or meditation or liberation, let it be Karma yoga or Bhakti yoga or Jnana yoga or Japa yoga, Laya yoga or the unfortunate Tantra yoga, what ever it may be, if you know how to group people, then each individual becomes a part of a group and the group works as one person. Only when such a thing is possible, the healing magnetism passes as a healing current through your bodies. See how the electrical batteries are arranged in connections, if you are not capable of connecting them, each electric cell works for itself and no two cells will combine to act. We should know this art with human beings if you want to know healing.

Then you begin to practise yoga. Keep your bodies fit and regulate your intestines, stomach and liver, not with medicines but with practising of relaxation, practising of the art of breathing and having some asanas which are suitable to you and practising the art of meditation in its scientific sense, but not in the sense we think meditation to be. Then instead of medicines, you can use your food materials as medicines. You can make a proper grouping of the foods you eat. Take all the salads into one group, uncooked foods and fruits another part of uncooked foods. Consider all the fruits uncooked as another group. And sometimes in the west there are certain unscientific methods in food. People cook fruits and eat here sometimes. They eat cooked bananas and some other fruits. And in eastern countries they don't cook these things; it is not necessary,

and also it makes the fruits useless when cooked. So, in your mind you divide all the uncooked foods into one group, all the leaves of the salads one group, all the roots like carrot, beetroot into another group, all the fruits and fruit juices into another group, and all the cereals uncooked into one group, and the cereals cooked into another group. Understand that cereals uncooked will heal diseases, whereas cereals cooked create diseases. We should not feel insulted when we hear such remarks, because both in the occident and in the orient, we have a great bad habit of cooking cereals and eating. The habit has taken such a deep root in mankind that we find it unnatural if any one points out that cereals should not be cooked. Any thing is made unnatural because of our habit of looking at things. According to our habitual way of understanding, we understand things to be natural or unnatural. A person, who is in south India or near equator when he sees an ice block and water, says that ice block is unnatural and water is natural state. When the ice melts and becomes water, he says it has returned to its natural state. If you find someone who is residing near the North Pole or South Pole, he thinks the ice block is the natural state, because he should use some heat and make it water when he wants to drink water. He calls water as the melted state of ice. To him water is unnatural and ice block is natural. In India we take coconut oil into our hands and daily apply it before bath to the skin. When it is mid-winter, the coconut oil will freeze in the bottle in the form of a white pomade. Then we say that it is frozen, we apply heat and say it has come to the natural state. But if you go to the Himalayas

or Blue Mountains in India, they will sell coconut oil only in bottles with wide mouth, because according to them the natural form of coconut oil is pomade and the artificial form is the liquid. This is because of our habit of looking at things.

The mankind of our earth globe has been habituated through thousands of years, to cook cereals and eat. Therefore when someone teaches us that cooked cereals cause diseases, immediately we think that there is something wrong with the brain of that person. I too thought like that in the beginning. But gradually we have come to know unfortunately that it is very true; and we should remember specially the cereals that are uncooked, if we want to know the art of healing. That means not only curing diseases but also curing the body to be free from medicines. We should cure the body also of the medicines we have taken previously. Then only we can call it healing. Healing and curing are quite different. The process of cure is to rectify what has already gone wrong; the process of healing includes the medical cures and the non-medical cures put together and also the inequalities of the mind. So, yoga practice is one branch of healing, because our mental health is improved by it and we will be free from our likes and dislikes, our jealousies, suspicions, fears and our impressions about others. This is also included in healing, whereas medical cure does not include this. If you say my friend is very jealous to an allopathy doctor, he says let him hang himself, because he does not know that it is a disease. If you say I have not slept for 6 months, the allopathy doctor becomes angry with you and says, "You

are thinking too much in the nights. That is why you are not able to sleep. Don't think too much in the nights, try to think less and try to sleep". Poor fellow, he does not know that sleeplessness is a disease, which should be cured with medicine or adjusting diet. The allopathy doctor has no solution with him for sleeplessness or for too much of thinking in the nights. Therefore he will prescribe you some sleeping pills, which contain all sorts of dirty narcotics, and the consequence is, we go into coma like condition by the medicine and the next morning we will call it sleep. But you are not refreshed in the morning, because it is not sleep. It is nothing but the poisoning of the mind. But since allopathy has no other solution, it prescribes only such dangerous things. So curing is like this, but healing includes making you free from the habit of the sleeping tablets also. If someone comes to you and complains that he has been addicted to sleeping tablets for ten years and that he is not able to control the habit; if you know the method how to make him free from the sleeping tablets, and if you apply it and become successful, it is also a branch of healing.

So, healing is broader in its application than curing. Healing is essentially spiritual even when you use medicines. When medicines are stopped unnecessarily, some times there is the need of medicines absolutely. Then you can't say, 'I heal him spiritually'. Spiritual healing includes your knowledge of when to use medicine and when not to use medicine, when to suggest surgery, all this put together should be only 10% of curing of the illnesses. The other 90% of curing diseases can be done and should

be done with food, with water, with sleep and rest, with the changing of the work of the day and with the changing of the hours of over-work. You should be able to re-arrange and re-adjust these data. If the person is sleeping less than the normal, because of the nature of his duties or work, you should be able to suggest him how to sleep at his regular hours. But if he is not sleeping sufficiently because of some hobby with the society, for example, playing cards or chess, then you should be able to educate the patient and make him feel the need of sleep and make him sleep. If someone is sleeping too much, that is, there are people who sleep from 6 p.m. Friday to 10 a.m. Monday. That is, when they leave their office, they come home and they have no weekend, because they are weakened. They go home and begin to sleep, and they wake up only on Monday morning. Such people have a set of diseases, which are essentially of toxic nature. One secret is, the more you begin to sleep, the more you want to sleep gradually. You don't feel like coming out of sleep, if you begin to sleep for more than normal hours. Why? This is because you sleep for abnormal durations, in the meanwhile the body is producing its own excretes, the urine and the stool, and the excretes of the skin through the sweat pores and the lachrymation of the eyes, ears and nose. All these things produce their toxic matter to the mind and give a weighty feeling to the mind by making the etheric body dense, dull and heavy. We do not understand etheric body at first and all the toxic effects are only due to etheric body and not due to physical body, because the toxic condition can never be examined under any instrument. You can examine

clinically the results of toxic condition, but toxic condition should be understood only by seeing the patient. If you take 10 or 15 radiographies of the head of the patient, you cannot find any toxic condition in it.

Sleep produces excess of toxic products and when the sleep is of a normal duration, then we will wake up in time and clean the body of the toxic products timely. If the sleep is of undue duration, the body enjoys the presence of toxic materials in it for a long time. The result is the mind is crowded with the toxic effects and it conveniently wants to sleep for sometime more. And the result is sleep and sleep until death. So, you should be able to suggest all these things to the patient. Educate him properly without feeling delicacy and nervous and without any obligations with him, and you should be able to make him do the needful. And great ignorance about food habits, habit of sleep and habit of sex are there with us through centuries. You should be able to know and practise and educate others, if you want to be a successful healer. And then actually the process of spiritual healing will be discussed as a final point. When you have made yourself free from disease, when at least you do not have any nervous disease like tension or over-sensitiveness or obsessions or psychosomatism or feeling restless in the presence of new people, then you begin to heal in the procedure given by the scientific texts of healing. One method of healing is, to make the patient sit comfortably, close his eyes and submit his mind totally to the mind of the healer and the healer gives a touch of his palms to the patient. And wherever the affected parts are there on the body, the patient keeps

his palm there for sometime inducing healing magnetism through the palms with his thought power. Daily do this for five minutes to each patient and in the end place your palm upon the head of the patient, keep it for sometime and then induce health magnetism into him with the power of your thought. The patient will be healed immediately if the disease is an immediate disease. And if the disease is a slow disease, you should do it daily for sometime.

But you have to observe if the patient is better or not. This is the general process of healing. If the disease is an immediate one, if you think that it will be cured gradually in course of some days, it is wrong and the patient dies. For example, if a patient has cholera morbus or toxic fever which we call septic fevers or cerebro-spinal meningitis, if you think that he will be better within two or three weeks he will die with in 48 hours. If your feeling were to be correct, the patient should show signs of recovery within six hours. Then you can continue the treatment. If not, you should plainly tell them that a cure is not possible through you to the patient.

You should know the purview of the disease and know how long a duration patient should be cured. This is one method and a caution should be made to you as a healer, to have a thorough knowledge of using your thought power upon the patient. You should be able to know and understand that the living body contains power and great energy moving in the body, your movements which are voluntary and involuntary. If you move your hand and catch something that is called voluntary movement, and that requires some power to move the hand. If your heart and lungs are working

automatically, it is called involuntary movement and that requires a continuous application of energy and force in you. Like this, at first, you should understand that there is a great force working in you continuously, and there is also a continuous supply of this force into you. You should know how it is supplied to you and wherefrom it is supplied. Some people believe that their food is supplying them this energy. If you also believe like this, you can never become a healer, because it is great ignorance to believe that food is giving you this energy. It is neither the food nor the drink that is giving energy, because the food and drink work only as fuel in a combustion engine. The fuel can be utilized in the combustion engine only when the combustion engine is working. So, there should be another source of energy and force, which is making the combustion engine work and use the fuel for the machine. If you make a toy motor car, without any machines of motor car in it and if you produce a great channel into the motor car and if you pour petroleum in it, the motor car will not move, because the petroleum cannot be used as fuel and there is no mechanism in it which can use the petroleum as fuel. Similarly if you bring very valuable vitaminsed food full of proteins and vitamins and everything for the mechanism to give strength and put it before a person sitting in a chair and say, "Sir, you take it". The person will be smiling and he does not take it, because he is dead a few minutes ago and even if you put the food into his mouth with a spoon, it is as good as pouring the petroleum in the toy car. So, if you believe that food and drink is the cause of the force and energy in our body, it is sheer ignorance and you cannot

be a healer. Wherefrom does the energy come into your body? You have to question wherefrom the electricity comes into the generator. Same answer is there to the human body and same answer is there to the electrical generator. This is a question which the electrical engineer cannot answer, because the electrical engineer can assemble a generator, make a plant of electricity, and as a result, electricity begins to flow from it, but the scientist knows as much as you and I know about wherefrom the electricity flows. The answer is that electricity comes from space into the generator, because the space is a lake of the generator. So, we have to go into another science to know this, and that another science is not known by the universities today.

Very recently the scientists are trying to suspect that there is something in space. Previously the scientists believed that the space was a big vacuum. This is because our mind is filled with the great vacuum of ignorance. Even now, there are professors of science who still believe that space is a vacuum. But space is a pool of something, but the pool is constant and eternal. It cannot be exhausted (*Akshaya Patra*), because every moment the same water of electricity is returning immediately to the lake. What we call electricity is tapped from space, and before it goes into the space once again, we are using it to give us light and heat and sound and telephone and radio. You can ask electricity to be useful to you, but you cannot purchase some electricity and carry it home or you cannot steal some electricity into your pocket. This is because when we touch electricity, instead of taking the electricity into our pocket, it takes us into its pocket. That is what is called dying

of electric shock. So, you will understand that electricity is space. *Space made active, is electricity and electricity made potential, is space.* Now you can understand wherefrom the energy and force is coming into your body. Your body is also a generator to make the electricity manifest. The mechanism of your heart and lungs is exactly like the mechanism of a generator. It has the same alternation of currents, that is, you call the inhalation and the exhalation, and the coming of the blood into the heart and going of the blood from the heart into the body. This is what we find in an electrical generator exactly.

You will find magnetism and electricity alternating and that alternation is made continuously by rotating a wheel, and that is what we call a generator. So your constitution is exactly like that of a generator. See how foolish this statement is ! See there was a young boy studying in a school. He had a good friend Mr. Jack. After one year the friend invited him to his house. He went to the house of Jack for the first time and he saw the grand father of Jack and he said, "Sir, you are exactly like your grand son". But the fact is, the grand son is exactly like the grand father and it is not true that the grand father is like the grand son. Similarly, the electrical generator is made exactly like your constitution, and it is not true to say that your constitution is exactly like the electric generator. This is because the electrical generator is made long after your generator is made. A human being is required to erect an electrical generator, to do this the human being himself must first be made and the electrical generator is then made by the human being. Then the truth is, the generator works

exactly with the same principle as human generator does. *Now close your eyes and observe your lungs' respiration and observe the movement of your blood circulation and understand that something is being generated in you. And the space where you are sitting or standing is a big lake of that energy or force, and when it is made active, you call it your life force. When it is passive, you call it space. When your body stands in space, the space in your body is active and when you come out, the same space becomes passive and we call it space. This is the truth of it and your process of knowing it is called meditation in its true sense, not in the sense we use the word meditation blindly.* Many times we close our eyes and say I am in meditation. It is not true. When you are able to say you are in meditation, it is not meditation. If you can assure others that you are sleeping, that is not sleep. If you loudly assure other person that you are observing silence, it is not silence, because silence can be observed and silence cannot be propagated. When you propagate it, it becomes a noise and there is no silence. Similarly meditation is something which you can experience, and now you will understand wherefrom the 'energy' comes. The energy comes to you from the same space where you are standing. But it is quite natural for the human brain to be unnatural, that is, we are not capable of believing truths. We want to complicate things and then understand.

When once we know that we are drawing our energy from the space where we are standing, instinctively mind refuses to believe, because it wants some mechanism to complicate itself and others; that complication is what we find in the textbooks of healing. They will give you many

diagrams, and many paths and many names of the paths, until your mind begins to feel vertigo. Then you begin to believe that there is some healing force. But the real scientists who lived in the ancient times gave simple, straight, scientific methods in the scriptures. Unless we sacrifice the complication of our minds, we are not able to believe the simplicity of their writings. You can very easily meditate how energy is being extracted from space into your body, how a strong thought can obstruct the inflow of energy, when wrongly created. But at the same time, a strong thought can induce energy properly in a person suffering and make him also healthy and remove the stuck up of energy. Therefore, the first warning is, observe your belief whether it is healthy or not. If your belief about the energy and the supply of energy and the source of energy is healthy, then your healing will be successful. But if your belief is not based on faith and if it is only a psychological belief, you can stop healing, because you can never heal. There are two types of beliefs in the human beings. One is true belief and the other is psychological belief. Psychological belief is, we try to believe many things. True belief is what we believe without any reason. We have to understand between the two and go to the scriptures to know the difference, because the true psychology of self and mind is given only in the ancient scriptures; all the pages of modern psychology textbooks contain nothing except analyzing your problems and giving us reasons of our sufferings, without a single solution in any page of the textbook. So, we don't want textbooks with problems. We want textbooks, which contain solutions.

In that case all the modern psychology books are to be thrown into the ocean. They contain only analysis and reasons of suffering.

Go to the scriptures and everyone is given in the form of a solution, and not a problem. You will understand how the energy flows through you and not from you. If you believe that the energy is flowing from you into the patient, a great danger is always awaiting you, because you are emptying your constitution of the energy you have and your energy is being spent on to heal the patient and you will be filled with diseases, because gradually the energy becomes less and less in you. This is not because you are healing the patient, but because of your foolishness to believe that the energy is flowing from you, instead of knowing that the energy is flowing through you. It is the auto-suggestion that creates many diseases in your constitution. Since the human mind is very strong and creative, it can create all the diseases when you believe that you are curing the diseases. And it can heal all your diseases when you believe that healing is done through you and not by you. This difference should be noticed. Many people jump into healing without making a proper understanding of the mechanism. They begin to heal and they begin to grow sick. After sometime they become nervous patients and hysterical patients. More over they say that they take all the diseases of others. In this creation till today it is not possible to take the diseases of any other person. It is because nature is not as foolish as we are. Nature is *God-made* and man is *nature-made*, but thoughts are *man-made*.

Therefore thoughts can be foolish, nature cannot be foolish. Nature can never permit us to take the diseases of anyone, including infectious diseases. Unless there is something in our body to receive infection, you never receive infection from anyone, because all the virus and microbes are existing in space and air. And with every respiration, we are inhaling millions and millions of microbes and viruses. If the microbe theory and infection theory were to be correct and scientific, we should die soon after our birth on inhaling the first breath. So the theory of infection is as absurd and unscientific, as the fairy tales of a little boy. But unfortunately we believe, because we are little children in the eyes of science still. We should understand the truth that there are no enemies in the world except when you create. There is no man who is a husband, unless a lady marries him. There is no woman in the world who is a wife by birth, unless you marry her. Just like husband or wife, infection is also something, which you have to permit, by committing great offences and blunders. And they permit diseases to be transferred from one person to another.

We should know the fundamental truths of nature, and make a repetition and understanding of these truths, so that instead of trying to believe, belief should take a strong step in us. Belief should come to you, then only it becomes faith. If you try to believe, it is false. A right understanding only can bring faith to you. A forced belief remains only as a psychological belief, which has its undercurrent disbelief. So, while you are touching a patient on the head or body, *if your thought that the current* of force is flowing

into the body of the patient is only a belief, the inner mind is suspecting if the belief is true or not, then healing never takes place. It is like yourself trying to drive the motorcar, while your wife is quarrelling with you and trying to stop it. The driving never takes place. Every time you try to start the motorcar, your wife is stopping it and pulling your hands and legs away from the driving. Such will be your condition if your belief is only a belief and not a faith. The upper mind will be believing and the lower mind will be his wife, which is called doubt. Then there is no use of experimenting with healing for ten years or twenty years. So, perfect your mechanism first, then begin to heal. ***Understand the second law of nature, 'that thought produces a channel for force to flow'.*** This is a scientific truth. You have to reach this truth, first by knowing and then by believing; finally it becomes a faith. Unless you realise this fact, there is no healing. Understand that whenever you produce a thought, the thought produces a channel in space and through the channel energy flows, and it is retained. The channel is retained as long as the thought continues. Then if you say that today the process of healing is completed, your thought that it is completed will wipe out the channel and the energy stops flowing in that direction.

When you observe a very costly calculator and a very complicated memory machine, then you will understand how this process is going on in your mind. Whenever you feed some information into the machine it goes on working as long as you are producing your problems. And if we forget to wipe off the information you have fed long ago into the machine, then whenever you pose a new problem

and a new question into the machine, you can forget about the previous information you fed the machine, but the machine never forgets it, it produces the old answers to the new question, and the result is a nonsensical result from the instrument. Then you will be confused, as results are very bad in the machine. The truth is not that the results are bad, but your feeding is bad. You forgot wiping off the previous feeding, before you began the new mathematical question on the calculator. The same is the machine, which you have with you while healing. So, make a good training of the calculators, and then be alert in tackling with the machine. Know how to be quick without being confused. Know how to be very happy without being busy, and then you can be a healer. ***If you are busy, you will be a patient and not a healer. You should be active and you should not be busy. To be busy is a mental disease, to be active is health, both mental and physical.*** You should be able to understand the difference between being busy and being active. When you are busy, you get exhausted, because it is a mental disease. You go into self-pity, and you begin to speak of it with everyone. And your sense that you are doing much, much work in the day, gives you a negative auto-suggestion, which saps away your energy, and you will grow weak. So you understand the machine properly.

And the methods to apply are not very important, because when you know the rules of the machine and when you are already a magnet and you are spiritually conscious, healing takes place automatically, when people come to your presence. When you are sitting in an aeroplane in silence, the persons sitting with you in the plane will be

cured. When you are sitting in a railway train, the passengers who are sitting in your row with you, will find themselves healed after one month or two months or three months. And if anyone is there who has not been sleeping for the past few months, from that very night he goes to sleep happily or sometimes he begins to sleep in the train itself. If you go into the house of some friends or strangers, when something has been unhappy in their house for a very long time, when they have a feeling that they have been unlucky and unfortunate for a very long time, and when there is a strong auto-suggestion in all the members in the house that some black magic was done in their house, your entrance immediately dispels this spell of auto-suggestions away from their mind, in the form of optimism and a thought. And a light begins to glow in their house, not because of your presence, but because the same light is there in their hearts also all these days, and now only their minds are directed towards their own light once again. This is the method to heal in its real sense. With your smile you can heal people, with your conversation you can heal people, but before that you should be able to conduct conversations in such a way, that you will not disappoint or discourage anyone with your conversations or cause displeasure or disagreeability in anyone. You should gain mastery over your conversations and whatever sentence and whatever syllable you use, should induce only optimism and positivism in others, and it should not create any negative thought current in anyone. Even great doctors and specialists are sometimes behaving foolishly in this matter. They examine the patient when he is suffering and

say, “He is not going to live and this disease is incurable”. That means the doctor does not know the fundamentals how to behave as a doctor. He may have very great qualifications and diplomas in medicine, but about commonsense he does not have even elementary school diploma.

To be a healer and doctor, first we should have the diploma in commonsense and then we should have the diploma of benevolence. Without these two things, one can be a big medical practitioner, but one cannot be a doctor or a healer. So, know all these things, and begin to heal while you are talking to others and smiling to others and greeting others. By your presence, your walk and your talk, you will know that you are healing after sometime.

When you once know distinctly, the confidence in you makes the power to heal more powerfully. Then you will understand that they need not recognize that you have healed them. If the patient does not recognize that you have healed him, then there is no loss to you, unless you want to make it a business. Since you are a spiritualist and since you are being trained into yoga and spiritualism, you will never make it a business, because you will have your own business or your own profession separately. You cannot sell sacred things like healing or medicine, and make it a polluted profession. These are the different requisites and requirements of a healer. Don't give much importance to the various methods of healing because irrespective of the method, healing takes place through you when it once begins from you. When the magnetism is properly included through you, it begins to work and it continues to work.

The only thing you have to take care is to see that your words or your thoughts or your deeds, do not

discourage anyone or disappoint anyone or create fear or doubt or jerk in any mind. This is what makes you a real healer. There is a very good helping agent which helps you as a healer, that is a sense of humour. If you have a fine sense of humour which does not insult anyone, it can give taste and pep to every sentence you speak, so that everyone of your sentences will work as a sugar coated pill to others, people begin to receive your healing better when you are humorous than when you are serious. After sometime you will realize that mental seriousness is not at all required in life. And with your experience you will also understand that serious-minded people have something wrong with their liver because, all the things they can achieve, can be achieved even without the seriousness of mind. Seriousness of purpose is different from seriousness of mind. So, all the seriousness of your mind goes away. Irrespective of your age, you will begin to live like a child, playing a play of healing. This is the actual situation and actual position of a healer. And you can systematize these truths into the science of healing. I don't make any claim over these points, because they do not belong to me. They belong to the scriptures of the ancient days. What I have made here, is a beautiful presentation of all the rules of healing, given by the authors of the ancient scriptures of various nations, and you can use them in any way you want. Don't make any new experiments with healing, and don't believe any new experiments that are being produced in modern literature, because they lack in experience and you may go into troubles along with the author who has written those books.

Now-a-days there appear in the market some books on healing, but they are the products of surface level modern experiments without a basis of experience. Such books should not be followed. There are some real books which represent the wisdom of the scriptures of the world, because the authors are not people of religion, they are people of spiritualism. In English now we have one good book which has represented the age-old scientific laws. We can safely read it and put into practice. The name of the book is '*Esoteric Healing*' by Alice A Bailey. But the book does not contain colour photographs and many attractions. It requires an amount of patience on our part to go through the book. And also the sentences are very simple and what is conveyed through the sentence is very profound and deep, so that each sentence is equal to a textbook. So an intellectual reading will not impress the reader, but it must be a slow way of reading the book and understanding the usage of the sentences only as channels of thought, not to exhaust away the meaning of the total book. But understand that the book attempts to produce channels of thought into yourself, and not into the meaning of the book. There is a special technique with which the book is written. Until we get at the technique, we may try to attempt to take away all the meaning of the book into us, but sometimes after two or three pages we have to stop. So, be a bit careful in reading this book. Just as the Holy Bible, if we read it to try to understand what is there in it, we will fail. If we read it to have whatever change that is conducted through the book in us, then we will have success. The difference is like reading a book on magnetism and having a magnet in your hand.

As a general rule uncooked foods heal us whereas cooked foods do not heal us. Cooked cereals are one branch of food and uncooked cereals are another branch of food. All cereals can be utilized without being cooked. There is a book on raw eating. The author is now 80 above. Yet he is quite young as a man of 40 and his wife also lives on raw eating. He has in the world thousands of disciples who eat uncooked food. He brought up his daughter without giving her any cooked food till now. She is 24 years old now and she is very fresh. And she has had no disease till now, of any type at all. I do not remember exactly the name of the author, but I have a copy of the book with me in India. If madam is interested, I will send that copy here, so that others may take the address and have a copy of it. And after you are able to secure your own copies, I can leisurely take my own copy with me, because I have read the book not less than 12 times. It is a very small book containing reliable, scientific and thoroughly verified information. He gives how to eat uncooked cereals. He gives the procedure how to prepare the dishes and the salads and how to live on vegetables milk produced from fresh roots. Yogurt is also vegetable. Vegetable butter and all these things he gives us. And if milk from the cows or animals can be taken, we can take them uncooked and unboiled. Everything is described in detail in the book. And I will send the copy within two months to our Maggie.

Thank You.

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The Significance of Work

The topic of this evening is '*The Significance of Work*'. I think that I have to speak something about 'the concept of Work' because the subject is too spiritual, the heading is too spiritual in its nature. If we can understand that spiritualism is something general and something vague, there is one definition of spiritualism in a funny way by one of the authors. It is called 'Meta-Physics'. And one funny definition given to metaphysics by one of the famous English literates is that when each is unable to understand the other, then it is called metaphysics. Only in that sense I could understand the title of the topic for this evening but I will try to make my own approach to the subject which may be sometimes quite different from the approach and the intention of the persons who have given the subject. If luckily the intentions tally I am happy. If the intentions do not tally, you have to excuse me though it is not my fault. Anyhow let us try to understand the subject in the positive way because we believe in the positive way of approach and we intend to grow more and more healthy in body and mind.

The word 'work' is used in many contexts. In Dynamics it is used in one context. For example, if we learn the subject

‘mechanics’ in a laboratory the definition of power is ‘work done’. But here, we have a metaphysical or a spiritual concept of work with which we are expected to deal today. Everyone of us does some work as the routine of the day, whether male or female, whether old or young. Even the little child in the cradle has its own work done by moving the hands and crying. What does the child mean by moving its hands and legs in the cradle? Is it necessary for the child to move hands and legs? It has no obligation but it does it. So we have two types of work. One is necessity and the other is obligation. The work done by a grown up person by way of his profession is obligatory to him. It is compulsory for him to work, because he cannot get his livelihood if he is not going to work. That is what is called professional work. Whereas the child moving its hands and legs in a cradle has nothing obligatory in its work. But it is a necessity. So the necessity can be understood as the artificial work. When people begin to grow in age, they create necessities in life, and for that they have to work. Whereas a child never feels any necessities in life but it has the necessity to move the parts of the body. And in general, we can take it for granted that activity expressed on the physical plane can be understood as work. Because on the physical plane only we can understand the work done. If I take this bottle from its position and take it into my hand, you can understand that I am doing some work. It is work on the physical hand to effect a displacement of the position of the bottle. This is what is called physical work and it cannot exist unless there is work on the subtler plane because if I move the bottle from its place, naturally

I should have something in my mind. There should be some intention in doing it. For example, if I want to drink I can move the bottle from its place, or if someone wants to drink I can intend offering some water and I can move the bottle from its place. So, we have two aspects of work. One is on the physical plane which can be called 'physical work' which has its original on the mental plane which can be called 'mental work or intention' for which the physical work can be called 'extension'.

So, we have an intention as the cause of extension. For every piece of work on the physical plane there is an original counter part on the mental plane without which there is no work on the human plane or biological plane. And in between, the human fellow has a third dimension also. Speech as work that is when you have some intention on the mental plane you have to facilitate to express it as a sentence. And then you have to facilitate to extend it into the physical plane. These three things are called in the spiritual science normally by the three words 'thought, word and deed'. These three are called in Sanskrit, 'the Three Karanas'. The word 'Karana' means 'implement'. It means to say that the indweller of your body has three instruments to work with- they are thought, word and deed. If there is accordance with any two or among three, it is called the focus of the three instruments. When we do something on the physical plane naturally when our words indicate that we are going to do such a type of work and prior if our intentions mean the same thing. Thought in mind is expressed through word without any change, and the word is put into action without any alteration, then it

is called a focus of three instruments by the Indweller. For example, if we have three walls with a hole in each wall and if a candle is placed in the hole of the first wall and your eyes placed behind the third wall you can see the candle if all the three holes are in a horizontal line. Similarly, if there is a focus of the three implements in your life, you can have a smooth way of running your life and you can mean what you speak and you can speak what you mean. But when these three implements are not focused, when we are not trained by our elders how to focus them, then we speak one thing and then do the other thing. Then the other person will be in confusion. If I promise you I will be in your house by ten tomorrow morning, that is the use of word, and you will understand that my thought is also like that. But my thought is otherwise, I know that I am going to leave the station tomorrow by 9 but still if I promise you that I will be at your house by 10. You may think that thought is focused with my word but I know that my thought is not focused with my word. Then what happens? You will be deceived and you will be disappointed and you will wait for me at your house upto 10.30 and then you will understand that there was some difficulty. If I repeat the experiment the second time and third time also then only you will understand that my word is not in focus with my thought. Then there is a special technical term used in this process, that when our word is not in focus with our thought, when it is intentional, then it is called 'deceiving'. That is the meaning of the word 'deceiving or deception'. We use the word 'deception' but generally we do not think of the word. If we properly think of the word, it is nothing

but the intentional distortion between the thought and the word. Sometimes, there may be unavoidable circumstances and there may not be any intention to distort and that is not deceiving.

Spiritualism teaches us that there is a gap between our thought and word, when we are expected to fill up the gap and prepare the two implements for fitness. That is we should train ourselves to have a precise way of using these things, because what happens when I deceive you? Generally I believe that you are the loser but the fact is, the person who deceives is the loser. This is what spiritualism teaches us. If I deceive you twice or thrice then you will understand me properly and you will place me in your mind in the proper position. Next time you will be a bit careful in dealing with me so that I may not be appointed to do something useful. If I deceive ten or fifteen people in my own town or city, I have ten or fifteen people who have understood me, and they keep me at a distance from them. And they will be very careful in their dealings with me. Now, who is the loser? It is me not others. So, spiritualism teaches us that we should keep within focus the thought and word, and also word and deed. It requires certain amount of self-training and self-discipline to keep the three within focus. When the three parts of a machine are properly in focus, the machine begins to work. We know people who have achieved great things which the common man could not achieve. Whom we call the common men are none other than the majority of people among ourselves, they are about 80 or 90% of humanity, for them we generally use the word common man. If someone achieves some great

thing which is of a rare nature, we will understand that he has achieved, which the common man can not achieve. If a philosopher, for example, Emanuel Kant or Wil Duentz or a great man like Rudolph Steiner, has projected a new dimension of thought and worked into the modern world, you can very easily understand that 80 or 90% of the human beings could not do it. We call it 'achievement', and sometimes we call it 'rare achievement'. And in what way do they differ from the common man? In what way do they differ from the rest among the 90% of humanity. We eat and drink and they too eat and drink. We have a body and mind and they too have a body and mind. We sleep and they also sleep. In all these common things there is much in common between those great people and ourselves.

But there is something uncommon or special in them which is not there in others. What is it? The only difference is this. Suppose a machine is disassembled and all the parts are placed separately, suppose you place this instrument here with all its parts separated from each other, you will open his watch and make all wheels separate and place it here, and then allow me into this hall and ask me to use the hall with all the instruments assembled. You ask me, "You assemble your own watch in a proper way and you can use it, you can assemble the machine and you can use the bulbs and fit them there in all the places and you can assemble the pieces of wood into tables and chairs and then you can use them for a conference." 90% of the people cannot do it because I do not know carpentry, I cannot assemble the table or the chair, I do not know how to assemble this instrument and I do not know how to

assemble a watch of its parts that is to synthesise the many parts into the instrument. The result is, we cannot use the instruments. But if there is a person who knows the mechanism, how to fit these things in a correct manner, he has the benefit of using all these things, that is the difference between those great people and the rest among the 90%. Just as there are people who can assemble a watch, there are people who can assemble the three parts of their machine. And the rest of the humanity, though they have the three parts in everyone of them, use them loosely. They eat, drink, enjoy and die without knowing how to make a fitting of the instrument. That is the reason why 90% of the people cannot be philosophers. And you cannot be a Rudolf Steiner or a Rabindranath Tagore or Sri Aurobindo or Albert Einstein from among the 90%. Only those people, who know the mechanics of their internal instruments, can be great and can do something useful to the world. They can project a dimension of useful thought to the world. They can project a dimension of useful thought or do some useful peice of work on the physical plane or they can construct a wonderful edifice of word in the name of great authors of really useful text books. Our great poets are literates. So in one of the three fields, the fellow can project one new dimension which is useful to the world. This he can do only when he knows the precision of the three parts of his instrument. That is, a very few are those who know the value of these three parts of the instrument.

We use words and sentences and topics in discussion but many of us speak only for the sake of formality. We go on discussing many things only to kill time, whereas

there are people who speak only for the usefulness of speech. This makes a proper assemblage of the human instrument. And what happens when an electro-magnet is properly assembled? Automatically there is magnetism and electricity, manifested through the instrument. Previously it was not there in the parts of the instrument but when once the assemblage is made, automatically there is the manifestation of energy and wherefrom has it come? It has come from what is called 'The Arrangement of Things'. It is what we call 'The Assembling of a Machine', every part of the motor car is important or it cannot move or make the motor car move. It can be called 'engine' only when the assemblage is complete. And then it manifests what is called 'work.' Wherefrom has it come into the instrument? It was not there in the parts of the instrument but it is the manner in which you assemble the parts that make the machine, because if someone assembles it in a wrong way there is no working of the engine. It should be assembled only in a particular way and then automatically there is the action. Let it be applied to ourselves. There is already some action going on in the name of our respiration, heart beat and circulation and in the name of a alimentation that is food and drink, and there is only one part left for us, all the other parts are already assembled by the time we are born into this world. The only one part left to us contains thought, word and deed. And if we care to assemble that much of the instrument, that will be very very little part left for us to do; then the proper assemblage of the instrument is complete. Then the purpose of the instrument is fulfilled and the whole

life becomes meaningful. Then we call such people 'Accomplished Souls'. We understand their life fulfilled. We say that they have fulfilled the vision of their life. This is the difference between those who make the proper assemblage of the machine and those who do not care to do it.

We also use language but we don't understand the power of our speech. When properly used, speech induces proper action. Speech stimulates the thoughts of others. When we use word in a proper way it automatically stimulates the thoughts of others, which can stimulate both the word and the action. And you can make others work when you have a properly focused instrument in you. Whenever an instrument is out of focus, life is spent meaninglessly because there is no significance of proper use of time or word and thought. And such instruments cause, not only wrong action in life but also destructive activities in life. Such people live aimless lives and have no intention in their speech or in their action. They think their thoughts are only for the pleasure of thinking; they speak words only for the sake of speaking; they do action only for the sake of doing. This is what is called routine action. When the three parts of the instrument are not properly assembled, we have what is called routine. We get up in the morning because we wake up. We are not responsible for our waking up because it is an automatic process. It needs no greatness to wake up from sleep. After waking up we may spend an hour or two or three in bed. And we have the impulsion to get up from bed because we are hungry, we have to break our fast in the morning.

Then hunger makes us get up from bed. We eat because we are hungry, we drink because we are thirsty. And after that we eat and drink even though we are not hungry and thirsty simply because our food and drink are tasty. And we get up and dress and go into the world. They are people who do not know why they go out for a few hours and why they come home. This is the state of affairs when the three parts of the machine are not properly assembled. The result is, aimless life, no intentions, no extensions, no impulsion etc. Everything is done through compulsion. This is what is called 'Bondage' because we are bound by the appetites such as food, drink, sex, sleep and awakening. These are routine, automatic things which do not require our greatness, our initiative. There is something else, beyond this bondage, into which we are expected to be awakened by nature and to break the routine and enter into a work which is meaningful. So, there are two types of work in our life. One is routine work. And as long as we are doing this routine work we are in bondage because we are imprisoned by our own appetites and animal instincts and not by our independent way of acting. Because we are not freed from our routine. And we have what are called the outbursts and impulses driving us from action to action. For example, anger and hatred, malice and jealousy they drive us into action and we will be like a dog driven by a fellow by the chain. Anger will be our master when we act out of anger. So, anger will be the master of a dog in the name of the person angry. Like this, the impulses drive us from action to action and we live in bondage. And then we have many sorrows and sufferings in life. We are forced

to live in miserable condition without independence of action. Because when our impulses are binding us, how can we have independent action? When our mind is filled with anger, are we free to be happy? So, we lack freedom and live in bondage. When we are jealous of someone else, can we sleep properly? We are not permitted to sleep. And thus we have no independence of action. We are expected to break this routine and come out of bondage.

Nature makes us feel the pain of our life. Nature makes us understand that life is painful and it makes us feel that we have to escape from this bondage and come out into a new horizon because our original state was independence and not bondage. We are born into this world from an unlimited state of consciousness and we are born into limitations. It is natural for us to try to come out of the limitations. That is the reason why everyone wants to be happy because happiness is the natural state of existence. Whereas we make natural way of living. What is the difference between a child and an adult? A child is privileged to be happy without reason. Whereas, the 99% of the grown up human beings want some reason to be happy. That is why, they are always unhappy. If we want a reason to be happy, the reason has no reason to be with us. And nature has no reason to provide us with a reason to be happy. ***And the one who can be automatically happy without any reason, is the only one who can live happily in this world.*** And the person, who seeks reasons to be happy or reasons why he is unhappy, is damned to live in unhappiness only. He is self-condemned fellow. Suppose, he says, "I am unhappy because of this man, that man and

that woman. They are not allowing me to be happy.” He is an unfortunate fellow because he never allows himself to be happy. We condemn ourselves by not caring to bring the three parts of the machine to focus, not being able to select a work which is meaningful. The work we do will be obligatory because the word we use does not belong to the work we do, and the thoughts we think do not belong to either our word or our work. This is the difference between a child and a grown up fellow. It is the duty of every grown up fellow to remain a child continuously through out the life and at the same time growing in wisdom and knowledge.

Age should give us experience, wisdom and knowledge. But it should not give us the restriction from being happy. It all depends upon how we choose our work. See, the child chooses to be happy and jolly. Even while weeping, it is happy because it is independent and it prefers to weep if it wants to weep. Is an adult independent to weep if he wants to weep in the society? He is not so free to weep as a child. That is why George Bernard Shaw remarks, “Men laugh because they can’t weep”. For example, when we have a slip and fall on the ground, when something pains here, we get up and smile because we are not independent to weep. The child if it gets some injury or pain, it is very sincere in thought, word and deed. The child can weep because it is time to weep. So, we cannot understand what happiness is. That is why we think that weeping people are unhappy and smiling and laughing people are happy. Many times it is far from truth, because we see people smiling when they are in great distress and

nervousness. We find people laughing nervous laughter when they are helpless and suffocated inside. If you take them into privacy and ask them what the matter is and begin to console them, they burst out into weeping because that is the true state in which they are existing whereas they conceal it inside and put forth an ugly, nervous laughter, which is opposite to the natural laughter of the child. That is why the smile of a child is the most beautiful and delightful. The smile of a child is the most delightful and even the weeping and crying of the child is lovable and most delightful, because it means what the child is. Whereas even the laugh of a sickly nervous elderly person gives us unhappiness and tragic effect, because we feel very much for the person who suffers inside yet laughs on the lips. We can understand how much he is suffering inside because he has suppressed expression. This is the one aspect where strong people take care about themselves. They begin to practise 'Truth Speaking' as one of the devices of bringing the machine into focus, to bring all the three parts into focus. This is the best process to follow. And the most scientific process to make our work significant is, to begin to speak truth.

But we are much afraid of speaking truth out because we wrongly feel that it is very very inconvenient. We deceive ourselves by thinking that there are many inconveniences in trying to speak truth. In believing so, we live in a very very inconvenient state of life daily, a painful life of tensions and complexes in the mind and we try more to go into involvements and difficulties than to begin to speak truth. We do not understand the simple truth that when we begin

to speak truth, life becomes simple and straight and all the involvements will disappear. It is the only way to live happily. But many people do not prefer to live happily. And they want to live happily but they do not prefer to live happily because they do not follow the path to live happily. If you go into the details of Yoga practice, Yoga in its true sense called 'the Eight-fold Yoga path of Patanjali' the very first of the eight steps includes '*truth speaking*'. It is not only truth speaking but also '*Truthfulness*'. Truthfulness is something more than truth speaking because if you take a cassette of tape recorder and reproduce the speech you have made, it reproduces exactly including our cough. But you cannot call it true speaker. Can we say that the cassette is speaking truth? No, because real truth speaking includes truthfulness as an attitude. Truth exists more in attitude than in speech. So, the wise student of Yoga begins to practise truthfulness as an attitude. Incidentally, he begins to speak truth. The capacity to speak truth can be got only by having the attitude of truthfulness. It includes the relationship with others. When we begin to have the attitude of truthfulness to others, we will be able to speak truth. And when we want to have the required training for truth speaking, it may take sometimes only a few months. Because within those few months we have to break up some of our obligations with others. Sometimes, in the beginning we do not know the art of truth speaking. We will be very harsh in the name of truth speaking in the beginning. And some people are mistaken that truth speaking is harsh always. They are proud of declaring that they speak truth though it is painful to others. That means

they are still fools, they are just in the beginning stage of trying to speak truth. That means that they do not know how to speak truth.

Generally people teach us that truth speaking is always sweet. One of the instructions of truth speaking among the scriptures is like this. ***“Speak truth, speak pleasantly. Do not speak truth unpleasantly, and do not speak untruth to be pleasant”***. These are the injunctions of truth speaking. And he says, “This is the way how the experts speak truth”. They make truth palatable and pleasant. Just as medicine can be made sweet, for example, homoeopathy. Any medicine can be made sweet. So also you have the art of making any truth palatable and pleasant to us. And if we begin to speak truth in this way we develop to be truthful. Then the work we do, differs from the work we were doing previously. We will be free from the routine way of doing the work and we will be free from the obligatory way of doing work. The change will be like this. Previously, we were doing ‘What we wanted to do’ and we were always unhappy but after the practice of truth speaking, we know ‘What we have to do’. The daily routine takes another direction and our work becomes more meaningful just as the sensible worker in an office or in a factory differs from an irresponsible worker. So, a person who wants to do ‘what he wants to do’ differs from a person who does ‘what he has to do.’ Now, this fellow will have no obligatory work with anyone. He will be working and he will be playing. He will play with his work. The difference between work and play will be removed in his life. He continues to live like a child, and his work gives him pleasure and there

is no monotony in his way of work because there is one essential difference. The first fellow is bothered of the result. He does anything for the result and the second fellow is not at all bothered about the result. He is devoted to the work aspect and not to the result aspect of his work. At first, it may appear unreasonable to you but I will give an example. You see a sincere student going to appear for examinations, reading and reading and reading the lessons again and again. But he finds it very difficult to memorise his lessons and reproduce in the examination. Whereas if the same student makes a pleasure reading of a story book or a novel, just easily and carelessly, even while going in a train or a bus, he remembers the whole story in all its details and he can easily reproduce when asked. Why does he find it so very difficult to remember his lessons, while he remembers the story very easily? The reason is, the examination going student is bothered of the result. When his mind is on the result it cannot be properly focused upon the reading. Automatically his reading is always out of focus and it is very difficult for him to remember his lessons for the simple reason that he wants to remember. He remembers always that he has to remember the lessons.

So, the idea of the result comes in between, between himself and the content of the text book, there is the idea of result which interferes with his reading and automatically he can never remember his lesson. Here is a boy reading a story book on his own, it is not obligatory for him because he is doing it voluntarily and he has no idea or intention to remember it. Therefore, there is nothing between his mind and the book and automatically he

remembers it. So, the more he wants to remember, the more he forgets it. The more he reads it directly, the more he remembers. This is one of the secrets of work. If the student is indicated by the teacher or the parent about this, if you are sensible enough to just indicate this to the student, he can be saved from great trouble and misuse of energy. And the same is the case with the work of these two fellows. A person, who practises truthfulness in life, will have his work done without any obligation. It is a voluntary business to do his work. What is the difference between a business man working in his own office and an employee working in the same office? The business man finds it a pleasure to work, to do his own work in his own office because the business belongs to him. The employee finds it difficult to work because the work belongs to someone else. This difference in feeling, the sense of work, makes all the difference. It makes life a failure to the fellow who cannot focus the mind. Throughout the life he lives a life of drugdery and fatigue. He may be placed in a very high position in society, he may be earning about 5000 or 6000 dollars a month, he may be enjoying many privileges in his office but he feels a hell of his work, not at all interested but he is forced to work. When once this change takes place in person, he will have what is called 'devotion'. And then work with devotion will be a play and not work. When we study the lives of great sages and holy people, we will observe how they lead their lives. They lead their lives as play and not work. The work they choose for themselves is what they mean to do and what they have to do, but not what they want to do. That is the difference.

If we want to do something we may not be fit to do that something. And the result is, we may have obstacles on the way. Suppose, I am by nature and temperament a professor but I want to do some business, automatically I will be a failure. Because I want to do something which I am not expected to do. We should find such type or piece of work which is in tune with our own nature. We should be independent enough to choose that part of work which we are expected to do. We should have the independence to choose our work in the world and then our work becomes a solution to our own life. Automatically it leads us to the goal that is liberation from self conditioning. We should be able to do the work without an idea of the result. Then the work is bound to give best results. The more we are bothered of the result, the less will be the quality of the work we do and then poor is the result we produce. So, result will have inverse ratio with our intentions about the result. The more we are interested in the result, the worse will be the result. The more we are interested in the work, the better and better will be the result. This is another secret of work. And those who are bothered of the results, let it be business or employment, are the worst failures in life. And the more they fail, the more they are bothered about the results. And the more they are bothered, the more they begin to fail. We should be out from this vicious circle. And unless we know this secret and unless we can train the mind not to remember the result, we cannot have a perfection in doing our work. I will give you one example. Take a fellow who has been driving his car for about two weeks only. He has learnt driving very recently. He is very

careful about his driving and with great attention he will be driving. He is nervous of his driving. His hands and legs are fully involved in his driving. His eyes and mind are fully involved in driving. He is very very careful only to the mind and nothing else. If you are sitting by his side in his car and ask him some questions, he says, “We can talk after stopping the car. Now don’t disturb me”. Take the example of another person who has been driving his car for the past thirty years in Brussels. You can talk to him sitting by his side in car. While driving he will be conducting happy conversations, answering whatever you question and maintaining a very pleasant mood and cutting jokes with you. Is he driving the car? He is not driving. Driving is done through him and he is not driving. The first fellow is driving with all his strength and what is the quality of driving? We have the worst experience of driving in the first case. We too grow nervous along with the driver because at every step we fear an accident because it is anything except driving. We find some non-sense and some nervousness in the name of driving. In the second case there is no driving at all and automatically you will get down from the car without remembering that your friend was driving. What is the difference?

In the first case, he is not driving. His legs are driving and his hands are driving but he is not driving, his eyes are driving and he is not driving. His mind is driving and he is not driving. What is he doing? He is sitting calmly in his own cabin, enjoying what he wants to enjoy, enjoying the conversation with his friend. And whenever he wants to play a joke, he is playing a joke with his friend. The

difference in the quality of driving of these two fellows will be the difference of work of these two fellows in life. The second fellow automatically reaches perfection, and even though he is active through out the day, he is not doing anything. His work is done through him and he has no fatigue in doing his work. His body has no exhaustion of doing his work all day long. Even before going to bed in the night, he is as fresh as he was in the morning. Whereas with the other fellow, he is always fatigued. Even in the morning fresh hours the fellow appears like hell with a fatigued saturnian face because he has the sense of doing the work. Always he feels self-pity for what he does. He thinks to himself, "See how much work I am doing!" This makes him do minimum work with maximum exertion, and the quality of work is worse because it is anything but perfection. He can never reach perfection of work in his life because unfortunately he is conscious of his work. Whereas, in the second case he is not at all conscious of what he works. He is conscious of his playful mood. Automatically he is a friend and guide of everyone he knows. His presence is a pleasure to everyone. Whereas in the first case, his presence gives fatigue to his friends. This is what the scriptures teach us about the secret of work. It is not the quality of work we select that makes us happy. It is not true to say that one type of work gives you happiness and another type gives you unhappiness. It is utterly false to believe that a piece of work will be pleasant and another piece of work will be unpleasant. But it is your art of assembling the three parts of the machine to focus to work that makes your work pleasant.

So, your attitude towards your work makes you pleasant or unpleasant and not the quality of work. See, how the fellow who is doing manual labour in the forest is very happy in the face, smiling and talking. While the fellow who sits in the office and does work only with his pen or with his calling-bell. He is too much exhausted of his work and he has a face like the Saturnian type showing all the fatigue of work. So, it is not the work that makes one pleasant or unpleasant. So, a spirit of devotion makes us feel happy and a spirit of offering makes us feel liberated. If I do something to someone with a spirit of offering and service, it makes me happy, not only the other person. So, our work purifies us of our fatigue and unpleasantness. Always work purifies the person who does the work. If you help anyone, you are helped, not the other person, if you do some service to anyone you are the person who are helped, not the other person. And this, the formula of work. ***Those who work are always happy and those who think that they work, are always unhappy.*** This is one top secret of work. The more one is conscious of one's work, the more unpleasant one is; just as the more any one is conscious of his disease the more and more he becomes a patient in course of time. The person, who selects his work properly by doing his work in a spirit of devotion, finds that he is not working but he is playing. And the work of one person helps the same person, not the other person; when this secret is known the individual is happy, the neighbour is happy. Two individuals, living together, are happy with each other because everyone is happy with what he does, but not with what the other person does to him.

The whole family lives happily because everyone in the family knows how to be happy by doing his work. And the state and the administration will be happy. The nation will be happy and international relations will be happy, if at all individuals remember that they are happy by doing their work, not by receiving something from others because receiving is automatically increased. And the quantum of work is automatically increased. And there is no necessity to keep so many man hours of work. It is, in one hour of work you will do the work of two hours, if you begin to do like this. This is the way to liberation on the mundane and spiritual planes also. There is only one solution to the mundane world and the spiritual world, that is, doing work according to thought, word and deed. That is to be able to do work wholeheartedly and with a spirit of dedication and offering. This is what scriptures teach us about work and what the Yoga text books teach us about work.

The Bhagavad Gita is one of the books that teaches about the secret of work. It teaches, ***“Don’t think of the result. Do the work which you believe good. Automatically the required result will be there, not directed towards you personally but directed towards the society. When the result is directed towards the society automatically you will live in such a society that is pleasant and devoted. When the quality of the society increases, automatically what you want will be realised”***. And it will not be a problem for you to get the results. Whatever results you get after great exertion, automatically you will get without any exertion by doing so. If you do something with a public spirit, if the public receives the result of the work everyone does, automatically

everyone receives more than what is expected of him. This involves a belief in the essential goodness of humanity in general. Unless our heart accepts the essential goodness of humanity in general, we will not be in a position to take up such a work and automatically we will not be happy with our work. Once we know the secret of doing our work with such a spirit, then everything is a joy to us and environment has no affect upon us; as far as possible our presence will have affect upon the environment in a positive way. So, work is the key solution to thought and result. Best thoughts cannot help us if we do not have the key of work with us. If the society is going into insecurity it is not for the reason that we do not know the best things in the world. We have gone through the works of great poets and great philosophers. We know many good things in the world but they are not able to help us because we are not able to make ourselves pleasant. Unless, we select our work and do it in a spirit of devotion, the society never goes into betterment. And only work can give us the solution. Without changing the spirit of devotion, the society never goes into betterment. And only work can give us the solution. Without changing the spirit of work, any amount of good thought can never help us, any amount of education or good books have no affect upon us and any amount of knowledge or wisdom is of no help to us. The moment we change our attitude towards our work, automatically it is the solution to everything and the society begins to live in a better condition. Society will be better lubricated by the presence of happiness. This is what the scriptures and the great thinkers speak to us about the

significance of work. It should be put into practice. It is not enough if we know it. Whatever may be our profession, if we practise this truth with our own profession in daily life, then we begin to live happily. Otherwise there is no solution inspite of so much philosophy and so many religions and so much of politics. So the master key of everything is our work.

Question : What is the meaning of the sentence in ‘The Genesis’ wherein God says, “You will work at the sweat of your brow”.

Ans : Yes, that is a very significant sentence. But it is not so very pleasant to accept for the modern man of the 20th century. But if we have the willingness to accept that sentence in life, it gives solution. The sentence is used in the context of what is called ‘temptation and fall of man’. I think it is taken from a book of Genesis. Even in the very chapter in the opening pages of Genesis, it refers to the fall of man. Man means woman also. And what is the temptation that was there in the story? If you understand this, you can understand this sentence. Man was prohibited from eating the fruit of a particular tree and he can eat from anyother tree in the garden. The garden indicates the human kingdom on this earth. And the fruit indicates fruits of our action or the results of our action. And he broke the chain of life away from animal and plant, that is, the animals eat when they are hungry, drink when they are thirsty and have sex when it is season. That is how nature goes. That is what has been happening in the garden of God from the beginning, till today. If an animal is not hungry if you ask it to eat because it is the marriage of

its master in the house, it refuses to eat. And if you ask it to drink coffee because there is a gathering of friends in the house, it refuses to drink. Even water it refuses to drink when it is not thirsty. But man eats even when he is not hungry because it is the marriage occasion of his friend. He even drinks when he is not thirsty because he is in the company of his friend's in the club. Same is the thing with sex also. To the plant and the animal, sex has two functions. One is the reproduction that is to preserve the species. Nature assigns every living being certain work and as a reward for it, nature bestows certain amount of pleasure in doing it. That is what we call the happiness in sex. And the human being uses sex also as he uses food and drink because he can enjoy when it is not season. Whereas the animal or the plant or the bird or the fish is protected by nature by not giving them freedom to enjoy when it is not time. But man is given the independence to decide for himself because he is made in the image and likeness of God. The capacity to decide for himself is given to him and he is made a creator on the background of the Creator. But he has violated or broken the law of nature. It is that one thing which is prohibited from being done that is, 'eating the forbidden fruit'. When once he does it, there are two curses received by the human being from nature. One is maternity is painful, that is the first curse. God cursed woman to bring forth the child in pangs of death that is in great suffering and distress. So, maternity is a great suffering only in the human kingdom and not at all in any other kingdom. And the second thing is, though there is everything plenty in nature, the human fellow learns

to sell and buy and he has to earn his livelihood, whereas the other living beings have no reason to earn their livelihood. They have plenty in nature. Automatically the food of any animal is directly received by the animal from nature. Whereas the human fellow has learnt to buy and sell. Whatever the animal gets free of anything from nature, the human fellow has cursed himself to buy and sell. So, he has to 'live out of the sweat of his brow' that is he has to pay some of his work before he gets his bread. Whereas it is not the case with the animal, unless the animal is infected by the human society. That is what the story means. The meaning is very profound and it is not so very readily acceptable to modern mind but yet the truth is, the Scripture lives and lives through ages whether the human mind accepts it or not. You know that 'The Old Testament' has lived through thousands of years not because of the printing presses or the publishers or the universities that prescribe text books, but because it is more powerful than the weak and the fragile humanity. We have to learn from it if we want to be happy. That is why it is so merciless and so direct and so simple. The sentence has a great significance. I only hinted out the significance. And we have to find out deeper and deeper its significance if we are willing to pay some time to the sentence. That is the meaning of a Scripture.

Question : You have spoken about truth speaking; but what is truth?

Ans : What we are convinced as truth in ourselves, will be truth to us for the time being. See, what we are convinced as truth we are expected to express it out directly without

any obstruction. Then automatically the machine is in focus and what is truth to nature and creation will be focused upon us. You can question now.

Question : You have spoken also about ‘not being concerned about the result’, but how is that possible?

Ans : It is possible through constant practice.

Question : To which part of work?

Ans : That is to take up some work the results of which do not belong to you. It is for this purpose that the temples of the various religions are intended, because everyone of us is intended to do something to the temple. It is symbolic of some work done, in your life, which you sincerely believe useful to some other person and from which you do not expect any remuneration. This is the only way how to practise doing things without thinking of the results. In course of time the mind undergoes the required transformation when we begin to do the work without thinking of the results. For example, the soldier and fighter in the war field, what happens if he begins to think of the result? He is concerned only with his fight. That is why his work is effective. Something holds good in any piece of work. The more you are able to do work in that spirit, the more efficiently you will be able to apply yourself to work. Then automatically the quality of the result will be more without any effort. It requires only a little training for sometime, that is all.

Question : How can we get our mind freed from likes and dislikes?

Ans : Yes, in the beginning we have likes and dislikes, it is quite natural because our mind is not purified of the

three qualities. They are Dynamism, Inertia and Poise. Every mind is inclusive of these three qualities. When these three qualities are working in mind, automatically the mind is bound to have motives. So, we have likes and dislikes about the work and we are expected to select our work according to our nature. And then we get into focus gradually. In course of time, once we get into focus automatically our mind is freed from likes and dislikes. After sometime the difference between agreeable and disagreeable work disappears from our mind and we will be able to rise to the occasion to any type of work that is useful to ourselves or others. So, in the beginning we have to select our work which is in tune with our own nature. In this respect we should be careful about selecting our own profession and the nature of work we have to do. We have to mercilessly reject what is not our work and select what is our work and the work which helps others. By following this path we can get out of likes and dislikes and we grow powerful to do any work with the same degree of success.

Question : *What attitude should we have towards employment?*

Ans : Of course, it becomes more difficult or less difficult for the fellow of unemployment according to the society he is living in. At first, if the society has very strong convictions about employment, then the shell of individuality is very hard and it gives us a cruel suffering from unemployment. But secondly in a society where there are no strong convictions about the complex of employment, one can stand in the street and begin to do something useful

to others. Then automatically whatever he wants comes to him, as long as his work is useful to others. So, there is no problem to the person who begins to work where he is and from where he stands. The process should be then and there. For example, we are able to feed not less than hundred people for the work they do. We propose work to people and they do the work and they live by the work they do. For example, we established clinics in India and we never demanded any fees or money either to the doctor or to the prescription or to the medicine. We began the experiment openly in the street and there were hundred people who were benefited. And more than fifty of them came forward and began to imitate the something. When I started with 50 francs from my pocket, automatically there were fifty persons with 50 francs each from his pocket. And there was medicine for 500 people. After one year there were medicines and doctors for 5000 people. Now we have more than 100 clinics each serving hundreds of people with wonderful results, where patients are treated free of cost. There has been free flow of necessary amount from the pockets of voluntary donors. Hence we are able to appoint hundred and more people as doctors and their helpers. The more the activity increases the more is the possibility of self-employment. So, if the society is too much conventional it is very difficult. If the society is a bit free from conventions and individualities, if the society is more factual and practical than technical and intellectual and conventional, then automatically there is no unemployment. The fact is, we need not be employed by anyone to do useful work to others. That has been our experience

for the past 30 years. And that is because the society in India is less conventional than the society in the occident. People receive free help from others and they have no complexes to receive free help. People offer free help to others standing in the street and they have no complexes. So, the less are the complexes, the more will be the possibility of the solution. This is our practical experience with the society.

Question : How can we distinguish between really useful work and the work which is artificially created by the society?

Ans : No, you should apply natural values. If the work belongs to anyone of the following branches. Food, Drink, Housing, Clothing, Healing and Education; if our activity belongs to anyone of these things directly, automatically it will be useful, no question about it. And no one can question you if it is useful or not. So, the needs are a few for the humanity. When we do not go away from the needs, any work that is applied to one of these needs and that removes the obstacles on the way to these needs, is automatically useful and it stands in time and it begins to improve its own strength and it begins to sustain and feed the people who follow the line. That is how the society is living inspite of so many faults we do. That is how the state and the government is living inspite of the great blunders that the individuals and rulers are doing. This is how nations are living inspite of our many wrong things done against our nation. It is only by virtue of work that is done, society is living. We are living not by our intelligence but by our worth with mutuality and automatically it sustains anyone. One need not think of the results. It

develops and it makes society develop. That is the automatic economics of peaceful work.

Question : So, how should we consider the culture in all these lines?

Ans : If you understand ‘culture’ as something different and not inclusive of these values, then you have the responsibility to define what you mean by culture.

Question : Many people would like to live or go to India because the society is rotten, because the European society seems to be completely rotten. But it is the way of everybody to try to become better again. And then I think even New York would come and join your opinion of staying in this society.

Ans : Yes I understand you. I will tell you. If we sincerely feel that our society is rotten, is it not our duty to make our society better instead of going to another society? If a part of our body is not clean, is it natural to try to go into another body or clean this body? Because the essential human values are the same in every society all the goodness of human nature is as much there in the occident as it is in the orient. But it is only just covered by the unnecessary intricacies and conventionalities of the social level, because we bind ourselves with unnecessary limitations. So, instead of trying to run somewhere for betterment, we can at best imitate a society which is more free and make ourselves better. That is very easy. And it is only to remove some of the complexes and conventionalities, nothing more than that is required to make the occidental society better, because the human nature in the orient is the same as the human nature in the occident. If it is worse in the occident, it is we that made it worse, in fact it is not worse. So, we

can make it better because it is quite natural. And for sometime one can go to a place like India to know and learn things but to make an immigration from one society into another for betterment is not a healthy idea. You will be surprised to know that the Indians are in a great hurry to immigrate into the occidental society because from a distance they are not able to understand your sufferings. They are mistaken that you are more happy. And now, they are ready to imitate the occident in everything. So, there may be a time in the near future when the occidental society makes itself better and better until it is very happy, whereas the oriental society, trying to imitate the present occident may go into all the evils that the occident is suffering from at present. It is quite probable that tomorrow the orientals may have to imitate the occidentals to borrow the something again. So, it is better to stand where we are and see that we are better because the human mind is essentially creative. And it can create happiness wherever it is just as it has created unhappiness. It is equally easy.

Question : Can you suggest any other aspects or alternatives to be successful?

Ans : Yes, there are two aspects which give two alternatives. One is a strong individual and a point of view which makes us like or dislike our partner in business or life. If we cannot change this aspect and if we cannot practise adaptability, the second alternative is to cut off from environment and go away to a better environment which suits our temperament. And then with the new job which suits our nature, we are expected to practise adaptability and after sometimes there will be no possibility of any

such situation at all. So, the two aspects should be separately understood. One is our capacity to adapt to environment, the second thing is our independence to cut off from the work which we do not like and go to the type of work which we like. If we take the second step, we should be prepared to train ourselves for the first step. Then automatically you will be successful.

Question : You have never said as far as I understood that nature makes us understand that life is unhappiness.

Ans : No, no, no. I never believe in it. That is directly against my fundamental belief. I very strongly believe that nature makes us understand that life is enjoyable. If we observe the plants and the birds and the animals and if we observe functions that are taking place in nature, it always proves life is a pleasure. That is my confirmed belief. It is only the human being who is making life a bit problematic by having some convictions and some strong conventions. The human being has to rectify himself by observing nature. That is what I explained.

Question : In the sense, that nature makes us understand our mistake, making our life painful. It makes us understand that we are mistaken.

Ans : Ah! Yes, that is it. That is what I explained. When we lead life in an unnatural way, we have many difficulties and sorrows in life which teach us that we are on the wrong side, by the pain we create to ourselves. That is what I said, what I meant. Yes, thank you.

Question : You indicated the essential functions in society, in this last sentence. Which is function and place of art?

Ans : They are derivative functions from these aspects. What we call art and culture and law and humanities, are applied functions which man can develop based on these facts. But even when man is highly proficient in arts and sciences they are useful only as long as man sticks to these aspects in his professions. For example, if a person selects a profession or an art which does not include one of these aspects, and if he wants to make a livelihood of his art only, then the society will be full of such people who work with art or something culture and going away from the productive channels. Then there will be a great progress in arts and sciences and technology, but at the same time the society goes into difficulties. So, this should be a platform upon which a society can develop into arts and other things. So professions should be based on these lines, whereas arts, etc., should not be made professions for livelihood. Then there is no danger.

Question : Which is the phenomenon that makes delivery painful to the women ?

Ans : The sex act of the human being used more for pleasure than for the function of nature and conducted not observing the proper timings or seasons, this is what is called 'transgression of nature's functions'. And it is that factor that makes maternity a pain. That is what is meant in the Holy Bible. Thank you.

Thank You.

* * *

The Significance of Pre-Natal Life

Thank you all once again and thank you all heartily for this season. I lived amidst joy and affection all these days. Your heart has been called forth above and beyond your intellect because of the purity and profundity of the subjects we have discussed and because of the presence of some persons without physical bodies, who lived with us all these days. They lived through the power of word and meaning. They are the authors of books, who lived with us and gave their presence to all of us, during these days when I taught you those books. Books of learning are different from books of understanding. We lived amidst books of learning these few days.

The difference is like the difference between a circus and a drama. One is the exhibition of one's own skill, discipline and ability, and the other is the one living with us forgetting all those things. The first one is an intellectual appeal where the author and the reader are forced to remember themselves every step. The second thing is the living presence of the author who has learnt to live with us while we are reading those books. By such books, I mean the scriptures and the books of the Masters. When we begin to read and understand some of these books, the

authors begin to speak through those books, not as their intellect and the skill in writing books but as their presence without the need of bodies. This is what we have experienced during all these days.

Had it been the intellectual approach, your heads and my head would have reeled and reeled until we became unconscious. The head would have been rewarded with headache, that is fatigue in reading the book so that we want again some pause before we can read the remaining book. This is what I meant by comparing it with a modern age. The humanity of the modern age suffers from the migraine of intellect and it wants a solution, an expansion just as a physical headache requires an expansion of the blood vessels in the head. An intellectual headache very badly needs a tablet which is the sentence from the scriptures or Masters, and which causes an expansion of not physical blood vessels but etheric and mental blood vessels which we can call the channels of energy. That is the reason why we lived in fun and joy and frolic, and we had no headache.

And once or twice, I was a bit harsh with you in the classes that means I too need spiritual discipline as you need. And wherever I go around the globe in every country, I may approach strangers in the beginning but in the end I have to part with my own children; this is my experience everywhere. When I come next year, I need only two little considerations from you, the occidents, so that I can spend my time more meaningfully than this year and turn out more significant works which are useful to you. Those two things I need because I am not a perfect man. The one thing is,

we Indians are not accustomed to keeping company with people who are talking, talking, talking, talking night and day. And it is also my experience everytime I go to the occident that by the end of my trip before I approach India I am starved of some silence. I am sick of too much conversations around me. So, I request a little bit more meaningful silence, not intellectual silence with tension because I want to spend almost 24 hours with you. This is the one thing I want from you. And the second thing is, a bit of leisurely programming and arrangement of things so that you may not run and make me run. If we can read ten pages running, during the same time we can read 20 pages by sitting leisurely and the degree of perfection of our work is also more when we are not running in our programme. These are the only two things I expect next time from you.

And one more thing I find is, I spent time repeatedly with people of many countries and many nations but I have felt every land as my native land till today, but what I have found with German is a special feature. You are more meaningful than others. When you want something, you want deeper than others want it. When you like something, you are definite that you like something. Whether you like or dislike something, you are not at all passive. This is the one healthy feature that surprised me and I sincerely felt two years ago that here is a group of people with whom it is more worthy for me to spend time than with the people of any other nation comparatively, including my own nation India because I find more purposeful and more purposive attitude. Time also has come for the humanity to have

a more meaningful living, a better understanding of human values and a betterment of social structure away from the present structure which is a thorough failure in every aspect, except some technology and blood shed nature of war. Except these two things, the human structure has gone to a rotten state of affairs. We, all the human members of this earth globe, want a solution.

We are fed up with silly and nasty experiments with a profound and meaningful thing called life. We were not ashamed in the past to conduct silly experiment in the name of drink and drug and sex. We reaped the consequences. We are at best left on the streets as intellectual vagabonds and we now feel that someone should guide us, that someone should come to our aid, let some solution be given to life. And at this juncture, I feel that a more meaningful and more profound nation like you, when properly stimulated, can meet the situation and can fight out the way. If no one ventures to go forward, you are to tread the way for the first time and form a tradition and a new generation however difficult it may be, so that other nations follow. If I prefer to spend more time with you than other nations, tomorrow I may suggest the same path in practical and verified terms to my own people in India who have lost the meaning of life and who have gone into negative intellectualism, cynicism and also a blind imitation of the occidents like apes. So, tomorrow let them imitate for more meaningful things like Yoga, Ayurveda and the scriptures which the Indians have thrown aside. Once again let them take from a nation like you. I am not ashamed of expressing this because I feel highly privileged if such a thing happens

either under my guidance or through my sponsoring. If such a thing occurs when my physical body is surviving, it will be under my direction. If it takes some more time it may be through my sponsoring. These are the few affectionate thoughts which came to me and which I want to make a loud thinking.

Our today's subject is a very deep and profound subject and also a very much needed subject, a significant and noble subject. We will be fit to learn it when we are more pious in our daily life and a little bit scientific in our understanding of life and a little bit more practical in our approach. The subject is, the meaning of pre-natal life, the meaning of birth, the meaning of early childhood and impact upon life. This is the subject. There are two ways of looking at it. One is, birth is an accident, a mechanical process, a biological instinct and inevitability of original sin. And man in that case should accept that he is a by-product of beastly act, sex. This is one way of looking at it. If we are afraid of accepting more noble truths about birth, if we are a little bit disinclined in regulating our life and make our relationships more pure and clean, then there is no greater truth than this. But if we are really prepared to have a higher taste of what life is, if we are earnest of having a more delicious food which we call life, in better cleaned plates called the physical bodies, cooked in better and better cleaned and more purified vessels, the vessels we call the genital organs and if we use the substances in the kitchen more carefully and if we do not make a beastly wastage of valuable substances, so that after our eating much is not thrown away, the substances which we call the seminal

fluid, etc. If we are really earnest of making things better in our life, the word 'birth' has definitely a better meaning.

Human birth is not at all a blind chance. Human being is not at all a by-product of the beastly act, sex. There is a glorious meaning when a human birth is given to us. Some scientists imagined that the human birth is the highest birth in evolution and that it is a privilege to have a human birth. But the Masters of wisdom and the ancient seers, never believed that the human birth is the highest. It is a birth of great opportunity and not at all a privilege. A privilege is an animal psychological trait, whereas an opportunity is sacred, something given to us in expectation of better behaviour. So, let us try to understand the more meaningfulness of pre-natal life and birth.

There are many practical experiments to understand that the pre-natal life is responsible for the seasoning of the mind of the fellows and to some extent it prepares the quality of the mind of the boy who is going to be born. The type of life, the pregnant lady spent with the angel of the husband or the beast of the husband according to the degree of evolution, in the divine way or the devilish way of daily life, decides the nature of the would be born child. Though it does not decide completely, it seasons the nature of the personality. Though the quality of the soil does not change the seed, the fertility or otherwise of the soil decides the health of the would be plant and its output. To this effect there are many experiments and verifications. Mothers who spent their lives reading books of tranquil literature of ennobling nature for example, the Gospels or the biographies of saints, gave birth to children that are

tranquil and positive in this world. Some mothers because they are not better than animals, spent their time during pregnancy in reading sensation loving books like crime and detection, books of murder and blood shed, books of war and revolution; they gave birth to children who gave war and strife and disturbance to the world.

I will narrate to you an incident that had happened in Europe itself. I will tell you where it happened after narrating the incident. A holy fellow who was a holy brother in a church, who lived a pious and innocent life throughout his life, who never knew anything of deceit or crime, who was benevolent and all helpful to his neighbours, got married to an equally innocent lady who was kind and open hearted, benevolent and compassionate. Both of them used to help their neighbours continuously. They gave birth to six children. Of course, this story belongs to the previous generation, when humanity was foolish enough to produce six children. Only one of them was a boy and all the others were girls. The boy has grown to the age of sixteen. The father of the boy brought the boy to a strange person, who knew something of the occult science, who knew many secrets of humanity, who was directly linked up with one of the Masters of wisdom and who was by birth a positivist and a holy fellow. To such a gentleman the father brought the boy and asked the advice of that holy fellow about the boy. Then the holy fellow spent ten minutes with the boy and asked the father to leave the boy at home and come back to have a talk to him.

Then, he explained to the father that the boy had criminal instinct in him. He may commit murder through

food poisoning. So, be careful about the fellow. Then the father explained, "It is not possible in our family. I am a true believer of the Lord, my wife too. We spent all our life only in the presence of the Lord and in the church praying. Even in dream or sleep we don't know what crime is. So, we came to a wrong person. You are a deceit and a charlatan. I will make people know about you." Saying so, he went away with anger. And he began to anti-propagate about that noble man. After six months, there was a peculiar incident in the house, one of the daughters was to be married and three days before the marriage function everyone in the family suddenly fell ill with some food poisoning in the bread. They were immediately removed to hospital. Luckily everyone was saved. Except the boy everyone ate the bread and all the gold that was gathered in the form of jewelry was stolen away by some fellow. This was the story and there were police investigations.

After one month, a police man worked as a cook in their house for fifteen days for the purpose of investigation. He investigated and proved the whole case. It was the boy who brought poison and mixed it with the flour of bread in the house. It was proved beyond doubt. The police took the fellow into a cellar. And then the father came to the holy fellow once again and said, "Most unbelievable, such a thing has happened in my house. I am sorry that I offended you. But can you tell me why such a thing happened in my house?" Then the holy man began to investigate. It was proved finally that the mother developed a habit of reading crime literature. After some degree of investigation, the holy man was pleased to visit their house

and picked up a detective novel from the library of the mother of the boy. It contained an incident which is exactly a repetition of what has happened in their house with all the details. She read the book with great interest when she was carrying that boy. She confessed that she read the book thrice. This is a story published with the names of the persons, father and son also. It occurred in a family in England.

The name of the holy person who solved this problem, was 'Cheiro', the international palmist and astrologer, who was conferred the title of "The Modern Seer". Among the many books on palmistry and numerology he has written, there is one autobiography "A Modern Seer".

We find the story of the above incident in that book with the details of the family. This is only one example. Conversely, we have a little story in one of the Indian scriptures. A great giant of black magic who belonged to the age of Atlantis was spending much of his time in austerities and penitence to acquire great powers, to grip the whole globe in his hands, to have all the rulers of all countries and nations as subordinates to him and all the powers of nature under his control. His mind never accepted the existence of Omnipresence of God. When he was spending much of his time in his experiments in austerity for black magic, he left his wife, who was carrying, at home. At that time she was imprisoned by one of his enemies. And a great sage called Narada, went to him and set her free from imprisonment. He asked her to stay in his hermitage until the husband would return. She stayed there with an open mind and a devotional heart listening to the

songs of the Lord in prayer, meditation and service. This great sage Narada, knew what for the giant was experimenting. If he could succeed in his experiments there would be no one in this world who could conquer him.

It was a dangerous situation to the whole humanity. So, the sage Narada wanted to prepare a fellow who could face him and oppose him. For that purpose he chose the son of that fellow, who was spending his time in the pre-natal period in the womb of his mother. He kept the pregnant mother in such a condition that she went into ecstasies of singing the Lord's name with a great devotion to the name of Lord. As a result, she gave birth to a child who was a congenital enemy to his father's attitude. From his childhood the boy felt instinctively the Omnipresence of God. And whenever some people were chanting the name of God, he used to run there and join the group. The father was disappointed and tried to mend the boy in many a way with violent punishment, but in vain. The boy was only pleasant even though he was punished. He had neither fear nor sorrow nor anger. That is how the sage prepared him pre-natally. And the father punished him physically. The boy was cheerful and said, "God is behaving in this way in your form." So, thoroughly disappointed the father ordered his fellows to kill the boy. They took him to kill, but returned as they could not.

And then the father himself wanted to put an end to the boy. He called the boy and said, "You say that the Lord is pervading everywhere, can you show me where He is?" The boy smiled because the answer was in the question itself. But he seemed to be blind and deaf because the

question was whether the Lord, who is living in everything and in everyone, exists at all, so the son defined that God means who is living in every one and every thing. And then he is a fool to question,

“Is he existing?”

So, the boy smiled.

And then the father asked, “Can you show Him to me?”

The boy said, “I need not show you, He is already everywhere”.

And then, “Is He there in this wall?”

“Yes, in the form of wall”.

“In this table?”

“Yes, in the form of table”.

“Is He existing in this pillar?”

“He is existing in the form of pillar”.

Then the father said, “I am breaking the pillar, if God comes and stops me from killing you then you are saved. Otherwise I will immediately kill you. Now, look here I am breaking the pillar”. And he broke the pillar.

There was the sound of a hundred thunders and the light of a thousand lightnings. A great light came from the broken pillar with a peculiar form, with the head of a lion and the body of a man and with glittering lights which appeared like the nails of that lion. He pierced the belly of the father and put an end to him because one of the conditions of the boon granted for his black magic experiment was that he could not be killed by either men or beasts. So, he saw the shape of the head of a lion and

the body of a man. And then he did not want to die either during the day or during the night. So, the light came out during twilight, which was neither night nor day. He thought of not dying either in a house, in a covered roof or outside. So, the fellow was shattered at the door, half this and half that side.

This is the symbolic allegory which gives the significance of pre-natal life. And when we go into the real significance of birth and life if we are not foolish enough to believe that life is a biological accident, if we can understand that human birth is a great opportunity, birth is a scripture. The truth of pre-natal life is another scripture. Our very span of life before death is a scripture. The incident we call death is a scripture and life after death before birth is a scripture. These scriptural incidents require a better insight and initiation to understand because they are the real initiations to the indweller.

The scriptures say that fertilisation in the mother's womb is the first initiation of the indweller, initiation into the drama of one life, the story of which is more meaningful than anything, and the story of which is always novel and new and never before. Then the birth is another initiation. These two are not only initiations but also sacraments which expand the consciousness. And then there are man made sacraments which should be conducted only in accordance with the natural sacraments. For example, we are expected to know the age when the consciousness takes the next expansion. That is another point of initiation to the indweller and exactly at that date we should make an initiation of teaching so that he begins to learn from others.

So, the beginning of alphabet, sound and education is also called a sacrament in the scriptures. We, in traditional families, conduct it as a sacrament because we are not unfortunate to send the child to the school from the very beginning. Still, we the average Indians have teachers in the house for the children who are born. So, we have a vedic ritual which we conduct by way of the sacrament of first education.

And then comes the next expansion of consciousness in the fourteenth year. The education is first seventh year and second sacrament is fourteenth year. We bring the girl who is to be his wife or the boy who is to be the husband, we bring them together and we allow them to grow in one place for some time. So, affections and love engrafted before sex is confused as love. Sex is a very sacred symbol in life which should not be misused by behaving beastly with it. So, the fellow should be made a master of impulses and instincts. About the age of fourteen, we bring the would be couple together and allow them to live together, read together, play together and eat together. This is what is called the engraftment of affections. This is another sacrament in our society. So, the word marriage has a different meaning from what we know here. Then after the age of 21, we make them meet and then they live their life.

At every stage and age we have sacraments, at every stage when the intellect or the glands undergo changes that the junction points of mental changes or the junction points of the vital or physical changes in the tissues, we have sacraments. And in the end a few hours or minutes before

the fellow is going to die, we have a sacrament called ‘the death sacrament’. We give the fellow a bath with perfumes, give new clothes, a little bit of tasty food to the tongue and then we go on singing mantrams which describe the secrets of death; finally we give him the holy water that has already been offered to God through meditation. We conduct the ceremony of death by continuing the recital of mantrams during the period of dying.

That’s why the science of sacraments says in India, “The sacraments exist from Nisheka to Smasana”. Nisheka means fertilisation. They are conducted from fertilisation to funeral.

So, the pre-natal life is part of this life. It is never considered as something different from life. Astrologically and biologically also the ancient nations understood the pre-natal life as part of the span of that birth. This requires an understanding of some keys to birth and pre-natal life. It should be studied in the light of the astrological key and the biological key explaining the relationship between protogyny and philogyny to make people understand that free mansonry is occurring during the time of pre-natal age, that the embryonic stages are only a drama of the development of life through thousands of years just as we see a cinema in the television for about half an hour or one hour, having a story that covers about seven years or eight years. The story time may be seven or eight years but the duration of the cinema is half an hour or one hour. In the same way a drama of about ten thousand divine years, which we can call the biological development of this planet earth, is enacted in all its detail during the period of

embryonic stage of the nine months. So, this is the biological key of the ancient scriptures.

There is another, the reproductive key; finally there is the spiritual key. In the light of atleast these four keys out of the seven keys that exist, we have to understand the issue of pre-natal life and birth. It is a little bit technical but interesting. In short, I will try to introduce to you the technical aspects of it after a five minutes pause.

Let us have the first proof to understand that there are intelligences who care for our birth, who take care of more things than we ever dreamt to have known. Those are called the intelligences of nature, who fabricate the many atoms from space and construct each atom as the lodge of many hundreds of intelligences and who fabricate the substance of the seven planes of existence and who make the shape of this earth globe and who fabricate the physical, material existence of each atom. These intelligences who fabricate all these things, they are called Devas in the scriptures and angels and arch-angels in some scriptures. You can ask me a question why doesn't the modern scientist accept or recognise the existence of Devas? The answer is because he has to wait until he understands it. Just as a child has to wait before he understands how his father grows a beard. It is a matter of maturity and we can't help. But at the same time, we cannot wait for the approval of these scientists. We proceed in our own way understanding things and allow them to take their own time to understand.

So, these Devas are there in groups and departments each group having its own work. One department of Devas are there that are working out the dramas of fertilisation

and birth. Normally to us they may not be big incidents because we are as ignorant as the scientists about these Devas but they are always at work to the planetary activity of this earth and the planetary activity of the other planets, which can be understood through the astrological key. For example, there is a statement in the scriptures that the mental proposal of the parents is the subtle vehicle of the life of the child and according to astrological symbolism, the mind is understood as the activity of moon and this earth planet is understood as the symbol of this body. And the position of moon in astrology and the position of what we call 'ascendant', they represent the mind and the body of the fellow. And when the parents meet and the fertilisation takes place it is the mental proposal of the parents that is realised into the incident of fertilisation.

That is the reason why the position of Moon at the time of fertilisation in the sky indicates the mental proposal and the ascendant calculated to that place and time indicates the physical union of the parents. And if you draw the chart of birth and draw the chart of fertilisation, you will wonderfully discover a secret about the Devas working. The position of moon at the time of fertilisation will be the position of ascendant at the time of birth or the 180th degree to that degree. And the position of the ascendant at the time of the fertilisation is exactly the degree position of the moon at the time of the birth of the child or its 180th degree.

So, here is a formula given by a great astronomer of the ancient days who lived in 376 B.C., and whose statement was taken by an occidental astrologer and astronomer of the 20th century and experimented and

verified for eight years and a disciple of that astronomer and astrologer worked night and day in maternity house, with a stop watch in her hand for eight years. Result of which that astronomer has given his formula and his verification in his book. His name is Sapherial and his disciple, she has published a book which is the result of her eight years research and the name of the book is, "The Pre-Natal Epoch". The name of the author is E.H.Bailey, and the formula they gave out and worked out from the ancient astronomer is given in the following way.

The degree and minute of the Moon at the time of fertilisation will be the degree and minute of ascendant at the time of birth. And degree and minute of Moon at the time of fertilisation will be exactly the degree of ascendant at the time of birth. So to say, the position of Moon and ascendant at the time of fertilisation are inter-changed at the time of birth. If anyone calls this a blind chance we pity his intelligence. And another formula they have given is, in some cases the delivery occurs after 273 days, in some cases it occurs less than 273 days. This depends upon the factors of the position of the Moon and ascendant at the time of fertilisation. For example, if the Moon is above the horizon and increasing that is approaching full-moon, then the number of days will be 273 plus X. Also if the Moon is below the horizon at the time of fertilisation and decreasing it will be more than 273. And if the Moon is below the horizon and is an increasing Moon it will be 273 days. And if the Moon is above the horizon and decreasing Moon it also takes in the same way.

So, four combinations give two types of result based on these two formulae given by a great astrologer and astronomer and a great scholar of the Vedas and ancient sciences who is called Varaha Mihira. They experimented and found his sentences correct and verified and gave out to the world their research. The books have been in the market for the past one century and all non-professional astrologers know the value of these books. So are the nature's intelligences caring for our birth or is it a blind chance? If they also lived as carelessly as we human fellows live, what would have been our fate? So, there is always a relationship of a cardinal cross between the time of fertilisation and the time of birth. It is astronomically proved and no doubt about it.

Another such key exists. If you make a horoscope for birth and one horoscope for fertilisation and another horoscope for the moment of death, the same relationship exists. You can give to the world not less than 3 or 4 scientific volumes about the relationship of planets and the houses in the horoscope between the charts of fertilisation, birth and death. You will understand the real meaning of what free-masonry is, that is occurring in the 'Halls of nature' called the mystery temples which are so sacred and which we call the genital organs.

Our stage of evolution does not permit to understand the sacredness of these organs. A long time has to pass before we understand that to produce a pure body, purity of sex life is required. This is a statement which can be appreciated only after two or three hundred years. But, we can understand how the same formula holds good with

the three incidents and also conduct experiments with the horoscope of a parent and the horoscope of the children. You will find the wonderful relationship between the parent and the child. So, if you take these four cardinal crosses into consideration, you have matter for atleast seven volumes of scientific treatise to be written. It is quite possible and quite valuable for the people who have the mentality to go deep into subjects.

I mean to say that if some German brains take it up, it is possible and it is worth doing. You can immediately question me. I am surprised why you have not questioned. Why? Why have you too kept quiet like the Indians? You would have asked me, “Can you direct us and guide us and train us?” The answer is ‘Yes’. You can ask me, “Have you material with you?” The answer is ‘Yes’. Come with me to India directly I will give you volumes and volumes of verified material. I found it quite not so much useful with Indians because they are more interested in many other things than this.

And we will go to the next scientific aspect of these incidents. What is it that causes birth? What is it that we call the egg, the ovary? A highly scientific treatise says, *‘it is nothing but space made into a globe of space’*. Two statements that require many decades for us to understand when meditated. One sentence is, *‘Space made into a globe of space’* is what we call the ovary or egg. Another such sentence is, *‘Fire is the presence of the Omnipresent’* which produces the vehicles of the matter of this creation and once again which consumes by burning away. This is another such sentence taken from the archaic stanzas called

Rig Veda. So, the Lord Omnipresent as space is never born, He is the back ground but He is again and again born into the globes of space. This is one more sentence. And those who know the secret of space as the ovary of one grand woman whom we call nature. This is another sentence from the archaic stanza.

And then we make an approach to the egg through the law of correspondences and how it works. First of all we accept the existence of the rotation of earth on its own axis according to the law of alternations, producing the night and the day and also producing the increasing Moon and the decreasing Moon and also producing the northern half year and the southern half year. These are correspondences to each other which directly prove the science of correspondences and the operation of the law of correspondences along with the law of alternation in nature. Without night there is no day, without day there is no night and if time were to continue, it should have an alternation of day and night. So, there is no continuation without alternation. This is one law that works in nature.

And the law of correspondence is, just as we have Sun-rise, we have Moon-rise after a New Moon. Just as we have the noon or mid-day, we have the Full Moon in the month. Just as we have the descending Sun in the day we have the decreasing Moon. Just as we have mid-night, we have the No-Moon or which we call New Moon with its four cardinal points. So, during the day it is the Sun rise, the Noon, Sun set and Mid-night. These are the four cardinal points of the day. In the lunar month it is the new Moon, half Moon, full Moon and half Moon called

‘the four quarters of the month’ exactly the correspondence of the four cardinal points of the day. The first one is called the day of the humans on this earth. The second one is called the day of Pitrus on this earth.

The word pitrus means, ‘*A group of Devas or intelligences of nature who are working out the phenomena of fertilisation, development of the embryo and the development of the foetus and the birth*’. And these are the same fellows who work out the germination of the seeds in the plant where the scriptures describe that the Devas make a ladder descend from space to earth in the form of the germinating stalk from the seed and also from the newly formed head into the form of the would be spinal column. This descent of the stalk is called ‘The ladder of the Devas’. On the same ladder Jacob used to go up and come down, if you can know how to read ‘The Old Testament’. Otherwise for a blind fellow it will be only a cock and bull story. Just as to a boy of ten years, if you give a text book of advanced engineering or advanced anatomy what happens? The same thing happens to one who cannot understand these processes. Same will be the experience if you give The Old Testament to such an intellectual fellow. This is called the descent of the ladder and the intelligences of nature who worked out this ladder, they are called the Pitrus.

And units of life come from the Solar Deity to this earth and then the pitrus come from the same solar to this earth via Moon. That is, they are shining in the form of Sun’s rays reflecting on the Moon and coming to the earth. That is what the archaic stanzas describe. That is why the

Moon is called the calendar of the Pitrus. For example, he goes round within a period of four weeks of seven days each. That is 28 days or 30 days. He governs the function of the menstrual cycles of the reproductive mechanism. And therefore, the Moon is called 'the calendar of the pitrus' and this second cross that is the lunar month with four quarters of the month is described as the day of the Pitrus. So our month is, the day to the Pitrus.

And then, the year has the same four cardinal points. Capricorn is called the Sun rise of Devas, that is the day after the longest Cancer is called the Sun set of the Devas and Libra is called the mid-night of the Devas. After knowing which only you can understand some chapters in 'The Secret Doctrine'. For example, "The zodiac and its antiquity" that in the ancient days there were only ten zodiacal signs and the 90 degrees between Virgo and Scorpio were only one sign and the other nine signs and this 90 degrees one sign put together formed ten signs in the ancient days and after sometime the sign Libra was introduced between Virgo and Scorpio. And since then, people used to understand that there are 12 signs of the zodiac. This is one peculiar statement which you find in the Secret Doctrine.

How do you understand it? Without this key you can never understand this. It means only one thing, in the beginning after we are born, that is, after this body is born as the earth globe of the individual during our childhood, there was no production of the sexual tissues and the region from the navel upto the end of the genitals and rectum represents the 90 degrees arc in the zodiac, beginning with

Virgo and ending with Scorpio. So, it is virtually only one organ for the child. Later between seven years and fourteen years of age there is tissue change and there is the introduction of the libra principle, after which only nature accepts 12 zodiacal signs in the body.

We have such wonderful passages in the Secret Doctrine at many places. But we are blessed because we don't read it. It is very happy not to read it, including the senior most members of this Theosophical Society in many countries including India, shame, shame. When I had been to New York, I found members of the Theosophical Society whose membership was more than my present span of life. And when I was mentioning about Secret Doctrine they revealed that they have not opened the pages of it. Then I said, "Indians are as great as Americans" because in India also we have senior most Theosophical Society members who have not opened the pages of Secret Doctrine. There are many such passages which speak of the symbolism of nature.

So, the symbolism of the year also has the four cardinal signs of the cross. Have this correspondence on all stages and the functioning of the cardinal cross on all scales of time. Have this in your mind and then add one more symbolism. From the time of fertilisation, you count the number of months after the child spends $\frac{3}{4}$ th of the year, then comes the time of birth. So three months, three months, three months. Nine solar months or ten lunar months, in between exists the time of birth. Remember this also and then the four stages of the utterance of your voice. Three stages are within yourself and the fourth stage is uttered

out. And three quarters or the solar year the child grows in the womb of the mother and during the fourth quarter it is delivered out. Remember this correspondence also with the cardinal cross and remember four stages of consciousness.

What are the four stages of your consciousness? Awakened state, dream state, sleep state and the fourth is, what is the fourth? Active subjectivity, which is quite opposite in nature to our conscious state. This is passive objectivity. We are living in objective world, that means we are living to everything except ourselves. And we are living to everything as something foreign from ourselves. This blind state is called darkness. And we have to travel to the real light which is called '*the fourth state, the yogic state, the state of continuous awareness of the eternal present*'. So, this is another correspondance.

Remember these correspondences also and come down to the seven planes of existence with which many of you are familiar, that is the physical state, the etheric state, the mental, buddhic, nirvanic, para-nirvanic and maha para-nirvanic. A tape having these seven states of continuousness makes a roll into a ball, this is what the Pitrus do. Here is the ball, here is the physical, the second etheric, the third mental, then buddhic, nirvanic, para-nirvanic and maha para-nirvanic within which the chicken exists. This chicken is called 'the Lord', who is present everywhere. Since space is everywhere, if you hold a glass, space is also in the glass. It is so simple, natural and inevitable. So, the omnipresence of the Lord is automatically there in the egg in the form of the chick. And then the chick

is called 'the eye of the heavens' and He is wrapped in the egg. This is what is called the story of 'the drama of free masoon', the ritual of the Pitrus and not the rituals conducted between the four walls with a few people who gather there to talk with each other and drink deep to the glory of the great architect of the heavens and hammer the table to wake up the Lord. That is not the original free masonry, that is only the speculative free masonry. Whereas the operative free masonry is different.

The master builders are building the temples day and night. They do not beg as beggars for the costly prices of Initiation. Big amounts of money need not be paid to these master builders. They do not make a trade of initiation. So, they are the real master builders, who are the masters of symbolism who conceal the truth in these symbols to be revealed through allegory which we call the sequence of the incident of our personal life. It is an allegory of our vehicles and emotions and intellects. This is the sanctity of the sacrament of birth and finally the symbolism can be extended in the statement that the 90 days of the remaining arc which starts after the birth of the child on this earth, it expanded into 90 years. That is, the scale of time is changed from the year of the Devas to the year of the humans because the year of the humans is the day of the Devas. So, the scale is reversed as soon as the child is born on this earth.

And you remember that a rotation of the earth axis through 90 degrees takes 6 hours. And the time from the birth of a child, the 6 hours duration starting from his birth, represents the whole span of the fellow. You can make an

experiment. Give some soft music for a few minutes after about 3 hours. So, 6 hours is total span of life, roughly 90 years, 3 hours is 45 years. Observe the wonderful spiritual experience the fellow experiences at the age of 45 years, as a result of the soft music you produced exactly three hours after the birth of the fellow.

Conversely within the one, two or three hours after the birth of the child suppose there are some fellows in that room who are as irresponsible as buffalos or beasts, they throw something down and they produce a horrible sound, the child suddenly receives a jerk. Note the time and take the corresponding year. Suppose it is 45th year, observe how the fellow gets a very strong attack of paralysis. Verify, find it correct and tell me. This is the reason why in some cases in India, I gather young couples who patiently listen to me and obey to what I say and when the young mother gives birth to a child, I place them on the 3rd or 4th floor of a building where there is no noise and during the six hours period after the birth of the child we go on giving soft music with cassettes. Of course, many people did not respond to this experiment even though I claim that they are my closest disciples. There are three or four children born like this till now and the difference in health and spirit is quite well marked.

And why does so much of symbolism exist in nature? It is only to break the egg-shell again and again. Because this egg is a very peculiar type of egg. It has seven layers instead of two layers. The eggs we know have only two layers, but before the chick can have a total release from the egg, there are seven shells to be broken one after the

other. The process of breaking these seven shells in a succession is what is free-masonry in its true sense. And the breaking of the physical shell, it is what we call death. And the breaking of the second shell, etheric shell, this is what we call fertilisation. And the breaking of the next shell is what we call the dawn of the personality to the boy. And the breaking of the 5th, 6th and 7th shells, they are conducted by the Devas of higher kingdoms. This is what we call the process of initiations.

And then the Indweller looks to the true colour of things. So, there are ritualists and officers in this free masonry hall, who conduct the drama. First, the Earth conducts it in six hours and then the Moon conducts in seven days and then the Sun conducts it in the period of four months. Jupiter conducts it through an arc of four years and Saturn conducts it through a period of seven and a half years. So these are the grand officers of the ritual.

There is a master in the east, a master in the west and a master in the south with an empty chair in the north. So there are masters only in the three corners east, west and south, north is empty. Let us try to understand the significance of the ritual. This is the drama enacted during the period of pre-natal epoch and the drama is once again enacted during the six hours after birth as the synopsis of his would be whole life. And then it is enacted during the next seven days as a little bit magnified synopsis of the same 'would be life'. And again during the period of first four months of a little more expanded synopsis of the same would be span of life. And during period of seven and a half years from birth, as a little more expanded story of

the same life. And then the next grand masters are Uranus, Neptune and Pluto. They take over one arc of 90 degrees, they use it as the set-square for initiation and conduct the whole ceremony of initiation during his life.

So, what care should we take? What is our role in this drama to prove atleast that we are only two legged beings and not four legged beings? What behaviour a pregnant lady should have in veneration of the would be child? Let us consider and gather the information individually until we meet next year. Thank You All!

Question : What about early birth, as a dependant also on the cycle of Moon ?

Ans : They belong to the abnormalities, early births and delayed births. For example, in some cases there are births that occur after 12 months also and some times births take place in seventh month or eighth month. They are abnormalities and the time of fertilisation will clearly show that it will be an abnormal birth. That branch of science is developed by Varaha Mihira as a separate section of astrology. So, the calculation is different in those cases. This is about the general rule and not the exception.

Question : Does the soul enter the egg ?

Ans : No question of entering the soul. Unless He is there, fertilisation never takes place. Without this presence of descending of the soul into the father before it goes and lodges in the mother then the fertilisation takes place. The Soul travels in the Spermatzoa from the father to the mother. And in the absence of a Soul descended upon the person, and in the absence of a Soul coming down, it is only an empty sex act which is an empty drama of

excitement of the couple, like a drama without a hero. So, the soul descends into the father and He comes to the sea-shore. There will be millions and millions of little steam boats, which we call spermatazoa. He takes one boat and travels into the egg, he steers the boat straight that is what the scriptures say. Not only that, the Seven Seers and the Manu, they have their deputies or prototypes travelling in the boat from father to mother. This is one key to the story of the Nova's arc or the flood which periodically happens whenever a fertilisation takes place. There are Seven keys to all these stories. This is the embryonic key whereas the geological key is also true.

Question : Is the soul with the father from the beginning?

Ans : No question of beginning, the whole staff is there before the time of fertilisation with the father. No, no, the soul does not belong to anyone whereas the Indweller is the continuous consciousness from the time of the mineral kingdom to the time of the superhuman or the Deva kingdom. That is whom we call the Monad, that is the Indweller. And the Indweller descends into the father and exists with him for seven days and on the seventh day the fertilisation takes place. This is, what the scriptures and the esoteric schools teach us. Ofcourse, modern esoteric schools are not enough to know these things.

Question : Does the type of birth also have a breach effect on the life like a birth taking twenty hours or births that are very difficult?

Ans : I am not able to follow what it is.

Question : There is a manner, the type of birth that one had at one point like a breach birth or birth that takes twenty hours. What effect?

Ans : Yes, yes. It has its own effect upon the whole life but itself is not the beginning of such incident. It is the result of a wrong time of fertilisation which is the result of a wrong time selected by the couple to mate which is the result of the indweller doing something wrong in the previous birth. So goes the chain action called Karma.

Question : *You always speak of the drama of sexuality. What is it to say about the sexuality which can develop into spirituality?*

Ans : Sexuality can never develop into spirituality. It is just as the mud cannot be taken with the water when it is distilled into clouds. Emotion cannot exist in an attempt to spiritualism. And sensualism should never exist in spiritualism. A purification from sensualism as a self-proposed attempt becomes the first initiation into spiritualism. Sensualism is only a carbon copy of the whole drama taking place in the higher planes, received on the plane of matter.

Question : *She says that a very differentiated form of sexuality has sensitivity which leads to spirituality. She cannot imagine if it is not to be so.*

Ans : The original drama of above matter occurs in spirituality whereas the mirrored phenomena of it occurs in sensuality.

Question : *And she says that the sexual organs are not only there in order to reproduce but they are also there to be elevated to God and in that one sublimates them.*

Ans : They are there as the physical symbols of the image of God in clay and mud and dust. And just as an idol can

never be God but it can serve as a symbol, the sex act also is a symbol of a higher drama taking place. And when properly utilised, the sex act itself leads to a higher realisation for which the couple requires preparation from their childhood. For example, they should be trained until meeting each other sexually, without any touch of sex at all. So until the age of 21 they are trained as ideal celebrities and then at that age they are married and then they enjoy life as monogamy. To such couple only sex act leads to higher realisation. The scientific procedure of which is given in the Tantra text books. But Tantra text books are intended only for those who are specially trained. And then sex act leads to higher realisation and the child who is born, is free from original sin. This is what the Tantric literature says.

Question : She says, is there such a thing as spiritual children without physical fertilisation?

Ans : Yes, that is another aspect Epigenesis. That is different. Yes, that is also true.

Question : If every woman would meditate while she is pregnant, where would the soul incarnate that has a difficult karma?

Ans : A soul need not be impregnated only with a difficult karma always.

Question : He would like to know how one can make if one wants to conceive a child, how one can make or decide what moment would be good and how one can make that moment have a good atmosphere? Was there any clue if you tell us about how you can make a good atmosphere to decide when the time is right ?

Ans : We need not make any special effort towards that end. If we lead a pious life with positive motives and service-mindedness and compassion, automatically good time takes its own care. And the couple will get attraction to each other only in good time. And fertilisation automatically takes place only in auspicious time. And a soul who is pure will be attracted automatically to them. And as a result of which the birth takes place in an auspicious moment automatically. So, it is to direct our activity towards a systematized living, that is what is required. No much exertion need be made to calculate all these things. That is the truth of it.

Question : *Is there any procedure to follow during the time of birth ?*

Ans : Yes, during the time of birth there is a procedure to follow but I will take it up as an independent lecture and explain. It is a big subject.

Question : *Is there a connection between the grand children and the grand parents as far as karma is concerned?*

Ans : Necessarily it will be. There is no incident which has no fitness in nature. So, the relationship between the two fellows will be formed only according to their previous karma which decides their tendencies and temperaments. Generally in the case of good and innocent people, we find great attraction between grand fathers and grand mothers with their grand children. And in many cases, the attraction of the grand child towards the grand parents is more than towards parents. So, there should be a clear cut karma relationship between the two people which can be also

verified by making a research upon horoscopes of grand fathers and grand children. I am very much convinced that there is a direct relationship between the two souls.

Question : Today we have many births in modern hospitals where the doctors want to go home and the birth is quickened/ accelerated and the child is born before it would normally be born. What is it you say to that?

Ans : We have only one thing to say, we are defaulting the law of nature and we are in great confusion about birth times and horoscopes and we have no such data available. And consequently we have no valuable material to work with to help the fellows. So we are penalised by nature not to have the required information because science holds good only to those who honour science, law helps those who honour the law, ignorance kills those who worship ignorance. And there is no exception to these rules.

Thank You.

* * *

Electron

Today I am expected to speak something about an *electron* especially in its relationship with esoterism and spiritualism. You know that the discovery of an electron is rather recent when compared with other discoveries of the science. The very concept of atom has undergone many changes during the past decades. And the concept of matter has also undergone certain changes, which are not so very popular as the modern concepts of an atom. The average student of science is conversant with the modern concepts of an atom, whereas he is not so very conversant with the most modern concepts of matter as different from force. But at the same time the concept of matter has also undergone such a great change as that of the concept of atom. When we compare the development of the modern concepts with those of the ancient wisdom of the nations, we have some more information and some of the missing links filled up. What we know may not be conversant, familiar with the ancients sometimes. But it is also true that what the ancients knew, we may not be conversant. So if we put together the concepts of the ancients and the moderns, we have the maximum advantage of knowing things and correlating things. When the counterparts of an

atom are properly understood, we find a correspondence with the counterparts of a solar system.

There is a centre to a solar system just as there is a nucleus to an atom. And there are bodies going round the Sun in the solar system, just as there are bodies going round the nucleus of an atom. This is after the Law of Correspondences. Between the two existences, the existence of the atom and the existence of solar system, there is the existence of an observer whom we call the human being. So, we should locate our position properly in between so that we stand at a distance well focused to both the entities. If our position of understanding is out of focus from the atom, we understand something of the solar system in the name of astronomy and astrology and also the minerals of each planetary body and the chemical activity going on in the planetary bodies. If we go into the microscope in a laboratory, we stand out of focus with the scope of the solar system and we can get familiar with the proton, the electron and the neutron, and the components of these three entities. While trying to understand what an atom is, we miss the main links that are shown by the solar system. So, mentally we should place ourselves well focused to both the existences. Our mind should have a microscope for the atom, a telescope for the solar system and a scope to correlate, which we call the common sense.

Now, the structure of the atom teaches us that it is composed of mainly three counter parts. The centre which we call the nucleus of the atom, and the negative charged centres which we call the electrons that are travelling and the positive charged centres which we call the protons. So,

we have three modes of action in an atom. Man has observed for the past so many decades, understood the behaviour of these three and tried to disturb each of them and tried to understand the results of his attempt to disturb. He tried to bombard the atom and he was a success. He could bombard the isotopes and he could replace the counterparts and suspect that there was a scope for the possibility of transmutation that is changing one substance into another, just as the ancient alchemists suspected. And man has discovered that there is an arithmetical intelligence working in an atom. But still man is not ready to accept that there is an intelligence working in an atom; the intelligence that can count things in terms of numbers; the intelligence that can fix the number of counterparts of an atom and the intelligence that can fix the atom of a substance in its own place in the periodic table.

Now man is on the threshold of a wider horizon of knowledge. Nothing stops him from accepting that the atom is self-conscious. And the atom is a house where many intelligences are living and each intelligence doing an intelligent work, to work out the supposed utility and the function of that particular house, which we call an atom. What stops man to understand that there are intelligences and beings in the atom? Man already knows that the numbers are exact in an atom but still man is hesitating to accept that there are people in the atom, because still man believes that 'people' means, people buried in physical matter. Common sense tells us that we are not people because of our bodies though we exist in bodies of matter. The fact that we are intelligences existing in the body and

the fact that we are units of consciousness existing in matter, prove us that we are not the bodies. When such a thing is possible with us, what objects us to understand that such a thing is possible with the beings in the atom? This is one question which is challenging to the understanding of the human being in the 20th century. Man has not yet faced this question because he is not willing to face it yet. Not that he cannot understand, but he tries to postpone the problem for tomorrow, because if man were to accept the existence of beings and persons in an atom, immediately he should accept that there are intelligent beings other than the human beings on this earth. It is a matter of acceptance and tolerance that opens the gateway to the new horizon. The more tolerance we have towards the intelligence of the other beings and the more spirit of acceptance we have, the more quickly we will be able to understand the new horizons that are to open up to us. This is one aspect of trying to understand the electron.

The same problem confronts us in many fields of the modern science. For example, if the child is sent to the elementary school, if the teacher shows him the magnet and teaches him about the behaviour of the magnet, the same problem confronts. Does the magnet know what is north and what is south? Ask your professor this question. The answer is 'no'. The magnet does not know what north is and what south is. But why does it behave like that? The answer is, it is the natural property of the magnet but not the intelligence or understanding working in it. What is the difference between a man understanding what is north and what is south, and a magnet pointing to north and south?

The language of a magnet may differ from the language of a human being just as the language of the French speaking gentleman differs from the language of the German speaking gentleman. There may not be yet a communication properly established between, but common sense tells us that it must be the something what we call understanding in us. In the school if two magnets are brought face to face with unlike poles, then they attract each other, ask the science professor, "Do the magnets know the poles mutually?" Still the answer is 'no'. They behave but they do not know. How could they behave? The answer is that it is the 'properties of magnets'. Can't we understand that it is the properties of the human mind to know and understand? What stops us to accept that our intelligence is only part of the behaviour? With all due respects to psychology professors, if at all we make a proposition like this : "What we call intelligence or what we call originality in everyone is in no way different from the mathematical index of an atom, and what we call rationalism is nothing but the wave length of the human mechanism". Is there any argument against this? Then can't we equate the behaviour of the atom with the rationalistic behaviour of the mind of an animal or a human being? Just pose this question to your own mind and tell me if you find any objection. Because this is not something I impose upon you, but this is something which you and I are together trying to understand. So you can tell me and I can accept while I can tell and you can accept. And both of us can accept when we find reason to believe something. This is the second example to face the challenge against nature's phenomena.

Let us take a third example, take a seed of a tree, for example the banyan seed. It is the smallest seed of the biggest tree called the banyan tree, the only example of the smallest seed of a biggest tree. If you question the Botany professor of the boys in the elementary school whether the banyan seed remembers its own parent, the banyan tree, or it knows intelligently the detailed structure of the banyan tree, the answer is till today, 'no'. But what is the result? The seed produces the tree exactly in the same way as it was in the previous generation, not only in its structure but also in its colour, smell, taste and reaction. So, aren't we to accept the recollection of the tree in the seed or not. We can postpone the problem, saying that it is natural. But in that case, our answer indicates our ignorance, our unwillingness to know and accept. You find the activity of numbers when the seed is germinating into a tree. It produces the plant which produces flower with the same number of petals as the parent tree produced. The floral diagram and the formula being the same and the number of chromosomes in the cell being the same and the calculations in the reduction division when reproduction takes place, being the same. Then you have to accept that there are beings in every particle of the seed, the beings who are scientists of a very high order of intelligence having not only a thorough knowledge of calculations, but also a thorough knowledge of feeding the machines and computerising things.

The phenomenon of magnetism proves that much. The phenomenon of electricity proves that much. The activity of the poles of a magnet proves that much. The activity

of the poles of an electro-magnetic unit proves that much. The three types of units in an atom prove that much. So, we have to accept if not today, we have to accept tomorrow that what we call the unit of electron is a house where millions and millions of intelligent scientists are living, producing the required effects exactly as they are expected to be. Because depending upon the results of what they produce, we are tackling electron scientifically in the laboratory and we are successfully producing the phenomena expected and required by the scientists. Without the work of the millions of intelligent scientists that is going on in the electron, how can the scientists understand the behaviour of the electron? Unless there is a programme going on in the electron, how can the scientists understand the programming of the instruments that are used in the electron? Unless he understands, how can he bombard the electron according to his own calculations and get the required results? If there had been no systematic and programmed activity going on in an electron, the modern scientist would have spent his time in doing something with the electron, which he does not know, and getting results which he does not expect. So, this is one way of understanding things.

If we go to the sources of ancient wisdom and try to understand if they suspected any such little living beings in the universe, those that are working in the electron or proton or in the neutron, we can understand some interesting points. It may not be true that they exactly knew what the modern scientist knows, but it is definitely true that they know certain things in nature, which the modern

scientist has not yet known. They located in space, the ancient seers of all scriptures, they located in space a consciousness called 'space consciousness' and they divided the whole space into two types of space. Space neutral and space active. They called the space active by the name 'Akasha'. The first proposition about space was that space was active and neutral in alternations, so to say, active and passive in alternation. Just as the biological kingdom alternates between the seed and the tree. Just as we get the tree from the seed and the seed from the tree in alternation, similarly space gets the seed space from the tree space, and again tree space from seed space. We can say that the part of the neutral space is cut out as active space after a certain duration which we can call time. This awakened space begins to behave in terms of a succession of changes. When the succession is properly completed, when it comes to an end, again this space becomes neutral or space dormant or passive. In a simpler language a unit of space awakens from space unbound just as we awaken from our sleep in the morning. It conducts its own functions in a succession just as we conduct our daily activity and routine until we sleep. And again the space sleeps into space unbound just as we sleep at the end of our activity of the day. And when once awakened there is what is called space awakening or space mind. When it is neutral, they call it zero and when it is awakened they call it 'All.' Both are represented by the same symbol which we call the Zero.

But arithmetically speaking they had two types of zero, one the negative zero and the other positive zero. According to them the negative zero is what we now call zero in

arithmetics. The concept of the positive zero is quite new to the modern world. You can understand it in terms of some water and a block of ice. When there is the block of ice in water and there is some steam being produced from the same water, we have three aspects of the same substance. They are the ice block, the water and the steam. Then the whole unit is the 'All' of water, that is what they mean by positive zero of space. But suppose the whole quantity of water is made into ice block, or the whole quantity is made into water, or the whole quantity is made into steam, then it is the existence of the substance to the absence of the other states of its existence. Then it is understood as negative zero. So, when the positive space is formed it has its own space mind which produces what we call the properties of space. According to the ancients the properties of space are : (i) Pulsation, that is pressing towards a newly formed centre and pulling away from the newly formed centre. So, an awakened globe of space pulsates. It makes its content only in terms of a centre formed. What is a centre? What is the centre of an atom? What is the centre of a biological cell? What is the centre which we call the heart of man? What is the centre what we call the Sun, the centre of the solar system? Does it contain any substance which is foreign from being the solar system substance, the material substance in the planetary bodies we see?

All these put together along with the material that is found in the sun-globe form the total content of the solar system. Does the solar globe contain some material which is foreign to the substance existing in the solar system?

No. Then what is a centre? If the water does not contain any foreign substance other than water, how can you understand a centre forming in water? You can understand only the application of various lines of force at a point which cannot be suspected or understood unless there is the beginning of the formation of an ice-block in the middle. Same is the thing in the solar system also. In the Rig Veda there is a question. They ask, "What is there shining in the sun-globe?" The answer is, "There is nothing that is shining in the sun-globe. But there is something that is shining through the sun-globe". It says, "Understand the sun-globe as a magnifying glass, asteroid, a globe of light through which light is being radiated. And then, "is the sun-globe radiating light?" The answer in the Rig Veda is, "It is not radiating light. Sun-globe is not radiating, but the light is being radiated through the sun-globe. The sun-globe is working as a magnifying lens".

Then there is another question, "Where is the sun in the sun-globe?" The answer is, "In the space that is there in the sun." Then it is added that "The space is producing light as objectivity and it is the space which we call Mr.Space or the real sun in the solar globe. So also who is there in you producing the activity of respiration and circulation? It is not any part of your body. The answer is, "The space in your body is called Mr. so and so who is radiating through the medium of the parts of the body". There is a third question, "What is it that is seeing in the eye?" The answer is, "No part of the eye-ball is seeing including the lens and screen, including the optic nerve. And the seer is there as the space in the eye ball. Mr. Space

wanted to see and made an apparatus for himself around himself and that is what we call the eye ball and its mechanism. These are the sets of conversations which we find in a particular hymn in the Rig Veda. The true sun in the sun ball is the space encaged in your body. It is said, when I stand here, the space that was here is now speaking in the name of Krishnamacharya. And if I step off that space, that space becomes space neutral and this space is transformed into Mr. Krishnamacharya and transforming its own activity into our conversation. This transmutation, from the neutral to the active states and again from the active to the neutral states, requires an apparatus and some media. And the apparatus is produced from within itself. And the result is what we call the solar system, the atom, the living being and the cell in the biological kingdom. This is something of the law of correspondences. So, the minutest unit of matter, when understood, stands as a block against our understanding further.

The electron is understood as a unit of matter because electron has what we call weight and mass. Therefore it is also considered to be a bit of substance and a bit of material substance also. No objection, but the next step is blocked from our understanding. What is matter? What is the first fundamental unit of matter? In olden days it was the molecule. Afterwards it was the atom and afterwards it is the electron. Now, for the present, electron is the fundamental unit of matter. Again there is the same blockage of knowledge. What is the electron made up of? When we believe that it is a unit of matter, we have no passage to understand what it is made up of. That is because

of our wrong concept of matter. We have still two wrong concepts that are blocking the knowledge of the scientist in the modern age. One is, what is understood as matter and the other is what we understand by vacuum.

Still there are some science professors who believe that there is vacuum. Of course, the number is gradually being reduced in the modern times. But still, there are science professors who believe that there is perfect vacuum. The fact is, we have a blind understanding of what we call vacuum. The fact is, the vacuum exists nowhere except in the understanding of the one who wants to accept that there is vacuum. Because if we take a barrel made vacuum in its true scientific sense, we exhaust the barrel in ideal conditions and send into it a charged group of electrons, what happens? The electrons dance and play and eat and drink. Where do they dance if it is vacuum? And they get gradually polarised towards a particular centre. To a centre which we will discover afterwards and name it a positive charged centre and then we conclude that the electron is of a negative charge in its nature. Since electron is negative in its behaviour, it gets polarised or attracted towards a positive centre that is available in the nearest street. OK, but with what is the road made for the electron to travel in the car and approach the positive centre? If at all there exists a vacuum the electron will not have any passage at all to approach. So, what we wrongly named vacuum is only a vacuum of gas called air. We can't have a vacuum of space, because space is present there. The barrel contains what we call space about which we know very little till now. We are not yet ready to accept the contents of space,

the millions and millions of intelligences and living beings that are dwelling in space, and the two groups of these beings dwelling. And we have to get ourselves familiarised with these living beings, whom also we can call human beings. According to the law of correspondences we can call them males and females.

There are two types of population among the counterparts of the electron, the male existences and the female existences or the active existences and the passive existences. Atleast we have to accept that there are two types, two classes of existences, and also the one type is happily attracted to the other type, just as a young man is attracted towards his wife or a young lady is attracted towards her husband. And if it is behaviour in the isotopes, it is also behaviour in the human beings. If it is intelligent activity in the human beings, it is also intelligent activity in these wonderful beings. The ancients say that there are three types of beings in awakened space. Take a unit of awakened space, we have three types of beings produced in it. One type is called the dynamic beings, the other type is called the static beings, and a third type is called the balanced beings. These fellows produce the activity of space. These fellows, the static fellows, produce the legislation or the law in space. That is, systematization of the activity produced by the first type of beings. And here is another set of beings who honour the law and make a living, which we call equilibrium. For example, if there is your motor car, the metal of your motor car is maintained by the static intelligences that are existing in the atoms of the metal. The automation or the locomotion of the

engine is produced not by the petroleum but by the dynamic set of beings that exist in the atoms of the chemicals of the petroleum. They produce movement and the metal of your motor car undergoes the movement and the driver is there to conduct the driving.

So, there are three types of workers in space. The first type constructs the body of the motor, the other type produces petroleum and its phenomena and the third type drives the motor car sitting in your driving consciousness. So, every awakened unit of space has these three types of intelligences working simultaneously. These fellows work to form centres everywhere, whereas the fellows of the first set are busy going around and communicating, whereas the beings of static set establish the rules and the law for the behaviour of nature, and the result is they begin to produce centres of existence and the beings that are moving and the beings who supervise the law and the properties of nature. The unit can be called a 'unit existence'. It can be an atom, it can be a cell, it can be a solar system, it can be a galaxy of thousands and thousands of solar systems, it can be a corpuscle of blood in your body, it can be the atom of a piece of chalk, which we wrongly call non-living being or it can be the atom of a living body. In Sanskrit the dynamic fellows are those who produce what is called Rajas, and the static fellows produce the property called Tamas, the centre forming intelligences produce what is called the Sattva.

These three fellows belong to the fundamental Deva Kingdom. Three groups of Devas are produced, as the first three groups are fundamental groups. And the

awakened space is charged by them when there is no atom but space. They exist potentially in the space just as the ice block exists in water after it is made water. And when there is the awakening of space, they come out as independent existences or entities and they begin to behave in their way, different from the behaviour of space, just as the ice block shapes itself on the surface of water and establishes its own properties different from the properties of water. If you pour water in the tumbler nothing happens to the tumbler but if you drop a block of ice on the tumbler, the tumbler will be broken into pieces. The properties of the ice block differ from the properties of water. Though the substance is the same, the matter differs. You can ask, "What is matter?" The matter in ice is different from the matter in water though the substance in water and ice is the same, which you can call X. So, these beings begin to behave in their own way, different from the behaviour of space. And what we call vacuum is very thickly populated by these millions and millions of beings, and how can you call it vacuum? That is why a real intelligent modern scientist began to call it EMF, Electro-Magnetic Field. So, there is no vacuum in space. Within the next 10 or 20 years the concept of vacuum will be removed from the minds of those who are having vacuum.

Now once again we will go to the ancient wisdom about these three fellows. After they produce a centre, they begin to pour themselves out from this centre. So you can consider this centre 'a whole or a chasm', behind that chasm there is nothing, which we call vacuum. And through the whole, millions and millions of beings are coming out, that

is the centre which we call the sun globe in the solar system. This is what we understand from the ancient wisdom about the centre forming Devas.

Similarly, they form another centre and pour themselves out into groups of three parties or three religions. Behind that centre there is no one. And from the 'Whole' you will find millions of these fellows coming out. That is the wonderful white magic of the magician that stands in the threshold. You see, how the magician produces little animals from a box where there is nothing. Of course, the professional magician produces by deceiving our eye. Everytime he takes the little animal in his hand and before your eyes he puts his hand into the box and lifts the animal from the same box which has no bottom. And everytime we believe that he is lifting it from the box. The fact is he is having animal in his hand and then lifting it. That is deception or black magic for fun. But here what happens is white magic is not for fun, but for creation and existence. Really the magician brings out something from nothing. But the vacuum is not at all nothing, and the produced state not at all something. They are the two counterparts of the same existence which we can call 'All' or 'Everything'.

So, in the language of Pythagorus, this magician produces everything in space, from seeming nothing to apparent something. That is exactly the language, Pythagorus uses, '*from seeming nothing to apparent something*'. Of course, there is deception here also, but here the illusion is not produced by the magician but it is produced by the instruments we use, which we call the

senses and the mind. It is rather, the zero error of the instruments we use, which makes us believe that there is something coming out of nothing. And the mind is blocked as to where from these beings are coming. There was a time when the scientists used to believe that there are a predestined number of atoms in this creation and atoms can neither be created nor destroyed. There are X number of atoms existing from eternity until the end of the creation. And the same millions of atoms are being used to construct new houses after dilapidating old houses. For some decades this belief was there among the scientists. Today there is a question “Where from are these atoms coming? Do they exist forever or are they being produced every second?” There is still an objection to believe that atoms are produced from space and atoms are existing in space and atoms march into space. But there need not be any doubt about this. Just as the ice block is being produced on the surface of water, as something different from water, floating on the surface of water because it has a different specific gravity, behaving differently from the properties of water, and finally merging into water. So now, the question that confronts is, “Is an electron a particle of matter or a unit of energy?” The answer is, both meaning the same.

Tomorrow it will be accepted that a particle of matter is in no way different from the substance produced by the flow of energies. Though the stone thrown in space is being moved by force, we should accept that the force that throws the stone is another state of the same existence with which the stone is made up of. So to say, when the electron is fused, it is translated into energy. When the energy is

channelised, then it forms a unit called electron. Otherwise, we have no answers to certain questions. For example, is light matter or force? The question is not yet answered till today. Still there is a big question mark in the scientific field as to what light is. There is 'the corpuscular theory' about light, and there is another theory believing that light is a wave length and a vibration of force.

In the light of ancient wisdom we can say that both are true, because if you question, is ice block a truth or water a truth? The answer is both are two counterparts of the same existence. Similarly light is no doubt matter, having a mass of its own and at the same time light is a force having its own wave length and vibration enough to be observed by the eye. Ancient wisdom says that light is transformed into many forms of light, the one we call sound, the other we call light, the other we call taste, the other we call smell, the other we call touch. So, the same existence manifests into 5 types of light. What we now call light is only optic light what we call sound is only audible sound. And there exists a light in the region of the conjunction of the five, which we can call the mental light, with the help of it we are able to receive impressions from outside through the senses. So to say, the activity of the senses and the activity of the mind is electronic in its nature. Then there is the question, what is soul? What is mind? What is matter? Can we hope that science brings the knowledge with the missing links filled up? We do hope that science can achieve this in the nearest future. Because many times science brought this wisdom to man on this earth, previously. Now also the scientist is going

to bring this complete wisdom to us. But before that he should remove the wall before him. There is only one wall in between, and there will be big hall when the wall is removed. And in the laboratory of that hall, we get these questions answered. And when once answered, the answers will be like this : (1) What is matter? The definition is, "The equilibrium of a stream of units of force". This is like the river you see. If you stand by the side of a river and say, "This is the river" Where is the river when the water is flowing away? To which part of the water are you showing and naming it river? You are including the dynamic state of water also along with other things by naming it the river, because by the time you show the river with your hand and say 'river', the water which you have shown has already flown into the ocean. Yet you are not wrong in saying, "This is the river", because the river exists in the dynamic state, not in a static state. Just you are right in saying that this is the earth, and this is a piece of chalk. When the atoms in the piece of chalk are escaping and entering into the piece of chalk and dancing with a tremendous speed, when no particle of the chalk is at rest or stable, you are holding the piece of chalk in your hand and utilising it for your own required purposes. So, there are two different facts. One is, in itself there is no piece of chalk. There are only millions and millions of atoms and electrons very busy and going round very speedily, that is half of the truth. The other half is, you have the piece of chalk in your hand, you are using it for your purposes and you are writing on the board whatever you want to write. The two parts put together form the one unit truth. This is how we are going to understand matter.

Matter is the equilibrium of a stream of units of force, just as what we call river is nothing but the flowing state of millions and millions of drops of water. Yet we are swimming in the water and we are taking bath, we are drinking water. We cannot deny that these are facts. That is how we are going to understand matter in future.

There is one sentence in the scriptures about the definition of matter. It is as follows : ***‘Matter is how it appears, and not what it is’***. So when translated, it is like this. Matter is how it appears and not what it is there. For example, this appears like a chalk to you that is the definition of matter. But what there is, is not chalk piece but a bundle of atoms and the counterparts. This is and this should be the definition of matter. What is it made up of? What are the counterparts of the atom made up of? They are made up of packets or houses where millions and millions of beings exist and do their work. Just as we have our own houses, these beings, intelligences have their own houses built and constructed every day and those houses are what we call the electrons and the protons. They have their own centre of their town, village or city, which we call the nucleus of the atom. They have their own education, their own profession, their own duties and everything there. This is how we are going to understand the atom in the 21st century.

And these beings, who are working there, are called Devas in the ancient scriptures. Mainly they are of two types- the Solar Devas and the Lunar Devas. The Solar Devas are units of electric charge, and the Lunar Devas are lines of force that produce magnetism. Solar does not

mean those coming from our sun globe, but it means those who are composing and making our sun-globe. So, they pre-exist the sun-globe of any solar system. They work out the fabric of the sun globe, therefore they are called Solar Devas. And the 'Lunar Devas' does not mean those who live in the moon, but those who produce an activity called lunar activity. In sanskrit the Solar Devas are called simply Devas and the Lunar Devas called Pitrus. Here again there are many sub-groups. For example, there is one group called 'Agnishvattas' that is those who have extinguished their fires, that is the meaning. They have no kitchen. They have taken away the fire from their kitchens. Just we will see what they mean. The others are called 'Barhishads' those who have spread flames and who are sitting upon flames and enjoying themselves.

You can know something of these Devas in the 'Secret Doctrine' of Blavatsky and also 'The Treatise on Cosmic Fire' by the Tibetan Master. I hope most of you are really conversant with all these things, because as I understand you have been studying the books of the Tibetan for a very long time, speaking about Devas at least 10 times in a day very easily at your bed time calling the higher mental and the buddhic planes, daily travelling directly to para-nirvanic plane and then back to Geneva, and using all the terms used by the Tibetan very cheaply on the street. So, I strongly believe that you are all very much well versed and conversant with all these Devas. You may be knowing personally also some of these Devas.

Those, who have extinguished their fires, are those whom we call the inorganic or the non-metabolic substance

makers. And those, who sit on the flames wonderfully, are those who are dwelling in the organic substance or the metabolic bodies. For example there is phosphorus in the bottle in the chemistry laboratory. There is phosphorus in my teeth and bones also. What is the difference between phosphorus in the chemistry laboratory and the phosphorus in my nails and teeth? There is iron in the tools around us but there is iron also in the haemoglobin of our blood. What is the difference? The iron in your blood can be called Mr.Iron because he responds, he flows and he makes you live. Every moment he conducts the respiration and takes in the oxygen, you take into the lungs. So, the units of intelligences that are existing in the iron in your blood are the houses where the fellows on the flames live. And if you take the molecules and the atoms of the iron that are there in the tools, we call them non-living out of sheer ignorance. Unfortunately even we, the Biology professors sometimes say living and non-living. They are inorganic but not non-living. The fellows, that are living in the units of the inorganic iron substance, are those who have extinguished their fires and are sitting idle. So, we have two states in the atoms of the same substance, the inorganic state and the organic state. The degree of awakening is different in both. Organic iron has atoms. When we take iron through our food into our body or some tonic which contains iron, then these Devas are awakened from that state to this state. It is your biological kingdom that makes them awake. Then they begin to work as the friends sitting on flames.

Then what is mind finally? It is defined as this : There is a brick or there is a body like this. If you place two bricks together, it is one unit of two bricks whether well arranged or de-arranged. If it is well arranged, it is a well arranged unit. Like that if you arrange bricks in thousands and ten thousands you cannot call it ten thousand bricks, but you call it one house. What is the difference? In the second case it is the combination by which you call it by singular number, in the first case it is a single whole and the unit. What is the difference between a heap of bricks and a house? The difference is what we understand as mind in us. We take a little coffee in a tumbler and then some sugar and then some milk. We don't have the three in the cup, but we have the one which is a combination of the three. A fellow like Krishnamacharya prefers to drink after it is mixed. That does not mean if you give just black coffee, he drinks, and then give some sugar, he eats and then give some milk he drinks. It is awful. If you mix up, it is palatable to him. Then what is it that is the substance? Is it new or the old? It is a new combination with old units.

What we call mind is nothing but such a combination. When certain units are arranged in a particular manner, there is a circuit completed and there is a current flowing through the units, which we do not find previously. You will find it when you assemble an electro-magnetic unit. No part of the unit contains electricity in its dynamic part, but when linked up you will feel the existence of electricity. Similarly when matter is arranged in a particular fashion,

there is something flowing through it because of the arrangement. And that was something which was not flowing previously before they had been arranged. That is what we call mind. It is like a surface tension or it is like the shape of a tent after you have erected a tent. Previously the cloth did not have the shape of a tent, or no part of the tool has the shape of the tent but the result of your arrangement is called tent. When once fixed up, you can use according to your own programme. So, when the mind is once made manifest by the Devas, you are there. Previously you were not there. The units were there, the Devas were there cooking in the kitchen. Where were you? You were sleeping. After the cooking was finished, they came to you and said, "Everything is ready, get up." So the resultant electronic phenomena is what we call mind.

Then what is Buddhi? If you arrange the units of matter in you properly, that is the bricks in your house if you arrange in a beautiful way, the house is bound to be beautiful and more useful. Then the resultant, which we call mind, is made manifest. And then you begin to arrange the things in the house. This is my living room, this is the room for guests, this is sleeping room, here is the kitchen and there is a toilet. So there is an arrangement made. But was it of a permanent value, that this was a living room? No, after you began to exist, you made a living room, then you made a tumbler out of glass. You have programmed to use it for water and some drinking purposes. Previously the purpose was not there, but here the purpose is manifest by your mind. When you have produced the purpose of something, you will be able to form a procedure which

is correct. The dimension of mind which formed the procedure is afterwards called Buddhi. But you cannot construct buddhi with mind, because all the while you are travelling like the shadow of a bird, a bird which is approaching the surface of a lake. The shadow is approaching the surface from the bottom. See how wonderfully the bird sees something coming up from the water, its own image. Sometimes the bird is mistaken to know that there is a fish coming up. And suddenly it tries to catch the fish, and understands that it has tried to catch its own image.

Similarly, you are approaching the truth of your existence not because of your intelligence but because of the virtue of law of evolution, that is benevolently working through you in your mind. It makes you understand what is good and what is bad, what is painful and what is pleasurable, and finally what is desirable and what is not desirable. Then you will be able to reach the surface of what you call the buddhic plane. Immediately there is a reverse of the wheel, an inversion of the whole phenomenon. You will find yourself above water all these days, not ascending but descending. So, when you discover that you are descending into matter and mind like this, then your existence is called the soul or soul-consciousness. Previously when you believed that you were evolving from downwards above, making your own attempts to make yourself better, you were dwelling in the mental and the intellectual planes. Suddenly you will discover one day, that this is all a game accepted previously by the total yourself to play as the unit yourself or the individual. It

is a play of the water of the river that has entered into a vessel that is immersed in the river. When the river discovers itself only in the vessel, it is called the existence of individuality and personality. And in those stages your degree of illumination is called the mind and the buddhi. When your illumination is all existing, that is omnipresent, still you are existing in your body as the river exists in the vessel, and then you call it the soul consciousness. Until then these capsules help you.

The houses, where millions and millions of intelligences are living, are those units which we are calling the electrons. This in short is how we are going to view the whole thing in the next century. This is how the Masters of wisdom taught us in the 19th and 20th centuries and this is how the ancient seers of the scriptures understood the thing and explained to us in the scriptures. Thank you all!

Question : You said one is Pulsation, what are the other two?

Ans : One is Pulsation, the other is Radiation and the third is Locomotion or Displacement. When matter is produced it is called locomotion or displacement. When there is only force and consciousness working, the phenomenon is called radiation, which we called ‘the light before it becomes fire.’ And pulsation is the fundamental law which existed before these two laws came into existence. After these three laws are formed, there is the formation of the sub-ordinate law, ‘the Law of Vibration’, that is, from the state of the ‘I am’ or the highest illumination, electrons descend into the matter state just as water becomes ice block and higher rate of vibration of electrons begins to dwell or exist in the matter

units and the result is, we live in the bodies of matter. And the matter units become densest without any degree of self-illumination at all. They go to a state of subjectivity or sleep which we call the atoms of the most inert substances on the earth. And again they begin to evolve and get awakened gradually, following the law of evolution they travel through the stages of the mineral kingdom, plant kingdom and the animal kingdom and come to the human kingdom which exists somewhere here. And then they go again into the Deva kingdom when they reach once again the highest degree of illumination. This is called the Law of Vibration.

According to this law, we take bodies and grow with age, assimilate matter in the form of food and drink, grow into our full size. Then there is a turning point at some age, which differs from person to person not according to his individual taste or health, but according to the purpose fixed up by nature for that particular birth of that particular individual. When the purpose is served, it takes the turning point, or when it is discovered by nature that the purpose cannot be served in this body and this particular birth is a failure, then immediately the turning point takes place even premature. Then even though we eat the same food, we are not benefited as we were in childhood. Even though we take the medicines as we were taking in our childhood, we do not regain our health at all. It is a period of gradual decadence. From time to time we do some medical service to the body for our own satisfaction, but the degree of efficiency of the vehicle goes down and it can never be picked up. When the birth is a success, the descending arc

or the efficiency lives for a very long time until the old age. But if the purpose is a failure, the fellow has to live with broken down health since his middle age or even earlier. So, a higher law governs; it is the law of vibration. Again when we reach this point, the arc, we are forced to leave the body and just live with the space in which we are. That is what we call death. So, these laws exist everywhere and they apply to us every moment. Of course there are many laws in space, these are only some examples.

There is an inevitable gap in the evolution of the present humanity. Until that gap is filled and until we reach the maturity required, the block is there before us. We are immature as long as we like competition, war, strikes, politics and sectarianism, as long as we remember how we are different from others. Nature never imparts us secrets until we are matured. So, it is the law of evolution that prevents us and keeps the block before us, though there are people who are much ahead in evolution like Albert Einstein, etc. That is the inevitable cause of the block of humanity. Nature protects humanity by placing a block before the eyes of humanity when it is not matured. That is why we have the block though Albert Einstein has given us the clues long before.

Thank You.

* * *

Time Divisions

I will explain more about the days and nights, until we can have a rough understanding of the day and the night of one whole creation, that is, one creation of one solar system which is called one day and one night of the Creator. And in Sanskrit, in the scripture, the creator is called Brahma. So this is explained as the day and the night of Brahma. And before we enter into the details of the subject, I wish to explain about the four faces of the Creator. The scriptures describe that the Creator is having four faces on the neck and he is a little child sitting on a lotus and the lotus has a stalk which comes from a centre. This centre is described as the navel, navel of the Lord of Pervasion whose body is the space unbound. And this Lord of Pervasion is called Vishnu in the scriptures. And the word Vishnu means one who pervades and one who exists in every thing, that is, the content of the whole space. Since to our eye the space unbound appears blue, Vishnu is described as having a blue coloured body. And he is of two different states of existence. One is vertical and the other is horizontal. Vertical is represented as standing and horizontal is represented as lying. Both represent the two phases of background, that is, the active and the passive phases respectively.

It is stated in the 'Secret Doctrine' that space exists as little globes of space. Each globe is active for some period and passive for some period. The active and passive phases alternate. Once again the Law of Alternation holds good. The two alternations represent the inhalation and the exhalation of the creation of the supra-cosmic level. This is what is called the cosmic breath in Secret Doctrine. Now let us know about the four faces of the Creator. It is to explain a subtle fact how the creation comes out. It is to explain that the creation comes into existence in four stages. Already we have seen the Doctrine of Globes the other day. The globe would start on the 'A' stage and come to physical existence on the 'D' stage. That means, in the fourth stage, it comes into physical and objective existence. That is the full grown stage a creation reaches because it once again recedes and it has no further steps of creation. So, it can be considered as the full grown stage of creation. So, we find that the creation comes down in four stages and in the fourth stage, it takes the objective state of existence. And these four stages are described as the four faces of the Creator. These four stages are called the stages of utterance of the Creator. Unless we know how the Creator creates, we may have an idea that He does the creation just as we do with the machine and articles in our world. We deal with everything only in the fourth stage in this world. And whenever we are expected to do something, some work, we deal with it only on an objective plane. The thing which we deal is different from ourselves. So, we understand the creation also in the same way unless we are properly informed.

The four stages of creation are not objective. Only the fourth is totally objective. I explained to you previously once or twice. But I will once again explain. It takes the process of the utterance of a word. Suppose I say 'this is a colour container'. What I used is a sentence. The sentence 'This is a colour container' can be called vocal sentence. And I uttered it in English. You may utter it in French. Therefore it can be called language sentence. So it is vocal language sentence. And before I utter this sentence, 'This is a colour container', I should utter this sentence in my mind first. Unless I utter in my mind, I can not utter vocally. So, before this vocal language sentence is uttered, there should be another sentence, its original which can be called mental language sentence. It is uttered in English but it is uttered in mind. Then only I can utter it vocally. So, whatever sentence we utter vocally in our language, has its original sentence uttered mentally. And before I utter in my mind 'this is a colour container', I should utter in my own language, it may be English, French or German. But before it is uttered in a language, it should be uttered in the form of thought. First the idea comes to the mind that 'this is a colour container' and then it is translated in my mind into English because I know English. If you know German it will be translated into German. If you know only French, it will be translated into French. So, the same thought sentence will be received by every one, but it descends into his own language sentence and then he utters. So, before we utter the language sentence, before it descends into our mental language sentence, it should be existing in the thought state without

any language because it has not yet descended into a language.

So, we have three stages of every sentence we utter. Without these three stages we can not utter any sentence. And before the third stage, there is another stage. Before we utter a thought, we should get the thought as a suggestion to our mind. That is, the proposal should come to our mind that we should think. That is the fourth stage. It can be called the proposal to utter the sentence. It exists as the utterer himself and it is in no way different from the utterer. So, this fourth stage is called the utterer himself as the sentence. Just as the wave in the ocean is not different from the ocean, the utterer of the sentence is in no way different from the utterance. But at the same time, just as the wave is different in its form from the ocean, the utterance is different from the utterer even in the beginning. So, two different stages coexist in the fourth stage. That is the utterer himself is the utterance. At the same time the utterer is different from the utterance. And when the suggestion comes to our mind that we have to utter the idea, the suggestion exists as one with ourselves. Before it comes as suggestion, it was with us. And it was ourselves. And when it came out as suggestion in the mind, it came out different from ourselves. So first, at this stage the suggestion comes to us and then it comes out into the next stage, then comes out into the next stage and finally it comes out as the vocal language sentence. This is how every word or every sentence is being uttered by everyone of us. Without these four stages, we can never utter either a word or a sentence. And the whole creation is uttered in the same way by the Creator.

First the Creation was with the Creator in His subjective existence. It was not different from Himself, just as our knowledge exists with us when we are sleeping. All the languages we know exist with us when we are sleeping. They do not exist separately. They exist only as ourselves. Only when we wake up, our knowledge becomes different from ourselves. So, just as our knowledge is existing with us in our sleep, the whole creation first exists with the Creator without any difference at all from the Creator. It is all subjectivity and has no objectivity. The Creator gets the awakening and then the creation comes to His mind as concept or thought. And then it comes to Him as shape, number, colour, name etc. And then, in the next stage, it is uttered totally into objectivity and the difference between Himself and outside begins to occur. That is, the Creator utters the creation out from Himself, as a result of which we begin to feel the difference between our inside and our outside. Everyone of us has the idea of our inside and our outside. In fact there is nothing like inside or outside, but there is only the idea. These are the four stages that occur. And to understand clearly we started from this side, that is from the objective to the subjective. But when they take place, they take in the reverse order, that is from the subjective to the objective. Only to understand we proceed in the reverse order.

It is about this that the Bible speaks in mystic language. It gives us a *mantram*. That is, first there was the word, the word was with the God, the word was God. All these sentences are translated from the same source into all the scriptures of the world. So, these four stages are called

the four faces to the Creator. So, Brahma, the Creator is said to have four faces. And then He begins to create. That is why the fourth stage is the full grown stage for every globe in the creation. Beyond the fourth stage or the material existence, there is no further externalization possible. Again it begins to withdraw. This is one aspect of the Creator and the creation. And then about the day and night of creation. First of all let us observe our own day and night to understand things better, because we know it better than the other bigger days. When we stand on this earth and begin to observe the four corners of the earth, we have our own east where the Sun rises. And we have our own meridian, the point where Sun comes above our head at noon. For some astronomical reasons it is called south. And then there is the west where the Sun sets. And there is the bottom under our feet where the Sun exists at zero time in the night. And for certain astronomical reasons it is called the north. And in astrology it is called nadir or the bottom. These are called the four cardinal points of the day. And in the astrological language, the east is called the first house, the north is called the fourth house, the west is called the seventh house, the meridian is called the tenth house. Of course it is divided into twelve houses. But since we are not learning astrology today in this class, the other houses and their divisions are not necessary here. We are concerned only with the four cardinal points. Therefore the whole day is divided into four equal divisions and each has a duration of six hours. The whole day is twenty four hours. That means each is divided into six equal parts. Why? What is the reason? Why is the day

divided into 24 equal parts? Why not twenty? Why not according to the metric system? That is one day is equal to ten hours. One hour is equal to ten minutes like that. Is there any good reason for having twenty four divisions as hours? Or is it only arbitrary or accidental? Or is it that some fool might have done it into twenty four divisions and we followed it? Can anyone tell me why it is divided into twenty four?

Of course it may be arbitrary, but it would not have existed for so many millions at least thousands of years. There should be a sufficient reason. Suppose I say 'Today is Full Moon' do you accept? No, because yesterday it was Full Moon. Until today also there is partly Full Moon. Now for the time being it is not there. Unless there is sufficient reason, how can you assert that yesterday was Full Moon. If it is arbitrary, after three days, suppose I say it is Full Moon according to me, you have no point to argue. But there is the Moon according to whom we are deciding. Similarly there must be some such reason which makes us understand the day as the twenty four hours. In the ancient days when the humanity was existing on this earth as infant humanity, the Devas imparted wisdom to humanity just as they are now imparting to us as the Laws of Nature around us. But since the humanity was in its infant stage, and since the humanity was less intelligent, it had a clearer mind than we have now. The Devas could reflect the truth upon their mind more clearly than they can do it now. Of course, even now they are doing with the same degree of clarity. The only thing is we don't have much time to listen to them. But the infant humanity had much time to listen

to the Devas of nature. When they began to observe the Sunrise and again the second Sunrise, they could understand the nature of the day more easily than we understand now, because to many of us it is only a routine matter. Whereas, in fact there have been many secrets of creation underlying every sunrise. Similarly they observed the Moonrise and again the next Moonrise. They found some difference between two Moon rises in time and in the duration and also in the size of the Moon and shape of the Moon everyday. They had very easily the understanding of the difference between the Sunrise and the Moonrise. The New Moons and Full Moons attracted them more clearly than they attract us now. And also they could understand that a bigger cycle is existing which we call year, because the cycles of seasons are recurring again and again. And when they suspected the cycle of the year, they observed that 12 New Moons and 12 Full Moons occur in every cycle of the year. So they understood the whole year with twenty four divisions as the nodal points of the year.

They had a clear idea of the Science of Analogy which the Masters of wisdom called the Science of Correspondences. So according to that, they understood the day as a model of the year; since the year has twenty four divisions they could easily suspect that the day also has twenty four equal divisions. And since then they began to understand the day as twenty four hours. And as we move into secrets of astrology, we will clearly understand how these hours affect us differently. For example, if there is any one who knows astrology among you, you can easily know that the affect of Mars hora or hour on you, is different

from that of Jupiter. So every hour differs in its influence upon us from any other hour. So, there is a clock rotating around us every day as the result of earth's rotation on its own axis. For this reason there are twenty four hours in the day. Same is the case with 360 degrees at a point. Why should it be 360? Why can not it be 100 and 1000? For everything there is a reason in nature which can be very easily understood, interpreted and used very easily. So, the whole day is divided into twenty four hours. Each hour is divided into sixty minutes. Each minute is divided into sixty seconds etc. All these divisions have a great significance in nature but they are not arbitrary. Otherwise some fellows would have divided each hour by seventy. Some other fellows of another nation might have divided by eighty and declared, 'According to our government and our public, the hour contains eighty minutes'. But it can not be so, because the causes exist in nature as phenomena and man tries to follow the phenomena of nature. All came to the same understanding about these figures.

There is another division of the day into thirty equal parts. The whole day is made into thirty equal divisions. And if you go into the ancient astrological tradition of the scriptures, each division is called an occasion. It is used in a scientific way for a certain purpose. In Sanskrit it is called *muhurtha*. When we go into a study of astrology, if we have any opportunity to have one month classes for ancient astrology or the scriptures, which is much different from the market astrology of the twentieth century, we will know the sacred purpose of these divisions. And again each occasion is divided into two, so the whole day has sixty

half-occasions. They are called in Sanskrit *Ghatīs*. Of course each is divided into sixty once again. Each is called *Vighati*. ‘Vi’ means division. ‘*Vighati*’ means division of *Ghati*. And each is divided into sixty. But since they are very minute, we are not going into them. For the present let us remember that the day is divided into sixty equal parts. And we use these calculations in our traditional calendars of India. Even today we depend upon these calculations. So, one day is sixty *Ghatīs* and seven days is one week. Two weeks is called half day of the *pitrus* or we can call it the day time of *pitrus*. Another two weeks is the night of the *pitrus*, that is, when the Moon is increasing it is called the day of the *pitrus*, when the moon is decreasing it is called the night of the *pitrus*. The total is called one month to the human beings, and one night and day to the *pitrus*. And twelve months make one mortal year which is one day to the *Devas*.

So, we have twelve as a number to multiply. And we proceed into a little bigger cycles. Since Jupiter goes a round in the geo-centric solar system once in every twelve years, twelve is taken as one of the standard numbers of calculation. So, Jupiter’s round is twelve years. And the annual round of the Sun is twelve months. Similarly Saturn’s round is 30 years, that is, it takes 30 years for Saturn to go round the whole zodiac, once when taken in a geo-centric calculation. So, this is called the day of Yama, the God of death and adds another thirty years, you have the night of Yama, the total is the cycle of sixty years. It has the LCM of twelve and thirty. So, you have the number twelve, number thirty and number sixty as the standard calculation

numbers which are found in nature's phenomena. Is there anything confusing? But these years are not solar years. These are called lunar years. Next year when I come here, I will give you the difference between the calculation of solar years and lunar years, because it is more confusing now. For the present you can take it for granted that these are lunar years. According to the lunar years, there is a great advantage, that is, whether the Saturn goes in retrogression or in any other movement in the middle, whatever may be the acceleration of his speed, the total cycle tallies exactly with thirty lunar years. That is, it is very easy to round up the year, whereas it is very difficult in the solar calculation.

So these cycles are calculated only in the lunar method, because the scriptures give us one rule that the function of fertilization and fecundity and birth, all the biological phenomena, including the menstrual cycle take only according to the astro-biological calculations. That is, you have to calculate only according to the solely lunar measurements. And the yugas and the ages and the spans of the living beings should be calculated only according to the lunar year computations and not solar. That is how the scriptures teach us. For example, if you are asked to calculate the span of a person in a horoscope, it will never tally if we take the calculations of the Gregorian calendar, because it is solar year we have in Gregorian calendar. We should convert it into lunar calendar and then calculate. Next year I will give you more details about this calculation. For the present let us take twelve years is Jupiterian cycle, thirty years is the Saturnian cycle. According to the cycle

of twelve years, the minor cycle of twelve months in the year is formed in nature. According to the cycle of thirty years, the minor cycle of thirty days of the lunar month is formed. According to the cycle of thirty and twelve, we have the LCM number called sixty. And the day is divided into sixty equal parts which we have seen previously. Through the law of correspondences, there is what is called the sixty years cycle. We, the traditional Indians, use this sixty years cycle. So for the present let us take it for granted that the numbers 12, 30 and 60 are key numbers for calculations.

The cycle of sixty years is called *Sagara* in the scriptures. We have stories having the keys of calculations in all the puranas, and when this is multiplied by thousand the divisions are called the thousand sons of *Sagara*. And there is another number of years that take for the precision of equinoxes to go one degree, and this is called the season of a group of Devas called “Gandharvas”, or the Devas of music, because these Devas preside over the heart beat and the respiration. It is the power of music that maintains the heartbeat and the respiration of living beings. Therefore these Devas are called the Devas of music. And also the musical sense of any fellow is governed by these fellows. The unit of seventy two years is taken as one season. And it is said that there are six seasons in the lunar year. What are the six seasons, you can know next year so that it may not be confusion. But still if you want it, I will tell you now itself. But better have it next year. Now we have to find out the year of these fellows, 432 human years is one year of these musicians. And if you multiply it by 100 it

is called the span of Gandharvas, because each fellow lives for hundred years of his own scale. 43,200 human years is the span of the fellows and if you multiply this by ten, it is called the span of those who are known as *Siddhas* whom Madam Blavatsky called the ‘Dhyani Chohans’ of the creation. So, the number is 4,32,000. This is called unit time of the bigger cycles. And in Sanskrit, the word used for unit is Kali. Kali means unit. This is different from the name of the Goddess *Kāli*. This is the name of *yuga*. So, this is taken as the base unit. It is called *Kaliyuga* or it is called the iron age and if you double this number, that is, you have to multiply it by two, you have a double unit which is called *Dwapara yuga*. The word *Dwapara* means doubling. You have the next cycle. It is called *Tretayuga*. You have to triple the first that is base unit. *Treta* means multiplied by three. You have the next cycle, if you multiply the base unit by four, it is called *Kruthayuga*. In sanskrit mathematics, *krutha* means four times or multiplied by four. Chronologically speaking, they occur in the reverse order. For example, if you take *Kruthayuga* it occurs first. After *Kruthayuga* is completed, then a period of *Threthayuga* occurs. Then a period of *Dwaparayuga* occurs. And then a period of *Kaliyuga* occurs.

Each yuga has its own behaviour, they are so named differently. For example, the *Kruthayuga* is called the Golden Age because four aspects are there among the instincts of the human beings. Those are 1) Truthfulness, 2) Compassion and 3) Tapas (in Sanskrit, tapas means purity of thought, word and deed) and 4) Spirit of devotion or offering to God. These four will be among the natural

instincts of the human beings during that age. They need not be achieved as virtues. Therefore it is called the Golden Age. In the scriptures it is described as a bull having these four instincts as legs. And in the next *yuga*, truthfulness will be lost therefore, humanity has to achieve it with some effort. Only three things are there. It is called the Silver Age. And it is also described in the scriptures as the bull whose one leg has become lame. And in the next *yuga* compassion will be lost as an instinct, and it should be achieved by the human beings through spiritual practices and it is called Copper Age. And it is described as the bull whose two legs have become lame. And in the next *yuga*, when we come to Kali Age, the next thing *tapas*, austerity, that is, the good use of thought, word and deed is lost. And if at all there remains anything with us, that is only devotion and if we want to achieve anything in this Kali Age, we can achieve only through devotion. And it is described as the Iron Age. It is also described in the scriptures as the bull whose three legs have become lame and also described as the age of reasoning and logic. And according to the calculations of the scriptures, now we are running the Kali Age. Present humanity is running through Kali Age. And everyday in the morning after taking our bath we offer our prayers to Sun God and we read the computations of the bigger cycles. And at present we calculate it as the first one fourth of Kali Age. So we are living in the first one-fourth of the present Kali Age, because it was about five thousand years ago the Kali Age started. It was approximately the age when “The Bhagavat Geeta” was taught to Arjuna, because astronomical

calculations show that there was a big conjunction of eight planets in Aries zero degrees at the time of the beginning of the present Kali Age. Blavatsky has given all these calculations in the Secret Doctrine and has also given the date of the present Kali Age which corresponds with the date of the end of the incarnation of Lord Sri Krishna. I have given these dates in the introduction of one of my books called the 'Man Sacrifice' which deals with the end of the incarnation of Lord Krishna. So, we are in the first one-fourth of the present Kali Age.

Yes, it is a universal science which is there in every scripture. You will find all these calculations in every scripture. You will find all these calculations in the Greek mythological books, the Chaldean mythological books which are owned by the Christian church in the name of Old Testament and in the Egyptian books. In the scriptures of every nation you will find these calculations. But the method of calculation and application is still living only in India and in some parts of Tibet. Some Japanese families and some Chinese families know it. Even in India only a few traditional families know it for the present. Unless we popularize it, the keys will be lost. That's why they started popularizing it through Madam Blavatsky in the ending of the previous century. So, for the present this is the understanding of the bigger cycles. So, *Kruthayuga* has the four units. The previous *Tretayuga* has three units. The previous *Dwapara yuga* has two units. And the *Kaliyuga* has one unit. And this figure is given as a formula to these computations. That is one dot, two dots, three dots, and four dots. You will find this in the lessons given by

Blavatsky to her students, in Adayar in her old age in Madras. And now they are published as the last volume of Secret Doctrine. And the same thing is taught by Pythagoras to his disciples in the name of the decad, that is, the ten pointed figure. Previously it was being taught by the ancient Buddhists of the Tibetan school in the form of Lord who sees through time and who is called "*Avalokiteswara*". And prior to Buddhism, it was taught in the name of a sacred *avatar* called Lord "*Dattatreya*" who is the presiding Deva of the yogic consciousness. He is described as the *avatar* who has three heads on one neck for the representation of triangle. He is described as the son of the great sage called "*Athri*". The secret is, "*Athri*" means not three because this triangle is only one in time and one in space. And for some yogic reasons the sage who discovered these things called himself "*Athri*". His wife, the mother of "*Dattatreya*" was given a title "*Anasuya*". That means a woman having no malice and no jealousy.

The secret is, one can understand these things only when one's mind is not touched by jealousy or malice. Otherwise these calculations remain only mysterious and they can not be understood. So, this is a very sacred figure and even though we do not know anything about its significance, it is enough if we meditate upon this figure for two or three minutes everyday, the secret keys of any scripture will be revealed to the fellow automatically. Pythagoras also gave it in the form of numbers like this $1+2+3+4=10$. All lead to the same meditation and the realization of the same results through meditation, and not

through understanding. We get nothing by understanding these things except confusion. So, we get everything through meditation. And the total of all these four Yugas is 43,20,000, because it is ten times the base unit; it gives us the same figures but one zero more because ten times the Kali yuga is the total. This is called the bigger Yuga. And in the scriptures it is called Mahayuga. Maha means grand. If you multiply by seventy two, you get the total of 31,10,40,000. I think we should have calculators. Even though we calculate we get the same figures. These are the figures. And this is called one minor bigger cycle. Yes, this requires at least two cups of Coffee. And when we multiply by three numbers, it is a medium bigger cycle. And again if we add three more zeros, that is, you will have a total of ten zeros, it is called a major bigger cycle. And this is called a Solar Kalpa. That is, a sun globe with all its planets lives for so many earth lunar years. Then it begins to withdraw into its next finer globe. So, this is called the span of one solar system on the physical plane. And again it turns back and comes into existence. And again it disappears. This is one scale of Pralaya. When this solar system disappears, this is called Solar Pralaya.

So it travels back into the three other globes from the physical globe to the final stage of globe. If you remember I think A B C D E F G, after disappearance it goes to G stage of the globe. And then it begins to descend again. It comes to the physical plane, it goes to the other side and disappears. Every time it comes to the D stage, it has its own physical span of so many years. Yes, one Solar system. And then it disappears. Like this it makes seven oscillations.

And then it disappears for ever. This is one aspect. The period is the same for all the solar systems of a particular magnitude but they do not disappear at the same time, just as one human fellow is born today, another tomorrow, another day after tomorrow, just as we exist on the earth in all different stages, just as there are millions of people on this earth living as contemporaries in different areas, similarly there are millions of solar systems in this space globe that are existing in different ages. So, each solar system disappears according to its own age, whereas a new solar system comes into existence. And permanently there are the same number of solar systems existing on the physical plane, just as human race always exists on this earth. There are solar systems of higher magnitude, medium magnitude, and lower magnitude. This is the span of solar systems of one particular magnitude, whereas there are seven magnitudes of solar systems. You will know something about this in the book *Esoteric Astrology* by Alis A Bailey. How does the evolution of the solar systems take place? How do five solar systems of the same magnitude become one group? How do seven solar systems of another magnitude become another group? And the seven belong to a greater evolution and are called the Sacred Suns. And the five are called the Non-Sacred Suns, because they are of later evolution than the seven. These five will join with those seven to become one group of twelve solar systems. And that group of solar systems rotates around a bigger centre. In the mean while these five solar systems get their evolution through those seven solar systems, just as disciples get their initiation from the spiritual teachers. And

in the next round, the solar system goes into a bigger magnitude. And when we go to the bigger magnitude, they are called the bigger calculations, for example, the day and the span of the Creator. So, this is only the average solar system, that is, our solar system. This is one aspect. From the stage of Mahayuga, there is another calculation that is required for the solar systems of the bigger magnitude.

We calculated it previously. This is called one Manu's period, called Manvanthara. And if you add same thing to it, you will get the night of Manu. So this is the day of the Manu and this is the night of the Manu. The total is called the Manvantara and the Pralaya or the day and the night put together. And this is called one Kalpa or unit creation. Fourteen Manus occur one after another. So, if you multiply it with fourteen, it is called the total of the Mahakalpa. So, it is a bigger day. It is called the day of the Creator or Brahma and if you add so much to it, you will get the night of the Creator. The total is day and night of the Creator. This is the span of the solar system of a bigger magnitude. When you multiply this by thirty, it is called the month of the Creator. That is the span of the solar system of a third magnitude. And if you multiply it with twelve, it is called the year of the Creator. And it is the span of the solar system of the fourth magnitude. And finally if you multiply it with hundred, it is called the span of the Creator or the hundred years of Brahma. This board containing the spans of different solar systems is symbolic of our mind and this is the span of a solar system of the highest magnitude beyond which generally no solar system can exist. This is a rough understanding of the calculations

of the bigger cycles. This total is called the ‘Span of Brahma’. It includes the following numbers. You will find all these calculations in everyone of the eighteen Puranas along with the logic and reasoning of calculations. They are also found in ‘The Mahabharatha’ and also in another Purana called ‘Vishnu Purana’. In the same way there are minor cycles. For example, every planet has got its own cycles different from the cycles of the solar systems. And for our earth also there are earth cycles which are called the Earth Manvantaras. They are also fourteen in number. I am not going to give you any calculations. Don’t be afraid. I give you only the scheme of these Manvantaras finally and those who are interested may take down the names of these Manvantaras.

The first is called the “*Swayambhuva Manu*”. The word “*Swayambhuva*” means self-born. The second is called “*Swarochisha Manu*”. Make these two Manus as one pair. I will tell you why. And then the third Manu is Uttama Manvantara. The fourth is called Tamasa. Make these two Manus too as one. The fifth is called “*Raivatha*”. The sixth is called “*Chakshusha*”. The seventh is called “*Vaivaswatha*”. We are now in the Vaivaswatha Manvanthara. The present humanity of this earth planet belongs to the Vaivaswatha Manu. You will know about this Manu in the Secret Doctrine. The eighth Manu is called “*Savarni*”. Then the ninth one is called “*Daksha*”. The tenth is called “*Brahma*”. Of course not the original creator, there are many fellows who named themselves after Brahma. For example, there is one village called Kackseed here. There is one gentleman who is called Brahma. Tomorrow we are going

to see him. So, we are going to the creator. And the next, eleventh one is called "*Dharma*". The next is called "*Rudra*". There are two more for whom we will provide chairs here (at some congested corner of the black board). The thirteenth is called "*Rouchya*" and the fourteenth "*Bhouthya*". These are the fourteen Manus who rule over fourteen different Manvantaras on this earth globe. And we are in the seventh Manvantara. And till now 27 Mahayugas are over in this Manvantara. And we are on the twenty eighth Mahayuga. The golden age finished, the silver age finished, copper age finished and five thousand years ago we entered into the Iron Age.

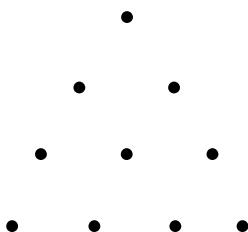
We are in the first one fourth of the Iron Age, called the age of logic and reasoning, because mankind goes into deterioration and three legs of the bull are broken. For us the bull lives only on one leg (like this). And that is true with the present humanity. We can not say that the theories are false because we, the present humanity, are not behaving better than what they said. They gave their predictions about the present age in all these scriptures. One after another they are coming true. Next year if you are interested I will read out in one or two classes the predictions they have given and explain in English. According to those predictions, I am sure that we, all of us, will be safe by next year, because some people are threatening us that the world has come to an end. If it comes to an end, I will not be in a disadvantage, because I will not be there, if you want to ask me, and you will not be there. But with all possibility and common sense we will be here and I will explain to you some of the

prophecies given in the scriptures. I asked you to bracket each two Manus. Do you know why? If you apply the old formula to our earth globe A B C D. Our earth globe starts its career with A and comes into physical existence only at the stage of D. And again it goes into the other stages, E F G and the first Manvantara starts with the stage of A and gradually it descends to the stage of D and then when it goes to the stage of G, the first Manvantara will be finished. Am I clear? And then the second Manu starts in the reverse process. And the earth comes to the D stage under the reign of the second one and then it goes to the 'A' stage. By that time the second Manu's period will be finished. Again it starts the original swing from A to G with the third Manu. So, third and fourth complete the second round. So, two Manus complete the one round of the earth planet. So the fourteen Manus complete seven rounds of this earth globe. And seven rounds of the previous earth globe were completed, and the previous earth globe came to death. Whereas our present earth globe has come into D stage and the previous earth globe is shrinking in its size and working as the satellite of this earth. That is what we call our Moon. We all came from the Moon to this earth. Therefore our present humanity is called the humanity belonging to the previous Moon chain. So, you have to understand these Manus as pairs. Of course Blavatsky explains all these things in the Secret Doctrine, but you have to study at least hundreds of pages. But since this is Aquarian age when people have no time to read and do good things, we should have Aquarian way of getting them quickly. The only Acquarian method of getting them

is to catch hold of some fellow like Krishnamacharya and take advantage.

Question : How can we understand and meditate the 10 pointed figure ?

Ans : Meditation has nothing to do with understanding. With devotion, daily you try to make that figure on paper with pen.



The Pythagorean Decad

That leads to meditation and you will find wonderful changes that take place in your logic after one year. So, our classes end for this season and there will be final lecture today evening. Of course that is not a class, that is a lecture and in the next season we will continue these lessons on one condition that at least five of you must reproduce what I have taught you now, when I come next. Then I will be able to remember what I have taught you and then continue the lesson.

Thank You.

* * *

Three Qualities *(Inertia, Poise and Dynamism)*

I thank you all, brothers and sisters who have gathered here. Today's topic for the discourse is the '*Three Qualities*'. It is a profound subject. As the heading of the discourse indicates, it has application to every walk of life. There is nothing that is above the influence of the three qualities. The knowledge of that branch of science was common to all nations in the ancient days, but gradually it has gone into oblivion. The purview of the human comprehension changes from age to age and the popularity or otherwise of any subject changes accordingly.

Generally we believe that mankind is growing more and more wise, but the fact is mankind grows wiser in some aspects in some centuries while it forgets certain values which it had in the past. The importance changes according to the nature and the purview of the humanity of the century. Every century has its own collective mind of humanity which differs from the individual mind and intelligence. However intelligent an individual may be, he is bound to be a part of the century intelligence. And it has its own a localised application in the intelligence of the decade. It may be a philosopher or a politician or an educationalist or a man of economics or planning or ecology, whatever

it may be, he represents only the mind of his century and he cannot go beyond. This is true in every century. According to this we have a formula that is going on.

The day of humanity and the night of humanity alternate. For some thousands of years there will be the day of a particular humanity. Gradually the humanity gets awakening into various subjects. It begins to work out many dimensions which were not there previously with humanity and make a better and better application of the dimensions worked out. That particular humanity enjoys its own zenith of understanding. That is, it will have its own centuries of dazzling intelligence and astounding applications of knowledge, and again gradually it begins to decline. And the wide range of understanding becomes narrow and narrow. However sharp the individuals may be, the purview of understanding becomes less and less. And as it reaches the centuries of decline, it will have an increase in intelligence whereas it will have a decrease in what is called 'understanding'. It begins to believe more in greatness than in goodness of behaviour, begins to believe more in achievement than in accomplishment.

Such a change occurs in that wave of humanity which is bound to make great advancements in technology and science. As a result, you find competition as the keynote of that humanity and adjustment neglected. The result is war-mindedness, fighting international wars, and self-destruction of that wave of humanity. During those centuries there will be a series of wars and continental destructions and consequently once again infant humanity begins to rise. But it has to develop dormantly for some

time, when we can call it the night of the new humanity. And then the history repeats. This is how the cycles work.

However rationalistic a human being may be, he can only be behavioristic and nothing more because what we call intelligence or rationalism is part of the behaviour of that century. We cannot come out of the totality of understanding. Our understanding is bound to be a part of the understanding of the humanity of the time. So as the great poet Goethe says, ***“Knowledge is discovered to forget, and forgotten to discover”***. This is the cycle of knowledge. It is only an awakening, not an achievement. Therefore, knowledge once achieved by humanity is lost so easily. We can't assure that knowledge once achieved is preserved by humanity.

And why such a thing happens is, that the human intelligence and understanding are conditioned by two qualities. And the qualities are cyclic in their nature. There is an alternating succession of the application of the qualities. There are two qualities that apply themselves to everything. They apply themselves to humanity also. You can say one is 'dynamism' and the other is 'inertia'. They alternate. In our daily life they alternate and we cannot escape. When inertia begins to work upon us, we have to sleep or atleast we have to be sleepy if we try to resist. When dynamism begins to work, we have to wake up from sleep in the morning. Even though we do not want to get up from bed, there is the awakening. We cannot go on sleeping for nights and days continuously, because the law of alternation is continuously working with it.

Remember, the law of alternation is the law of pulsation of life. If you observe your own respiration as

I told you the other day it should have an inhalation and exhalation. Suppose I am too much glamorous of oxygen I want to inhale only, what happens? I will die. If someone is glamorous of carbon-di-oxide, suppose he wants to exhale only continuously, there is no continuation. So life can continue only as the result of alternation. Just as light can present itself to the eye in the form of vibration, the result of alternation. Suppose there is continuous light without the phenomenon of vibration, what is the result? The result is the appearance of space. It appears to our eye as something blue. That is why we find the sky blue which in fact is not. The same is the case with everything.

The mind is subordinate to the law of alternation. The heart is subordinate to the law of alternation. Once there is the distribution of blood and again there will be gathering of blood into the heart. Without this alternation we would not have had what is called continuity, which we blindly call span. We understand span as something linear or continuous. But it is a structure of the threads of alternation. And beyond this there is what is called 'The Law of Pulsation'.

Since space pulsates, there is the exhalation and the inhalation of the universes. There is a period when the galaxies come out in millions and millions of numbers in various combinations. They begin to live their day; each star taking the career of a solar system, produces its own planets according its own age, just as we produce the moustache and beard according to the age. Then the solar system has its own span of life, just as everyone of us. It grows old and it explodes. Of course, it may take millions of years for each solar system to complete its span of life.

To us it is millions of years, to itself it is only a span. And to the whole group of the galaxies it is only a split second because the total construction of the galaxies is only a time of its own exhalation, and the disappearance of the group of galaxies is only its own inhalation. The two put together are called pulsation. This is what Madam Blavatsky calls ‘The Divine Breath’. In the Secret Doctrine, she describes how the one essence exists through all eternity, how it is active and passive alternately, how the active phase brings out the worlds into objectivity, and how it takes away the worlds into subjectivity once again, when the passive phase occurs. And the scriptures call the active phase ‘the Day of the Creator’ and the passive phase ‘the Night of the Creator.’

So, it is all according to the law of alternation, which law itself is subordinate to another bigger law called ‘The Law of Pulsation’. If you read the passage of Alice A. Bailey on ‘The Law of Pulsation’, I think a half page requires about 7 or 8 years for us to study and understand, because it is not to understand but it is to realise that we have to read those lines. We may be proud of our understanding and intelligence but the author warns, ***“Do not be deceived of the simplicity of the words”***. Same is the case with the scriptures also. Every scripture in the world describes ***‘The Law of Pulsation’*** and ***‘The Law of Alternation’***. And then subordinate to the law of pulsation there is ***‘The Law of Periodicity’***, where cycles begin and operate, for example, the seasons in the year. We can easily understand the seasons in the year. But there are seasons in century and seasons in thousands of years and millions of years.

In the scripture called 'Mahabharata' the author describes, how the bigger cycles yield their influence upon the unit creations to produce their own seasons that are cyclic, how we can understand the trend of the creation, by making a study of the seasons of the solar and the lunar years we have and by making an application to the bigger cycles according to the law of correspondences. These laws are to be applied wherever they are needed, then only we can get the correct information about these bigger cycles. ***Intelligence is not the key to solution always. Behaviour is another key and right application is a third key.*** We should have a proper explanation of these laws of nature, which we can hope that someday the man of science tries to understand and will have a stature to explain to the students, with all the keys to apply.

Now for the present, let us understand how the law of alternation is working with us. In order to understand the law of alternation, the ancients have given us the law of the three qualities. Here we have two qualities. One is dynamism and the other is inertia. They are mutually opposite in their nature. Common sense automatically tells us that dynamism is opposite to inertia, and inertia is opposite to dynamism. Sleep and wakeful state are of opposite natures, so too night and day, light and darkness. But there is another way of understanding these pairs of seeming opposites.

The scriptures train our mind into the way of understanding these things. We should apply the mind that can correlate things. The untrained mind understands them as pairs of opposites. For example, light - darkness, day

and night, wakefulness - sleep. These are understood as opposites to each other. But if we can understand the relationship between the right hand and the left hand, the right eye and the left eye, the right nostril and the left nostril, we can understand these things also in their true light. If we understand the relationship between male and female, we can understand the relationship between these two pairs of opposites also. Each of the pair has two halves of the same item. If we understand a half as an independent entity, our logic is wrong. We are at fault to understand it. The two put together form one seed of two cotyledons. You see many seeds have two cotyledons (two halves). Do you believe that they are two different seeds of opposite nature? The two are required to stimulate the plumule into emanation.

Similarly, each of these pairs is single entity having two parts. So, they are supplementaries. They work as pairs but not as opposites. Each is the result of the law of alternation. Therefore, everything in nature represents the law of alternation. If you work for sometime you want rest. If you take some rest for some time your mind wants to do something. This is how the law works. If you eat for sometime, you feel like not eating, if you are really healthy and after some time if you do not eat, then again you feel like eating. Anything you can observe in your daily routine you find the influence of the law of alternation. You cannot find anything at all that is not under the influence of the law of alternation.

So, we try to understand more closely the qualities that are alternating. *Dynamism is activity and inertia is*

what we call rest. Both are false in their real existence. We think that bodies are at rest, whereas nothing is at rest in this universe. If the duster is placed on the table we think it is at rest. If we throw it we say it is in movement, which is true only in a particular sense. Beyond that, if you go to the scientist of nuclear physics and say this is at rest, he will show you how the internal structure of every atom is always moving. Can you show me any atom that is at rest or part of any atom at rest, or any unit particle in an atom at rest? So, to the mind and senses, it is at rest. To itself it is not at rest. So, these two are only qualities that apply to the mind and matter. Matter is conditioned temporarily and mind is conditioned temporarily by the two qualities.

And there is a third quality also. When these qualities come to rest there is a null to these two seemingly opposing qualities. Then we have the third quality, called poise. By virtue of this third quality the atom is existing and the solar system is existing, the biological cell is existing, what we call the individual is existing and respiring and what we call the individual mind is making its manifestation and continuing as long as the quality of poise permits it. The moment the quality of poise permits it to escape according to the law of alternation and pulsation, because this law of poise is also under the influence of the two bigger laws, it has to alternate, work for some time and then recede. It has to alternate, because it is also working under the influence of the law of alternation, and the law of alternation is working under the law of pulsation.

Try to repeatedly read the concerned sentences in the books of Alice A. Bailey about the fundamental laws of nature. You will begin to understand through tens of years and you will understand after sometime. And then the moment it stops to act, then again the other two begin to function. And there is the disappearance of the matter or the centre of respiration. When the centre of respiration disappears, respiration stops. And we use the unscientific word called 'death'.

We say that Mr. so and so is dead. Infact there is no Mr. so and so. Mr. so and so is only the name of poise. Mr. and madam exist only as the result of poise, and the moment the poise stops, then the law of dynamism and the law of inertia begin to work, not as one but as two, then the respiration stops, then the heart stops. We believe that the person is dead. Our mind is unscientific enough to believe that he has gone, or she has gone. Where? Then we try to answer to ourselves in the name of heaven or hell. So, every religion created its own heavens and hells, its own fairy stories and cock and bull stories about the departed souls.

We can believe because they help us to live in a certain way, because belief is always more valuable than disbelief. And we live because we believe that we live. If we believe that there is nothing here except some chemicals, we find no reason to eat or drink or to sleep or take rest or to work or to enjoy sex. But we are doing all these things, therefore we are inclined to believe. We want belief because we like life. As soon as there is poise, there is the manifestation of subordinate qualities, for example, liking to live,

disliking to die. A temporary manifestation of another set of qualities. They are all just the result of behaviour and nothing else, nothing but the result of the properties of matter, properties of time and space, properties of the manifestation of the laws of alternation and pulsation.

Then there is the manifestation of mind as one of the properties of matter. We can call that the mind is the synthetic property of matter. Matter undergoes alternation and matter exists as organic or inorganic. It undergoes alternations. Whenever there is the birth of a physical body, matter is drawn into it through the food of the parent and exists as organic. And the moment the body is left and the person dies, the same matter decomposes and goes into the minerals of the earth and it exists as the same chemicals, but inorganic. Again they go into another body to play the role of organic chemistry.

So, every atom of every element on this earth is under the influence of the law of alternation. It travels from the organic stage to the inorganic and vice-versa. When it comes to the organic state it begins to make a manifestation of what we call the vital force or the energy which we call life. Then the poise makes the manifestation of the mind. Then only mind begins to exist to the individual. Then the mind begins to think. It begins to decide what is true and what is untrue. Now you can understand the truth of our decision of truth and untruth. It is only a self-conditioning. Under certain conditions mind manifests and it exists only as long as those conditions exist. The moment the poise is disturbed, the mind disappears. When the respiration and the mind are stopped, we call it death. So,

when the mind exists between two given points, when it begins to decide what is true and what is untrue, you can very easily understand the truth of truth and untruth.

It is a humorous story of a fool playing but there is no better alternative, therefore we have to believe it. What we believe truth serves us as truth, and what we believe false serves as false to us. And it is the same with every individual. It changes from person to person. Sometimes there is something in common between a hundred or thousand persons. A group of people believe something in common and it becomes the truth of that group. And here we call it a religion, we call it a political party, we call it a nation or a race or a country. We can call it a custom or a habit or a tradition. This is the only truth of it. Beyond this there is no truth of our truths. That is why the scriptures describe that truth is broken into pieces. And everyone has a splinter of truth in the form of his own individuality. No doubt he has a splinter of truth, which can never serve the purpose of truth. Just as, if I break the glass and each of us has a splinter of the glass, but it never serves us the purpose of glass. It gives us only the pride of having a splinter of the original glass. That is what we the human beings call truth.

We decide truth and untruth according to the standards of our mind. One mind differs from another. And one man has his own truth different from the truth of the other. Two people try to understand truth in the same way. They have their differences and their common points intermixed. Like this hundred people try to have a common understanding. If two people cannot have a total common understanding,

how can a hundred people have it? They have something in common as an excuse of truth. And we have the Hindu expressing his own truth, a Christian expressing his own truth, the Buddhist expressing his own truth, the English fellow expressing his own concept of truth, the Indian expressing his own concept of truth. One should remember this limitation when one wants to stress one's own truth as the only truth. But at the same time we have no other go except to follow the procedure.

Everyone is forced to have his own concept of truths about which he is very confident and which he wants to force upon others. Here we should find a way out and a proper way of behaving. We have to follow what we feel as truth, but we have to take two cares before we follow our own truth. One is, to know how to use the instruments in us; the mind, the senses, the will, etc., the emotions, the suppositions, oppositions, everything. Everyone has his own instruments with him. For example, physical body, mind, senses that are five in number, will and the higher principles. As you go higher and higher from the fourth principle, you can feel the commonness with others. We can feel the commonness with the already existing truth, that is the truth of the law of matter, the law of mind and the law of qualities.

If your mind is working in identification with the first three principles, you will have your own understanding different from others and the result is the blind man and the elephant. Everyone has his own universe though we have the common world. Everyone wants something else, though everyone wants the same food, drink, sleep and

sex. So, we live in a state of bondage when we live in the first three principles. This was called by the ancients 'self-conditioning'.

So, everyone has his own individuality, which no one is ready to submit. It is more valuable than money, than everything. I am not ready to submit my beliefs to the beliefs of anyone. That is how the human beast lives as long as the human consciousness exists within the first three principles. I have every right to eat according to my taste and if Rudolf speaks of vegetarianism, I have every right to call him a fool. The Indian has Indian way of eating, the western has the western way of eating. None believes the other, something strange, whereas everyone believes in his own way as the quite natural way of doing things. This is how the world goes.

But the law of evolution is working in nature, and after sometime we are bound to travel to the fourth stage. But we cannot come directly, the path is like this. And each spiral, that is each cross section of the spiral includes many thousands of rebirths. We have to pass through only the spiral. Why? Because the mind wants only to pass through them. The secret is, the mind is made up of three forces called Dynamism, Inertia and Poise. Then only you will find the tube which we call mind. And the tube of mind makes spirals. When we have a body and when there are respiration and circulation, then there is the awakening of the mind and then we feel the existence of our mind. The moment the respiration stops, the mind disappears to us. It exists to itself but it disappears to us. Like this, we have to travel through this spiral.

When we begin to enter into the fourth principle, we will be able to understand the littleness of our truth and untruth. We begin to understand that a background is working with all its laws. And we have to take some decisions according to our own concept of truth, at the same time remembering that our concept of truth is only a splinter of truth. We should never forget that what we believe as truth is only a splinter of truth. We should be able to imagine the shape of the total cup before it is broken, the cup which we can call the total truth, a splinter of which we have. Someday you will be able to imagine to which part of the cup your splinter belongs. Until then your truth is your truth and my truth is my truth. This is one of the purposes of evolution. This is what is called the fitness of things.

There is an ultimate fitness of things towards which we are supposed to travel. We travel only in a spiral way. We should not grumble for the time lag that we are expected to pass through. If the child asks the father, "Father! How can I get my beard and then how can I shave?" The father can answer only, "Wait, wait until you begin to grow beard." Same is the thing with us also about the concept of truth. Now our duty is to know the nature of mind in terms of the three qualities and be satisfied with what we understand as truth individually and try to behave in such a way as to have the fitness of all truth with the truth of another. And have a truth common for two persons. And then we can have a truth for three persons, then there is a truth for four persons. The training for this, it is said in scriptures, is given by nature by the natural instinct to have a companionship.

See how living beings want to have companions, not only human beings. Any living being wants a companion. So nature has produced through their copulation. We should try to understand the language of nature and the intention of nature, and try to protect the purpose and the function of nature. The sex instinct is given to us so that we can reproduce species and preserve them for nature. At the same time certain amount of enjoyment is given to us because we are working for nature. And also certain amount of expansion and health is given to us through sex.

But it is true only as long as we follow the law of fitness of things. If we understand the functions of nature and the purpose of sex and try to cooperate with nature, we will have the highest enjoyment of sex and better health produced through the act of sex. That is how the plants and the animals derive the benefit through sex. The human being is also expected to behave in the same way but he is given the choice to do or not to do. Whereas the animal and the plant are not given the choice. The animal can copulate only when it is proper season and it has no instincts to play sex when it is not season, so to the plant too. But the human being is given the choice because the fellow is a bit advanced in his understanding and he can choose to behave according to the law of nature or he can use sex only for his own enjoyment and nothing else. It is left to the human being.

And those, who use sex as the animals and the plants, understand more truth from nature. And they derive the real satisfaction and enjoyment of sex. Whereas others have to get satisfied with their excitement and not enjoyment.

Poor fellows, many people do not understand the difference between excitement and enjoyment. As a result of it, many people have only their excitement satisfied not enjoyment and they die in excitement without having the benefit of enjoyment. They call excitement as enjoyment. But nature has left to us, the choice.

And when we try to understand the three qualities working upon our mind, we understand that our mind is conditioned by the three qualities. Whatever we decide is conditioned by the three qualities because we decide what we like. But we can like only that which is permitted by the three qualities. For example, we cannot like what we dislike. We are as helpless as dogs chained. We are permitted to act only according to our likes and dislikes and not according to ourselves. But since we are satisfied with the present condition we have no remedy for the present. Unless we have a further question we cannot have a remedy. Suppose I am satisfied with the diseased condition I have, if the doctor comes and asks me if he can help me. I say, "No, I am satisfied". Then the doctor cannot do anything.

Similarly nature waits for everyone of us because it is helpless. When it produced us as human beings on this earth, we began to act and there was the first disobedience, and the story of the apple should be carefully understood. And then poor nature! It has to wait until we try to care for it. Until then we are privileged to behave or misbehave. We are privileged to make ourselves healthy or unhealthy. We are privileged to protect ourselves or kill ourselves. That is where man stands in the threshold of evolution.

There is a crisis as soon as the soul enters the human kingdom. That is, the choice is given to the fellow. And he can permit himself to live or he can make himself die. He can protect himself or he can kill himself. He can eat or he can stop eating, and he can also eat when not needed. For example, when his friend's marriage is taking place he has to attend a dinner for second time whereas an animal cannot do it, a plant cannot do it. So, the choice is given to the human fellow because the human ego is sufficiently advanced to make a decision. And then the three qualities are given as three guides to us.

In the plane of matter, we have the three qualities working. When inertia is working, we have what is called matter state that too a solid state. And when dynamism is working we have liquid state, there is the movement. And we have air produced through the dynamic activity, and also fire, that is the third or the lowest fire, fire by friction. We have to make a poise of it. When we have a poise between liquid and fire, we have what is called hot water and hot liquids. You can have fire here and water in this hand, water in a container. You can pour this water on the fire when the fire disappears or you can place the container on the fire and boil it to coffee. Then you have a poise between the two.

Like this you can manage with all the mechanics and the dynamics of the world. You can produce many wonders with the technology of nature. We have advanced into the many amenities of electricity and electronics by finding out the poise between two elements in nature. So, the three qualities exist in nature, operating in nature, they can be

managed and manipulated to have a poise. The present achievements in the field of science and technology are good examples of manipulating poise. But unfortunately they are working on the mental plane also. That is the reason why the mind is behaving in its own way. If the mind works according to inertia or dynamism, we are always exposed to a danger of self-destruction, however much knowledge we have in manipulating it on the material plane.

This is the material plane where we have achieved all the scientific, technical, technological aspects. But whether we enjoy them or not, depends upon the quality of the mind but not the quality of the machine. If my friend makes a presentation of a good machine like this tape-recorder to me, it does not mean that I behave better from tomorrow when I go to India. But in order to make a proper use of the machine what is required is not a good quality of the machine only. What is required is the good quality of the mind. If I have a better mind, I can make a better use of this. Otherwise, I take it home and keep it to myself speaking and recording and asking my wife and children to listen to these cassettes and no others.

So, unless we find poise on the mental plane, as long as inertia or dynamism is working on the mind, we are always exposed to the danger of war, killing and self-destruction. Because we can eat whatever we want, drink whatever we want, we can kill ourselves or we can protect ourselves. And then these things won't help us. Even if I am asked to stay in this room forever, I will not be able to use it just as 90% of the modern human beings are not able to enjoy the fruits of their achievements. See how

people live in highly advanced cities with all the amenities at their foot and hand. They can have the light, the air-conditioning and the fire behind their thumb. Food comes to them, drink comes to them, they need not go anywhere. Man comes to woman and woman comes to man, they need not go anywhere. But still we see people suffering from great fears, obsessions, complexes, depressions.

Poor fellows go to the psychological advisors, who are themselves helpless because they too have their own problems, and they want to earn to solve their own problems. And therefore they have the profession of psychiatrist. How can a blind man lead another blind man? So we go and talk to him continuously. The office of the modern psychological advisor is the modern confession cabin. The ancients had the real confession cabin in the church. The modern unfortunate fellows have their confession cabin with this psychological advisor who is helpless himself. He listens and goes home and he has his own problems, a wife who is a beast having no obedience to him and this fellow does not like his wife. They have temperamental and psychological inequalities, blindly they came together and married in a fit of sex. Again they try to get separated because they want a better life. Why?

You see, nations trying to fight against nations, nations destroying nations. This is because we have not achieved poise over matter, we are dealing with matter with a mind for which we have not achieved poise. Unless we study the three qualities applied to mind and find out the art of training the mind, instead of dancing as a dog in the hand of the mind, unless we know the art of doing it, we cannot

have a peaceful and safe living. Our achievements cannot help us. They can help us only when we have a mind which wants to do our work. Unfortunately, we are doing its work now. The mind wants certain things and we are following it.

The ancient scriptures have given us the three basic temperaments. For example, 100 units of dynamism, 100 units of inertia is sent out into the world to make his own combination and have a poise. When dynamism is working on your mind, you have activity. You feel like doing something, going somewhere, meeting some friend, starting some new business or going and joining a new job to find a better boss, to find a better husband, a better wife. Like this the mind is always too busy.

And when inertia is working, you feel like continuing in the same state in which you are. If someone suggests you that something is better, you feel that you cannot cope up the new situations. You feel too timid to face the new environment, new persons, to go to a new place where it is better. And sometimes you very much like to stick to home, not to go out at all, not inclined to do anything. The husband stops his job and sits at home drinking. He expects his wife to go and do the job and earn money for him. We see many heroes doing like that. So, this is the result of inertia.

And when the mind is applied to food, you will find a great difference when the mind is influenced by dynamism and when it is influenced by inertia. When it is influenced by dynamism, it wants strong and spicy foods, it wants very strong alcohol, very strong coffee, such things.

If the doctor suggests fruit juice, the fellow believes that the doctor is a fool. If the doctor discusses dietetics and restoring health, the fellow cannot accept because he is under the spell of dynamism. But some people want to fast and not eat. Why? There is no answer. They are under the influence of dynamism.

But they find their own answers. In some centuries they found religious answers. That is, they wanted to fast in the name of God, as if God was interested in their not eating. God is not so cruel if at all there is a fellow called God. And in another century, people tried to believe that they keep up the beauty of the body by not eating. So, the fellow of every century has his or her own answers prepared and framed according to the influence he or she is under. So, the tendency to fast in the name of religion or medicine or ethics will be developed as a craving for a person who is under the influence of dynamism.

When the mind is under the influence of inertia, sometimes people grow into gluttons. They feel like eating, eating, eating, drinking, drinking, drinking litres of beer. And we see people who take this much opium. We see a wonderful medicine called cannabis, it is commercially called hashish, for which the policeman searches all the baggage in the customs. It took about 50 minutes when I got down in Geneva. A young smiling police man began to search everything of our baggage because somehow he had the suspicion that we were the sellers of cannabis under the guise of religion. So, he searched for one full hour for the sacred cannabis. Finally he smiled and said, "You can

go". So, people eat opium, eat cannabis. They hunt for it and the police fellow hunts for it and the common man also hunts for it. This is what is called Inertia.

And when luckily he comes to poise, he is interested in fresh good foods. For example, fresh vegetables and fresh fruit juices, cereals, milk and milk products and not preserved foods, using plenty of water for wash and also for drinking, water not mixed with anything but only water, and if possible water not aerated.

If you read the passages from the books of Alice A. Bailey about diet, etc., you will understand how a person of poise advises us. And he eats only when it is time, even then when it is indicated by his constitution. Even if it is time, if he is not inclined to eat because he has no appetite, he waits until nature calls him. He obeys nature. And he sleeps when he has to sleep. He never plays cards throughout the night or does any important things in the club which are more important than his sleep. So, he gives, first prominence to his sleep because his body is his faithful servant, it is serving him throughout the day. It wants some rest. It indicates to the mind calmly that it wants rest. That is the meaning of the language of sleep. So, he takes a good sleep.

What happens if he defaults for a long time? He is no more lucky enough to have a sound sleep. He begins to suffer from insomnia and then he has to eat all sorts of nonsensical medicines. In the name of medicines he has to eat narcotics once again, the sedatives and the sleeping pills, etc., deceiving himself that he is sleeping. So, when once he touches the point of poise, he knows the difference

between what he wants to do and what he has to do. The difference is very subtle.

We are not inclined to think of these, as long as we are not under the influence of poise because we are not convinced of the truth when our mind is conditioned by one of the two qualities. Unless we are convinced, we don't feel the truth of it, though we have our own splinter of truth existing with us. This is the truth of understanding. We can understand everything, but we understand only under the spell of dynamism or inertia. And we advise others to have better understanding. Unfortunately, everyone of us has his own understanding, different from others. We go on warning others to have better understanding of things. Lucky are those who have entered the state of poise because they can feel the mind that is beyond the three qualities.

The fellow under the spell of dynamism cannot get out of the influence of the three qualities, so too the fellow with inertia. He finds his own way of doing things correctly. And he rejoices in his own truth, the splinter of truth. He is rationalistic no doubt, he is reasonable no doubt, but his reason is conditioned by his dynamism or inertia. But the person, who touches poise, will be able to understand that he has self-conditioning. Until then we do not like to accept that we have self-conditioning. Unless we accept that we have self-conditioning, we can never come out of self-conditioning. That is why we are expected to take certain steps in spiritual practice.

You know the eight steps of yogic practice prescribed by Patanjali. The first called Regulation, the second called

Rectification. They mean only the same thing. Regulation means a regulation of dynamism and inertia, which results in poise. We are expected to practise the habit of harmlessness, truthfulness, non-covetedness, that is reducing the tendency to possess valuable things and persons.

You can use valuable things, but the mentality to possess valuable things is a disease. As per the law of nature the less possessive nature you have, the more availability of valuable things in the world you have. It is a truth which never fails and which you never find an exception for. I repeat once again. The less possessive nature you have in your attitude, the more valuable things come to you to be used by you. You can verify, you will always find it correct. The more you possess the valuable things, the more useless they are because they sleep at home.

I may have best machine in my house but I ask my children and wife only to enjoy. They have no time to enjoy, so, the machine goes waste. But suppose a person uses his machinery for public purpose it serves a more useful purpose. If the university had not allowed this room for us to use, then we had no opportunity to sit down here and speak. So, the individuals develop institutions so that the mind begins to feel the public utility of valuable things. So goes the training received from nature. Nature gives us a mentality to establish public institutions as we approach the quality of poise. And then, we begin to make better use of things we have. That is what happens when we begin to regulate and rectify our nature.

And then, mastery over sex life, we are expected to practise in order to travel to poise from dynamism and

inertia. And then practise meditation and grow passive to pleasures. Do not torture yourself not to have any pleasure, but let pleasures come to you. You don't prefer to go to pleasures like a dog. See how they come to you and they want you to enjoy. You will understand the law of nature more and more by practising these things, and your attitude changes towards others.

The spirit of service should be there in everything we do. Djwhal Khul calls it charity. Charity does not mean taking 100 dollars from the pocket and throw it on the face of Swamiji. Charity is an attitude which makes you positive. It removes the negative vibrations from yourself. Charity has nothing to do with money. Charity is an attitude which may sometimes include money also. But what is required in this practice is yourself and not your money or property. You are expected to submit yourself to poise.

Do you know a so-called disciple of Djwhal Khul, was discarded by Him after many years? He wrote a letter to the Master. "I have given everything to you, I have donated much properties and money". And he gave a list of what he had done to the society. And the Master answered, "We wanted you, but not these things and you have not submitted yourself. And you have submitted everything you 'have'. Spiritualism is not commercialism. This is not what we want. We want you and not what you have". That is the answer of the Master. And he advises to wait for sometime until he learns to know how to submit himself.

So, we approach what is called the sacred quality 'poise'. We begin to rejoice in the tolerance we have. *We begin to practise unity in essentials, liberty in non-*

essentials. I can have my own way of dress. I have no right to ask my brother also to wear his dress like me, to give the same mould to every fellow on the face, to ask everyone to dress like myself in the name of religion or spiritualism. Whatever is convenient to him he can have at his best. So one should practise liberty in non-essentials, but unity in essentials.

Wherever the attitude of life is concerned, we are expected to have a unity, a unity of attitude to practise something in common, and that too a willing unity, a willing self-submission and not an obedience without submission. It is highly dangerous to show obedience without the spirit of offering. See, the inevitable result is rebellion.

Do you know why communism has been necessitated on this earth? It was due to the forced obedience without offering, self-offering. Religions tried to enforce discipline upon us, whether we liked it or not. And the result was anarchy and lawlessness and disturbance. The whole society went into dynamism having no poise. The result was, the inevitability of two global wars in the past. If we still want, it is there a third world war. It all depends upon our own choice. If we find ourselves interested in killing and dying, there is the III world war. If we do not want it, there is no third world war. It all depends on ourselves and not upon the planets. Not upon the black or darker forces, not upon black-magicians or Atlantians. Leave off all fantastic theories which are cock and bull stories.

Always remember that you are the maker of your own future. Your tomorrow depends upon your willingness to kill yourself or allow yourself to live tomorrow. There

is no better truth, all other things are fairy stories and fairy tales. We are thinking of the world crisis. For the past 50 years. I believe that the humanity has been talking of world crisis. As we go into the history of sooth-sayers and astrologers, the whole world has been speaking of the world crisis for the past so many thousands of years. It is a mental disease and a delirium. Still there are people who believe that there is a crisis ahead, just as there were people who believed in the past thousands and thousands of years continuously. Every time they speak of a destruction and a new age; it is only a mental symptom of the collective humanity.

Always the new age is ahead of you. And always the old age is also ahead of you and the evil forces are working before you, whenever you want to think of them. The black magicians are working wonders, as long as you are pleased to live like a Macbeth. If you want to heed the three witches, there is black magic before you. If you want to believe in your own goodness and your own making of your future, you have white magic before you.

Learn how to read and understand the book “Treatise on White Magic”. Excuse me if I point out, you have to read it again and again, because there is something which we have not yet understood from the book. The more seniority we have in reading that book, the more we are mistaken in understanding the book, because most probably we studied the book in our dynamism or inertia. Let us try to study once again after we have entered into poise. And also study ‘The Science of Yoga’ as it is taught by Patanjali and the Bhagavat Gita which gives us a clear-cut, scientific safe procedure as to how to enter into poise.

When we begin to work in poise, we learn to understand that the mind is under the influence of the three qualities. We understand that our independent thinking is self-conditioned, our logic is self-conditioned, our reasoning is self-conditioned. It would have been easier if others had conditioned us, but it has become very difficult because we have conditioned ourselves.

Now we will learn how to come out of the influence of three qualities. We understand the littleness of our mind and we understand the existence of the back ground mind which is beyond the three qualities and that is what the Masters call 'the fourth principle'. One is Matter, that is body. Two is Ether that is force. Three is Mind and the fourth, the back ground mind which we call 'Buddhi or Will'. The moment we begin to taste this fourth principle, we begin to understand the other three principles standing above those three principles, not involved in the three principles. So you can be beyond matter, force and mind. Still your mind is working, that is what we call buddhi or the creative will. It makes way to the 5th, 6th and 7th principles, that is what is called 'nirvanic, para-nirvanic and maha para-nirvanic'. Until we cross the third and enter the fourth, we will be covering the evolution spiral within the triangle.

When we begin to follow the scientific procedure given by Patanjali, evolution has nothing to do with our coming out of the three gunas. You can come out to the back ground mind at will and observe the behaviour of matter, force and mind, steer them just as the driver handles his steering in the car. Make a better use of them. And then the evolution spiral stops because the purpose is served. Nature is happy

that there is the birth of one fellow into wisdom. That is what Buddha says in his teachings. He says *‘Whenever a person is born into buddhi, there is the birth of another Buddha’*, that is what he says. And then the earth under his feet will have thrilling and horripilating joy, because it is sure that this fellow will lead a part of humanity into right lines once again. So, one Buddha should take birth from everyone of us. That is what Buddha wanted. That means we enter into the background mind.

Even poise is not the goal, we have to come out of the third quality also. But poise is more positive and more powerful than the other two, in the sense that it shows us the path to come out, whereas the other two qualities keep us under self-conditioning. And everyone has to study his own mind and body, try to find out the proportions of dynamism and inertia in him, try to find out the oddities of his own temperament, some are too ordinant, too assertive and affirmative in their nature and some are too emotional and some are always busy to do something, some lack in initiative, they are satisfied with the present conditions and they do not want to do anything, some want to go down still, backwards, some want to live in their own paradise.

So, it all depends upon the proportion of dynamism and inertia. If we have 100 units of dynamism and 100 units of poise and 100 units of inertia, we can make our own triangle by having 150 dynamism and only 50 of poise and 100 of inertia. Like this everyone has his own pattern of the three gunas or qualities. In this, each one of us differs from others. This is what makes the temperamental

difference. This is accountable for the psychological inequalities.

When we begin to follow the order of rectification and regulation, we will make our triangle equilateral, reach poise soon, live a poised life, eat and drink and enjoy sex in a poised way, find a sense of proportion in everything, a meaningful way of living and then come out of the self-conditioning of the three qualities. This is what the ancients taught us about the three qualities, but it is an ocean like subject, and many symbols also were given about the three qualities.

The whole creation depends upon the activity of the three qualities. *Creation is caused by dynamism, destruction is caused by inertia, and existence is caused by poise. That is how the scriptures describe. The dynamism in the capacity of the creator is called Brahma, the four faced, that is the Creator. The aspect of destruction is called Siva and the aspect of poise or existence is called Vishnu, that is god as pervasion.* This is called the Trimurthi aspect. Trimurthi means the three heads that govern the creation.

And in our body also this activity of the three qualities makes its manifestation, for example, you take the etheric body which the homeopath calls the vital body, which the spiritualist calls 'prana'. You have three whirlpools of activity going on. The one is dynamism which produces destruction. That is the combustion activity in the constitution. For example, the action of oxygen and the action of the digestive juices. There are 24 centres where this activity acts. Unless there is a destructive activity, we don't have oxygen purifying the blood and the digestive

juices digesting the food and the food being decomposed to release the calories of heat required to the body. So, it is not a mistake; it is correct. So, dynamism produces continuous destruction of matter in us, to sustain the body just as paraffin wax is burnt in the candle to maintain the flame.

Then the whirlpool of activity of inertia works out what is called materialisation, that is construction of the cells and tissues. Then the third, which is called poise, produces the activity which we call pulsation in the matter created by inertia. This is materilization and this is pulsation. The first is combustion, you can call it combustion. Dynamism produces the activity of combustion. Inertia produces the activity of materialisation. So, every moment tissues are produced by inertia. And tissues are destroyed by dynamism, and the existence of the constitution is maintained by poise by virtue of pulsation which works as respiration and heart beat and the various aspects of peristalsis in the constitution. This is how the human constitution is explained in the science of Ayurveda. Here also, the base is the three basic qualities.

The basis of self-conditioning of the mind is the three qualities. So, for everything in the creation from the birth of the solar system to the individual, every activity is traced to the three-fold activity of the three qualities. We are expected to follow the procedure through which we come out of the conditioning of the three qualities, and then live a liberated life.

Question : You have said that the whole creation depends on the activity of the three Gunas. Is it also true in the case of the human constitution?

Ans : But here in the constitution it is different, the fellows change their portfolio, because the construction of the tissues requires physical law and materialization. So it requires inertia, because matter is to be precipitated. And the combustion comes under destruction without which we cannot live. And the poise comes under pulsation. So there is an inter-change of portfolios here.

Question : *In which book can we have the topic dietetics?*

Ans : You have to make a collection of the material for the topic from many books. But if you want the collection under the heading ‘diet’, it is already done by one of Djhwala Khul’s disciples and the book is called ‘Ponder on This’. If you take the heading ‘Diet’ in that book, you will find the various passages taken from all his books, beautifully edited with the cross references given. I think that is a better approach.

There is a book called ‘The Master Index’ in the books of Alice A. Bailey, I do not know if it is available for sale or not. If one has the whole set of Alice A. Bailey and that ‘Master Index’ one can do it for oneself. I think it is better to have a copy of ‘Ponder on This’ instead of doing everything for oneself. It is already done there. You can take advantage of it.

I wish let us cooperate to go and join the company of the Dalai Lama. Excuse me if I am not agreeable to all, but let us cooperate and follow one path.

Thank You.

* * *



Master E.K

Spiritual Constitution

(Overseas Messages-IV)

Kulapathi Ekkirala Krishnamacharya, known as Master E.K. among his followers, is the *New-Age-Teacher, Healer and Yogi*. He provided socio-economic basis for spiritual living to those, who followed him. He gave a synthetic understanding of the scriptures and their usefulness in daily life. Through his life style he proved that the scriptural way of living is possible even in the materialistic world.

In Master E.K.'s understanding there are no good and bad things or people. He promoted the doctrine of pure love.

He built a spiritual bridge between East and West among those who followed him. Those who lived in proximity to him, know him as a representative of the hierarchy, sent out to spread the Yoga of Synthesis which is age old.

His writings are many but the undercurrent of every topic drives the reader into synthesis. He is a true healer and trained many into the healing activity. Under his guidance number of children schools and healing centres are opened and operated to serve community.

Master E.K. is a multicut diamond. He is Poet, a Vedic Scholar, a Teacher, a Healer, a Friend, a Guide and a Social Reformer.

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