

The Water Ritual

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[Book: Rudra](#)



The Water as per the Scriptures is the physical plane manifestation of the ethers of the solar and cosmic plane. They also represent the life energy. The Water Ritual (Abhishekam) aims at the manifestation of the electrical power from its invisible planes to the visible planes. Rudra, the Lord of Vibration, is the first and foremost of the Vedic Devas who enables the light beyond darkness to manifest as the light visible and tangible. He is the Lord that destroys the darkness to bring down the light beyond darkness into the perception and experience of the beings. He is also the Lord who destroys the darkness of ignorance as it exists in the mortal beings and leads them into the light. Rudra helps enable a being to experience the Divinity and its activity. The vibration of the Lord exists in all that IS. That is what is to be perceived by the aspirant who worships Rudra.

In all, the Water Ritual is given by [Dr. K. Parvathi Kumar](#) in seven steps for the benefit of the West. Step one relates to the fivefold mantra of the Lord, which enables gaining supremacy over the five senses and also develop the will of the mind. Step two is a worship mantra seeking fulfilment from the Lord. Step three relates to the ten dimensions of the Lord i.e., east, south-east, south, south-west, west, north-west, north, north-east, above, and below. With Rudra at the centre, the total is 11. This

mantra enables the construction of a double pyramid around the ritualist. This enables the total protection to the ritualist. Step four consists of worshipping the Lord with his eleven chief names. The eleven names are attributed to the eleven varieties of vibrations of the Lord. Step five relates to a special hymn formulated in the Veda for propitiation of the Lord. It is the heart of the chief hymn to the Lord Rudra as contained in the Yajur Veda. Step six relates to seeking longevity of life until the ritualist realizes the myth of death and releases himself consciously from the bondage of the body. Step seven relates to the chief invocation of Lord Rudra who exists in matter, water, fire, air, ethers, and permeates all that IS.

The Water Ritual Text - Short Version

During the Water Ritual, each time a name of the Lord is uttered, a spoonful of fresh water is to be offered upon the Shiva Lingam. In all, 77 spoonfuls of water need to be offered as per the brief ritual given below.

Those who are inclined towards performing this ritual may do so as per the regulations and times suggested in the [book: Rudra](#)

I	Om Namassivaya	5 times
II	Om Namassivaya Siddham Namaha	11 times
III	Om Namo Bhagavate Rudraya	11 times
IV	Om Namaste Astu Bhagavan Visveswaraya Mahadevaya Triambakaya Tripurantakaya Trikagni Kalaya Kalagni Rudraya Neelakantaya Mrutyunjayaya Sarveswaraya Sada Sivaya Srimanmahadevaya Namaha	Salutation + 11 names 1 time
V	Om Nama Ssomaya Cha Rudraya Cha Nama Stamraya Cha Arunaya Cha Nama Ssangaya Cha Pasupataye Cha Nama Ugraya Cha Bhimaya Cha Namo Agre Vadhaya Cha Dure Vadhaya Cha Namo Hantre Cha	25 names 1 time

	Haneeyase Cha Namo Vrikshebhya Hari Kesebhya Nama Staraya Nama Ssambhave Cha Mayobhave Cha Nama Shankaraya Cha Mayaskaraya Cha Nama Ssivaya Cha Sivataraya Cha Nama Ssivaya Cha Sivataraya Cha Nama Ssivaya Cha Sivataraya Cha	
VI	Om Triambakam Yajamahe Sugandhim Pushti Vardhanam Urvarukamiva Bandhanan Mrutyor Muksheeya Maa Mrutaat	11 times
VII	Yo Rudro Agno Yo Apsuya Oshadhishu Yo Rudro Visva Bhuvan Avivesa Tasmai Rudra Ya Namo Astu	3 times
In all total: 77 (7 x 11) mantras		
	Om Shanti Shanti Shantihi.	

http://worldteachertrust.org/en/web/meditation/water_ritual