

Vaisakh Full Moon

Extracts from the book “Mars – The Kumara” by Dr. K. Parvathi Kumar

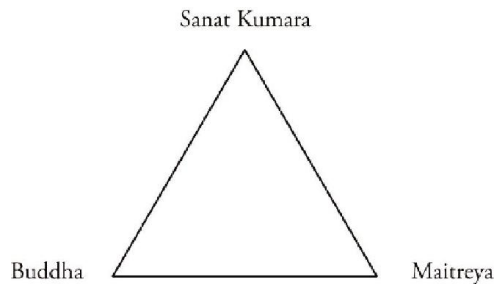
Bull's Eye and the Word

The month of Taurus details into three constellations. The first ten days of Taurus are covered by the constellation Kritika. The next thirteen days are covered by the constellation Rohini. The last seven days are covered by the constellation Mrigasira. The middle division of Taurus ruled by Rohini is as important as that of Kritika. The central star of Taurus is known as the star Rohini, Aldebaran – the Bull's Eye. Since Rohini, the constellation, holds the Bull's Eye, in its recognition, the entire month is called the Bull (Taurus). Taurus is the bull and in its middle division the Bull's Eye exists. The Bull's Eye is the third eye and is the eye of Lord Shiva, who represents cosmic will. When Sun transits the constellation Rohini, it receives through the Bull's Eye, the Word, which manifests for the rest of the year. Receiving this Word and transmitting it to our planet is the work that happens. During the full moon hours when Sun is in Taurus, the Moon is in the constellation of Visakha in Scorpio. It is for this reason the full moon is also called Visakha full moon, or Vaisakh full moon. On this full moon day, there is alignment between the Bull's Eye, the Sun in Taurus, and the Moon in Scorpio and through the Moon, the Word coming from the Bull's Eye is impregnated on Earth as the Plan. Similar drama happens during Scorpio full moon. Since on that full moon the Bull's Eye, Sun in Scorpio and Moon in Taurus stand aligned. The Bull's ray, which is but the will of God is thus received and is implemented on the planet by the hierarchy of Masters.

The Plan

The Plan thus received upon Earth is first received by Sanat Kumara who is the buddhic aspect of Kumara as far as our planet is concerned. Sanat Kumara opted to reside in the second ether of our planet to guide the planet and the planetary beings. He is the Lord and the king of this planet. Receiving the Word from higher circles, he transmits the Word to the hierarchy of Masters of wisdom, who relentlessly work to manifest the Plan throughout the year. The Plan is a plan to uplift the humanity and to generally contribute for the evolution of the planet and the planetary beings.

From Sanat Kumara to the hierarchy, as the Plan descends, Gautama the Buddha assists in such transmission. Gautama Buddha who was born on a Vaisakh full moon, who was also initiated on a Vaisakh full moon day, is the foremost of our human race in this round. He joined the World Teacher, Maitreya, to cooperate with the World Teacher and the hierarchy in manifesting the Plan. Lord Maitreya is the ancient most representative of humanity on the planet, who accomplished himself in life and stands out as a representative of the Lord on Earth. He chose to be on Earth to enlighten the beings and thereby enable evolution as per the Plan. Thus Sanat Kumara, Buddha, the Gautama, and Maitreya, the World Teacher, constitute the triangle to receive the energies relating to the Word from higher circles.



Lord Maitreya, along with the fulfilled ones amidst humanity (the adepts) receives the Plan for the year. Eventually they transmit the Plan to their disciples who work on Earth for upliftment of humanity and for alleviating the suffering.

The Vaisakh festival is age old. It existed even before Buddha. It is part of cosmic plan that annually an impulse is sent from higher circles to our planet to help our planetary beings. The Plan comes to us through Rohini, the Bull's Eye in Taurus. This impulse makes Vaisakh full moon a very important full moon. The impulse can be received by those who have aligned themselves and are able to stand as a column of light. The Word is transmitted to all the columns for further transmission into mundane world. This ritual of Vaisakh is made popular by Theosophical Society in recent times, but those around Himalayas, in Tibet and in India, hold this significance from antiquity. Vaisakh full moon from ancient most times is dedicated to the light coming from the third eye of the Cosmic Person. The entire month of Taurus is celebrated and dedicated to the incoming ray of light.

Preparation for Vaisakh Full Moon

The preparation for Vaisakh full moon commences from the thirteenth ascending moon phase in the month of Taurus and concludes a day after the full moon. Those who wish to orient to the descending energies set their routine simple for these four days to avoid busyness in mind. Light food and waters are taken to ensure that the body is devoid of tamas (inertia) and the body tissues are oriented to light. Meditative mood is maintained and meditation is done thrice daily. Before every meditation, head bath is taken. Movements are reduced to ensure a fair insulation from the surrounding world. The mantra 'So Ham' is adopted to attune to respiration and pulsation, which would enable a state of absorption during meditation. Meditations are done in groups or individually, according to convenience. A meditation is also done before the sleep hour, orienting oneself to the Vaisakh valley in Himalayas (a valley around Manasarovar, whose location is known only to accepted disciples).

Fiery aspirants are also sometimes allowed to witness the festival from a distance by the grace of their Teacher. Some are even blessed to visit and witness through etheric travel.

Many disciples who have developed their antahkarana sarira (subtle body) gather at the valley for the full moon festival. Many others participate from their own place of residence through meditation. All the seven ashrams on the planet spreading over east, west, north and south relate to Vaisakh festival.

Visakhapatnam is a hexagonal town with sea on three sides and hills on three sides. It is a place of Kumara and is appropriately named in the antiquity as the town of Visakha. Patnam means a town. Visakhapatnam means 'the town of Visakha'. Visakhapatnam is at the southeast coast of India, exactly in between the metropolitan cities Kolkata and Chennai. The hills and the coast at Visakhapatnam vibrate with the energies of Kumara. There is a magnetic temple under the waters of the sea within

the vicinity of the town of Visakha. The temple is the temple of Vaisakheswara (Vaisakha – Eswara). Energetically, Visakhapatnam is connected to Vaisakh valley. For this reason, Visakhapatnam is noted as one of the spiritual centres on the globe. One can gain the energies of Kumara if one lives in seclusion either at the sea coast or at the top of the hills and lives with austere routine.

The valley of Vaisakh (Visakha valley) is the one of beauty, especially during the moon light. During the day it remains as any other region in Himalayas, but during the night it unfolds an etheric formation of beauty. A stream runs by on the north-eastern side from north to east adding subtle music to the blissful night of moonlight. On the full moon day, during the second half of the night normally the festival takes place - led by the World Teacher. The groups of participants take to geometrical forms such as a hexagon or a triangle with swastika therein, or a pyramidal form. Depending upon the nature and significance of the year, and the planetary configuration, the formations are made to receive appropriately the Word unto them. The ritual generally lasts from 72 to 90 minutes between 2 to 4 a.m. To help a reader gain some understanding, the Theosophical Society also published an illustrative example of how it looks like, which is not very far from truth and yet is not in its completeness. It is already an adventure to present a picture as was done by the Theosophical Society. It is equally an adventure to give such details as is done here above.

The Discipline

Those who aspire to participate in any subtle experiences require a minimum discipline vis-à-vis, purity of physical, emotional and mental plane. Without the related discipline, the aspired experiences do not take place. Discipleship is a means for discipline in one's own energy system. Purification is an essential aspect relating to it. The month of Taurus in which the Vaisakh full moon festival happens, demands purity of all the five senses as also food and speech. It is interesting to note that the corresponding part of Taurus in the human constitution includes in it, the eyes, the ears, the nose, the mouth and the speech.

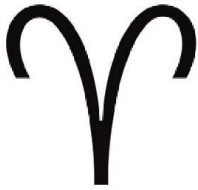
- One has to be extremely righteous vis-à-vis the sight that he uses. To look to the One in all is a discipline.
- Listening to AUM (the humming sound that forms basis for all speeches) as the basis of all sounds is another discipline.
- To ensure fragrant air around oneself is still another discipline.
- To eat chaste food dedicating to the divine is yet another discipline.
- To speak truth and speak pleasantly is one more discipline.
- To be very discreet in one's touch of the surroundings is the final discipline.

Generally aspirants aspire for experiencing many a manifestation of light. They should match their aspiration with the related discipline.

Atma – Buddhi – Manas

Annually the solar deity descends with a plan for the planet earth at the beginning of the solar year commencing from 0 degrees in Aries. For many scientific reasons of astrological dimension, Aries is considered as the beginning of the universe, the beginning of the Kali Yuga, the beginning of the earthly life and so on. It is connected with the spring season. Spring is a principle; the awareness springs from seeming

nothingness and conducts the complex activity through its triangular forces. This spring commences with Aries. The very symbol of Aries is a spring. It is spring-up of awareness from the background, which is Absolute. Every spring-up has its periodicity, its cycle for birth, growth, decay and disappearance.



Coming back to the theme, annually, at the beginning of Aries a Plan descends. This Plan is called the Word. It descends into the etheric spheres of the planet, which are subtle. This Plan is perceived by the Lord Sanat Kumara during the first sixteen days of Aries culminating with the full moon of Aries. The perception that he gains finds its own nurturing and nourishment for a month to be given out in Taurus to the hierarchy with the support of the incoming ray of the Bull that utters forth. Gautama, the Buddha, Lord Maitreya, the World Teacher, and other members constitute the hierarchy. Lord Sanat Kumara in Aries represents the atmic principle of the planet. The hierarchy represents the buddhic principle on the planet. From atma to buddhi, the Plan gets transmitted during Vaisakh full moon hours. There is a brigade of brotherhood organized around the World Teacher that constitutes the buddhic plane on the planet. The members of this brotherhood have all been humans that have strived over thousands of years on the path of light and have dedicated their life for manifesting the Plan on Earth. This buddhic body, whose head is the World Teacher, conceives the Plan and assimilates the Plan in them for a month to come.

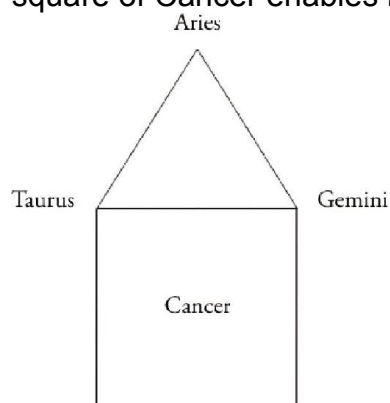
For purposes of clarity, be it known that Sanat Kumara is an extra-terrestrial being who sacrificed to stay on the planet in its second ethers around Earth. He perceives the Plan even while in Aries. He causes its descent in the month of Taurus, since in Taurus there is the principle of utterance. The Plan gets uttered forth with the help of the incoming Bull's ray. The Bull's ray of will enables an effective manifestation. It is for this reason the month of Vaisakh is chosen for manifestation of the Word to the hierarchy.

All this happens with Vaisakh full moon as the pivotal point. While Aries full moon enables the perception of the Plan by Sanat Kumara, Taurus full moon enables conception of the Plan at the buddhic plane. The Plan is held in the brotherhood and contemplated for transmission to humanity in Gemini. The humanity constitutes the manasic plane (mental plane) of the planet. The Plan is impregnated into the minds of those members of humanity who are aspiring to work with goodwill. They are spread all over the planet. The Plan conceived by the brotherhood is impregnated into the humanity during the Gemini full moon hours. The members of society who are cultured, in true sense of the word, get impregnated to translate the Plan through their actions along with their associates. Thus the first quarter of the year enables manifestation of the Plan up to the humanity. Thereafter it requires to be sunk into the large body of human personality, which is the hardest task. Cancer full moon is utilized for this purpose.

Thus we can have an understanding of the descent of the Plan in which Vaisakh festival relates to the buddhic plane, which is subtle. The energies of Aries are relatable to the energies of atma and that of Taurus to that of buddhi and of Gemini to that of manas. The energies of Cancer are relatable to the personality. The Plan requires descent through these four signs of which the first three are up to the mental and imperceptible plane, while the fourth is at the perceptible plane. ...

The above can also be presented in a geometrical form with Aries, Taurus and

Gemini as a Triangle and Cancer as a rectangle. The triangular energies of Aries, Taurus and Gemini are at the imperceptible plane (imperceptible to senses). The square of Cancer enables its manifestation.



When we consider Vaisakh festival, we have to consider the four sun signs together as one logical sequence. Thereafter the Plan follows through the personality up to Scorpio which constitutes yet another set of four sun signs. ...