

# PRAYER FOR THE YEAR 2009 / 2010

PUSHAN EKARSHYE YAMASURYA  
PRAJAPATYA VYUHARASMIN SAMUHA  
TEJO ETTE RUPAM KALYANATAMAM.  
TATTE PASYAMIYOW SAVASOW PURUSHAHA.  
SOHAMASMI.

“Oh Solar God! You are the son of *Prajapathi*. You are lone ranger of the sky. You are all nourishing and all regulating. Please withdraw your rays and brilliance. By your grace I would then be able to see your beautiful golden disc.”

The prayer is spoken every Sunday morning after the morning prayer.

Prayer (PDF): [http://www.worldteachertrust.org/pdf/prayer\\_09\\_10\\_e.pdf](http://www.worldteachertrust.org/pdf/prayer_09_10_e.pdf)

Prayer in Sanskrit (MP3): Pushan Ekarshye:

<http://www.worldteachertrust.org/med/pushan-ekarshye.mp3>

Prayer in Sanskrit (WMA): Pushan Ekarshye:

<http://www.worldteachertrust.org/med/pushan-ekarshye.wma>