



on Change

## **A Word**

A flow of thoughts on change has flown out for those who look for change.

K. Parvathi Kumar

Change is inevitable.

It is inevitable even to rocks!

Acceptance of change is Wisdom.

The Wise always look to the tide of change  
and always move forward.

Resistance to change brings in friction,  
conflict, decay  
and death.

Learning is to change –  
to change for the better.

Learning not for changing  
but for fancy makes you  
just an orator.

Change means.....

change of

patterns relating to you -

patterns

- of speech

- of use of senses

- of thoughts

- of routine.

The need for change is to align  
the mutable in you  
with the immutable.

Until right alignment happens,  
the urge to change  
persists.

When the alignment happens,  
you settle in the immutable  
and enjoy the mutable!

Changing with time is to be dynamic.

Dynamism is to be  
in comfort with every change.

Change is constant in Nature.

To remain afloat in Nature,  
one needs to learn to accept

the change that

Life offers.

Change is refreshing.  
Change is the flow of Life.  
Lest, it is death.

Change is the expression  
of the unchangeable -  
the immutable is the basis  
for the mutable.

He is the dweller.

She is expression.

He is the essence.

She is the envelope –  
a sevenfold 'envelope'.

Through the cycles of Time,  
she expresses Him  
and gets absorbed into Him.

Discipleship is learning to change.

Discipleship is accepting  
the changes thrust  
by Life.

Discipleship teaches the  
know-how of changing  
to enable dissolution  
of conflict.

Discipleship is to neutralize  
the opposing currents  
of conflict.

If change is inevitable,  
accept it with grace.

Many times it would be a graceful  
exit that Life offers.

If one does not take to it, he falls.

Entry is change  
and  
exit is change too!

Observing change is the means  
to stay afloat.

Non-observation of change  
drowns you.

A role model is the one  
who knows when to enter,  
when to exit and what to do  
while in Life.

An initiate enters, conducts  
healing and teaching,  
and exits dramatically.  
He knows the drama of Life.

Change is the drama of Life.

Change is natural.  
In Nature, change is constant  
and is so consistent  
that one does not perceive it.

Change is imperative in Life.

Change helps to stand out  
from the pack  
like a swan stands out  
from a flock of ducks.

Change seems difficult  
when one is crystallized.  
But crystallization is death.  
Stagnated waters lose Life!  
Flowing waters carry Life!!

Flowing waters are flowing energy.

They carry Life.

When they stagnate

they die and spread the stink.

Man's Life too needs to flow. If not,

he stagnates, stinks and dies.

Change involves changing  
the existing habits and patterns.  
It needs patience, perseverance.

Change is the golden apple that  
Aquarian Age offers  
for successful and splendidous  
living on Earth.

Change is a continuous  
and on going process.

Change is a technology  
by itself.

It is a science as well as an art.

The art of changing is known  
to the Mahatmas and Yogis,  
who change their methodology  
as per Time and place  
and yet demonstrate  
values eternal.

Mercury is the metal.

Mercury is the planet.

Fire is the element.

the Third Ray is the ray –  
relating to change.

The mutable signs of the zodiac (Gemini, Virgo, Sagittarius and Pisces) are the signs of change.

Equinoxes and solstices are also  
the quarters of change.

Wednesday is the day of change.

The eighth moon phase is the phase of change.

Aquarius is the sign of change in this age,  
and Uranus is the king that leads  
the army  
of change.

A simple reaction to change is mediocrity.

An innovative reaction is Aquarian.

A negative reaction is Piscean.

Change,  
just for the sake of change,  
is poisonous.

Change should enable  
better environs.

But change needs its  
own time to yield fruits.

Change needs to be holistic.

It cannot be piecemeal!

All related players are to be consulted for every major change, because they are the managers – the change managers. The process is consultative.

Resistance to change  
in a team  
requires to be attended to  
with patience and perseverance.

Change is necessitated  
by subsisting inadequacies  
which need to be  
addressed.

Change disturbs the balance  
but leads to a New Balance.

Change can not be contemplated without evaluating the existing resources, competence and without planning for additional resources and competence.

The reason for change needs to be adequately informed / explained, discussed in forums to eliminate avoidable resistance.

Change has ripple effect.

All those involved  
need to be convinced of the  
need for change.

Change should be understood  
as good for all and harmful to none  
in the long run.

A change in the team  
is considered good  
if the members know  
that it is in their interest to do things  
differently.

American dynamics  
today emerge from:  
“ Think different.”

Ancient dynamics relied on:

“ Think afresh.”

The dynamics of the Wise are:  
"Think for the welfare of all."

Remember that it is not easy  
to drop set of patterns,  
set behaviours overnight.  
Humans are bound by habits,  
customs, traditions  
and even by superstitions.

Nature is beautiful and splendid due to ever  
changing colours it presents through seasons.  
Man is advised to learn to attune to the seasons  
to be equally beautiful and splendid.  
Man preserving from seasons ceases to Be  
(he decays and dies).

It is easy to plan a strategy  
of change.

But it is difficult to  
implement.

Implementation of change should follow its installation.

Such implementation is a teamwork, but not a fancy of the top personnel.

Every mission needs its vision.  
The vision needs to be dynamic  
to accomplish the mission.

Changing times  
demand strategic changes  
in the vision.

'Heterarchy'  
enables implementation with  
greater vigor than  
'Hierarchy'.

A decentralised plan enables better  
implementation of change.

“Center everywhere.

Circumference nowhere”,

is the Aquarian dictum.”

Learning  
and adapting  
to the best practices  
is considered the  
'Global Change Model'.

Collecting the best  
wherever it is found  
and inducting it  
into the existing system  
with temperance  
is yet another tool for change.

Change cannot happen  
unless one yearns  
to change.

One cannot change the other.

One can change oneself.

Models for change are made  
available by Nature.

It is the free will of one  
to get inspired  
or to stay as he is.

A Student of Yoga  
sees a facility in change  
that leads him  
to liberation.

Every change has a message.

Do not cease to expect  
a messenger.

lest you miss an offer  
of Nature.

### **Conclusion**

Open-mindedness,  
legitimizing diversity  
and efficiency  
are the keynotes of  
dynamic change.

**Dr. Sri K. Parvathi Kumar** has been teaching various concepts of wisdom and initiating many groups into the Path of Yoga of Synthesis in India, Europe, Latin America and North America. His teachings are many and varied. They are oriented for practice and are not mere information.

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Dr. Sri K. Parvathi Kumar has been honoured by the Andhra University with the title, Doctor of Letters Honoris Causa, D.Lit., for all his achievements as a teacher around the world.

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