

VAISAKH NEWSLETTER



HAMSA SIVA SOHAM



Virgo 2005 Kanyâ

Letter No. 5 / Cycle 19 -23rd August until 22nd September 2005
The World Teacher Trust - Europe

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Dr. Sri K. Parvathi Kumar is President of the 'World Teacher Trust' and Founder of the 'Vaisakh Newsletter'.

The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

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INVOCATION

May the Light in me be the light before me
May I learn to see it in all.

May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master E.K.

PRAYER FOR THE YEAR

All names together utter the name of God.

A prophecy thinks from darkness to light.

Prophecy is fulfilled.



MESSAGE OF THE MONTH OF VIRGO

Virgo is the mutable sign. It is the second mutable sign in the zodiac, Gemini being the first, Sagittarius being the third and Pisces being the fourth. In Gemini the mutability results in manifestation of duality. In Virgo the mutability is from subtle to gross. Virgo being an earthy sign the mutability is in relation to the matter. The matter is subtle and gross as well. When it is subtle it is pure. When it is gross it loses its purity, its virginity. When it is pure it is in the world but not of the world. When it is gross it becomes worldly. The first half of Virgo is full of subtle, virgin, pure nature, while the second half relates to the gross nature. Ganesha, the son of the World Mother is said to have been born in the first half of Virgo. He is the Cosmic Son of Virgin. He is symbol of wisdom, meaning the subtle nature is capable of reflecting the light, love and power of God. The World Mother in the opposite sign Pisces reflects herself through the first half of Virgo to manifest her plan. All sons of God are sons of virgins that reflect and manifest the plan of the world mother.

The virginity of Virgo is symbolised by the clean sky upon which many appear and disappear. Colours appear and disappear. Forms appear and disappear. Planets appear and disappear, stars appear and disappear, but the sky remains unaffected in either situation. The clean sky stands for virginity. A mind that remains like the clean sky is the mind utilised for the Plan of Work.

The disciples are strongly recommended to chant Gayatri visualising a clear sky at the forehead. This would enable cleansing the mind and making it a virgin mind. Such virgin mind is eligible to work for the Plan.

MESSAGE OF THE TEACHER

CULTURE



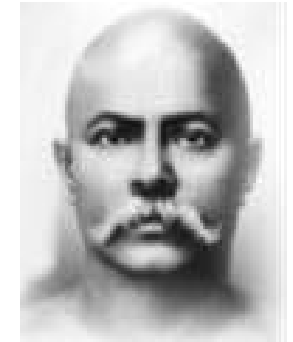
Man is rich if he is culturally strong. Culture gives stability and man remains rich with culture forever. If one needs to choose between riches and culture, it is better one chooses the latter to the former. If you are just rich and carry no culture, you are bound to succumb to the indulgences of life. Such indulgences would slowly pave way for sorrows, negative emotions such as suspicion, lack of trust, pride and recklessness. It would further lead to the denial of the Divine. The fall is heavy for the rich when they are not cultured. This is true with a man, a group and a nation. The rich ones have to be extra careful in imparting culture.



GÎTÂ-UPANISHAD
- LORD SRI KRISHNA -
THE PATH OF SURRENDER

Arjuna! You speak of surrender to ME. The Path of Surrender is not easy. It demands non-desire and non-attachment. People that have ego (personality) necessarily carry desire. Desire is the twin-brother of personality. Attachment is its son. As long as man does not surrender his desires and his attachments he cannot follow the path of Surrender. Surrender is more difficult when man believes in his ability and in his intellect. Surrender is not possible with a hidden agenda of desire and personal longings. If you wish to follow the Path of desire, stay in ME in you and do what I instruct. Accept the consequences of the action because the consequences are I AM. (Jesus Christ is a great example of the Path of Surrender in the West. Ramakrishna Paramahansa, Shirdi Sai Baba are among the many in the East who demonstrated the Path of Surrender). The dictum relating to the Path of Surrender is 'Father Thy Will be done, not mine.'

MESSAGE OF MASTER CVV
THE MESSAGE OF OBSTACLES



Realise that the obstacles you find on the way are non other than the things you neglected in the past. Whatever you negated, neglected, excluded and eliminated will come back to you to be resolved by you. Every problem of today can be traced to your neglect of the past. Every thing you neglect today is the problem of the future. The one who neglects, is building a path of obstacles. To such ones the path is tiresome.

If you neglect health rules today, sickness encounters you tomorrow. If you neglect people today, their non-cooperation encounters you tomorrow. If you neglect riches today, poverty encounters you tomorrow. If you neglect duty today, a failure encounters you tomorrow. See the lesson of the present obstacle. Rectify your attitude, neutralise the obstacle and move forward. Every obstacle is a saturnine message. Stop, think, rectify and proceed.



LORD MAITREYA SILENT WORK

In the age of Kali such great avatars as Buddha and Christ happened. They taught relentlessly and inspired. They established their teachings in the ether around the Earth. They continue to live in the human memory. They are called saviours of humanity. Did they really save this humanity? It is a question posed by the intellectuals of the society.

Intellectuals are more engaged with the obvious than the real. They perceive the gross but not the subtle. They are accustomed to sounds but not to silence. They believe in speeches. They do not believe that speeches can be silent. They are with the noise of the world but not with the voice of silence. They need to get into the nature to experience. The one who things silently gets transformed in nature. The breeze is silent. The play of light and darkness is silent. The change of seasons is silent. The unfoldment of a flower is silent. The emerging of the bud is silent. The transformation of a water drop into a pearl within the shell is silent. Nature works silently and causes transformations in silence. So are the teachers whose work is silent. It cannot be seen by the intellect, which is blind to intuition.

MASTER MORYA - MARUVU MAHARSHI -



TWO PRAYERS

For the ones who are imparted with wisdom in my Ashram, I conduct convocation and give a prayer. The prayer is as under:

‘Oh Lord!
I affirm to serve you at all times,
in all places, in all people.
May my life of service lead me to impersonality.’

This prayer is an oath that leads the student on to the path of service. It leads him further even to sacrifices culminating in self-sacrifice. To such ones there would be increased responsibility, hurdles and obstacles. There would also be varieties of attractions to distort them from the path. As he progresses on the Path of Service there would be birth of joy in the core of his heart, which would open doors towards Light. At that point there would be the final obstruction coming from the personality, frequently referred to as Saturn. To overcome the final obstruction, I also give yet another prayer that is to be done daily before the student retires into bed. The evening prayer is as under:

‘Oh Lord!
Who am I to serve?
It is you that serves through me.
Who am I to walk the Path?
It is you that leads me and guides me unto you.
Who am I to overcome the obstacles of light?
I am a man of little vision.
May Thy Will lead me unto to You.’

The two prayers function as the morning and evening tonics, until the student finds himself in the world of light.



**MASTER KOOT HOOMI
- DEVAPI MAHARSHI -
MATHURA**

Lord Sri Krishna dwells in Mathura. Mathura means the sweetness of the fruit of ambrosia. That sweetness causes ecstasy to the soul in relation to the Super-Soul. Such Souls are in ecstatic romance with God. During the Lord's life on Earth he was born in Mathura. He lived and moved in Mathura. His presence was granting such romantic ecstasies to the seers, devas, mystics and simpletons. We have been a witness to his life of 126 years. We too experienced such ecstasies in his presence. His looks were ecstatic. His movements were ecstatic. His smile and speech were exceedingly ecstatic. His flute music was causing ecstasy event to the animals. It was a unique experience to witness him in the Great War where, he attracted the opponents in to him through looks and granted liberation, while Arjuna was releasing arrows onto their bodies of flesh and blood. He could transmit the sweetness of the fruit of ambrosia even during the war and releasing the Souls even before the weapons hit them. A great service in war! It was never before. It will never be hereafter. It is the love of God expressed on earth in great ecstasy.



**MESSAGE OF MASTER E.K.
THREE STATEMENTS**

I would like you all to ponder upon the following three statements:

1. If you are timid, you cannot overcome the social, domestic and economic bondages.
2. When you plan for your group welfare never manipulate the group members.
3. In a group-work do not introduce personal programs. It not only pollutes the group but also ends up in dissolution of the group.



VIDURA
WISDOM TEACHINGS

The beings live by nature's support.
The cobbler, the barber, the potter,
the trader, the soldier, the King,
all are supported
one way or the other.
Hence,
living for livelihood is ignorance.



SHIRDI SAI SAYINGS
GIFTS

I accept gifts from some, for I wish to bless them.

I refuse gifts from some others, for their gifts are impure, filled with vanity and pride.

I demand gifts from yet others, for I AM bent upon releasing them from their bondage.

I collect my coins from still others who promise to give and forget.

I like this game. I rejoice playing it.



SRI RAMAKRISHNA PRAY TO THE DIVINE MOTHER

I used to pray to the Divine Mother in this way: “O Mother Who art the embodiment of bliss, Thou must reveal Thyself to me.”

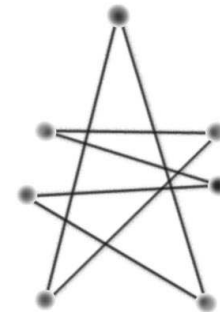
And sometimes I would pray: “O Lord of the meek! O Lord of the humble! Am I outside Thy universe? I have neither knowledge, nor devotion, nor the merit of austerities. I know nothing. O Lord, in Thy infinite mercy Thou must vouchsafe Thy vision to me.”

O Mother Divine! I want no honour from men. I want no pleasures of the flesh; only let my soul flow into Thee as the permanent confluence of the Ganges and the Jamuna. Mother, I am without Bhakti, without Yoga, I am poor and friendless, and I want no one’s praise; only let my mind always dwell at Thy Lotus Feet.

Mother, I am the Yantra (the instrument). Thou art the Yantri (the mover); I am the room, Thou art the tenant; I am the sheath, Thou art the sword; I am the chariot, Thou art the charioteer. I do as Thou makest me do; I speak as Thou makest me speak; I behave as Thou within me behavest; not ‘I’, not ‘I’, but ‘Thou’.

CHILDREN’S SECTION THE DOCTRINE OF ETHICS

Look not to bed
with other's lady.
Manipulate not for self-profit.
Find not fault with others.
Discuss not with inequals.
Shelter not with a relative
while in poverty !



CHILDREN'S SECTION

THE RIGHT USE OF FOOD

Food and the Life Force

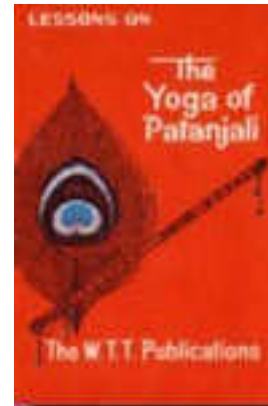
There are advanced human beings who live in deep meditation for long hours, even without breathing. They seem to be dead for all clinical purposes but are very much alive. In recent years, Lahiri Mahasaya, Sai Baba of Shirdi and Master C.V.V. of the Blue Mountains demonstrated this in their lives in this Century. A Yogini (lady yogi) in Bengal (India) demonstrated for 50 years how to live by breathing alone. She did not even drink water during this period of time, let alone food. She was a tourist attraction in the first quarter of the 20th Century. Absorption of life force through breathing was the technique adopted by her. As she was not eating and drinking, she also had no need for defecation or urination. She was brilliant in appearance and her eyes were like sun-balls radiating light.

There was also a Yogi in Andhra Pradesh, South India, till 1980s who lived without food and water in a closed room for more than 30 years. He used to come out of his chamber once in a year on the new moon day of the month of Aquarius.

* A section from the book 'Mithila' of Dr. K. Parvathi Kumar.

BOOK REVIEW

LESSONS ON THE YOGA OF PATANJALI



The whole practice of Yoga is to sublimate one's own activity of the lower nature and get it absorbed into the Original Existence so that one can live with the same machine of the human constitution in terms of true existence. Master E.K. makes us experience a masterly synthesis of the essence of Patanjali unfolded by dynamic teachings that simplify complex ideas, and through a process of correspondence to everyday life makes them accessible to the modern mind.

The book contains a session of 9 lessons in Geneva, October 1981, giving an introduction to the Science of Yoga, propounded by Patanjali and the Bhagavad Gita.

Ekkirala Krishnamacharya: Lessons on the Yoga of Patanjali
Copies: The World Teacher Trust, info@worldteachertrust.org

GOOD FRIDAY - THE RITUAL OF PASS-OVER



Good Friday is the most important day for the ritualists who practise the inner ritual in the secret and sacred temples. Friday is very important because it is the day that opens the doors to us to the subtle kingdom, which is the kingdom of Light with its rainbow colours. Good Friday is the best of Fridays of the year. Good Friday is an annual event and has also come to be the Friday on which the Grand Master Jesus passed over into the realms of Light and came back again to establish the Path with the Light that he received through such ascension. On that Good Friday there is the ascension and the resurrection.

A 10 minutes talk on Good Friday in a Temple on 13 April 2001.

K. Parvathi Kumar: Good Friday - The Ritual of Pass-Over
Copies: The World Teacher Trust, info@worldteachertrust.org

NEWS - REVIEW TOURS OF THE TEACHER

Extracts from the WTT-Europe Annual Report 04/05

5. Switzerland

27 June 2004, Interlaken

Together with the Master the Executive Board decides that the office premises in Einsiedeln should be bought for the WTT-Europe.

6. Argentina

November-December, Iguazú & Buenos Aires

Hotel San Juan, Foz de Iguazú (Brazil)

The subject of the seminar was "The Scope of White Magic". A fire ritual took place during this group live, in which 70 members from Misiones and Buenos Aires, but also from Miami, Venezuela and Switzerland, participated.

The level of the water kept very high most of the time and a visit to San Martin Island was made difficult. Once the sky opened, the Master and some members of the group availed the opportunity to go to San Martin Island, on the middle of which lies the altar. One hour later the clouds covered again the sky and much rain followed.

Further visits to both sides of Cataratas were carried out by the entire group.

Mariápolis (O'Higgings)

The subject of the seminar was "The Science of Interludes & Death". The group cooperated very actively in creating a special atmosphere of silence that made the subject flow. The Master thanked the group at the end for such cooperation. A fire ritual was celebrated. Around 130 members participated with numerous participation from Buenos Aires, but also from Olavarría and Misiones.

Biblioteca Teosófica (Buenos Aires)

The Master rendered a short visit to the Theosophical Library and spend some time with members at the premises. At their request he spoke on Madame Blavatsky and Theosophy.

GROUP FORUM NEWS & ACTIVITIES (Inputs welcome)

Group reports: The World Teacher Trust Spain / WTT España

Contact: Aurora Mahedero Pizarro, wtt-es@wanadoo.es

Name of the group: Blue Point - Vitacultura

Contact: Nicolás Morcelle Carrascal

Activities

General activities:

- Personal and individual orientation aid for couples, families and businesses.

Specific activities:

- Food and economic aid to the needed.
- Economic Contribution to a national NGO to help abandoned children.
- Information and free formation of people in need.
- Free meditation introduction to people who request it.
- Creation of a new group of meditation in Zaragoza, dedicated especially to healing, asanas and pranayama.
- Monthly publication of a bulletin called "Acuariano", that works as a link between this group and the guidelines given by Dr. Sri K. Parvathi Kumar.

Name of the group: WTT Madrid

Contact: Conchi González

Activities

- Reading of books, especially those by Master E.K.
- Thursdays: meeting with new members of the Group, with meditations and books suggestions or guidance.
- Group meditations focused on Healing and hands imposing; distance healing.
- Promotion and active cooperation with selling the books of Dhanishtha Editions.
- Monthly Meditation in the Toledo Cathedral, on most close Friday to Full Moon or New Moon.

EXTRACTS FROM THE TEACHINGS THE HIGHER ASPECT OF LIBRA, Part XII

Dr. Sri K. Parvathi Kumar

Peñíscola Group Living, Spain, June 2003

Don't try to understand the scriptures with your knowledge of the terminology. You have different definitions for the same terms. So, the marriage is in nature's plan by bringing out the woman from the man and causing procreation, so that the souls keep receiving bodies according to their qualities. Our children are not our children. They have similar vibrations, so the souls are attracted to us. The souls look for agreeable runways to land. What is suitable to the one is not suitable to the other. Depending upon the quality of their personality they land and try to progress there. That is why to enable procreation and giving bodies of flesh and blood to the souls, nature has caused this system of female separating from the male. That is how from the androgynous creation it has become a creation with male/female, Until we become androgynous, we continue to marry. Initiates beyond the 5th initiation, they are androgynous, they don't need to marry. But to show an example, they marry, and even if the *Avatar* is on the physical plane, as a matter of example, he marries. So, this institution of marriage is considered a step towards higher awareness. It cannot be seen as an activity of just indulgence.

When once this matrimony happens, Libra has three centres in the body:

- one is in the region of the head,
- the second is in the region of the heart, and
- the third is in the region of the diaphragm.

Only these three centres become active, when once the purpose of marriage is fulfilled.

- The centre relating to the region of diaphragm enables the functioning of the body in the right way.
- The centre in the region of the heart enables the functioning of the personality in the right way, and
- the centre in the head enables the soul to be in alignment with the higher circles and conduct through the personality and the body.

The soul itself is a channel for the plan of the higher circles. The centre in the head is slightly above the centre of *Ajna*. It is called higher *Ajna*. Then the centre in the heart is also slightly higher than the heart centre, and it is the centre which is in ever-alignment with the soul. It reminds the vehicle of

the soul. Then the centre above the diaphragm regulates the body. It keeps it healthy and enables reception and conduct of the work according to the direction coming from higher circles. So, the body is subservient to the personality, the personality is subservient to the soul, and the soul is subservient to the plan of the super-soul. All these centres are well guided by the principle of *Prana*. This principle of *Prana* is what is called *Samana Vayu*. You find these five principles of *Prana* in the book "White Magic". In the east they are of common knowledge.

Inhalation is called *Prana Vayu*. Exhalation is called *Apana Vayu*. The equilibrating principle between inhalation and exhalation is called *Samana Vayu*. That is what Libra air is. Libra air can cause equilibrium and put you into the *Sushumna*. Libra is an airy sign. I told you it is the fulcrum, and this *Samana Vayu* is the fulcrum among the five *pranic* principles. You can also read about *Samana Vayu* in the last chapter of "Secret Doctrine", where Madam Blavatsky speaks of *Samana Vayu*, that can lead you to higher circles of *Udana Vayu* and *Vyana Vayu*.

Prana Vayu enables us to receive oxygen and cause vitality to the body. It functions from the eyebrow centre to diaphragm.

Apana Vayu enables us to expel the carbon from the body. It functions from solar plexus down below to the feet.

Prana and *Apana*, they cover your body from the eyebrow centre down below. If you have sickness in the higher part of the body, it means *Prana Vayu* is not working well with you. If you have sickness from solar plexus and below, then *Apana Vayu* is not functioning well with you. Consequently, the carbons are not thrown out. Hence, diseases settle in the stomach, in the region of sacral affecting liver, pancreas, and then the kidneys, the generative organs, the hip, the legs.

Samana Vayu bridges *Prana Vayu* and *Apana Vayu*. There is a gap between the diaphragm and the navel which is connected by *Samana Vayu*. That connection has to happen. Then you have equilibrium of health and equilibrium of the body. The word *Samana* itself means equilibrium.

Mitra is the deity, the cosmic angel relating to *Prana Vayu*.

Varuna is the cosmic angel relating to *Apana Vayu*.

Aryama is the cosmic angel relating to *Samana Vayu*.

That is why we invoke *Mitra* and *Varuna* in the morning and evening invocations. We say: *S'am no Mitra S'am Varunaha. S'am no Bhavatvaryama* - Let all these angels be at poise in me!

When *Samana* is made effective by linking *Prana* and *Apana*, man realises the pulsating principle which is the basis for inhalation and exhalation. In the 4th step of Yoga, the first stage of accomplishment, you gain *Samana Vayu*.

The 4th step of Yoga is *Pranayama*. *Pranayama* means: *Prana* regulated. There is regulation of inhalation and exhalation as the first step. When that happens, *Samana Vayu* becomes active. That is why the good students of *Pranayama* they don't know sickness. Yoga says: If you accomplish *Pranayama*, you cannot carry sicknesses. The two are linked and you feel the pulsating principle at the pinnacle of the diaphragm. You are more occupied with the pulsating principle than with respiration. Sometimes, even if you do not respire, you continue to live, because you are with pulsation. This is called the first step of *Prana* regulated. Just breathing is not *Pranayama*. People sit and breathe in and breathe out and think they have done *Pranayama*. It is only preliminary to *Pranayama*. Its real meaning is: *Prana* regulated.

Prana is regulated in three stages, and at each stage you reach higher planes of awareness. The first step is gaining the pulsating principle in the region of the diaphragm. When you are engaged with this pulsating principle and your mental awareness ceases from inhalation and exhalation, then it is a happy union. It is a union of the thread of consciousness with the thread of life in you. As they unite, then they rise together, and as they rise, they rise beyond the eyebrow. The pulsating resonance is experienced above the eyebrow. So, from the diaphragm up to above the third eye, there is the rising of the pulsating principle. You do not feel the body, it is bodiless consciousness. It is called *Udana Vayu*. *Ud* means above. *Udana Vayu* is the air of the higher part of your body. That is how you get into the higher centres of your body.

You have the centre of *Samana Vayu* above the third eye, the centre of *Samana Vayu* in the higher heart, and the centre of *Samana Vayu* at the diaphragm. That is why the schools of Yoga relating to *Pranayama* they give utmost importance to *Samana Vayu*, because *Samana Vayu* is the bridge between inhalation and exhalation, and it also leads you to the fourth *Vayu* which is *Udana Vayu*. That is how the function of *Samana Vayu* which exists in *Libra* helps you to accomplish the 4th, 5th and 6th steps of Yoga. That means, *Pranayama*, *Pratyahara* and *Dharana*. When you are working with this *Samana Vayu* to accomplish these 4th, 5th and 6th steps of Yoga, two qualities will be of great help to you: to serve the group and to serve the teacher, unconditionally. Serving the group will neutralise your *Karma*, and serving the teacher is like relating to a magnet.



PARACELSUS HEALTH AND HEALING THE MYSTERY OF BLOOD

In days such as these, almost anyone is prone to cancer. Fear is the great predisposing factor for cancer, while inertia and emotionalism are the other factors. No one is as prone to cancer as the abovementioned types. A fully active life, which enables constructive engagement of mind, prevents diseases.

Excessive emotions, depressions, excessive inertia and frequent attacks of fear can be gauged before. A true healer should notice these tendencies and should suggest the necessary remedial measures in terms of work, aspirations and daily living conditions. This approach to cure needs to be thought of. This requires a personalized approach to the patients, their family and their antecedents. Once malignant condition is established potentially, the disease of cancer cannot be cured.

Cure is only possible in the early states provided the person to be healed is fully co-operative. In occult circles it is believed that healing prayers are effective to calm down the emotions. The prayer through sound and colour therapy cleanses the aura of the persons. The healers do not direct the healing energy directly to the tissues of the cancer even if cancerous condition is prevailing. They cleanse the emotions in the aura and transmit golden light uttering the related sound and colour. Sound and colour is seen as a therapy in the occult circles to contain, and some times prevent, cancer. This is a harmless practice, since the healers do not meddle with the cancerous tissues/ tumours.

Cancer is seen in the occult sense much before the transmutation of cells in the behavioural pattern. Emotions do exist in humans, and such emotional forces are so heavy these days that seldom people are free from them. Since ladies are generally more emotional than males, the incidence of cancer is seen more in ladies than in males. They are not only more emotional but also have the consequent fears, anxiety and tension. Males are generally affected by such habits as smoking, drinking etc.

In the present times it can not be ignored that there is an intensified group activity. There is certain communion of inherited group tendencies. A

Astrological Important Days in August / September 2005

23.08.	02:45	☉ ⇒ ♍ / Sun enters Virgo ♂	☉ in ♍ – 1 st bis 14 th descending moon phases: <i>Contemplation upon the Pitris</i>
26.08.	05:02	☾ 8 th phase of descending moon starts ♀	☉ 02°59' ♍ / ♀ 26°59' ♀ (End 05:45 on 27.08.)
29.08.	08:59	♃ 11 th phase of descending moon starts ♃	☉ 06°02' ♍ / ♃ 06°02' ♃ (End 11:12 on 30.08.)
02.09.	18:30	♀ Phase of new moon starts ♀	☉ 10°18' ♍ / ♀ 28°18' ♀ New moon point of Virgo: Contemplation upon 'The Pledge'
03.09.	20:45	♁ New moon of Virgo ♁	☉ 11°21' ♍ / ♁ 11°21' ♍
07.09.	01:52	♃ 4 th phase of ascending moon starts ♃	☉ 14°28' ♍ / ♃ 20°28' ♃ Ganesha-Festival: Contemplation upon Ganesha, the cosmic Jupiter, from Head Centre to Base Centre
08.09.	02:47	♃ 5 th phase of ascending moon starts ♃	☉ 15°29' ♍ / ♃ 03°29' ♃ <i>Contemplation upon the 7 Seers of the Great Bear, represented by the 7 Masters of the 7 Rays</i> (End 03:11 on 09.09.)
11.09.	02:14	♁ 8 th phase of ascending moon starts ♁	☉ 18°22' ♍ / ♁ 12°22' ♁ (End 00:50 on 12.09.)
13.09.	20:20	♂ 11 th phase of ascending moon starts ♂	☉ 21°03' ♍ / ♀ 21°03' ♀ <i>Contemplation upon Gāyatrī, the World Mother with a rainbow halo around the head</i> (End 17:24 on 14.09.)
15.09.	14:59	♃ 23 rd constellation <i>Dhanishtha</i> starts ♃	♃ 17°16' ♃
17.09.	07:18	♁ Phase of full moon starts ♁	☉ 24°25' ♍ / ♁ 12°25' ♁ <i>Contemplation upon Gāyatrī, the World Mother</i>
18.09.	04:01	♁ Full moon of Virgo ♁	☉ 25°16' ♍ / ♁ 25°16' ♁
23.09.	00:23	☉ ⇒ ♎ / Sun enters Libra ♀	Autumn Equinox: Contemplation upon the female Hierarchy
24.09.	19:56	♁ 8 th phase of descending moon starts ♁	☉ 01°47' ♎ / ♁ 25°47' ♁ (Ende 21:34 am 25.09.)
28.09.	02:06	♃ 11 th phase of descending moon starts ♃	☉ 04°58' ♎ / ♃ 04°58' ♃ <i>Contemplation upon Śiva, the cosmic 1st Logos</i>
02.10.	11:02	☉ Phase of new moon starts ☉	☉ 09°16' ♎ / ♁ 27°16' ♍ New moon point of Libra: Festival of Lights, to dispel the darkness of the darkest new moon, Contemplation upon 'The Pledge'

All times are in MEST (middle european summertime).

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person who is weak in resistance attracts the impact of these group tendencies. Persons weak in mind and in vitality are prone to respond to the ills emanated from the group emotions and group thoughts. This is also one of the causes of cancer which was not so prevalent in earlier and more leisured days of life. There is increased stimulation of the body in urban places where there is massed group existence. The massed group life leads to massed cell emanation and radiation. This constant stream of energy pouring out from the body cells of massed humanity produces in certain types of people a stimulation of body cells structure. This usually occurs where there is weakness in the vital body and the consequent lack of resistance. The cell defences are impaired and the result is cancerous condition. This should be given thought. The social structure needs to be decentralized with more ventilation, breeze and vegetation for habitation.

Dr. K. Parvathi Kumar

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GREAT INVOCATION

Let us form the Circle of Good Will.

OMNIA VINCIT AMOS

From the South through Love
which is pure.

From the West through Wisdom
which is true.

From the East through Will
which is noble.

From the North through Silence
which is golden.

May the Light make beautiful
our lives.

O Hierophant of our Rite
Let his love shine.

OMNIA VINCIT AMOS

Let us form the Circle of the World Servers

We bow down in homage
and adoration

To the Glorious and Mighty Hierarchy,
The Inner Government of The World,
and to its Exquisite Jewel,
The Star of the Sea -
The World Mother.

From the point of Light
within the Mind of God
let Light stream forth
into the minds of men.

Let light descend on Earth.

From the point of Love
within the Heart of God
let love stream forth
into the hearts of men.

May Christ return to Earth.

From the centre where the
Will of God is known

let purpose guide the little wills of men,
the purpose, which the Masters
know and serve.

From the centre which we call
The race of men

Let the Plan of Love and Light
work out

And may it seal the door
where evil dwells.

From the Avatar of Synthesis
Who is to come

let His energy pour down
in all kingdoms.

May He lift up the Earth to the
Kings of Beauty.

The Sons of Men are one
and I am one with them.

I seek to love, not hate.

I seek to serve and not exact
due service.

I seek to heal, not hurt.

Let pain bring due reward
of light and love.

Let the soul control the outer form
and life and all events,
and bring to light the love
which underlies the happenings
of the time.

Let vision come and insight.

Let the future stand revealed.

Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.

Let all men love.

Master D.K.



In stillness of Nature sound exists.
You perceive it as Silence.
In truth silence is real sound.
What the ear generally listens
is the disturbance to that Sound.

Impart to the ear to listen to the sound of the silence.
You can listen to the voice of silence
through the heart of the ear,
OM.

K. Parvathi Kumar