

VAISAKH NEWS LETTER



HAMSA SIVA SOHAM



Scorpio 2006 Vrishika

Letter No. 7 / Cycle 20 –23rd October until 22nd November 2006
The World Teacher Trust - Global



If your utterance of OM
leads you to listening it,
all mantras get fulfilled in you.

It fulfills and aligns
the 3 qualities
and the 5 senses.

It settles you in yoga.

The 7 tissues of the body get rejuvenated.

Therefore utter OM and listen.

K. Parvathi Kumar



Invocation

May the Light in me be the light before me.
 May I learn to see it in all.
 May the sound I utter reveal the light in me.
 May I listen to it while others speak.

May the silence in and around me present itself,
 The silence which we break every moment.
 May it fill the darkness of noise we do,
 And convert it into the Light of our background.

Let virtue be the strength of my intelligence.
 Let realisation be my attainment.
 Let my purpose shape into the purpose of our earth.
 Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
 May we live in the awareness of the background.
 May we transact light in terms of joy.
 May we be worthy to find place in the Eternal Kingdom OM.

Master E.K.

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Dr. Sri K. Parvathi Kumar is President of the 'World Teacher Trust' and Founder of the 'Vaisakh News-Letter'.

The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

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Prayer for the Year

Wash Karma in space.
On the deep blue slate
paint ever-elevating colours,
ever at the feet of the Master
in the Vaisakha valley.



Message of the Month of Scorpio

Each time in the yearly cycle when we touch upon Scorpio, we touch upon the 8th house. Number eight stands for change. Change includes death because death is also a change of life, but a substantial one. One should learn that change is constant in life and change is the dynamic factor of life. If we do not change as per the changing pattern of life, the current of change would sweep you away.

In the present context of life, man needs to think of the ever-changing scenario, which is more visible than before. Least man understands the change that is happening in Nature on a day-to-day basis. The fauna and flora of this earth goes through millions of changes on a daily basis, which can be found through a microscopic vision. The seed yielding to the sprout, the sprout yielding to the plant, the plant yielding to the tree, the tree yielding to branching out, and the branches yielding the stags and stems and leaves and ultimately yielding to flowers and fruits is a process of continuous change consisting of innumerable transformations. Apparently in nature every thing is stable. But that stability is based on a very high speed of change. It is like the stability of an aeroplane in the sky with its related speed. Many do not visualise that change gives consistency and change gives constancy. Such one needs to observe the Nature and learn.

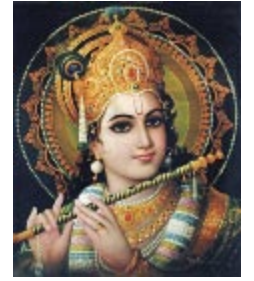
Within the human system also there is equal intensity of change, of which man is unaware. Observe the change in you, in Nature and learn to accept change. Changing is learning. Learning is to change. The one who does not learn, does not follow the change and therefore dies.



Message of the Teacher

Hook-off and Hook-on

Do you believe that you believe in God? If you really believe so you do not get worried of your life, of your death and of your misfortunes. If your mind is preoccupied with losses, difficulties and death then do not carry the illusion that you believe in God. Fill the mind with omnipotent energy of God and stay stable at times of crises. This is the only way disciples crossed over insurmountable personality crises. Learn to let off the hook of personality and hook-on to the Divine. This is called the Path of Discipleship.



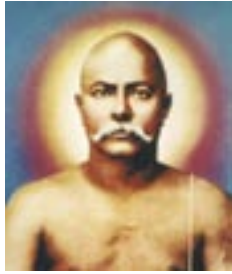
Gîtâ-Upanishad

- Lord Krishna -

Stay Afloat

"I am unborn. I am unspent. I am the Master of All that is. I preside over the Nature. From time to time I descend through my Nature," says the Lord. There are three types of beings. Those who incessantly and repeatedly take to the cycle of births and deaths. There are others who pass through births and deaths consciously. There is the One who is never born and never dies. His apparent birth is no birth and his apparent death is no death. First category beings are the mundane ones, ignorant of the laws of creation. The second category of the beings are the knowers who know and yet go through the creational circles knowingly. The 3rd category relates to the Divine, who descends occasionally to balance the left and the right forces. Krishna refers himself to be of the 3rd category where there is only one and no other. The second category may know and experience the 3rd category one, but yet do not belong to the 3rd category. To give an example, the 1st category are like the ones that are swept away by the strong currents of the river water. The 2nd category are like the ones that swim in the currents of the river water. The 3rd one is the one that stays on the waters unaffected by the currents of the river waters.

By this Krishna subtly informs Arjuna that though apparently they are in life and in the world, he is always afloat while Arjuna is not. By holding on to him Arjuna averts the contingency of drowning.



A Word from Master CVV

A Prayer before the Prayer

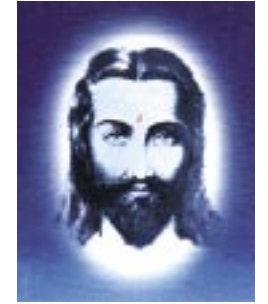
To orient better for the prayer you may utter the following:

“Master lead me to the Brahman. Receive me into your fold and guide me on the Path. Strengthen my will. Help me to remain pure and peaceful. Transmit to me compassion towards fellow beings and cooperative attitude. Give me the strength to be discriminative. Inspire me to be charitable. Regulate me to be rhythmic. Bestow on me stability at all levels until I reach Brahman by your grace.”

Such a prayer would give orientation for prayer and meditation to happen. Do not shirk to seek from Me. It is far better to seek from Me than from the world.

In the Vaisakh Newsletter of Virgo, in the message of Master CVV, there was the invocation: MTA Namaskaram. Dr. K. P. Kumar gave the following explanation:

“Adi means the Brahman, the absolute God. It turned into Master. To Him we say ‘Namaskarams Master’. He is called ATM, Adi Turned Master. He formed a channel to us. It is called MTA, Master Turned Adi.”



Lord Maitreya

The last Supper

Among the realised ones some teach, some do not. Some share love and compassion and some others internalise and remain aligned.

All these have gained the favour of the Divine and also distinct, varied powers of the Divine. Utilisation of these powers or wisdom is a great responsibility. Unconditionally and selflessly submitting the powers of Wisdom to the benefit of the surrounding life is yagna. As much as one does it, the surrounding life demands more and more. The realised one necessarily has to submit him to such demands forgetting self-comforts. This leads to surrender and letting the Divine help the surrounding life. In the process he is absorbed into the Divine as his energies get exhausted for the surrounding life through time. This is called the yagna of self-sacrifice.

Jesus, the Christ, gave this message at the dining table where he had his last supper with his disciples. The bread he broke and shared with all is the symbolic presentation of sacrificing himself in favour of the surrounding life. By this he has become one with God.



**Master Morya
- Maruvu Maharshi -**

Radical Solution

There is nothing more skilful than mind in creation. Mind is the bridge between the invisible and visible planes of existence. Ineffective mind is a weak bridge that does not enable interflow of energies. Mind should be understood as the most valuable tool handed down to man by nature. Through mind one can experience the Divine on earth, the splendour of life on earth and the beauty of living.

Such a valuable gift bestowed is generally inappropriately used leading to all conflicts of life.

The mind can be transformed into a temple within which an image of God can be installed. A mind can be let loose to be a ghost house where anger, jealousy, pride, prejudice, malice, hatred can dwell. Mind is today loaded with too many things relating to the past, the present and the future as well. The mind is generally conditioned by superstition, faiths, beliefs and traditions, which have their positive and negative value. The mind is burdened with the current problems of life unable to meet the burdens. Affected by the conditioning mind develops a vague hope for the future, which gives some kind of solace with no tangible experiencing of it. With such a mind today people get into varieties of yoga practices, discipleships, meditations, etc. Seeing all this activity from the firmament we too feel sometimes despaired. The only single way seems to be replacing the chip of mind with a fresh chip.



**Master Koot Hoomi
- Devapi Maharshi -**

Understand the Variety of the Truth

People generally comment that there are too many beliefs, too many faiths and too many religions. It is not only in relation to the science of God such conflicting variety exists. It also exists in relation to the science of medicine. It further exists in the humanistic system, where nations promote capitalism, socialism, communism, neo-maoism, nuclearism, terrorism, etc. Every nation, every group and every individual has his own theories, doctrines and isms, which seem relevant to him in their respective life contexts.

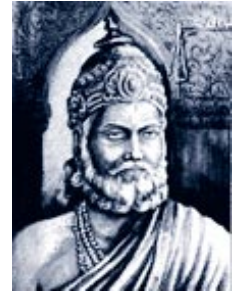
Similarly in the science of medicine the systems of allopathy, homeopathy, ayurveda, naturopathy, hydrotherapy and such others claim themselves to be superior. Today in man's mind there is little scope to accommodate another's viewpoints and to make effort to comprehend another's viewpoints. Each one is dogmatic and yet claims to be scientific. Science and dogma cannot go together. Any science loses its stature of a science when it tends to be dogmatic. The need of the hour is that man opens up to understand the variety of the Truth than to firmly stand upon one's own dogma.



Message of Master E.K.

Approach to the Master

Do not be in anxiety to cognise a Master among men or even an Avatar. Your anxiety stands in the way of your cognising him. Do what is ordained by you with greater devotion and attentiveness. The deeper you are devoted to your work of goodwill the better the Master reveals himself to you. If you stop working and start running after a socially cognised Master or if you await his arrival you miss the opportunity to meet him.



Vidura

Wisdom Teachings

Men of poise are unaffected even in impending danger, in disheartening situations, in the worst adversities, and in dangerous pathways of the wild forests.



Shirdi Sai Saying

The Key-Holder

„Whosoever thinks of Me at the time of departure, becomes one with Me“, says Lord Krishna. Hence the practice of holding the Self (I AM consciousness) devoid of other thought is needed during the life, to hold it at the departure time.

The Teacher, the Yogi holds the key to such practice.



Sri Ramakrishna

Difficulties of Jnana Yoga

Knowledge leads to unity; ignorance to diversity.

Jnana Yoga is exceedingly difficult in this age of Kali. Very few persons are fit for the attainment of Jnana. The Gita declares: “One among thousands desires to know Him, and even among thousands of those who are desirous to know, one perhaps can actually know Him.” The less one’s attachment to the world, i.e. for ‘woman and gold’ the more will be one’s Jnana (knowledge of God).

The Jnana Yogy says, “I am He.” But as long as one has the idea of the Self as body, this egotism is injurious. It does not help one’s progress, and it brings about one’s ruin. Such a person deceives himself and others.

Discipleship

Life

Dwarfing every other concept is the concept of life itself. Recognising God as the life and consciousness embodying the solar system can only solve the mystery of existence, of life. In the Biblical words "In Him we live and move and have our being" we have the statement of a fundamental law in nature. God is the One Life, which pours through, permeates, animates, integrates and preserves the entire universe. The statement of Christ, 'I and my Father are one', refers to the union of all life with its source, God. We have a universe of lives, interacting and interrelated, all parts, expression and aspects of the divine life.

There is more to manifestation than the diverse forms which possess a life principle, there is a general synthesis and purpose, which is the major characteristic of Divinity. The fruition of God's will is the ultimate goal of life, of unified spirit and matter, and the energy of that will hold all things together in life. It is, in reality, life itself. There is a naught in manifestation except energy organised by will and thought. The fact that all is energy in some form or another has already been accepted by modern science. That matter is energy has been proved by the release of atomic energy. Energy is the basis of all life, all forms, all action, all relationships and all divine fulfilment. We live in an ocean of interrelated energies and we ourselves are congeries of energies.

Life, manifesting through matter, produces consciousness, the soul of all things, and the result of the union of the two poles. Man has two aspects of life, the life of the soul and the life of the body. The divine life is all-inclusive and man's bodily life is as much an aspect of that Life as is the life of the soul. These two forms of life create that energy, which, circulating throughout the form, produces coherency. The body temporarily lives its own life in response to the imposition of the life of the incarnating soul. The life force of man's physical body is essentially the life of atomic substance, manifesting as physical, emotional and mental energy. The combined life of body and soul constitute human life, with its capacity for preservation, for growth, for activity, for manifestation of beauty, and for full conformity to God's plan.

a disciple

Rudra



Rudra is the Lord of WILL and Cosmic Fire. He enables the creator, the 3rd Logos to create. He penetrates in ten Directions, staying in the centre of the cosmic egg.

He details into 11 Rudras and enables the cosmic egg to unfold into the cosmic, solar, planetary systems. His number is 11, the Master Number. He is worshipped as the Lord of 10 as the Eleventh One. His symbol is a double pyramid, with the angles rounded up. As Rudras clear the ways Vishnu, the 2nd Logos enters and resides as the indwelling Lord of all that is in creation. He is also known as Fohat in Egyptian system.

We present monthly an aspect of Rudra in the Vaisakh News Letters for the benefit of the seekers.

1. The Bow of Rudra

Rudra, being the force principle, also contains the principle of the Boomerang. The maxim of "one reaps what one sows," is applicable to his force. The force of Rudra is for the wellbeing of all. It is for the well being of the creation itself. If one acts disaccording to the principle, the force of his action comes back to him. Thus, acts of goodwill or of evil of people come back to them. This arrangement in nature is called Rudra's bow that releases arrows as per one's acts. The worship of Rudra's bow was a Vedic tradition for one's rectitude. It also enables the suspension of furtherance of acts of evil.

The bow of Rudra exists in man from the centre of the third eye to the medulla via the head. The string of the bow is connected

as a vertical line between the brow centre and a centre in the medulla oblongata. The bow is in the upper part of the head, which contains the Plan relating to the soul. Those who reach up to the string of the bow and aim with the bow are the ones who hit the Plan, meaning, realise the Plan.

There is also a bow in the sky forming the path of the Sun from East to West. East stands for Ajna, which is one end of the bow. Via the Mid-heaven, the Sun travels to the West and sets in the West. The sunset point is the medulla. This path of the Sun from East to West forms into a bow. Rudra rules all that is below this arch of the Sun's path. The sunrays form Rudra's arrows. This bow is multi-coloured. At the eastern point (during sunrise), the bow is coppercoloured. At the western point (during the sunset hours) the bow is orangecoloured. And the bow between the eastern and western ends is multicoloured like a rainbow.

The two ends of the bow represent the duality. The thread that connects them is full of tension. That tension is the tension of ignorance. When the thread is released, the illusion of the beings is released, thereby the tension is released. This release is sought from Rudra through worship.

The travel dates for Oct. Nov. and Dec.

October	6 th , 7 th , 8 th Guntur Gurupoojas, 10 th to 27 th Germany and South Africa tour.
November	4 th to 7 th Sri Sailam birthday group life, 17 th to 21 st Gurupoojas- Berhampur.
December	2 nd to 5 th Sagittarius fire rituals at 7 Hills/ Bhadrachalam 12 th to 16 th Hyderabad, Bangalore 23 rd to 26 th Bellary and Anantpur 27 th to 31 st Bangalore December Call

Children's Section

The Doctrine of Ethics

Love based on
physical, emotional and
mental features is human.
Baseless love is Divine !

Dear Children

I spoke to you of Uranus, Neptune and Pluto whose functions extend beyond our Solar system.

Uranus is the planet that brings in the new age energy. It causes expansion of consciousness. It opens the mysteries of matter. The wonders of science that man unveils is due to the impact of Uranus. Uranus is working very effectively on us since 1875. It leads man through science to experience flying in air, crossing the mystery of death and enabling man's mastery on the 5 elements.

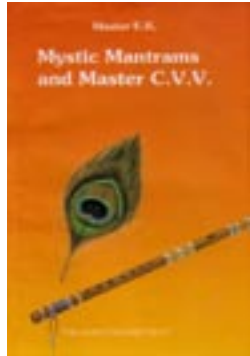
Uranus is the scientist of our age. He influences directly and also through Sun, Moon, Venus, Mercury and Saturn. It is inter-penetrating and intra penetrating energy that clears all limitations of mundane existence. To say in one word Uranus offers unconditional freedom to man and even to the mankind.

K.Parvathi Kumar

(from the editorial of Dr. Kumar on the website: www.jugendforum-mithila.de)

Book Review

Mystic Mantrams and Master CVV



Master CVV is known for his Mystic Mantrams, meditations and teachings. Through such mantrams (= composition of sounds), he stimulates the inquisitive faculty of the seeker of truth and recruits him into the inner side of things.

Dr. Ekkirala Krishnamacharya (Master E.K.) is an excellent exponent of the teachings of Master CVV and renders a lucid commentary on the mantrams which throws significant light for proper understanding and application of the process of enlightenment.

Ekkirala Krishnamacharya : Mystic Mantrams

Copies: The World Teacher Trust, info@worldteachertrust.org

On Love



Love is divine. Love is overwhelming. The word 'Love' is mostly uttered but not really experienced. Love is always associated with the Divine. Those who know the Divine only know what Love is.

„ON LOVE“ just flowed during the silent moments on 6th May 2006. It is faithfully recorded.

English and German edition. 18 € / 28 Swiss Fr

K. Parvathi Kumar: On Love

Copies: The World Teacher Trust – Global, Wasenmattstr. 1, CH-8840 Einsiedeln, E-Mail: dhanistha@wt-global.org

News - Review Tours of the Teacher

India: Marriage of Guru Prasad and Gayathri Visakhapatnam, Hyderabad, August 24th – Sept. 3rd, 2005

The first ritual, with the bridegroom in the centre, was a symbolic celebration of the end of his life stage as a celibate: In this the bridegroom was starting a pilgrimage to the holy city of Benares to lead a life of an ascetic, but before departing he was stopped by the cousin of the future bride and convinced to come back and go for marriage and later do the pilgrimage together. After a sumptuous evening dinner the marriage ritual started, directed by the family priest. The bridegroom was prepared and then waited in front of a veil, behind which the bride sat together with a priest and other members of the family. The hands of bride and bridegroom were ritualistically joined, before the veil was lifted, accompanied by the music of drums and horns. Family, friends and all participants came on the dais and showered yellow rice grains as a sign of blessing on the heads of the bridegroom and the bride. Both were touching the head of the other. Now Guru Prasad and Gayathri were officially a couple.

Waves of joy filled the hall, while congratulations were exchanged and presents were given to them. In the early morning hours the ceremonies concluded for the day with a fire ritual, to be continued after some hours of sleep with Vedic chants by a group of pundits. The garments of the bride and bridegroom, clad in white Indian robes, were knotted together. They received food and fed each other. Parents and grandparents came for blessings, and the young couple expressed their reverence towards them by handing over coconuts to them. All the Western members got some presents in remembrance of the ceremonies: A sign of the Holy OM and a picture of Lord Rama and Sita. In the evening we boarded the night train back to Visakhapatnam.

cont.

Dates of the Next Travels 2006

- 12th - 15th October Group life at Bad Meinberg, Germany
- 16th - 26th October Group meetings in Namibia and South Africa

During these dates you won't be able to contact Dr. K.P. Kumar. You find the updates on: www.worldteachertrust.org/vaisakh15_e.htm

Window to World Service
News & Activities
(Inputs welcome)

Group reports: Belgium

Name of the group: Samatva Radja Yoga

Contact: Brahma and Sarasvati Callenaere – Aelvoet

Address: B-8620 Nieuwpoort, Belgium,

Phone: ++32 +58 243378

Activities

Four different places at the Belgian coast:

- Three groups of advanced students in Raja Yoga, ± 45 persons a week involved, 1.5 h a week (asanas, Pranayama, synchronisation of movements and respiration, concentration, mantras and listening to “music of heaven”, meditation and satsanga.
- Two little groups of beginners: 16 persons involved in Hatha Yoga. Some of them may join one of the advanced groups, after minimum 15 lessons.

Group reports: Germany

Name of the group: W.T.T.-group of Hamburg

Contact: Ursula Gebhardt

E-Mail: together-CR@t-online.de

Activities:

- Regular meetings / exchange.
- W.T.T.-Cassettotheque.
- Work for the relaunch of the Paracelsus website

Extracts from the Teachings

Lecture During the Full Moon Hours of Scorpio,

Part I

Dr. Sri K. Parvathi Kumar

Fürigen Group Living, Switzerland, November 2005

Hearty fraternal greetings and good wishes.

We are in the Full Moon hours of Scorpio, and Scorpio is the 8th zodiacal sign. Number 8 is a very significant number. It stands for Saturn. It stands for Christ. It stands for change. It stands for death, and also stands for initiations. The secrets of Scorpio are too many to be described. All subjective activity, the activity of the cave temples, the Ashrams and their activity, they are presided by the energy of Scorpio.

Scorpio gives the message that the apparent is not real, because the real or the original is veiled by layers of illusion, and hence Scorpio offers illusion, Scorpio also offers initiations. It is a sign which is the profoundest among the zodiacal signs. Its secrets are unfathomable. One day the disciple has to enter into the energies of Scorpio. He has to enter into and exit from Scorpio. The exit should be gloriously, so that he shall shine forth forever.

Scorpio is not only the 8th zodiacal sign, but is also the 5th zodiacal sign in the reversed wheel. If there is a sincere and truthful approach by the disciple, the 8th house in the normal wheel of zodiac offers death to the personality, and the 5th house in the reversed wheel offers birth of the Son of God. That is how it is a sign that can cause initiation, death of personality and birth of divinity. That is the major message of Scorpio.

In this aspect Scorpio is very well related to Leo. Leo is the 5th zodiacal sign, while Scorpio is the 5th zodiacal sign in the reversed wheel. Leo is the 8th zodiacal sign in the reversed wheel. Scorpio is the 8th zodiacal sign in the normal wheel. That is how if you observe, Leo and Scorpio they form the obverse and reverse of

the same truth. Hence, Leo and Scorpio can provide a complete understanding of the truth. Many times, Leo and Scorpio are the two signs through which the work is carried out on the path of discipleship by the Masters and the disciples. Scorpio demands internalisation. If a Scorpion does not internalise, death to consciousness can happen. That means, a Scorpion can turn out to be a criminal. Likewise, in Leo, the 5th house, one can become a self-aggrandising individual. Unless Leo dedicates to service, he can be a selfaggrandising individual, because Leo stands for individualisation. The challenge for Leo is his own personality. The challenge for Scorpio is to internalise. If he internalises and pursues, the Lord of Scorpio, Mars, initiates. Likewise, the Lord of Leo, the Sun, initiates through service. Every sign has its bliss and then the related challenge.

These are the correspondences between Leo and Scorpio. Both have the aspects of the 5th house and 8th house in them. So, they offer death of something for birth of something, and hence both help the disciple on the path of progress. The unfinished work of Leo is continued and completed by Scorpio, because they are connected by this aspect of 5th and 8th house. That is how continuity is provided from Leo to Scorpio and from Scorpio to Leo, and a team of Leo and Scorpio provides the complete aspect of one activity, because one is the obverse of the other or the reverse of the other.

Coming back to Scorpio and number 5. 5 is the number of Mercury. Scorpio also has the number 8, represented by Saturn. The work starts with Saturn which requires rigorous self-regulation to move into the cave of the lion which is Leo. Leo has to learn not to live in personal aggrandisement, but to be secretive and serviceable. The whole process of discipleship in its final steps is also presided by Scorpio, because in discipleship, there is what is called incubation, the withdrawal into oneself for self-transformation, just like a caterpillar withdraws into incubation, before it comes out as a butterfly. This incubation is not an imposed incubation. One should feel by himself the need for such incubation to withdraw and to be more in the *Antakarana Sarira* than to be

actively engaged all the time in the *Bahirkarana Sarira*. *Bahirkarana Sarira* is the objective mind, the senses and the five limbs. *Bahirkarana* enables you to externalise. *Antakarana* enables you to internalise.

Discipleship demands the qualities of a Scorpio to internalise and to feel the inner light. Through deep internal contemplation, the disciple slowly transforms himself into a Master. This period is the period of exile in the stories of the initiates. Jesus disappeared in his 12th year. 18 years of incubation resulted in transformation. He returned as Christ and appeared on the banks of the river Jordan in his 30th year. That is how it is worked out.

Moses disappeared from Egypt, experienced the divinity and reappeared in Egypt as the saviour of the slaves. Similarly, you find the stories in "*Mahabharata*". *Yudhishtira* at the height of his objective success was divested of all metals. Just through one event, everything was lost, and he was in exile for 12 + 1 years. When he returned, he returned as king initiate, but before the exile, he was only a king. So, the king came back as king initiate. Moses and Jesus, they came back as saviours. Similarly, you find the story of *Sri Rama* in the *Itihasa Ramayana*. *Rama* went into exile for 14 years, transformed himself in the process to perform a global act of goodwill and got coronated as a king initiate. In the life of *Sri Krishna* also there was a period of 12 years, where he is said to have withdrawn into some remote place and contemplated upon Lord Shiva, the Cosmic Will.

Every year in the month of Scorpio, we are offered by the Year God this opportunity for withdrawal into oneself. The month of Scorpio is the month for internalisation. In many theological systems, Scorpio is recognised as the month that provides the absolute energies, the 8th plane energies, when man completely withdraws from the objectivity. In the month of Scorpio, you find in India people fasting and contemplating upon the Cosmic Will. They live on water and minimum food, they eat only once, they wake up very early and take a normal water bath, but not a hot water bath which is cool for the Indian conditions. November/December are the coolest months in India. They continue to con-

template upon the Cosmic Will, Lord Shiva, the first Logos to develop the necessary will.

Scorpio is ruled by Mars. Mars in Scorpio and Mars in Aries – these are two different situations. Mars in Aries is the leader – the official leader. Mars in Scorpio is an unofficial leader. He is not known in the world as leader, but he is a leader. He is like a king in the jungle who rules from the jungle. The Marsian power of Scorpio enables us to internalise and to restructure everything from within. This restructuring is offered in the month of Scorpio, so that we die to something to be born for something else. Certain activities have to die for certain activities to be born. That is how Scorpio offers the gift through offering, through sacrifice. Through self-sacrifice, one emerges in the glory of the divine.

For us as the ones who are following the path of discipleship, Scorpio demands withdrawal into one's own being, withdrawal from objectivity to subjectivity. All objective transaction is seen as horizontal transaction. The subjective activity is seen as vertical transaction. So, horizontals have to meet verticals. There is a meditation in "Spiritual Psychology" where it is said "Horizontals meet verticals". Verticals don't meet horizontals. If a man is engaged in the horizontal activity, meaning, when he is engrossed with the objective activity, he loses the vertical contact. That is why to the worldly people the subjective consciousness remains inactive.

Scorpio gives the message:

Get back! Get back to meet the verticals!

Horizontals meet verticals"

This text is not proofread by the author and might have some mistakes.

The Steps of Silence

Extracts from the souvenir book "The Steps of Silence", presented on the occasion of the 60th birthday of Master K. Parvathi Kumar.

Sri K.P. Kumar

by Srimati Kumari



Sri Kumar is a follower of the path of Srimat Bhagawata. The scripture Bhagawata pronounces the path to the Divine which is full of direct experience of the Divine in the day to day life. It gives tips to see the Divine as the indweller of all forms, big or small. In this path love, light and power manifest naturally as per time, place and event. Sri Kumar by nature respects elders, extends friendliness to all and worships the Divine with much devotion. His worship of the Divine is never casual. Even during his ten years when his father Sri K.V. Sastri was reciting the episode of King Parikshit to Srimati Rama Lakshmi, the Mother, Sri Kumar listened to it in the late evenings and was getting inspired. Inspirations are indicating of the touch of Divine. The result was goose pimples all over the body. Even as a child he frequently was experiencing goose pimples whenever the scripture was read out. His father got surprised and stated that this son of him would surely experience the Divine in life and stand liberated. Even throughout his educational career Sri Kumar had the touch of the Divine and the result is outstanding performances in education.

In my 21st year I participated for 7 days in a group life, where the scrip-

ture Bhagawata was regularly discoursed. It is a tradition in India to conduct within "Bhagawata Week" a group life activity for 7 days, where the scripture is recited, explained, and even sung in the evening hours. It is an around the clock activity for 7 days that enables atonement to the path of Bhagawata. In the modern day terminology the path of Bhagawata is called the path of world discipleship. While I was engaged in such an activity, on the 4th day of that week, which happened to be a Thursday, my parents arranged a meeting with Sri Kumar in connection with a marriage proposal. To me Thursday was always blissful. To me Thursday generally offers many blessings. The moment I saw him for the first time I felt very clearly and without any doubt that he is the man of my life. My consciousness was very clear and my heart dropped trumpeting the thought. It was a Divine coincidence that I saw the man of my life for the first time when I was participating in Bhagawata group life and that too on a Sunday. Later I came to know that he follows step fast the path of Bhagawata. The first impression is said to be the best impression people say. Till date I feel so of Him who carries shining eyes, a magnetic smile and a broad chest that can accommodate liberally and generously my being.

While expressing his consent for marriage Sri Kumar wrote a letter to me saying that the purpose of his life is to pursue the Divine path and that I would be happy and comfortable with him if I too had such a purpose. That letter enhanced my esteem for the man whom I was going to marry.

On 9th April 1972 we got married at Hyderabad in the presence of friends and relatives. After the ceremony Sri Kumar's uncle came to me and my father and said the following which rings in my ears from time to time: "Our Kumar is not one of those ordinary young men. He is very virtuous and is comparable in his qualities to Sri Rama. He is very dutiful, very disciplined, very respectful of elders and very brilliant. He has a very delicate and sensitive heart. It is to your good luck that he has become your son-in-law. He is modest, so you do not know what he is inside. You would know him in due course of time and know the truth of my statement. You would be a proud father-in-law of such a boy.

As I joined him in life and started to live together I slowly understood the path of Divinity he follows which I could not image in the beginning. The path he follows is too wide and varied that I cannot gaze completely even now. I understand now his path of inclusiveness, and it is therefore wide and varied. He tries to hold spiritual values in any and every event of life. He gives out spiritual values even in his attending to a movie or television or even in sport. Many times from the ordinary cinema songs he reveals many spiritual dimensions.

Sri Kumar is basically on the path to Divinity. He is devoted, welfare orientated, deep-focussed, stable in mind, fearless, illuminating and unwavering. He can accept enormous loads of work, conduct them with patience, skilfulness and cheerfulness. He bears burdens without difficulty with the help of cheer in work. His cheerfulness lightens the work to him and to his coworkers. But at the same time when he is focussed one fears to be near him. Many times I experienced the fear from his focus and his silence. In all this 33 years I never saw him leaving a work unfulfilled or incomplete. Sri Kumar's memory of valuable things of life is not ordinary. If he reads a book the content remains with him. If he listens things of good will they remain with him. His listening, reading of occult sciences straight away gets into him and remains with him even after three to four decades. Many times I am surprised of his memory of scriptures. Things he read in his tenth year are also remembered and reproduced according to the need.

Many do not know that he sings scriptures. He can sing long passages of scriptures for hours together and get into ecstasy by such singing. When he is in such a singing mood people who listen to him are also lifted up into the inspirational level of the Divine. He may be knowing many dimensions of wisdom but his singing, according to him is much more nourishing to him as even the sublime concepts of wisdom. Many know him as a magnetic and inspiring teacher of wisdom. But few know him in relation to his musical dimensions. In private and personal circles he always says the sweetness of the Divine is better experienced through music, through singing of the Divine than through ideation of the profound concepts of knowledge or even through the practises of yoga. He says that he experiences the presence much better through the Divine music than through yoga practices and abstract metaphysical ideations. He tells me from time to time, to relate to God singing is the best means. It brings in His presence faster. It fulfils the heart. His singing was admired by his father, his maternal grandfather and his maternal uncle besides a few friends. Among those who follow him there are few souls who seek to listen to him.

Sri Kumar shouldered even from the very young age very huge responsibilities, domestically, professionally and socially. Even by his 35th year he was a well-known person in the professional and social circles and was highly thought after. As his lady I was feeling proud of his accomplishments.

Sri Kumar's routine of work used to be 12 hours a day in the objectivity and 4 hours a day in subjectivity. He was so successful in life and had many well-wishers in his social circles. When he was inclining more and more towards goodwill work right from the age of 27 his well-wish-

ers from the society used to tell me to be conscious of him, to be protective of him. They opined to me, "A person of Sri Kumar's abilities and character is rare in society. He can progress unimpeded in the society and become very popular even at national level. He has many skills even to become a businessman of very high order. His brilliance can be translated to substantial name, fame and wealth, but of late we find him deviating from this potential path of success and spending much time in philosophical thoughts, gathering some youngsters around him. Please appropriately advise him. I informed the well-wishers to Sri Kumar. He smiled and said: "They also advised me. They do it out of affection to me, but I know what I am doing."

Except in close circles Sri Kumar does not speak much. His general attitude is silence. His silence grows deeper when he is attacked by such energies as criticism, pride, prejudice, and malice. In his life many a time he was attacked by jealousy and malice. He neutralises them with his silence. To our good luck when we are given interview by Sri Satya Say Baba, the holy God man all known over the globe, he pacified me by saying, "Even I am a victim of it. It is normal in this world. Silence is the best answer to it."

In his 35th year Sri Kumar left for the first time to the West along with Master EK on a tour that had the mission of spiritual fusion of East and West. It was a very long tour. Sri Kumar left his profession and went with the Master, which was a matter of concern to my parents. They asked Master EK, "If he leaves his profession like this in the name of God and good will, how would his life be and the life of his wife and children?" The Master smilingly answered, "His life and his profession would be much more splendidous." He is born with a purpose. He is born for Divine works. His family and his profession are under the protection of the Divine. He knows it, hence he has the courage to be what he is. He has no fears. You too eliminate the fear about him. I am the soul witness to the sacrifices he made in the variety of ways in life. He doesn't speak of them nor does he even remember many of them. As his life partner I know much more of his acts of good will. Others know according to their interaction with him. To him wealth means Divine presence. The worldly wealth is utilised with utmost responsibility for good work. Yet, the Divine insured that he is wealthy in the world too. It is a wonder to his professional colleagues to see that he grows in both the worlds, and his well-wishers after 18 years come back to say that he is an example on both sides of life.

One dimension which I see in the life of Sri Kumar is that the spiritual teachers and masters like him. They love him. They specially bless him. He enjoys the privilege of their "sonship". I would even see many times

that he is a favoured child of the teachers. To share a secret with the readers I might say that Master EK's love and affection towards Sri Kumar is far, far more than Sri Kumar's devotion to him. During the last 7 years of Master EK's life for anything and everything the Master was requiring the association of Sri Kumar: His admiration for Sri Kumar touched its pinnacle, when the Master desired to depart from the physical only from Sri Kumar's house.

I am a witness to his global truth during all this years (24 years). In his teachings many listeners including me experience the presence of sublime Masters. Many feel that he is the disciple of Master CVV. Others feel, looking at his discipline and his focus that he belongs to the Ashram of Master Morya. The public in general knows that he is the disciple of Master EK. In privacy and confidentiality I gently inquired who his Master was. He never answered. He smiles. Smile is the only answer he has for it. Once a lady by name Martha Paillet, an Argentinean, who participated in the seminars of Sri Kumar, told me: "Your husband is a vehicle for many Masters. This is beyond doubt. I participated in two, three Seminars of him. When your husband gets on the stage and does invocation before speech, the entire ambiance in the seminar hall changes. When he starts teaching I see different teachers behind him at different times. Your husband follows the path of synthesis and hence every line (ray) of teaching can express through him. This is a wonder. He wins the globe by his synthesis. I wish to inform you about one more aspect of him where you have a duty. He is no doubt highly knowledgeable and yet he is delicate like a child. His smile gives me the message that there is much innocence in him. It is better that you too be with him at all times. It offers protection to him. As a woman I wonder what acts of good will you have done in your past lives to have such a special man as your husband." After this message from the wellmeaning lady I decided to be with him at all times when he tours in India and outside India.

I am also a witness to Sri Kumar's writings. He generally dictates and does not write. Seldom has he written. He picks up at random a book, closes his eyes for a few seconds and opens the eyes to dictate. Many times he does not open the book. He keeps looking into emptiness and starts dictating sentences. It is to my good fortune that I remain his scribe for all his writings in Telugu. I asked him if he sees anything in the emptiness. He says, "There is emptiness inside the cave of heart, from where it springs up. It can be listened to. It is called the voice of silence."

Except during the times of teaching, writing or worshipping, at all other times Sri Kumar is very normal and very unassumed. All his spiritual practise is internal. Being Scorpio by Sun sign it remains a secret. Even

to me. There is not much external exhibition of internal transformations. Many think that he is blessed. But no one knows the intense internal work he does upon himself. In all these years of association with him I distinctly saw in him many changes for the better in his bodily constitution. His body went through many transformations. And significant transformations happened. In January 1974, January 1976, October 1981, June 1985 and November 1994. All these transformations in his constitution are attributed to the consistent and rhythmic practises he makes. His body despite its limitations always cooperates in conduct of works. His sickness never comes into the way in the stupendous work which he handles. While there is some sickness in his body he does work, unmindful of it. He never thinks of his sickness.

Being a Scorpio he speaks little of himself. He never speaks deeper things relating to him. He shares only superficial things. Once a Master of wisdom (Bhimily Master) informed me that Master EK and Sri Kumar formed the team to work 7 lives ago. They have been conducting the work together since 7 lives. Never did Sri Kumar state this. When inquired he said: "It could be possible." The growth of Sri Kumar's work is gradual and is now global. It is amazing how smoothly, simply and gradually it grows global. He has many followers. He says, they are his friends, brothers, sisters and admirers. They see a Master in him, their God in him. But he says, it is their vision and their experience. Sri Kumar never behaves as a Teacher or Master or as any extraordinary man. He says that it is futile to define. It is fruitful to experience. But I know persons who tell me the following: "Your husband is uncommon among the commons. He has multi-faceted abilities. We do not know the depth of him or his wisdom. Yet, he is very friendly. We decided to follow him for lives. Even if we die we come back to search for him and follow him. While dying we wish to look into his eyes and die. He is our friend, our guide, our Master and our God." I get stunned when I hear such statements.

As his life partner and his admirer I may say many more things. But for the constraint of the length of this description one last word about him. I have seen him heartily helping people, those who criticised him behind his back. When I inform him that they speak not well of him he says: "But they need help." This humbles me and makes me think a lot. Sometimes he talks harsh, but I haven't seen him act harsh. I am thankful to the Divine that I have association with such a man in life, who helps me to walk on the path. It needs patience to ensure that one's partner also walks with oneself.

Ever at His lotus feet.



Paracelsus Health and Healing

Himalayan Knowledge of Health

From ancient times in Himalayas there has been a simple way of living to maintain health. A short *pranayama* (breathing exercise) in the morning, no longer than 5 minutes, intake of vegetables, fruits, milk and cereals, an appropriate footwear while moving, a positive attitude of mind to receive the events of the day form part of daily routine. Meat, wines and opium are seen as enemies to health. Many till date follow this dietary system in the remote valleys of Himalayas. These simple mountain dwellers have much better health than the citizens of global cities and towns.

Among the vegetable, asparagus, celery and garlic are particularly avoided. They are considered as medicines and are used when there is disturbance to health. Exposure to sunlight, bathing in normal streams, drinking water, sitting around fireplaces, are also part of daily life to have better psychic energy.

It is common knowledge among the people in these valleys, and they distinguish nature with its vegetation, as life givers, preservers, and restorers, and even as destroyers. They tend to use nature products in all the four directions, as per the hour of need.

One can easily strengthen the action of a vegetable substance by increasing the metalization of the soil. These dwellers of the mountains know the related technique and cultivate.

Much knowledge of health and healing exists in such valleys, which is useful for scientific study and for simple curative techniques. Sometimes we need to be simpler to find solutions to complicated cures. Better health many times goes in association with simple and natural living. May the scientific age lead humanity towards simplicity.

Dr. K. Parvathi Kumar

Extract from: **Paracelsus – Health and Healing**

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Astrological Important Days in October / November 2006

- 23.10. 15:26 ☉ → ♏ / Sun enters Scorpio
 ☽ ☉ in ♏ – Every evening in Scorpio: *Light a lamp at the twilight hour of every evening at the door-front and worship the serpent-power Kundalinî, that encircles around the stem of the Base Centre*
 ☉ in ♏ – Every Monday (23.10., 30.10., 06.11., 13.11., 20.11.):
Contemplation upon Śiva, the cosmic 1st Logos
- 29.10.** Summertime ends (MEST 03:00 o'clock → MET 02:00 o'clock)
 ☉ 12:00 ● 8th phase of ascending moon starts ☉ 05°51' ♏ / ☽ 29°51' ♏
 (End 09:43 on 30.10.)
- 30.10. 17:30 23rd constellation *Dhanishtha* starts ☽ 17°17' ≈
 ☽ 21:00 **Dhanishtha-Meditation** (End of *Dhanishtha*-constellation at 16:13 on 31.10.)
- 01.11. 05:37 11th phase of ascending moon starts ☉ 08°37' ♏ / ☽ 08°37' ♏
 ☿ ☽ *Contemplation upon OM NAMA ŚIVĀYA* (End 02:55 on 02.11.)
- 04.11. 17:15 Phase of full moon starts ☉ 12°06' ♏ / ☽ 00°06' ♏
 ♁ ☽ *Worship the cosmic 1st Ray, Lord Śiva, and chant the five-syllabled Mantra OM NAMA ŚIVĀYA*
- 05.11.** 13:58 ○ **Full moon of Scorpio** ☉ 12°58' ♏ / ☽ 12°58' ♏
 07.11. Goodwill Day: Birthday of Master *KPK*
- 12.11.** 22:05 ● 8th phase of descending moon starts ☉ 19°40' ♏ / ☽ 13°40' ♏
 ☉ ☽ *Contemplation upon Lord Nârâyana* (End 07:47 on 13.11.)
- 15.11. 12:55 11th phase of descending moon starts ☉ 22°58' ♏ / ☽ 22°58' ♏
 ☿ ☽ *Contemplation upon OM NAMA ŚIVĀYA* (End 15:39 on 16.11.)
- 19.11.** 10:38 Phase of new moon starts ☉ 27°24' ♏ / ☽ 15°24' ♏
 ☉ ☽ **New moon point of Scorpio:** *Contemplation upon 'The Pledge'*
- 20.11. 23:18 ● New moon of Scorpio ☉ 28°27' ♏ / ☽ 28°27' ♏
- 22.11. 12:02 ☉ → ♏ / Sun enters Sagittarius
 ☿ ☽ ☉ in ♏ – Every morning:
Utilize the two hours before dawn for intense spiritual practice – particularly the first 13 degrees of Sun's transit
 ☉ in ♏ – Every Thursday (23.11., 30.11., 07.12., 14.12.):
Healing prayers and healing work
- 26.11.** 23:13 23rd constellation *Dhanishtha* starts ☽ 17°17' ≈
 27.11. 20:19 ● 8th phase of ascending moon starts ☉ 05°24' ♏ / ☽ 29°24' ≈
 ☽ (End 18:34 on 28.11.)
 21:00 **Dhanishtha-Meditation** (End of *Dhanishtha*-constellation at 22:25 on 27.11.)
- 30.11. 14:13 11th phase of ascending moon starts ☉ 08°11' ♏ / ☽ 08°11' ♏
 ♁ ☽ *Day of Lord Nârâyana* (End 11:42 on 01.12.)

All times until 29.10. are in MEST (middle european summertime) later in MET (middle european time).

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Great Invocation



Let us form the Circle of Good Will.

OMNIA VINCIT AMOS.

From the South through Love
 which is pure.

From the West through Wisdom
 which is true.

From the East through Will
 which is noble.

From the North through Silence
 which is golden.

May the Light make beautiful
 our lives.

O Hierophant of our Rite

Let his love shine.

OMNIA VINCIT AMOS.

Let us form the Circle of the World
 Servers.

We bow down in homage
 and adoration

To the Glorious and Mighty Hierarchy,
 The Inner Government of The World,

and to its Exquisite Jewel,

The Star of the Sea -

The World Mother.

From the point of Light
 within the Mind of God

let Light stream forth

into the minds of men.

Let light descend on Earth.

From the point of Love

within the Heart of God

let love stream forth

into the hearts of men.

May the Lord return to Earth

From the centre where the

Will of God is known

let purpose guide the little wills of men,

the purpose, which the Masters

know and serve.

From the centre which we call
 The race of men

Let the Plan of Love and Light
 work out

And may it seal the door
 where evil dwells.

From the Avatar of Synthesis

Who is around

let His energy pour down
 in all kingdoms.

May He lift up the Earth to the
 Kings of Beauty.

The Sons of Men are one
 and I am one with them.

I seek to love, not hate.

I seek to serve and not exact
 due service.

I seek to heal, not hurt.

Let pain bring due reward
 of light and love.

Let the soul control the outer form
 and life and all events,

and bring to light the love
 which underlies the happenings
 of the time.

Let vision come and insight.
 Let the future stand revealed.

Let inner union demonstrate
 and outer cleavages be gone.

Let love prevail.

Let all men love.

Master D.K