

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Sagittarius 2010 Dhanus

Letter No. 8 / Cycle 24 – 22nd November until 21st December 2010

The World Teacher Trust - Global



Invocation

May the light in me be the light before me.
May I learn to see it in all.
May the sound I utter reveal the light in me.
May I listen to it while others speak.

May the silence in and around me present itself,
the silence which we break every moment.
May it fill the darkness of noise we do,
and convert it into the light of our background.

Let virtue be the strength of my intelligence.
Let realisation be my attainment.
Let my purpose shape into the purpose of our earth.
Let my plan be an epitome of the divine plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the eternal kingdom OM.



Letter No.8/Cycle 24 –22nd November until 21st December 2010 - ↗

Contents

Master <i>EK</i> • Invocation	2
Prayer for the year	4
Message of the month of Sagittarius ↗	5
Message of the Teacher	6
Lord Sri Krishna: Gītā Upanishad.	7
Message of Lord Maitreya	8
Message of Master Morya - Maruvu Maharshi	9
Message of Master Koot Hoomi - Devâpi - Maharshi	10
Message of Master E.K.	11
Vidura - Wisdom Teachings	12
Shirdi Sai Sayings.	13
Sri Ramakrishna.	14
Lay Man's Prayer	15
Occult Meditations – Rudra - Ashram Leaves.	16
On Love / On Change / On Silence	20
Hymns on Agni	23
Invocations of the Violet Flame	25
From the Teacher's Pen -	26
Master Morya	27
Vishnu Purana Master EK.	28
51st International Tour of Master KPK	30
Extracts from the Teachings	34
Paracelsus – Health and Healing	36
Children's Section	38
Window to World Service	39
Cow	40
Book review	41
Astrological Important Days	42
Master <i>DK</i> • Great Invocation	43

Dr. Sri K. Parvathi Kumar is President of the 'World Teacher Trust' and Founder of the 'Vaisakh News-Letter'. The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

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Prayer of the year

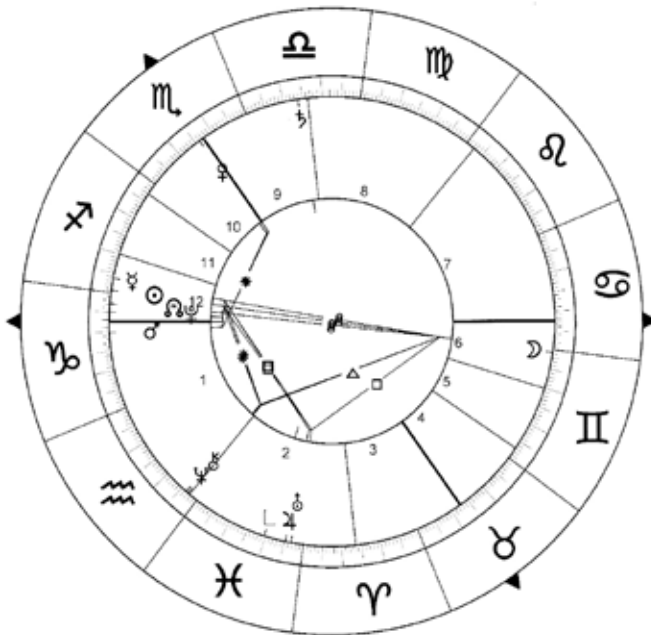
TWO FISHES, FIVE LOAVES GAINED. ST. MARK SPEAKS:

“FEED THE HOSTS OF WISDOM.

NO MORE HUNGER, SUFFERING, DEATH.”

THE BOAT SAILS. THE WIND BLOWS.

THE WAVES DANCE. THE FISH JUMP.



Full Moon of Sagittarius, 21st December 2010, 9.13 am MET



Message of the month of Sagittarius

The glyph of Sagittarius has evolved. Originally the glyph was a centaur holding a bow and an arrow and aiming at a distant object. Later it transformed into a human holding a bow and an arrow targeting at a distant object. Later it further evolved to be a bow and arrow, which is also targeted to a high target. Today it is just a targeted arrow. This is interesting. It speaks of the dynamics of Sagittarius, which stands for fiery aspiration. Today the human aspiration is very high in either way. Aspiration for material growth and aspiration for spiritual growth are equally high. The dynamics are ever changing and change has become constant. Today every human has great dreams and the related aspirations with respect to his life. If one acts with fire of will on one's own aspiration, the Sagittarian arrow can reach even beyond and that arrow is no other than himself. Jupiter being the Lord of Sagittarius stands as a judge. The shooter is the judge. He never fails to hit the bull's eye, since he is Jupiter. It is helpful for you to relate to a knower in the field and conduct the work in that field for effortless accomplishments. May the Lord of Sagittarius , Lord Dattatreya, stand by you as your teacher and help you to fulfil. Do not lay off the arrow of aspiration. Add fire to it, seek the teacher's guidance and move forward fulfilling target after target.



Message of the Teacher

The path of synthesis

A disciple asked the Master, "Are you the one through whom the path of synthesis emerged?" The Master smiled and said, "The path of synthesis emerged from synthesis itself. The first disciple to it is the Creator. Therefore the creation is full of synthesis. The second disciple is Narada, the celestial sage. The third one is Veda Vyasa. The fourth one is Lord Maitreya. The fifth is me." "But people say, you are the Second Ray Master." The Master answered, "That is how they believe."

(From Srimad Bhagavata)

Gita-Upanishad

Lord Krishna



The lotus leaf

ACTION DOES NOT BIND THOSE WHO DO NOT ASSOCIATE WITH THE FRUITS OF ACTION. ACTION DOES NOT AT ALL BIND WHEN THEN ACTION IS CARRIED OUT IN HIS NAME AS AN OFFERING. SEE HOW THE LOTUS LEAF IS UNTOUCHED BY THE MORNING DEW DROPS THAT FALL ON IT. (5,10)

Commentary

It is beautiful to see the morning dew drops falling on leaves and on flowers. Many petals of flowers and the leaves absorb the water, but the lotus petal and lotus leaf is unattached. The dew drops roll by and are not absorbed. When one does not see the fruits of one's own action, he is like the lotus leaf. He is fresh, radiant and is unattached like the lotus leaf. He gives joy to the surrounding observers. Like the lotus leaf, which offers itself to Sun God the detached ones offer themselves to Divinity. Such is the beauty of a Master at work.

Many actions happen through him. Events come to pass by and he remains ever fresh, clean, and unattached. It is through such ones the Divine works with great freedom. The Divine cannot work with others, for they lay down many personal conditions for work. Let the lotus leaf be morning messenger to you.



Message of Lord Maitreya

Intellect and aspiration

Span of life is short even to the humans. It is shorter for the animals. In a short life, is it not wise to make it sweet? But the intelligent (?) humans make it bitter for themselves and for others. They engage themselves in thoughts of malice, hatred, pride, anger and other emotions. Measure the time that you are engaged in such thoughts, which would cause disease, decay, and death, while life is meant for blissful experience. Can it be called intelligence? And remember, man is bestowed the intellect unlike the animals. Is this the way the intellect is to be used? Is the intellect meant to manipulate others, cause aggression on others, appropriate the natural wealth and resources to oneself? If it is so, it is not worth to hold it. Intelligence is given to the human to help the surrounding life and thereby help himself.

Make haste that you clean up your engagement in the mind and ensure that the fragrance of the soul emanates from you into the surroundings through your speech and actions. Any extent of indoctrination from the Teachers, Masters, Sages and Scriptures does not help unless you decide yourself and stand firm with your resolve. Let the month of Sagittarius renew your aspiration to be really a fiery aspiration.

Message of Master Morya

Maruvu Maharshi



The key to the teaching

An aspirant is all ears. He listens to the teachings with great intent. He gets inspired by the teaching. The fire of aspiration grows in him. When the teacher teaches he is never tired of listening to the teacher. It is natural for the aspirant.

Even after the teachings are heard, in a true aspirant's heart the teachings reverberate. He needs to make a very deep assimilation of the teachings by repeatedly listening to the voice of the Master within the cave of his heart. He would do well to visualise the smiling countenance of the Master and seek his help to get the key relating to the teachings. The key to the teachings of the Master is the smiling countenance of the Master. Through his smile the teachings unfold in the heart and then the golden path along with the golden stairs become visible.

May the aspirant utilise the key to unfold the teachings with a stable aspiration.



Message of Master *Koot Hoomi*

Devâpi Maharshi

The Ideal

Do not insult the brotherhood by imposing it on the people. It cannot be imposed. It can only be realised within one's own heart. The platform for brotherhood is the heart. External impositions do not work. When people utter the words 'brothers', 'comrades' and so on, there is not much meaning in it nor is there life in such utterances. They are fashionable for some and fallacy for many.

The brotherhood is but brotherhood of souls. Therefore, to realise the brotherhood one has to realise the soul that he is. Many societies were founded in the past and are founded in the present and will be founded in the future to attain the spirit of brotherhood. It is but a personality aspiration to create a brotherhood. Such an aspiration exists to each one within one's own heart. Those who realised themselves as souls naturally and concurrently realise the brotherhood.

Message of Master *EK*



The Unbound

The Lord is the king. He is the ruler. He has no other ruler. The rules of the kingdom (creation) do not apply to Him. There is nothing impossible to Him. No one can expect, foresee or visualise what He does. He is not bound by any doctrine. People create doctrines about him and bind themselves. People give ways and means, but the Lord is not bound by them. There is no design to the way He acts. They can only see when it happens. The Seers and the Masters rejoice at the way the Lord works each time.



Vidura

Wisdom Teachings

Generosity that knows
no manipulation,
conduct that does not exceed limits,
and speech that is appropriate,
is the triplicity that opens
the gates for co-operation
of the beings.



Shirdi Sai Sayings

A Message



Adversities such as ill-health, problems in family, in society or in business or vocation sometimes drive man to a Teacher of life. Adversities in the outer life are blockades that resist undesirable expansion into objectivity and confront man to turn introspective. Every adversity has a message for rectitude and restructuring of patterns.

Lucky is the one who lands at the feet of the Teacher during adversities, so that he finds the key to life.



Message of
Sri Ramakrishna

There are two sorts of disciples

The Guru said to one of his disciples, "What I impart to thee, my dear, is invaluable, keep it to thyself;" and the disciple kept it to himself.

But when the Guru imparted that knowledge to another of his disciples, the latter, knowing its inestimable worth and not liking to enjoy it alone, stood upon a high place and began to declare the good tidings to all the people.

The Avatars are of the latter type, while the Siddhas (perfected ones) are of the former.

Lay Man's Prayer



We Pray.

We stay in 1st Person and Pray You as the 2nd Person.

But You are the 1st One, we are the 2nd.

This inversion is inevitable in our Prayers.

Pardon us for this.

We Pray.



Occult Meditations

Meditation 48

**MATTER, MIND, MASTER. MATTER IS THE SOUTH POLE.
MASTER IS THE NORTH POLE. MIND IS THE EQUATOR.**

Commentary:

Matter, Mind, Master can also be understood as Matter, Man, Master. These are the three states of the one journey. Once creation is completed, the beginning of the evolution starts from matter. Matter evolves through forms. The beings are the indwellers of the forms. As the forms evolve, the beings experience better. The experience is optimum in the form of man. The man further evolves as the Master. The evolution is complete. Each time a creation happens, the beings enter into the creation at different levels of evolution. This depends upon the evolution that the beings already accomplished in the previous chain of evolution. Some beings start from the beginning depending upon their previous state of evolution. Some start as plants, some others as animals, still others as human. A few would already have been Masters. The Masters would also come back to help the fellow beings. They are called Kumaras. They form the North Pole (Sahasrara). Their disciples permeate up to Anahata, depending upon their evolution.

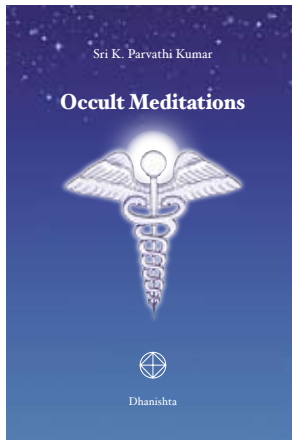
The aspirants are just above the equator and the worldly man is in solar plexus. Solar plexus is the equator. Depending upon the evolution of the worldly man, he permeates between the solar plexus and the lower Muladhara. Below the lower Muladhara, subhuman beings exist up to gross matter.

Man has an option to move upwards towards the North Pole from the

equator by following the path of Yoga (discipleship). He can also tread the path of worldliness and get into centres lower than the solar plexus. He therefore is at the midway point and is therefore the equator.

When man becomes a Master, he also works out another equation, a new balance. This is the higher equator namely the heart centre (Anahata). Staying in the heart, a Master handles the higher and the lower forces. He balances them in him. He moves with facility in the field of Spirit and matter. He also forms the bridge between the higher beings and the worldly beings. He further becomes a path for the lower beings to pass over to the higher circles. The whole path of evolution is a movement from gross to subtle, from matter to Spirit and thereafter settle in the midway point.

The student of meditation is recommended to visualise the light from Sahasrara to Anahata and to further visualise such light reflecting below the diaphragm to ensure that the darkness relating to the illusion of the world is dispelled up to the Muladhara.

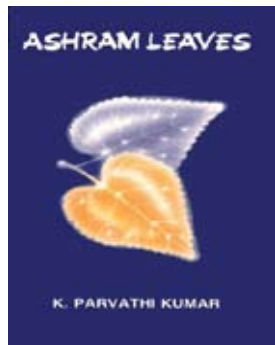




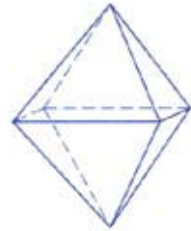
Ashram Leaves

Group Consciousness

"Birth of Son
Is Birth of Group Consciousness."

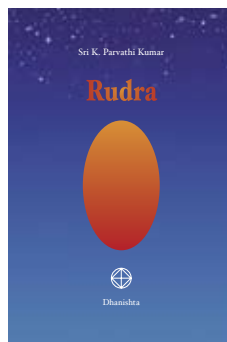


Rudra



50. Hari Kesa

Hari Kesa means the green-haired one. The green hair relates to the green heads of the trees consisting of leaves, stems and branches, which carry the life principle. Rudra's life aspect is worshiped by these two names (49 & 50). Devotees of Rudra experienced in their profound meditation a fiery form of Rudra where they see the hair of Rudra in green colour. Sometimes in the fire ritual, the flame of the fire at its tip also appears green. Such appearance is indicative of healing and replenishment of the life force.





On Love

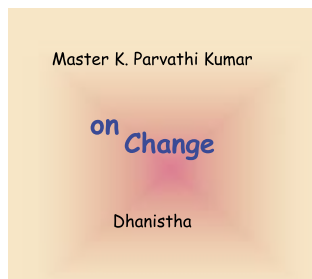
Love craves for beings.
Power craves for things.

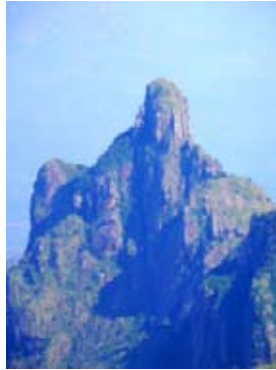




On Change

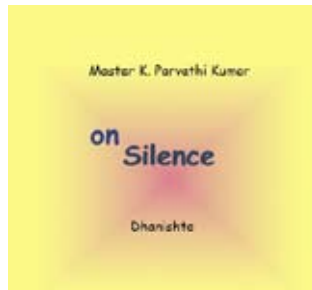
Change disturbs the balance
but leads to a New Balance.





On Silence

Silence Is.
It is waiting for you.
It is not only outside you.
It is inside you too!
It is your core – core of your very being.



Hymns on Agni



ये अग्ने नेरयन्ति ते वृद्धा उग्रस्य शवसः ।

अप द्वेषो अप ह्वरोऽन्यव्रतस्य सश्चिरे ॥

*ye agne nerayanti te vṛddhā ugrasya śavasah
apa dveṣo apa hvaro'nyavratasya saścire*

**45. YE AGNE NERAYANTITE
VRIDDHA UGRASYA SAVASAH
APA DWESHO APA HARVO
ANYA VRATASYA SASCHIRE!**

Oh Lord Agni! The one who is wealthy and strong and who does not offer through ritual prayers to you would gradually become poor and weak. His wealth disappears, his strength decays gradually. The darkness of ignorance shrouds his intellect and he turns out to be diabolic. Knowing this, one shall not deviate from his prayers to you.

Commentary:

There is fire in us and fire around. Cognition of fire and its work within oneself and in the surrounding is the first step. Maintaining the fire in the body, which exists as fire of assimilation of food, fire of aspiration, fire of mind, needs to be maintained if not improved upon through an attitude of reverence to fire. When offerings are made to others cognising existence of fire in others, fire is pleased. When offerings are also made through fire ritual, fire is pleased. When sacred word is uttered regularly, fire is pleased. When one does not cognise fire and not worship it and even does not be grateful to it, one cannot aspire to grow harmoniously. The wealth that he holds gives not happiness to him. Even if he is powerful the power does not bestow the related peace, poise, and harmony. He would even be tempted to utilise the power and money in an unlawful manner. Many well-meaning people growing in wealth and strength turn out to be diabolic when such wealth and strength are not shared with the surrounding life. Such is the Law. For this reason the worshipper is cautioning through this hymn not to be distant to the fire.

Violet Flame Invocations



Violet, Pink, Purple,
You are the Triple.

Enfold and hold the crippled,
we are but Your people,
though long for the apple.
Enfold us! Hold us.

The apples of desire cripple.
We know not this bubble.
We are but Your pupil.
Enfold us! Hold us.

Fold us in Your triple.
Oh gentle Violet, Pink and Purple.
Fold us! Hold us! Enfold us!



From the Teacher's pen

Inversion

It is but common that sometimes the teachings do the contrary with people. They feel proud that they know something. Knowledge is many times a self defeating instrument, when one seizes to be humble. Somehow humans frequently fall prey to pride, which is a horrible pit. This is where the teachings frequently find their stalement. Pride has prevented many teachings penetrating through the humans and it happens again and again. While the humble are only honoured in the kingdom of God, men unconsciously fall into pride with the little knowledge that they receive. The Teacher and the Teaching frequently fail in their efforts due to the pride of their students. Pride destroys the one who intends walking the path of knowledge. Rarely this is realised. Verily pride is the worst form of illusion.

Master Morya Part 27



Jâts and their origin..

The Râjâ and ninety-nine percent of the inhabitants (of Râjasthân) are Jâts. One thing is certain: the Jâts are one of the most ancient people of India and, although “aborigines” to the Râjputs who came after them, are not the actual aborigines, but are themselves newcomers in respect to the real aborigines...

Under the “beneficent rule of England” (a stereotyped expression), a large part of Râjasthân has now mixed within itself pure Râjputs and Jâts, and their thâkurs and zamindârs enjoy equal rights or, what is perhaps more true, equally do not enjoy any rights outside those of the average landowner and proprietor of his own estate. Public opinion, however, which rarely errs, has dug an impassable chasm between the Thâkurs of Râjput and those of Jât blood. The Jât Thâkur is a feudal baron who plunders by night. The Râjput Thâkur is a knight, un chevalier sans peur et sans reproche, in the full sense of the word. In order to appease the former and thus provide itself with faithful allies, the government while forbidding plunder by day, de jure, has permitted it de facto, having allowed the plunderers, like the Bedouin sheiks in Palestine and Syria, to collect indemnity from the incoming caravans and travellers, in order to guarantee the latter full safety from the Bhîls. But the Râjput Thâkurs did not accept a single one of the favors offered them. Ruling and governing almost autocratically a handful of their own subjects, they practically never ride beyond the boundaries of their village and, frequently, not even beyond those of their castles. P 468 - 470



Master *EK*

Vishnu Purâna
CHAPTER V

The Creation of the Mental Beings

Maitreya questioned: "Now you have described the coming down of your creation. Now tell me elaborately about the creation of the mental beings: how were created the classification and the qualities that are classified? How the Karma of the classes of human beings like the Brahmins, etc., was made?"

Parasara explained: "The Creator uttered forth what came to Him as urge. This He called Truth. From this He has created the satwic beings. From His bosom He created the affectionate beings which are rajasic by nature. From His thighs (the region of His genitals) He has expressed the creation which is emotional, being an admixture of Rajas and Tamas. From His feet He made the creation of Tamas (unconscious, inanimate and static). This is the four-fold classification of beings.

The first group is called Brahmanas (aware of Brahma), the second group is called Kshatrias (the instinct of protection), the third group is called Vaisyas (reciprocation or supplementation), the fourth group is called Sudras (those of the physical plane). Thus they are born from the mouth, the chest, the thighs and the feet.

Dates of the Next Travels

Dates

4th, 5th December
18th – 19th December
27th – 30th December

Program

Guru Poojas Sri Kakulam
Guru Poojas at Machilipatnam
December Call Group Life, Bangalore

During these dates you won't be able contact Dr. K.P. Kumar.
You find the updates on: www.worldteachertrust.org/vaisakh15_e.htm



51st International Tour of Master K. Parvathi Kumar May - June 2010

Visit to the WTT-Group of Bünde



On Wednesday 23rd June, 2010, our Bünde-Group received a big present!

Our beloved Master K. P. Kumar visited us along with Doris, Günter, Sabine, Anna and Ramana. Those hours were as fulfilling and uplifting as a short group-living. Time seemed to have been dissolved ("Time expand!").

The second visit of the Master to Julieta's and Reiner's house was during a wonderful sunny day, inside and outside us.

Approximately at noon, we received Him heartedly.

After a meditation, with which our new meditation-room was inaugurated, we ate together full of joy, what the Master called "a successful composition". During that common meal we could enjoy the possibility to interact with each other.

To His happiness and of course to ours, we received the visit of 5 young adult members of our families. It was a happy contribution to the already harmonious atmosphere.

After the lunch, Master K.P.K. took His nap. That was the perfect occasion we had to exchange our experiences lively and even to stimulate new ideas about service.

In the afternoon, after the tea-coffee time, we had a question-answer-session, which was attended extensively via Internet by many group members of the big group. The main question was about “death”, together with questions about Tibetan bolls massages and the security of our planet.

After the evening meditation the Master went to the garden. We followed Him and took a group picture circling the perfection symbol designed in the grass.

Each and all of us shook hands with the Master while He said some personal words to each one.

After the farewell, the group of visitors started its way home, to Wermelskirchen.

We were fulfilled, thankful, happy and deeply touched. We thank Him for His presence.

Namaskaram!



Seminar in Belgium



From Friday late afternoon (25th of June) until Sunday early afternoon (27th of June), the White Lotus Group (Louvain, Belgium) had the pleasure to gather with other spiritual companions and, together, enjoy Master K. Parvathi Kumar's presence.

Soon after the Master and his close "traveling group's" arrival, the community gathered and meditated. The day after (on Saturday, the 25th) started around 6AM for the morning prayer. After this, the Master undertook an open session where everyone was invited to ask one's personal questions or asked some guidance on more general issues. Some aspirant wondered about their own personal orientation while "walking the spiritual path" and Master Kumar gently answered her that all Masters act according to the aspirant's needs. If this is material, then the help will be material. If it related to more spiritual expectations (i.e, self-realization, self-knowledge), then the Master's energy will support such a dynamic. Other questions were related to the "ego" and its "location" in the body. The question was answered with "the ego has no specific location in the body for it is more a question of consciousness". The ego exists as long as the consciousness of separativity remains. The Master also demonstrated His ability to go beyond religions had been perfectly demonstrated while carefully understanding and answering each person's desires despite individual affiliations.

The day went on and it was time for all the participants to enjoy a nice lunch. Later, the group visited Brussels until late afternoon and gathered again for the evening prayer and lunch.

On Sunday, the group had the great chance to attend and take part in Pierre and Marie's marriage. Their marriage ceremony was celebrated with a fire ritual. Everyone has experienced the genuine and pure emotions underlying such a marriage.

Very logically, the Master offered us profound and detailed teachings about the importance of marriage. He insisted that this union (that we can consider as a life-long yoga) is the highest and most sacred sacrament that humans are allowed to "perform". Later, he insisted on the need to educate oneself if one wants to educate others: "Everything starts in one's own house with oneself, with one's children, with one's family, friends, colleagues, community, etc." He carefully warned us about the risk associated to mentalism: "Theories can be the worse toys of the mind. They are not meant to spoil one's life on them for they are meant to open up to the subjective dimension of reality." He insisted on the necessity to achieve the development of the 5 upper petals of our lotus flower and, with this purpose in mind, mentioned the relevance of pranayama.

In short, the group experienced three intensive and joyful days. Fire rituals, meditations, wonderful meals, authentic marriage (both in its ceremonial aspect and in the union of Pierre and Marie). We were all very pleased to experience these days. So were the doves.



Extracts From The Teachings Sri Suktam

The Nature and the Characteristics
Of the World Mother, Part XXXVI

Dr. Sri K. Parvathi Kumar

Wengen Group Living, Switzerland, May 2002

Tenth Hymn

To please a woman a man often says, "Wouw, you look so young!" Which lady would like to listen that she is old? People use varieties of ways to please. To please is a good quality, but to use the untruth to please is manipulation. It may not cause a negative impact on the other, but you get habituated to speak that which is not true. That is dangerous. Not knowing we try to be untruthful in our utterances in our endeavour to please people. While we are recommended to be pleasant in our speech, we need not sacrifice truth in the process of being pleasant, and we need not be unpleasant to present the truth. There can be many bitter truths, but you should have the technique to quote it sweet and present it. That is the way it has to be done. Then you are not hurting the other being, and yet you are not sacrificing the truth. People either are bitter or untruthfully pleasant. They are pleasant but not truthful – unpleasant but truthful. Both have not gained the Mother.

There is a pleasant way of putting forth truth. This is a discipline that one has to consciously work out and gain. It is no necessity to speak untruth for the sake of being pleasant. In every person there is something that can be seen as positive, and that can be truthfully expressed. Then you are pleasing the person and not speaking the untruth. This is how the observation of the divinity in the other becomes possible. Each one carries one skill or the other which is positive, and no one is totally positive without some negatives or deficiencies. People have efficiencies, people have deficiencies. You have to speak the efficiency part that opens the door with the other, and be friendly. In friendliness moderately the truth can be shared. That is what the Masters keep telling us. See the positive

in the other, and interact with that positive in the other. By that you have gained friendliness, and you can also show your silence to the other side which is not positive in him. This is easier said than done. Normally we only speak of that which is deficient in the other, because our orientation is towards the negative things but not to the positive things.

Here practice of speech is seen as worship of the Mother, because the Word is the Mother, the light. In the second hymn we have known how the Word emerges. Manipulation of the Word manipulates you. So, speak truth, speak truth pleasantly, speak not truth unpleasantly, speak not untruth pleasantly, and speak not untruth. These are the statements through which a process of worship is developed and by which the Word in you is not continuously manipulated. This is a practice by which you can keep yourself eligible for the approach of the presence of light or the divinity. The other is to keep observing the desires and the kind of inquisitiveness that sprouts from within as the Mother.

We are inquisitive about things which are not necessary. If two friends of mine are speaking, I have nothing to do with it. But the inquisitiveness is that we listen to it which is not desirable from the spiritual discipline. Not only we listen, we try to get into it. This is called 'poking one's nose into others' affairs'. Somehow we are not happy unless we also get into it and become part of it. It is a fundamental law in the spiritual field: If three persons are there, two are talking to each other, the nature does not intend the third person to get into it. When the third person is also invited into the conversation, then he should join. Otherwise it is not supposed to join, and in advanced states it is supposed not to listen. This is a discipline. If this is not followed, we have problems, because what the nature intends to conduct shall have to be always keenly observed. When you don't observe, you will walk into problems.

cont.

This text is not proofread by the author and might have some mistakes.



Paracelsus

Health & Healing

Prana – Reception, Assimilation
and Circulation

The ABC of bodily health is wrapped up in the right reception of prana, its assimilation and distribution to the physical body. Man has to make basic changes to ensure these three aspects of the work of prana. The centres whereby the reception of prana is brought about must be allowed to function without impediment.

Pranic emanations from the sun are absorbed by the etheric centres, which are found principally in the upper part of the body, such as the forehead, the shoulder blades, and the centre above the diaphragm. From these centres they are directed to the etheric spleen and from the etheric spleen to the spleen of the physical body. The main centre for the reception of prana at present is the centre between the shoulder blades. Other centres of reception are dormant, owing to centuries of wrong living and basic mistakes in relation to natural way of life. The three pranic centres of reception are not in good working order. Only the centre between the shoulder blades is in best receptive condition. Even this receptivity is disturbed, owing to poor condition of the spinal column. In most of the cases, the alignment of the spinal column is not accurate and is slightly misplaced. While the receptive centres of prana are thus functioning in the sub-normal level, the spleen of man is also not adequately developed. Its size today is sub-normal and its vibration is not considered adequate in the esoteric circles.

Where the life is led more normally and naturally, where the upper part of the physical body is adequately exposed to the golden rays of dawn

and dusk sun, and where man is not a slave of physical comforts, there better conditions are found for reception and assimilation of prana. The aboriginal dwellers seem to carry more effective etheric centres than the civilised man. The civilised man's life conditions are far from natural and normal.

In the coming times, the necessity of exposing the centre between the shoulder blades and the centre above the diaphragm to the rays of the sun will be more appreciated. This exposure improves the physical vitality and makes man adaptable to the changing weathers.

It must be remembered that reception of prana is to enable such prana to interact with the latent heat existing in the physical body cells. When prana functions through the etheric centres adequately, it cooperates with the natural latent bodily warmth, holding the body in a vitalised condition. It imposes upon the matter of the body, giving the required rate of vibration, leading to the healthy functioning of the body organs.

The pranic heat purifies the cell matter, reduces their density, enabling healthy contact between the latent heat of the cell matter and the active heat of prana. Yoga asanas, exercises, breathing practices, physical exertions – they all help in this direction. They would keep the body agile, active, and healthy. Bodily inertia should therefore be seen by a physician as inactive functioning of the two fires within.

When prana is received by the two etheric centres (the centre between the shoulder blades and the centre above the diaphragm) and distributed to the etheric counterpart of spleen, then the three centres form into a triangle. The pranic fire circulates thrice through this triangle and is supplied thereafter to the physical organ of the spleen. Thereafter the physical prana is transmitted to the base of the spine to link up to the latent heat of the body. When such link up happens adequately, the fire of prana and the heat of the body cure and provide a very healthy condition to man.

This understanding of the occult science could be helpful to open-minded physicians, healers, and health workers.

Dr. K. Parvathi Kumar

Extract from: Paracelsus – Health and Healing

With a subscription you support this important work (€ 77 / year).

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Children's Section

The Doctrine of Ethics*

**A POWER AND MONEY
ATTRACT PEOPLE.
THE WATER IN THE LAKE
ATTRACTS FROGS.
REALIZE THE UNFRIENDLY.**

Dear Children

The parents, the teachers, and the elders always advise the children to gain good habits and good culture. They wish you to grow well in your mental comprehension. They would like you to be good examples. Many times you feel tired of such advices, which is but natural when you are frequented with the same preaching.

Do you know how the ones that have grown well contributed substantially to the society? The decision to grow and to do well has come from within. Until it happens from within the growth is not possible. There is the sprouting principle in the seed, which causes the seed to grow as plant and later into a tree that bears fruits. Is it not only because the seed received the support of the soil and of water. If there is no sprouting principle, support of earth and water can do nothing. If the sprouting principle is strong the seed grows regardless hard soil and faulty rain. The sprouting principle made a decision and then nature cooperated. Thus trees that give dry fruits are all grown in hard conditions. Likewise great ones among the humans also grew out of hard conditions. The clue to growth is in self-resolve. When such a resolve is made know that you are already blessed to grow. Growth is inevitable. Let it be so with you.

This of course is also a teaching. Take it or leave it.

Dr. K.Parvathi Kumar

* From the book THE DOCTRINE OF ETHICS by Dr. K. Parvathi Kumar, Dhanishta Edition

** See www.jugendforum-mithila.de

WINDOW TO WORLD SERVICE NEWS & ACTIVITIES (Inputs welcome)

Group Reports: Germany

Name of the group: Gulab-Group

Contact: Hans Kleyböcker

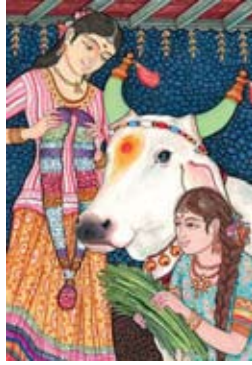
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Activities

In the hills near Münster, at the edge of the forest, we plan a rose garden. He is dedicated to Master Gulab-Lal-Singh, an incarnation of Master Morya, the Master of Mme Blavatsky. (Gulab means rose.)

The first roses bloomed, but they were few and the high firs around took all light and food. The prediction for their vitality was not good. If we wish to have flowers and a good sight to the surrounding landscape we had to fell the firs. So it was done and the place changed: much light and a wonderful panorama. Now we plant lots of roses of different colours and varieties. The place was cleaned from old roots. With the branches from the felled pines we made a woodpile. It was lighted at Easter Day. All neighbours celebrated with us the beginning of a new time for this place. The visit of Master Kumar and Srimati Krishna Kumari was the highest point of the year. Travelling in Germany and visiting all Groups the Holy Couple came to the Gulab the day after summer solstice. The roses bloomed, the sun and our faces shined. The Gulab changed to paradise. Master told us, how Mme Blavatsky found the large rose garden of her master, although she had just arrived at Bombay for first time, and even Indians, who knew the town very well, did not know the place and tried in vain to find it again. Master explained this way, our little garden was hidden like the rose garden of Master Gulab. Master Kumar and Srimati Krishna Kumari left, their blessings remained. We take care for this atmosphere of peace and joy and want to share with you – to honour Master Gulab Lal-Singh and his great disciple. Welcome.



COW

By mere act of touching the Cow daily one gets purified. If one serves the Cow one gets wealthy. If one donates Cow to the needy the result is inner Joy.

There is no wealth on Earth equivalent to the Cows and there is no service equivalent to serving the Cow.

Worship of Cow is equivalent to annual pilgrimage.

Worship of Cow is equivalent to worship of Vishnu.

Worship of Cow is equivalent to moving around the Earth.

Worship of Cow is equivalent to recitation of the Vedas.

Book review



WISDOM OF THE HEAVENS

Astrology helps us to know all about ourselves and the world around. We can know when we are at our best to achieve and what to achieve. We can also know when we have to do certain things in life. We can know when our good seeds sprout. Master E.K. holds the master-key to astrology. His book "Wisdom of the Heavens" is another beam of light coming from the MASTER to help the sincere seekers. The one who reads the eleven chapters given in this book and understands them will be better equipped to transact in life with life.

Ekkirala Krishnamacharya: Wisdom of the Heavens

Copies: The World Teacher Trust, info@worldteachertrust.org



SRI DATTATREYA. The Symbol and the Significance Dattatreya is the Grand Teacher or "Guru principle" in the universe. The teachers in various planes are the manifestation of the one teaching principle who is referred to in the ancient Indian wisdom as Dattatreya. Dattatreya also exists in a form in all planes.

Dattatreya is the principle, which exists in all as the Teacher principle, as the friend, as the guide that leads one unto one's own source of Existence. Dattatreya is an Eternal Principle. Just like the World Teacher is the principle that guides the beings of this globe, Dattatreya is also a principle that incarnates as per the time and need in any plane of existence.

Dr. K. Parvathi Kumar: Sri Dattatreya

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Astrological Important Days in November / December 2010

22.11.	11:14	☉ → ♊ / Sun enters Sagittarius		
Ꭰ		☉ in ♊ – Every morning: Utilize the two hours before dawn for intense spiritual practice – particularly the first 13 degrees of Sun's transit		
		☉ in ♊ – Every Thursday (25.11., 02.12., 09.12., 16.12.): Healing prayers and healing work		
28.11.	10:38	● 8 th phase of descending moon starts	☉ 06°02' ♊ / Ꭰ	00°02' ♐
☉		(End 29.11. at 08:33)		
01.12.	04:03	11 th phase of descending moon starts	☉ 08°48' ♊ / Ꭰ	08°48' ♐
Ꭱ		Contemplation upon Lord Nārāyana (End 02.12. at 01:46)		
04.12.	19:52	Phase of new moon starts	☉ 12°31' ♊ / Ꭰ	00°31' ♊
Ꭲ		New moon point of Sagittarius: Contemplation upon 'The Pledge'		
05.12.	18:35	● New moon of Sagittarius	☉ 13°28' ♊ / Ꭰ	13°28' ♊
10.12.	18:25	23 rd constellation Dhanishta starts		Ꭰ 17°21' ♐
Ꭳ	21:00	Dhanishta-Meditation (Dhanishta-constellation ends on 11.12. at 21:02)		
13.12.	01:42	● 8 th phase of ascending moon starts	☉ 20°53' ♊ / Ꭰ	14°53' ♋
Ꭴ		(End 14.12. at 04:14)		
16.12.	08:32	11 th phase of ascending moon starts	☉ 24°14' ♊ / Ꭰ	24°14' ♋
Ꭵ		Contemplation upon Lord Nārāyana (End 17.12. at 09:56)		
20.12.	10:18	Phase of full moon starts	☉ 28°22' ♊ / Ꭰ	16°22' ♋
Ꭶ		Contemplation upon Lord Dattātreyā, the Lord of Yoga, and upon Master Kūt Hūmi (Devāpi)		
21.12.	09:13	○ Full moon of Sagittarius (Lunar Eclipse)	☉ 29°21' ♊ / Ꭰ	29°21' ♋
22.12.	00:38	☉ → ♋ / Sun enters Capricorn		
Ꭷ		Winter Solstice: Birthday of Jesus Christ		
		☉ in ♋ – Every morning: Contemplation upon the brilliant-white 5-pointed star during the twilight hours		
27.12.	18:22	● 8 th phase of descending moon starts	☉ 05°51' ♋ / Ꭰ	29°51' ♐
Ꭸ		(End 28.12. at 16:18)		
29.12.		December Call Day		
30.12.	12:50	11 th phase of descending moon starts	☉ 08°40' ♋ / Ꭰ	08°40' ♐
Ꭹ		For healing purposes (End 31.12. at 11:32)		
03.01.	09:46	Phase of new moon starts	☉ 12°37' ♋ / Ꭰ	00°37' ♋
Ꭺ		New moon point of Capricorn: Contemplation upon 'The Pledge'		
04.01.	10:02	● New moon of Capricorn	☉ 13°39' ♋ / Ꭰ	13°39' ♋
07.01.	02:51	23 rd constellation Dhanishta starts		Ꭰ 17°21' ♐
Ꭻ	21:00	Dhanishta-Meditation (Dhanishta-constellation ends on 08.01. at 05:17)		

All times are in MET (middle european time).

From: »Astrological Calendar 2010/2011«;

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Great Invocation



Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.



*TAVĀHAMAGNA ŪTHIBHIR
MITRASYA CHA PRASASTIBHIHI
DWESHO YUTO SA DURITAT
URYĀMA MARTYĀNĀM*

OH LORD AGNI
YOU ARE THE FRIEND OF ALL.
BY WORSHIPING YOU
THE HUMANS SHALL RECEIVE PROTECTION.
MAY THEY GET LIFTED UP FROM THEIR MALICE
AND MALICIOUS THOUGHTS AND ACTIONS
INTO THE KINGDOM OF GLORY.
MAY THAT BE SO.

Commentary

The fire is in all. No one exists without fire within and fire around. Fire protects life from within, but fire outside can destroy life. Anger, hatred, and enmity is the fire that humanity regularly emits through its nature, its thought, and its action. Fire therefore need to be worshipped to burn up the malice in humanity and lift them up into the splendours of life, which is also an aspect of fire. In fact, this is the need of the hour. When as many goodwill workers worship fire with this attitude, the present day crisis can be dissolved.