

VAISAKH NEWS LETTER



HAMSA SIVA SOHAM



Sagittarius 2006 Dhanus

Depending upon your devotion,
dedication and veneration
to utterance OM,
the Solar Angel in you rises
to preside over
your mind, senses and body.

Therefore utter OM and listen.

K. Parvathi Kumar



Invocation

May the Light in me be the light before me.
 May I learn to see it in all.
 May the sound I utter reveal the light in me.
 May I listen to it while others speak.

May the silence in and around me present itself,
 The silence which we break every moment.
 May it fill the darkness of noise we do,
 And convert it into the Light of our background.

Let virtue be the strength of my intelligence.
 Let realisation be my attainment.
 Let my purpose shape into the purpose of our earth.
 Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
 May we live in the awareness of the background.
 May we transact light in terms of joy.
 May we be worthy to find place in the Eternal Kingdom OM.

Master E.K.

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Dr. Sri K. Parvathi Kumar is President of the 'World Teacher Trust' and Founder of the 'Vaisakh News-Letter'.

The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

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Prayer for the Year

Wash Karma in space.
On the deep blue slate
paint ever-elevating colours,
ever at the feet of the Master
in the Vaisakha valley.



Message of the Month of Sagittarius

The 9th month of the year and the 9th sun sign of the year is the pinnacle of the human inspiration. "I am Sagittarius among the sun signs", says the Lord in Bhagavad Gita. Sagittarius is the sign of initiation, of inspiration and of Divine vision. Sagittarius is known for lofty ideals in life. It speaks of the measure of goodwill in man emerging from the previous actions. The inspiration of Sagittarians is beyond measure. Their inspiration runs faster than their thought. They ever submit their thought patterns to their inspiration. Inspiration is the horsepower of Sagittarians. Jupiter, the Lord of Wisdom presides over Sagittarius, multiplying the effect of the fire of inspiration. The Sagittarians carry less logic and more inspiration. They do not weigh the profit or loss, the comfort or discomfort in forging towards their aspirations. They have no time to lose themselves in the intellectual ideations. They hold immense faith in the Divine and move forward.

A Sagittarian's life is naturally inspiring in whichever field he is. He inspires the surroundings and therefore finds many admirers and followers around him.

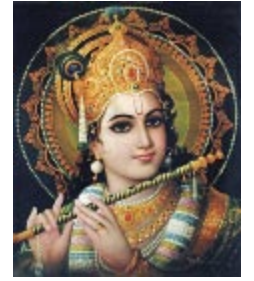
The first thirteen degrees of Sagittarius are fully packed with the energies of inspiration and to those who follow the Path of Discipleship, of Yoga, of Goodwill these thirteen days offer a subtle opening into their cherished Path. It enables them to enter into the subtle kingdom of Nature, which is called the Divine Kingdom.



Message of the Teacher

Kaustubha

As the disciple enters into the cave of the heart he meets the field of Divinity. As much as he dwells deep in the cave so much the divinity also enters into the disciple. As one enters into the other, the other enters into the one. Gradually, the Divinity remains and the disciple stands in him as a mole of beauty on His chest. This mole is called *Kaustubha* in the Vedic terminology.



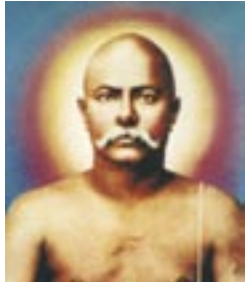
Gîtâ-Upanishad

- Lord Krishna -

The Descent – Its Purpose

“Whenever lawlessness gains upper hand over the law, I descend into the world by My will accompanied by My magical ability and balance the duality.” Duality is the reality of the world. Without duality there is no world. Without darkness there is no light. Without the diabolic there is no Divine. Without ignorance there is no knowledge. Without left there is no right. Without inhalation there is no exhalation. Without death there is no birth. The twins do exist but they need to exist as equals but not as one dominating and even annihilating the other. If you remove one pillar of the arch, the arch cannot stand just with the support of the other. The arch does not get built if one is far too high and the other is far too low. It would then be anything other than the arch. The purpose of the Avatar is to balance. The purpose of the disciple is to balance the two forces within him.

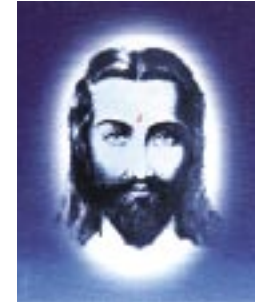
The aggression generally comes from the material to the spirit and hence Avatars always restrain the material aggression, which is the quality of the diabolic. There are also occasions where the Divine caused aggression on the diabolic out of pride. Then the Avatar descended to contain the Divine. Whenever the proportions of creation are disturbed, the Descend happens. This is part of the Cosmic Law.



A Word from Master CVV

Key – Frame – Good

“Key – Frame – Good.” This is the prayer that I gave. It is the essence of My Yoga. I key up your frame. You as a Soul are essentially Divine. Your frame of mind, which contains the patterns of your behaviour, disables you to realise that you are Divine, a Son of God. Your distorted mental plane also causes the consequent distortions on the subtle and gross states of your plane. The limitations you suffer and the sicknesses that you encounter are all due to your frame (mental, subtle and physical). If the vehicle is ineffective you cannot drive. Your frame is your vehicle. It has to be kept up, to serve the need. You cannot restructure your frame. I therefore decided to do this for you. Utter forth the mantra “Key – Frame – Good” and submit to Me. If you regularly do so you would see the result.



Lord Maitreya

A delicate Relation

Maitreyee Sangh (the community of Maitreya) is the most ancient community on the planet. The members of this community commuted their consciousness into one consciousness. This consciousness is called Krishna Consciousness in the East and Christ Consciousness in the West. It is essentially Divine Consciousness whose spark exists as the core of every being. To stimulate these sparks into flames and to enlighten the surroundings is the work of the community. The key relation as between the Divine Consciousness and the individual consciousness is friendliness. The Divine meets the beings in friendliness. It is Divine’s compassion. The beings many times get into the illusion that they are equal to the Divine due to the friendliness offered by the Divine. Thus they fall into a deception. The beings need to understand that they are sparks of the Divine and are therefore not equal to the Divine. A part cannot be the whole, while the whole remains in the part. Know this delicacy of friendship.



**Master Morya
- Maruvu Maharshi -**

Purpose of Contemplation

Beings are in transit house in between the event of death and rebirth. Waiting in the transit house they recollect, retrospect, introspect and plan the future course of life. This plan forms the nucleus for rebirth. Rebirth thus has a purpose of accomplishing a plan conceived on the basis of previous experience. But as the being incarnates and becomes one with the flesh and blood of the body forgetfulness prevails. The forgetfulness is also one of the traits that the beings carry with them. Until the forgetfulness is overcome one cannot embark upon the plan. For this reason contemplation is suggested. Regular contemplations enable deep contemplation. Deep contemplation enables recollection. Recollection enables to embark upon the true travel of life. Such is the purpose of daily contemplation.



**Master Koot Hoomi
- Devapi Maharshi -**

Silence, the Friend

There is a Chinese saying that true friendliness is silent. There is another saying that silence is truly friendly. People speak of love and of friendliness frequently. Speeches are empty words. Empty drums make more noise. If one is truly friendly he shows in action but not in speech. The shallow ones speak of it. As much as one is shallow so much he speaks. People engaged in flowery speeches are so shallow that they fall in love with their own speeches. They confuse people with such words as love, friendliness, trust, brotherhood, honesty, cooperation, etc. The ones who are truly friendly exhibit these qualities without uttering a word.

Actions speak by themselves. Speeches do not prove anything unless translated into actions. The disciple is advised to read the biographies of initiates to gain the meaning and spirit of the friendliness of silence.



Message of Master E.K.

The Path of selfless Service

The Divinity moves amidst the mortals to praise those who follow the path of selfless service. Only the ones that serve the life with one-pointedness can perceive the Divinity on Earth. To others he looks like them, as an ordinary mortal.



Vidura

Wisdom Teachings

The wealth
gained through wrong means
is never useful
to right purposes.



Shirdi Sai Saying

The Lead Thought

The ultimate thought that you hold at the time of departure from the body, decides the course of next life. That thought becomes the leading thought for the life to come.

You cannot be certain that you would hold a thought of goodwill as you depart. Many depart unconsciously due to fear. Fear therefore remains the keynote for the next life. Many others depart with the thought of unfulfilled desires. Such desires form „lead thought‘ for the life to come.



Sri Ramakrishna

The ecstatic Love

Ecstatic Love comes not before the realisation of God.

There is such a thing as loving God without knowing why. If this is attained, there is nothing more to desire. One endowed with such Bhakti says, “O Lord, I do not want riches, fame, health, happiness or anything else. Grant that I may have pure devotion to Thy Lotus Feet!”

Ecstatic Love is attainable only by few. These few are men of extraordinary powers, entrusted with a Divine commission.

They have this ecstatic Love inherent in them perhaps even from their boyhood. Yes, like Prahlada they weep and long for God even in their childhood. They belong to the class of Nityasiddhas or men perfect from their very birth.

Discipleship

Evolution

Evolution conditions all manifestation. For what reason this is so, no one knows, but so is the divine will. The evolutionary process steadily reveals the stupendous and sublime plan of Deity - the progressive unfoldment of life from the mineral kingdom to the vegetable, the animal, the human and finally, the spiritual kingdom. Just as the divine aspect of mind brought the human kingdom into being, so the divine aspect of love is bringing in the spiritual kingdom. Evolution is an eternal cycle of becoming, and that which lies beyond the spiritual kingdom remains hidden to man just as much as the human state of being and awareness remains a sealed book to the animal. Evolution works unalterably, undeviatingly and unerringly towards a specific goal known only to Deity.

In the retrospect of history, the picture of evolving man can be seen in clear delineation. Little by little he has grown from the stage of cave man to that of a Shakespeare, a Newton, a Leonardo Da Vinci, a Beethoven, an Einstein, a Saint Francis of Assisi, to a Christ and a Buddha. The capacity of man to achieve in any field of human expression seems practically unlimited. If prehistoric man, little more than an animal, has grown into the genius and superman, what unfoldment is not possible as more and more of innate divinity makes its presence felt? In the recognition of this growth in the human consciousness and in a realization of the distinction obviously existing between primitive man and our modern intelligent humanity lie the grounds for an unshaken optimism as to human destiny. We must not let depressive, evil events in the immediate foreground blot out the long history of human development.

God's immediate idea for Human evolution is the power of love and intellect to drive onward to service, completion and perfection, a perfection which is summed up in the possibility to be as Christ was. The aim for us in love dominated by intelligence, or intelligence dominated by love, for the interaction will be complete. Relationship is the basic pattern in the evolutionary process wherein the two divine qualities are being unfolded and perfected. We are unfolding steadily and sequentially the divine attributes in order that we may become conscious creators and produce that which is in line with God's law and plan.

Men are now bringing the divine purpose into manifestation because they have un-folded the needed capacity. In spite of all signs to the contrary, a very real measure of spiritual growth is present in humanity. The sons of God are proving the possibility of redeeming their personalities into expressions of divinity. Mankind has already demonstrated innate love and intelligence, selflessness, goodwill and humanitarian effort. Humanity is saving itself, as was God's intention. At the end the sons of God are raised up into the Glory of the spiritual kingdom because they have learned to love and truly reason.

a disciple

Rudra

The Meaning of Rudra



Rudra means the Lord of Ethers (Rodasi, Antariksha). The Lord vibrates through the ethers. His vibration in the ethers is like a roar, which can be listened by the ones who can listen to silence. Silence is the higher aspect of sound called Nada. The Rudras roar through the ethers transmitting electromagnetic waves. The whole world of the phenomena of light beyond darkness manifesting visible and invisible worlds is the work of Rudras. He is the fire that manifests the three worlds. He is therefore the three fires (electrical fire, solar fire and frictional fire).

The Rudras are chiefly 11 and exist in the 3 worlds of cosmic, solar and planetary. Rudras function to create and to destroy.

“Eleven are the Rudras and thrice eleven they are. Hence the number is thirty three.” An initiate of 33 degrees carries the knowledge of creation and destruction (much more is said elsewhere in this book on Rudras). The 11 Rudras exist in the human body in all the 3 planes: as mind, as the 5 senses and the 5 organs of action, as Akasa, as the 5 elements and the 5 sensations and as chief life manifesting as 5 major and 5 minor pulsations. Rudra associates with the body and conducts the vibrations of life, of mind and of Akasa. It is the function of Rudra that enables the pulsation in the body and the occurrence of thought, speech and action. He roars through the body. When he departs from the body, the departing soul as well as his friends and relatives roar (weep). When he begins his function in the body with the first breath, the just born child roars (cries). The Rudra roars through the sky like a thunder. The light manifests through such thundering. Such is the power of Rudra.



Ashram Leaves

Aries

Meditate upon the sound So-Ham
applying the mind and the buddhi upon
respiration and cause ,Construction.'

Children's Section

The Doctrine of Ethics

The foolish rely on
the promises of the Prostitute.

Dear Children

I spoke to you on Uranus . I now speak to you on Neptune.
Neptune offers deep experience. Such an experience that man gets absorbed and mused into it. It is called Bliss where man forgets himself for a while and remains as experience. Even wise man craves for such experience. For example if you love music and when you hear good music you get absorbed. You forget the surroundings. This absorption through loving experience is called Neptunian experience. Neptune gives magical effects and magical joy. It is very mystical. While Uranus is radiating energy Neptune is magnetizing energy. One is the Divine as the male, the other is the Divine as the female. While Uranus is ruled by number 4, Neptune is ruled by 7. The color of Uranus is the clean sky of mid noon (it is silver gray). The color of Neptune is Aquamarine. One is the clean shining sky, the other is deep still magnetic ocean. They are the two parts of the one GOD.

K.Parvathi Kumar

(from the editorial of Dr. Kumar on the website: www.jugendforum-mithila.de)

Book Review

On Change



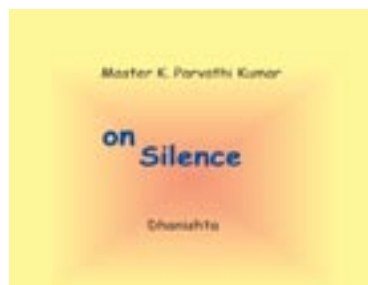
Change is inevitable.
It is inevitable even to rocks!
Acceptance of change is Wisdom.
The Wise always look to the tide of
change and always move forward.
Resistance to change brings in friction,
conflict, decay and death.
Learning is to change
– to change for the better.

The flow of thoughts on change has flown
out for those who look for change.

K. Parvathi Kumar: : On Change. English and German edition.
18 € / 28 Swiss Fr

Copies: The World Teacher Trust – Global, Wasenmattstr. 1,
CH-8840 Einsiedeln, E-Mail: dhanistha@wtt-global.org

On Silence



Man needs Silence. He needs to experience
Silence. In Silence man finds himself.
He encounters himself. It is the self
meeting The Self! He lives enough in
sound. At other times he sleeps. But between
sound and sleep, he has a world -
a world of beauty, of divinity, of Silence.
This book calls forth man into the world
of Silence!

K. Parvathi Kumar: On Silence . English and German edition.
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News - Review Tours of the Teacher

India: Marriage of Guru Prasad and Gayathri Visakhapatnam, Hyderabad, August 24th – Sept. 3rd, 2005

30th-31st August the group relaxed at the Retreat Centre in Visakhapatnam and made short excursions, to the Planetary Healing Centre and to the temple compound of Ramadri.

Thursday 1st September, after the morning meditation with fire ritual the young couple arrived with family members from Hyderabad and was given a welcome with a Vedic ritual in the house of Master Kumar.

At the end of the ceremony Master Kumar explained to some of the Western members the meaning of these rituals: "Through a right preparation and with the right attitude the devas are invoked into the objects used in the ritual. The splendour of the devas cannot be experienced through meditation, but only through the ritualistic work. They are not obliged to come, but give their presence when they are pleased. They shower bliss and exhilaration. In the Vedic tradition people love very much to worship the devas. This is done especially with colourful objects in orange, golden yellow and red. There are elaborate preparations done in the evening before the ritual, and when all is well done, the devas give their presence."

After the ritual the Master handed over to Rosy and Alex from Miami a Krishna statue, which they were proposed to worship every Thursday with flowers and mantrams. It is meant to strengthen the presence of the Lord in the Americas. In the evening the Bhimili-Master, Shivananda Murthi-Garu came to bless the couple and the audience. Afterwards there was music and dance - a delightful and festive end for the major part of the group, which left Visakhapatnam on the next day.

cont.

Dates of the Next Travels 2006

November	17 th to 21 st Gurupojas - Berhampur.
December	2 nd to 5 th Sagittarius fire rituals at 7 Hills/ Bhadrachalam
	12 th to 16 th Hyderabad Banglore
	23 rd to 26 th Bellary and Anantpur
	27 th to 31 st Banglore December Call

During these dates you won't be able contact Dr. K.P. Kumar.
You find the updates on: www.worldteachertrust.org/vaisakh15_e.htm

Window to World Service News & Activities

(Inputs welcome)

Meeting of WTT – Global: „Good Will Service Activities“in Einsiedeln, Switzerland, Sept. 15th – 17th, 2006

30 persons from 5 countries (Austria, Belgium, Germany, Spain, Switzerland) met around Virgo New Moon for an exchange on group service activities. Topics were the Paracelsus Magazine, different group activities as well as ideas for service activities in the future.

- The work for the Paracelsus magazine is now going on for 4 years. The main goal of the magazine is to reach doctors, healing practitioners and interested persons with a manifold offer of articles of high quality and to bring out the wisdom teachings. From many doctors and healing practitioners there comes the feedback that they like to support such a serious magazine with articles.
- The journal has been presented at stands on different exhibitions, and personal contacts with doctors have been developed.
- In the network of German/English translators there is a state of emergency, where urgently new voluntary translators have to be searched.
- In the field of marketing the work is going on to build up a good network and a strong team spirit as well as an exchange with the different language groups. A brochure for introducing the Paracelsus magazine for potential advertisers / sponsors was presented, containing the editorial texts of Master K.P.K.
- The work with the Paracelsus magazine in Spain is organized in different groups: 18 members are working in 6 countries, among these are 6 doctors. The translators not only work for Paracelsus, but also for the Vaisakh Newsletter and books.

The group around Dr. Pares has done an enormous work. The Spanish edition is now published at the same time with the English and German ones.

From the field of group activities:

- An experience report accompanied with slides from the Paracelsus children's camp of this summer
- The Círculo de Buena Voluntad, Spain, is helping families who are in difficult situations by giving them food and what else they need for their living, for school or profession. It has become a substantial service activity, which is working independent the WTT, but has members in its background.
- The Group Harmony, Olavarría, Argentina, is giving food, clothes and shoes to the poor. They help with education, artistic activities, a medical dispensary, and the formation of human values.
- A group in Geneva of a woman from Argentina is helping children and women with aids in Argentina and Uruguay.
- The Belgian group of the WTT has founded a school in Kinshasa, Congo, where they teach 5 classes with normal school and education of the street children. They also organise meals for the children. All is done on a donation basis.
- Dhanishta Editions, Spain, was founded 15 years ago with the goal of spreading the ancient wisdom by means of books. They have published 49 titles, 18 of Master E.K. and 31 of Master K.P.K. To date 50.000 books have been printed, of which 22.000 have been sold. The team of Dhanishta comprises 18 persons:

Future service activities (extracts)

- There are now Order Forms for books in English and German on the website and a new e-mail address for ordering books from Dhanishta Switzerland: dhanishta@wtt-global.org. Also books printed in India in a high quality will be sold in future via this address. The free distribution of the Indian books

in small quantities will continue to be done by the Circle of Good Will.

- WTT-Global now establishes automatic mailing lists in English and German as they exist since long at WTT-Spain. If interested to be included please contact ludger.philips@wtt-global.org
- All existing Teachings of the Master on video are put on a list and can be ordered by members.
- The 7th of November will be celebrated as the Day of Good Will. Each group can think about on what it wants to focus its energy.

During the meeting there was a fire and a water ritual being conducted. At the end Sabine Mrosek expressed cordial thanks to all participants for their work for the WTT and the people by presenting a candle with an ear of corn, as a symbol of Virgo and the spiritual light in darkness. The meeting was a group experience in a coherent and focused manner, where all felt deeply inspired.



Extracts from the Teachings

Lecture During the Full Moon Hours of Scorpio, Part II

Dr. Sri K. Parvathi Kumar

Fürigen Group Living, Switzerland, November 2005

By inner contemplations, through the verticals, we move upwards. The contemplation in the Antakarana Sarira enables upward movement, where you find the two-tongued serpent becoming the two-winged eagle. Serpents transforming into eagles is a caterpillar transforming into a butterfly. The tongues of the Scorpio are the wings of the eagle. The serpent turns out to be a winged serpent. All these transformations are possible within the being, within the temple. That why for all masonry work, the secretive work, the year commences in Scorpio and closes in Scorpio. The ritualistic year commences in that week, where Scorpio ends and Sagittarius begins, and the year concludes in Scorpio. Commencement as well as the conclusion of the ritualistic year is in Scorpio. Masonary activity is ritualistic activity. So, ritualism demands rhythm. It is that rhythm that conducts the order and causes the magic. Hence, the year relating to 7th ray activity commences in Scorpio and concludes in Scorpio. The secret temples function on this basis. They are closed up to the Full Moon hours of Scorpio, and are re-opened when Scorpio gives way to Sagittarius. That is how the whole work is carried out.

So, we can enter into a new cycle of activity of inner activity with the help of Scorpio, provided we are willing to get in. In Bagavad Gita, the 2nd set of 6 chapters relates to the subjective understanding. The 1st set of 6 chapters relates to appropriate action in relation to the world. That would enable us to contemplate. The

6th chapter of *Bagavad Gita* relates to contemplation, and that contemplation is possible, if the regulations relating to the earlier chapters are fulfilled. Then the 2nd set of 6 chapters relates to subjective experiences, and the 3rd set relates to the cosmic activity of the Cosmic Person. That is how *Bagavad Gita* is divided into three equal parts for three different purposes of activity.

The Steps of Yoga

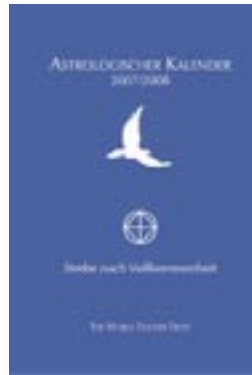
In *Patanjali Yoga*, the 4th step of Yoga relates to internalisation. It demands that you apply the mind upon respiration, enter into your being with the help of inspiration and try if you can stay there internalised. When you are able to stay internalised in the cave of Leo, it enables you to meet the verticals in the case. That is why *Pranayama* is the gateway for entry into the temples of initiation. The activity within the temple relates to *Pradyahara*, the 5th step of *Yoga*, where man experiences internal travels, travels in subjectivity, subjective temples and the association of the beings of light. All that activity is pervaded between the heart centre and *Ajna* centre. When *Ajna* is reached, it is the state of *Dharana*, the 6th step of *Yoga*. It also relates to the 6th centre. But the 4th and 5th steps relate to internalisation. This demands inner contemplation for long hours. We need to find adequate time for longer durations of contemplation. The durations for contemplation are guided by number 24. The contemplation can be for 24 minutes, 48 minutes, 72 minutes, 96 minutes, 120 minutes, 144 minutes and so on. 24 is the key number for contemplation, relating to *Pranayama*.

So, one has to find time for it without losing balance relating to objectivity. The objective activity cannot be sacrificed for the sake of subjective activity. The objective activity shall have to be organised, so that no duty remains unfulfilled. Keep fulfilling only duties, and do not extend your objective activity beyond duty. Find time for internalisation, and try to internalise as

many times as possible, and try to remain as much as possible in that internalised state. *Katha Upanishad* recommends three times contemplation with a minimum of 24 minutes each time. All is possible, when you adapt to a rhythm. If rhythm does not exist, you can't do anything. Rhythm is the basic quality which the 7th ray gives. Whatever you do on a daily basis, let it carry a rhythm. Rhythm enables expansion of time. Time expands, when you adapt to a rhythm. One can do so many things, if you adapt to a rhythm. When there is no rhythm, only a little can be accomplished. Rhythm causes expansion of time and also expansion of consciousness, so that with the help of the expanded consciousness work is turned out much more rapidly gaining the Aquarian speed. It is called God's speed. cont

This text is not proofread by the author and might have some mistakes.

Astrological Diary



Every year the World Teacher Trust-Global publishes an Astrological Diary running from Aries to Pisces. It permits the spiritual student to go into the qualities of time and to work with them in his inner being. The motto of the Astro-Diary is: „Trace Perfection.“

The Astrological Diary 2007/8 contains the daily positions of the planets, references to important events for the spiritual practice, information about the moon phases and constellations of the moon (Nakshatras) as well as an aphorism of the day to meditate and ponder upon.

The Astrological Diary is available in English, German and Spanish at the cost price of Euro / SFr 23 + postage (Europe: Euro 3.-/ World: Euro 4.-) and can be ordered at ghanishta@wt-global.org

Details Bank Account:

Switzerland:

The World Teacher Trust – Global
Account Number. 216-514422.02N
UBS-Bank Einsiedeln 80-2-2
Remark: Astrological Diary
IBAN-Code: CH70 0021 6216 5144 2202N
SWIFT-Code: UBSWCHZH80A

Germany:

Paracelsus-Center
Account Number.758368-464
Remark: Astrological Diary
Postbank Dortmund BKL: 440 100 46
IBAN: DE 98440100460758368464
SWIFT/BIC: PBNKDEFF

The Steps of Silence

Extracts from the souvenir book “The Steps of Silence”, presented on the occasion of the 60th birthday of Master K. Parvathi Kumar.

PROEM, Part 4

by Navaneetam

Managing Trustee, Dhanishta Foundation, India



Fundamental principles followed by Master KPK in his life style for the benefit of those who follow him. (cont.)

13. Divine & Diabolic:

Whenever we look at the Master on certain occasions, we feel that he is functioning not only with Divine Energy but also with Diabolic Energy to materialise projects. He never rests until he completes the plan, design, programme and project. He works if necessary day and night. It is amazing for us to note that after completion of Guru Poojas on January 13th late night, he returns to his house and gets ready for morning prayer by 5 a.m. on 14th January at the World Teacher Temple. He looks fresh like a flower after such hectic activity for 3 days and nights, interaction with 4000 people! He does 24 hours of train journey in an ordinary class and yet appears fresh! He travels intercontinentally and yet

is into his normal routine the very next day! One never sees him dull, inactive and worried. He dresses fresh, looks fresh. One never sees him unprepared for any activity.

He climbed high mountains, took bath in deep water-falls, travelled through dangerous Amazon forests and widely toured by road, train and flight. He walked in the Death Valley of USA without fear, in neck deep waters with a colleague. He dared the death many times! Could we imagine that he toured more than 1 crore miles in his journey of goodwill work. Within this pleasant personality of Master there is a hard working Giant!

14. Visualisation:

The vision of the Master is grand. He can visualise many projects and schemes at the very initial stage and gives good design for their materialisation. Our projects like World Teacher Retreat Centre, Bala Bhanu Vidyalayam, Master E.K. Sundara Vanam, Anamacharya Mandapam, „Harmony“ the healing centre and the Ramadri are nothing but the vision of the Master and are designed from the thin pencil rod of Master on a piece of paper.

He can visualise many esoteric and occult things. He not only visualises but also materialises through his sincere efforts. He also visualised many Ashrams, Personalities, Places of sacred nature. He visualises many subjects and present them so systematically through his writings which we are all enjoying.

15. Attraction:

The Divinity in the personality of the Master is highly magnetic and attractive. People irrespective of race, age, sex, are attracted towards his personality. There is not only physical attraction but also attraction in his working methodology. Even his professional colleagues eagerly want to work with him. I know many very personally that are crazy to work with him and to be with him. The moments of working with him are very memorable to many of the group members forever. His way of functioning in folding a small paper to the extent of inauguration of big complex attracts many. The reason for this attraction is nothing but his attraction to-

wards the Lord so deep. He immensely dips into the Divinity and thereby draws the related energy and function as an instrument in the hands of the Divine. This attraction is something different and special. The attraction towards his speech & literature resulted in the major activity of Dhanishta Foundation. His explanations relating to Divine symbols, Science and Scriptures attract not only common groups but also many intellectuals who are critical by nature. Many rock-stable personalities and characters are attracted towards Master Parvathi Kumar and are melted like snow. They could not find reason. They could find only relief.

A Master from Central India stated in September 1993 that the Master prepared a very brilliant, yet beautiful shrine in his heart and that soon the Lord Krishna would reside in it. It is no wonder that the Master' feet, hands, smiles, looks, speeches, acts attract. It is the Divine work through this beautiful envelope called Master Parvathi Kumar.

16. Consecration :

Master's consecration to the Divine is a model to his followers. It is exemplary. Even the Holy Master E.K. who handed over the legacy of The World Teacher Trust in the safe hands of Master Parvathi Kumar by placing his hand in the hand of Master Parvathi Kumar in the last moments of his life at the World Teacher Temple said "I am confident that you would conduct the work without change in vibration". People may simply say Master Kumar is a lucky person. But he worked out everything so meticulously with lot of effort, obedience, sacrifice (including his family and profession) and with utmost consecration to the Divine and stands today as Master Parvathi Kumar all over the Globe He says "luck favours those who work hard". He worked hard since his 10th year and continues to be so. Though in his 60's none of his team members are as active and hard working as him. A western secretary of the Master says „He looks like a dear but carries energies of an elephant. We can not stand with him in work“.

I have narrated all these qualities of Master Parvathi Kumar only for the benefit of many truth seekers, as these qualities are useful

to pick up, practice and change their lives for betterment. Master Parvathi Kumar is a character who utilised every situation and incident that came up to him with great attention and responsibility. He sees Spirituality value even in small events and turns them big for others joy. He adds spiritual value to any activity! These are certain qualities which I could understand in my association with him. It is not so easy to present Master Parvathi Kumar, but to my fortune I could present him to some extent, due to my long years of association.

I offer my salutations to the Sadgurus, Eminent Personalities, Philosophers, Social Workers, Service Volunteers, Devotees who have given their expressions about Master Parvathi Kumar in this souvenir. You will find the real fusion of East and West in this souvenir.

I have responded the sincere call of many sincere seekers all over globe in presenting this souvenir.

**Let us try to follow the steps of silence of the Master
who is an embodiment of Sradha
and Blossom of Wisdom.**

Navaneetam

New: Multilingual Website of Paracelsus – Health and Healing

The website of the Paracelsus – Health and Healing magazine is now available in four languages: English, German, French and Spanish. Besides a presentation of the magazine with a sample issue and an online-order form you find a collection of sayings of Paracelsus, a short biography, a link collection as well as a gallery of photos of the Paracelsus-Centre.
<http://www.paracelsus-center.ch>

Paracelsus Health and Healing

Rhythmic Eating and Qualitative Food



It is refreshing to think afresh of food. Certainly the wisest course is to partake in food, when the body has need of it. It is equally wise to take food only twice daily. It is considered sufficient if man eats twice, spread over the day. People think that it is difficult to follow this rule. It is certainly not difficult if one is intent upon it. Eating many times during the day may be a fashion but certainty is not healthy. The stomach should be given work at definite hours, but not at any time one pleases. It is most harmful to consume food without definite hours and without need. Eating for social purpose is not acceptable to the stomach. The wise do not disturb the rhythm of the stomach. It is as consequential as the disturbance to rhythm of the heart.

Rhythmic and orderly life is not something shameful and avoidable. Let not the excessive socialization and modernization result in disturbing the rhythm of the body. One must know and carefully protect the apparatus called the human body, which is built through ages.

It is incorrect to believe that man needs a lot of food. All that he needs is little but qualitative food. One should avoid acids and artificial preparations. The modern aerated cool drinks are all harmful, that substituted the natural fruit juice and drinks. Decaying butter and stored cheese are even more harmful.

Blessed is the one who burdens not himself with food. The modern man is least educated in these lines. When fundamentals of health are at stake diseases are bound to emerge. The fast food centres, running breakfasts, the junk food of fashion, the artificial drinks have taken the humanity away from health. Natural normal food, which is quantitative, is rare to find. Rhythm is almost absent.

It is time that the medical profession educates the society at large of the need for rhythmic eating and of the need for simple qualitative food, in modest quantities.

Dr. K. Parvathi Kumar

Extract from: **Paracelsus – Health and Healing**

With a subscription you support this important work (€ 70 / year)

Astrological Important Days in November / December 2006

- 22.11. 12:02 ☉ → ♊ / Sun enters Sagittarius
 ♃ ☉ in ♊ – Every morning:
Utilize the two hours before dawn for intense spiritual practice – particularly the first 13 degrees of Sun's transit
 ☉ in ♊ – Every Thursday (23.11., 30.11., 07.12., 14.12.):
Healing prayers and healing work
- 26.11.** 23:13 23rd constellation *Dhanishtha* starts ☾ 17°17' ≈
- 27.11. 20:19 ● 8th phase of ascending moon starts ☉ 05°24' ♊ / ☽ 29°24' ≈
 ☽ (End 18:34 on 28.11.)
 21:00 **Dhanishtha-Meditation** (End of *Dhanishtha*-constellation at 22:25 on 27.11.)
- 30.11. 14:13 11th phase of ascending moon starts ☉ 08°11' ♊ / ☽ 08°11' ♃
 ♃ *Day of Lord Nârâyana* (End 11:42 on 01.12.)
- 04.12. 03:45 Phase of full moon starts ☉ 11°48' ♊ / ☽ 29°48' ♃
 ☽ *Contemplation upon Lord Dattâtreyâ, the Lord of Yoga, and upon Master Kût Hûmi (Devâpi)*
- 05.12. 01:25 ○ **Full moon of Sagittarius** ☉ 12°43' ♊ / ☽ 12°43' ♃
- 12.12. 02:15 ● 8th phase of descending moon starts ☉ 19°52' ♊ / ☽ 13°52' ♃
 ♃ (End 04:52 on 13.12.)
- 15.12. 10:10 11th phase of descending moon starts ☉ 23°15' ♊ / ☽ 23°15' ♃
 ♃ *Contemplation upon Lord Nârâyana* (End 12:20 on 16.12.)
- 19.12. 15:15 Phase of new moon starts ☉ 27°32' ♊ / ☽ 15°32' ♊
 ♊ **New moon point of Sagittarius:** *Contemplation upon 'The Pledge'*
- 20.12. 15:01 ● New moon of Sagittarius ☉ 28°33' ♊ / ☽ 28°33' ♊
- 22.12. 01:22 ☉ → ♋ / Sun enters Capricorn
 ♋ **Winter Solstice:** Birthday of Jesus Christ
 ☉ in ♋ – Every morning: *Contemplation upon the brilliant-white 5-pointed star during the twilight hours* ☆
- 24.12.** 04:49 23rd constellation *Dhanishtha* starts ☽ 17°17' ≈
 ☉ 21:00 **Dhanishtha-Meditation** (End of *Dhanishtha*-constellation at 03:47 on 25.12.)
- 27.12. 04:46 ● 8th phase of ascending moon starts ☉ 05°14' ♋ / ☽ 29°14' ♋
 ♋ (End 02:49 on 28.12.)
- 29.12. **December Call Day**
 ♋ 22:49 11th phase of ascending moon starts ☉ 08°03' ♋ / ☽ 08°03' ♃
 ♃ *For healing purposes* (End 20:51 on 30.12.)
- 02.01. 15:55 Phase of full moon starts ☉ 11°50' ♋ / ☽ 29°50' ♃
 ♃ *Contemplation upon the 8-petalled Heart Lotus* ☸
- 03.01. 14:57 ○ **Full moon of Capricorn** ☉ 12°48' ♋ / ☽ 12°48' ♋

All times are in MET (middle european time).

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Great Invocation



Let us form the Circle of Good Will.

OMNIA VINCIT AMOS.

From the South through Love
 which is pure.

From the West through Wisdom
 which is true.

From the East through Will
 which is noble.

From the North through Silence
 which is golden.

May the Light make beautiful
 our lives.

O Hierophant of our Rite
 Let his love shine.

OMNIA VINCIT AMOS.

Let us form the Circle of the World
 Servers.

We bow down in homage
 and adoration

To the Glorious and Mighty Hierarchy,
 The Inner Government of The World,
 and to its Exquisite Jewel,
 The Star of the Sea -
 The World Mother.

From the point of Light
 within the Mind of God
 let Light stream forth
 into the minds of men.
 Let light descend on Earth.

From the point of Love
 within the Heart of God
 let love stream forth
 into the hearts of men.
 May the Lord return to Earth

From the centre where the
 Will of God is known
 let purpose guide the little wills of men,
 the purpose, which the Masters
 know and serve.

From the centre which we call
 The race of men
 Let the Plan of Love and Light
 work out
 And may it seal the door
 where evil dwells.

From the Avatar of Synthesis
 Who is around
 let His energy pour down
 in all kingdoms.
 May He lift up the Earth to the
 Kings of Beauty.

The Sons of Men are one
 and I am one with them.
 I seek to love, not hate.
 I seek to serve and not exact
 due service.
 I seek to heal, not hurt.

Let pain bring due reward
 of light and love.
 Let the soul control the outer form
 and life and all events,
 and bring to light the love
 which underlies the happenings
 of the time.

Let vision come and insight.
 Let the future stand revealed.
 Let inner union demonstrate
 and outer cleavages be gone.

Let love prevail.
 Let all men love.

Master D.K