

# VAISAKH NEWSLETTER



*HAMSA SIVA SOHAM*



*Leo 2005 Simha*

Letter No. 4 / Cycle 19 - 22<sup>nd</sup> July until 23<sup>rd</sup> August 2005  
The World Teacher Trust - Europe

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Dr. Sri K. Parvathi Kumar is President of the 'World Teacher Trust' and Founder of the 'Vaisakh Newsletter'.

The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

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### **The World Teacher Trust - Europe**

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## INVOCATION

May the Light in me be the light before me  
May I learn to see it in all.

May the sound I utter reveal the light in me  
May I listen to it while others speak.

May the silence in and around me present itself,  
The silence which we break every moment,  
May it fill the darkness of noise we do  
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,  
Let realisation be my attainment,  
Let my purpose shape into the purpose of our earth,  
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.  
May we live in the awareness of the background.  
May we transact light in terms of joy.  
May we be worthy to find place in the Eternal Kingdom OM.

Master E.K.

## PRAYER FOR THE YEAR

All names together utter the name of God.

A prophecy thinks from darkness to light.

Prophecy is fulfilled.



## MESSAGE OF THE MONTH OF LEO

Leo is the fifth sun sign of the zodiac from Aries in clock-wise direction. It is the eighth sign in the anti clock-wise direction from zero degrees Aries. The fifth house stands for the self-conscious man, the localised I am consciousness. The eighth house denotes death of such personality consciousness.

The man with personality consciousness is full of self-esteem, self-confidence, the inclination to lead, guide, direct others, to protect others and to fight those who are against him or his people. The man of personality also uses others for his personal purposes even while such purposes are very noble. He inspires and leads people towards the ideal he believes in. He does not let others lead themselves.

The man of personality in Leo cannot but rule others in one way or the other. He does not allow others to rule themselves. This is the lion one has to conquer in oneself without which he cannot enter the realms of Soul. Hercules, Samson and the like, symbolically killed this lion and stood at the portal of initiation. The lion of the personality should necessarily be killed in Leo to experience the secrets of initiation in Scorpio the eighth house. Leo is the eighth house in reversed wheel while the Scorpio is the fifth house in such wheel.

Ponder upon the interrelation between the Leo and Scorpio, the fifth and the eighth houses of the Zodiac.

## MESSAGE OF THE TEACHER

### YOGA - LIVING - PRACTICE



Grace of God is to those who are in deep love of God. Neither the knowledge of God nor the acts of serving for self-aggrandisement nor the efforts to meditate can give the ecstasy of the love of God and the related grace.

The path of discipleship has many regulations. People are involved more in regulations than in experience of God. Practice of Yoga gains greater importance than experience of pure consciousness. Many times disciples are lost in the routine and in the technicality of discipleship. They believe that they are knowledgeable, that they practice mantrams, that they conduct acts of goodwill, that they are working for the Plan. All these activities are cumbersome when the core of practice, the I AM, is found missing in such practices.

It is not merely the acts relating to God that give experience of God. It is the linkup to God while doing such acts. A true disciple links-up to the Divine, to the I AM in and around him and conducts all acts in Love. He has no distinction such as the spiritual and mundane acts. He stays in Love and conducts life. This is Yoga living distinct from Yoga practice.



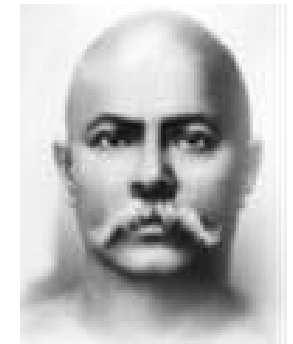
**GÎTÂ-UPANISHAD**  
**- LORD SRI KRISHNA -**  
**THE END IN THE MEANS**

Action binds when there is a personal motive and desire. Action binds not when duties are done without such desire. A duty is an act which one has to do. There is no such thing as liking or disliking in a duty. Apart from like and dislike, a duty while being conducted may give birth to desire which may be unconscious in the beginning. Once desire sets in illusion casts itself upon the doer. The consequence is bondage.

Acts of desire in any way bind man. Duties also bind, if there is a tinge of desire in it. The doer has to regularly introspect his doings at the end of the day to distinguish the duty, the desire and the latent desire hidden in the duty. If there is a hidden desire the veil of illusion sets in. The personality leads the Soul in such situation. Personality being the shadow of the Soul, ignorance sets in. Ignorance causes disturbance to the clarity. It throws a veil of darkness upon the light of consciousness.

It takes time for humanity to realise that 'action is not for the result, action is for the joy of action.' The means is the end as well. Knowers of action know this.

**MESSAGE OF MASTER CVV**  
**ALL-ROUND DEVELOPMENT**



The body contains centres of force. It is not just a form of flesh and blood. The chief centres relate to the five elements, the mind and the man. The man is expected to preside over the six centres relating to the mind and the five elements. However, depending upon his exposure and the related experience in series of lives he stays in any one of the six centres until he becomes a Master. Each centre has its detail, represented by the number of petals of the lotus of each centre. Petal-wise experience in relation to each centre when completed, one can take to the higher centre. This is an orderly progress, a scientific progress. Many follow many practices, which may stimulate different petals of different centres without making an orderly progress. In such situations they are held back until the petals of the lower lotuses are also experienced.

The Yoga of sound that I introduced lets you not jump into a higher experience until you have gained the lower experience. It is a Yoga for all round development. Expect not miracles from me. Accept patience and workout every step. I am your Saturn, Pluto that would lead you to deep experiences but not superficial ones.



## LORD MAITREYA THE CHANGE

Yoga is a chemical process. In a chemical process a raw product goes through many transformations. Many times the finished product has no comparison with its original status / nature. Likewise, man ends up being the Master in Yoga when the processes are all completed in him. For the milk to gain the status of butter there is a process. Likewise, for base metal to become gold there is a process. A stone becomes a diamond, a flower transforms into a fruit. Did you ever stop and think for a while? How many millions of transformations happen in the given examples?

You too shall have to accept the need for such transformations and take to the necessary Yoga discipline without which Mastery cannot be experienced. Your dreaming of the Masters is of no help unless such dreams inspire you to willingly accept the chemistry of Yoga. Millions of times teachers repeatedly inform you to transform your speech, your thought and your action. Could you do it? Or do you speak of it all the time?

Expect not the world to change. Workout the change in you. Then the world looks different.



## MASTER MORYA - MARUVU MAHARSHI - THE FLAMBOYANT ONES

The flamboyant ones waste away their energies. They expend more and accomplish little. Their energy is like the flood-waters of a river. Their activity is generally destructive and sometimes manipulative. They cannot see their own manipulations, because they are themselves distorted. Their mind is a defective mirror that reflects everything out of order. To them it is real, because their instrument is defective. Being powerful they try to decide good and evil and destroy that which they believe as evil. They form their own isms and sell themselves to their own isms and try to destroy that which is contrary to their ism. All religions did it. Even communism did it. Capitalism is doing it. Human sickness is at their mental level and needs a very profound surgery. Nature only can do it. The signals are already on the way.



**MASTER KOOT HOOMI  
- DEVAPI MAHARSHI -  
GIFTED FACULTIES**

Try to see beyond the sight and listen beyond the sound. This is an experiment worth attempting on a daily basis. This would lead you to a facility to switch off from the surrounding forms and the surrounding sounds. They do not disturb you any more if you gain this facility of switch-off. When you target to see far and listen far, gradually it would give you yet another facility namely, clairvoyance and clairaudience. Generally you think that clairaudience and clairvoyance are gifts of god. We say, it is a science and there is a way to work for them and receive the facility.

Don't you experience sometimes absent-mindedness? Don't you take shower thinking about something? Don't you sip your cup of coffee thinking something else? Did you not experience that you did not consciously drink your cup of coffee? It happened while your thoughts were elsewhere. Know that potential you are clairaudient and clairvoyant. That potential can be seen through your little absent-minded actions. If you can give a specific training you can do it at will.

This is how we see and listen interplanetary events. It is an effort over lives. You too can start from where you are. The gifted faculties are the worked-out faculties of the past.

**MESSAGE OF MASTER E.K.  
LEARN TO INCLUDE**



Wisdom imparts Truth. Truth is inclusive but not exclusive. Exclusive clubs of Truth do not carry much Truth. Truth exists in common and amidst the common. It tries to include. It has no instinct to exclude. Wisdom is such. It includes ignorance. The light of wisdom includes darkness as well. Wisdom has a large heart even to include evil and neutralise. Such is the power of wisdom called Love. Such wisdom is the dream of the hierarchy. It is demonstrated from time to time to show an example, to show the way.

If you wish to join the path of wisdom learn to include, such is the speciality of the wise ones. Jesus included traitors, killers, plotters, the weak, the meek, etc. One needs no better example.



**VIDURA**  
**WISDOM TEACHINGS**

All the wealth of the planet Earth  
is not equal to a man of wisdom,  
for he is not enchanted  
by its treasures, namely,  
the precious minerals and metals,  
the crops, the animals, the cattle,  
and the woman.



**SHIRDI SAI SAYINGS**  
**TRUE COURSING**

The true solution to every problem in life is first to accept it and work with it sincerely. There is a time dimension to every problem. Attend attentively throughout the time duration, without despair, without short cuts and without the attitude to escape. Be tolerant. Have the confidence that the problem gets solved as you course through time, with the grace of ALLAH (the Lord). Surrendering to Him, keep doing what is needed to be done. Such is the true course of life.



## SRI RAMAKRISHNA

### NECESSITY OF HAVING A GURU

What is the necessity of calling a particular man our Guru instead of calling everyone who teaches us something by that designation? When going to a strange country, one must abide by the directions of the guide who knows the way. Taking the advice of many would lead to utter confusion. So in trying to reach God one must implicitly follow the advice of one single Guru who knows the way to God.

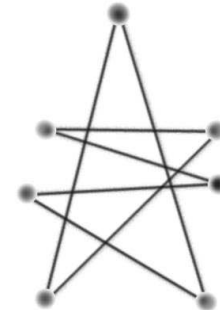
At a game of chess the on-lookers can tell what the correct move is, better than the players themselves. Men of the world think that they are very clever, but they are attached to the things of the world – money, honours, sense-pleasures, etc. As they are actually engaged in the play, it is hard for them to hit upon the right move. Holy men who have given up the world are not attached to worldly objects. They are like the on-lookers at a game of chess. They see things in their true light and can judge better than the man of the world. Hence, in living the holy life, one must put faith only in the words of those who meditate upon God and who have realised Him. If you seek legal advice, will you not consult lawyers who are in the profession? Surely you will not take the advice of the man in the street.

If you are in right earnest to learn the mysteries of God, He will send you the Sadguru, the right teacher. You need not trouble yourself about finding out a Guru.

## CHILDREN'S SECTION

### THE DOCTRINE OF ETHICS

Man living amidst ladies,  
woman living amidst men,  
are prone for scandal.  
Even the wise are  
no exception.



## CHILDREN'S SECTION

### THE RIGHT USE OF FOOD

#### Food and the Life Force

Food carries essential energy and we call this energy "life force". Life force exists in the material substance, in watery substance, airy substance and fiery substance too. In truth, life force is a subtle substance that exists in all the substances of Nature. So what we gain through eating process is life force. It helps in reinforcing the life force in us. Therefore, is it not wise to gain life force with or without eating? Yes! Life force can be gained with or without eating. One can orient more and more to absorb life force. Thereby, he can gradually eliminate heavy substances as food. Since he is gaining life force, which is the purpose of all eating, he does not need to eat so much. This appears strange! Doesn't it? But it is not so if we analyse.

Now let us see - we understand that in eating, the goal is to gain life force. Life force exists in many ways. It exists in food material. It exists in water as oxygen. It exists in air as oxygen. It exists in sun-ray as life-force. If we know how to gain life-force through water, we do not need to eat food material. If we know how to absorb life force by breathing in oxygen, we do not have to even drink water. And if we know how to absorb life force from the sun-ray, we do not even have to breathe so much! We can save our breaths. This sounds funny. But it is true.

\* A section from the book 'Mithila' of Dr. K. Parvathi Kumar.

## BOOK REVIEW

### MASTER CVV



The word Master means one who has a complete mastery over the threefold personality. This fascinating book describes the work of Master CVV and the work of senior disciples, Master M.N. and Master V.P.S., plus the founder of the World Teacher Trust, Master E.K.

A section of the book is also devoted to the science of Yoga where Master CVV is described as "...the founder of the raja Yoga path in a form which is most suitable and practical in the modern age."

This is a book that gives a valuable perspective into the work of the Masters who serve the divine Plan for the evolution of humanity and our planet Earth.

**Ekkirala Krishnamacharya: Master CVV**

**Copies:** The World Teacher Trust, [info@worldteachertrust.org](mailto:info@worldteachertrust.org)

### AYURVEDIC PRINCIPLES FOR DAILY LIFE



This booklet contains short, practical regulations and recommendations for every-day living. Some of the topics are: Morning regulations; the science of bathing, water temperature, hair, exercise guidelines; massage - massage principles, oil massage, head and foot massage, cleansing massage; sleep-guidelines, sunrise and sunset hours; diet - an understanding of diet, ayurvedic principles for eating.

This text is the first of a series of publications of Dhanishta Switzerland, realised by The World Teacher Trust - Europe. These publications are meant to present the teachings of Dr. K. Parvathi Kumar in a form suited to the English speaking Western world.

**K. Parvathi Kumar: Ayurvedic Principles**

**Copies:** The World Teacher Trust, [info@worldteachertrust.org](mailto:info@worldteachertrust.org)

## NEWS - REVIEW TOURS OF THE TEACHER

Extracts from the WTT-Europe Annual Report 04/05

### 3. Spain

#### June 2004, Cardona

The name of the seminar was: "The Seven Steps for the Full Moon". More than 200 members mainly from Spain but also from South America, Switzerland and India, participated during 5 days in the group living with the Master. Two fire rituals were carried out.

A visit to the famous salt mines was also carried out by small groups during the days of our stay. The Master visited and stayed in several houses belonging to members of the group in Matadepera & Sant Felú de Llobregat.

### 4. Germany

#### June 2004, Bad Meinberg

The group life in Germany with Dr. K. Parvathi Kumar took place from 10<sup>th</sup> to 13<sup>th</sup> June, 2004 in the beautiful seminar house and Yoga Centre "Yoga Vidya" at Bad Meinberg. The Master spoke about "The Journey into Subjectivity". A fire ritual was celebrated.

Close to that place there are the natural monuments of the "Extern Stones" which the group visited. It is a holy place, and the group could experience its peace and silence.

Before the visit the Master introduced the group to the importance of the Extern Stones:

"People in Germany should feel responsible towards the Extern Stones. It is a holy place which has survived time cycles. It radiates energies representing age-old values. In my opinion, it is a place of pilgrimage. This afternoon we shall visit that place as pilgrims to experience its peace and silence in spite of the superficial agitation taking place there.

Around the Extern Stones there is a group of beings working for harmonizing the energies in Germany. As a Goodwill group we should have a responsibility for that place, and we should think whether – as a group – we could do something to give back its holiness and serenity to that place. We could contact the competent authorities and insist upon preserving and protecting the sacredness. The Extern Stones can be developed into a place which people visit. However, drinking, dancing, etc. should be avoided. Such activity of restoring places of light should belong to acts of Goodwill. The whole German group should project thoughts into that direction. We could think about means and

*cont. p. 20*

## GROUP FORUM NEWS & ACTIVITIES (Inputs welcome)

### Annual Assembly 2004/05 of the WTT-Europe

This year the Annual Assembly took place on May 31<sup>st</sup>, in Olympia, Greece, during the 40<sup>th</sup> W.T.T. International Tour 2005. At the meeting attended by over 120 persons it was unanimously decided to buy an apartment for seminar and office rooms of the WTT-Europe in Einsiedeln, Switzerland (also for printing the Paracelsus magazine, book and audio-video storage). The total price of SFr. 620.000 is being financed by donations, interest free loans and a hypothecary loan. It was informed that donations are welcomed to help sharing the costs. The inauguration will be in February 2006 around Aquarius Full Moon, with a seminar in Einsiedeln.

Furthermore the situation of the Paracelsus-magazine was presented and the group members were invited to help getting more subscriptions. The magazine is now run since 1.5 years on a monthly basis, in 3 languages, with voluntary collaborators on a national and European level without being paid for it, all this thanks to an excellent cooperation.

*cont. from p. 19*

methods how to return their inherent radiance and holiness to the Extern Stones, so that they can better transmit their vibrations, which in turn can be experienced by people. Through such action, the whole country could take advantage in gaining harmony. The World Teacher Trust Germany could ponder upon this and prepare a plan of action."

The World Teacher Trust Germany plans to perform regular group meditations at the Extern Stones. Auspicious days for such meditations are the equinoxes and solstices, full moons and new moons, the 11<sup>th</sup> moon phases, the 8<sup>th</sup> ascending moon phase in Aries and Libra as well the 8<sup>th</sup> descending moon phase in Leo and Aquarius, the 29<sup>th</sup> May, the 29<sup>th</sup> December and the 23<sup>rd</sup> constellation Hasta of every month. Those who wish to participate should get in contact with Barbara Kleyböcker, Tel. 0049-251-294279, who coordinates the work.

After the seminar the Master went to visit the Gopura group and gave a small talk about the topic called "The Gandharvas".

Then the Master went to the Mercury School, Solingen, and celebrated a fire ritual at the WTT premises in Wermelskirchen.

## EXTRACTS FROM THE TEACHINGS THE HIGHER ASPECT OF LIBRA, Part XI

Dr. Sri K. Parvathi Kumar

Peñíscola Group Living, Spain, June 2003

In India we all believe that there is only one male and all the rest of the universe is full of females, not only on this planet, in all the seven planes, all the beings, including cosmic beings, they are all females. That man is Krishna. So, the ultimate marriage should happen with him, call him Krishna, Christ. The idea is to reach him, and Libra helps us. The personality comes out of the soul in manifestation. The soul is the male, and the personality is the lady. So the personality should be in marriage with the soul, and the marriage that we do between a lady and a man is only to realise the marriage between the soul and the personality, and we should think of mutual cooperation. But seldom it happens. As much as you redress your personality through practice, so much you find your spouse cooperative. It is your non-cooperative personality that appears to you as your mirror-image in your spouse. It is for us to work out the harmony through conflict. How can you live in a group, where there are so many personalities? It is for you to round up your personality, because your spouse always shows you the other side of the coin. So, round up with you and gain the vision. This is how you have to overcome your personality. Then the personality dies and the second marriage can happen. If you get married for a second time, you cannot say, it is spiritual. There are some foolish people who attribute this kind of dogma on Master CVV, that he became a grand Master only after the second marriage.

So, first you get married with the personality and through exchange of personalities you gradually commune in soul. Then the lady lives in the heart of the man, even if the lady is not around. Likewise, the man lives in the heart of the lady, even if he is not around. They are inseparable. It continues to be so, even if the souls die. That is the higher dimension, and that is the ultimate truth. Hence, the presence and absence of the physical body makes no difference, because the urge to associate is more at the soul level than at the plane of flesh and blood. This is the message of Libra, that Libra joins Aries. When Libra joins Aries, the centre of Libra is no more solar plexus. It is proximate to *Sahasrara*. That is how *Siva* carries the lady as the crescent moon on his head. Such people are called *Chandra Sekhar*. It is a sublime concept, where the womanhood exists in man's consciousness in its highest state of awareness and vice versa. That is how you have symbols in India, where the World Mother carries the crescent moon as an adornment.

The centre relating to it is above *Ajna* below *Sahasrara*. So, the south pole in you is neutralised and you have jointed the higher pole. The higher

pole becomes no more higher, because there is no lower to it. It is higher, when there is a lower. Then it becomes lower to something higher. Now the personality dies or joins the soul. There is no question of death in the distant future. The personality is infused by the soul and becomes ornamental to the soul.

Then as the next step, the soul is in marriage to the super-soul. When eventually that marriage happens, you become part of the super-soul. There is one more target: the super-soul tries to marry the Absolute. These are the three initiations in their highest expression: the personality joining the soul, the soul joining the super-soul, the super-soul integrating into the Absolute. These are the three steps of marriage. Once the super-soul joins the Absolute, the Absolute has no polarities. Only in creation the polarities exist. So, they remain friends. The friendliness of the male/female principle beyond the creation is such that it is equal, and that spirit of equality exists with them at all the seven planes. In the higher planes there is more spirit and less matter. That means the matter is in spirit. In lower planes there is more of matter, less of spirit, so the spirit is in matter. They have no reservations, who is to be in whom. In the ultimate state both are equally subtle, and there is no such thing as one existing without the other, even in the absolute state. That is how Libra gives you the vertical ladder up to the Absolute.

If you have Saturn or Mars in the 7<sup>th</sup> house, you can expect a lot of conflict through marriage. If you have node/anti-node in the 1<sup>st</sup> and 7<sup>th</sup> house, you can expect problems. Also if your 7<sup>th</sup> house is afflicted, you have a large program to work with your own personality. Don't blame your spouse. Your spouse is your mirror-image. Every time a brother or sister comes to me and speaks of the difficulties he/she has with their life partner, remember, you have chosen according to the nature of your personality. So, have it and enjoy it, just for one life! You know, if you live with a person who does not agree with you over one decade, two decades, three decades, slowly it becomes a state of friendliness. Please remember, it is nothing but training your own personality. You learn adjustment, you learn compromise, you learn to concede, you learn to lose. It is not that we learn through success, we should also learn through failures. So, we have to see these dimensions, especially when you are trying to work with spiritual principles. This is an aspect relating to the 7<sup>th</sup> house. The woman in us comes out of us and meets us. The personality is what we build, and it is always in marriage with us, because it came out of us, just like they say that the woman came out of the rib bone of the man which is strongly objected by the woman. I agree with them. The woman here is the personality. It comes out of you, and you cannot but marry it. Then you have to work out the harmony with it.

*to be continued*

## SAHANÂVAVATU

At the May Call Day seminar of the WTT in Greece the following Teacher-student mantra was spoken daily at the morning and evening prayer after the phase of silence. Dr. Kumar pointed out that it is meant to enhance the coherence of the groups.

SAHANÂVAVATU  
SAHANAUBHUNAKTU  
SAHA VÎRYAM KARAVÂVAHAI  
TEJAWI NÂVA DHÎTA MASTU  
MÂ VIDVISHÂVAHAI  
OM SÂNTI SÂNTI SÂNTIHI

Meaning:

May we be protected together.  
May we share and enjoy together.  
May we work efficiently together.  
Let there be no hindrance  
to our enlightenment.  
Let not malice prevail.  
Let peace be in all the three planes.

This is a "Teacher-student" invocation for the mutual benefit, blessing and growth. The benediction is uttered to ensure togetherness in the Path of Light. The unique feature is that "may not malice prevail between us."

The Teacher is the Enlightened One. The student is the seeker of such enlightenment. To grow in Light is declared as their mutual purpose. For that single purpose, they work together.

The work is defined as the work of goodwill, of service, of welfare to life. Such work gives joy. When the two thus work in Light and for Life, when malice prevails not and peace exists, protection of them is ensured.

Such is the noble invocation, recommended to be uttered by the Goodwill groups, relating to themselves and to their Teacher.

The mantram should be practised together with a cassette or CD.

*From: Mantrams - Their Significance & Practice. By Master K. Parvathi Kumar.*



## PARACELSUS HEALTH AND HEALING

### THE MYSTERY OF BLOOD

The mystery of blood remains to be solved by the researchers of medicine. It should receive increasing attention by all concerned with disease, health and healing. The blood stream, as also the centres or plexus require greater attention. Their physiological effects need to be studied. When the centres are all properly developed, organized and directed, the energy which they receive from the surroundings is distributed into the physical organism. This is an important factor presently overlooked. The distribution is through the blood stream while the reception of energies is through the glandular plexus.

The blood stream is thus the agent of the glandular system. It is therefore the effect of the glandular system. The glandular working and their effect is transmitted to every part of the body by the blood stream. The blood stream thus brings certain essential elements which are known so little today and which are responsible for making man physiologically what he is, and which are also responsible for the status of the physical body and its control.

The glands receive essential elements and the blood distributes. The diseases can be either from ineffective reception by the glands of elements or from ineffective distribution by the blood stream. The blood stream also carries life. The life energy, coupled with glandular energy, penetrates the entire body and radiates the arteries, the veins and the capillaries. If the centres do not function, the energy runs wild, becomes overactive and gets misdirected. This causes the related diseases in the related region.

An open-minded investigator may regard the possibility of the presence of the etheric centres behind the glands and may make investigations. Such an open-mindedness will give far more rapid progress. An intelligent investigator may pick up the task of studying the effects of the glands by accepting the hypothesis. A proper study of ductless glands and of the blood stream will establish the causes of paramount importance, which form the basis for the physical difficulties. Slowly the investigator will be led to the inevitability of the existence of the etheric centres. This will lead to inclusion of the subjective nervous system (*nadis*). This inclusive study will throw open the factors that are responsible for major diseases and for obscure elements, that plague

humanity today. Ayurveda is one medical system that recognizes the *nadis* as on date.

Dr. K. Parvathi Kumar

Extract from:

### Paracelsus - Health and Healing

The Magazine for Healing Practices and Traditional Knowledge of Medicine in East and West.

Paracelsus was a master of health and healing who stands for a bridging of the visible and invisible worlds. What he said 500 years ago is now slowly being found valid even by modern medical science. Therefore the magazine is published in memory of Paracelsus to inform about all varieties of healing known to be effective.

Subject areas are: Ayurveda, homoeopathy, yoga, alchemy, naturopathy, traditional Chinese therapies, other traditional therapies from the Far East, magnetotherapy, hydrotherapy, massage, foot zone massage, phytotherapy, dietetics, gems for healing (Crystals) colour therapy, sound therapy, old "grandmother recipes", spiritual therapies, including healing through meditation.

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### Sample Issue Paracelsus - Health and Healing:

Since 1.5 years a group working on a voluntary basis is publishing this magazine for healing practice and traditional knowledge of medicine in East and West (in English, German and Spanish). The object of this periodical is to collect and to synthesize the new and old knowledge of medicine and of the art of healing of East and West, to make it thus available to the people. The Editor-in-chief of the magazine is Dr. K. Parvathi Kumar.

With a subscription you support this important work (€ 70 / year)

Electronic sample issue: <http://www.worldteachertrust.org/pdf/phlll6e.pdf>

See also: [http://www.worldteachertrust.org/paracelsus\\_e.htm](http://www.worldteachertrust.org/paracelsus_e.htm)

There you also find sample issues in German and in Spanish.

### Astrological Important Days in July / August 2005

22.07.	18:00	23 <sup>rd</sup> constellation <i>Dhanishtha</i> stars	♃ 17°16' ♌
♀	19:40	☉ → ♌ / Sun enters Leo	
	21:00	<i>Dhanishtha-Meditation</i> ( <i>Dhanishtha</i> -constellation ends at 15:09 on 23.07.) ☉ in ♌ – every Tuesday (26.07., 02.08., 09.08., 16.08.): <i>Contemplation upon the influx of hierarchical money via the Mother of Splendour Lakshmi</i> ☉ in ♌ – every Friday (29.07., 05.08., 12.08., 19.08.): <i>Contemplation upon the World Mother in the Heart Center</i>	
27.07.	17:32	☾ 8 <sup>th</sup> phase of descending moon stars (End 17:17 on 28.07.)	☉ 04°41' ♌ / ♃ 28°41' ♃
♀			
30.07.	18:45	11 <sup>th</sup> phase of descending moon stars <i>Contemplation upon Mairaya in the Heart Center</i> (End 20:16 on 31.07.)	☉ 07°36' ♌ / ♃ 07°36' ♌
♃			
04.08.		🎂 Birthday of Master CVV	
♃	02:39	Phase of new moon starts New moon point of Leo: <i>Contemplation upon 'The Pledge'</i>	☉ 11°45' ♌ / ♃ 29°45' ♌
♀			
05.08.	05:05	● New moon of Leo	☉ 12°48' ♌ / ♃ 12°48' ♌
♀			
11.08.		🎂 Birthday of Madame H. P. Blavatsky and Master EK	
♃			
12.08.	16:47	☾ 8 <sup>th</sup> phase of ascending moon stars (End 16:18 on 13.08.)	☉ 19°59' ♌ / ♃ 13°59' ♌
♀			
15.08.		🎂 Birthday of Sri Aurobindo	
♃	13:03	11 <sup>th</sup> phase of ascending moon stars <i>Contemplation upon Mairaya in the Heart Center</i> (End 10:23 on 16.08.)	☉ 22°43' ♌ / ♃ 22°43' ♌
♀			
18.08.	23:45	Phase of full moon starts <i>The New Vaisākhi Festival, Contemplation upon the Hierarchy via Lord Krishna, Lord Sanat Kumāra and Lord Mairaya</i>	☉ 26°02' ♌ / ♃ 14°02' ♌
♃			
19.08.	04:50	23 <sup>rd</sup> constellation <i>Dhanishtha</i> stars	♃ 17°16' ♌
♀	19:53	☾ Full moon of Leo	☉ 26°50' ♌ / ♃ 26°50' ♌
	21:00	<i>Dhanishtha-Meditation</i> ( <i>Dhanishtha</i> -constellation ends at 01:49 on 20.08.)	
23.08.	02:45	☉ → ♍ / Sun enters Virgo ☉ in ♍ – 1 <sup>st</sup> bis 14 <sup>th</sup> descending moon phases: <i>Contemplation upon the Piris</i>	
♃			
26.08.	05:02	☾ 8 <sup>th</sup> phase of descending moon stars (End 05:45 on 27.08.)	☉ 02°59' ♍ / ♃ 26°59' ♌
♀			
29.08.	08:59	11 <sup>th</sup> phase of descending moon stars (End 11:12 on 30.08.)	☉ 06°02' ♍ / ♃ 06°02' ♌
♃			

All times are in MEET (middle european summertime).

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## GREAT INVOCATION

Let us form the Circle of Good Will.

OMNIA VINCIT AMOS

From the South through Love  
which is pure.

From the West through Wisdom  
which is true.

From the East through Will  
which is noble.

From the North through Silence  
which is golden.

May the Light make beautiful  
our lives.

O Hierophant of our Rite  
Let his love shine.

OMNIA VINCIT AMOS

Let us form the Circle of the World Servers

We bow down in homage  
and adoration

To the Glorious and Mighty Hierarchy,  
The Inner Government of The World,  
and to its Exquisite Jewel,  
The Star of the Sea -  
The World Mother.

From the point of Light  
within the Mind of God  
let Light stream forth  
into the minds of men.

Let light descend on Earth.

From the point of Love  
within the Heart of God  
let love stream forth  
into the hearts of men.

May Christ return to Earth.

From the centre where the  
Will of God is known

let purpose guide the little wills of men,  
the purpose, which the Masters  
know and serve.

From the centre which we call  
The race of men

Let the Plan of Love and Light  
work out

And may it seal the door  
where evil dwells.

From the Avatar of Synthesis  
Who is to come

let His energy pour down  
in all kingdoms.

May He lift up the Earth to the  
Kings of Beauty.

The Sons of Men are one  
and I am one with them.

I seek to love, not hate.

I seek to serve and not exact  
due service.

I seek to heal, not hurt.

Let pain bring due reward  
of light and love.

Let the soul control the outer form  
and life and all events,  
and bring to light the love  
which underlies the happenings  
of the time.

Let vision come and insight.

Let the future stand revealed.

Let inner union demonstrate  
and outer cleavages be gone.

Let love prevail.

Let all men love.

Master D.K.



Utter forth OM softly and subtly.

Listen to it with much alert.

Inculcate the habit of listening the subtle OM.

This leads you to listening

Anahata Sound (the voice of silence).

Let it be heard as much as you can in the Heart.

*K. Parvathi Kumar*