

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Aquarius 2012 Kumbha

Letter No. 10 / Cycle 25 – 20th January until 19th February 2012

The World Teacher Trust - Global



Invocation

May the light in me be the light before me.
May I learn to see it in all.
May the sound I utter reveal the light in me.
May I listen to it while others speak.

May the silence in and around me present itself,
the silence which we break every moment.
May it fill the darkness of noise we do,
and convert it into the light of our background.

Let virtue be the strength of my intelligence.
Let realisation be my attainment.
Let my purpose shape into the purpose of our earth.
Let my plan be an epitome of the divine plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the eternal kingdom OM.



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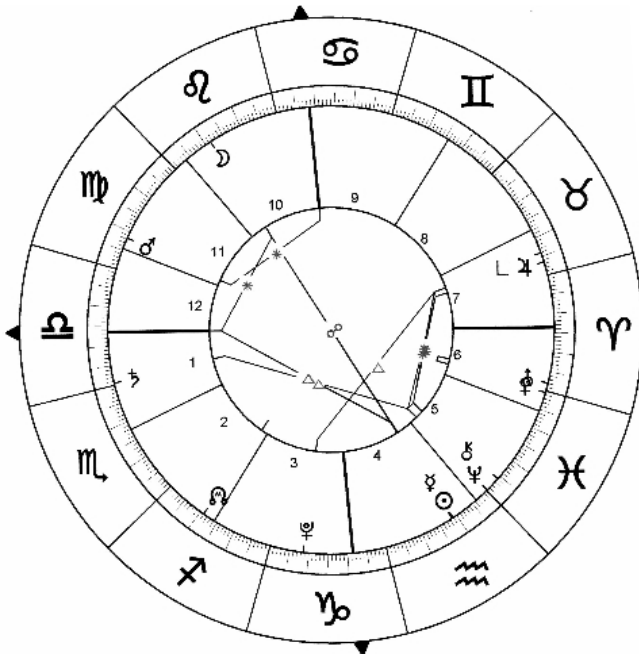
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Prayer of the year 2011 / 12

**IN HIS NAME WE LIVE, IN HIS TEMPLE WE LIVE;
 IN HIM VERILY WE LIVE UNTIL HE OPENS HIS EYE IN US.
 IN HIS NAME HE LIVES, IN HIS TEMPLE HE LIVES;
 IN HIM VERILY HE LIVES, AS HE OPENS HIS EYE IN US.
 IN THE MEANWHILE, LET US WAIT, LET US LOOK TO HIM AND NOT TO EACH OTHER.
 LET US CALL HIM IN ALL TO FIND ALL IN HIM,
 WHEN THE LIFE IS A CAR FESTIVAL AND NOT A WAR FESTIVAL.**



Full Moon of Aquarius, 7th February 2012, 10.54 pm MET



Message of the month of Aquarius

Aquarians are those who work for the well-being of a group, a community, a nation and even a race. They are not the ones who look for personal well-being. Even the so-called aspirants, disciples, theists look for personal well-being, personal fulfilment and personal enlightenment. Even if one aims at personal enlightenment it is not considered as a noble aspiration because in seeking for personal enlightenment, selfishness continues to coexist with personal enlightenment. As long as selfishness is, enlightenment is not. The energy of Aquarius gives this key to realization.

Striving for others welfare, well-being and for their enlightenment is a true Aquarian approach. When the focus shifts from self to the group selfishness gradually decreases and eventually disappears. As much as self projection recedes so much light succeeds. "Serve until you forget that you are serving", is an age-old statement of Veda. Gita emphasises only on this.

Aquarian age has come to be ever since 1875. Many claim to be Aquarian but few are Aquarian in spirit. The true Aquarians do not project themselves; they project the work of goodwill which includes programs of enlightenment, teachings of enlightenment and works that benefit a group or a community. All great Masters of wisdom have become so through the tremendous service that they did to a race or a nation. Striving for others' welfare, others' well-being, others' upliftment is the keynote of Aquarius. Such ones are ably empowered by the energy of Uranus, the new age energy. As much as one lifts up the surrounding life so much he is lifted up. As much as one thinks of lifting up himself so much the effort remains futile. To lose oneself for community good is what is called self-sacrifice. Such sacrifices are recognized and honoured.

True Aquarians care not for being recognized in this world. They care to strive for others.

May the sun's transit through the month of Aquarius help us all to reorient to this noble cause.



Message of the Teacher

Occultism Restated

When one sees, listens and speaks he comprehends the world of form and name. An occultist is one who lifts the veil of form and name and sees the light and sound behind. He thus relates more to the light of sound than to the name, the form and its worldly value. He thus attunes himself to the activity of light and sound which is behind the name and form.

Occultism is but seeing in depth. It is a process of enquiry which is beyond skin deep to find the energies, the forces, the related sounds and colours in action. When the enquiry gets deeper one sees the One Energy, Eeshwara, as the background of all phenomenon, of sound, of life, of movement of energies, generation of forces and formation of matter and form.

Occultism is a daily practice and is not a part-time study in relation to its science. This is the key given in the scripture Bhagavata, though in an over-simplified way. Bhagavata recommends to see the one soul which is behind the sound, colour, name and form. To see the one in all cannot be restricted only for study and teaching but needs to be picked up for daily application as one sees, listens and speaks. This is a direct way to approach the soul in the surroundings which enables one to approach the soul within. This approach also gives a deeper and stable mind contrary to a superficial, ever-changing, inconsistent mind.

Gita-Upanishad

Lord Krishna



The Ultimate Identity

A YOGI IS ONE WHO TURNS WITHIN, FINDS COMFORT WITHIN, FINDS PEACE WITHIN AND REJOICES THE LIGHT WITHIN. SUCH A YOGI TRANSFORMS GRADUALLY TO BE THE BRAHMAN. (5/24))

Commentary:

The craze for Truth, for Brahman, for God and the related outward search going hither and thither looking for places, swamijis, Gurus, Mahatmas, mountains, lakes, rivers all come to an end with this sloka. Outward search is endless and never fulfilling. Inward search is direct, simple and self-fulfilling. What one searches outside in the name of Truth or Brahman is very much inside as himself. Since he himself is the Truth, he has to search himself. The search leads one from peripherals to the core. The core is unchanged, immutable and eternal. The circumscriptions around him built by nature with its three qualities are ever changing. Since man identifies more with nature than with himself he loses his identity and takes to mistaken identity. By retracing himself from the circumference to the centre, he gets the gifts that encourage him to move forward. This first gift is internal peace. The second gift is internal rest. The third gift is the appearance of un-flickering flame of light, which is called the light within.

Contemplating upon that light, the contemplator slowly is drawn towards that light within. Gaining proximity to that light he gradually becomes one with it. The contemplator transforms himself to be the contemplated object, which is the eternal un-flickering light. He thus realizes that he is the light. He gets liberated with his other identities.

He understands the other identities as different roles to play as father, mother, brother, sister, son, daughter, employer, employee, superior, subordinate so on and so forth. He gains an unchangeable identity as a unit of light and sees similar lights around.

He further proceeds to enquire and contemplate upon the source of light, with deep contemplation in relation to that disappearance of him and appearance of Brahman. Thus I AM the light, becomes THAT. THAT again might come back as THAT I AM, which is different from just I AM. It is the ultimate identity the realised one gains.

Message of
Lord Maitreya



A Simple Hint

A little hint to the students of yoga - even while you are engaged in huge tasks on a day, do not abstain from the daily bath and prayer. Do not abstain from them however stressful is the day. In stressful times don't you need a much more stable mind? The simple way to gain stable mind is prayer. A shower also helps the mind to be clean. A clean mind at prayer can get reinforced with stability and that stability enables you to appropriately discharge the stressful tasks.

Remember, if stability is lost, your performance settles to sub-normality, while you need extra-normal stability to perform extra-normal acts of the day.



Message of Master Morya

Maruvu Maharshi

A Dimension of Work

In my ashram there are no retired members. Retirement is unknown to them. They are ever striving and working with balance. To them rest is at work. Relaxation is in work. They need no other entertainment than work. They entertain work and entertain themselves. I do not believe in the concept of contentment at work. The contented ones do not tend to strive. My pupils are contented only when they are striving.

When a work is fulfilled people get happy and contented. But when a new work of goodwill starts my pupils' energy races with enthusiasm. They do not feel it to be an additional load or extra load, they also do not look for extra remuneration for extra labour. They crave for work for they know that work keeps them happy and work keeps them enthusiastic, work enables them to be joyful. To them when the work is getting nearly finished, they slow down in their enthusiasm, because they are concluding the work. Even in a running race when the athlete is on the run he is full of energy, when the run concludes he gasps for breath. It looks like a paradox, but it is true, while running he does not gasp, while he slows down and stops running he gasps for breath. Why is it so? The nature's message is, "At work you do not gasp. It is after work you gasp." If there is always work you don't give time for gasping or gossiping. "Doing is life. Done is death." says the Lord in Bhagavad Gita.

Message of Master *Koot Hoomi*

Devâpi Maharshi



Passion – Dispassion - Despair - Depression

Dispassion is dangerous. Be passionate for a right cause. Passion is dynamic. Dispassion leads to static state. Be passionate to the Truth, to the light, to service, to study. Passion comes from the Mother Nature. Passion is the double-edged weapon. It can cut either way. Right use of passion is what makes one progressive. If you remain dispassionate you turn to be inert. A veil of illusion falls around you when you are dispassionate. It leads you to distorted thinking. Distorted thinking drives you to distorted doctrines. The dangers of inaction are too many. Therefore we recommend passion to dispassion and to channelize such passion into right action. Find out what is dear to you and see if it is useful to society. Let your energies flow in that direction in a passionate manner so that you become much more lively and the fruits of your action are enjoyed by the surrounding life.

If you are overpowered by despair and dispassion the mind tends to be blank. It gets dispirited and becomes excessively self-critical. In such a situation, even friendly suggestions seem bitter. Such ones reject help from others and reject help from within. Such ones tend to fall into depressions. Depressions cannot be cured unless one is driven into channels of activity which are utmost dear to them. True friends shall have to find what is dear to the depressed ones and cooperate patiently with them to pull them out of such depressions.



Message of Master *EK*

Solution to every Human problem

Bhagavad Gita is a scripture of initiation valid for all times. It offers solution to every human problem. For those who wish to live in peace and harmony, there is a clear path marked in Gita. Gita enunciates a methodology of action that gives progressive peace and harmony and leads to fulfilment. It demands humans to do their lot unselfishly.

Vidura
Wisdom Teachings



The women in the house
are a representation
of the Divine Mother.



Shirdi Sai Sayings

The Work of God

Self-realisation is an incident that enables release of unlimited Soul energy to transform substantially the quality of surrounding life. Every true incident of self-realisation causes such, a metamorphosis. The one who goes through the experience becomes a channel for the universal energy to effectively conducts its plan. It is work of God upon earth.

Message of
Sri Ramakrishna



The Divine Guru

The human Guru whispers the sacred formula into the ear;
The Divine Guru breathes the spirit into the soul.

“The Man-Guru doth impart Mantra to ears,
The God-Guru seals it on tablets of heart.”



Lay Man's Prayer

As we pray we realise:
You are our life.
You are our love.
You are our dream.
You are our inspiration.
You are our respiration.
You are our heartthrob.
Verily, You are the essence of our life!
I built a golden temple
in my heart
for You
to stay forever
and ever.
Bestow Your presence in it
and fulfil!
Fulfil Your plan,
staying in the golden temple.
I am at Your service.

Discipleship

Dedication

Mind is divine, senses are divine, the body is divine. The being that uses these to fulfil himself may continue to utilize them without effecting their divinity. That is possible only when one is knowledgeable. When knowledge is overpowered by ignorance, beings tend to abuse these divine gifts. Discipleship is to dedicate the mind, the senses and the body to divine purposes through acts of general welfare in preference to acts of personal welfare. Discipleship is nothing but orientation from personal welfare to general welfare. When this is accomplished in the mind there are no enemies, bosses and subordinates. The mind does not entertain the difference of mine and thine. Such a mind is friendly. A friendly mind gives comfort of be-ness in the body. This needs to be cognised and the related mind regained through right action. Aspirants may ponder over this.

A disciple



Occult Meditations

Meditation 62

**MAN IS CENTRE, SPACE IS CIRCUMFERENCE.
THE RING OF THE HORIZON ROTATES. LIFESPAN IS DIAMETER.
FROM THE CENTRE TO THE CIRCUMFERENCE
THROUGH THE DIAMETER IS π (π).**

Commentary:

The relation of man to the ring of the horizon around him is Pi (π). Man is the centre and the circumference around him is God or the Father. His relating to God is diameter (radius), which moves from centre to circumference. This diameter is Pi (π), meaning, the key of wisdom to reach the circumference called God or the Father. The wisdom key is sevenfold and has to be applied in three reverse directions and in seven times. Man reached this physical plane of existence through the nature's keying in the clockwise direction. He needs to key himself in the reversed direction to reach his original state of existence. All wisdom practices should lead one to progress through all the seven planes to experience the be-ness. Bhagavata suggests meditating on this wheel of horizon as the celestial wheel of the Lord. Briefly it is as under.

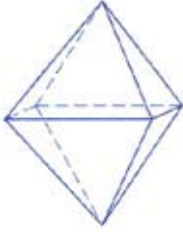
The wheel is Sudarshana. It means good vision. Meditate upon the entire wheel as your concept of God. Meditate everything that is within the wheel also as your concept of God. The fauna and the flora and the innumerable forms that you see should be seen as God. Slowly, this would result in seeing the light of God more than the forms. Then the whole wheel becomes a wheel of light in your visualisation. This establishes the link with the light in all forms within your sight. 'All is God' would be the realisation.

Ashram Leaves



The Triple

The triple expresses from the one. One is Rajas. The other is Tamas and the third is Satva. One causes movement. The other rest, and the third, poise. One causes grip, the grip to power, the grip of people, property, thought etc. The other causes accumulation, secrecy, mistakes etc. All that is gathered from the two, possess the possessor. It enables one to subdue others but the possessor is subdued by the two. The subdued has no peace of mind, leading to his fall.



Rudra

64. Bhola Shankar

Lord Rudra is frequently called Bhola. He is as compassionate as he is fierce. He gets easily pleased with a little observed austerity and gets inclined to bless and help. He is apparently frightening, but really he is the most compassionate of the Vedic deities. Compassion is his main quality. Therefore, he is called Dakshinamurthy. The term also means that he presides over Dakshina, the South. South in us is the heart centre. He presides over the heart centre and transmits his love and compassion. Compassion also means Dakshina or Dakshinya.



On Love

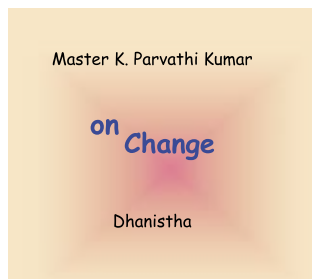
Love builds and protects.
Love is preserving, yet ever-fresh.

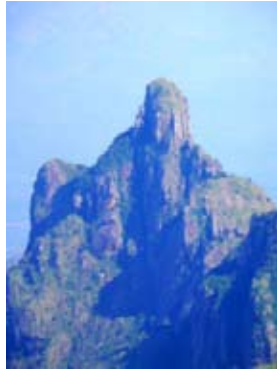




On Change

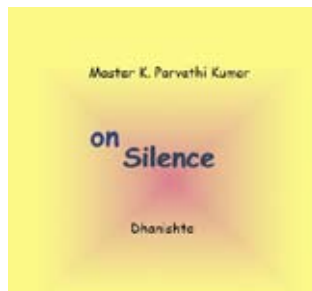
'Heterarchy' enables implementation
with greater vigor than 'Hierarchy'.





On Silence

Presence of Silence
brings message to the wise
and sleep to the mortals.





Hymns on Agni

59. *Tad Viswa subhada soubhagaan
Agne viyanti vanino navayaah
Srusti rayirvajo vrutra turye
Divo vrustiredyo reeti raparam*

O! Lord Agni, you are the auspicious one. You are the wealthy one. Just as branches, stems, stacks and leaves come out innumerable from the trees, variety of wealth comes out of you. Variety of cattle comes out of you. The ability to overcome the enemies also comes out of you. Timely rains happen due to you. For this reason you are the worshipful one for all.

Commentary:

When one looks at the tree he finds many branches. Every branch has many more stacks. Every stack has many stems. Every stem has many leaves. It is well-nigh impossible to count the leaves of a big tree. As many leaves exist to a big tree so many varieties of wealth exist with the Lord Agni. The plant, the tree, the crops, the fruits, the flowers and variety of food material is born out of the fire. Varieties of cattle are also born out of the fire. The power of fire can destroy every impediment to progress. All impediments to progress are enemies to beings. They can be within the beings or outside the beings. They can be overcome with ease through worship of fire.

Fire causes the waters of the ocean rise to the skies forming clouds in summer. In rainy season which follows the summer, pure drinkable water that nourish the plant, the animal and the human comes through the showers of rain. The fire nourishes the beings in every way, such a fire requires to be venerated and worshipped.

Violet Flame Invocations



Master!
You teach us love,
but we are stuck with lust.

You teach us to transform,
but we teach without self-transformation.

You teach us to inform,
but we teach to influence.

You wish that we
express dispassionately,
but we press and stress our
expression passionately.

You teach us rhythm,
we reduce it to routine.

You teach us ritual,
we turn it to deathly routine!

We learn not to change,
yet we learn to teach!

Lift us from the loop.
Lest we turn every way upside down.
Radiate the Violet and restore us!



From the Teacher's pen

Questions and Answers

Question: Master I am not so very competent. Even so I wish to succeed in life. Is competency the only way to succeed? Would not goodness help?

Answer: There are five ways for the incompetent to succeed. There are as under:

1. Eliminate confusion
2. Eliminate inhibition
3. Insult not anyone
4. Do not cut jokes out of context, they could be costly
5. Genuinely praise the virtues of the persons with whom you have worked and never indulge in sarcasm or criticism of them, even in their absence.

These are the five rules of success, even if you are incompetent.

Agni



An Introduction into the Work of Cosmic Fire 1

Utterance 2

You see all of us are advanced students in discipleship. We want to work with colour and sound. Sound – how it has manifested things, if we understand, then we can also manifest. That is what is called Mantra. It is a formula of sound and is a combination of energies which, when repeatedly uttered, manifest that energy. So even when we say Mantra, the meaning of it is that, the more and more you utter, it protects you and enlightens you. So, as you see the arrangement of sound, the meaning is known, someone need not give us the meaning again. When we understand how the sound manifests form through colour and name it accordingly it is called Sukta. That is how the whole Veda is conceived. I told you that Rig Veda is one of the four Vedas. It has more than 11.000 hymns. There is not a single word conceived which does not explain the process by which it is conceived. That means due to the creational utterance the sounds are conceived and arranged according to a formula, and when we read we get into those energies very easily.

For instance, there are hymns with eight syllables. There are hymns with eleven syllables, and hymns with twelve, and hymns with fifteen. When a hymn is given in eight syllables, it can be easily understood that it is a hymn that explains the 8th one who is beyond the seven planes of existence. We have number eight for Christ. It is not just because we like number eight, we give it to Christ. The consciousness of Christ is beyond the seven planes, and He is the eighth, and Krishna was the 8th child. It does not mean that He could have been born before or after. When the

energy of the 8th plane descends, it is more in tune when it descends as the 8th child, and also on the 8th moon-phase. Like that, in creation the functioning of the devas is always in tune with the time, sound and colour.

This is what I want to communicate to you when I say about a Sukta. Masters of Wisdom, whatever They utter, they are Suktas, because They utter forth that which is already designed to happen. That is why when a Master of Wisdom says a particular thing, it happens. And when we say, it may happen, it may not happen, this is, because it is the purity of utterance. The purity of utterance depends upon your intelligent understanding of the functioning of the higher aspects. A Master of Wisdom does not utter anything which does not happen, because He knows that it is happening, and it is already realised and worked out and He is only naming it. So, if Master Djwhal Khul had said that 200 years after this time, there is no such thing as death on this planet. To us it is a prophecy, but to Him it is a reality, because He has already seen what is happening in space through time, and how it is manifesting through sound and colour.

So, this is, how They utter forth. So, that is why They are all persons who can utter forth hymns. Whatever They utter forth, it is a hymn. That is why They survive cycles of time. Whatever we said yesterday, it may not be so true today, and more often it is forgotten the next day. But the beauty of the utterance of the Divine is its longevity which is something like eternal. It exists eternally whatever is uttered.

Rig Veda, when it is uttered and if it has survived all these thousands of years, means that it is uttered in tune with the plan. So, that which is uttered in the Veda and in the world scriptures survives the cycles of time. That which is uttered of Grand Masters of Wisdom survives through time. The fictional novels of 15th or 12th century are not known today, but something uttered forth by a Master of Wisdom in remote places is preserved even till today. That is the beauty of their utterance. When Jesus Christ uttered in those undeveloped areas, there were no tape recorders, there were no type writers, there were no stenographers, but still the teachings survived, because what is uttered is only in tune with the plan.

So, the responsibility of utterance is as high as you grow more and more into light. And the penalty for uttering which is not in tune with the plan is 'pull the tongue and cut the throat'. Not for us, because we did not walk into so much of light. We can freely use our throat and the tongue, but those who have walked into greater light and hence greater responsibility, they are called 'the single tongue ones'. You see on the Pentecost-Day, certain tongues appeared upon the heads of the disciples. That means, from that day they shall have to be very responsible about their utterance. They cannot utter anything other than the plan. And from double-tongue they have grown to single-tongue. You know the double-tongue, that which speaks something before a person and something else behind a person.

Once a disciple was running with great fear and gasping, and he rushed into the ashram of the Master and was found to be in great fright. The Master asked the disciple: "What is the matter?" Then the disciple said: "I have seen a serpent on the way. It has raised its hood. I was frightened. I have also seen the double-tongue that it carries. That made me more frightened." The Master said: "That's all?" Then the disciple said: "Yes!" "Don't worry about the double-tongue of the serpent. There are more dangerous serpents in the form of human beings who have two statements for the same concept. They can speak in two ways. Beware of double-tongue ones!"

When the scriptures say: 'Beware of double-tongue ones!' – it is not so much that you have to fear the double-tongue of the serpent, but the double-tongue of a human being! So, from double-tongue to single-tongue we grow, and the more and more we stabilize ourselves in the single-tongue, it becomes possible for us to utter Suktas. To enable us to utter the Suktas, it helps us to utter the Suktas already given. That is why so much of utterance of Suktas is recommended.

*This text is not proofread by the author and might have some mistakes
They are from a seminar transcription Wipperführt 1991*



Master *EK*

Vishnu Purâna
CHAPTER VIII

Manu and his Offsprings 4

Kama gave birth to Harsha (Exuberance) through his wife Rati (Enjoyment). Hence Harsha is the grandson of Dharma.

Adharma (Lawlessness) gave birth to Anrita (Misrepresentation) through his wife Himsa (Violence). He also gave birth to two other sons, Bhaya (Fear), Naraka (Hell), and to a daughter named Nikriti (Insult).

Bhaya and Naraka married Maya (Illusion) and Vedana (Suffering) respectively.

Maya gave birth to a son named Mrityu (Death), who carries away the beings.

Vedana gave birth to a son named Dukha (Sorrow), whose father is Raurava (the Worm that eats away).

Mrityu gave birth to five sons:

1. Vyadhi (Disease)
2. Jara (Old Age)
3. Soka (Lamentation)
4. Trishna (Thirst to possess)
5. Krodha (Anger).

All these are the children of Adharma.

Death and his children have transgression of the Law as their keynote (disease, old age, spite and the thirst to possess something are the traits which make the mind feel that it is the master. Then the master feels

his life unstable. Haunted by fears from all sides life runs away, as if chased by hounds. This shapes motives that weave the web of individual life as opposed to everything else. Then the inevitable result is the apparent need to transgress the Law. Hence these traits are called the progeny of Adharma). They have neither wives nor children and are all Brahmacharis. This means they live on supra-physical planes and that they do not reproduce.

For example, neither sorrow nor disease nor the fear of death is inherited through the biological phenomenon or reproduction. When a child is born, the only things that are reproduced are the parts of his physical body, mind, senses and the higher principles. All the rest is acquired by the mind after birth due to the interaction of the mind with the objective plane. Hence no evil is ever inherited by anyone in this creation.

In the language of the Scriptures the sons of transgression have neither wives nor children. All these manifestations of evil are the various Rudra manifestations of children. All these manifestations of evil are the various Rudra manifestations of Lord Vishnu, His various manifestations on the plane of the Rudras. They form the various causes of daily Pralaya to this creation.

Extracts From The Teachings Sri Suktam

The Nature and the Characteristics
Of the World Mother, Part LI

Dr. Sri K. Parvathi Kumar

Wengen Group Living, Switzerland, May 2002

Fourteenth Hymn

Continuation

People who don't serve they have no way. They have to go round and round and round the outer boundary of the temple. People who serve can find the door. Otherwise the door is there, but it cannot be seen. So, She stands for sacrifice. She recommends sacrifice for all beings. The Devas do sacrifice. The Masters of wisdom do sacrifice. The planetary bodies sacrifice. The elements sacrifice. The minerals sacrifice. The plant sacrifices. The animal sacrifices, and we also should learn to sacrifice. You see the sacrifice of the animal. Its milk is used, its blood is used, its flesh is used, its bone is used, its skin is used also as warm clothings, chappels etc. We cannot boast to be of greater sacrifice than the animal. Our skin and our bones are not so useful as the animal skin to serve. That is why we need to serve more.

The Mother recommends by her own example: Sacrifice! So, all in creation stands for sacrifice. The all sacrificing ritual is called 'the creation': Tasmât Yagnat Sarvâhutâha. The Yagna of Sarvâhuta means: all sacrifice, all burning sacrifice. The same word is there in Jewish scriptures. The all sacrificing ritual in Judaism is called holocaust, but then it is wrongly applied to serve something else that happened in the last century.

So, the creation is a sacrifice, and the Mother stands as the symbol of it. This sacrifice is called Yagna in Sanskrit, and the name of "Mahabharata" is Yaja. Yagna is Yaja. Yaja is sacrifice. If you do Yaja, you get Jaya. Jaya means fulfilment. That is how Veda Vyasa has conceived the 5th Veda which more lucidly, simply and clearly explains the essence of the Vedas.

So, Jaya means fulfilment, the ultimate victory. The ultimate victory is finding truth, not winning the war, and Yudhisthira gained the ultimate truth. How could he gain the truth? By conducting his whole life as sacrifice. So is the life of Jesus, Moses, and all grand Masters of wisdom. This sacrifice is the greatest message coming from the Mother, and She stands as your backbone, if you stand for sacrifice. Otherwise your backbone will only give you diseases. My back is paining, my back is not bending, my back is not elastic. It will not, because you have other habits. For the sacrificial one the Mother is the backbone. Otherwise the Mother is there, but dormant with you. There are so many classes spoken on sacrifice. We don't have to speak again.

Yaja – Jaya: I have beaten so much these two words, 18 – 81, and also the Austrian drama “The Magic Flute” which also gives the same message of 18 and 81. A lot is said. This is only to recollect about sacrifice. The primary kindergarten of sacrifice is service. When there is no service, there is no entry even into kindergarten. When there is no kindergarten, there is no occult study. Please note this. From time to time we have to remind ourselves.

Âdrâm Yah Karinîm Yashtim

Suvarnâm – Here it speaks of the Sushumna, the one which is capable of all colours. There it was Pingala, the honey coloured one. It is Suvarnâm, the original light which is capable of manifesting many rays and many colours.

Hema Malinîm – the golden lotus garland. There it was white lotus garland. The whole theme is golden and diamond. You see the books of Master Djwhal Khul. The whole theme is etheric body and causal body. Golden body – third initiation. Diamond body – fifth initiation.

Hiranya Suvarna – Here it is the golden lotus. In the dawn hours and the dusk hours it is golden, and in the mid-noon hours it is diamond or silver. So, at the peak of the creation it is full like

diamond light. When it is beginning it is golden, when it is again disappearing it is golden. That is why you see golden colour during the sun rise or moon rise time or sun set time or moon set time. When it is setting or rising it is golden. You see golden and other colours. At other times, when the Moon or Sun are high in the sky, the light is white or bluish white, and in the case of Sun it is brilliant white. That is Hema Malini, the golden lotus garland.

Sûryâm – the solar principle, the light of the Sun which is capable of all colours, and the rest is repeated from the last hymn and even from the previous hymns.

Sûryam Hiran Mayîm Lakshmîm, Jâtavedo Mamâvaha – “O You Agni, the One born out of the Veda, the One from whom the Vedas are born again. Please ensure that this light is bestowed on me, that the light turns favourably on me, that the light approaches me, that the light embraces me, and that the light alerts me into That Light, so that I become That Light.”

It is so much working with the light. That is how every hymn speaks of different qualities of the Mother and makes the mind contemplate upon the grand concepts of light which would enable the practitioner to purify himself and walk into light. That is the purpose of the hymn. Thus the 14 hymns are covered.

Paracelsus

Health & Healing

Research into the Unknown



Research and innovations represent man's urge to be creative. Creativity is the basis to find solutions to emerging problems. With the growth of mysterious diseases man is put to challenge to be ever creative and innovative. Research in the field of health needs to be much more intense than it is now. This seems to be the message of the nature. The nature of man and the nature surrounding him are throwing incessantly varieties of sicknesses, whose causes need to be traced through intense research.

Research is but a search into the unknown with the help of known data. But what is known is not fully relied on. There are limitations in the minds of the scientists to consider the philosophy of health and healing emerging from the ancients, which also provide useful data. This knowledge and philosophy of ancients needs to be united into the current research for proper understanding of various fragments of knowledge. The scientists need not be afraid of considering that which is old and which provides the missing link. Such development of consciousness brings the scientists into closer contact of the mighty energy. Until such effort is made the locked up treasures of nature do not unfold.

Physicians generally avoid examining healthy people. By this they miss a precious page which guides one to the future. People who have visions need to be carefully examined; especially those who demonstrated reliable visions. Such ones throw out certain special symptoms of heart and nervous system which are far more refined than that of the ordinary. Their functional system cognises the subtle world and therefore their heart and

nervous system carry subtler modulations which can throw open certain knowledge relating to parameters of healthy functioning of nervous system. Today peripheral nervous conditions are considered which show up symptoms of irritation, anger, worry, etc.

Study of glandular secretions together with the science of yoga and existence of other secretions which are ancillary to and supportive to the known glandular secretions is needed. Glandular secretions, as such, recently attracted attentions, but this matter is not seriously addressed and is generally avoided. In men of health, of extra sensory perceptions who substantially contribute for the advancement of humanity, certain secrets can be found of their functional system, whose absence can be seen as causes of sickness in the ordinary. Fashion to delegate the visionaries and their miraculous expressions to the category of hysteria must stop. Such hysterical persons are not kindly judged for their higher reason. They are ignorantly judged as the ones with an intensified reaction of sympathetic nerves or as an irritation of the peripheral nerves.

Is it possible to find solutions to the present problems of human health with only half of one's brain?

Dr. K. Parvathi Kumar

Extract from: Paracelsus – Health and Healing

With a subscription you support this important work (€ 77 / year).

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Children's Section**The Doctrine of Ethics***

**DO NOT :
ASSOCIATE WITH PERSONS
THAT SPEAK NOT PLEASANT, AND
SPEAK THE TRIVIALS.**

Dear Children

Do not be carried away by the talks of the friends who do nothing in life. Some talk in a very engaging manner but there is not much substance in it. See if the searches are substantial and have meaningful communication. With such ones you can always associate with.

Learn not to be talkative. The talkative ones do not so much. The doers are not voracious speakers. Do not associate with men of little minds who have no noble ideas set to themselves for progress. When you are amidst elders you may listen to them and smile at their humour but do not try to meet levels with them through your excessive talk and out of context humour.

Some of these regulations about listening and speaking are but basic. Ensure that you observe them.

Dr. K.Parvathi Kumar

* From the book THE DOCTRINE OF ETHICS by Dr. K. Parvathi Kumar, Dhanishta Edition

** See www.jugendforum-mithila.de

Stories For Young People

Agastya- Master Jupiter

Once upon a time this Earth was ruled by an emperor from the Solar Dynasty. He was applauded as an ideal king by the humans and devas alike. The emperor was a King Initiate. During his rule, there emerged a crisis. Certain dark forces, hiding in the ocean waters, used to disturb the social order of the kingdom during the dark hours of the night. During the day they used to hide deep in the ocean and during the night, they used to go to the land and disturb the law and order. The king emperor was found helpless to deal with the situation. He consulted the wise men, who told the king: "Only the great seer Agastya (Master Jupiter) can handle the crisis and no other on the planet." The Solar King approached Agastya through deep meditation. Agastya, pleased with the invocation of the king through deep meditation, coming from the Nilagiris, presented himself before the king. The king offered worship to the Master and explained the persisting crisis. Agastya smiled and said: "I shall inhale the waters of the ocean into my being. Then the hidden forces become visible to you. You can kill them at once, when I hold the waters within. As soon as you kill the hiding dark forces, I shall once again release the water into the ocean-pit." The king was pleased. The Master did as he said. The king killed the dark forces and released the waters back.

The solar king is none other than you and me – the individual Soul. The dark forces in waters are the emotional forces within the vital body. Master Jupiter is the Guru, the Teacher. The key is to work with deep inhalation, resulting in deep respiration. The consequence is that the Solar principle through inhalation reaches deep inside and expels the carbon through exhalation. Air is the medium.

K. Parvathi Kumar: Agastya. In: Hercules. The Man and the Symbol. Dhanishta 1999, pp 315-317.

WINDOW TO WORLD SERVICE
NEWS & ACTIVITIES
(Inputs welcome)

SPAIN

Name of the group: “De la Paz” Yoga Center

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E-Mail: sabinapaz50@msn.com

Activities

Directed by Sabina de la Paz, member of the WTT since 1997.

- In the centre “Yoga de la Paz” Hatha yoga and Raja yoga classes are taught on Tuesday and Thursday.
- “The Ritual of Water” takes place every Monday evening from 19h to 20h.
- A group of 10 or 12 brothers and sisters meet one Saturday a month to study Sanat Kumara’s book.
- There are regular special classes for learning to breathe and relax, as well as another punctual activities.
- Valentín García has been giving a seminar related to “Health Science” for the last two years.
- Josep Paradell has also given several lectures on Spiritual Psychology, for the last two years.
- Every month, the “Full Moon Meditation” takes place with an average of 300 brothers and sisters and the meeting always finishes singing the Maitreya.
- On Monday and Wednesday, Francisco Redondo gives a course on Raja yoga in the Centre.
- The first Saturday of each month, we meet in the name of Amma, making a Satsang and singing Bhajans.

Aquarius

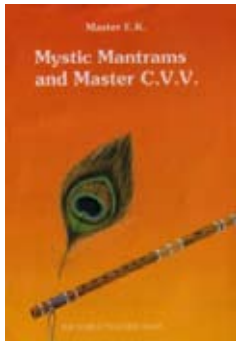
The Mother with the Aquarian Pot



In Aquarius we see the Mother with a water pot. Through creation she brings the unknown down to the known. She is the passage between the unknown and the known. The symbol of Aquarius shows the pot with an opening on either side. We see the downpour of waters from this side of the opening, but we do not see what is happening on the other side of the opening. As the waters manifest we are able to see, but we are not able to see the source of its manifestation. The passage from seeming nothingness to apparent something cannot be known unless the Aquarian Consciousness is gained.

From the Teachings of Sri K. Parvathi Kumar

Book review



MYSTIC MANTRAMS AND MASTER CVV

Master CVV is known for his Mystic Mantrams, meditations and teachings. Through such mantrams (= composition of sounds), he stimulates the inquisitive faculty of the seeker of truth and recruits him into the inner side of things.

Dr. Ekkirala Krishnamacharya (Master E.K.) is an excellent exponent of the teachings of Master CVV and renders a lucid commentary on the mantrams which throws significant light for proper understanding and application of the process of enlighten-

ment.

Ekkirala Krishnamacharya: Messages to Aspirants

Copies: The World Teacher Trust, info@worldteachertrust.org



HEALTH AND HARMONY

Just like a magnet transmits its energies to the surrounding iron pieces with or without its touch, a healer also can transmit energies with or without his touch. Just as magnets are used for the release of blocked energies, magnetic healing energies can also be transmitted to clear congestions, blockages, and even tumors. Sickness is generally

due to a blockage of life energies. When such blockages are cleared, health is the result.

The book "Health and Harmony" by Dr. K. P. Kumar presents practical and helpful aspects of healing.

K. Parvathi Kumar: : Health and Harmony

Copies: The World Teacher Trust, info@worldteachertrust.org

Astrological Important Days in January / February 2012

20.01.	17:10	☉ → ♒ / Sun enters Aquarius	
♀		☉ in ♒ – Every Sunday (22.01., 29.01., 05.02., 12.02., 19.02.): Invocation of Aquarian Energy via Master CVV	
22.01.	09:49	Phase of new moon starts	☉ 01°43' ♒ / ☽ 19°43' ♎
☉		New moon point of Aquarius: Contemplation upon Mahādeva, the Lord Absolute, into whom all the worlds recede – Śiva Rātri; Contemplation upon 'The Pledge'	
23.01.	08:39	● New moon of Aquarius	☉ 02°42' ♒ / ☽ 02°42' ♒
24.01.	10:58	23 rd constellation Dhanishta starts	☽ 17°21' ♒
♂	21:00	Dhanishta- Meditation (Dhanishta-constellation ends on 25.01. at 11:28)	
30.01.	15:49	☾ 8 th phase of ascending moon starts	☉ 10°07' ♒ / ☽ 04°07' ♎
☽		(End 31.01. at 18:29)	
02.02.	23:01	11 th phase of ascending moon starts	☉ 13°28' ♒ / ☽ 13°28' ♎
♃		Contemplation upon the Third Eye (End 04.02. at 00:26)	
07.02.	00:17	Phase of full moon starts	☉ 17°34' ♒ / ☽ 05°34' ♎
♂		Downpour of Aquarian Energy via the third eye unto all the centres of the body	
	22:54	○ Full moon of Aquarius	☉ 18°32' ♒ / ☽ 18°32' ♎
14.02.	07:02	☾ 8 th phase of descending moon starts	☉ 24°56' ♒ / ☽ 18°56' ♎
♂		Contemplation upon Master CVV (End 15.02. at 05:09)	
17.02.	02:07	11 th phase of descending moon starts	☉ 27°46' ♒ / ☽ 27°46' ♎
♀		Contemplation upon the Third Eye (End 18.02. at 00:59)	
19.02.	07:17	☉ → ♓ / Sun enters Pisces	
20.02.	19:05	23 rd constellation Dhanishta starts	☽ 17°21' ♒
☽	21:00	Dhanishta- Meditation (Dhanishta-constellation ends on 21.02. at 19:48)	
	23:22	Phase of new moon starts	☉ 01°41' ♓ / ☽ 19°41' ♒
		New moon point of Pisces: Contemplation upon 'The Pledge'	
21.02.	23:34	● New moon of Pisces	☉ 02°42' ♓ / ☽ 02°42' ♓
29.02.	13:10	☾ 8 th phase of ascending moon starts	☉ 10°19' ♓ / ☽ 04°19' ♎
♀		(End 01.03. at 15:25)	
03.03.	17:58	11 th phase of ascending moon starts	☉ 13°31' ♓ / ☽ 13°31' ♎
♃		Contemplation upon the healing energies (End 04.03. at 18:00)	
07.03.	13:23	Phase of full moon starts	☉ 17°20' ♓ / ☽ 05°20' ♎
♀		Contemplation upon Mitra-Varuna, the not untrue beings	
08.03.	10:39	○ Full moon of Pisces	☉ 18°13' ♓ / ☽ 18°13' ♎
11.03.		1940: Master MN left his physical body	
12.03		1922: Master CVV left his physical body	

All times are in MET (middle european time).

From: »Astrological Calendar 2011/2012«;

Publisher: The World Teacher Trust – Global, Wasenmattstr. 1, CH-8840 Einsiedeln.

Great Invocation



Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.



*TAVĀHAMAGNA ŪTHIBHIR
MITRASYA CHA PRASASTIBHIHI
DWESHO YUTO SA DURITAT
URYĀMA MARTYĀNĀM*

OH LORD AGNI
YOU ARE THE FRIEND OF ALL.
BY WORSHIPING YOU
THE HUMANS SHALL RECEIVE PROTECTION.
MAY THEY GET LIFTED UP FROM THEIR MALICE
AND MALICIOUS THOUGHTS AND ACTIONS
INTO THE KINGDOM OF GLORY.
MAY THAT BE SO.

Commentary

The fire is in all. No one exists without fire within and fire around. Fire protects life from within, but fire outside can destroy life. Anger, hatred, and enmity is the fire that humanity regularly emits through its nature, its thought, and its action. Fire therefore need to be worshipped to burn up the malice in humanity and lift them up into the splendours of life, which is also an aspect of fire. In fact, this is the need of the hour. When as many goodwill workers worship fire with this attitude, the present day crisis can be dissolved.