

# VAISAKH NEWS LETTER



**HAMSA SIVA SOHAM**



***Aquarius 2006 Kumbha***

Letter No. 10/Cycle 19–20<sup>th</sup> January 2006 until 18<sup>th</sup> February 2006  
The World Teacher Trust - Europe



## Invocation

May the Light in me be the light before me.  
May I learn to see it in all.  
May the sound I utter reveal the light in me.  
May I listen to it while others speak.

May the silence in and around me present itself,  
The silence which we break every moment.  
May it fill the darkness of noise we do,  
And convert it into the Light of our background.

Let virtue be the strength of my intelligence.  
Let realisation be my attainment.  
Let my purpose shape into the purpose of our earth.  
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.  
May we live in the awareness of the background.  
May we transact light in terms of joy.  
May we be worthy to find place in the Eternal Kingdom OM.

*Master E.K.*

## Table of Contents

Invocation of Master E.K.....	2
Table of Contents.....	3
Prayer for the Year.....	4
Message of the Month ≡.....	5
Message of the Teacher.....	6
Lord Krishna: Gîtâ Upanishad.....	7
Master CVV.....	8
Lord Maitreya.....	9
Master Morya - Maruvu Maharshi.....	10
Master Kut Humi - Devapi Maharshi.....	11
Message of Master E.K.....	12
Vidura Wisdom Teachings.....	13
Shirdi Sai Sayings.....	14
Sri Ramakrischna.....	15
Children's Section.....	16
Book Review.....	18
News - Review.....	19
Group Forum.....	20
Extracts from the Teachings.....	21
Paracelsus – Health and Healing.....	24
Astrological Important Days.....	26
Great Invocation.....	27
OM.....	28

Dr. Sri K. Parvathi Kumar is President of the 'World Teacher Trust' and Founder of the 'Vaisakh News-Letter'.

The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

Vaisakh News-Letter in German (print): [wtt@kulapati.de](mailto:wtt@kulapati.de), in Spanish (WTT Argentina): [wtt@wttargentina.org](mailto:wtt@wttargentina.org), (WTT Spain): [wtt-es@wanadoo.es](mailto:wtt-es@wanadoo.es)

The English Vaisakh News-Letter is also available in print. Please contact:

The World Teacher Trust - Europe  
The Vaisakh News-Letter, c/o Philips  
Egghölzliweg 2, CH-3074 Muri / Berne  
Switzerland

E-mail: [wtt-europe@wtt-europe.ch](mailto:wtt-europe@wtt-europe.ch)

Website: [www.worldteachertrust.org](http://www.worldteachertrust.org)

## Prayer for the Year

All names together utter the name of God.

A prophecy thinks from darkness to light.

Prophecy is fulfilled.





## Message of the Month of Aquarius

Beware of Uranus transiting Pisces. Do not take it casual. Uranus works relentlessly for the needed chemical change on earth to usher in the new age. Uranus in watery signs stimulates the activities of waters. The typhoons, tsunamis, cyclones are its effects. Master CVV, the Master of Aquarius prophesied that much movement will happen in the Pacific and it is even likely that some land may emerge in the Pacific.

There was land in that part of the globe where the Pacific Ocean is now. It was called the land of Lemuria. The remnants of this ancient land are the islands in the Pacific, like Sri Lanka, Java, Bali, Sumatra, Indonesia, etc. A part of south India also belongs to that land.

Aquarius relates to waters of space. The waters on earth relate to them. Changes can be expected on the planet in relation to the water activity. Aquarius is also an airy sign. Therefore the wind can also bring in the unexpected changes. Beware of the Water and the Wind during Uranus's transit of Pisces. Also beware of the water and wind in you. Let your usage of water and air remain in tune with discipleship.



## Message of the Teacher

### Unfoldment

Unfoldment of Lotus is automatic. As the dawn happens in the east unfoldment of man happens effortless when man is oriented to the Light of I AM. Not all can orient to the Light of I AM, until it has become their nature to follow the Law and to remain in equanimity. To such oriented ones the unfoldment happens gradually. The unfoldment is also wholesome. There is neither haste in unfoldment nor delay. The development is all round development, since the unfoldment is all round unfoldment.

When morning Sunray touches the lotus, it unfolds all round. The lotus unfolds ardently. Likewise, man unfolds equally well in all aspects of life. It is a simultaneous multi dimensional unfoldment, which is called the yoga of Synthesis.

Lord Krishna propounds this Yoga of Synthesis and demonstrates in his life. He did not exclude any dimension of human life. He was a yogi, a householder, a social worker, a teacher, a musician, a warrior, a statesmen, etc. He excluded no possibility. The yoga of synthesis propounds that man should demonstrate spiritual values in every walk of life: social, economic, domestic and spiritual. Let the seeker of Truth develop as many facets of life with the spiritual value to experience the splendour of human life. The more petals to the lotus, the more splendid it looks. This is the basic understanding of yoga.

# Gîtâ-Upanishad

- Lord Krishna -



## Swadharma

Each man is endowed with certain abilities in each life. These are normally the abilities, which he has acquired in his previous incarnations. Man brings with him his efficiencies and deficiencies from life to life. He should be able to know his efficiencies and deficiencies by the time he reaches 3 times 7 years. It is wise for him to engage himself in a vocation, which relates to his efficiencies. As life progresses he can work out the deficiencies.

Picking up activity relating to one's own quality is wiser than imitating others, which are not one's qualities. A tiger can be a best tiger. A lion can be a best of lions. A elephant can be best of elephants. If a tiger tries to be like a lion or an elephant it doesn't work. Likewise, a warrior cannot be a priest or a businessman, or an ordinary worker. The priest cannot be a warrior or a businessman. A businessman by quality cannot be a warrior or a good priest. If he does so, he will fall into the quagmire of conflict.

Adopting life according to one's own qualities is called Swadharma. Swadharma is the safest route to the Father. Imitating other's qualities, man gets name and fame, wealth and honour, but in the process he gets destroyed.



## A Word from Master CVV

### Alignment

Yoga means alignment. The man objective needs to align with the man subjective. This is the first alignment. Man subjective needs to align with the Divine man in him. This is the second alignment. The divine man has to align with the Cosmic man. These are the three alignments. There are 7 antagonists that do not let the alignment happen. They are:

1. Aham: The pride of Divinity.
2. Anumaana: The suspicion.
3. Asuuya: Jealousy.
4. Adharma: Lawlessness.
5. Aaveesha: Emotion.
6. Aatra: Anxiety.
7. Aadambara: Glamour.

The above 7 tease you individually or collectively. They don't leave you because you don't leave them. Learn to leave them otherwise you would leave yoga.

## Lord Maitreya



### A Few Hints for Group Work

A donkey cannot bear loads like a camel. One should know the load bearing capacity before he loads the fellow members. Loading with work is important for the member of the group to grow. Not all can be given equal loads of work. Likewise, the disciple should know the loads that he can bear. He cannot undertake more work and responsibility than what he can do. If he does so, he would either fail or would be perfunctory in the work. Sometimes the overload can cause death through the related tension.

Among the group members some are more inclined and some are less inclined for work. There can be some who are just visitors. Work can be entrusted only to those who are inclined and such entrustments shall have to be as per their ability.

Even those who are dedicated to discipleship cannot continuously be with the work. The Law does not permit. They too need to relax. Aspirants who do not know how to relax would be put to relaxation through brief illnesses.

The aspirant should learn to work and to relax as well. He also has to learn the time dimension relating to the work. Sometimes the work moves faster. Some other times works move slow. There can be times where the work needs to be suspended.

The last word of caution, “do not drag disinclined ones into work.” It’s like washing the mouth of a pig!



## **Master Morya - Maruvu Maharshi -**

### **Neither Here nor There**

We the teachers have a problem. We teach. People listen and appreciate. They praise our teaching and us. They propagate us. They propagate our pictures. They bow down before our pictures. They build temples and meditation centres in our name.

But, we teach to pupils with a fond hope that they follow the teachings in their life. This they do not do. They do everything other than this. If we insist on practicing our teachings, they would run away. This is our problem.

Many teachings have come and gone. They get stored in cave temples, in the ashrams, in the libraries and in the bookshelves of the aspirants. They would even decorate their bookshelves with our books. But they do not read. And those who read do not practice.

We keep on teaching. And the listeners keep on listening. One in a million acts upon the teaching. Others don't. Do you know why it is so? The answer we know is selfishness. Selfishness cuts across all activity meant for soul progress.

We also find a danger with some of the listeners. They do not follow the teachings in their life but pretend as though they are. These are the dangerous ones who lead others into illusion and even lead themselves also into illusion. These are the self-deceived ones who get into a loophole of awareness. They are irretrievable. They neither belong to the world of light nor the world of matter.

## **Master Koot Hoomi - Devapi Maharshi -**



### **Belief and Science**

The age of Kali led people into a paradox. People feel destitute and deserted when there is a program to protect preserve and save.

In every tradition on the globe, we find the stories of protecting-angels. We also find stories of protecting-saviours. Many fairy tales exist about the protecting-angels, which the grandparents narrate to the grandchildren. Nascent as they are, children believe better in the protecting-angels than the grown-ups. Can we really call them grown-ups, when they narrate what they do not believe?

A child in the west easily believes in Santa Claus. A child in India, likewise, instantly believes in Hanuman and Ganesha. But as humans grow they lose their beliefs somewhere on the way. The grown-ups believe that they have enough reason. But is it reasonable to jettison a value without a scientific enquiry into it? Science cannot develop sceptics. Science should develop dispassionate inquirers. Be inquiring. Be dispassionate in your inquiry. Then you will find the truth in protection. Do you know that all beliefs are scientific? Only the science relating to them is lost.



## **Message of Master E.K.**

### **Master the Action**

Occurrence of thought is not in human hands. Man has the discrimination and freedom to execute or not to execute the thought that occurs to him. The happening of work as planned is again not within his hands. What man can do is, pick up the right thoughts for action and act. He is not the Master of results. He can master the action. It is time that man knows this.

## Vidura



### Wisdom Teachings

Travel deteriorates the body.  
The water-flow  
deteriorates the banks.  
Excessive speech deteriorates  
the mind.



## Shirdi Sai Saying

### The Method

Until the state of mind is clear, one cannot find the luminous Self. When the mind is hovered with thoughts good, bad, and ugly, how can you experience the basis of all thought.

The practices suggested for purity in the three planes, namely mental, emotional and physical should necessarily be gone through to enter into the realms of Self.

Do not fancy about the Self. Instead walk towards it methodically.

## Sri Ramakrishna



### Spiritual Practice

- To drink pure water from a shallow pond one should gently take the water from the surface without disturbing the pond in the least. If it is disturbed, the sediments rise up and make the whole water muddy. If you desire to be pure, have firm faith, and slowly go on with your devotional practices, without wasting your energy in useless scriptural discussions and arguments. Your little brain will otherwise be muddled.
- Adopt adequate means for the end you seek to attain. You cannot get butter by crying yourself hoarse, saying, "There is butter in the milk." If you wish to get butter, turn the milk into curd and churn it well, and then you will have butter. So if you long to see God, take to spiritual practices (Sadhana). What is the good of merely crying, "O God! O God!"?
- If a man desires to see the king in his palace, he will have to go to the palace and pass through all the gates; but, after entering the outermost gate only, if he exclaims, "Where is the king?" Will he find him? He must go through the seven gates, and then he will see the king.
- The Master used to say: "Will you be able to obey to the fullest extent the commands that I give you? Verily, I tell you, your salvation is assured if you put into practice even one-sixteenth of what I say to you."

## Children's Section

### The Doctrine of Ethics

Laugh not in the court,  
at the parents and the priests.  
Laugh not with strangers,  
laugh not at the Teacher!



## **Children's Section**

### **The Right Use of Food**

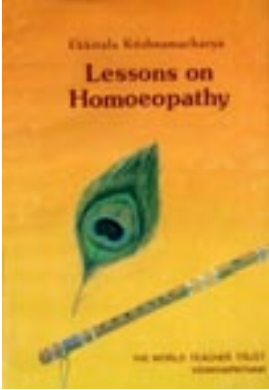
#### **Restitution of the Environmental Balance**

Unfortunately the 20<sup>th</sup> century man went on polluting water, plant and animal ignorantly. All rivers are polluted and hence we need to treat water before we drink. The cows and other milk giving cattle are also polluted by injecting all kinds of chemicals into them to get better yield. Consequently, in the West, many People develop allergy when they drink milk. Fruits and vegetables are also polluted through use of pesticides, insecticides and fertilizers. Man needs to make a more appropriate use of science. Our water is not healthy, milk is not healthy, fruits are not healthy, air around us is not healthy and lastly our thoughts are also not healthy. How can we expect to remain healthy unless we rectify our habit of polluting everything in and around us? We need to start somewhere. Instead of waiting for others to do and rectify, let us start with ourselves. „Let restitution of environmental balance start from me“ be our attitude.

*A section from the book 'Mithila' of Dr. K. Parvathi Kumar.*

## Book Review

### The Science of Homoeopathy

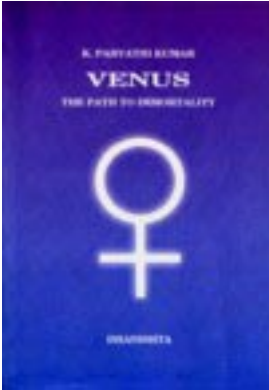


Dr E. Krishnamacharya (Master E.K.) had a rich experience of practising and teaching homoeopathy. The World Teacher Trust, he has founded in 1971, has established over 100 free dispensaries in India that regularly treat thousands of patients with homoeopathic and ayurvedic medicines. This small booklet contains the teaching notes that he has used during the years. The definitions of health, symptoms, diseases - acute and chronic - and their treatment, as well as the study of the basic principles of homoeopathy are all given in a clear and impressive manner.

#### **Ekkirala Krishnamacharya: The Science of Homoeopathy**

**Copies:** The World Teacher Trust, [www.worldteachertrust.org](http://www.worldteachertrust.org)

### Venus. The Path to Immortality



There is much misconception by the human minds of the function of Venus as a principle and as a planet. It is often associated with desire and sex. This book clears such misconception and hints at the glory, the beauty and the experience of Venus. It also hints at the process of purification and detachment from the matter through a proper understanding of and working with the Venus Principle. Venus stands for pure Love-Wisdom, and immortality. It also paves way to build the Etheric Body, the vehicle of light. The secrets of that are hidden in Venus principle.

#### **K. Parvathi Kumar: The Path to Immortality**

**Copies:** The World Teacher Trust, [www.worldteachertrust.org](http://www.worldteachertrust.org)

# News - Review

## Tours of the Teacher

### Extracts from the WTT-Europe Annual Report 04/05

#### **10. India. Group Living, 08-29 January 2005** **14– 29 January 05, Seminar: “The Doctrine of the 7 Races”**

January 20<sup>th</sup> we participated at the ceremonial installation of Sri Ram booklets on the temple compound of Hamsavanam / Ramadri: Since years, booklets with 10000 times the name Sri Ram each, are buried under the earth of the compound – millions of this mantric vibrations dynamise the vibration of the area and thus create a magnetic focal point. We participated in the inauguration of new premises of the Mithila School located on the site, where children from the surroundings are given school free of charge.

January 24<sup>th</sup> we were allowed to celebrate the Capricorn Full Moon meditation on the roof of the World Teacher Temple together with members of the Indian brotherhood and the Master.

January 26<sup>th</sup> we participated at the Balabhanu School in the national celebrations in remembrance of the Indian Constitution.

January 27<sup>th</sup> we visited the Planetary healing Centre “Harmony”, the spirit impregnated with the sound of OM left a deep impression in all members. Afterwards we visited “Mount Kailash”, a place of excursions near Visakhapatnam with a great white statue of Siva and Sakti.

Like in the previous years the Master offered a great valedictory banquet in the garden of his house Radhamadhavam, and he and his wife Krishna Kumari Garu gave all members a scarf as a present. In the evening we made an extensive walk with the Master along the beach and meditated with the eternal OM sound of the waves in the background. Afterwards we visited the Bhavatarini temple with a statue of Kali and a Rasalingam (mercury lingam).

On the very last evening the idea for purchasing the 6<sup>th</sup> floor of the retreat centre was presented. The members present liked the attic apartment and declared themselves in favour of buying the premises.

#### **11. March 25, 2005 - Aries Full Moon.**

Celebration by the WTT Switzerland and visit of the Gopura group to the Paracelsus House with the presentation of a Paracelsus medal for the future WTT Centre in Einsiedeln. *cont.*

# Group Forum News & Activities

(Inputs welcome)

**Group reports: Argentina**

**Name of the group: WTT Argentina**

**Contact: Rodolfo Cabeza, wtt@wttargentina.org**

## 1. Salta

Contact: Sergio Miravalles: mirasergio@hotmail.com

The group meetings continue in the same way as last year, involving study and meditation.

## 2. Misiones: Universo Group

**Contact:** Roberto Cattivelli: cattiflia@arnet.com.ar

1. Groups for study of the teachings of Master D.K and meditation several days a week, including a group work at Sundays.
2. Astrology study and practice with members of the closer group (Coordination: Alberto Arcanio).
3. Study of the teachings of Master E.K. and K.P. Kumar (Group activity).
4. Full Moon meditations at an open and public place, one day before the exact date, with recollecting of non expiring foods to distribute among low resources dining halls (Coordination: Alberto Arcanio).
5. Full Moon, New Moon and Dhanishtha group meditations at the exact date (Group activity).
6. Group living at Iguazu Falls during Solstices and Equinoxes (Group activity).

Free distribution of homoeopathic medicine (Coordination: Eduardo Depetris and Patricia Couceiro).

*cont.*

## Seminar Announcement

From February 10 – 13, 2005 there will be a seminar with Dr. Sri K. Parvathi Kumar in Einsiedeln, Switzerland, on the occasion of the inauguration of the office of WTT-Europe. Further information: info@paracelsus-center.ch

# Extracts from the Teachings

Dr. Sri K. Parvathi Kumar

## Farewell Speech Fürigen/Switzerland, November 2005

There were so many profound statements: what Aurora said, what came from little sister Elise, from Günter, and then from Henry, Ute, and of course a very elaborate account from sister Sabine. It is amazing the way she collected information. It was a collective presentation of the group, and I renew unequivocally that I am indebted to you all. I don't mind serving you through teaching and healing in any number of incarnations for the depth of love, friendship and affection you have shown on us. I won't feel satisfied, if I do not express these few sentiments from my side to you. You made almost every session an event relating to my birthday: Sunday evening, Monday morning, followed by the full moon. So, I am indebted to you. I shall continue to serve you through teaching and healing, as long as it is needed. This is a commitment from my side.

60 years, as said by our brother Günter – Jupiter is transiting 5 times and Saturn 2 times, however not in the sky, but in your own system. That is important. The transit concurrently happens in you also. Each time Jupiter completes its cycle of 12 years, he touches those parts in us which relate to the sun sign. Jupiter in Scorpio 5 times means that he touches 5 times the *Muladhara*. That is how we have to take it. If he is moving in the sky, it is not so relevant to us. All these planetary energies move in us, and we should consciously feel them, for example, the energy of Saturn in the heart, because Saturn is transiting Leo. So, Saturn works to cleanse the heart, to discipline the heart, to make the heart much more beautiful. Every planet contributes. It destroys the undesirable and develops the desirable in you. It is true with me, it is true with you.

All planetary energies shall have to be visualised during our meditations in the related centres. I spoke of Uranus in Pisces. He is at the head. So, the head can be changed very fast, because Uranus is an impregnating energy. It can permeate through anything and then remove the undesirable and establish the desirable. Likewise, all the planetary transits shall have to be daily visualised in us, so that the related benefit that the planet intends giving us happens to us.

60 times the Sun moves around the zodiac in 60 years, in the sense, we see the whole thing as geo-centric. So, Sun forms the lines of conscious-

ness. 60 times, he has gone from head to foot, foot to head, to establish the related light in us.

5 times Jupiter transited the entire system, so that the related energies should be posited in us. 2 times Saturn – and Mercury, Venus and Mars more or less like the Sun. They transited the whole human body which is a zodiac by itself and forms lines of light and lines of force. That should enable us to be in linkage to the light and its related plan. That is how it is seen with completion of 60 years. The completion of 60 years is seen as the last chance for the man to enter into the plan.

Master Djwhal Khul puts it with another 3 years of grace:  $63 = 9 \times 7$ . That apart, from ancient most times 60 years is seen as a grand cycle, where the two big planets of the zodiac, Jupiter and Saturn, they agree with each other, with 5 cycles completed by Jupiter and 2 cycles completed by Saturn. By that time, man should have established in him enough light to follow the path of light. So, he is recommended that by 60 years he concludes all his mundane living and lives for the plan only. To live for the plan, man still has scope for 24 years according to the tradition.

When Jupiter transits 5 times, you have already covered up to *Vishuddhi*. From *Vishuddhi* downwards, the whole system is filled with body and its force. It is ruled by the principle of 5: 5 pulsations, 5 sensations, 5 senses, 5 organs of actions, 5 elements, all of them are covered by the 5 centres. So, your mundane aspect is covered by 5 times transit of Jupiter.

The next step is 6 times Jupiter, meaning: *Ajna*. That is why 72 years is one cycle, and then 84. That is a complete life within a human body. This is how it is seen. It is also seen as completion of one Uranus cycle. 84 is said to be a year of fulfilment in a human body in *Kali Yuga*. And in 84 years you would have 1008 months which is another sacred number, and 1008 full moons. But since Moon moves faster sometimes, many times you complete 1000 moons, even by 81 years. So, what is important in all these stations relating to the age of the body, but not of the soul is the related experience of full moons, new moons, 8<sup>th</sup> phases of moon, 11<sup>th</sup> phases of moon, and transits of all the seven planets, as also transits of the nodes. That makes these stations very important.

Sometime ago when I was speaking about Uranus in Argentina, I told the group: "Follow the cycles of Uranus."

With 7 years: the boy should start in right earnestness his education and also his link with the light of *Gayatri*.

From 14 to 21 years: regular discipline, such a discipline, that the body comes in control. It is a discipline relating to the physical body, emotional body and mental body.

From 21 to 28 years: further alignment of the mind, because education commences in the 7<sup>th</sup> year and should conclude by 28<sup>th</sup> year.

From 28<sup>th</sup> year: to get into the life, becoming a householder. 14 years of household activity would put you to 42 years of age. Then you also need to increase concurrently your association with the activity of light. The practice of Gayatri which started in the 7<sup>th</sup> year will help you to increase your activity in terms of light.

The 49<sup>th</sup> year –  $7 \times 7$  – is the year of initiation. Another opportunity for initiation is the 56<sup>th</sup> year. The last opportunity for initiation is the 63<sup>rd</sup> year. If it does not happen by that time, better luck next time. That is how the scriptures speak of the importance of the birthdays. Every birthday is for self-introspection, not for celebration. That is how I conducted myself, except for the completion of 50 years and completion of 60 years. When there are so many around you, who would like to be with you around certain nodal birthdays, you cannot deny. The 50<sup>th</sup> birthday, the completion of 50 years, we did in Israel, completion of 60 years, we did now here, and it will be done by the group in India in *Gurupujas*.

So, I am grateful to you for what you have expressed towards me, and I also inform you that the transit of the bodies of light, chiefly the seven bodies of light, plus Uranus, node and anti-node shall have to be daily visualised by each one of us during our meditation. For example, when we meditate now, we need to visualise Sun and Jupiter in Scorpio. So, the light of the Sun in the darkness of Scorpio will throw up the light. Then Scorpio full moon and Moon in Taurus – the moon light from the face, the sun light from the base, they form a column of soli-lunar light, and in-between there are other planetary bodies. For that reason, we need to look to the daily chart. That is why we give this astrological guide or diary where we find daily the placement of planets. We need to look at it and feel them in our system. That is the practice.

There are three things we need to do in relation to the planets on a daily basis:

- 1) To visualise your natal chart in your body. Suppose in your natal chart Jupiter is in Capricorn then feel the Jupiter in the higher heart centre.
- 2) To feel the progressed chart in you. That is why you have to make a progression chart on every birthday, so that you consciously feel the planetary energies as they are progressing in you.
- 3) To feel the transit of planets in you.

These are the three exercises that give you the related energies in all the three planes relating to you: natal, progressive and transit. The importance of meditation upon these three aspects of your planetary position would substantially neutralise karma.

# Paracelsus Health and Healing

## The Triplicity of the Human System



It is time that the medical science as a whole awakens and moves towards study of the vital body, emotional body and etheric body, which relate to human vitality and circulation of life force and digestive system. Enough is known to the medical science regarding the concrete facts of the dense physical body. The functions of vitality conducted by the organs of respiration and of circulation by the heart, the circulatory, and the nervous system, are closely related. They need to be further studied.

The faculties of respiration and of sleep are closely related. If respiration is affected, sleep is affected, the brain is affected. Brain is the mind's organ; thus mind is affected. Consequently man is confused. That the effect of respiration has its chain action, needs to be recognized.

Similarly the heart and its circulatory and nervous system are of paramount importance. The proper functioning of the heart, the circulatory system and the nervous system assimilates the vitality produced by respiratory activity. The vitality is transmitted through the blood streams and the nervous network. In turn, it affects organs of assimilation and elimination conducted by the stomach and bowels. When the stomach and bowels are affected, various diseases emerge below the diaphragm.

How many physicians today inquire about sleep when a patient narrates some discomfort? How many check up the pulse to note the circulatory aspect of life force? How many interrelate the stomach with heart and brain. That the brain and respiratory activity are interrelated is very well known in yoga and Ayurveda and many ancient health sciences. In turn they are related to the circulatory and nervous systems. Whatever and wherever the discomfort be the entire triplicity of the human system needs to be checked to find the cause of disease. This is possible only when a holistic approach is made to study the functional aspect of the physical body represented by the etheric, emotional and vital bodies. This necessitates study of the etheric body, vital body and emotional body of human beings.

The entire human activity is polarized towards desire, causing vigorous movement of emotions and the related disturbance to the emotional body, affecting the nervous system. When the emotional body is thus disturbed, the etheric body does not function properly, in the sense it does not transmit sufficiently *prana* to the physical body. When *prana*, the life force is not well supplied, the organs of assimilation and elimination do not function well. When elimination and assimilation do not function well, it produces carbon and affects respiratory organs, which would lead to mental strain and eventual collapse, leading to depressions, absentmindedness and sleeplessness.

The physician therefore has to gently enquire into the thought and desire patterns of a patient besides noting the symptoms. Such was the ancient way of healing. Such should be again the New Age healing.

*Dr. K. Parvathi Kumar*

Extract from: **Paracelsus – Health and Healing**

## **Mantra of the Planetary Spirits**

**Adityaya cha Somaya  
Mangalaya Budhaya cha  
Guru Sukra Sanibhya scha  
Rahave Ketave Namah.**

### **Meaning:**

Salutations to Aditya, Soma, Mangala, Budha, Guru, Sukra, Sani, Rahu and Ketu, the Lords of the PLANETS.

### **Word Meaning:**

- |            |   |   |
|------------|---|---|
| 1. Aditya  | - | Solar Angel (Sun)                                 |
| 2. Soma    | - | Moon Principle functioning through Satellite Moon |
| 3. Mangala | - | Mars  |
| 4. Guru    | - | Jupiter   |
| 5. Sukra   | - | Venus   |
| 6. Sani    | - | Saturn  |
| 7. Raha    | - | North Node  |
| 8. Ketu    | - | South Node  |

A CD with the intonation and an explication by Dr. K. Parvathi Kumar can be ordered at the Paracelsus-Center ([info@paracelsus-center.ch](mailto:info@paracelsus-center.ch)) or at the WTT-Germany

## Astrological Important Days in January/February 2006

- 20.01. 06:15 ! → - / Sun enters Aquarius  
 \$ ! in - ☾ Every Sunday (22.01., 29.01., 05.02., 12.02.):  
 Invocation of Aquarian Energy via Master CVV
- 22.01. 03:31 . 8<sup>th</sup> phase of descending moon starts ! 01,55† - / < 25,55† 7  
 ! Contemplation upon Master CVV (End 04:44 on 23.01.)
- 25.01. 04:35 11<sup>th</sup> phase of descending moon starts ! 05,01† - / < 05,01† 9  
 # Contemplation upon the Third Eye (End 03:12 on 26.01.)
- 28.01. 18:52 Phase of new moon starts ! 08,40† - / < 26,40† 0  
 & **New moon point of Aquarius:** Contemplation upon Mah 嬰eva, the  
 Lord Absolute, into whom all the worlds recede ☾ iva R液ri;  
 contemplation upon †The Pledge‡
- 29.01. 15:14 M New moon of Aquarius ! 09,32† - / < 09,32† -  
 30.01. 03:26 23<sup>rd</sup> constellation Dhanishtha starts < 17,16† -  
 < 21:00 Dhanishtha-**Meditation** (End of Dhanishtha-constellation at 00:29 on 31.01.)
- 04.02. 19:50 > 8<sup>th</sup> phase of ascending moon starts ! 15,49† - / < 09,49† 2  
 & (End 19:17 on 05.02.)
- 07.02. 20:06 11<sup>th</sup> phase of ascending moon starts ! 18,47† - / < 18,47† 3  
 % Contemplation upon the Third Eye (End 21:19 on 08.02.)
- 12.02. 03:15 Phase of full moon starts ! 23,00† - / < 11,00† 5  
 ! Downpour of Aquarian Energy via the third eye unto all the centres of  
 the body
- 13.02. 05:44 m **Full moon of Aquarius** ! 24,20† - / < 24,20† 5
- 18.02. 20:26 ! → = / Sun enters Pisces
- 20.02. 20:11 . 8<sup>th</sup> phase of descending moon starts ! 02,00† = / < 26,00† 8  
 < (End 20:10 on 21.02.)
- 23.02. 17:42 11<sup>th</sup> phase of descending moon starts ! 04,46† = / < 04,46† 8  
 ^ Contemplation upon the healing energies (End 15:21 on 24.02.)
- 26.02. 14:51 23<sup>rd</sup> constellation Dhanishtha starts < 17,16† -  
 ! 21:00 Dhanishtha-**Meditation** (End of Dhanishtha-constellation at 11:53 on 27.02.)
- 27.02. 05:18 Phase of new moon starts ! 08,38† = / < 26,38† 9  
 < **New moon point of Pisces:** Contemplation upon †The Pledge‡
- 28.02. 01:31 M New moon of Pisces ! 09,16† = / < 09,16† =
- 06.03. 09:10 > 8<sup>th</sup> phase of ascending moon starts ! 15,37† = / < 09,37† 3  
 < (End 09:32 on 07.03.)
- 09.03. 12:16 11<sup>th</sup> phase of ascending moon starts ! 18,48† = / < 18,48† 2  
 ^ Contemplation upon the healing energies (End 14:22 on 10.03.)
- 13.03. 22:02 Phase of full moon starts ! 23,00† = / < 11,00† 6

All times are in MET (middle european time).

From: †Astrological Calendar 04/05‡

Publisher: The World Teacher Trust, Paracelsus-Center, CH-6015 Reussbühl/Luzern

# Great Invocation



Let us form the Circle of Good Will.  
OMNIA VINCIT AMOR.  
From the South through Love  
which is pure.  
From the West through Wisdom  
which is true.  
From the East through Will  
which is noble.  
From the North through Silence  
which is golden.  
May the Light make beautiful  
our lives.  
O Hierophant of our Rite  
Let his love shine.  
OMNIA VINCIT AMOR.  
Let us form the Circle of the World  
Servers.

We bow down in homage  
and adoration  
To the Glorious and Mighty Hierarchy,  
The Inner Government of The World,  
and to its Exquisite Jewel,  
The Star of the Sea -  
The World Mother.

From the point of Light  
within the Mind of God  
let Light stream forth  
into the minds of men.  
Let light descend on Earth.

From the point of Love  
within the Heart of God  
let love stream forth  
into the hearts of men.  
May Christ return to Earth.

From the centre where the  
Will of God is known  
let purpose guide the little wills of men,  
the purpose, which the Masters  
know and serve.

From the centre which we call  
The race of men  
Let the Plan of Love and Light  
work out  
And may it seal the door  
where evil dwells.

From the Avatar of Synthesis  
Who is to come  
let His energy pour down  
in all kingdoms.  
May He lift up the Earth to the  
Kings of Beauty.

The Sons of Men are one  
and I am one with them.  
I seek to love, not hate.  
I seek to serve and not exact  
due service.  
I seek to heal, not hurt.

Let pain bring due reward  
of light and love.  
Let the soul control the outer form  
and life and all events,  
and bring to light the love  
which underlies the happenings  
of the time.

Let vision come and insight.  
Let the future stand revealed.  
Let inner union demonstrate  
and outer cleavages be gone.

Let love prevail.  
Let all men love.

*Master D.K*



Man's culture is known by his speech.  
The speech has its basis in words and letters.  
The letters have their basis in OM.

If you are with OM,  
the letters, words and speech  
gain electromagnetic effect.  
You become effective.

Be with OM and be effective.

K. Parvathi Kumar