

The World Teacher Trust

Full Moon Formula

Aries 2010 - Pisces 2011

- Step 1 OM (7x)
Gurur Brahma, Gurur Vishnuhu, Gurur Devo Maheshwaraha,
Gurur Sakshat Parambrahmha Tasmai Sri Gurave Namaha
- Step 2 Namaskarams Master
Namaskarams Master KPK
Namaskarams Master EK
Namaskarams Master MN
Namaskarams Master CVV
Namaskarams Master CVV
Namaskarams Master CVV to your lotus-feet.
(15 minutes silence)
- Step 3 OM Namo Narayanaya (24 times)
(10 minutes silence)
- Step 4 Occult Meditation N° 88
Two fishes, five loaves gained. St. Mark speaks:
"Feed the hosts of wisdom. No more hunger, suffering, death."
The boat sails. The wind blows. The waves dance. The fish jump.

10 minutes silence
- Step 5 Loka Samastha Sukhino Bhavantu (3x)

OM Shanti Shanti Shantihi

Commentary

Two fishes and five loaves gained. Two fishes represent Pisces and its opposite sign Virgo. Virgo is but the reflection of Pisces. The five loaves are the five pairs of Sun signs. The five pairs are the five couples. They are:

1. Aries, Libra; 2. Taurus, Scorpio; 3. Gemini, Sagittarius; 4. Cancer, Capricorn; 5. Leo, Aquarius.

All these twelve Sun signs together form the Zodiac in which there are six pairs of male-female. The adept gains the cooperation of the Zodiac, which is symbolically stated as gaining two fishes and five loaves.

The twelve-petalled lotus of *Anahata* becomes the abode of the adept. Staying in that lotus of the heart, the adept keeps teaching and healing, transmits love and wisdom and recruits the inclined beings into the path of discipleship, which is called the fishing of the souls. Thus teaching, healing and fishing the souls become the main activity. The adept overcomes thirst and hunger, engaging himself in the triple activities stated above.

To such one the St. Mark speaks from the core of the heart lotus, transmitting his energies. He speaks the key of the *Katha*. *Katha* is the sound key of the twelve syllables engraved on the twelve petals of the lotus. St. Mark holds this key for this cycle. Markandeya is the Lord of the Key. The key emphasizes upon the death and its secrets. The path of death transforms into the path of immortality when this key is revealed.

The adept feeds unlimited wisdom so that there is no more hunger. He heals so that there is no more suffering. He gives the key to death so that there is no fear of death. The adept is helped by St. Mark so that his life (the boat) continues to sail. The sail becomes effortless since the wind turns favourable for accomplishing the triple activity of teaching, healing and fishing.

The life currents of the fellow beings around him dance in joy. The souls with renewed enthusiasm jump around to be fished in. The souls fish in by their will and volition. This is the beauty of the fishing of an adept. He thus catches the fish by the bite and the hook. Poor are the teachers who hook the fellow beings.

A rich teacher (rich in Spirit) makes the presence available and they fish in themselves. The fisherman carries the basket of souls (fishes) with love to their destination.

From: Dr. K. Parvathi Kumar: *Occult Meditations. Dhanishta, Switzerland, 2006*

Full Moon Meditation (PDF): http://www.worldteachertrust.org/pdf/FullMoonFormula2010_e.pdf