

The World Teacher Trust
Formula de Luna Llena 2008/09
De Aries 08 a Piscis 09

Paso 1º

OM (7x)

Paso 2º

Gurur Brahmâ
Gurur Vishnuhu
Gurur Devo Mahesvaraha
Gurur Sâkshât Parambrahma
Tasmai Srî Gurave Namaha

Namaskârams Master
Namaskârams Master EK
Namaskârams Master MN
Namaskârams Master CVV (3x) to your lotus feet

15 minutos de silencio

Paso 3º

Plegaria del año

The ascent of man is through the eagle.
The descent of man is through the serpent.
The serpent is the coiled coil of time.
The tongues of the serpent are the wings of the eagle.

10 minutos de silencio

Paso 4º

OM NAMO BHAGAVATHE VASUDEVAYA (12x)

5 minutos de silencio

Paso 5º

Loka Samastha Sukhino Bhavantu (3x)

OM Sânti Sânti Sântihi