# The World Teacher Trust
# Full Moon and New Moon Formula
## Year Krodhi, Aries 2024 – Pisces 2025

Step 1 OM *(7 times, 5 minutes silence)*

Step 2 Gurur Brahma, Gurur Vishnuhu, Gurur Devo Maheshwaraha,
Gurur Sakshat Parambrahma Tasmai Sri Gurave Namaha

Namaskarams Master
Namaskarams Master KPK
Namaskarams Master EK
Namaskarams Master MN
Namaskarams Master CVV
Namaskarams Master CVV
Namaskarams Master CVV to your lotus-feet.
*(15 minutes silence)*

Step 3 *Utter the below prayer for three times and meditate:*

Vena, the Gandharva, is wiping off the pictures of the subconscious mind on the walls of my nature with the hieroglyphs of sound from his seven stringed lyre.

Serpent 'K' loosens its skin. The pictures of past Karma on the walls of its skin are peeled off. Karma neutralised.
*(Occult Meditation 31 & 32)*

Step 4 Om Saravanabhavaya Namaha (18 times).

Step 5 Loka Samastha Sukhino Bhavantu *(3 times)*
OM Shanti Shanti Shantihi

Step 6 Ekkirala Kulam Bodhi
Vidumananda Rupinam
Anantharya Tano Jatam
Krisnam Vande Jagadgurum
Sri Krishnamacharya Ananta Putram
Satsa Dhu Mitram Karuna Rdranetram
Gurum Gurunam Piteram Pitrunam
Ananyasesha Seranan Prapadye

*The proposed time intervals are optional.*

- Full Moon and New Moon Meditation (PDF): https://worldteachertrust.org/_media/en/fullmoonformula.pdf
- Mantram: https://worldteachertrust.org/_media/media/audio/om_saravana_bhavaya_namah.mp3
- Ekkirala Kulam Bodhi…: http://worldteachertrust.org/_media/media/audio/ekkirala_kulambodhi.mp3